

# **Evaluation of DES** **using OCT**

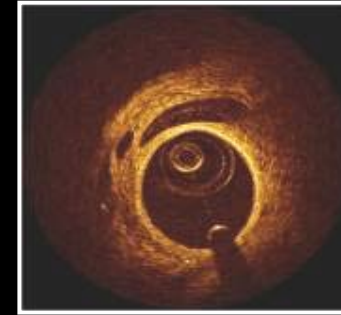
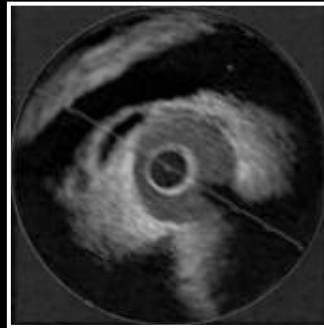
*Mitsuyasu Terashima,*  
*MD, PhD*

*Toyohashi Heart Center*





# IVUS vs OCT



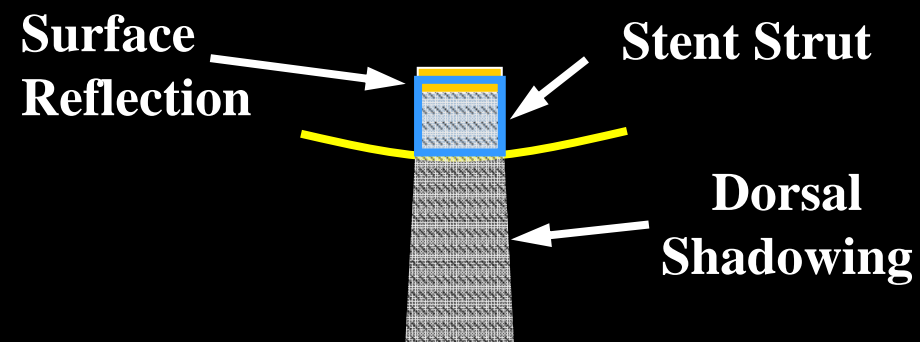
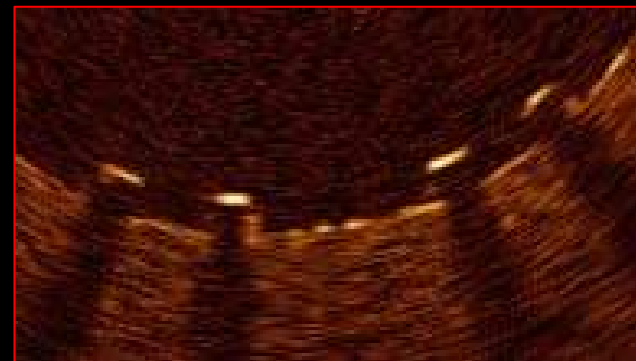
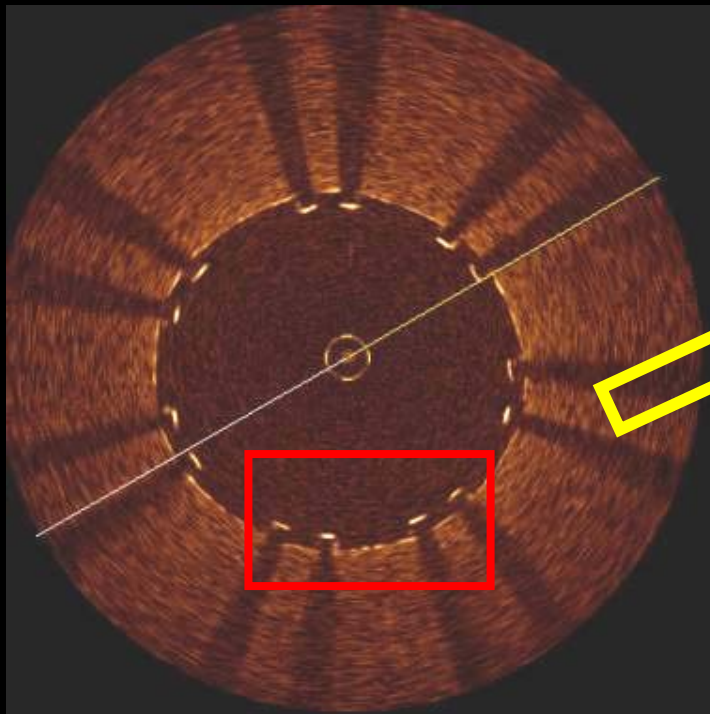
	IVUS	OCT
Resolution (axial)	100 – 150 $\mu$ m	10 - 15 $\mu$ m
(lateral)	150 - 300 $\mu$ m	25 - 40 $\mu$ m
Frame rate	30 frames/s	15 frames/s
Dynamic range	40 - 60 dB	90 - 110 dB
Scan area	8 - 10 mm	7 mm
Max. depth of tissue penetration	4 - 8 mm	2 mm (Limited by light scattering rather than absorption)
	Blood clearing not required	Requires Blood clearing



# Stent Implantation



# Interpretation of OCT Image of Implanted Stent

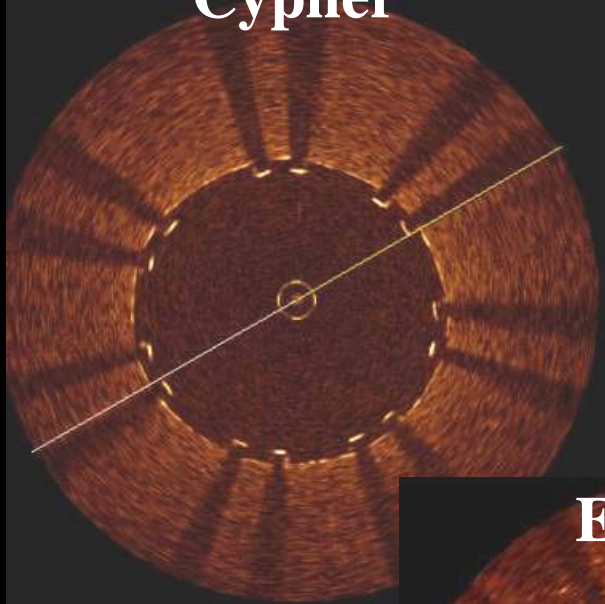


✓ Near infrared light used in OCT cannot penetrate the metallic stent strut, so stent struts are visualized as linear structures with strong surface reflection and typical dorsal shadowing.

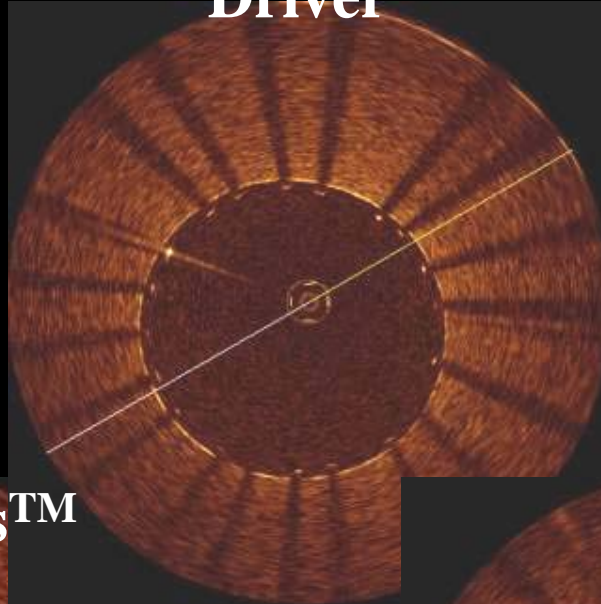


# OCT Images of Implanted Stents

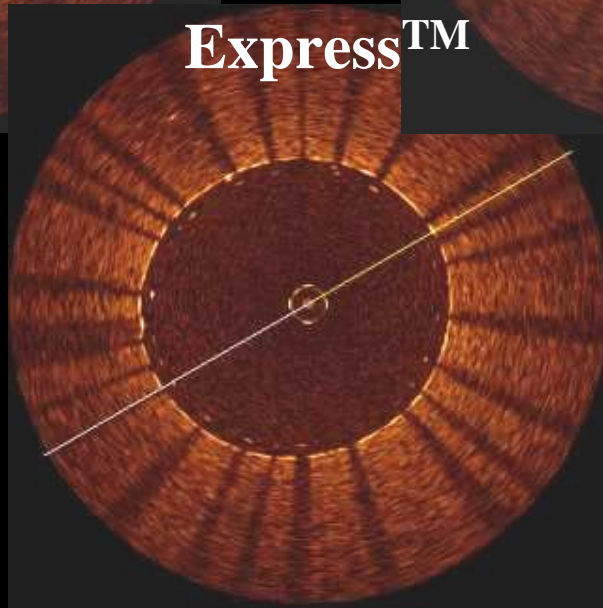
Cypher™



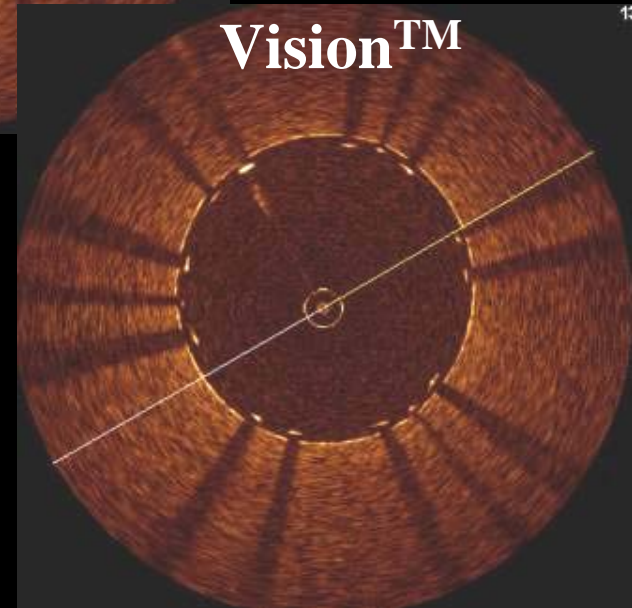
Driver™



Express™



Vision™



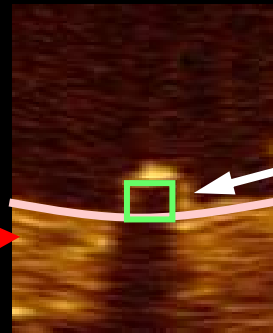
# Stent Apposition



# OCT Image of Implanted stent Just after Deployment

✓ Apposition of stent strut to the vessel wall is evaluated by measuring the distance between the strut surface and adjacent vessel surface.

