

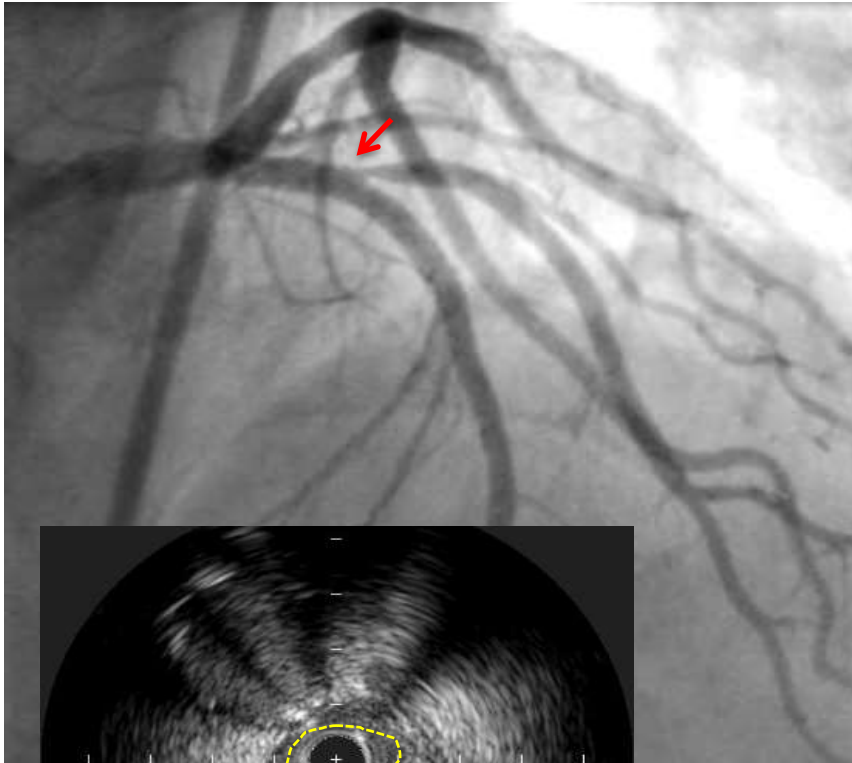
FFR in Bifurcation Lesions : We Should be More Physiologic than FFR!

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Significant lesion?



Min Lumen-Area: 2.0mm²
MLD: 1.2mm

- **Anatomically!**
- Physiologically
- Clinically
- Prognostically

Why “*physiologic evaluation*” in bifurcation lesion?

Pitfalls of anatomical evaluation

- **Angiography**
 - Single directional assessment
 - Variability in stenosis assessment
 - No validated criteria for intervention
 - Not physiologic
- **IVUS/OCT**
 - Difficult to perform in tight stenosis
 - No validated criteria for intervention
 - Not physiologic

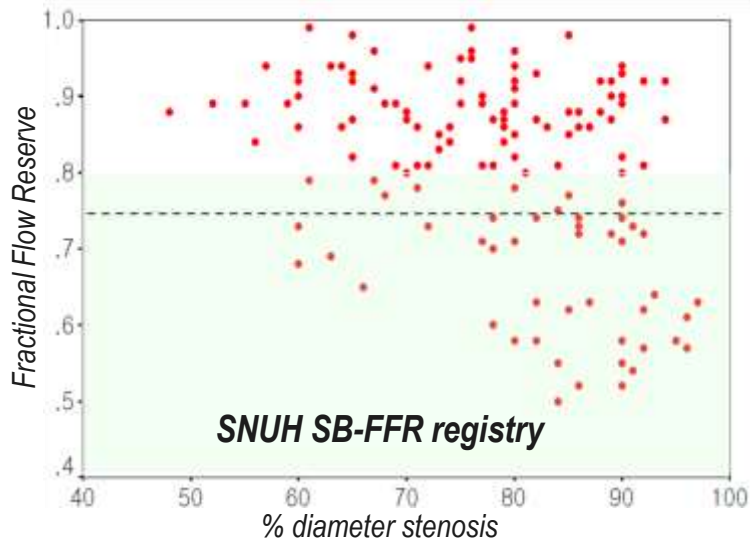
Uniqueness of side branch lesions

- Various size, various amount of myocardium
- Side branch stenosis is **unique and complex**
 - Underlying plaque → **Eccentric**
 - Remodeling → **Negative remodeling**
 - Complex mechanisms of side branch jailing
Carina shift, plaque shift, stent struts, thrombus.....

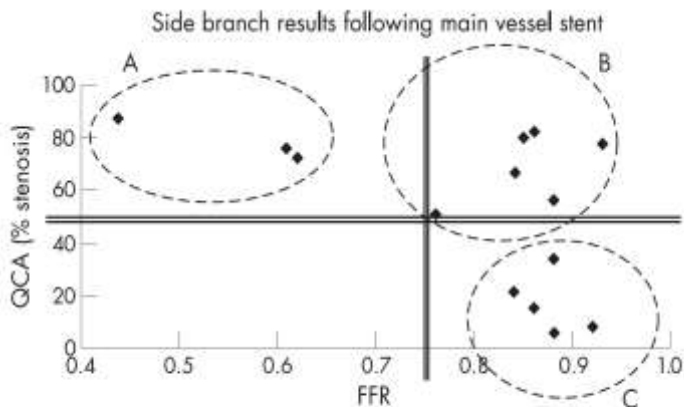
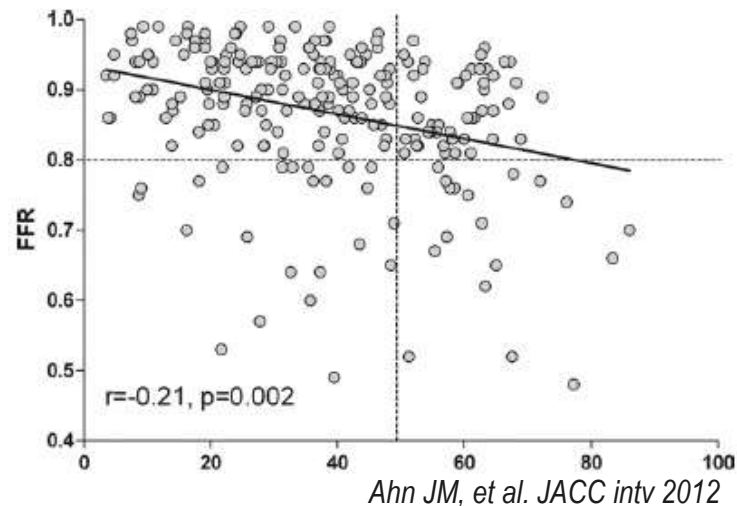
Koo BK & de Bruyne B, Eurointervention 2010

Anatomical severity \neq Functional significance

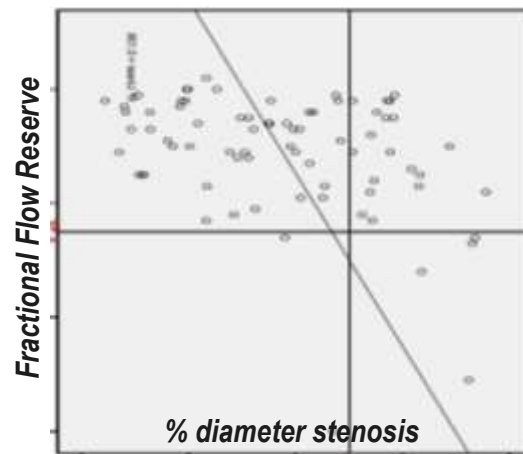
% diameter stenosis vs. FFR in Jailed side branches



Park SH & Koo BK, J Ger Cardiol 2012




Bellenger, et al. Heart 2007



Kumsars I, et al. Eurointervention 2011

Anatomical severity \neq Functional significance

Can FFR (or iFR)-guided SB intervention strategy improve patients' outcome like FAME I & II?

