# Traditional and Novel Metal Alloys: Advantages, Disadvantages and Trends

#### Juan F. Granada, MD

Executive Director and Chief Scientific Officer Skirball Center for Cardiovascular Research Cardiovascular Research Foundation Columbia University Medical Center







# Common Metallic Materials Used in Stent Development & Manufacturing

Key Element	Stainless Steel (316L)	Cobalt Chrome (Elgiloy, MP35N,L-605)	Titanium (CP, Ti-6-4)	Nitinol
Iron	63%	1-15%		
Titanium			90-100%	45%
Nickel	14%	15-35%		55%
Chromium	18%	20%		
Cobalt		40-50%		
Other	Mo, Mn	Mo, Mn, W	Al, V	



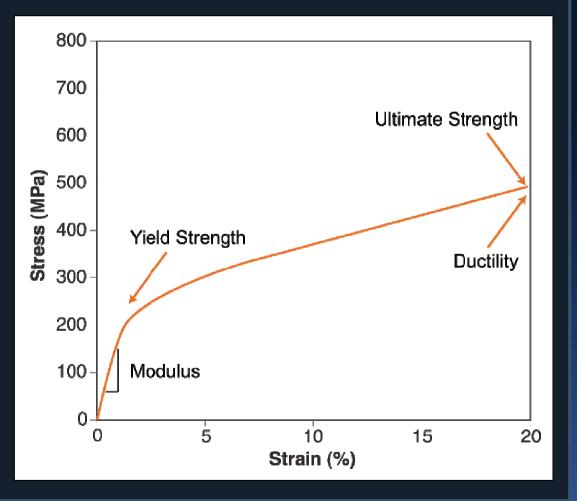




#### **Definition of Metal Strength**

"Ability of the material to withstand an applied stress without failure"

Material	Strength
Stainless Steel	Medium 300/560 MPa
Cobalt-Chrome	High 600/1140 MPa
Titanium	High 880/950 MPa
Nitinol	High 500/1400 MPa









#### **Metal Stiffness: What is it?**

"Resistance of an elastic material to deformation by an applied force"

Material	Stiffness
Stainless Steel	High 200 GPa
Cobalt-Chrome	High 200 GPa
Titanium	Moderate 90 GPa
Nitinol	Very Low ∼25 GPa





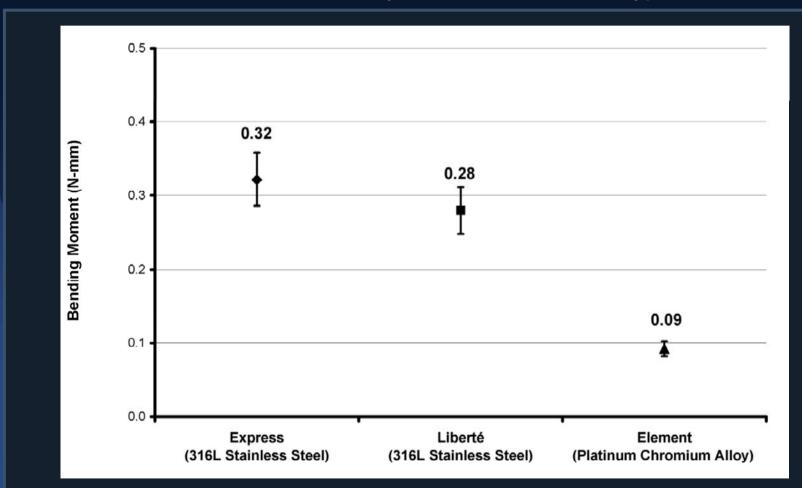






#### **Conformability in Different Stent Materials**

A measure of the torque required to bend the stent to a specific curvature, which is directly related to the flexibility of the stent. A lower required bending moment indicates increased flexibility. N=15 for each stent type.





