

# Outcomes Following Coronary Stenting: A National Study of Long Term, Real-World Outcomes of Bare-Metal and Drug-Eluting Stents

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Duke University Medical Center*

# Goal and Population

## ■ Goal

- To examine comparative effectiveness and safety of DES vs BMS in a national PCI cohort

## ■ Study population

- All PCI pts  $\geq$  65 yo in NCDR CathPCI 1/04-12/06
- Follow up obtained through linkage to CMS inpatient claims data using indirect identifiers; 76% matched

## ■ Final cohort

- 262,700 pts
- 83% DES; 46% Cypher, 55% Taxus



**Duke** Clinical Research Institute



# Analysis

- **30 month outcomes**

- Death, MI, Stroke, Revascularization, Major bleeding
- Overall and in important subgroups

- **Outcomes adjustments**

- Inverse propensity weighted model (102 covariates)
- Cox proportional hazards model (60 covariates)

- **Sensitivity analyses**

- Results in 'RCT-like' population
- Non-CV 'cause' of death



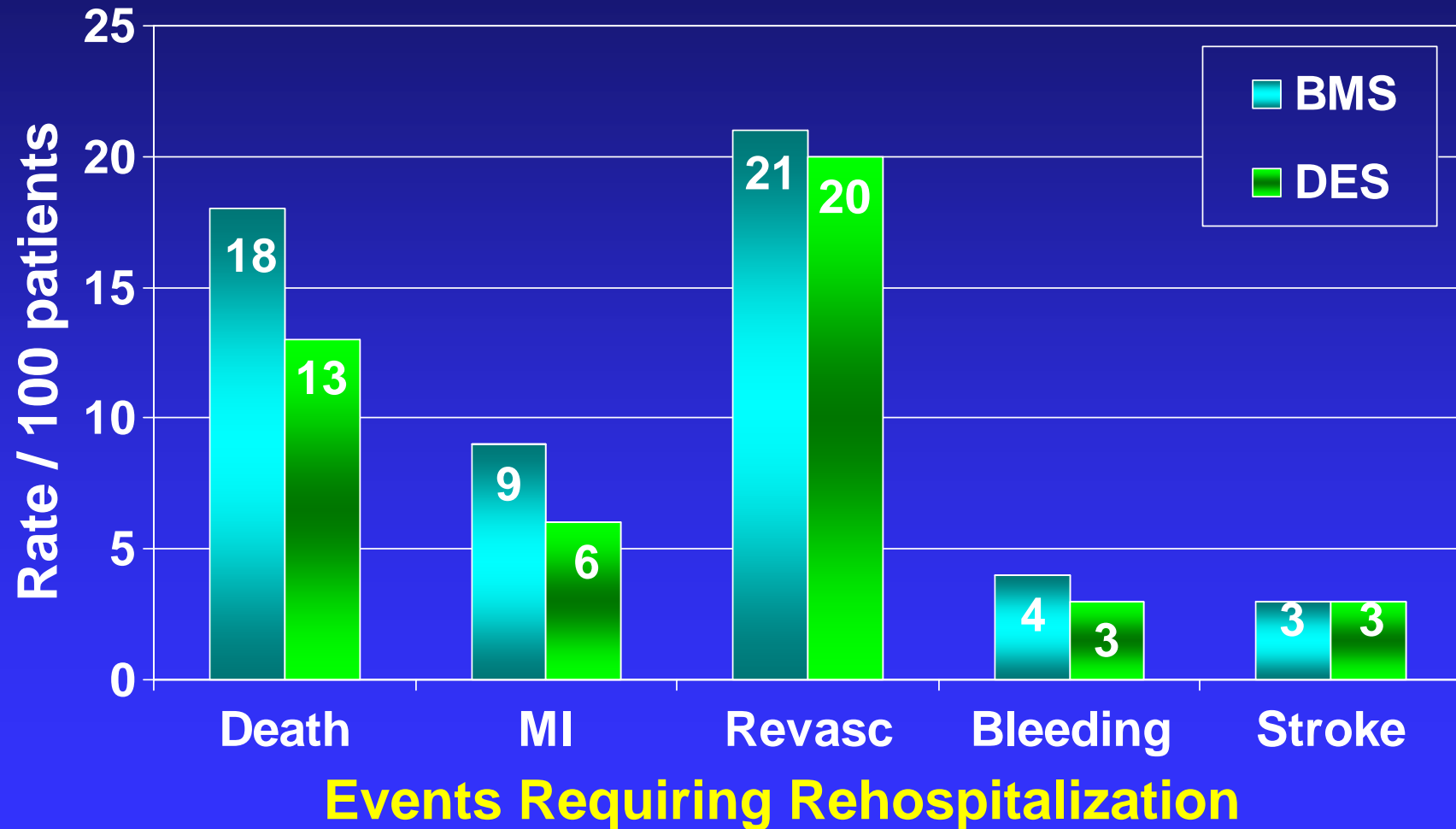
# Patient Characteristics

## DES (217,675) vs BMS (45,025)

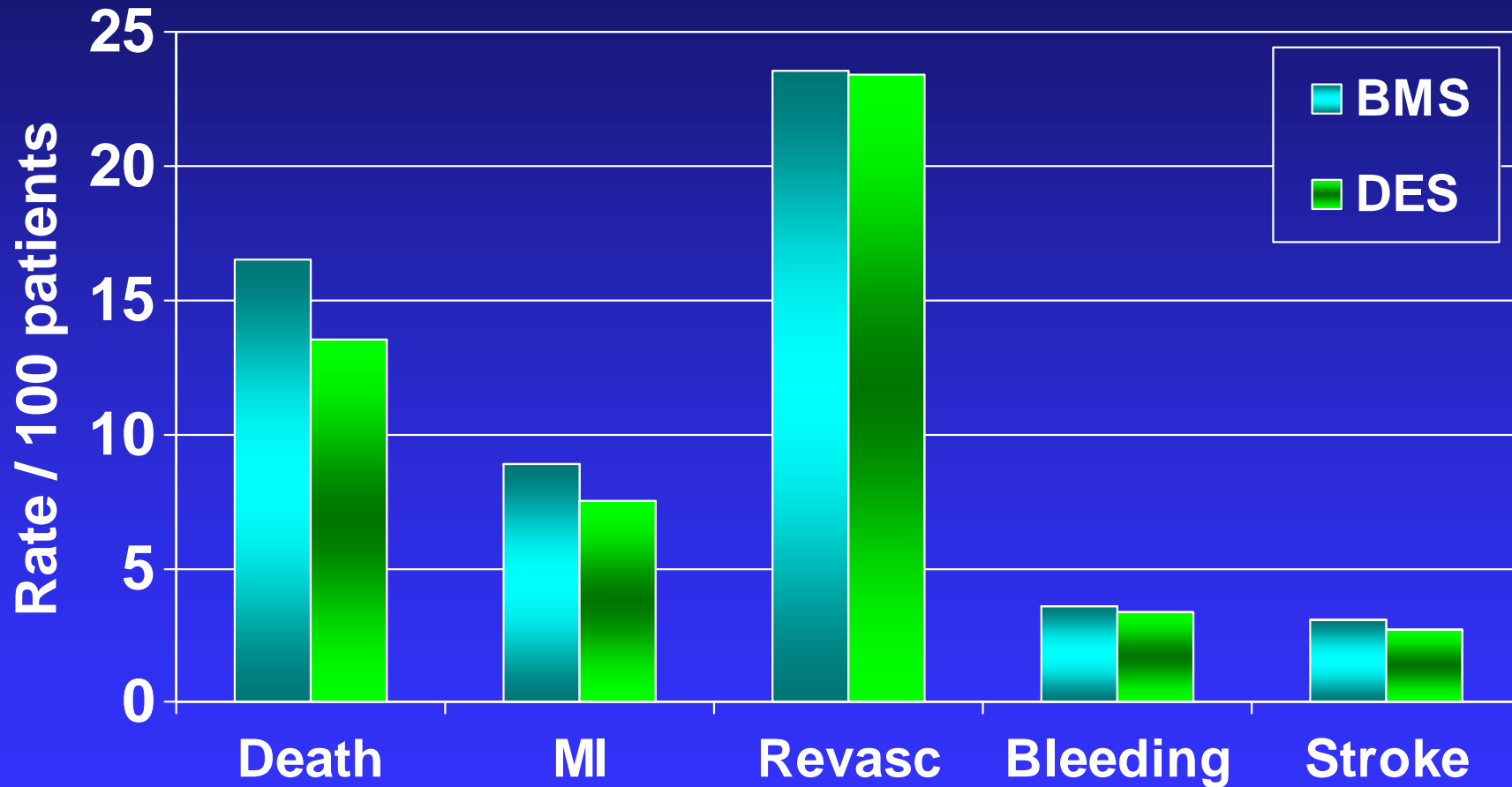
	Unadjusted		IPW Adjusted	
	DES	BMS	DES	BMS
Age	74.5	75.3*	74.7	74.8
Female	43%	40%*	43%	43%
Caucasian	90%	91%*	90%	90%
Diabetes	32%	32%	32%	32%
Renal Failure	6%	8%*	7%	7%
Hypertension	80%	80%*	80%	81%
Prior PCI	28%	26%*	28%	28%
Prior CABG	22%	28%*	23%	23%
Urgent Status	38%	36%*	37%	38%
STEMI	10%	16%*	11%	11%



