

Short DAPT trials with Contemporary/Future DES: What Do We Expect?

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Cardiology of
Imperial College**



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**Dr. Honoris Causa in
Biomedical Engineering**



Sunday, Apr 28, 2019
3:42 PM – 3:50 PM

Short DAPT:

- **Published short DAPT studies in HBR population (DES vs. BMS)**
- **Current European Guidelines**
- Published and ongoing Short DAPT Studies
 - in HBR population
 - in all-comer/non-HBR population

Published Short DAPT studies for HBR patients

Study

Device/
drug

LEADERS FREE
N=2400



BioFreedom/
BiolimusA9

ZEUS HBR
N=828



Endeavor/
Zotarolimus

SENIOR
N=1200
(age ≥ 75)



SYNERGY/
Everolimus

LEADERS FREE II
N=1200



BioFreedom/
BiolimusA9

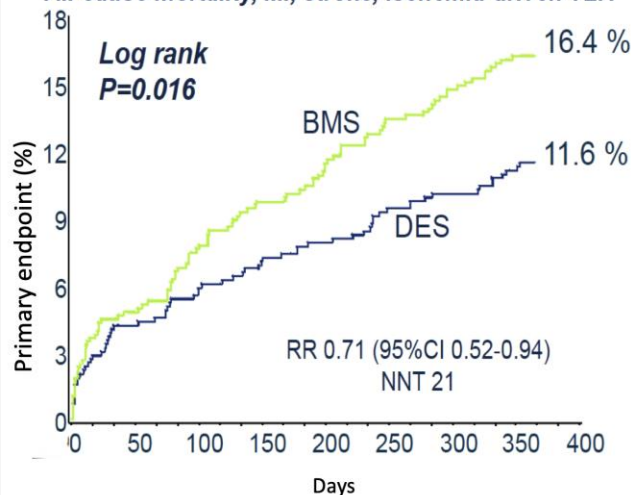
Drug-eluting stents in elderly patients with coronary artery disease (SENIOR): a randomised single-blind trial

Olivier Varenne, Stéphane Cook, Georgios Sideris, Sasko Kedev, Thomas Cuisset, Didier Carrié, Thomas Hovasse, Philippe Garot, Rami El Mahmoud, Christian Spaulding, Gérard Helft, José F Diaz Fernandez, Salvatore Brugaletta, Eduardo Pinar-Bermudez, Josepa Mauri Ferre, Philippe Commeau, Emmanuel Teiger, Kris Bogaerts, Manel Sabate, Marie-Claude Morice, Peter R Sinnaeve, for the SENIOR investigators

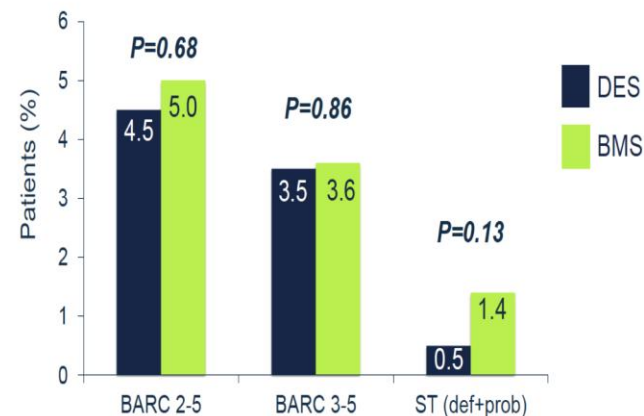
Lancet 2018; 391: 41–50

Primary End Point

All-cause mortality, MI, stroke, ischemia-driven TLR



Safety Endpoints



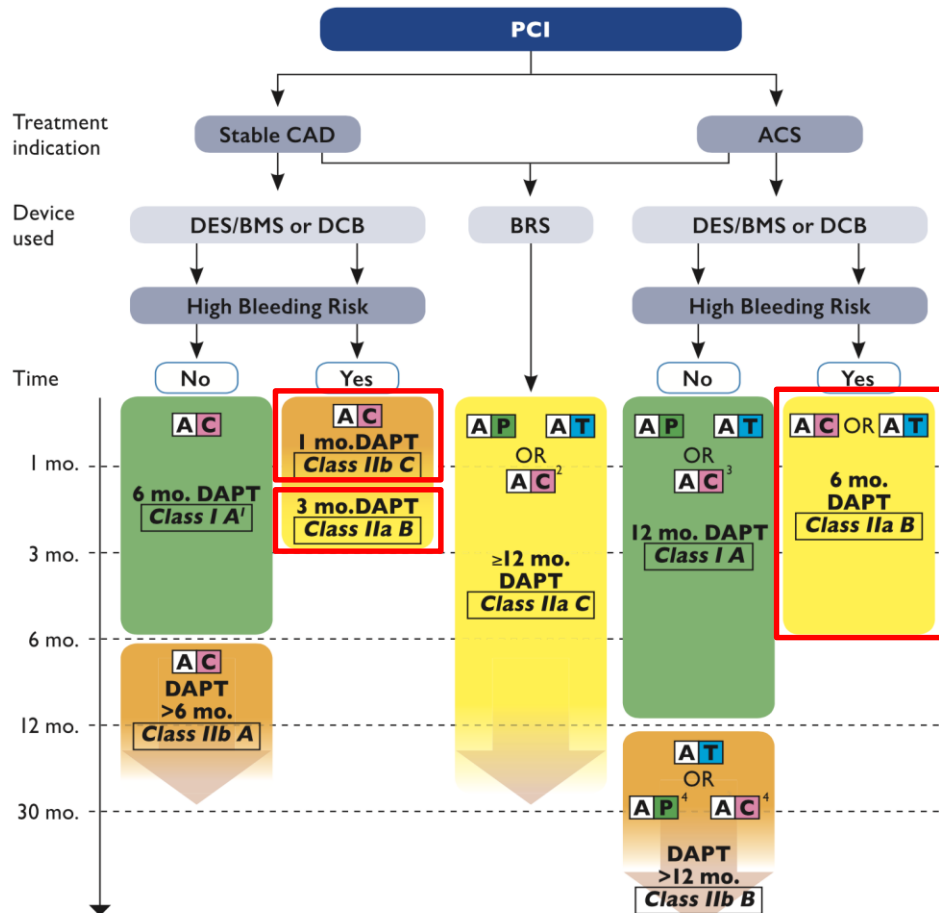
The difference was driven by ischemic driven TLR (1.7 vs. 5.9% P=0.0002)

Varenne O, Cook S, Sideris G, et al. A randomized trial of a bioresorbable polymer-based metallic DES vs BMS with short DAPT in patients with coronary artery disease older than 75 years: the SENIOR trial. Presented at: TCT 2017. November 1, 2017. Denver, CO.

Varenne O, Cook S, Sideris G, Kedev S, Cuisset T, Carrié D, et al. The Lancet Epub ahead of print.

Short DAPT in European Guidelines

2017 ESC focused update on DAPT and 2018 ESC/EACTS guideline on myocardial revascularization



Class I	Evidence and/or general agreement that a given treatment or procedure is beneficial, useful, effective.	Is recommended/is indicated
Class IIa	Weight of evidence/opinion is in favour of usefulness/efficacy.	Should be considered
Class IIb	Usefulness/efficacy is less well established by evidence/opinion.	May be considered

Recommendations on choice of stent and access site

Recommendations	Class ^a	Level ^b
DES are recommended over BMS for any PCI irrespective of: – clinical presentation – lesion type – planned non-cardiac surgery – anticipated duration of DAPT – concomitant anticoagulant therapy	I	A

100,578,579,640
be considered.

ACS

6-month DAPT

In patients with ACS and stent implantation who are at high risk of bleeding (PRECISE-DAPT ≥ 25), discontinuation of P2Y12 inhibitor therapy after 6 months should be considered.











IIa	B
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PRODIGY Meta-analysis (Palmerini et al)




Short DAPT:

- Published short DAPT studies in HBR population (DES vs. BMS)
- Current European Guidelines
- **Published and ongoing Short DAPT Studies**
 - **in HBR population**
 - in all-comer/non-HBR population

Ongoing Short DAPT studies for HBR patients

Study	Device/ drug	Polymer/ thickness	DAPT Duration	Design	Primary Endpoint
MASTER-DAPT NCT03023020 N=4300 	Ultimaster/ Sirolimus	Biodegradable/ 80µm	1 month	RCT (DAPT regimen) Short DAPT vs Guideline DAPT	NACE: Death, MI, stroke and bleeding(BARC 3or5)
COBRA REDUCE NCT02594501 N=996 	Cobra PzF/ No drug	Polyzene-F/ 71µm	2 weeks	RCT (Stent+DAPT) 2 Weeks vs.6 M (COBRA) (any DES)	Death, MI, def/ prob ST or ischemic stroke
TARGET SAFE NCT03287167 N=1700 	Firehawk/ Sirolimus	Biodegradable/ 89µm	1 month	RCT (DAPT regimen) 1M vs. 6M	NACCE: Death, MI, stroke, major bleeding
Onyx ONE NCT03344653 N=2000 	Resolute Onyx/Zotaro	Permanent/ 81µm	1 month	RCT (Stent Type) Onyx vs. BioFreedom (Both 1M)	Death,MI or def/prob ST
POEM - NCT03112707 N=1023 	SYNERGY/ Evero	Biodegradable/ 78µm	1 month	Single arm with OPC	MACE:C-death,MI or def/prob ST
EVOLVE Short DAPT NCT02605447 N=2000 	SYNERGY/ Evero	Biodegradable/ 78µm	3 months	Single arm with OPC	Death,MI or def/prob ST
XIENCE 28 NCT03355742 N=800 	Xience/ Evero	Permanent/ 81µm	1 months	Single arm with OPC	NACE: Death, MI, ST, stroke, bleeding (BARC2-5)
XIENCE 90 NCT03218787 N=2000 	Xience/ Evero	Permanent/ 81µm	3 months	Single arm with OPC	Death or MI
Onyx ONE Clear NCT03647475 N=800 	Resolute Onyx/Zotaro	Permanent/ 81µm	1 month	Single arm with OPC	Death or MI
LEADERS FREE III NCT03118895 N=370 	BioFreedom (CoCr)/ BiolimusA9	Free/ 84-88µm	1 month	Single arm with OPC BioFreedom arm in LEADERS FREE (1 month)	MACE: C-death, MI, def/prob ST

Ongoing Short DAPT studies for HBR patients

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4 RCTs and 6 single arm studies with OPC are ongoing.

All trials mandate to use specific type of latest DES.