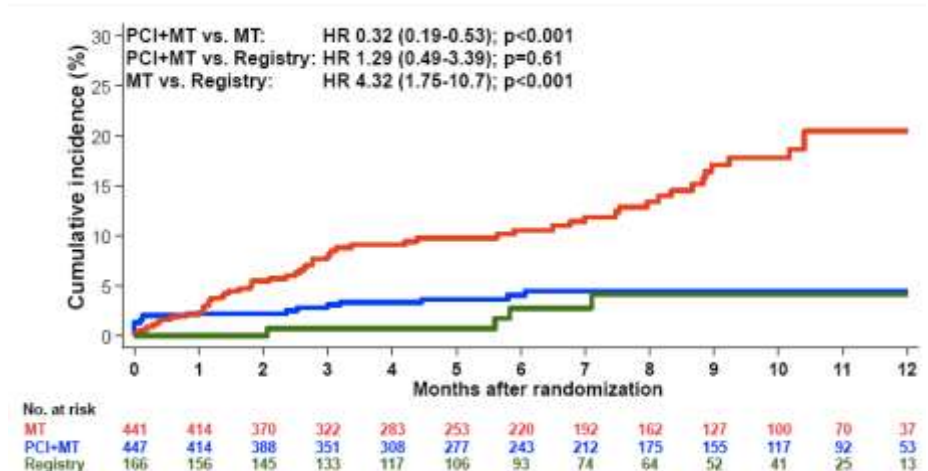
FAME 

Fractional Flow Reserve versus Angiography for Multivessel Evaluation

Principal investigators: Nico H.J. Pijls, Eindhoven, The Netherlands
Bernard de Bruyne, Aalst, Belgium
William F. Fearon, Stanford, USA

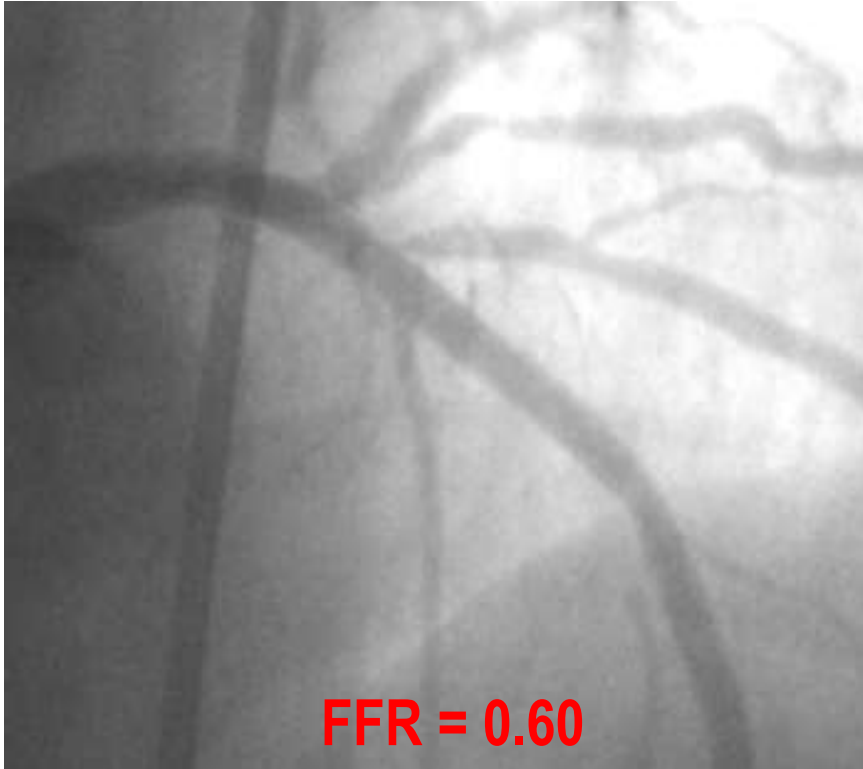
Study-coordinator: Pim Tonino, Eindhoven, The Netherlands

FAME



Probably, **NOT** in general bifurcation lesions.....

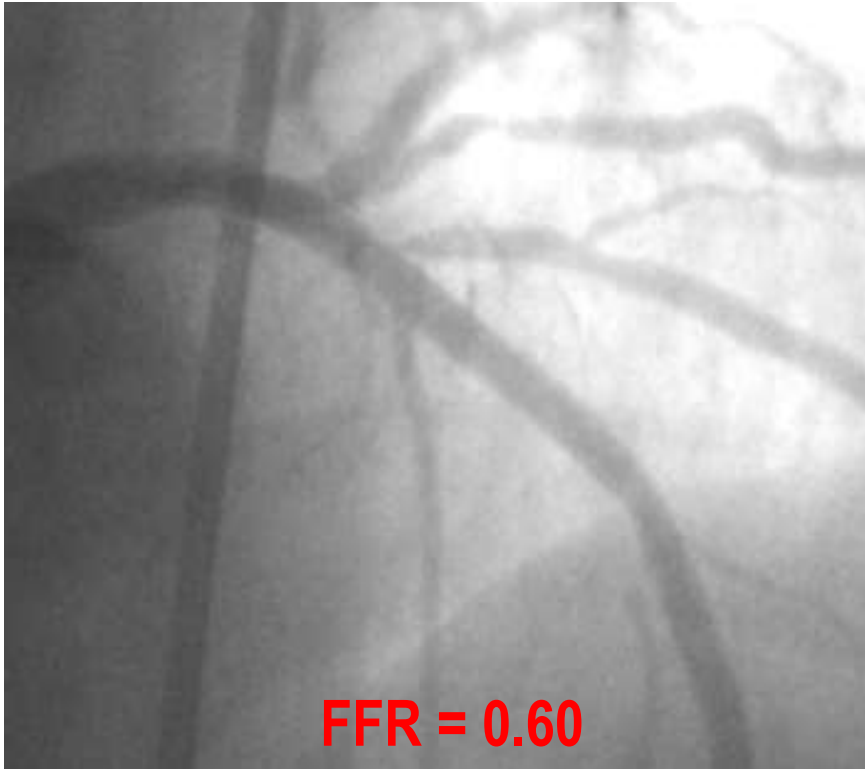
Significant stenosis?



