

IVUS: Pre-Intervention Assessment and Optimizing Final Result

Gary S. Mintz, MD

**Cardiovascular Research Foundation
New York, NY**



CARDIOVASCULAR RESEARCH
FOUNDATION



COLUMBIA UNIVERSITY
MEDICAL CENTER

Disclosure Statement of Financial Interest

Within the past 12 months, I have had a financial interest/arrangement or affiliation with the organization(s) listed below.

<u>Affiliation/Financial Relationship</u>	<u>Company</u>
Grant/Research Support	BostonScientific, Volcano
Consulting Fees/Honoraria	BostonScientific, Volcano, LightLab, Terumo
Major Stock Shareholder/Equity	Volcano
Royalty Income	
Ownership/Founder	
Intellectual Property Rights	
Other Financial Benefit	



Most of the concepts used in IVUS-guided intervention are no different from those used in angiography-guided intervention. However, unlike angiography, IVUS is actually able to make precise measurements and assess lesion morphology.

- **Weigh potential problems (i.e. LM disease, significant proximal or distal disease)**
- **Assess lesion severity**
- **Assess unusual lesion morphology (i.e., aneurysms, calcium, thrombi, in-stent restenosis, etc.)**
- **Measure vessel size**
- **Measure lesion length**
- **Determine and fine-tune the final result of interventions**
- **Assess complications**



Validation of IVUS Assessment of Ischemia Producing Stenosis (Doppler FloWire and SPECT)

	IVUS MLA $\geq 4.0\text{mm}^2$	IVUS MLA $<4.0\text{mm}^2$
CFR < 2.0	2	27
CFR ≥ 2.0	39	4

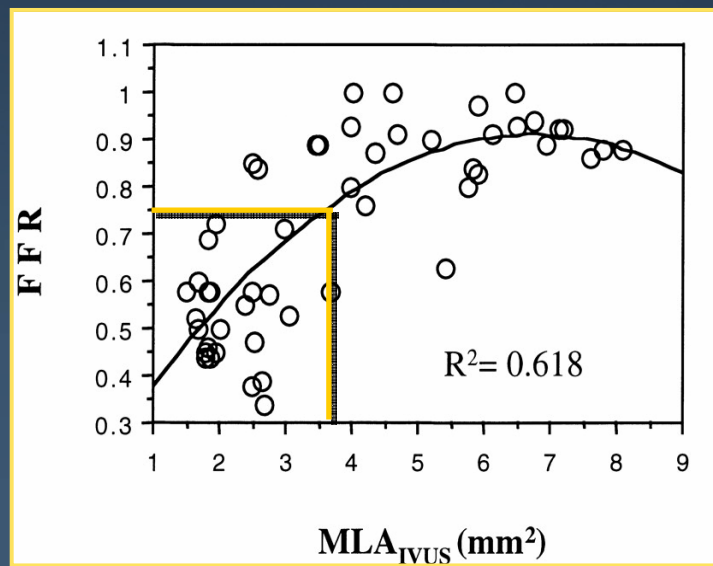
Diagnostic accuracy = 92%. (Abizaid et al, AJC 1998;82:42-8)

	IVUS MLA $\geq 4.0\text{mm}^2$	IVUS MLA $<4.0\text{mm}^2$
+ Spect	4	42
- Spect	20	1

Diagnostic accuracy = 93%. (Nishioka et al, JACC 1999;33:1870-8)

Validation of IVUS Assessment of Ischemia Producing Stenosis (Pressure Wire)

Comparison of IVUS and pressure wire (measurement of fractional flow reserve: FFR_{myo})



	Sensitivity	Specificity
AS >70%	100%	68%
MLD <1.8mm	100%	66%
MLA <4.0mm ²	82%	56%
Length >10mm	41%	80%

Takagi, et al. *Circulation* 1999;100:250-5

Briguori, et al. *AJC* 2001;87:136-41

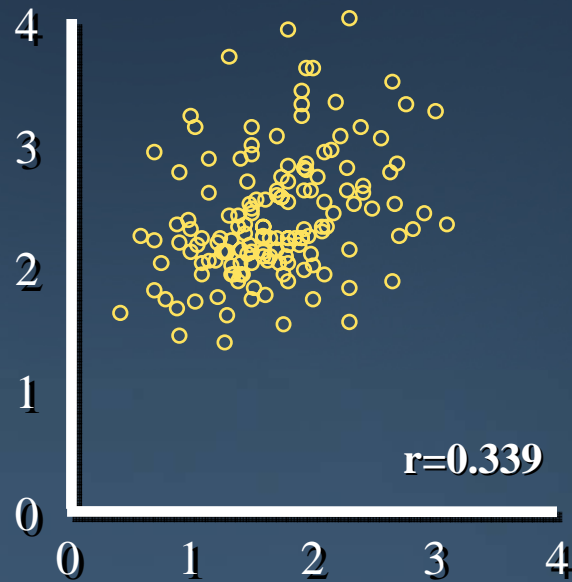
IVUS Criteria for a 'Significant' Stenosis

- Based on the studies comparing IVUS to flow wire, pressure wire, or SPECT thallium and based on studies with clinical outcome - most feel that a lumen area less than 4.0 mm^2 in a proximal epicardial artery excluding the *Left Main* (and SVGs) is a flow limiting stenosis



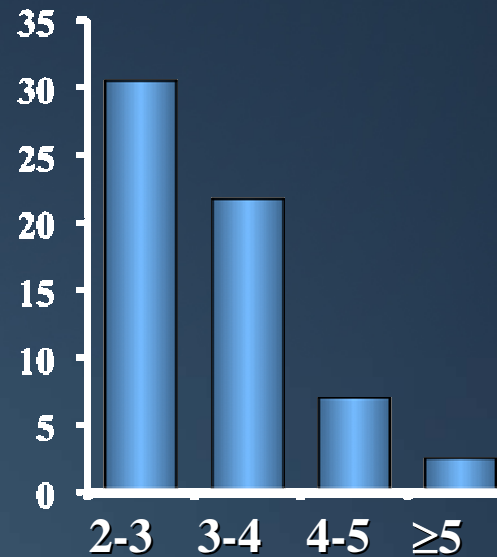
Clinical Follow up in 357 Intermediate Lesions in 300 Pts Deferred Intervention After IVUS Imaging

IVUS MLD (mm)



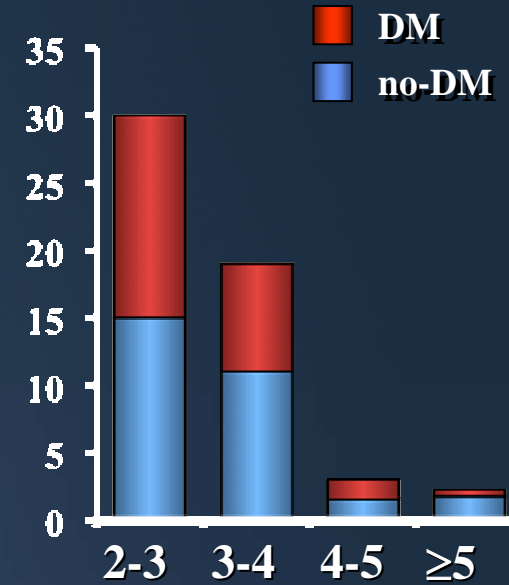
QCA MLD (mm)

Death/MI/TLR



IVUS MLA (mm²)

TLR

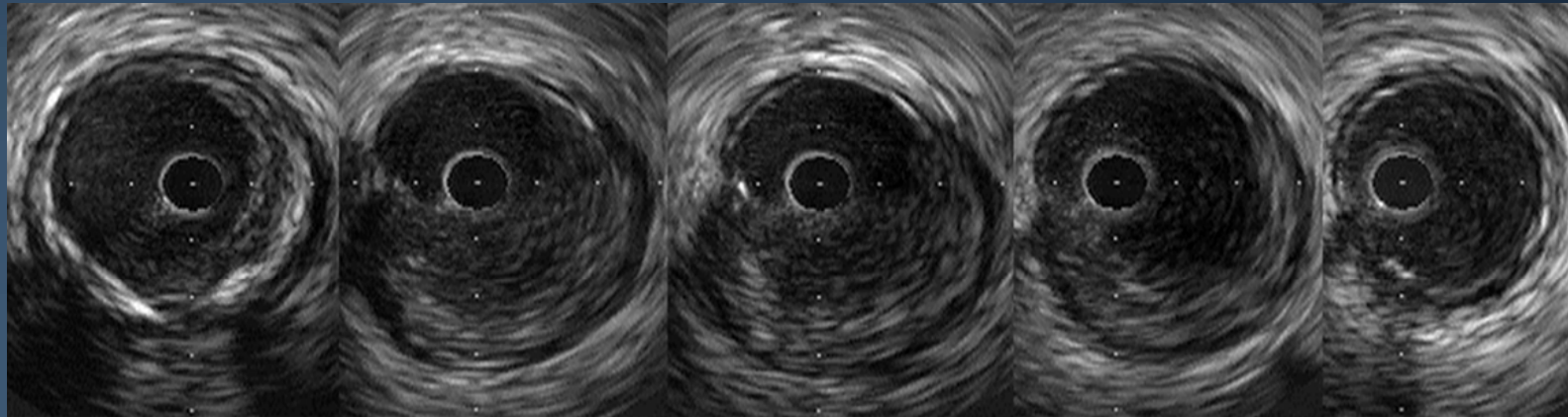


IVUS MLA (mm²)

- Death/MI/TLR @ (mean) 13 mos = 8% overall (2% death/MI and 6% TLR)
- Death/MI/TLR @ (mean) 13 mos = 4.4% in lesions with MLA >4.0mm²
- Only independent predictor of death/MI/TLR was IVUS MLA (p=0.0041)
- Independent predictors of TLR were DM (p=0.0493) and IVUS MLA (p=0.0042)

