

SYSTEMIC THERAPY AND ORAL RAPAMYCIN TO INHIBIT RESTENOSIS

Ron Waksman, MD

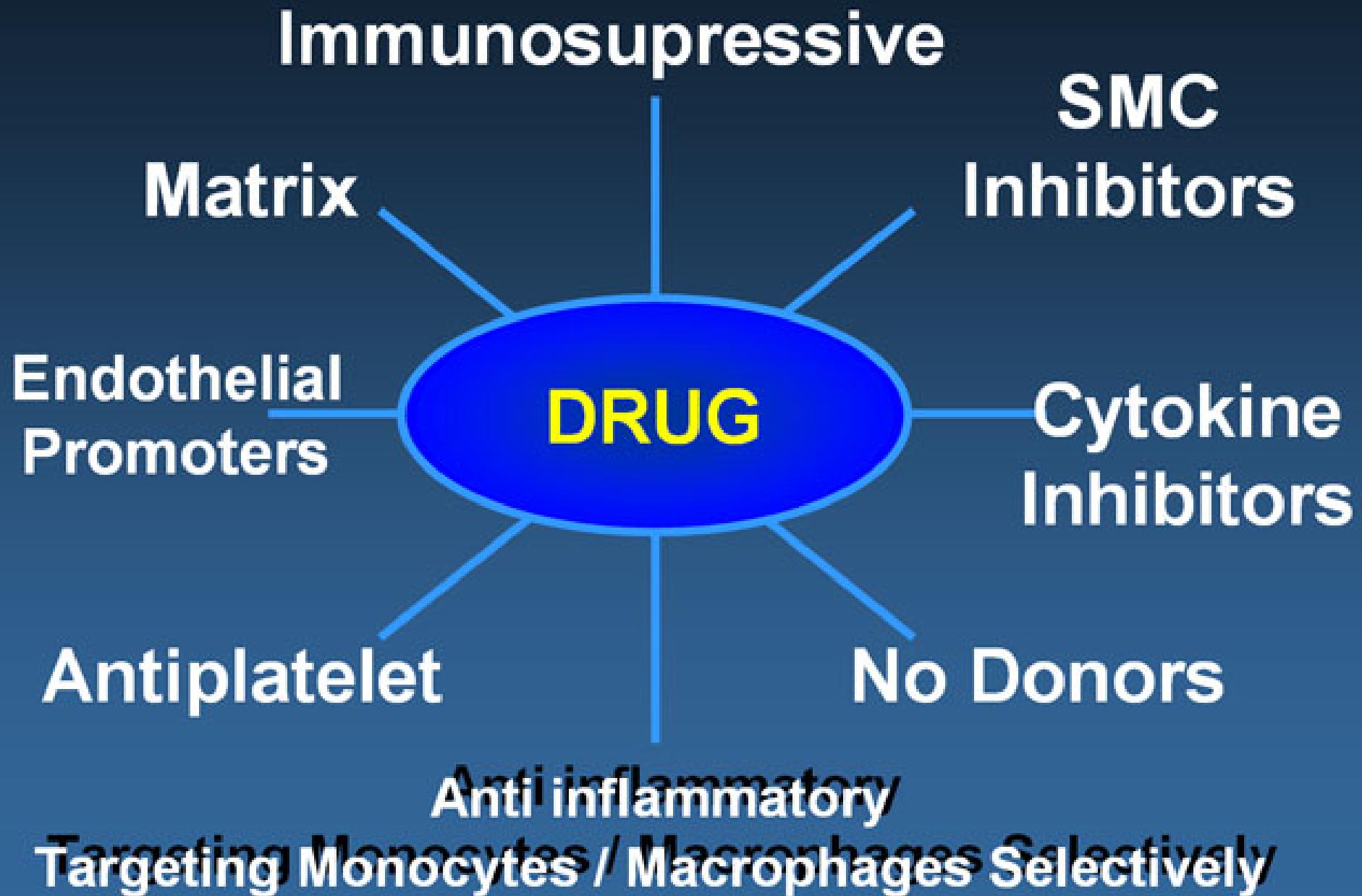
*Professor of Medicine (Cardiology) Georgetown University,
Associate Director Division of Cardiology, Washington
Hospital Center, Washington DC*



Rational for Alternative (non DES) Treatment to Restenosis

- DES continue to demonstrate restenosis in complex anatomy and selective subset population (diabetes)
- DES is limited to a stent platform
- DES technology may cause vessel toxicity: aneurysm, edge effect, thrombosis, malapposition.
- DES is expensive especially when multiple stents are needed for multivessel disease.

Oral Drug Properties to Prevent Restenosis



2000-2006

Medications for Restenosis Prevention

• Homocysteine lowering I	SWISS	Reduces restenosis
• Homocysteine lowering II	Bremen/Zwolle	Negative
• Antioxidant AGI	CART I	May be
• Rosiglitazone	KOREA	Positive
• Pioglitazone	Germany	Positive
• Corticosteroid	IMPRESS I&II	Positive
• Cilostazol	CREST	Positive
• Rapamune	ORBIT	Positive
• Rapamune	OSIRIS	Positive
• Verapamil	VESPA	Positive
• Rapamune	ORAR	Positive

