

# The interventional Trials of the Year: 2007-2008 (TCT, AHA, and ACC)

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Joint Chief Scientific Officer

**Columbia University Medical Center  
Cardiovascular Research Foundation**

# Disclosures

- **Roxana Mehran**
  - **Research support: Boston Scientific, Abbott Vascular and The Medicines Company**
  - **Consultant: Abbott Vascular, Medtronic, The Medicines Company**

# Trial of the Year: Topics to Cover

- 1. “Real world” DES v. BMS use**
- 2. Next generation stents in the U.S.**
  - Endeavor and Xience V
- 3. Balance of Bleeding vs. ischemic complications post PCI**
- 4. Left Main and Bifurcation lesions**

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**Outcome of Drug eluting compared to  
Bare metal stents in Sweden-  
“On” versus “off label” indications**

**Jörg Carlsson, Stefan James, Johan Lindbäck, Tage Nilsson,  
Ulf Stenestrand, Lars Wallentin and Bo Lagerqvist  
for the SCAAR study group**

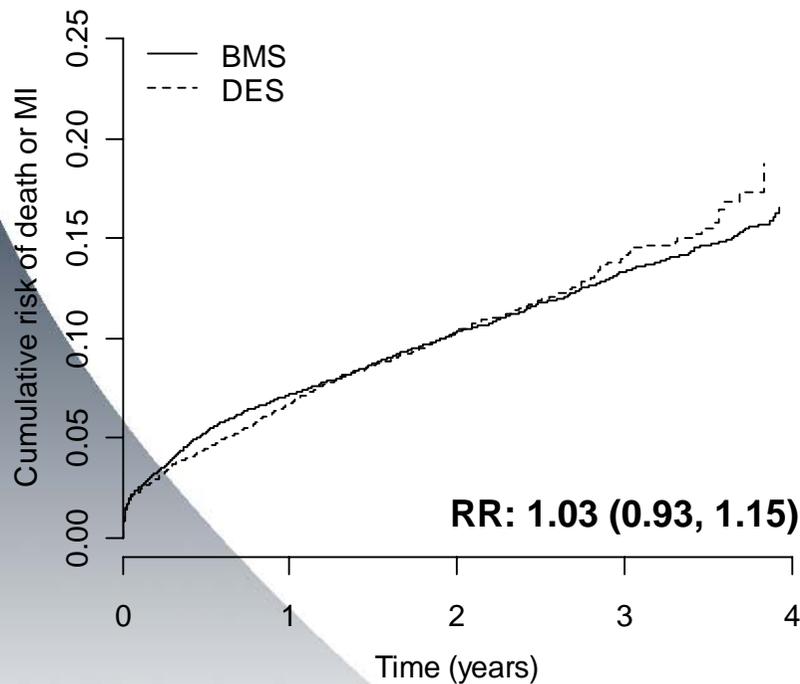
**Presented by Stefan James, MD, PhD  
Uppsala Clinical Research center  
Uppsala University hospital, Sweden**

**Non of the authors have any conflicts of interest in relation to the presentation and the  
SCAAR registry is not industry sponsored**

# Adjusted Death /MI Total cohort

On label use

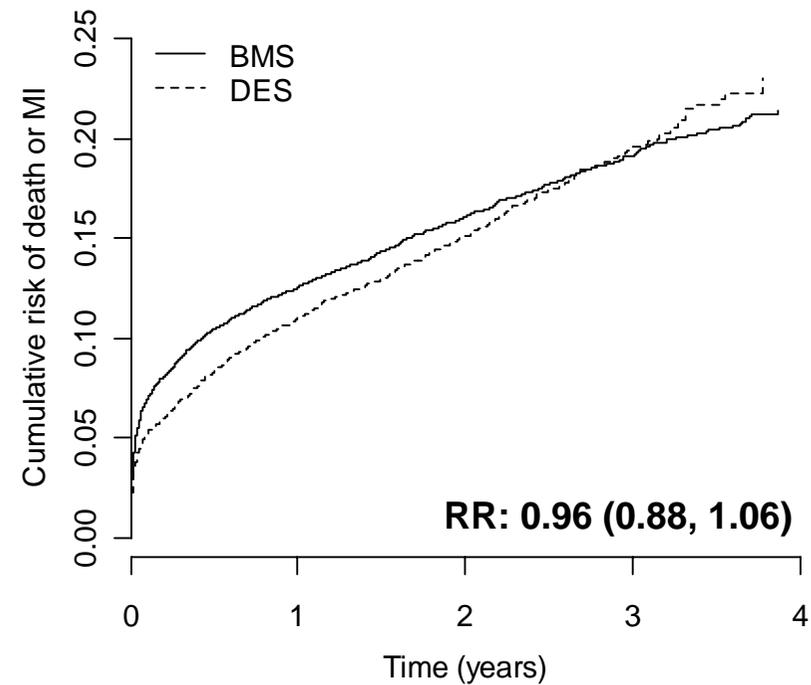
N=17 664



BMS	10049	9529	9343	8112	6742	5265	3486	1892	5
DES	6523	6222	6069	4428	2947	1868	908	322	0

Off label use

N=16 866



BMS	9434	8424	8223	6896	5431	4012	2433	1285	2
DES	6165	5673	5512	3792	2508	1525	780	287	0

SCAAR

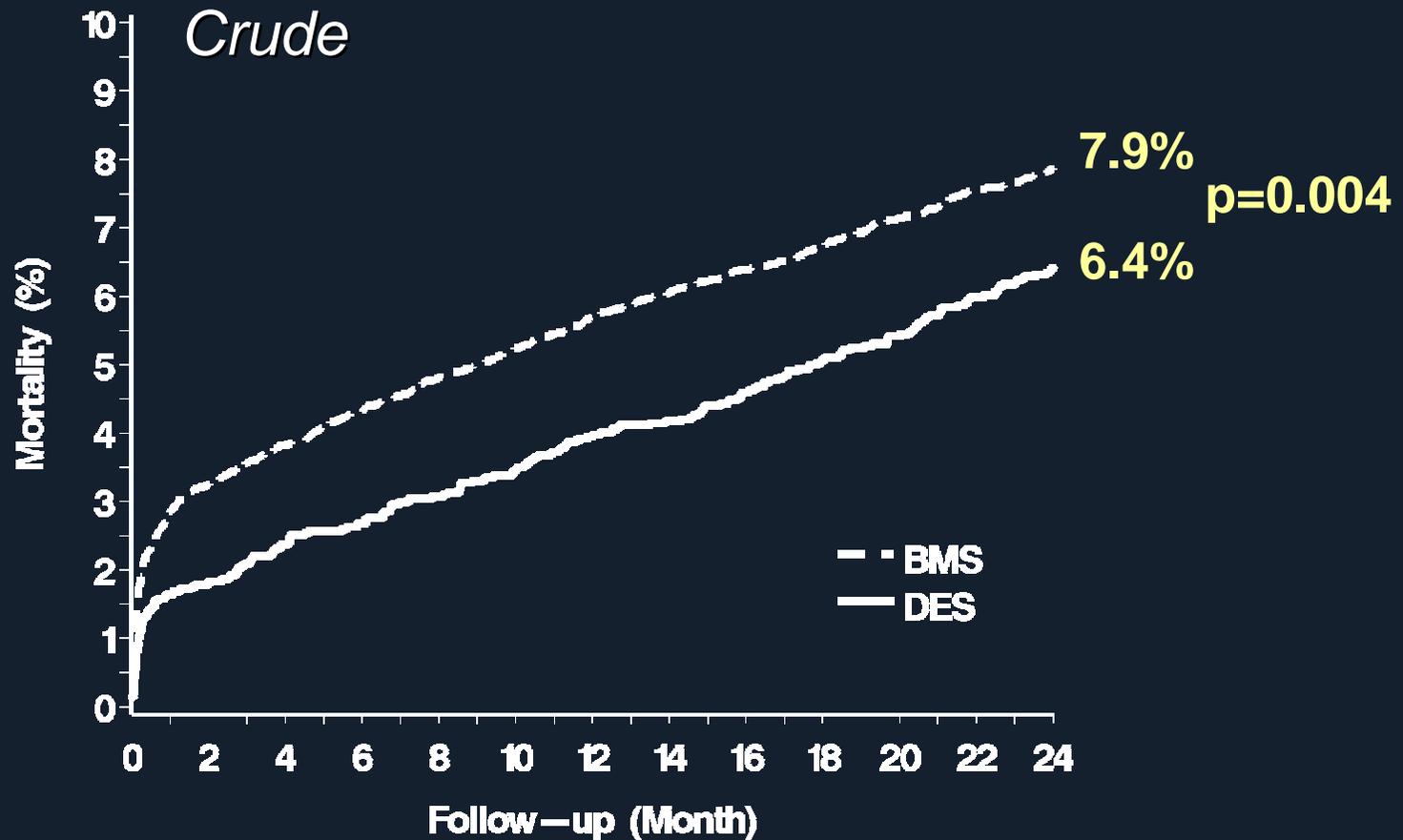
# Two-Year Clinical Outcome After Implantation of Drug Eluting or Bare Metal Coronary Stents in Western Denmark

*Lisette Okkels Jensen<sup>1</sup>, Anne Kaltoft<sup>2</sup>, Michael Maeng<sup>2</sup>,  
Per Thayssen<sup>1</sup>, Hans Henrik Tilsted Hansen<sup>3</sup>, Morten  
Bottcher<sup>2</sup>, Jens Flensted Lassen<sup>2</sup>, Lars Romer Krusell<sup>2</sup>,  
Klaus Rasmussen<sup>3</sup>, Knud Noerregaard Hansen<sup>1</sup>, Knud  
Erik Pedersen<sup>1</sup>, Henrik Toft Soerensen<sup>4</sup>, Lars Pedersen<sup>4</sup>,  
Soeren Paaske Johnsen<sup>4</sup>, Leif Thuesen<sup>2</sup>*

<sup>1</sup>Odense University Hospital, <sup>2</sup>Skejby Hospital, <sup>3</sup>Aalborg Hospital,  
<sup>4</sup>Department of Clinical Epidemiology, University of Aarhus,  
Denmark

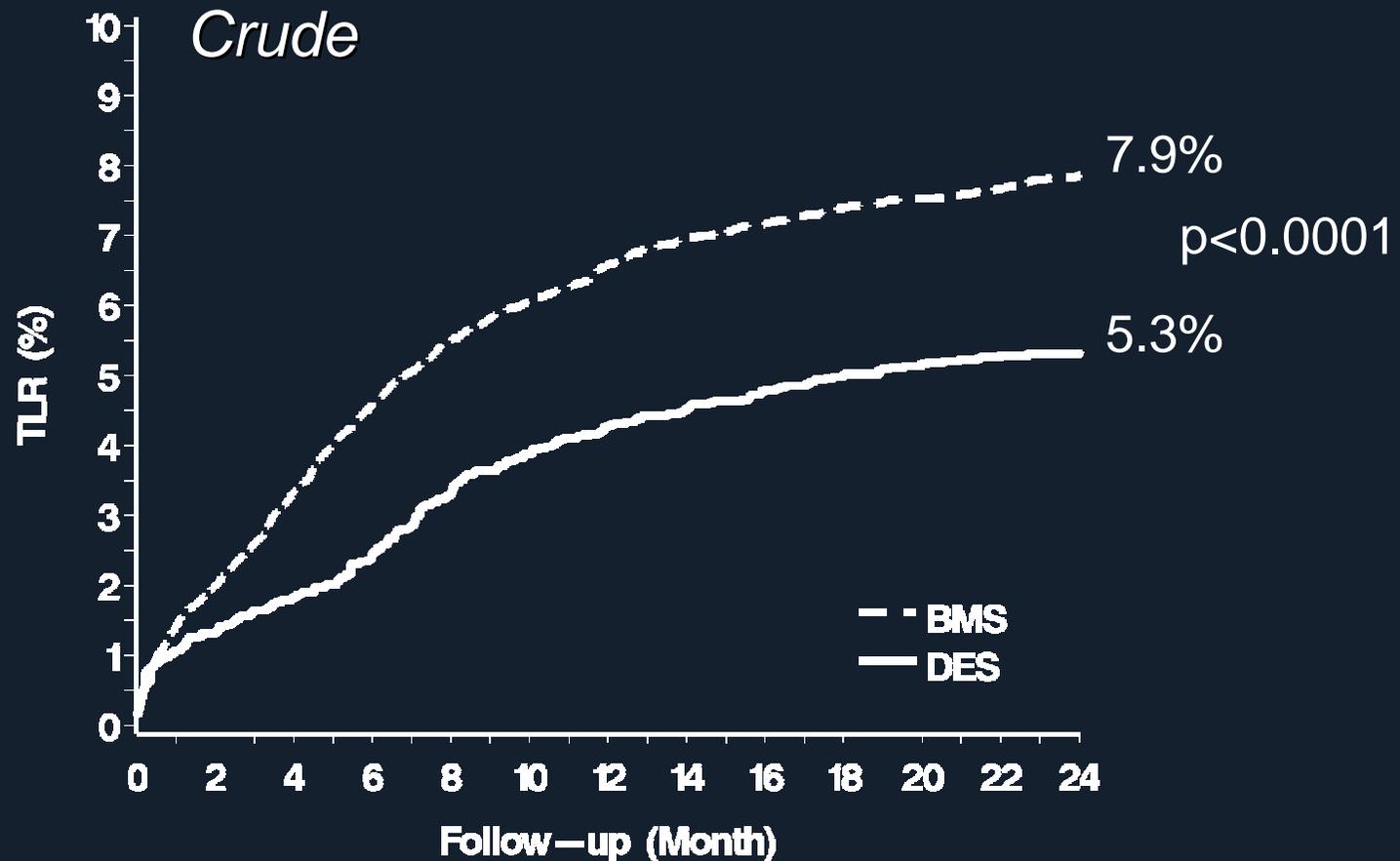
# All Cause Mortality

**BMS n= 8,847, DES n=3,548**



# Target Lesion Revascularization

**BMS n= 8,847, DES n=3,548**

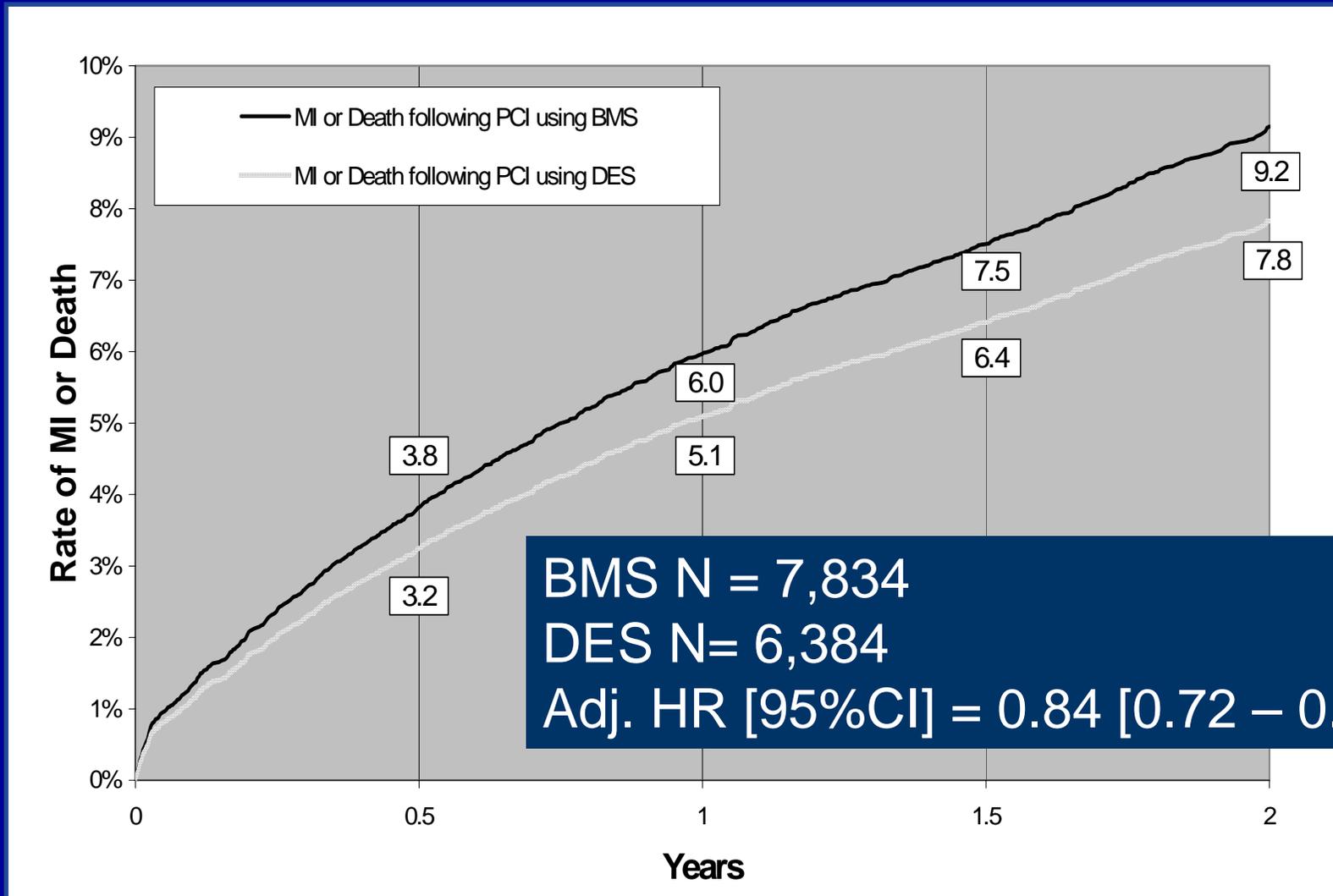


# **Outcomes of Drug-Eluting vs. Bare-Metal Stents in New York**

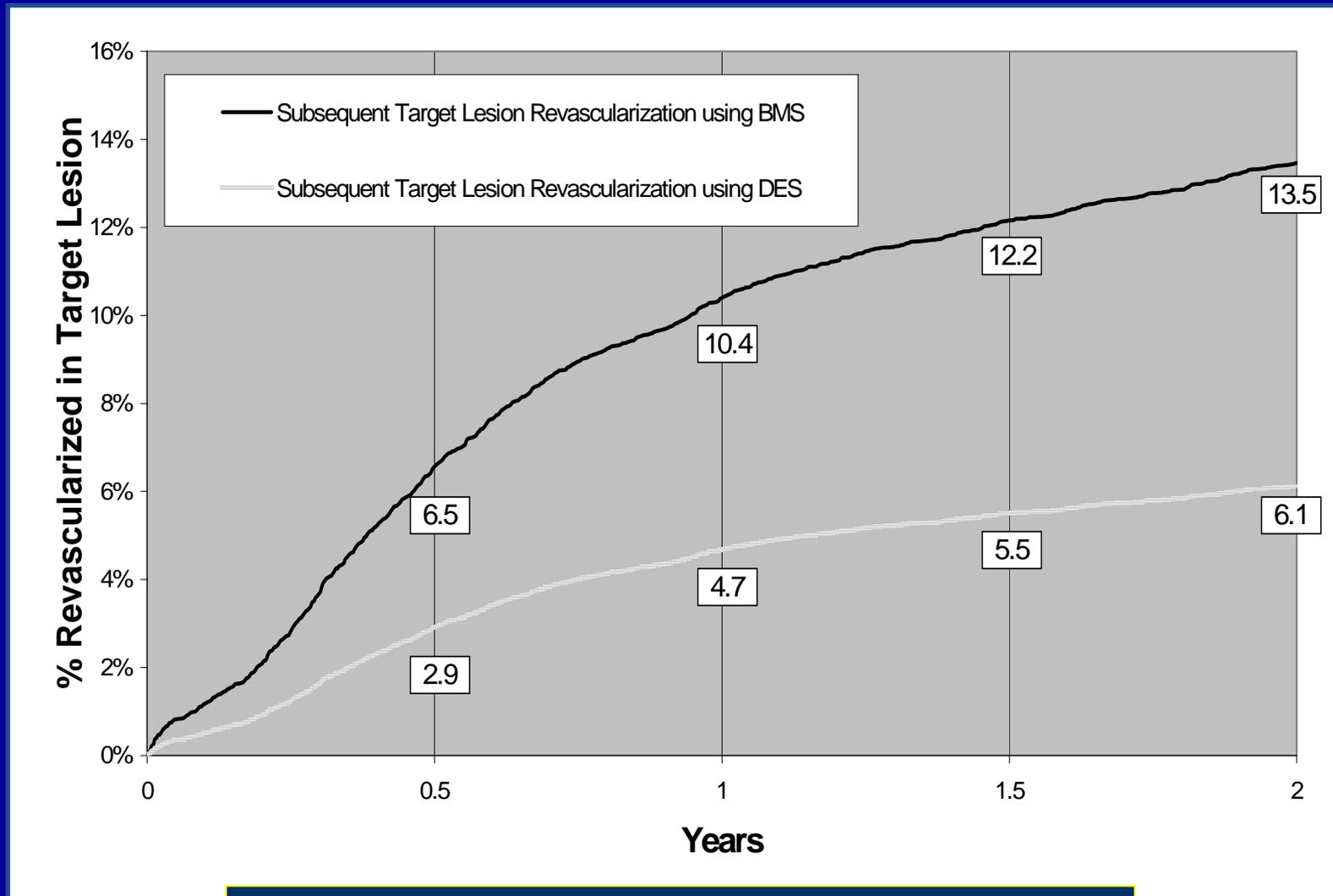
Edward L. Hannan, PhD, MS, MS, FACC

Michael Racz, MA, PhD

# Two Year Adjusted Outcome (MI or Death) following PCI: Bare Metal Stent(BMS) vs. Drug Eluting Stent (DES)



## Adjusted Rates of Subsequent Revascularization in Target Lesion: Bare Metal Stent(BMS) vs. Drug Eluting Stent(DES)



Adj. HR [95%CI] = 0.43 [0.39 – 0.49]



