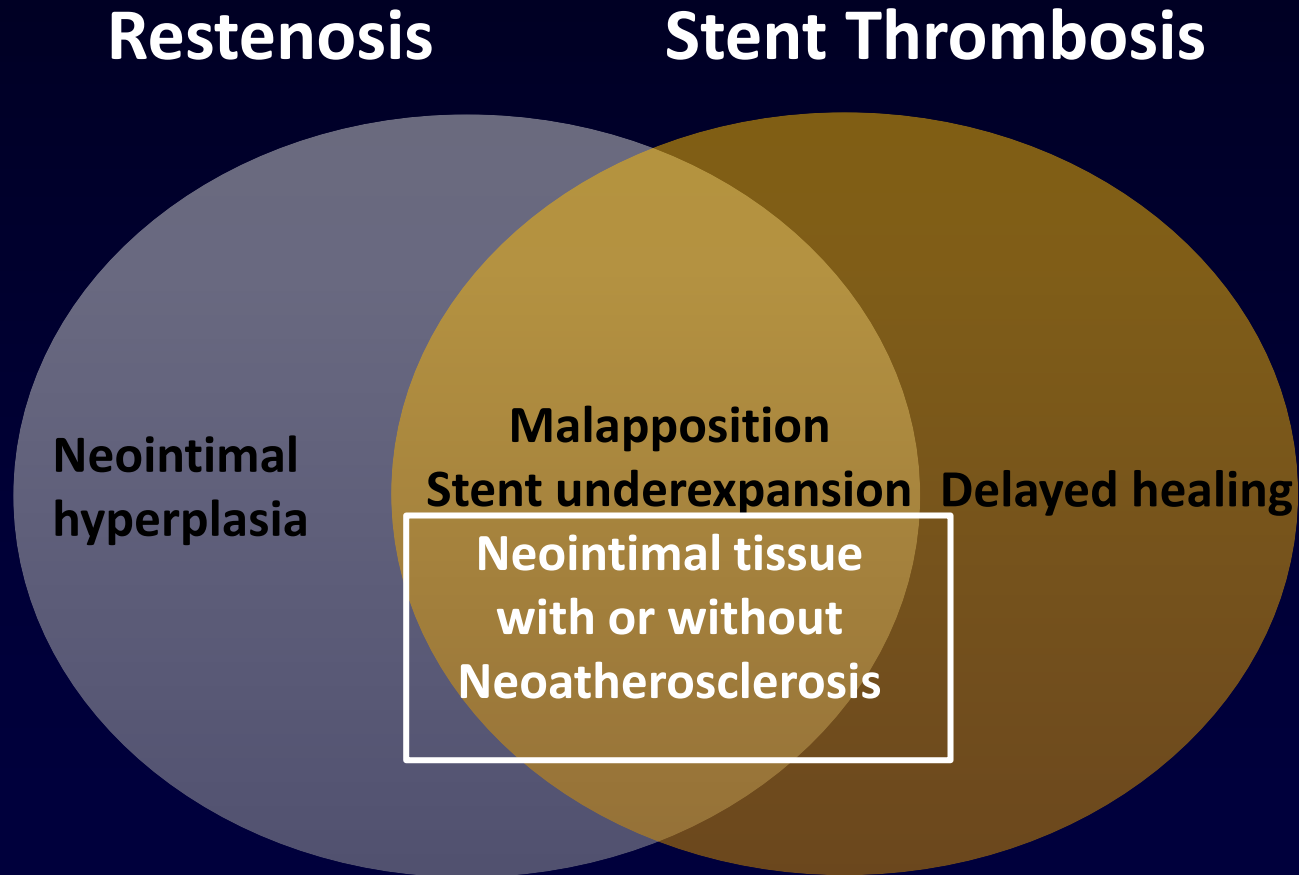


# **Late DES failure**

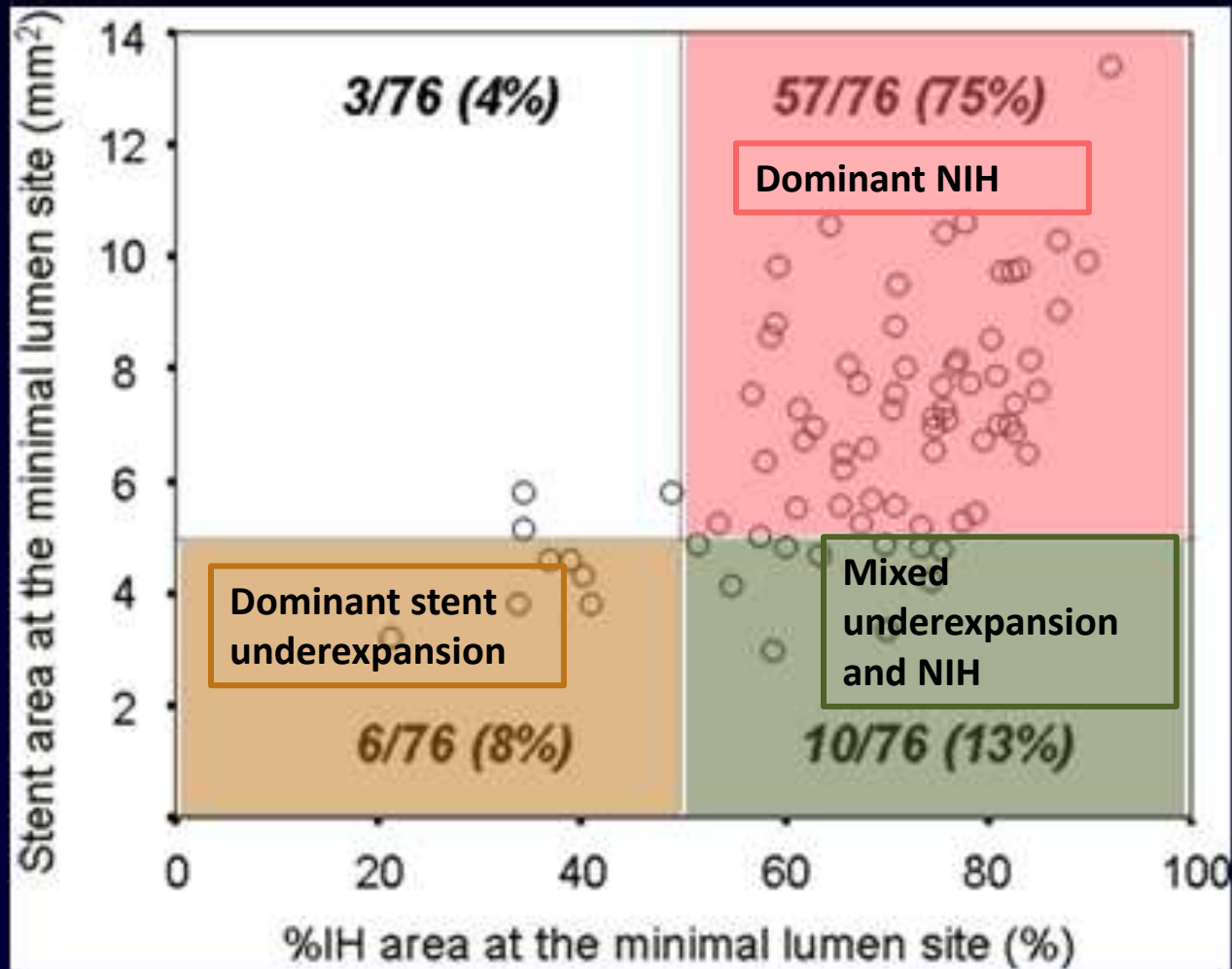
**Myeong-Ki Hong, M.D. Ph D**

**Professor of Medicine  
Division of Cardiology,  
Severance Cardiovascular Hospital  
Yonsei University College of Medicine,  
Seoul, Korea**