XIENCE 28 NCT03355742 N=800 	Xience/ Evero	Permanent/ 81µm	1 months	Single arm with OPC	NACE: Death, MI, ST, stroke, bleeding (BARC2-5)
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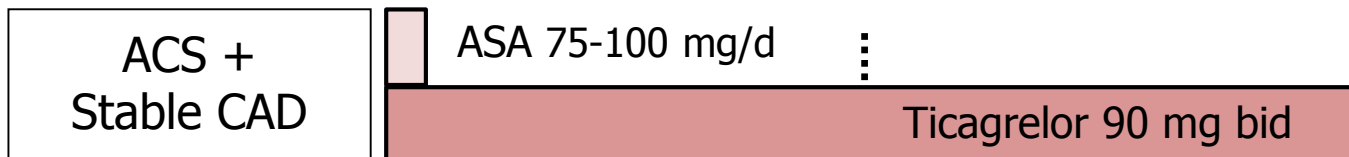
Ticagrelor plus aspirin for 1 month, followed by ticagrelor monotherapy for 23 months vs aspirin plus clopidogrel or ticagrelor for 12 months, followed by aspirin monotherapy for 12 months after implantation of a drug-eluting stent: a multicentre, open-label, randomised superiority trial.

Vranckx P, Valgimigli M, Serruys PW, Windecker S, Lancet. 2018 Sep 15;392(10151):940-949.



15,991 pts randomized

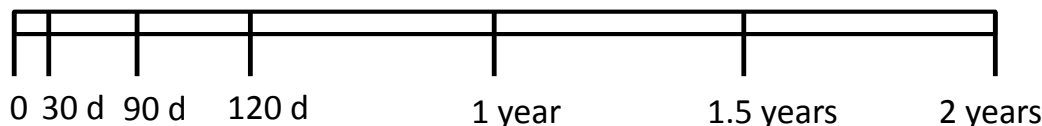
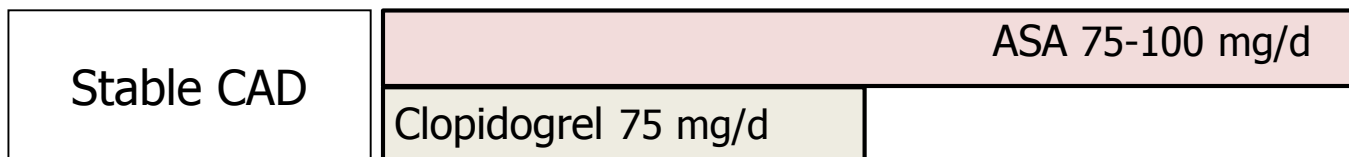
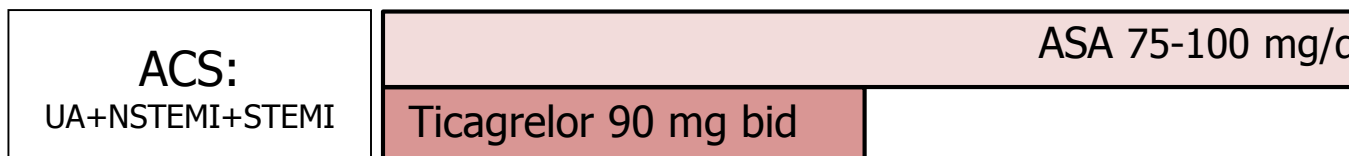
Experimental strategy



Reference strategy

Reduction in bleeding

Ticagrelor monotherapy better than ASA



ECG discharge

ECG 90D

ECG 2Y

"All-comers" PCI population
N = 15,991
1:1 Randomisation, open-label design, 130 centers worldwide

- Any type of lesions: Left main, SVG, CTO bifurcation, ISR, etc.
- Unrestricted use of DES (number, length)

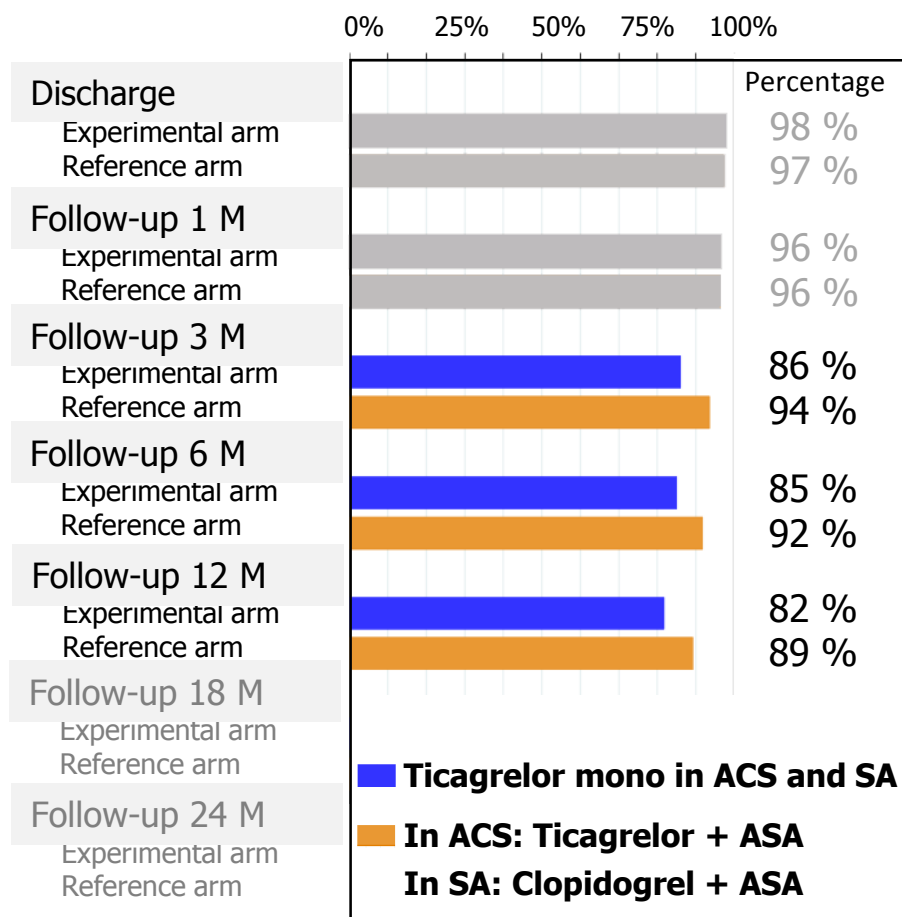
Bivalirudin-supported
BioMatrix DES by default

Ticagrelor plus aspirin for 1 month, followed by ticagrelor monotherapy for 23 months vs aspirin plus clopidogrel or ticagrelor for 12 months, followed by aspirin monotherapy for 12 months after implantation of a drug-eluting stent: a multicentre, open-label, randomised superiority trial.

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Adherence to treatment strategies



Primary and secondary outcomes at 12 months (Intention to treat)

	Experimental group	Reference group	Risk Ratio (95% CI)	p-value
Number of pts.	N=7980	N=7988		
All-cause mortality or new Q-wave MI*	1.95 % , (156)	2.47 % , (197)	0.79 (0.64-0.98)	0.028
All-cause mortality	1.35 % (108)	1.64 % (131)	0.82 (0.64-1.06)	0.138
New Q-wave MI	0.60 % (48)	0.86 % (69)	0.70 (0.48-1.00)	0.052

*Mantel-Cox method based on time of death or diagnosis of new Q wave MI

**Mantel-Cox log-rank method for secondary safety endpoints

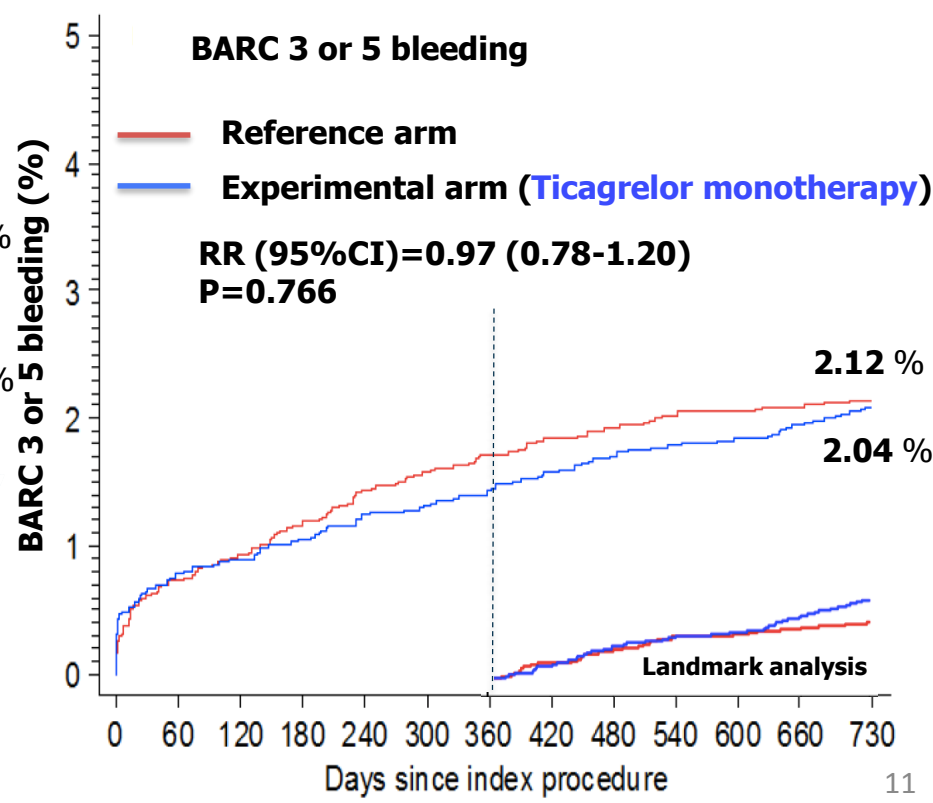
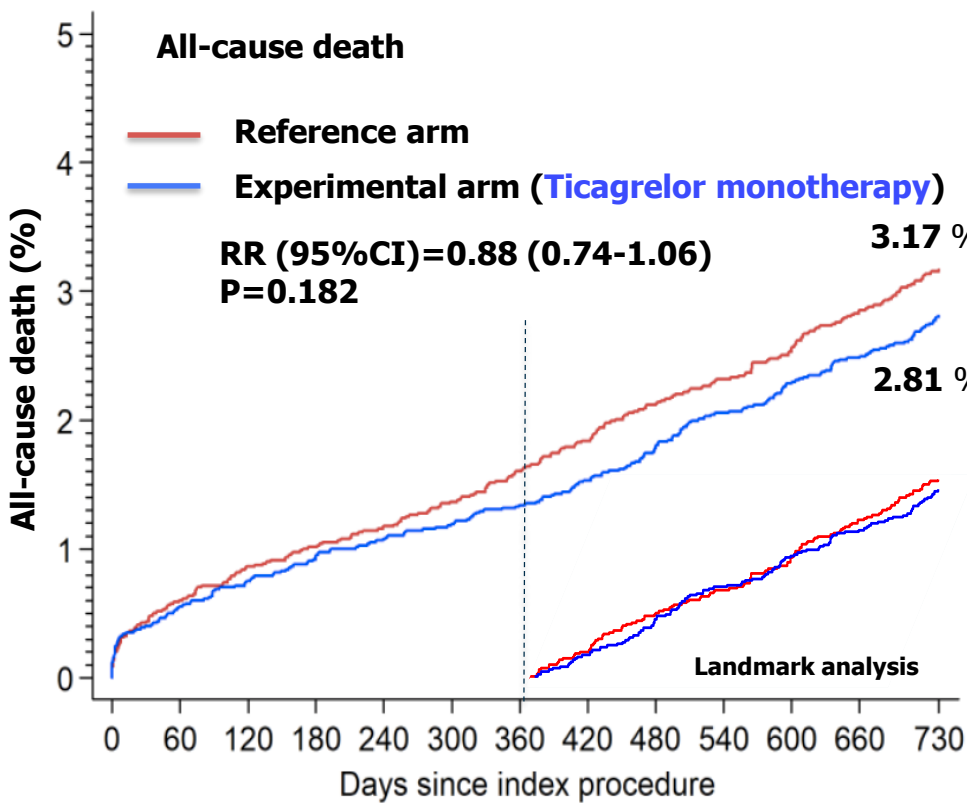
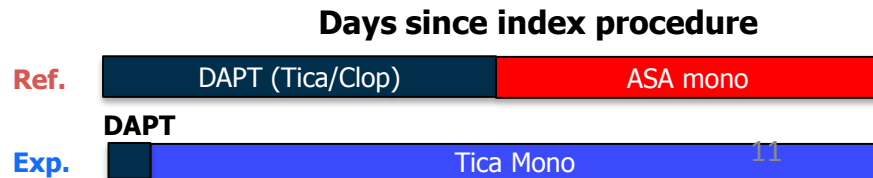
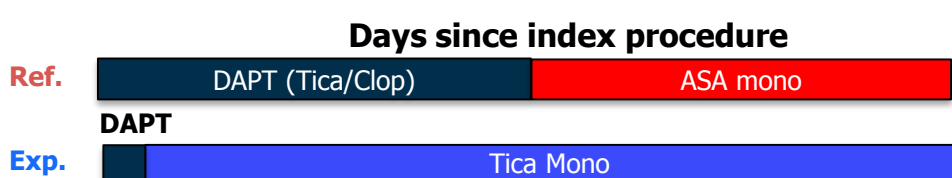
Ticagrelor plus aspirin for 1 month, followed by ticagrelor monotherapy for 23 months vs aspirin plus clopidogrel or ticagrelor for 12 months, followed by aspirin monotherapy for 12 months after implantation of a drug-eluting stent: a multicentre, open-label, randomised superiority trial.

