

Seoul, Korea: 26-29 April 2016

Live Cases & Lecture Session II. BRS

# Tips and Tricks to optimize acute and long-term BRS outcomes

Speaker – 12'

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*Centro Cuore Columbus and  
S. Raffaele Scientific Institute, Milan, Italy*

No conflicts to disclose

Do not expect they may lower the risk of Thrombosis or Restenosis

It is unlikely they will shorten the need for DAPT after 1 year unless you assume that DAPT needs to be continued long term following implantation of current DES

They will allow positive remodeling, maintain vessel reactivity and facilitate new procedures (PCI/CABG)

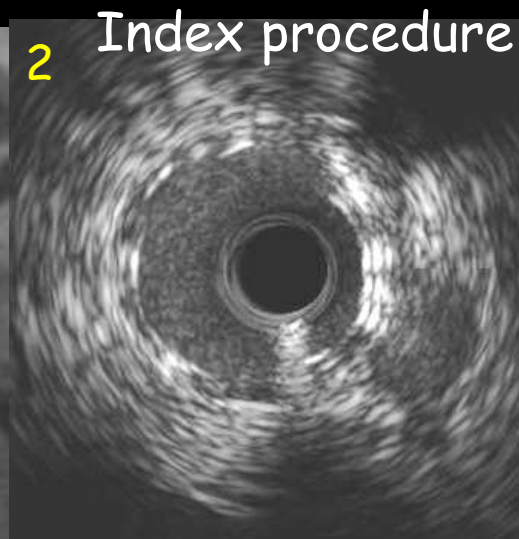
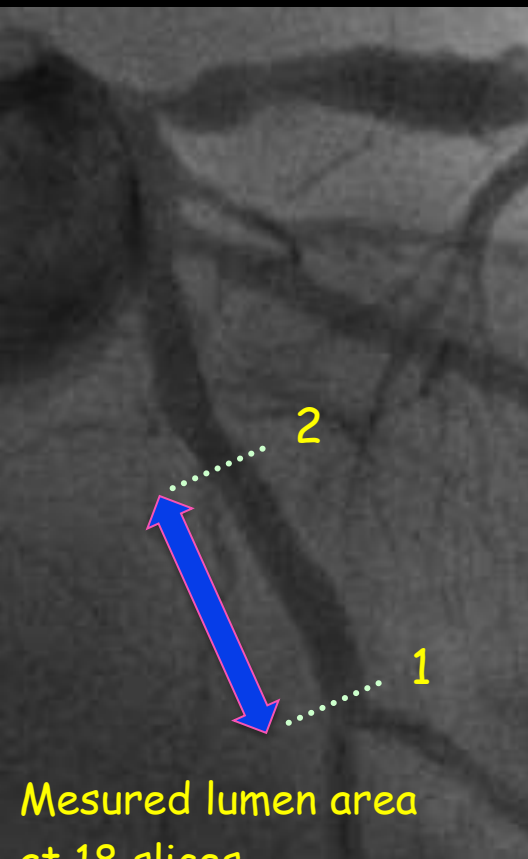
They allow easy evaluation by MSCT

They may lower the risk of very late Stent Thrombosis

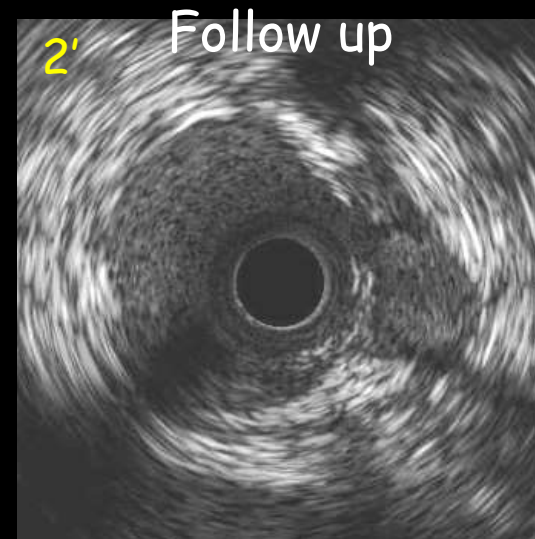
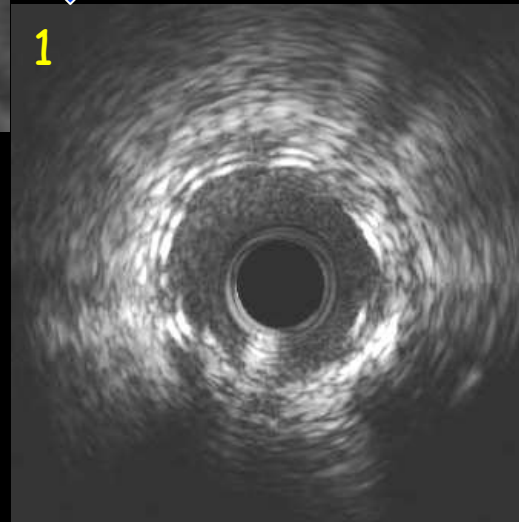
# LCX CTO & IM stenosis