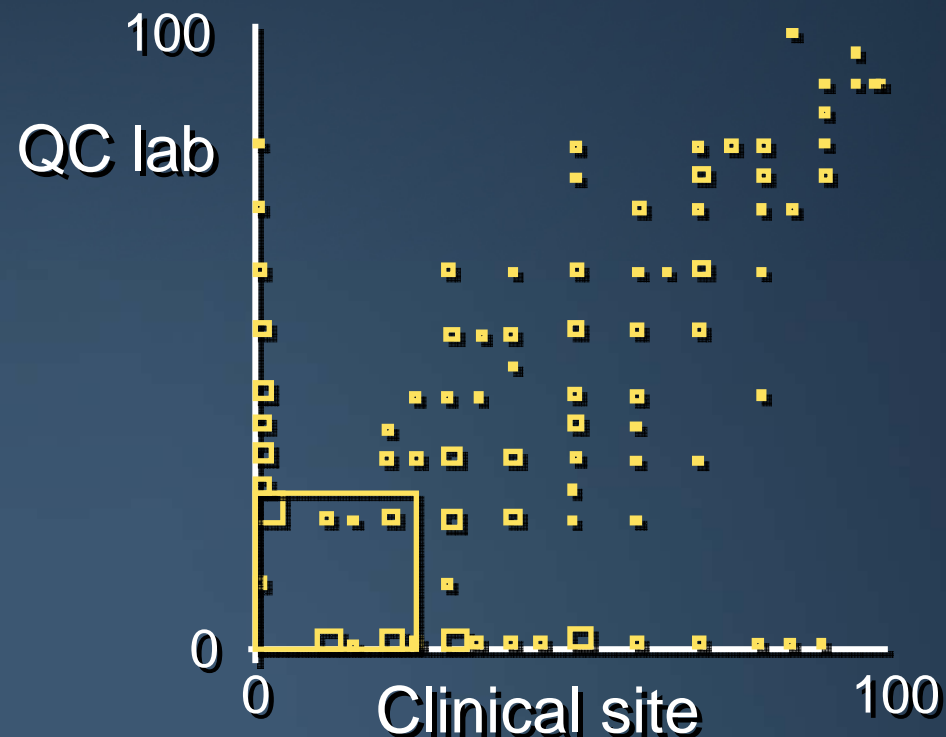


0 → 3 → 12mm



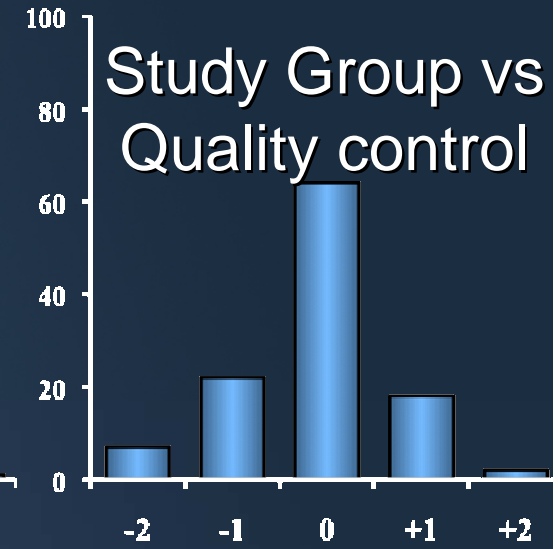
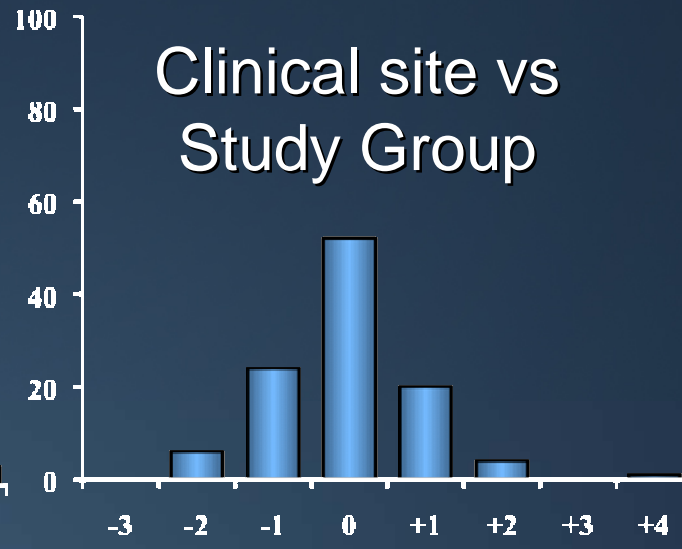
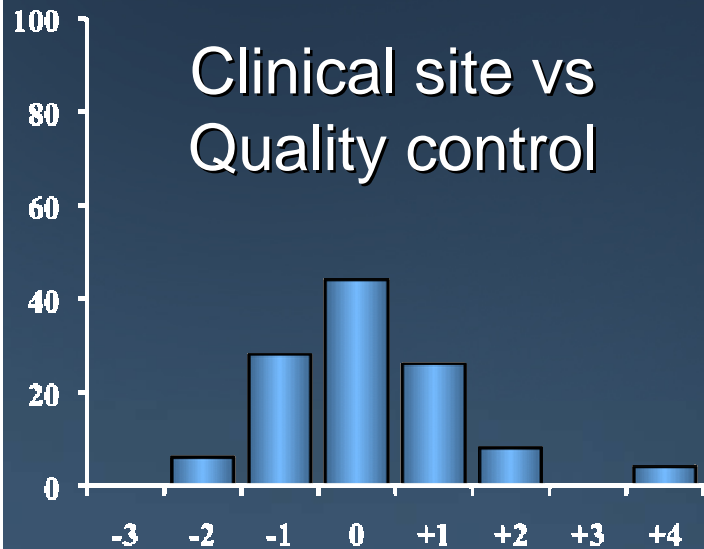
Of all the coronary segments, the LM has the greatest angiographic variability - I

Comparison between percent stenosis assessment from the quality control (QC) lab vs the clinical site in the CASS Study



*area of the square is proportional to the number of cases

Of all the coronary segments, the LM has the greatest angiographic variability - II



Five grades of LM severity # of grades of difference in assessment of LM severity

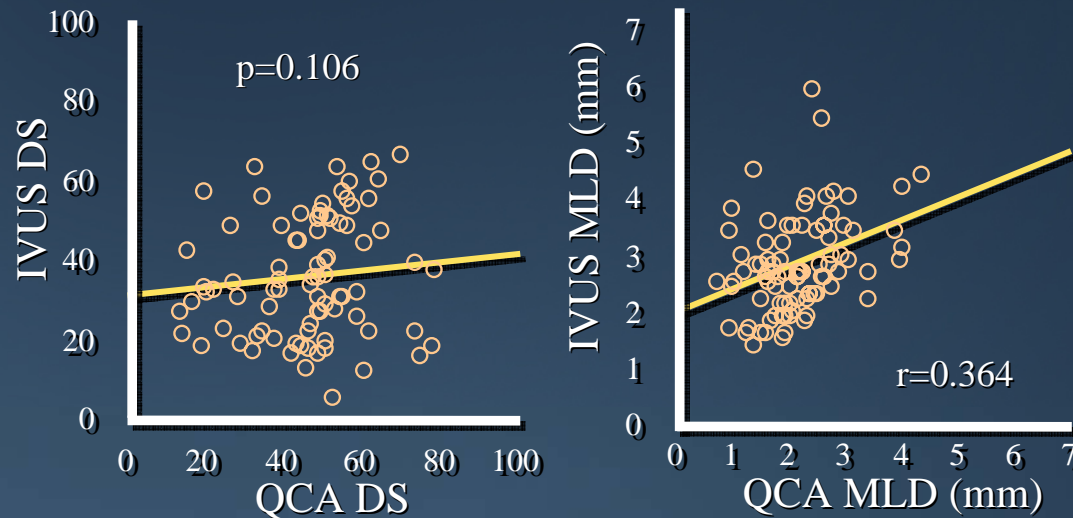
- | | |
|---------------|----------------------------------|
| 1: 0-24% DS | 0: no difference |
| 2: 25-49% DS | +1 or -1: 1 grade difference |
| 3: 50-74% DS | +2 or -2: 2 grades of difference |
| 4: 75-89% DS | +3 or -3: 3 grades of difference |
| 5: 90-100% DS | +4 or -4: 4 grades of difference |

But surely we are better today!

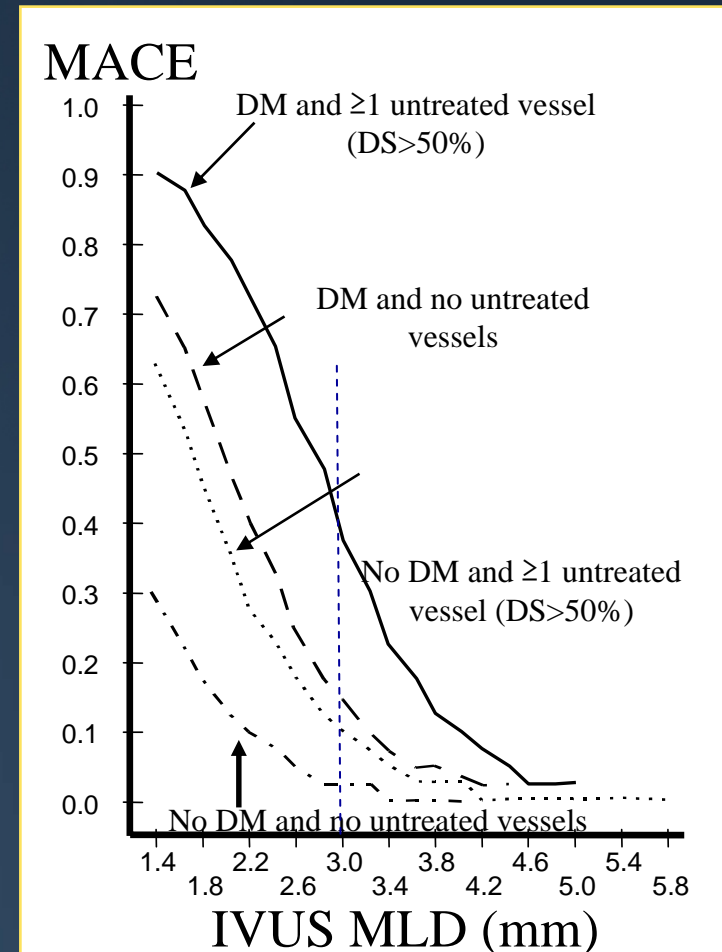
- 51 intermediate or equivocal LM lesions were evaluated by FFR and angiography. Four experienced interventional cardiologists visually classified lesions as 'significant', 'not significant', or 'unsure.'
- The 4 experienced interventional cardiologists achieved correct lesion classification in no more than ~50% of each case regardless of the FFR threshold (≤ 0.75 or ≤ 0.80).
- Interobserver variability was large, resulting in unanimous correct lesion classification in only 29%!



