



# **PROGRESS-AMS**

***Clinical Performance and Angiographic Results of the  
Coronary Stenting with Absorbable Metal Stents  
The PROGRESS-AMS Study***

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# Background

- **Coronary stent implantation provides**
  - **excellent vessel wall scaffolding**
  - **prevents coronary dissection**
  - **blocks elastic recoil**
  - **reduces restenosis rate**

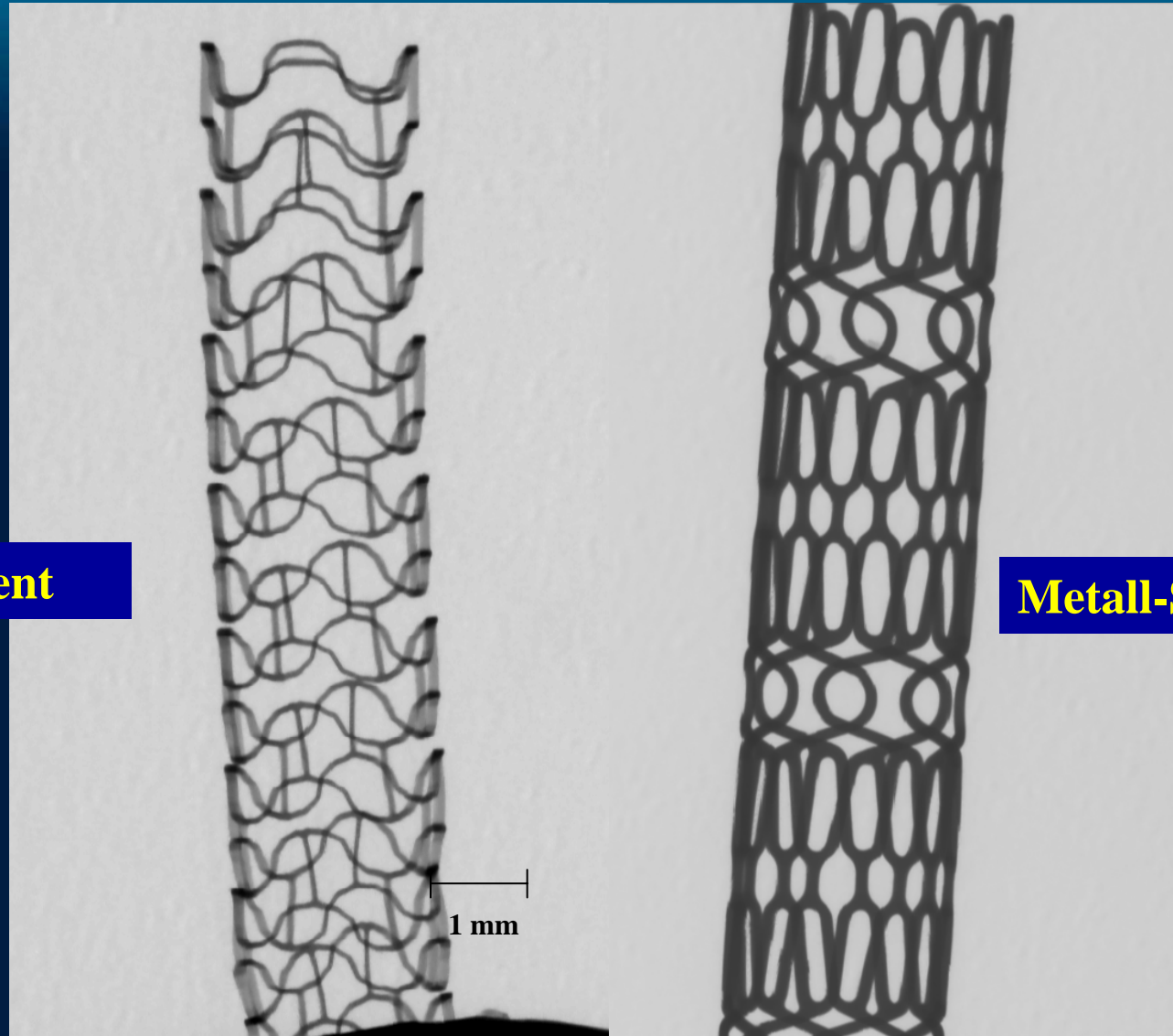
**but**

- **means permanent foreign body**
- **limits further revascularization**
- **reduces vasomotion with DES**
- **limited use in children**



## Mikro CT of AMS and BMS

**Mg-Stent**



**Metall-Stent**



## ***Clinical Performance and Angiographic Results of the Coronary Stenting with Absorbable Metal Stents The **PROGRESS-AMS** Study***

### **• Purpose**

- To evaluate the clinical feasibility of an absorbable metal stent in the treatment of a single *de novo* lesion in a native coronary artery

### **• Design**

- Prospective, multi-center, consecutive, non-randomized FIM (First In Man – coronary) study

### **• Hypothesis**

MACE rate after 4 months <30 %  
comparable to BMS efficacy



# PROGRESS STUDY

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<b>Study Coordination</b>	<b>Stefan Wagner, PhD, Erlangen, Germany</b>
<b>Unrestricted Grant</b>	<b>Biotronik, Berlin Germany</b>



# PROGRESS STUDY

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<b>Belgium</b>	<b>B de Bruyne &amp; W Wijns, Aalst, BE</b>
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<b>UK</b>	<b>C Di Mario &amp; C Ilesley, London, UK</b>
<b>USA</b>	<b>R Waksman, Washington, USA</b>



# PROGRESS STUDY

- **Primary Hypothesis**

to demonstrate feasibility and safety being in the range of currently available stent systems with MACE rate after 4 months  $<30\%$  (max. 18 events) comparable to BMS efficacy