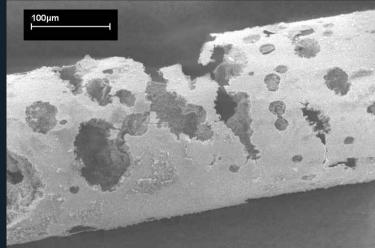




#### **Corrosion Resistance**

Material	Corrosion
Stainless Steel	Good – Cr <sub>2</sub> O <sub>3</sub> (500 mV)
Cobalt-Chrome	Good – Cr <sub>2</sub> O <sub>3</sub> (500 mV)
Titanium	Excellent – TiO <sub>2</sub> (800 mV)
Nitinol	Excellent – TiO <sub>2</sub> (800 mV)





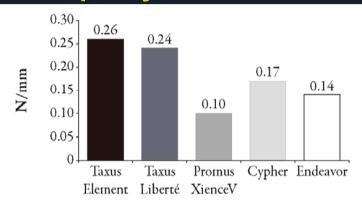




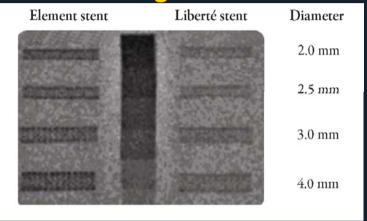


# Impact of Metal Properties on Stent Performance

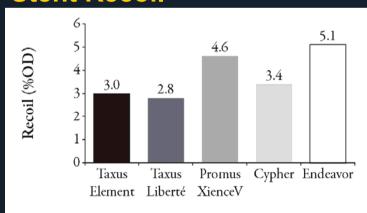
#### **Radiopacity**



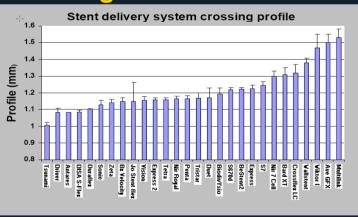
#### **Radial Strength**



#### **Stent Recoil**



#### **Crossing Profile**





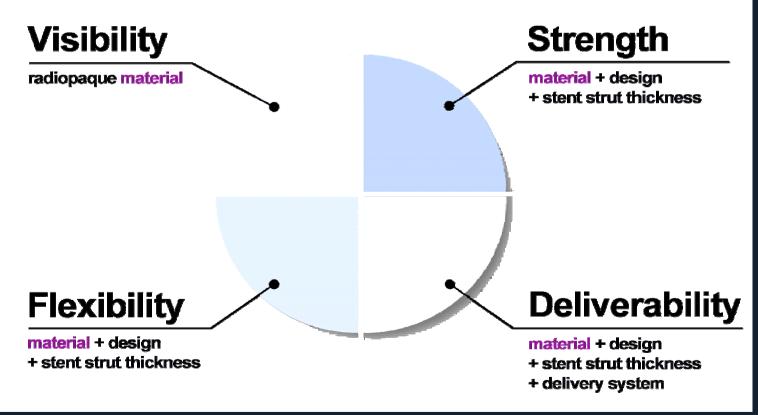




#### Material +Structure + Design

Stent Design Performance

How Do you Increase Stent Deliverability Maintaining Visibility and Strength?



