The Role of MSCT in Coronary Revascularization

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MSCT Coronary Angiography

- Catheter based selective coronary angiography is regarded as the gold standard investigation for coronary artery disease. It is invasive, costly and fails to provide information on vessel wall and atherosclerotic plaque.
- Multislice Computed Tomography (MSCT) has the capability to perform non-invasive coronary angiography as well to as assess patency of coronary stents and bypass grafts.

Comparison of MSCT & Conventional Coronary Angiography

Conventional CA

MSCT CA

Invasive Diagnostic & Therapeutic Lesion diagnosis Whole Vasculature Lumen Flow Information High Resolution Less Contrast High Cost Non-invasive Diagnostic Disease diagnosis Reconstructed Vasculature Wall & Lumen No Flow Information Low Resolution More Contrast Low Cost

Comparison of MSCT vs Conventional CA Grafted Distal RCA Disease



Conventional Coronary Angio

16 Slice CT Coronary Angio

Technical Details to achieve High Quality MSCT CA Scan

- Patient selection:
 - Sinus rhythm (< 60/min)
 - Unimpaired Renal
 Function (Cr < 0.14)
- Patient preparation

 Single Breath-hold
 B-blockade & Sedation
- Thickness of slice
 Target ROI & bolus capture
- Expertise in Image Reconstruction (% Phase)



Heart Rate





HR = 61-64

Phase 45% for RCA



Large patient done at 1.25mm, 120 kvp, 770 mA





- 1. Curved Multiplanar
- 2. Volume Rendered (3D)
- 3. Stripe Length Analysis
- 4.4D Reconstruction
- 5. Maximal Intensity Projection (MIP)
- 6. Angioscopy

Curve Multi-planar Reconstruction





Normal Left Coronary Artery



3D volume rendering

- Graft study
 - Clear the bones and soft tissues
- Course of artery
 - Anomalous artery
- Branches
 Bifurcation angle
 Graphic display for reports



CLINICAL APPLICATIONS OF MSCT (16 SLICE) CORONARY ANGIOGRPAHY

- 1. Diagnosis of CAD & Coronary Stenosis
- 2. Evaluation of PCI (stenting)
- *3.* Plaque characterization, regression & Prophylactic stenting of *vulnerable plaques*
- 4. Bypass Grafts localization and evaluation
- 5. Anamalous Coronary Artery imaging

Clinical Application-1

Diagnosis of CAD & Coronary Stenosis

Coronary Artery Disease Mid-RCA Disease





Coronary Artery Disease LM & LAD Disease



Clinical Application 2

Various roles of MSCT Coronary Angiography in PCI

MSCT Evaluation of Stent Patency

Curved phase 75% Ex: 2451 Se: 504 +c

Angle:



?

Western Hospital, Footscray SMITH, KENNETH M S0 174592



Curved phase 75% Ev: 2745 Se: 523 +c Angle: 0.0 Western Hospital, Footscray SMITH, KENNETH M 50 174592 Jan 09 2004

DFOV ? STANDARD Ph:75%

ky 120 mA 410



0.3 m0 31/0 6sp 106 m0 31/0 6sp 11:0 0 11:01:10 AM W = 4095 L = 2040

Patency of LCx stent with Edge Restenosis



Pre-Stenting Strategy Role of "Non-invasive IVUS"



Post-Stenting of LADD Ostial Lesion



Coronary Stenting of LAD and LCX





Subsequent Coronary Angiography



Clinical Application 3

Plaque Characterization Plaque Regression ? Prophylactic Stenting of Vulnerable Plaque

Vulnerable Plaque



- Anterior MI
- Anteroseptal hypokinesia
- Mild prox LAD 50% on QCA
- MSCT-soft plaque in prox LAD: 60-70%
- IVUS: eccentric plaque

CT Plaque Density



Same LAD lesion enlarged



Plaque Regression after Statin Therapy

30/4/2002

9/6/2003

- Plaque = 13.6mm long
- Long area=19.8sq.mm
- Tr. Area=5.0sq.mm.
- Prox. Fornix= 79 HU
- Dist. Fornix=73 HU

- Plaque= 13.2mm long
- Long area=13.7sq.mm
- Tr. Area=4.5sq.mm
- Prox.Fornix= 91 HU
- Dist. Fornix=87 HU
- Prox. Crater=221 HU
 Prox. Crater= 218 HU
- Dist. Crater=403 HU
 Dist. Crater= 413 HU

Prophylactic Stenting

Stenting of Vulnerable Plaque

Ulcerated Soft Plaque



C. Angio. of soft plaque detected by MSCT and stented with Cypher stent



MSCT Bypass Graft Evaluation

- Bypass Graft course perpendicular to scan plan
- Larger luminal diameter of bypass graft
- Less motion of the bypass graft segments
- Absence of masking effects by surrounding cardiac structures

