

Why Even Favorable 1 year Data from HORIZON Shouldn't Compel DES Usage in AMI

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Should DES be Implanted in patients presenting with AMI?

- Plaque rupture with an underlying necrotic core is the main cause of AMI (75%). *(Arubustini E, et al. Heart 2000)*
- Pathologic studies have shown delayed healing following DES implantation vs. BMS. *(Joner M, et al. J Am Coll Cardiol 2006)*
- Clinical studies are ambiguous but the larger, with long-term follow-up suggest that AMI patients are at greater risk of LST. *(Sianos G, JACC 2006, Daemen J, ESC congress 2007, Steg PG. Euro Heart J 2009)*

Healing of DES (Cypher and Taxus) vs. BMS in Man

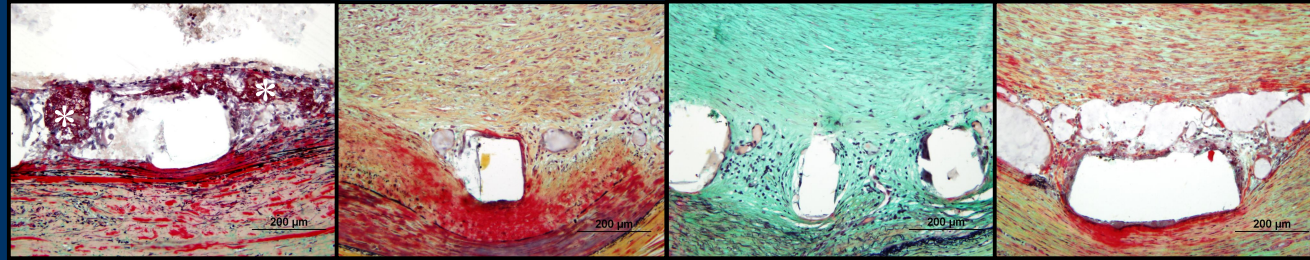
2 weeks

3 months

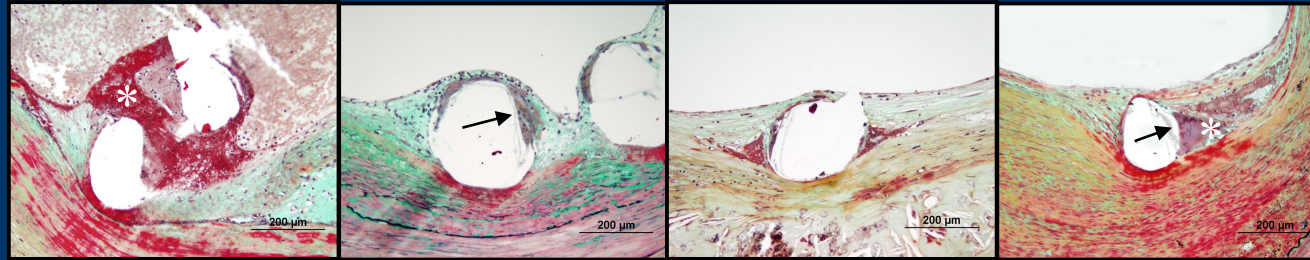
9-12 months

15-18 months

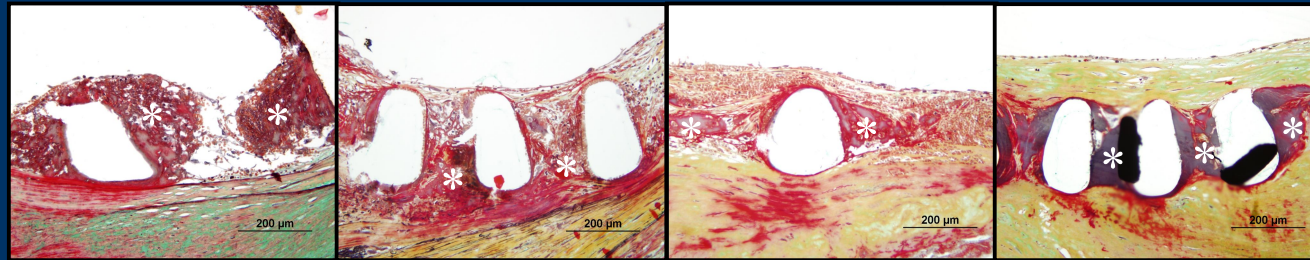
BMS



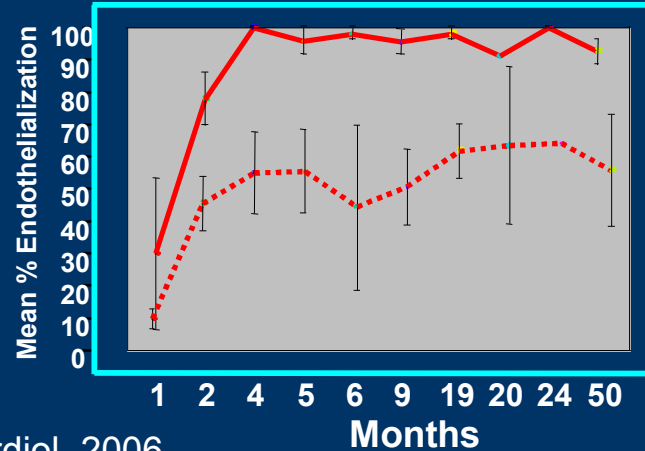
Cypher



Taxus



Finn, AV et al. ATVB 2007

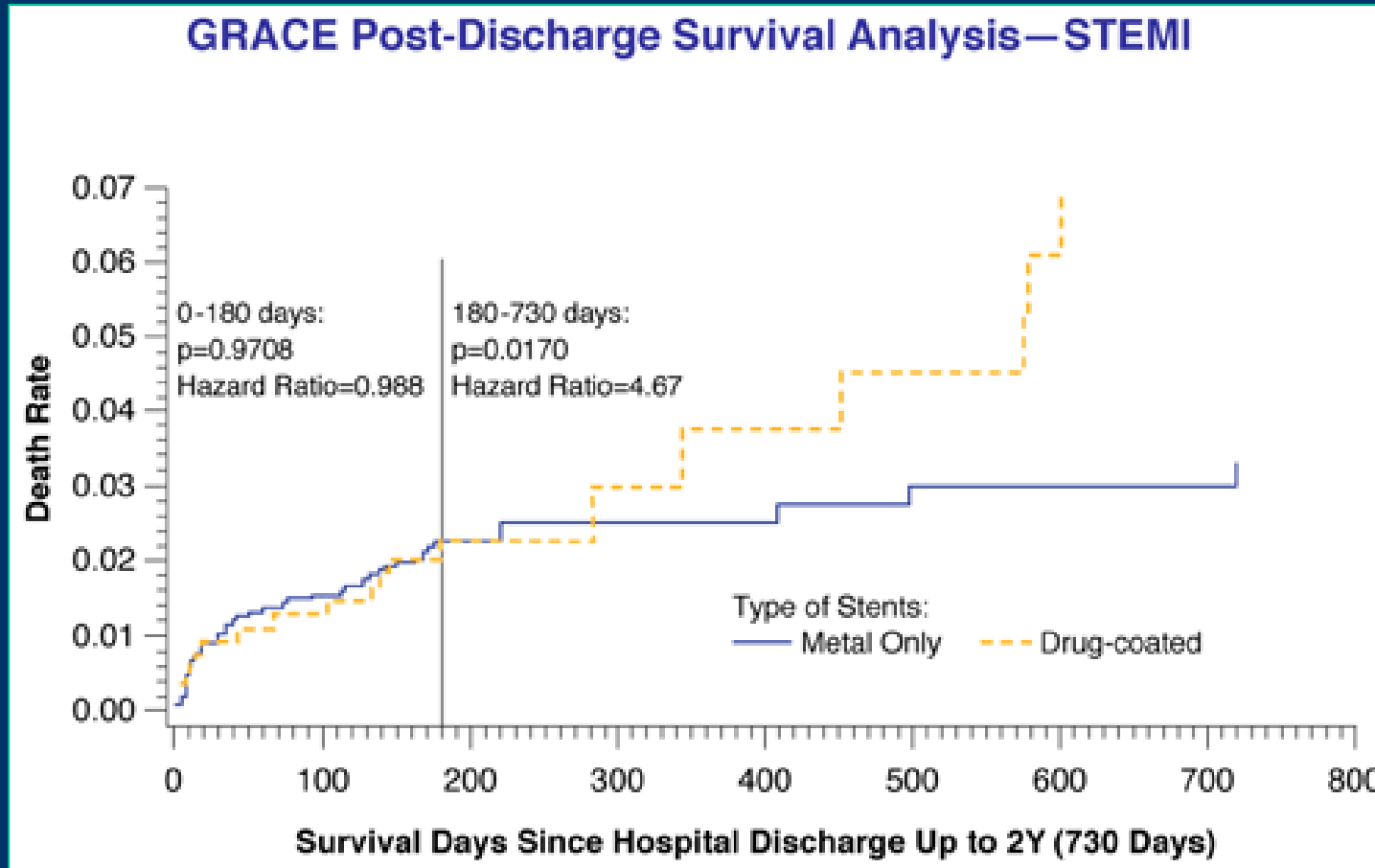


* = Fibrin

— BMS

... DES

Increased death rate in STEMI patients with DES as compare to BMS



	Discharge to 6 months	6 months – 2 years	1 to 2 years
Hazard ratio (p value)	0.72 (p=0.32)	5.55 (p<0.01)	8.01 (p=0.01)

