



Start and stop PCI for CTO

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Start CTO-PCI

How to get CTO technique



- Learn basic PCI experiences
- To add Complex PCI

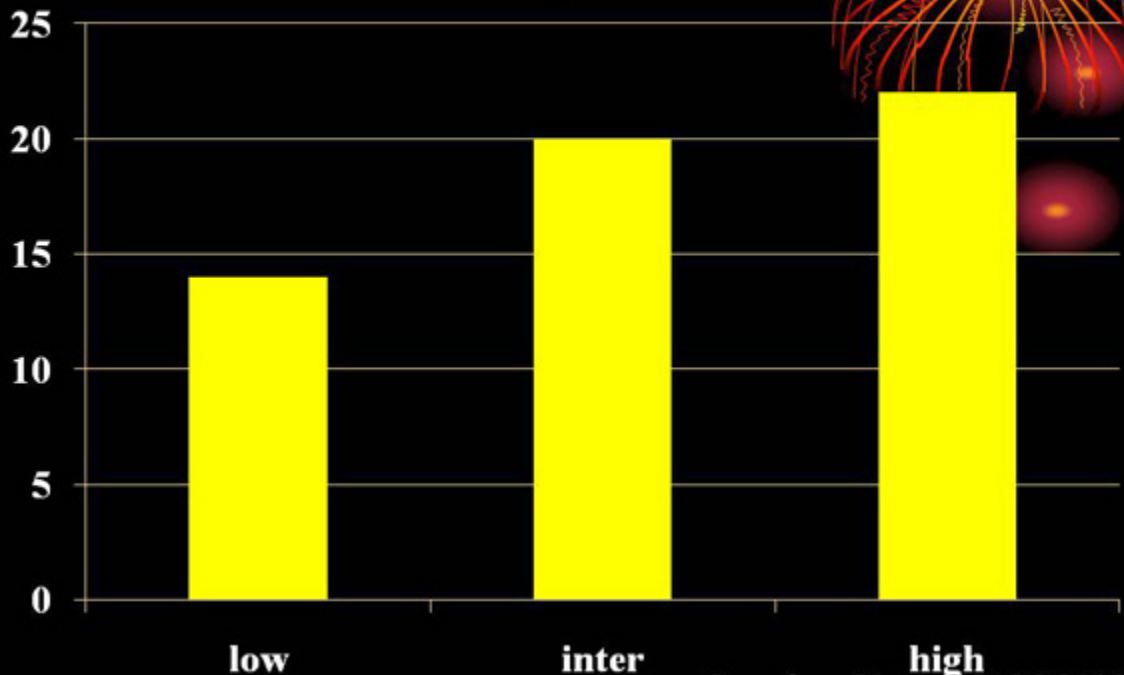
- **Take a lot of years !**
- **No shory cut way**

Hard tip GW

- Basic retrograde approach- septal channel
- Complex retrograde approach-epicardial channel

CTO attempt rate

attempt rate



Grantham JA et al: JACC 2009

Training of CTO-PCI operator

- *50 CTO-PCI / year*

- *Case selection*

 - Tapered proximal CTO cap*

 - Length < 15mm*

 - Angulation < 45°*

- *CTO-Day*

 - experienced operators mentor less*

 - experienced operators during cases.*



Training of CTO-PCI operator

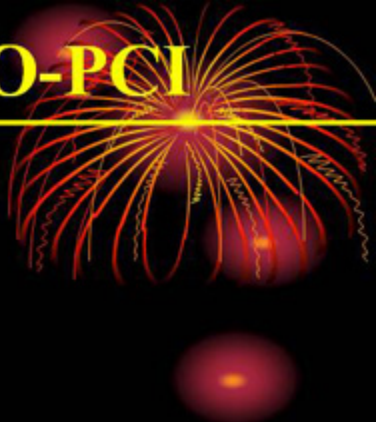
- *Beginner: after 2 year training, 30 CTO-PCI including 200 PCI / year*
- *Maintain skill : Minimum 50 CTO cases, no more than 2-3 operators with more than 1000 cases/year*
- *No allow*
 - small volume center*
 - no surgical backup*
 - no deal with complication*