# Mechanisms of DES ISR and stent thrombosis



# Stent underexpansion and NIH proliferation (n=76 DES ISR)



Asan Medical Center, *Circ Cardiovasc Interv.* 2011;4:9-14

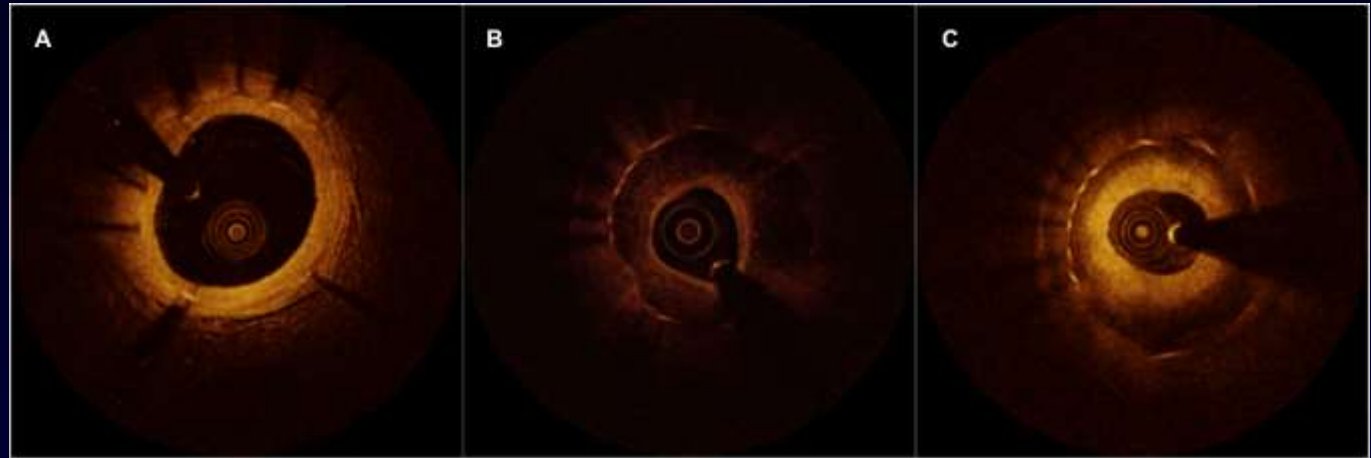
# Neointimal pattern assessed by OCT

Homogeneous

Heterogeneous

Layered

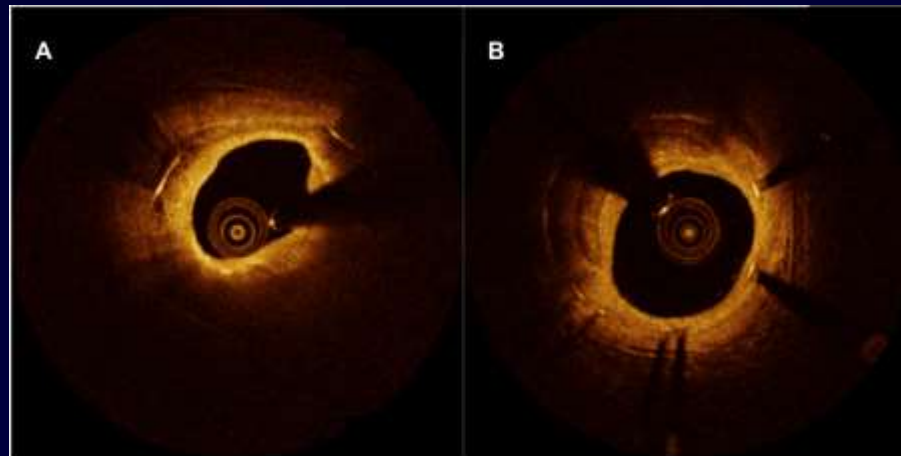
Neointima without  
neoatherosclerosis



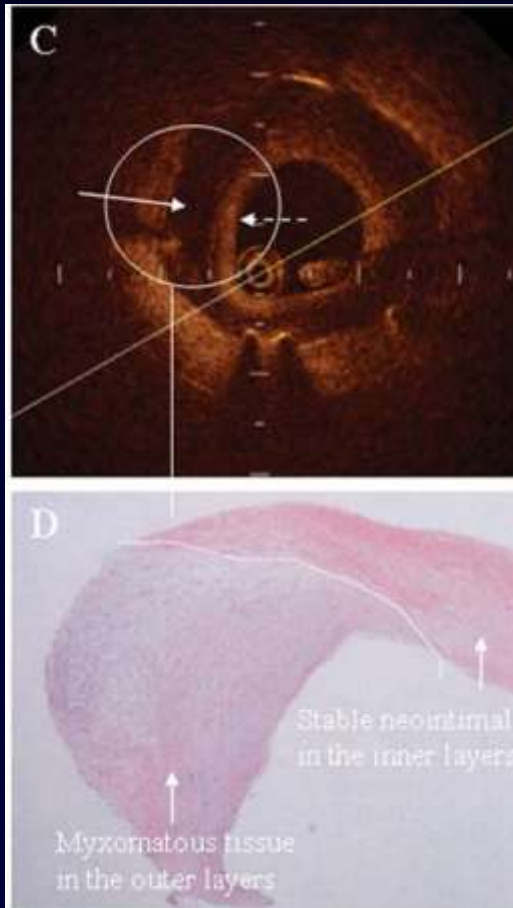
Lipidic neointima

Calcification

Neoatherosclerotic  
neointima



# Dark areas in restenotic tissue on OCT



## Layered feature:

bilayer structure of hyperechoic outer layers (dotted arrow) and highly echolucent inner layers (arrow)

## Hyperechoic regions on the OCT

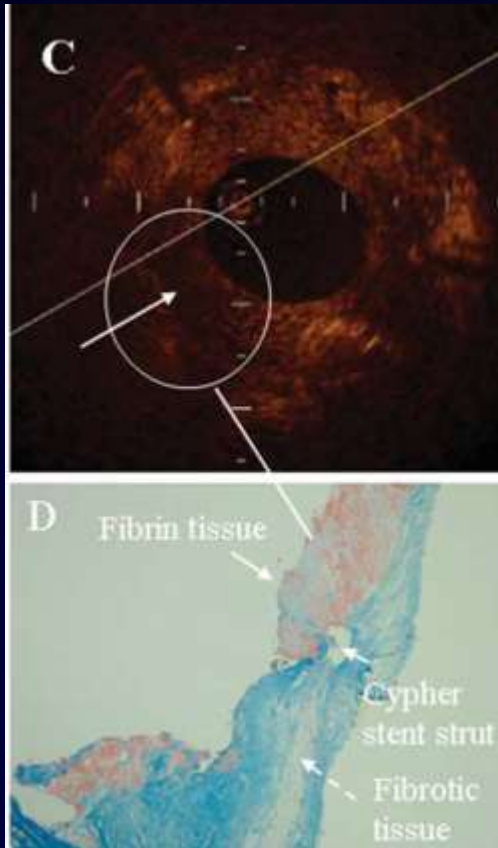
: smooth muscle cells

## Highly echolucent region

: myxomatous tissue

*Nagai et al, Catheter Cardiovasc Interv 75:961–963 (2010)*

# Dark areas in restenotic tissue on OCT



Heterogeneous feature:

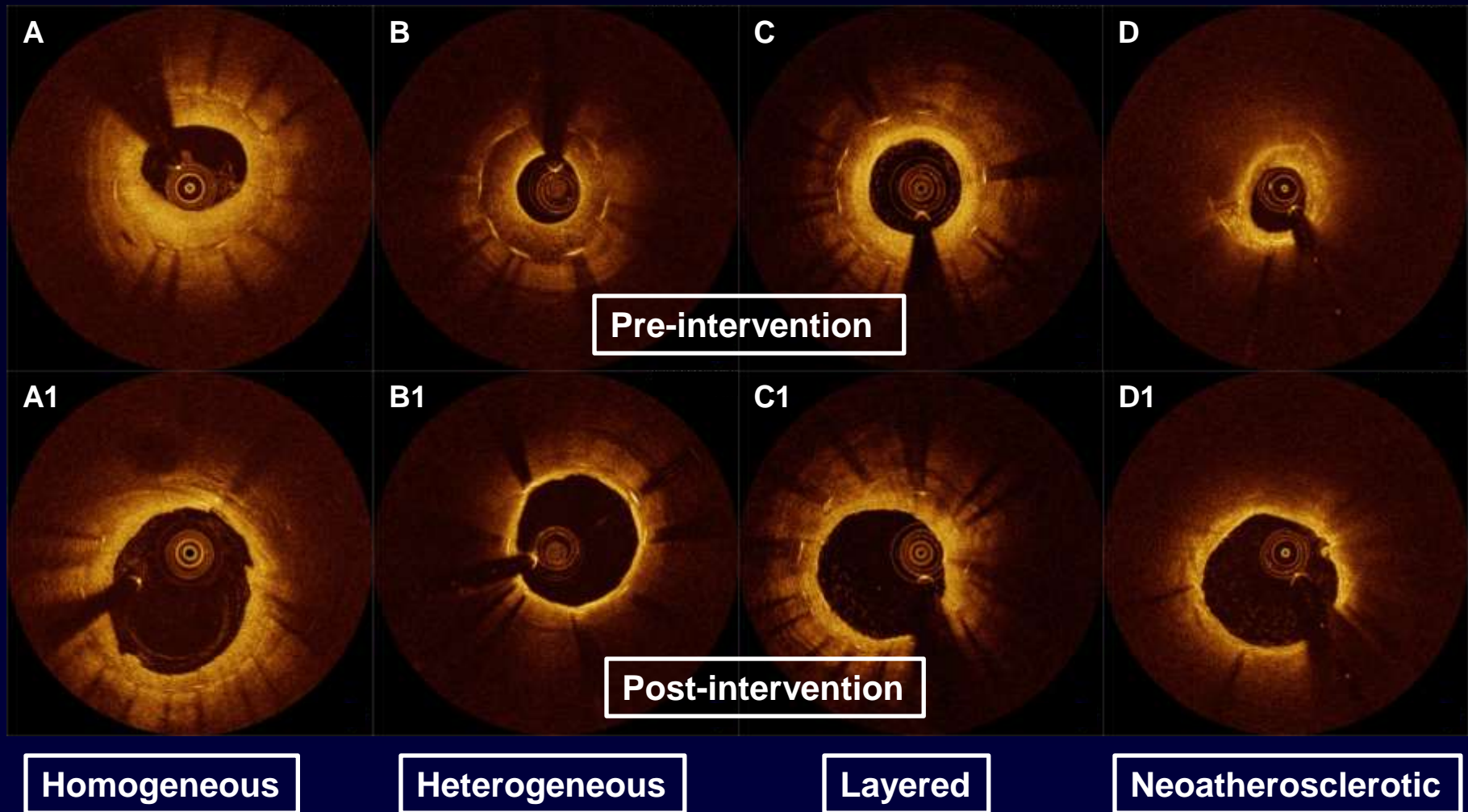
patchy and highly echolucent regions throughout the layers

Highly echolucent region on the OCT

: organizing fibrin thrombus

*Nagai et al, Catheter Cardiovasc Interv 75:961–963 (2010)*

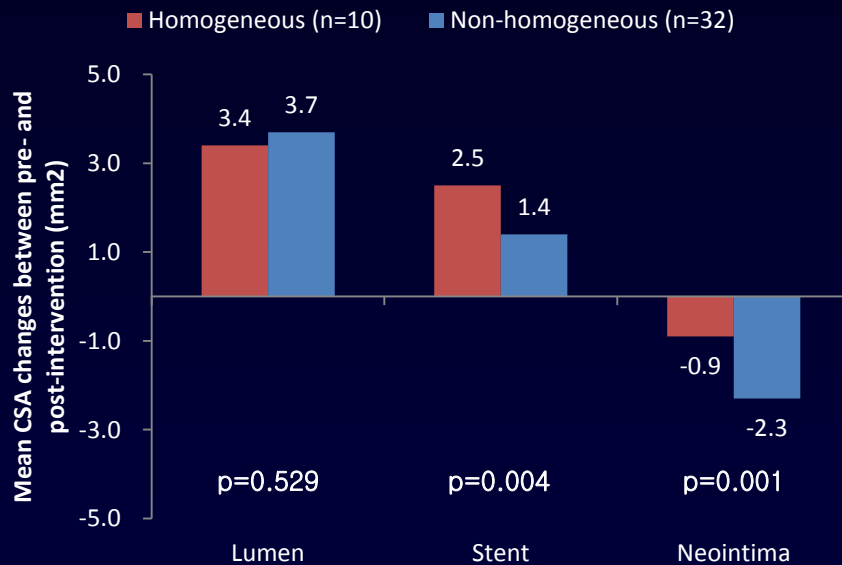
# Mechanisms of post-intervention and 9-month lumen enlargement after treatment of DES ISR with a drug-eluting balloon (n=42 DES ISR lesions)



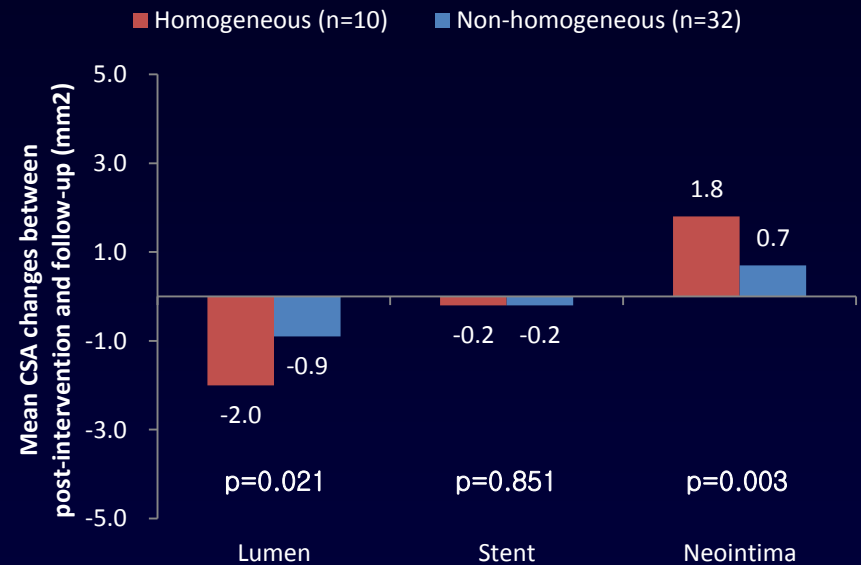
Lee SY, Hong MK (corresponding author). *Am J Cardiol* 2014;113:1468-1473

# Mechanisms of post-intervention and 9-month lumen enlargement after treatment of DES ISR with a drug-eluting balloon (n=42 DES ISR lesions)