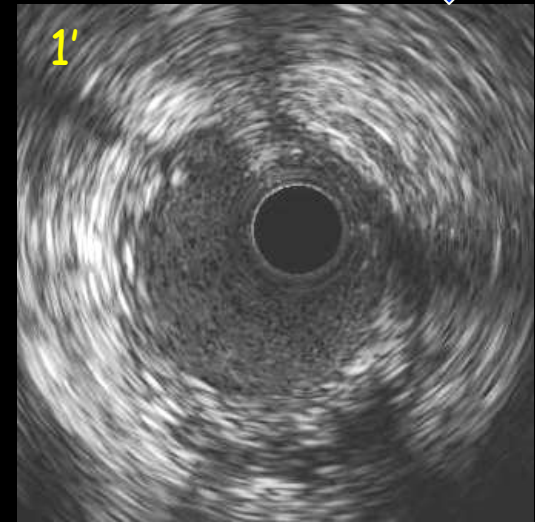
# Lumen enlargement at CTO site



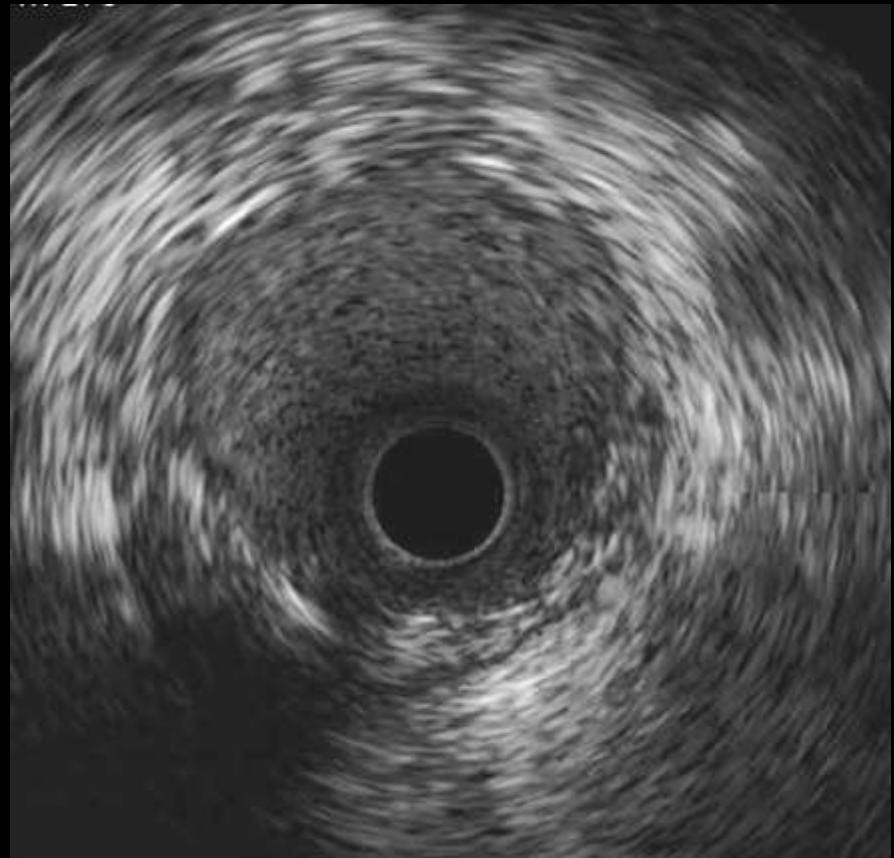
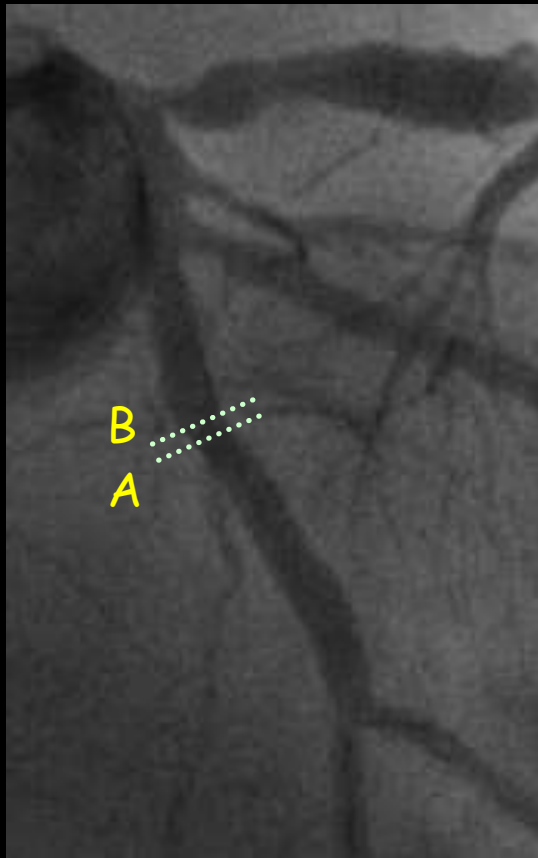
Mean lumen area  
 $4.9 \pm 0.2 \text{ mm}^2$