# PROGRESS STUDY

## primary endpoint

### Major Adverse Cardiac Events at 4 M

defined as

- cardiac death
- nonfatal myocardial infarction
- ischemia driven TLR





## PROGRESS STUDY Inclusion Criteria

- patient  $\geq 18$  years of age
- ischemia (stable or unstable angina, or a positive stress test)
- single *de novo* lesion in native vessels
- 3.0 to 3.5 mm reference diameter
- $< 15$  mm lesion length
- $\geq 50\%$  and  $< 100\%$  diameter stenosis
- normal CK / CK-MB / troponin I



# PROGRESS

## Study Medication

- **75-100 mg of Aspirin**
- **300 mg of clopidogrel**  
**75 mg for at least 6 months**
- **heparin**
- **GP-IIb/IIIa Inhibitor at the physician's discretion**



## Why magnesium as absorbable material?

- essential mineral ~ 350 mg/day
- Mg body content 20 g
- antiarrhythmic properties
- calcium antagonist properties
- positive effects in AMI (meta analysis)
- reduction of restenosis (single study)
- no allergy



**3 – 4.5 mg Mg**

B Heublein, et al.

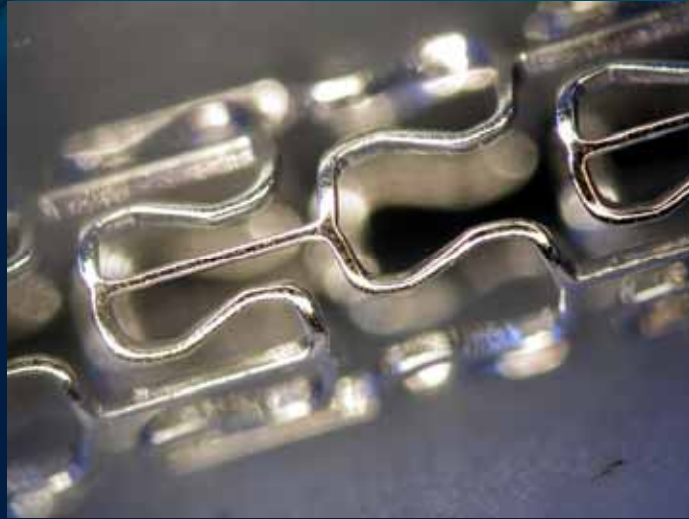
EHJ 21: 286, 2000

Heublein B et al

Heart 89: 651 – 6, 2003

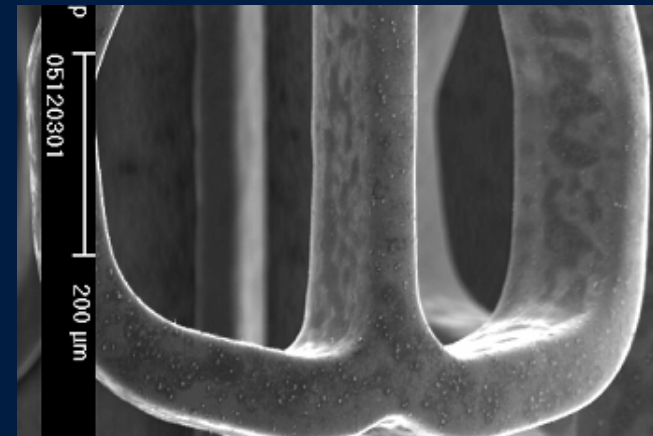
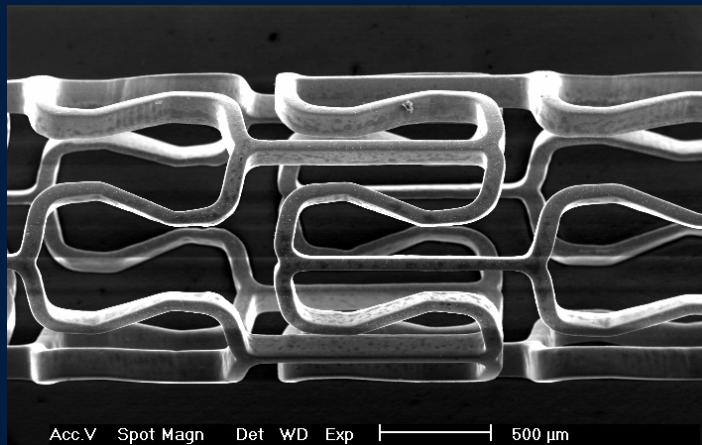


# Absorbable Metal Stent



**Mg Alloy**  
~ 93 % magnesium,  
and 7 % rare earths  
rapid neoendothelialisation  
low thrombogenicity  
2 months degradation time

**Light Microscopy**



**Scanning Electron Microscopy**

Heublein B et al

Heart 89: 651 – 6, 2003



# PROGRESS STUDY Procedure Details

- 2.5 mm x 15 mm pre PTCA
- < 16 atm AMS implantation
  - 3.0 mm    3.5 mm
- **AMS size**
  - 10 mm    15 mm
- < 16 atm post dilatation if necessary
- double marker balloon, because the AMS fluoroscopically not visible
- angiogram/IVUS before and after implantation





# PROGRESS

## Study Protocol

	Screening	Treatment	1 d post	1 m post $\pm 7$ d	4 m post $\pm 1$ w	6 m post $\pm 2$ w	12 m post $\pm 4$ w
Clinical follow-up	X		X	X	X	X	X
CK (CK-MB)/ Troponin I	X		X				
QCA		X			X		
IVUS		X			X		
MRI (subgr.)*			X	X	X		

