

20th CARDIOVASCULAR SUMMIT
TCTAP 2015



APRIL 28-MAY 1, 2015
COEX, SEOUL, KOREA

Transradial Access for Carotid Artery Stenting: How We Improve Procedure Technique

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Potential conflicts of interest

Piotr Pieniazek, MD, Ph.D.

✓ I have the following potential conflicts of interest to report.

Consulting; Study Honoraria; Travel Expenses; Trials Involvement:

Boston Scientific

Abbott

Medtronic

■ **Terumo**

■ **Cordis**

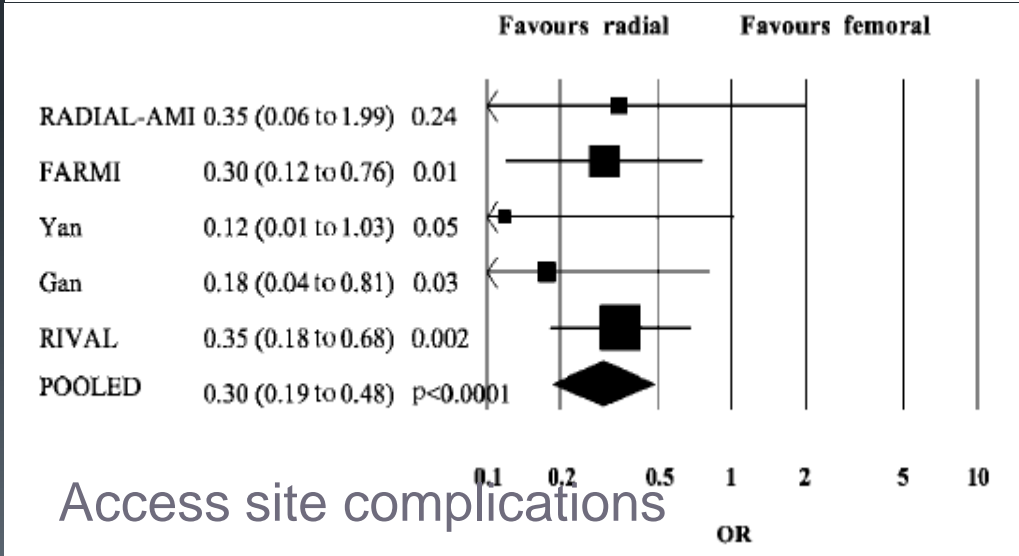
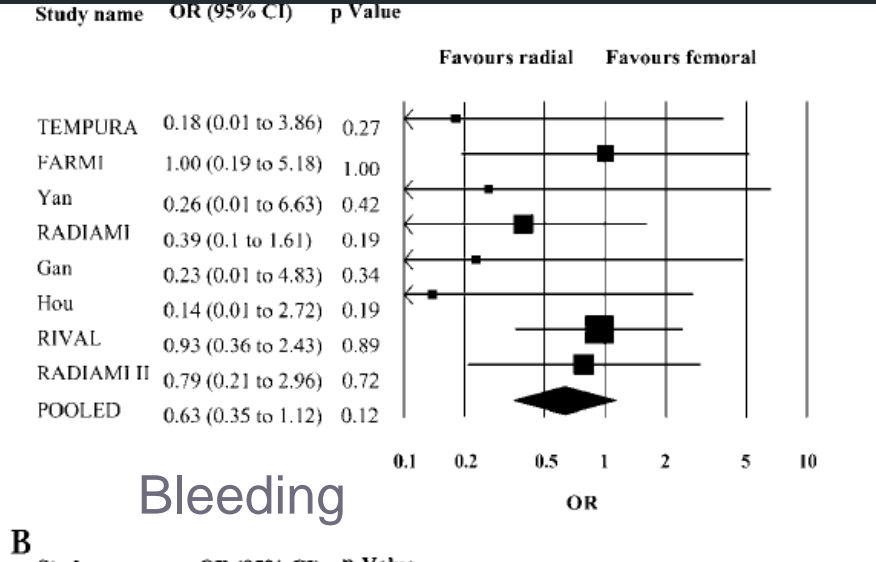
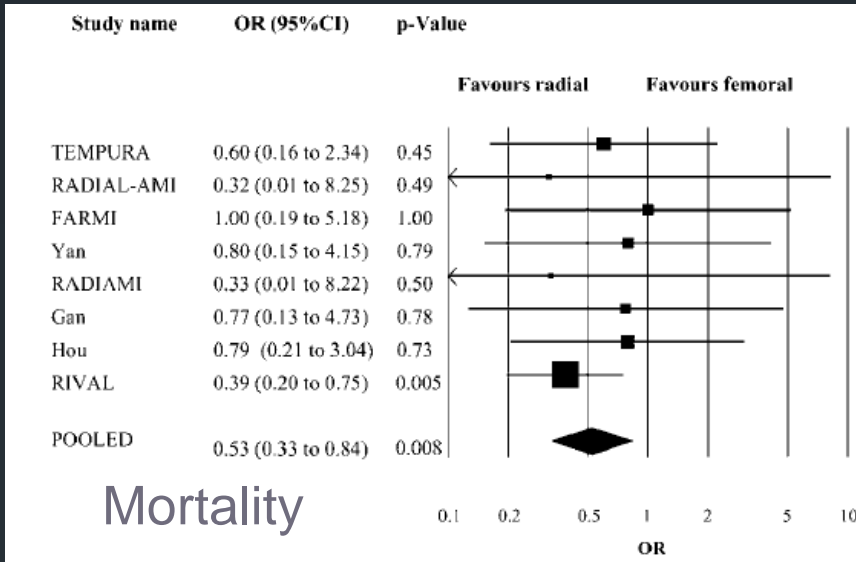
■ **Astra Zeneca**

History

- **Transradial catheterization first described by Radner in 1948.**
- In 1989, Campeau et al revisited Radner's idea & reported on percutaneous entry into distal radial artery for selective coronary angiography in 100 pts.
- **In 1992, Kiemeneij et al used Campeau's work as the basis for developing TRI.**

1. Radner S. Thoracal aortography by catheterization from the radial artery; preliminary report of a new technique. *Acta radiol.* 1948;29:178-80.
2. Campeau L. Percutaneous radial artery approach for coronary angiography. *Cathet Cardiovasc Diagn.* 1989;16:3-7.
3. Kiemeneij F, Laarman GJ, de Melker E. Transradial coronary artery angioplasty. *Am Heart J.* 1995;129:1-7.