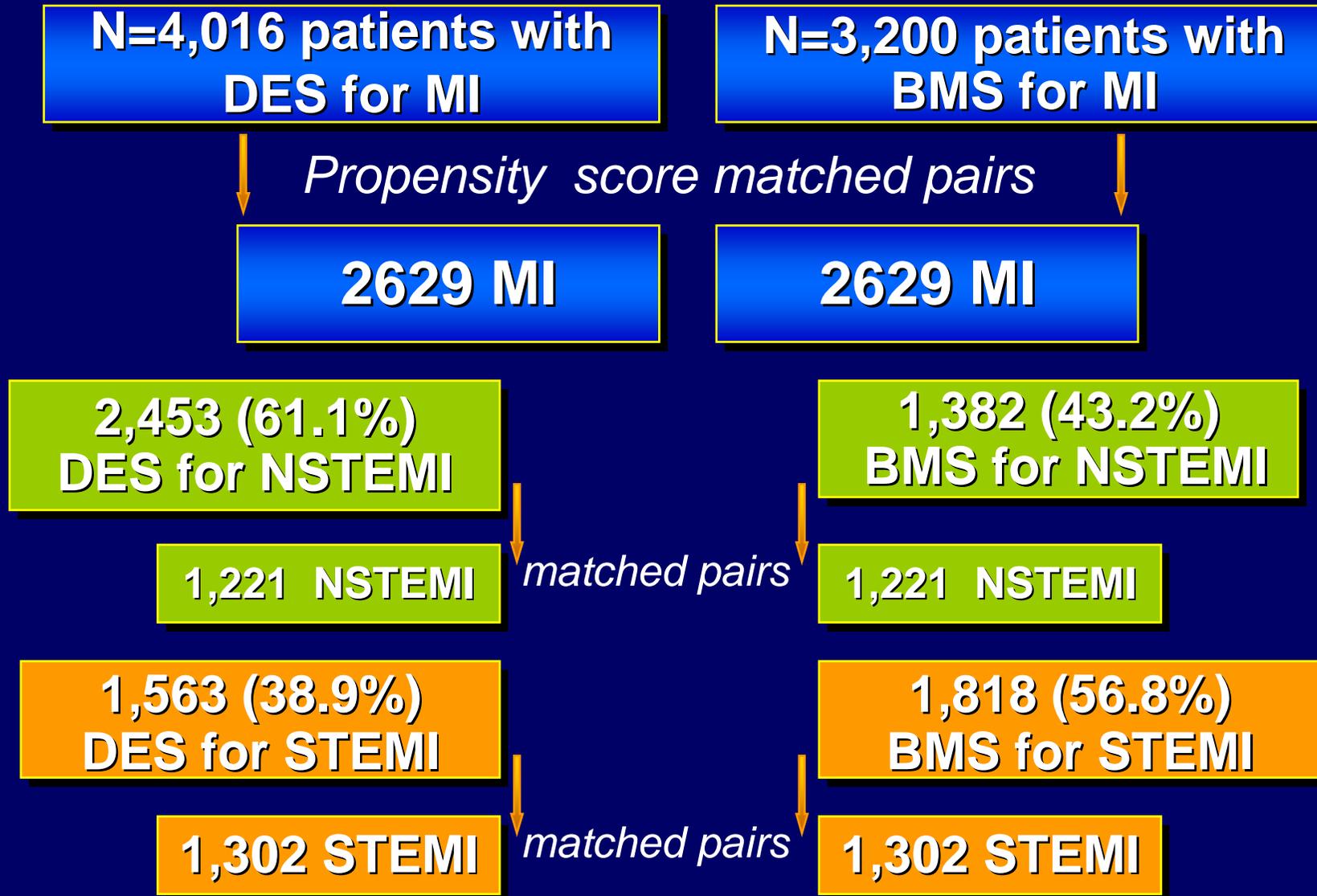
# **Drug-Eluting and Bare Metal Stenting for Acute Myocardial Infarction in Massachusetts**

*Laura Mauri, Treacy S. Silbaugh, Robert E. Wolf, Katya Zelevinsky, Ann Lovett, Manu Varma, and Sharon-Lise T. Normand*

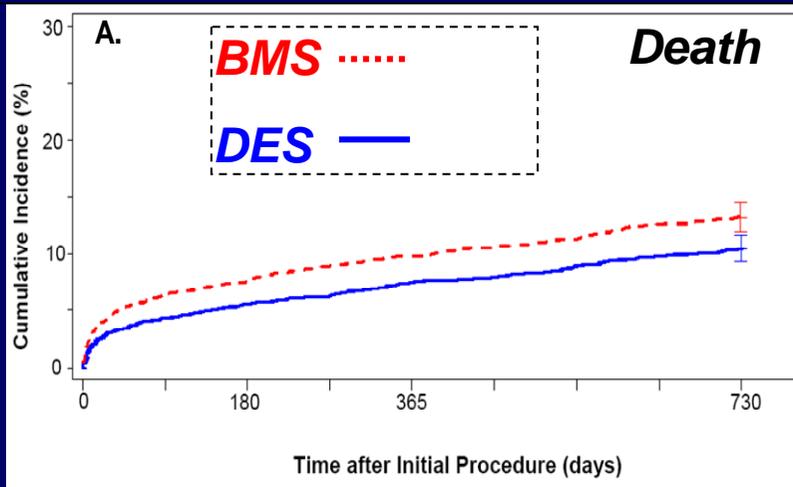
*Brigham and Women's Hospital, Harvard Medical School,  
Harvard School of Public Health all in Boston, Massachusetts*

*March 30, 2008  
American College of Cardiology, Chicago*

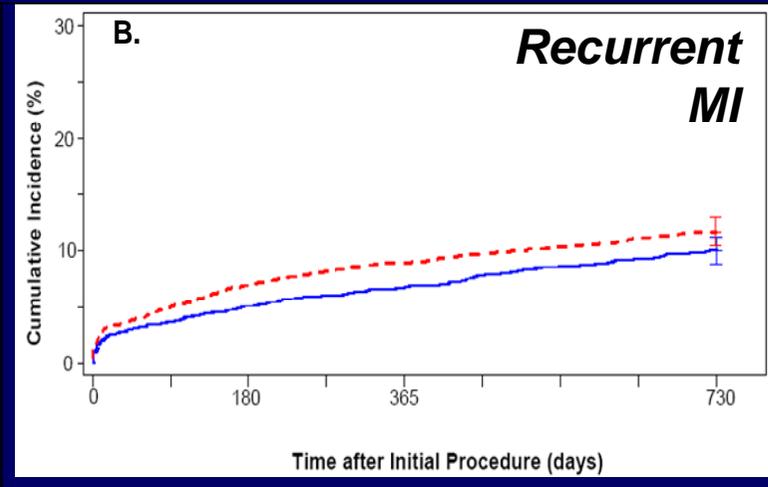
# Drug-Eluting and Bare Metal Stenting for Acute Myocardial Infarction



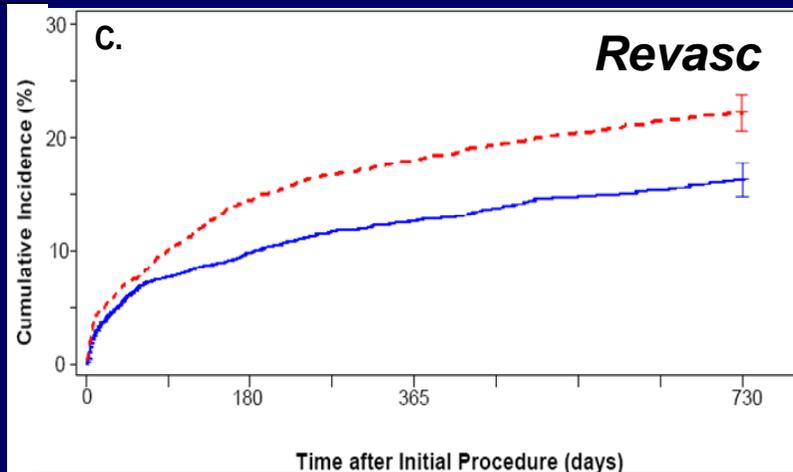
# Drug-Eluting & Bare Metal Stenting in Massachusetts 2-Year Outcome in Matched MI Patients



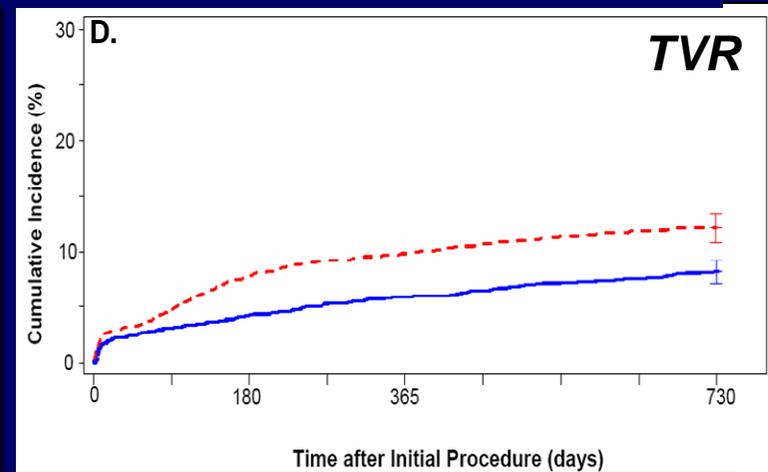
No. at Risk	0	30	180	365	730
DES	2629	2618	2550	2484	2433
BMS	2629	2614	2512	2431	2373



No. at Risk	0	30	180	365	730
DES	2629	2604	2483	2368	2283
BMS	2629	2592	2430	2285	2192



No. at Risk	0	30	180	365	730
DES	2629	2624	2427	2243	2127
BMS	2629	2618	2372	2091	1957



No. at Risk	0	30	180	365	730
DES	2629	2624	2492	2380	2291
BMS	2629	2618	2443	2250	2148

# Trial of the Year: Topics to Cover

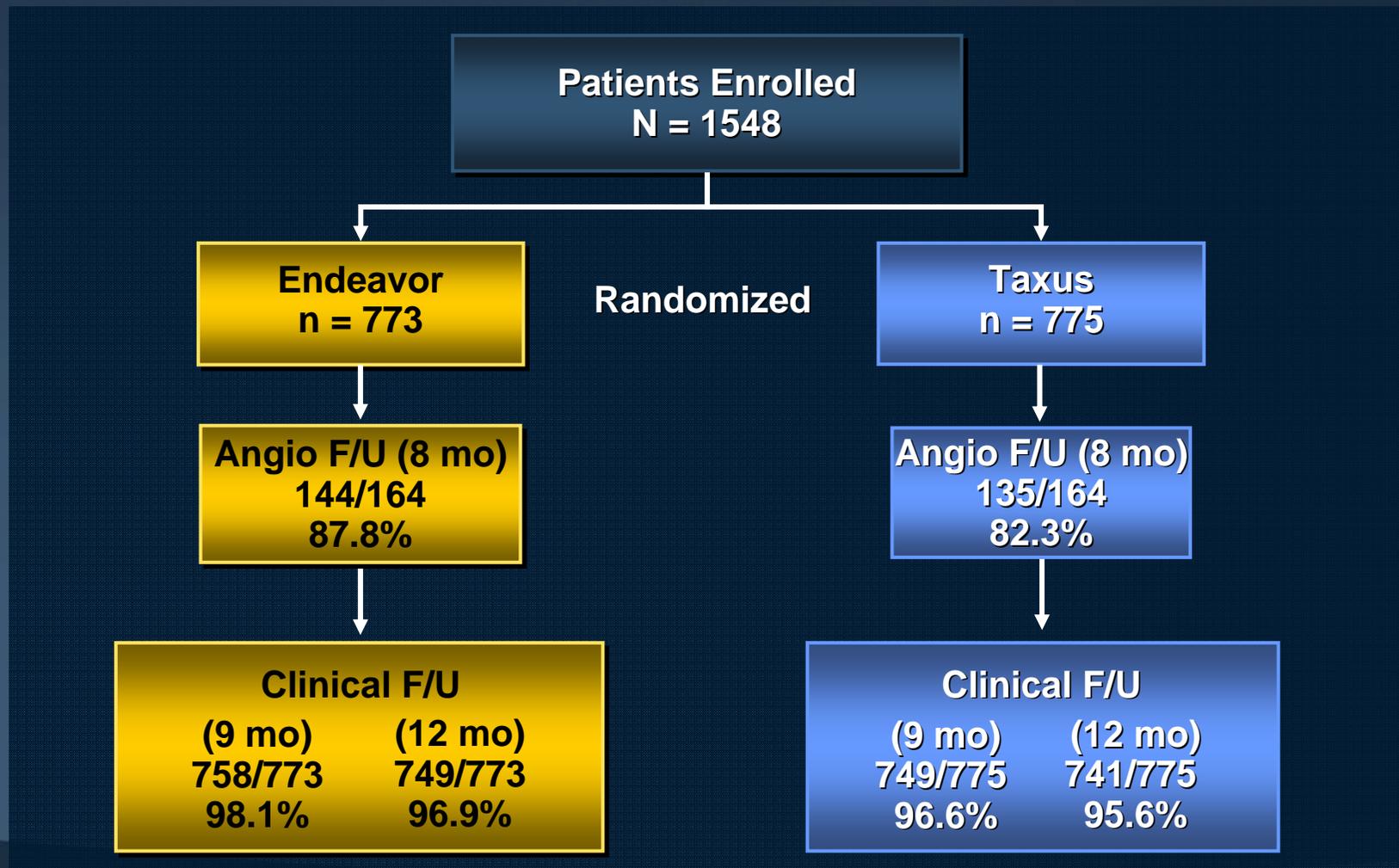
- 1. “Real world” DES v. BMS use**
- 2. *Next generation stents in the U.S.***
  - *Endeavor and Xience V***
- 3. Balance of Bleeding vs. ischemic complications post PCI**
- 4. Left Main and Bifurcation lesions**

# **Endeavor 4: A Randomized Comparison of a Zotarolimus-Eluting Stent and a Paclitaxel-Eluting Stent in Patients with Coronary Artery Disease**

***Martin B. Leon, MD***

***Columbia University Medical Center  
Cardiovascular Research Foundation  
New York City***

# Endeavor IV Patient Flowchart



**18.6% with angio FU**

# Endeavor IV

## Restenosis at 8 Months (QCA)

	Endeavor (144 pts)	Taxus (135 pts)	<i>P value</i>
<b>Binary Restenosis - % (#)</b>			
<b>In-stent</b>	13.3 (19)	6.7 (9)	0.075
<b>Proximal edge</b>	3.6 (5)	3.8 (5)	1.000
<b>Distal edge</b>	0.7 (1)	0.7 (1)	1.000
<b>In-segment</b>	15.3 (22)	10.4 (14)	0.284

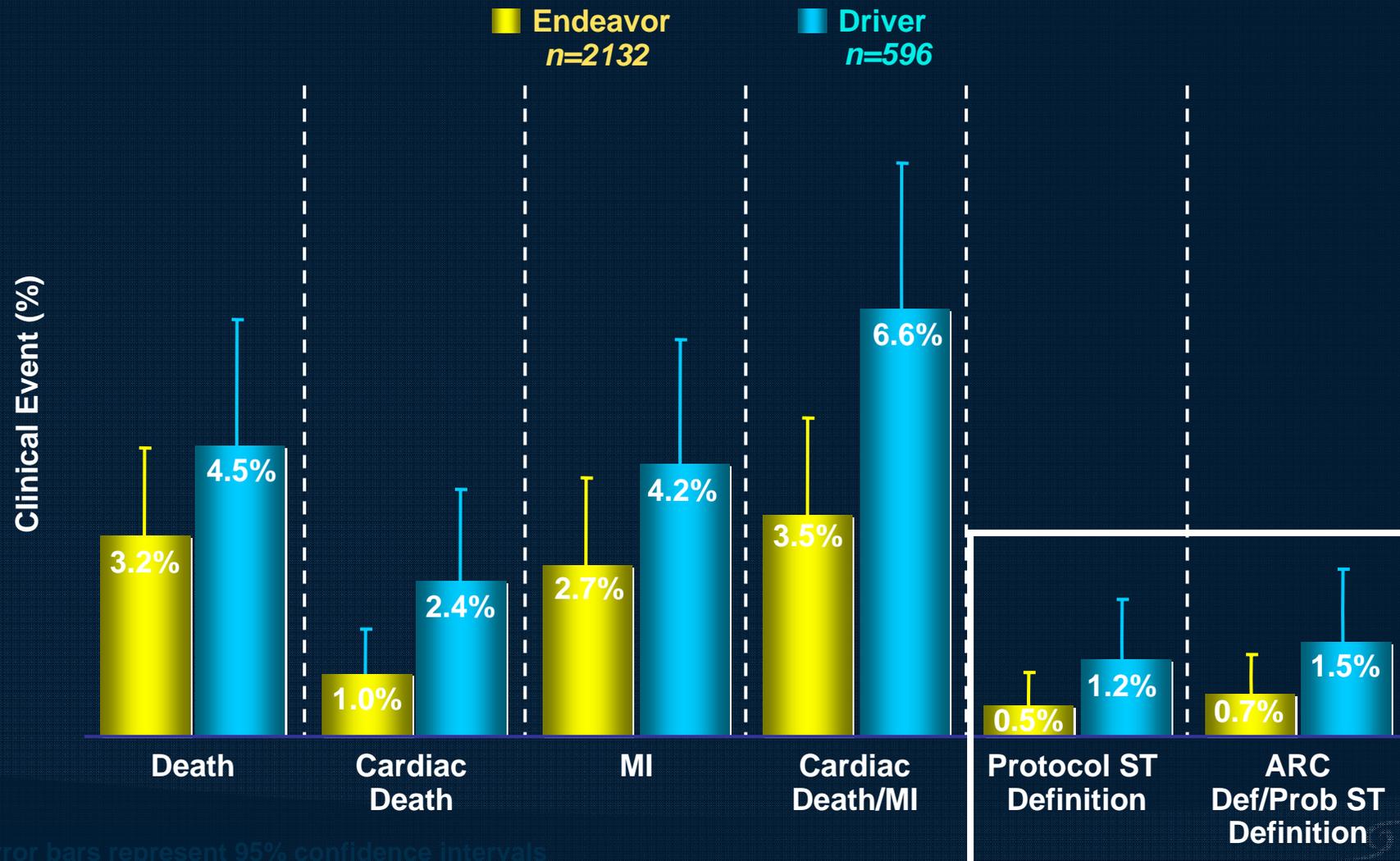
# Endeavor IV

## Clinical Events at 9 months

	Endeavor n=758	Taxus n=749	P-Value
Death (all) – % (#)	0.7 (5)	0.8 (6)	0.772
Cardiac	0.4 (3)	0.3 (2)	1.000
MI (all) – % (#)	1.5 (11)	2.4 (18)	0.194
Q Wave	0.3 (2)	0.1 (1)	1.000
Non Q wave	1.2 (9)	2.3 (17)	0.117
Death (cardiac) + MI (all) – % (#)	1.8 (14)	2.7 (20)	0.303
Stent Thrombosis (all) – % (#)	0.8 (6)	0.1 (1)	0.124
0-30 days	0.4 (3)	0.1 (1)	0.625
31-270days	0.4* (3)	0	0.250
TLR – % (#)	4.1 (31)	2.7 (20)	0.154
TVR (non-TL) – % (#)	2.0 (15)	2.8 (21)	0.316
TVR – % (#)	5.4 (41)	4.9 (37)	0.728
MACE – % (#)	5.5 (42)	5.6 (42)	1.000
TVF – % (#)	6.6 (50)	7.2 (54)	0.685

