

CTO- Strategies: European Perspective

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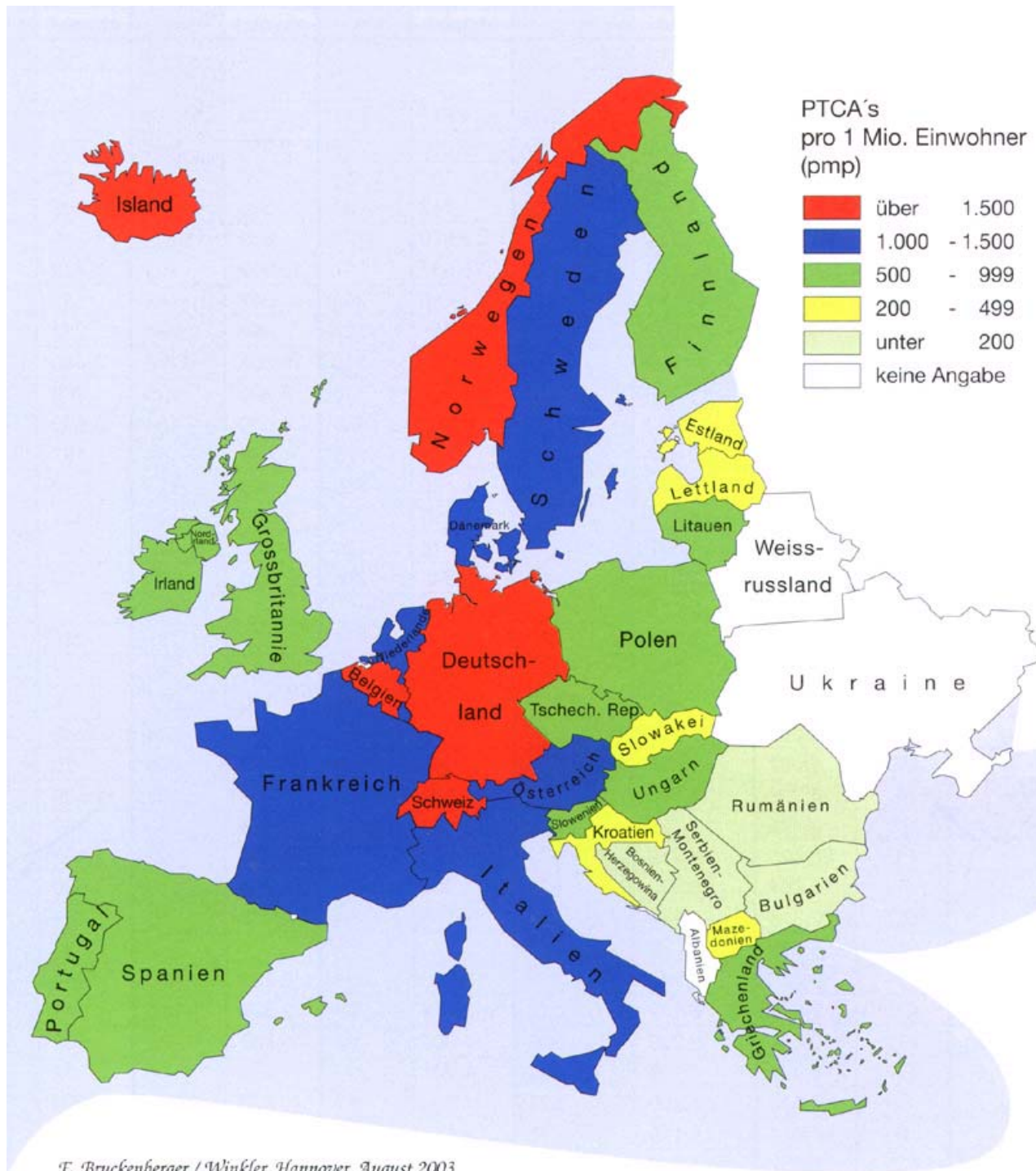
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E. Bruckenberger / Winkler, Hannover, August 2003