## Complete stent apposition (CSA)

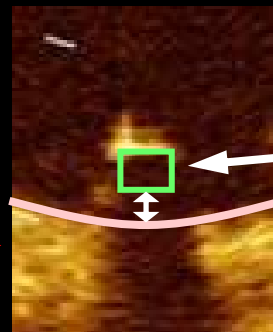


Stent Strut

$\leq$  thickness of strut

✓ Near infrared light used in OCT cannot penetrate the metallic stent strut, so stent struts are visualized as linear

## Incomplete stent apposition (ISA)



Stent Strut

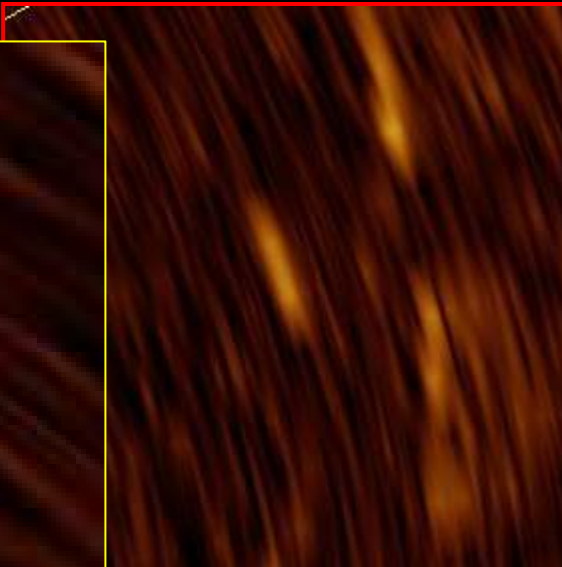
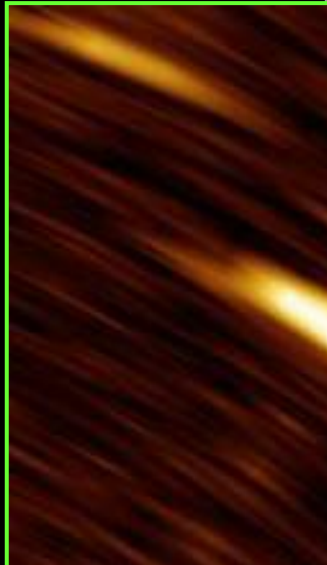
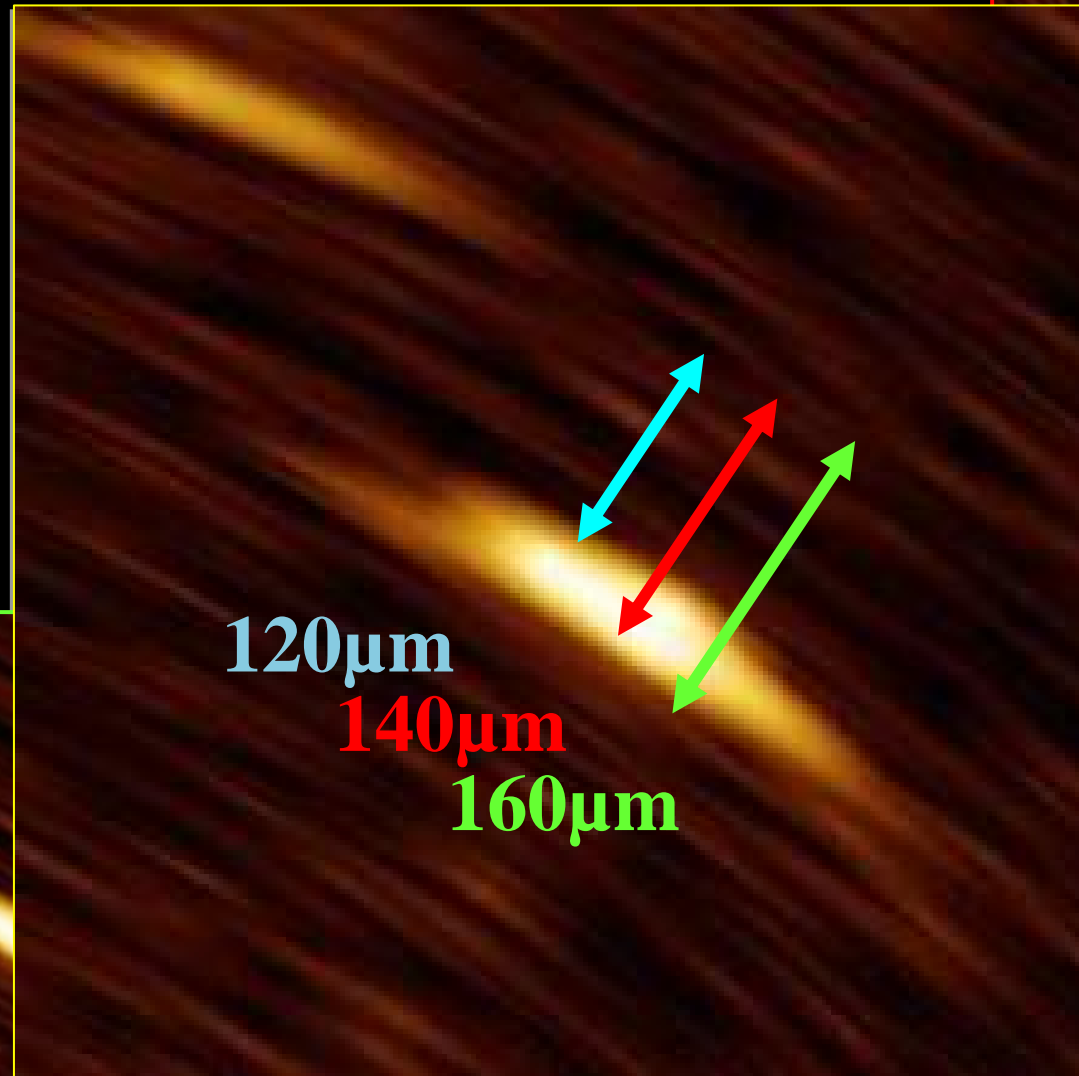
$>$  thickness of strut

reflection and typical dorsal shadowing.





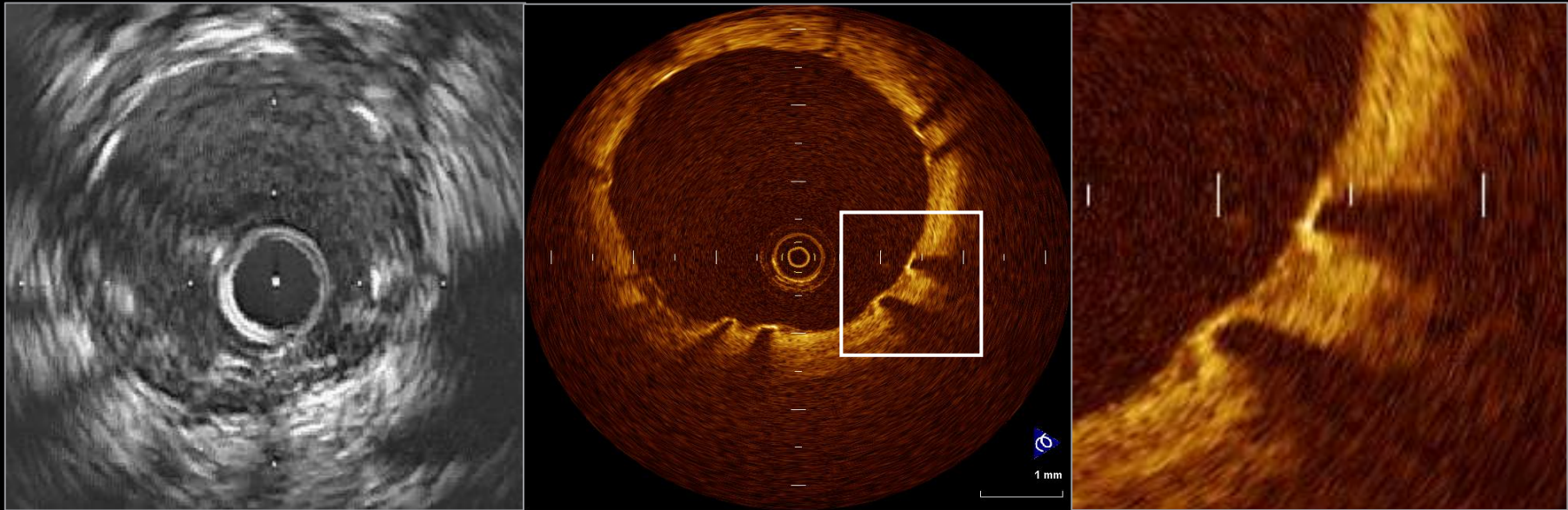
# *How to measure?*



**Identification of Chronic  
Vascular Responses to  
Coronary Stenting by Optical  
Coherence Tomography**



# *IVUS and OCT image of SES at 3-month follow-up*



✓ OCT provides detailed visualization of the individual stent struts and a thin neointimal layer over DES struts that IVUS can not detect.

## ***Late stent thrombosis***

Although DES has reduced rates of restenosis, late thrombosis, a life-threatening complication of this technology has emerged as a major concern.

**Lancet 2004; 364: 1519-21**

**Late thrombosis in drug-eluting coronary stents after discontinuation of antiplatelet therapy**

**J Am Coll Cardiol 2005;45:2088-92**

**Late thrombosis: 0.35% ( 7 / 2,006 patients)**

**8 late thromboses / 7 patients**

**Aspirin (+) : 5 late thromboses**

**No aspirin or clopidogrel : 3 late thromboses**



# **FDA Advisory Panel on the Safety and Efficacy of Drug Eluting Stents: Summary of Findings and Recommendations**

Jeffrey J. Popma, MD, Bonnie Weiner, MD, Michael J.  
Cowley, MD,  
Charles Simonton, MD, Dan McCormick, DO, and Ted  
Feldman, MD

Supported by an education grant from Medtronic, Inc,  
and Boston Scientific, Inc.

(@ 2006 AHA annual meeting)

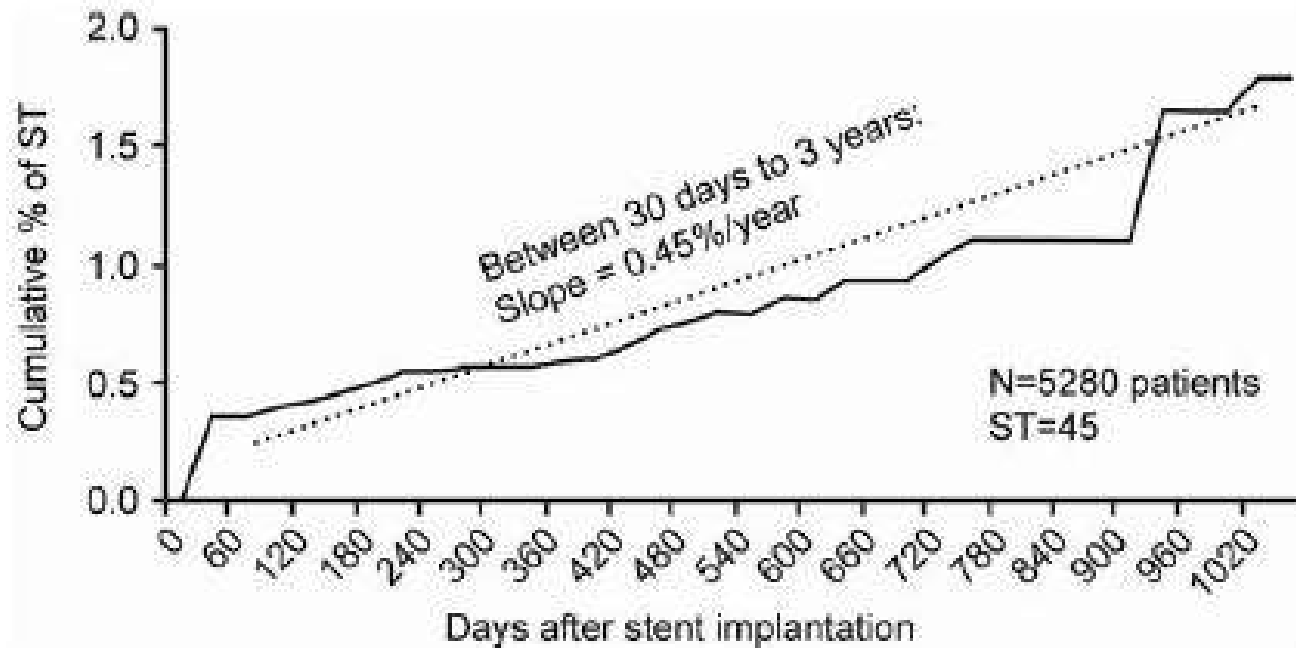


*Toyohashi Heart Center*



# FDA Advisory Panel on the Safety and Efficacy of Drug Eluting Stents (2)

Figure 8: Prairie Stent Registry Cumulative Event Rate



There were 45 (0.85 percent) cases of definite stent thrombosis using the ARC definitions, including 16 that occurred at a steady rate more than one year after DES placement(10) (Figure 8). Over 50 percent of these cases presented with STEMI. **The cumulative event rate for definite very late stent thrombosis was 0.45 percent per year.**



### **Procedural Factors**

- Incomplete apposition
- Under expansion
- Excessive stent length
- Overlapping stents

### **Device Factors**

- Hypersensitivity reaction
- Uneven distribution of drug
- Incomplete apposition due to poor flexibility

## **Increased Risk for Late Stent Thrombosis**

### **Lesion Factors**

- Penetration of necrotic core or Pre-existing thrombus with necrotic core (AMI)
- Bifurcation / Ostial stenting
- Long lesion
- Bare struts
- Late malapposition (inflammation)