Restenosis Drops in Diabetic Patients Given Rosiglitazone

*Diabetes II
Successful PCI
And stenting
n = 95*

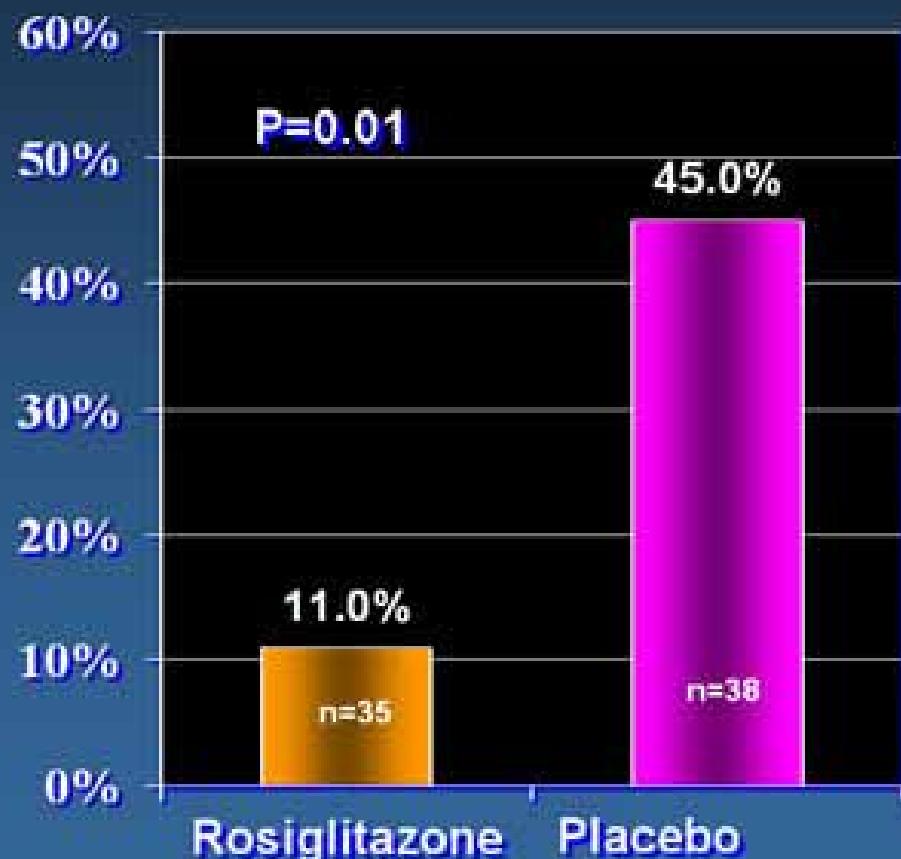
Rosiglitazone
4 mg daily /6 M
n = 35

Control
n = 38

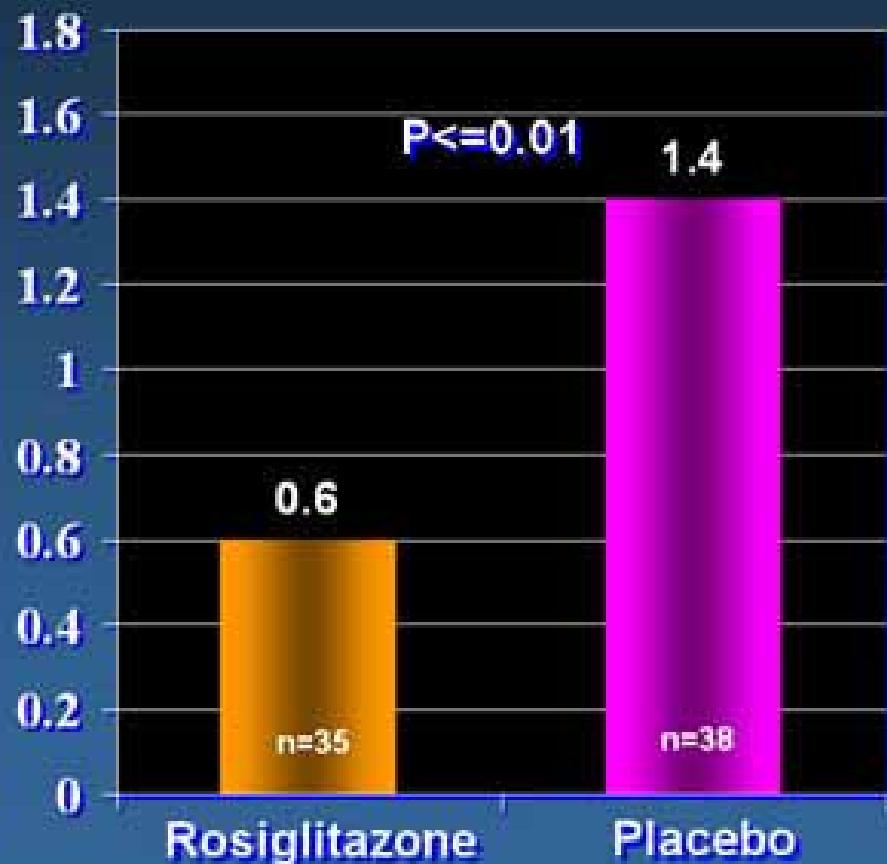
1° endpoint - Restenosis by QCA
Anti inflammatory action of Rosiglitazone

Rosiglitazone in Diabetes

Overall Restenosis 6 M



CRP mg/L



Outcomes six months' post-PCI in rosiglitazone and placebo arms

End point	Rosiglitazone	Placebo	p
Restenosis	12%	47%	<0.001
CRP (mg/L)	0.6±0.2	1.4±0.3	<0.01
Free fatty acids	672±70	819±60	<0.01
Triglycerides (mg/dL)	83±14	96±12	<0.01

Choi SH. American Diabetes Association 63rd
Scientific Sessions; Jun 13-17, 2003; New Orleans

Pioglitazone Reduces Neointima Formation After Coronary Stent Implantation

50 non diabetic patients undergoing PCI in de novo lesions

Study arms had equivalent baseline fasting blood glucose, fasting insulin, HbA1c, and lipid levels



Endpoints:

- Primary – Neointimal volume measured (measured with IVUS) within the stented segment at 6 months
- Secondary – Total plaque volume, minimum lumen diameter and percent stenosis at 6 months

Pioglitazone Trial: Primary endpoint

Neointima volume by intravascular
ultrasound at six months

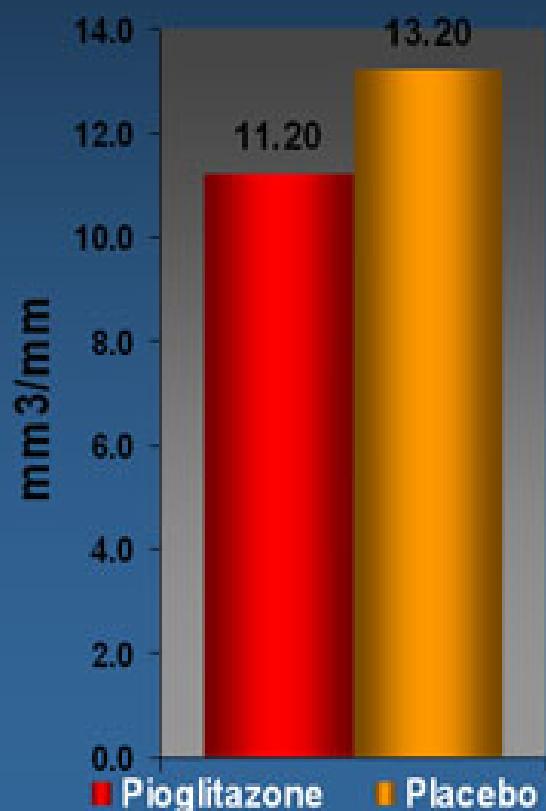


- The primary endpoint of neointimal volume within the stented segment at 6 months was significantly lower in the pioglitazone group compared with placebo.