Reason for failed CTO-PCI

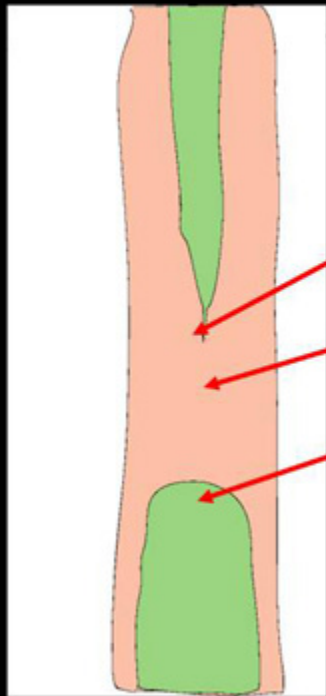
- *MVD*
- *Bridging collaterals*
- *Branch at proximal stump*
- *A blunt stump*
- *Long lesion*
- *Calcification*
- *Tortuosity (<45°)*
- *Ostial lesion*



Intinal selection of CTO is not like this



“Easy” CTO



1) Straight vessel

2) Stump without side branch

3) Short lesion

4) Convex type

Basic Technique for CTO



- 1. Reading of Angiogram**
- 2. Good back up Guide Catheter**
- 3. Contralateral Injection**
- 4. Use of microcatheter**
- 5. Choice of CTO guidewire**

Reading of Angiogram of CTO



What do you see ? How to read ?



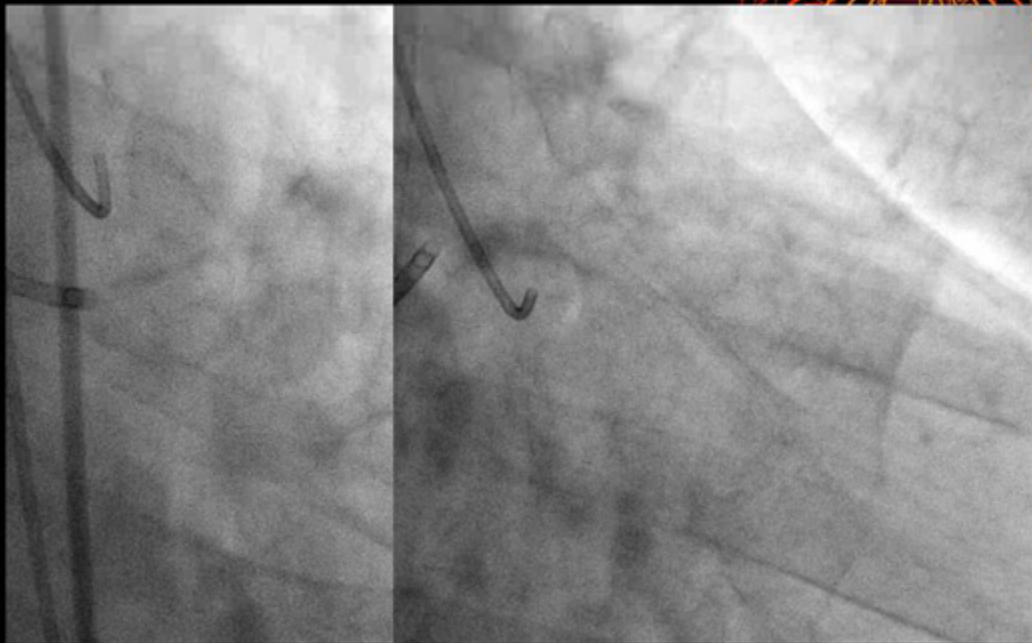
To take a appropriate picture

No Panning, avoid double vessel, correct angle, size choice



- Entry , re-entry structure
- Length of CTO
- Angle of CTO vessel
- Vessel size CTO vessel
- Reconstruction Imagine CTO vessel
- Detail of Collateral pathway