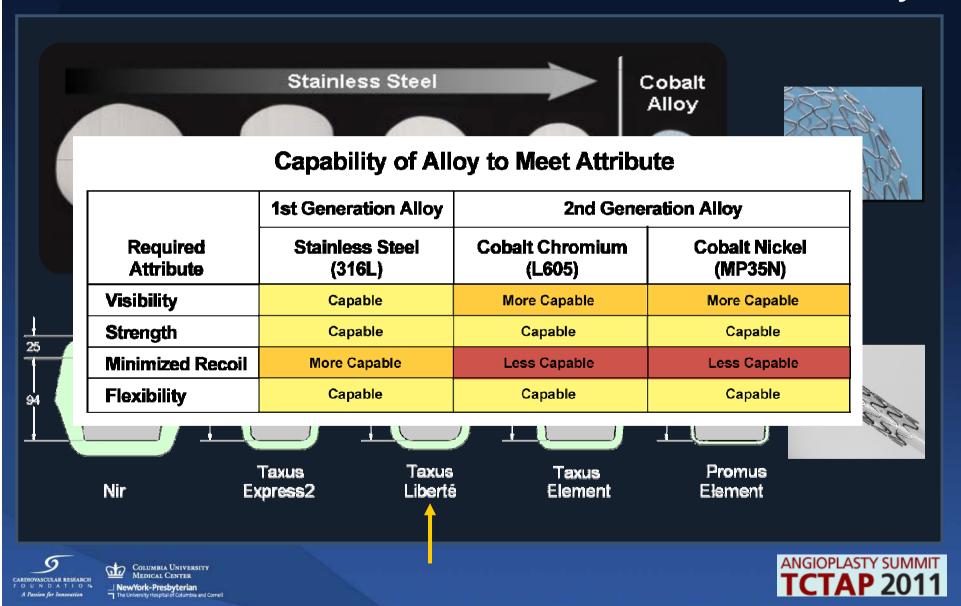






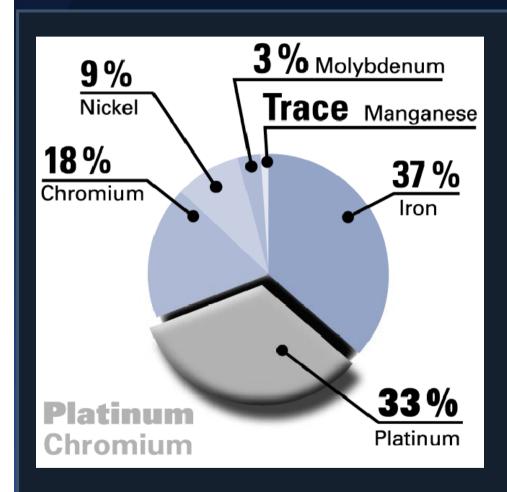
#### **Evolution of Stent Technology**

Reduced Strut Thickness= Increase Deliverability



#### **Platinum Chromium**

#### Elemental Composition



- Platinum has over 2x the density of iron or cobalt (superior radiopacity).
- Platinum is distributed evenly throughout the alloy to provide the appropriate level of visibility.
- Platinum increases strength when alloyed with 316L stainless steel.
- Platinum chromium has the lowest nickel content (9%) compared to
  - 316L Stainless Steel: 14%
    (TAXUS® Liberté Stent®)
  - L605 Cobalt Chromium: 10% (XIENCE V® Stent)
  - MP35N Cobalt Nickel: 35% (Endeavor® Stent)

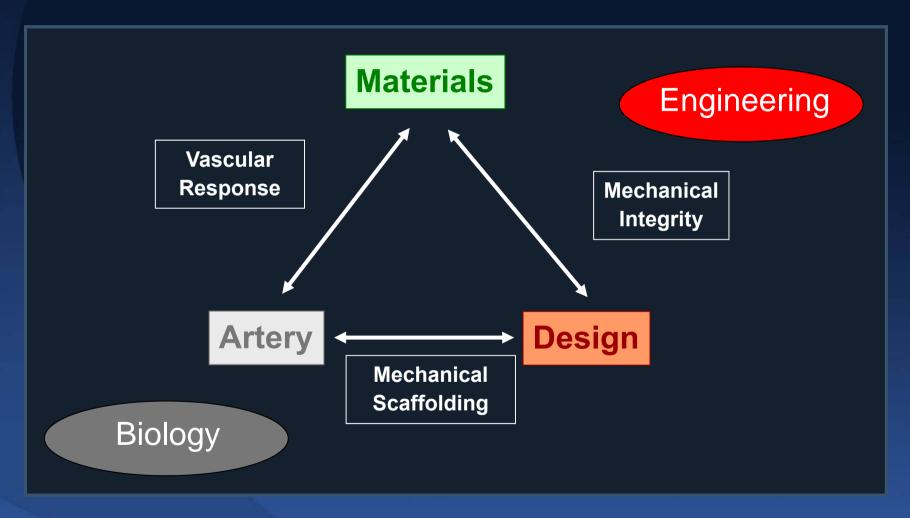
Steiner R: ASM Handbook Volume 1: Properties and Selection: Irons, Steels, and High-Performance Alloys. 10th ed. Materials Park, OH: ASM International; 1990. Bench test results may not necessarily be indicative of clinical performance. Data on file at BSC. MP35N is a trademark of SPS TECHNOLOGIES, LLC.







