

# Mitraclip - How Do We Best Measure Residual MR Post Procedure?

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# Disclosure

- Consultant and proctor to Edwards, Boston, St Jude.
- Clinical trial arrangements with Edwards, Boston, St Jude, Abbott, Symmentis, Medtronic.

# **EVEREST II Randomized Clinical Trial:**

## ***Clinical Benefit by MR Grade in Patients One Year Following Successful MitraClip Therapy***

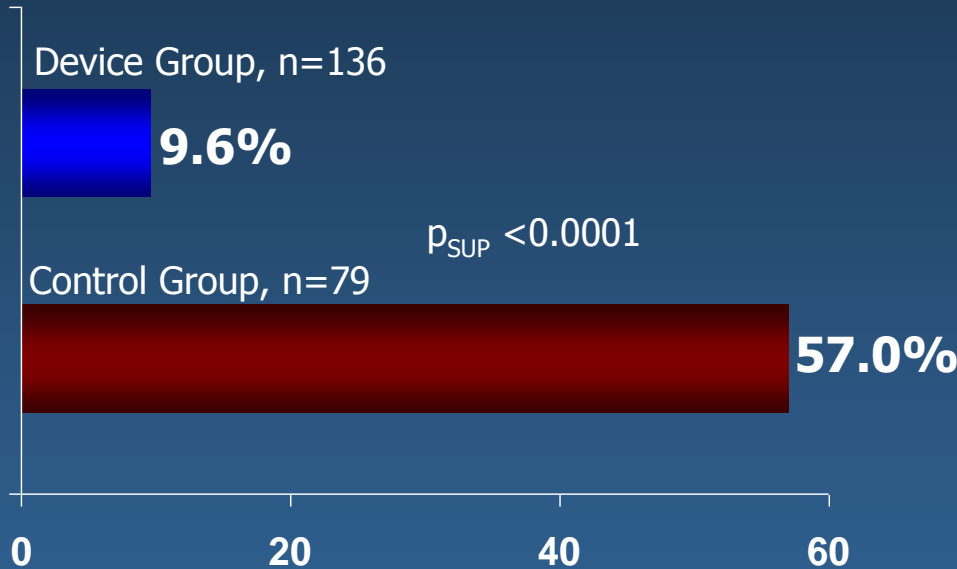
***On behalf of the EVEREST II Investigators***

# EVEREST II RCT: Primary Endpoints

## Per Protocol Cohort

### Safety

Major Adverse Events  
30 days



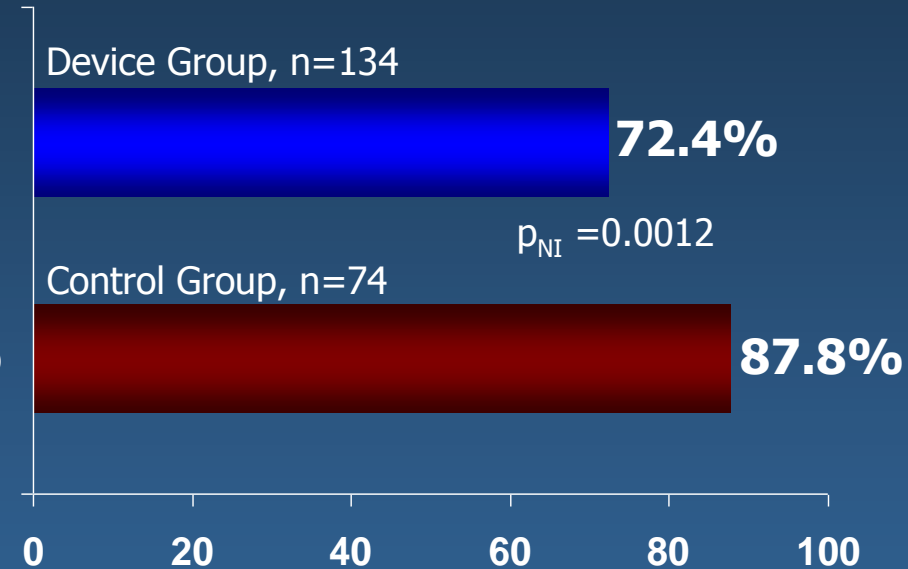
### Met superiority hypothesis

- Pre-specified margin = 6%
- Observed difference = **47.4%**
- 97.5% LCB = 34.4%