Non-engaged LIMA graft visualized with MSCT



MSCT GRAFT IMAGING





Y Graft to LAD and PDA



T Graft to D1 and PDA





Early Experience of 16 Slice – CT Coronary Angiography at the Centre for Cardiovascular Therapeutics University of Melbourne

Methodology & Preliminary Results in 29 patients 10 for Stent & 19 Graft patency evaluation

Methodology 1: Scanning of Patient

- Oral Blocker/ iv esmolol to achieve heart rate (HR) 60/min.
- GE Light Speed 16 slice spiral CT.
- Timing bolus scan with 20 mls of contrast (Ultravist-300) to determine peak flow in the coronary arteries.

Contrast enhanced scan (130ml of Untravist-300) with a 16 slice CT scanner set at 120kV, 400-440mA, a pitch of 0.3-0.325 and collimation of 16 x 0.625 mm-1.25 mm.

Methodology 2 : Coronary Segment Analysis

- Reconstructions on GE AW-4.2 workstation, multiplanar reconstruction, strip-length luminal views & 3 D volume-rendered images for analysis.
- The data set was reconstructed at 70% to 80% of R-R cycle for left coronary system and 30-80% for right coronary system.
- The AHA 15-segment coronary artery model was used for reporting coronary artery disease.
- A cardiologist or radiologist experienced in MSCT coronary angiography was blinded to the results of SCA and asked to report the findings of MSCT coronary angiography.

Coronary segment Analysis (ctd) :

- 201 segments of native coronary arteries were assessed (43 segments were not assessable due to motion artifacts, small calibre of vessel, occlusion in proximal artery or heavy calcification).
- Of those 158 assessable segments, sensitivity and specificity of MSCT coronary angiography were determined.
- 46 coronary artery bypass grafts were examined; 13 were LIMA grafts; 6 were RIMA grafts, 5 were radial artery grafts, 20 were SVGs and 2 were skip LIMA grafts.

Methodology 3: Sensitivity & Specificity of MSCT CA

- A significant coronary stenosis was defined as stenosis >50% diagnosed on MSCT in any of the major coronary arteries and branches.
- The findings of MSCT coronary angiography for the diagnosis of coronary artery and patency of grafts and stents were compared to the findings of SCA ("gold standard").

Results

Preliminary Results: 29 Patients Sept. 2003 to April 2004

MSCT	coronary stenosis	stent patency	graft patency
Assessability	158/201 (79%)	10/11(91%)	46/46 (100%)
Sensiti∨ity	30/37 (81%)	9/9 (100%)	42/42 (100%)
Specificity	117/121 (97%)	1/1 (100%)	4/4 (100%)
PPV	30/34 (88%)	9/9 (100%)	42/42 (100%)
NPV	117/124 (94%)	1/1 (100%)	4/4 (100%)

MSCT Diagnostic Accuracy

<u>Author</u>	<u>Target</u>	<u>Sens</u>	<u>Spec</u>
Nieman 2002	CAD	82%	93%
Roper 2001	BPG	97%	98%
Lau 2003 (PC)	CAD	77%	88%
Achenbasch			
4 slice	CAD	72-91%	71-98%
• 16 slice*	CAD	92-95%	86-93%

* 2 studies; Unevaluable arterial seg (0-12%)

4 slice CT-CA & Bypass Graft Study SENSITIVITY AND SPECIFICITY

Bypass Occlusion

Evaluation Possible Sensitivity Specificity Positive Predictive value Negative Predictive value 98% (122/124) 93% (56/60) **Diagnostic Accuracy**

100% (1820182) 97% (56/58) 96% (122/124) 92% (56/61) 98% (56-58) 98% (128/132)

Stenosis of Patent Graft

63% (770124) 73% (12/16) 71% (12/17) 88% (68/77)

Dieter Ropers et al. The American Journal of Cardiology Volume 88, Issue 7, 1 October 2001, Pages 792-795

FUTURE TECHNICAL IMPROVEMENT in MSCT Coronary Angiography



Flat-Panel CT Prototype Courtesy Siemens at MGH

FUTURE RECONSTRUCTION OF MAXIMAL INTENSITY OF PROJECTION (MIP) IMAGES



A 3D type Image on a single plane, similar to conventional angiography, formed from images of the opacified coronary vessels, highlighted by the subtraction of contrast signal coming from the cardiac cavities and other structures with different absorption.

CONCLUSIONS

*Current MS (16-slice) CT (2004) :*1.Clinically accurate non-invasive diagnosis of coronary disease
2. Assists in the planning of invasive strategies of PCI, including prophylactic stenting

3. Useful in the assessment of stent & graft patency