



# Interpretation of cardiac CT

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# Accuracy of CTA

## Measure of Accuracy

## Patient-Based Detection

NEJM 2008;359:2324

	Quantitative MDCTA (N=291)	Visual MDCTA (N=291)
AUC — median (95% CI)	0.93 (0.90–0.96)	0.93 (0.89–0.95)
Stenosis by CCA — no.	163	163
Stenosis by MDCTA — no.	152	146
False positive — no.	13	11
False negative — no.	24	28
Sensitivity — % (95% CI)	85 (79–90)	83 (76–88)
Specificity — % (95% CI)	90 (83–94)	91 (85–96)
Positive predictive value — % (95% CI)	91 (86–95)	92 (87–96)
Negative predictive value — % (95% CI)	83 (75–89)	81 (73–87)

Arch Intern Med 2011;171:1021

**Table 7. Center-Based Operating Characteristics of Computed Tomographic Coronary Angiography ( $\geq 50\%$  Stenosis)**

Variable	N	% (95% CI)				AUC
		Sensitivity	Specificity	Positive Predictive Value	Negative Predictive Value	
Center-based diagnostic accuracy						
Center 1 <sup>a</sup>	102	93.2 (80.3-98.2)	93.1 (82.5-97.8)	91.1 (77.9-97.1)	94.7 (84.5-98.6)	0.931
Center 2 <sup>a</sup>	40	73.3 (44.8-91.1)	92.0 (72.4-98.6)	84.6 (53.7-97.3)	85.2 (65.4-95.1)	0.826
Center 3 <sup>a</sup>	11	50.0 (17.4-82.6)	100 (31.0-100)	100 (40.0-100)	42.9 (11.8-79.8)	0.750
Center 4 <sup>a</sup>	16	69.2 (38.9-89.6)	100 (31.0-100)	100 (62.9-100)	42.9 (11.8-79.8)	0.846
Centers 2, 3, and 4 <sup>b</sup>	67	66.7 (48.9-80.9)	93.5 (77.2-98.9)	92.3 (73.4-98.7)	70.7 (54.3-83.4)	0.801

# Guidelines

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## Appropriateness use criteria

### Practice guideline

- ACR-NASCI-SPR practice parameter for the performance and interpretation of cardiac computed tomography (2014 ammended)
- SCCT guidelines for performance of CCTA (2009)
- SCCT guidelines on radiation dose and dose-optimization strategies in cardiovascular CT
- **SCCT guidelines for the interpretation and reporting of CCTA (2014)**
- SCCT guidelines on the use of CCTA for patients presenting with acute chest pain to the emergency department

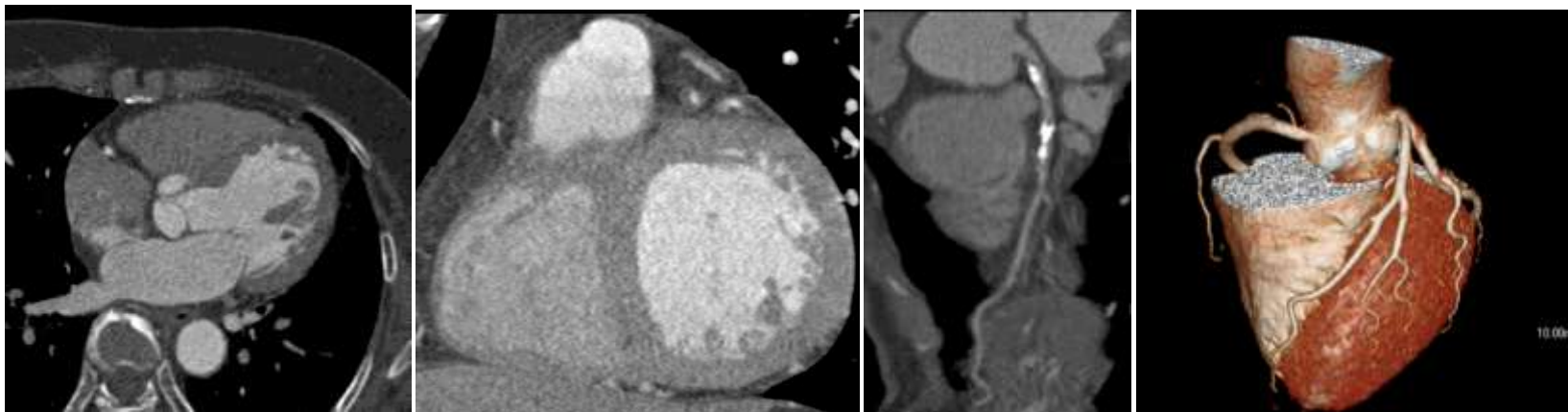
### Other

- NICE guideline for new generation cardiac CT scanners

# Interpretation formats

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- Transaxial images
- Multiplanar reformation
- Maximum intensity projection
- Curved multiplanar reformation, 3DVR