LCB = lower confidence bound  
UCB = upper confidence bound

### Effectiveness

Clinical Success Rate\*  
12 months

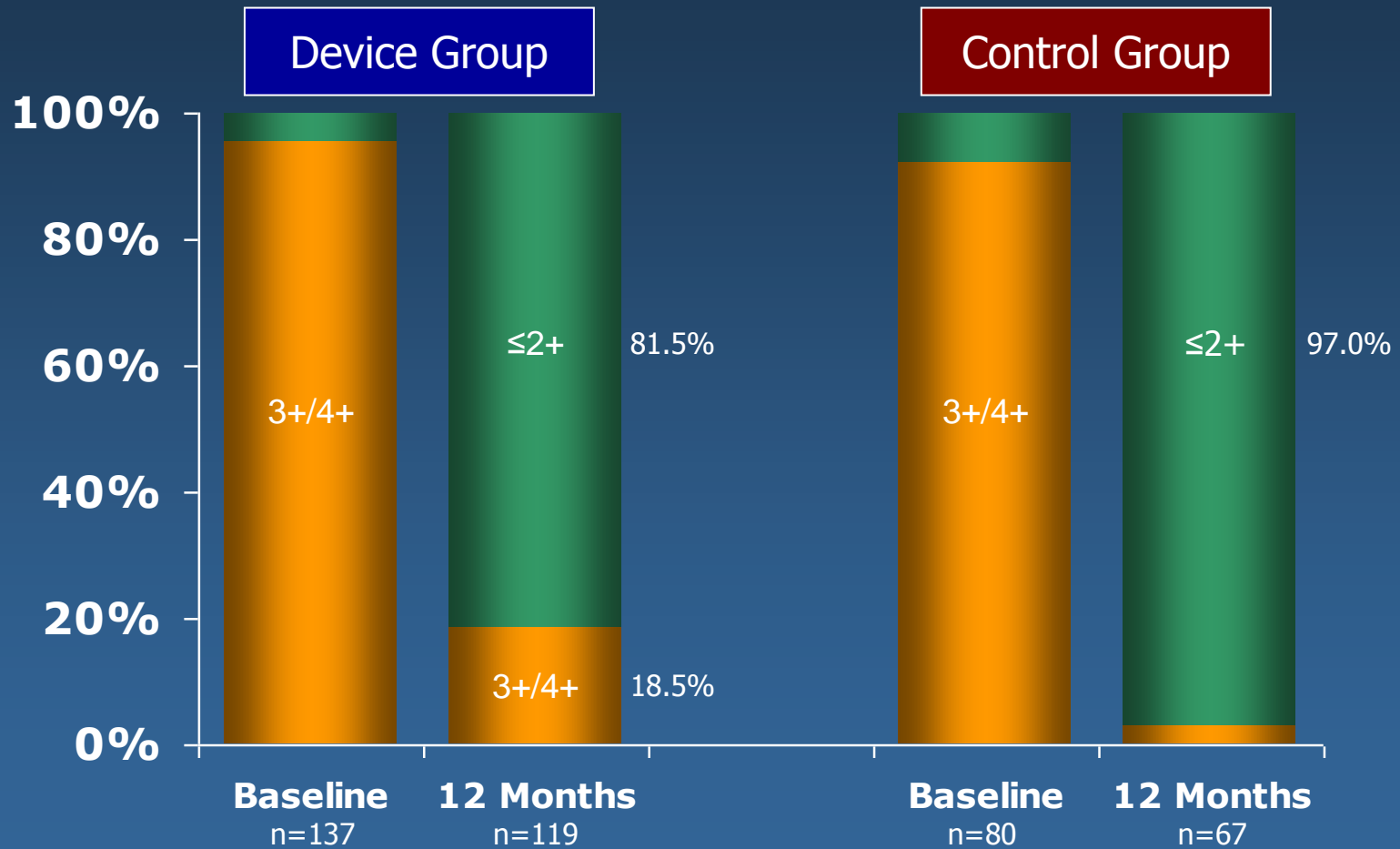


### Met non-inferiority hypothesis

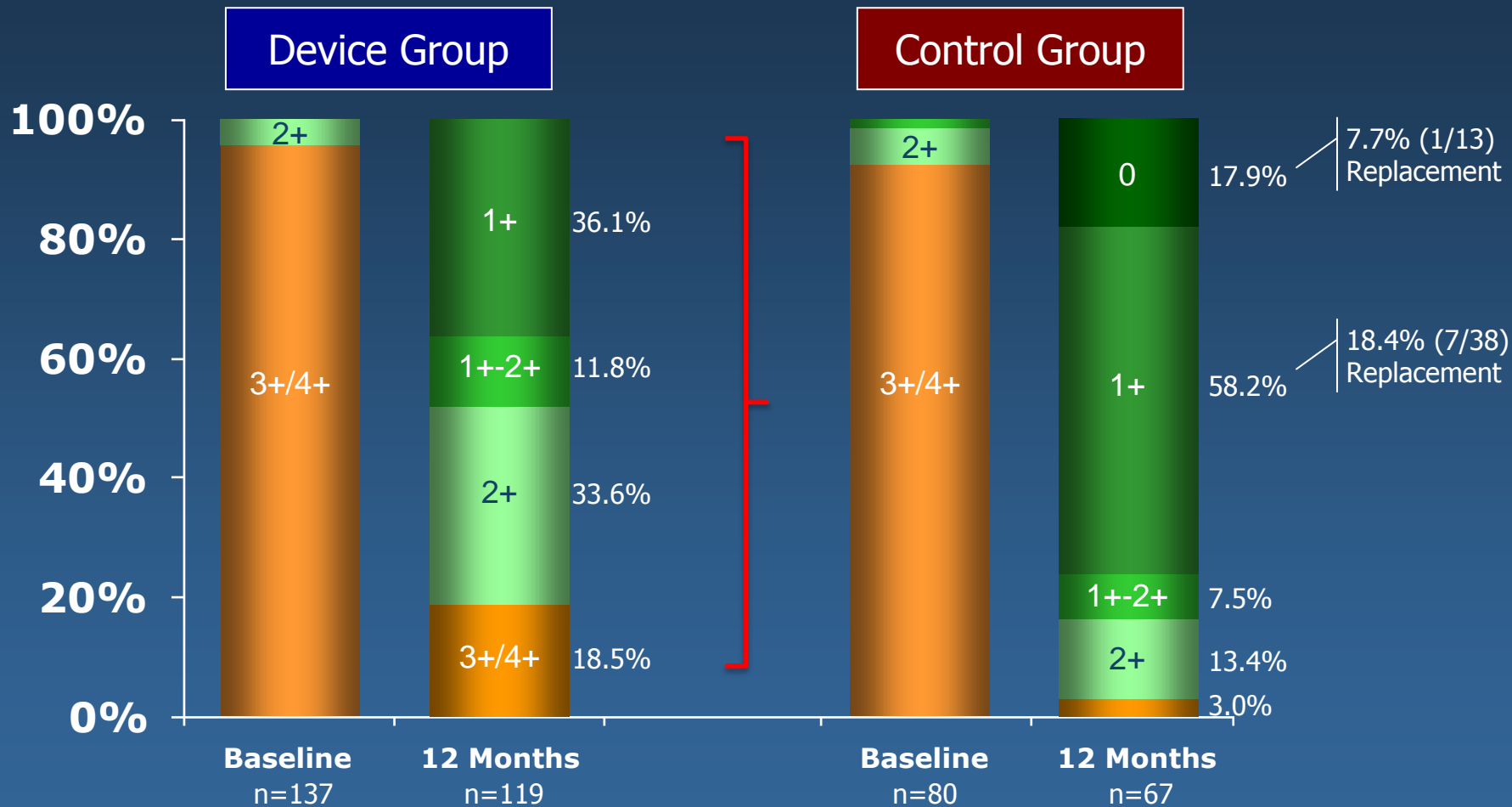
- Pre-specified margin = 31%
- Observed difference = **15.4%**
- 95% UCB = 25.4%

\* Freedom from the combined outcome of death, MV surgery or re-operation for MV dysfunction, MR >2+ at 12 months

# EVEREST II RCT: MR Reduction Per Protocol Cohort

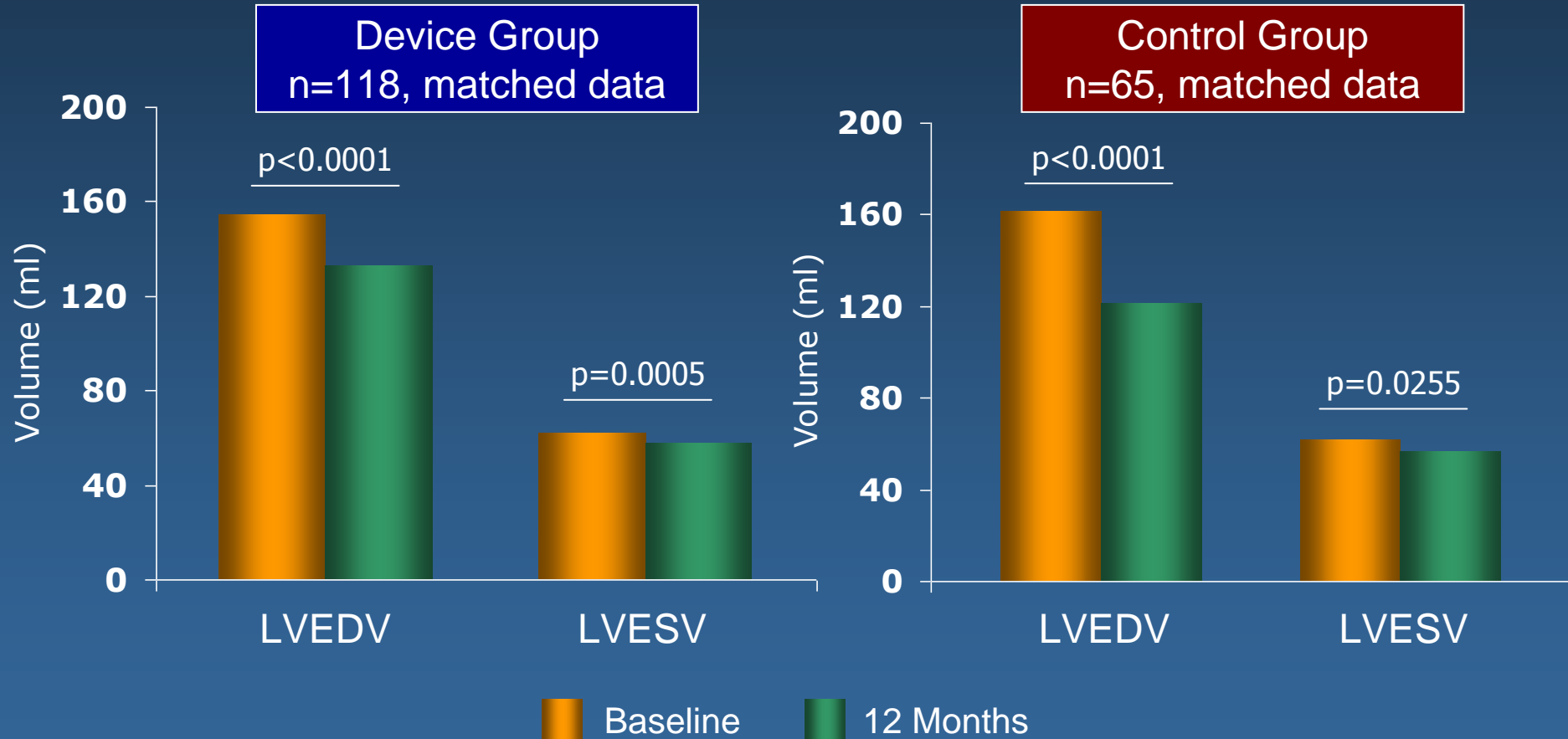


# EVEREST II RCT: MR Reduction Per Protocol Cohort



# EVEREST II RCT: Left Ventricular Volume

## Per Protocol Cohort



LVEDV = left ventricular end diastolic volume  
LVESV = left ventricular end systolic volume

Pre-specified hypothesis for statistical analysis 23

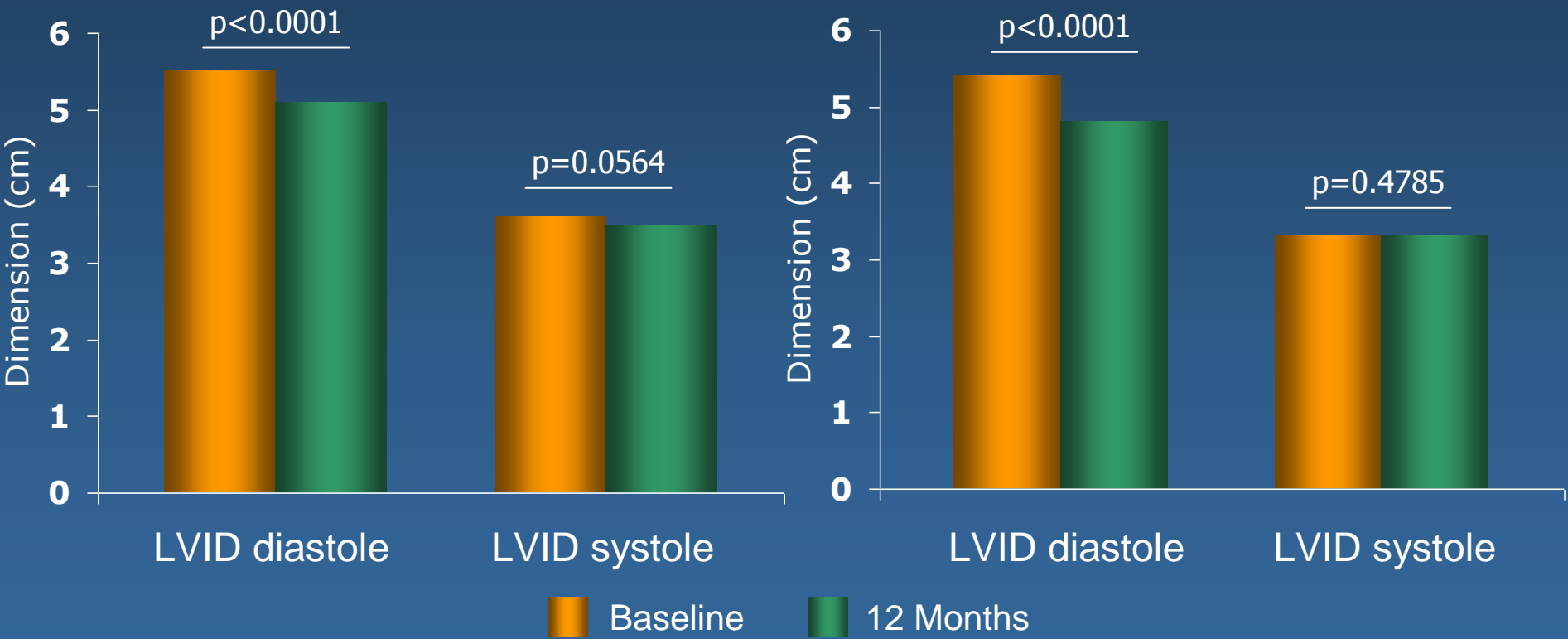
Investigational Device only in the US; Not available for sale in the US

# EVEREST II RCT: Left Ventricular Dimension

## Per Protocol Cohort

**Device Group**  
n=118, matched data

**Control Group**  
n=65, matched data



LVIDd = left ventricular internal diameter, diastole  
LVIDs = left ventricular internal diameter, systole