# Restenosis is the Result of the Interaction of Several Related Factors



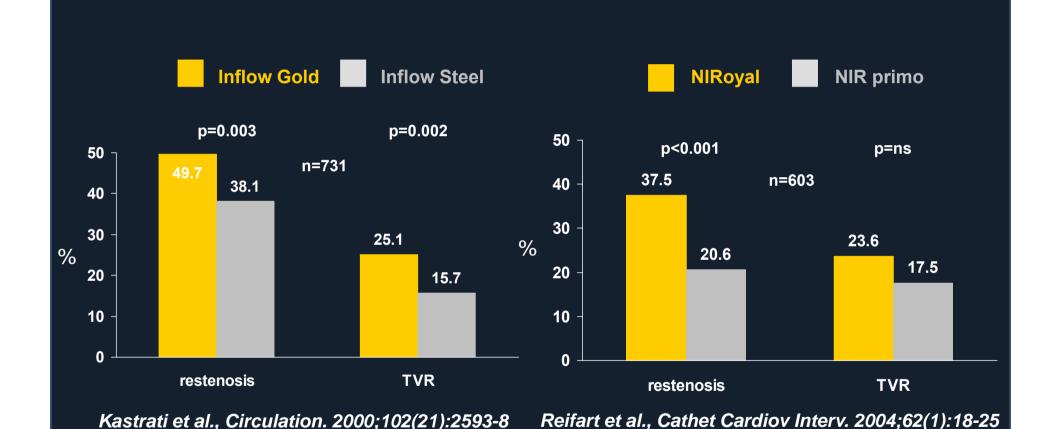






#### Strut Surface/Material and Restenosis

#### Impact of Surface Material on Restenosis





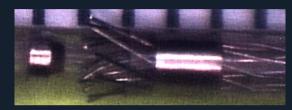




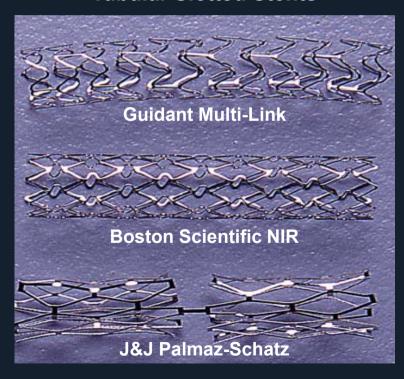
### **Evolution of Early Stent Technology**