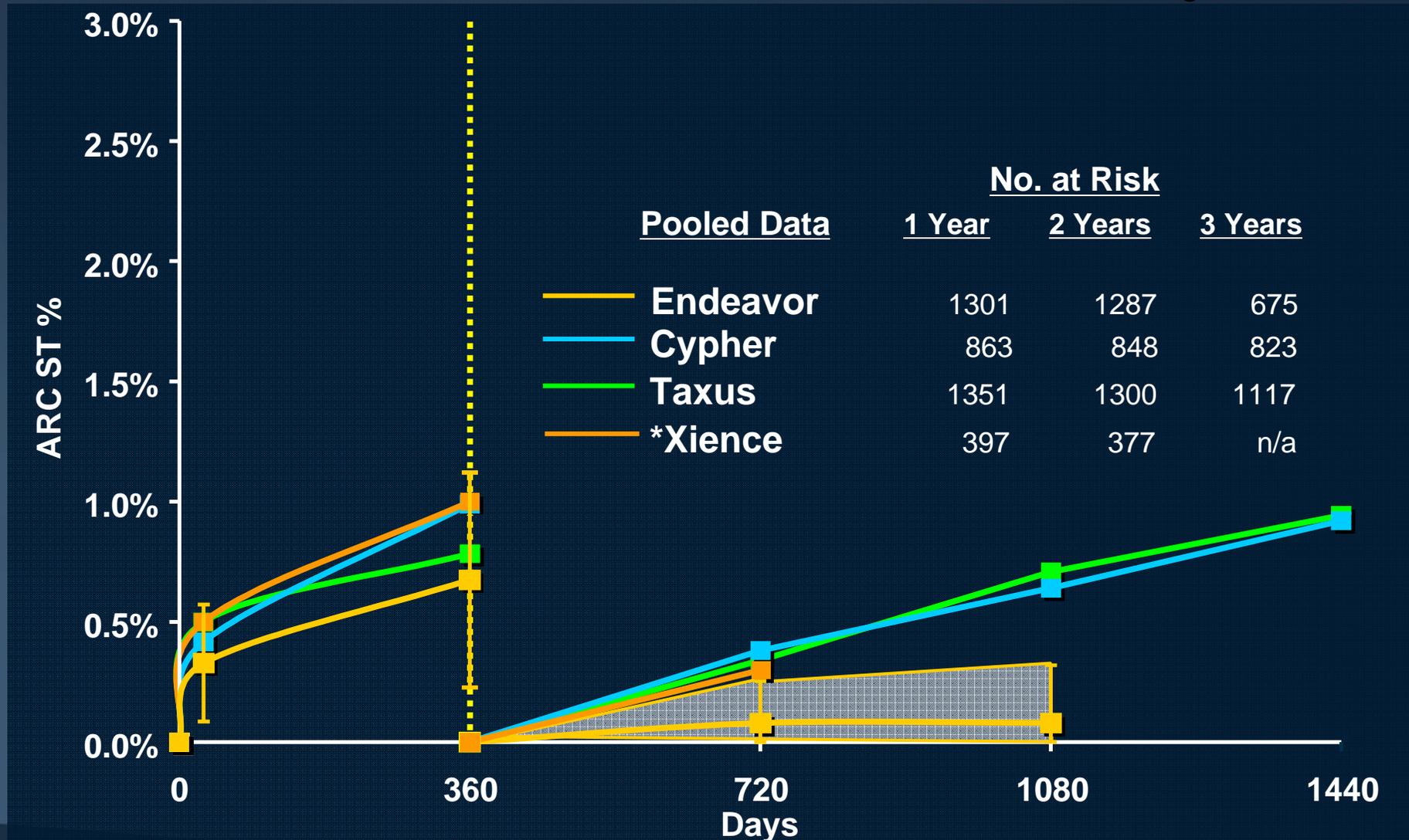
# Endeavor Safety Analysis

## *Cumulative Incidence of Safety Endpoints to 1080 Days*



# DES Comparison

## ARC Definite and Probable ST to 3 years



Mauri et al. N Engl J Med 2007;356:1020-9.

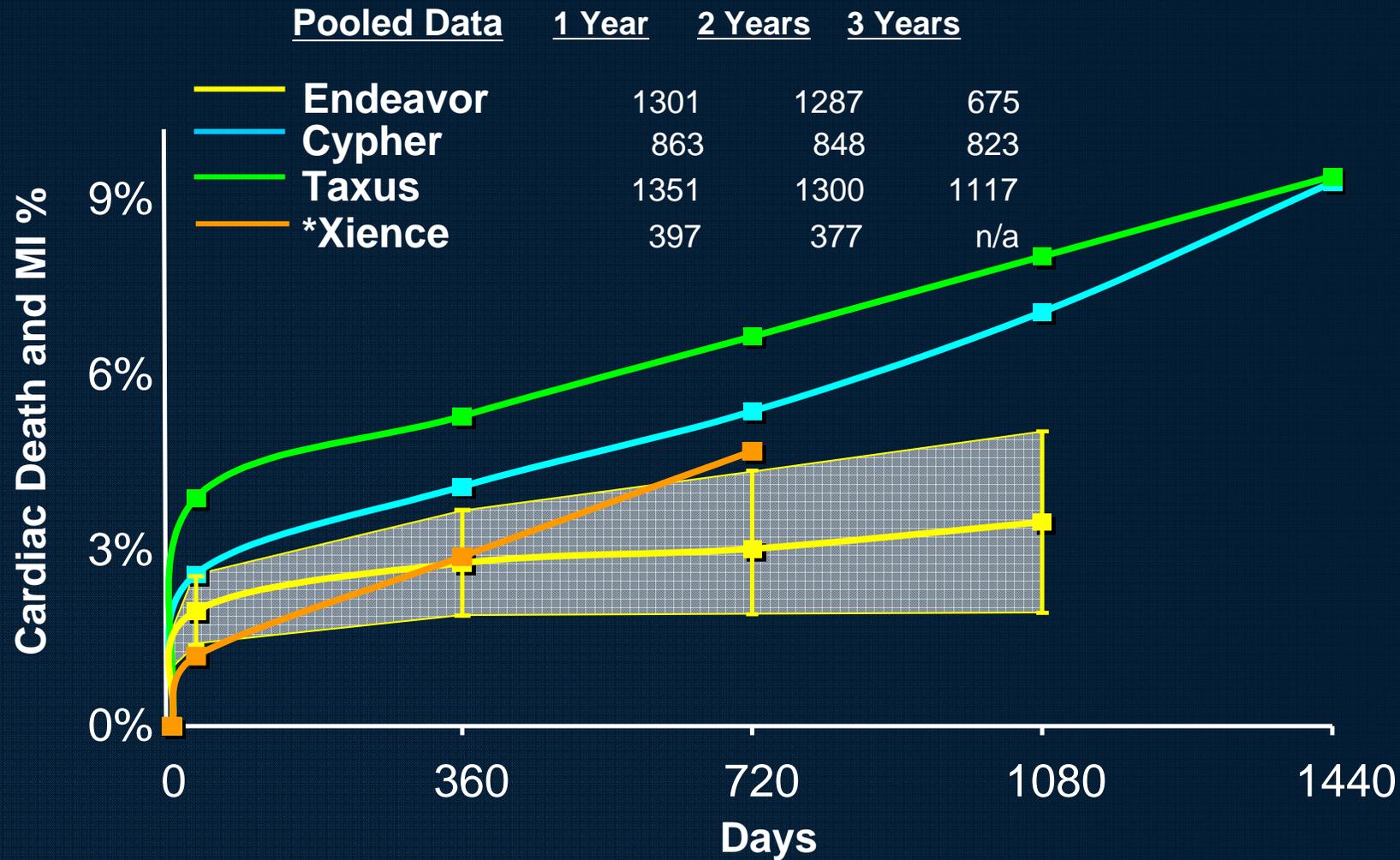
Endeavor: Mauri et al. TCT. 2007

Xience: FDA Panel Meeting Nov. 29, 2007

\*Represents "SPIRIT II and III 2-year Complete Analysis" from FDA Panel

# DES Comparison

## Cardiac Death and MI to 3 years



Mauri et al. N Engl J Med 2007;356:1020-9.

Endeavor: Mauri et al. TCT. 2007

Xience: FDA Panel Meeting Nov. 29, 2007

\*Represents "SPIRIT II and III 2-year Complete Analysis" from Panel

# SPIRIT III: Study Algorithm

**1002 pts enrolled at 65 U.S sites**

RVD  $\geq 2.5$  mm -  $\leq 3.75$  mm; Lesion length  $\leq 28$  mm

Max. 2 lesions each in a different epicardial vessel

Pre-rand: ASA  $\geq 300$  mg, clopidogrel  $\geq 300$  mg load unless on chronic Rx

**Randomized 2:1 XIENCE V:TAXUS**

Stratified by diabetes and intent for 1 vs. 2 lesion treatment

Pre-dilatation mandatory

Everolimus-eluting

**XIENCE V**

Paclitaxel-eluting

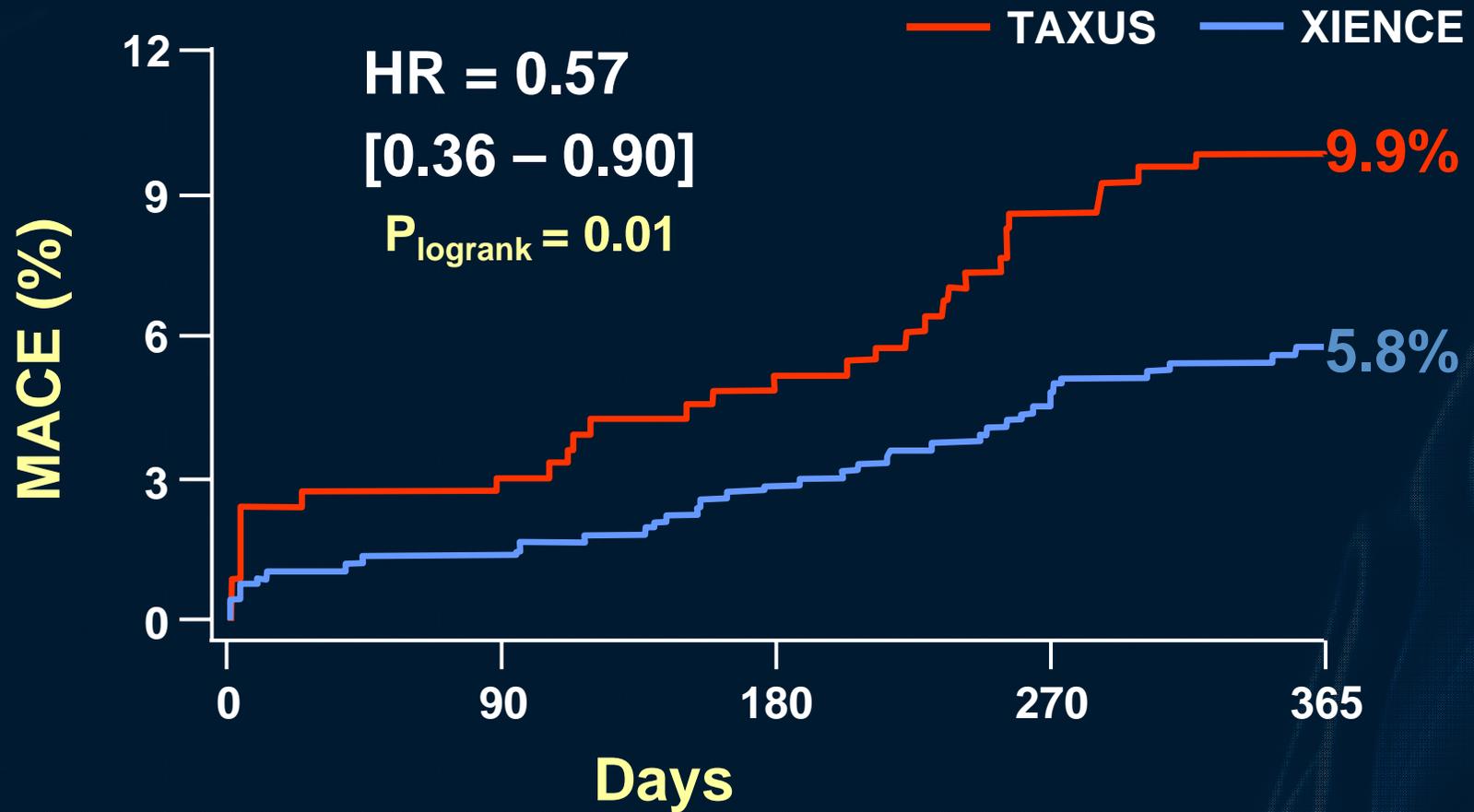
**TAXUS**

Aspirin  $\geq 80$  mg QD for 5 years; Clopidogrel 75mg QD for  $\geq 6$  months

**Clinical f/u: 1, 6, 9 months and yearly for 1-5 years**

**Angio f/u (N=564) @ 8 mos; IVUS f/u (N=240) @ 8 mos**

# MACE Through 365 Days



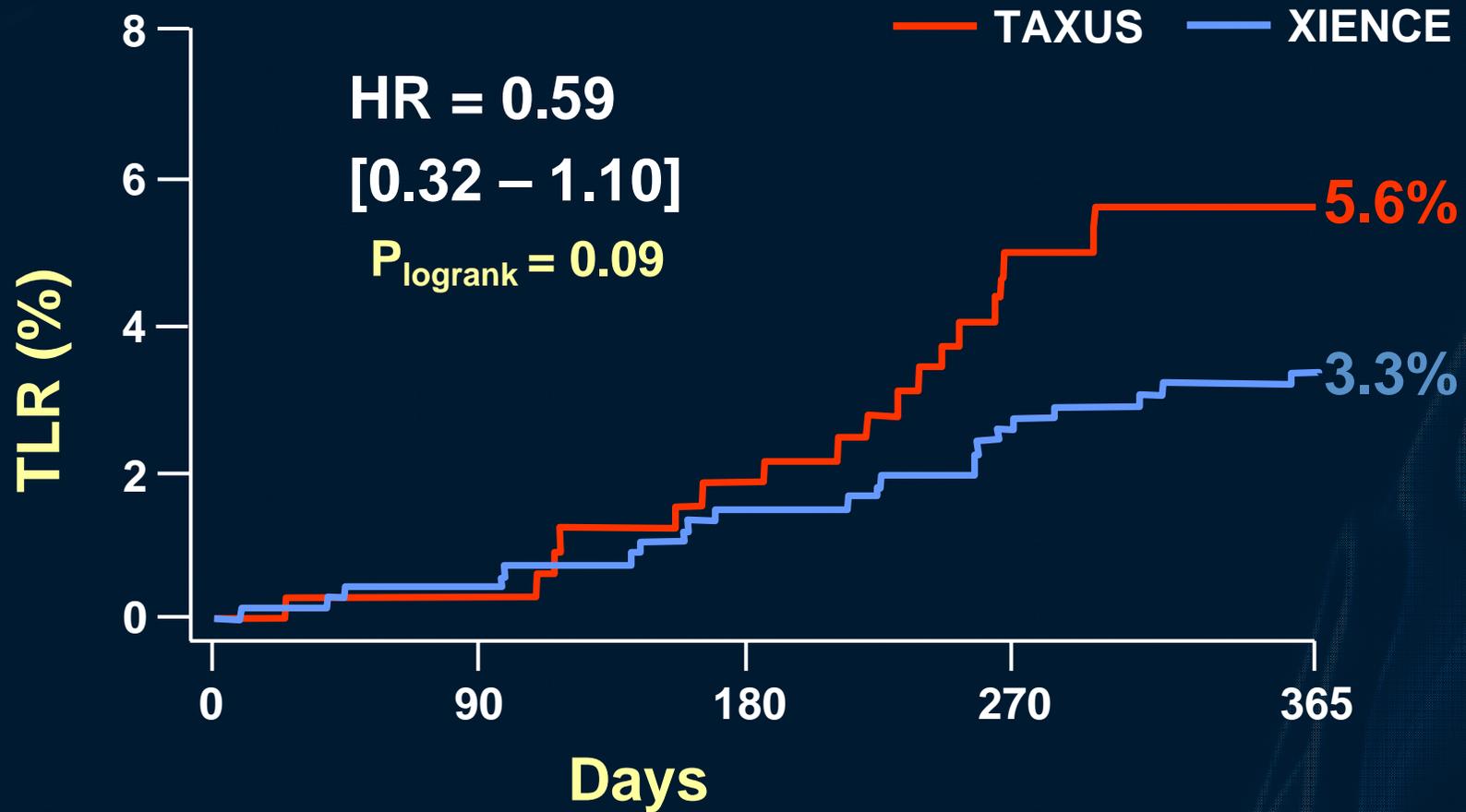
## Number at risk

XIENCE	669	651	642	626	614
TAXUS	332	312	309	292	287

MACE = cardiac death, MI, or ischemia-driven TLR

Spirit III

# Ischemia-driven TLR Through 365 Days



## Number at risk

XIENCE	669	658	650	635	625
TAXUS	332	321	318	302	297

# The SPIRIT II Study - A Clinical Evaluation of the XIENCE™ V Everolimus Eluting Coronary Stent System in the Treatment of Patients With *De Novo* Native Coronary Artery Lesions

## Clinical, Angiographic and IVUS 2 year results

Patrick W. Serruys, MD, PhD

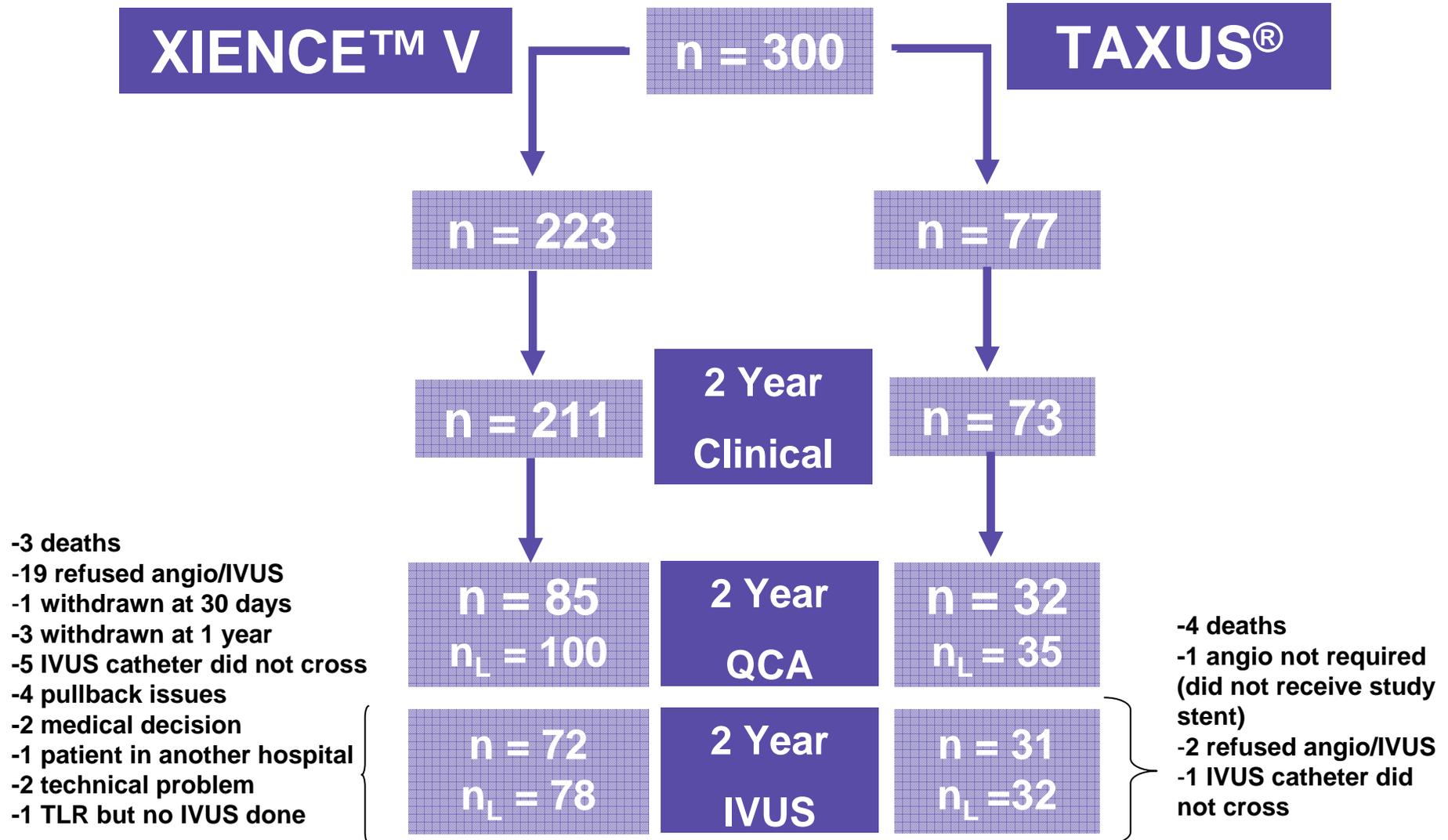
Thoraxcenter, Erasmus Medical Center, Rotterdam,  
the Netherlands