- **Anatomically!**
- **Physiologically** (by FFR)!
- **Clinically?**
- **Prognostically?**

We need to be more **“physiologic”** than physiologic indices.

Clinically significant?



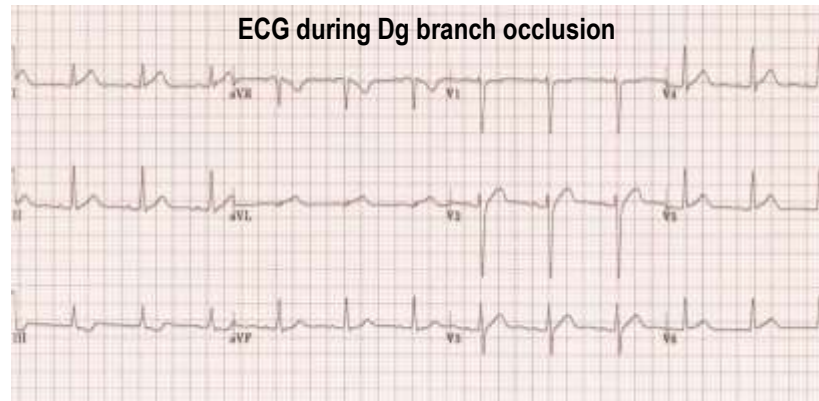
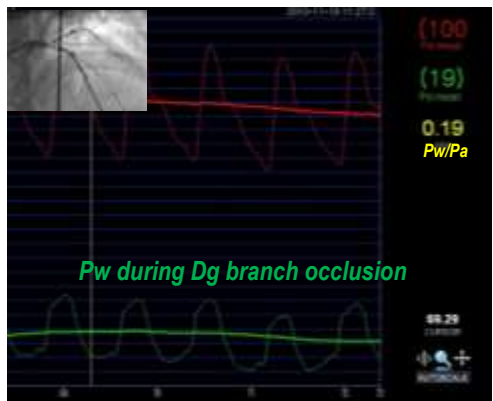
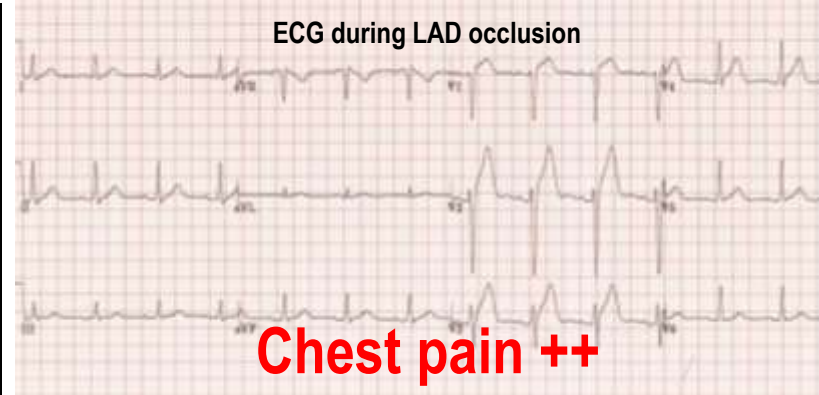
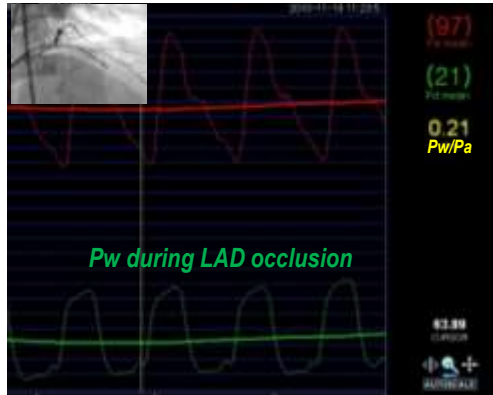
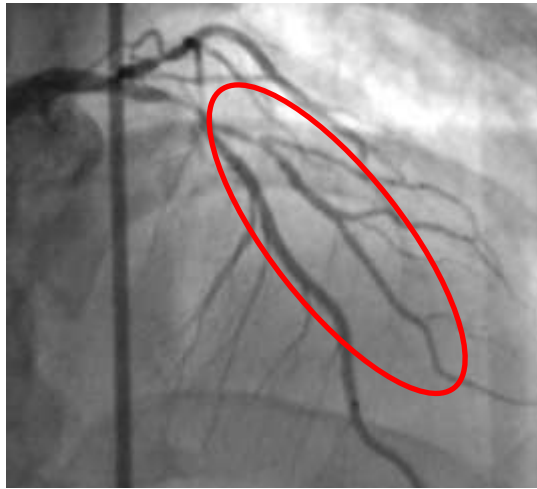
Determinants

- Presence of ischemia
- Amount of ischemia
- Symptom
- Arrhythmic potential

Clinical relevance

What will happen if this branch is occluded?

One-minute balloon occlusion test



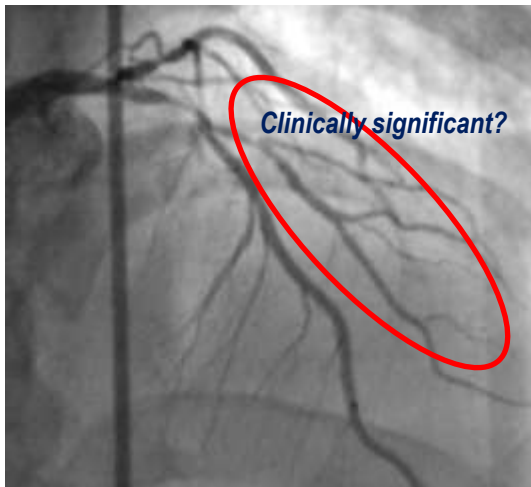
Clinical significance: Main vs. Side branch

- Responses to 1-minute balloon occlusion -

	LAD	Diagonal	P value
Chest pain (VAS score)	5	2	<0.0001
ST elevation \geq 1mm	92.3%	35.4%	0.001
QTc interval, msec	454.0 \pm 45.4	440.4 \pm 35.7	0.07
QTc dispersion, msec	83.8 \pm 39.2	70.7 \pm 28.5	<0.0001