The Evolution of Stent Designs

**Wire Mesh Stent** 



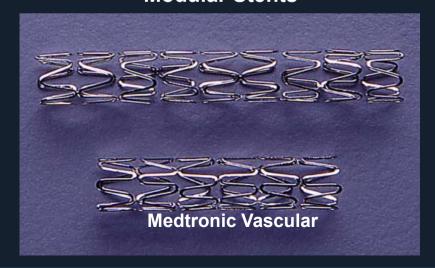
**Tubular Slotted Stents** 



**Wire Coil Stents** 

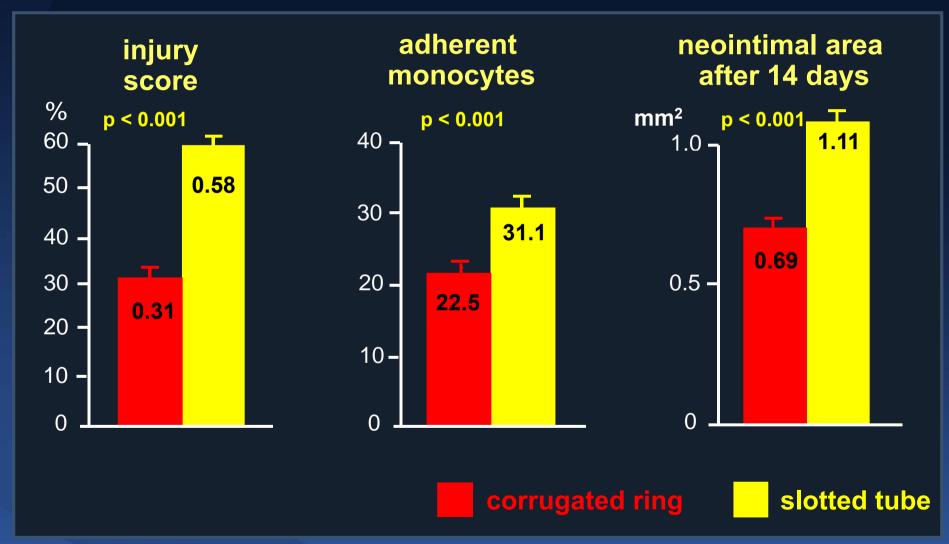


**Modular Stents** 



#### Stent Design, Vessel Injury and Restenosis

Experimental Data

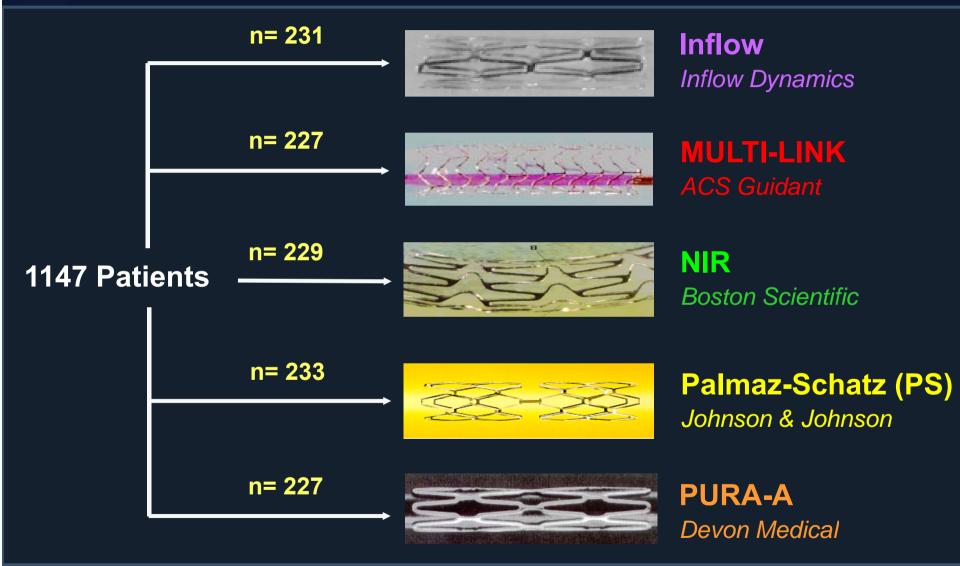








#### Randomized Trial With 5 Different Stents



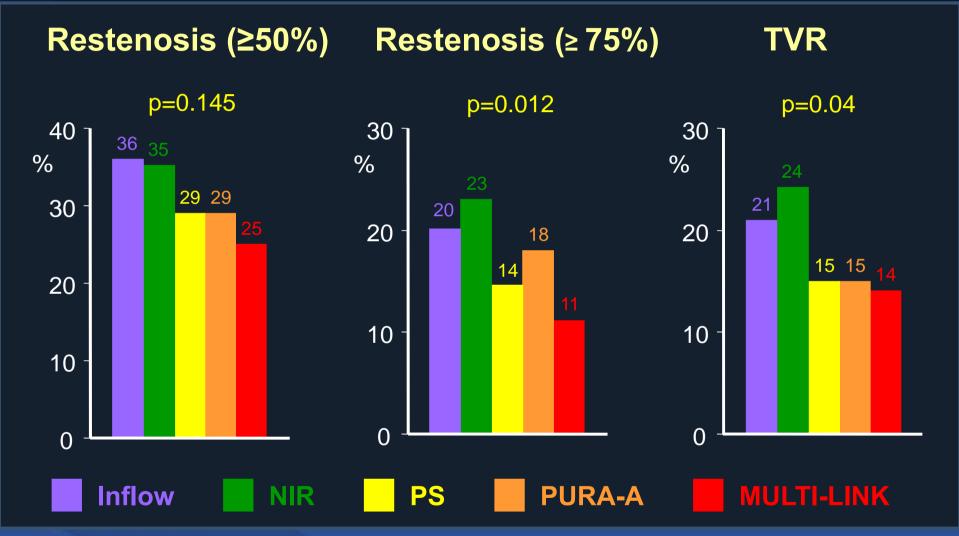






#### **Randomized Trial With 5 Different Stents**

6-Month Results

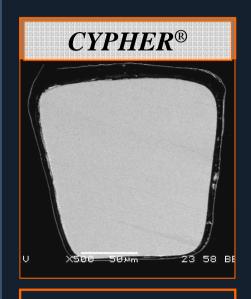