Pioglitazone Trial: Secondary Endpoint

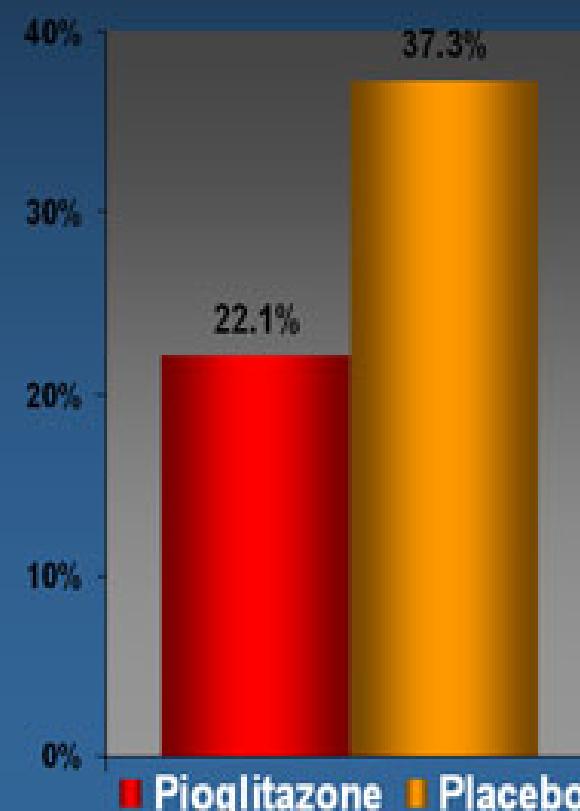
Total Plaque volume

p<0.05



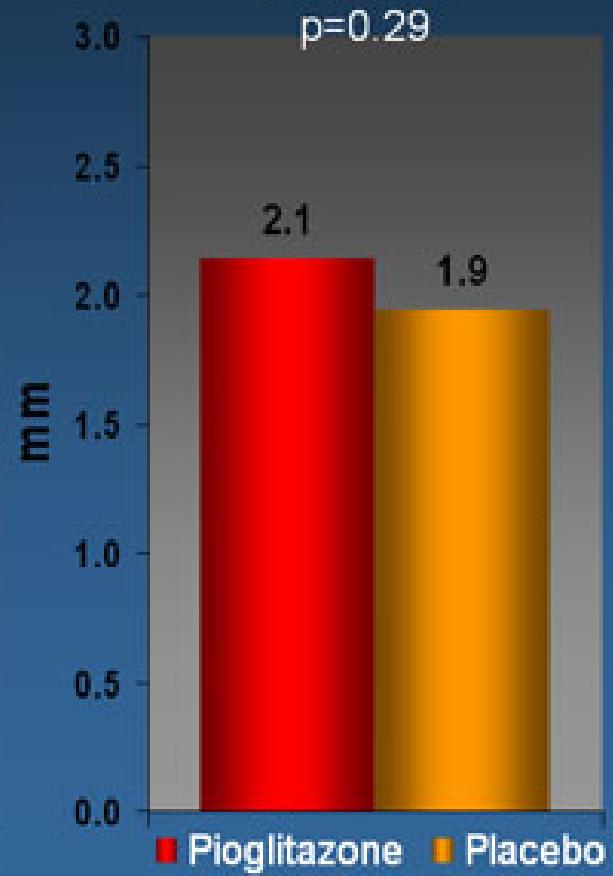
Percent stenosis

p=0.01



Minimum lumen diameter

p=0.29



Pioglitazone Trial: Summary

- Among nondiabetic patients undergoing coronary stent implantation for de novo lesions, treatment with pioglitazone was associated with a reduction in neointima formation compared with treatment with placebo at 6 month follow-up.
- The pioglitazone group also showed significant reductions in total plaque volume and stenosis at six months compared with the placebo group.

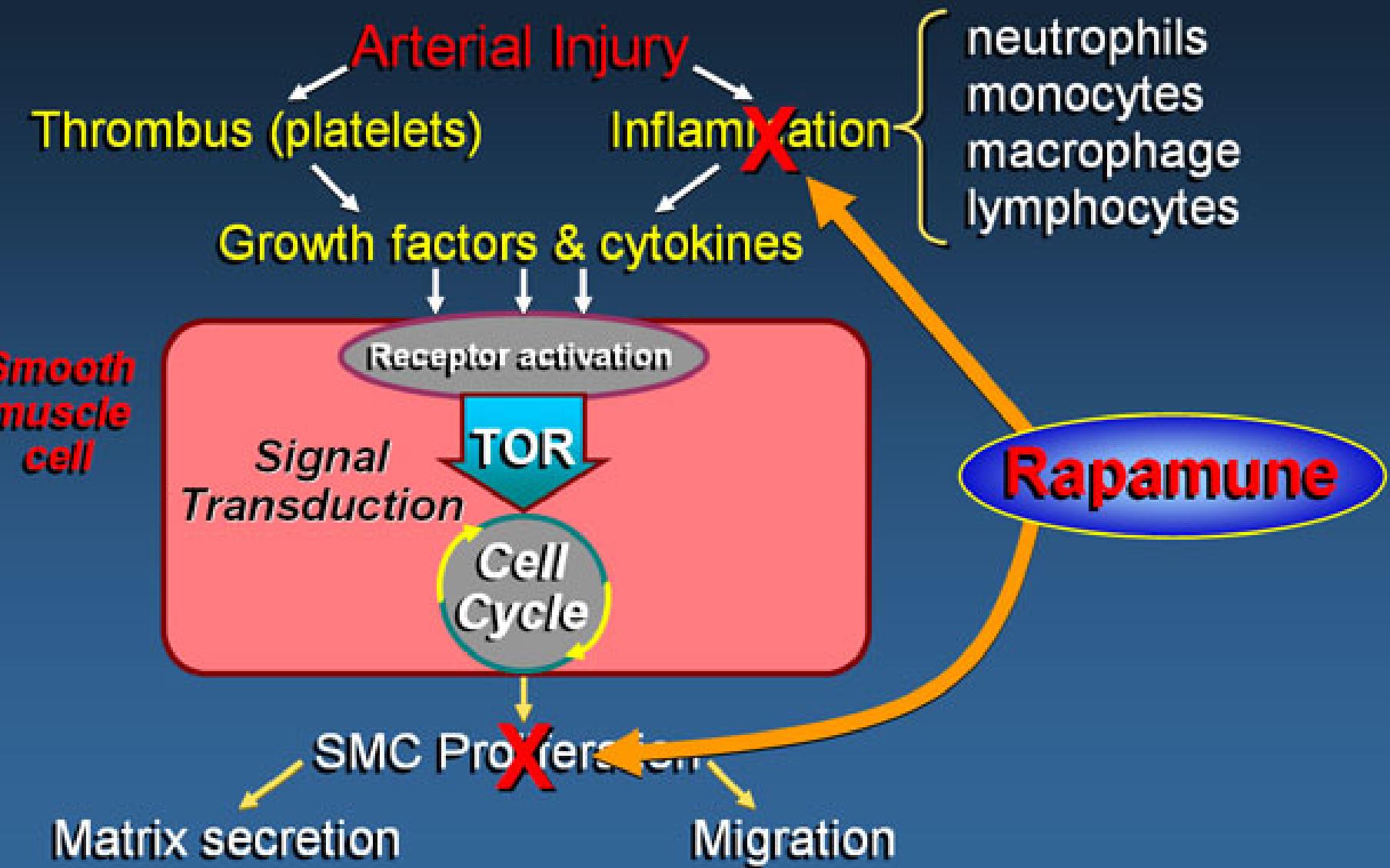
Immunosuppressive Therapy?