PCI / 1 Mio inhabitants in Europe

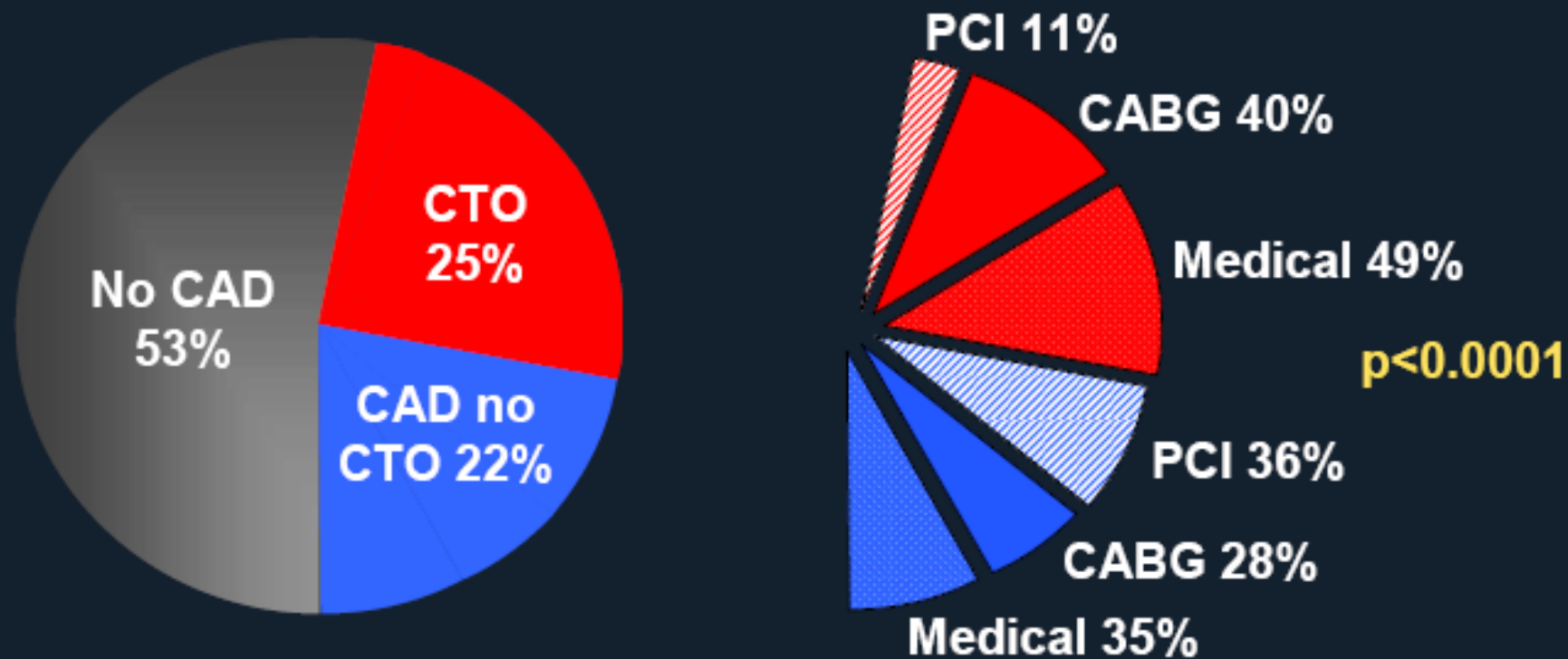
>1500/1 Mio

< 200/1Mio

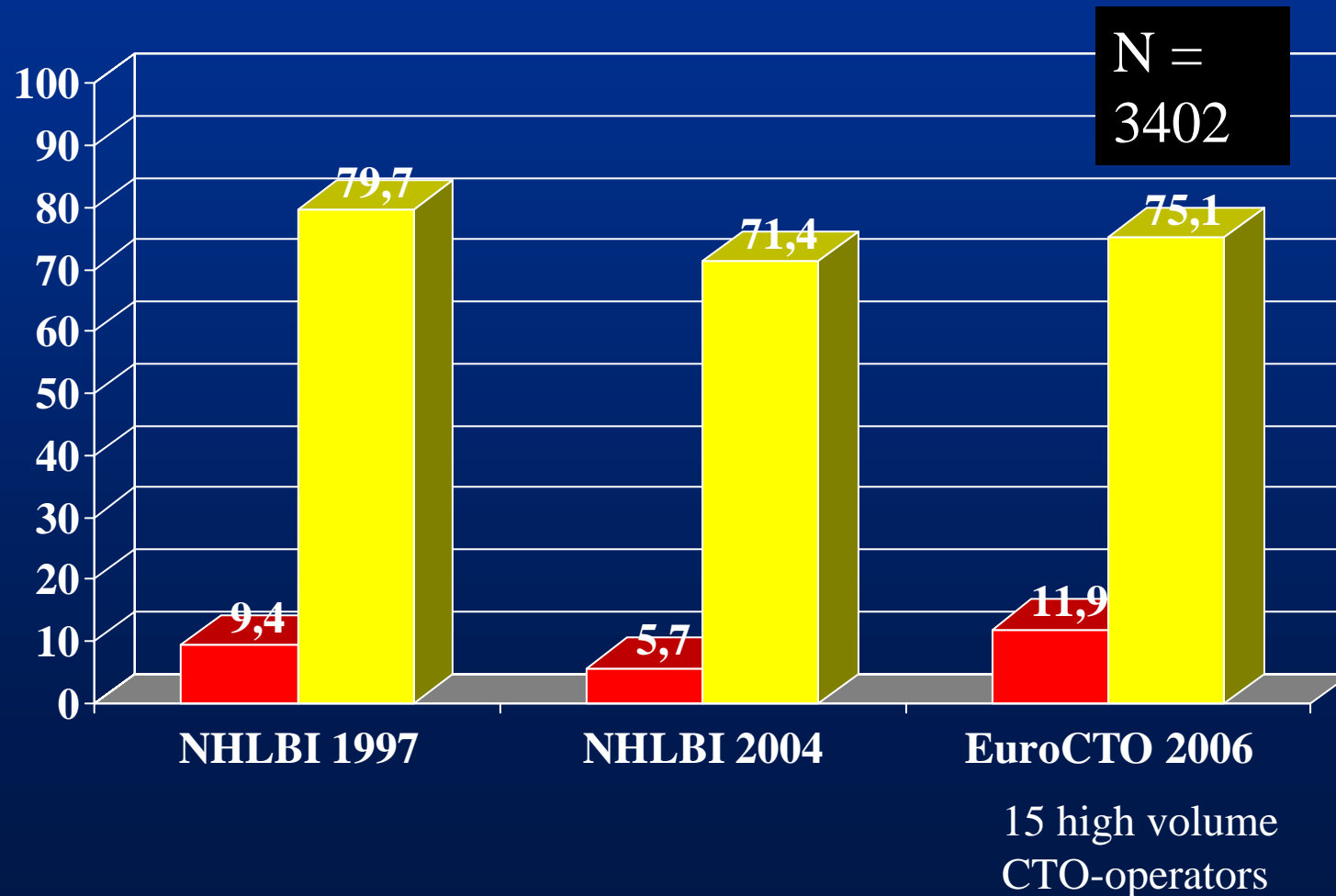
CTOs are common and influence management