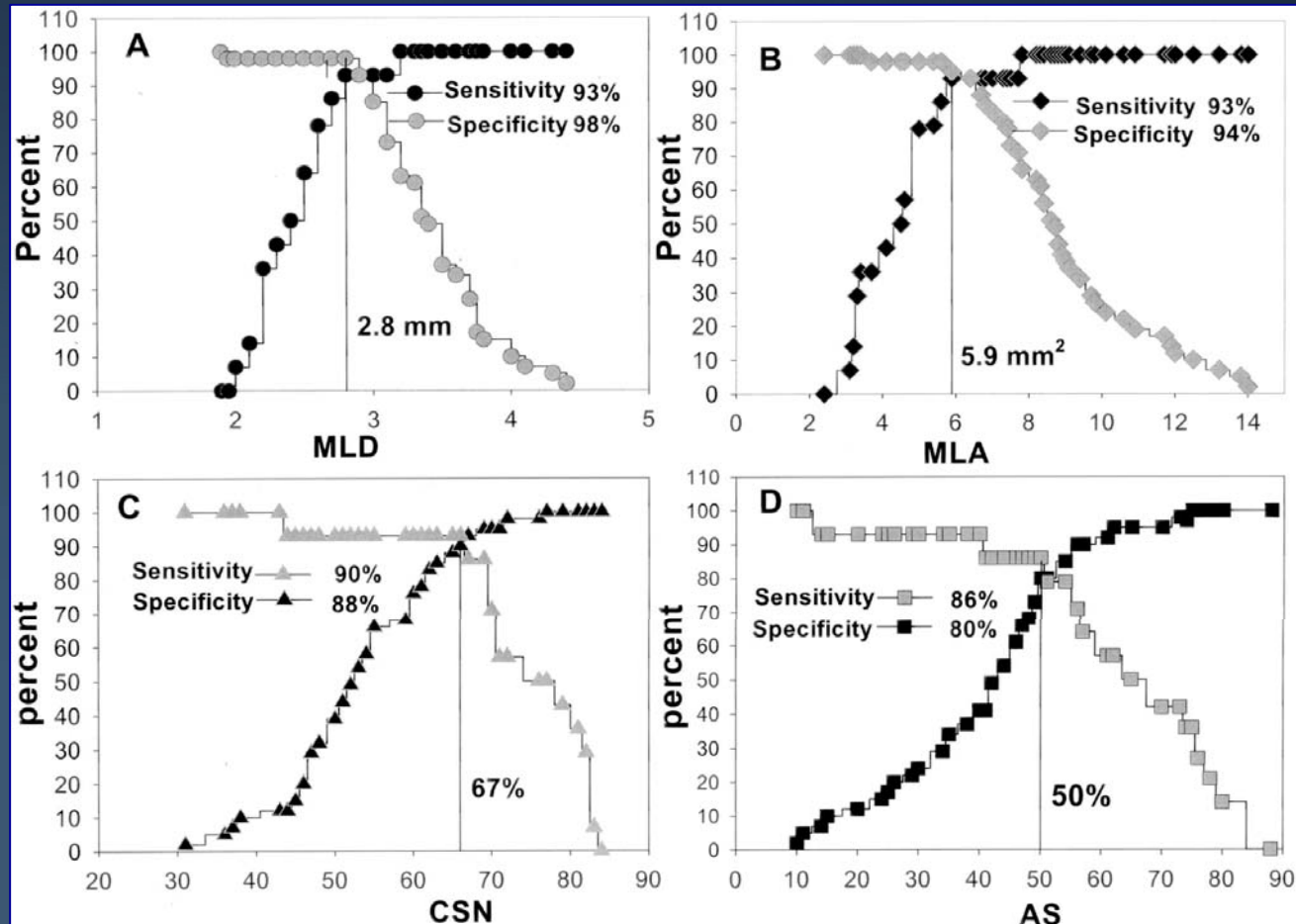
Follow-up of 122 patients with moderate LM disease



Independent predictors of MACE @11.7 months: DM ($p=0.004$), untreated lesion $>50\%$ ($p=0.037$), and IVUS MLD ($p=0.005$) – but NOT the plaque burden.



IVUS determinants of LMCA FFR <0.75

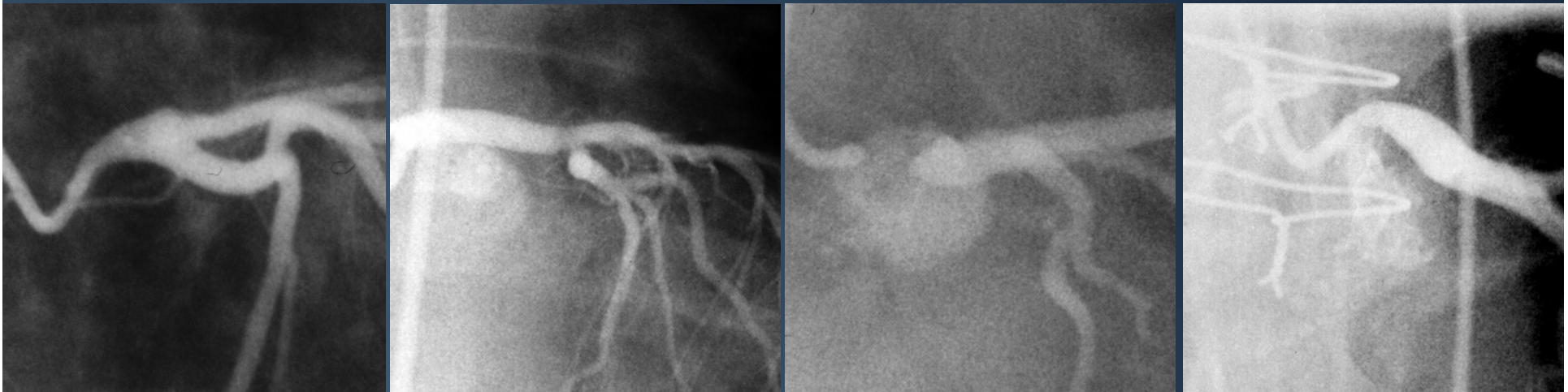


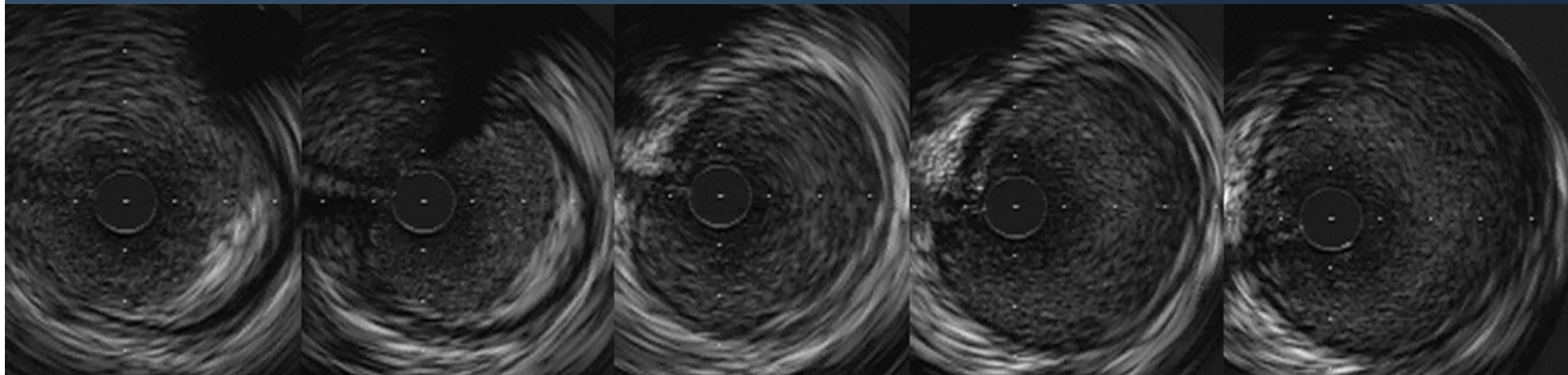
IVUS assessment of LM disease significance is based on lumen dimensions, not plaque burden



Plaque burden (P&M/EEM) = 68%
MLA=7.2mm²

Which of these LMCA lesions is significant and, therefore, should be treated? And which is not??





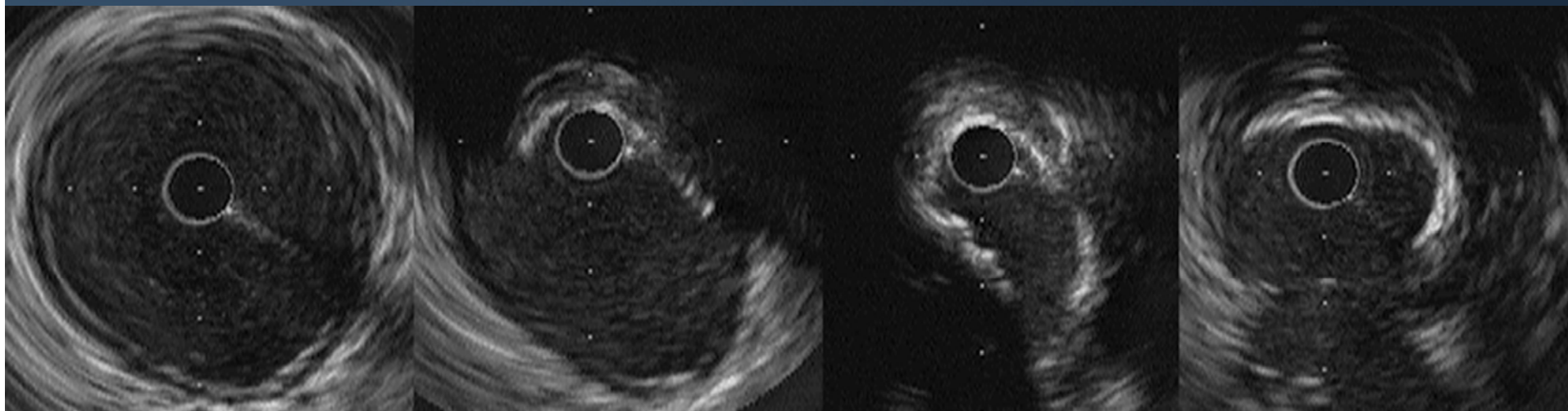
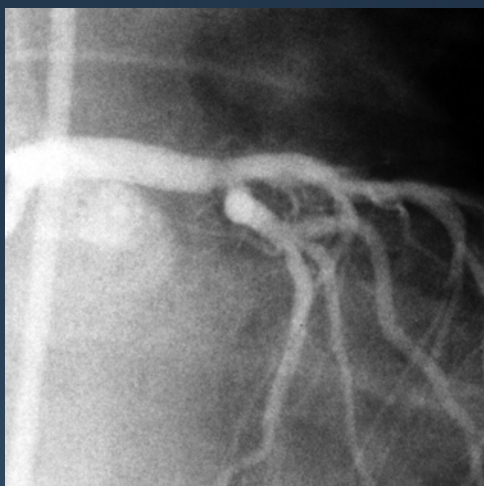
0 → 1.5 → 6.0mm