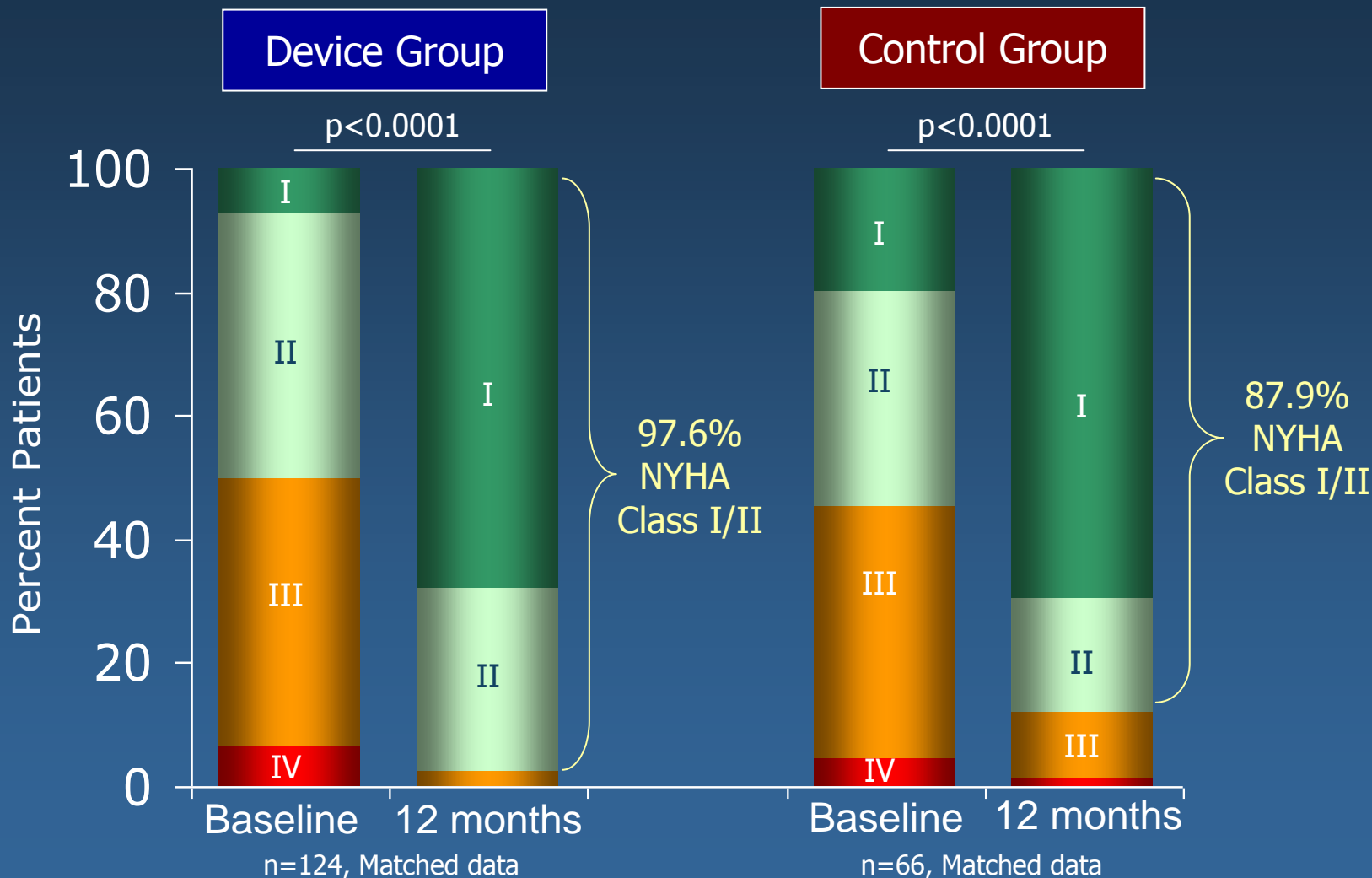
Pre-specified hypothesis for statistical analysis 24