Corticosteroids

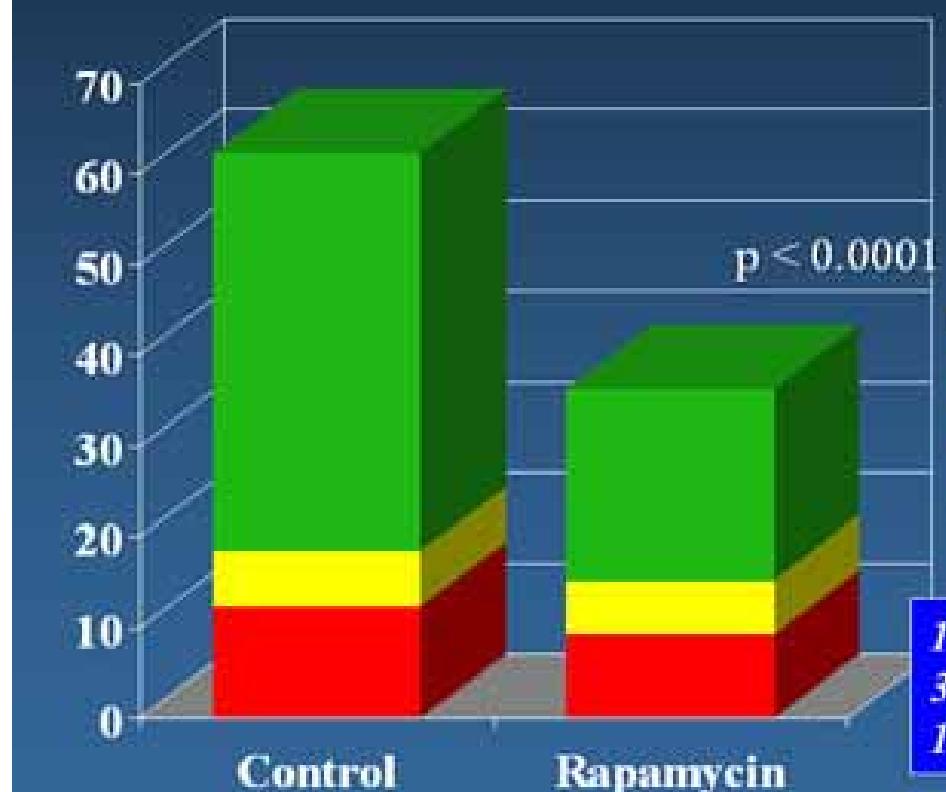
Rapamune & Analogues

Others

Multiple Actions of Rapamune

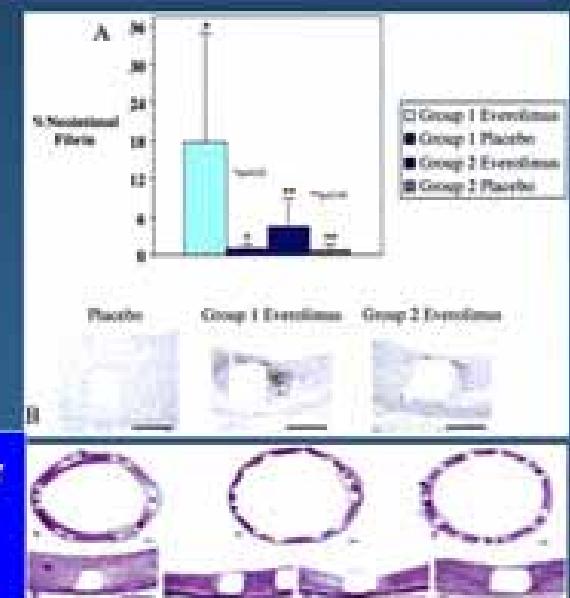


Effect of Systemic Delivery Rapamycin or Everolimus in Animal Restenosis Models



*1-1.5 mg/kg everolimus
3 days prior to stenting
14-28 days*

- Rapamycin 3 d pre intervention
- IM 0.5 mg/kg load dose
- IM 0.25mg/kg 14 days
- Analysis at 4 weeks





ORBIT - Study Flow

All Treated
Patients
 $n = 60$

Rapamune 2 mg
 $n = 30$

Rapamune 5 mg
 $n = 30$

Angio FU at 6 Months 80%
Clinical FU at 6 Months 96%

Angio FU at 6 Months 86%
Clinical FU at 6 Months 100%



RESULTS

Side Effects of Systemic Rapamune

Drug Safety Profile 2 mg and Adverse Reactions

2 patients discontinue
GI diarrhea 6 pts
Oral Ulcers 2 pts
Skin Rash 2 pts

Mean duration of
taking the Rapamune
 26.7 ± 7.8 days

Drug Safety Profile 5 mg and Adverse Reactions

2 patients discontinue
GI diarrhea 5 pts
Oral Ulcers 6 pts
Skin Rash 5 pts

Mean duration of
taking the Rapamune
 22.0 ± 11.7 days



ORBIT II

**Patients With
Bare Metal Stents
 $n = 250$**

**Rapamune 4 mg
30 days
 $n = 125$**

**Placebo 4 mg
30 days
 $n = 125$**

***Primary End Points: Binary Restenosis, Late Loss
and TLR at 6 months***



ORBIT II

Study Administration

Sponsor:	Medstar Research Institute
Data Center:	Medstar Research Institute
Principal Investigator:	Ron Waksman, MD
DSMC Chairman:	James Tcheng, MD
Research Pharmacist:	Claude Nogay, RPh
Study Coordinator:	Rebecca Torguson



Participating Centers

Ron Waksman, MD

Washington Hospital Center,
Washington, DC

Dean Kereiakes, MD

Christ Hospital, Cincinnati, OH

Jerome Hines, MD

LaGrange Hospital, La Grange, IL

J. Eduardo Sousa, MD

Institute Dante Pazzanese of Cardiology,
São Paulo, Brazil

Constantino Constantini, MD

Clinica Cardiológica C. Constantini,
Curitiba, Paraná, Brazil

Henry Meilman, MD

Union Memorial Hospital, Towson, MD

Michael Drossner, MD

Mid Atlantic Cardiovascular Associates,
Towson, MD

Clifford Kavinsky, MD

Rush Heart Institute, Chicago, IL

David Eich, MD

Norfolk Sentara Hospital, Norfolk, VA



DEMOGRAPHICS

	Rapamune 4 mg n=21	Placebo n=22	p value
Age (years)	56.0 ± 19.14	56.7 ± 11.82	0.882
Male	18/21 (85.7)	16/22 (72.7)	0.457
Any Smoking History	13/21 (61.9)	12/22 (54.5)	0.625
History of Diabetes	6/21 (28.6)	5/22 (22.7)	0.213
Hypertension	13/21 (61.9)	16/21 (76.2)	0.317
Hyperlipidemia	16/20 (80.0)	14/20 (70.0)	0.465
History of Cancer (Any)	0/21 (0.0)	3/22 (13.6)	0.233
Prior Myocardial Infarction	7/18 (38.9)	1/21 (4.8)	0.015
Prior PCI	6/20 (30.0)	5/22 (22.7)	0.592
Prior CABG	1/21 (4.8)	3/22 (13.6)	0.607
Prior CVA	1/21 (4.8)	0/22 (0.0)	0.488
Left Ventricular Ejection Fraction	0.53 ± 0.10	0.57 ± 0.09	0.185



ANGIOGRAPHIC CHARACTERISTICS

	Rapamune 4 mg n=26	Placebo n=29	P value
Mean # lesions treated	1.2 ± 0.6	1.3 ± 0.6	0.662
Left Main, %	0/26 (0)	0/26 (0)	.
RCA, %	9/26 (34.6)	14/29 (48.3)	0.305
LAD, %	12/26 (46.2)	11/29 (37.9)	0.537
LCX, %	5/26 (19.2)	4/29 (13.8)	0.720
Lesion Length, mm	14.96 ± 6.89	14.06 ± 6.29	0.611
Reference vessel Diameter, mm	3.26 ± 0.42	3.21 ± 0.47	0.659
Pre Diameter Stenosis	0.81 ± 0.1	0.85 ± 0.09	0.161



Lesion Characteristics

	Rapamune 4 mg Lesion n=26	Placebo Lesion n=29	p value
Stents per Lesion	1.33 ± 0.66	1.27 ± 0.55	0.745
Average Stent Diameter (mm)	3.38 ± 0.69	3.33 ± 0.65	0.769
Average Stent Length (mm)	17.96 ± 6.94	16.15 ± 6.54	0.480
Devices Used			
Laser	0/26 (0)	0/29 (0)	.
Rota	0/26 (0)	1/29 (3.4)	1
Cutting Balloon	1/26 (3.8)	0/29 (0)	0.473
Pre-Dilatation with Balloon	7/16 (26.9)	8/29 (27.6)	0.956
Direct Stenting	19/26 (73.1)	20/29 (69.0)	0.737
Post-Dilatation with Balloon	14/26 (53.8)	11/29 (37.9)	0.237



Discharge Medications

All patients were discharge on clopidogrel and ASA for at least 6 months.