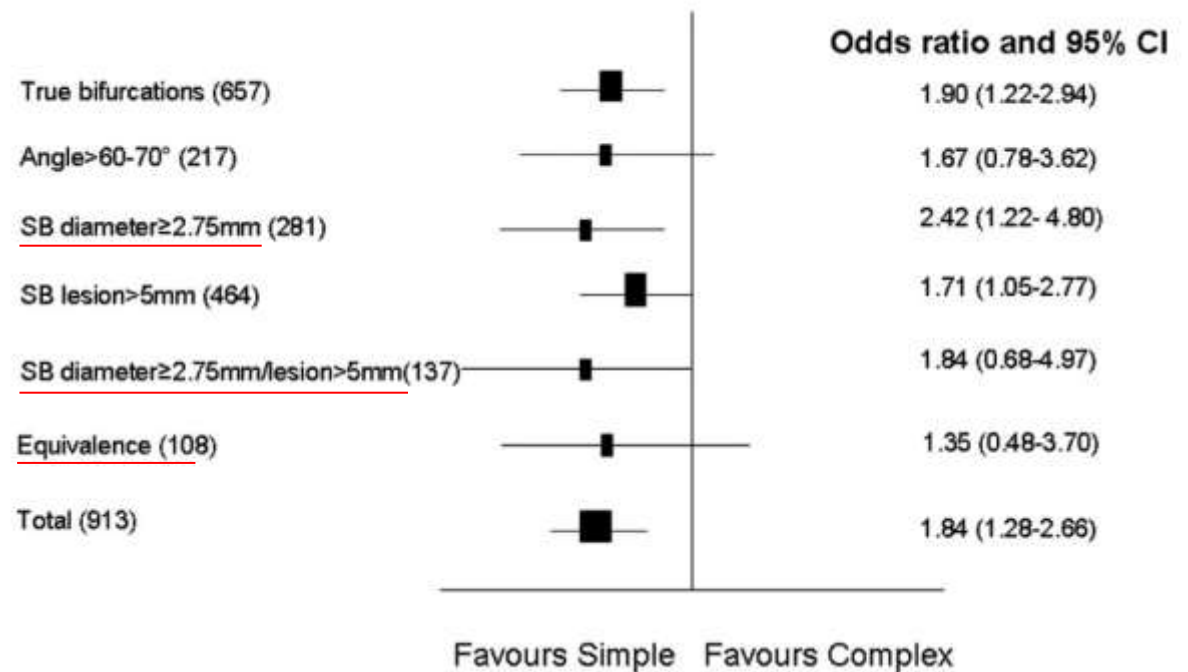
Side branch has much less clinical relevance in terms of symptom, ischemia and arrhythmic potentials

How can we find the clinically significant side branch?



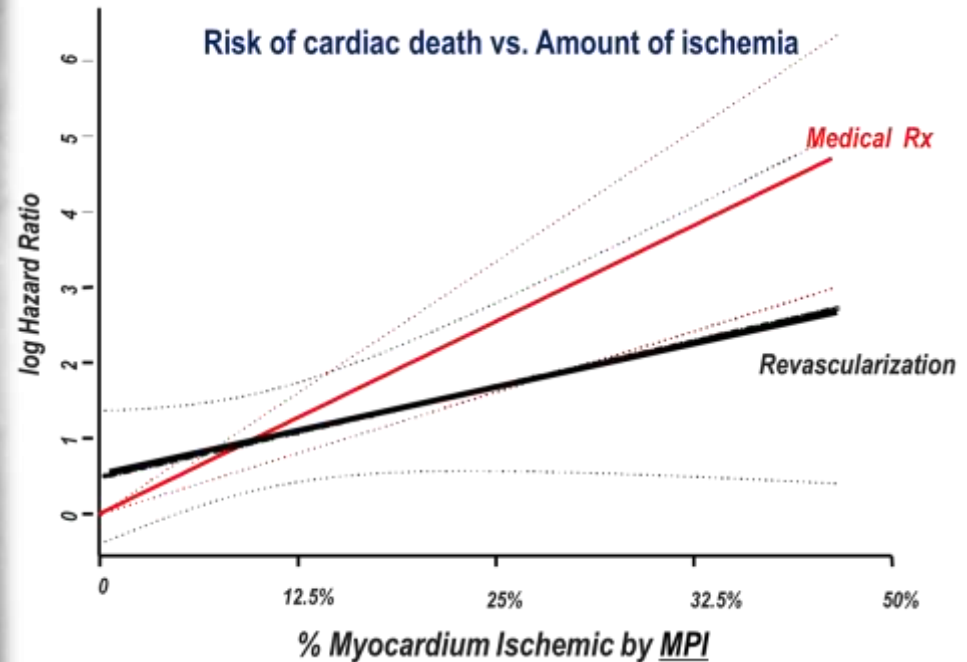
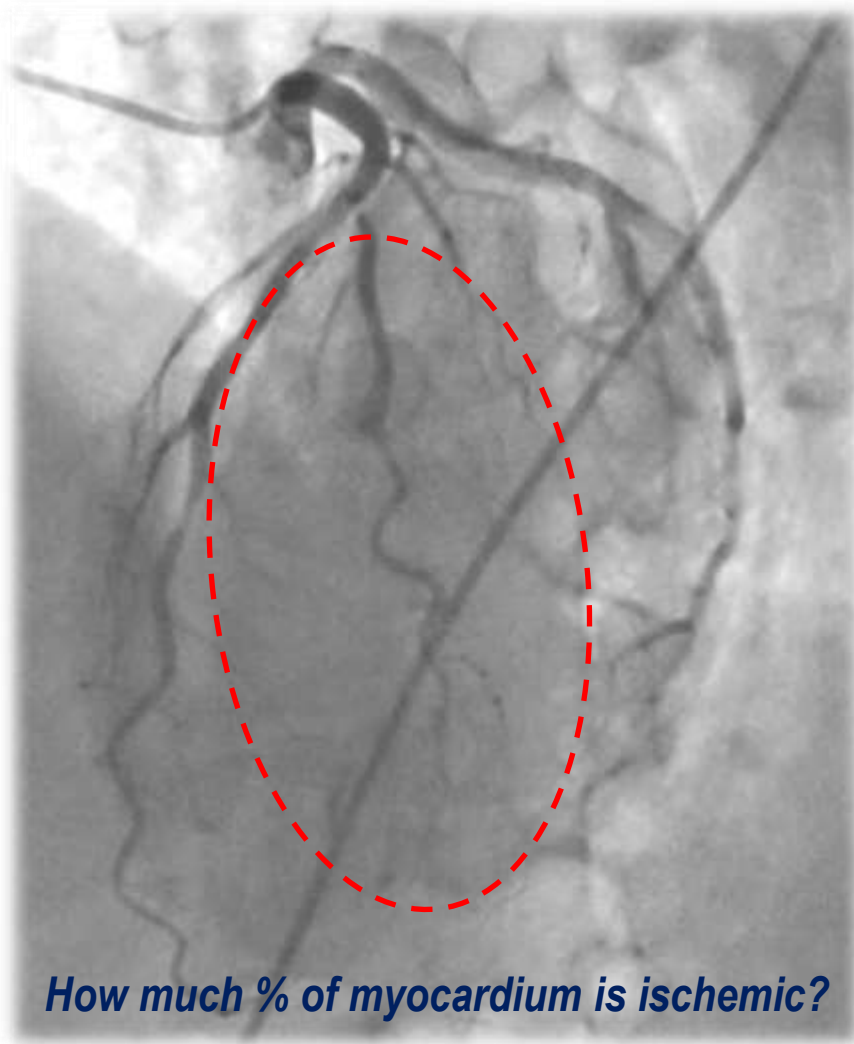
BBC+NORDIC study