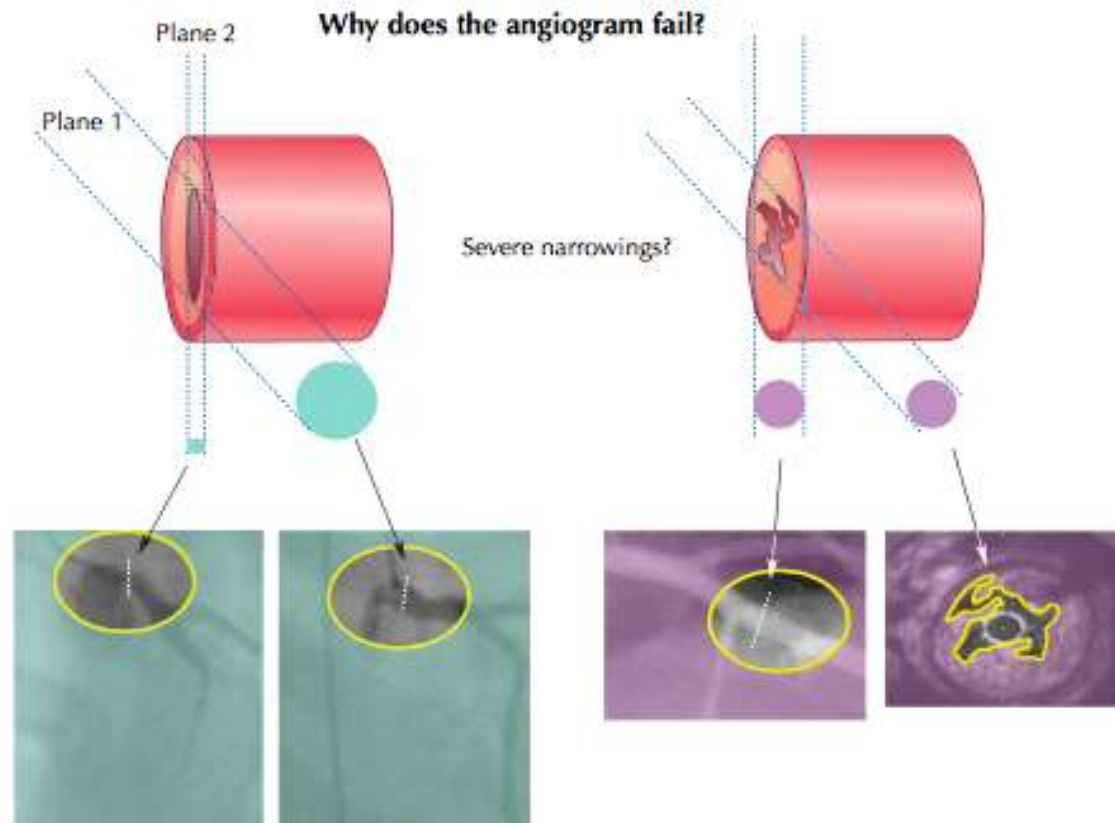


# Interpretation

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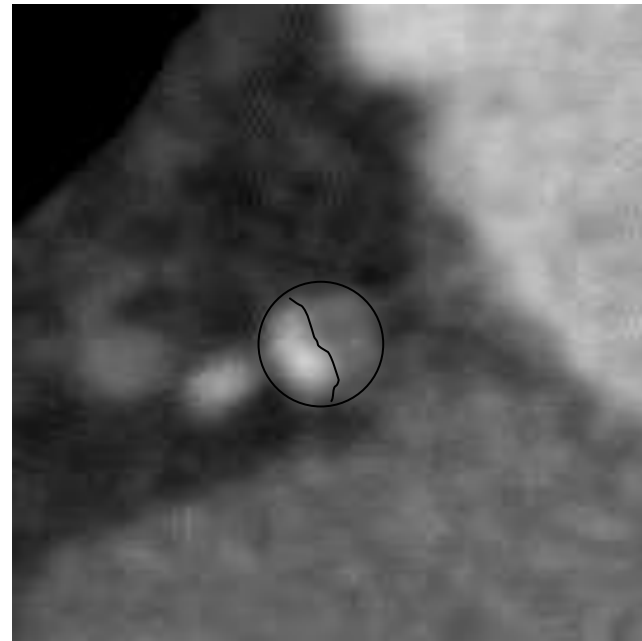
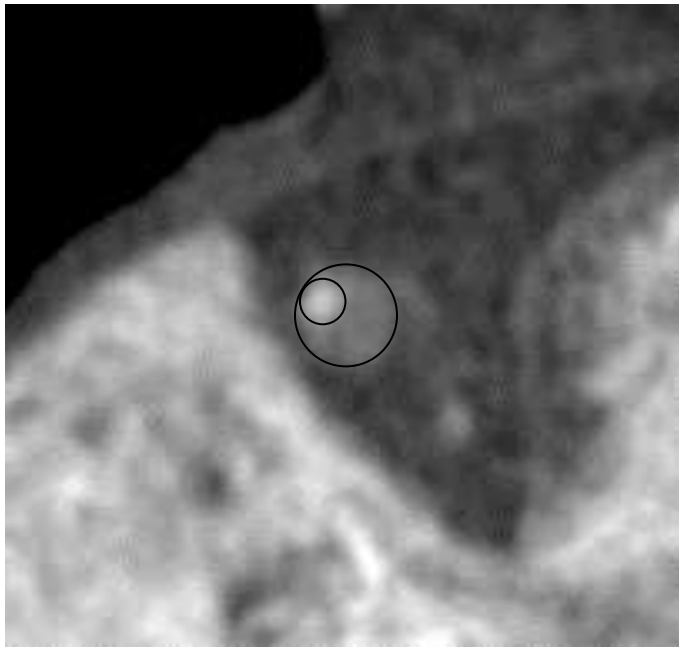
- Examination of image quality
  - Reconstruction artifacts
  - Metal density artifacts
  - Reduced signal-to-noise and low vessel contrast intensity
- Coronary artery interpretation
  - Anatomy: anomaly, dominance, myocardial bridging
  - Coronary segmentation (location)
  - Analysis of coronary anatomy and pathology
  - Qualitative assessment of stenosis severity
  - Quantitative assessment of stenosis severity