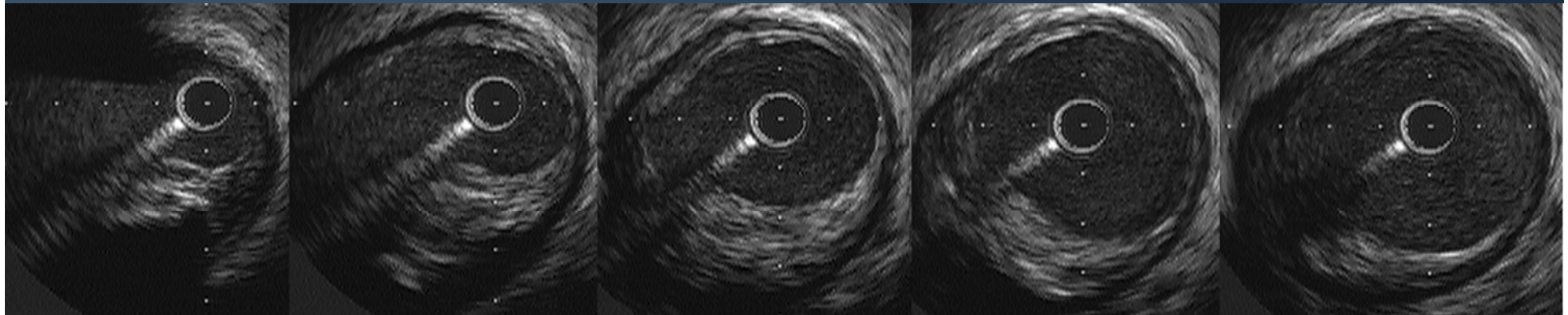
CARDIOVASCULAR RESEARCH
FOUNDATION



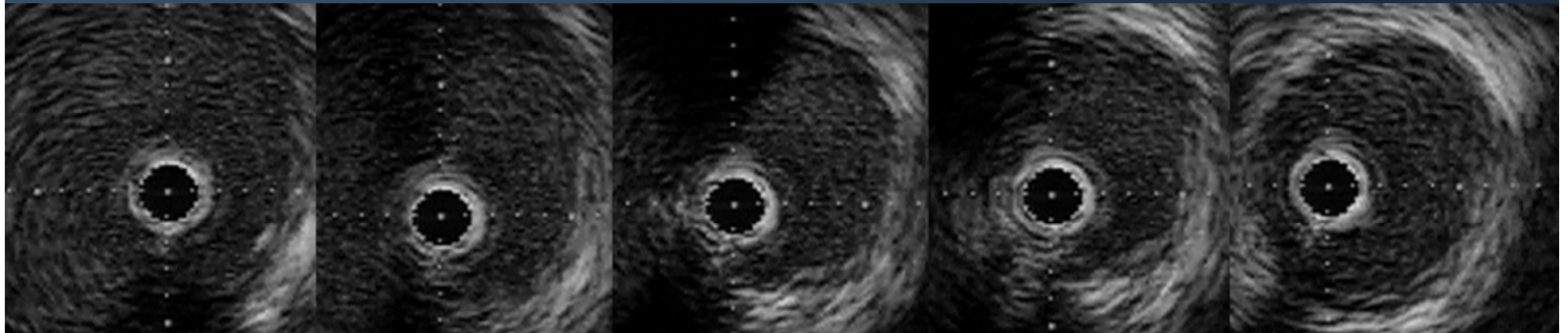
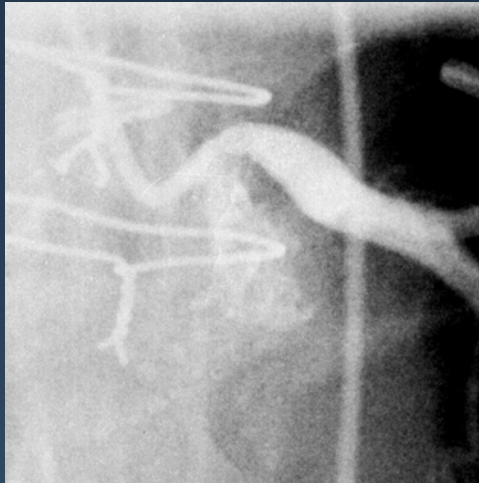
COLUMBIA UNIVERSITY
MEDICAL CENTER



0 —————> 3.0 —————> 9.0mm



0 —————> 2.0 —————> 8.0mm

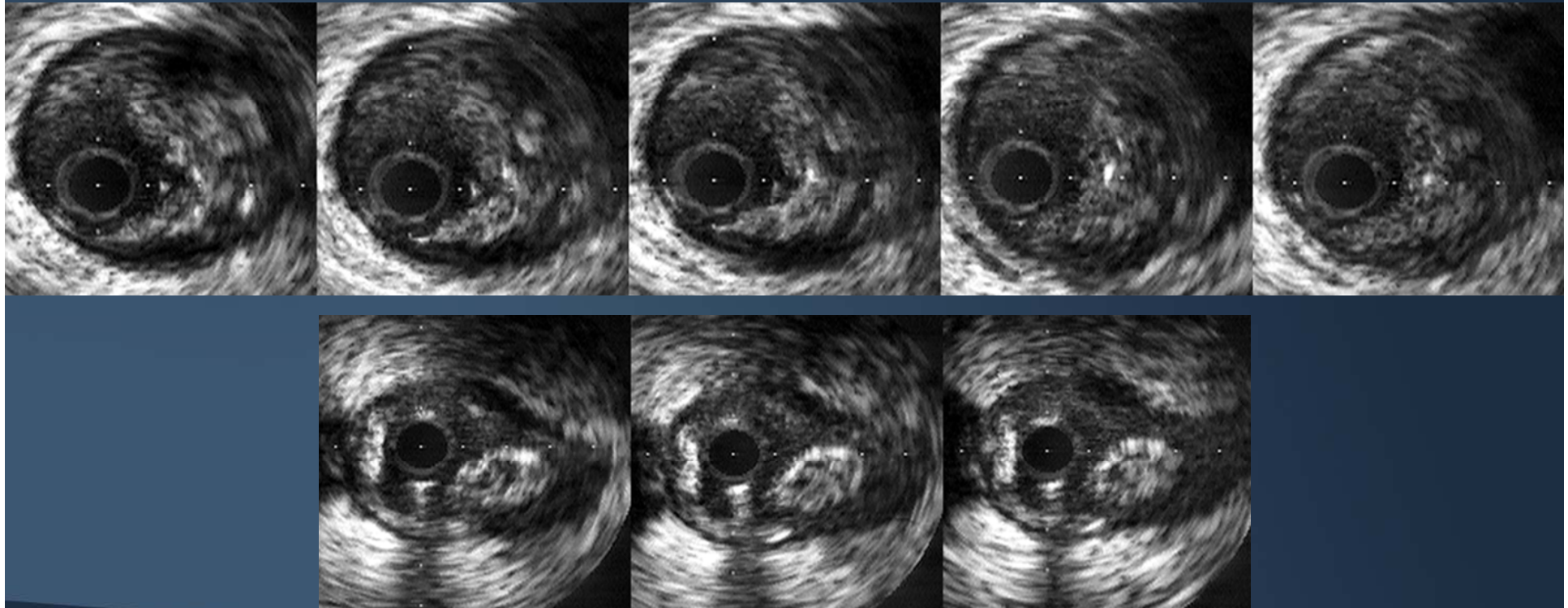
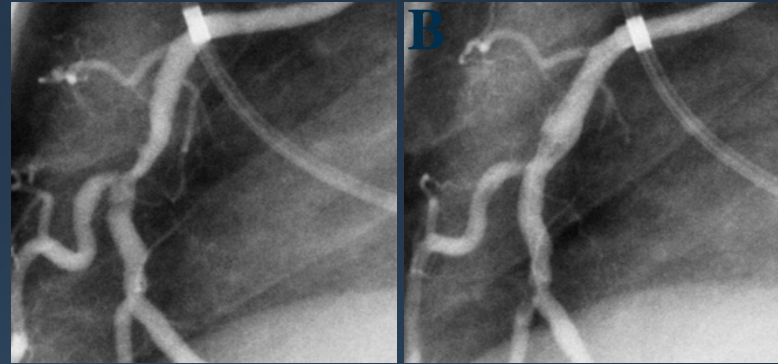


0 —————> 1.0 —————> 4.0mm

Unusual Lesions

- **Filling Defects**
- **Aneurysms**
- **Acute Coronary Syndromes**
- **Spontaneous Dissections**
- **Hazy Lesions**

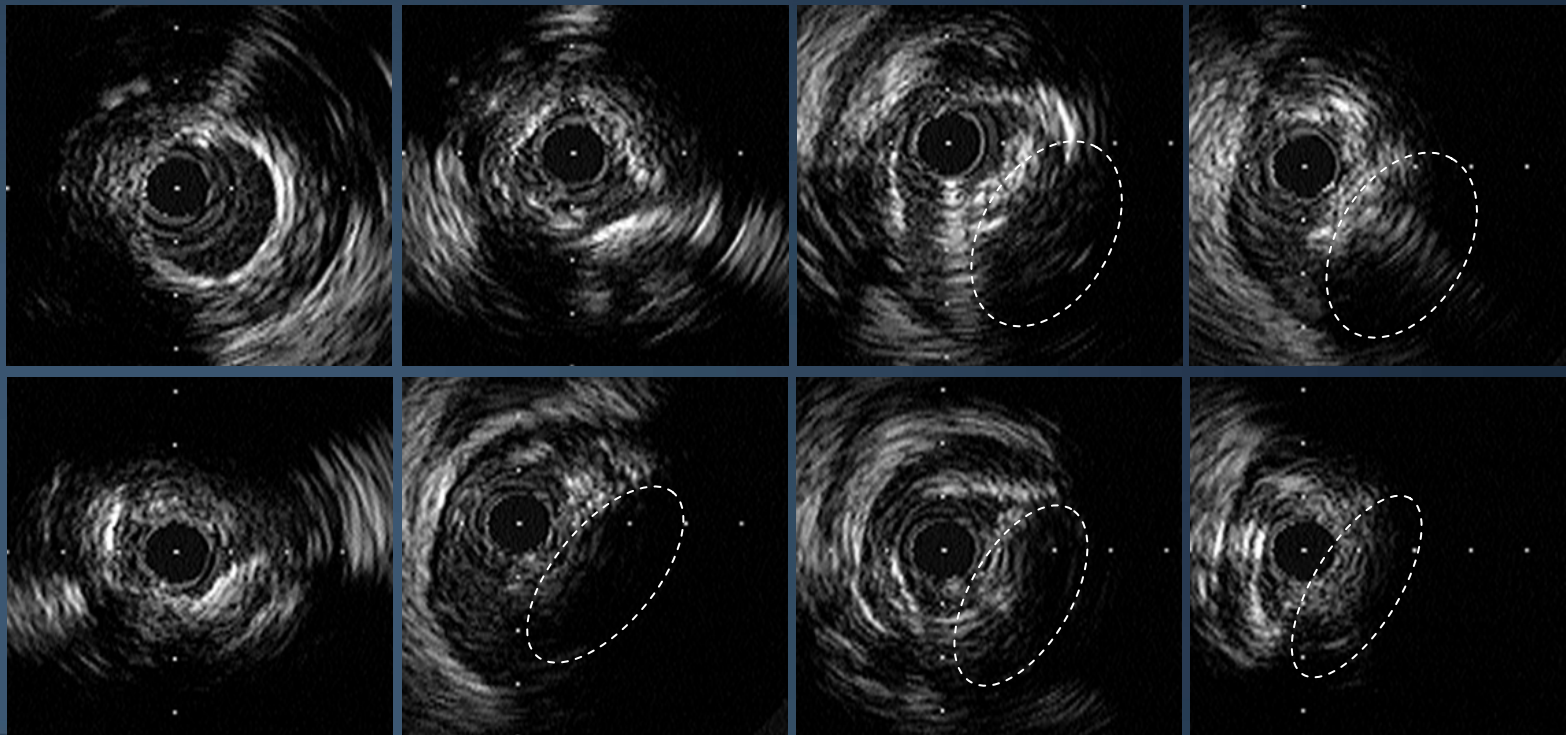
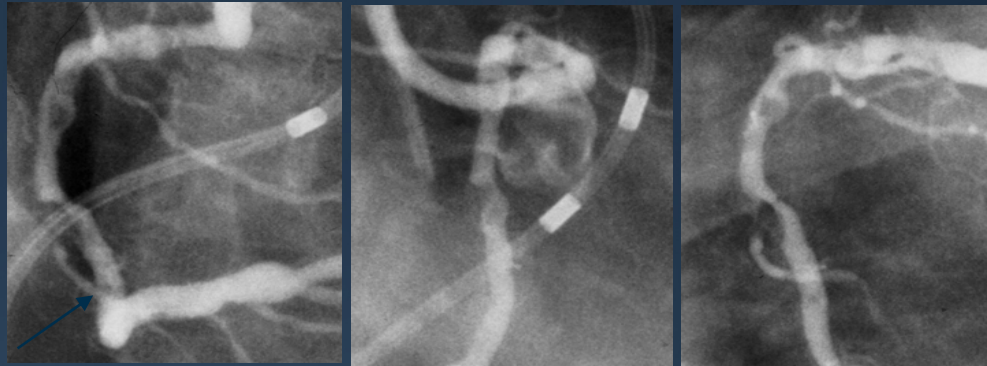