: provisional better, at any discrimination parameter



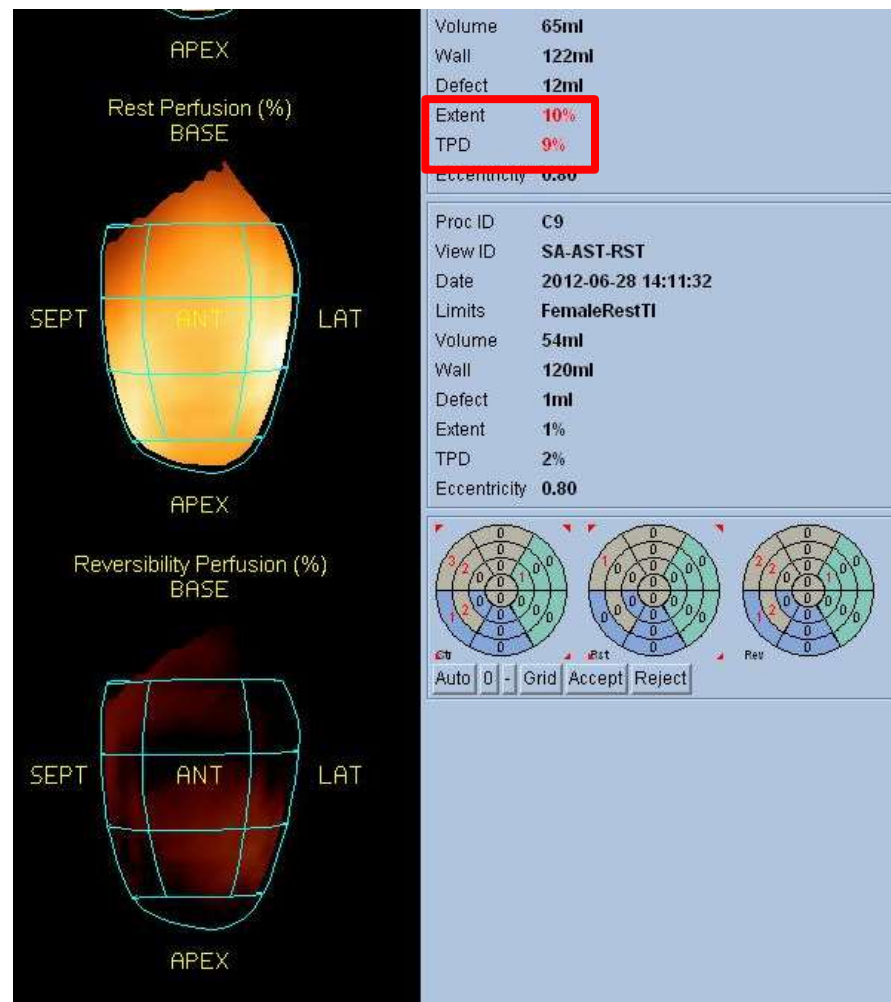
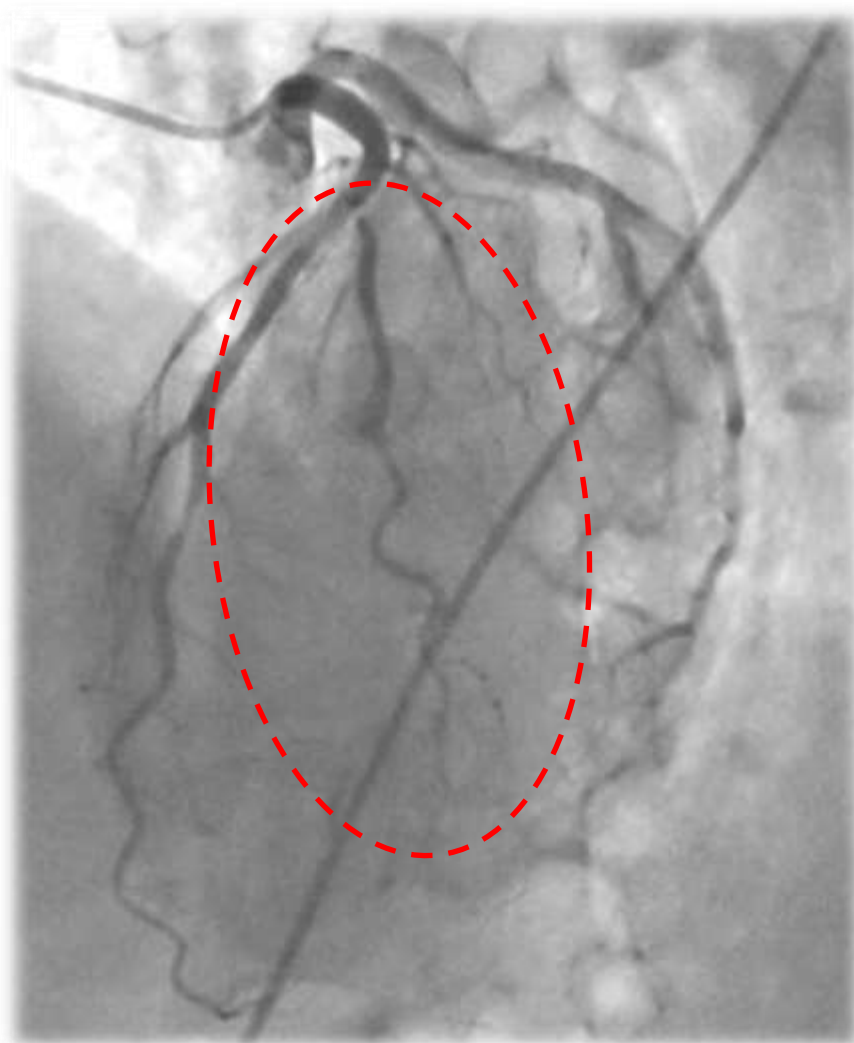
How can we find the clinically significant side branch?

Focus more on “myocardial mass at risk” than angiographic parameters



Hachamovitch, Circulation 2003

How much % of myocardium is ischemic?