# DES and BMS Event Rates: 30-month Unadjusted



# DES and BMS Event Rates: 30-month Adjusted



HR = 0.75  
(0.73, 0.77)

HR = 0.76  
(0.72, 0.80)

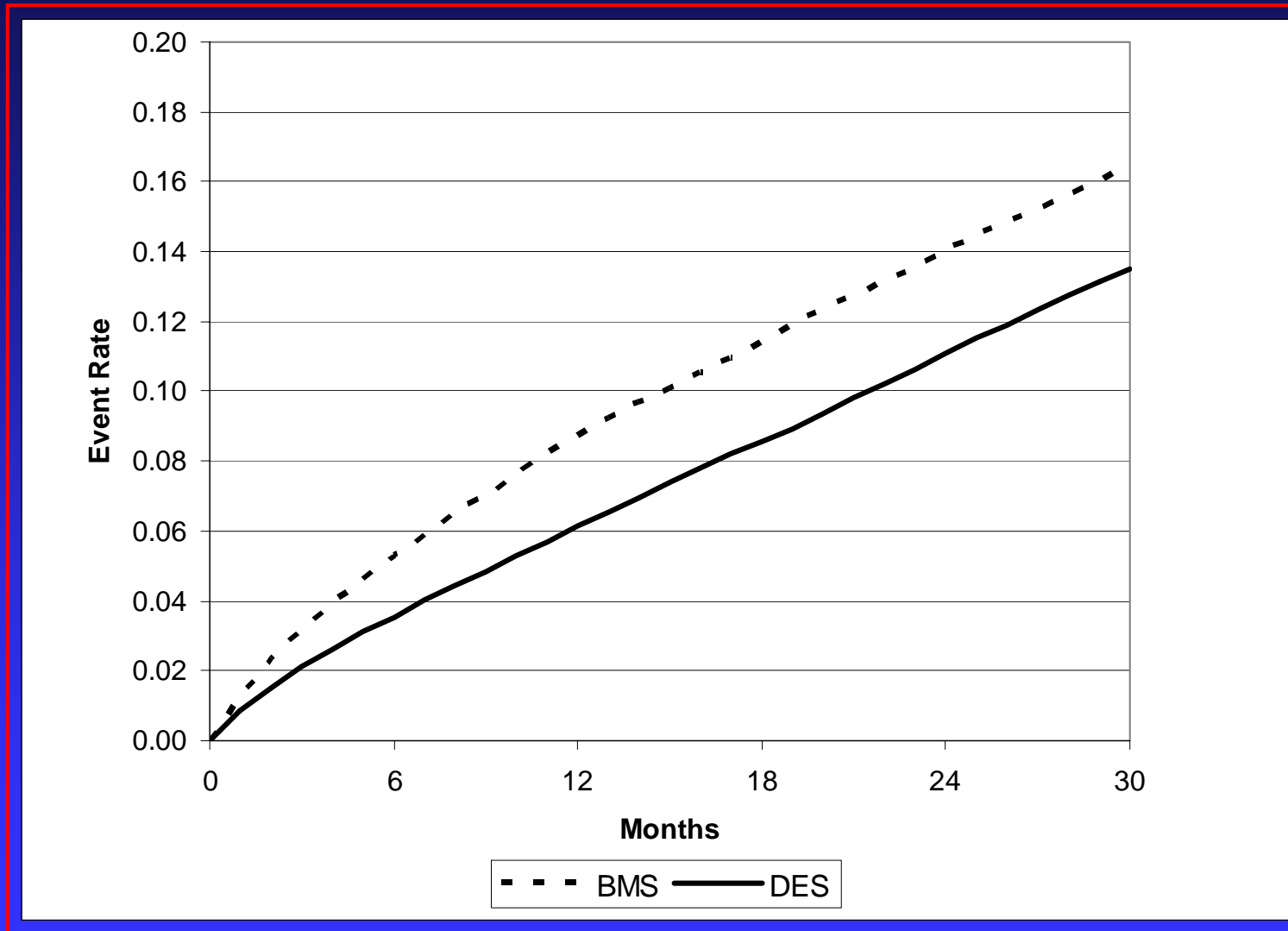
HR = 0.91  
(0.89, 0.94)

HR = 0.91  
(0.85, 0.98)

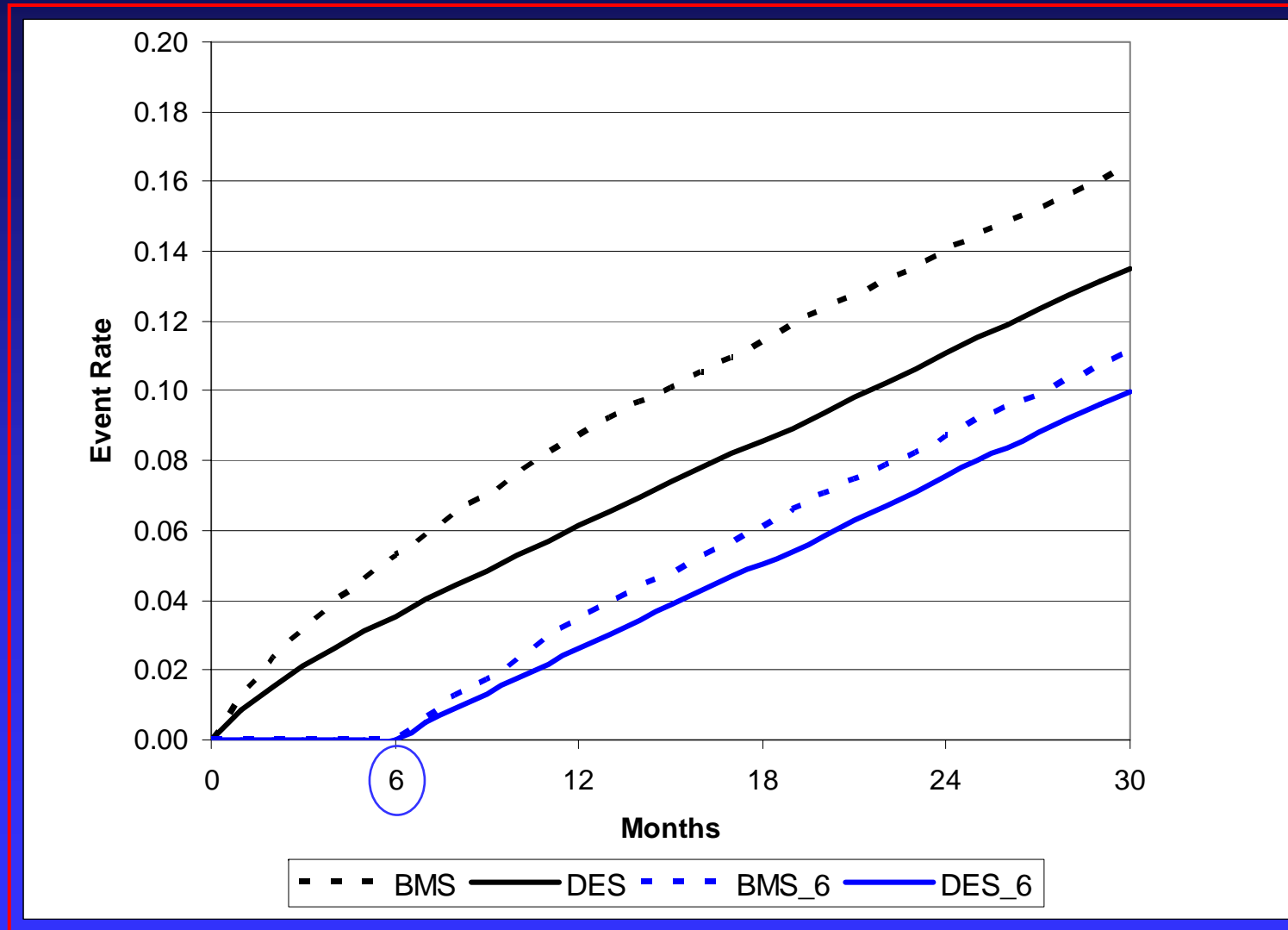
HR = 0.96  
(0.88, 1.04)