**\*MRI for analysis of degradation kinetics**



# PROGRESS STUDY

N = 63

• Age, yrs	61.3 ± 9.5	
• Males, % (n)	69.8	44/63
• Diabetes, % (n)	17.4	11/63
• Insulin dependent, % (n)	4.8	3/63
• Smoking History, % (n)	47.6	30/63
• Hypercholesterolemia, % (n)	61.9	39/63
• Hypertension, % (n)	65.1	41/63
• Prior MI, % (n)	41.3	26/63
• Unstable Angina, % (n)	9.5	6/63
• Prior CVA, % (n)	1.6	1/63
• Prior PCI, % (n)	23.8	15/63



# PROGRESS STUDY

Lesion Location	%	n
Left Main	0	0/63
RCA	36.5	23/63
LAD	34.9	22/63
LCX	28.6	18/63
Discrete* (<10mm in length)	36.5	23/63
Tubular* (10 -15 mm )	63.5	40/63
Diffuse* (>20 mm in length)	0	0/63





# PROGRESS STUDY

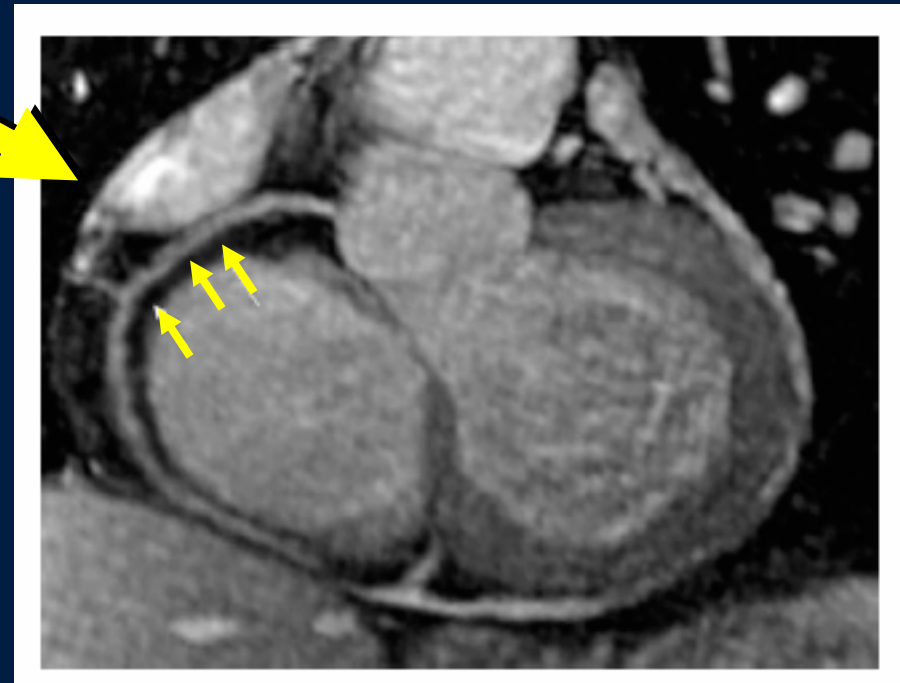
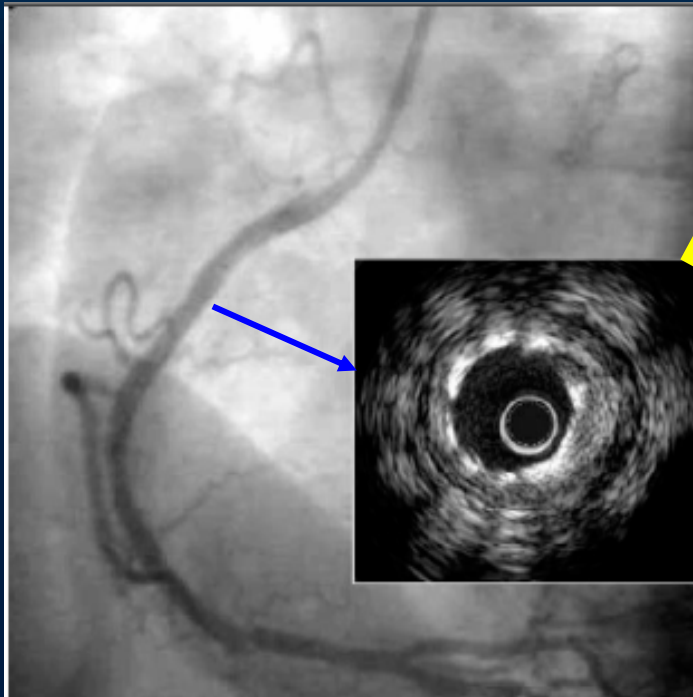
## PCI Procedure Characteristics

		n
- pre dilatation	100 %	63/63
- pressure (8 atm, 20 sec)	9 ± 2.1	
- AMS pressure, atm	16 ± 0.9	
- post dilatation	67 %	42/63
- post dilatation pressure, atm	16 ± 3.9	
- 2nd stent	13 %	8/63
- average stent number	1.1 ± 0.3	



# Magnetic Resonance Imaging of AMS the MRI compatible stent

Magnetom,  
(Sonata, 1.5 T, Siemens)