Scoring system for diagonal branches

- SNuH score -

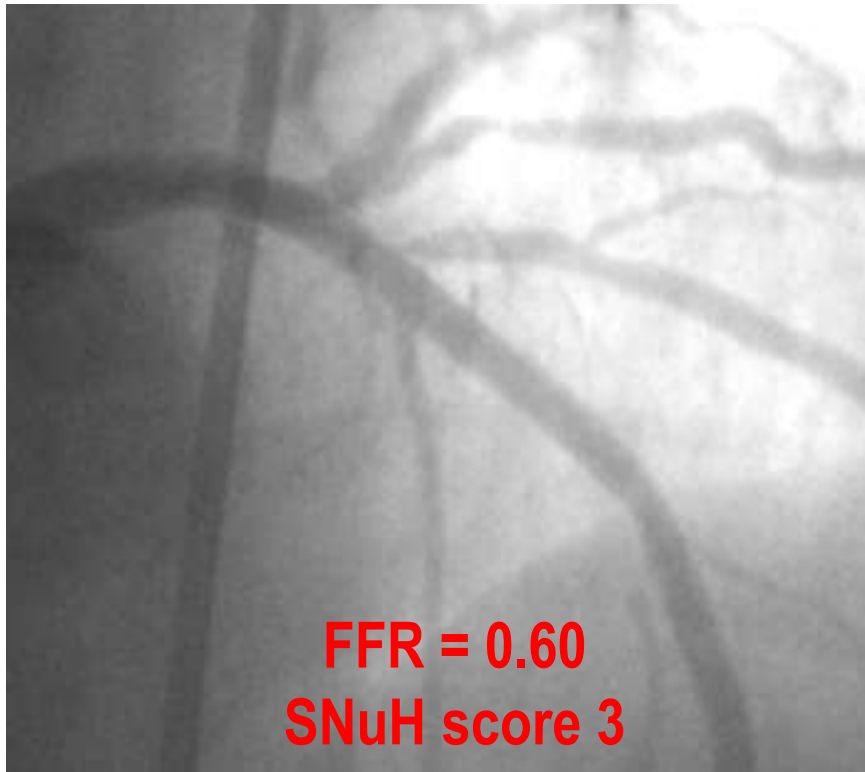
Variables	Description	Score
Size (S)	Vessel diameter $\geq 2.25\sim 2.5\text{mm}$	1
Number (Nu)	Number of diagonal branches ≤ 2	1
Highest (H)	No branch below the target branch	1



Which diagonal branch is causing ST elevation with 1min balloon occlusion?

	ST elevation+	ST elevation-	P value
Patient characteristics	N=24	N=41	
Age, years	63.1±6.1	62.3±8.6	0.51
Diabetes Mellitus	9 (39%)	12 (29%)	0.42
LV ejection fraction, %	63.1±6.1	62.3±8.6	0.68
Angiographic characteristics			
% diameter stenosis	68.1±17.3	64.9±14.0	0.42
Lesion length, mm	15.3±10.7	11.4±8.3	0.10
Reference diameter, mm	2.4±0.3	2.3±0.4	0.12
SNuH score*	3 (2-3)	2 (1-3)	0.005

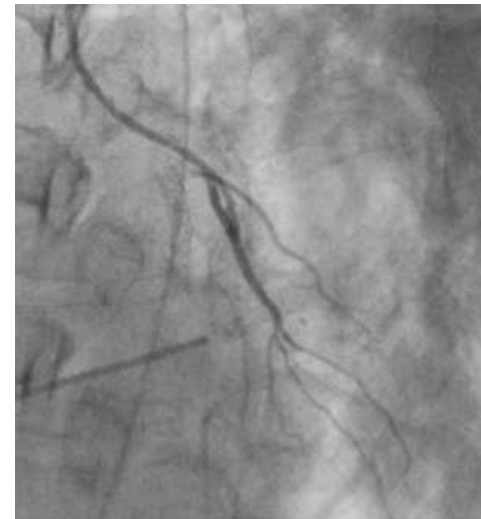
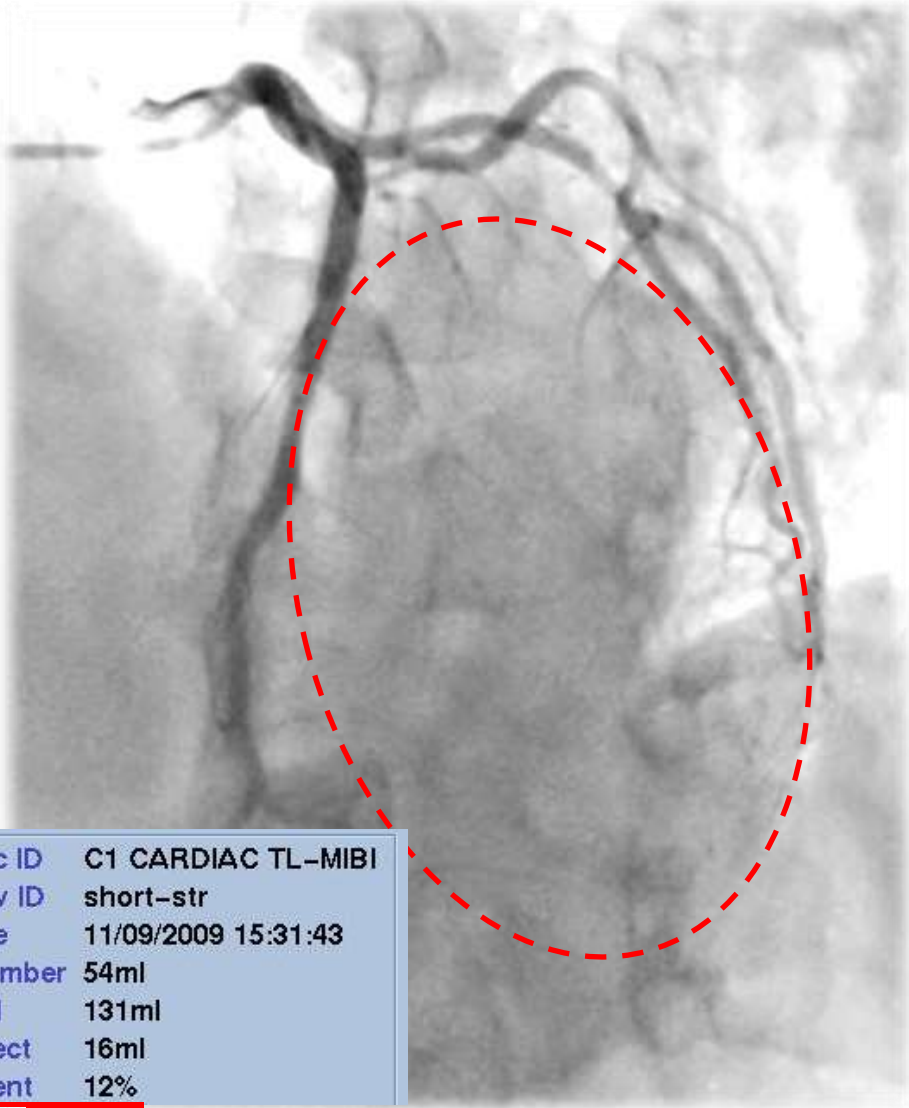
Significant stenosis?