SCAI-ACCi2 Late-Breaking Clinical Trials III: DES

Monday March 31st, 2008 8.45 am

**Professor Serruys has no conflict of interest related to this presentation**

# Clinical Study Population



\*Total angiographic and IVUS subgroup: 152 patients (113 XIENCE™ V, 39 TAXUS®)

n<sub>L</sub>: number of lesions

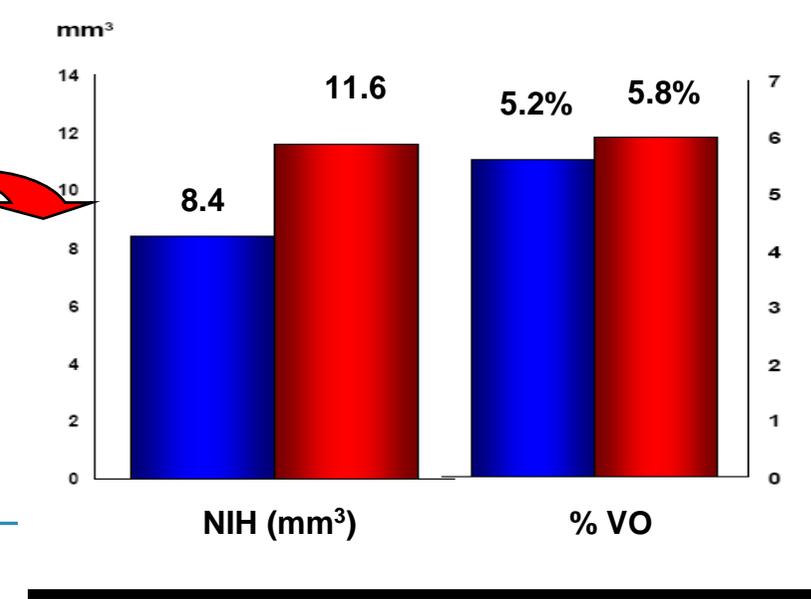
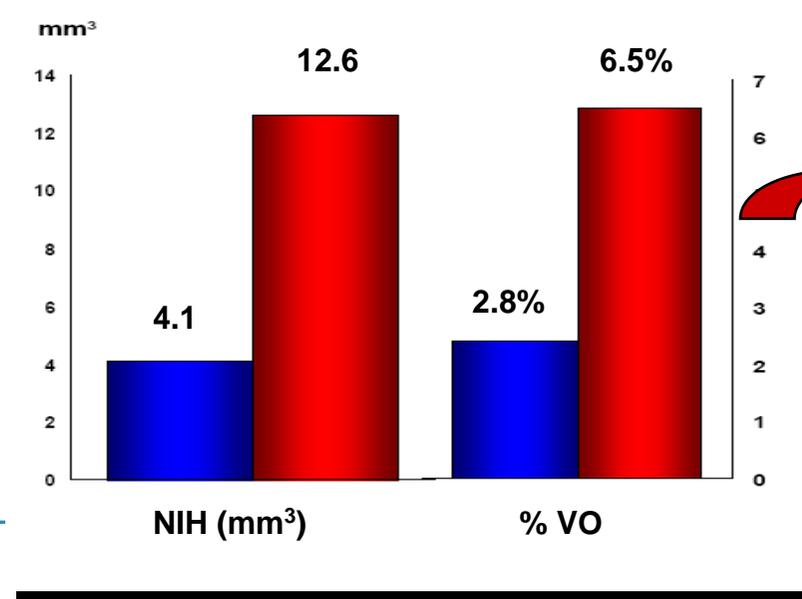
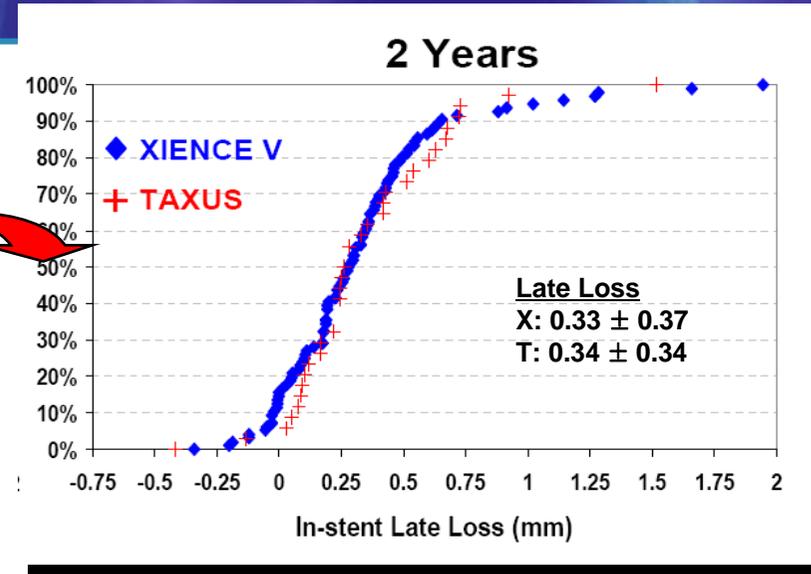
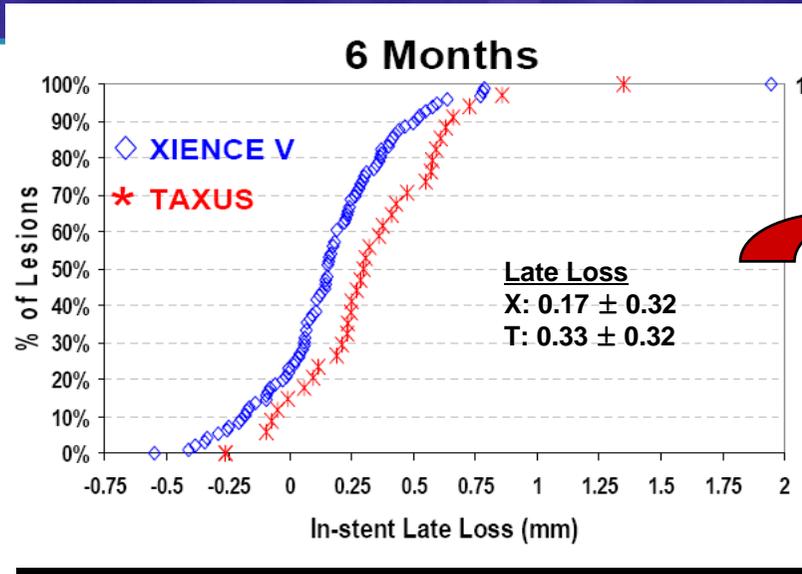
Angiographic follow-up at 2-year follow-up: XIENCE™ V: 75%; TAXUS®: 82% IVUS follow-up at 2-year follow-up: XIENCE™ V: 64%; TAXUS®: 79%

CAUTION: XIENCE™ V is an Investigational device. Limited by Federal (U.S.) law to investigational use only.

TAXUS® Paclitaxel-eluting Coronary Stent System is a registered trademark of Boston Scientific or its affiliates.

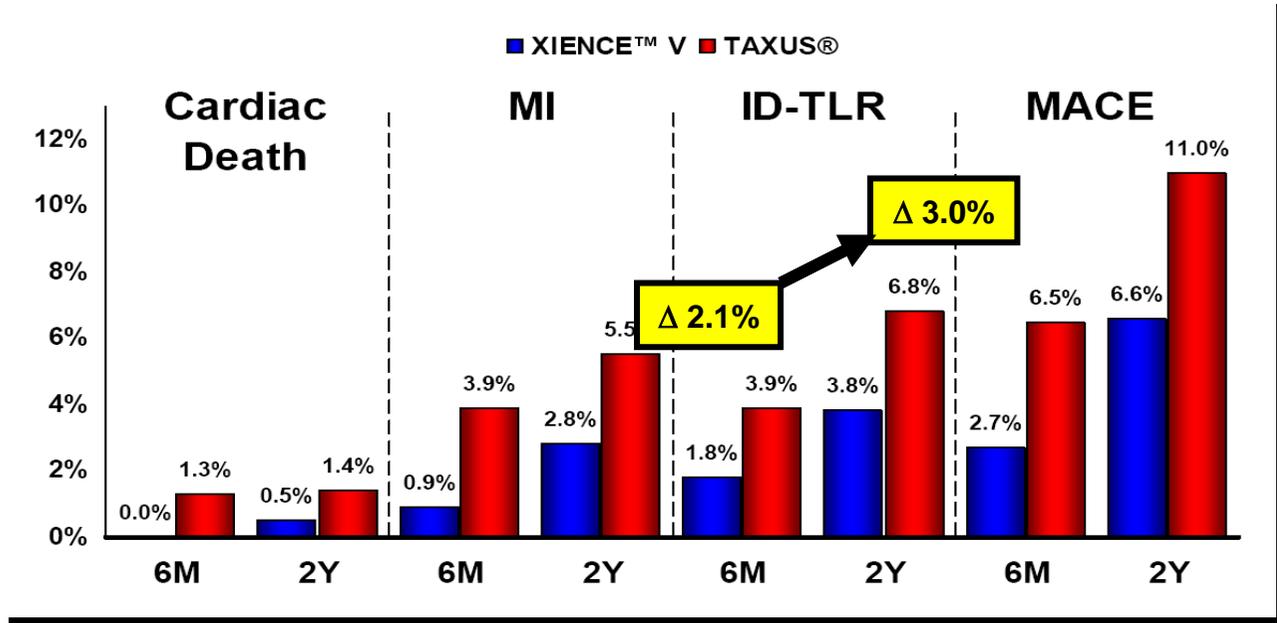
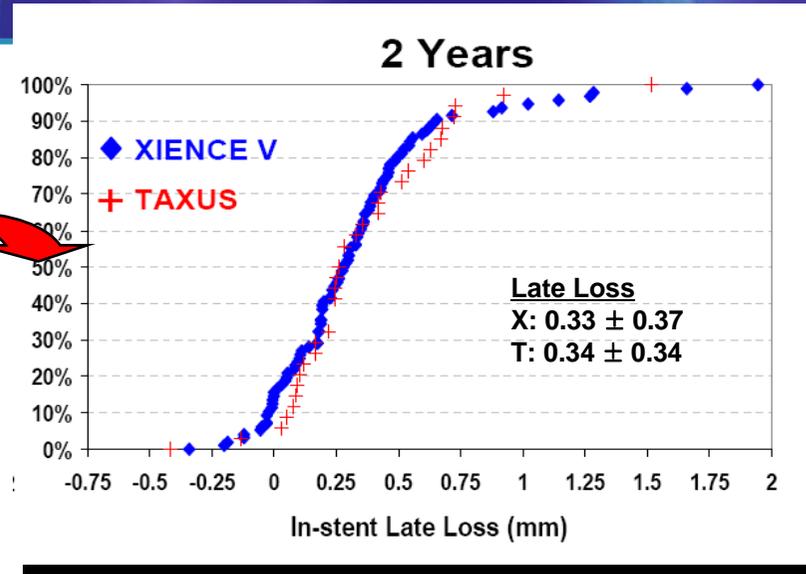
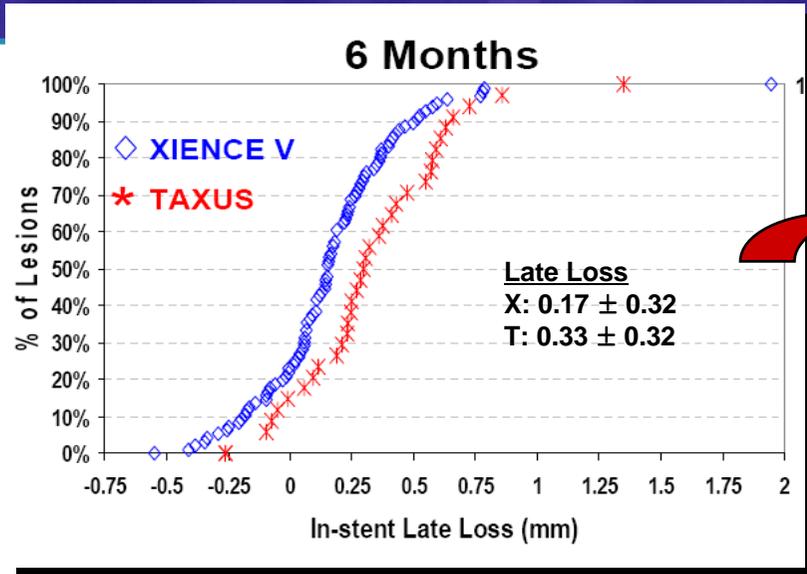
# Xience-V: ↑Late Neointimal Growth

Spirit II



# Angiographic-Clinical Dissociation?

# Spirit II



# Trial of the Year: Topics to Cover

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2. Next generation stents in the U.S.
  - Endeavor and Xience V
3. *Balance of Bleeding vs. ischemic complications post PCI*
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# HORIZONSAMI

A Prospective, Randomized Comparison of  
Bivalirudin vs. Heparin Plus Glycoprotein  
IIb/IIIa Inhibitors During Primary Angioplasty in  
Acute Myocardial Infarction

– 30 Day Results –

Gregg W. Stone MD

For the HORIZONS AMI Investigators

# HORIZONSAMI

Harmonizing Outcomes with Revascularization and Stents in AMI

3,602 pts with STEMI with symptom onset  $\leq 12$  hours

Aspirin, thienopyridine

R  
1:1

UFH + GP IIb/IIIa inhibitor  
(abciximab or eptifibatide)

Bivalirudin monotherapy  
( $\pm$  provisional GP IIb/IIIa)

Emergent angiography, followed by triage to...

CABG – Primary PCI – Medical Rx

3000 pts eligible for stent randomization

R  
1:3

Bare metal stent

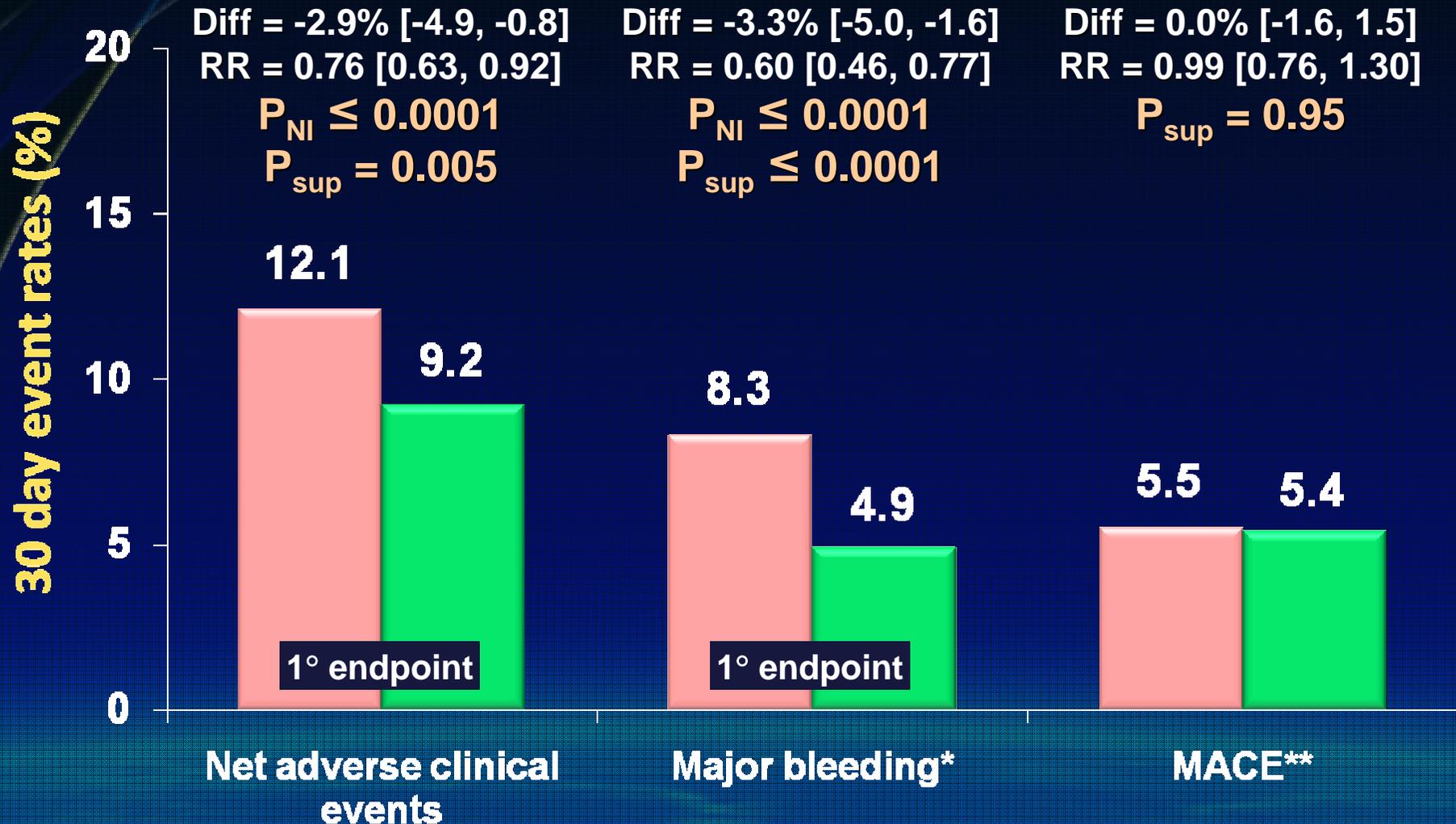
TAXUS paclitaxel-eluting stent

Clinical FU at 30 days, 6 months,  
1 year, and then yearly through 5 years

HORIZONSAMI

# Primary Outcome Measures (ITT)

■ Heparin + GPIIb/IIIa inhibitor (N=1802)    ■ Bivalirudin monotherapy (N=1800)