# Why does the angiography fail to predict physiology?



# Cross-sectional area stenosis

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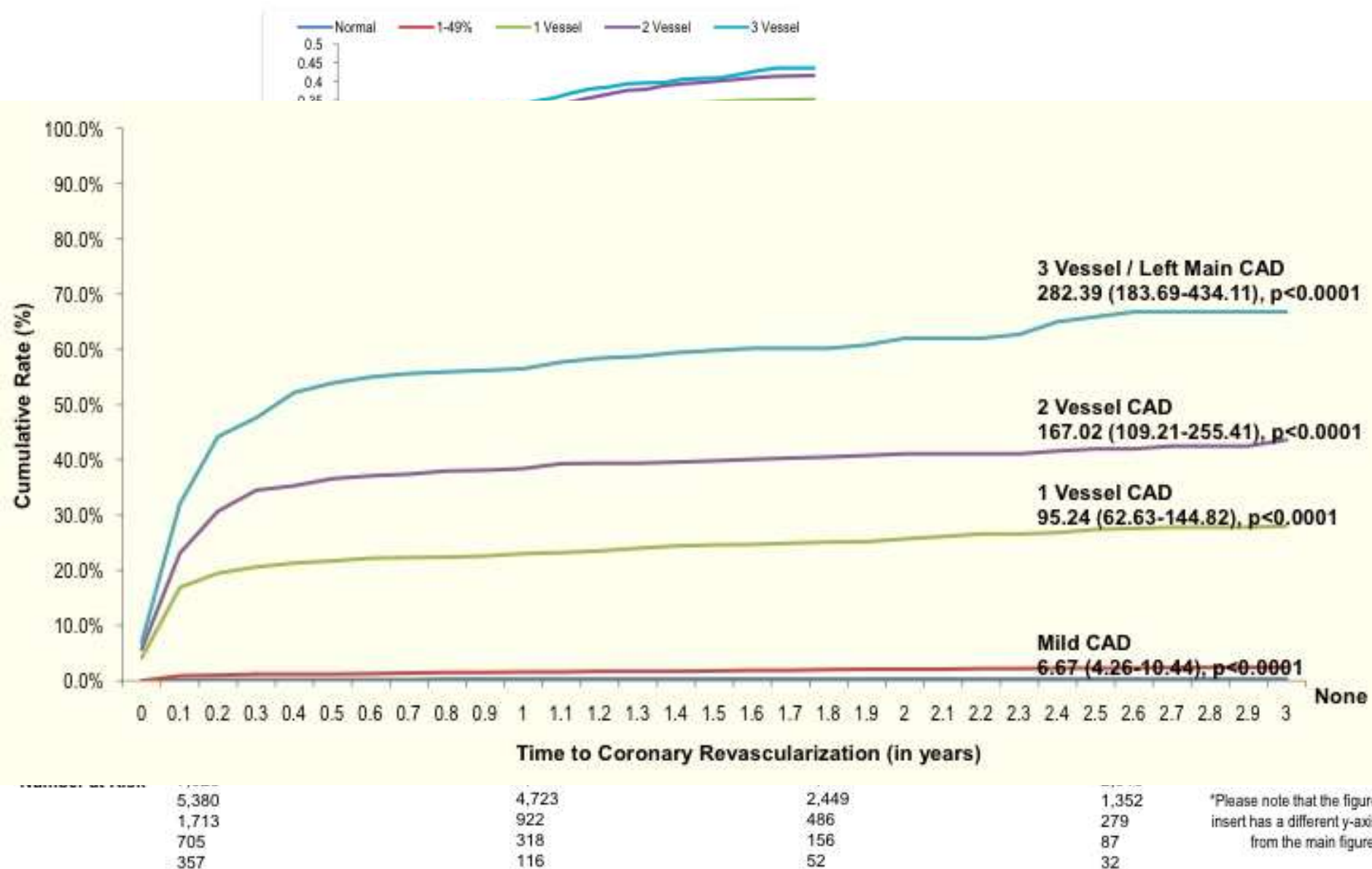


# SCCT guideline for stenosis severity

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- 0 - Normal: absence of plaque and no luminal stenosis
- 1 - Minimal: plaque with <25% stenosis
- 2 - Mild: 25% to 49% stenosis
- 3 - Moderate: 50% to 69% stenosis
- 4 - Severe: 70% to 99% stenosis
- 5 - Occluded