My Practice: about 20%

- Analysis of 6,581 consecutive patients undergoing angiography (1990-2000), CTO was found in 52% patients with significant ($\geq 70\%$ DS) coronary disease



Attempted PCI in CTO and Success



CTO dedicated groups

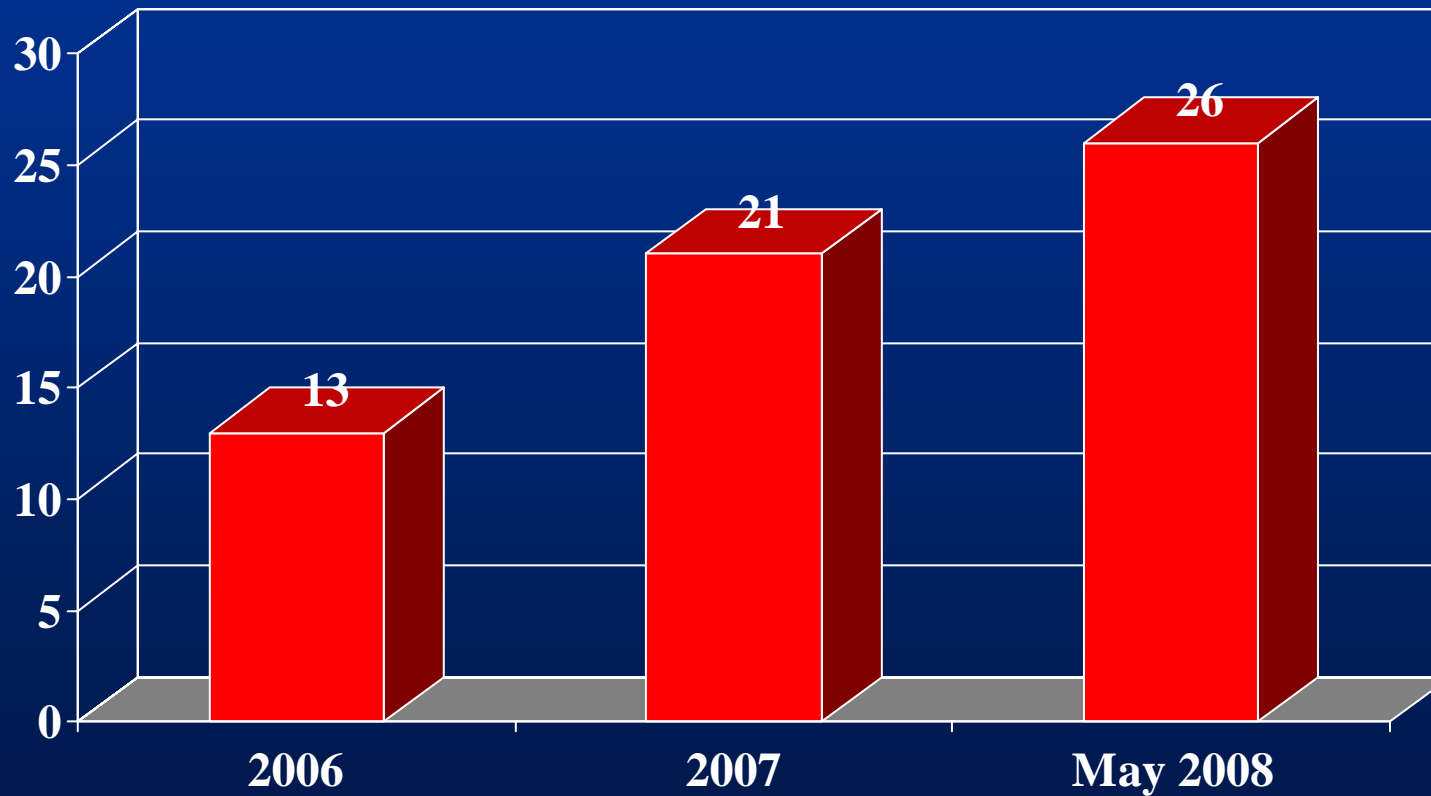
- Japanese CTO Club 1991
- USCTO 2004
- EuroCTO 2006
21 operators > 50 CTO/year

European perspective in the recanalisation of Chronic Total Occlusions (CTO): consensus document from the EuroCTO Club

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Euro CTO Club membership



> 200 CT & > 50 CTO / year

CTO Definition

- Intra-segment TIMI 0 flow despite vigorous injection
- Clinical evidence or high likelihood of occlusion age not less than 3 months

Common misconceptions still in 2007
59% of CTO s have large intracoronary channels

Recanalization
Large:
59% of All CTO



No, this is not a
CTO !!!