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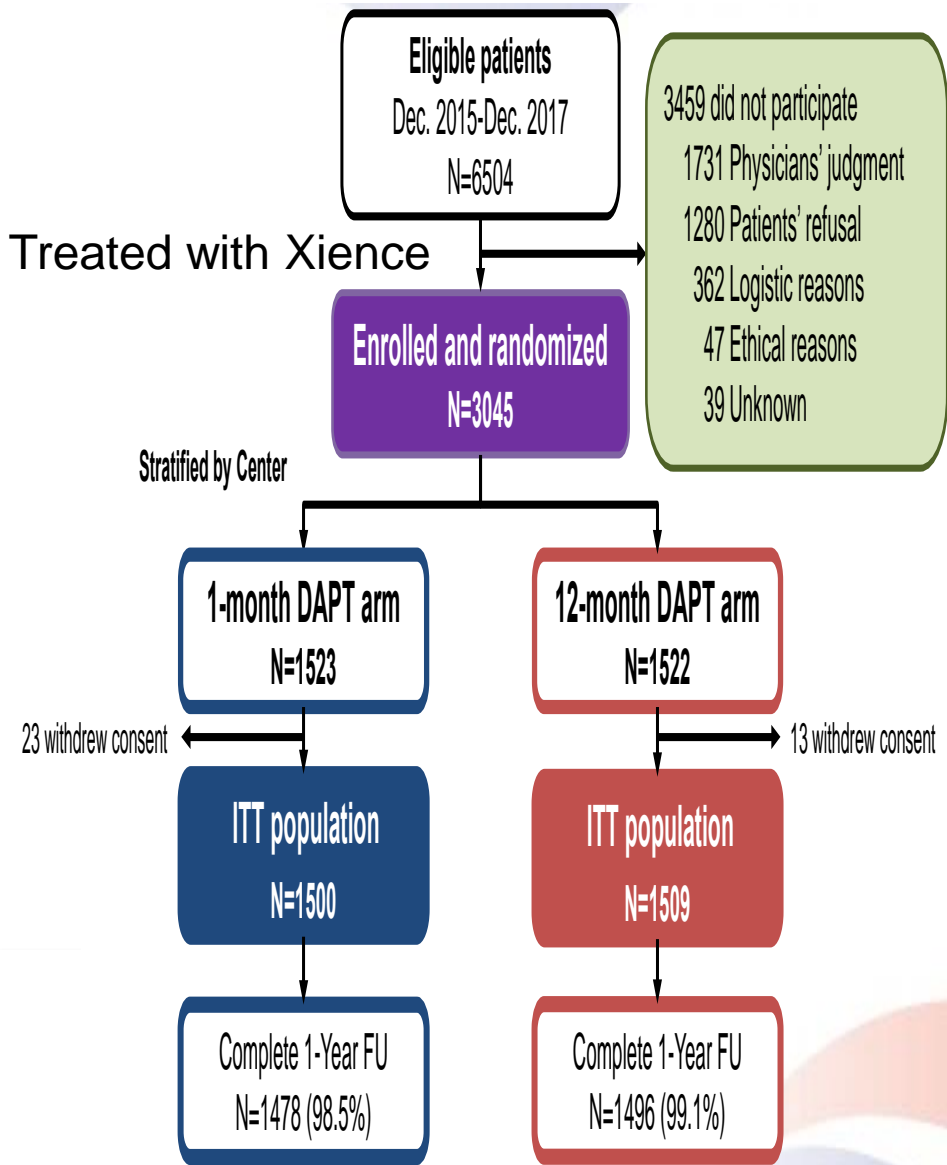


"All-comers" PCI population **N = 15,991**

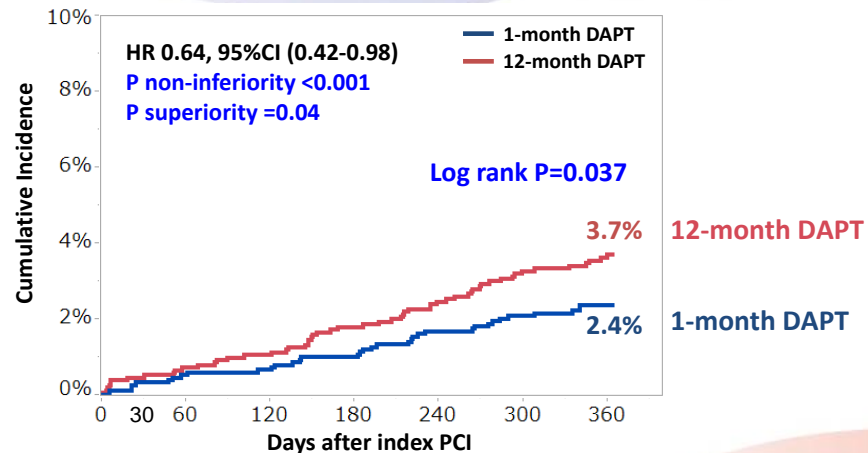
1:1 Randomisation, open-label design,
BioMatrix DES by default, Unrestricted use of DES (number, length)



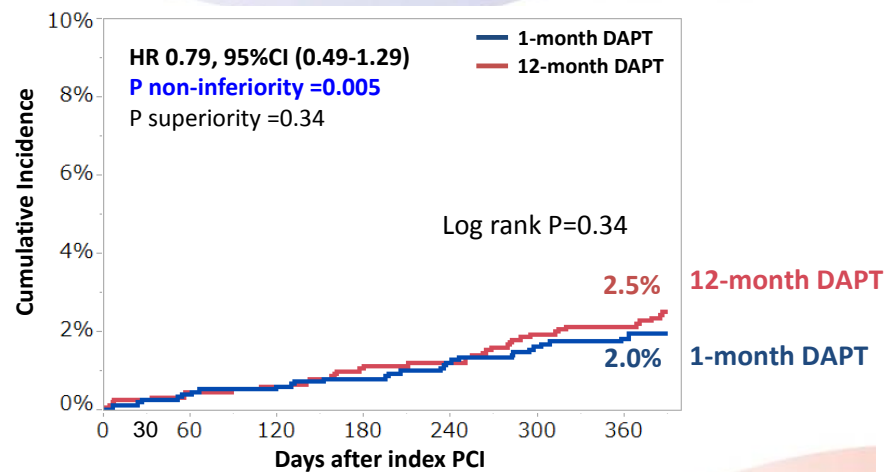
STOPDAPT-2



Primary Endpoint: Net clinical benefit CV death/MI/ST/Stroke/TIMI major/minor bleeding