Meta-analysis of Radial vs. Femoral in STEMI



High risk criteria for CEA

Anatomical Criteria

Lesion at C-2 or higher
Lesion below clavicle
Prior radical neck surgery or radiation
Contralateral carotid occlusion
Prior ipsilateral CEA
Contralateral laryngeal nerve palsy
Tracheostoma

Medical Comorbidities

Age \geq 80 yrs
Class III/IV congestive heart failure
Class III/IV angina pectoris
Left main/ \geq 2 vessel coronary disease
Urgent (<30 days) heart surgery
LV ejection fraction \leq 30%
Recent (<30 days) myocardial infarction
Severe chronic lung disease
Severe renal disease

SAPPHIRE STUDY

Trial Design and Patient Flow

Evaluated by panel of physicians (interventionalist, surgeon, neurologist) who concur on qualification of patient
n = 747

Surgeon:
unacceptable
risk for CEA

Surgeon &
Interventionalist
will treat patient

Interventionalist:
unacceptable risk
for stenting

Non-Randomized
Stent Arm
n=406

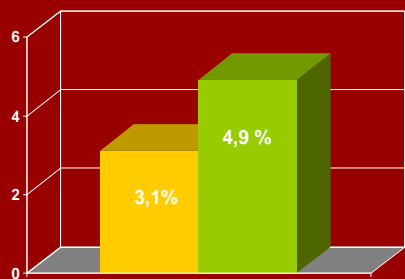
RCT
334 Randomized (310 Treated)

Non-Randomized
CEA Arm
n=7

Stent
Treatment
n=167

CEA
Treatment
n=167

SAPPHIRE – 30 days follow-up
CAS stroke / death

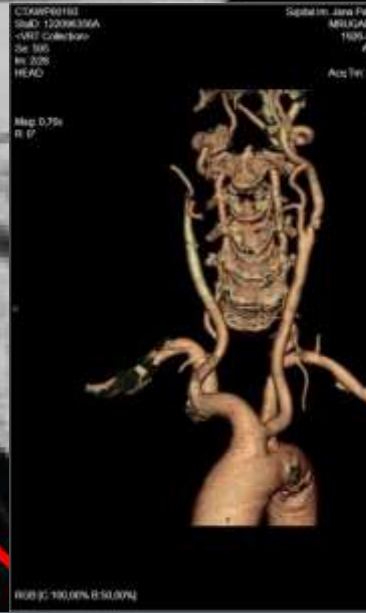


CAS Randomized Surgeon-rejected

Caniulation difficulties of CCA during CAS



Aortic arch



Bovine arch

Femoral Approach Limitations !!!

Aorto-Iliac disease or occlusion
(Leriche's Syndrome)