R. Schwartz
2004

Based on strict definition:

- CTO very rarely crossed with soft-tipped wire
- Strategy and handling very different from PCI of stenotic lesions
- Success > 50% only achieved by dedicated operators

Common misconceptions

Why bother , there are good collaterals !

1. Yes collaterals sufficient to maintain viability
2. But almost never sufficient to prevent angina or ischemia, because they achieve at most **40% of the pressure** of an open artery *
3. **5% will have sufficient perfusion, 30% will cause steal during exercise***

Common misconceptions

The „Open artery trials“ have shown that PCI of CTO does not improve outcome

- **TOAT, OAT and DECOPI**
- **< 30 d after infarction i.e. no CTO**
- **No angina or signs of ischemia required**

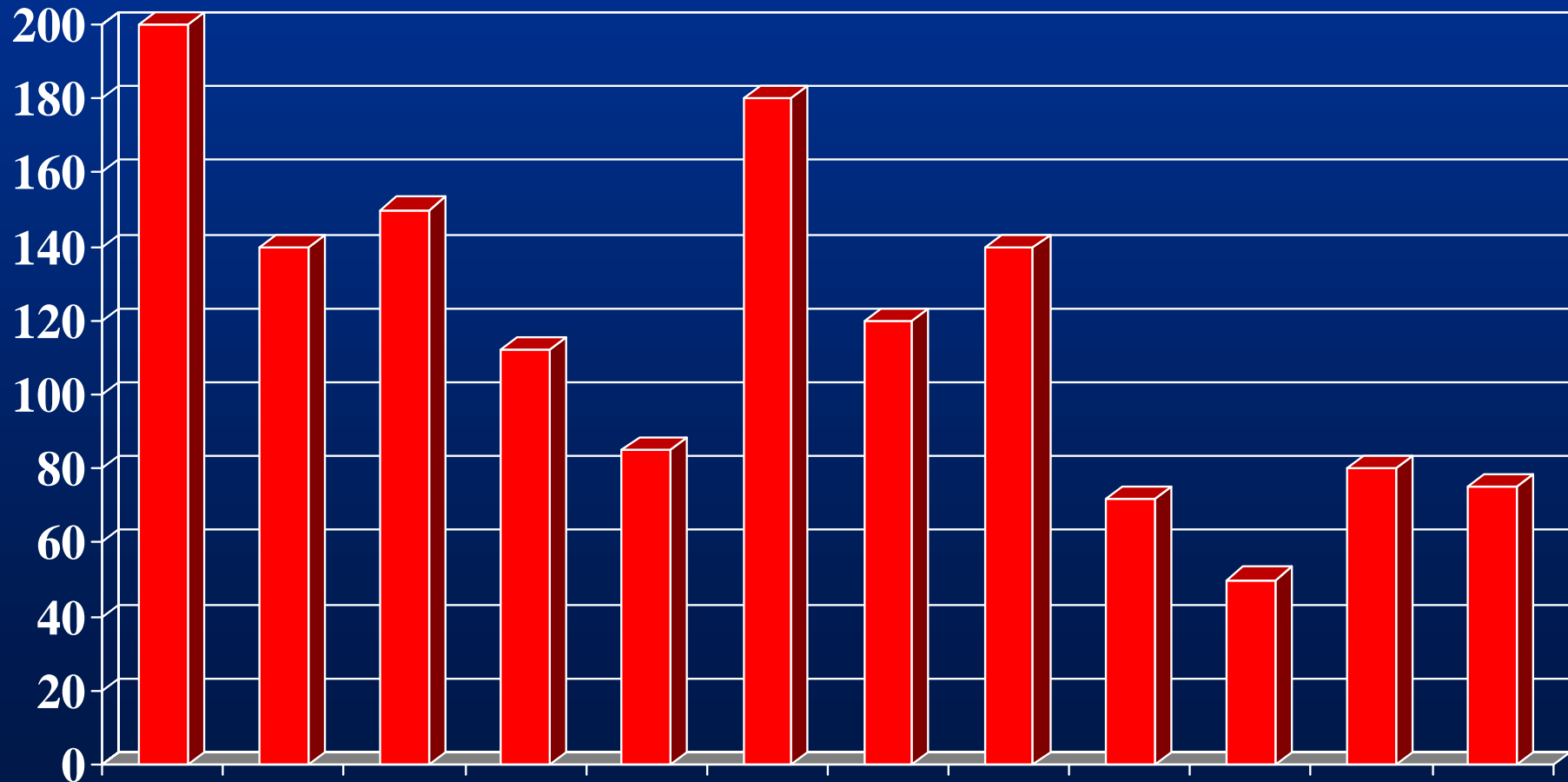
Common misconceptions

Considering the difficulties, costs and low successrate MVD and CTO deserves CABG