## Pre-intervention vs. post-intervention



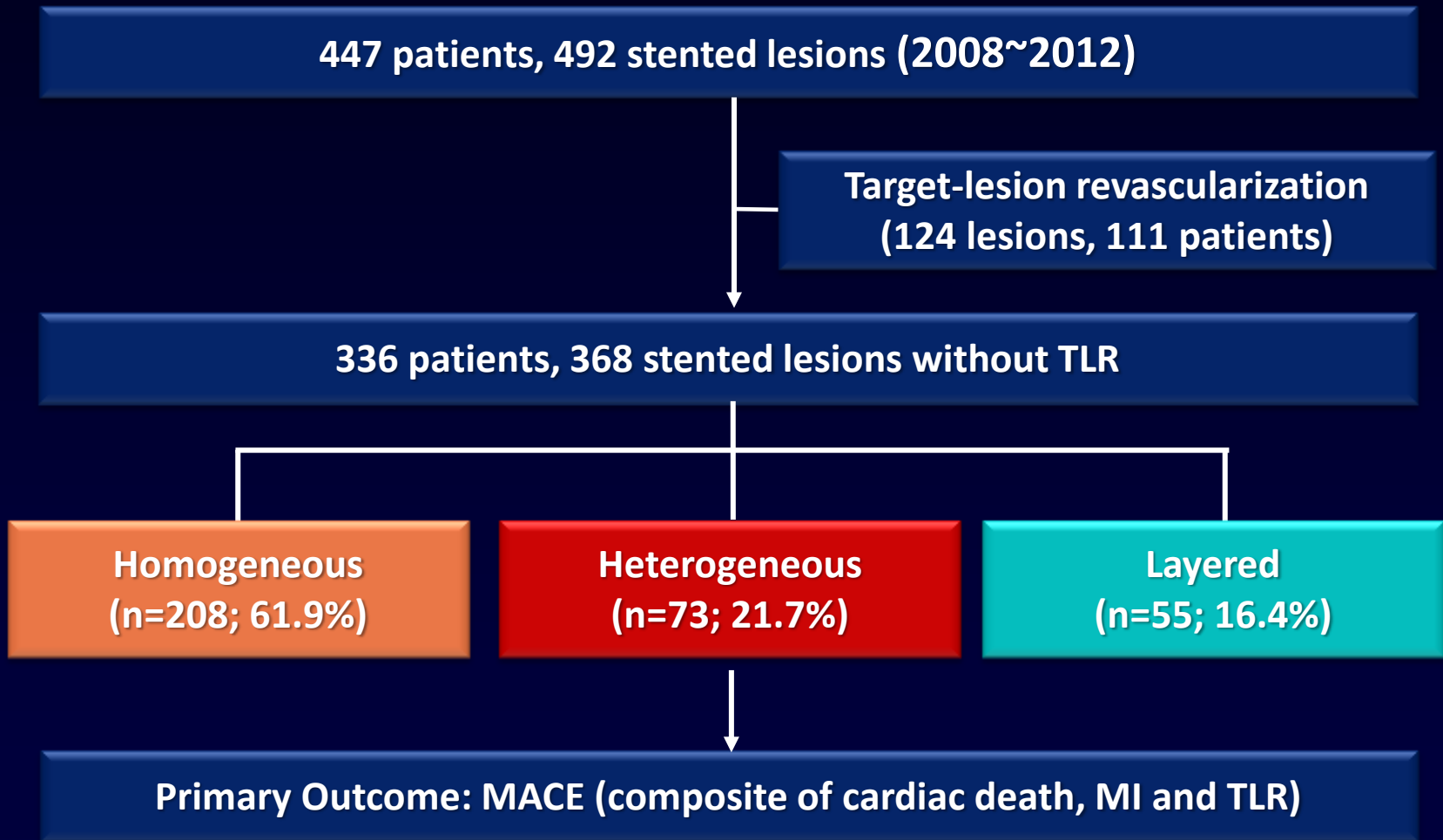
## Post-intervention vs. follow-up



Lee SY, Hong MK (corresponding author). *Am J Cardiol* 2014;113:1468-1473



# Long-term clinical outcomes of neointima without neoatherosclerosis



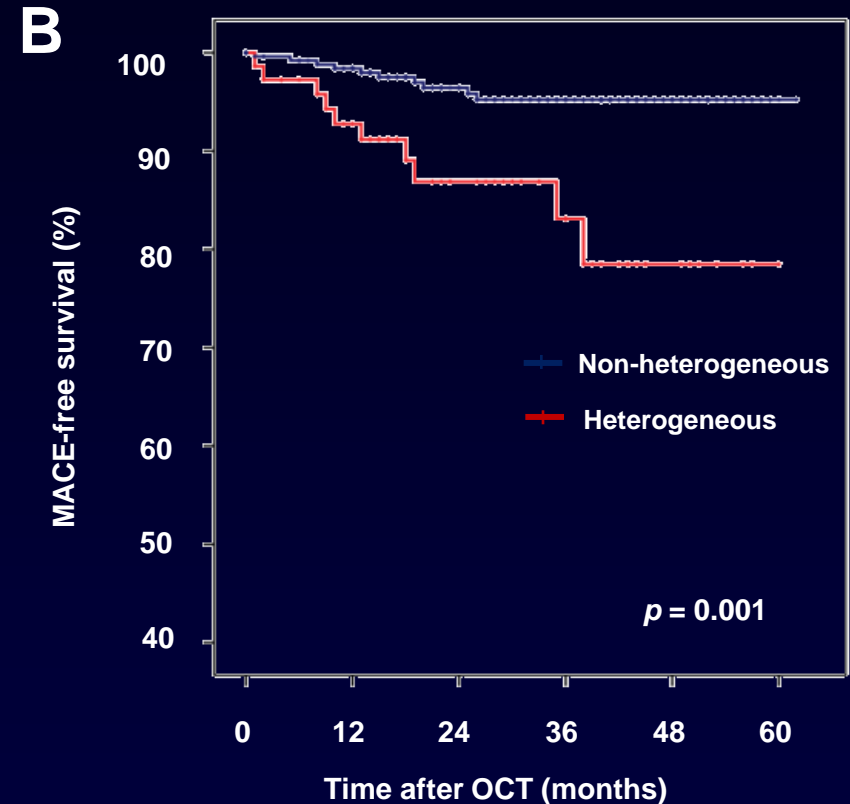
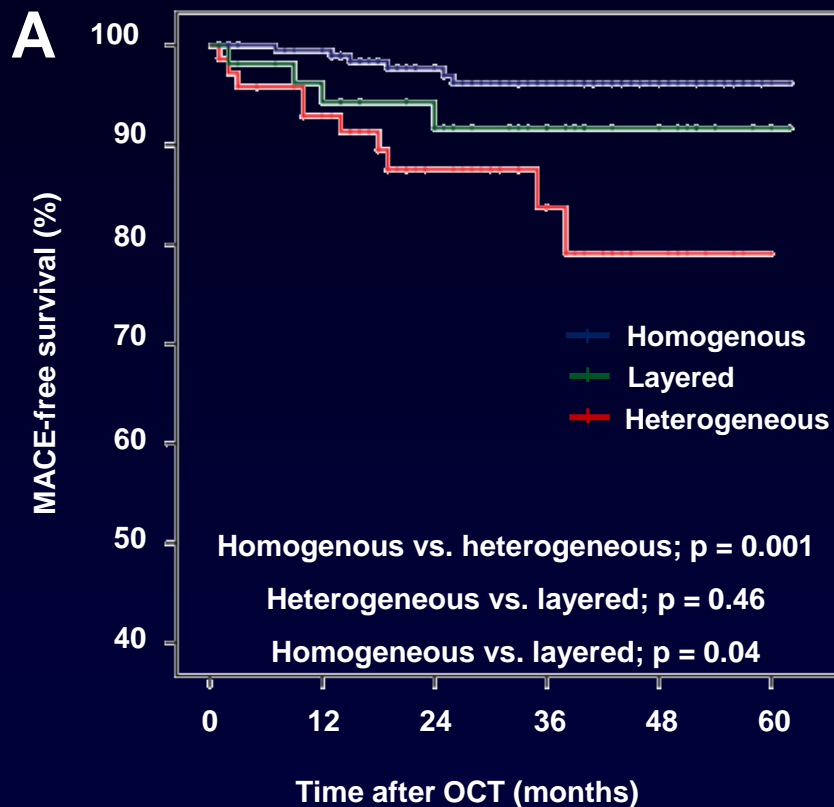
Kim JS, Lee JH, Hong MK (corresponding author). *J Am Coll Cardiol Img* 2014;7:788-795

# Cox regression analysis for MACE

	Univariate analysis		Propensity score adjusted Cox regression analysis	
	HR (95% CI)	p	HR (95% CI)	p
Age (per years)	1.006 (0.959-1.055)	0.81		
Gender (male)	0.931 (0.371-2.333)	0.88		
Hypertension	0.688 (0.286-1.652)	0.40		
Diabetes mellitus	1.881 (0.779-4.539)	0.16		
Initial ACS dx	1.586 (0.648-3.884)	0.31		
1st gen. DES	2.440 (0.980-6.075)	0.06		
Time interval to OCT (months)	1.018 (1.003-1.033)	0.017		
Minimal lumen CSA (per mm <sup>2</sup> )	0.325 (0.211-0.501)	<0.001	0.368 (0.242-0.560)	<0.001
Stent diameter (per mm)	1.207 (0.322-4.523)	0.78		
Stent length (per mm)	1.024 (0.954-1.098)	0.51		
Heterogeneous group	4.236 (1.759-10.200)	0.001	3.925 (1.445-10.662)	0.007

Kim JS, Lee JH, Hong MK (corresponding author). *J Am Coll Cardiol Img* 2014;7:788-795