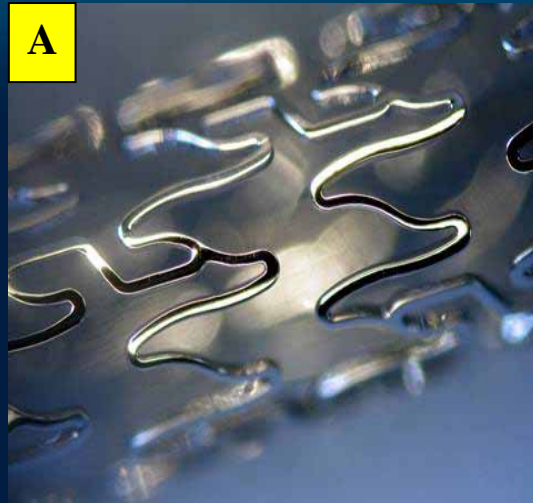


- no stent artifact,
- AMS not visible
- optimal vessel lumen imaging



# Computed Tomography

## 16 MSCT AMS: the invisible stent



**Bare  
Metal  
Stent**

**Ab-  
sorbable  
Metal  
Stent**

Lind et al

Heart 91:1604, 2005



# PROGRESS STUDY

<b>Lesion Classification</b>	<b>%</b>	<b>n</b>
Type A, %	49.2	31/63
Type B1, %	42.9	27/63
Type B2, %	7.9	5/63
Type C, %	0	0/63



# PROGRESS STUDY

## Indication for Second Stent Implantation

- dissection of type A or B	0/8 (0)
- dissection of type D, E or F	2/8 (25.0)
- lesion not covered 1st stent	3/8 (37.5)
- suboptimal result	1/8 (12.5)
- others	2/8 (25.0)



# QCA Analysis

Parameter	before	after	4 - month FU
Ref MLD/mm	2.76 ± 0.47		2.66 ± 0.46
MLD/mm	1.05 ± 0.38	2.46 0.37	1.37 0.52
Acute Gain/mm		1.45 ± 0.45	
Late loss/mm			1.09 ± 0.51
D % Stenosis	62 ± 13	12 6	48 17



# PROGRESS STUDY

## QCA Parameters

N = 60 lesions

- % D stenosis post AMS  $12.4 \pm 5.6$
- MLD POST ( mm )  $2.5 \pm 0.4$

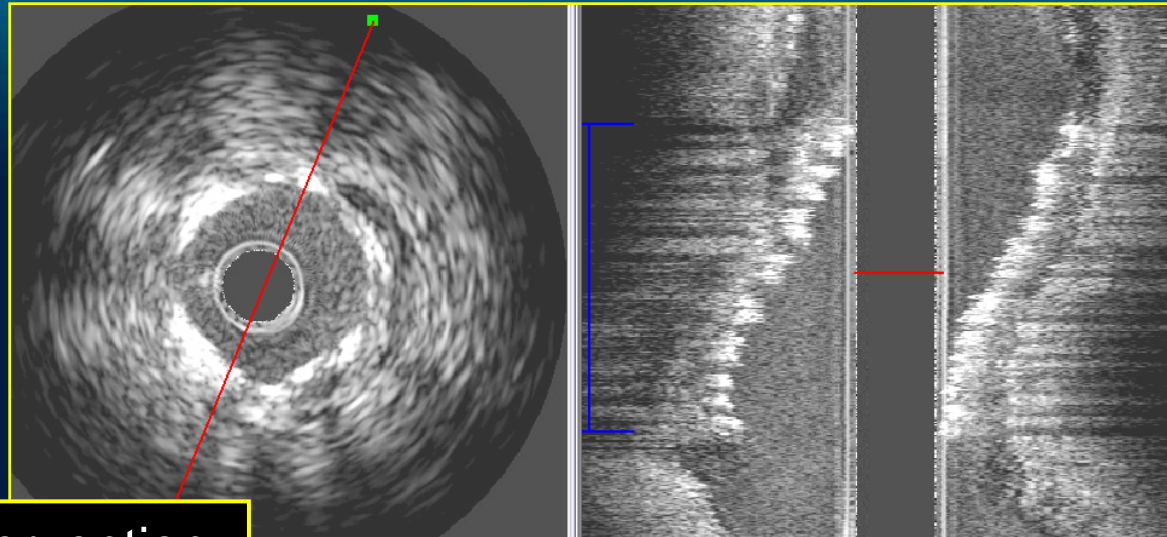
## FOLLOW-UP at 4 months

N = 57 lesions

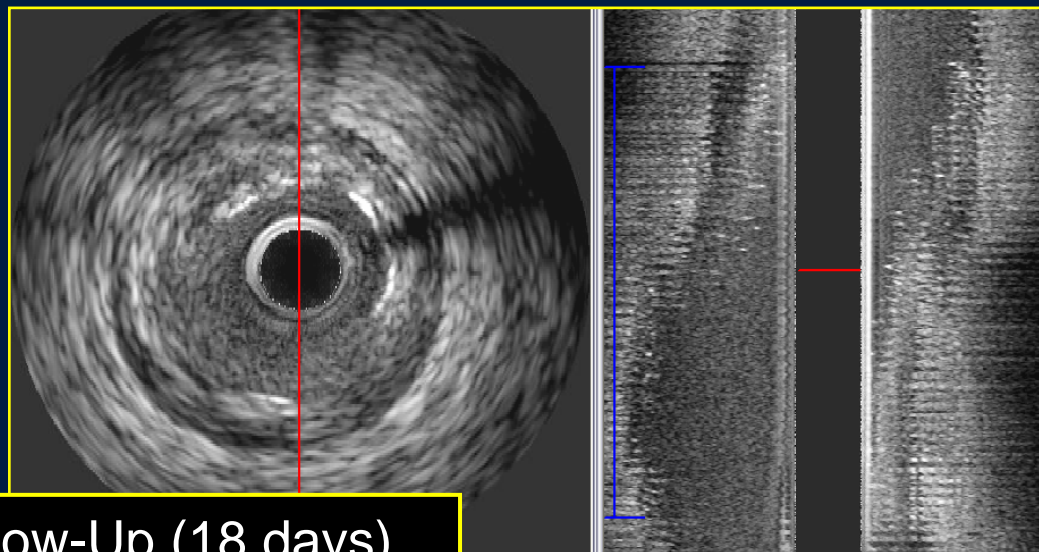
- % D stenosis  $48.2 \pm 17.2$
- binary restenosis (%) 31//57 (54.4%)
- MLD, mm  $1.4 \pm 0.5$
- late lumen loss, mm  $1.1 \pm 0.5$



