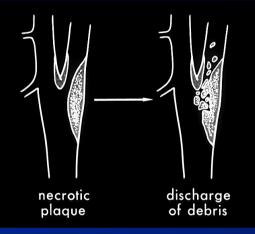
# CEA vs. CAS-Which will be the Consensus in Symptomatic Carotid Stenosis

John R. Laird Professor of Medicine Medical Director of the Vascular Center UC Davis Medical Center

# Carotid Stenting What a Crazy Idea!

 Pathogenesis of stroke





Does it make sense to think that expansion of luminal diameter with an uncovered stent will produce equivalent stroke prevention to removal of the plaque?



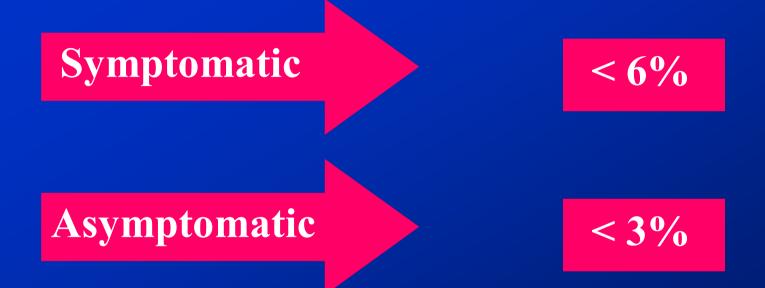
## **Key Questions**

 Can carotid stenting be performed with acceptably low procedural stroke and death rates for symptomatic patients?

- 2. Will the procedure protect against future stroke to the same degree as CEA?
- 3. Will the restenosis rates and need for reintervention be acceptably low?