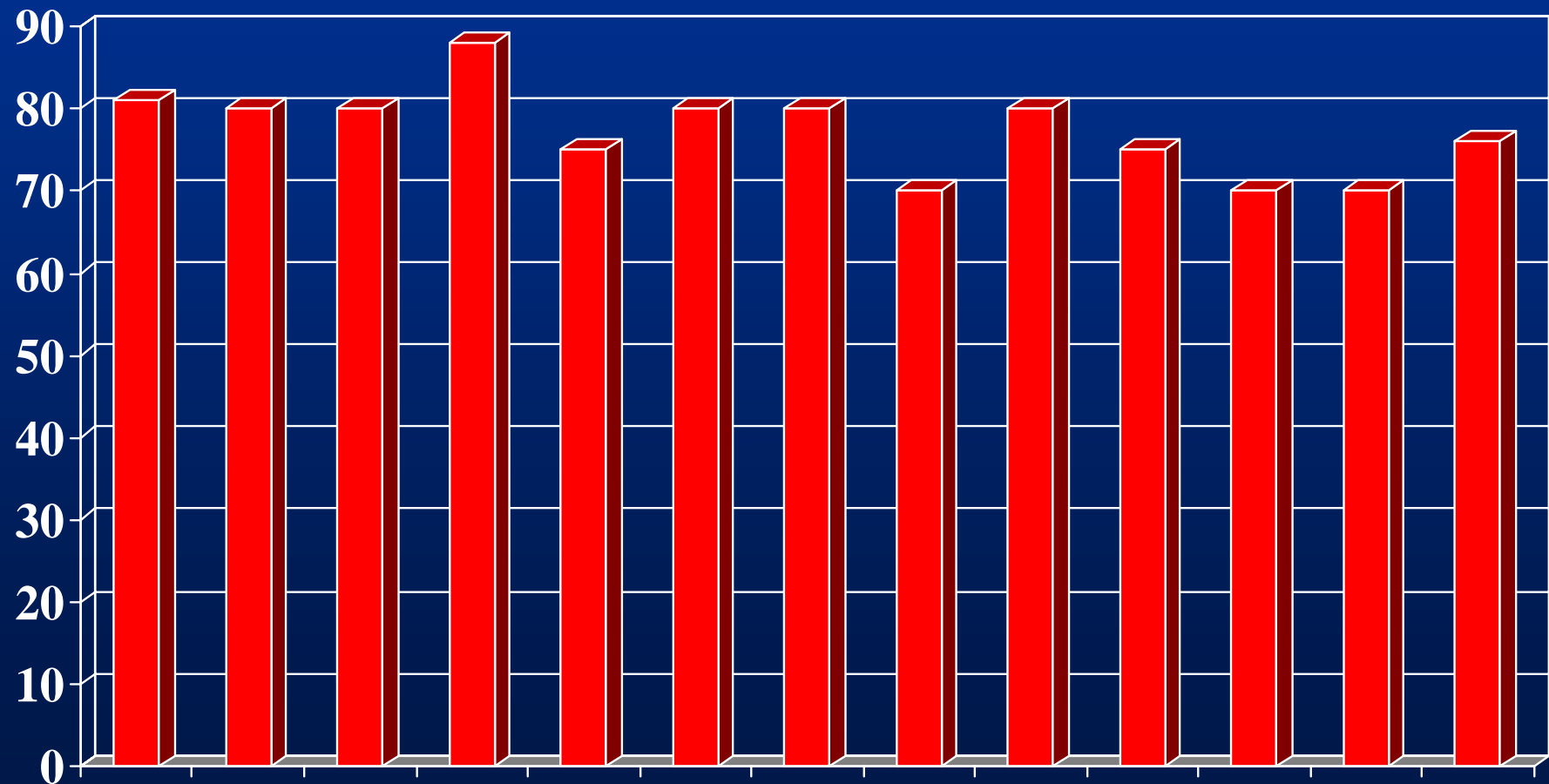
1. High success- and low complication-rates in experienced hands
2. Low restenosis with use of DES

Personal CTO Experience 2006: 110

1324 total



EuroCTO-Club: Success 2006



CTO: Specific approach and step-up techniques

- Well planned with comfortable „slot“ not ad hoc
- Dedicated operator
- Broad spectrum of dedicated equipment
- Always visualize distal vessel during PCI
- No IIb IIIa inhibitors
- „Over the wire“ to start
- Knowledge of sophisticated wire techniques
- No intra-CTO injections
- Always DES

EuroCTO: Useful (new) Strategies

- Visualisation with IVUS or OCT ?
- MSCTI ?
- Alternative devices to open CTO
(Laserwire/Laser Catheter; Safe Cross (Kensey Nash, Crosser (Flowcardia), Frontrunner (Lumend))
- Tornus?
- Retrograde approach ?

IVUS/OCT for CTO

- Identification of the direction of the occluded vessel (wire steering under guidance of forward looking ultrasound)
- Identification of ostium of occluded vessel in flush occlusions
- Guidance of reentry from subintimal tracks
- Guidance of appropriate coverage of the diseased segment
- Confirmation of appropriate stent expansion and apposition

IVUS/OCT for CTO

- Identification of the direction of the occluded vessel (wire steering under guidance of forward looking catheter (sound))
- Identification of ostium of occluded vessel in flush occlusions
- Guidance of reentry of subintimal tracks
- Guidance of appropriate coverage of the diseased segment
- Confirmation of appropriate stent expansion and apposition

Limited practical application

Role of MSCT in the treatment of chronic total occlusions

- MSCT adds important information but we do not know if this leads to an increase in success rate.
- MSCT today only regarded as important contributor to our understanding, but not sufficient to change our clinical practice.