Investigational Device only in the US; Not available for sale in the US



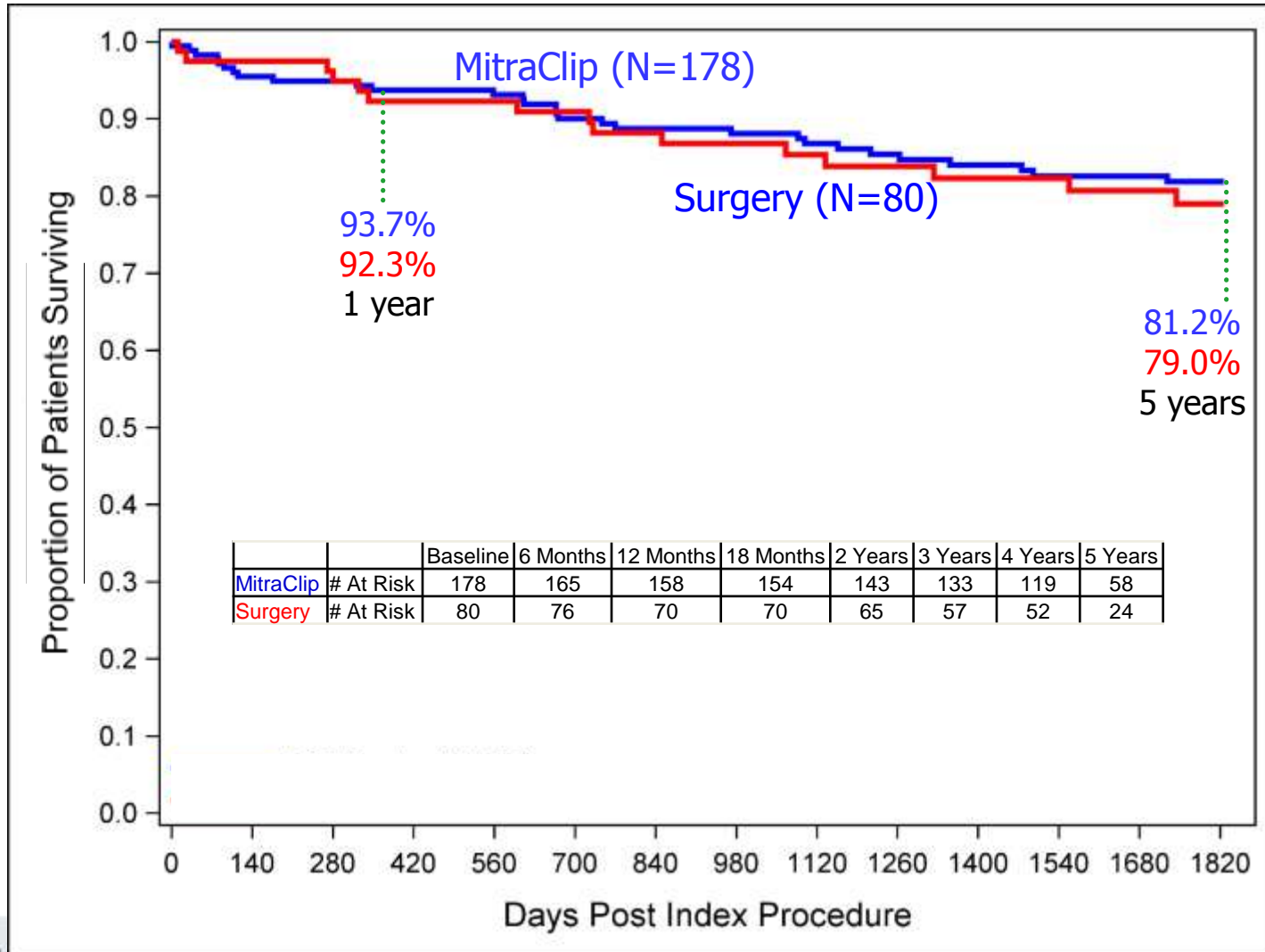
# EVEREST II RCT: NYHA Functional Class

## Per Protocol Cohort



# Kaplan-Meier Freedom From Mortality

## EVEREST II RCT

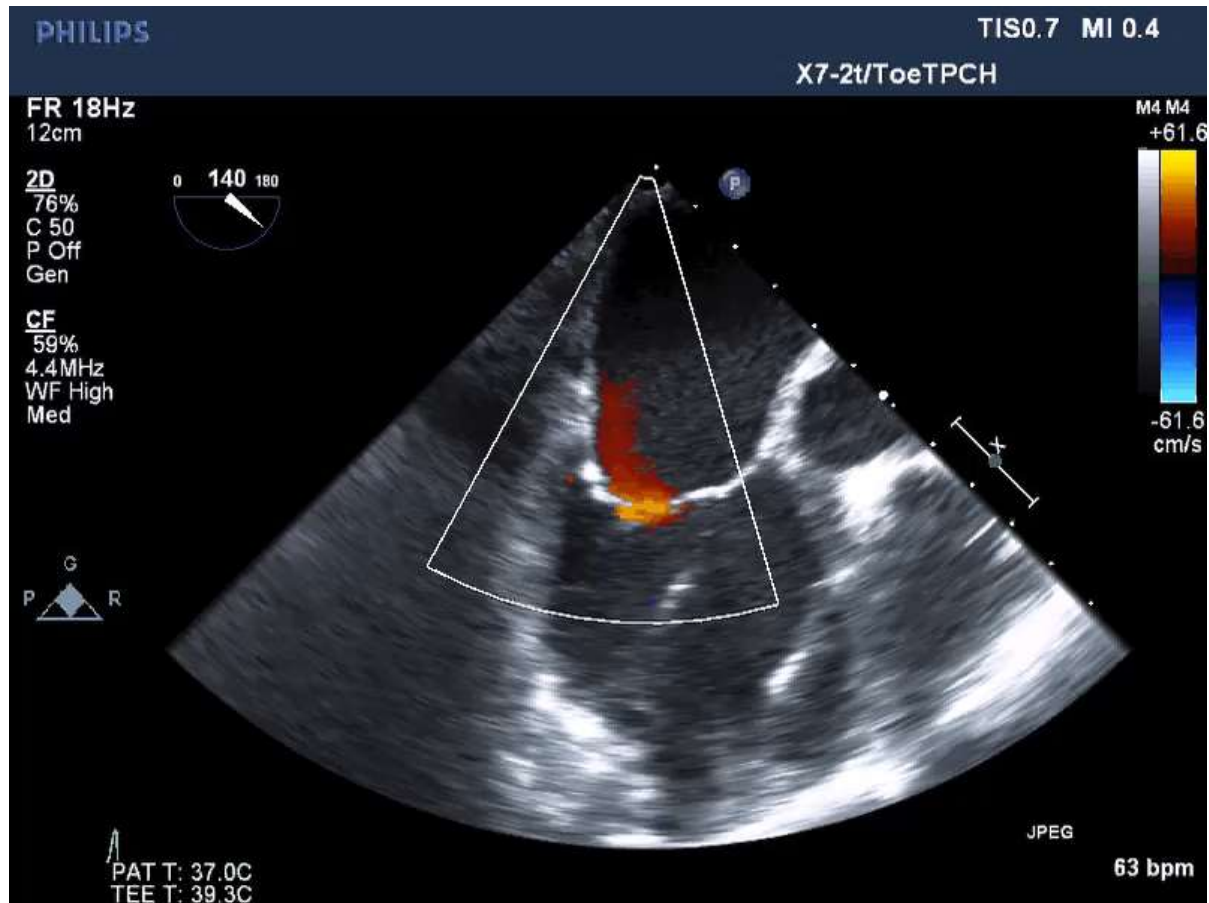


# Mitraclip

- Assessment of residual mitral regurgitation is a key outcome measure for mitral valve repair
- Clinical parameters are more favourable than the residual mitral regurgitation would suggest

Are we confident in the quantification residual Mitral regurgitation post intervention?

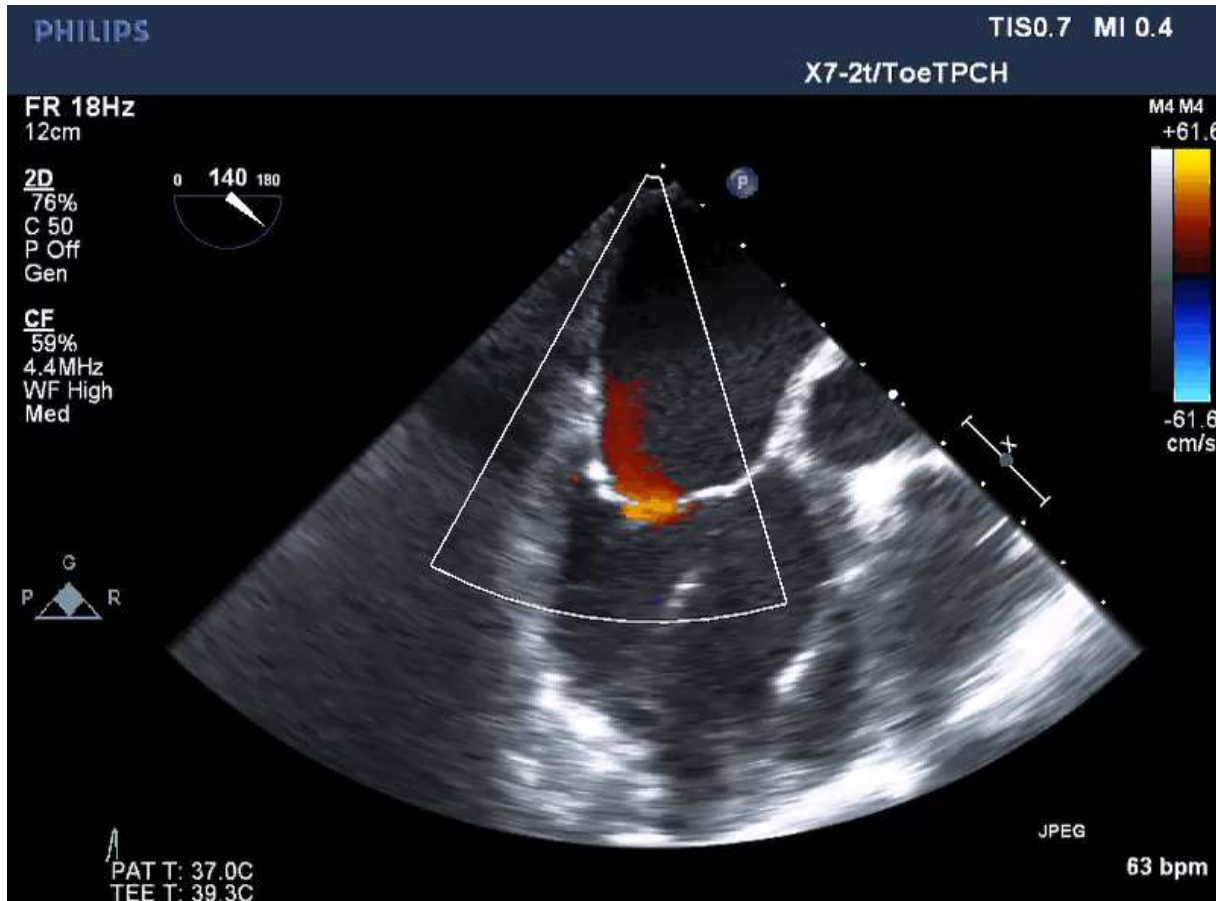
# How do we assess mitral regurgitation?



# American Society Echo assessment of Mitral Regurgitation

<u>Parameter</u>	<u>Mild</u>	<u>Mod</u>	<u>Mod-Sev</u>	<u>Severe</u>
JetArea / LA (%)	<15	15-35	35-55	≥ 55
ROA (cm <sup>2</sup> )	<0.20	0.20-0.29	0.30-0.39	≥ 0.40
PW-PulmVeinRevers	S>D	S<D	S<<D,noS	SystRev
CW density	faint	<anteg.	<anteg.	=anteg.
Reg Volume (cc)	<30	30-44	45-59	≥60
Vena Contracta (cm)	<0.3	0.3-0.4	0.5-0.6	≥0.7

# Frequently combination of visual assessment and $\geq 1$ quantified measures



# Edge-to-Edge & MitraClip Concepts

- Facilitates proper leaflet coaptation

- Mechanical solution to a mechanical problem
- Degenerative - Anchor flail and prolapsed leaflets (similar to chordal transfer/replacement)
- Functional - Coapt tethered leaflets to reduce time and force required to close valve
- Reduces LV volume overload by reducing MR

- Creates tissue bridge

- Limits dilatation of annulus
  - Septal-lateral (anterior-posterior) dimension
- Supports durability of repair