5093 patients with STEMI

Steg, PG, From GRACE registry, ESC2007



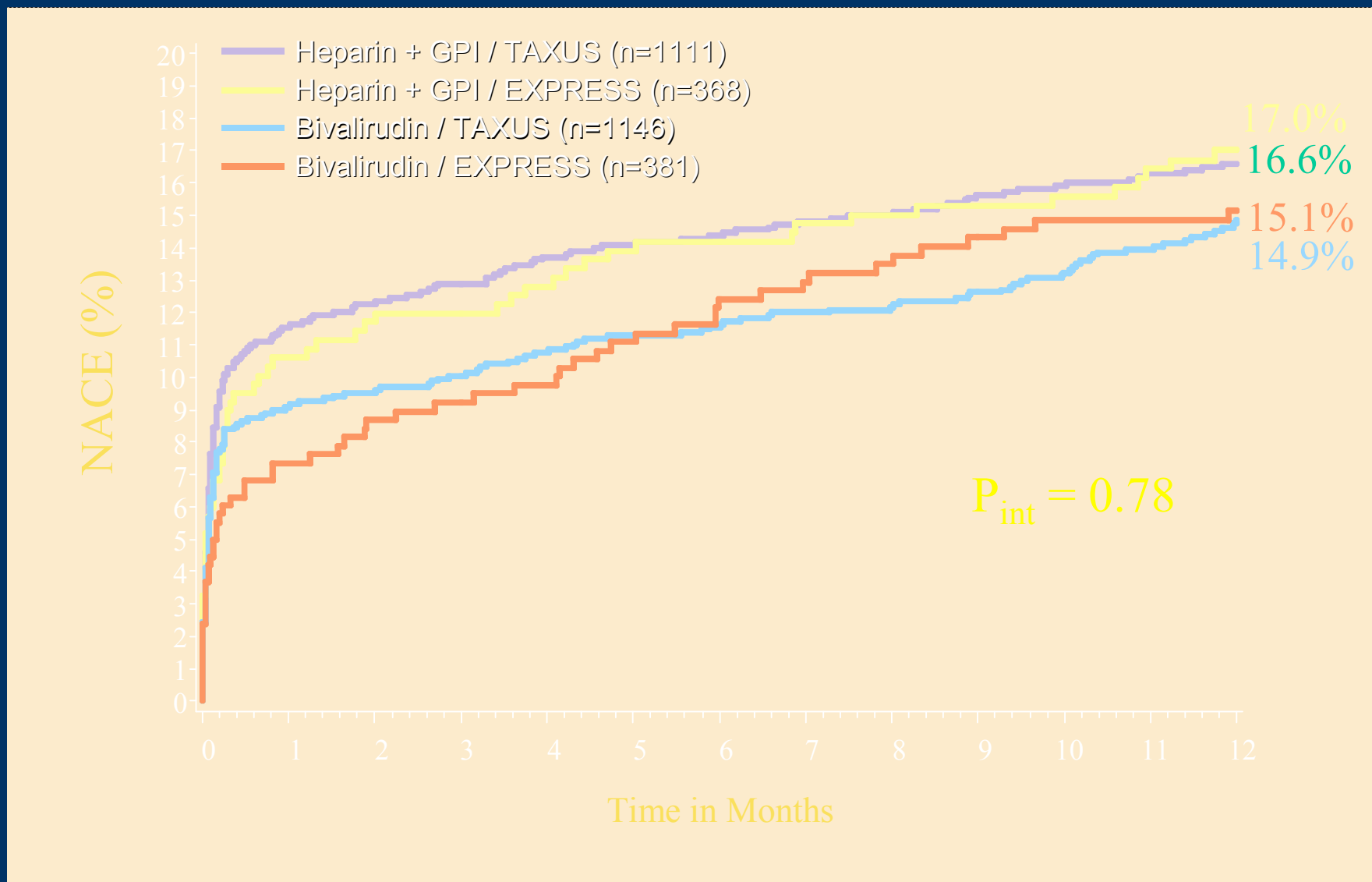
Conflicting Data... DES is better in AMI?

Table 3. Two-Year Adjusted Clinical Outcomes.

Initial Presentation	2-Year Outcome	Drug-Eluting Stent	Bare-Metal Stent	Absolute Risk Difference	P Value*
		no./total no. (%)		% (95% CI)	
Any myocardial infarction					
	Death	276/2570 (10.7)	330/2570 (12.8)	-2.1 (-3.8 to -0.4)	0.02
	Recurrent myocardial infarction	227/2570 (8.8)	263/2570 (10.2)	-1.4 (-3.0 to 0.2)	0.09
	Repeat target-vessel revascularization	247/2570 (9.6)	373/2570 (14.5)	-4.9 (-6.7 to -3.1)	<0.001
Myocardial infarction with ST-segment elevation					
	Death	110/1298 (8.5)	150/1298 (11.6)	-3.1 (-5.4 to -0.8)	0.008
	Recurrent myocardial infarction	91/1298 (7.0)	104/1298 (8.0)	-1.0 (-3.0 to 1.0)	0.34
	Repeat target-vessel revascularization	132/1298 (10.2)	181/1298 (13.9)	-3.8 (-6.2 to -1.3)	0.003

Mauri L et al. *N Engl J Med* 2008;359:1330-1342

1-Year Net Adverse Clinical Events*

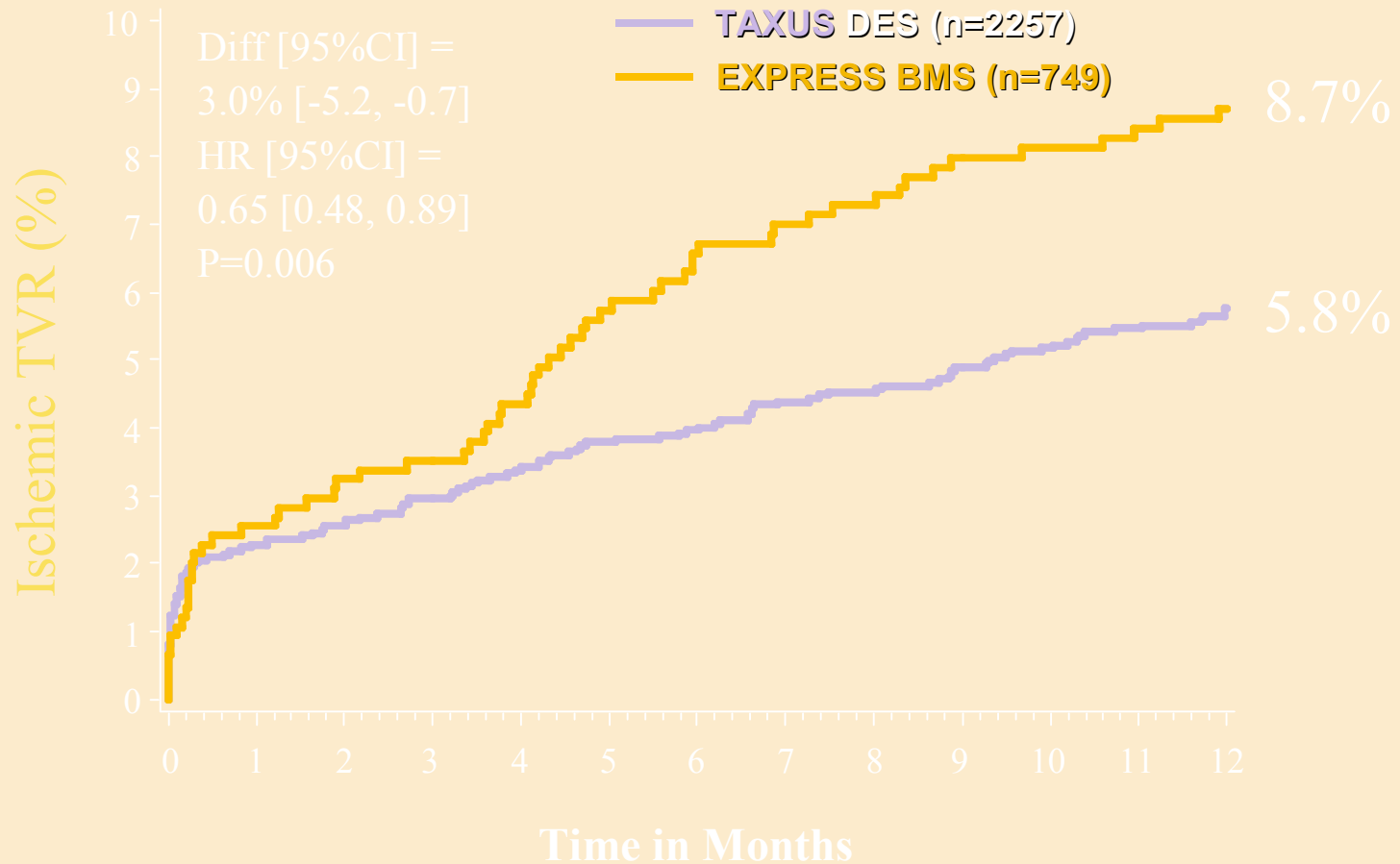


* MACE (death, reinfarction, ischemic TVR or stroke) or major bleeding (non CABG)