Alternative devices to open CTO

- Success 50- 60% demonstrated in cases shortly(10 min) tried with wires
- Results are inferior to **C**urrent **C**onventional **S**ophisticated **A**pproach (**CCSA**)
- Randomised non-biased trials impossible
- Not yet widely accepted by experts

Results of Tornus* in CTO Balloon Failures (44/421)

- Tornus passed completely 35 (79.5%) and 5 incompletely
- Overall T-enhanced success 91%
- No complications

* Not yet available in Europe

Results of Tornus* in CTO Balloon Failures (44/421)

- Tornus passed completely by 35 (79.5%) and 5 completely
- Overall advanced success 91
- complications

Very useful

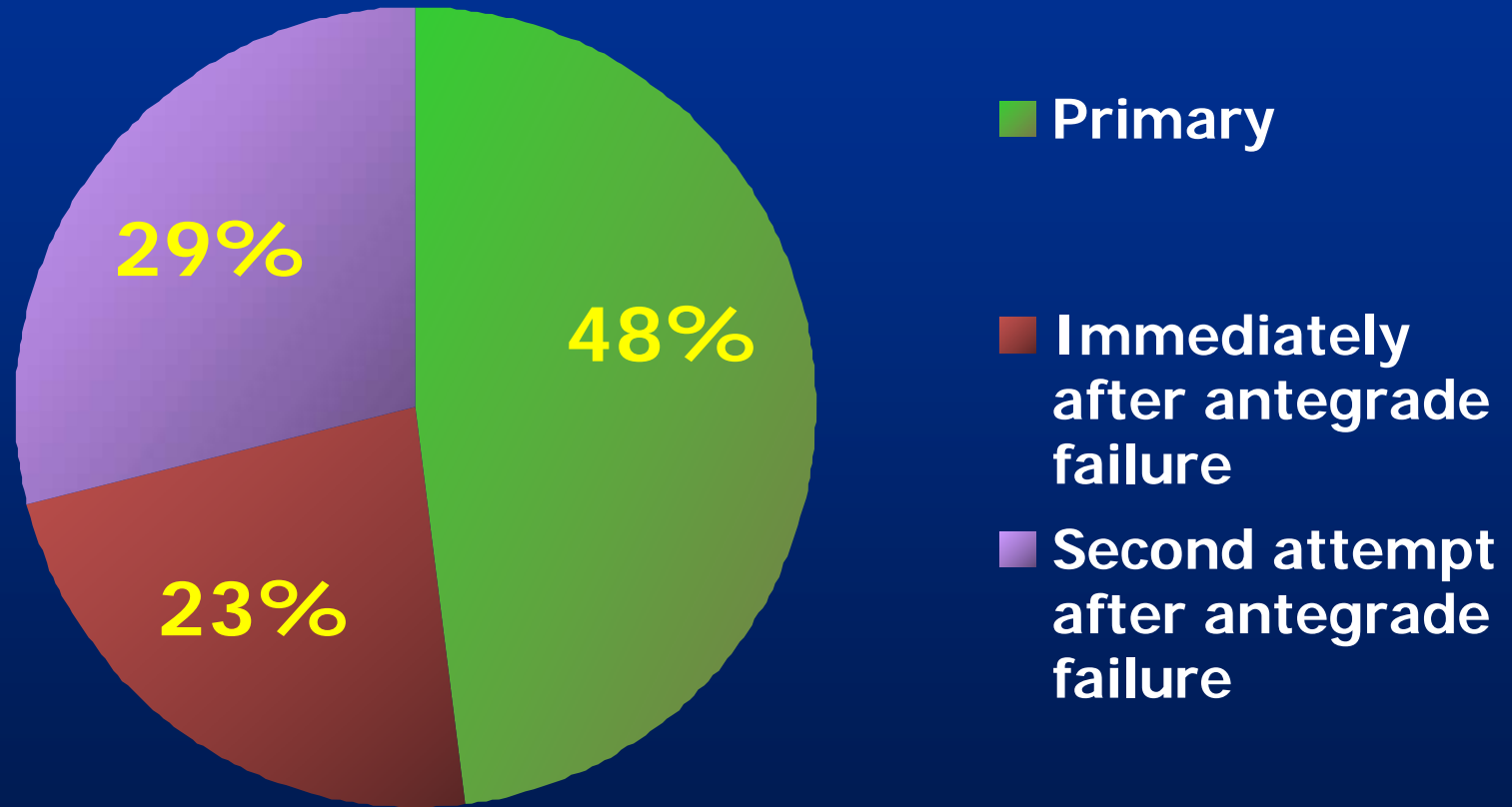
* Not yet available in Europe

European experience with the retrograde approach for the recanalisation of coronary artery chronic total occlusions. A report on behalf of the EuroCTO club