Study medication was prescribed for 30 days.



RESULTS

Adverse Reactions

n

Rapamune 4 mg
Patient n=21

Placebo
Patient n=22

Gastrointestinal Symptoms

(Gas, Indigestion, Diarrhea, Nausea/
Vomiting, Gastritis)

13

3

Mucocutaneous Symptoms

(Mouth Sores, Skin Dryness, Skin Rash,
Sore Throat)

17

0

Other

Fever

4

0

Infection

1

0

Joint Pain

0

1

Insomnia

1

1

Average Days on Study Drug

24.4 ± 9.5

$28.6 \pm 4.6^*$

* $p=0.09$



ANGIOGRAPHIC RESULTS



	4 mg	Placebo
N=26 lesions	N=29 lesions	
MLD PRE mm	1.27 ± 0.45	1.27 ± 0.55
MLD POST mm	2.34 ± 0.44	2.41 ± 0.45
FOLLOW-UP QCA	N=22 lesions	N=25 lesions
MLD at 6 Months (mm)	1.87 ± 0.55	1.85 ± 0.74
Binary Restenosis In-Stent	4/22 (18.2)	6/25 (24.0)
Binary Restenosis In-Segment	4/22 (18.2)	7/25 (28.0)
Late Loss (mm)	0.57 ± 0.51	0.59 ± 0.57



Results

MAJOR CLINICAL EVENTS AT 6 MONTHS

	Rapamune 4 mg Patient n=21 Lesion n=26	Placebo Patient n=21 Lesion n=28	p value
TVR MACE	3/21 (14.3)	4/21 (19.0)	1
Death	0/21 (0)	0/21 (0)	.
Myocardial Infarction			
Q Wave Myocardial Infarction	0/21 (0)	0/21 (0)	.
Non Q Wave Myocardial Infarction (CKMB 2x ULN)*	1/21 (4.8)	0/21 (0)	0.488
Target Lesion Revascularization	3/26 (11.5)	3/28 (10.7)	1
Target Vessel Revascularization	3/26 (11.5)	4/28 (14.3)	1
Late Thrombosis	0/26 (0)	0/28 (0)	.

* This patient experienced a Non Q wave MI in hospital



Results

MAJOR CLINICAL EVENTS AT 12 MONTHS

n, (%)	Rapamune 4 mg Patient n=20 Lesion n=25	Placebo Patient n=21 Lesion n=28	p value
TVR MACE	4/20 (25.0)	4/21 (19.0)	1
Death	0/20 (0)	0/21 (0)	.
Myocardial Infarction			
Q Wave Myocardial Infarction	0/20 (0)	0/21 (0)	.
Non Q Wave Myocardial Infarction (CKMB 2x ULN)*	1/20 (5.0)	0/21 (0)	0.488
Target Lesion Revascularization	4/25 (16.0)	4/28 (14.3)	1
Target Vessel Revascularization	4/25 (16.0)	6/28 (21.4)	0.736
Late Thrombosis	0/25 (0)	0/28 (0)	.

* This patient experienced a Non Q wave MI in hospital



ORBIT STUDIES

Pts suitable for PCI and Bare Metal Stents (n=100)

Oral Rapamycin (n=81)

Placebo (n=22)

Loading dose

5 mg

4 mg

4 mg

Daily dose x30 days

2 mg

5mg

4mg

4 mg

Clinical and Angiographic Follow up at 6 months



Side Effects

Their Severity Associated with the Study Medication

- Drug therapy was discontinued in 3 patients in 2 mg group, 6 patients in the 4 mg group, 9 patients in the 5 mg group and 1 patient in the placebo group due to rash, diarrhea, mouth ulcers, or fatigue (or a combination of these symptoms)
- There were no biochemical or hematological adverse effects.
- There was no evidence of dose effect on clinical outcomes