HORIZION Trial



Secondary Efficacy Endpoint: Ischemic TVR



Number at risk

Time (Months)	0	3	6	9	12
TAXUS DES	2257	2119	2078	2045	1848
EXPRESS BMS	749	695	669	650	598

HORIZION Trial



Should we be using DES in all lesions “on label” and “off label”?

What has been accomplished by use of DES ...

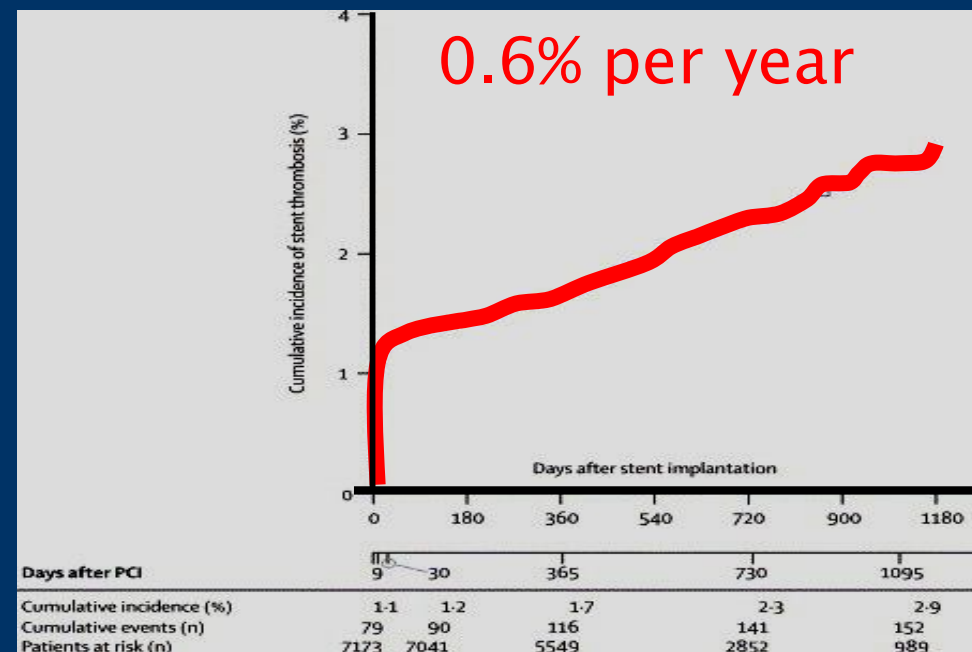
Dramatic reduction in restenosis rates as compared to BMS

But the problem is...

Late thrombosis has emerged as a safety concern

“Off Label”

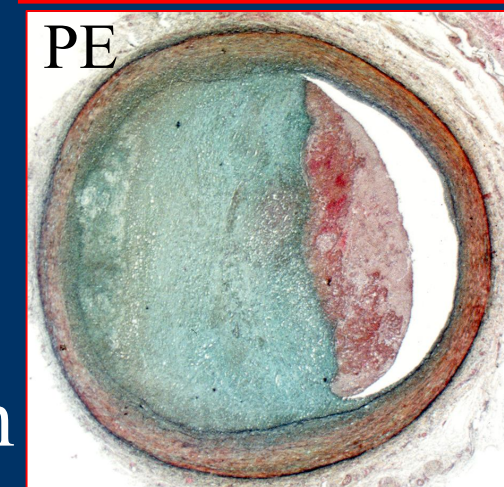
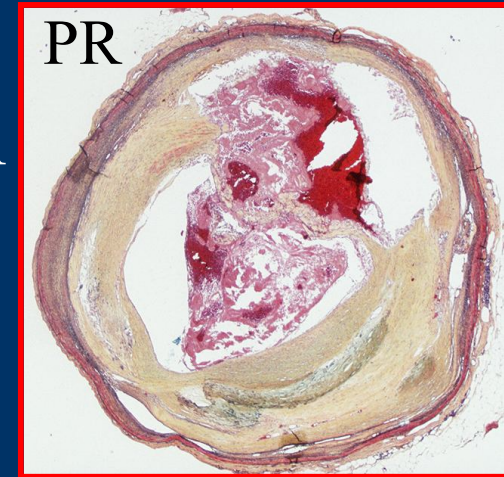
AMI
Bifurcation
LM
Long lesions
Saphenous vein grafts



Daemen J et al. Lancet 2007; 369: 667

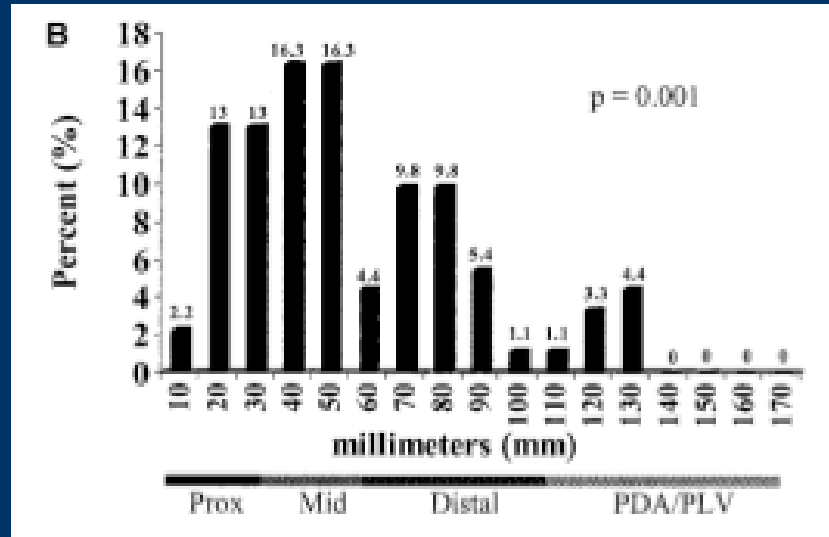
What have we learnt from Pathology Studies?

- The main cause of Acute Myocardial Infarction is Plaque Rupture (PR) (75-80%)
- The second most frequent is plaque erosion (PE)
- Clinical and autopsy studies have shown that the underlying luminal narrowing in patients presenting with AMI is at least in ~50% of cases - <50% diameter stenosis