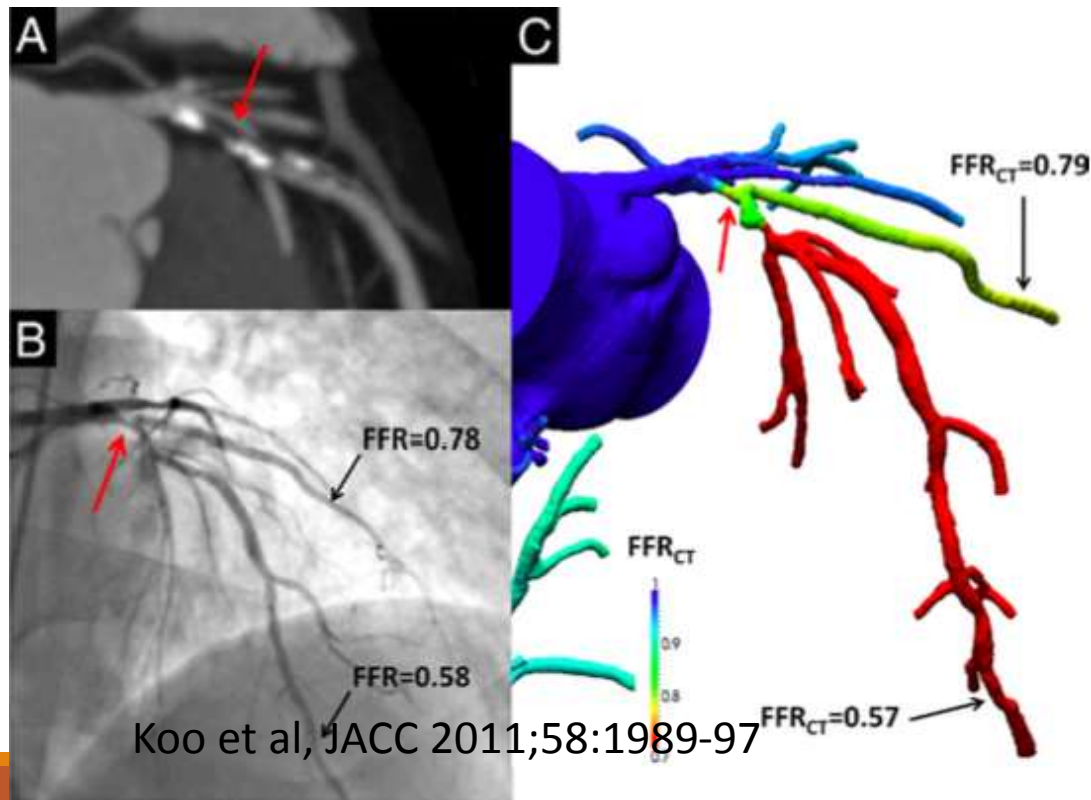




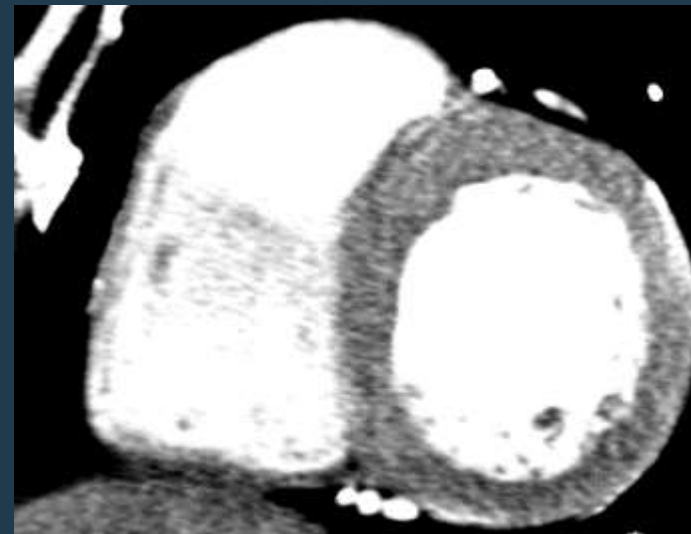
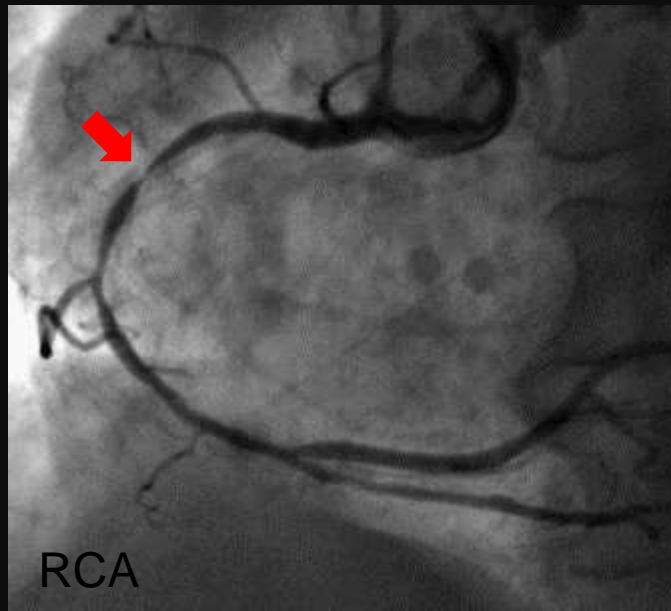
# Issues for better gatekeeper role

Still high false positive rate on segment-basis analysis

FFR-based revascularization strategy



# Heavily calcified plaque



Reversible perfusion defect in RCA territory

# CT Perfusion

- MDCT Integrated: 85%
- CMR Perfusion: 88%

**Table 2** Comparison of Diagnostic Protocols in Predicting Functionally Significant CAD (FFR  $\leq 0.80$ )

	CAD (%)	n	TP	TN	FP	FN	k	% Sensit. (95% CI)	% Specif. (95% CI)	% PPV (95% CI)	% NPV (95% CI)	+LR	−LR	% Accu. (95% CI)
<b>Patient-based</b>														
CTA alone	43.6	101	44	35	22	0	0.58	100 (92–100)	61 (55–61)	67 (61–67)	100 (89–100)	2.59	0.00	78 (71–78)
CTP alone	43.6	101	30	53	4	14	0.62	68 (58–74)	93 (85–98)	88 (75–96)	79 (72–83)	9.72	0.34	82 (73–87)
MDCT Int to Prot	43.6	101	39	47	10	5	0.70	89 (78–95)	83 (74–88)	80 (70–86)	90 (82–96)	5.05	0.14	85 (76–91)
CMR-Perf	43.6	101	39	50	7	5	0.76	89 (79–95)	88 (80–93)	85 (75–91)	91 (83–96)	7.22	0.13	88 (79–94)
<b>Vessel-based</b>														
CTA alone	24.1	303	69	155	75	4	0.47	95 (87–98)	67 (65–69)	48 (44–50)	97 (94–99)	2.90	0.08	74 (70–76)
CTP alone	24.1	303	40	219	11	33	0.56	55 (46–61)	95 (93–97)	78 (66–88)	87 (84–89)	11.46	0.47	85 (81–89)
MDCT Int-Prot	24.1	303	52	206	24	21	0.60	71 (62–79)	90 (87–92)	68 (59–76)	91 (88–93)	6.83	0.32	85 (81–89)
CMR-Perf	24.1	303	58	215	15	15	0.73	79 (71–86)	93 (91–96)	79 (71–86)	93 (91–96)	12.18	0.22	90 (86–93)

# Current AUC for Cardiac CT

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2013 Multimodality AUC for SIHD

2013 Appropriateness Criteria in Korea

2010 appropriate use criteria for cardiac computed tomography: a report of the American College of Cardiology Foundation Appropriate Use Criteria Task Force

ASCI 2010 appropriateness criteria for cardiac computed tomography of the Asian Society of Cardiovascular Imaging

2006 appropriate use criteria from ACCF

Noninvasive coronary artery imaging: current clinical applications: Cardiac Society of Australia and New Zealand guidelines (CSANZ)

# Chronic chest pain (ACCF 2010)

Taylor et al Appropriate Use Criteria for Cardiac Computed Tomography e541

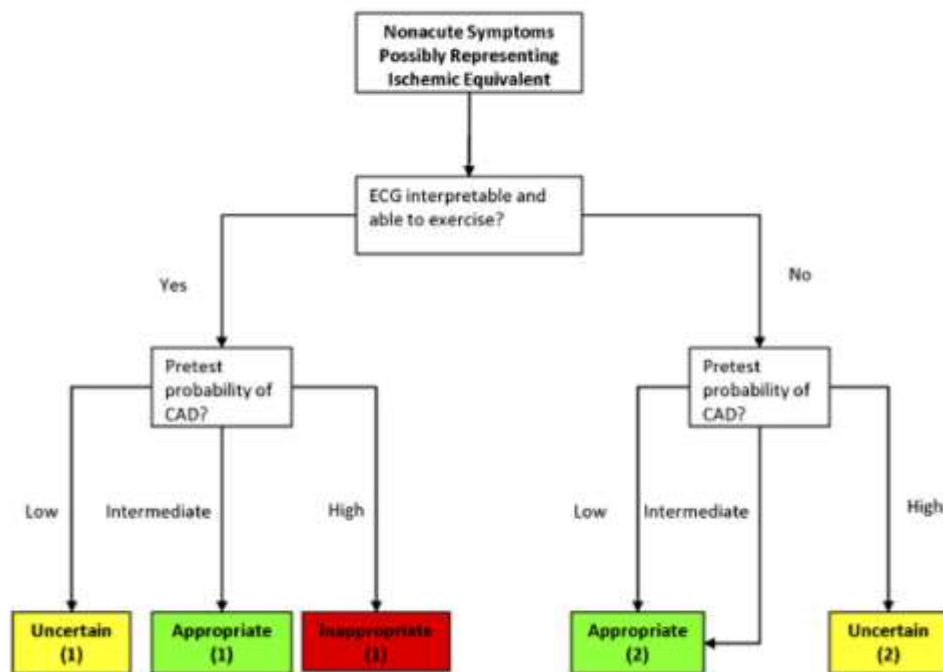


Figure 6. Detection of CAD in symptomatic patients without known heart disease symptomatic—nonacute presentation.