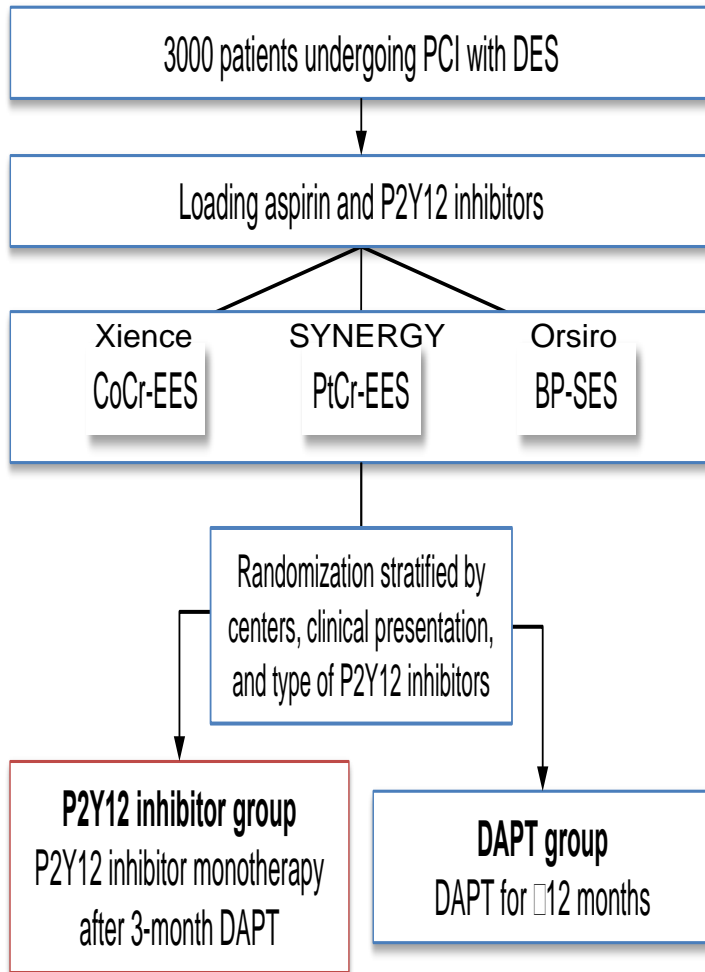
Major secondary ischemic endpoint CV death/MI/ST/Stroke



SMART-CHOICE



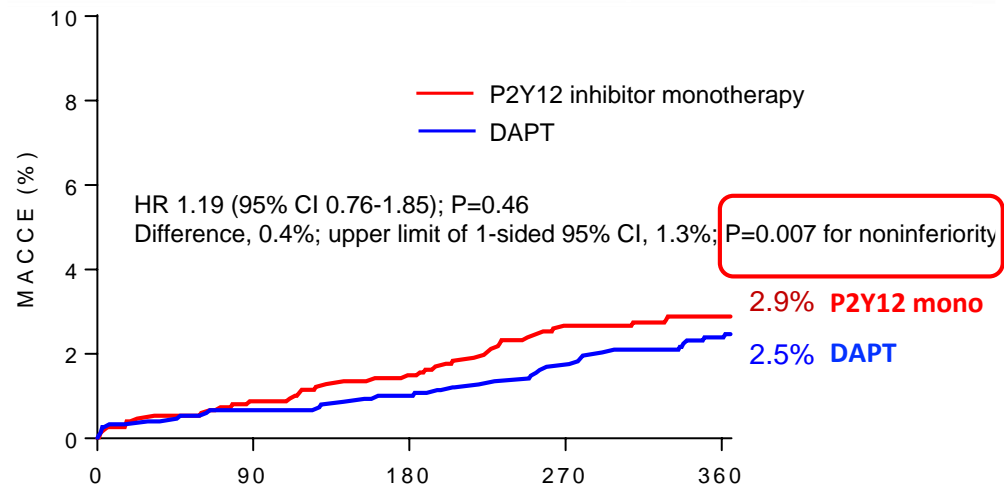
A prospective, multicenter, randomized, open-label, noninferiority trial



Primary endpoint: 12-month MACCE

MACCE at 1Y

All-cause death, MI, and stroke










Bleeding BARC type 2-5 at 1Y

2.0% vs 3.4%

HR 0.58 (95%: 0.36-0.92), p=0.02

Ongoing Short DAPT studies for all-comers/ non-HBR

Study	Device/	Population/N	DAPT Duration	Control arm	Primary Endpoint
Followed by P2Y12 inhibitor monotherapy					
TWILIGHT NCT02270242 	Any approved DES	High risk PCI 9000	3-M DAPT followed by 12-M Tica mono	15-M DAPT (ASA+Tica)	Bleeding episode at 15 months defined as BARC 2, 3 or 5 bleeding
TICO NCT02494895 	Orsiro 60µm	ACS 3056	3-M DAPT followed by 9-M Tica mono	12-M DAPT (ASA+Tica)	MACCE
MODEL U-SES NCT02837003 	Ultimaster 80µm	All-comers 1500	3-M DAPT followed by any mono (ASA or P2Y12)	Historical control	Death or MI
ASET NCT03469856  	SYNERGY 78µm	Low risk CAD 200	3M prasugrel mono without ASA	Single arm	Composite of C-death, TV-MI, def ST
ISAR DAPT NCT02609698 	Coroflex ISAR 55-67µm	Low risk CAD 906	3 months	6 months	MACE (C-death, MI, TLR)
HOST-IDEA NCT02601157 	Orsiro vs Coroflex ISAR	Stable CAD 2152	3 months	12 months	NACCE (C-death, TV-MI, CD-TLR, def/prob ST, major bleeding)

Ongoing Short DAPT studies for all-comers/ non-HBR


Study	Device/	Population/N	DAPT Duration	Control arm	Primary Endpoint
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Followed by P2Y12 inhibitor monotherapy

5 RCTs and 1 single arm study are ongoing.

Majority of trials are implementing P2Y12 inhibitor monotherapy following short DAPT.

5 trials mandate to use specific types of latest DES including 2 ultra-thin strut DES .

HOST-IDEA
NCT02601157 

Orsiro vs
Coroflex
ISAR








Stable CAD
2152

3 months

12 months

NACCE (C-death, TV-MI,
CD-TLR, def/prob ST, major
bleeding)

Ongoing Short DAPT studies for all-comers/ non-HBR

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MODEL U-SES NCT02837003 	Ultimaster 80µm	All-comers 1500	3-M DAPT followed by any mono (ASA or P2Y12)	Historical control	Death or MI
NO DAPT trial					
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HOST-IDEA NCT02601157 	Orsiro vs Coroflex ISAR	Stable CAD 2152	3 months	12 months	NACCE (C-death, TV-MI, CD-TLR, def/prob ST, major bleeding)

ASET (Acetylsalicylic acid eliminate trial): Trial Schema

Chairman: Patrick W. Serruys, PI: Pedro Lemos

Patients with chronic stable angina or stabilized ACS
(normal biomarkers) and SYNTAX score <23

Loading with DAPT standard of care (if not on long-term therapy) at
least 2 hours prior to catheterization or PCI

Optimal result with PCI with **SYNERGY™ stents**
(Based on clinical, angiographic and/or intracoronary imaging findings)

Yes

Loading **Prasugrel** during/post PCI

ASA discontinued on the day after PCI, **Prasugrel monotherapy**
for **3 months**, ASA monotherapy thereafter

3 months reporting of the Primary Endpoint

Additional 1 month observational period (4 months follow-up)
after discontinuation of the drug

No

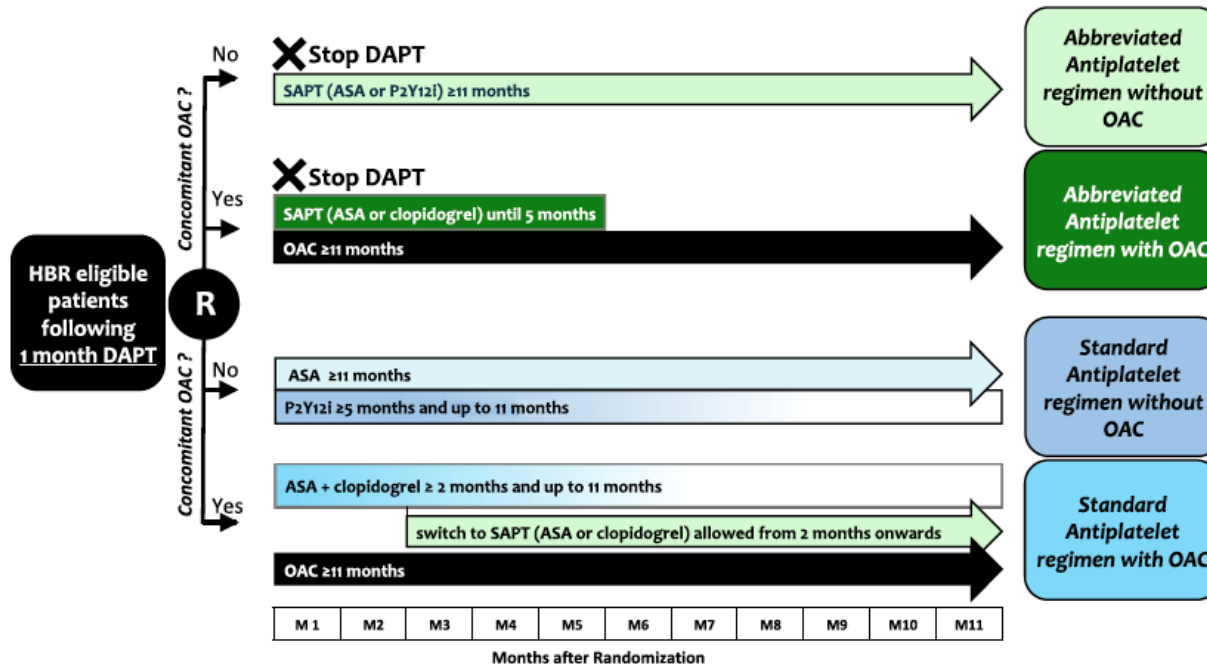
Conventional DAPT according to
institutional protocol

Conclusion

- Many trials to evaluate short DAPT ($\leq 3M$) in HBR compare either DAPT regimens, stent types or combination of both.
- In all-comer/ non-HBR population, many trials are implementing P2Y12 mono-therapy following short DAPT (1 or 3M).
- In the Global Leaders trial, 1-month DAPT followed by 23-m ticagrelor monotherapy did not show superiority to 12-month DAPT in all-comers population. However, currently reported two RCTs showed that one- or three-month DAPT followed by P2Y12 inhibitor monotherapy was superior for bleeding and non-inferiority for composite ischemic endpoint to 12-month DAPT at one-year follow-up.
- Majority of ongoing short DAPT trials mandate to use specific type of latest generation DES.
- One “No DAPT” trial is ongoing.