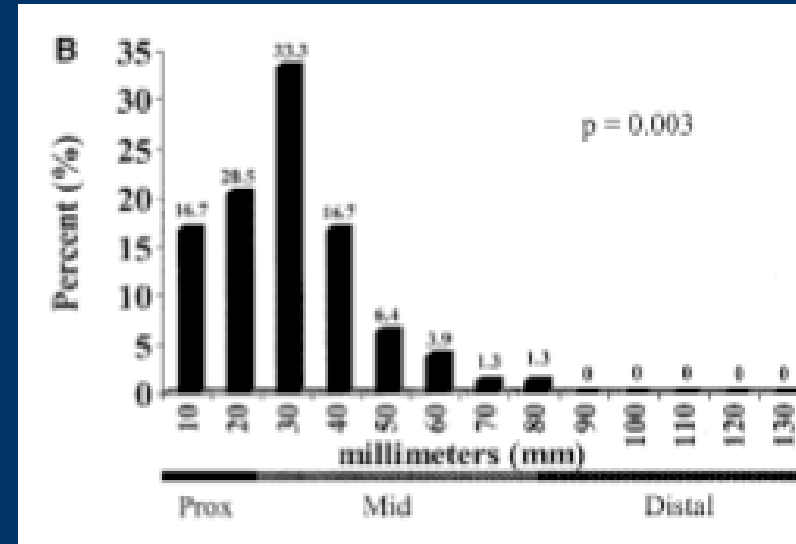


Location of Thrombus in STEMI

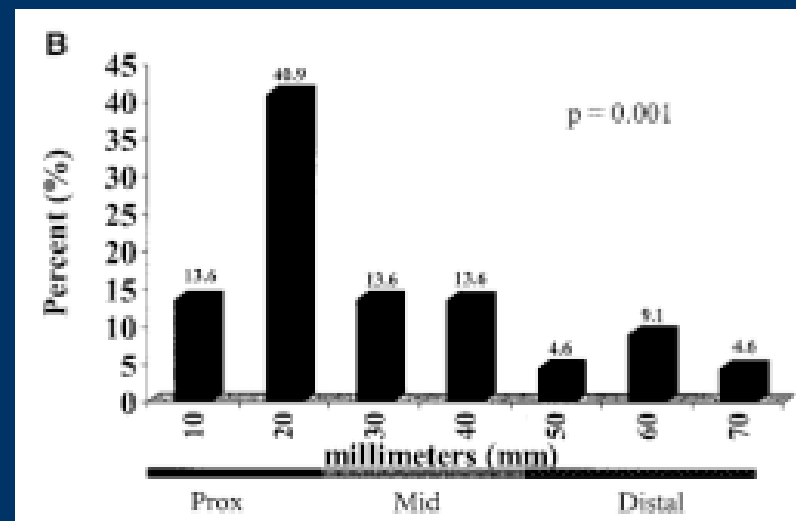
RCA



LAD



LCX



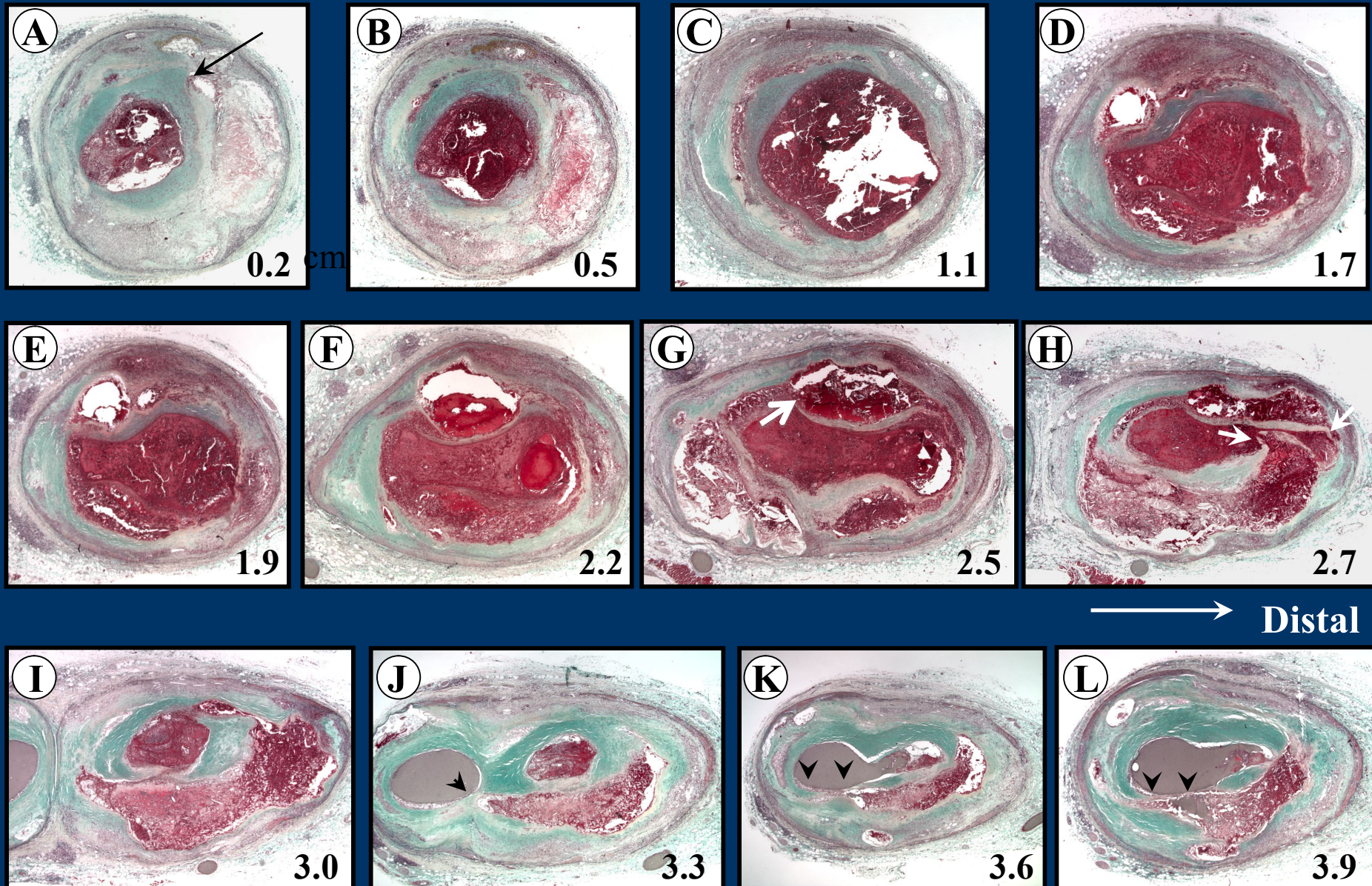
CA vessel diameter
 3.15 ± 0.37 mm

Antoniucci D, et al. Catheter Cardiovasc Interv. 2000

Wang JC, et al. Circulation 2004

Serial Coronary Sections (cm) Demonstrating Extent of Thrombus With Propagation Proximal and Distal to Rupture Site

→ Proximal LCx



Frequency Distribution of % X-sectional Area Stenosis by Plaque in Coronary Thrombosis

% stenosis	Age (years)	Plaque Erosion	Plaque Rupture	All cases
50-59	42 ± 5	3 (14%)	1 (4%)	4 (8%)
60-69	46 ± 7	5 (23%)	4 (14%)	9 (18%)
70-79	49 ± 21	10 (45%)	11 (39%)	21 (42%)
80-89	50 ± 50	3 (14%)	5 (18%)	8 (16%)
90-99	52 ± 16	1 (5%)	7 (25%)	8 (16%)
Total	49 ± 10	22 (100%)	28 (100%)	50 (100%)

68%: not severely narrowed

Farb A, et al. Circulation 1996



Study design

138 patients with DES

<30days

8 AMI patients (8 lesions)

<30days

8 Stable patients (8 lesions)

>30days

17 AMI patients (17 lesions)

With Underlying Plaque
rupture

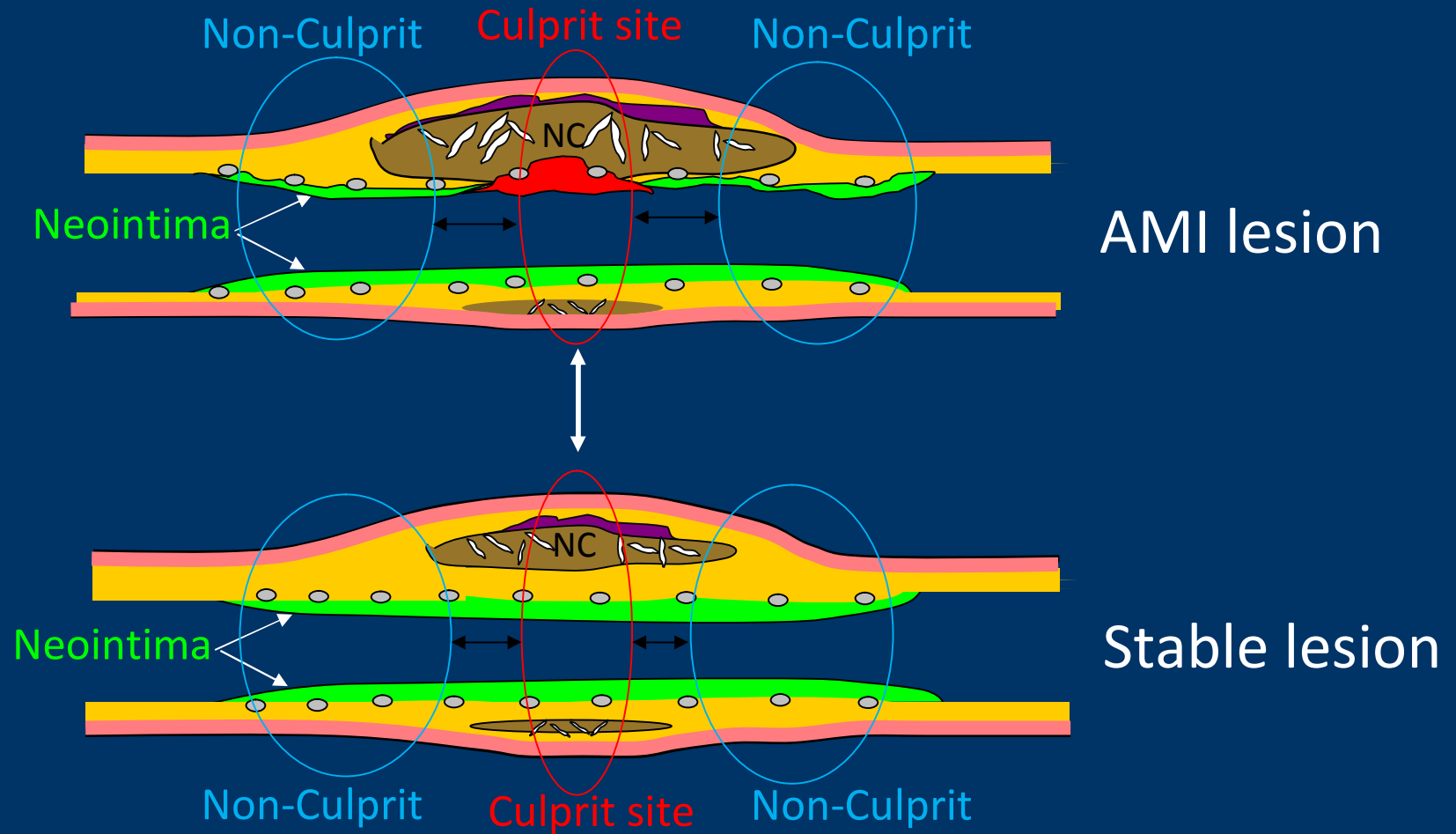
18 Stable patients (18 lesions)