# Landmark Display: Mortality

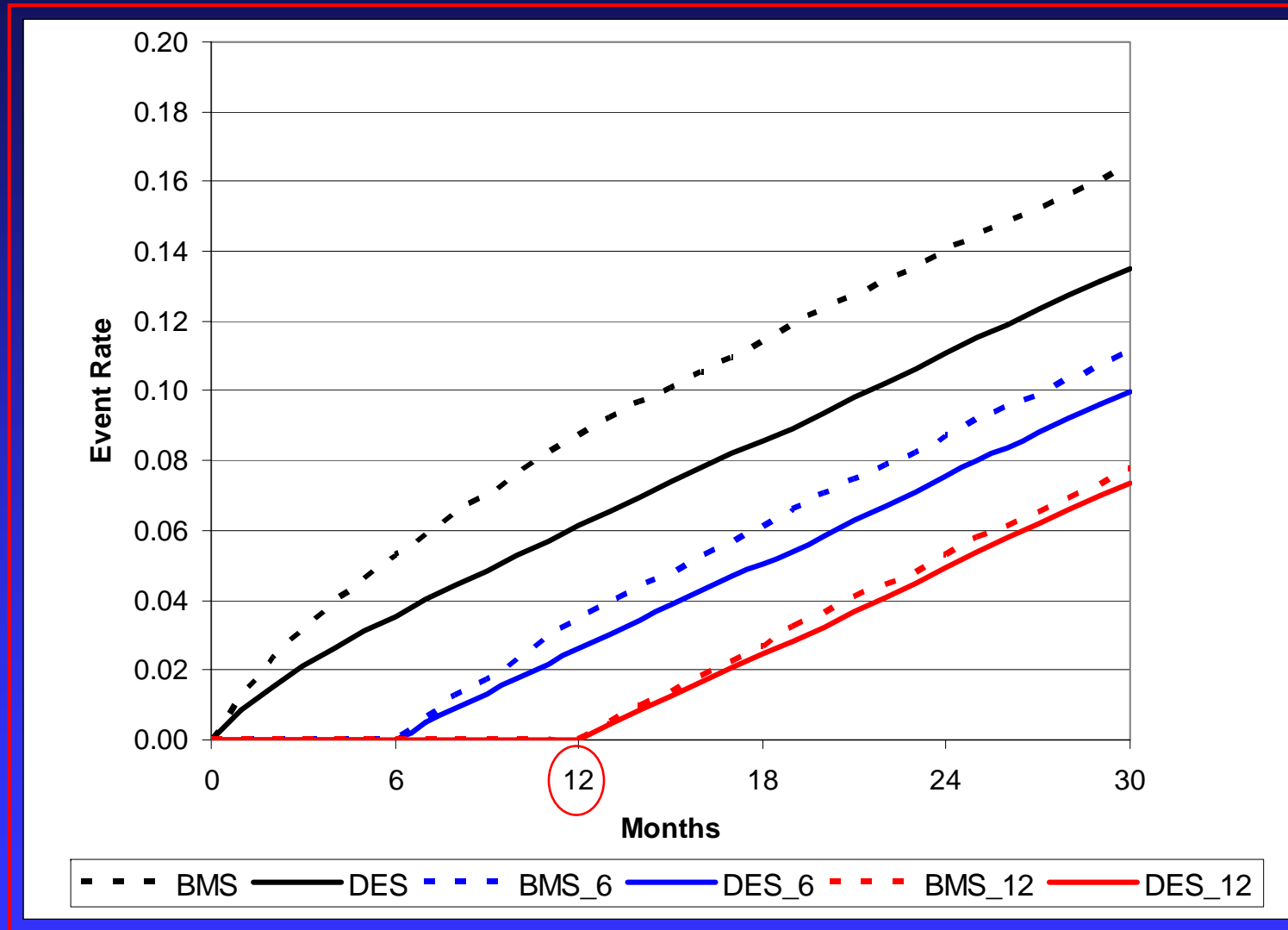


# Landmark Display: Mortality

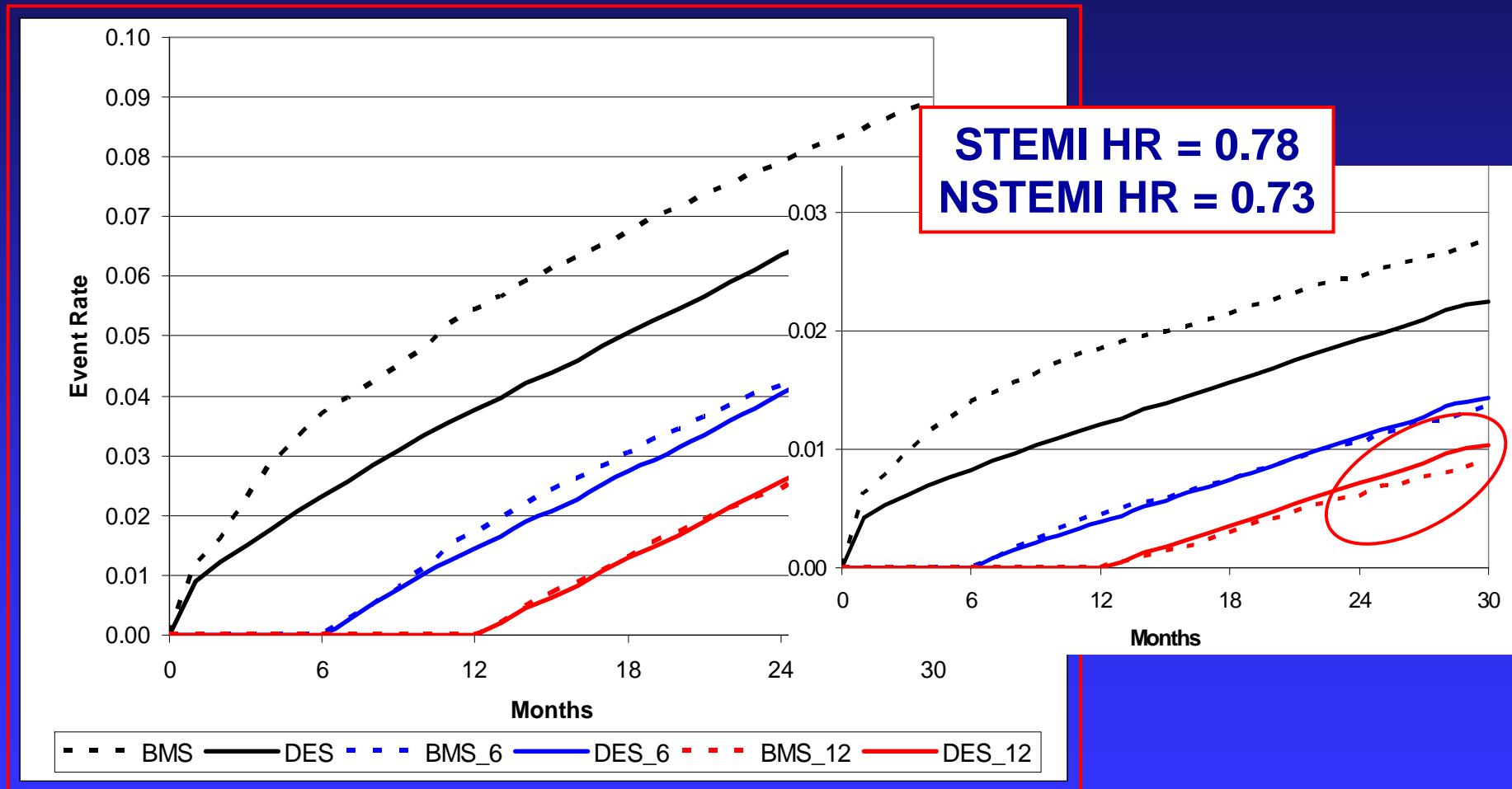




# Landmark Display: Mortality



# Landmark Analysis: MI

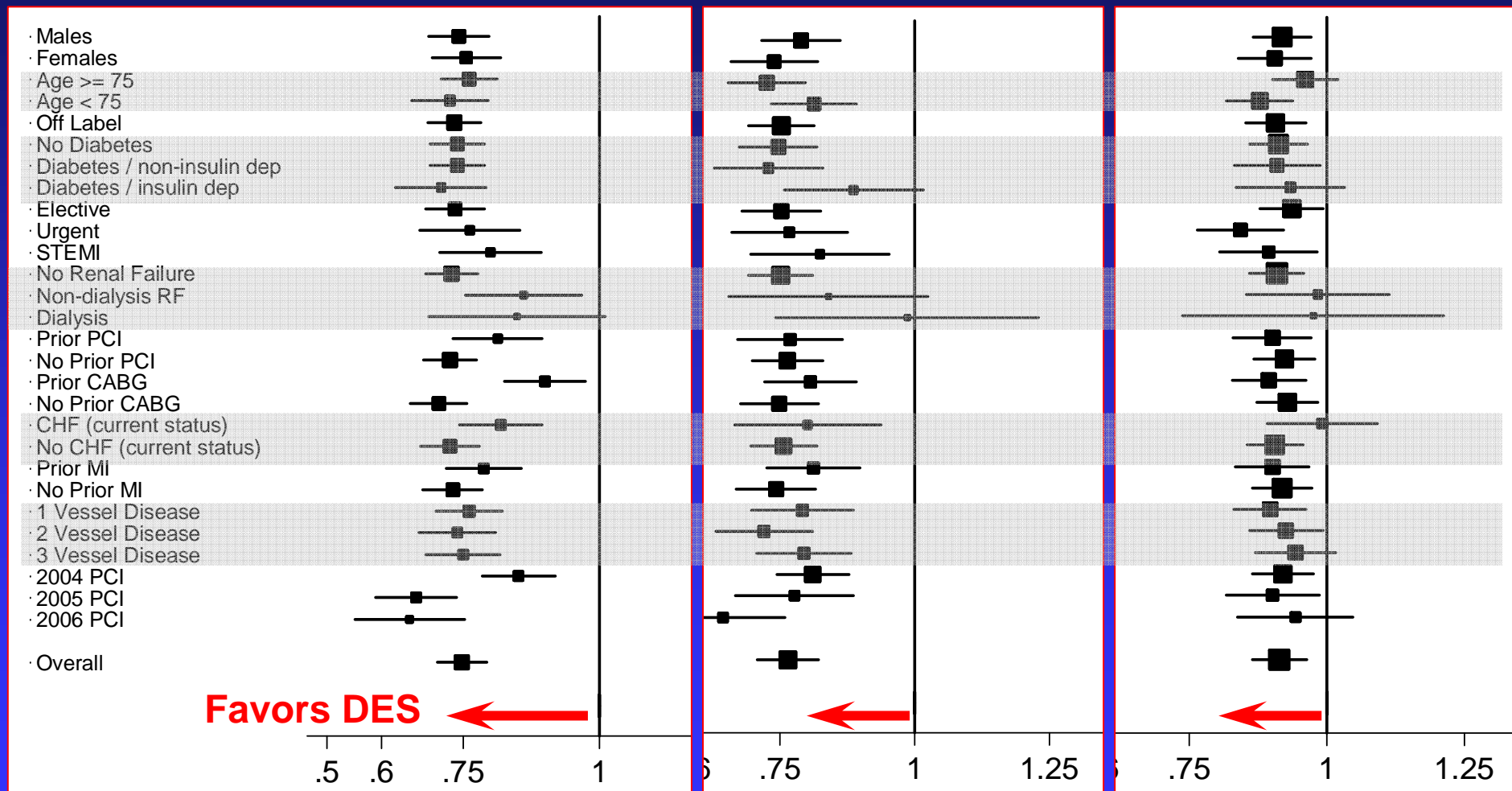


# Subgroup Analyses

## Death

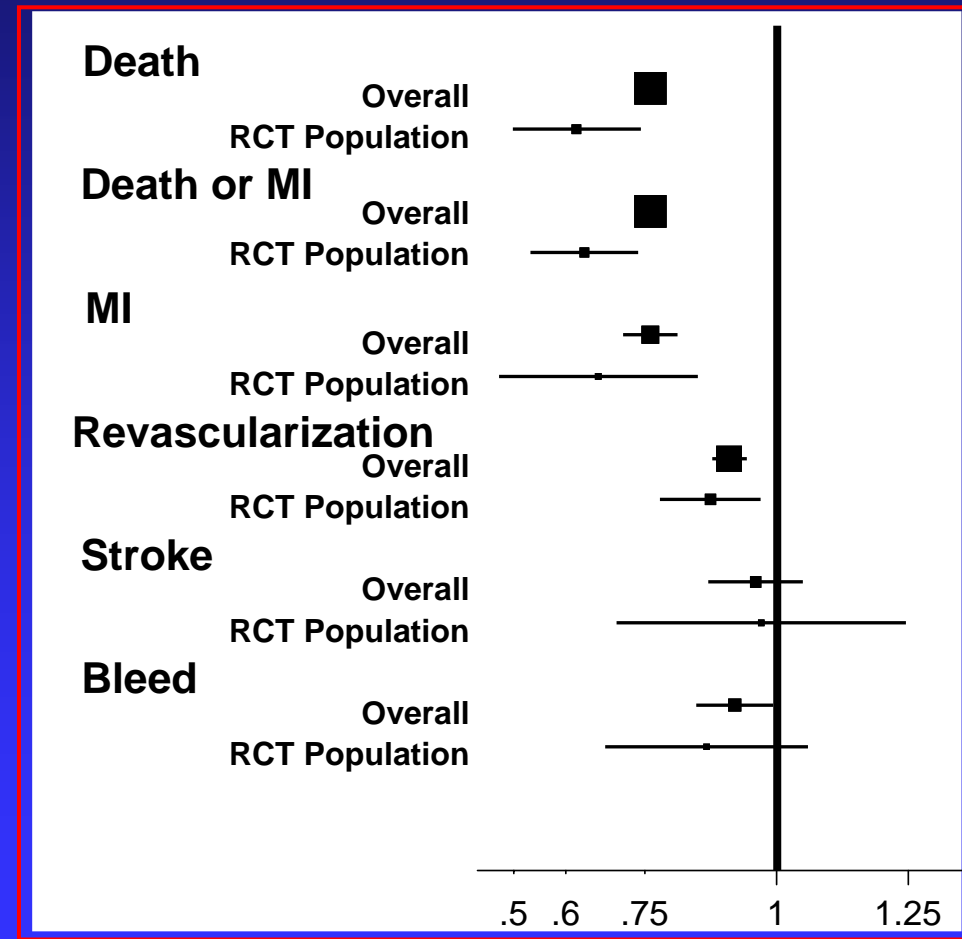
## MI

## Revasc

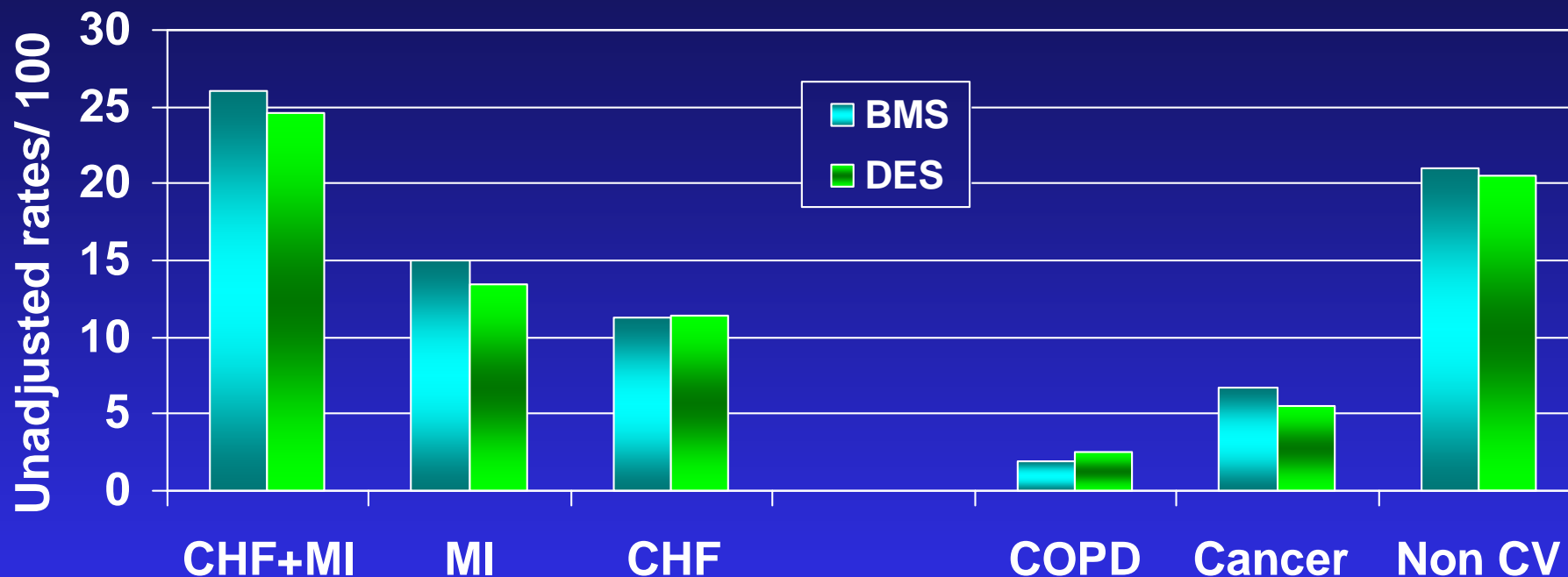


# Sensitivity Analysis: Patient Selection

- RCT - like population
- N = 49,355 (19%)
- 'Inclusion' criteria
  - Elective PCI,  $\leq 2$  stents
  - Native vessel, de novo
  - Class A or B lesions
  - Lesion length, diameter
  - ASA, clopidogrel OK
  - No chronic renal disease