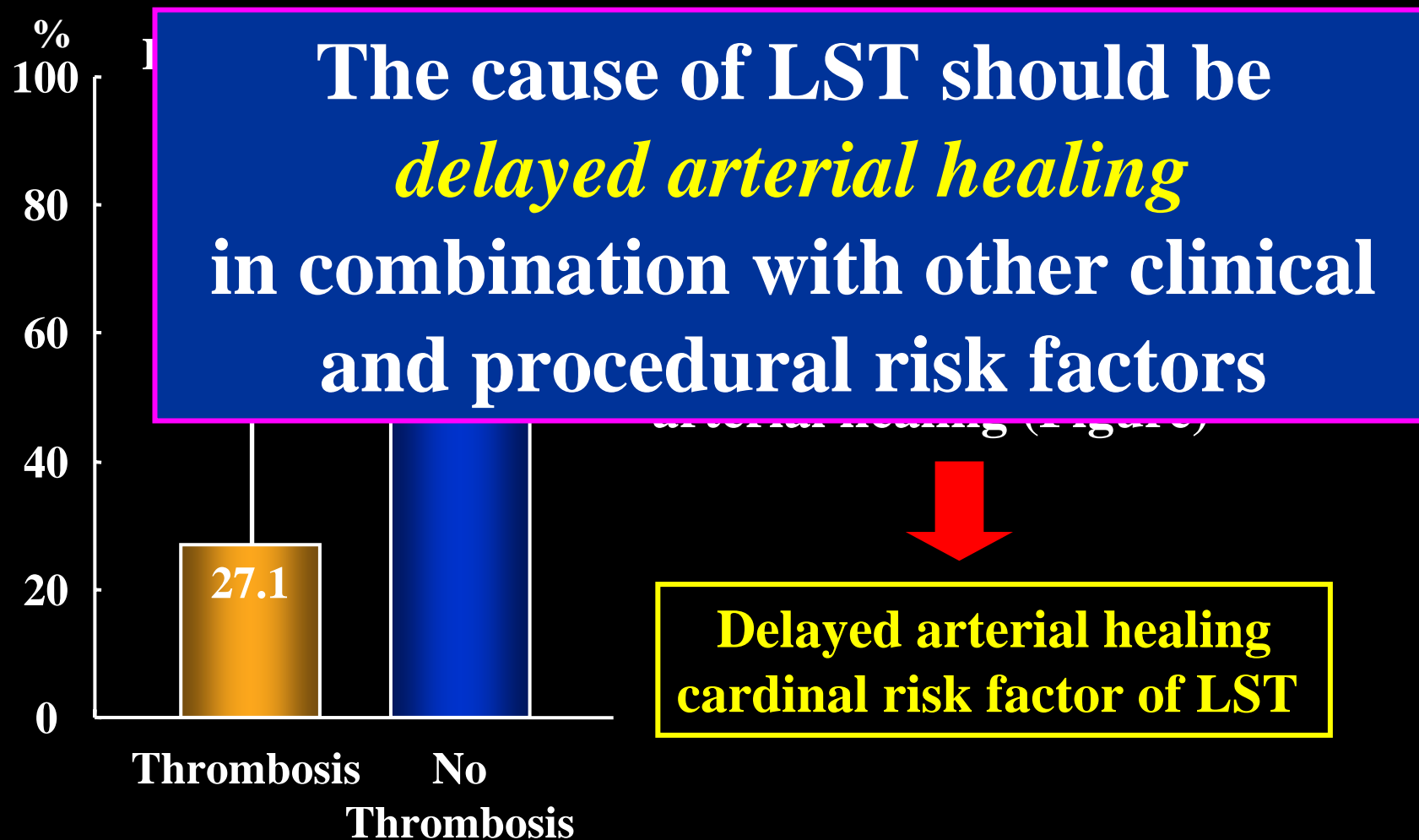
### **Patient Factors**

- Diabetes
- Renal failure
- Low EF
- Not a candidate for long term Anti-platelet therapy
- Premature discontinuation of Antiplatelet therapy



# Pathology of Drug-Eluting Stents in Humans: Delayed Healing and Late Thrombotic Risk

Joner, M et al, J Am Coll Cardiol 2006;48:193-202





# Pathological Correlates of Late Drug-Eluting Stent Thrombosis

## Strut Coverage as a Marker of Endothelialization

Aloke V. Finn, MD\*; Michael Joner, MD\*; Gaku Nakazawa, MD; Frank Kolodgie, PhD;  
John Newell, AB; Mike C. Jahn, MDH; Herman K. Gold, MD; Ranu Virmani, MD

The best morphometric predictor of LST was the ratio of uncovered to total stent struts.

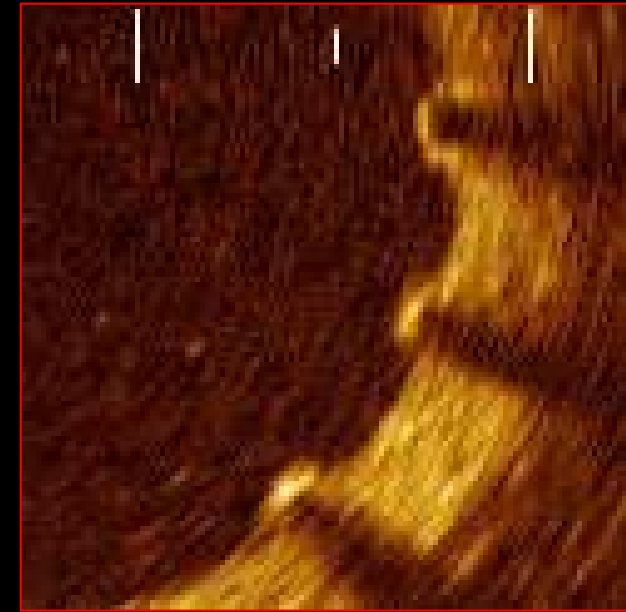
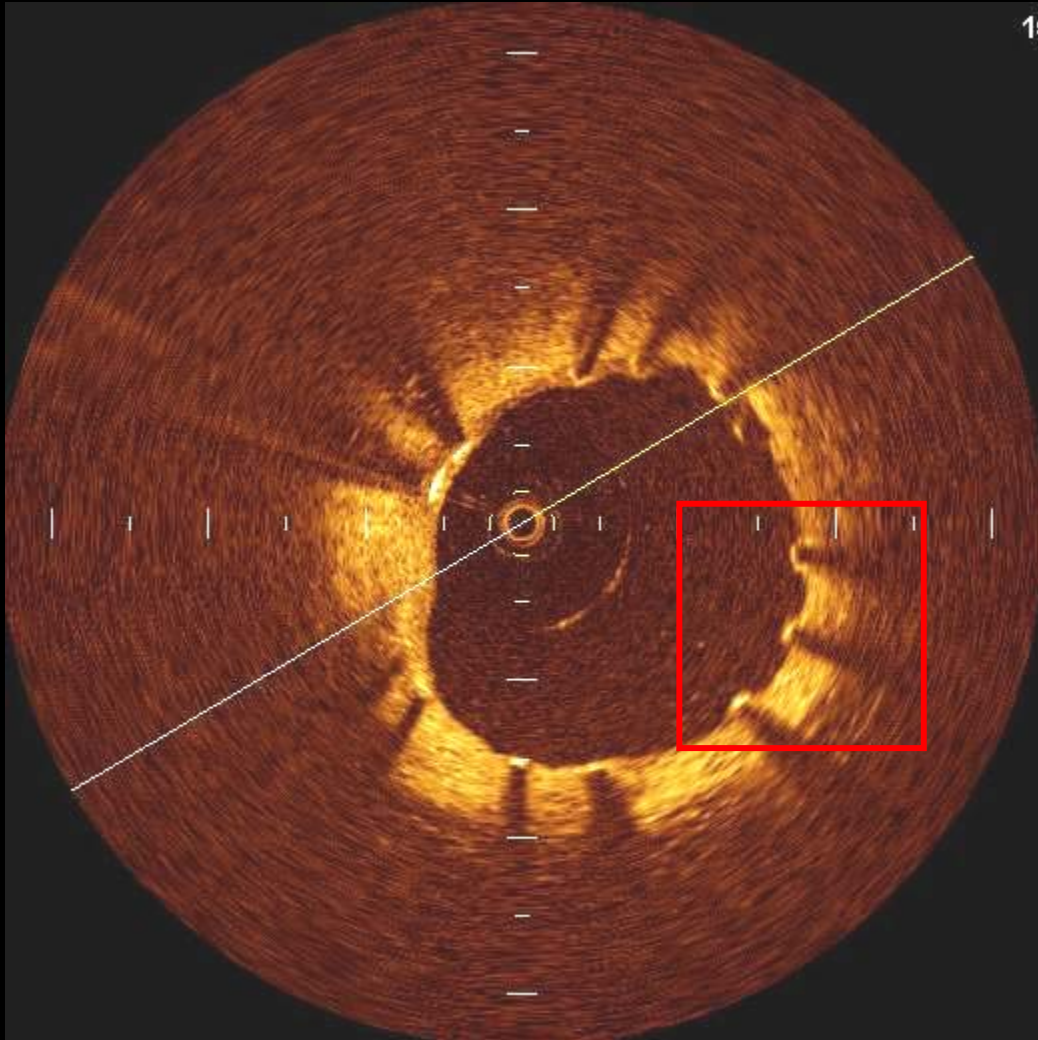
duration without thrombosis using computer-guided morphometric analysis. LST was defined as an acute thrombus within a coronary artery stent in place >30 days. Generalized estimating equations modeling demonstrated that endothelialization was the best predictor of LST. The morphometric parameter that best correlated with endothelialization was the ratio of uncovered to total stent struts per section. A univariable logistic generalized estimating equations model of occurrence of thrombosis versus ratio of uncovered to total stent struts per section demonstrated a marked increase in risk for LST as the number of uncovered struts increased. The odds ratio for thrombus in a stent with a ratio of uncovered to total struts per section >30% is 9.0 (95% CI, 3.5 to 22).

**Conclusions**—The most powerful histological predictor of stent thrombosis was endothelial coverage. The best morphometric predictor of LST was the ratio of uncovered to total stent struts. Heterogeneity of healing is a common finding in drug-eluting stents with evidence of LST and demonstrates the importance of incomplete healing of the stented segment in the pathophysiology of LST. (Circulation. 2007;115:;--)