# GIRO 065-001 C-R



Post Intervention



Follow-Up (18 days)



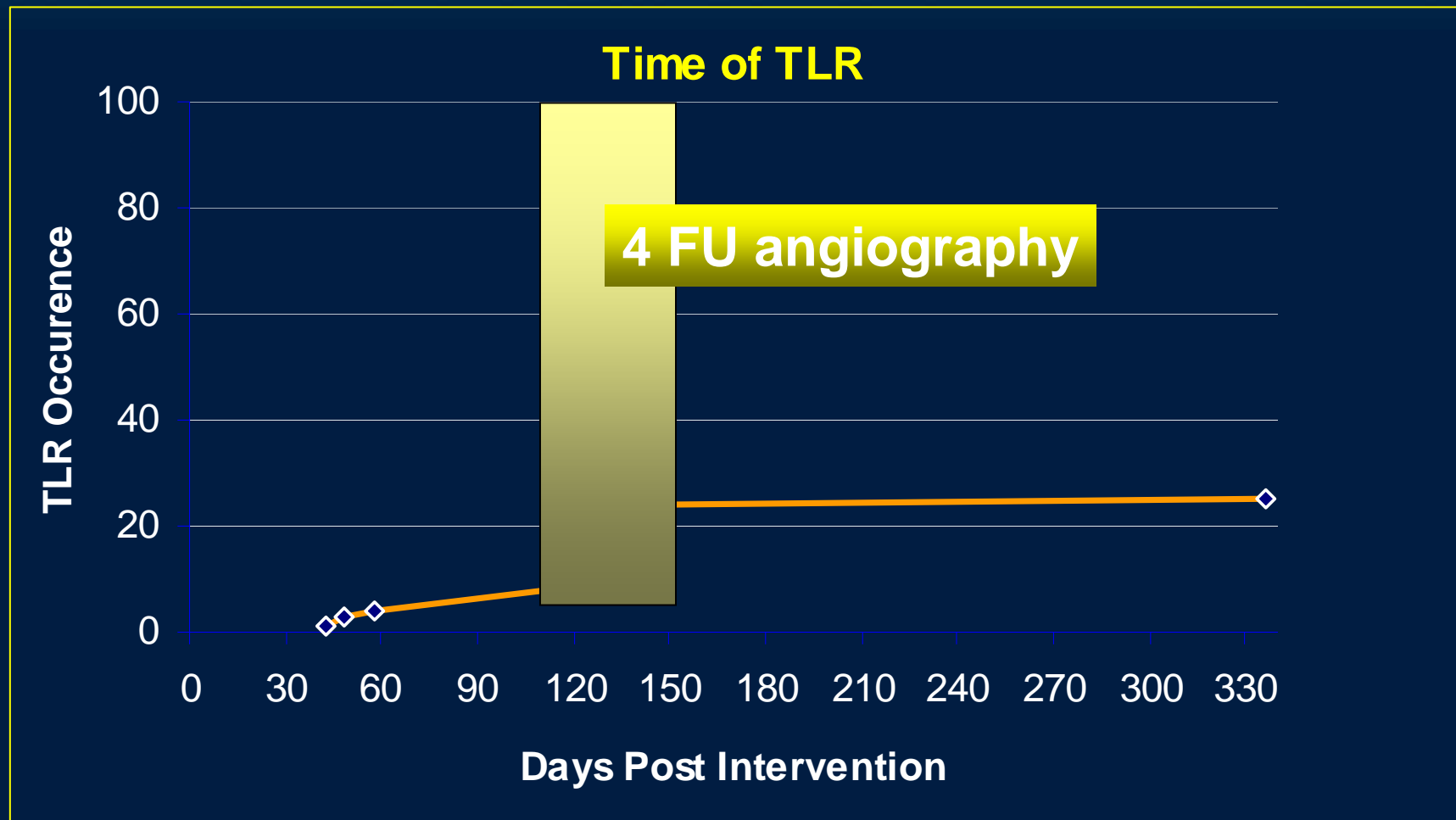


# PROGRESS STUDY

	In Hospital		30-days		4-months	
	%	n	%	n	%	n
<b>MACE</b>						
Death	0	0	0	0	0	0
Q-wave MI (Q-waves with CK or CK-MB)	0	0	0	0	0	0
Non Q wave MI (CK 2 times UNL)	0	0	0	0	0	0
Ischemic Driven TLR	0	0	0	0	23.8	15



