Emerging Approaches to Antiplatelet Therapy for PCI: Prasugrel

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DJC: 4/11





Prasugrel: Key Properties

Novel thienopyridine

PAR1

Prodrug→ more efficient generation of active metabolite than clopidogrel

PAR4

- No meaningful genetic heterogeneity in pharmacokinetics or pharmacodynamics
- Achieves high levels of IPA rapidly and reliably
- 1x/day dosing

Thromboxane

A2

D



P2Y12

P2Y1

Prasugrel vs. Clopidogrel: Active Metabolite Formation



Prasugrel vs. Clopidogrel: Healthy Volunteer Crossover Study



From Brandt JT AHJ 153: 66e9,2007

Inhibition of Platelet Aggregation (IPA): Prasugrel and Clopidogrel Loading Dose



20 µM Adenosine Diphosphate*

The relationship between IPA and clinical activity has not been established.

*Represents healthy subjects in a crossover study who were not on concurrent ASA therapy (n=64).

- 1. Brandt et al. Am Heart J. 2007;153:66.e9-16.
- 2. Effient Full Prescribing Information.

<u>TR</u>ial to Assess Improvement in Therapeutic Outcomes by Optimizing Platelet InhibitioN With Prasugrel (TRITON)-TIMI 38



TRITON TIMI 38

Safety endpoints: TIMI major bleeds, Life-threatening bleeds Key Substudies: Pharmacokinetic, Genomic

Primary Composite Endpoint* Through End of Study





Days After Randomization

*Composite of CV death, nonfatal MI, or nonfatal stroke. *Observed data.

2. Data on file: #EFF20091204a: DSI/Lilly.

^{1.} Effient Full Prescribing Information.

Primary Composite Endpoint* and Components





In the overall study, approximately 40% of MIs occurred periprocedurally and were detected solely by changes in CK-MB.

*Composite of CV death, nonfatal MI, or nonfatal stroke.

1. Effient Full Prescribing Information. 2. Data on file: #EFF20091204a: DSI/Lilly. 3. Data on file: #EFF20091204e: DSI/Lilly.



Observed rates of fatal bleeding were 0.3% with prasugrel + ASA vs 0.1% with clopidogrel + ASA

Issues with Prasugrel/TRITON-TIMI 38

The trial only used a 300 mg loading dose of clopidogrel– we generally use 600 mg these days

PRINCIPLE-TIMI 44: Comparison of Prasugrel with Higher Dose Clopidogrel



Wiviott S, et al. Circulation 2007

Timing of Benefit (Landmark Analysis)

STRÎTON TIMI-38



Wiviott SD et al. NEJM 2007;357:2001-15

Issues with Prasugrel/TRITON-TIMI 38

The benefit of prasugrel was driven entirely by a reduction in non-fatal MI

Application of Universal MI Classification to TRITON-TIMI 38 MI Events



TRITON-TIMI 38

In the TRITON-TIMI 38 trial, there were a total of 1218 MIs. This retrospective analysis classified these MIs using the newly developed classification system from the universal definition of MI, which was developed after the study protocol was complete.

Morrow et al. Circulation. 2009;119:2758-2764.

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Issues with Prasugrel/TRITON-TIMI 38

The stent thrombosis rates in TRITON seem very high– we don't see anything like this in our practice

Stent Thrombosis: All ACS



Any Stent Post-Randomization



*Stent thrombosis defined as Academic Research Consortium definite or probable. [†]Observed data.

1. Wiviott et al. Lancet. 2008;371:1353-1363. 2. Data on file: #EFF20091204b: DSI/Lilly.

Stent Thrombosis (Protocol Defn.) Drug-eluting Stents (DES) vs. Bare Metal Stents (BMS)



1-Year Stent Thrombosis: Impact of Implanted Stent Type





Stent thrombosis			PLATO Invasive	
	Ticagrelor (n=6,732)	Clopidogrel (n=6,676)	HR for ticagrelor (95% Cl)	p value*
Stent thrombosis, %				
Definite	1.0	1.6	0.62 (0.45–0.85)	0.003
Probable or definite	1.7	2.3	0.72 (0.56–0.93)	0.01
Possible, probable, or definite	2.2	3.1	0.72 (0.58–0.90)	0.003

[¶] Evaluated in patients with any stent during the study

Time-at-risk is calculated from the date of first stent insertion in the study or date of randomization * By univariate Cox model

Issues with Prasugrel/TRITON-TIMI 38

The increased risk of bleeding outweighs any benefit in reduced MI and stent thrombosis

Antiplatelet Therapy in ACS



Major or Minor Bleeding in UA/NSTEMI and STEMI Populations



Days From First Dose

The incidence of TIMI major or minor bleeding in the All ACS population was 4.5% for prasugrel and 3.4% for clopidogrel (P=0.002). *Observed data.

Data on File: #EFF20091207e, DSI/Lilly.

Please see Important Safety Information, including Boxed Warning, and Full Prescribing Information provided.

Non-CABG TIMI Major or Minor Bleeding by Age, Weight, and History of TIA/Stroke



TRITON-TIMI 38

The TRITON-TIMI 38 trial was not designed or powered to demonstrate independent efficacy or safety in patients <75 or \geq 75 years, and <60 or \geq 60 kg and with or without a history of TIA/stroke.

*Number of patients with a fatal bleed.

1. Wiviott et al *N Engl J Med.* 2007;357:2001-2015.

2. Data on file: #EFF20091204h: DSI/Lilly.

Conclusions: Emerging Platelet Inhibitors

- Prasugrel is the first agent to demonstrate that greater, more rapid, and more uniform platelet inhibition can further reduce ischemic events, but it does come at the price of greater major bleeding.
- Careful patient selection is critical to optimizing the risk-benefit profile of prasugrel
 - Clinical Factors: Age, Weight, ACS type, diabetes
 - Novel Factors: Genetics, Platelet function testing

Issues with Prasugrel/TRITON-TIMI 38

Prasugrel is just too expensive– especially compared with generic clopidogrel

Incremental Costs/Cost Offsets with Prasugrel*



TRÎTON TIMI-38



Impact of Generic Clopidogrel

TRÎTON TIMI-38



∆ Life Years (Prasugrel – Clopidogrel)