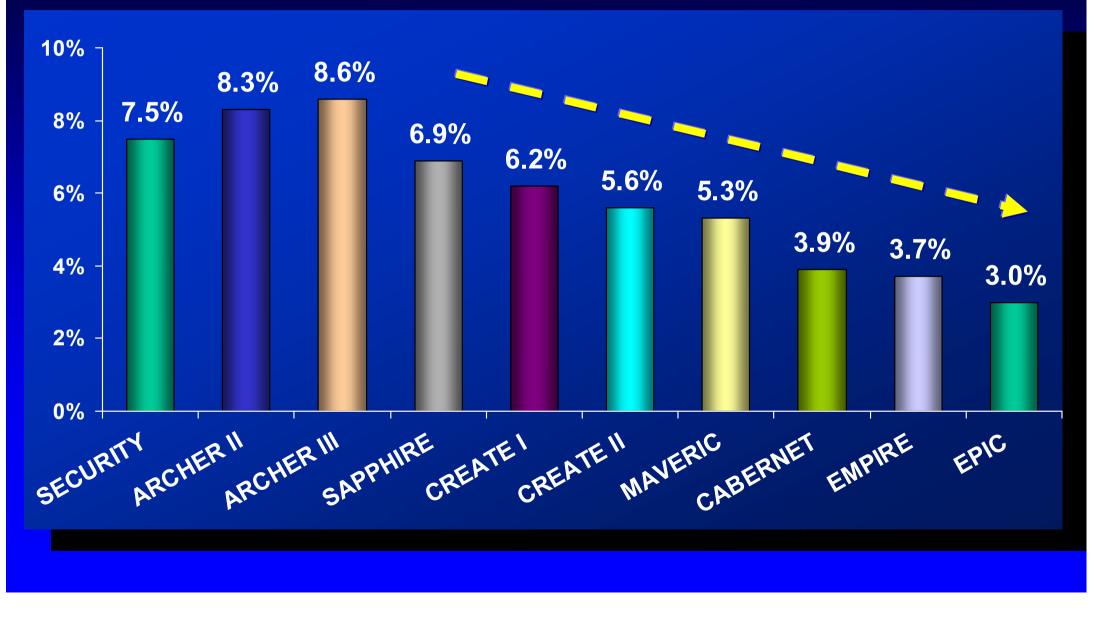
#### **Guidelines...**

#### **CEA: Acceptable morbidity and mortality \***



Ad Hoc Committee, AHA

#### 30 Day Event Rates MACE (death, CVA, MI) Clinical Trials Comparison



# EPIC FiberNet<sup>®</sup> EPS

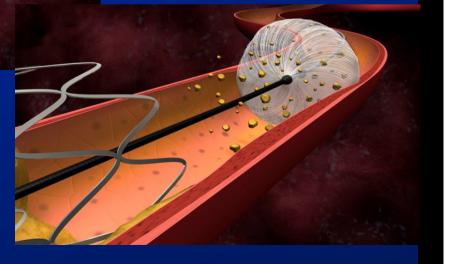


No delivery system required with a crossing profile 1.7 to 2.9 F



Fiber-based filter conforms to asymmetrical vessels

Particle entrapment as small as 40 µm



#### EPIC Study High Risk Criteria

High Risk	N = 237
Clinical Criteria	59.6%
Anatomical Criteria	23.8%
<b>Clinical and Anatomical Criteria</b>	16.6%

#### EPIC Study 30 Day Event Rates

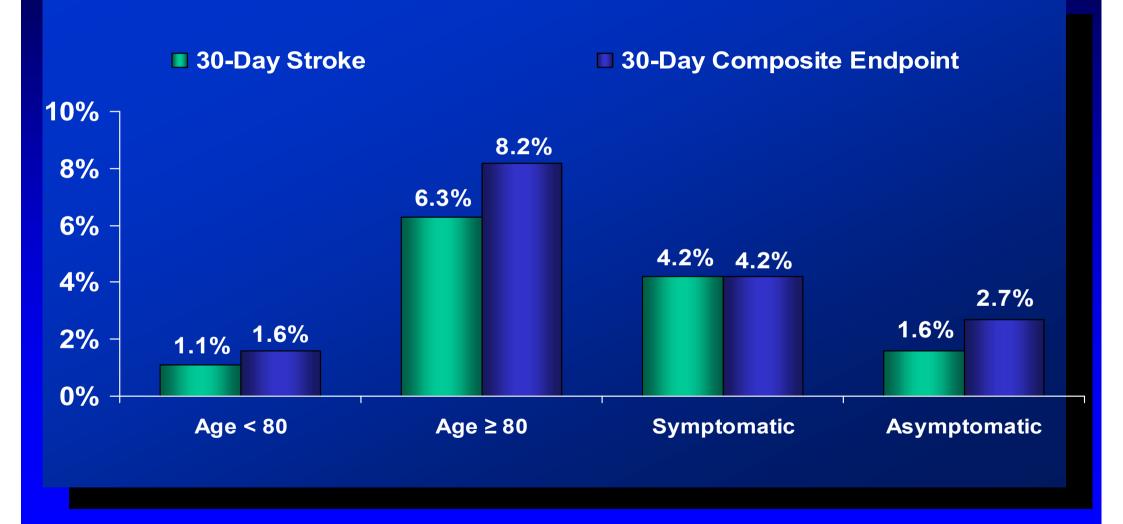
#### Endpoint

- All death = 0.4%
- All stroke = 2.1%
  - Major Stroke = 1.3%
  - Minor Stroke = 0.8%
- All MI = 0.9%