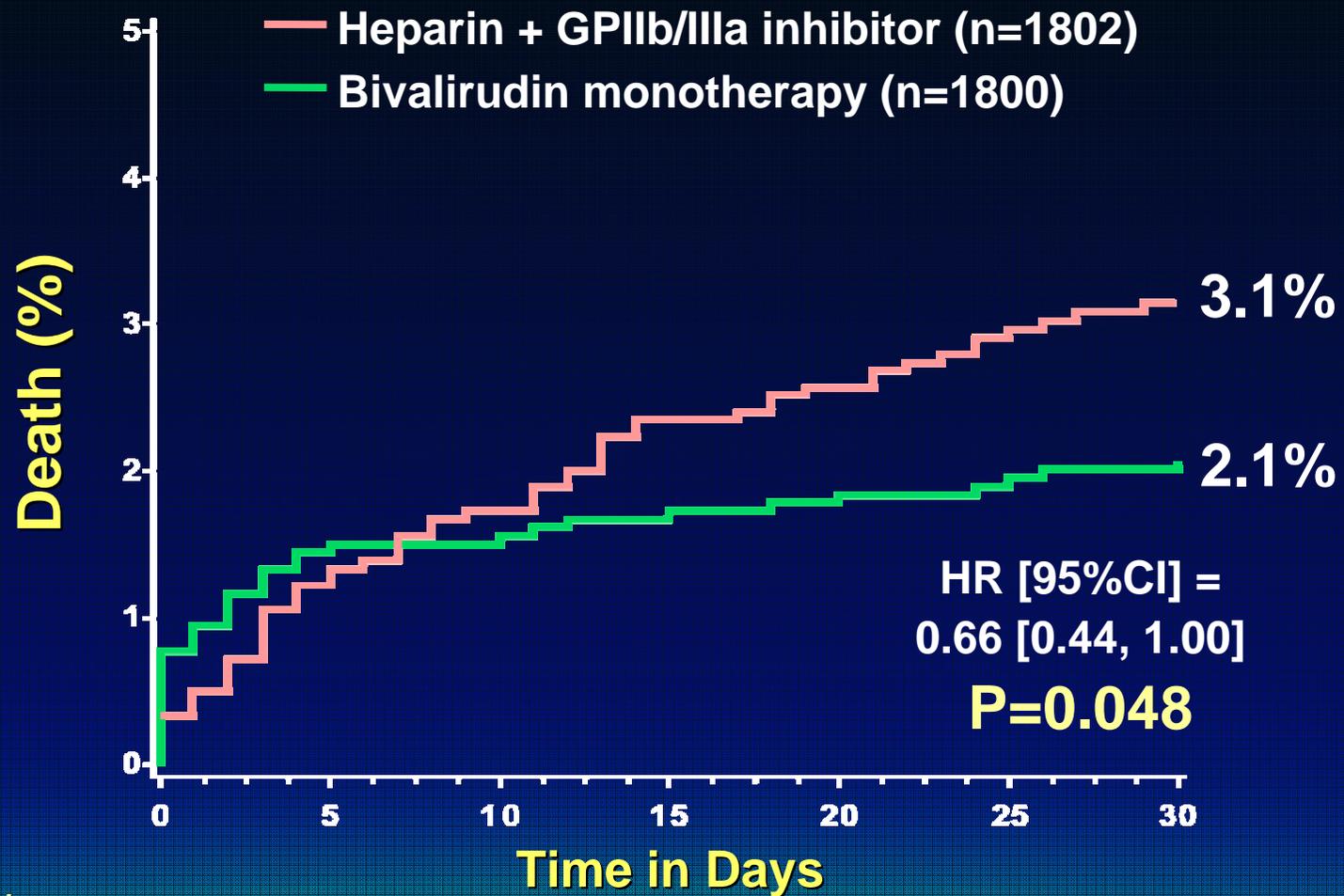


\*Not related to CABG

\*\*MACE = All cause death, reinfarction, ischemic TVR or stroke

HORIZONSAMI

# 30 Day Mortality



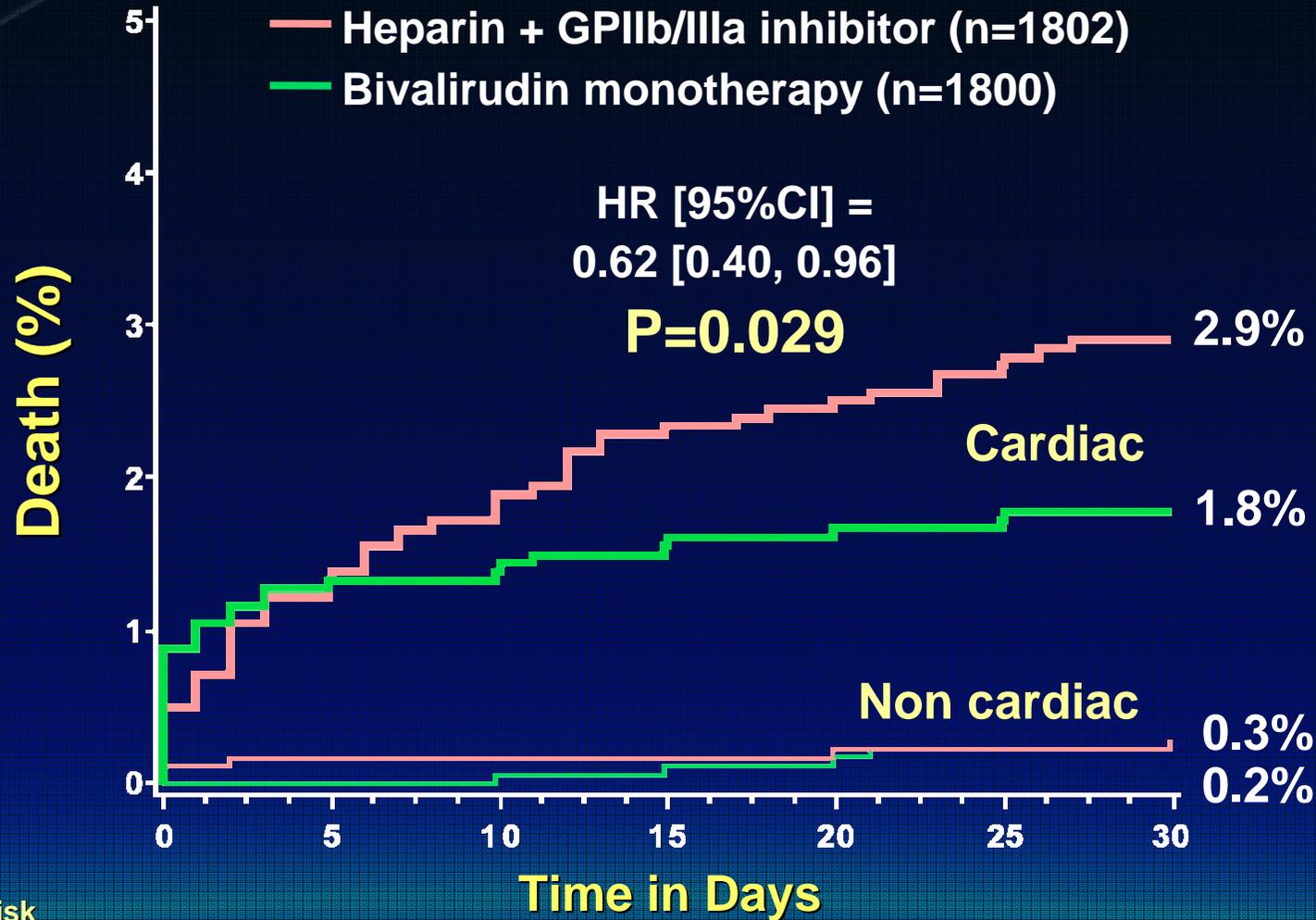
Number at risk

Bivalirudin	1800	1758	1751	1746
	1742	1729	1666	
Heparin + GPIIb/IIIa	1802	1764	1748	1736
	1728	1707	1630	

Stone GW et al. In press.

HORIZONSAMI

# 30 Day Mortality: Cardiac and Non Cardiac



**Number at risk**

Bivalirudin	1800	1758	1751	1746
	1742	1729	1666	
Heparin + GPIIb/IIIa	1802	1764	1748	1736
	1728	1707	1630	

Stone GW et al. In press.

HORIZONSAMI

# 30 Day Stent Thrombosis

(N=3,124 successfully stented pts)

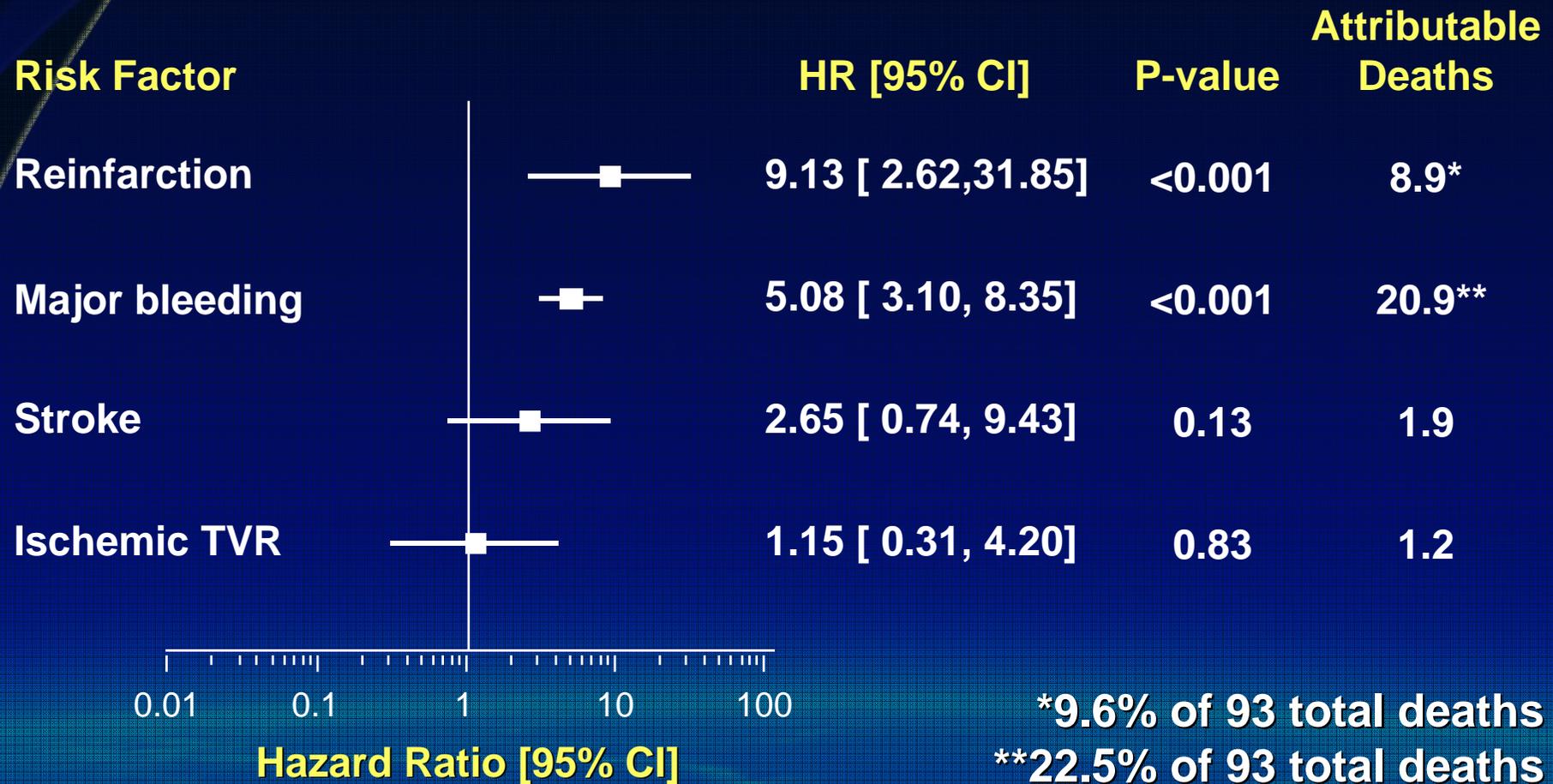
	UFH + GP IIb/IIIa (N=1553)	Bivalirudin (N=1571)	P Value
<b>ARC 30d definite or probable stent thrombosis*</b>	<b>1.9%</b>	<b>2.5%</b>	<b>0.30</b>
- definite	1.4%	2.2%	0.09
- probable	0.5%	0.3%	0.24
- acute ( $\leq 24$ hrs)	0.3%	1.3%	<b>0.0007</b>
- subacute ( $>24$ hrs – 30d)	1.7%	1.2%	0.28

\*Protocol definition of stent thrombosis, CEC adjudicated

HORIZONSAMI

# Time-updated covariate adjusted Cox model relating 30-day events to 30-day mortality

- Complete model with MACE components and major bleeding -



**C-statistic = 0.87.** Attributable deaths = N deaths among pts with the time updated event (attribute) X (adj. HR – 1)/adj. HR

**HORIZONSAMI**



TRITON TIMI-38

**TRial to Assess Improvement in  
Therapeutic Outcomes by Optimizing  
Platelet Inhibition N with Prasugrel**

**TRITON-TIMI 38  
AHA 2007  
Orlando, Florida**

***Disclosure Statement:***

The TRITON-TIMI 38 trial was supported by a research grant to the Brigham and Women's Hospital from Daiichi Sankyo Co. Ltd and Eli Lilly & Co.

**ACS (STEMI or UA/NSTEMI) & Planned PCI**

**ASA**      ↓      **N= 13,600**

**Double-blind**

**CLOPIDOGREL**  
**300 mg LD/ 75 mg MD**

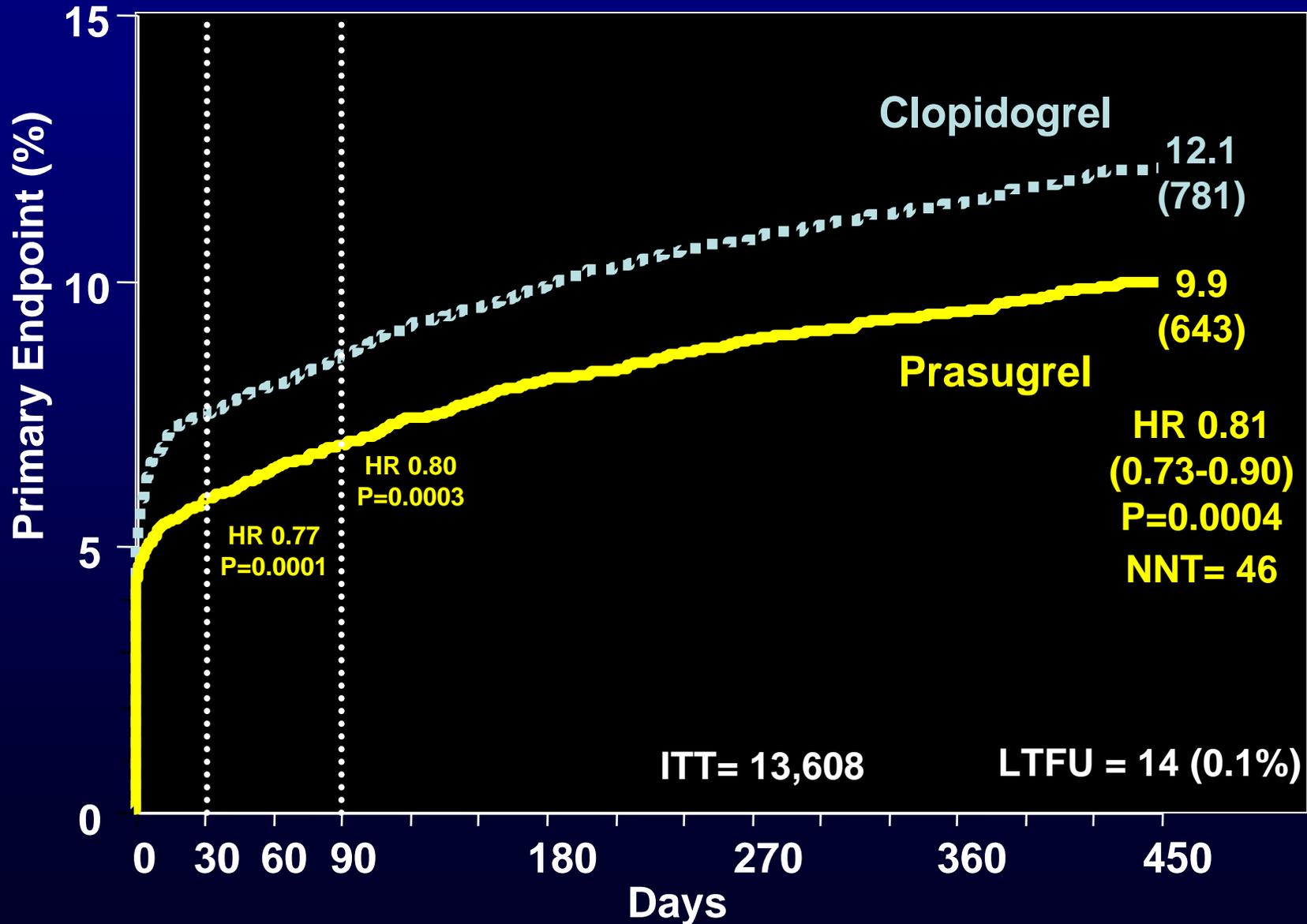
**PRASUGREL**  
**60 mg LD/ 10 mg MD**

**Median duration of therapy - 12 months**

**1° endpoint:** CV death, MI, Stroke  
**2° endpoints:** CV death, MI, Stroke, Rehosp-Rec Isch  
CV death, MI, UTVR  
Stent Thrombosis (ARC definite/prob.)  
**Safety endpoints:** TIMI major bleeds, Life-threatening bleeds  
**Key Substudies:** Pharmacokinetic, Genomic