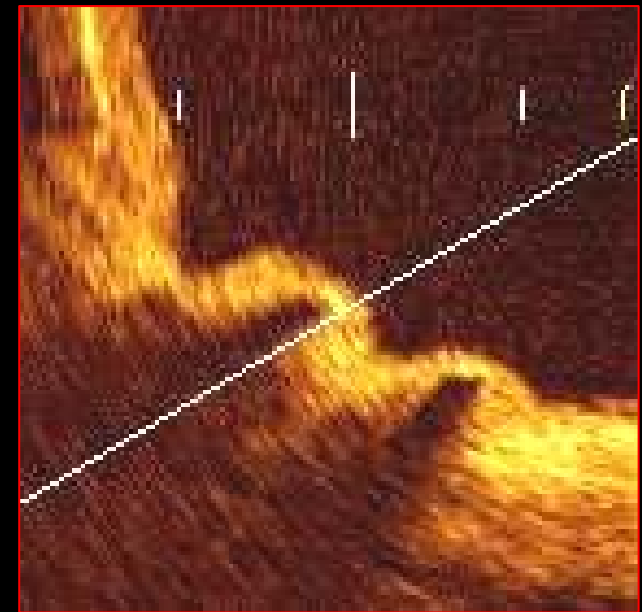
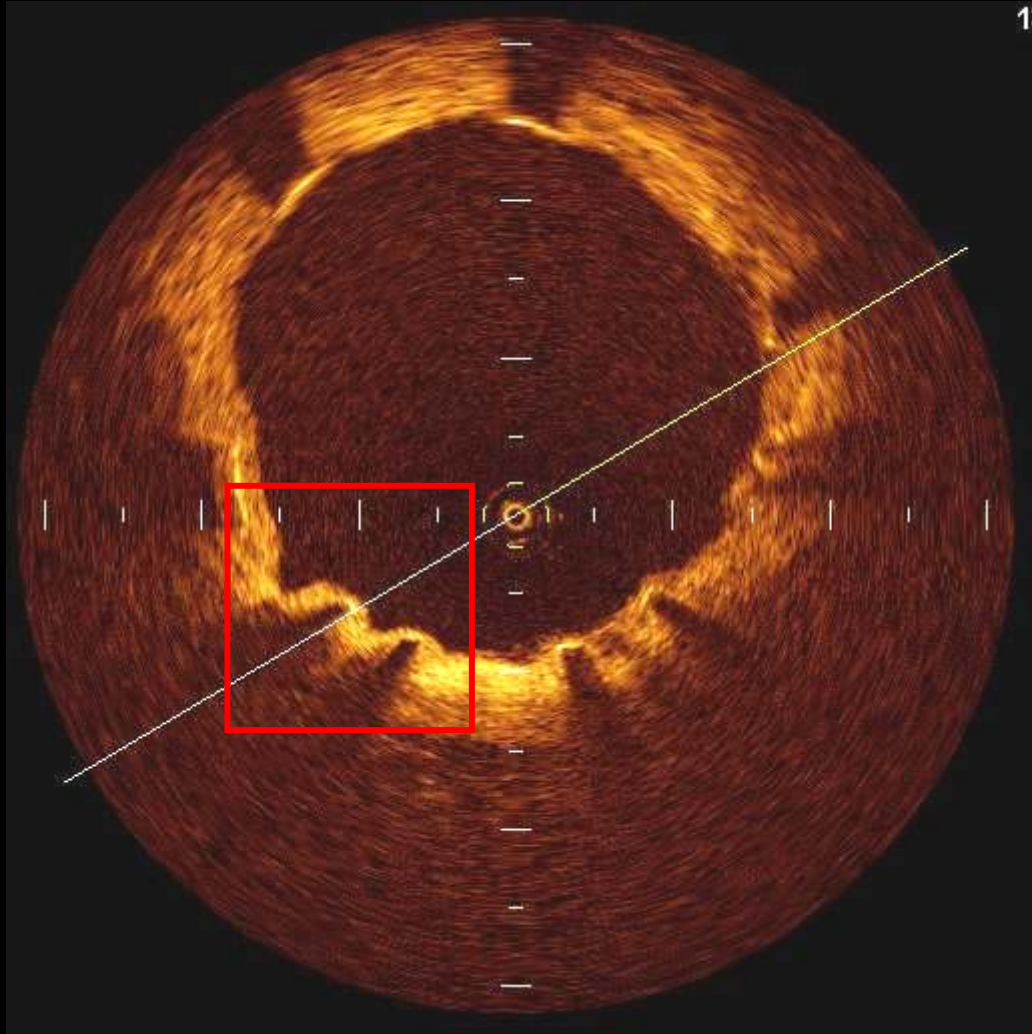
Key Words: complications ■ stents ■ thrombus ■ pathology ■ endothelium



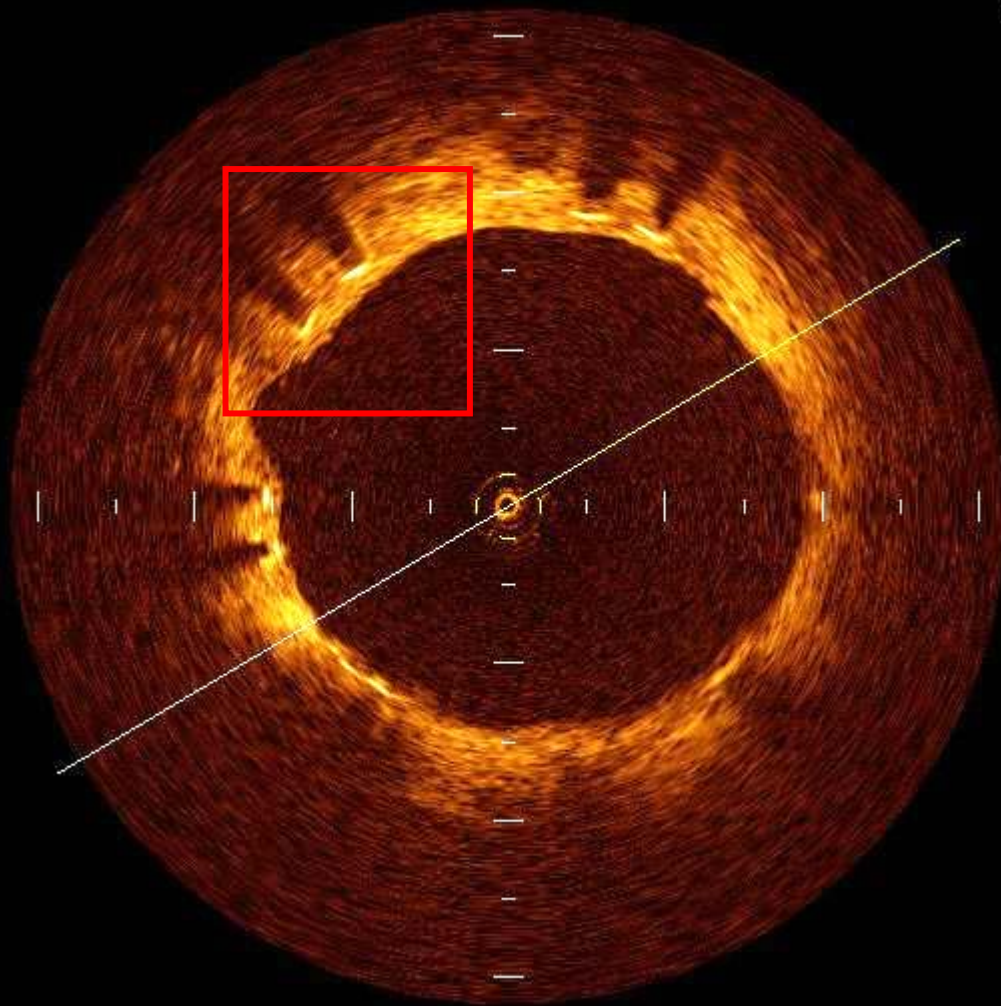
# *Intimal Stent Strut Coverage Type 1 & 2*



# *Intimal Stent Strut Coverage Type 3*

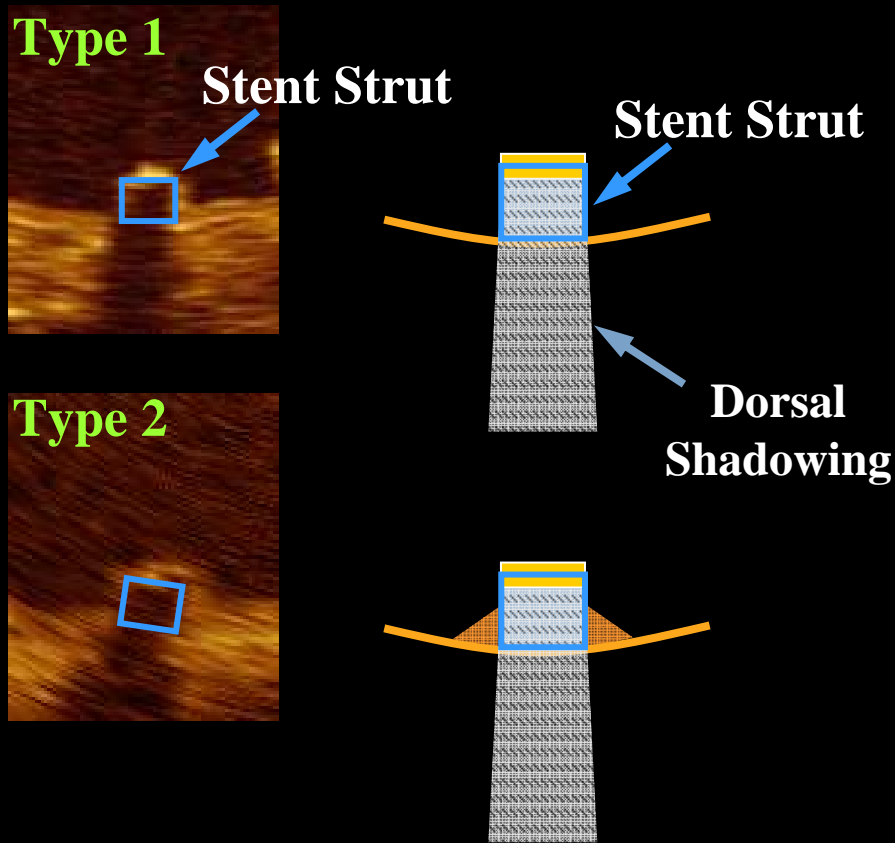


# *Intimal Stent Strut Coverage Type 4*

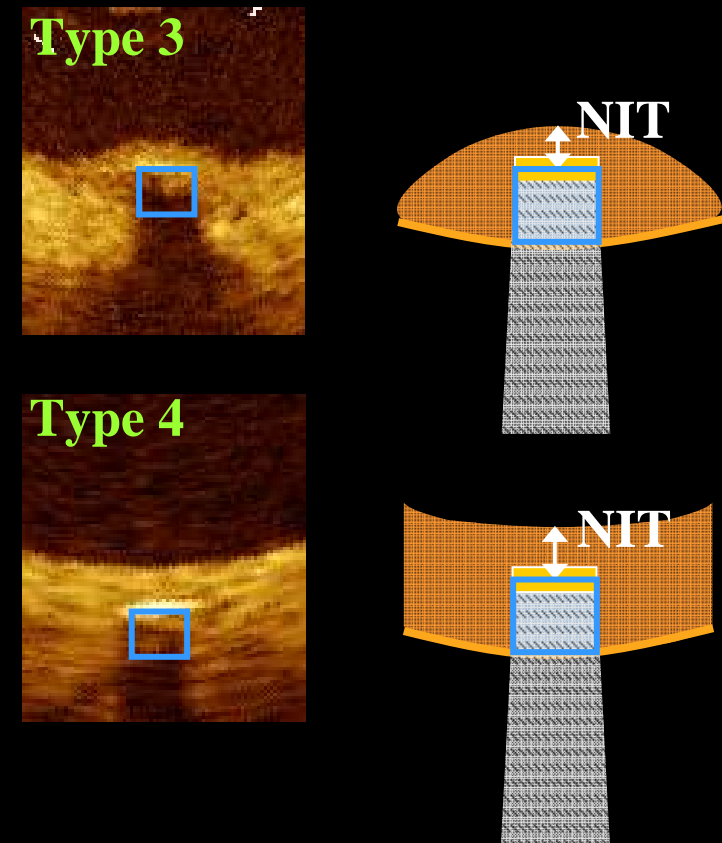


# Definition of Neointimal Coverage of Struts

## Uncovered Struts



## Covered Struts



***Optical Coherence Tomographic Analysis  
of Neointimal Stent Coverage in  
Sirolimus-eluting Stent, Compared with  
Bare Metal Stent***