- **Anatomically!**
- **Physiologically!**
- **Clinically!**
- **Prognostically?**

Determinants of prognosis

: Ischemic burden, collateral recruitability and treatment strategy

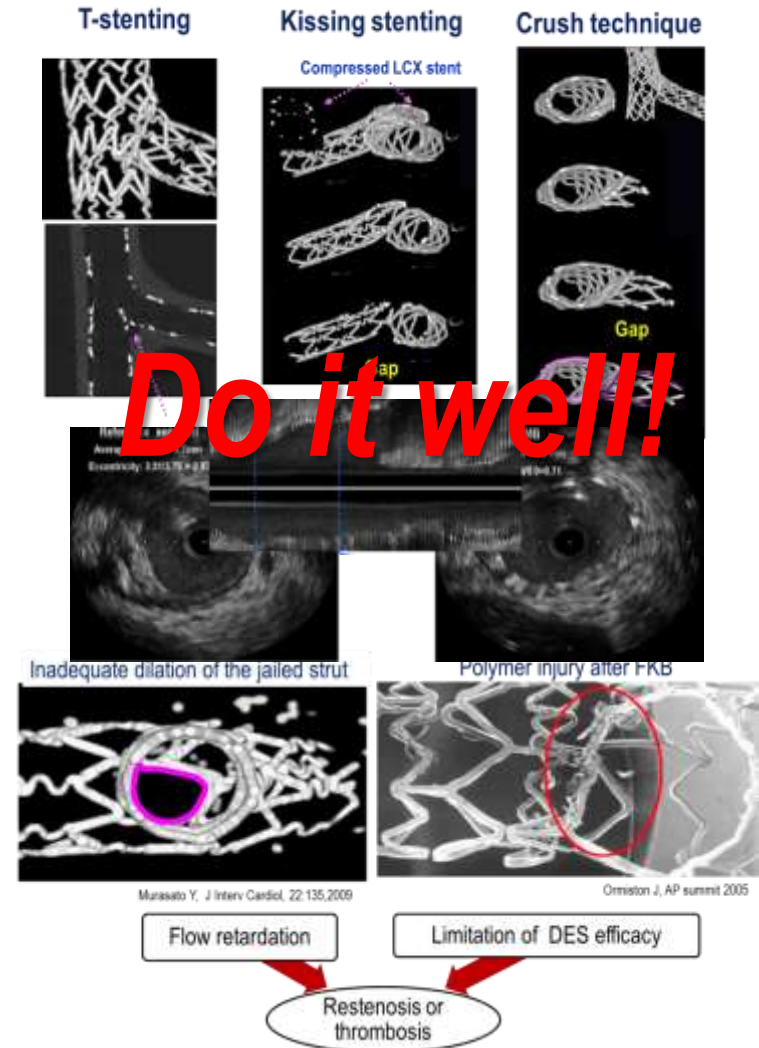
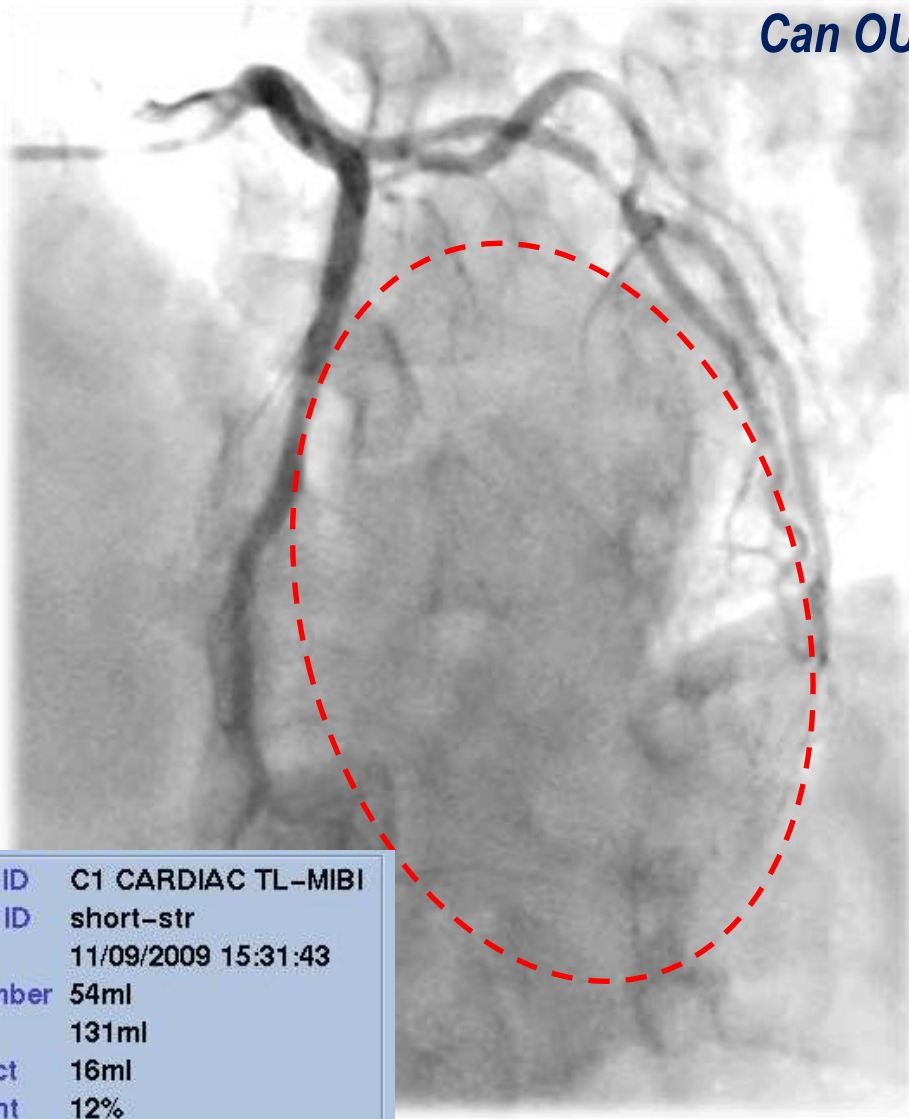


Proc ID	C4
View ID	SA-AST-STR
Date	2010-02-17 13:20:51
Limits	FemaleStressMB
Volume	50ml
Wall	109ml
Defect	0ml
Extent	0%
TPD	0%
Eccentricity	0.81

Determinants of prognosis

: Ischemic burden, collateral recruitability and treatment strategy

Can OUR revascularization improve the prognosis?