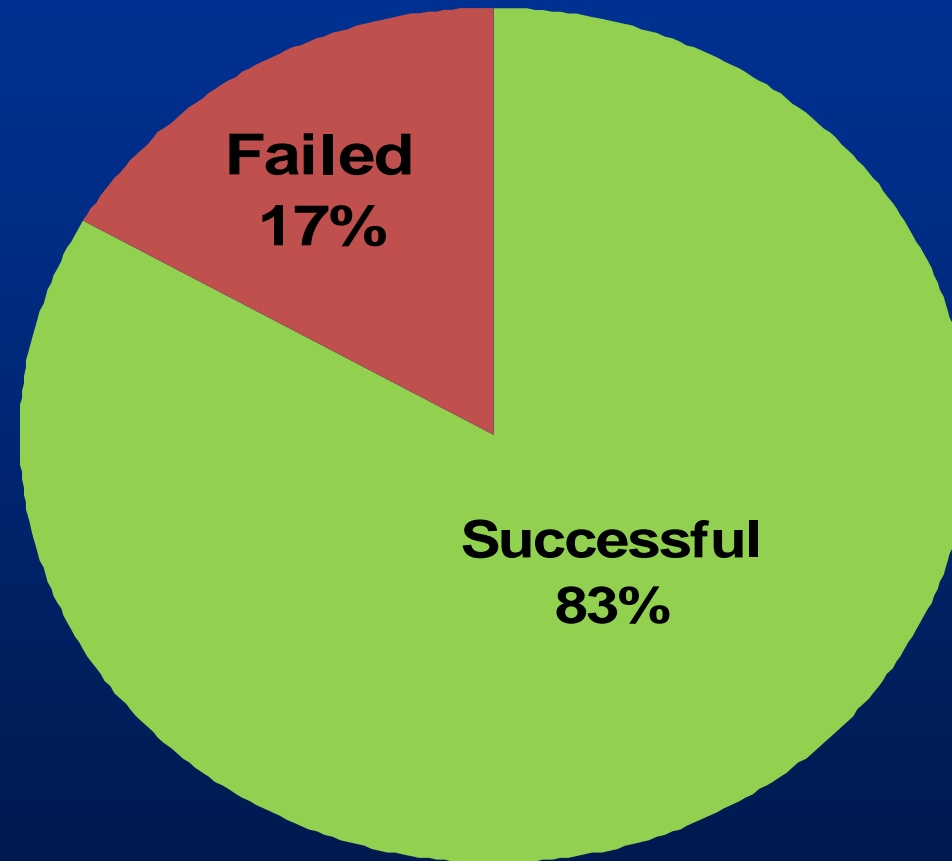
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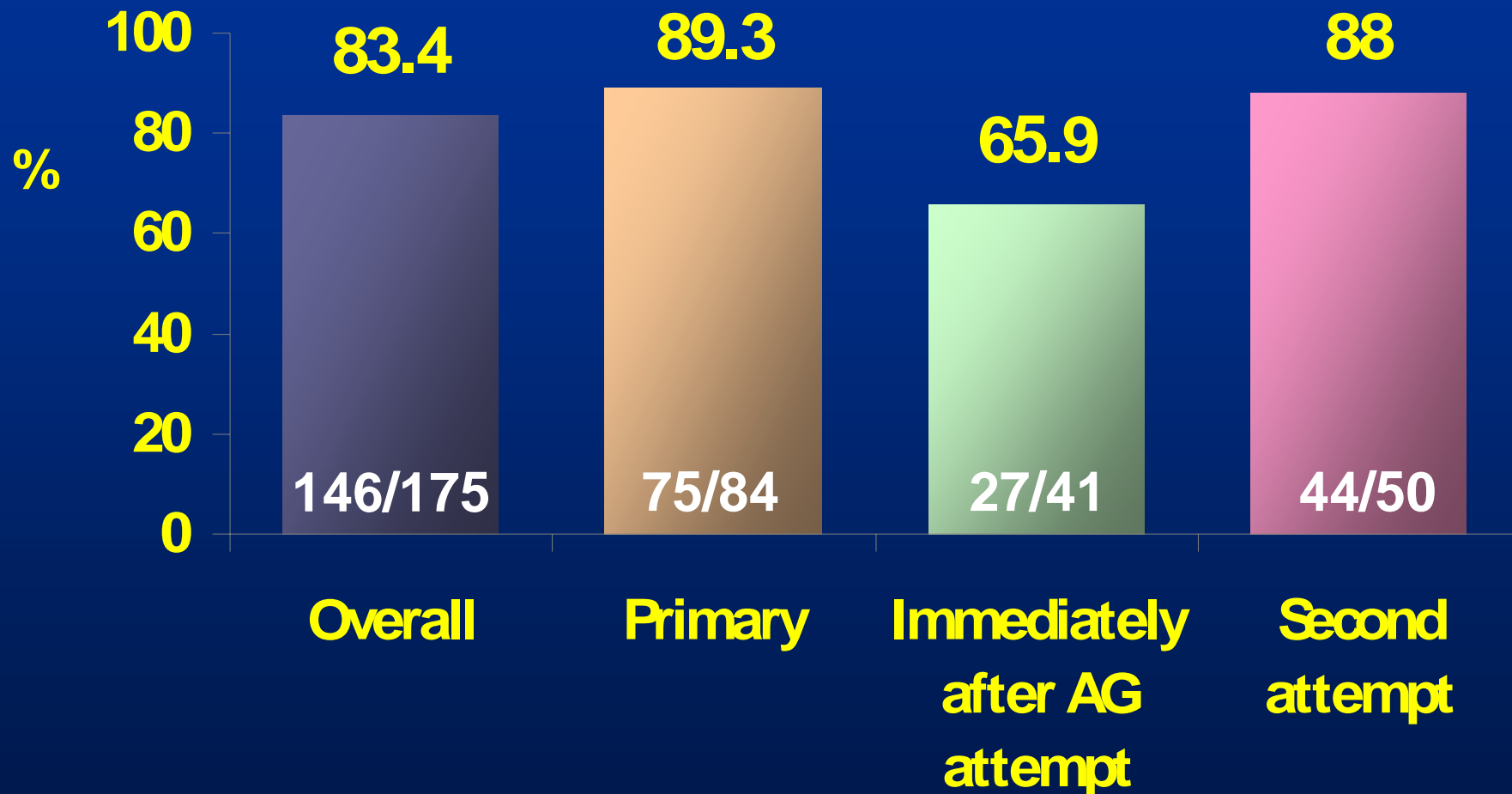
Treatment Strategy