With Underlying
Fibroatheroma with Thick cap
thickness

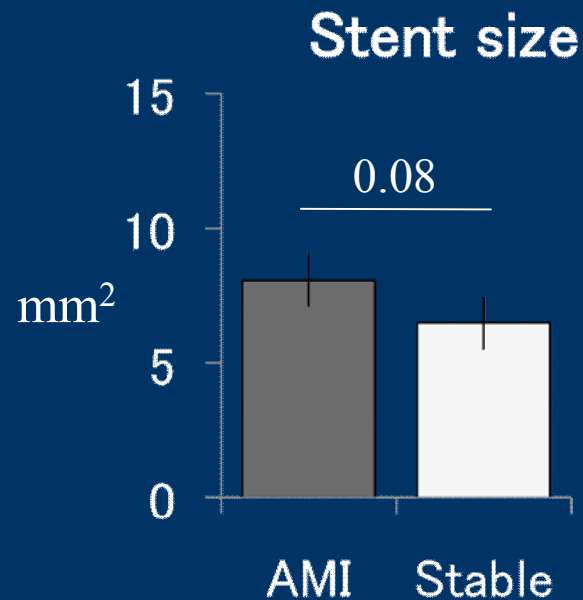
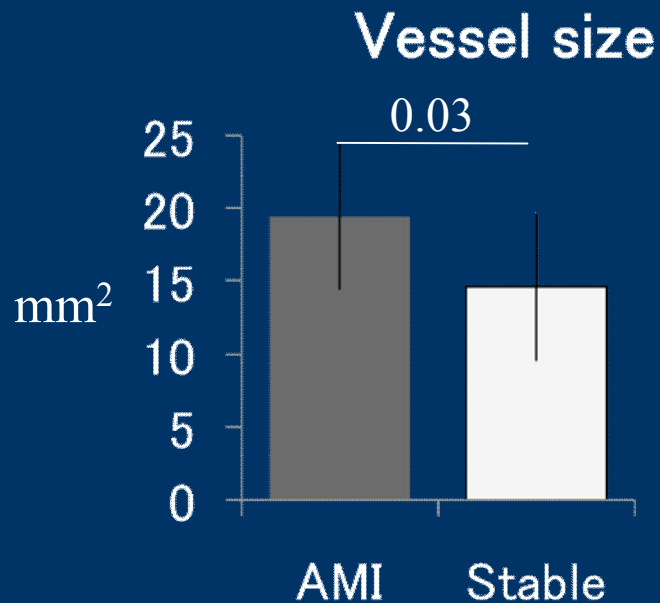
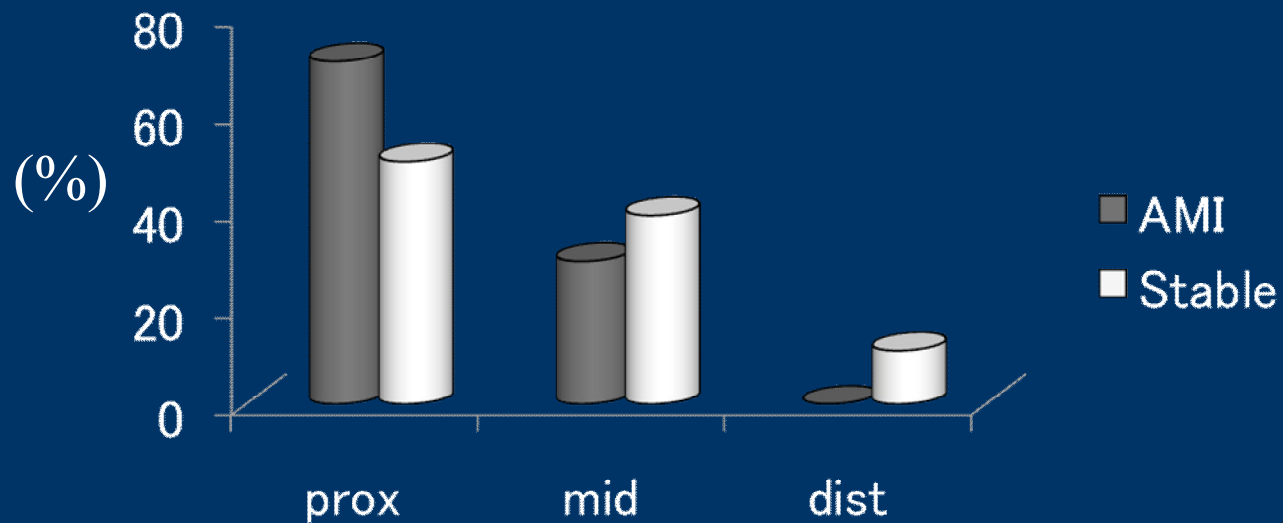


Morphometric comparison

Morphometric comparison



AMI lesions are located more in the proximal Segments



Data from Nakazawa et al. Circulation 2008



Patient / Lesion Characteristics >30days

	AMI Patients N=17	Stable Patients N=18	p value
Age, yrs	58 ± 15	57 ± 11	0.80
Male gender, %	82	89	0.33
Stent duration, day	270 (65, 465)	315 (113, 570)	0.36
Cypher / Taxus	7 / 10	9 / 9	0.34
Number of stents	1.5 ± 1.0	1.2 ± 0.4	0.26
Stent length, mm	22.0 (20.0, 44.0)	22.0 (15.3, 32.3)	0.16
Late Thrombosis, %	41	11	0.04
Very Late	12	0	0.13
Restenosis, %	0	6	0.32

Underlying Plaque Morphology (AMI vs. Stable >30 days)

	AMI lesions (n=17)	Stable lesions (n=18)	p value
EEL, mm ²	19.4 ± 7.1	14.6 ± 4.8	0.03
Stent Area, mm ²	7.3 (5.7, 9.3)	5.7 (5.1, 8.0)	0.08
Plaque Area, mm ²	11.2 ± 4.5	8.1 ± 3.6	0.03
Necrotic Core Area, mm ²	2.6 (1.8, 4.4)	1.0 (0.6, 1.4)	<0.0001
% NC area	31 ± 11	16 ± 9	<0.0001
NC Arc, °	180 (180, 270)	90 (90, 180)	<0.0001
Fibrous cap thickness, μm	55 ± 24*	286 ± 118	<0.0001
Longitudinal NC length, mm	16.2 ± 8.3	10.0 ± 4.9	0.01
Rupture site length, mm	6.3 (2.9, 8.6)	0	<0.0001
% Struts penetrating NC	30 (15, 39)	0	0