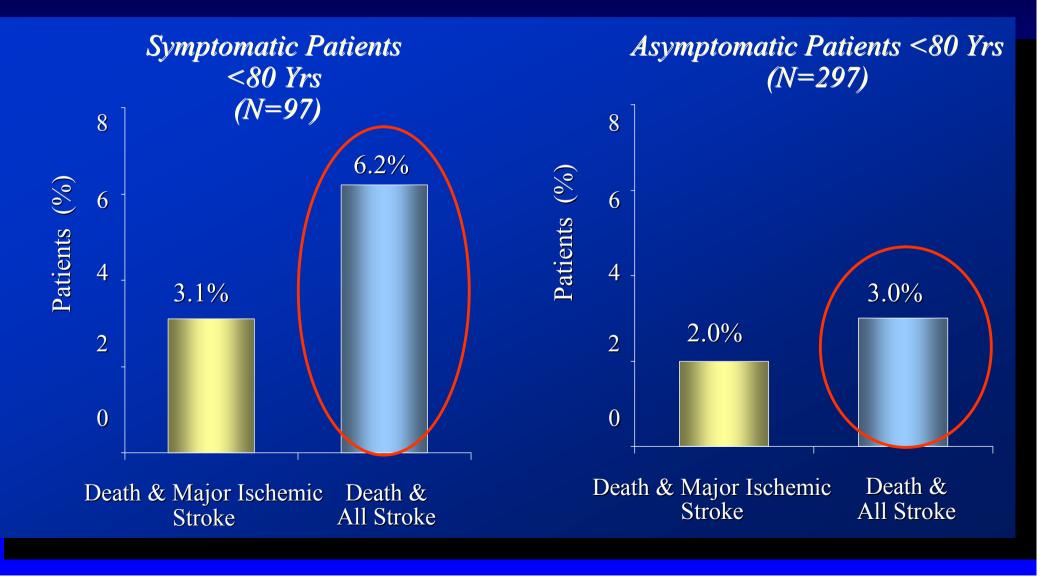
30 Day Composite Primary Endpoint = 3.0%

## EPIC Study 30 Day Event Rates

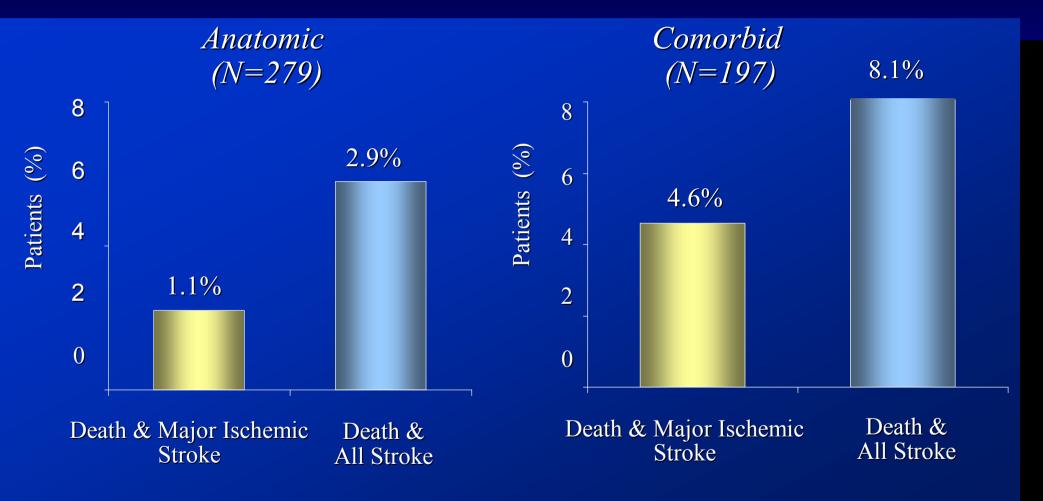
Primary Endpoint by Age and Symptom Status