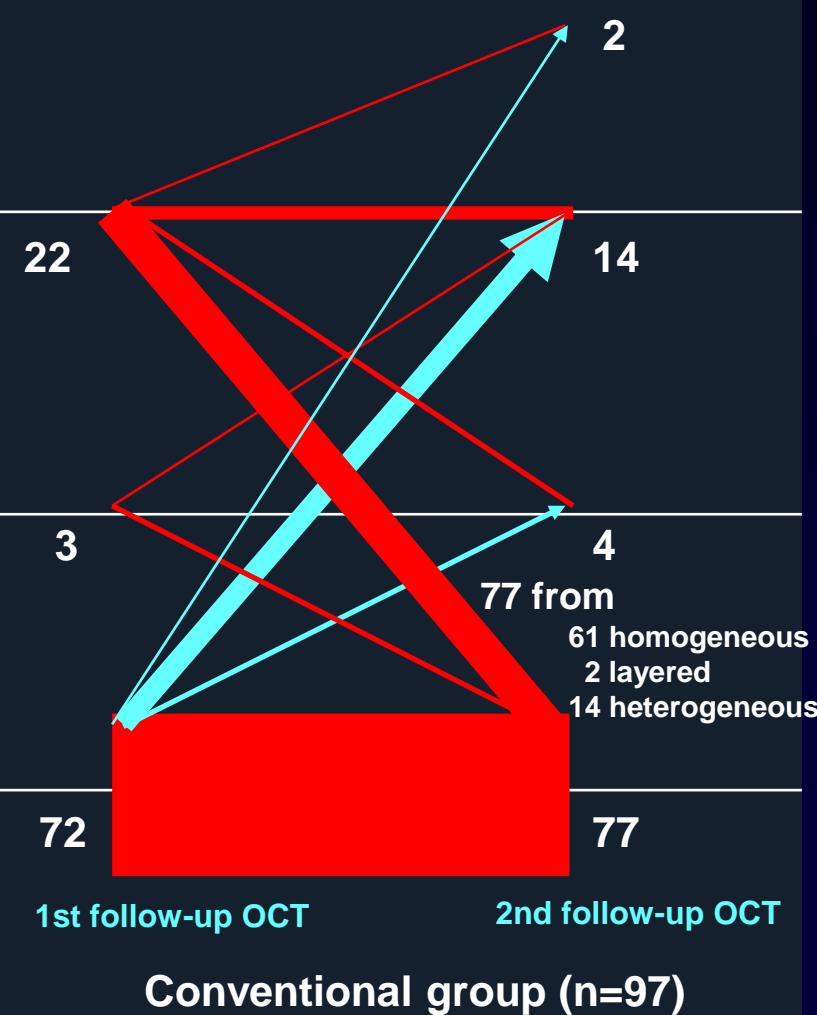
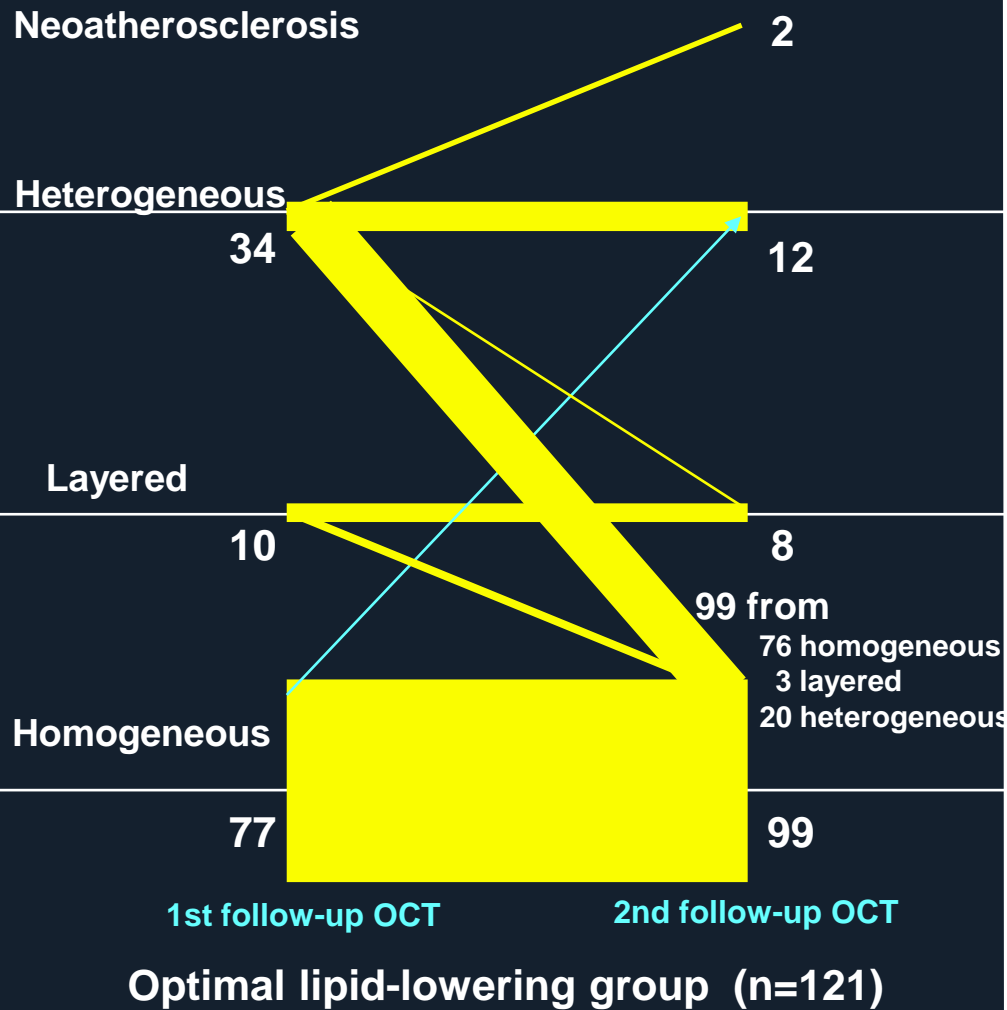
# Long-term outcomes of neointimal hyperplasia without neoatherosclerosis after drug-eluting stent implantation



Homogeneous (n)	208	193	140	108	64	21	Non-heterogeneous (n)	263	243	176	132	75	22
Layered (n)	55	50	36	24	11	1	Heterogeneous (n)	73	62	34	24	12	2
Heterogeneous (n)	73	62	34	24	12	2							

Kim JS, Lee JH, Hong MK (corresponding author). *J Am Coll Cardiol Img* 2014;7:788-795