- Restrains LV wall

- Limits LV dilatation

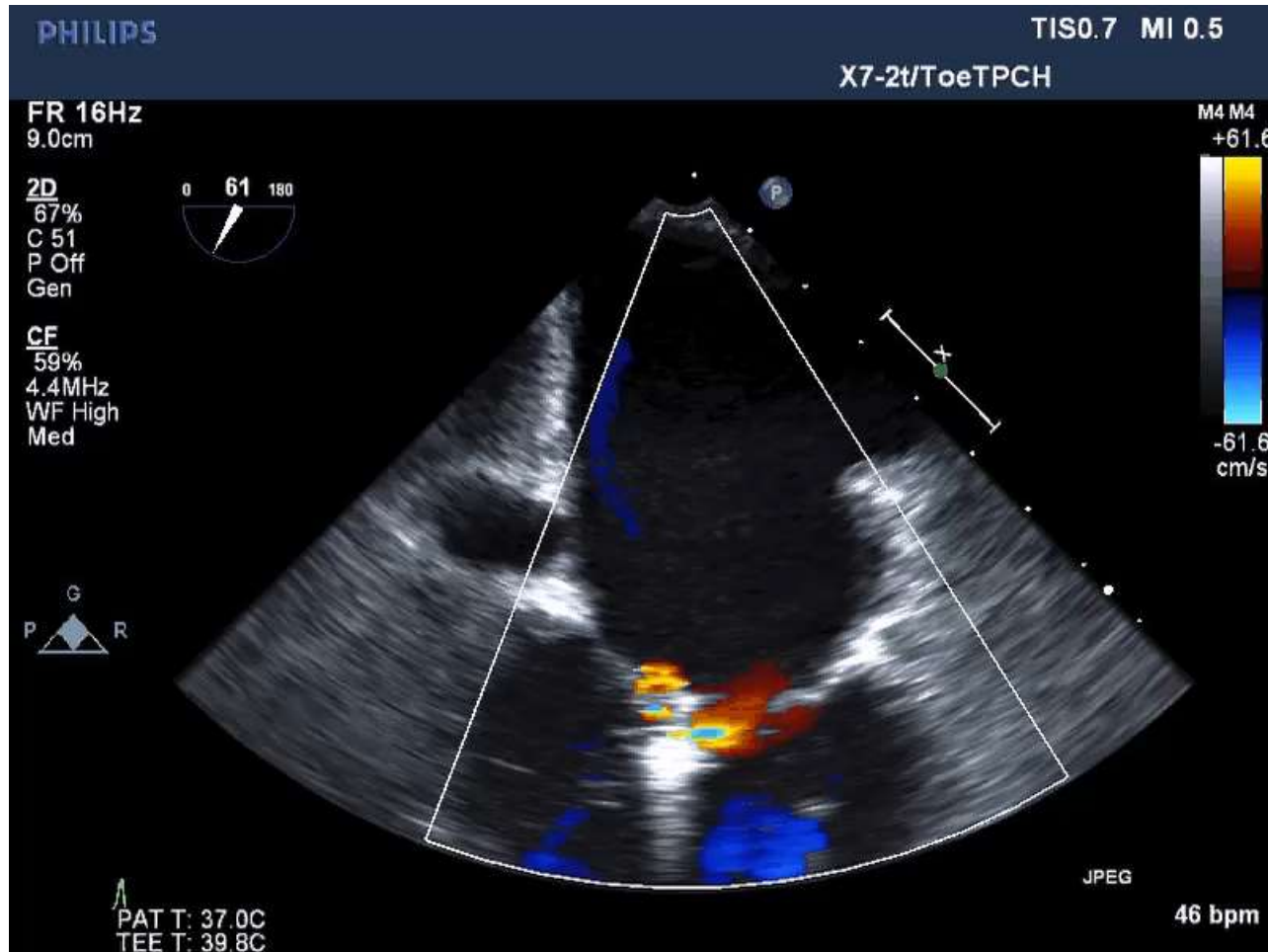


# Produce two orifice- how do you measure residual MR





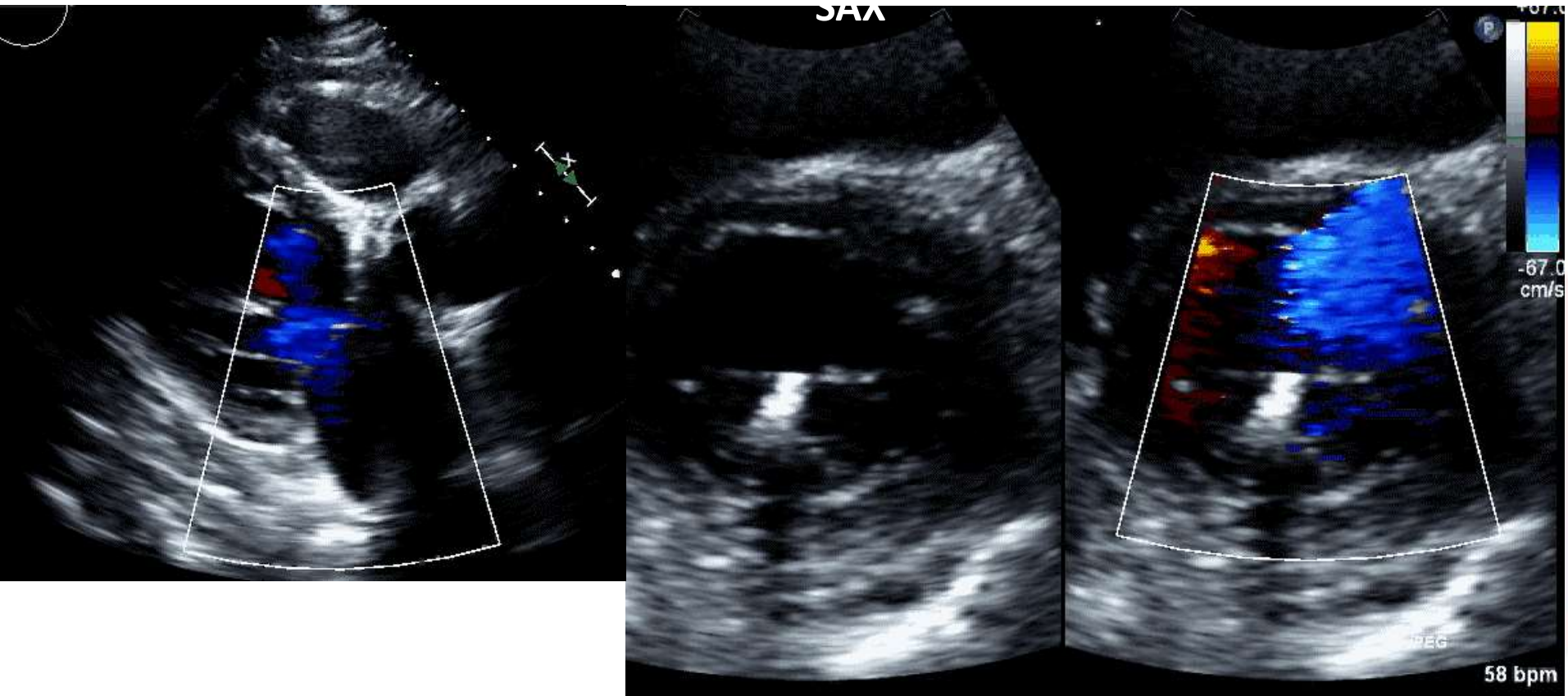
# How do you assess and quantify after Mitraclip?



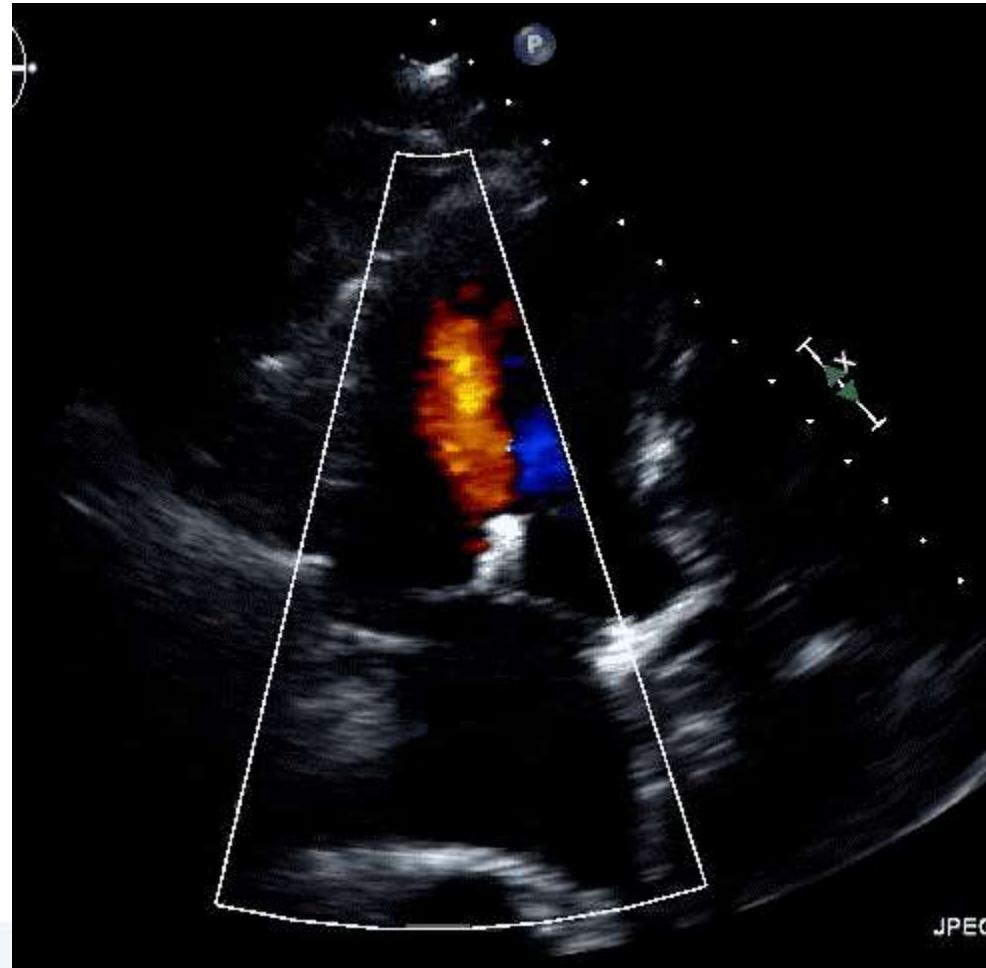
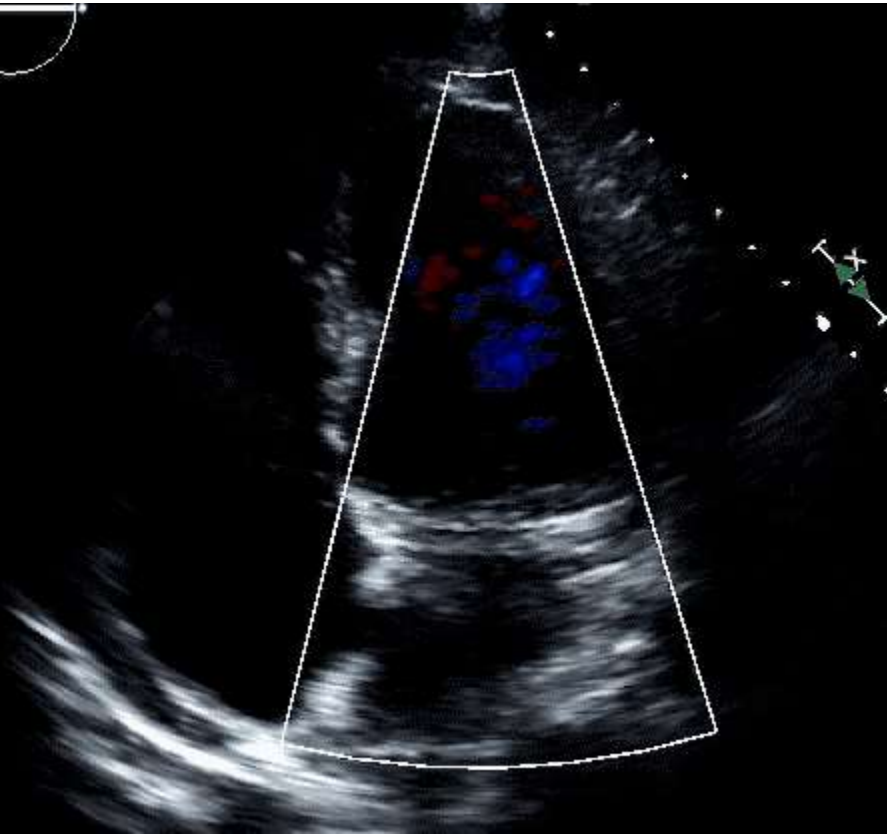
# Quantification of residual MR following a MitraClip is challenging due to several reasons