CARDIOVASCULAR RESEARCH
FOUNDATION



COLUMBIA UNIVERSITY
MEDICAL CENTER



CARDIOVASCULAR RESEARCH
FOUNDATION



COLUMBIA UNIVERSITY
MEDICAL CENTER

IVUS Classification of Angiographic Aneurysms

- Of 77 angiographic aneurysms
 - 21 (27%) true aneurysm
 - 3 (4%) pseudoaneurysm
 - 12 (16%) complex plaques or unhealed dissections
 - 41 (53%) normal segment adjacent to one or more stenoses

	True Aneurysm	PSA	Complex Plaque	Normal Site with Adjacent Stenoses
No prior PCI	10	0	6	26
Prior PCI	11	3	6	15

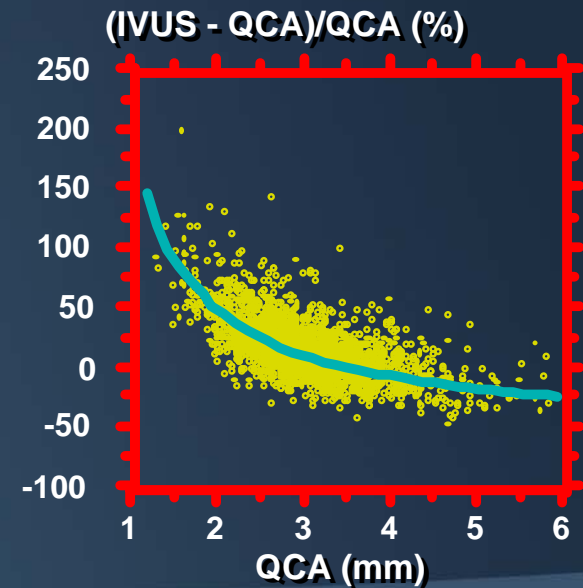
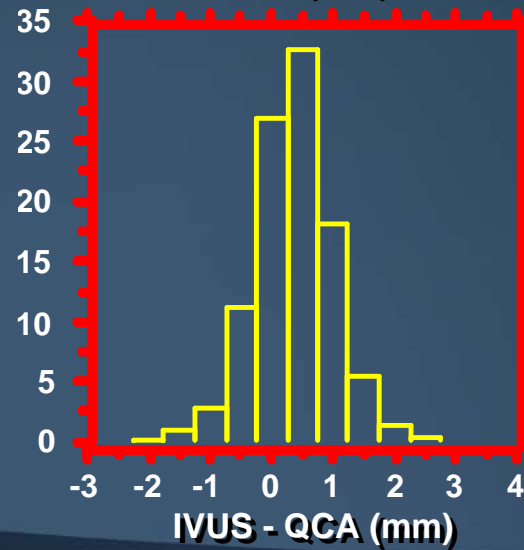
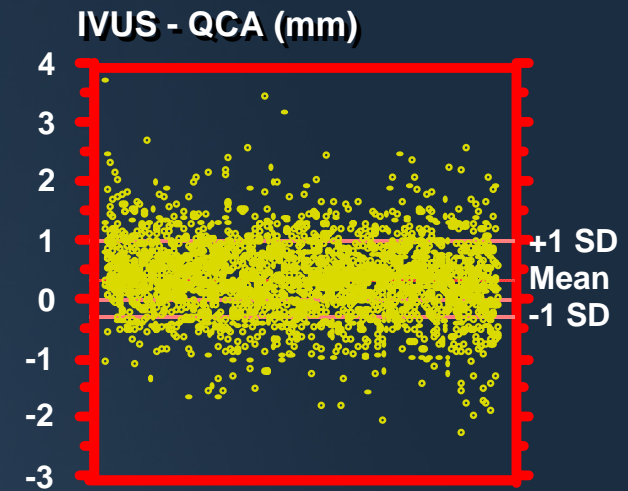
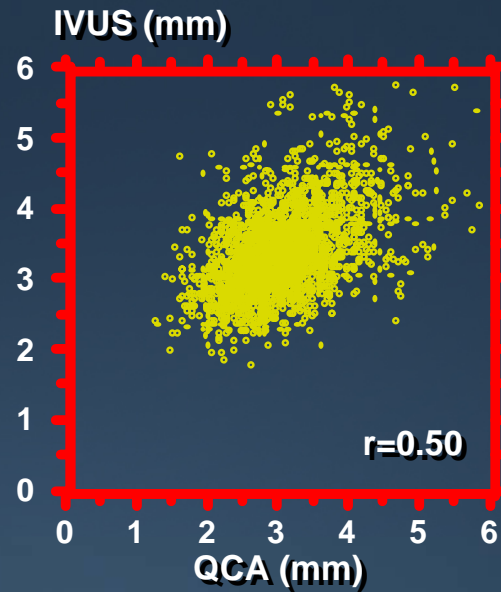
Pre-, Inter-, and Post-Procedure IVUS

- **Pre-intervention**
 - Measure vessel size and lesion length to select DES size and length
 - Assess unusual lesion morphology
- **Post-intervention**
 - **Expansion***: Absolute stent CSA or stent CSA relative to a pre-defined reference or target area/diameter
 - **Apposition***: Contact between stent and vessel wall
 - Full lesion coverage
 - Complications

***While expansion and apposition can co-exist, they are not the same. The prognostic implications are different, and the solutions are different. These terms should NOT be used interchangeably**

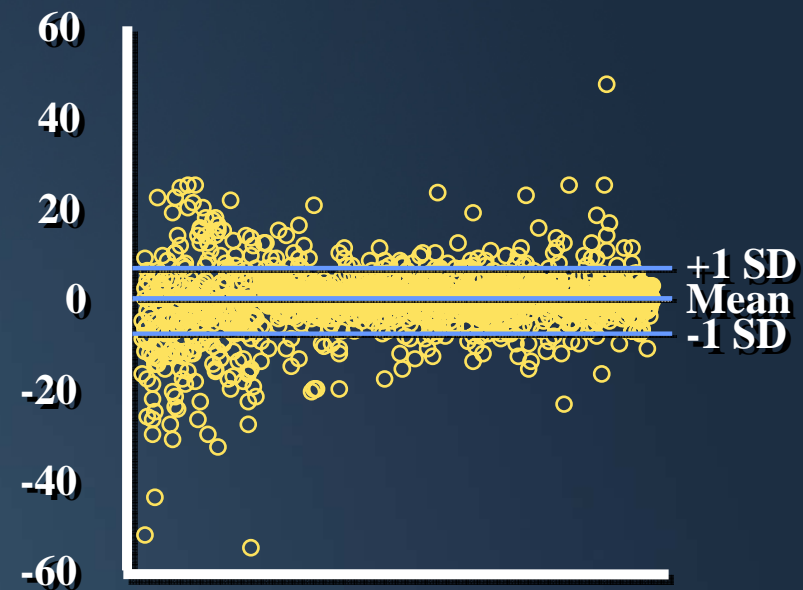
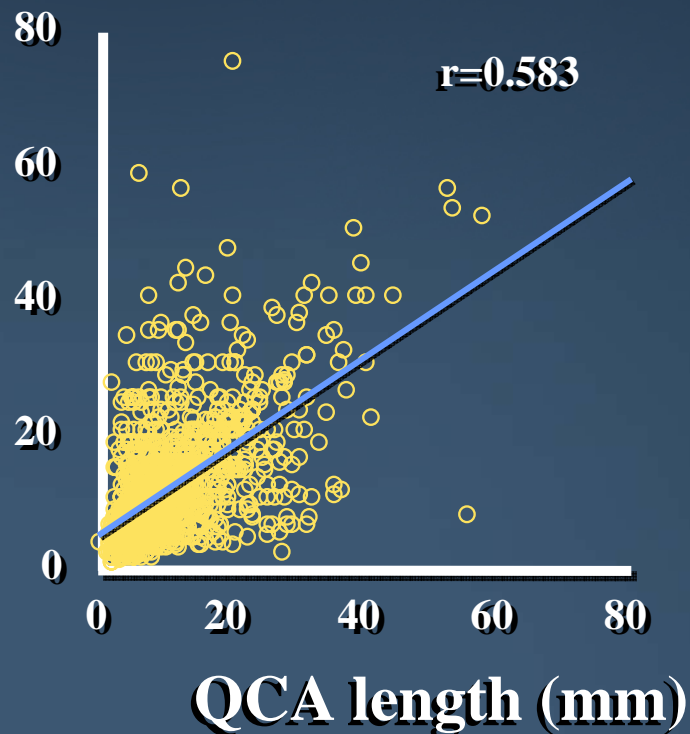


IVUS vs QCA measurements of reference lumen dimensions (3311 nonostial lesions)



IVUS vs QCA measurement of lesion length

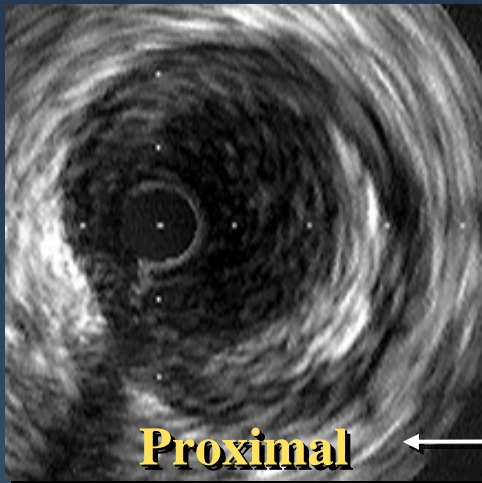
IVUS length (mm)