### BEACH Age & Symptomatic Status 30-Day Outcomes: Death & Stroke

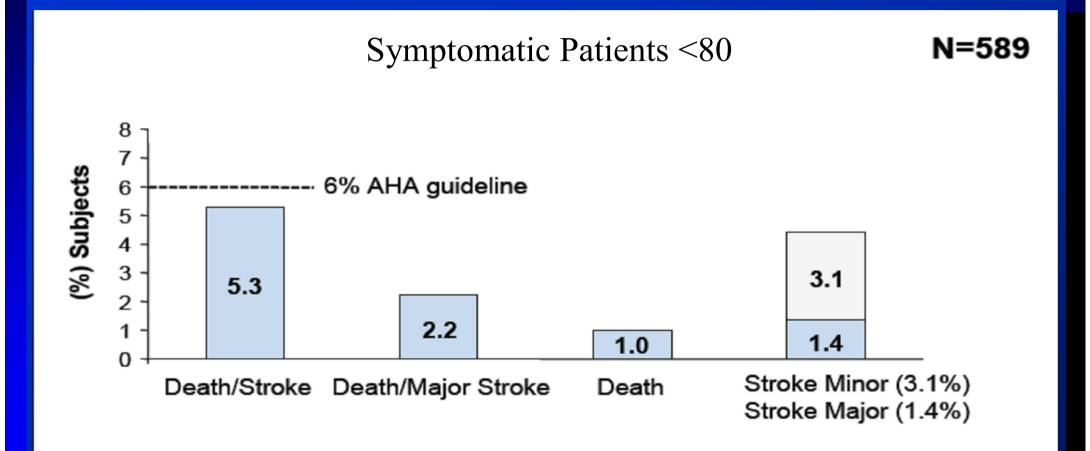


### BEACH High Risk Groups 30-Day Outcomes



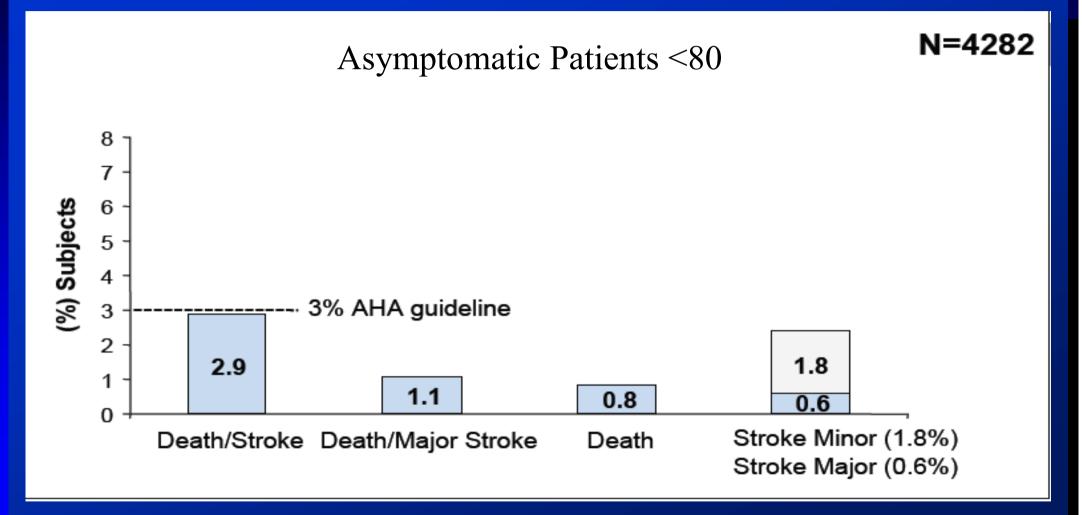
Intent to Treat Analysis

#### 30-Day Outcomes from XACT and Capture 2 (N=6320)—All High Risk Patients



#### Circ Cardiovasc Intervent 2009;March 6

#### 30-Day Outcomes from XACT and Capture 2 (N=6320)—All High Risk Patients



#### Circ Cardiovasc Intervent 2009;March 6

# Anatomic "High Risk"

"Hostile Neck"



J Vasc Surg 2004;40:254-261

Radiation Induced Carotid Stenosis





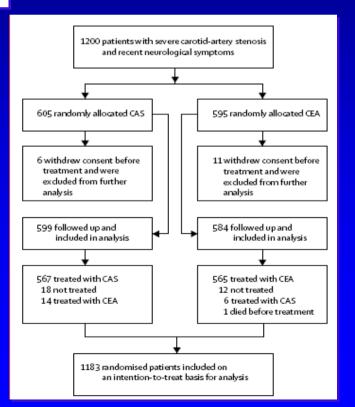


30 day results from the SPACE trial of stent-protected angioplasty versus carotid endarterectomy in symptomatic patients: a randomised non-inferiority trial