# Use of CCTA for ACS at ER

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## Evidence by trials

- CT-STAT
- ROMICAT I & II
- ACRIN-PA

## Benefits of CCTA

- Higher discharge rate
- Shorter length of stay
- Cost-effectiveness ?
- Not higher MACE ?

# Acute chest pain: ACCF 2010

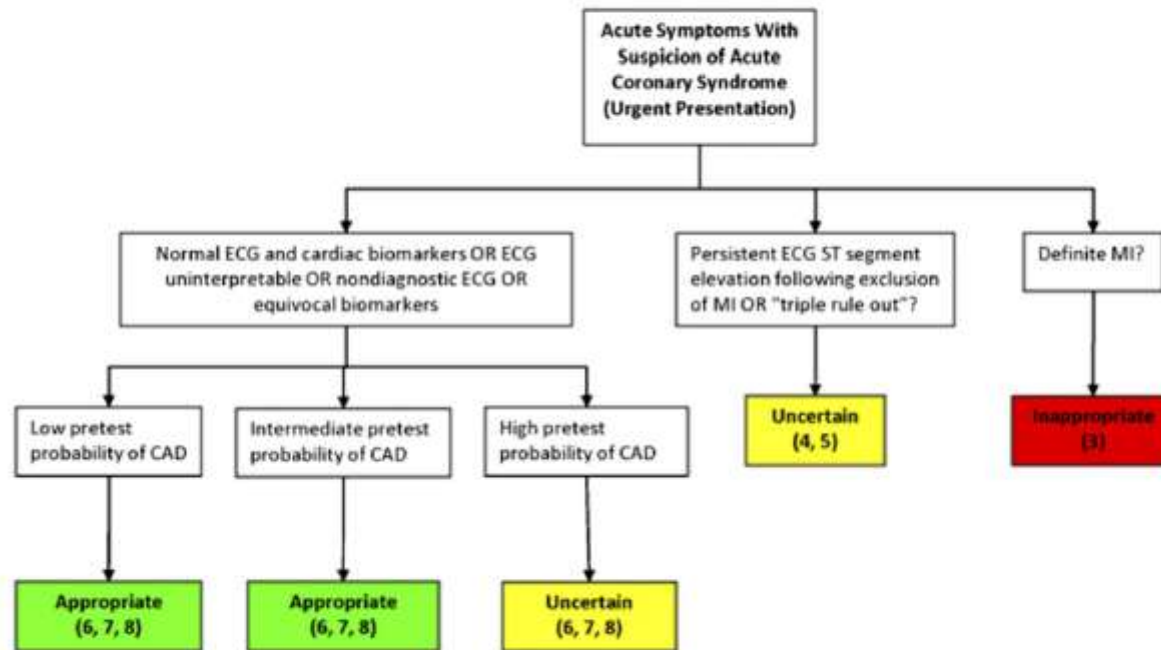
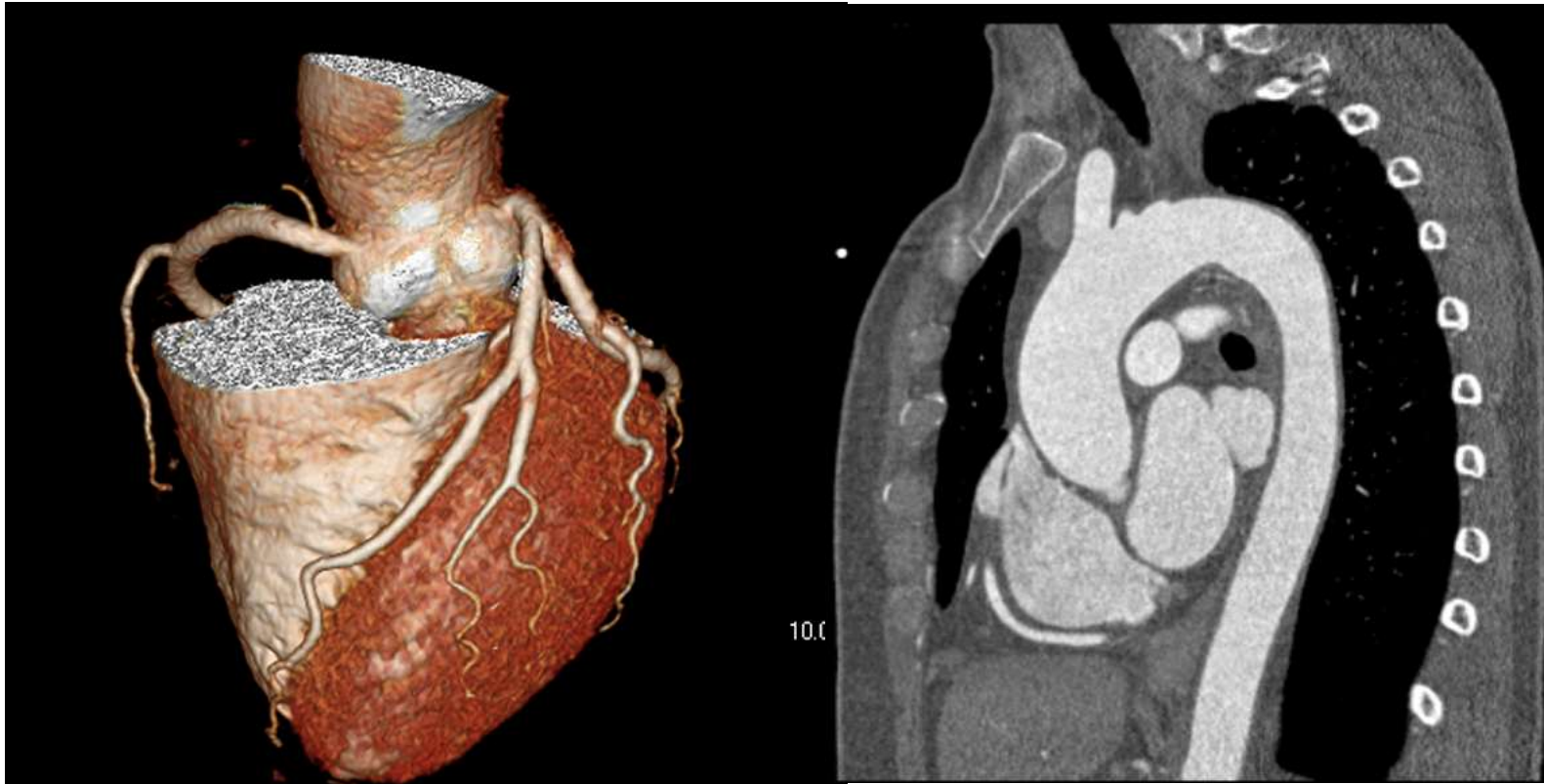


Figure 3. Detection of CAD in symptomatic patients without known heart disease symptomatic acute presentation.