Previous surgical bypass at peripheral field

After stent graft implantation

Significant overweight

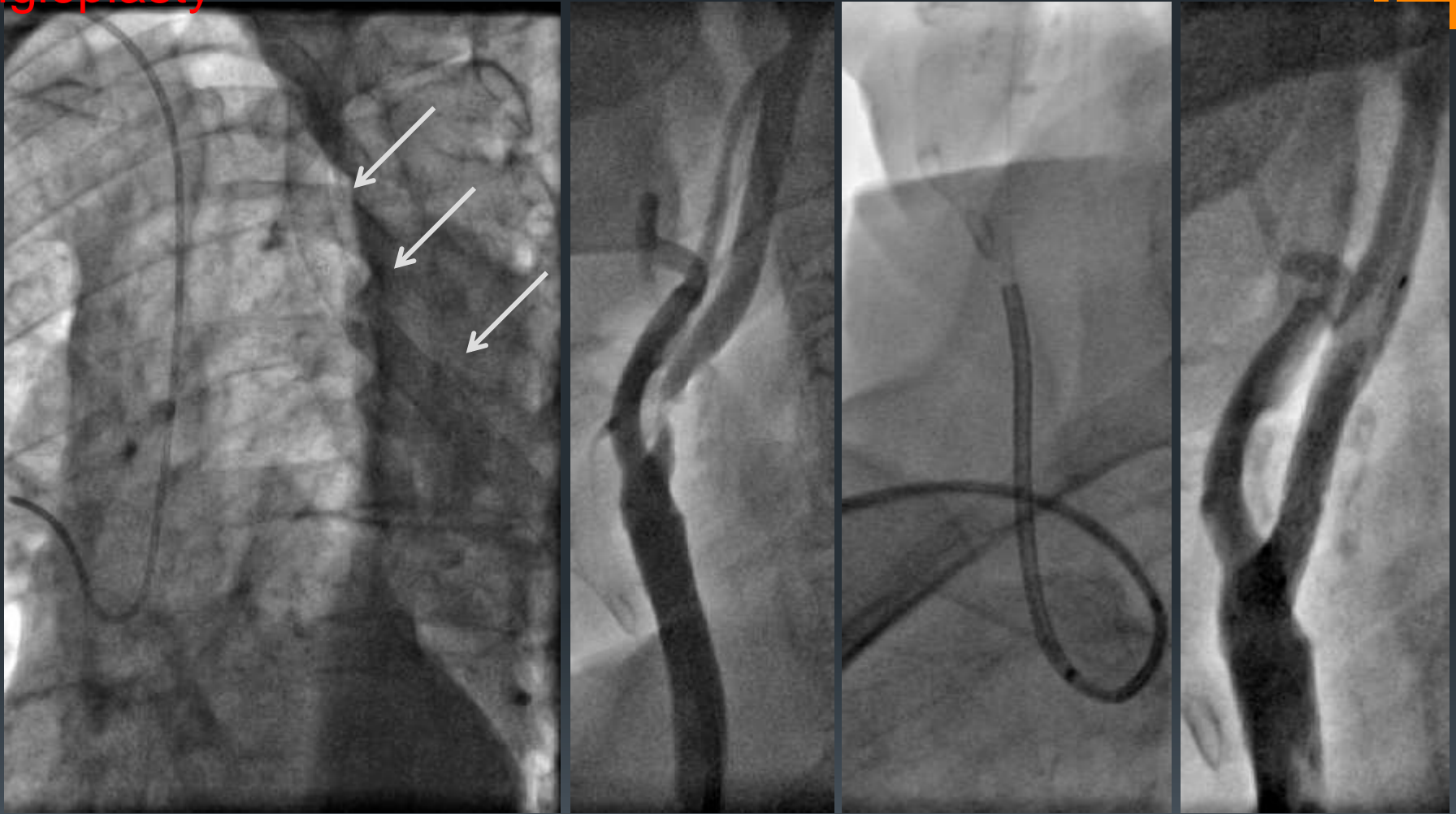
Large hernia

Need for prolong stay in bed in pts with spine pain syndrome

Haematological disease or Coumadin therapy

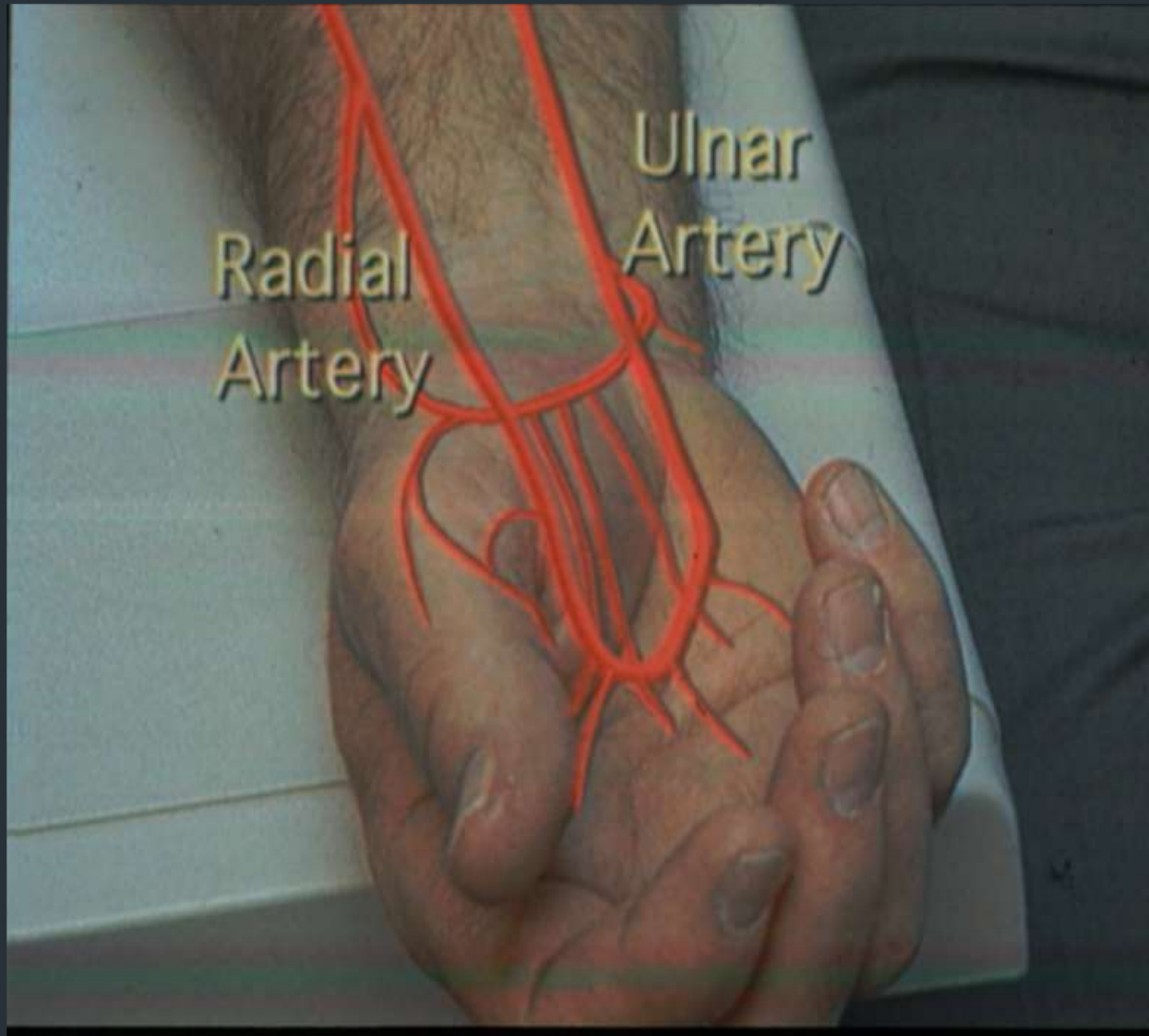


RICA – symptomatic stenosis 80% - 60mm stent hanging in Aorta that jumped to the aorta when someone tried to do LSA angioplasty