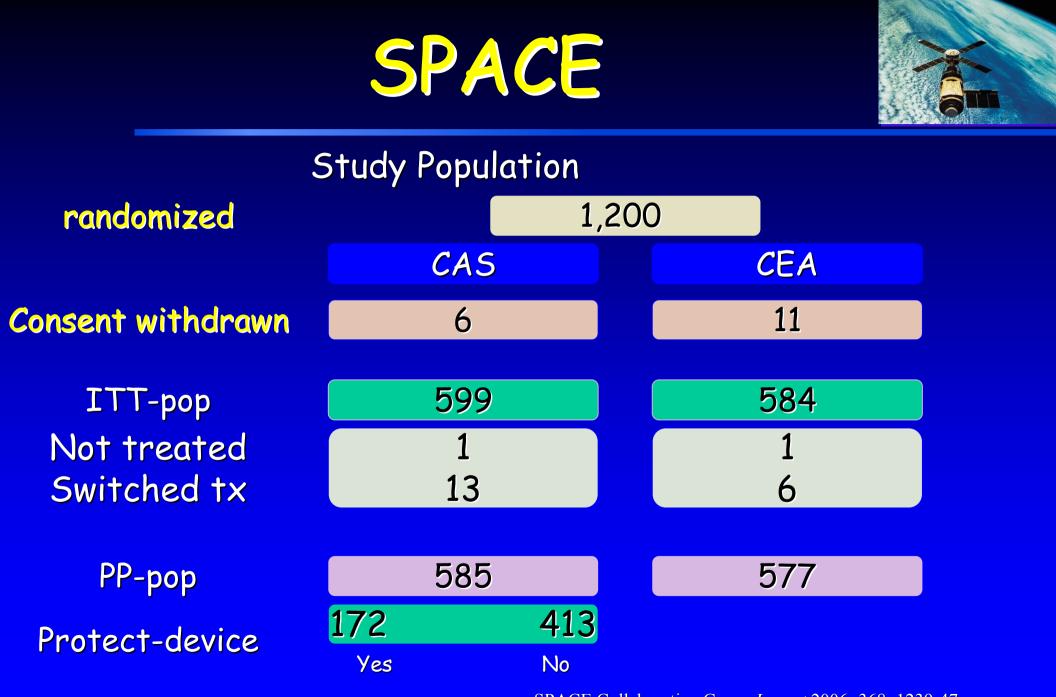
1° Endpoint: 30-Day ipsilateral stroke or death (all cause) by ITT