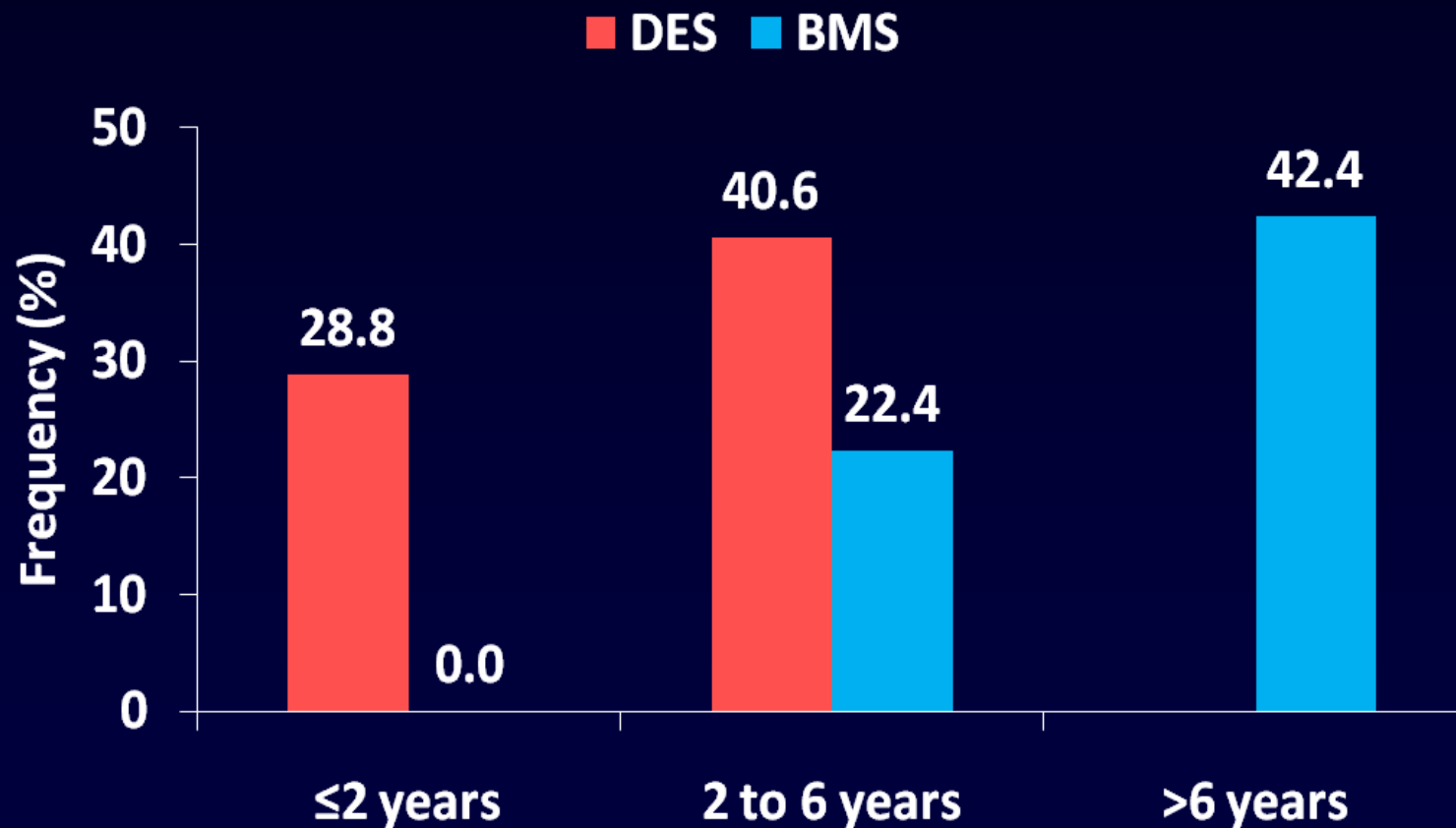
# Optimal lipid-lowering treatment can prevent neointimal change from homogeneous to non-homogeneous pattern



Jang JY, Kim JS, Hong MK (corresponding author). *Atherosclerosis* 2015;242:553-559

# Neoatherosclerosis in pathologic study

Incidence of Atherosclerotic Change  
With Time After Implantation of BMS (n=197) versus DES (n=209)



*Nakazawa et al, JACC, 2011;57:1314-1322*

# OCT-based predictors for CK-MB elevation after elective PCI for ISR (n=125 ISR lesions)

Post-PCI CK-MB elevation was observed in 20 (16.0%) patients.

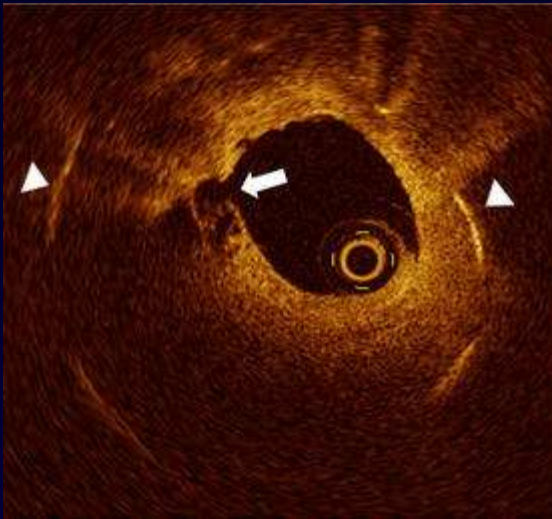
## Independent predictors for post-PCI CK-MB elevation in multivariate analysis

- 1) Maximum length of segments with neoatherosclerosis (OR, 1.463; 95% CI, 1.090–1.962;  $p=0.011$ ),
- 2) Thin-cap fibroatheroma (OR, 14.328; 95% CI, 1.118–183.628;  $p=0.041$ ) were

Lee SY, Hong MK (corresponding author). *Cathet Cardiovasc Intervent* 2015;85:564-572

# Very late stent thrombosis after 1<sup>st</sup>-generation DES implantation (n=18)

## Neointimal rupture



	VLST with rupture (n = 4)	VLST without rupture (n = 14)	P
Uncovered struts	0 (0.0)	9 (64.3)	0.082
Malapposed struts	0 (0.0)	7 (50.0)	0.092
<b>Lipid-laden neointima</b>	<b>4 (100.0)</b>	<b>4 (28.6)</b>	<b>0.023</b>

Neoatherosclerosis (44%, 8/18) is partly attributable to **very late stent thrombosis** in DES-treated patients

Ko YG, Hong MK (corresponding author). *Int J Cardiovasc Imaging* 2012;28:715-23

# Serial OCT : DES

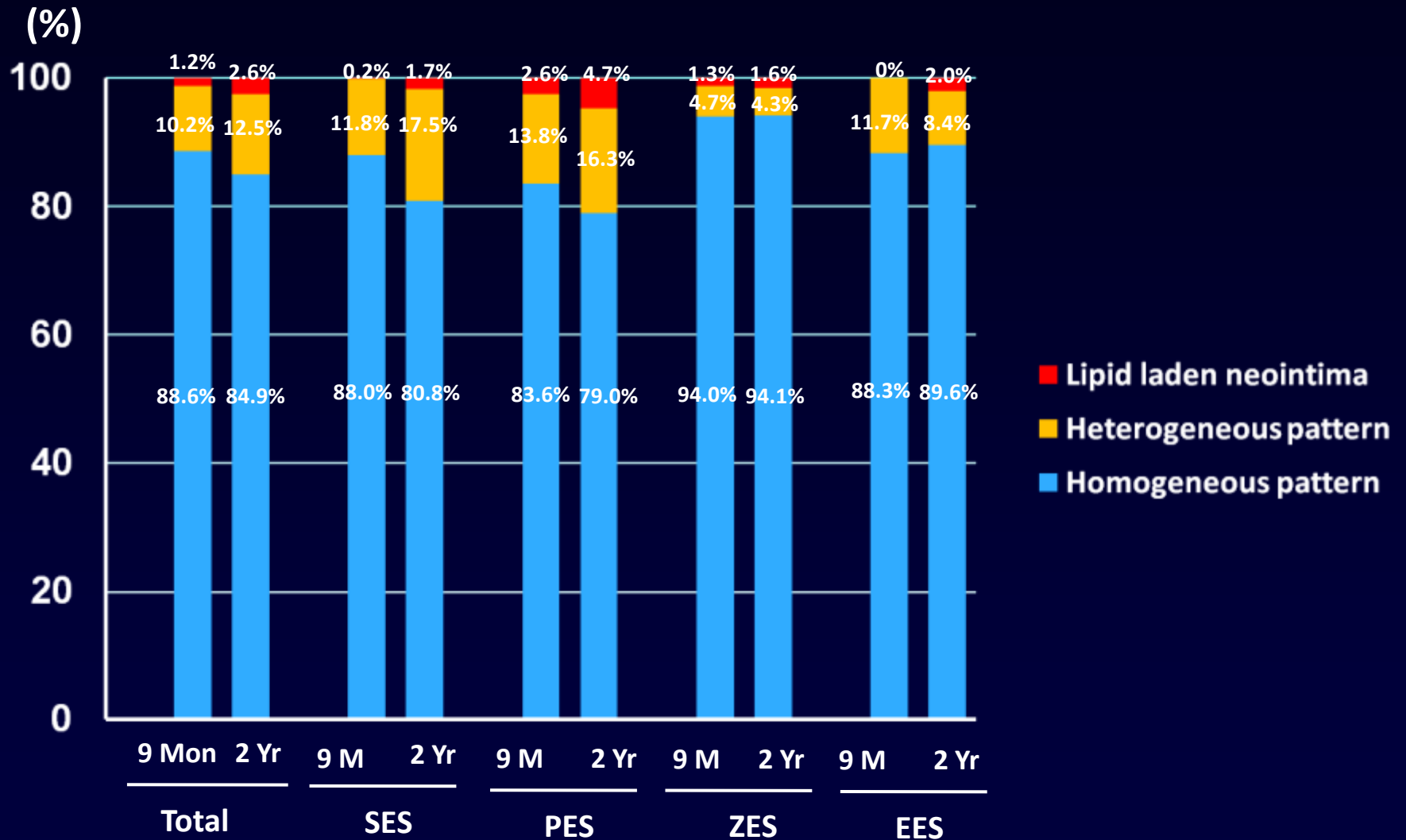
**Neoatherosclerosis is a time dependent process.**