- the presence of the clip limits visualization of the jet origin,
- eccentricity of the MR jets,
- potential multiple sites of regurgitation,
- the dynamic nature
- altered anatomy of the MR orifice secondary to the presence of a clip after the edge-to-edge “Alfieri”-type repair

# Case residual MR post Mitraclip 1



# Case residual MR post Mitraclip 1



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JPEO

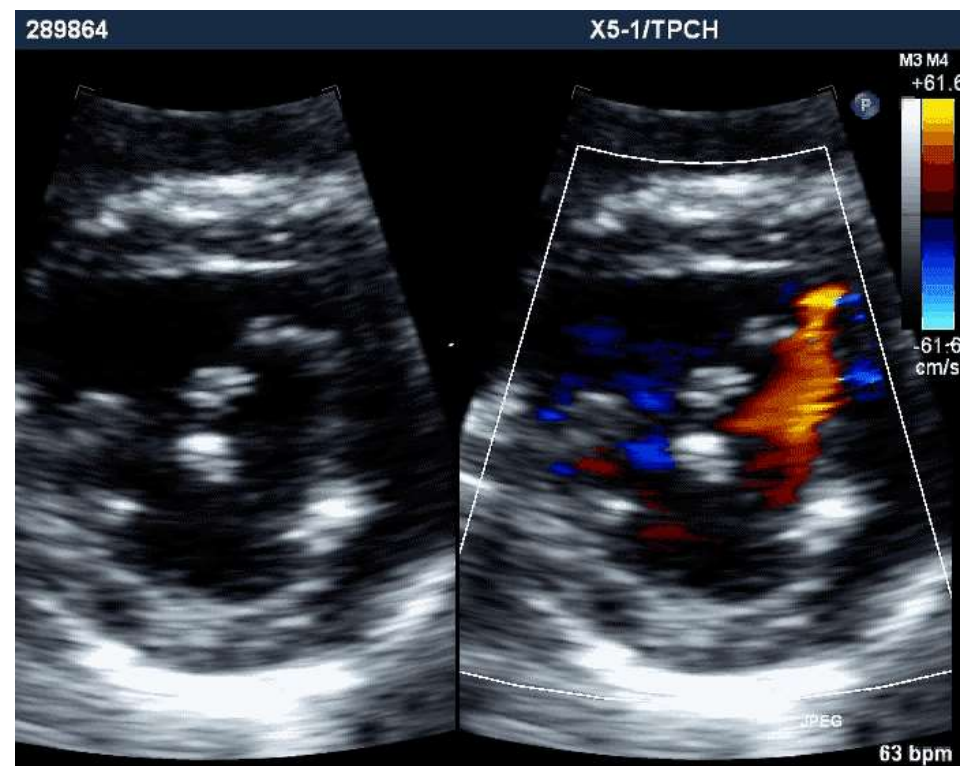
# Case residual MR post Mitraclip 1

## Compare to

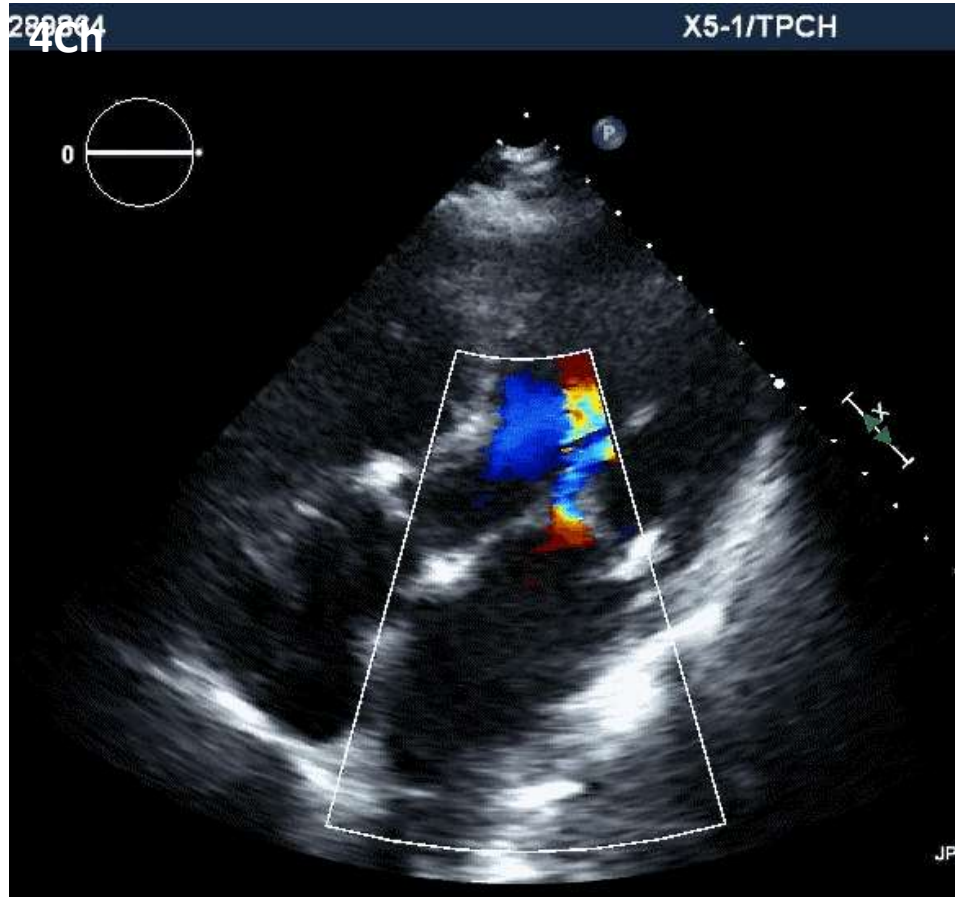
- Expert Consensus
  - Reader 1 = 0.5
  - Reader 2 = 1
  - Reader 3 = 0.5
  - Average = 0.66
- Cardiac MRI
  - Regurgitant fraction 19%
  - MRI grade = 2



# Case residual MR post Mitraclip 2



# Case residual MR post Mitraclip 2



# Case residual MR post Mitraclip 2

## Compare to

- Expert Consensus – *controversial!*
  - Reader 1 = 1
  - Reader 2 = 3
  - Reader 3 = 2
  - Average = 2
- Cardiac MRI
  - Regurgitant fraction 4 % !





# How to assess residual MR post Mitraclip

Featured Article

## Quantitation of mitral regurgitation after percutaneous MitraClip repair: comparison of Doppler echocardiography and cardiac magnetic resonance imaging

Christian Hamilton-Craig<sup>1,2,3</sup>, Wendy Strugnell<sup>1</sup>, Niranjan Gaikwad<sup>1</sup>, Matthew Ischenko<sup>1</sup>, Vicki Speranza<sup>1</sup>, Jonathan Chan<sup>4</sup>, Johanne Neill<sup>1</sup>, David Platts<sup>1,2</sup>, Gregory M. Scalia<sup>1,2</sup>, Darryl J. Burstow<sup>1,2</sup>, Darren L. Walters<sup>1,2</sup>

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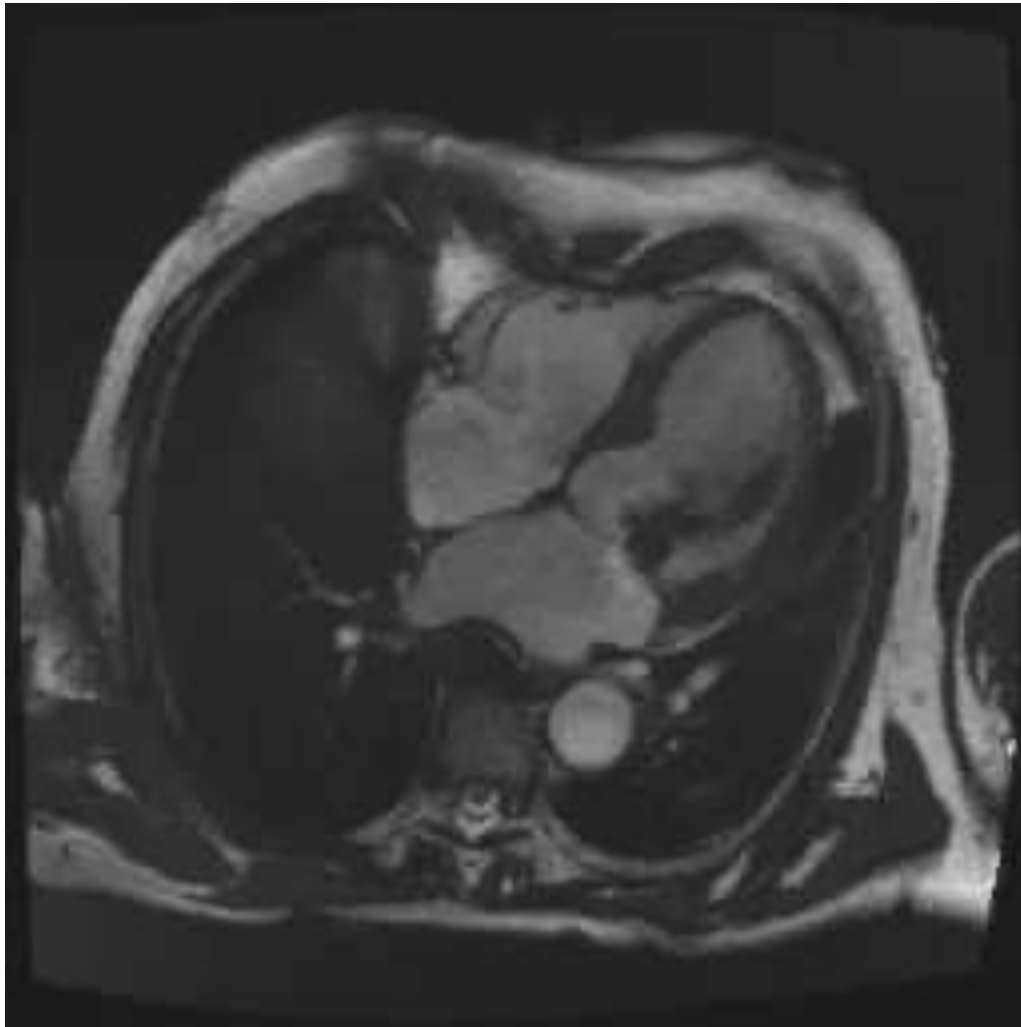
*Correspondence to:* Christian Hamilton-Craig. Heart & Lung Institute, Prince Charles Hospital, Brisbane, Australia. Email: [c.hamiltoncraig@uq.edu.au](mailto:c.hamiltoncraig@uq.edu.au).