The SPACE Collaborative Group\*

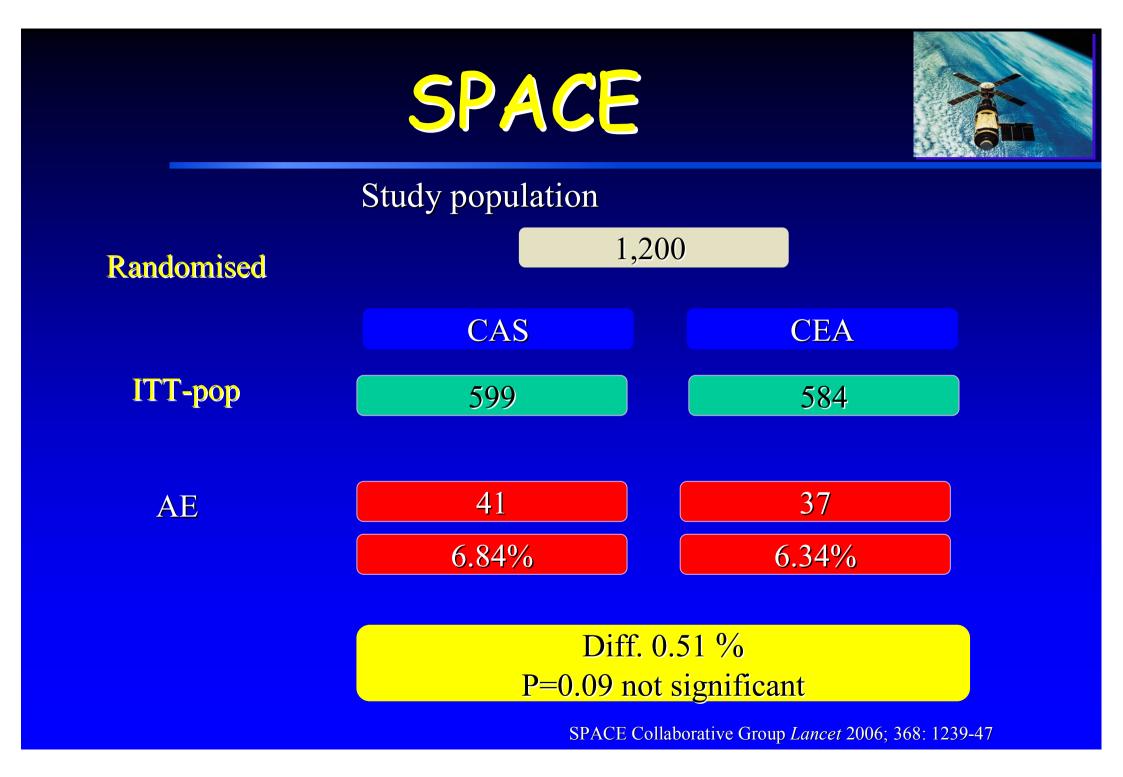




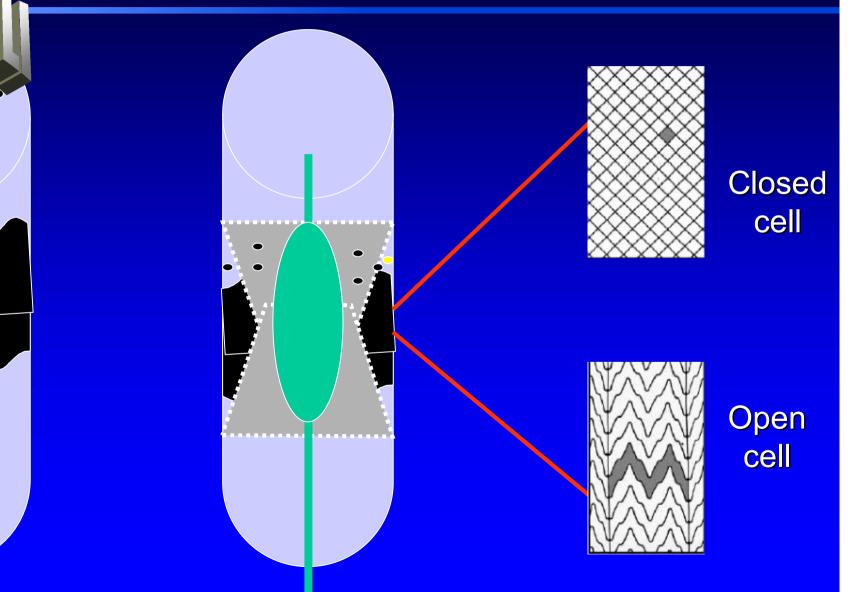
SPACE Collaborative Group Lancet 2006; 368: 1239-47



SPACE Collaborative Group Lancet 2006; 368: 1239-47



## Does the Stent Design Influence Clinical Outcomes?

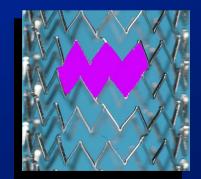


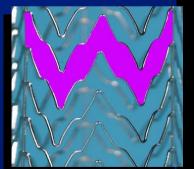
# Stent Design: Closed and Open

- Closed cell stent design
  - A stent with overlaping or fully connecting struts
    - Examples
      - Carotid WALLSTENT<sup>®</sup> Endoprosthesis
      - Xact<sup>®</sup> Carotid Stent
- Open cell stent design
  - A stent with connecting and nonconnecting struts
    - Examples
      - Precise<sup>®</sup> PRO Rx Nitinol Stent System
      - RX Acculink<sup>®</sup> Carotid Stent