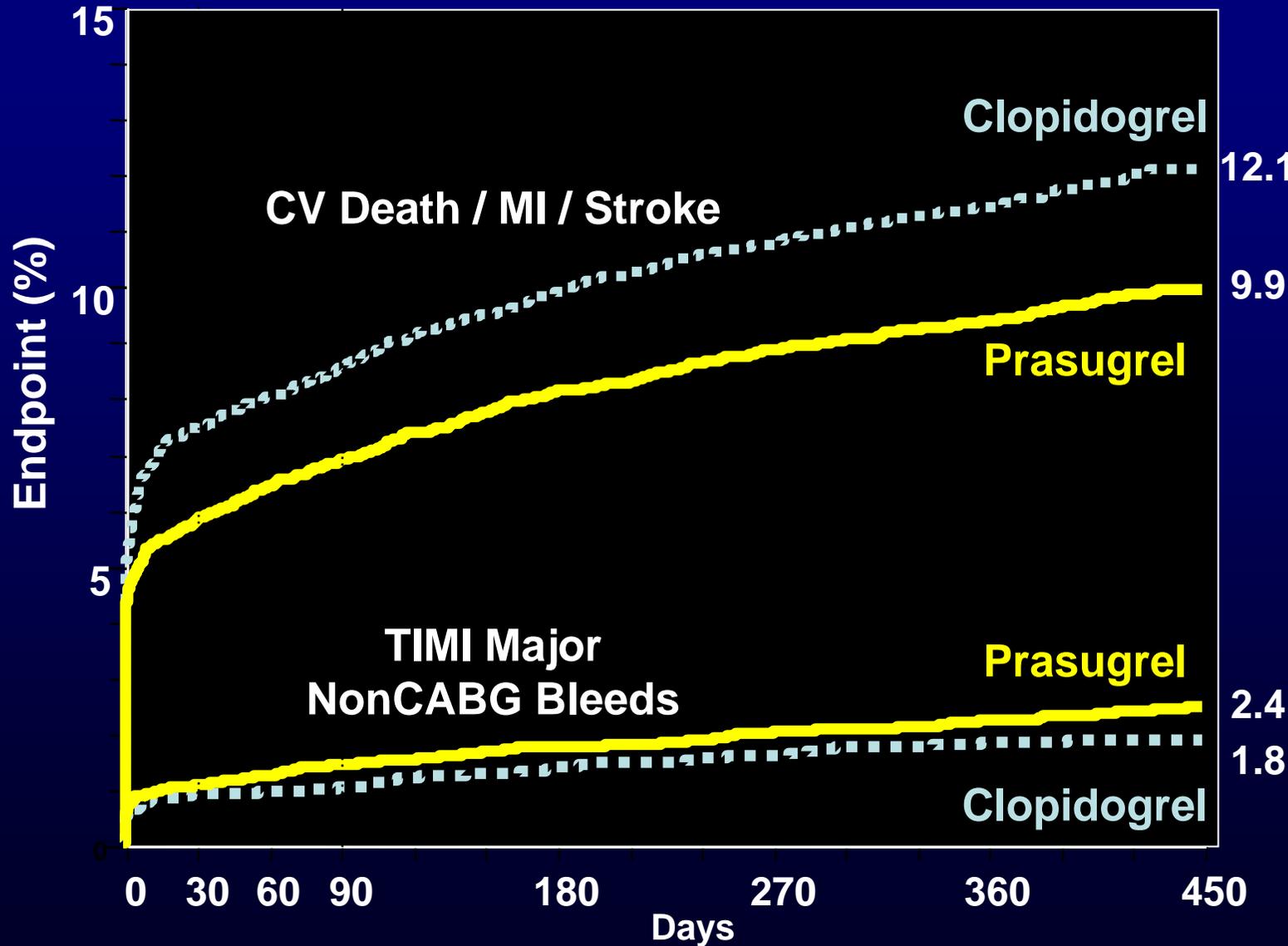


# Primary Endpoint CV Death,MI,Stroke





# Balance of Efficacy and Safety



↓ 138 events

HR 0.81  
(0.73-0.90)  
P=0.0004  
NNT = 46

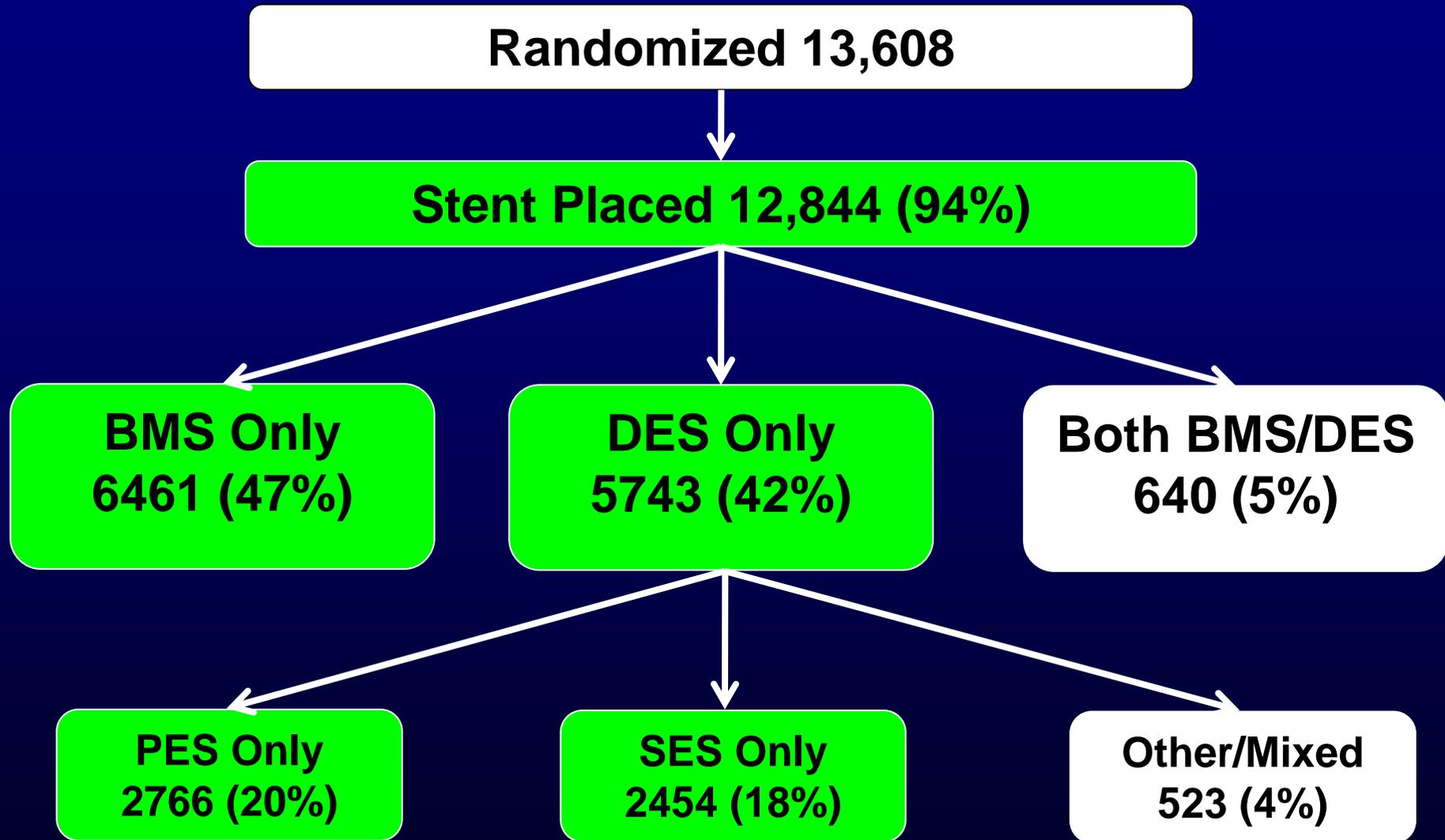
↑ 35 events

HR 1.32  
(1.03-1.68)  
P=0.03

NNH = 167



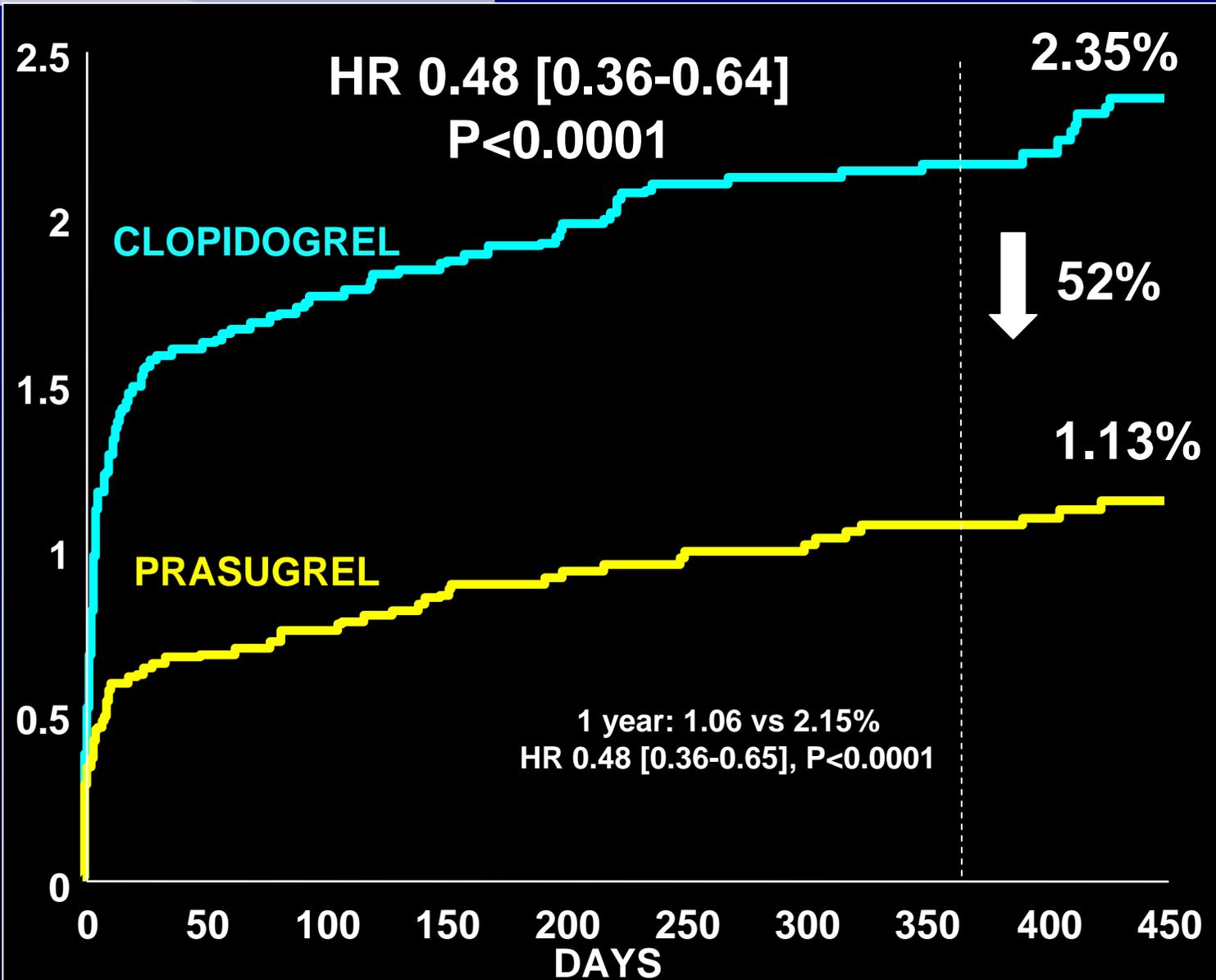
# Patient Population





# Definite/Probable ST: Any Stent (N=12844)

% of Subjects



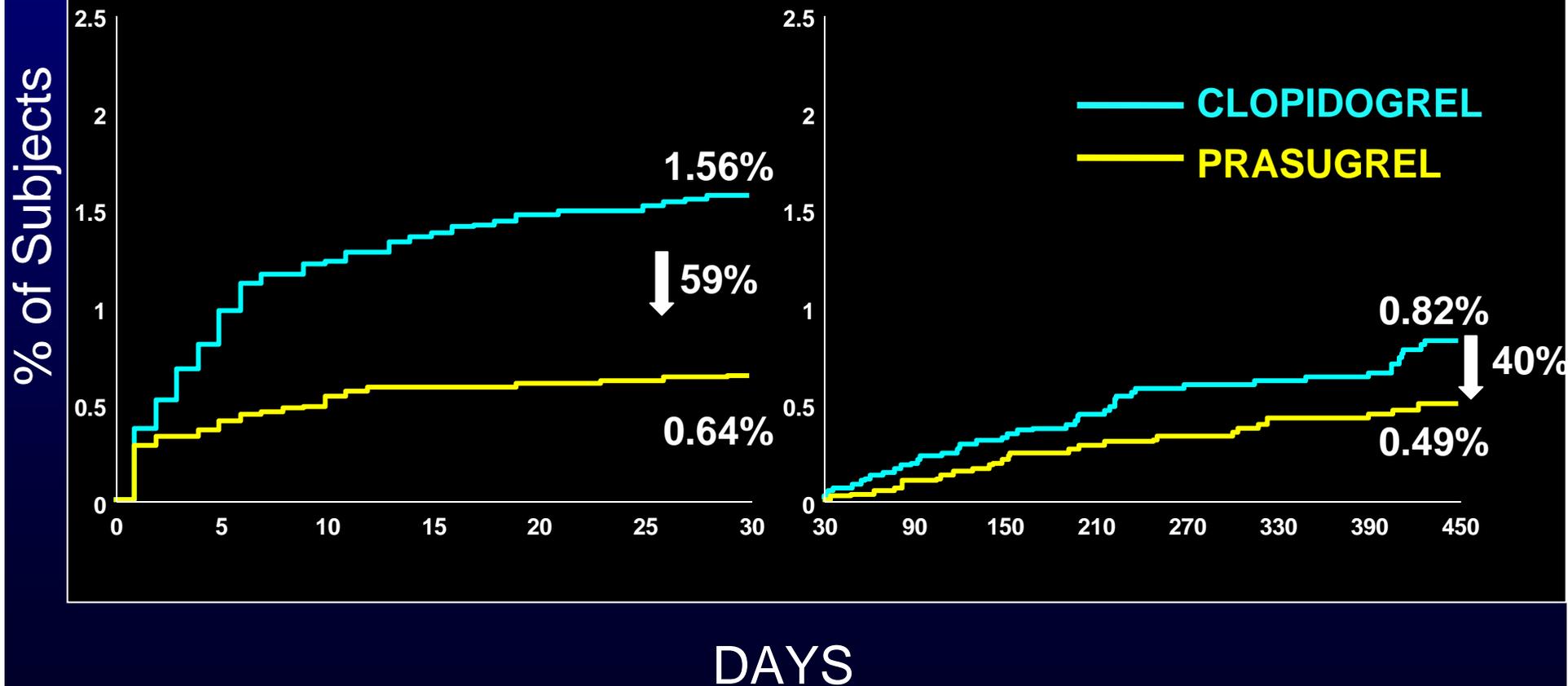
# Definite/Probable ST: Any Stent (N=12844)

## EARLY ST

HR 0.41 [0.29-0.59]  
P<0.0001

## LATE ST

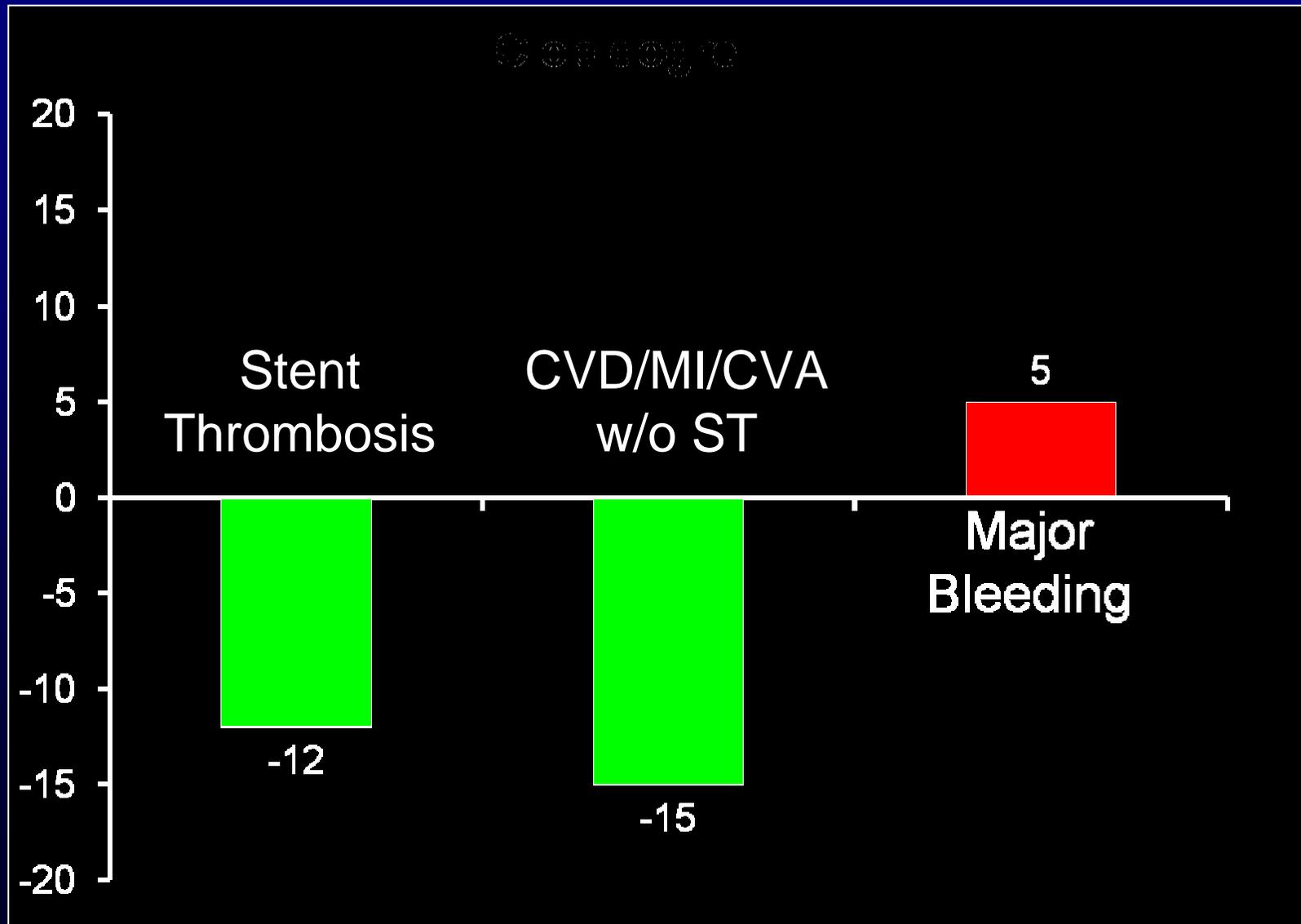
HR 0.60 [0.37-0.97]  
P=0.03





## Balance of Efficacy and Safety (Stented Population)

Events per 1000 patients treated



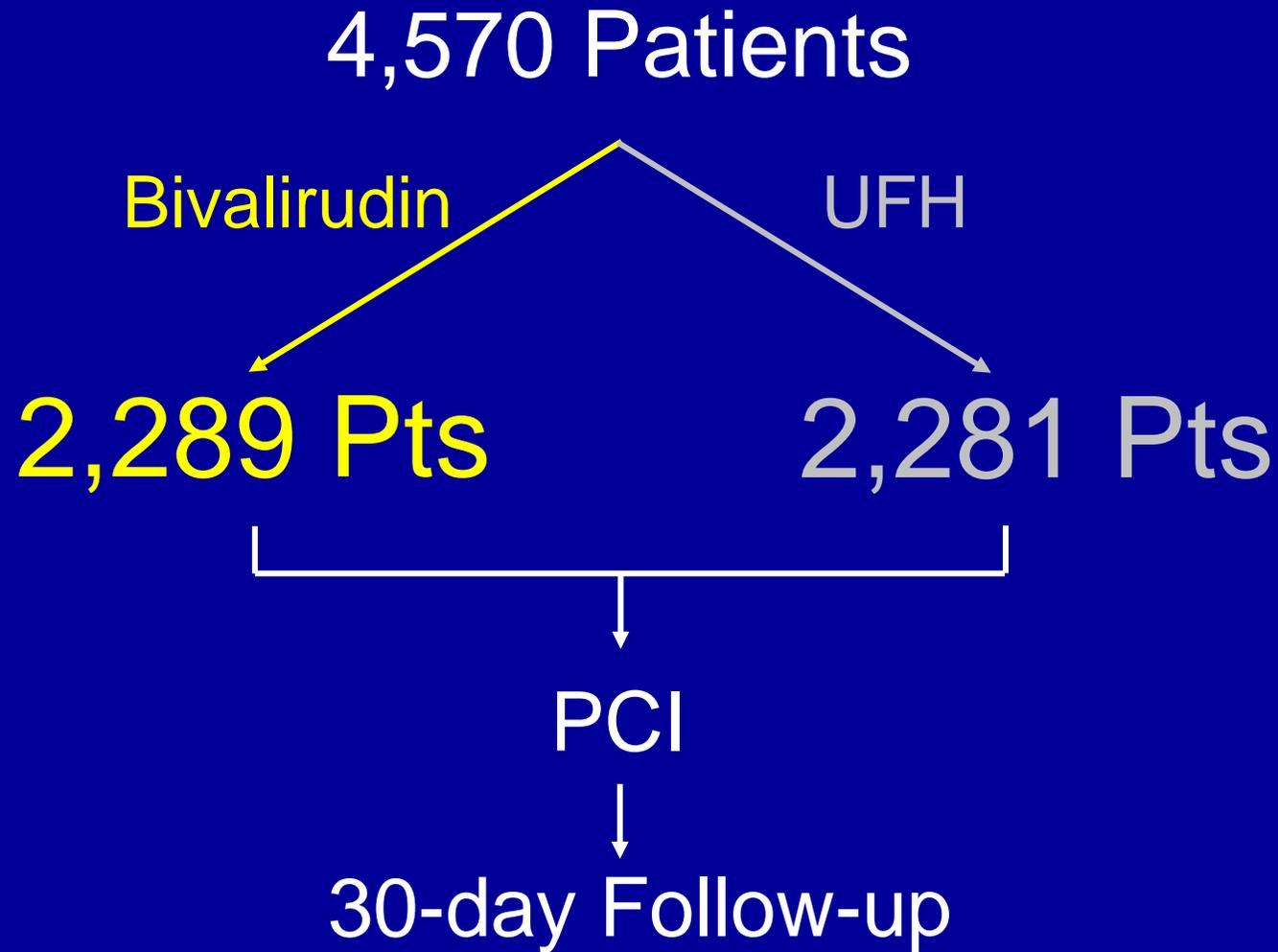
# Bivalirudin Versus Unfractionated Heparin in Biomarker Negative Patients With Stable and Unstable Angina Undergoing PCI

## ISAR-REACT 3

(Intracoronary Stenting and Antithrombotic Regimen-  
Rapid Early Action for Coronary Treatment 3)

A. Kastrati, F.-J. Neumann, J. Mehilli, S.  
Schulz, G. Richardt, R. Iijima, R.A. Byrne,  
P.B. Berger, A. Schömig

# Study Population



# Treatment Regimens

Clopidogrel 600 mg at least 2 hours before PCI  
Aspirin  $\geq 325$  mg orally or intravenously