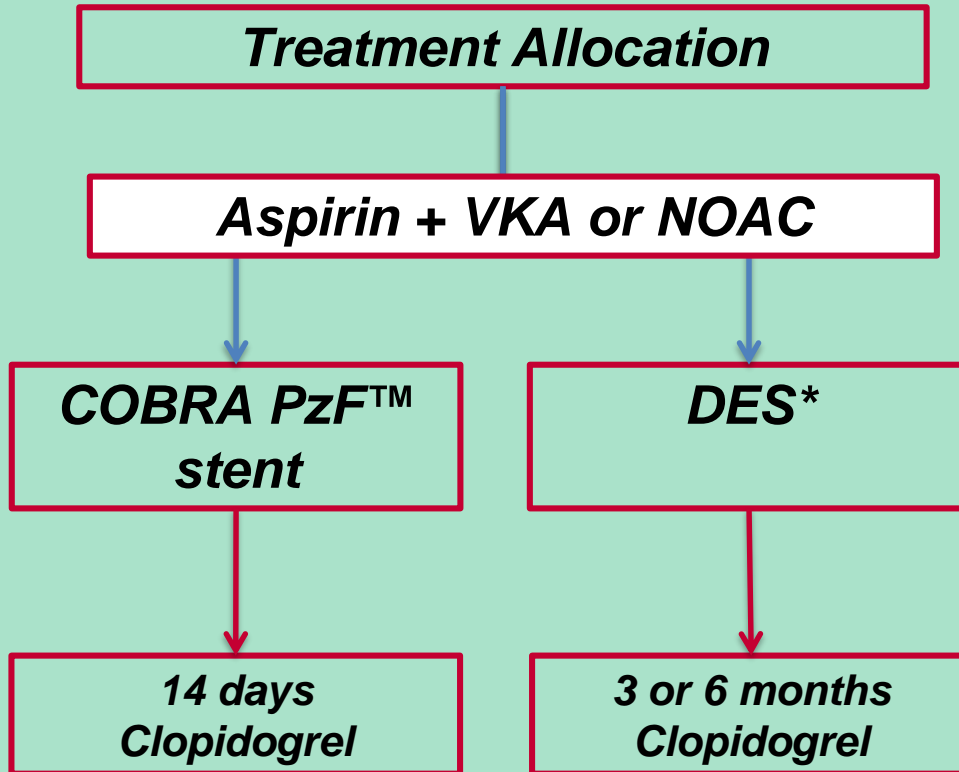
Design and rationale of the Management of High Bleeding Risk Patients Post Bioresorbable Polymer Coated Stent Implantation With an Abbreviated Versus Standard DAPT Regimen (MASTER DAPT) Study

4,300 HBR patients recruited from ≥100 interventional cardiology



Treatment in the experimental and control arm. In patients randomized to an abbreviated antiplatelet regimen without OAC, a single antiplatelet agent (SAPT; either ASA or P2Y12i) is continued until 11 months postrandomization. In patients requiring OAC, an SAPT (either ASA or clopidogrel) is continued until 5 months postrandomization, and OAC is prescribed until at least 11 months postrandomization. In patients randomized to a standard antiplatelet regimen without OAC, aspirin is continued until at least 11 months postrandomization. The P2Y12 inhibitor being taken at the time of randomization is continued for at least 5 months postrandomization and up to 11 months postrandomization. In patients requiring OAC, aspirin and clopidogrel are continued for at 2 months after randomization and up to 11 months postrandomization. Thereafter, a single antiplatelet (SAPT; either aspirin or clopidogrel) is continued up to 11 months post randomization. OAC is continued until at least 11 months postrandomization.

COBRA REDUCE Trial: Trial design



Principal Investigator

- Prof. Adnan Kastrati, DE
- Dr. Robert Byrne, DE

Primary endpoint

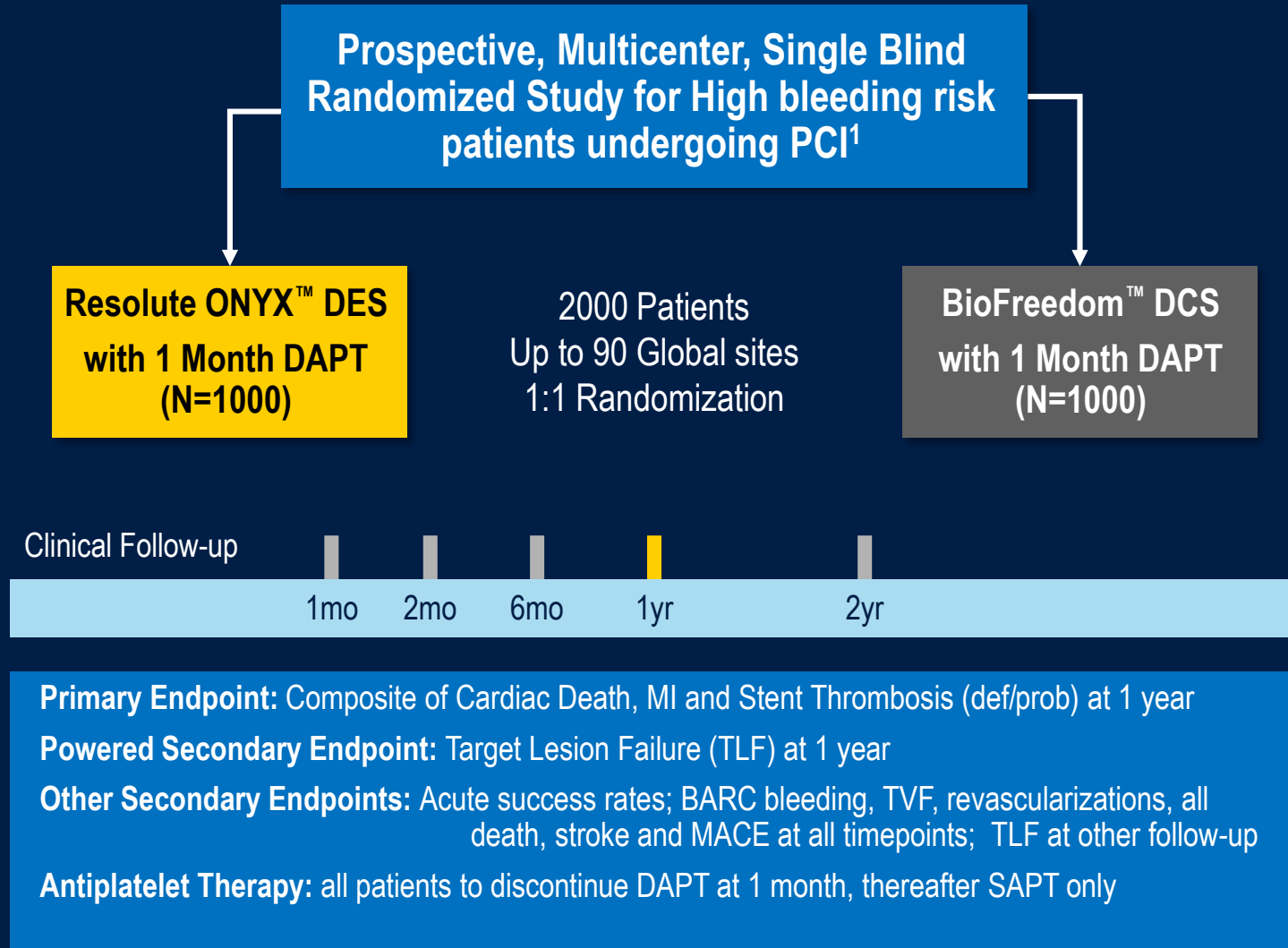
- *BARC ≥ 2 bleeding event at 6 months (Superiority)*
- *Composite of all-cause death, myocardial infarction, definite or probable stent thrombosis, or ischemic stroke at 6 months (Non-inferiority)*

* FDA-approved second generation DES (Xience, Promus, Synergy or Resolute)

Onyx ONE Global RCT Study

Short Term (1 Month) DAPT

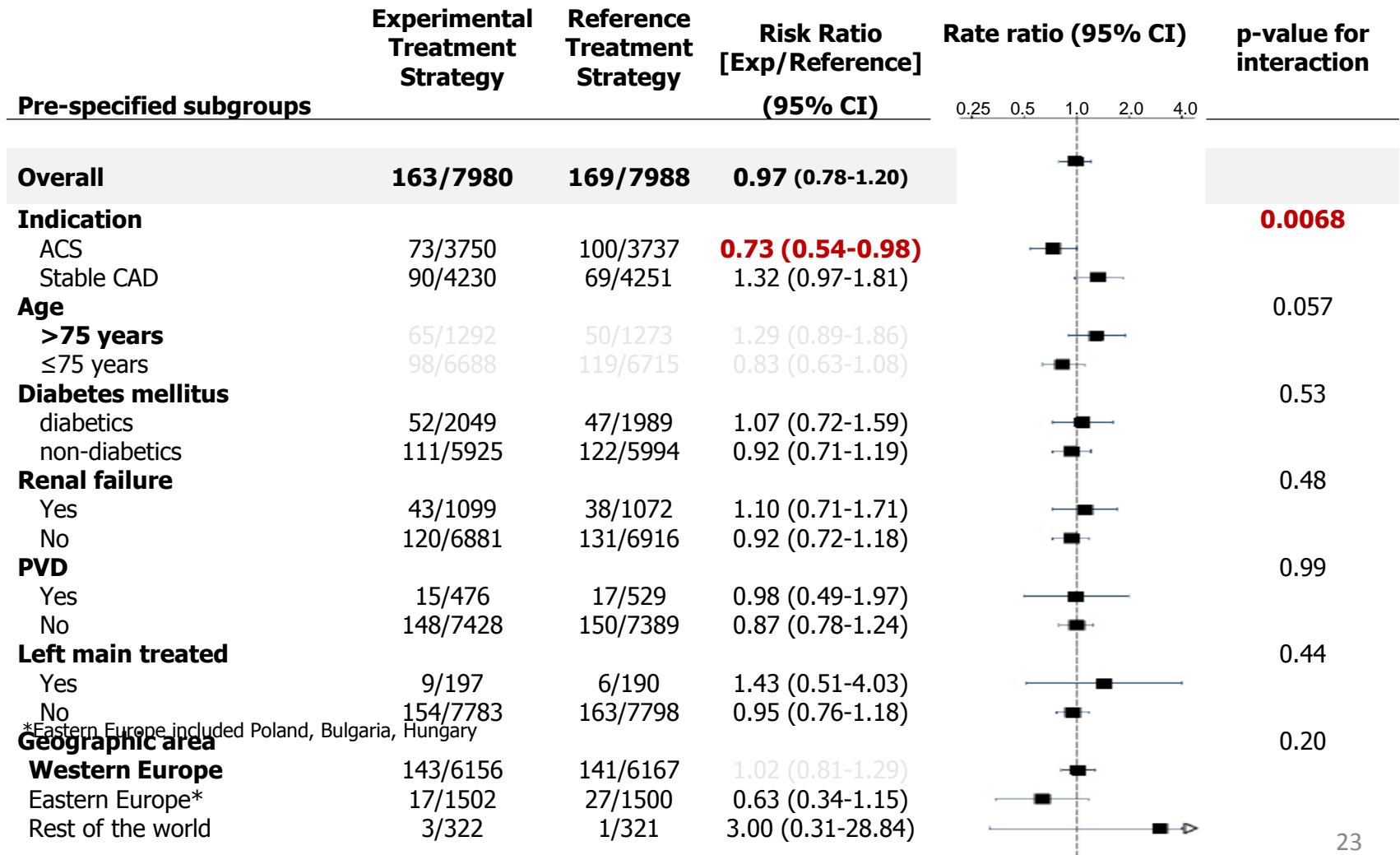
Leading Investigator: Prof. Stephan Windecker
Co-Investigators: Elvin Kedhi & Azeem Latib



¹ CAD patients (ACS + stable angina) undergoing PCI who are at increased risk of bleeding or in whom DAPT >1 month is undesirable, see inclusion criteria for HBR definition.