# Sensitivity Analysis: Device Selection 'Cause of Death' in DES v BMS



- Using 1<sup>o</sup> hosp dx, 'cause' extracted in 90% deaths
- HR 0.80 favoring DES for CHF/MI death
- HR 0.74 favoring DES Non CV death
- **'Sicker' patients may preferentially receive BMS**

# Conclusions

- Linkage of clinically rich NCDR data to claims data is feasible; Data analysis allows a robust, longitudinal assessment of clinical effectiveness
- Comparing outcomes of DES to BMS at 30 mo:
  - No major DES safety concerns
  - Lower death and MI rates in DES patients
  - Slightly lower revascularization, bleeding rates
  - Similar stroke rates
- Results consistent among all patient subgroups
- Caveat: The apparent 'benefit' of DES may be affected by selection bias and unmeasured confounders present in this real world cohort







Randomized Comparison of Genous Stent  
Versus Chromium-Cobalt stent for Treatment  
of ST-Elevation Myocardial Infarction.  
6-month Clinical, Angiographic and IVUS  
Follow-up.  
GENIUS-STEMI trial.

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*(Orlando, 28th March, 2008)*

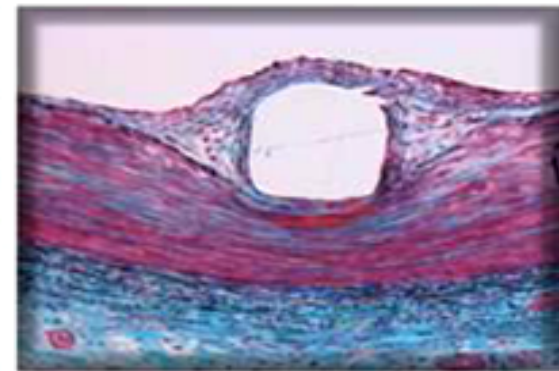
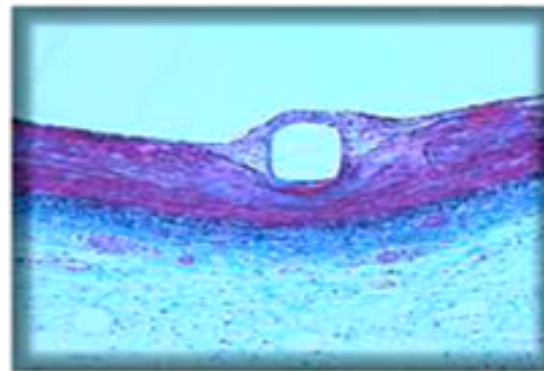
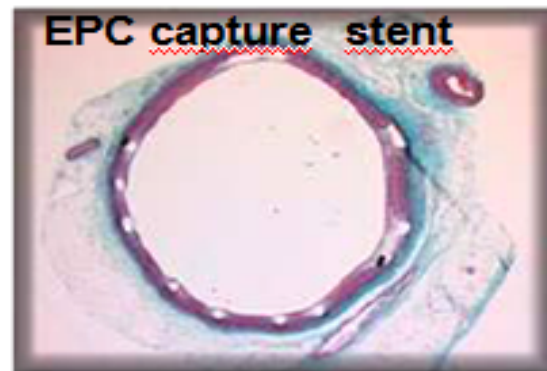
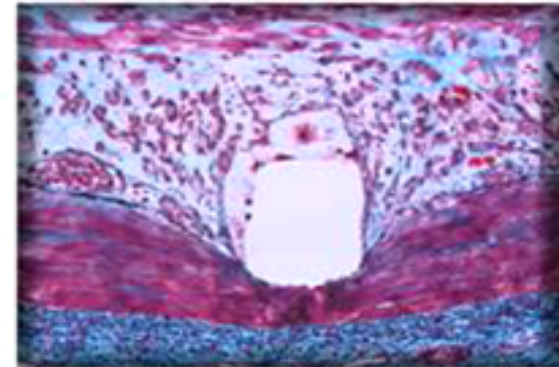
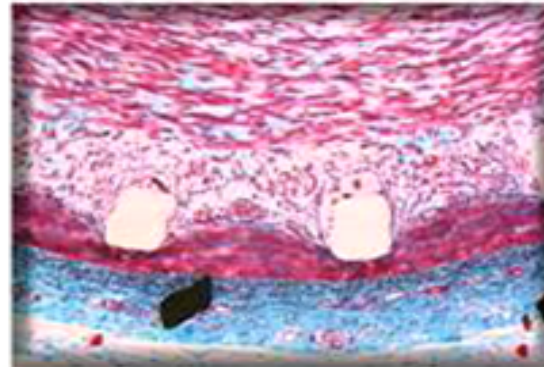
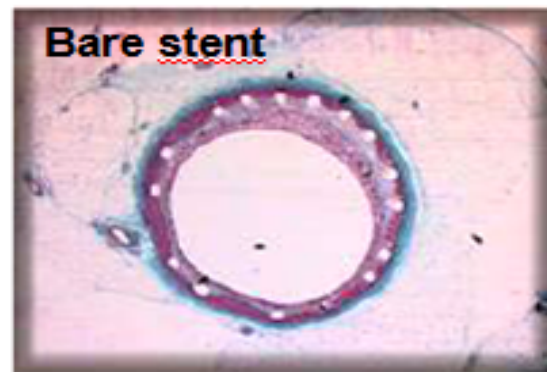




# GENIUS-STEMI

Kz Krajská zdravotní, a.s.  
- Masarykova nemocnice  
v Ústí nad Labem, o.z.