***Toyohashi Heart Center, Toyohashi, Japan***

Tatsuya Ito,

Mitsuyasu Terashima, Yoshihiro Takeda,

Osamu Katoh, Tetsuo Matsubara, Etsuo

Tsuchikane, Mariko Ehara, Yoshihisa

Kinoshita, Kenya Nasu, Jean-François

Surmely, Nobuyoshi Tanaka, Akira Murata,

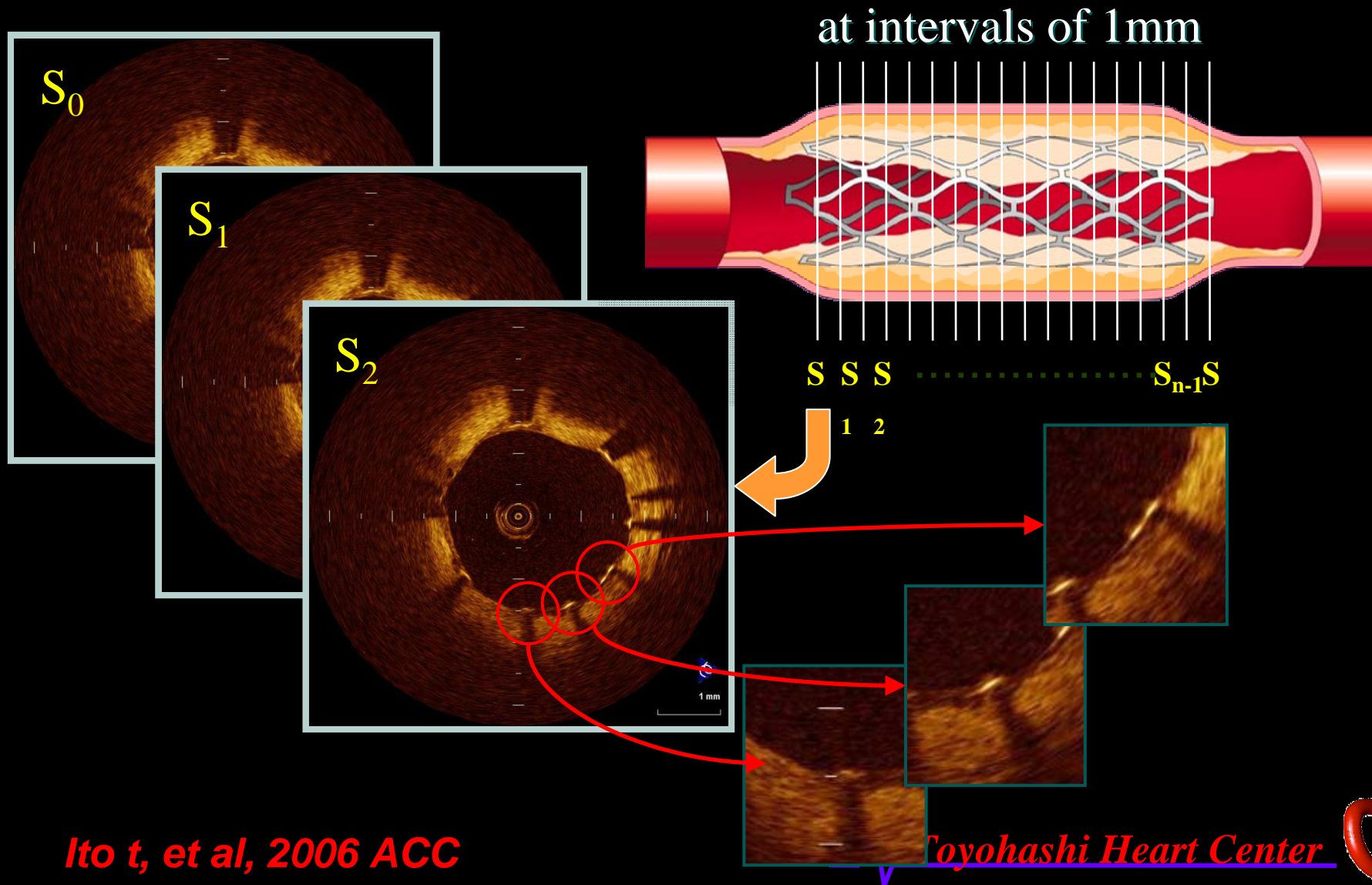
Hiroshi Fujita, Koyo Sato, Takahiko Suzuki



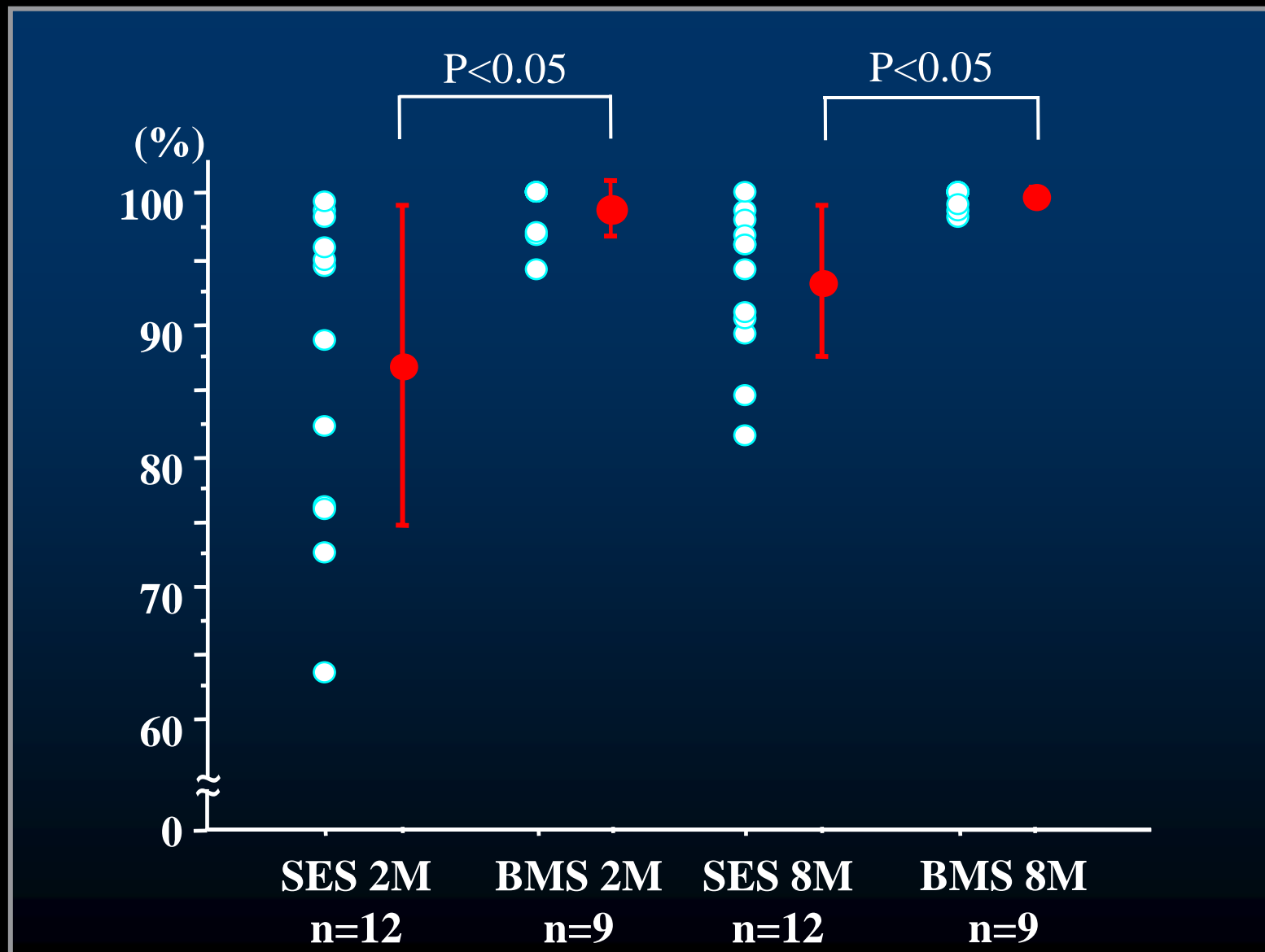
***Ito t, et al, 2006 ACC***

# *OCT Analysis of Stented segment*

(Excluding branch and overlapped segment)



# Neointimal Stent Coverage (%)





# *Differences between Angioscopy and OCT*

**Grade 0**



Incomplete coverage by CAS

**Grade 1**



Complete coverage by CAS

**Grade 2**



Incomplete coverage by OCT



Complete coverage by OCT



## **Advantage of OCT**

- ✓ **High resolution**
- ✓ **Quantitative analysis of the ratio of uncovered to total stent struts and thickness of neointima**

## **Disadvantage of OCT**

- ✓ **limitation to distinguish accurately between neointima and small amount of fibrin deposition or thrombus**



# *Predictors of Late Stent Thrombosis*

Although the exact pathophysiology has not been fully elucidated, multiple factors are apparently involved in the development of late stent thrombosis.

- ✓ Antiplatelet therapy discontinuation
- ✓ Hemodialysis
- ✓ Diabetes mellitus
- ✓ Low ejection fraction ( $\leq 40\%$ )
- ✓ Bifurcation lesion
- ✓ In-stent restenosis
- ✓ Long lesion

Ong AT et al. J Am Coll Cardiol 2005; 45: 2008–2092  
Iakovou L et al. JAMA 2005; 293: 2126–2130  
Bavry AA et al. J Am Coll Cardiol 2005; 45: 941–946

Takeyasu N et al. Circ J 2005; 69: 780–785  
Kuchulakanti PK et al. Circulation 2006; 1108–1113  
Bavry AA et al. Am J Cardiol 2005; 95: 1469–1472



# A Bifurcation Lesion is the one of the most important Predictors of Late Stent Thrombosis

## Interventional Cardiology

### Correlates and Long-Term Outcomes of Angiographically Proven Stent Thrombosis With Sirolimus- and Paclitaxel-Eluting Stents

Pramod K. Kuchulakanti, MD; William W. Chu, MD, PhD; Rebecca Torguson, BS; Patrick Ohlmann, MD; Seung-Woon Rha, MD; Leonardo C. Clavijo, MD, PhD; Sang-Wook Kim, MD; Ahn Bui, MD; Natalie Gevorkian, MD; Zhenyi Xue, MS; Kimberly Smith, BS; Jana Fournadjieva, PhD; William O. Suddath, MD; Lowell F. Satler, MD; Augusto D. Pichard, MD; Kenneth M. Kent, MD; Ron Waksman, MD

There were **more bifurcation lesions**, type C lesion, and a trend for smaller diameter stents.

...regardless of the ... 2003, we identified ... patients, subacutely ... variables of these ... implantation and did not ... experience ST during a follow-up of 12 months. Logistic regression analysis was conducted to determine the correlates of ST. Compared with patients without ST, patients with ST had a higher frequency of diabetes, acute postprocedural renal failure, and chronic renal failure. There were more bifurcation lesions, type C lesions, and a trend for smaller-diameter stents. Discontinuation of clopidogrel was higher in these patients (36.8% versus 10.7%;  $P<0.0001$ ). The mean duration to ST from the stent implantation was  $8.9\pm 8.5$  days in subacute and  $152.7\pm 100.4$  days in late thrombosis cases. Mortality was significantly higher in patients with ST compared with those without ST at 6 months (31% versus 3%;  $P<0.001$ ). Multivariate analysis detected cessation of clopidogrel therapy, renal failure, bifurcation lesions, and in-stent restenosis as significant correlates of ST ( $P<0.05$ ).

**Conclusions**—ST continues to be a serious complication of contemporary DES use. Careful management is warranted in patients with renal failure and in those undergoing treatment for in-stent restenosis and bifurcations. Special focus on clopidogrel compliance may minimize the incidence of ST after DES implantation. (*Circulation*. 2006;113:1108-1113.)