BACKUP

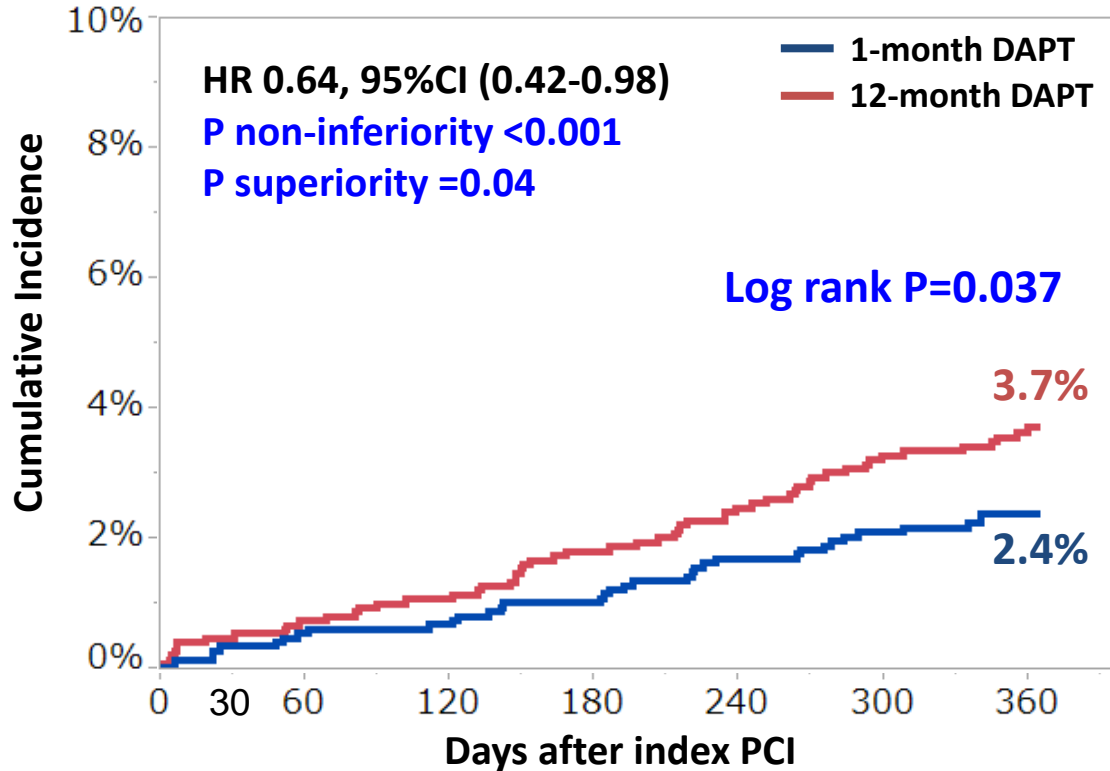
Predefined subgroup analysis of the key secondary safety endpoint of BARC 3 or 5 bleeding



*Eastern Europe included Poland, Bulgaria, Hungary

Primary Endpoint: Net clinical benefit

CV death/MI/ST/Stroke/TIMI major/minor bleeding



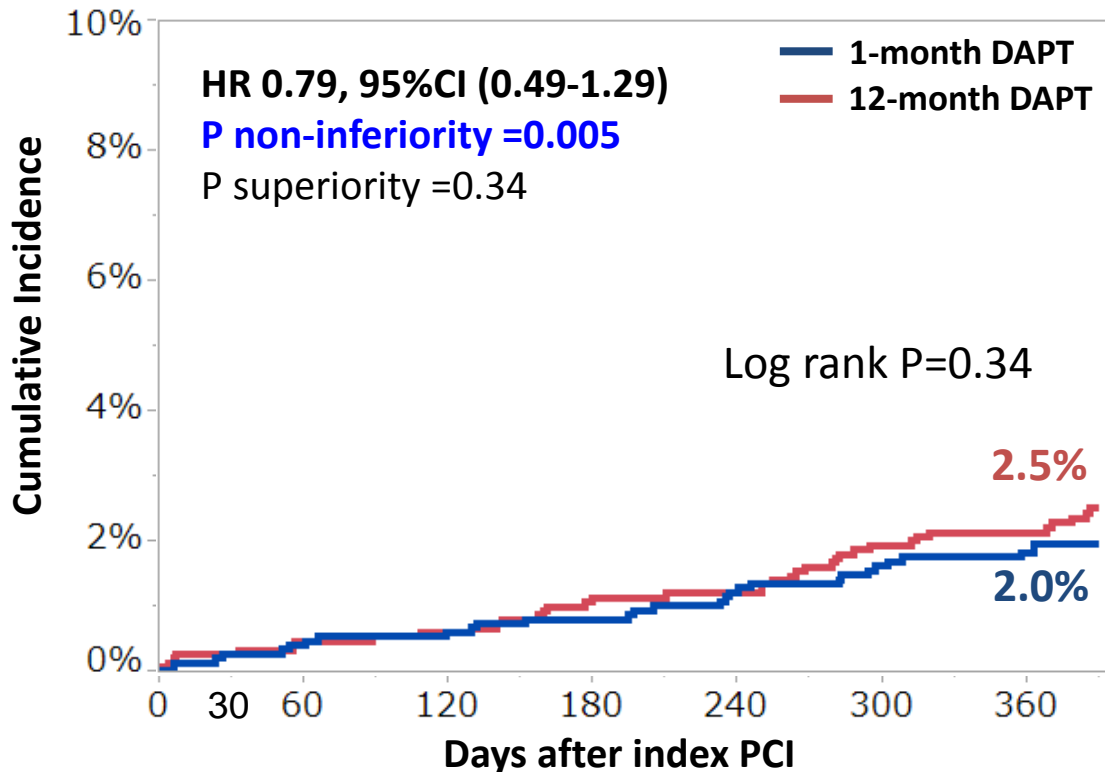
No. at risk

12-month DAPT

1-month DAPT

1509	1501	1486	1481	1469	1458	1442	1159
1500	1494	1479	1475	1468	1453	1441	1151

Major secondary ischemic endpoint CV death/MI/ST/Stroke



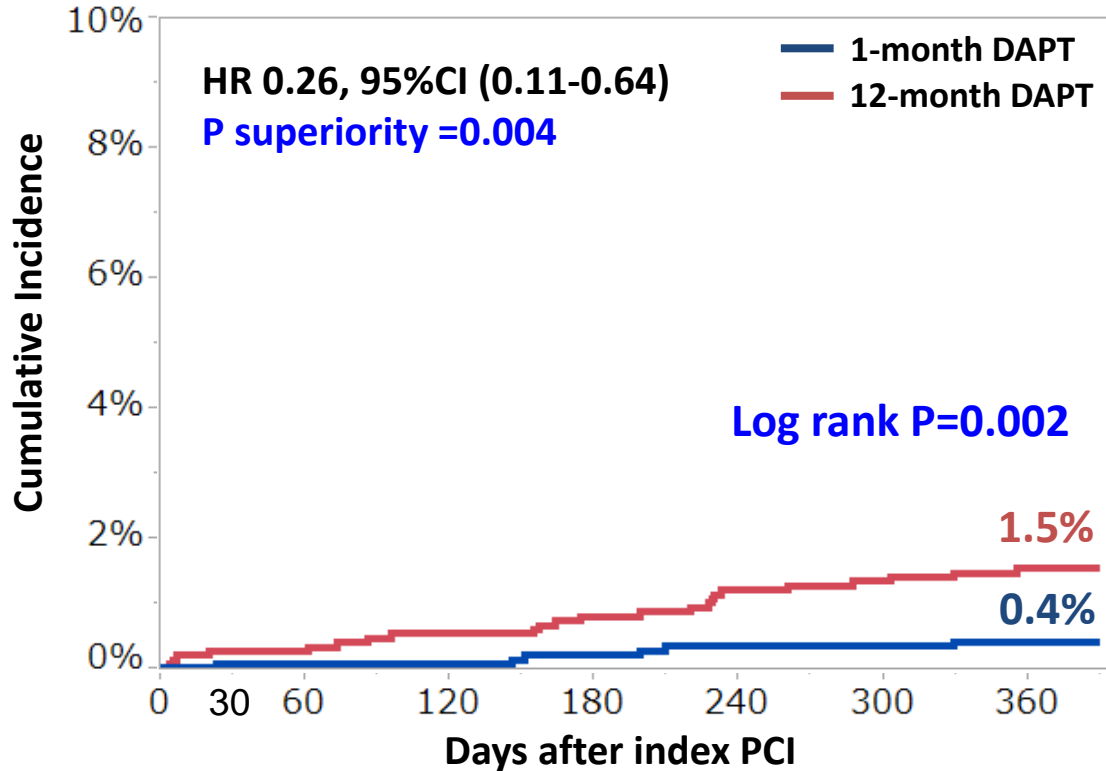
No. at risk

12-month DAPT

1-month DAPT

1509	1504	1490	1488	1479	1473	1458	1172
1500	1495	1480	1476	1471	1458	1446	1157

Major secondary bleeding endpoint TIMI major/minor bleeding



No. at risk

12-month DAPT

1-month DAPT

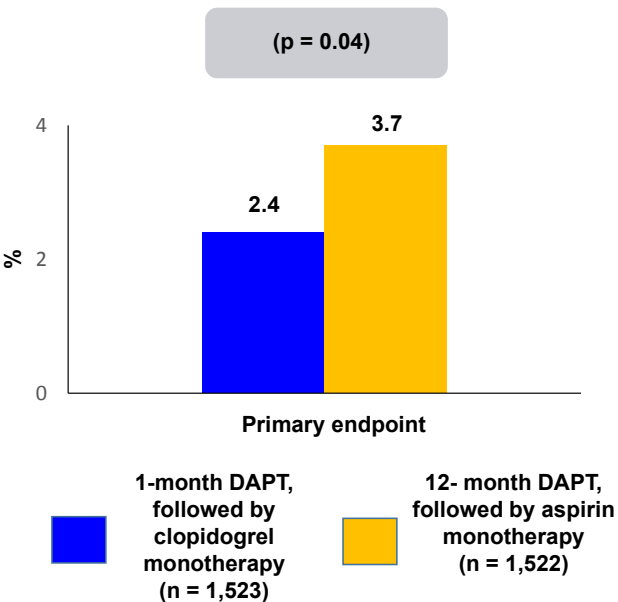
1509	1504	1491	1487	1480	1471	1462	1180
1500	1495	1483	1481	1477	1467	1457	1166

STOPDAPT-2

#ACC19



Trial Description: Patients undergoing PCI were randomized to 1 month of DAPT followed by clopidogrel monotherapy for 5 years versus 12 months of DAPT followed by aspirin monotherapy for 5 years.