Total (n = 76)	9 months FU	2 years FU	P
Qualitative analysis			
Intracoronary thrombus	8 (10.5%)	7 (9.2%)	0.79
<b>Lipid-laden neointima</b>	<b>11 (14.5%)</b>	<b>21 (27.6%)</b>	<b>0.047</b>
<b>TCFA-like neointima</b>	<b>3 (3.9%)</b>	<b>10 (13.2%)</b>	<b>0.04</b>
Neovascularization	34 (44.7%)	56 (73.7%)	<0.001
Extrastent lumen	15 (19.7%)	21 (27.6%)	0.25

Kim JS, Hong MK (corresponding author) et al. *JACC Cardiovasc imaging* 2012;5:1145-55



# Serial OCT : DES



Kim JS, Hong MK (corresponding author) et al. *JACC Cardiovasc imaging* 2012;5:1145-55

# Clinical implication of neoatherosclerosis: TLR and stent thrombosis

152 lesions (24 BMS, 74 first-generation DES and 54 second-generation DES) with NIH > 50% of stent area

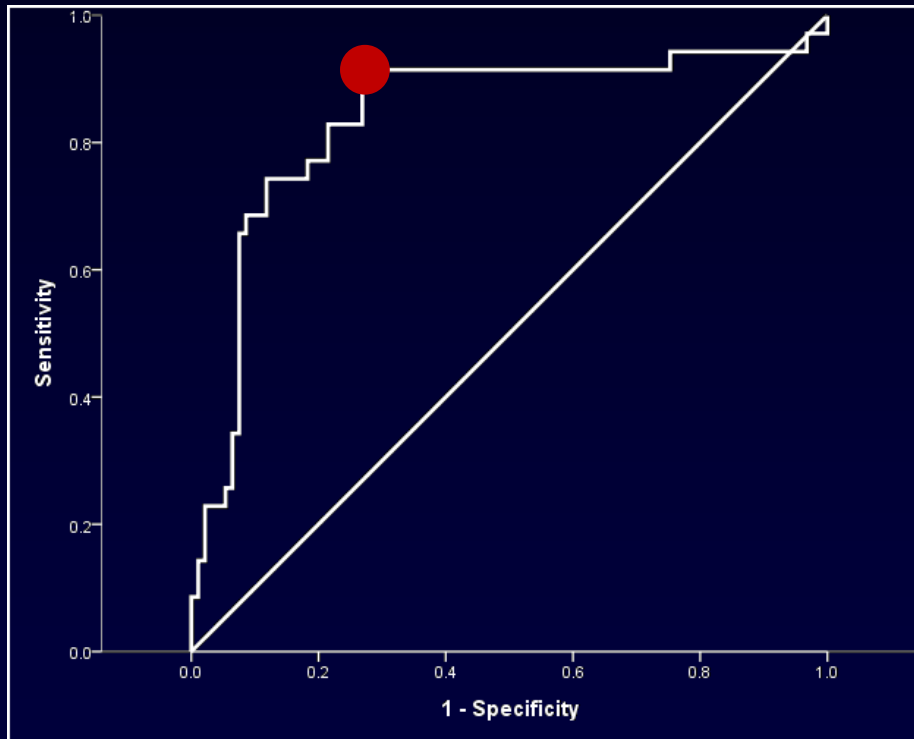
	Presence of neoatherosclerosis (n = 54)	Absence of neoatherosclerosis (n = 98)	p
Time interval to follow-up OCT (months)	70.7 (54.4 – 120.4)	13.4 (10.6 – 39.6)	< 0.001
Clinical presentation at follow-up OCT, # (%)			< 0.001
Asymptomatic	4 (7.4)	22 (22.4)	
Stable angina	33 (61.1)	72 (73.5)	
Acute coronary syndrome	17 (31.5)	4 (4.1)	
<b>Target lesion revascularization, # (%)</b>	<b>50 (92.6)</b>	<b>76 (77.6)</b>	<b>0.018</b>
<b>Stent thrombosis, # (%)</b>	<b>8 (14.8)</b>	<b>0 (0)</b>	<b>&lt; 0.001</b>