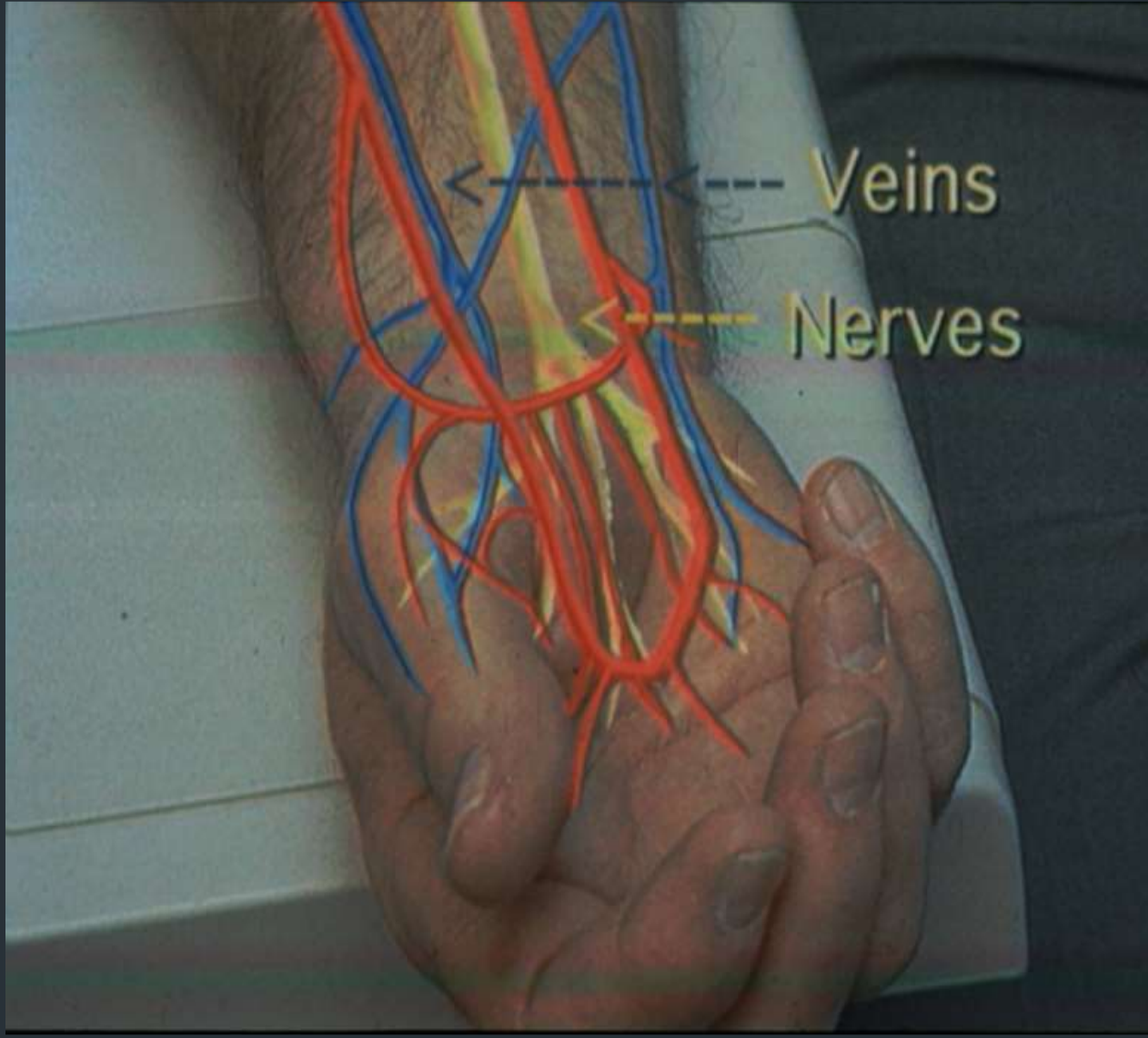


Patient after this complication rejects any possibility of surgical treatment . Very gently RICA intubation and RICA stenting !!!!

The Anatomy



The Anatomy



Allen's Test - Can be performed \pm Oximetry test



Peripheral vascular diseases. Edgar van Nuys Allen, MD and others with associates in the Mayo Clinic and Mayo Foundation; 2nd edition, Philadelphia, Saunders, 1955.

Allen's Test - Can be performed \pm Oximetry test



❖ We recommend that, in the presence of an abnormal AT, the RA should not be used for cardiac catheterization unless the risk of using the femoral approach is excessive. Greenwood et al. JACC Vol. 46, No. 11, 2005, 2005:2013–7