RESULTS

- Primary outcome, death, MI, stent thrombosis, stroke, TIMI major/minor bleeding at 1 year: 2.4% of 1-month DAPT group compared with 3.7% of 12-month DAPT group (p for superiority = 0.04)
- Death, MI, stent thrombosis, or stroke at 1 year: 2.0% of 1-month DAPT group compared with 2.5% of 12-month DAPT group (p for noninferiority = 0.005)

CONCLUSIONS

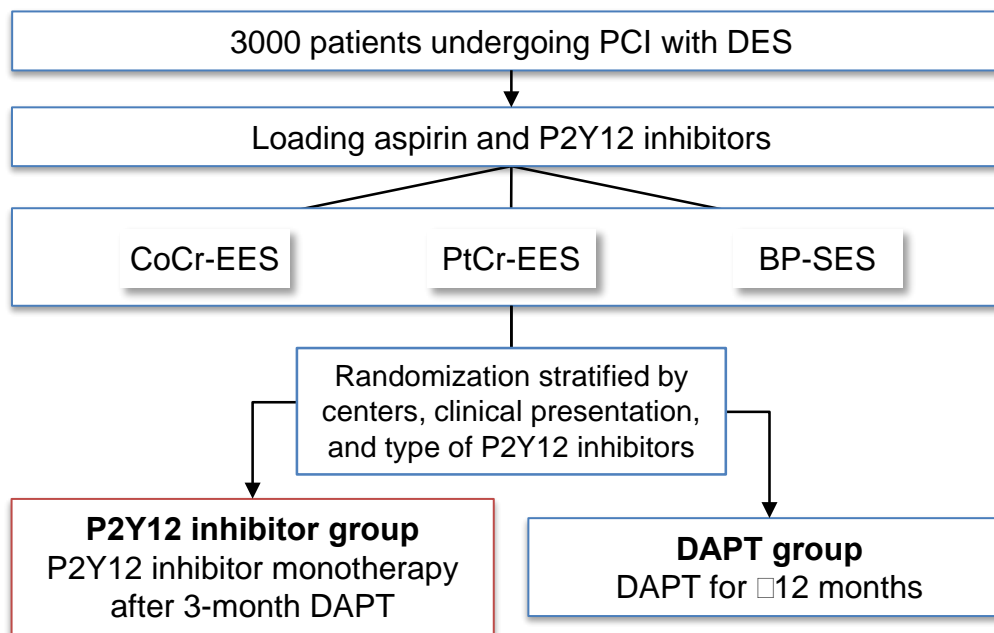
- Among patients undergoing PCI for stable and unstable cardiovascular disease, 1-month DAPT followed by clopidogrel monotherapy was superior to 12-month DAPT followed by aspirin monotherapy at preventing net adverse clinical events
- 1-month DAPT was noninferior to 12-month DAPT at preventing major adverse ischemic events

Presented by Dr. Hirotoishi Watanabe at ACC 2019



Study design

A prospective, multicenter, randomized, open-label, noninferiority trial



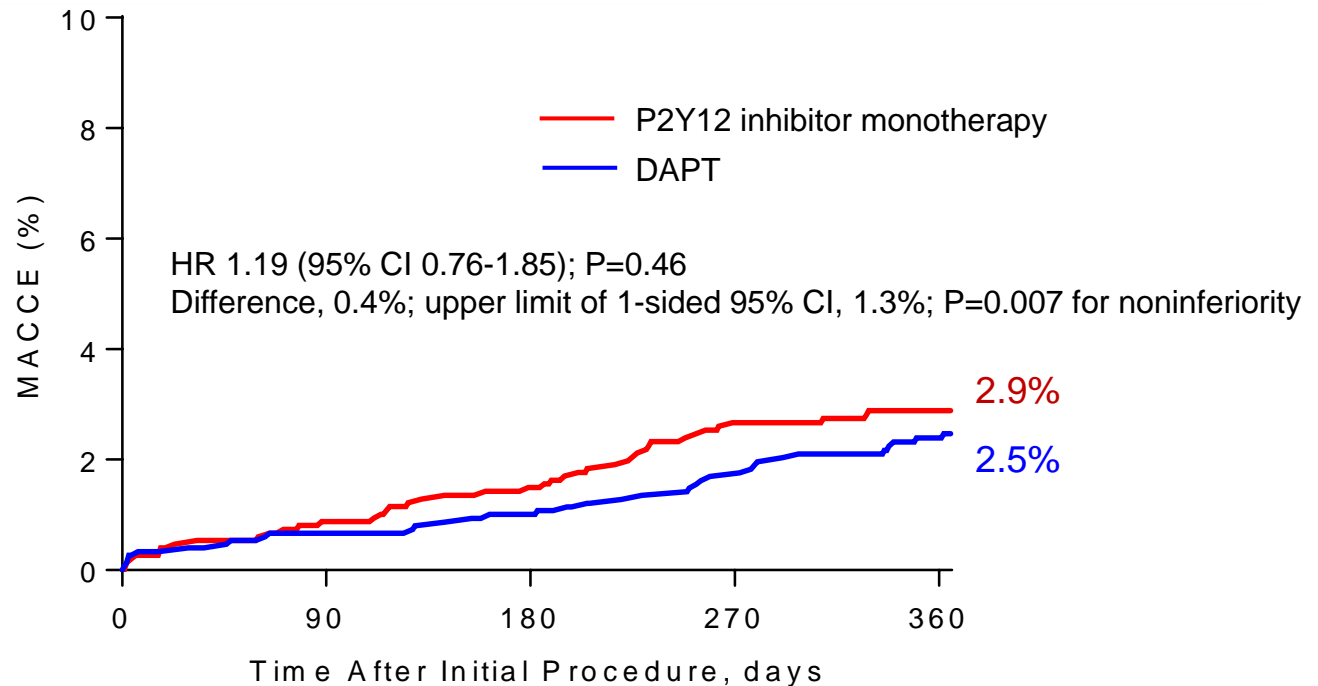
- CoCr-EES: cobalt-chromium everolimus eluting stent (Xience series)
- PtCr-EES: platinum-chromium everolimus-eluting stent (Promus series and Synergy)
- BP-SES: bioresorbable polymer- sirolimus-eluting stent (Orsiro)

Primary endpoint: 12-month MACCE

ClinicalTrials.gov NCT02079194



Primary end point (MACCE)



No. at risk

	0	90	180	270	360
DAPT	1498	1471	1454	1436	1220
P2Y12 inhibitor	1495	1456	1430	1402	1202

* MACCE = A composite of all-cause death, myocardial infarction, or stroke

SMART-CHOICE



SMART-CHOICE

Clinical outcomes at 12 months

Outcome	P2Y12 inhibitor monotherapy (n=1495)	Dual antiplatelet therapy (n=1498)	HR (95% CI)	P Value
MACCE	42 (2.9%)	36 (2.5%)	1.19 (0.76-1.85)	0.46
Death	21 (1.4%)	18 (1.2%)	1.18 (0.63-2.21)	0.61
Myocardial infarction	11 (0.8%)	17 (1.2%)	0.66 (0.31-1.40)	0.28
Cerebrovascular accident	11 (0.8%)	5 (0.3%)	2.23 (0.78-6.43)	0.14
Death or myocardial infarction	31 (2.1%)	32 (2.2%)	0.98 (0.60-1.61)	0.94
Cardiac death	11 (0.8%)	13 (0.9%)	0.86 (0.38-1.91)	0.70
Cardiac death or myocardial infarction	22 (1.5%)	27 (1.9%)	0.83 (0.47-1.45)	0.50
Stent thrombosis	3 (0.2%)	2 (0.1%)	1.51 (0.25-9.02)	0.65
Bleeding BARC type 2-5	28 (2.0%)	49 (3.4%)	0.58 (0.36-0.92)	0.02
Major bleeding	12 (0.8%)	14 (1.0%)	0.87 (0.40-1.88)	0.72
Net adverse clinical and cerebral events	65 (4.5%)	81 (5.6%)	0.81 (0.58-1.12)	0.20

Major bleeding was defined as BARC type 3-5 bleeding.

Net adverse clinical and cerebral events were defined as MACCE plus BARC type 2-5 bleeding.

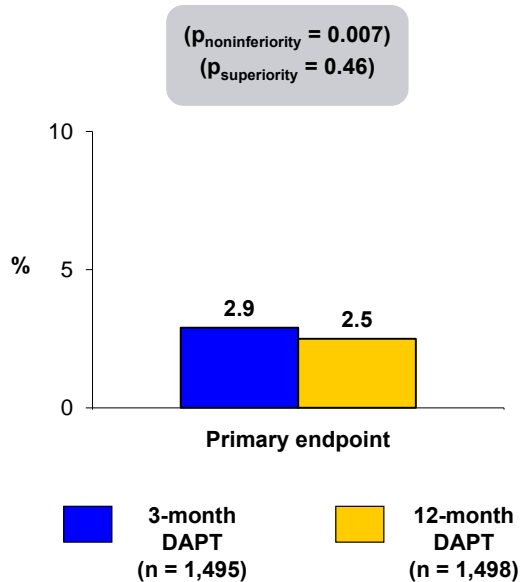
ACC LBCT 2019

SMART-CHOICE

#ACC19



Trial Description: Patients undergoing DES-PCI were randomized in a 1:1 fashion to either dual antiplatelet therapy (DAPT) for 3 months followed by P2Y12 inhibitor monotherapy for 9 months, or DAPT for 12 months. They were followed for 1 year.