# PROGRESS STUDY





# PROGRESS STUDY

## Primary Endpoint

**MACE at 4 months**

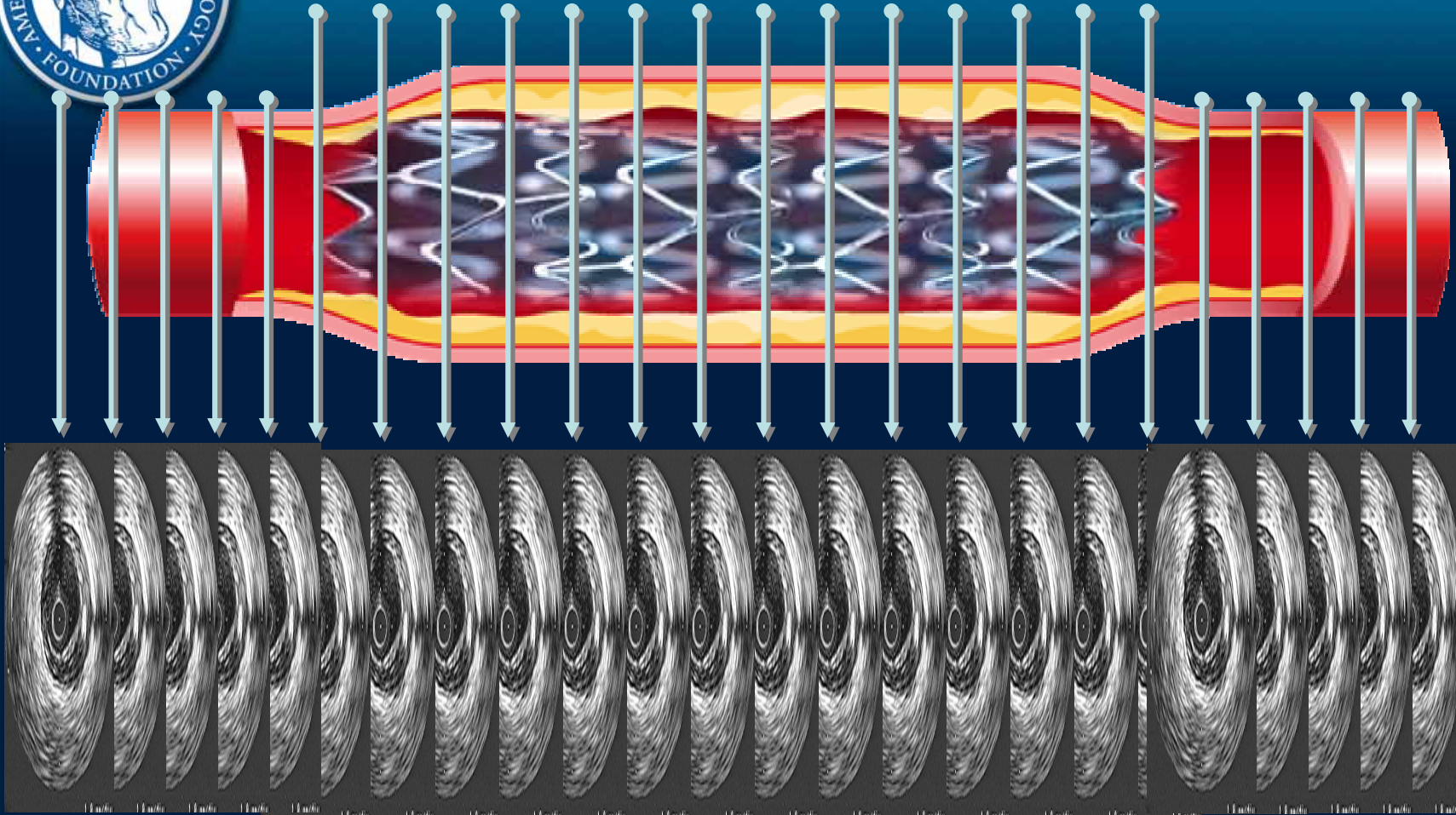
**23.8% (15/63)**

### Secondary Endpoints

- Device Success 100%
- Procedural Success 100%
- Late Loss (stent) at 4 months  $1.1 \pm 0.5$
- % D stenosis at 4 months  $48.2 \pm 17.2$
- Binary Restenosis 54.4%
- TLR at 4 months 38.1%
- TVR at 4 months 38.1%