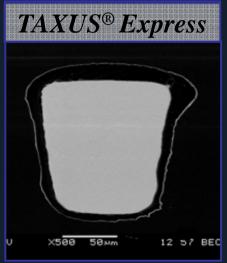


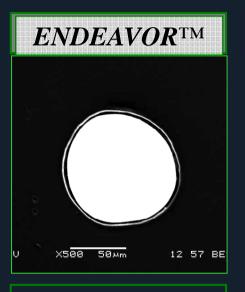


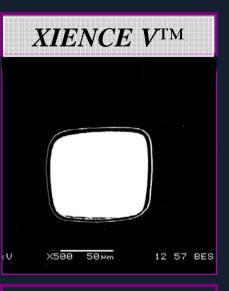


## Stent Strut Design and Thickness in Currently FDA Approved Drug Eluting Stents









**Strut Thickness:** 

140 μm Coating Thickness: 12.6 μm **Strut Thickness:** 

132 μm Coating Thickness: 19.6 μm **Strut Thickness:** 

91 μm Coating Thickness: 4.8 μm **Strut Thickness:** 

81 μm Coating Thickness: 7.8 μm

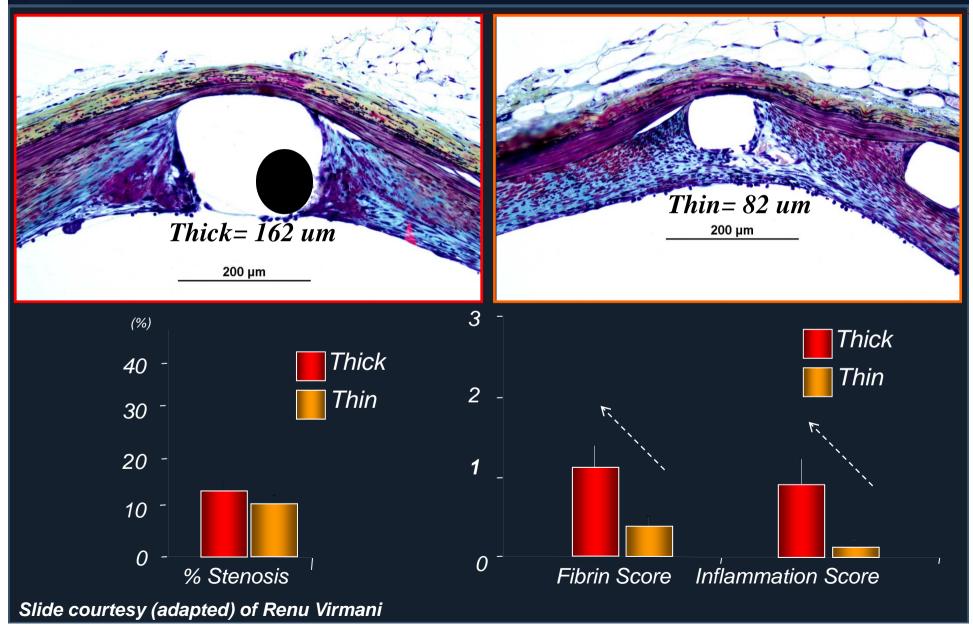
Abluminal coating thickness represented, 3.0x18mm stent, 500X magnfication