## ➤ Histopathologic analysis: 28 days



Mature neointima with minimal inflammation

**EPC = Endothelial progenitor cells**





# GENIUS-STEMI

Kz Krajská zdravotní, a.s.  
- Masarykova nemocnice  
v Ústí nad Labem, o.z.

## ➤ Method

Between August and December 2007,  
100 consecutive patients with STEMI and single vessel  
disease were randomly assigned (sealed envelope) to  
receive either EPC capture stent (N=50) (Genous™ stent)  
or chromium-cobalt stent (N=50)  
(either Driver™ or Coroflex Blue™)

Dual antiplatelet treatment was administered for 30 days  
in both groups.

A 6-month clinical, angiographic and IVUS follow-ups were  
assessed in both groups.



# GENIUS-STEMI

Kz Krajská zdravotní, a.s.  
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v Ústí nad Labem, o.z.

## ➤ Endpoints

**MACEs' (CV death, MI, clinically driven TLR)  
at 6 month FU**

**Late lumen loss at 6-month FU**

**Neointimal hyperplasia inside the stent at 6-month FU**





# GENIUS-STEMI

Kz Krajská zdravotní, a.s.  
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## ➤ Procedural characteristics

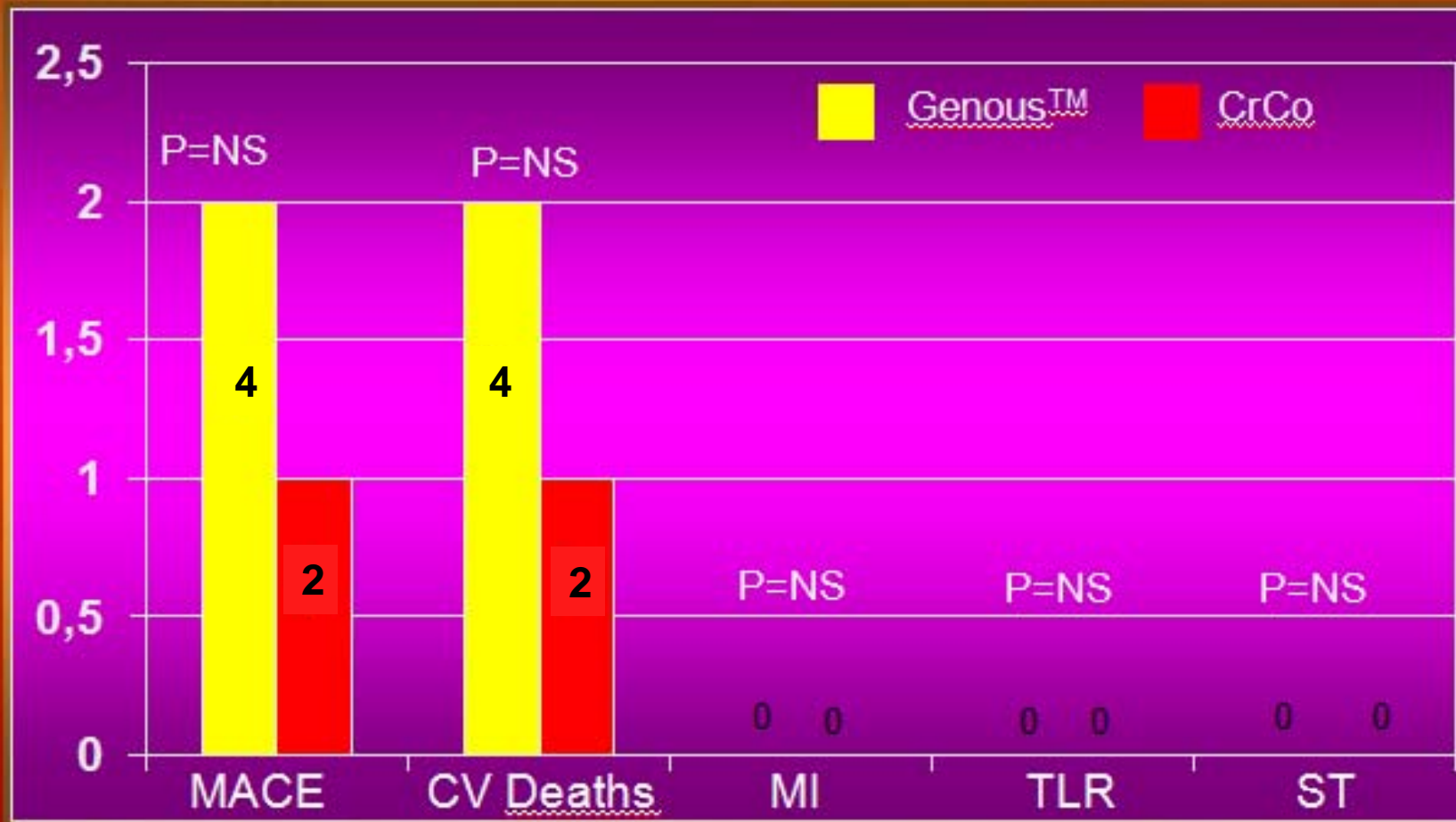
	Genous	Cr-Co	P value
	<b>N=50</b>	<b>N=50</b>	
Stenosis (%)	5.2±4.5	3.9±3.7	NS
MLD (mm)	3.56±0.42	3.62±0.39	NS
TIMI flow			
0-1 (%)	0	0	NS
2	6	3	NS
3	94	97	NS
Number of stents	1.20	1.26	NS
Length of the stents (mm)	20.42	22.30	NS
GP IIb/IIIa inhibitors (%)	32	22	NS
Thromboaspiration (%)	17	25	NS



# GENIUS-STEMI

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## ➤ 30 day outcome



(Non hierachical)





# GENIUS-STEMI

Kz Krajská zdravotní, a.s.  
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v Ústí nad Labem, o.z.

## ➤ 6 month angio and IVUS data

	Genous	Cr-Co	P value
<b>ANGIO DATA</b>	<b>N=44</b>	<b>N=47</b>	
Late lumen loss (mm)	0.89±0.59	0.79±0.47	NS
Restenosis (>50%) (QCA: Pie Medical Im)	20	13	NS
<b>IVUS</b>	<b>N=41</b>	<b>N=42</b>	
mean in-stent NIH (mm <sup>3</sup> ) (Volcano, pull back 0.5%mm/s) (QIVA Pie Medical Im)	49.7±48	40.0±22.8	NS



# GENIUS-STEMI

Kz Krajská zdravotní, a.s.  
- Masarykova nemocnice  
v Ústí nad Labem, o.z.

## ➤ Stent thrombosis in Genius™ group

Patient	Age	TIMI	Thrombus	iGP IIb/IIa	Vessel	EF	Stent	Days	Treatment	Dual T	Stát.
J.J.	61	3	Y	Y	RCA	60	1; 2.75/23	48	dPOBA	N	Alive
P.U.	26	3	Y	Y	LAD	45	1; 3/23	32	dPCI+G	Y	Alive
J.T.	47	2	Y	Y	RCA	52	2; 3.5/23+18	52	dPOBA	N	Alive

*ARC definition: 3x definite; 3x late*



ASA



ASA+clopidogrel







# GENIUS-STEMI

Kz Krajská zdravotní, a.s.  
- Masarykova nemocnice  
v Ústí nad Labem, o.z.

## ➤ Conclusions:

The use of EPC capture stents in the setting of STEMI is feasible and save.