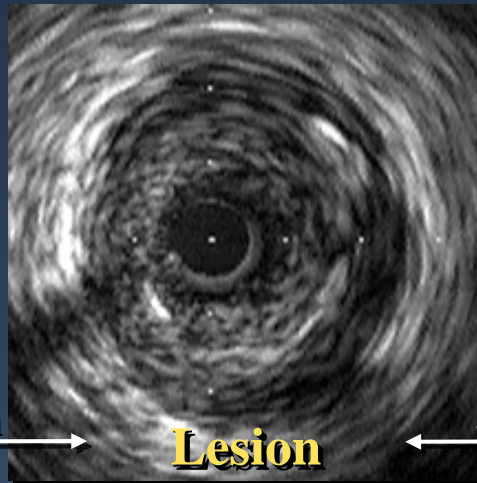
IVUS-QCA length=
 $0.6 \pm 7.2\text{mm}$



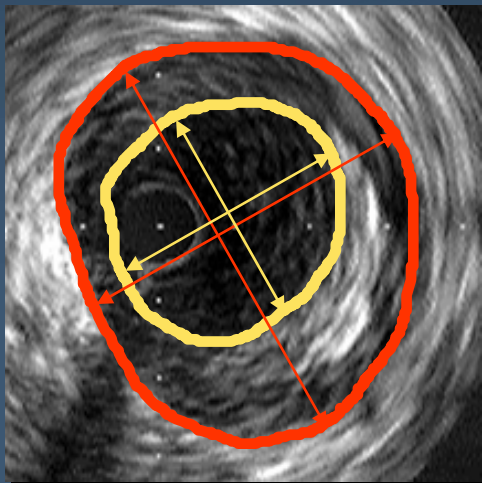
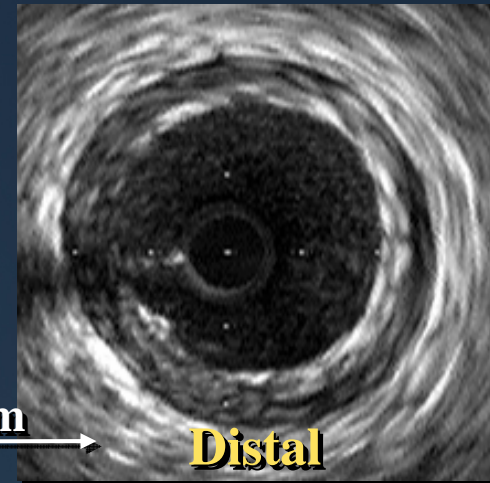
Stent sizing using IVUS



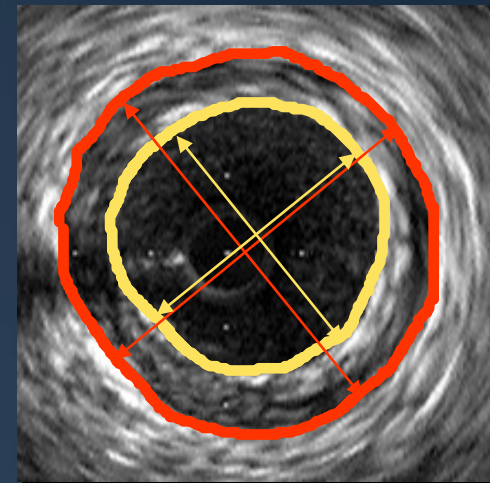
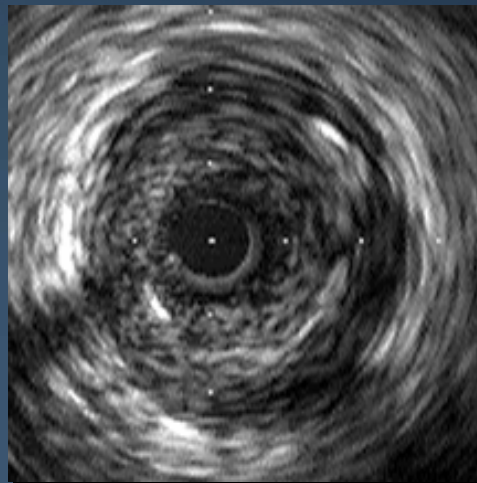
6mm



5.5mm

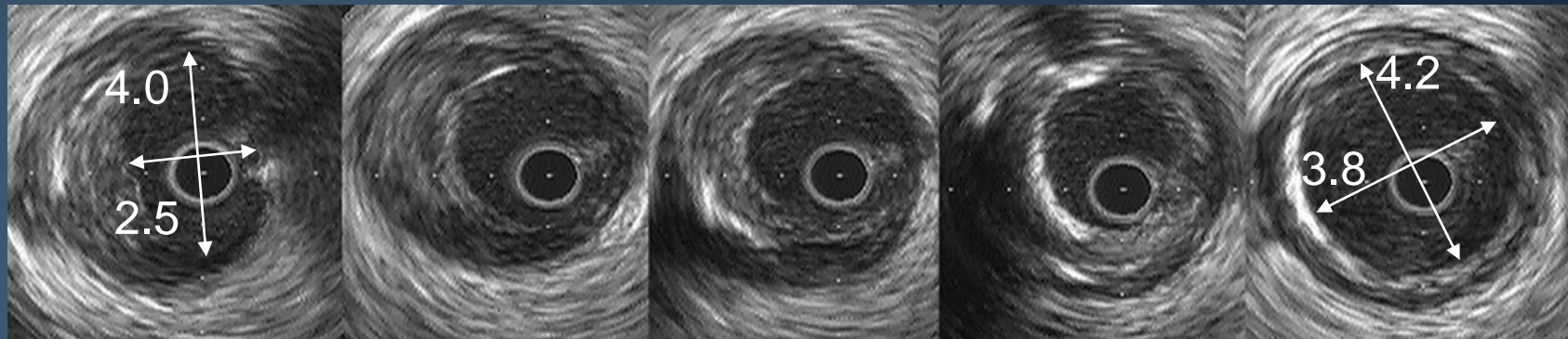
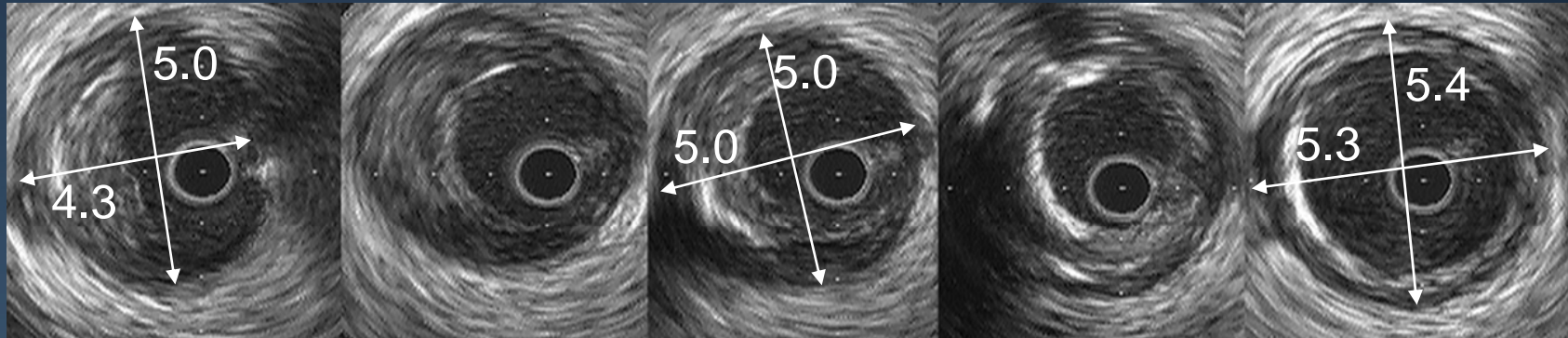


Max LD = 3.3 mm



Max LD = 3.5 mm

0 → 6.5mm → 26.0mm

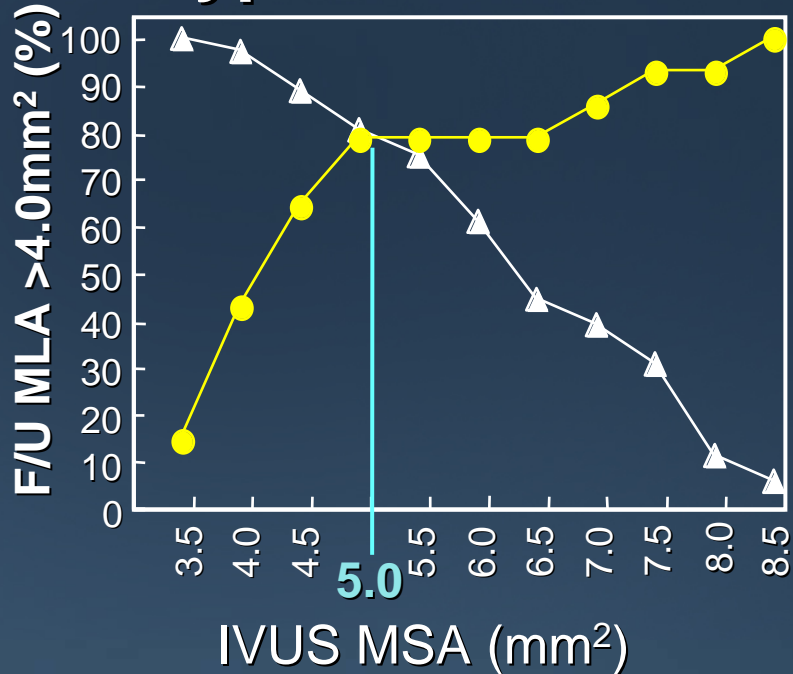


Predictors of DES Thrombosis & Restenosis

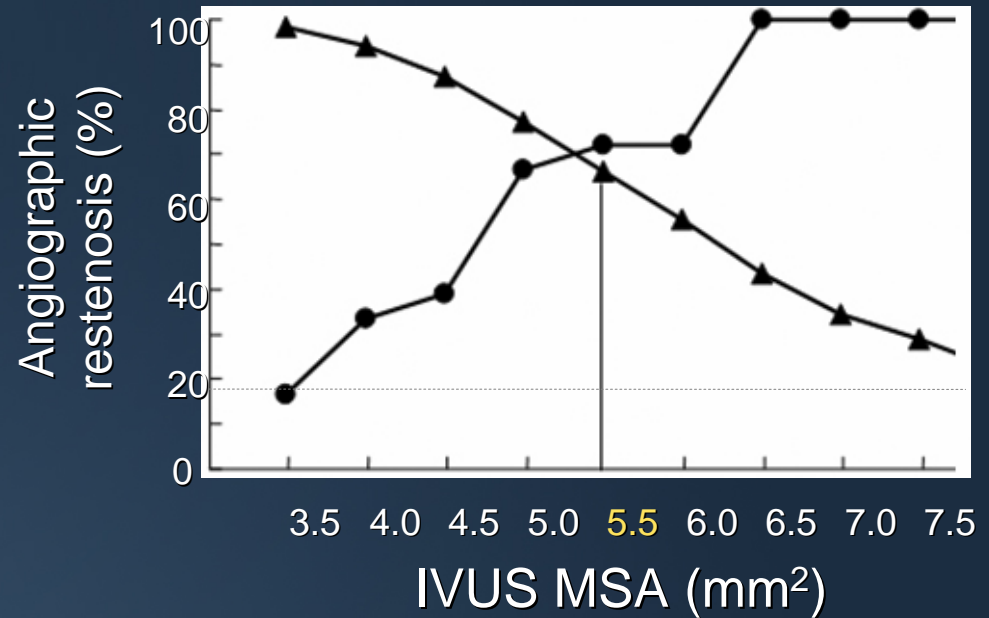
	DES Thrombosis	DES Restenosis
Underexpansion	<ul style="list-style-type: none"> • Fujii et al. <i>J Am Coll Cardiol</i> 2005;45:995-8) • Okabe et al., <i>Am J Cardiol.</i> 2007;100:615-20 	<ul style="list-style-type: none"> • Sonoda et al. <i>J Am Coll Cardiol</i> 2004;43:1959-63 • Hong et al. <i>Eur Heart J</i> 2006;27:1305-10 • TAXUS IV, V, VI meta-analysis • Fujii et al. <i>Circulation</i> 2004;109:1085-1088
Edge problems (geographic miss, secondary lesions, large plaque burden, etc)	<ul style="list-style-type: none"> • Fujii et al. <i>J Am Coll Cardiol</i> 2005;45:995-8) • Okabe et al., <i>Am J Cardiol.</i> 2007;100:615-20 	<ul style="list-style-type: none"> • Sakurai et al. <i>Am J Cardiol</i> 2005;96:1251-3 • Liu et al, <i>Am J Cardiol</i>, in press • Costa et al, <i>Am J Cardiol</i>, 2008;101:1704-11