# How to assess residual MR post Mitraclip

## Aim:

- Quantitative assessment of residual MR by transthoracic echocardiography (TTE) is challenging, with multiple eccentric jets and artifact from the clips.
- Cardiovascular magnetic resonance (CMR) is the reference standard for left and right ventricular volumetric assessment.
- CMR phase-contrast flow imaging has superior reproducibility for quantitation of MR compared to echocardiography.
- The objective of this study was to establish the feasibility and reproducibility of CMR in quantitating residual MR after MitraClip insertion in a prospective study.

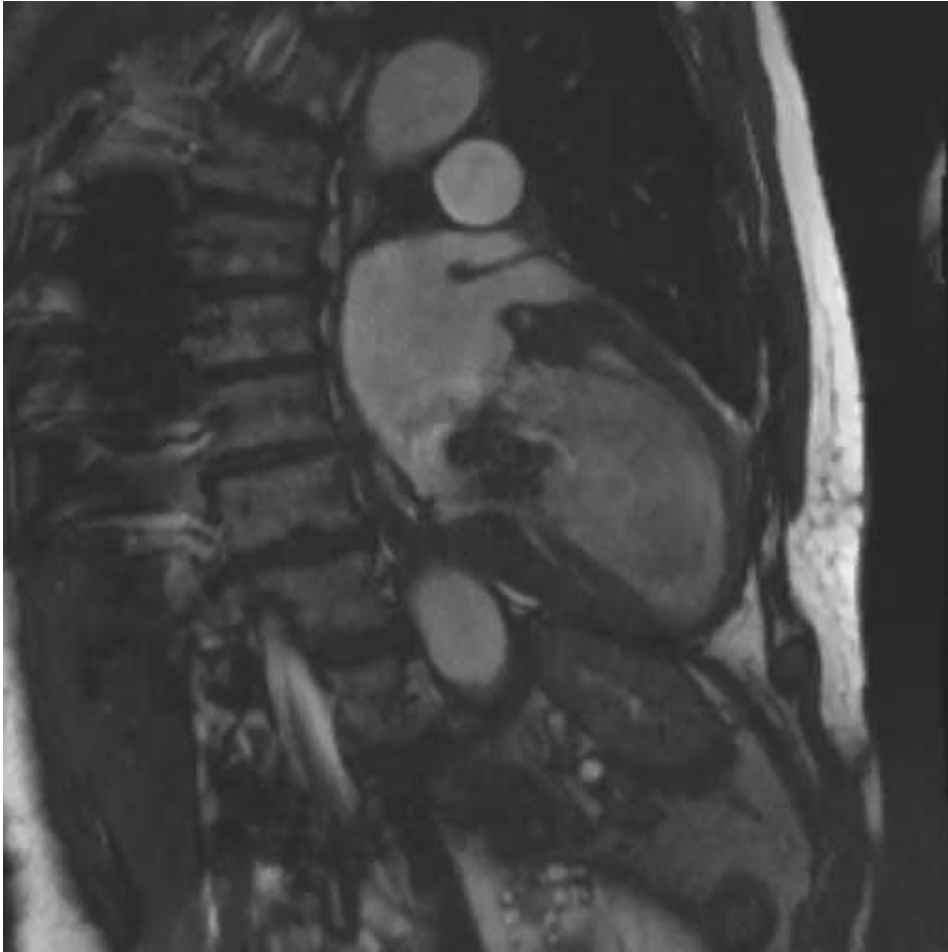
# Post-MitraClip



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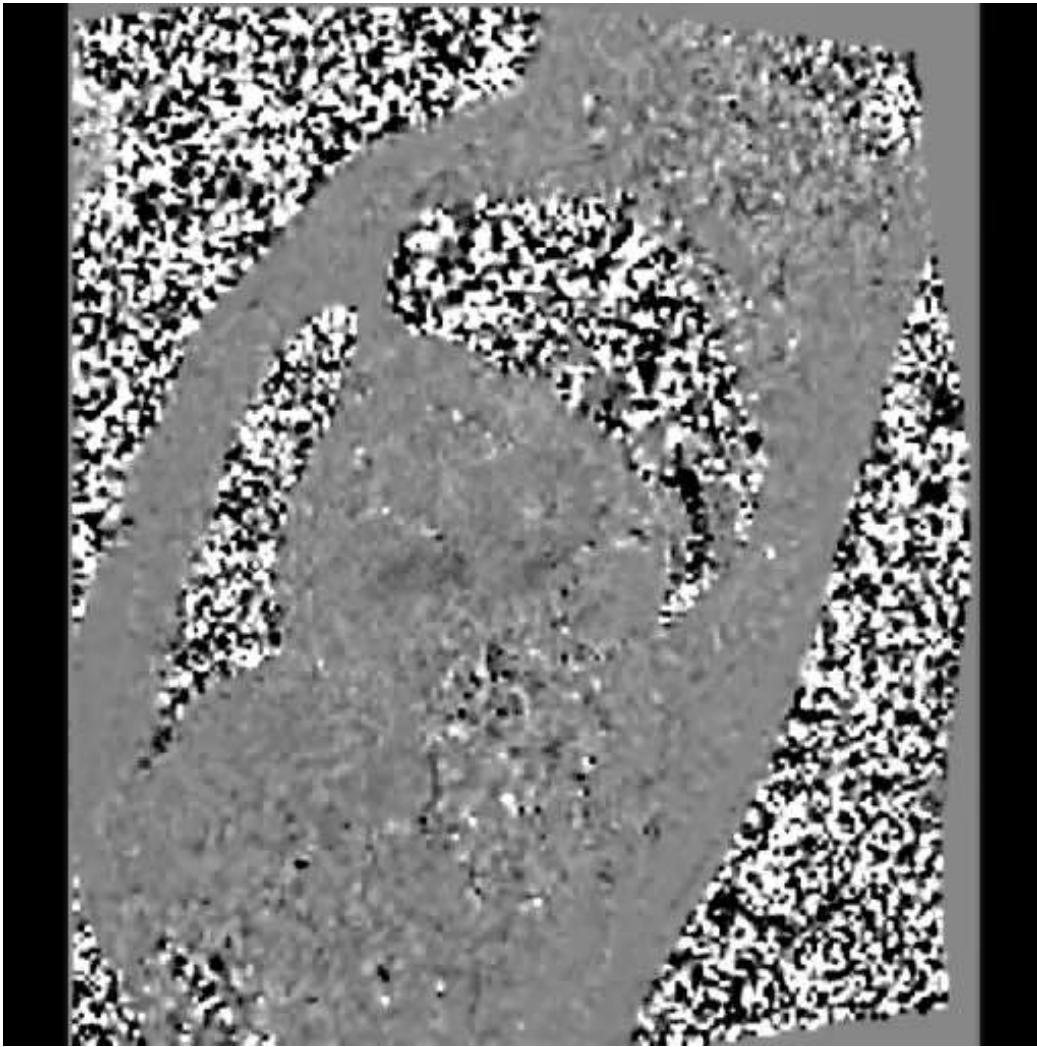
# Post-MitraClip



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# Flow quantiatation image



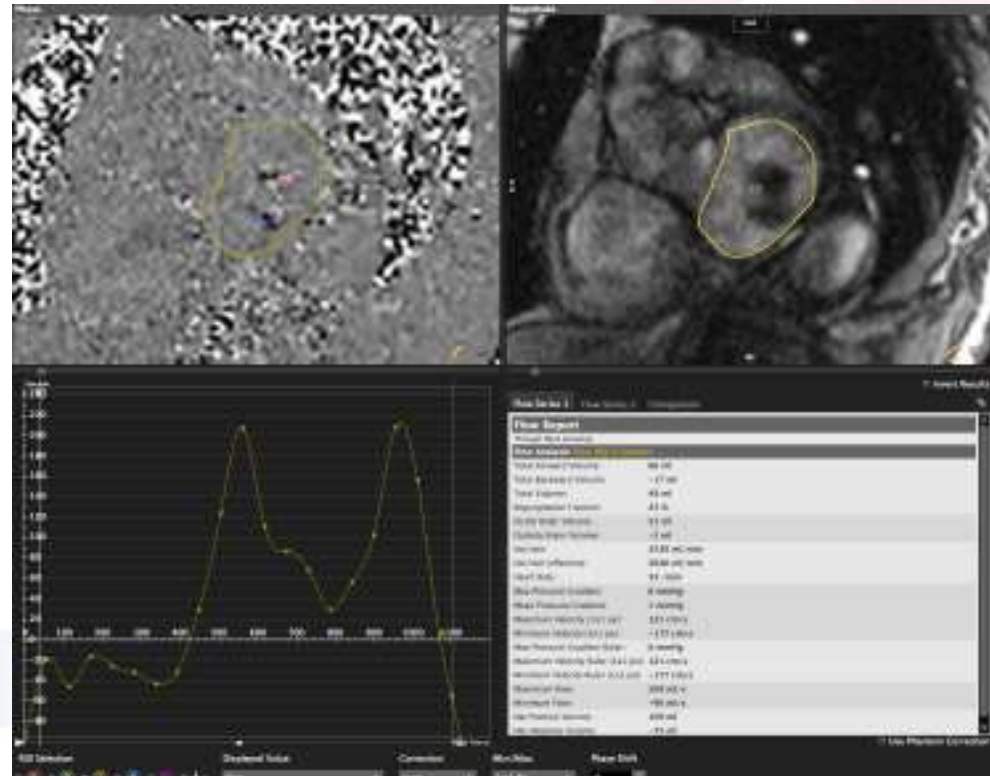
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# How to assess residual MR post Mitraclip

## Method:

- Mitral phase contrast flow image analysis, using dedicated software.
- Phase velocity image on the top left, magnitude image on the top right, with manual tracing of atrial contour.
- A flow-velocity curve is generated on the bottom left, showing diastolic 'early' (E) and 'atrial' (A) waveforms, with regurgitant flow seen in systole.
- Automated quantitative analysis (bottom right) shows forward flow 66 mL, reverse flow - 17 mL and regurgitant fraction 25% (moderate).