F/51 atypical chest pain, DOE,  
HR 46bpm, Flash mode (triple rule out)



*Estimated radiation dose: 1.2mSv*

# Triple rule-out

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2006 Criteria: Uncertain (4)

2008 Update in JCCT: Appropriate (7)

2010 Criteria: Uncertain (6)

2010 ASCI Criteria: Appropriate (7)

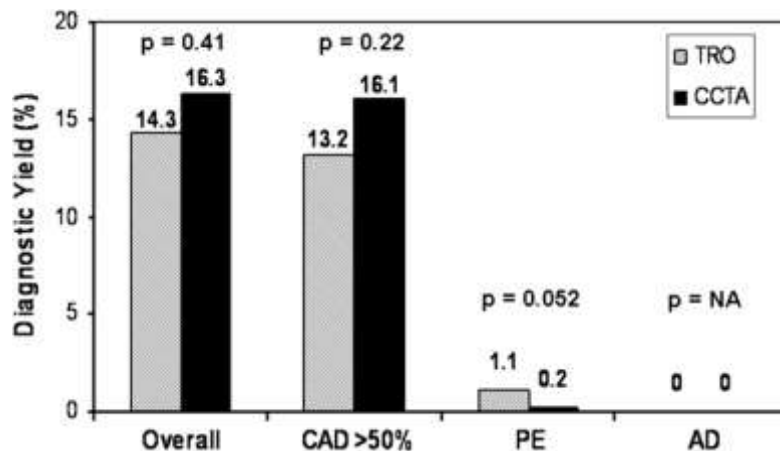
2013 Korean AUC (7), LOE B

# Triple rule-out

## Concerns

- ▣ Diagnostic yield
- ▣ Clinical outcome
- ▣ Use of downstream resources
- ▣ Radiation dose for covering whole thorax

## DIAGNOSTIC YIELD



## OUTCOME (TRO VS. CTA)

### Use of Downstream resources

- More use in TRO group

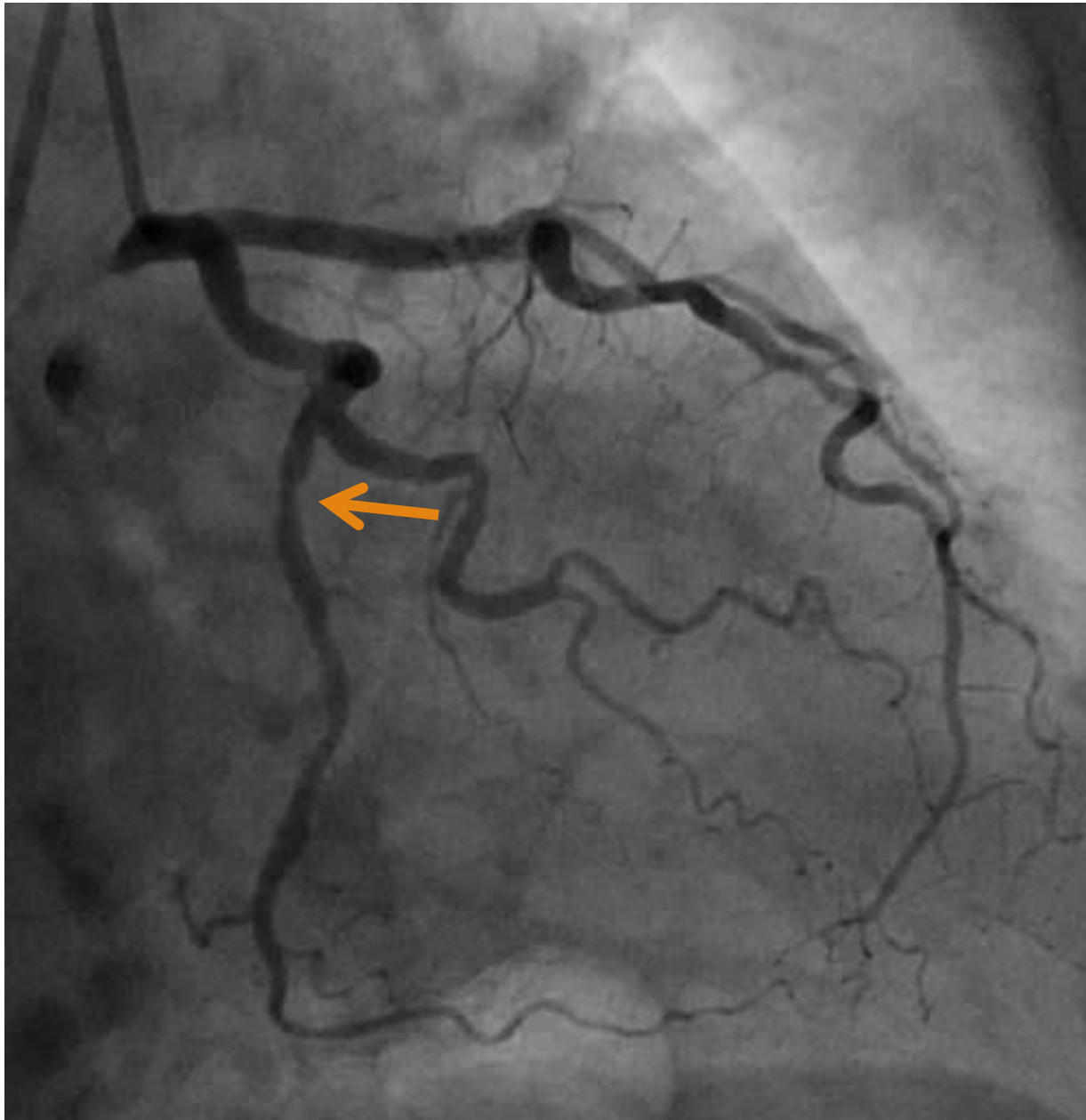
### Length of stay:

- 8h12m vs. 7h38m

Costs: \$1898 vs. \$1724

# In comparison: ACP

Suspicion of ACS	Pre-test probability of CAD	ACCF 2006	ACCF 2010	ASCI 2010	KOREA 2013
Definite MI	-	I(1)	I(1)	I(3)	I (1) -C
Persistent ECG ST-segment elevation following exclusion of MI	-	-	U(6)	-	U (6) -B
TRO	-	U(4)	U(6)	A(7)	A (7) -B
Persistent probability of CAD	Low	U(5)	A(7)	U(4)	A (7) -A
	Intermediate	A(7)	A(7)	A(7)	A (7) -A
	High	U(6)	U(4)	A(7)	A (7) -A*



# Coronary artery plaque

## Detection

## Description

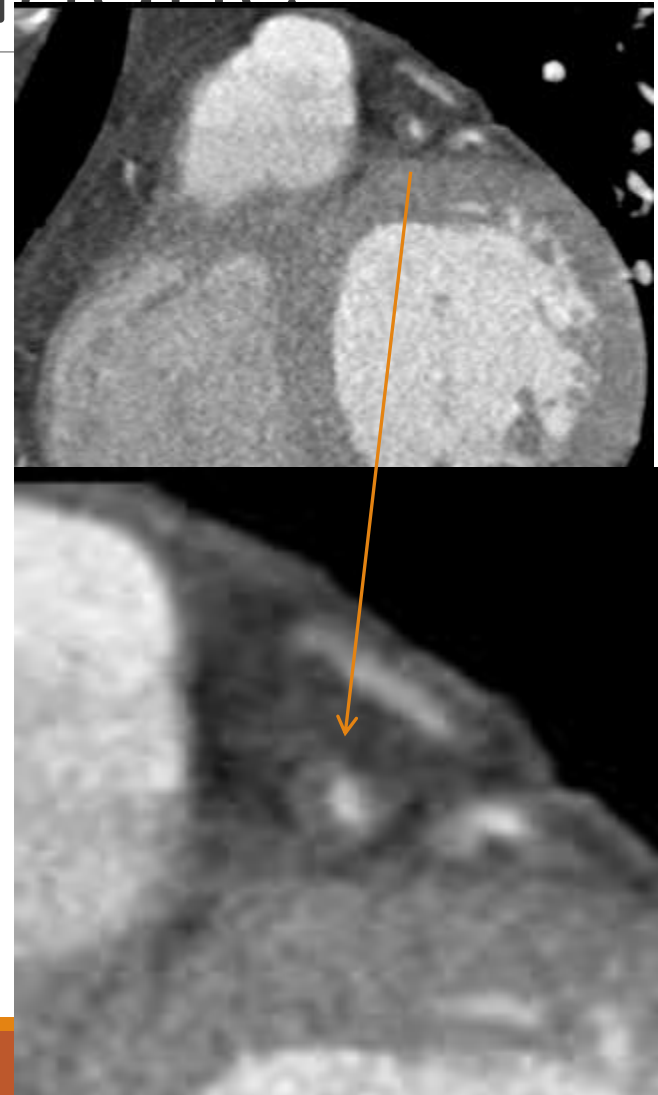
- Calcified
- Noncalcified
- Mixed

## Quantification

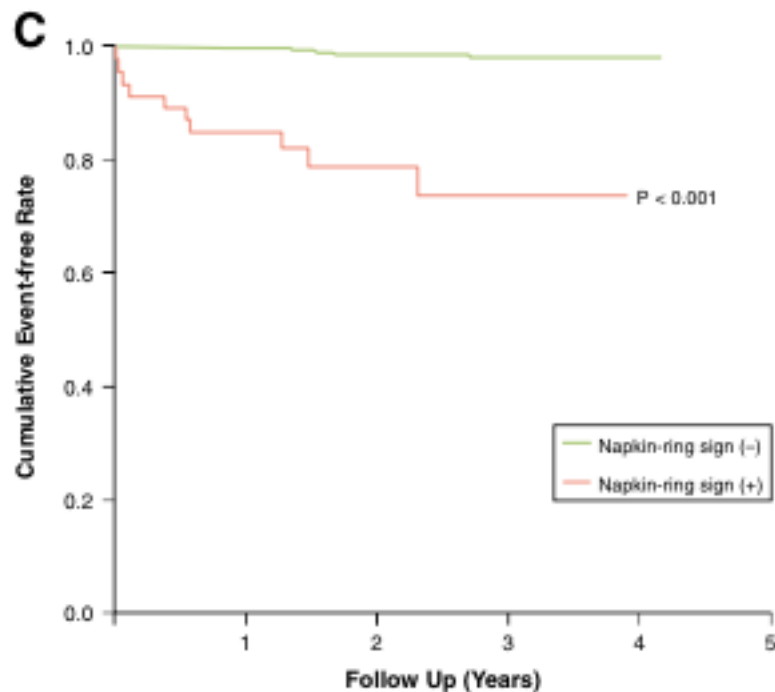
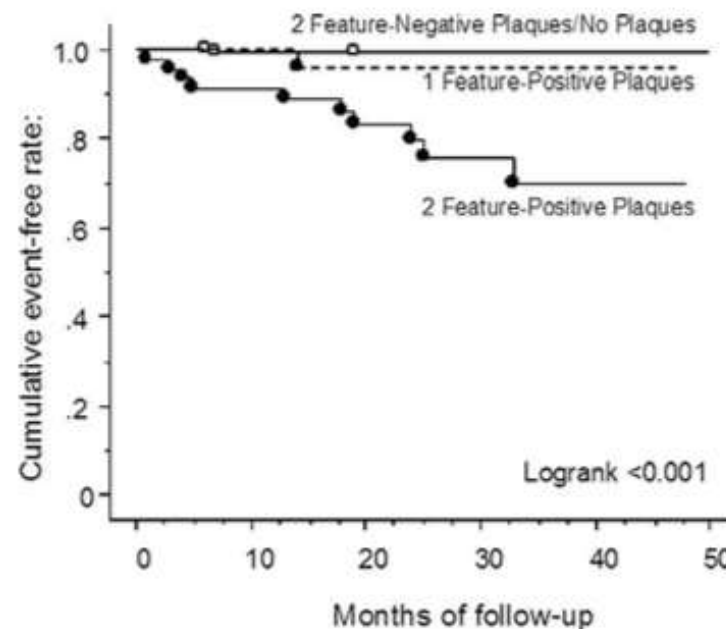
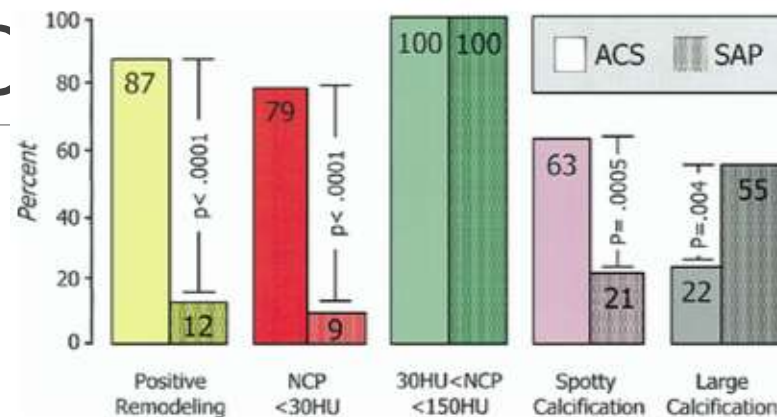
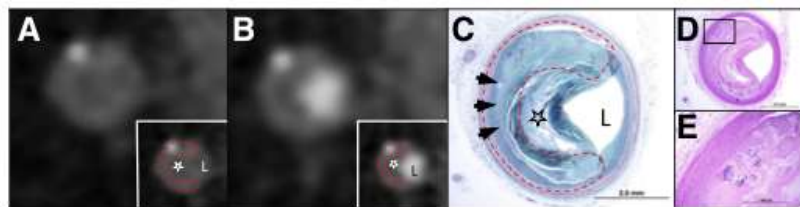
- Area & volume
- Positive remodeling