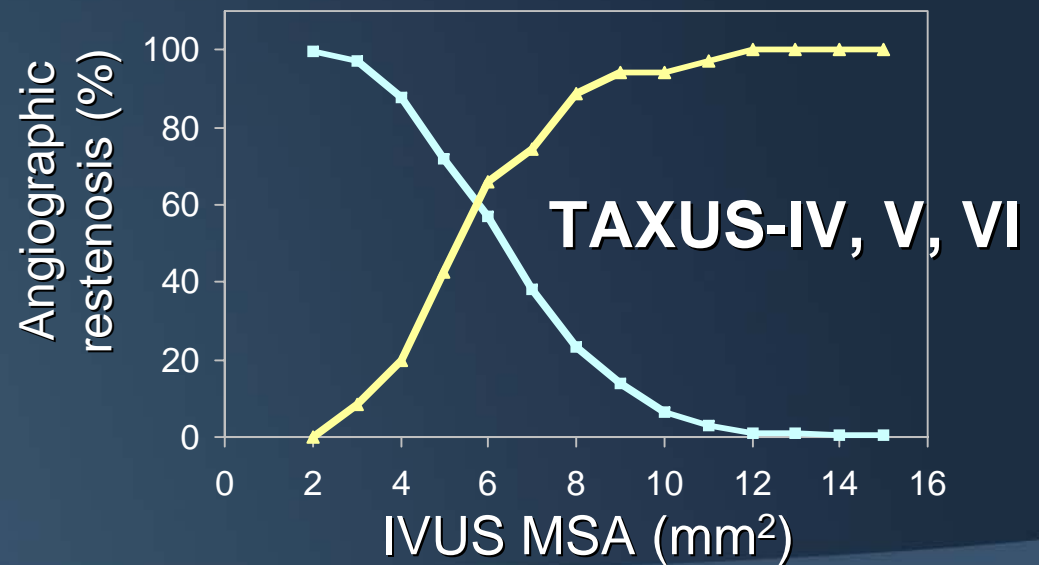
Cypher in SIRIUS*



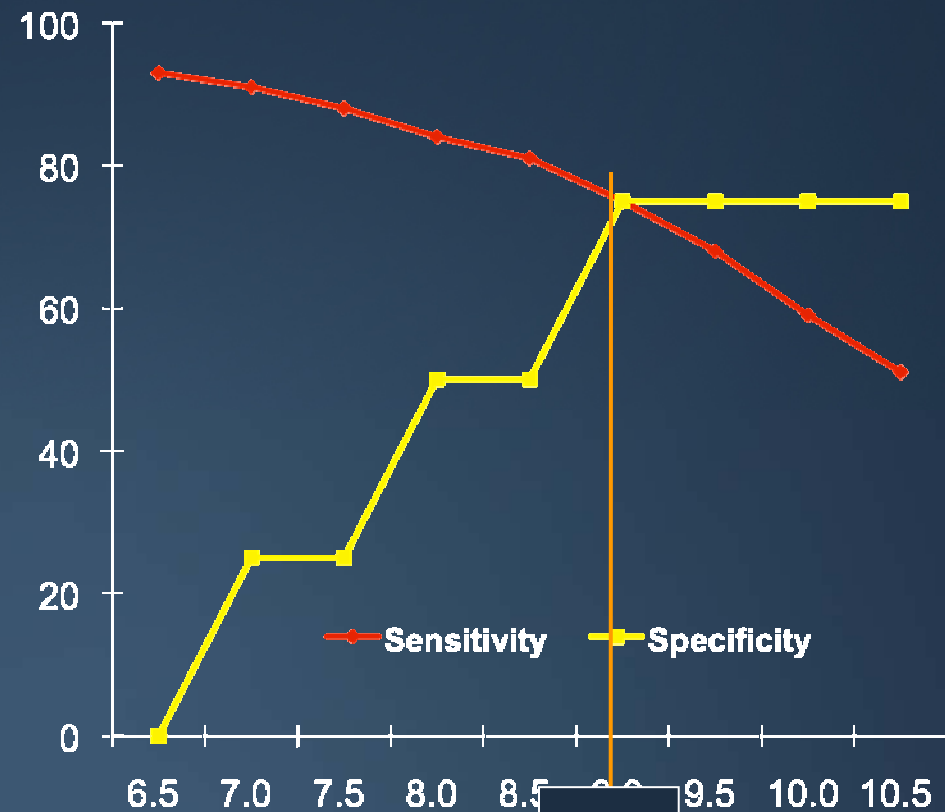
Cypher at AMC**



By definition, sensitivity/specificity curve analysis “must” identify a single MSA that best separates restenosis from no restenosis



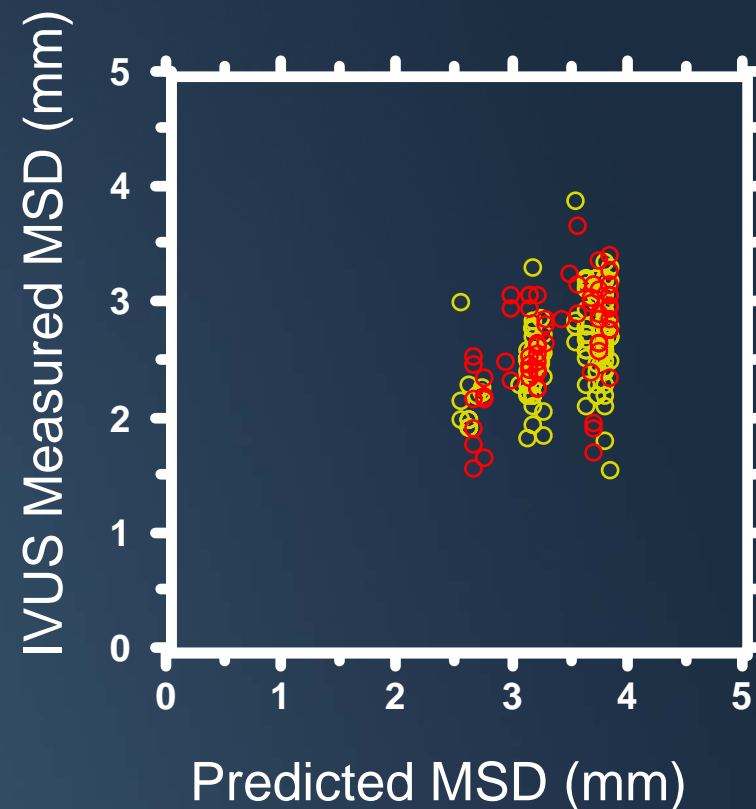
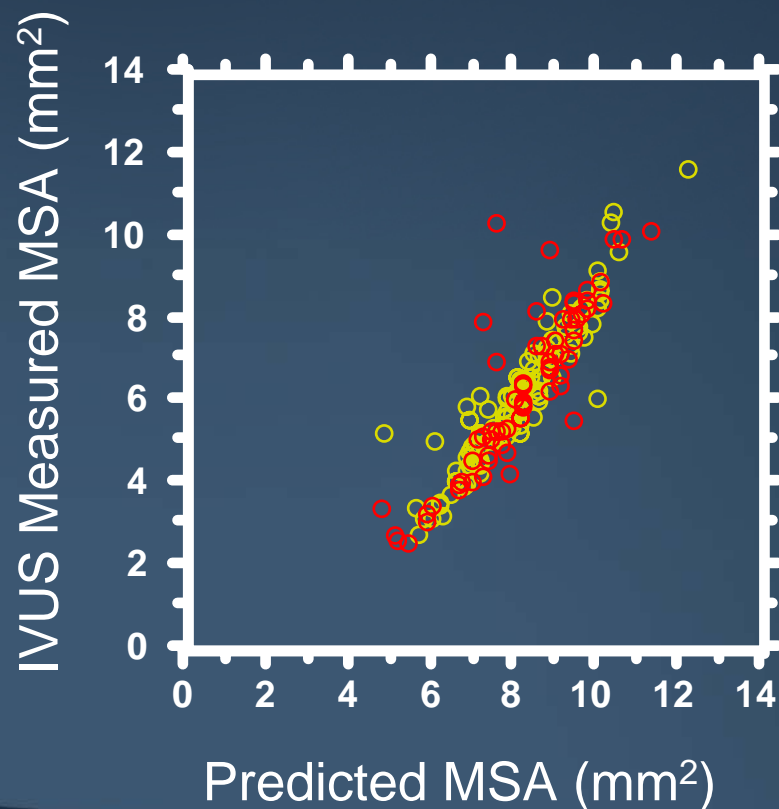
“Optimal” MSA and TLR after LMCA DES Implantation (n=595)