Carotid WALLSTENT Endoprosthesis





Precise PRO Rx Nitinol Stent System

RX Acculink Carotid Stent

# SPACEInfluence of Stent CellDesign on Adverse Events

Cell design	Total	Without	With
	Population	protection	protection
Closed Cell	<b>5.9%</b>	<b>5.8%</b>	6.7%
	(26/437)	(21/362)	(5/75)
Open Cell	<b>11%</b>	12.3%	10%
	(14/127)	(7/57)	(7/70)
(1214 pat.)	P = 0.075	P = 0.084	P = 0.55
	Fischer Test	Fischer Test	Fischer Test

# Carotid Stent Design and Outcomes Closed Cell vs. Open Cell

#### "Stent design" based analysis

ALL EVENTS	Total population		Symptomatic		Asymptomatic	
4	n/N	%	n/N	<u>%</u>	n/N	%
Closed	51/2242	2.3%	21/934	2.2%	30/1308	2.3%
Open	39/937	4.2%	27/383	7.0%	12/554	2.2%
TOTAL	90/3179	2.8%	48/1317	<b>3.6%</b>	42/1862	2.3%
	p=0.005		p.005 p<0.0001		p=1.00	

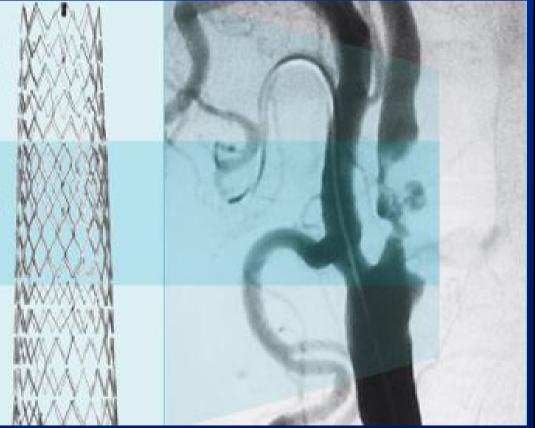
Bosiers M et al Eur J Vasc Endovasc Surg 2007; 33:135-141

# Evolution of Closed Cell and Hybrid Carotid Stent Designs



Open cell design in the distal and proximal sections enhance conformability and reduce radial force in healthy vessel segments

Closed cell design in the central part secures the appropriate scaffolding and prevents plaque prolapse



## Long-Term Results of CAS vs. CEA

- EVA-3S 4 Year Follow-up (Lancet Neurology 2008;10:885-92
  - "After the peri-procedural period, the risk of ipsilateral stroke was similar in both groups"
- SPACE 2 Year Follow-up (Lancet Neurology 2008;10:893-902
  - At 2 years, "ipsilateral stroke and peri-procedural stroke and death do not differ between carotid stenting and CEA groups."