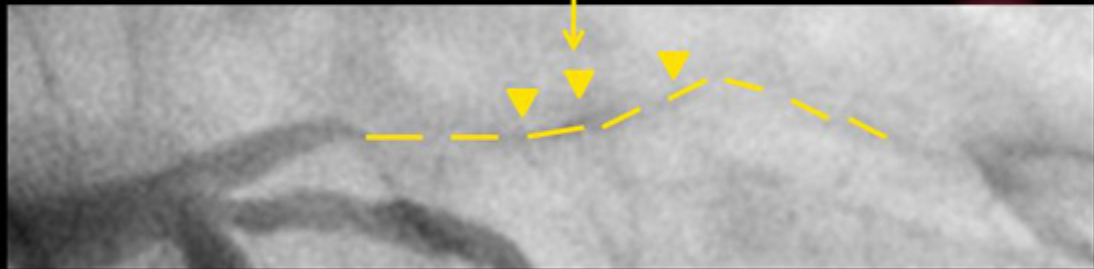
Island sign in CTO



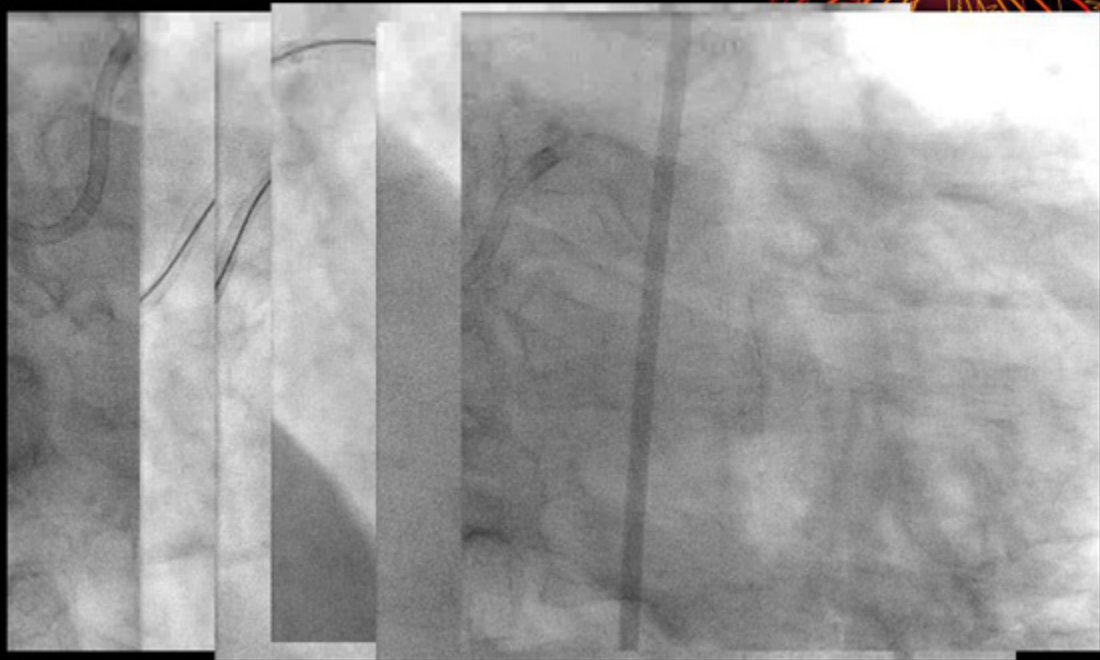
Island sign in CTO



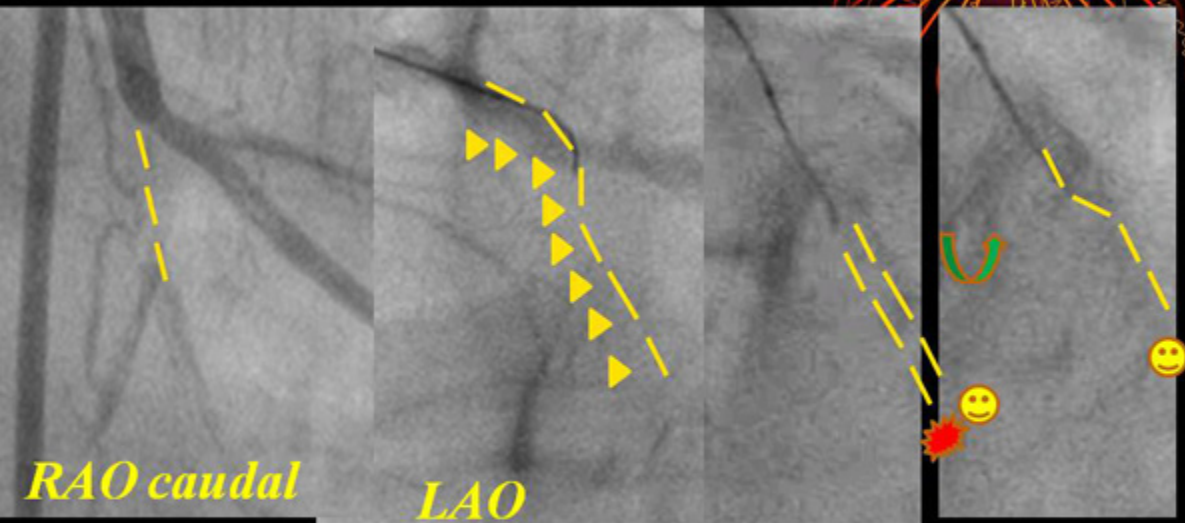
island sign



Acute angle in CTO



Acute angle in CTO on LAO view



RAO caudal

LAO

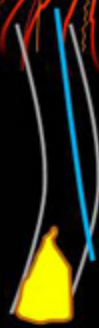
LAO

Theory of changing view angle

LAO 50



RAO 30



At first, GW looks like into true channel. But don't push it.



