

# Macrophage Detection, Quantification, and Prognostic Utility by OCT

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### Macrophages by OCT



### **Ex Vivo Macrophage Study**

### Low $M\phi$

### High Mø











HEART CENTER

### Linear NSD vs. CD68



#### <u>CD68 % area > 10 % -</u> <u>NSD cutoff 6.2%</u>

## SENS100% (70-100%)SPEC100% (60 -100%)

Tearney. Circulation, 2003



### Macrophage Analysis (119 plaques)

- Investigate focal versus multi-focal macrophage distributions
- Cap segmentation-
  - Entire FA cap
  - Rupture (250 μm)
  - Surface: ≤ 50 µm from lumen
    Subsurface: > 50 µm from lumen



- Definition:
  - Macrophage Density ~ Mean NSD within Segmented Region





### **Macrophage Quantification in Patients**

- Correlation between OCT measurement and clinical presentation
  - **1.** Macrophage density vs. clinical syndrome
- Role of focal macrophage distribution
  - **2.** Density at rupture sites
  - **3.** Surface vs. subsurface density
- Role of multi-focal macrophage distribution
  4. Culprit vs. remote plaque density
  5. Fibrous plaque macrophage content



# Macrophage Density for Acute and Stable Clinical Syndromes



Cap macrophage density is higher in acute clinical syndromes in both remote and culprit sites



### **Rupture Sites**



## Cap macrophage density is higher at rupture sites than remainder of cap



### Surface versus Subsurface ROC Analysis



Surface cap macrophage density is more predictive of clinical syndrome than subsurface macrophage density at *culprit*, but not remote sites



### **Culprit vs. Remote Sites**



Culprit and remote macrophage densities are correlated in the same patient



### **Fibrous Plaques**





Fibrous plaque macrophage density is higher in acute patients



### Focal vs. Multi-focal Risk

#### Evidence for <u>focal risk</u>

- 1. Rupture sites: greater macrophage content
- 2. Surface macrophage density more predictive of clinical syndrome at *culprit* sites, not remote sites

#### **Evidence for <u>multi-focal risk</u>**

- 1. Remote and culprit densities not different within individual patients and clinical subgroup
- 2. High intra-patient correlation between remote and culprit densities
- **3.** Fibrous lesions: higher densities in acute syndromes



#### Macrophage Image







### Macrophage Prognostic Utility



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### **Background: Remodeling and Plaque Morphology** *Ex-vivo* histopathological study





### Aim of the study

Evaluate the association between coronary artery remodeling assessed by IVUS and plaque characteristics identified by OCT



### **Methods**

- OCT and IVUS was performed at corresponding lesion sites in patients undergoing catheterization
- Remodeling index (RI) was calculated as the ratio of the lesion to the reference external elastic membrane (EEM) area derived from IVUS images.
  - **Positive** remodeling was defined as RI>1.05
  - Absence of remodeling as RI 1.05 0.95
  - Negative remodeling as a RI < 0.95



# Association between remodeling and frequency of Lipid Rich Plaque (55 plaques)

% of Lipid Rich Plaque within each group



### Association Between Remodeling and Underlying Plaque Fibrous Cap thickness



## Remodeling and TCFA: Association between type of remodeling and frequency of TCFA



### Association Between Remodeling and Underlying Plaque Macrophage Density



### Limitations

1. The difference in macrophage density is marginal.





### Limitations

- 1. The difference in macrophage density is marginal.
- 2. Enzymatic activity of macrophage is not known.
- 3. Diffuse distribution of macrophage including in fibrous rich plaque.



### Macrophage by OCT

### **1. Detection: Probably "yes"**

### 2. Quantification: Possible

3. Prognostic utility: unknown