*Double-blind randomization; double-dummy administration*

## Bivalirudin group

- Bolus of 0.75 mg/kg
- Infusion of 1.75 mg/kg/hr

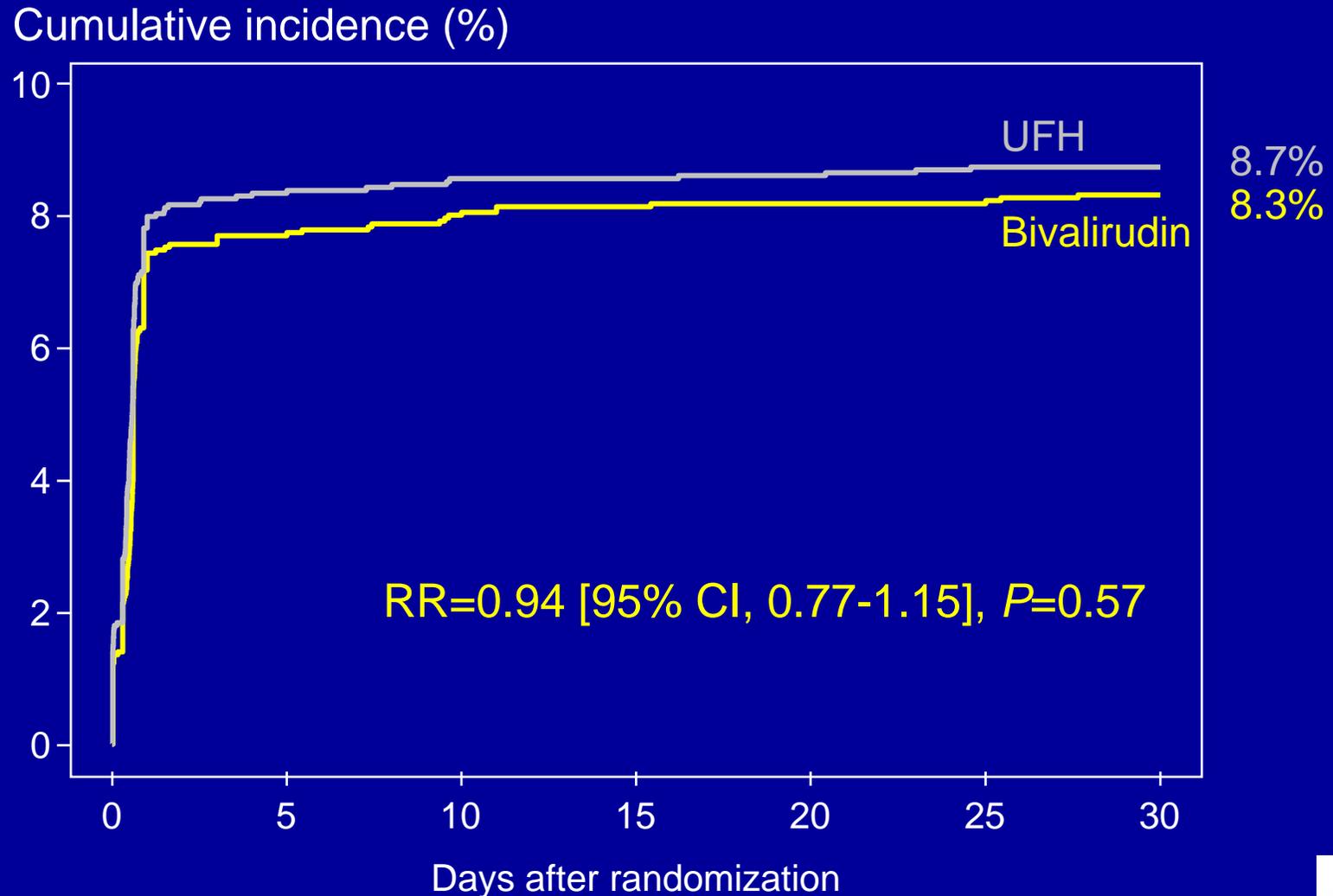
## UFH group

- Bolus of 140 U/kg
- Placebo Infusion

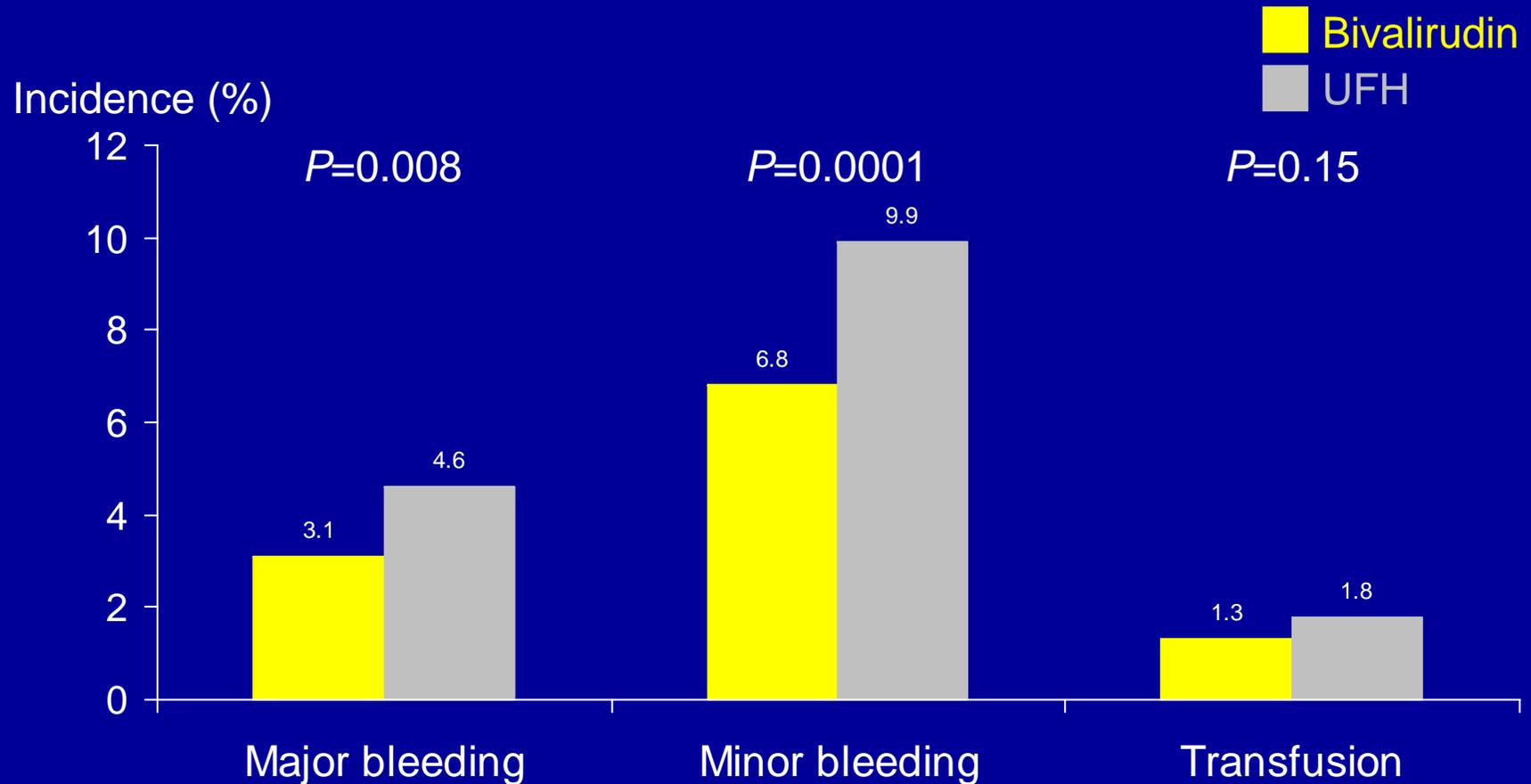
Clopidogrel 75-150 mg/day until discharge ( $\leq 3$  days)  
75 mg/day for at least 6 months

Aspirin 80-325 mg/day indefinitely

# Primary (Quadruple) Endpoint Death, MI, UTVR, Major Bleeding



# Bleeding Events



# Trial of the Year: Topics to Cover

- 1. “Real world” DES v. BMS use**
- 2. Next generation stents in the U.S.**
  - Endeavor and Xience V
- 3. Balance of Bleeding vs. ischemic complications post PCI**
- 4. *Left Main and Bifurcation lesions***

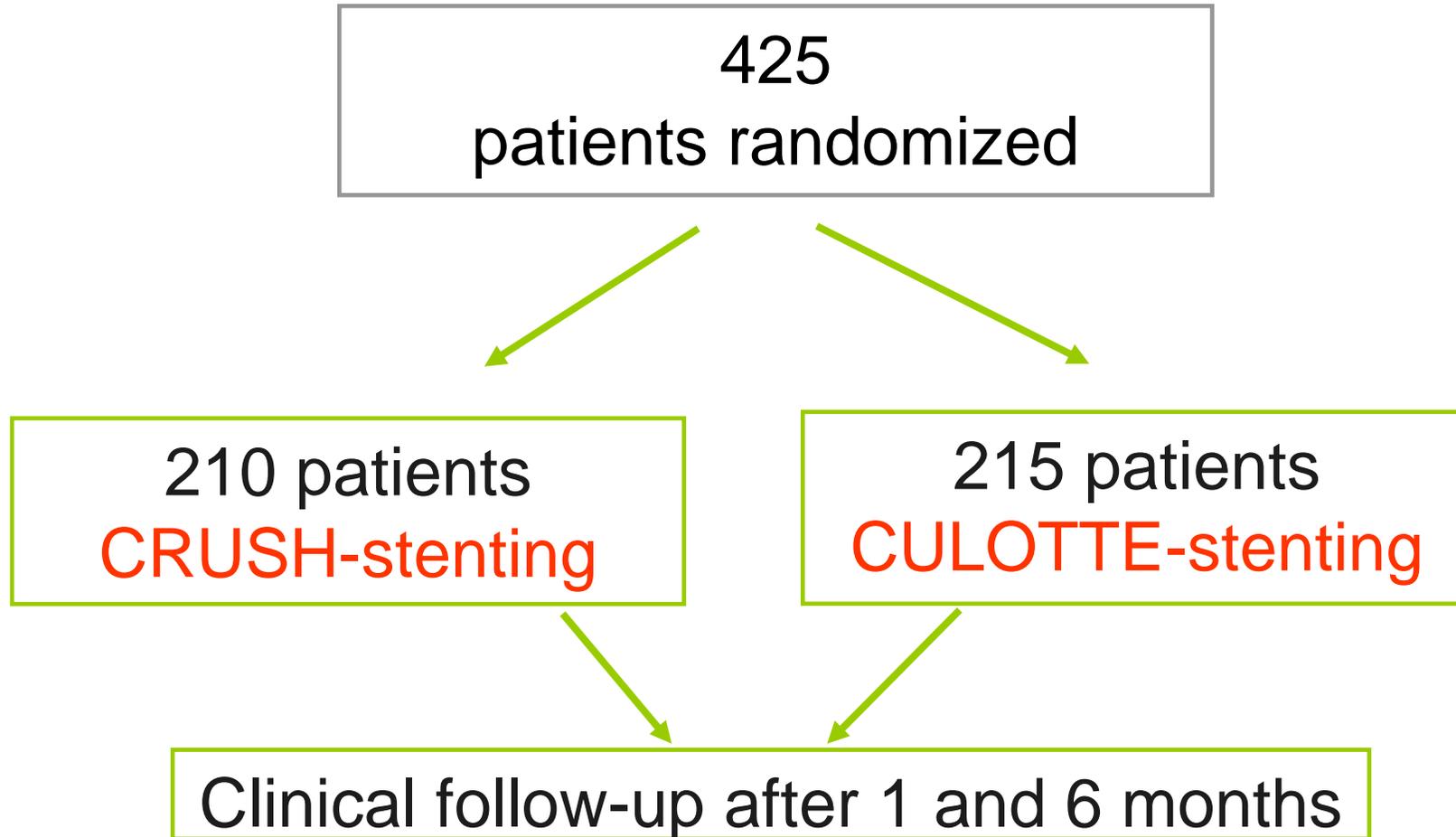
## Nordic Bifurcation Study II

# The Nordic Stent Technique Study: A Randomized Study of Crush vs. Culotte Stent Techniques with Sirolimus Eluting Stents in Bifurcation Lesions

Matti Niemela, Kari Kervinen, Andrejs Erglis, Jens F Lassen, Paul Gunnes, Terje Steigen, Jan Ravkilde, Timo Makikallio, Kari Ylitalo, Indulis Kumsars, Inga Narbute, Evald Christensen, Lars Krusell, Sindre Stavnes, Jan Skov Jensen, Ulrik Abildgaard, Anders Galløe, Jan Mannsverk, Tor Trovik, Per Thayssen, Steffen Helqvist, Saila Vikman, Rune Wiseth, Jens Aarøe, Leif Thuesen

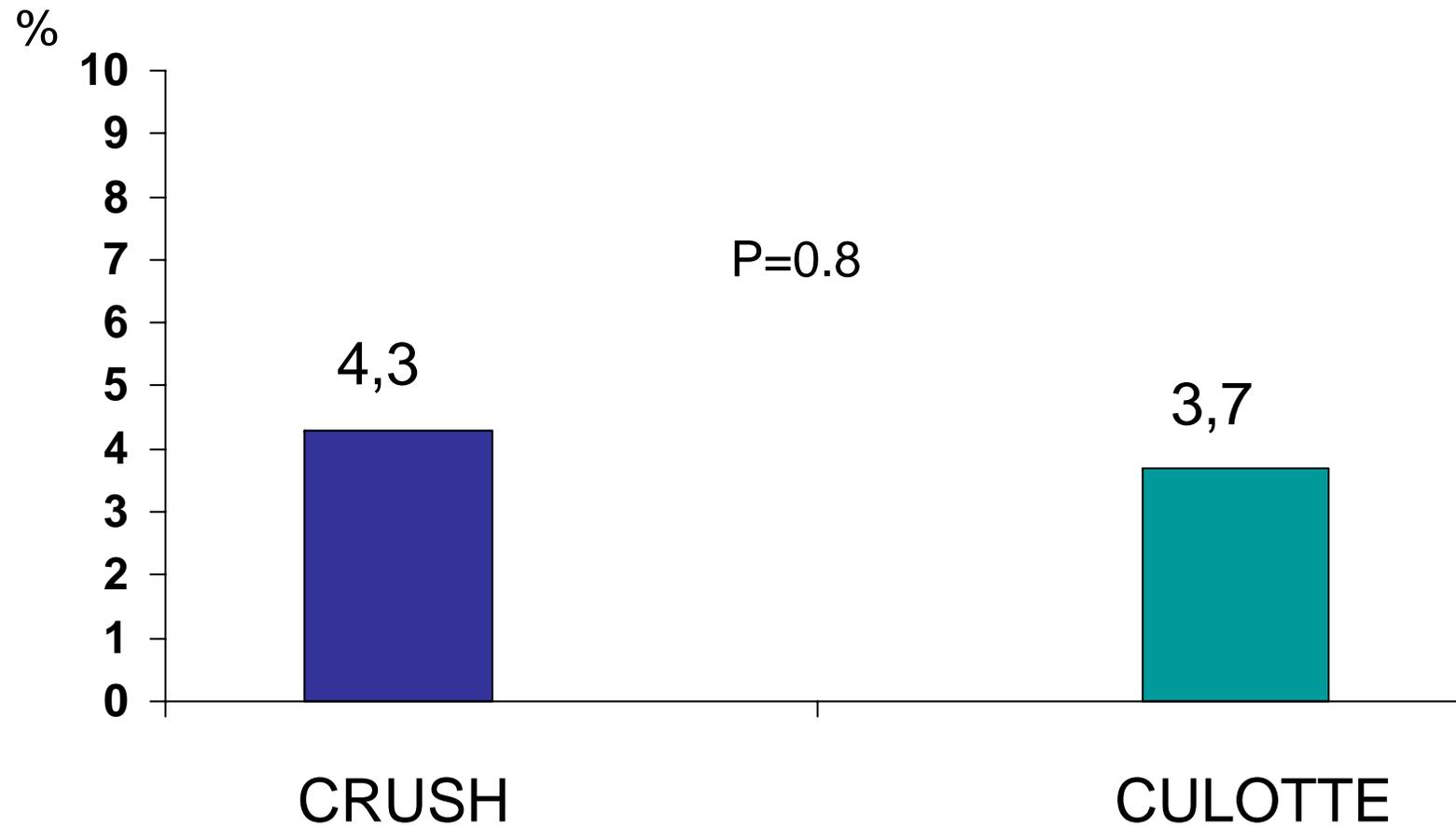
**On behalf of the Nordic PCI Study Group**

# Randomization



# Primary endpoint

***Cardiac death, myocardial infarction, TVR and stent thrombosis after 6 months***



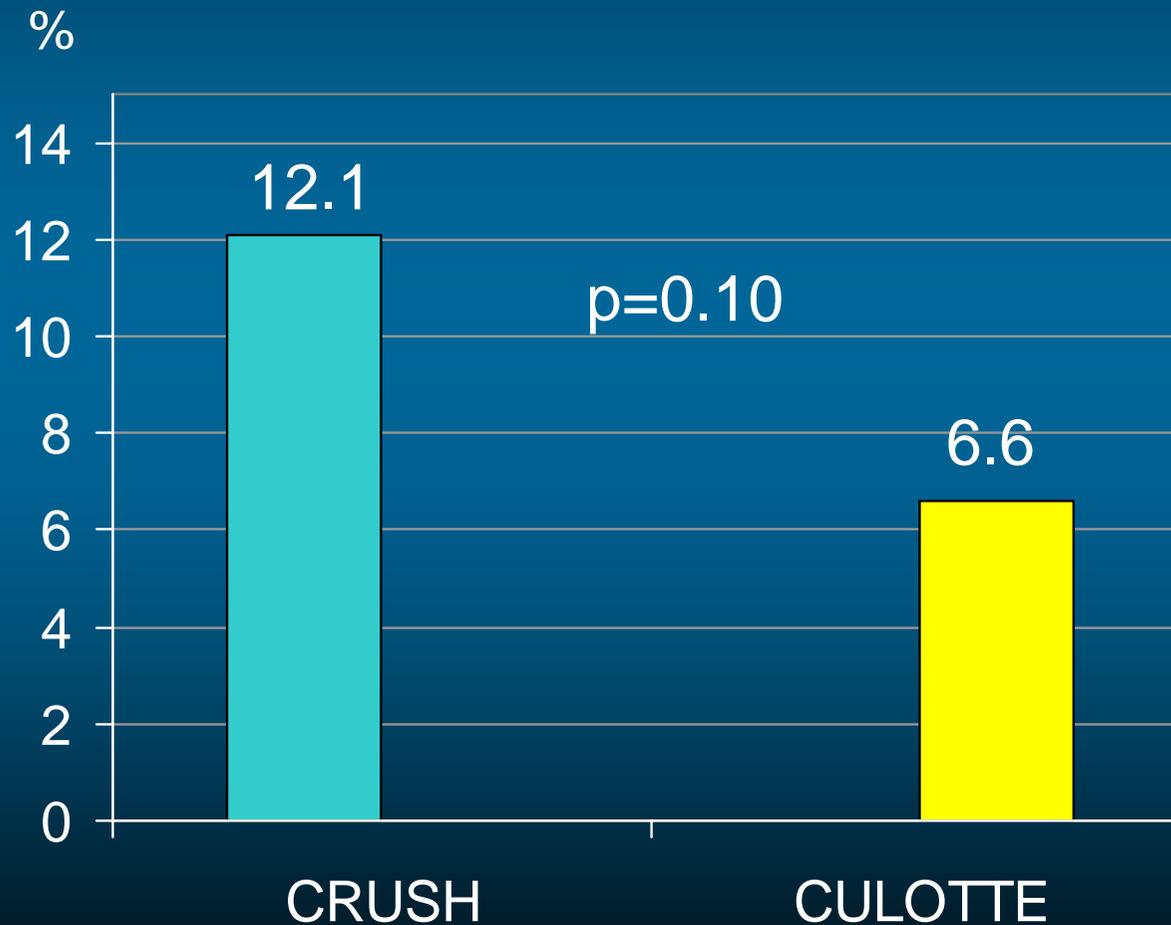
# Eight Months Angiographic Follow-up in Patients Randomized to Crush or Culotte Stenting of Coronary Artery Bifurcation Lesions