Rotation image 90 degree, it can see 3-D construction comparing vessel way and GW way.

Basic Technique for CTO



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Contralateral injection with microcatheter

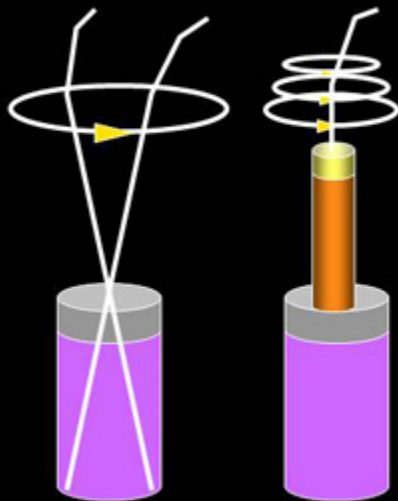


Basic Technique for CTO

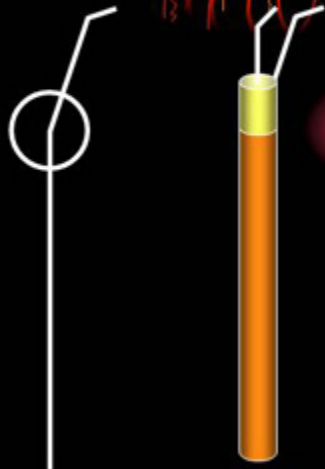


1. Reading of Angiogram
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Control guidewire movement



Support to wire manipulation



Cancel a secondary curve



Basic Technique for CTO

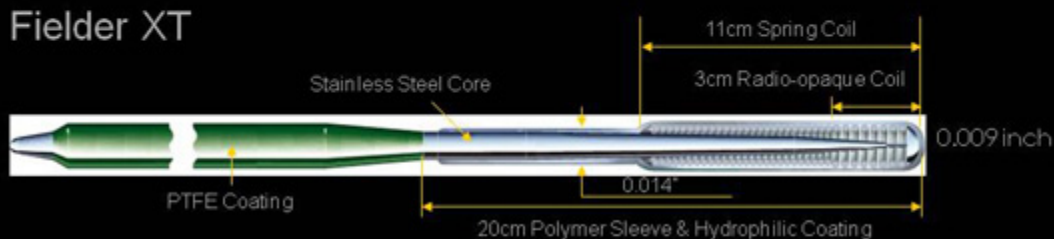


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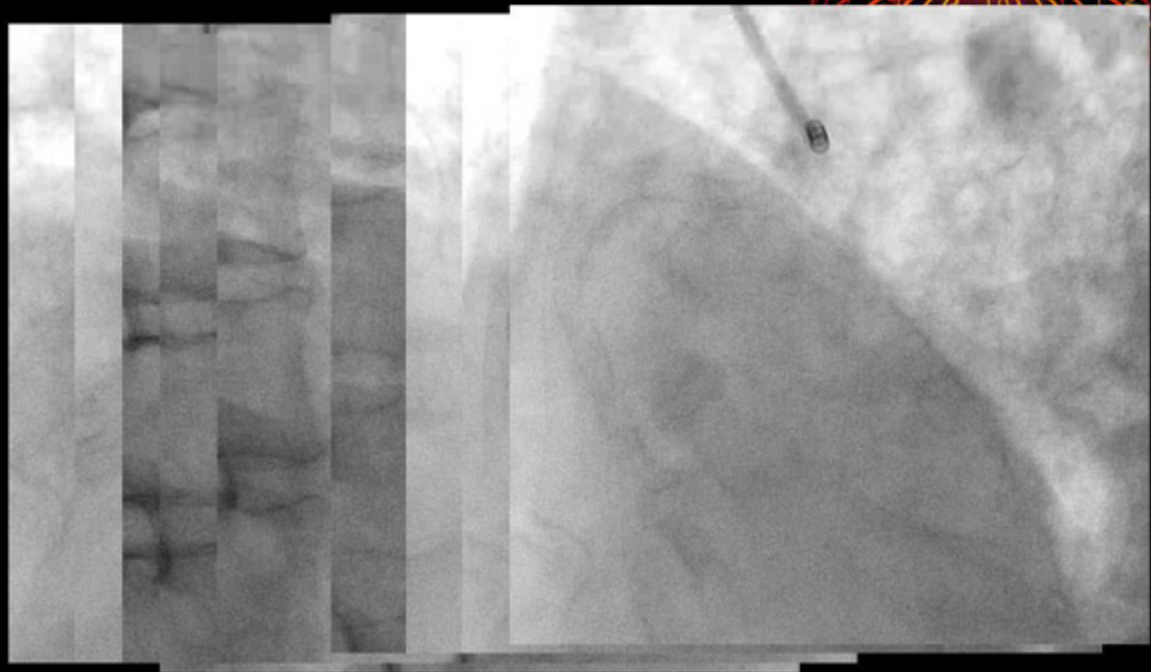
Importance of Tapering Guidewire