Caveats:

Small, single center trial  
However, the rate of MACE at 6-month FU was significantly higher in Genius™ group when compare to CrCo stents.  
Underpowered for MACE

No core lab  
Worrisome is the rate of late stent thrombosis in EPCs capture stent group.

Larger randomized trials are mandatory.

Comparison of the Efficacy and Safety of  
Zotarolimus-Eluting Stent versus  
Siroliimus-Eluting Stent and PacliTaxel-  
Eluting Stent for Coronary Lesions:  
The ZEST Trial

Seung-Jung Park, MD, PhD  
on behalf of the ZEST investigators



# Objective

- To establish the safety and effectiveness of coronary stenting with zotarolimus-eluting stent (Endeavor, Medtronic) as compared with sirolimus-eluting stent (Cypher, Cordis Johnson & Johnson) and paclitaxel-eluting stent (Taxus, Boston Scientific) in a multicenter, randomized clinical trial for unselected patients in the real world.

# Study Design

All Comer requiring PCI with DES for coronary lesions  
in 19 Centers of Korea  
(Total 2,640 patients)

Randomize 1:1:1  
stratified by 1) Sites, 2) Diabetes, 3) Long lesions ( $\geq 28$  mm)

**ENDEAVOR<sup>®</sup>**  
(N=880)

**CYPER<sup>®</sup>**  
(N=880)

**TAXUS Liberte<sup>™</sup>**  
(N=880)

Clinical follow-up at 12 months  
Angiographic follow-up at 9 months



# Primary Study Endpoint

- The composite clinical outcome of
  - Death from any cause
  - Myocardial infarction (MI)
  - Ischemia-driven target-vessel revascularization (TVR)

at 12 months after the index procedure.

# Secondary Study Endpoint

- Death (all-cause or cardiac)
- MI
- Composite of death or MI
- TVR (all- and ischemia-driven)
- TLR (all- and ischemia-driven)
- Composite of death, MI, ischemia-driven TLR
- Stent thrombosis by ARC definition
- Late loss in both in-stent and in-segment at 9 mths
- Restenosis in both in-stent and in-segment at 9 mths
- Procedural success rate



# Antiplatelet Regimen

## Pre-Procedure

- Aspirin ( $\geq 100\text{mg}$ )
- Clopidogrel (loading dose) : 300 or 600 mg

## After Discharge

- Aspirin: 100-325 mg /day indefinitely
- Clopidogrel: 75 mg once daily for  $\geq$  at least 12 months

## During Procedure

- Heparin: IV bolus + boluses to maintain ACT  $> 250$  s
- GP IIb/IIIa inhibitors: at physician's discretion

# Results

**Baseline and lesion characteristics are similar in the three patient groups**

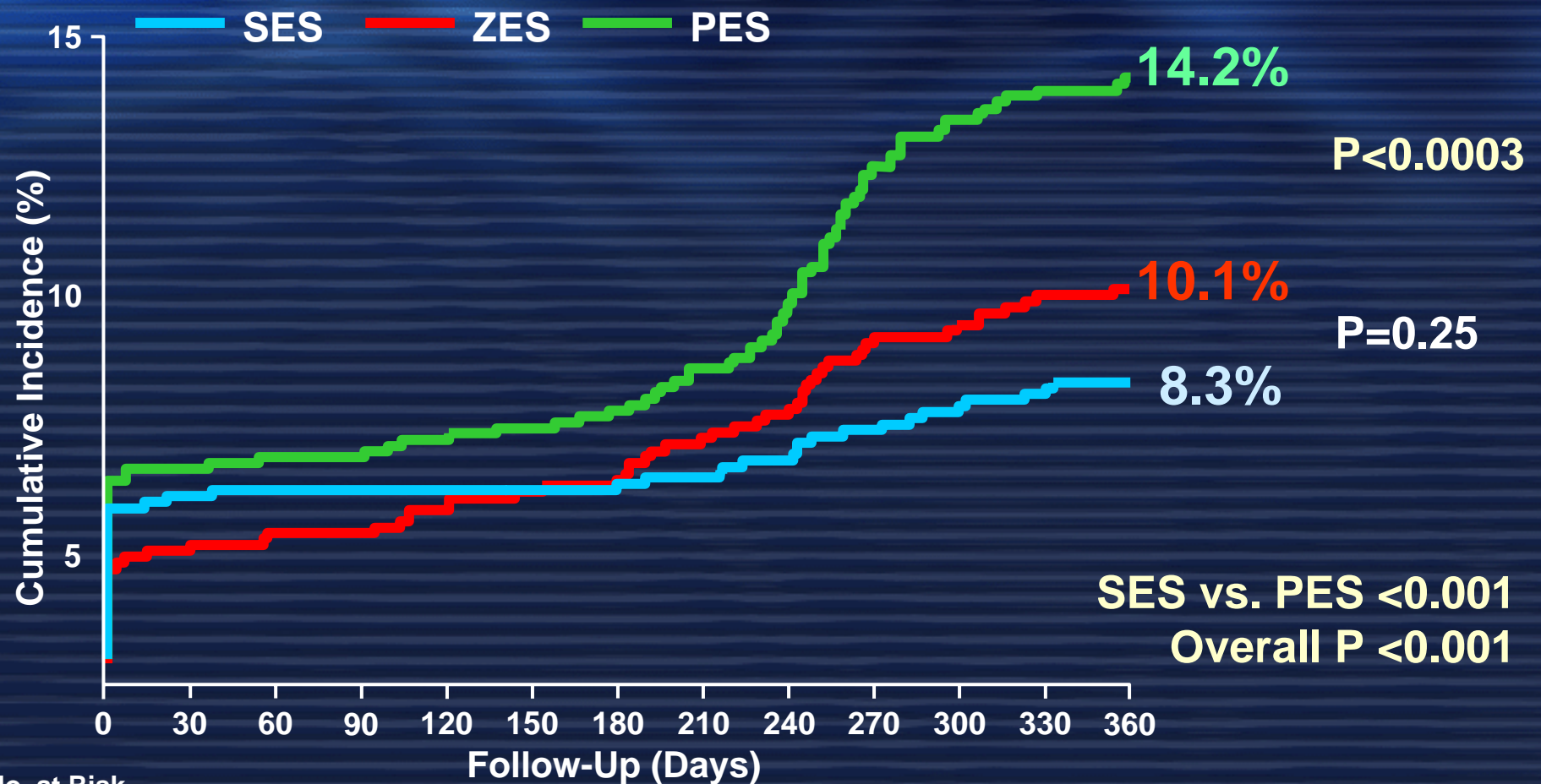


# Procedure Characteristics

Lesions	ZES (n=1190)	SES (n=1218)	PES (n=1205)	P value
No. of stents per lesion	1.2±0.4	1.2±0.4	1.2±0.4	0.35
No. of stents per patient	1.6±0.9	1.6±0.9	1.6±0.9	0.92
Length of stents per lesion	27.9±13.1	28.9±13.5	28.9±14.3	0.12
Length of stents per patients	39.7±26.8	38.3±24.3	38.9±25.2	0.45
Maximal stent diameter	3.4±0.7	3.4±0.7	3.5±0.6	0.03
Maximal pressure	16.3±4.2	16.3±4.1	16.2±4.2	0.95
Direct stenting	84 (7)	109 (9)	89 (7)	0.24
Use of IVUS	488 (41)	514 (42)	491 (41)	0.62
Use of glycoprotein IIb-IIIa inhibitors	19 (2)	15 (2)	14 (2)	0.64