Radial access - special transradial sheath 6F or 7F/11cm



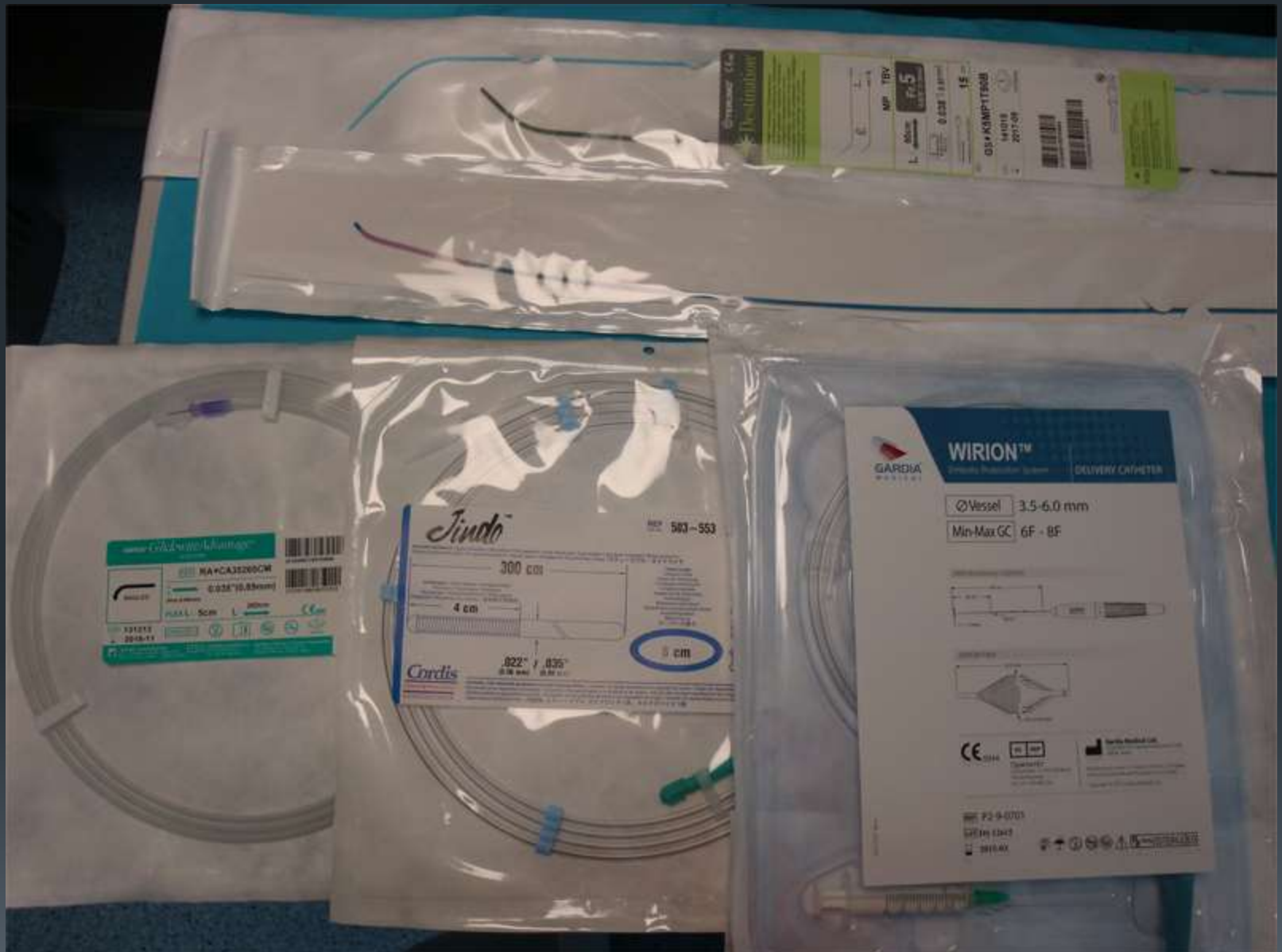
Antispasmodic cocktail

2.5mg Verapamil

200ug Nitroglycerin

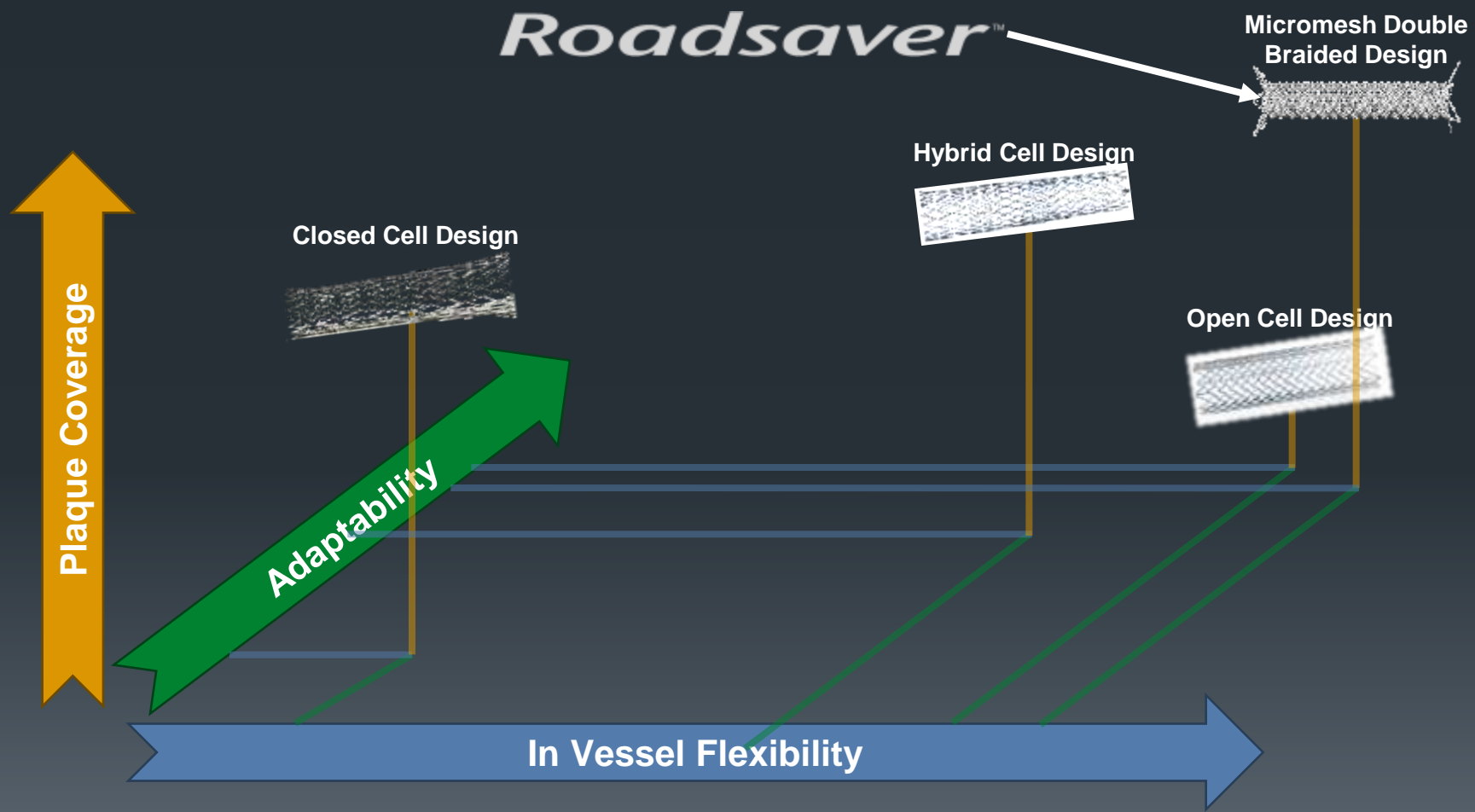
5000 IU Heparin

Special dedicated devices is crucial for radial access CAS



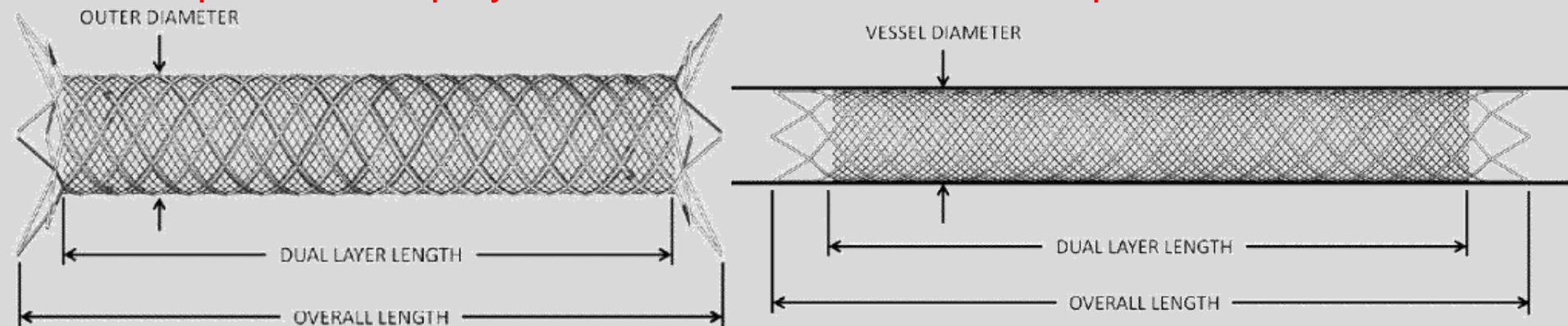
Flexible Guiding Cath 6/7F or 5F sheath, Dura Glide Jindo or Glidewire Advantage, Independent Filter (Spider RX or Wirion)