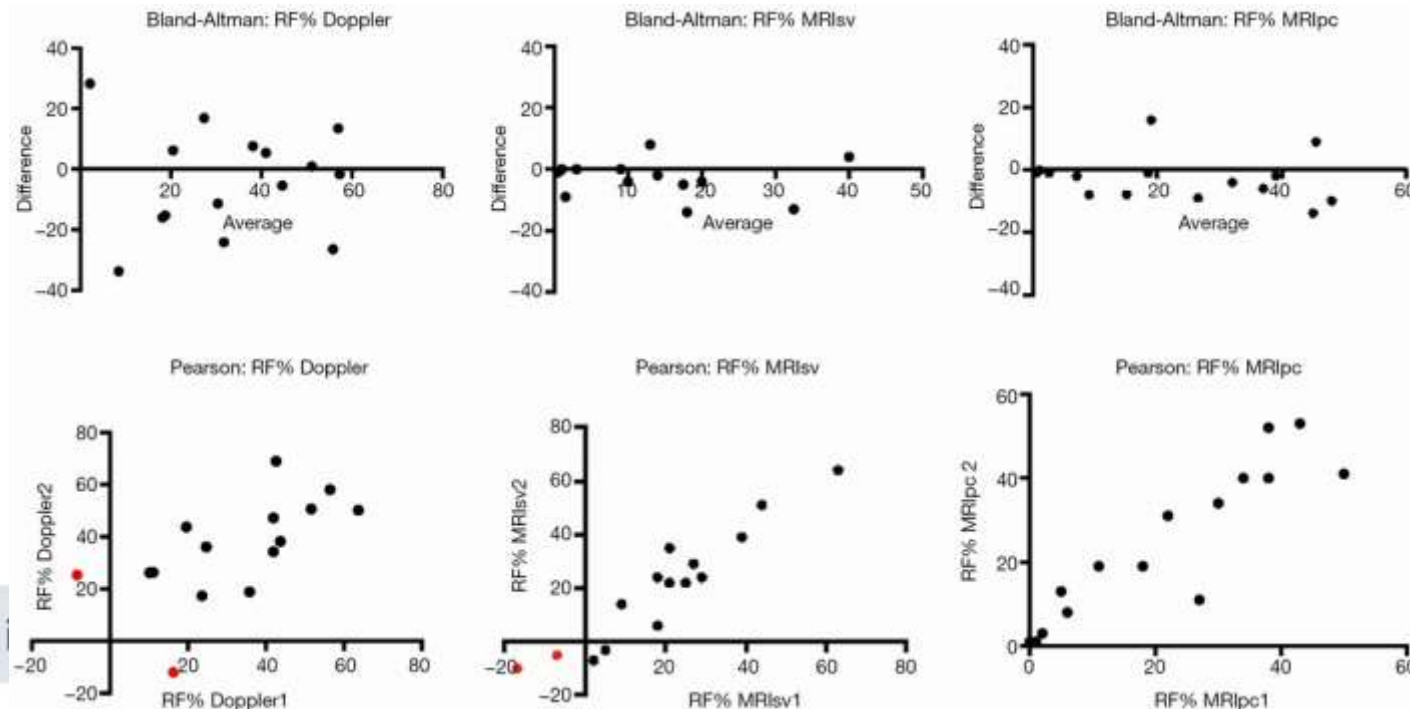
# How to assess residual MR post Mitraclip

## Method:

- 16 who underwent a comprehensive CMR examination at 1.5 T (Siemens Aera) with multiplanar steady state free precession (SSFP) cine imaging (cine CMR), and phase-contrast flow acquisitions (flow CMR) at the mitral annulus atrial to the MitraClip, and the proximal aorta.
- Same-day echocardiography was performed with two-dimensional (2D) visualization and Doppler.
- CMR and echocardiographic data were independently and blindly analyzed by expert readers.
- Inter-rater comparison was made by concordance correlation coefficient (CCC) with 95% confidence intervals (CIs), and Bland-Altman (BA) methods.

# How to assess residual MR post Mitraclip Results:

- Echocardiographic Doppler regurgitant fraction reproducibility was modest (CCC 0.59, 0.15-0.84; BA mean difference  $-3.7\%$ ,  $-38\%$  to  $31\%$ ).
- CMR regurgitant fraction reproducibility was excellent (CCC 0.95, 0.86-0.98; BA mean difference  $-2.4\%$ ,  $-11.9$  to  $7.0$ ), with a lower mean difference and narrower limits of agreement compared to echocardiography.
- Categorical severity grading by CMR using published ranges had good inter-observer agreement (CCC 0.86, 0.62-0.95).





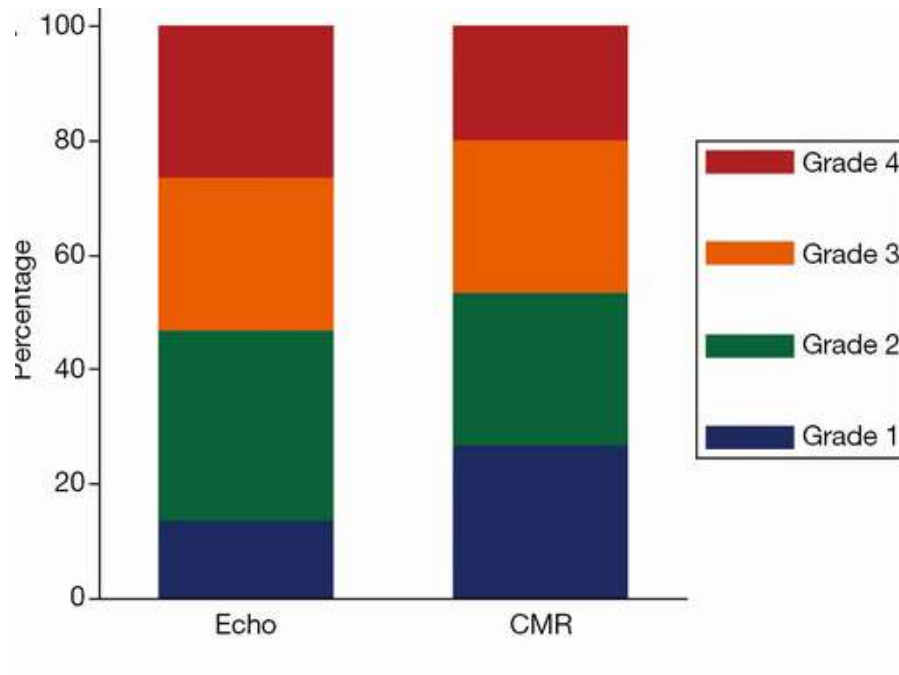
# How to assess residual MR post Mitraclip Results:

**Table 2** Inter-observer reproducibility of expert reader, echo Doppler and CMR metrics of regurgitant volume (Rvol) and regurgitant fraction (RF%)

Variables	Bland-Altman		Concordance correlation coefficient (CCC)	95% CI (low, high)	Pearson's P (precision)	Bias correction factor Cb (accuracy)
	Limits of agreement	Bias				
<b>Doppler echo</b>						
Multiparametric grading	-0.7 to 2.3	-0.8	0.475	0.0713-0.744	0.669	0.709
RVol <sub>Doppler</sub> (mL)	-61.3 to 52.84	-4.2	0.633	0.205-0.856	0.6338	0.991
RF% <sub>Doppler</sub> (%)	-37.9 to 0.5	-3.7	0.599	0.155-0.841	0.610	0.982
<b>CMR</b>						
RVol <sub>MRI-SV</sub> (mL)	-14.7 to 12.45	-1.1	0.949	0.874-0.980	0.958	0.990
RF% <sub>MRI-SV</sub> (%)	-14.1 to 12.6	-0.75	0.947	0.859-0.980	0.950	0.997
RVol <sub>MRI-PC</sub> (mL)	-14.9 to 8.2	-3.1	0.828	0.588-0.934	0.853	0.971
RF% <sub>MRI-PC</sub> (%)	-11.9 to 7.0	-2.4	0.950	0.867-0.982	0.960	0.989

CMR, cardiovascular magnetic resonance; CI, confidence interval; RVol<sub>Doppler</sub>, regurgitant volume by Doppler echocardiography method; RF%<sub>Doppler</sub>, regurgitant fraction by Doppler echocardiography method; RVol<sub>MRI-SV</sub>, regurgitant volume by stroke volume method; RF%<sub>MRI-SV</sub>, regurgitant fraction by stroke volume method; RVol<sub>MRI-PC</sub>, regurgitant volume by phase contrast method; RF%<sub>MRI-PC</sub>, regurgitant fraction by phase contrast method.

# How to assess residual MR post Mitraclip Results:



Echo increased levels of residual MR compared to MRI quantification  
Echo less reproducible and greater variability

# Conclusion

- TTE assessment of residual mitral regurgitation post Mitraclip is difficult even in expert hands
- TTE tends to overestimate residual mitral regurgitation compared to MR quantification
- Consider MRI to assess residual MR post Mitraclip in select if not all cases
- If MRI is not available consider a dedicated readers who include careful review of all indirect measures of MR post mitraclip in conjunction with quantified measures
- Implication for the evaluation of future intervention/device