## Composition of Vulnerability

- Spotty Calcification
- Low attenuation
- Napkin ring sign



# Vulnerable plaque



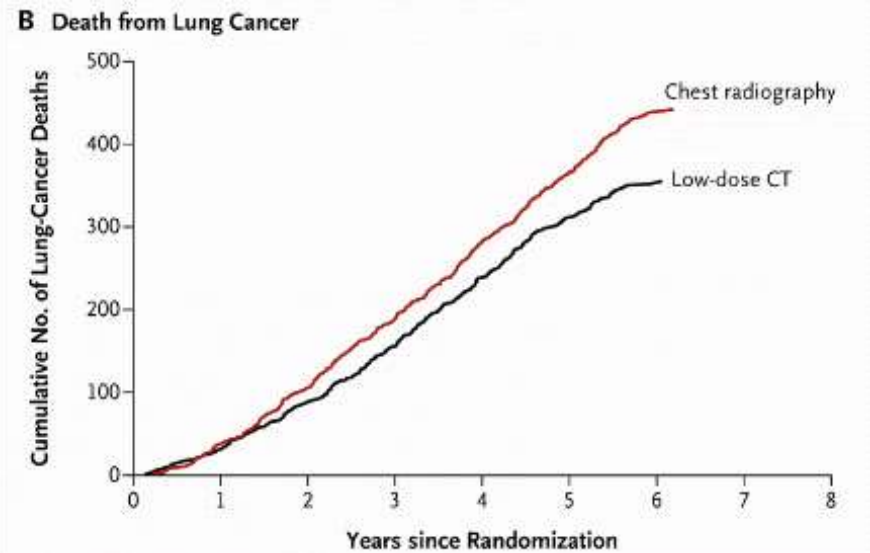
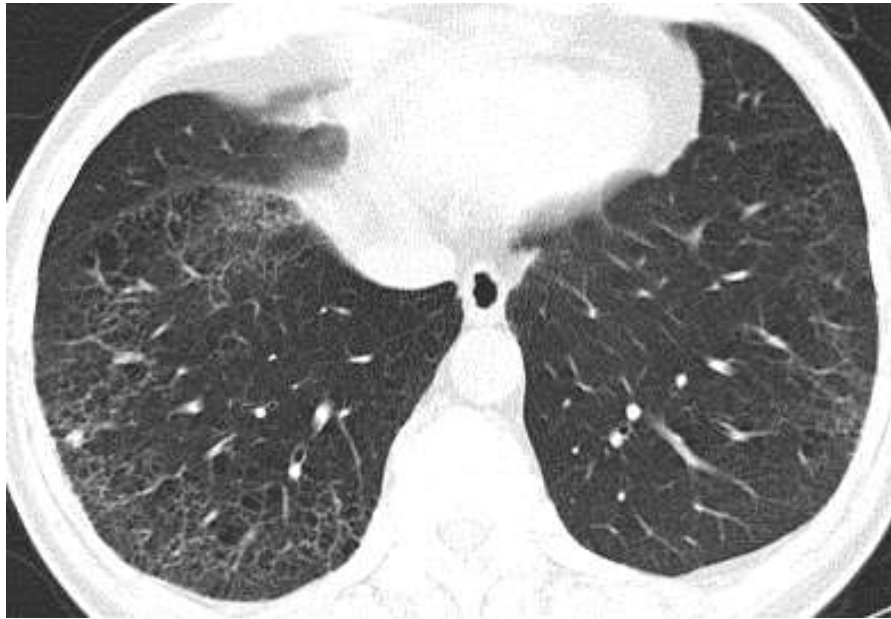
JACC: Cardiovasc Imaging 2010;3:440-4 & 2013;6:448-57

Motoyama et al, JACC 2007 & 2009



# Reduced Lung-Cancer Mortality with Low-Dose Computed Tomographic Screening

## National Lung Screening Trial



More than 50,000 people at high risk for lung cancer

- Low dose CT group (n=26722 pts) vs chest PA group (n=26732)
- **Low-dose CT screening reduced lung cancer mortality 20%**



# Choosing Wisely

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Don't routinely order coronary computed tomography angiography for screening asymptomatic individuals. → **Appropriate in Asian Guideline! (for high risk)**

Don't use coronary computed tomography angiography in high risk\* emergency department patients presenting with acute chest pain. → **Appropriate in Asian Guideline!**

Don't use coronary artery calcium scoring for asymptomatic patients with known coronary artery disease (including stents and bypass grafts).

Don't order coronary artery calcium scoring for preoperative evaluation for any surgery, irrespective of patient risk.

Don't order coronary artery calcium scoring for screening purposes on low risk asymptomatic individuals except for those with a family history of premature coronary artery disease.

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Thank you!

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