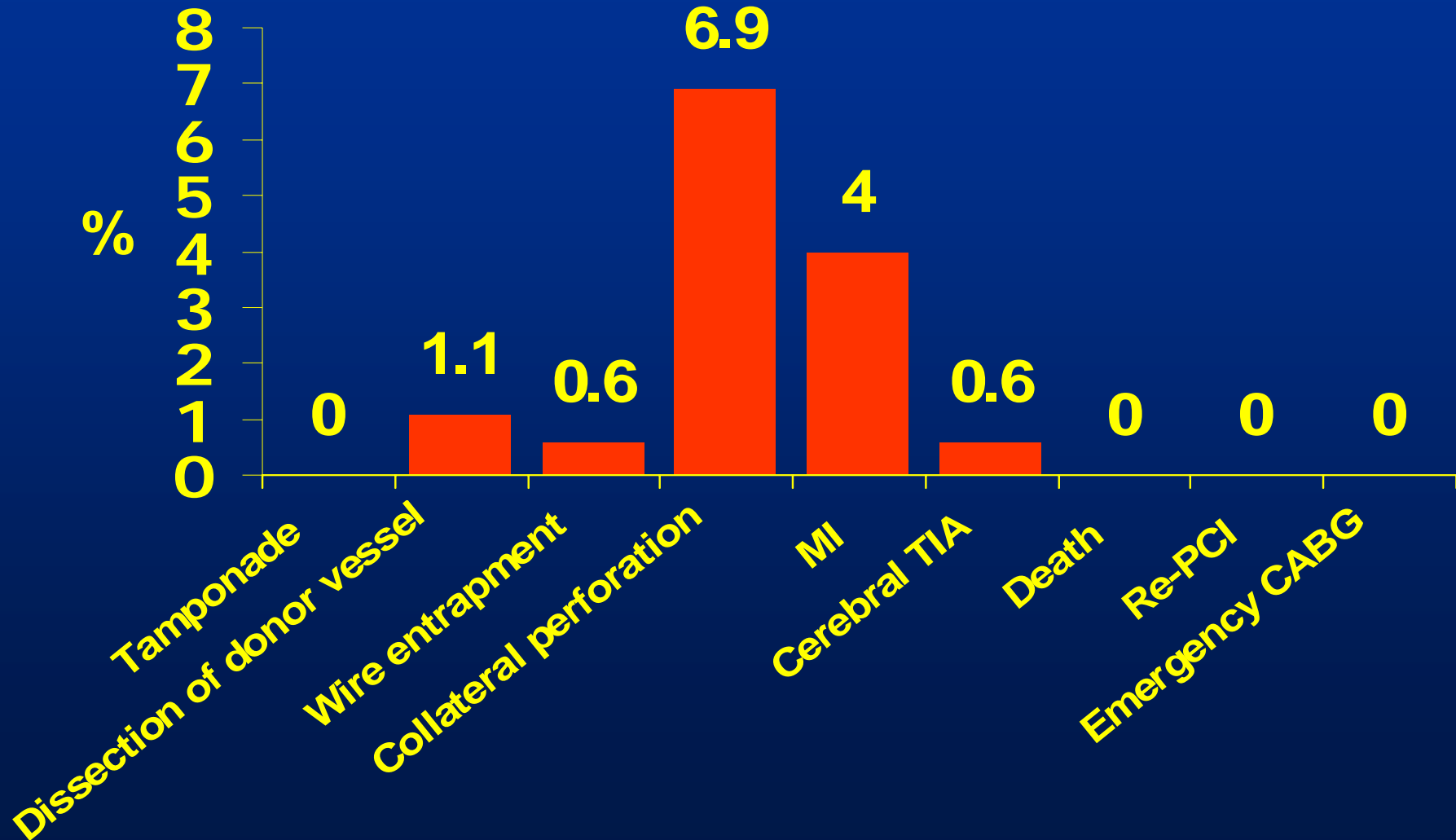
Overall Success



Overall success rates per strategy



Procedural and in-hospital outcomes



EuroCTO Conclusion „Retrograde“

- Retrograde approach very promising new strategy for difficult CTO or after unsuccessful attempts**
- However it cannot replace sophisticated knowledge and skills of antegrade wiring**