The ORBIT Studies

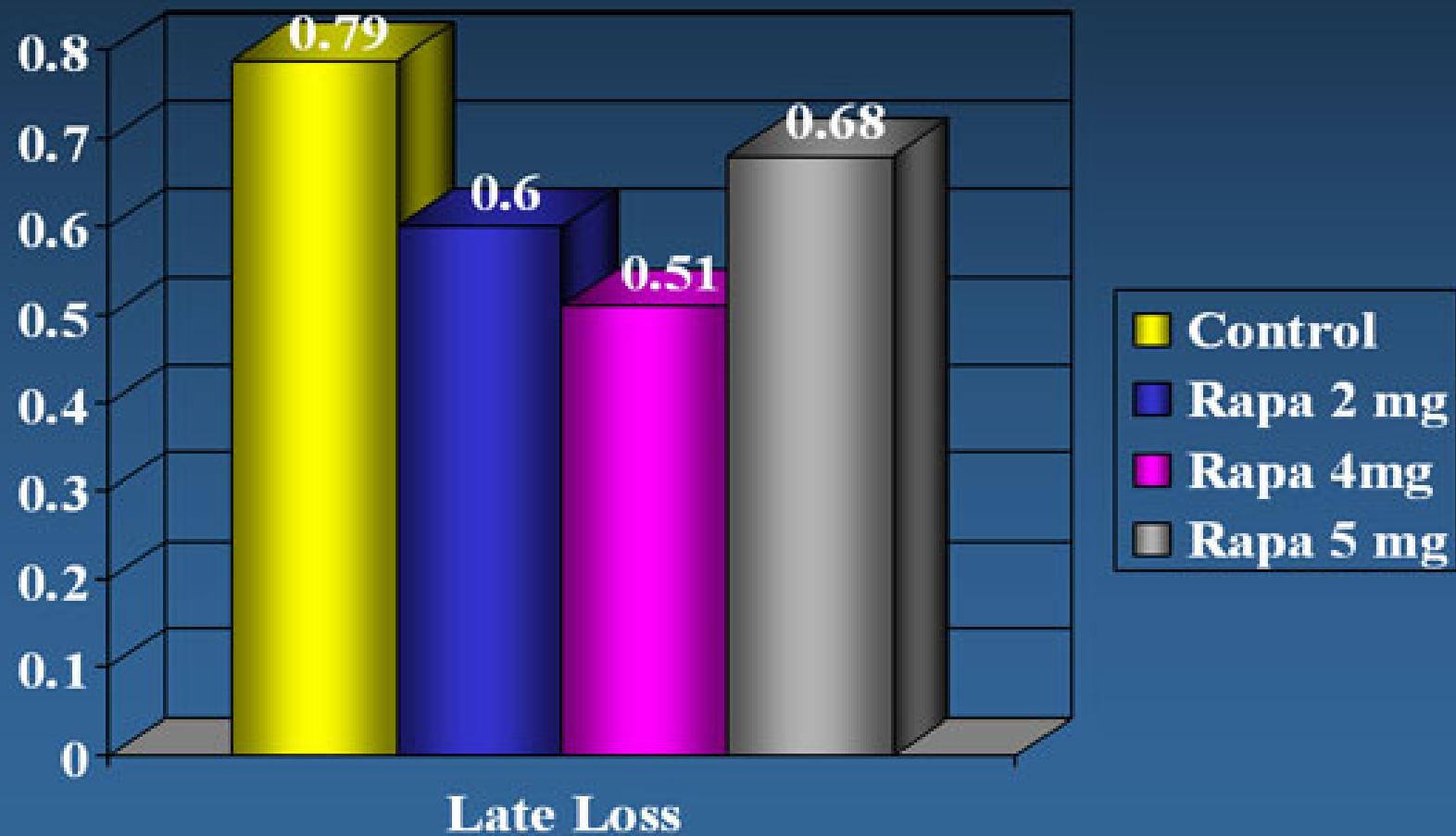
ANGIOGRAPHIC RESULTS

	Placebo	Rapamune 2 mg	Rapamune 4mg	Rapamune 5 mg
	N=29 lesions	N=49 lesions	N=26 lesions	N=37 lesions
MLD PRE mm	1.27 ± 0.55	1.08 ± 0.61	1.27 ± 0.45	1.36 ± 0.52
MLD POST mm	2.41 ± 0.45	2.88 ± 0.57	2.34 ± 0.44	2.95 ± 0.52
FOLLOW-UP QCA	N=25 lesions	N=42 lesions	N=22 lesions	N=29 lesions
MLD at 6 Months (mm)	1.85 ± 0.74	2.29 ± 0.61	1.87 ± 0.55	2.27 ± 0.75
Binary Restenosis in Stent	24.0%	7.1%	18.2%	6.9%
Binary Restenosis in Segment	28.0%	4.8%	18.2%	6.9%
Late Loss (mm)	0.59 ± 0.57	0.60 ± 0.61	0.57 ± 0.51	0.68 ± 0.60



ORBIT II- Sneak Preview

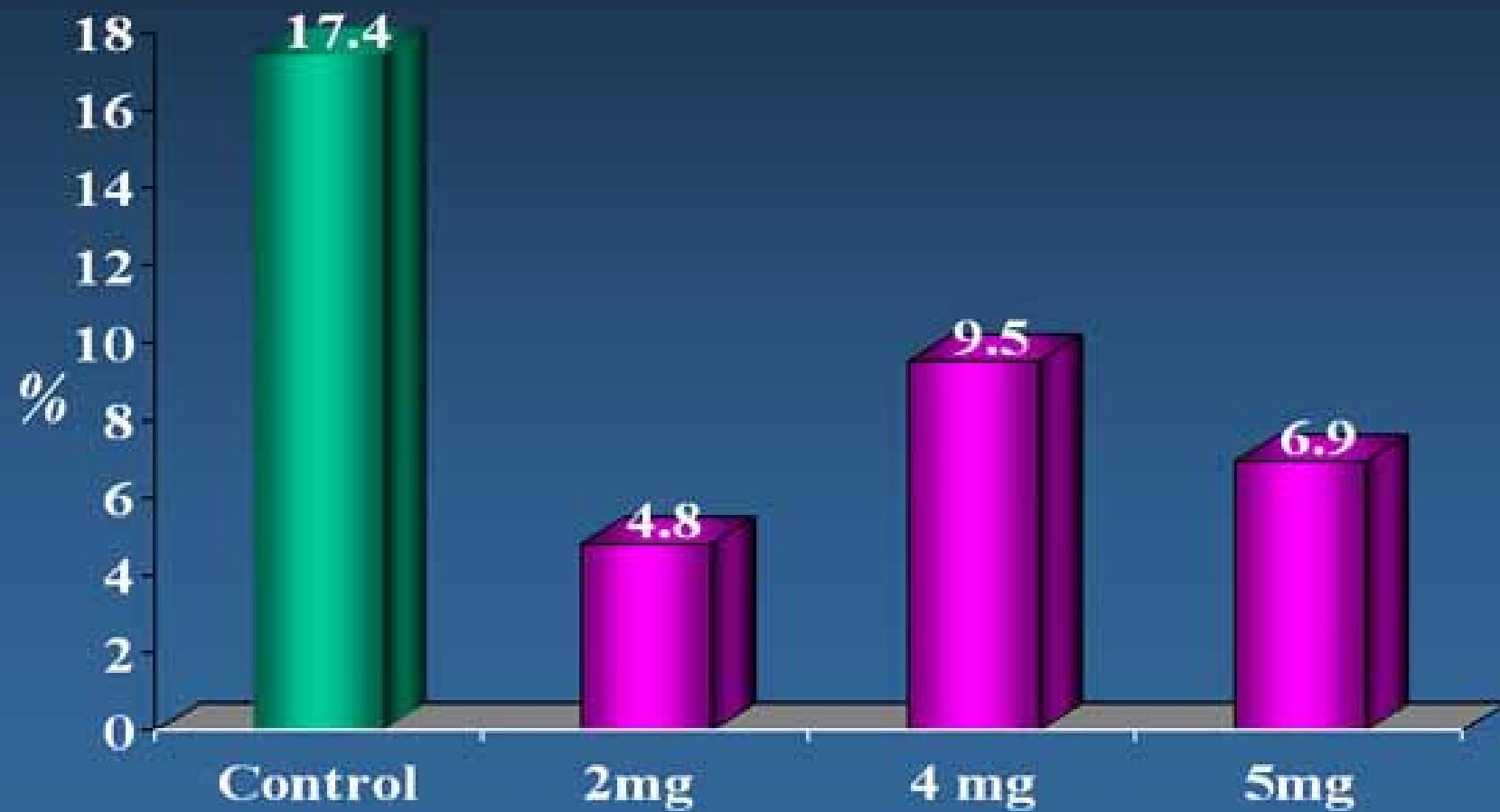
Binary Late Loss





ORBIT II- Sneak Preview

Binary Restenosis in Stent Rates





Major Clinical Events at 6 Months

Drug and Dose Patient Lesions: FU*	R- 2 mg n=28	R-4mg n=21	R- 5 mg n=30	Placebo n=21
Cardiac death, n (%)	0/28 (0)	0/21 (0)	0/30 (0)	0/21 (0)
Non-cardiac death n (%)	0/28 (0)	0/21 (0)	0/30 (0)	0/21 (0)
Q-Wave MI, n (%)	0/28 (0)	0/21 (0)	0/30(0)	0/21 (0)
Non-Q-wave MI, n (%)	3/28 (10.7)	1/21 (4.8)	2/30 (6.7)	0/21 (0)
TVR, n (%)	7/42 (16.7)	3/26 (11.5)	6/37 (16.2)	4/28 (13.8)
TVR CABG, n (%)	4/42 (9.5)	1/26 (3.8)	5/37 (13.5)	2/28 (7.1)
TVR PCI, n (%)	3/42 (7.1)	2/26 (7.7)	1/37 (2.7)	2/28 (7.1)
TLR, n (%)	6/42 (14.3)	3/26 (11.5)	2/37 (5.4)	3/28 (10.7)
TLR CABG, n (%)	3/42 (7.1)	1/26 (3.8)	2/37 (5.4)	1/28 (3.6)
TLR PCI, n (%)	3/42 (7.1)	2/26 (7.7)	0/37 (0)	2/28 (7.1)
MACE, (%)	7/28 (25.0)	3/21 (14.3)	6/30 (20.0)	4/21 (19.1)

