#### **Balloon Angioplasty in CTEPH**

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## Chronic Thromboembolic Pulmonary Hypertension (CTEPH)



• The organized thrombus in CTEPH has become a part of pulmonary arterial structure.

## Balloon Pulmonary Angioplasty (BPA)

**Selective PAG** 

**Balloon dilatation** 

**Post BPA** 



To decrease the patients' PAP,

- Increase the number of treated lesions
- Sufficient improve of stenosis in every lesion

#### Relation between number of treated segments and decrease of mPAP after BPA



Mizoguchi H, et al. Circ Cardiovasc interv. 2012; 5: 748-755

BPA Strategy until 2012

- Fully dilating 2-3 lesions in a procedure
- Repeating 4-5 procedures to increase the number of treated lesions

# Representative PAG before and after BPA (64 years old, female)

**Before BPA** 



PAP 92/37(57) mmHg PVR 1846 dyne sec cm<sup>-5</sup> PAP 33/8(19) mmHg PVR 401 dyne sec cm<sup>-5</sup>

2 year after 10th BPA

#### The latest outcomes of BPA at Okayama medical center (Nov 2004 – Jan 2016)

	Before BPA (n = 297)	After BPA (n = 255)	Follow-up (n = 199)
6MWD (m)	267 ± 137	380 ± 95 <sup>*</sup>	409 ± 111 <sup>*</sup>
Systolic PAP (mmHg)	73.8 ± 21.1	39.7± 9.9*	34.6 ± 8.4 <sup>*</sup>
Mean PAP (mmHg)	42.5± 12.0	23.4 ± 5.4 <sup>*</sup>	20.6 ± 4.9 <sup>*</sup>
RAP (mmHg)	7.2 ± 4.5	$3.3 \pm 2.5^{*}$	<b>3.8 ± 3.1</b> <sup>*</sup>
CI (L/min/m <sup>2</sup> )	2.7 ± 0.8	$3.0 \pm 0.9^{*}$	2.6 ± 0.6
PVR (dyne sec cm <sup>-5</sup> )	696 ± 336	321± 127 <sup>*</sup>	276 ± 108 <sup>*</sup>

BPA, balloon pulmonary angioplasty; follow-up,  $1.8 \pm 1.3$  years (range, 0.3-6 years) after the final BPA; 6MWD, 6-minute walking distance; PAP, pulmonary artery pressure; RAP, right atrial pressure; CI, cardiac index; PVR, pulmonary vascular resistance; \*, p < 0.05 vs. before BPA The patient's number before BPA include 7 cases of in-hospital death (in-hospital mortality rate, 2.4 %).

#### **Complication; Pulmonary injury**



Among initial 103 patients,

- 60 % of patients developed pulmonary injury
- 12% of patients needed intratracheal intubation

## **IVUS/Pathological Findings of Dilated Lesion**



Kitani M et al, Circ Cardiovasc Interv. 2014;7:857-9.

#### Representative Procedure of current BPA (rt A9)



before





Current BPA strategy

- Minimally dilating as many lesions as possible in a procedure
- Repeating procedures to add the optimal dilatation to the lesions

Initial procedure

Third procedure

(1 month later)

### Occurrence of sever pulmonary injury



#### Conclusion

- Sufficient decrease of PA pressure in patients with CTEPH could be obtained by BPA.
- Serious complication after BPA could be significantly diminished by simply avoiding vascular injury caused by procedures.
- Our current BPA would be promising alternative treatment for patients with CTEPH.