* = remnants of fibrous cap

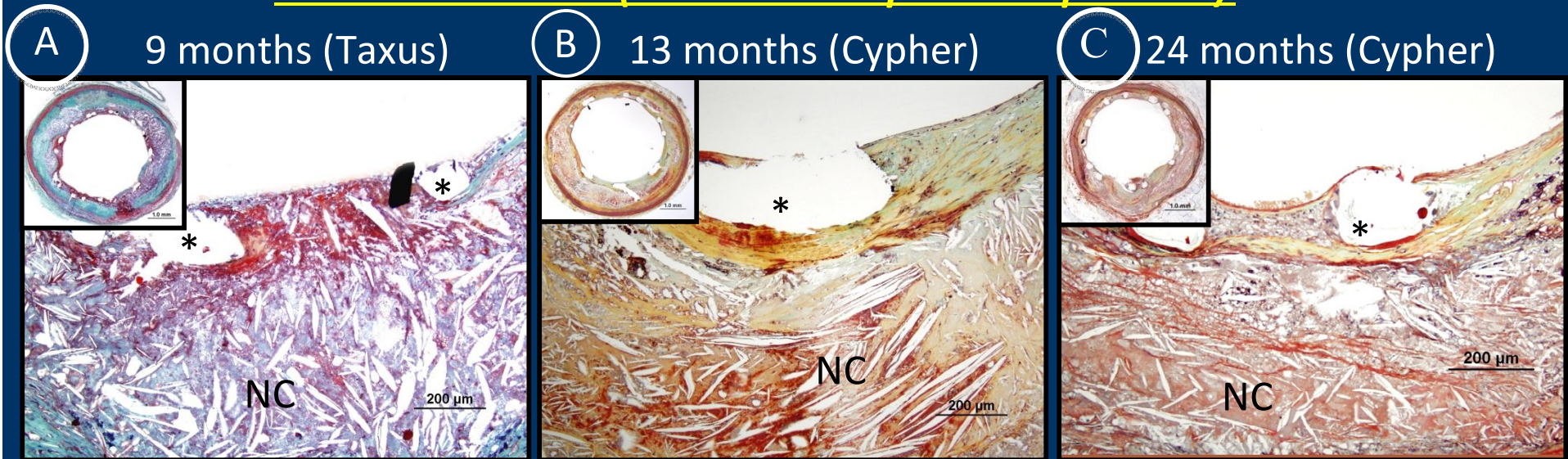
Nakazawa, G et al. Circulation



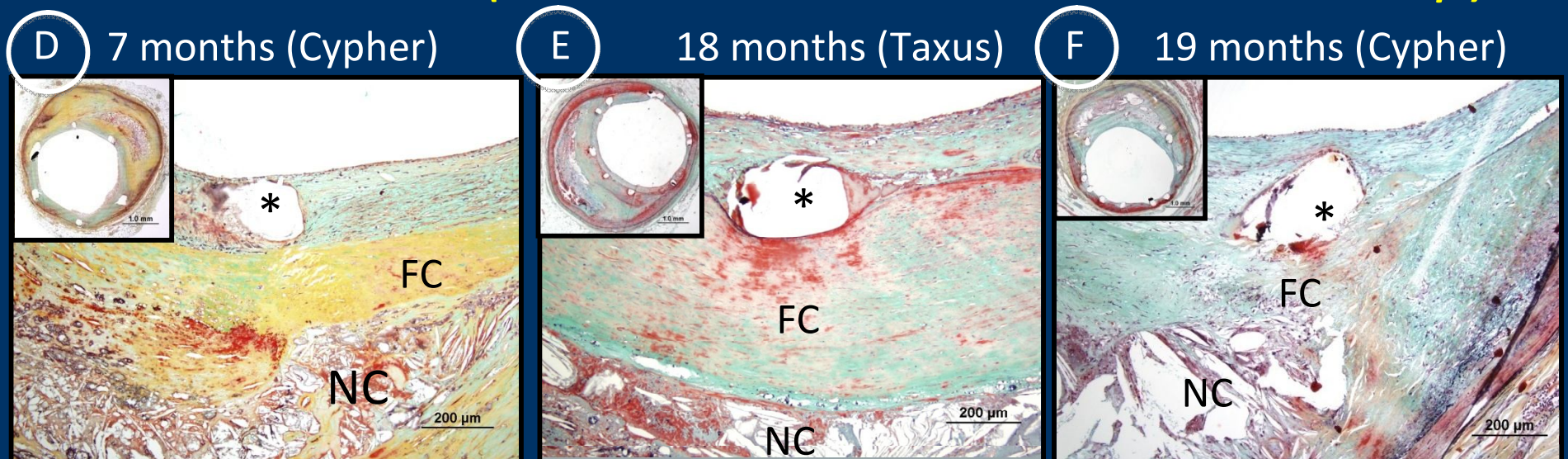
Morphometry and Pathologic Assessment at Culprit Site (AMI vs. stable patients)

	AMI with rupture (n=17)	Stable with FA (n=18)	p value AMI vs. Stable
Neointimal thickness, mm	0.04 (0.02, 0.09)	0.11 (0.07, 0.21)	<u>0.008</u>
Strut with fibrin deposition, %	63 ± 28	36 ± 27	<u>0.008</u>
Strut with inflammation, %	35 (27, 49)	17 (7, 25)	<u>0.003</u>
Uncovered strut, %	49 (16, 96)	9 (0, 39)	<u>0.01</u>

AMI lesions (with Plaque Rupture)



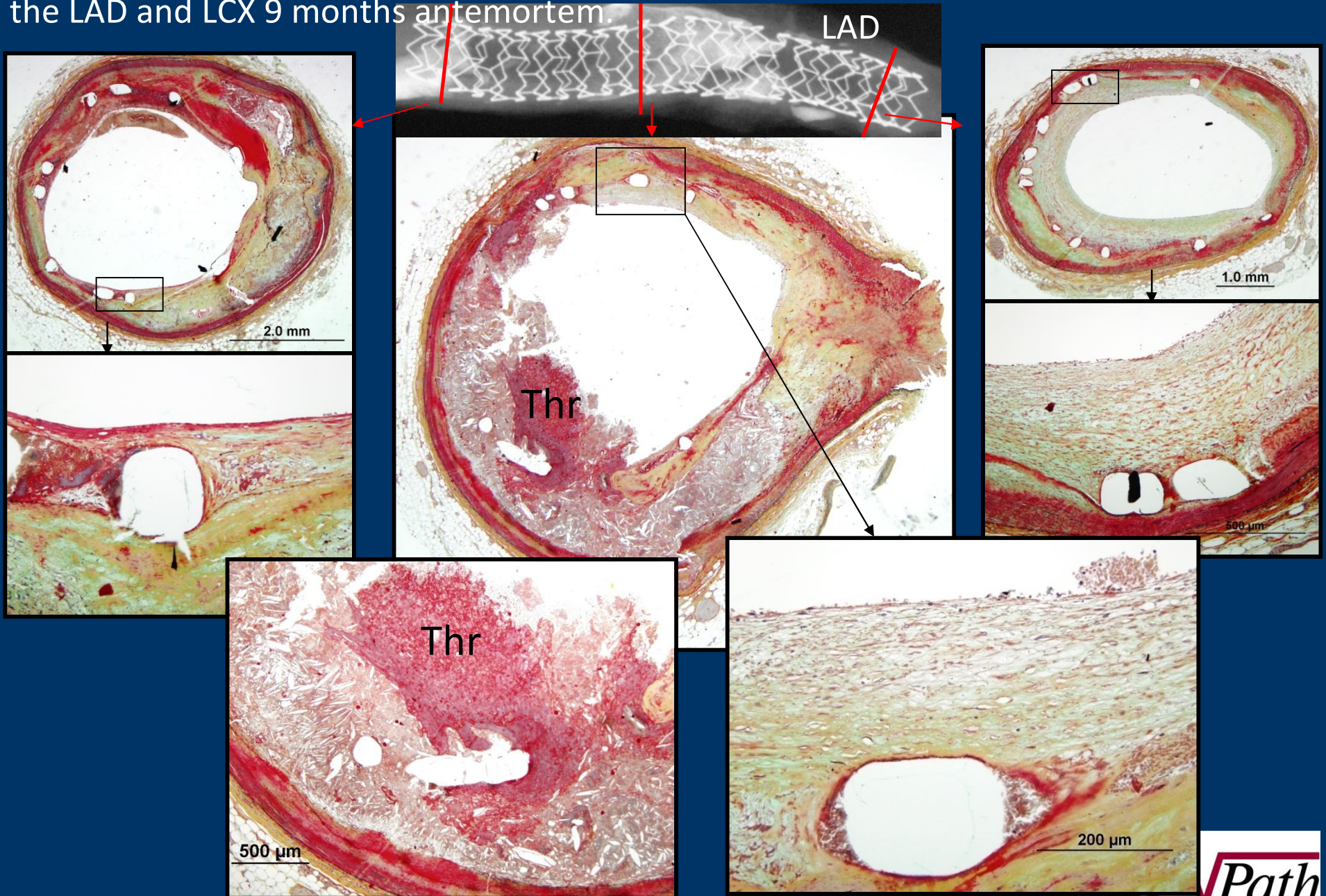
Stable Lesions (with Fibroatheroma and thick cap)