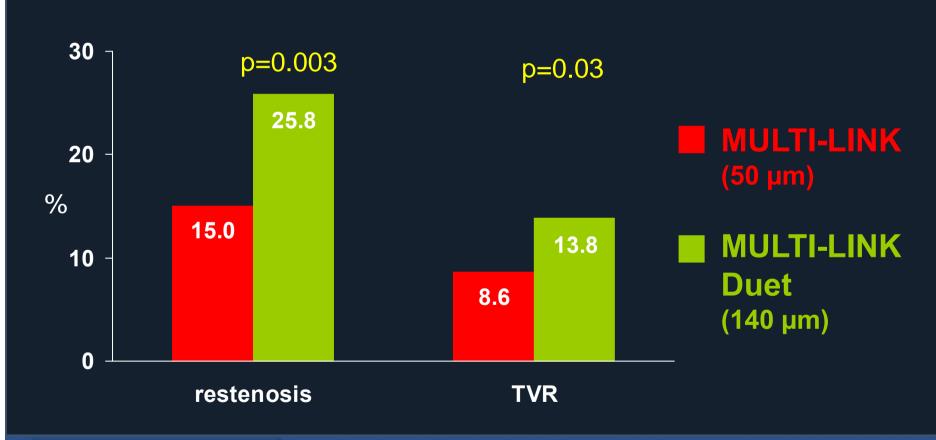
### Optimization of Strut Thickness Leads to Reduction of Inflammation (14 Day Rabbit Iliac Arteries)



#### **Strut Thickness and Restenosis**

Vascular Injury versus Rapid Endothelialization?





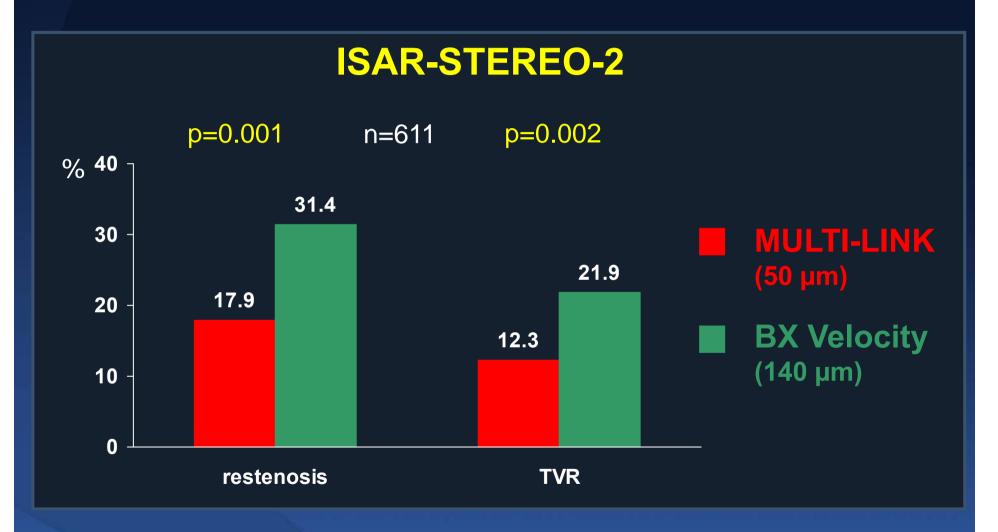






#### **Strut Thickness and Restenosis**

Vascular Injury versus Rapid Endothelialization?