## The Nordic Bifurcation Stent Technique Study

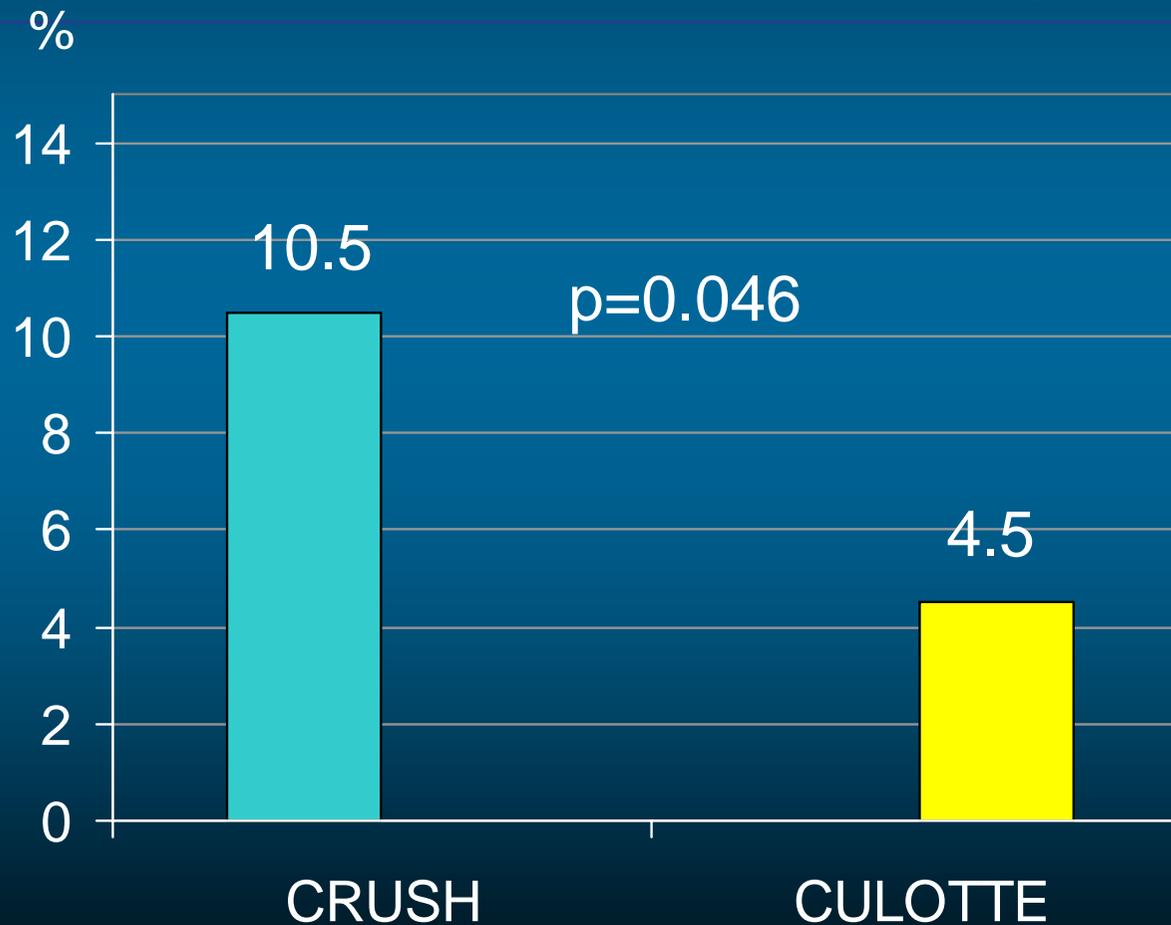
Pål Gunnes, Matti Niemela, Kari Kervinen, Andrejs Erglis,  
Indulis Kumsars, Jens F Lassen, Michael Mæng, Jan Skov  
Jensen, Anders Galløe, Terje Steigen, Jan Ravkilde, Timo  
Makikallio, Kari Ylitalo, Inga Narbute, Evald Christiansen, Lars  
Krusell, Sindre Stavnes, Ulrik Abildgaard, Peter Riis Hansen,  
Jan Mannsverk, Thor Trovik, Per Thayssen, Steffen Helqvist,  
Saila Vikman, Rune Wiseth, Jens Aarøe, Leif Thuesen

For the Nordic-Baltic PCI Study Group

# Rate of main vessel and/or side branch in-lesion diameter stenosis >50% at 8 months follow-up



# Rate of main vessel and/or side branch in-stent diameter stenosis >50% at 8 months follow-up



# Long-Term Outcomes of Coronary Stent Implantation versus Bypass Surgery for the Treatment of Unprotected Left Main Coronary Artery Disease

Revascularization for Unprotected Left MAIN Coronary Artery Stenosis:  
COMparison of Percutaneous Coronary Angioplasty versus Surgical  
REvascularization from Multi-Center Registry:

## The MAIN-COMPARE Study

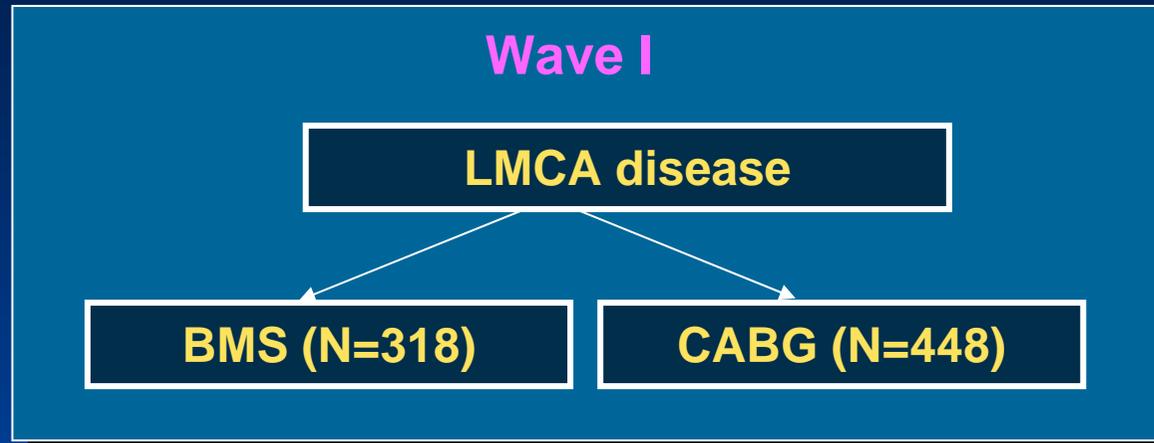
Seung-Jung Park, MD, PhD and Ki-Bae Seung, MD, PhD,  
on behalf of the MAIN-COMPARE Study Group



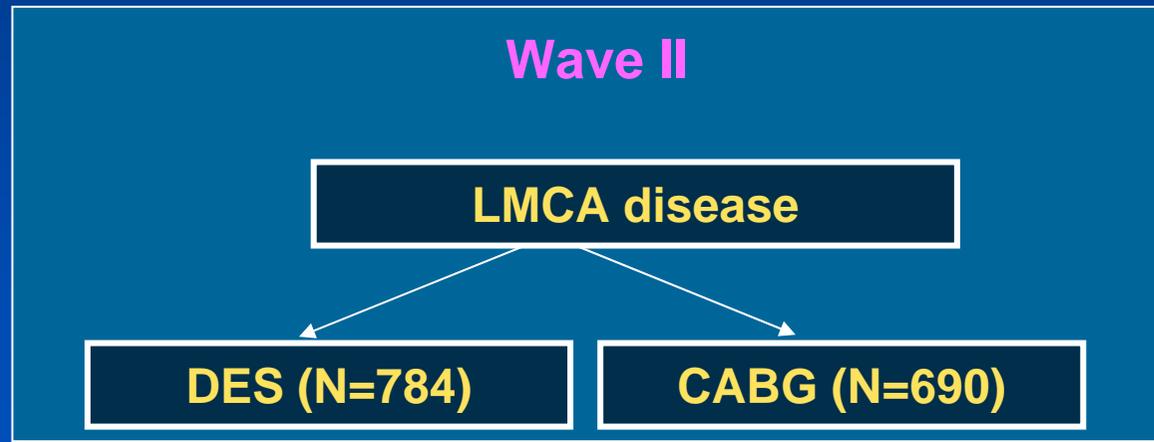
# MAIN-COMPARE Study

## Stenting (BMS or DES) vs. CABG

January, 2000



Second quarter  
(May), 2003



June, 2006

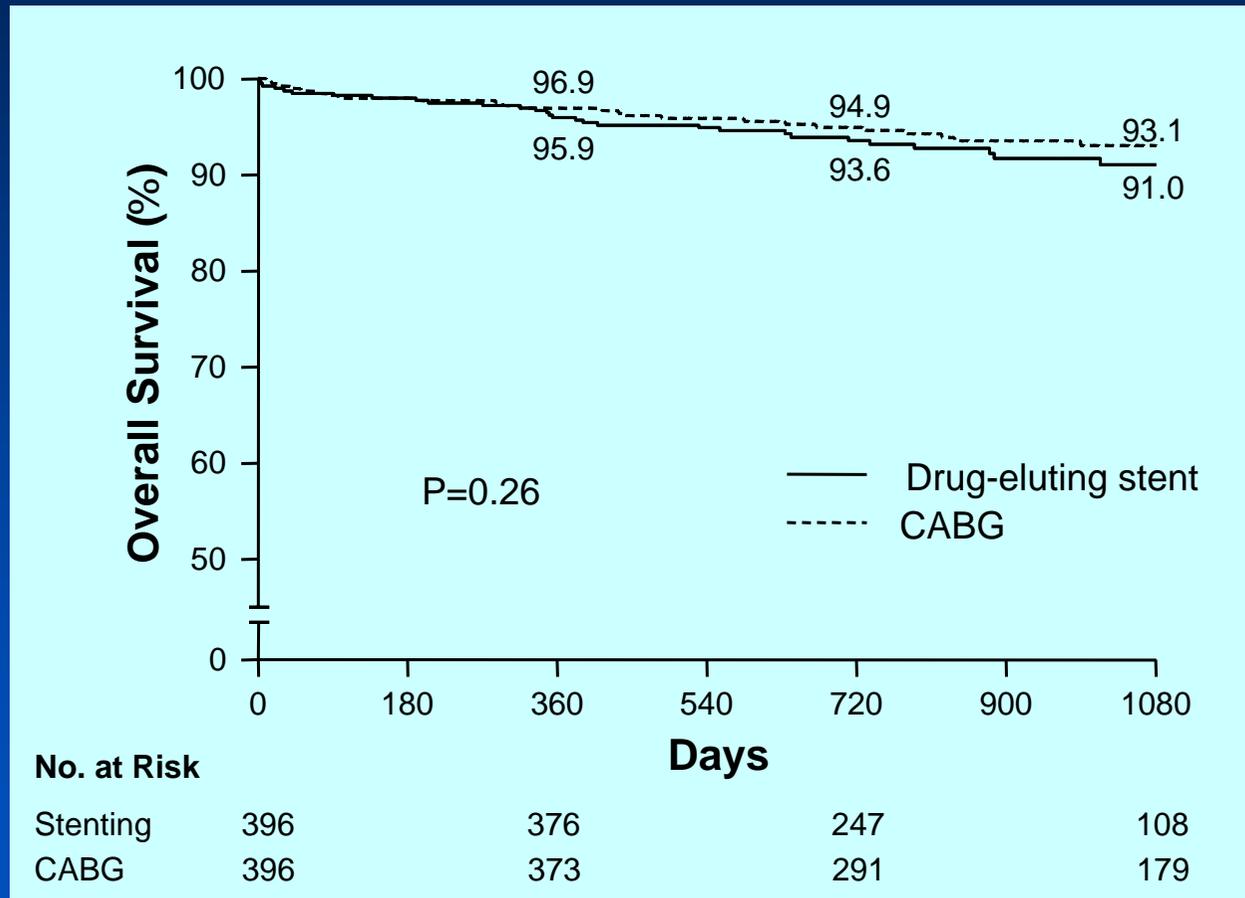
**Total (N=2240)**

**PCI (N=1102)**

**CABG(N=1138)**

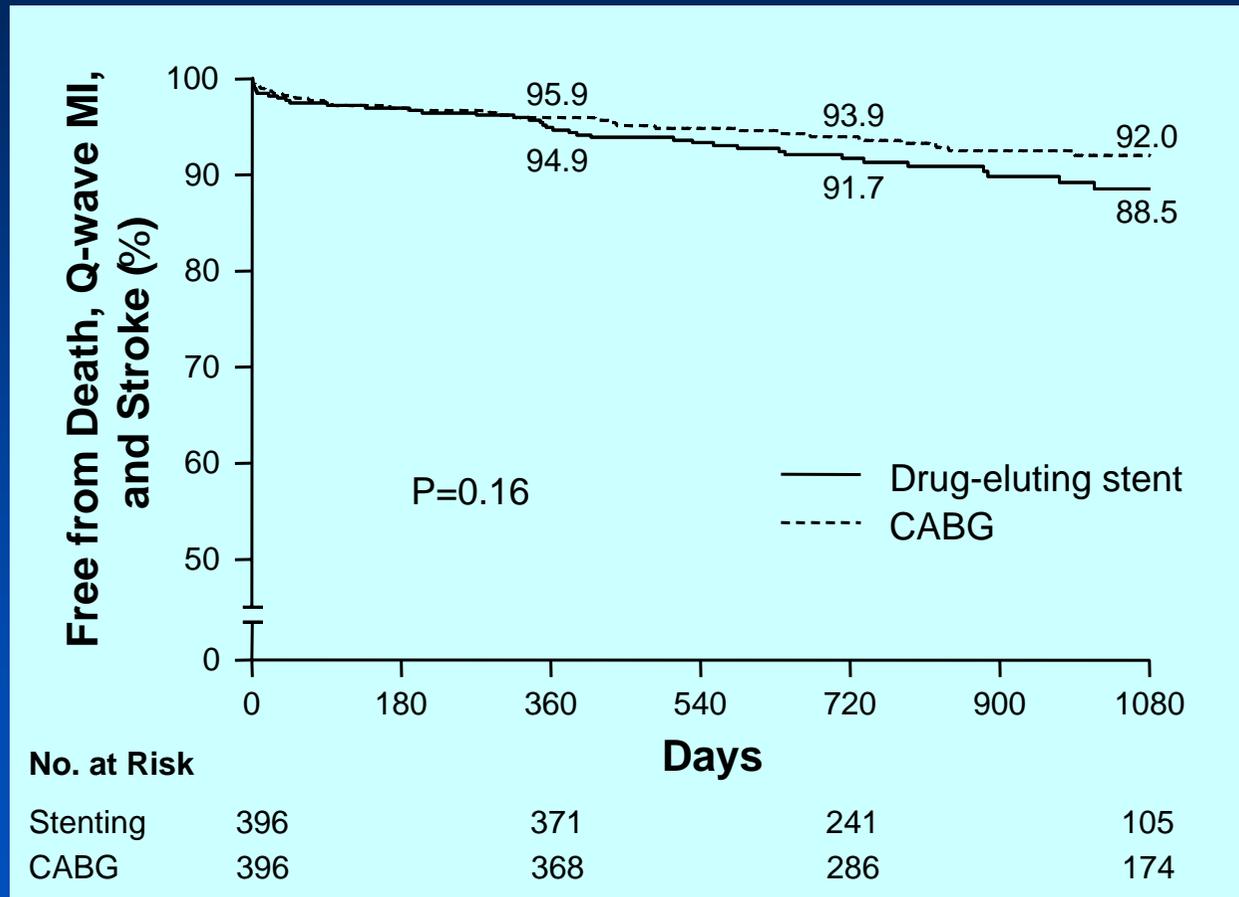
# Death

(DES and contemporary CABG matched cohort: 396 pairs)



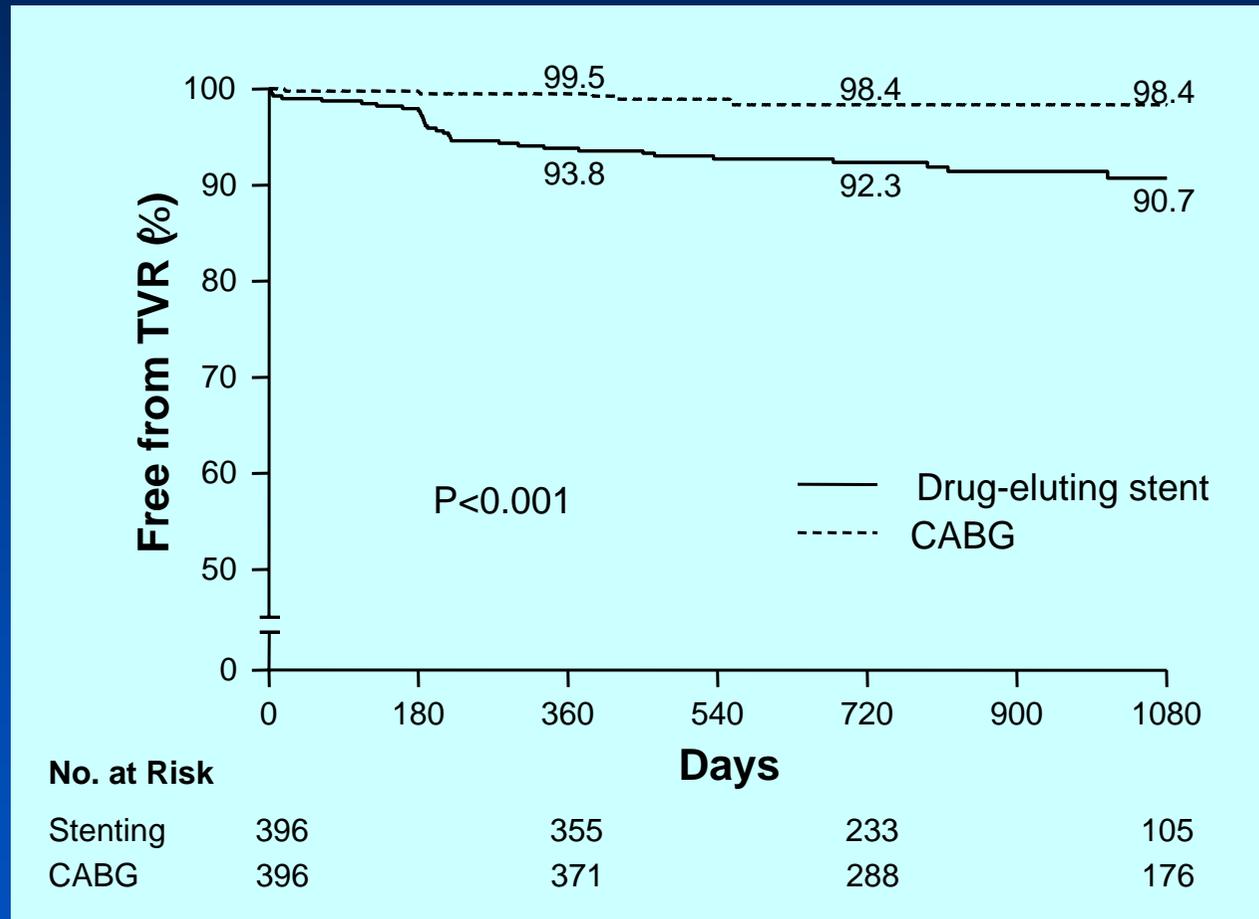
# Death, Q-MI, or Stroke

(DES and contemporary CABG matched cohort: 396 pairs)



# Target-vessel revascularization

(DES and contemporary CABG matched cohort: 396 pairs)



# **Trials of the Year: Lessons Learned**

## **1. “Real world” DES v. BMS use-**

**DES is No Less Safe than BMS!**

## **2. Next generation stents in the U.S.**

**Are Here To Stay..**

## **3. Balance of Bleeding vs. ischemic complications post PCI**

**Bleeding is an hazardous and common event and should be considered in PCI studies**

## **4. Left Main and Bifurcation lesions**

**Left Main stenting with DES is comparable to CABG; Awaiting SYNTAX.....**