# Volumetric IVUS analysis

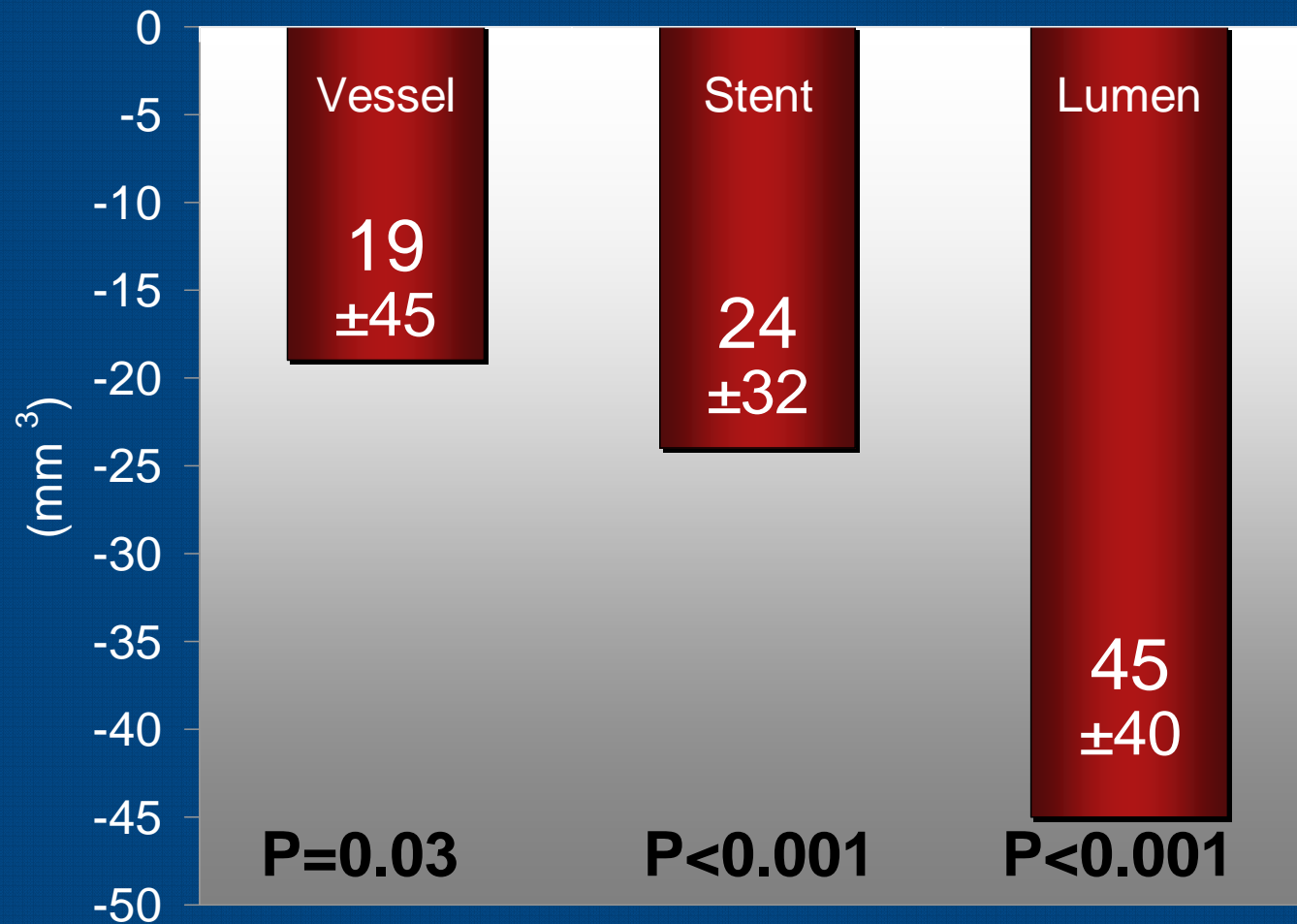


analysis of proximal edge

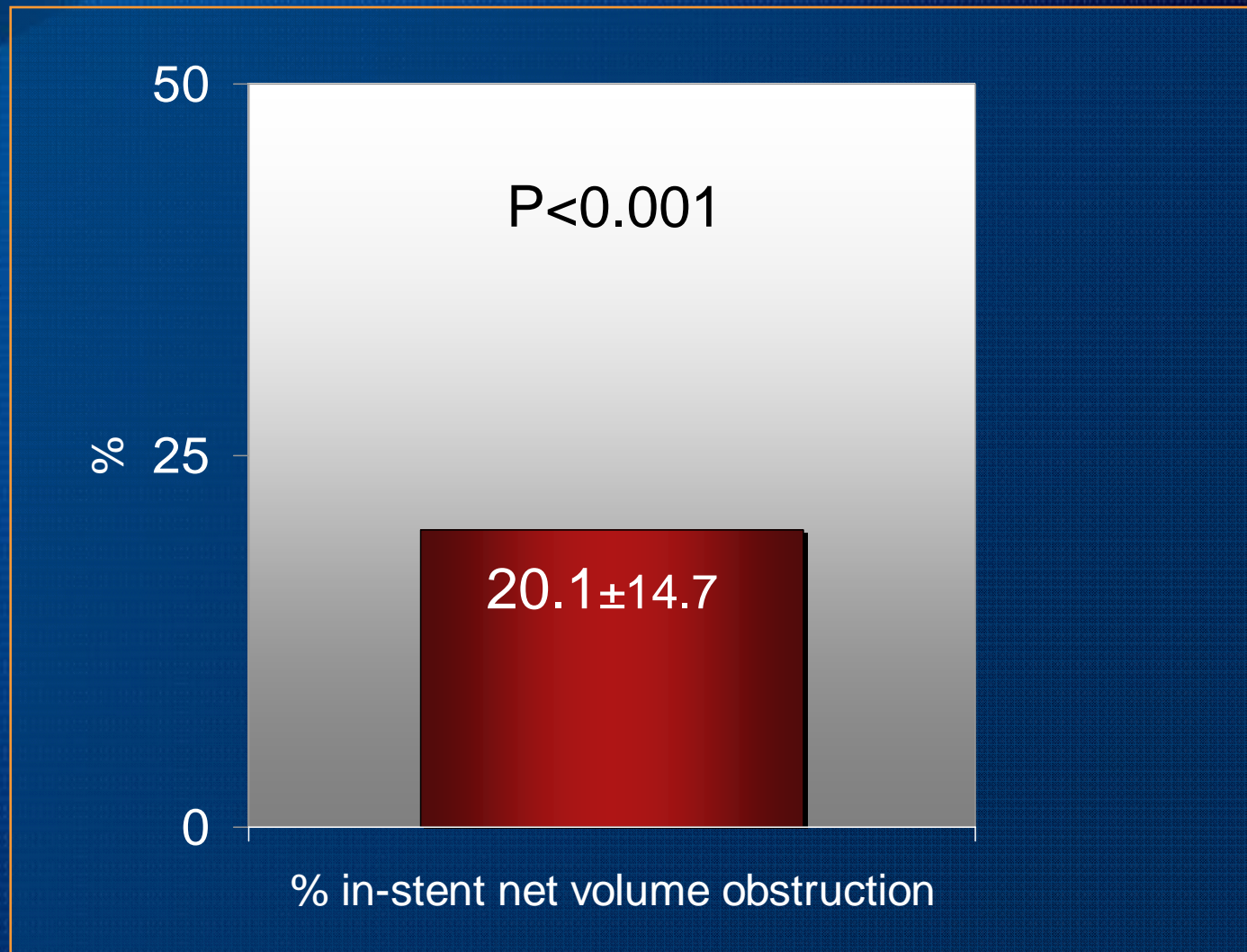
analysis in-stent

analysis of distal edge

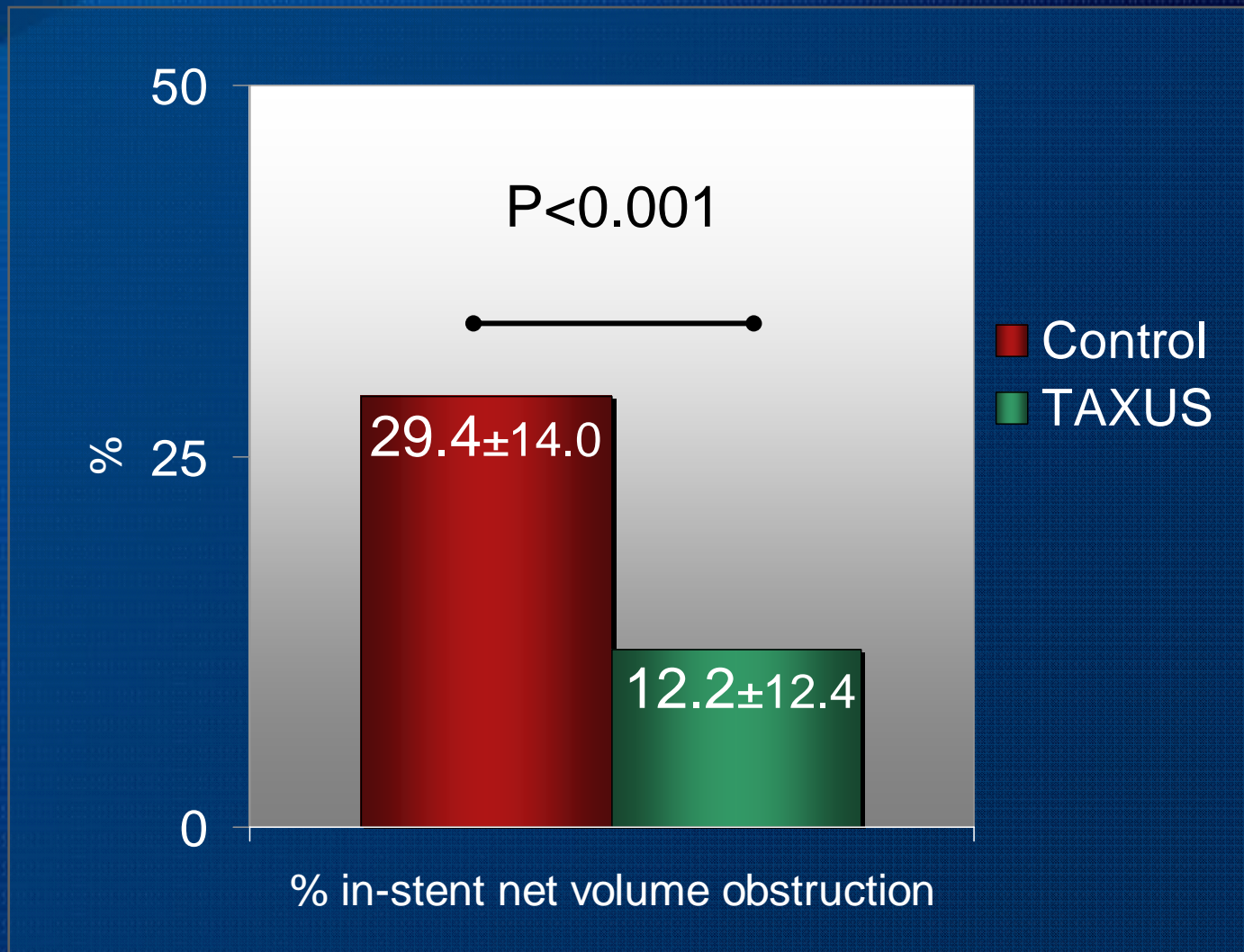
# Change in Volumetric IVUS parameters (Paired analysis)



# % In-stent net volume obstruction



# % In-stent net volume obstruction Reduced in TAXUS





# PROGRESS STUDY

## Conclusions:

- PROGRESS met the primary endpoint
  - high technical and procedural success
  - AMS compatible for MRT and CT for FU
  - No stent thrombosis
  - IVUS detected degradation at 4 months
  - iTLR rate comparable to BMS
- DES properties and/ or more delayed degradation necessary



# PROGRESS: conclusions

## The FIM coronary study showed:

- Feasibility
- Safety: no death, no MI, no stent thrombosis
- The study met the primary endpoint < 30% of MACE
- The AMS technology platform is proven
- Was successfully delivered to the lesion (100% device success)
- Was MRI / CT compatible
- Was absorbed as intended



# Outlook - Drug eluting absorbable metal stent

## Absorbable Metal Stent Platform:

- Fully absorbable platform
- Proven biocompatibility throughout the entire absorption process\*
- Effective scaffolding properties\*\*



## Controlled Drug Eluting Stent Design:

- Precise drug release kinetic and direction
- Resorbable polymer with minimal tissue/polymer contact area
- Protected non-deforming reservoirs

\* - Animal data available at Biotronik / \*\* - In vitro data available at Biotronik



# Bioabsorbable Stents Future Directions

## Main challenges

- Rate of degradation
- Time to complete degradation
- Radial force and elimination of recoil
- Bioabsorbable DES

## Future Applications

- Coronary, Workhorse stent Vulnerable Plaque
- Peripheral, SFA, tibial
- Pediatric pulmonary coarctation of aorta biliary, etc.