Scaffolding – various stent designs

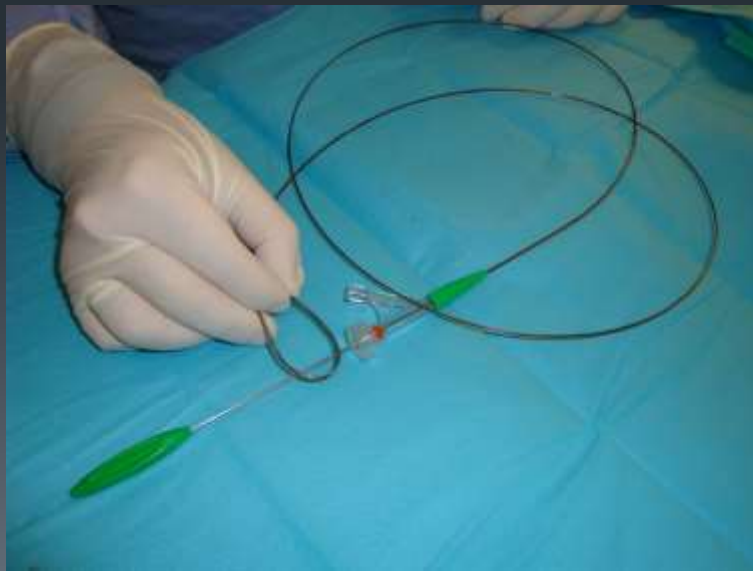


RoadSaver Carotid Stent

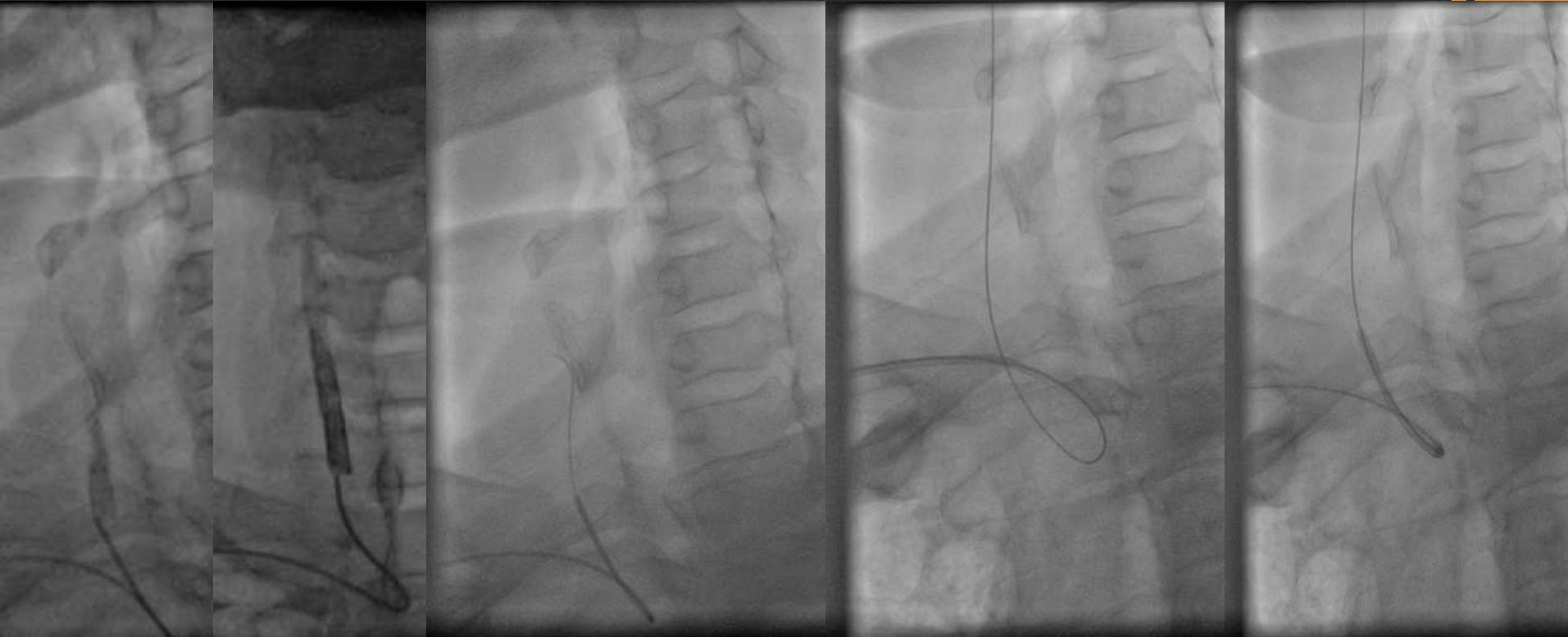
- double layer micromesh scaffold
- enabling sustained embolic protection by very tight plaque coverage
- embolic protection starts with implantation of the stent into the lesion and continues throughout the process of neointimalization
- **up to 50% deployment full re-sheathable and repositionable**