Key Words: angioplasty ■ clopidogrel ■ stents ■ thrombosis



# Angioscopic Analysis of Intimal Coverage of DES

## By Kotani et al

JACC Vol. 47, No. 10, 2006  
May 16, 2006:2108-11

Kotani et al. 2109  
Angioscopic Evaluation of SES

### Abbreviations and Acronyms

BMS = bare-metal stent  
IVUS = intravascular ultrasound  
SES = sirolimus eluting  
VBT =

whereas grade 2/3 indicated complete coverage. In three SES and three BMS, neointimal coverage was heterogeneous; in these six cases the dominant pattern was tabulated. **Angiographic assessment.** Coronary angiography was per-

**Struts that crossed side branches grading *Really?* all showed grade 0 coverage.**

artery and stent to the graphic guid

Angioscop strut neoint white throm grades (Fig. fully visible, Grade 1 was

lumen and, although Grade 2 was defined as stent clearly seen (i.e., they were Grade 3 was defined as stent struts that visible by angioscopy (i.e., they were embedded in the neointima). Struts that crossed side branches were excluded from grading because they all showed grade 0 coverage. (This grading system evolved from one previously reported [11].) Taken together, grade 0/1 indicated incomplete neointimal coverage,

Angiographic assessment. Coronary angiography was per-  
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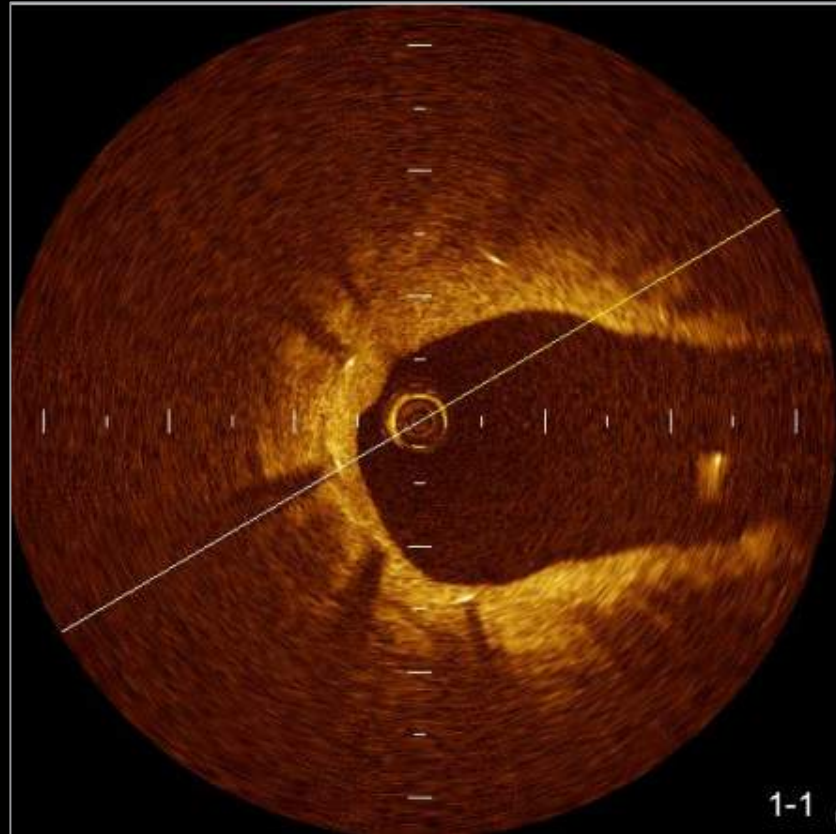
### RESULTS

**Patient and lesion characteristics.** There were no significant differences in demographics (age, gender, past history, and coronary risk factors) between patients receiving BMS versus SES (data not shown). Lesion characteristics were also similar between the two groups (Table 1). There was no difference in diabetes frequency between BMS (n = 15; 68.2%) and SES (n = 11; 73.3%) (p = 1.0). There was no

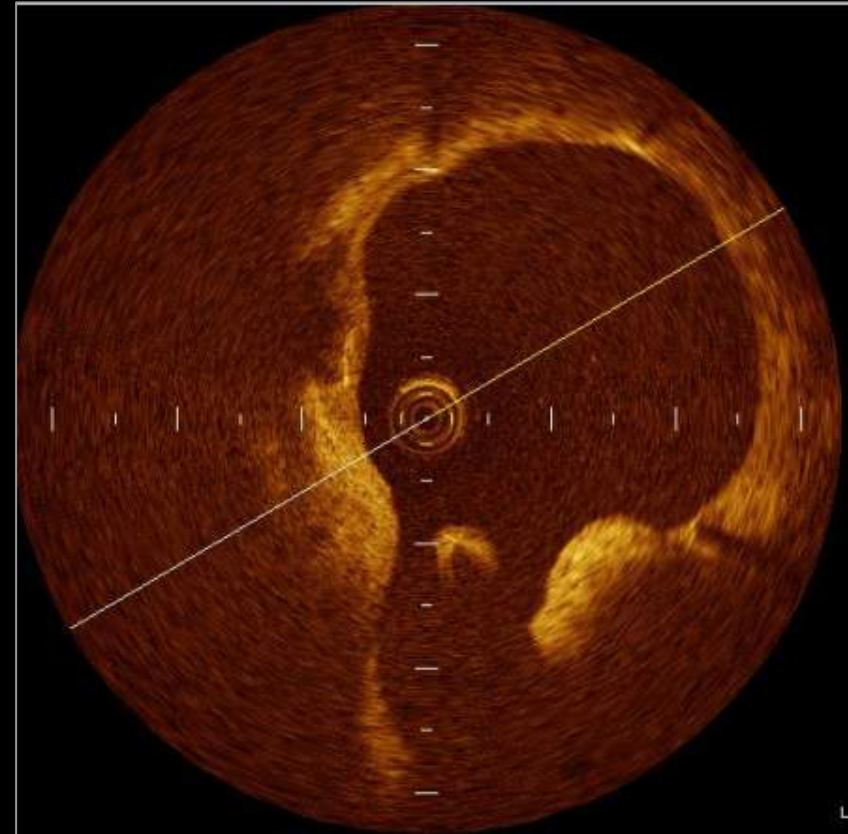


# *Tissue Growth on the Stent Strut crossing a side branch in BMS and SES at 9-months follow-up*

**BMS**



**SES**



***Neointimal Coverage of SES  
struts Crossing a Side-branch***



*2008 AHA in New Orleans*

*Difference in Neointimal Growth on the Stent Struts Crossing a Side Branch Between Sirolimus-Eluting Stent and Bare-Metal Stent: An Optical Coherence Tomography Analysis*

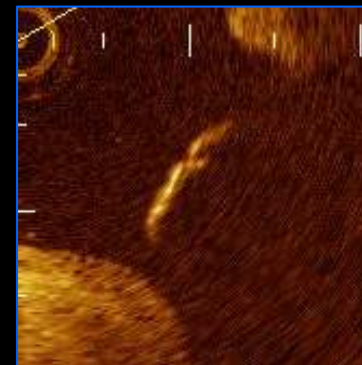
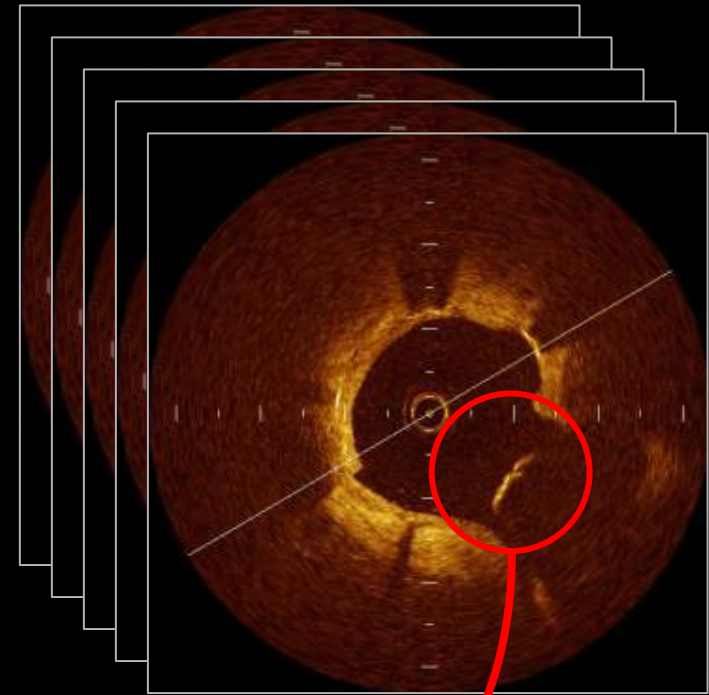
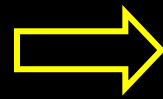
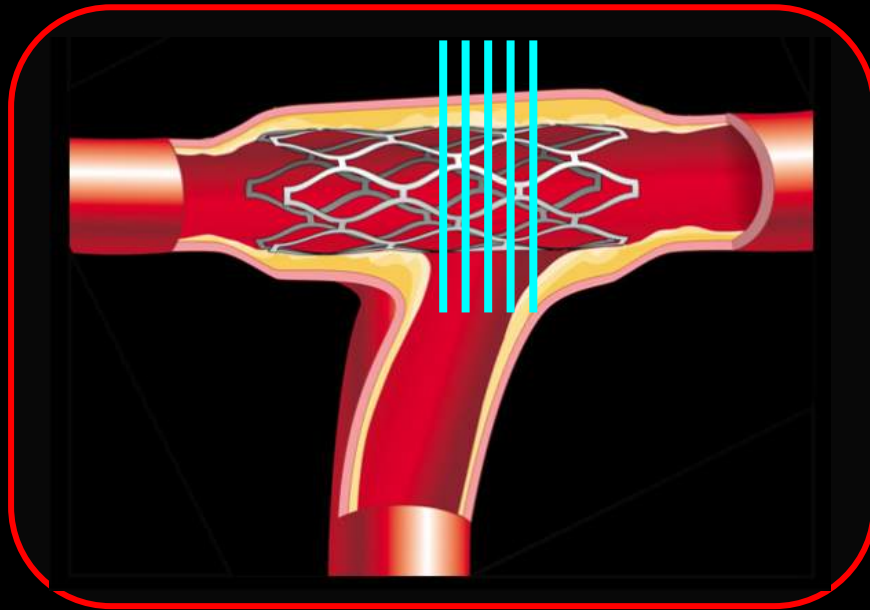
**Mitsuyasu Terashima**

**Yoshiaki Nakayama, Yasuyoshi Suzuki, Tsuyoshi Inada, Yasushi Asakura, Tetsuo Matsubara, Hitoshi Matsuo, Keiko Asakura, Etsuo Tsuchikane, Mariko Ehara, Yoshihisa Kinoshita, Masashi Kimura, Kenya Nasu, Osamu Katoh, and Takahiko Suzuki**

*Toyohashi Heart Center, Toyohashi, Japan*



# OCT Analysis



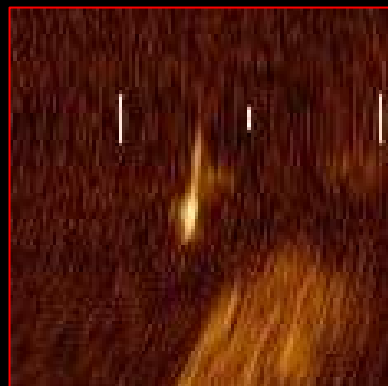
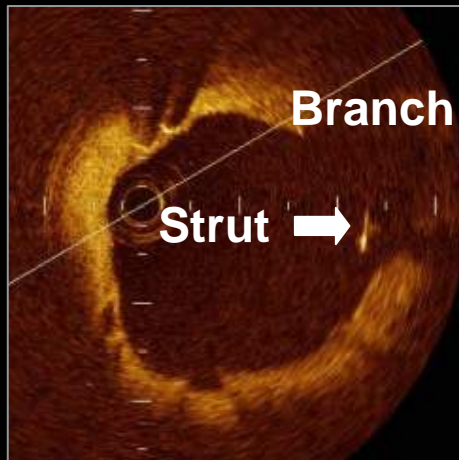
- **27 struts of 9 SES** crossing a side branch
- **At 2 months and 8 months** after SES implantation



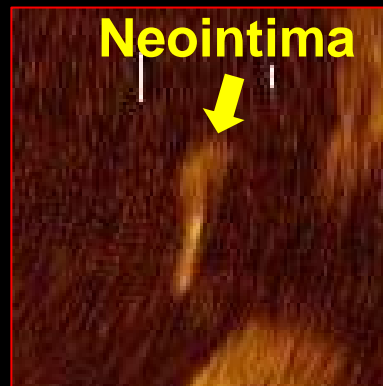
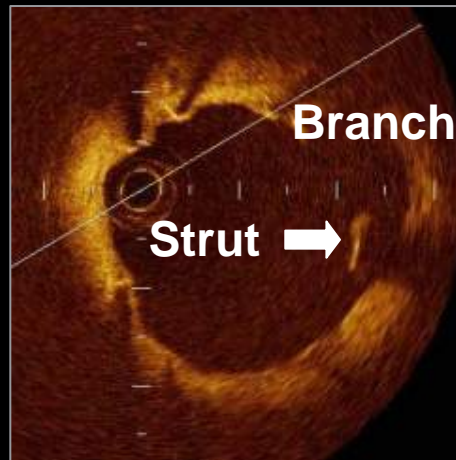
# Definition of Neointimal Coverage of Stent Struts Crossing a Side Branch