Most of CTO lesion has some microchannel

1st choice of CTO GW are tapering GW



Angled CTO usind Miracle GW



CONQUEST Trial Results

Primary endpoint



GW Cross (initial + Re-try) = 105

Final GW Success 90.5% (105/116)



Stop CTO-PCI

Minimized contrast side effect

- *Maximun contrast doze (MRCD)*

$$MRCD = 5 \text{ ml} \times BW \times Cr$$

- *Infusion*

- *Types of dye*

isoosmotic dye (Visipaque)

- *Technical points*

suitable angle of cine

Biplane cine

Microcatheter injection

IVUS guide

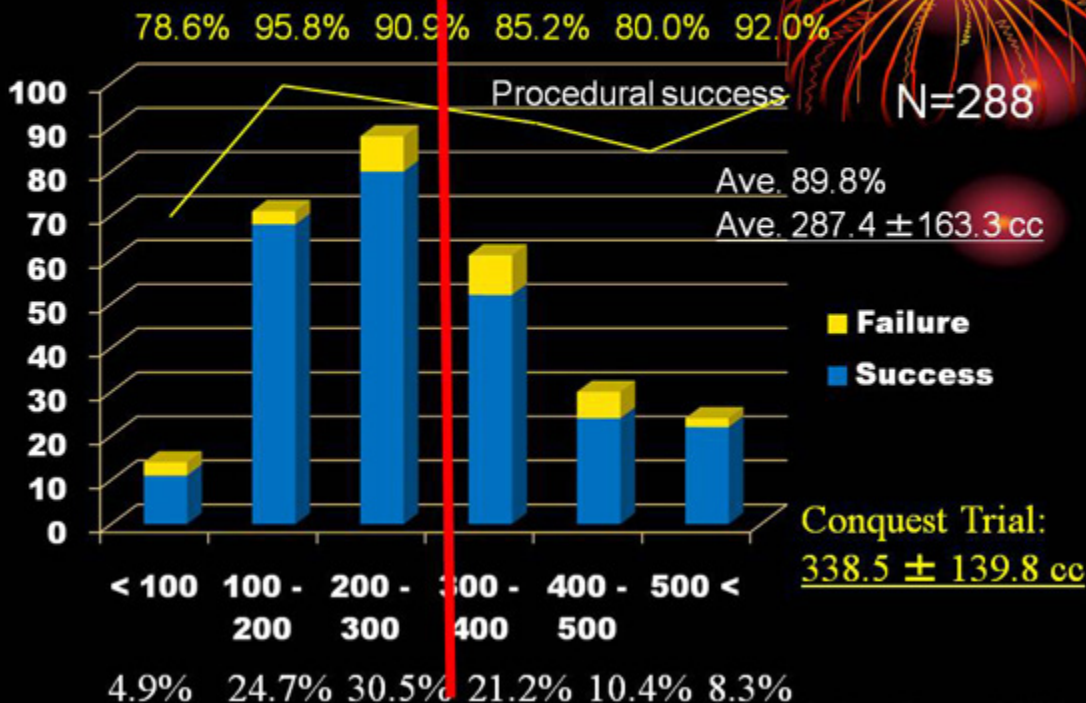


Prevention for radiation exposure

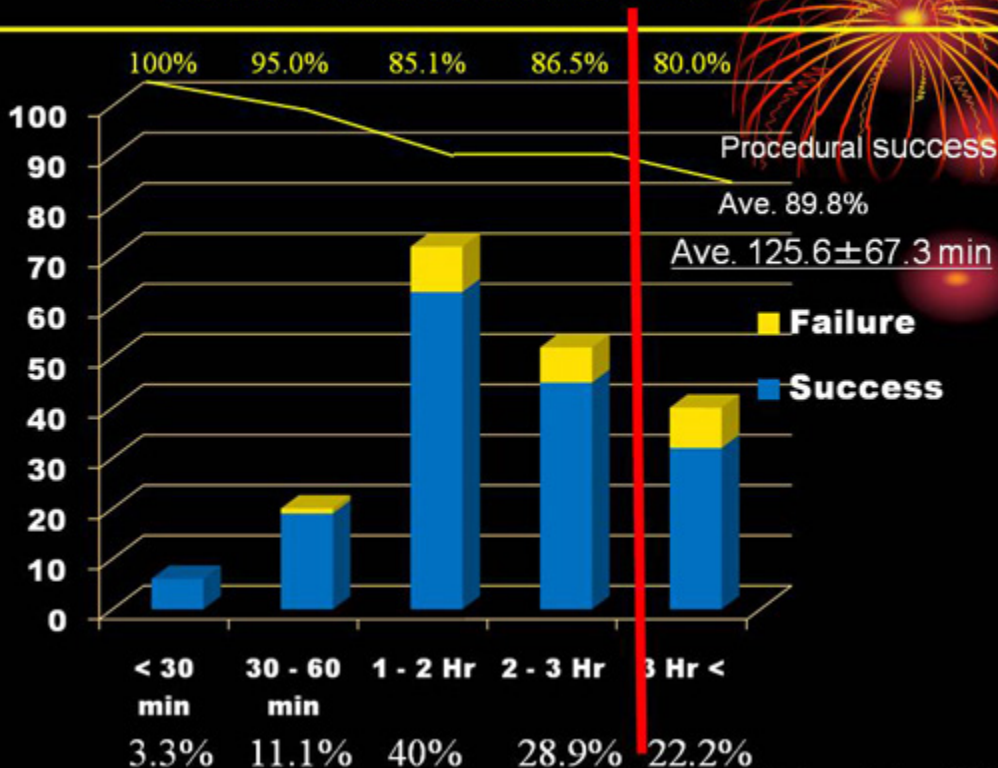
- *Proper use of filter*
- *Minimized fluo and cine angiogram*
- *Close I.I*
- *Separate X-ray tube*
- *Avoid zoom-up view*
- *Changing angle*
- *Avoid lateral and high angle view*
- *Avoid biplane cine*



Total Contrast Volume (CTO treatment only)

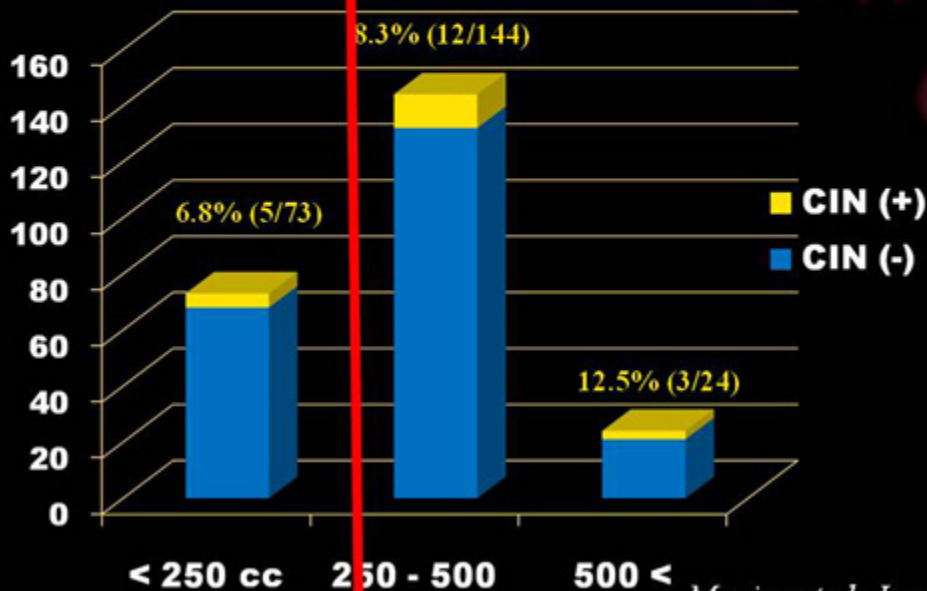


Total Procedural Time



Contrast Induced Nephropathy (CIN)