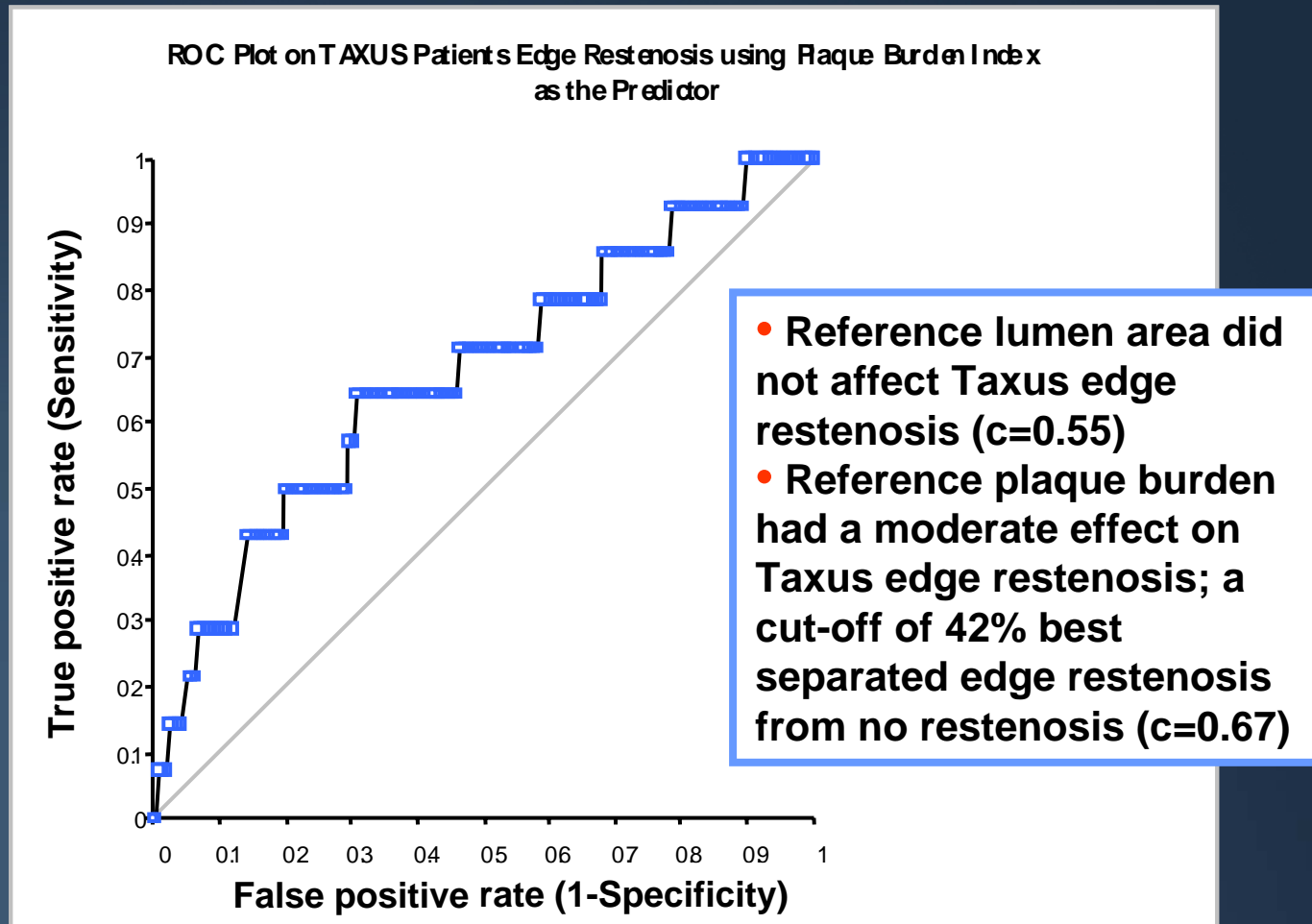
Minimum stent area (mm²)

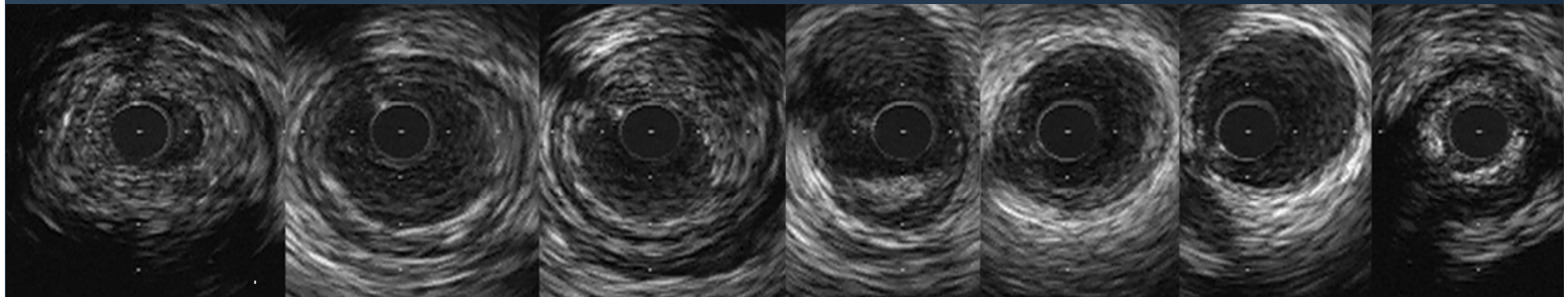
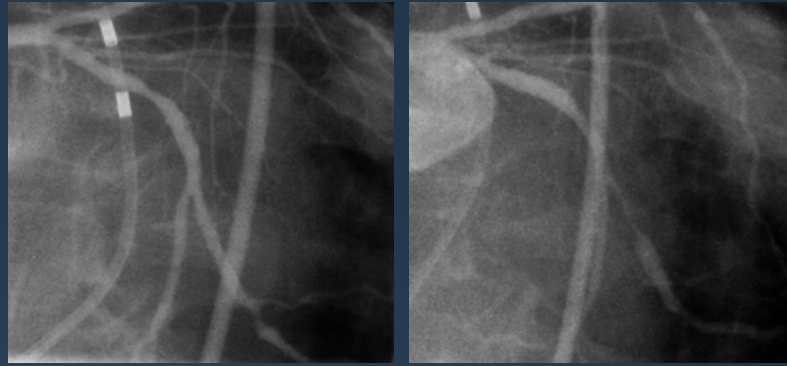
Manufacturer's Compliance Charts Cannot Be Used to Guarantee Adequate Stent Expansion

Comparison of IVUS-measured minimum stent diameter (MSD) and minimum stent area (MSA) with the predicted measurements from Cordis (Cypher in yellow, n=133) and BSC (Taxus in red, n=67). DES achieve an average of only 75% of the predicted MSD (66% of MSA)

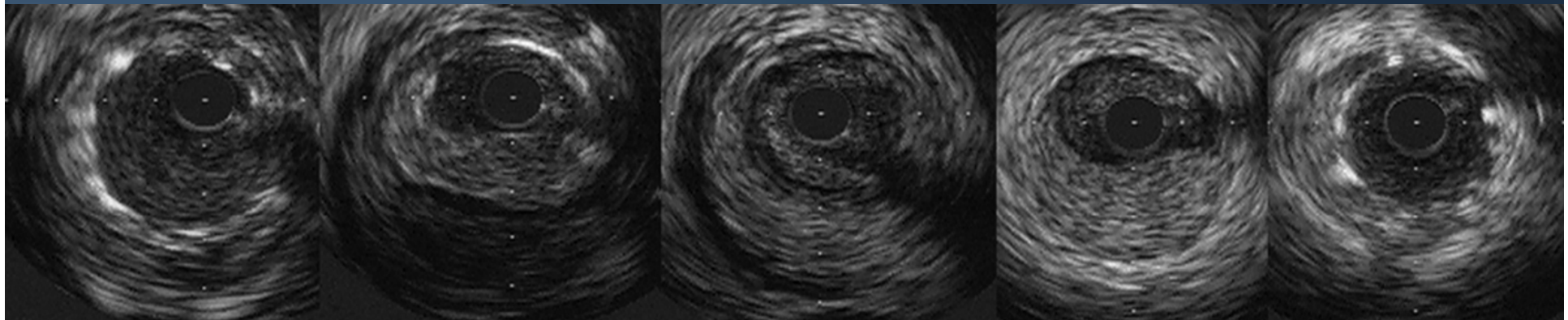


Comparison of 9-month QCA edge restenosis vs reference lumen area and plaque burden in TAXUS-IV, V, and VI (n=810)



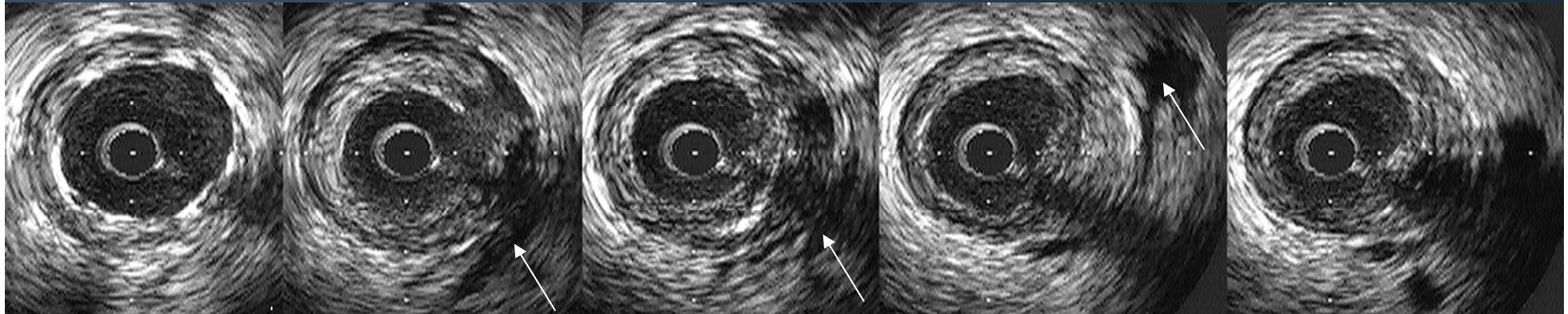
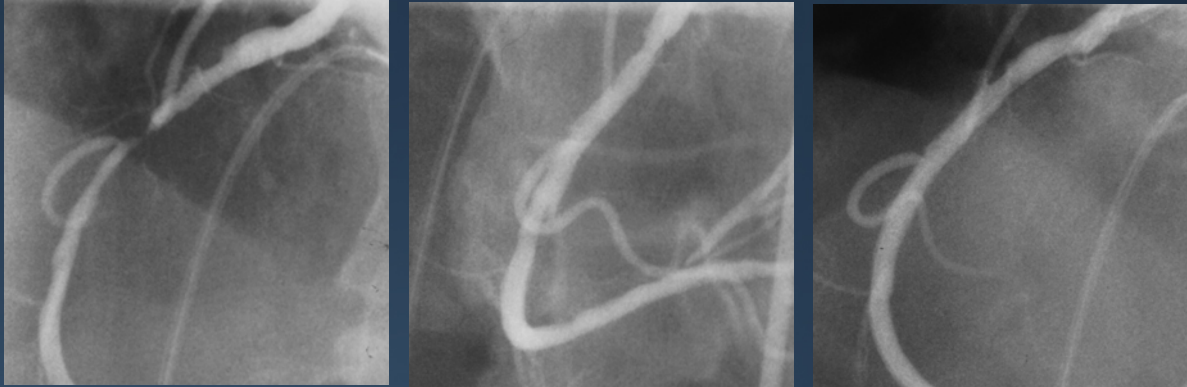


0 → 7.5mm → 45.0mm



0 → 8.0mm → 32.0mm

Perforation



0 —————> 1.5mm —————> 6.0mm