## Incomplete Coverage

Uncovered

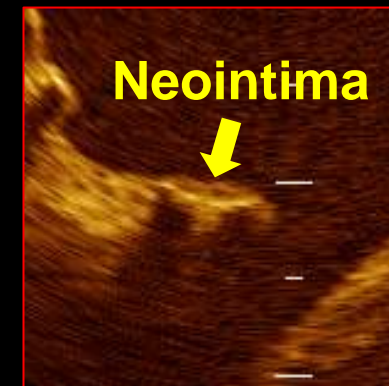
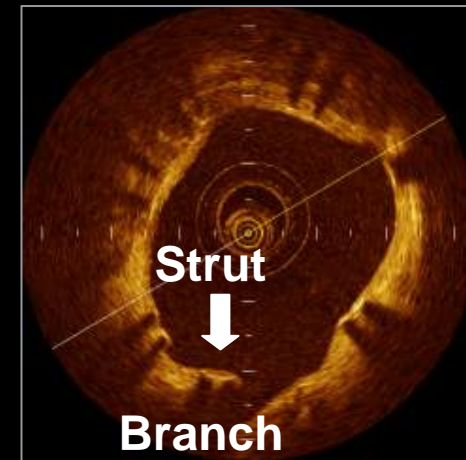


Partially covered



## Complete Coverage

Completely covered

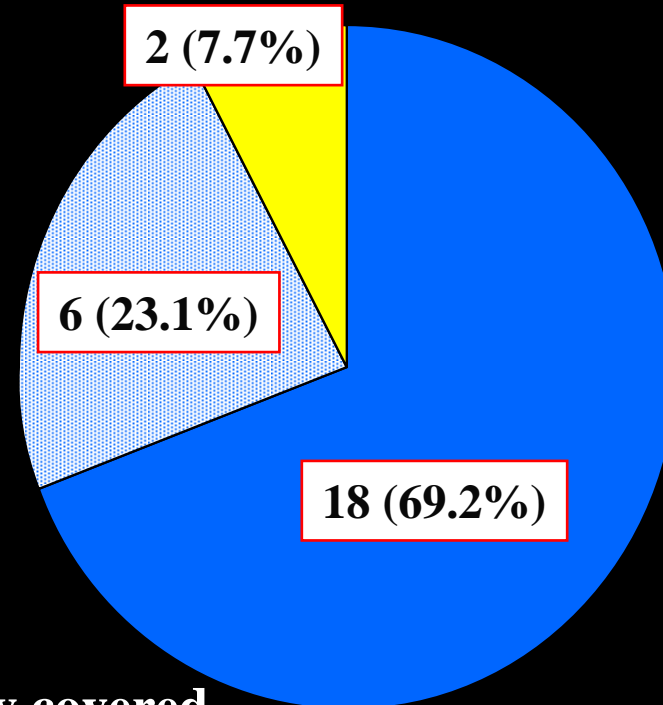
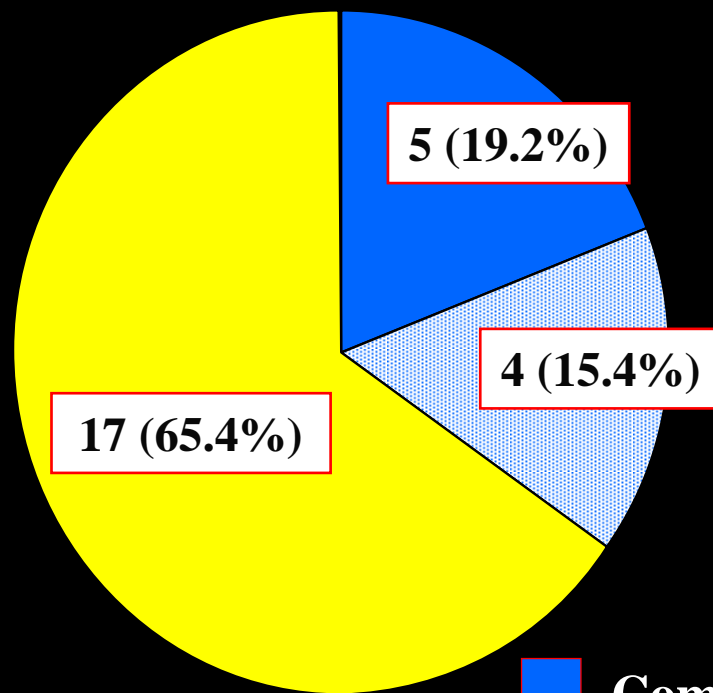


# Serial Change of Neointimal Coverage of Struts Crossing a Side Branch between 3 and 9 Months after SES Implantation

3-month Follow-up

9-month Follow-up

26 struts / 10 SES

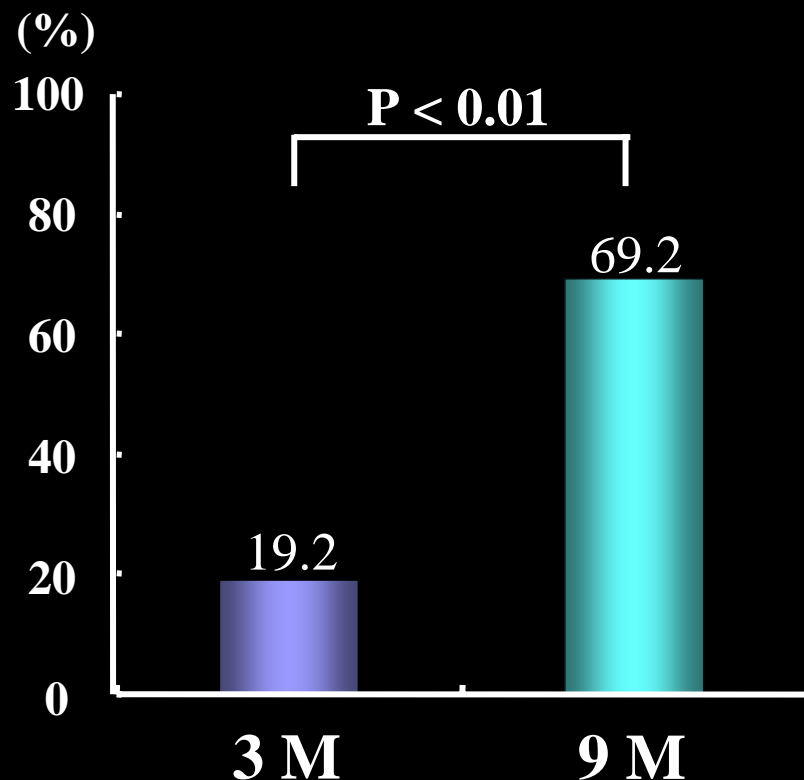


- Completely covered
- Partially covered
- Uncovered

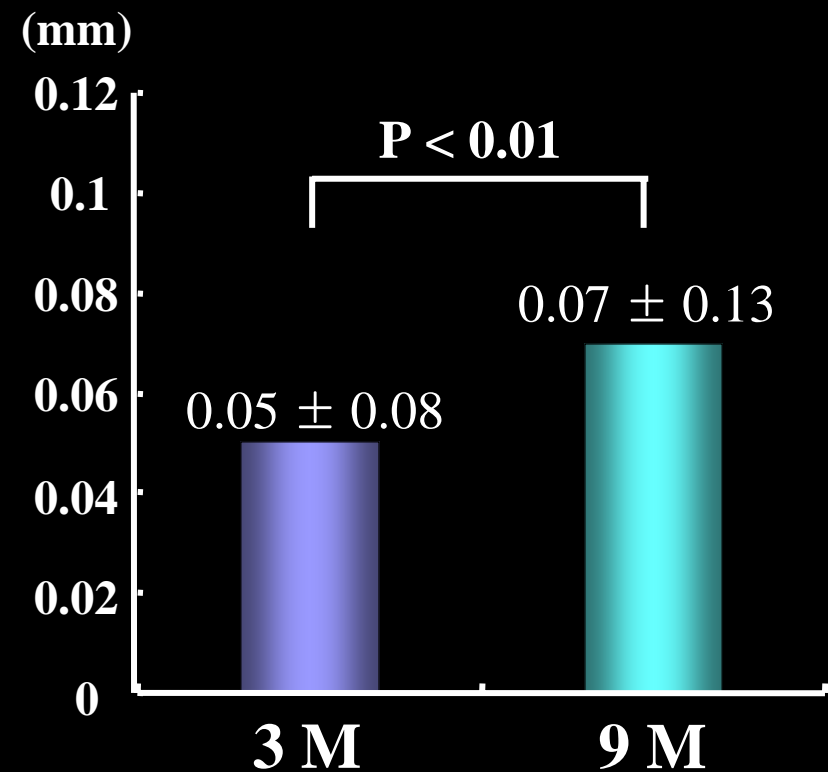


# *Serial Change of Frequencies of Complete Neointimal Coverage and of Neointimal Thickness Between 3 and 9 Months After SES Implantation*