Defined as Cr \geq 0.5 mg/dl or \geq 25% increase within 48 hours



Conscious 3-3-3



- *Procedure time—3 Hr (if possible 2Hr)*
- *contrast—300ml*
- *Radiation doze—3 Gr*

Another timing of stop procedure

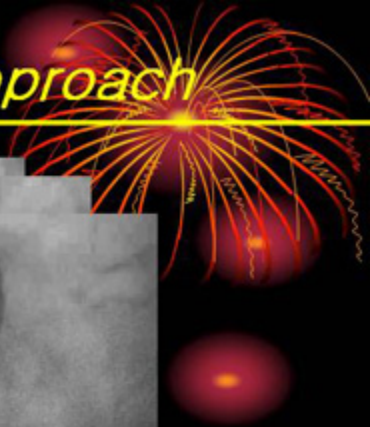
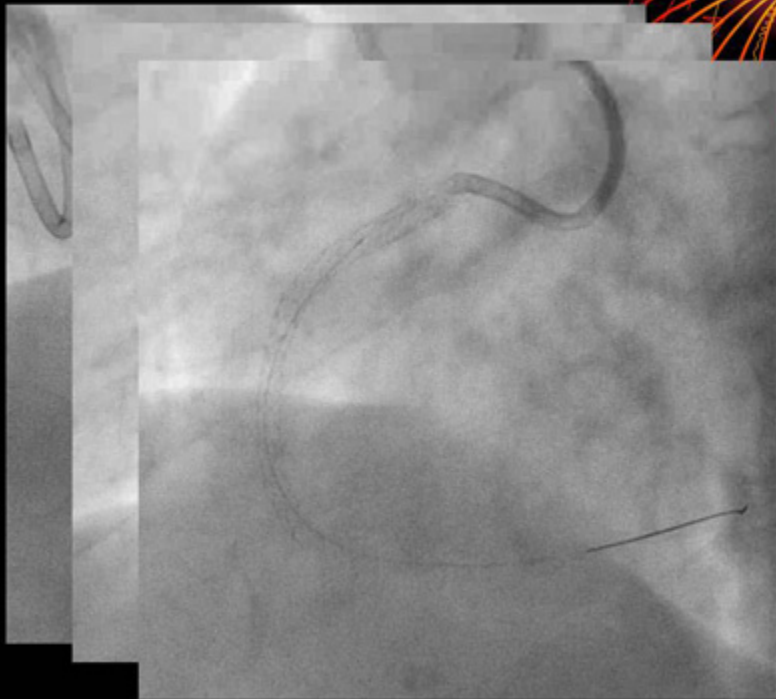
- *No advance of guidewire manipulation more than 30min.*
- *Antegrade guidewire in the false lumen*