# Death, MI, Ischemia-driven TVR

## Primary End Point at 12 month



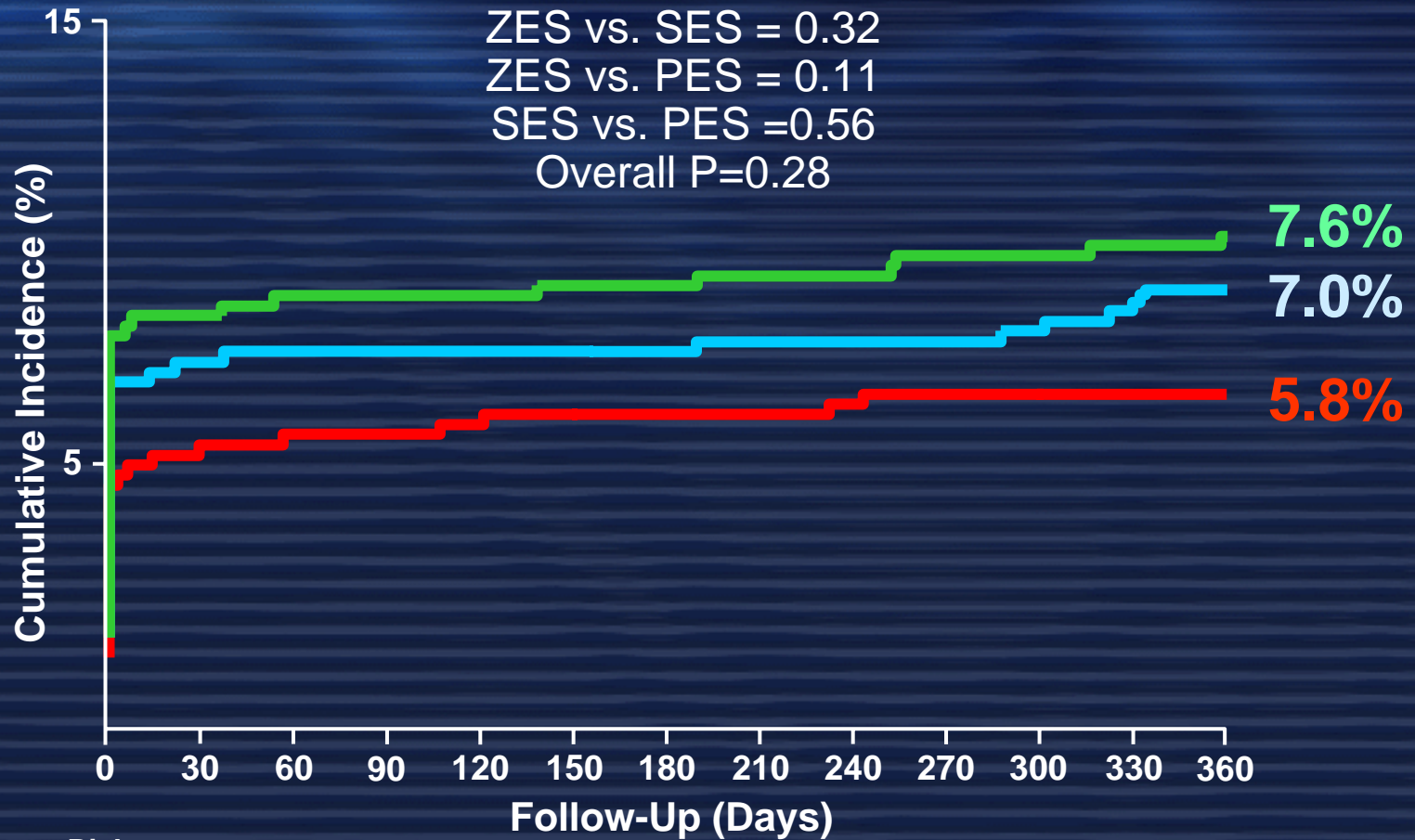
No. at Risk

ZES	883	827	816	790	782
SES	878	816	813	802	792
PES	884	821	808	763	745



# Death or MI

— SES — ZES — PES

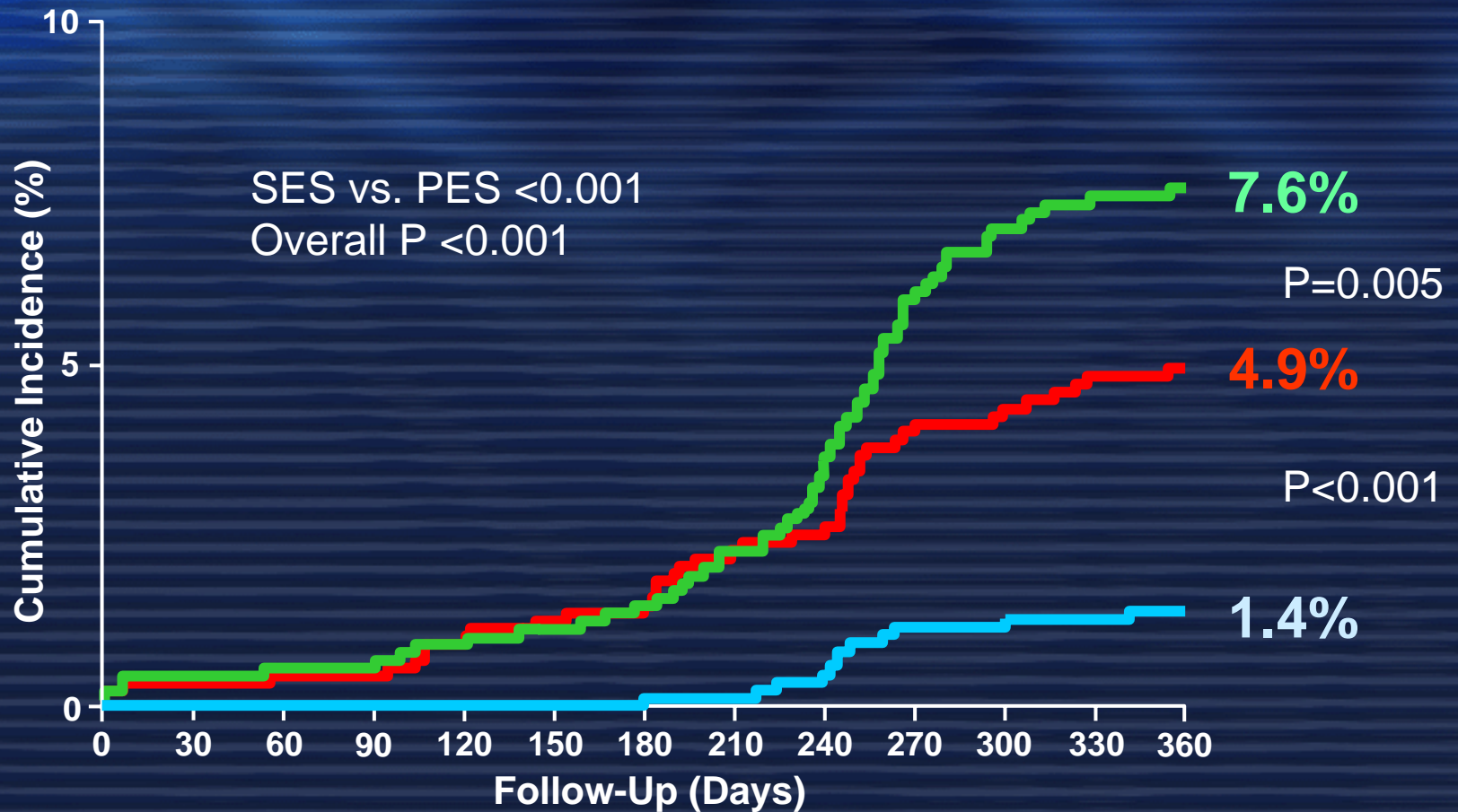


## No. at Risk

ZES	883	828	824	820	820
SES	878	817	814	811	804
PES	884	821	815	808	803

# Ischemic driven TLR

— SES — ZES — PES



No. at Risk

ZES	883	868	857	829	822
SES	878	869	866	853	845
PES	884	875	861	813	794



# Stent Thrombosis : ARC Definite Criteria



No. at Risk

ZES	883	869	866	861	861
SES	878	869	867	863	857
PES	884	875	868	859	853

## Conclusion

- As compared with first-generation DES (SES and PES), the use of ZES results in similar major adverse cardiac events with reference to SES, but in fewer major adverse cardiac events with reference to PES.



## Conclusion

- There was a trend toward lower rates of death or MI in the ZES group as compared with the SES and PES group.
- The rates of Ischemia-driven TLR and TVR in the ZES group was significantly lower than the PES group, but higher than in the SES group.
- The rate of stent thrombosis in the ZES group was similar with the PES group, but higher than in the SES group.