RESULTS

- Primary endpoint: MACCE (death, MI, stroke) at 12 months, for 3- vs. 12-month DAPT: 2.9% vs. 2.5%, p for noninferiority = 0.007; p for superiority = 0.46
- Death: 1.4% vs. 1.2%, p = 0.61; MI: 0.8% vs. 1.2%, p = 0.28; stent thrombosis: 0.2% vs. 0.1%, p = 0.65
- Bleeding BARC 2-5: 2.0% vs. 3.4%, p = 0.02

CONCLUSIONS

- 3 months of DAPT followed by P2Y12 inhibitor use as monotherapy for 9 months is noninferior to 12 months of DAPT among unselected patients undergoing PCI with a DES; bleeding was lower with this strategy
- Interesting findings, adds to other trials seeking to drop aspirin rather than the P2Y12 inhibitor as antiplatelet agent long-term; outcomes may be different among patients with ACS vs. stable ischemic heart disease

Presented by Dr. Joo-Yong Hahn at ACC 2019



PCI WITH SYNERGY EES IN HIGH BLEEDING RISK PATIENTS FOLLOWED BY 1 MONTH DAPT

Patients With CAD At High Bleeding Risk (N=1023)

PCI with Synergy EES

Multicenter trial

1-month clinical follow-up

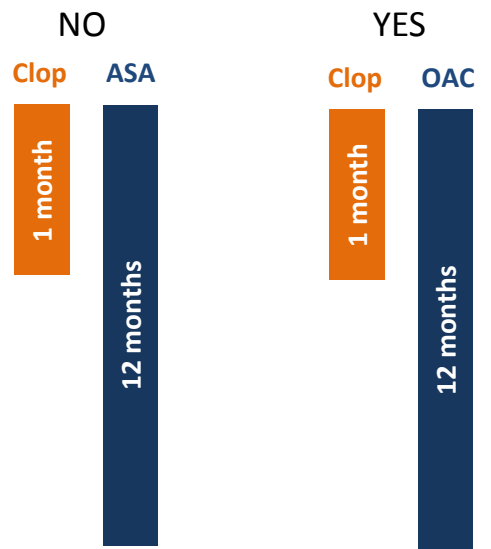
12-month clinical follow-up

1EP: cardiac death, MI, or def/prob ST @12 months

- Age ≥75 years
- Need for OAC
- Hb <11 g/l
- Recent transfusion
- Platelets <100'000
- Bleeding event <12 months
- Stroke <12 months
- History of ICH
- Severe chronic liver disease
- GFR <40 ml/min,
- Cancer <3 years
- Planned major surgery
- Need for glucocorticoids/NSAIDS
- Non-adherence to >30 days DAPT

Antithrombotic Strategy

Need for OAC:



Trial Design: XIENCE 28 Global

A prospective, single arm, multi-center, open label, non-randomized trial to evaluate the safety of 1-month* (as short as 28 days) DAPT in HBR subjects undergoing PCI with XIENCE

Key inclusion criteria: High bleeding risk (one or more of the following):

i: Age \geq 75 years ii: Chronic anticoagulation therapy iii: History of major bleeding iv: History of stroke
v: Renal insufficiency or failure vi: thrombocytopenia or coagulation disorders vii: anemia

Key exclusion criteria: AMI; LVEF < 30%; LM; total occlusion; graft; ISR, thrombus containing lesion; judged by physician as inappropriate for discontinuation from P2Y12 inhibitor use at 1 month

50 sites in Europe and Asia
N=800



Primary Endpoint (NI): Composite of all-cause death, all MI, ST, stroke or major bleeding from 1-6 months**

*For eligible patients who are “1-month clear”, defined as patients who are event free and compliant with DAPT within 1 month of index procedure.

**Propensity adjusted comparison to historical control patients treated with standard DAPT will be performed.

NCT03355742

EVOLVE Short DAPT Study Design

Prospective, N= ~2000 patients, ~120 global sites

Key Inclusion Criteria

Patients considered by the treating physician to be at high risk for bleeding:

i) ≥ 75 years of age and high bleeding risk; ii) History of major bleeding; iii) Anticoagulation therapy; iv) History of stroke or renal insufficiency/failure; v) Platelet count $\leq 100,000/\mu\text{L}$

(excluded LM disease, ostial lesions, >2 vessels, >3 lesions, CTO, SVG, ISR, NSTEMI or STEMI)

P2Y₁₂ + ASA

ASA Only (for patients eligible for discontinuation of P2Y₁₂)

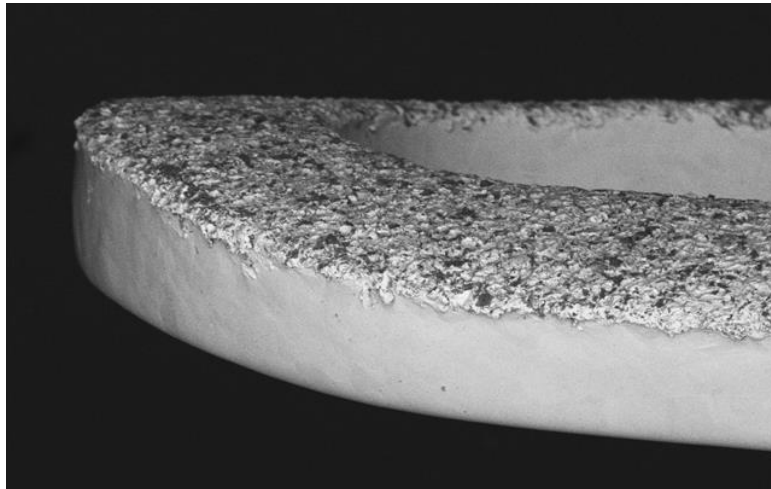


Co-primary Endpoints: (1) Death or MI, and (2) ARC definite/probable ST

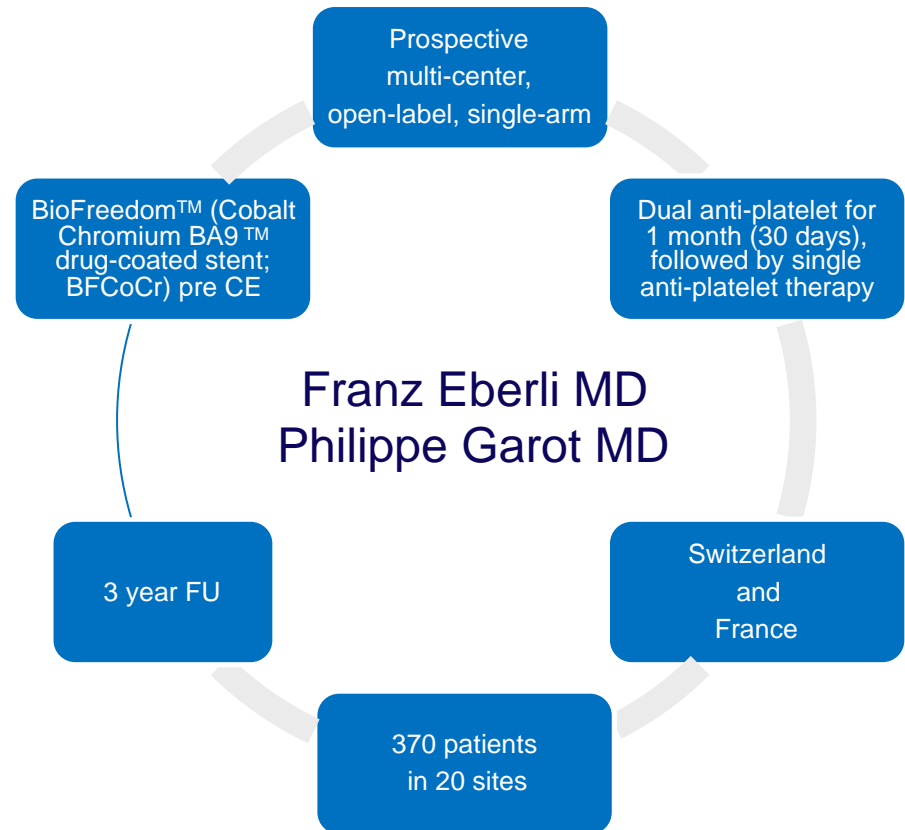
Secondary Endpoint: Rate of major bleeding (BARC bleeding classification 2,3,5)

Co-primary and secondary endpoints will be evaluated between 3 and 15 months; Propensity adjusted comparison to historical control patients treated with standard DAPT will be performed

LEADERS FREE III



CoCr thin struts (84-88 μm)



A Permanent Polymer Zotarolimus-eluting Stent versus a Polymer-Free Amphilimus-eluting Stent in all-comers

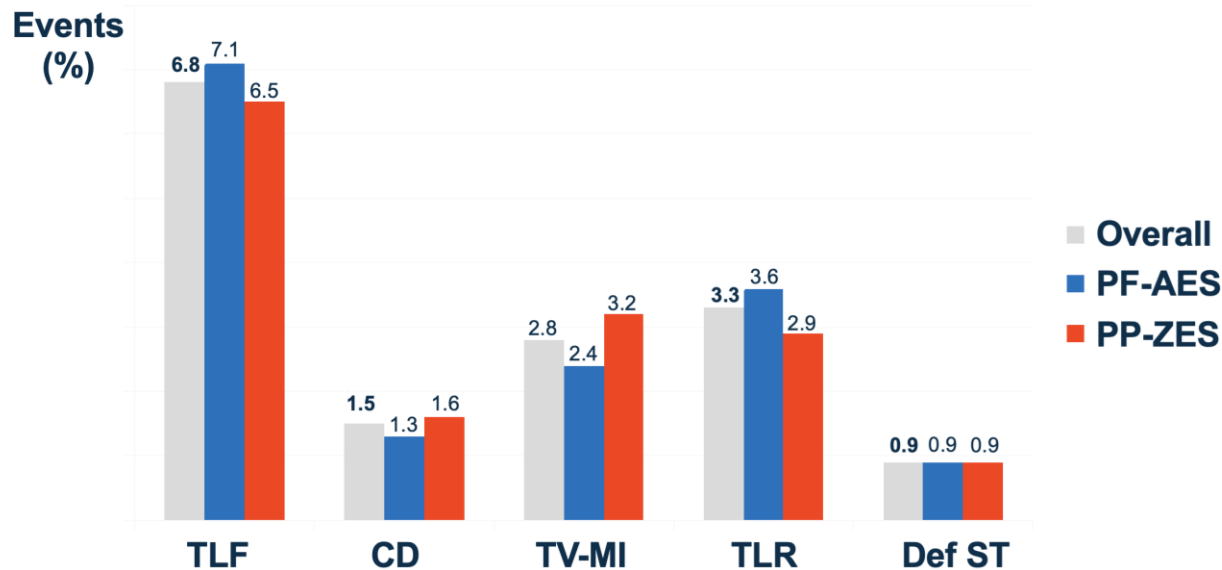
Results of the ReCre8 Trial



UMC Utrecht

Sub-study: 1-month DAPT

Individual outcomes at 12-months



No statistical significant differences between stents at the $p < 0.05$ level