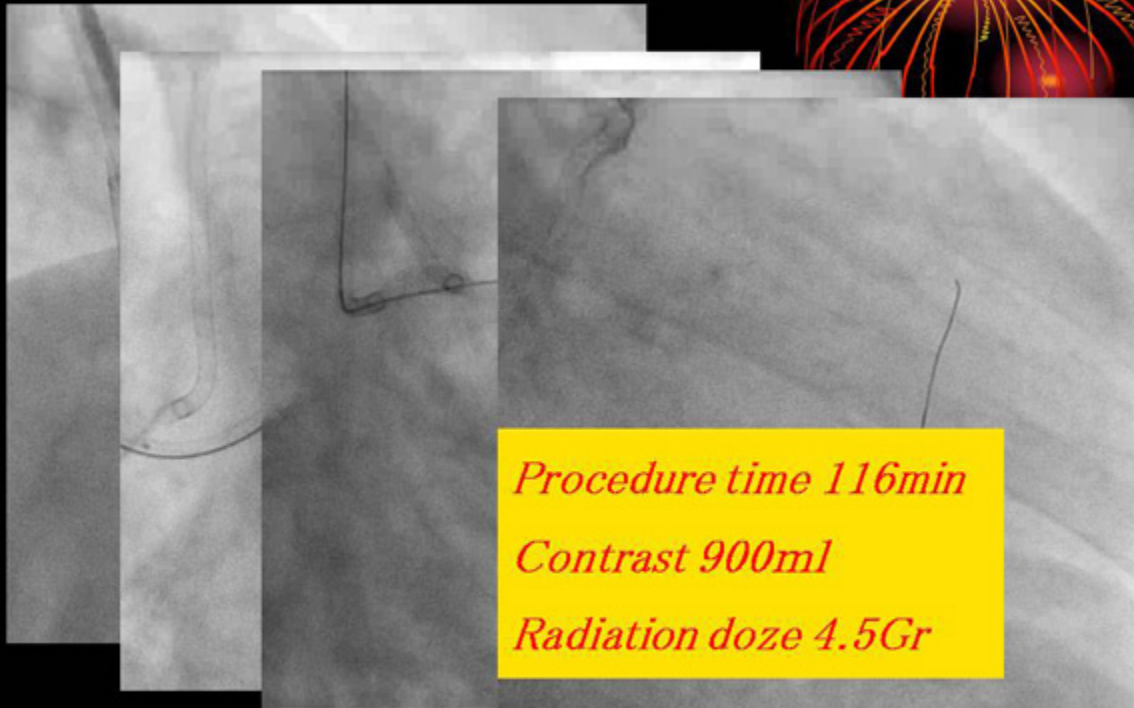
Change to Retrograde approach

Less than 30min antegrade manipulation

Staged PCI for failed 1st approach



Staged PCI for failed 1st approach

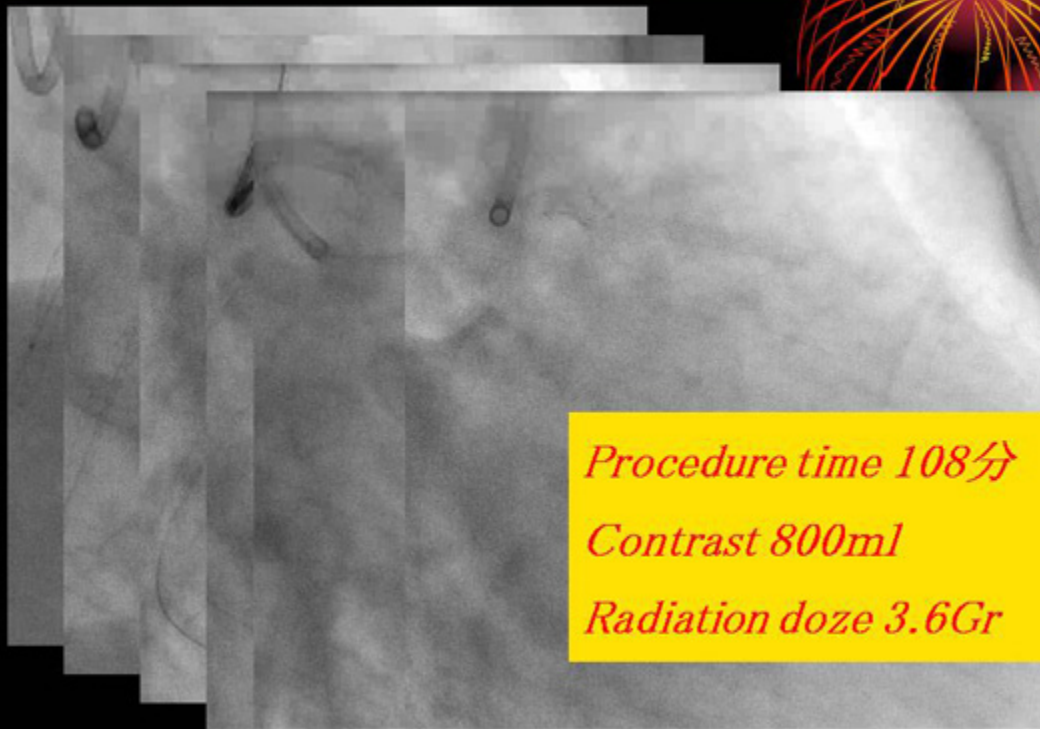


Procedure time 116min

Contrast 900ml

Radiation doze 4.5Gr

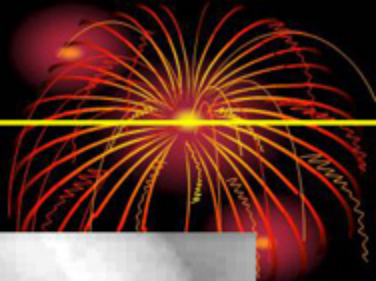
Staged PCI for LAD CTO



Procedure time 108分

Contrast 800ml

Radiation doze 3.6Gr



Take home message

- *Beginner should start 'easy CTO case'*
- *Train with expert or at high volume CTO center*
- *Learn basic CTO strategy and devices*
- *Keep mind 'triple tree'*
- *Judge stop timing of procedure*
- *Concern about next strategy*



Benefit of patients > Pride of operator