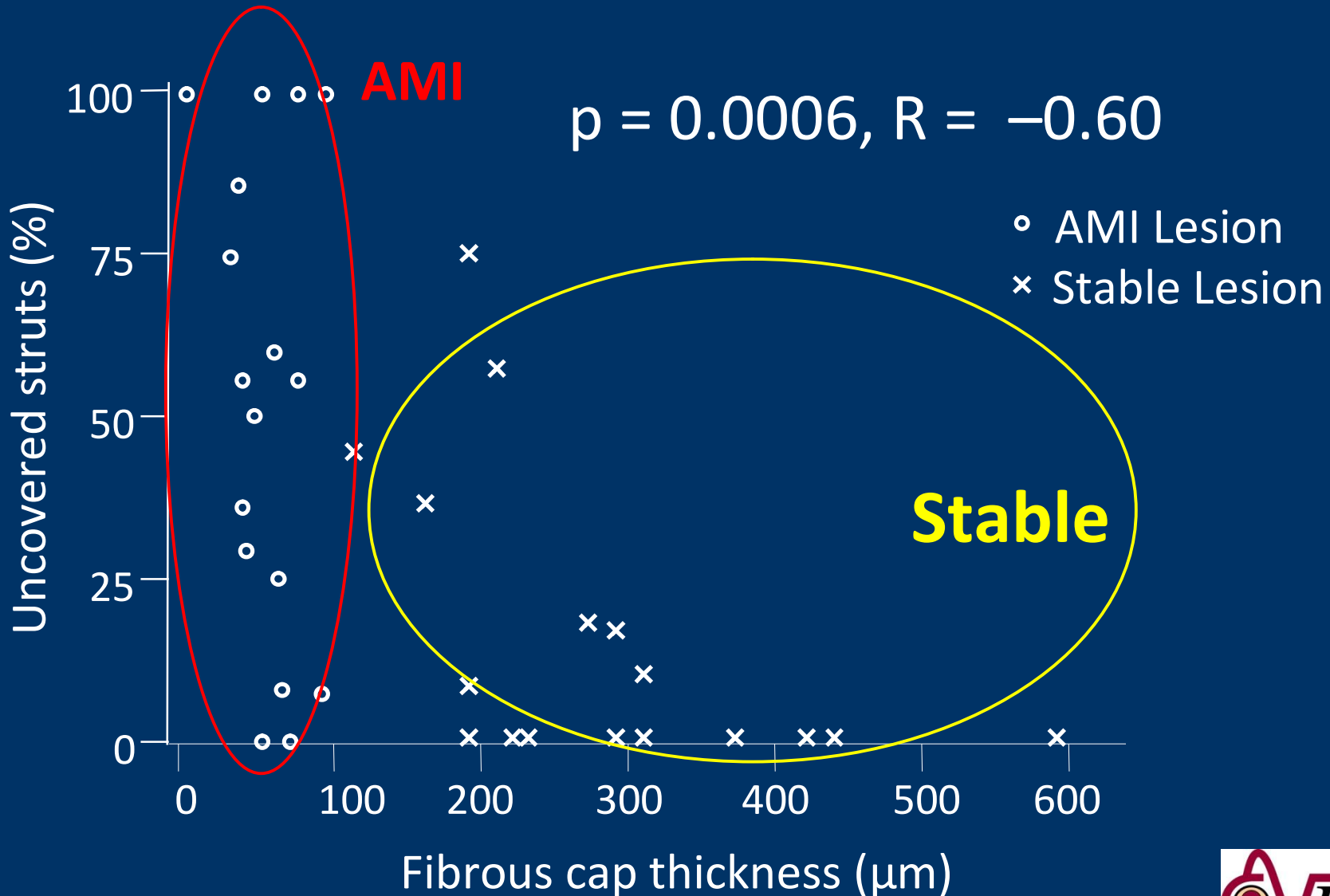
Morphometry and Pathologic Assessment (Culprit vs. Non-Culprit in AMI)

	AMI Patients with rupture		p value Culprit vs Non-Culprit
	Culprit	Non-Culprit	
Neointimal thickness, mm	0.04 (0.02, 0.09)	0.07 (0.04, 0.20)	<u>0.008</u>
Strut with fibrin deposition, %	63 ± 28	52 ± 27	<u>0.04</u>
Strut with inflammation, %	35 (27, 49)	30 (13, 38)	<u>0.04</u>
Uncovered strut, %	49 (16, 96)	19 (3, 34)	<u>0.02</u>

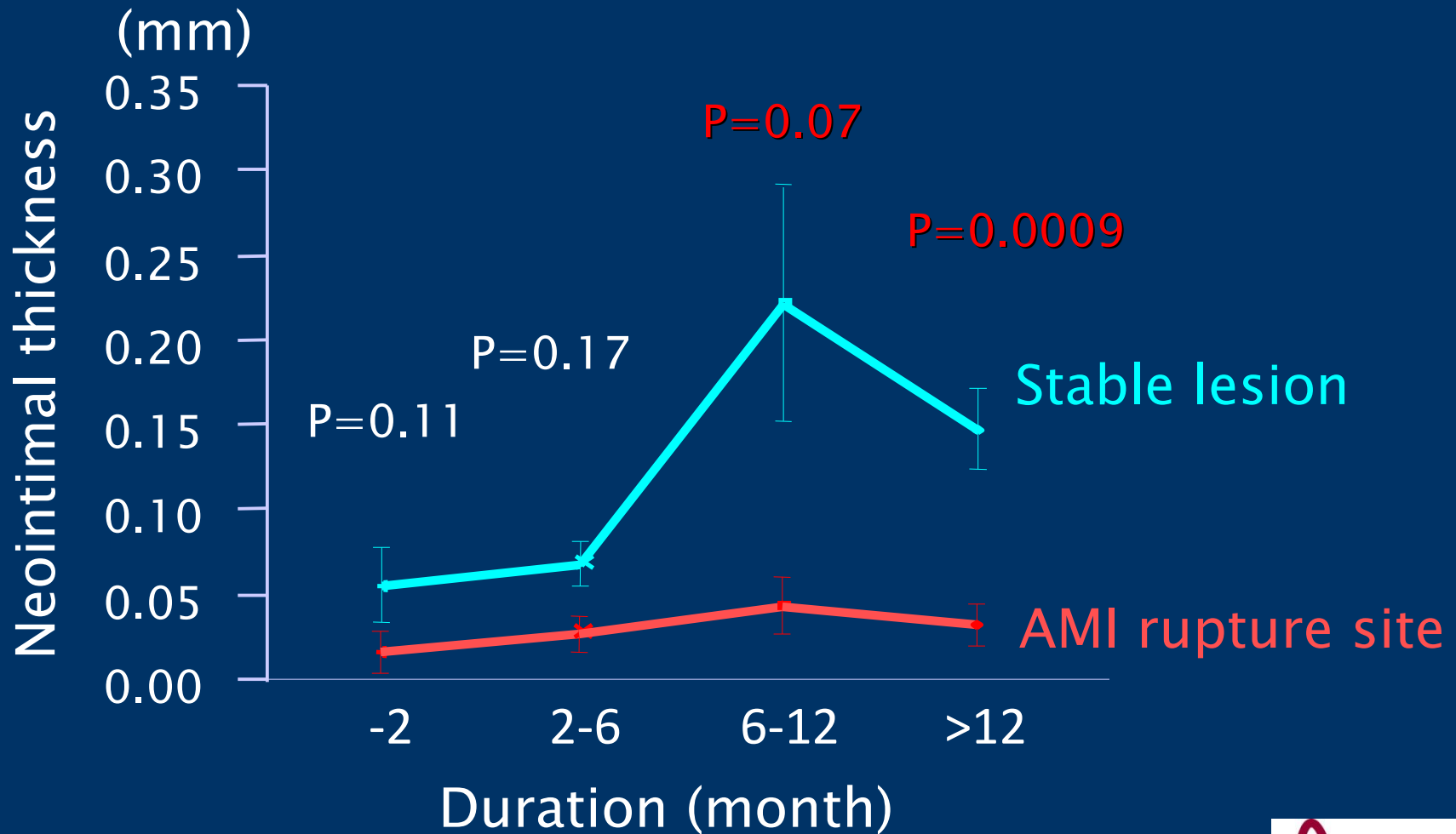
65 yrs old male, presenting acute coronary syndrome, stent (Taxus) implantation in the LAD and LCX 9 months antemortem.