Randomization Protocol



In-Stent Restenosis

Patients with diagnosed
in-stent restenosis

	Placebo	Usual Dose Sirolimus	High Dose Sirolimus
Day -2	Placebo	Placebo	12mg
Day -1	Placebo	6mg	8mg
PCI	Placebo	2mg	4mg
Day 1-7	Placebo	2mg	2mg
Patients	102	99	99

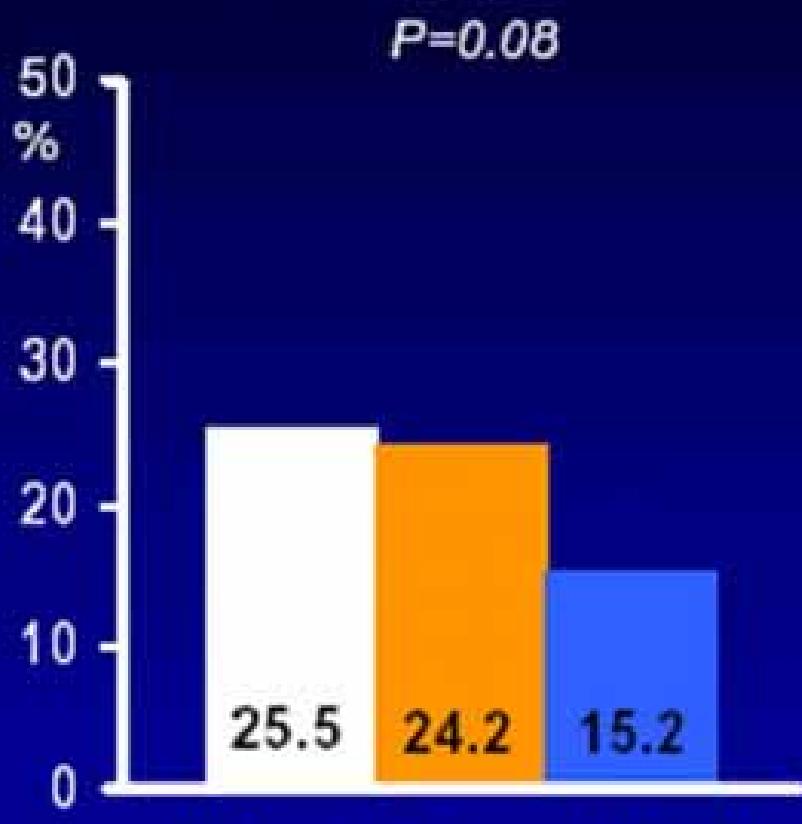
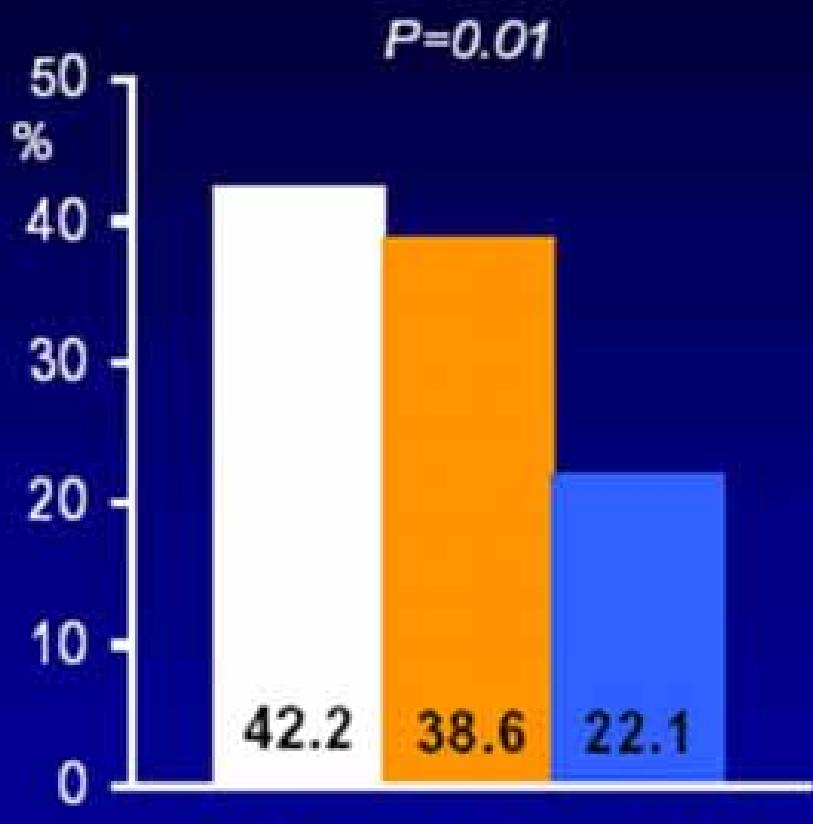
Patient Characteristics



In-Stent Restenosis	Placebo	Usual dose	High dose	P
Age, years	65.4 ±10.4	65.3 ±9.4	65.3 ±9.3	.99
Female, %	25.5	25.3	16.2	.18
Diabetes, %	27.5	27.3	32.3	.67
Smoker, %	12.7	12.1	9.1	.68
Hypercholest., %	64.7	66.7	58.6	.47
Hypertension, %	56.9	60.6	65.7	.63
Prev. MI, %	40.2	53.5	46.5	.17
Prev. CABG, %	7.8	9.1	15.2	.20

In-Stent Restenosis

	Placebo	Usual dose	High dose	P
Ejection fract., %	55.7 ±12.1	55.4 ±12.8	55.2 ±14.0	.96
Diffuse ISR morphology, %	49.0	44.4	53.5	.44
ISR length, mm	15.5 ±7.2	15.9 ±7.2	13.9 ±7.8	.13
Vessel size, mm	2.61 ±0.53	2.60 ±0.48	2.57 ±0.53	.79
MLD, mm	0.85 ±0.37	0.88 ±0.41	0.91 ±0.45	.60
Stenosis grade, %	67.1 ±13.6	66.2 ±14.2	65.4 ±13.8	.67