Roadsaver the most flexible carotid stent on the market



Simmons 1 – 3 5F the most useful diagnostic catheter



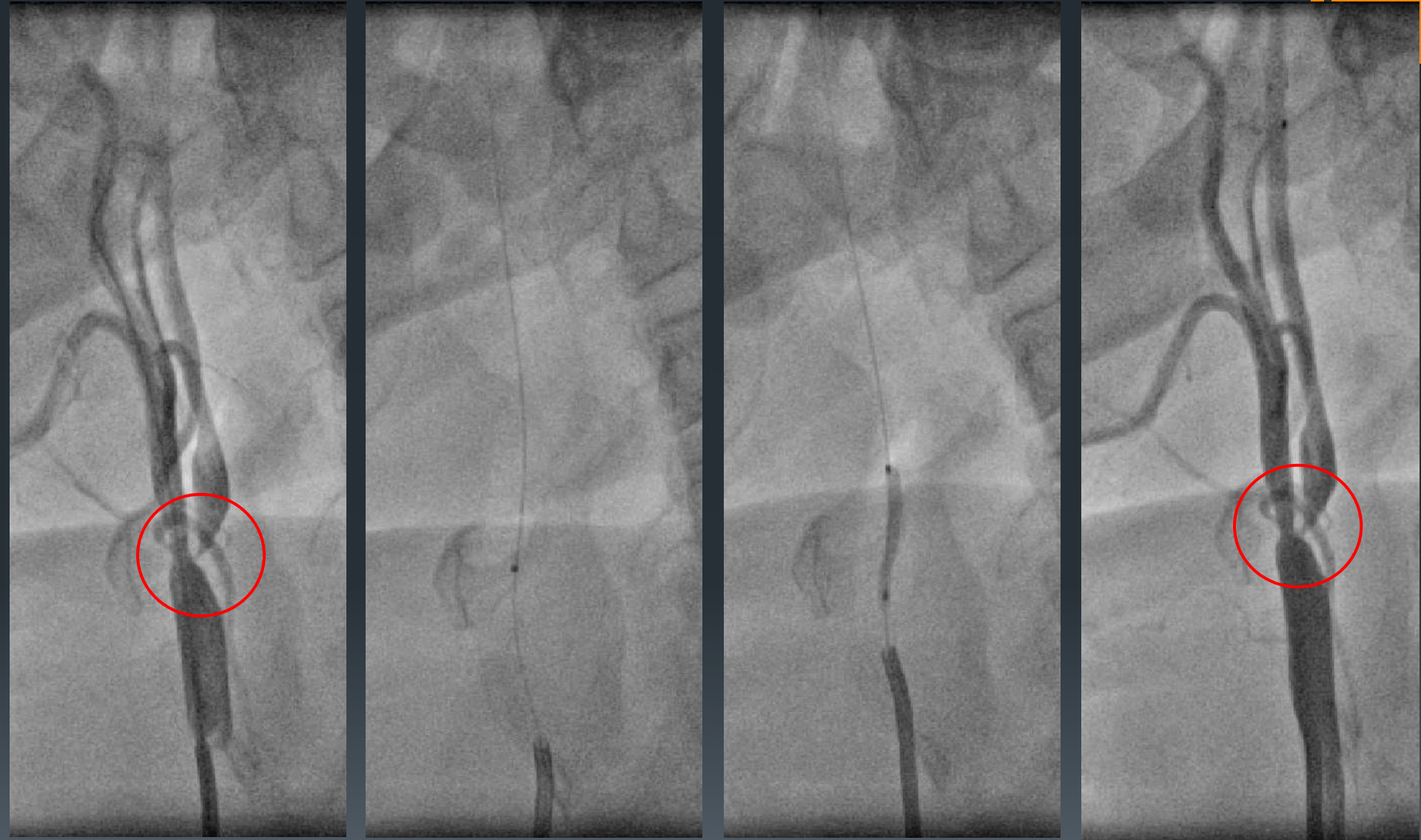
We use generally **right radial artery** for both RICA & LICA CAS

One long GW to ECA

Special FX40 guiding catheter or 5F sheath

Very gently „**push and pull**” technique.

Radial access for CAS is always challenging procedure



Delivery sheath required 1.5mm balloon predilatation for Spider RX placement

Roadsaver stent can be used for „Direct stenting” in all CAS procedures and should be preferred always from radial access!!



Sustained Embolic Protection



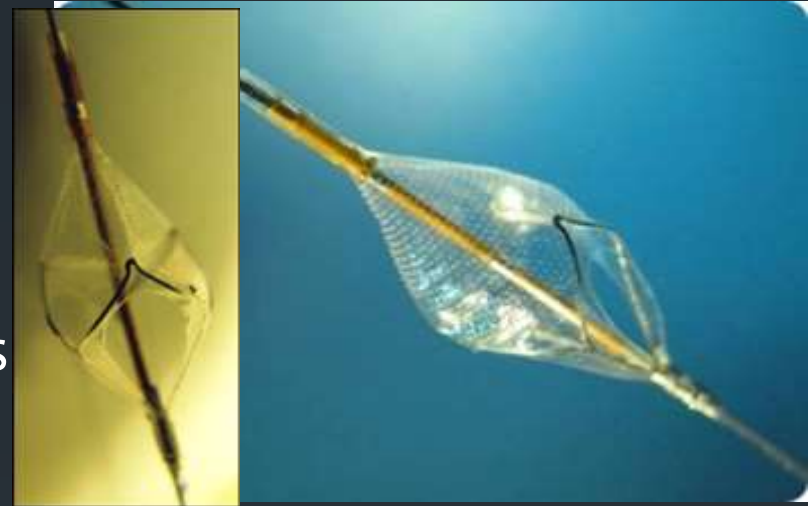
WIRION The Ultimate Solution

- The embolic filter that can be used with any guide wire

- Allows optimal filter positioning:
anywhere on the guide wire

anywhere along the vessel

- Suitable for a wide range of vessels
- Excellent deliverability
- Excellent support and stability
- Excellent visibility
- Superior retrieval technology
- Ready for use



Excellent feedback from
medical community!