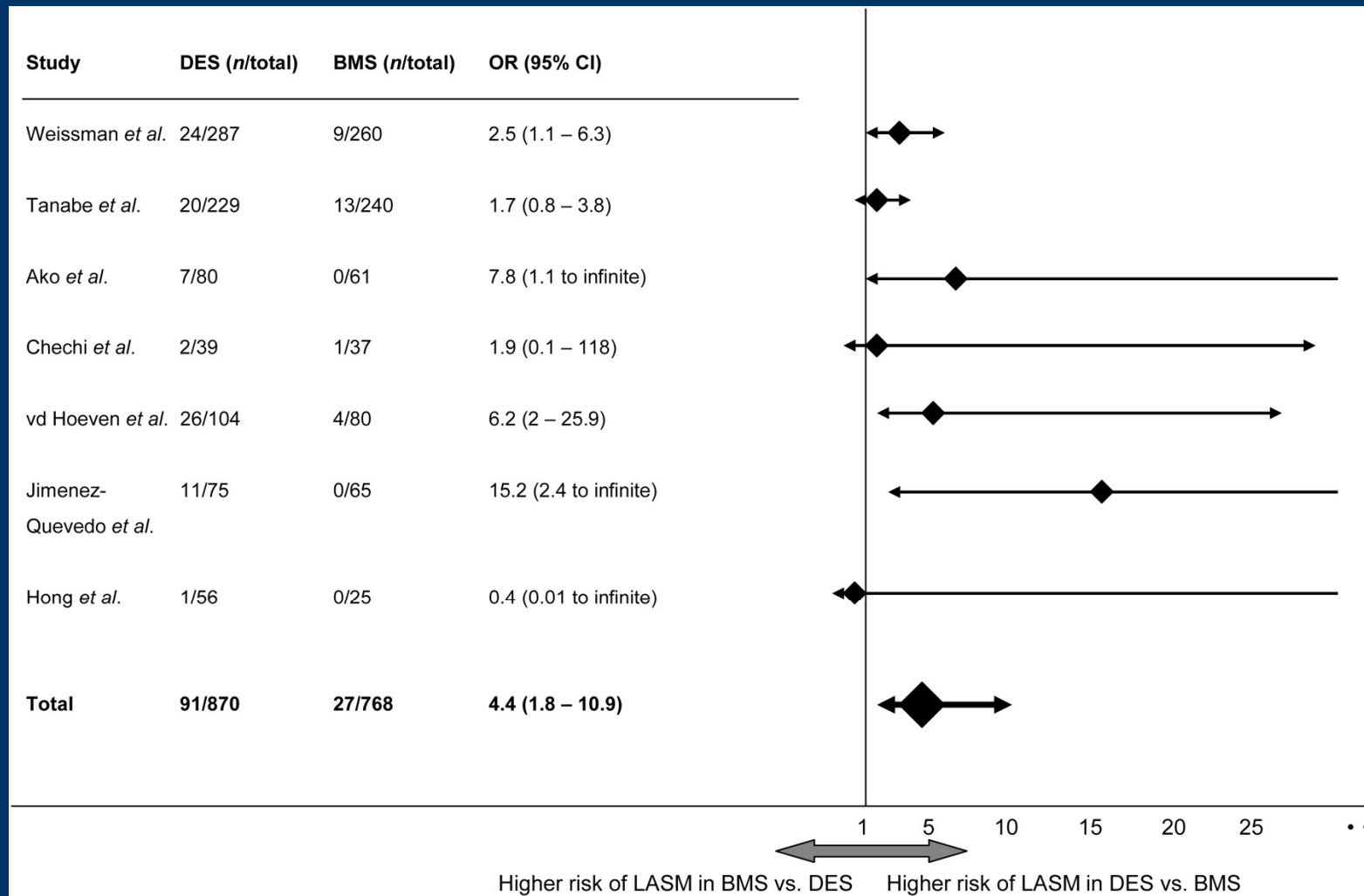
Influence of underlying “Fibrous Cap thickness” on the percentage of “Uncovered struts”



Which group of patients will need Long-term (>12 months) Plavix??



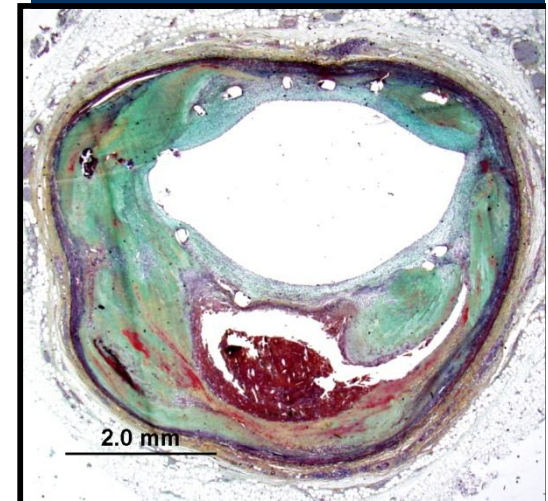
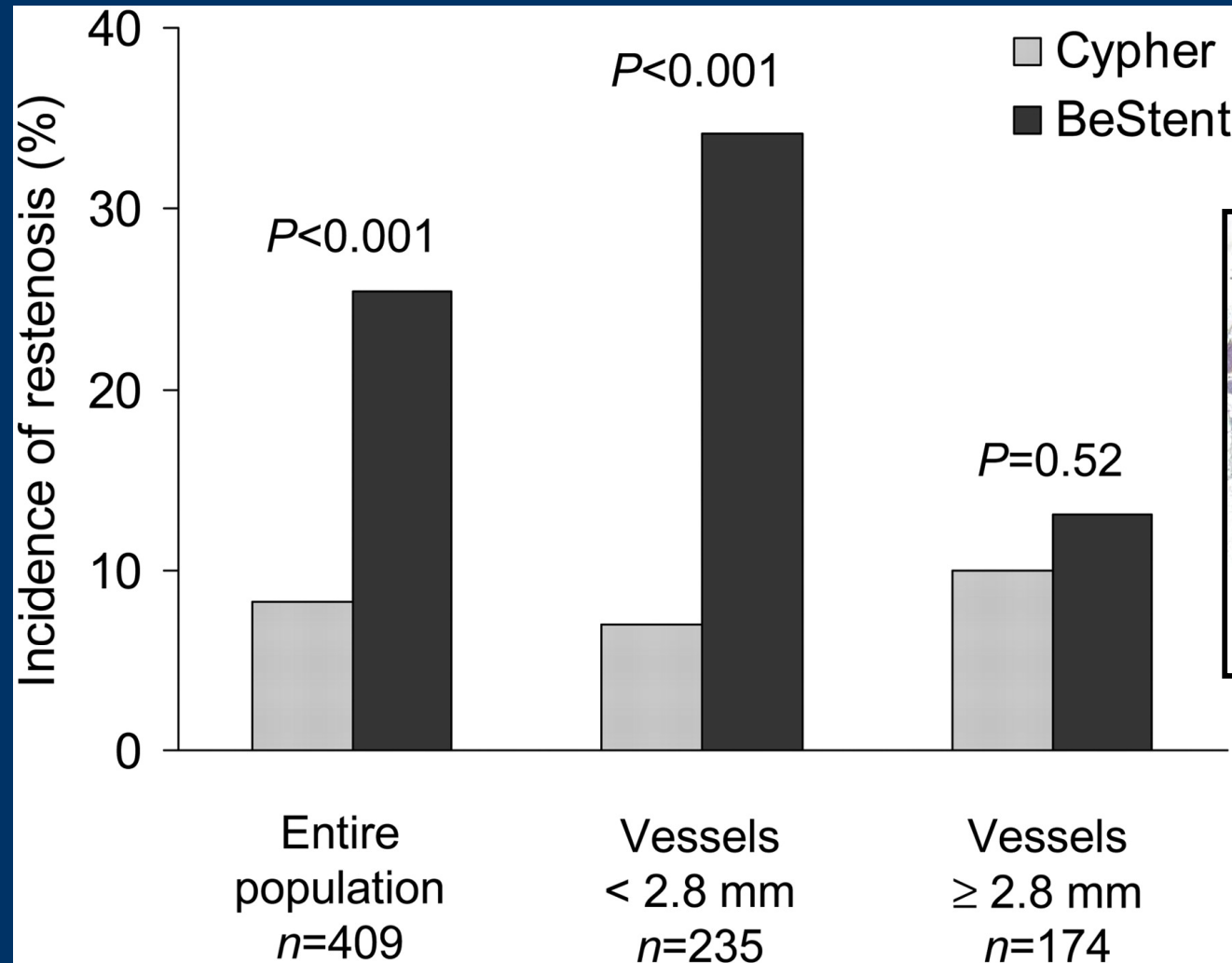
DES have higher incidence of late stent malapposition



Hassan, A. K.M. et al. Eur Heart J 2009

Very late thrombosis with late stent malapposition (LSM) is higher compared with those without LSM
 (OR=6.51, CI 95% 1.34-34.91, p=0.02)

Angiographic restenosis rates with Cypher stent and BeStent, in the entire population, and in the subgroups of patients with vessel size <2.8 mm and ≥2.8 mm



Pache, J. et al. *Eur Heart J* 2005 26:1262-1268; doi:10.1093/eurheartj/ehi098

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European
Heart Journal

Conclusions: BMS all the way

- From Pathophysiologic studies it is absolutely clear that DES should not be used in AMI patients since vessel wall remains unhealed even beyond 1 year, they are for the most part proximal lesions and LST will result in fatalities,
- A good BMS is the safest way to treat AMI