#### The NEW ENGLAND JOURNAL of MEDICINE

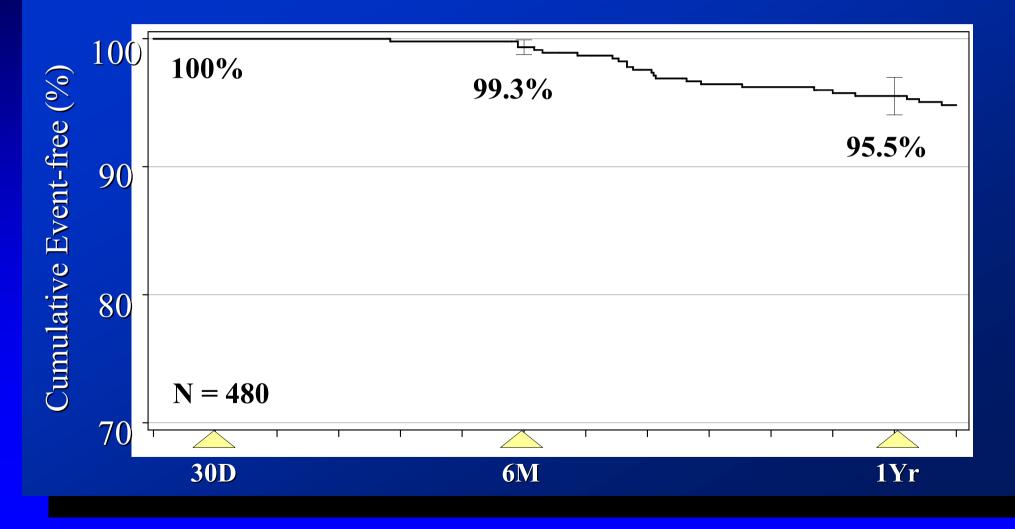
#### ORIGINAL ARTICLE

#### CONCLUSIONS

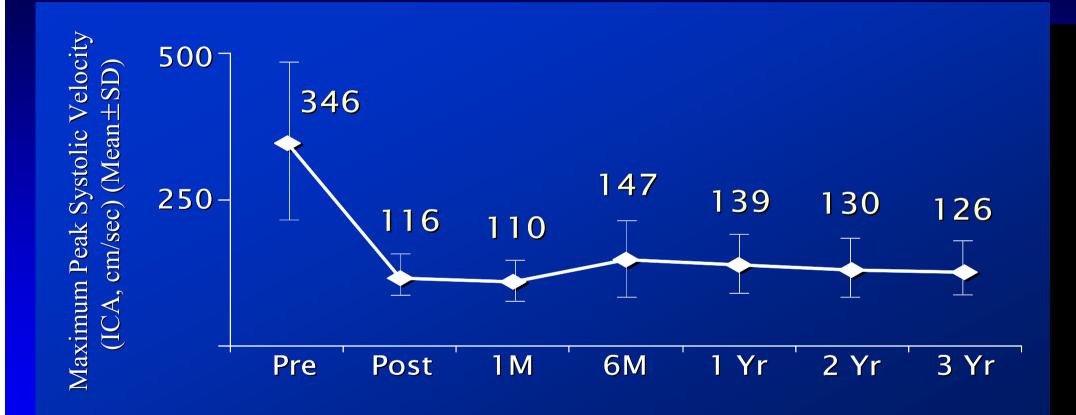
In our trial of patients with severe carotid artery stenosis and increased surgical risk, no significant difference could be shown in long-term outcomes between patients who underwent carotid artery stenting with an emboli-protection device and those who underwent endarterectomy. (ClinicalTrials.gov number, NCT00231270.)

Gary Ansel, M.D., Neil E. Strickman, M.D., Hong Wang, M.D., M.P.H., Sidney A. Cohen, M.D., Ph.D., Joseph M. Massaro, Ph.D., and Donald E. Cutlip, M.D., for the SAPPHIRE Investigators\*

#### BEACH Freedom from Target Vessel Revascularization Results through 1 yr



#### BEACH Ultrasound: Continued Stent Patency No progressive restenosis from 6 mos to 3 yr



Pre-procedure, N=436; Post procedure, N=452; 1M, N=440; 6M, N=406; 1Y, N=370

# Summary

- Peri-procedural results with carotid stenting continue to improve with improving techniques, better equipment, and increasing operator experience
- Carotid stenting and CEA offer similar longterm protection against stroke
- Restenosis and the need for reintervention following carotid stenting are very low

# Summary

- Carotid stenting is the preferred technique for symptomatic patients with anatomic high risk for CEA
- Procedure should still be performed with caution in symptomatic patients > 80 years of age
- Equipment/technique may make a difference:
  - Closed cell design
  - Proximal protection

#### Carotid Revascularization Endarterectomy vs Stenting Trial





Grant Number: 2 R01 NS038384-07

#### Thomas G. Brott, MD, Pl Robert Hobson, II, MD, Pl 1999-2007