Placebo

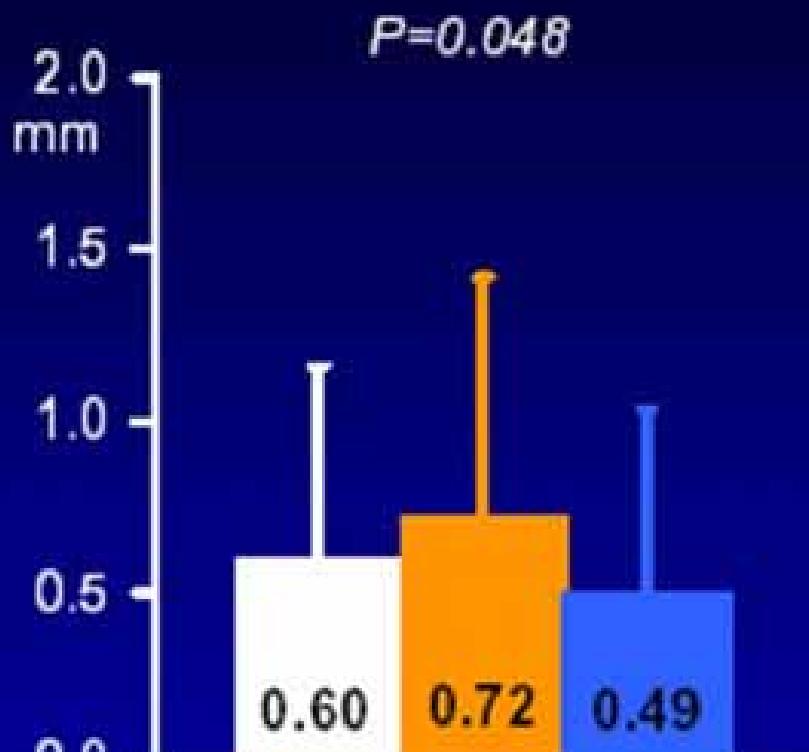
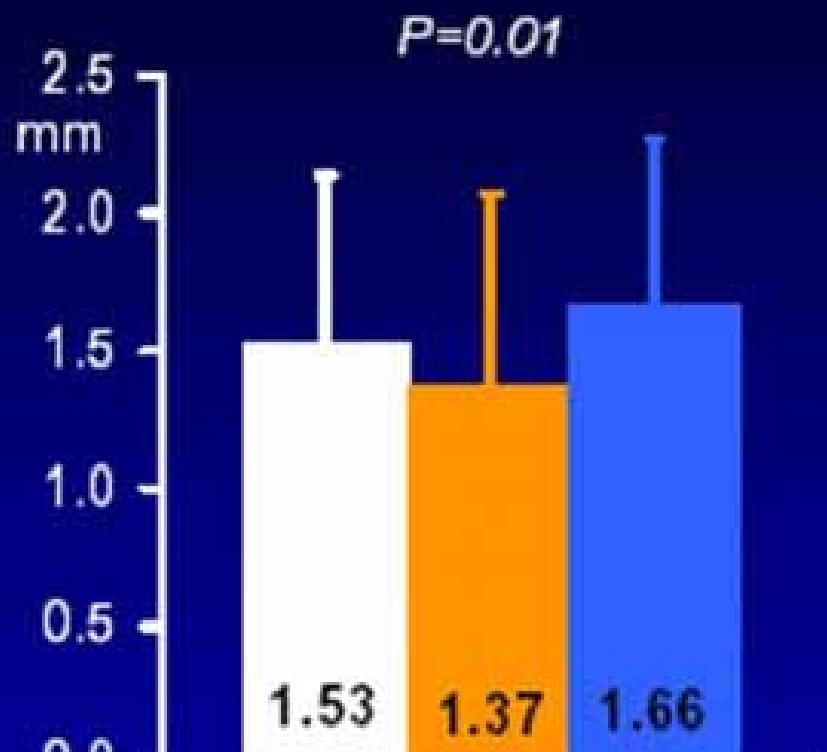


Usual dose



High dose

Angiographic Results



Placebo

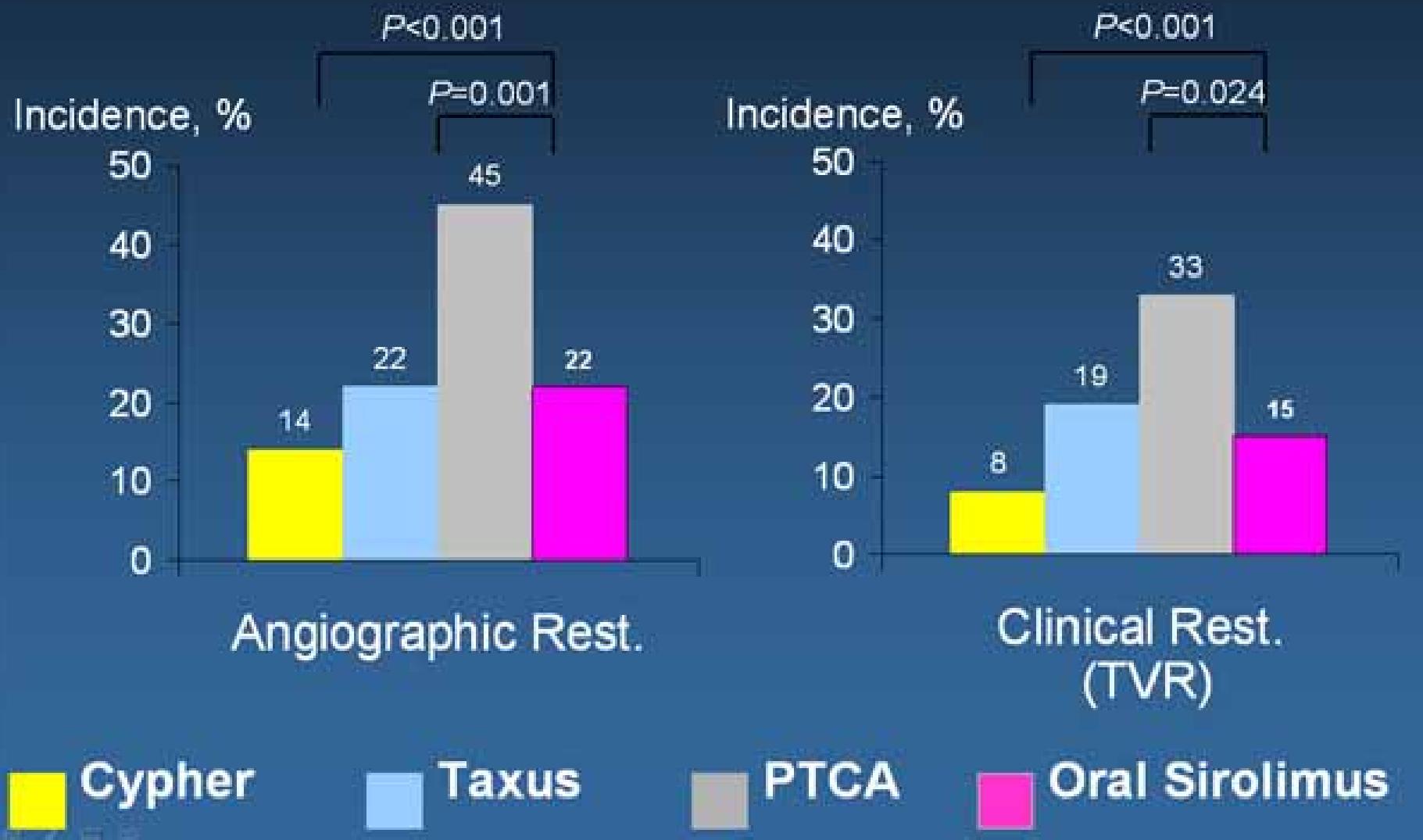


Usual dose



High dose

ISAR-DESIRE Versus OSIRIS



Oral Rapamycin after Stent. ORAR Trial.

A. Rodriguez et al. ACC 2005

100 patients randomized to Rapamune (6 mg pre + 3 mg daily for 2 weeks and Placebo).



Oral Rapamune for Restenosis Prevention

Conclusions in Progress

- Overall effective in reduction of angiographic and clinical restenosis compared to placebo but not as robust as DES
- Late Loss 0.45-0.65 mm across all trials
- Rapamune levels correlates with angiographic indices
- High loading dose 8-15 mg, 1-2 days prior to PCI
- Short term duration 7-15 days
- Side effects: mild to moderate sore throat, diarrhea, rash, no hematological or biochemical abnormalities
- Cost effective for the treatment of multivessel disease