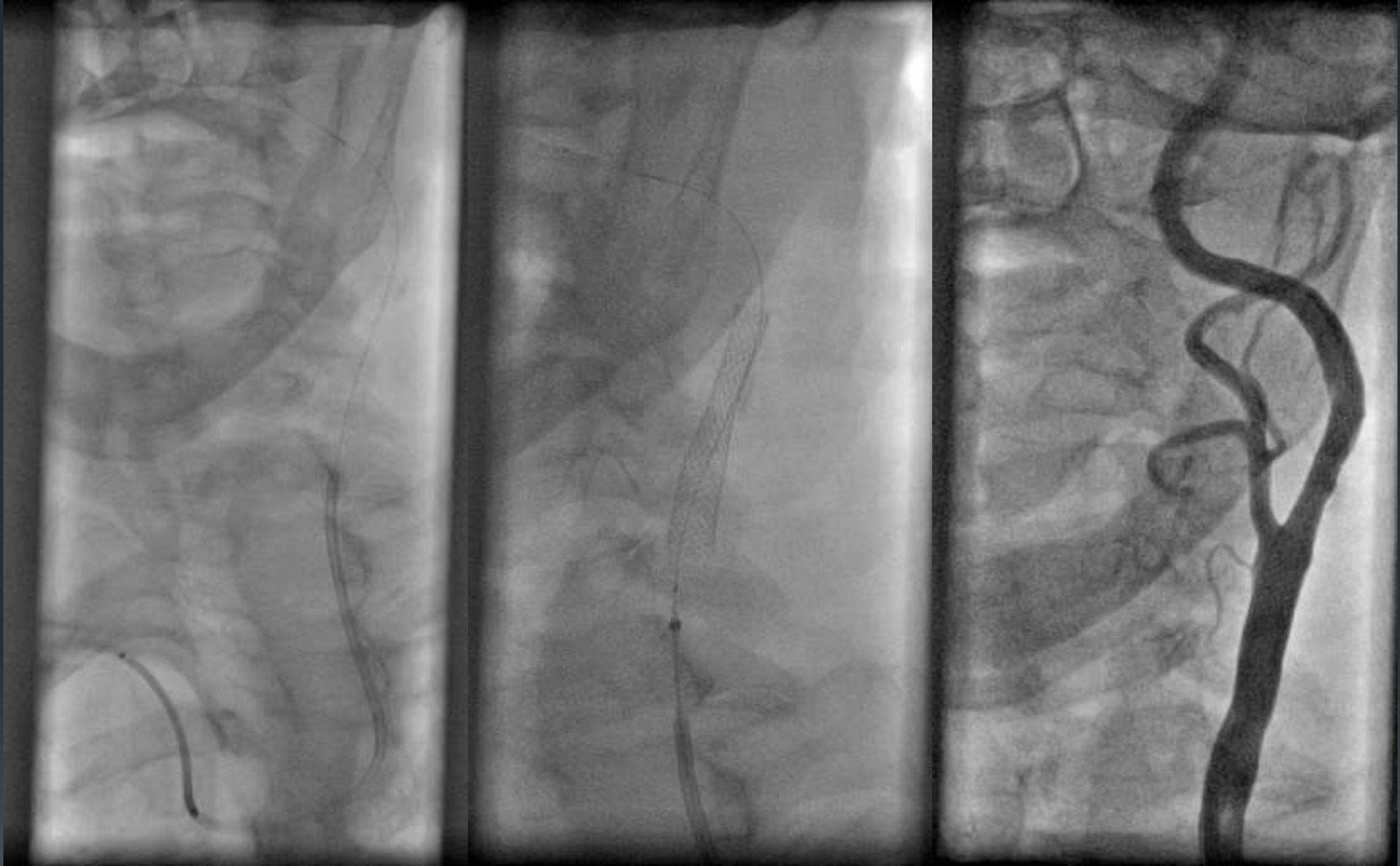
- ✓ Optimal wall apposition
- ✓ Strong capturing ability

Bovine Arch – not a problem with CAS from right radial access



Wiron Filter very easy crossing the lesion on coronary 0.14" wire

Bovine Arch – not a problem with CAS from right radial access



Conic soft tip facilitates easy advancing retriever across the stent

A randomised comparison of transradial and transfemoral approach for carotid artery stenting: RADCAR (RADial access for CARotid artery stenting) study

■ EuroIntervention 2014;10:381-391

Zoltán Ruzsa^{1,3*}, MD, PhD; Balázs Nemes¹, MD, PhD; László Pintér², MD; Balázs Berta¹, MD; Károly Tóth³, MD; Barna Teleki³, CVT; Sándor Nardai¹, MD; Zoltán Jambrik¹, MD, PhD; György Szabó¹, MD; Ralf Kolvenbach², MD, DSc; Kálmán Hüttl³, MD, DSc; Béla Merkely¹, MD, DSc

Conclusions: The transradial approach for carotid artery stenting is safe and efficacious; however, the cross-over rate is higher with transradial access. There are no differences in the total procedure duration and fluoroscopy time between the two approaches but the radiation dose is significantly higher in the radial group, and the hospitalisation is shorter with the use of transradial access by per-protocol analysis. By evaluating the patient data according to intention-to-treat analysis we found no difference in major adverse events and hospitalisation. In both groups, vascular complications rarely occurred.

Radial Access - The Advantages



- Decrease the incidence of major vascular complications
- Decrease the incidence of bleeding complications
- Appears to decrease MANE in patients with CAS
- Better control over vascular access and hemostasis for obese and overall patients
- Decreased time to ambulation
- Improved patient movement and comfort
- Allows early discharge policy
- May decrease cost

Conclusion:

Carotid artery stenting with EPD can be safely and effectively performed using radial access

In severe PAD difficult aortic arch transradial CAS can be more save then transfemoral access.

New generation of GW, Filters and Stents cause that the CAS procedure is fast and safe.

Due to immediatelly mobilization the patients comfort is much better

Thank you



John Paul II Hospital Krakow PL.