Lee SY, Hong MK (corresponding author). *EuroIntervention* 2013;9:945-951

# Cut-off time to predict neoatherosclerosis in DES-treated lesions

Cross-sectional design

152 ISR lesions with intimal hyperplasia > 50% of stent area



Optimal cut-off time: **30 months**

AUC: 0.839

95% CI: 0.764 to 0.898

Sensitivity: 91.4%

Specificity: 72.0%

Negative predictive value: 95.7%

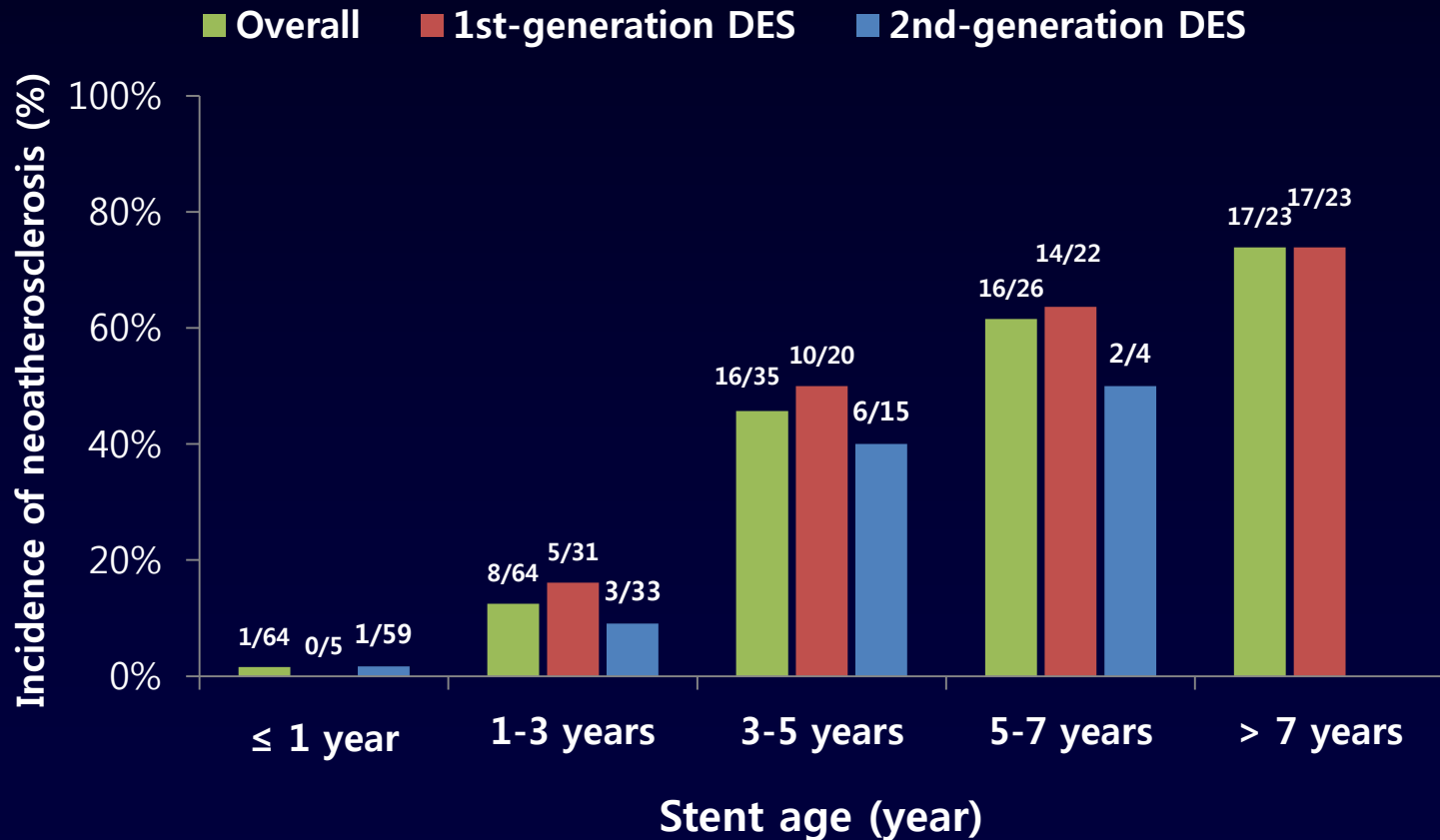
Positive predictive value: 55.2%

Lee SY, Hong MK (corresponding author). *EuroIntervention* 2013;9:945-951

# Neoatherosclerosis in 2<sup>nd</sup> generation DES

212 DES-treated lesions (101 first-generation DES and 111 second-generation DES) with NIH > 50% of stent area

**Neoatherosclerosis is a time dependent process.**



Lee SY, Hong MK (corresponding author), et al. *Circ Cardiovasc Interv* 2015;8:e001878

# Neoatherosclerosis in 2<sup>nd</sup> generation DES

212 DES-treated lesions (101 first-generation DES and 111 second-generation DES) with NIH > 50% of stent area

## Multivariable analysis

	Odds ratio	95% CI	p
Baseline			
Age (years)	1.017	0.969 – 1.067	0.50
Male	1.077	0.393 – 2.947	0.89
Chronic kidney disease	4.113	1.086 – 15.575	0.037
2 <sup>nd</sup> DES	0.538	0.196 – 1.481	0.23
Follow-up			
LDL >70 mg/dL	2.532	1.054 – 6.084	0.038
Stent age (years)	1.710	1.403 – 2.084	<0.001

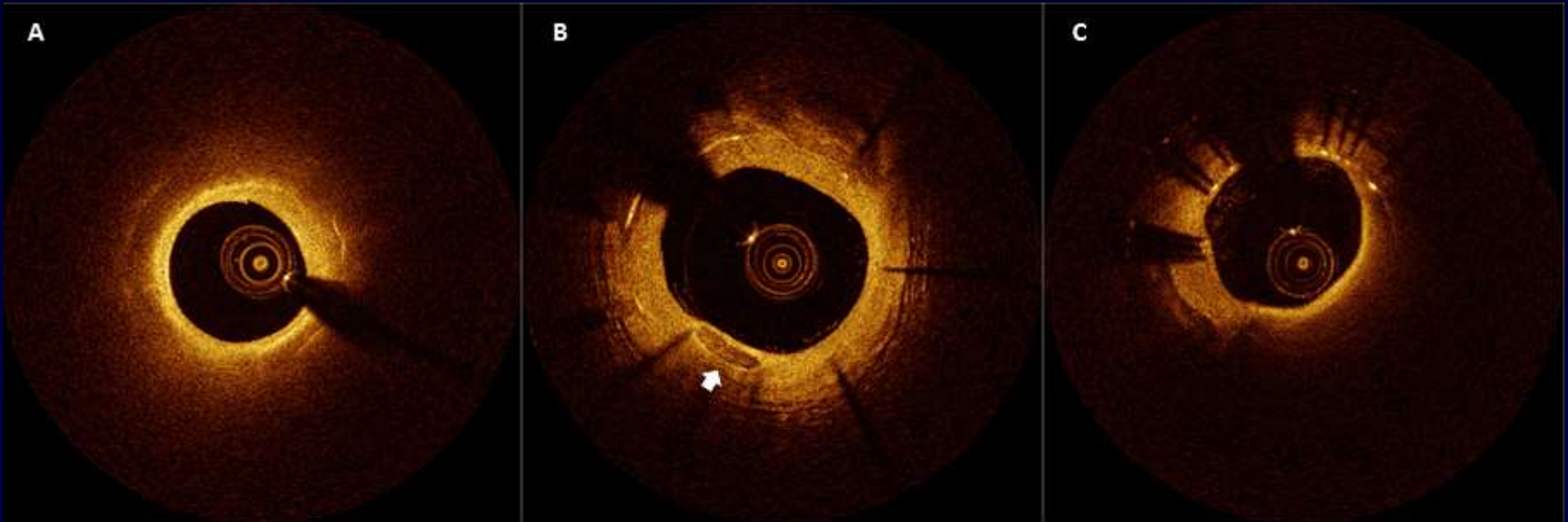
Compared to 1<sup>st</sup> DES, 2<sup>nd</sup> DES is not more protective against neoatherosclerosis.

CKD at index procedure and LDL cholesterol at follow-up may be associated with neoatherosclerotic restenosis

Lee SY, Hong MK (corresponding author), et al. *Circ Cardiovasc Interv* 2015;8:e001878

# Early neoatherosclerosis within 1 year after DES implantation

- 449 patients (482 lesions  $\leq 12$  months after DES with mean neointimal thickness  $>100\mu\text{m}$ )
- Incidence of neoatherosclerosis: **6.4% (31/482 lesions)**



Kim C, Kim BK, Hong MK (corresponding author). *Am Heart J* 2015;170:591-597

## Predictor of early neoatherosclerosis

Variables	Univariate Models		Multivariate Model	
	OR (95% CI)	p-value	OR (95% CI)	p-value
Male	1.27 (0.58-2.77)	0.549		
Age >65 y	1.09 (0.51-2.34)	0.819		
<b>Hypertension</b>	<b>2.61 (1.10-6.19)</b>	<b>0.029</b>	<b>3.20 (1.32-7.78)</b>	<b>0.010</b>
DM	1.02 (0.47-2.21)	0.97		
Current smoker	1.08 (0.45-2.58)	0.865		
ACS at index procedure	0.75 (0.36-1.58)	0.452		
Fasting glucose >100 mg/dL	0.88 (0.32-2.37)	0.792		
Estimated GFR <60 mL/min/1.73 m <sup>2</sup>	1.14 (0.48-2.72)	0.771		
<b>LDL-cholesterol &lt;100 mg/dL</b>	<b>Reference</b>		<b>Reference</b>	
<b>LDL-cholesterol 100-129 mg/dL</b>	<b>1.42 (0.53-3.83)</b>	<b>0.489</b>	<b>1.63 (0.59-4.51)</b>	<b>0.350</b>
<b>LDL-cholesterol ≥130 mg/dL</b>	<b>3.10 (1.33-7.21)</b>	<b>0.009</b>	<b>3.89 (1.62-9.36)</b>	<b>0.002</b>
Statin	0.50 (0.14-1.77)	0.284		
ACE-i or ARB	0.98 (0.45-2.12)	0.949		
1 <sup>st</sup> generation DES	Reference		Reference	
Next-generation DES	0.57 (0.26-1.25)	0.158		
EES	0.44 (0.13-1.44)	0.174	0.40 (0.12-1.36)	0.141
ZES	0.51 (0.22-1.23)	0.135	0.49 (0.20-1.20)	0.119
BES	1.12 (0.36-3.46)	0.849	1.35 (0.41-4.43)	0.622
Stent diameter >3 mm	0.83 (0.36-1.93)	0.669		
Total stent length >35 mm	1.62 (0.73-3.60)	0.233		
Time to OCT, per 1 month	1.08 (0.95-1.23)	0.258	1.11 (0.97-1.26)	0.121

Kim C, Kim BK, Hong MK (corresponding author). *Am Heart J* 2015;170:591-597

# Conclusions

- **OCT is an useful tool to evaluate the status of neointimal tissue which may be associated with occurrence of late DES failure.**
- **Optimal lipid control might be beneficial to improve the DES-related neointimal characteristics.**



# Dreams will come true