# Strut Thickness and Angiographic Restenosis in Small Coronary Arteries

#### **Retrospective Analysis of 941 Patients**

#### Thin Struts (<100 μm):

Palmaz-Schatz

**ACS MULTI-LINK** 

**BiodivYsio** 

**BeStent** 

**JOSTENT Flex** 

Diamond (Phytis)

V-Flex (Global Therapeutic)

**Sorin Carbostent** 

#### Thick Struts (≥100µm):

**NIR** 

**ACS Duet** 

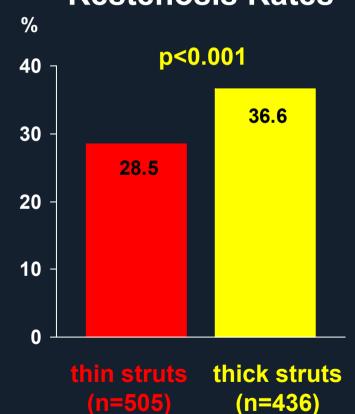
**BX Velocity** 

**AVE-II** 

**Cordis Crossflex LC** 

**Bard XT** 



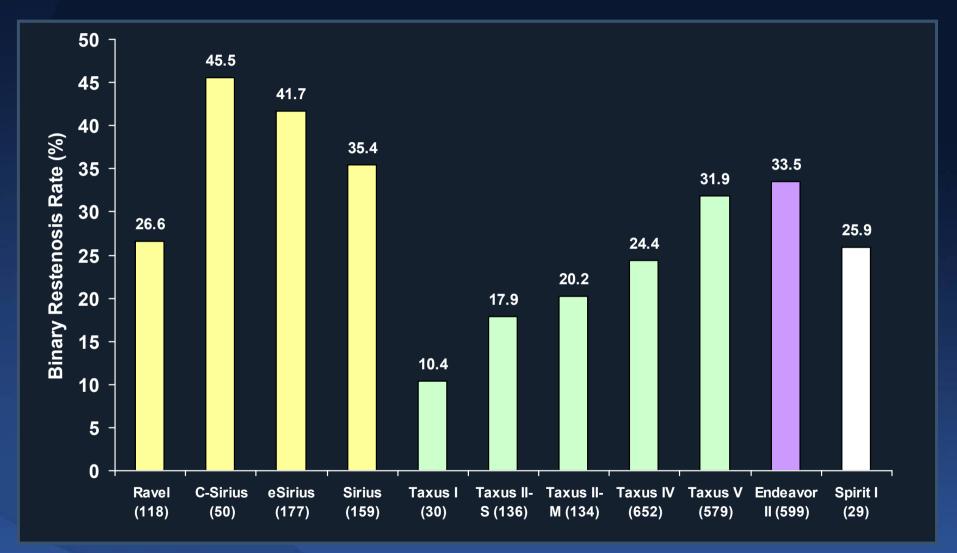








### Binary Restenosis Rate in the BMS Arms of Randomized Trials of DES









#### Conclusions

- Stent material science is still evolving and aims to find the perfect balance between acute device performance and clinical outcomes.
- New stent materials have permitted the development of thinner stent struts, but still maintaining similar mechanical properties compared to previous generation stents.
- Other factors (i.e., surface characteristics) may equally impact the overall long term performance of the device.
- Therefore, the "ideal" stent design has to achieve a perfect balance between material selection, design and strut thickness.
- Still, despite the fact that BMS platforms have plateau in their restenosis rate, they have become superior delivery platforms for DES technologies.