**Frequencies of complete neointimal struts coverage**



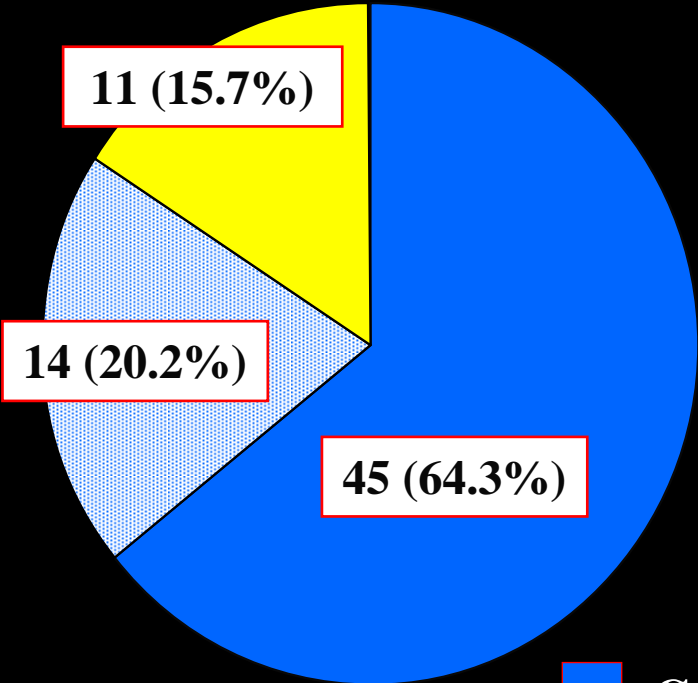
**Neointimal thickness**



# Comparison of Neointimal Coverage of Struts Crossing a Side Branch between SES and BMS at 9 months

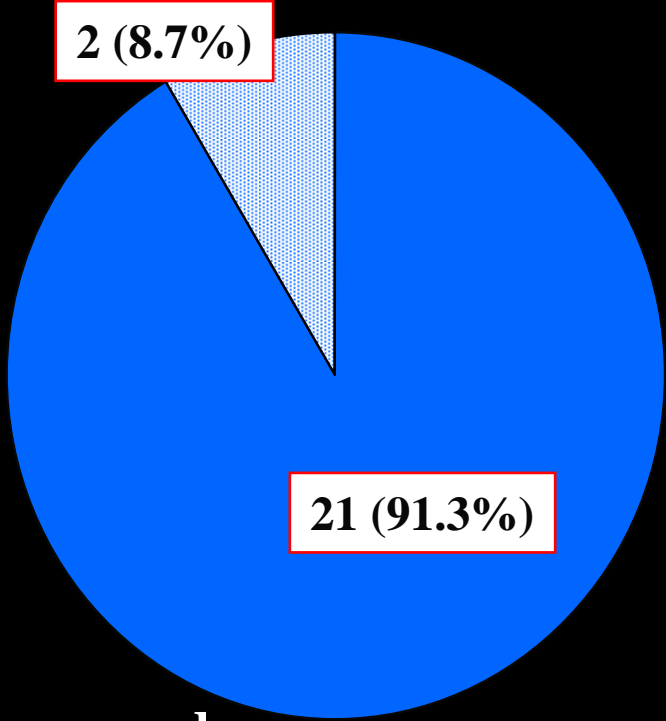
**SES**

70 struts / 25 SES



**BMS**

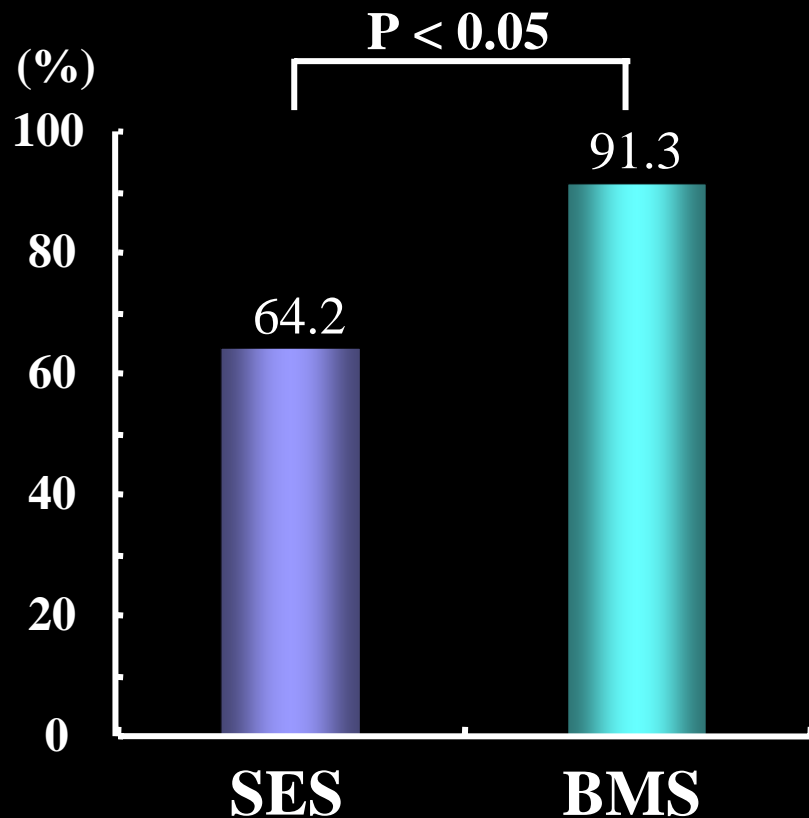
23 struts / 13 BMS



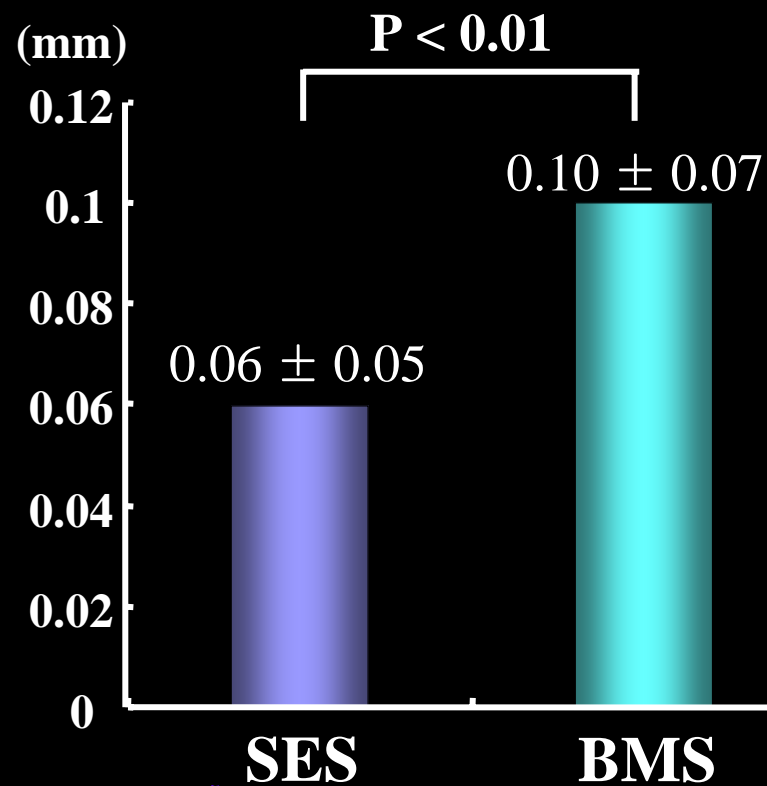
■ Completely covered  
■ Partially covered  
■ Uncovered

# Comparison of Frequencies of Complete Neointimal Coverage and of Neointimal Thickness between SES and BMS at 9 months

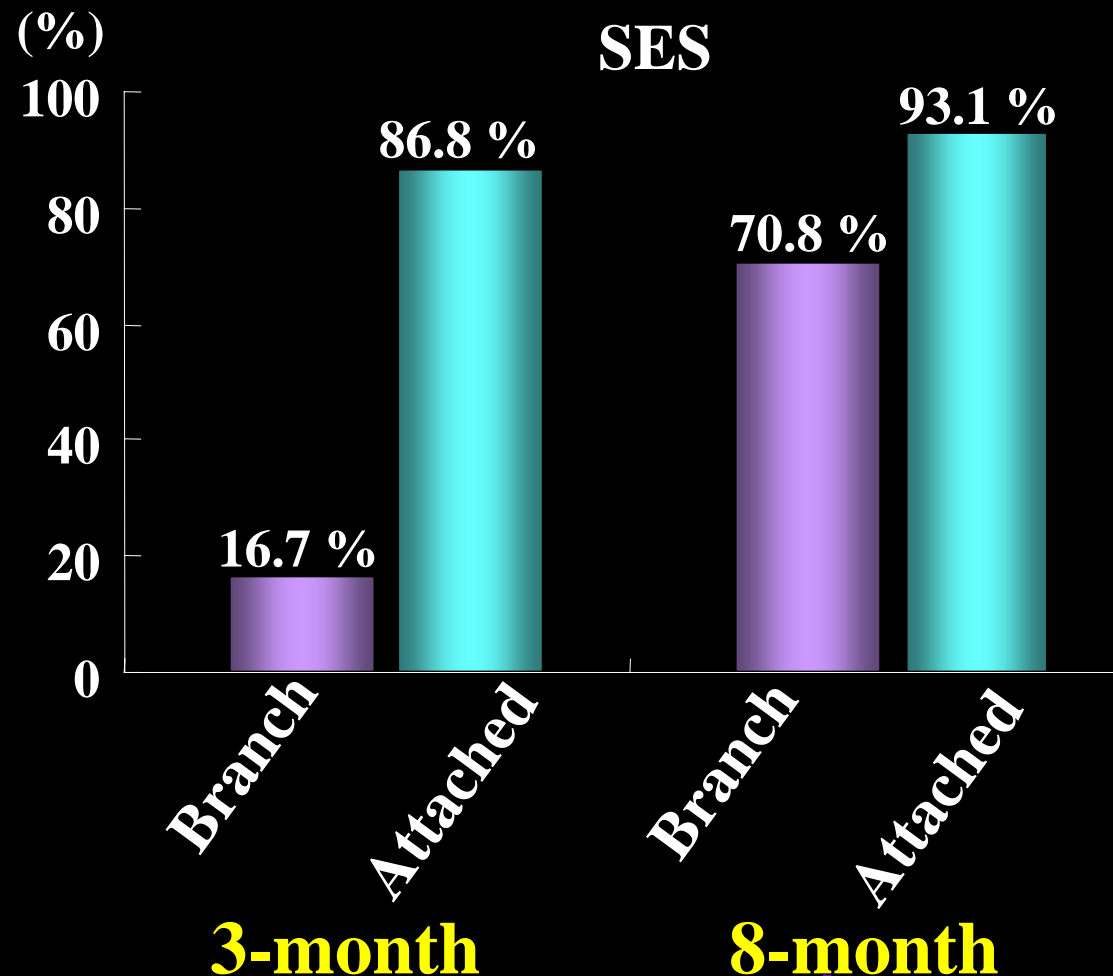
Frequencies of complete neointimal struts coverage



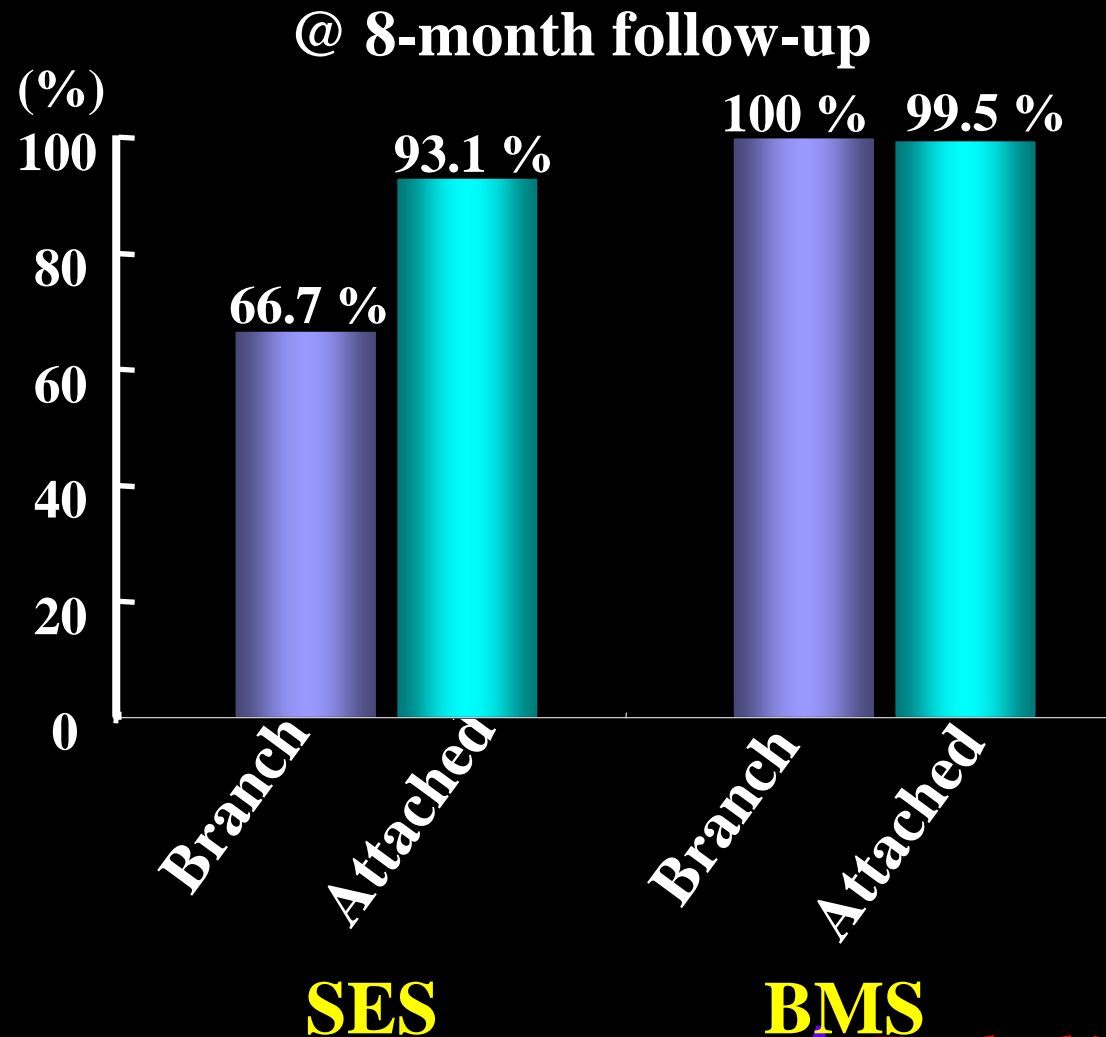
Neointimal thickness



# *Comparison of Frequencies of Complete Neointimal Coverage between Side-branch and Attached struts in SES at 3- and 8-month follow-up*



# *Comparison of Frequencies of Complete Neointimal Coverage between Side-branch and Attached struts in SES and BMS at 8-month follow-up*



**SES**

**BMS**





# *Evaluation of DES by OCT*

- ✓ OCT provides various information of acute and chronic vascular response to PCI.
- ✓ OCT might be a powerful imaging tool in DES era.