Proc ID	C1 CARDIAC TL-MIBI
View ID	short-str
Date	11/09/2009 15:31:43
Chamber	54ml
Wall	131ml
Defect	16ml
Extent	12%

Determinants of prognosis

: Ischemic burden, collateral recruitability and treatment strategy

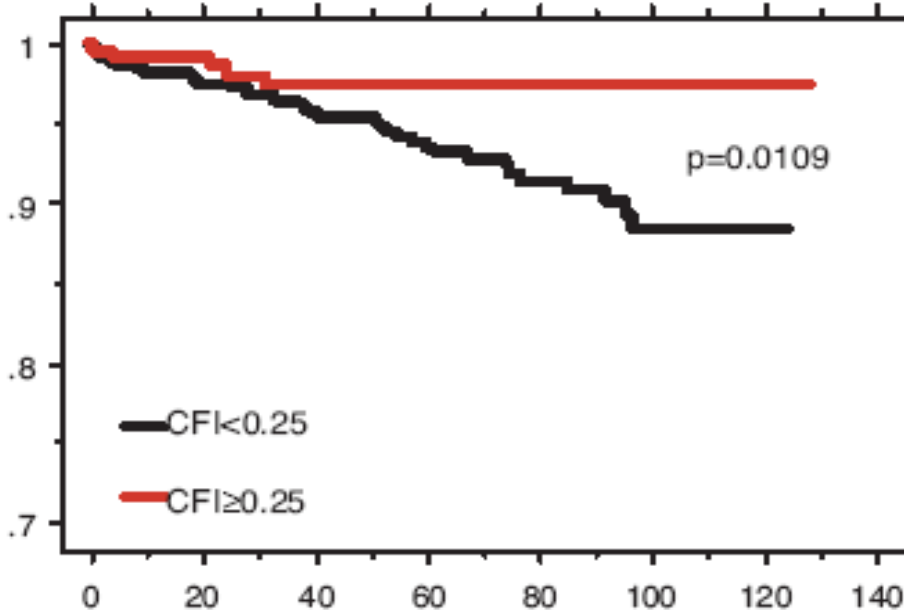
Beneficial Effect of Recrutable Collaterals

A 10-Year Follow-Up Study in Patients With Stable Coronary Artery Disease Undergoing Quantitative Collateral Measurements

Pascal Meier, MD*; Steffen Gloekler, MD*; Rainer Zbinden, MD*; Sarah Beckh, BS;
Stefano F. de Marchi, MD; Stephan Zbinden, MD; Kerstin Wustmann, MD; Michael Billinger, MD;
Rolf Vogt, MD; ... i, MD;

Cardiac deaths (n=42)

Background—The purpose of this study was to assess the impact of collateral flow on the prognosis of patients with stable coronary artery disease. *Methods and Results*—A total of 739 patients with stable coronary artery disease and 739 pressure-derived collateral flow parameters were included in a cohort study. The collateral flow parameters were obtained during a



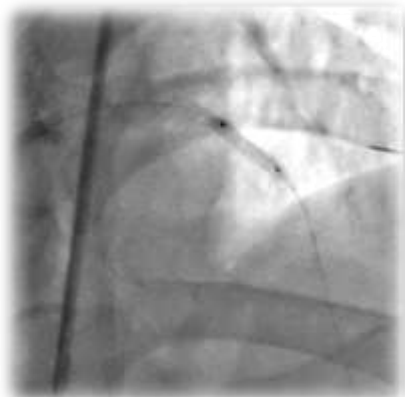
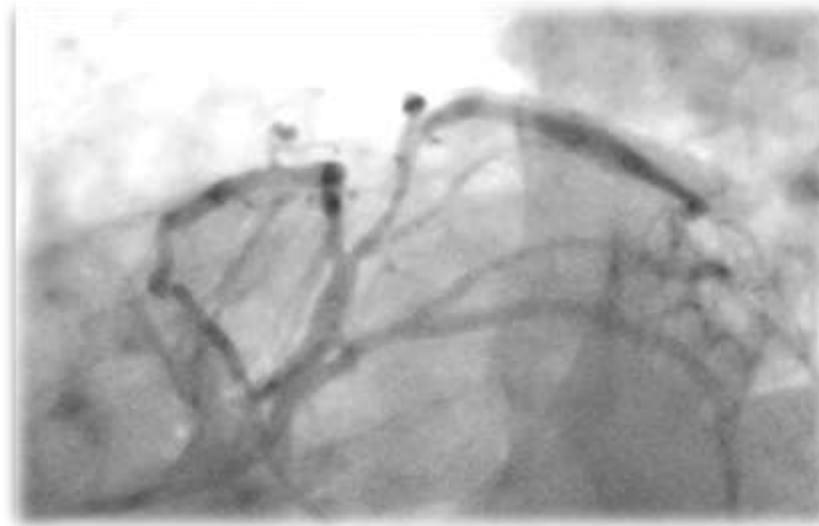
this study was to assess the impact of collateral flow on the prognosis of patients with stable coronary artery disease. Quantitative, coronary collateral flow parameters were prospectively measured.

(1)

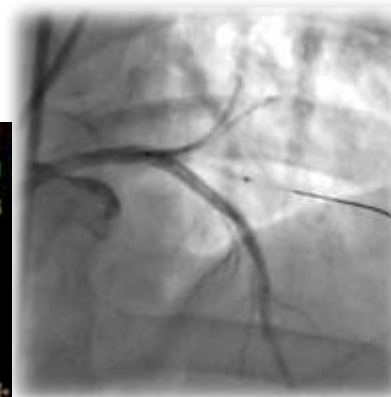
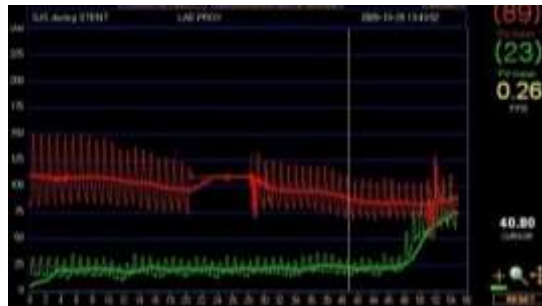
where P_{ocd} is mean occlusion pressure, P_{ocd} is mean occlusion pressure, P_{ocd} is mean occlusion pressure. The occurrence of all-cause mortality rates in relation to all-cause mortality rates in the group with high CFI ($P=0.039$, $r=0.0109$). Through the use of Cox proportional hazards analysis, the following variables

patients were divided into two groups based on the information on the 10-year survival and 89% and 97% survival. The following variables

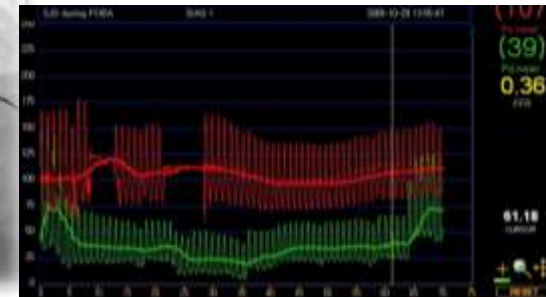
Coronary wedge pressure (Pw) reflects collateral recruitability : LAD vs. Diagonal branch



LAD
Pw 23mmHg, Pw/Pa 0.26



Diagonal
Pw 39mmHg, Pw/Pa 0.36



When you evaluate the bifurcation lesions...

- Don't believe too much in anatomical severity, it may mislead you.
 - **When doubtful, measure FFR.**
 - **However, be aware that “physiologic evaluation” is more important than physiologic index itself.**
- Before intervention or FFR measurement, assess myocardial mass at risk.
- Consider the possibility that the side branch is naturally protected
- If you decide to stent the side branch,
 - **Use IVUS and Do it (very) well.**

The key of “Physiologic Evaluation” of bifurcation lesion is to understand that side branch is different from main branch in terms of anatomy, physiology, clinical relevance and prognosis.