Mean lumen area  
 $7.3 \pm 0.9 \text{ mm}^2$

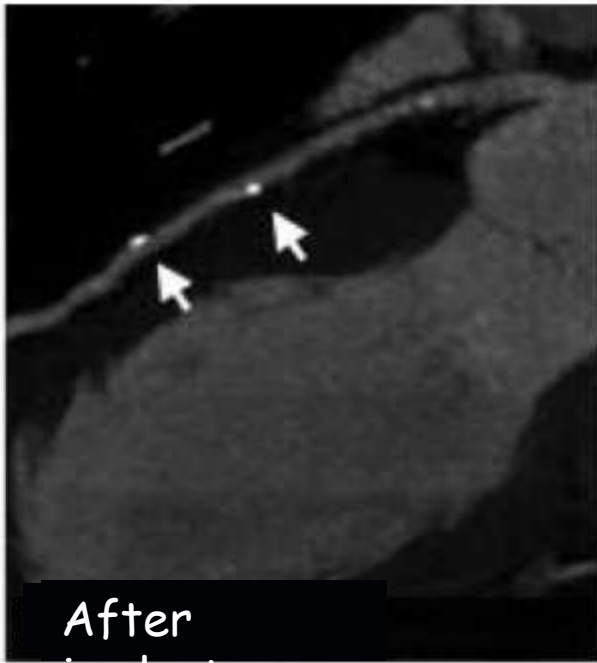


# Pulsatile motion





Baseline



After  
implant



18 month FU



# Lesion preparation

## More important role for...

### ➤ BRS delivery

- Larger crossing profile with bulky struts

*Ormiston et al. EuroIntervention 2015;11:60-67*

### ➤ Scaffold expansion

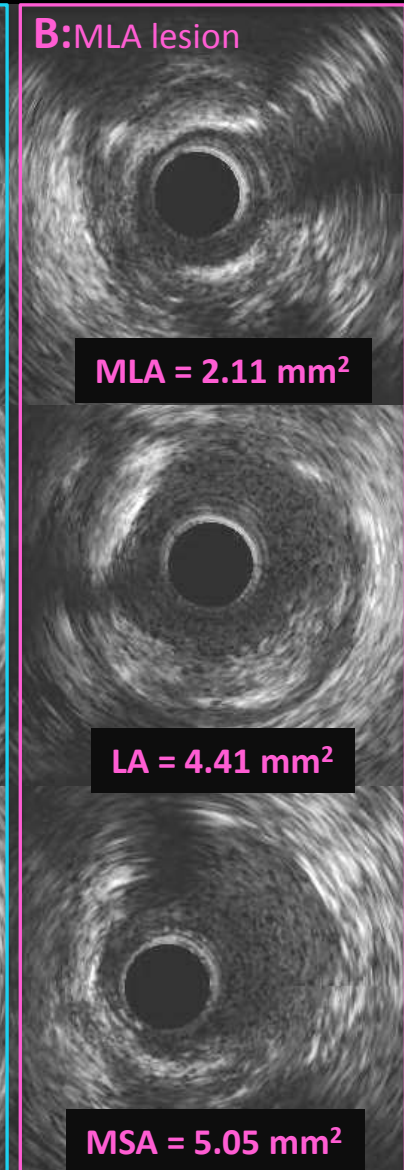
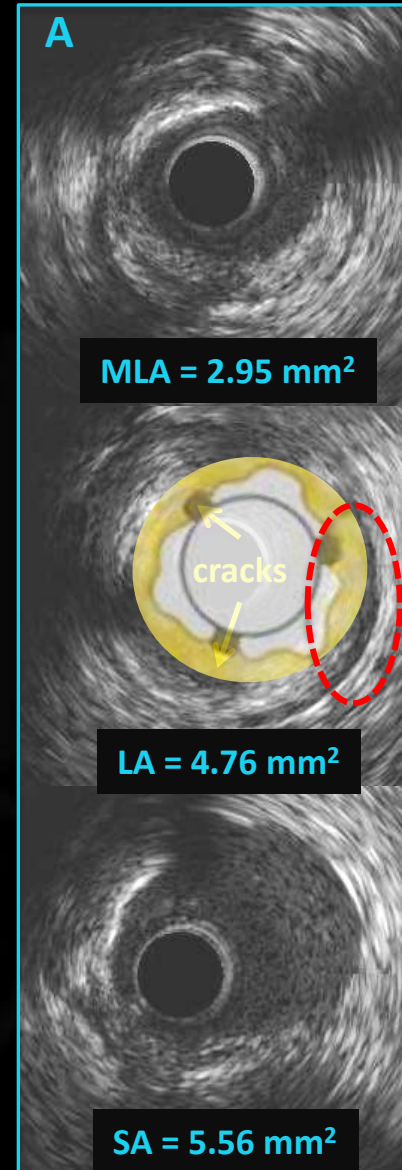
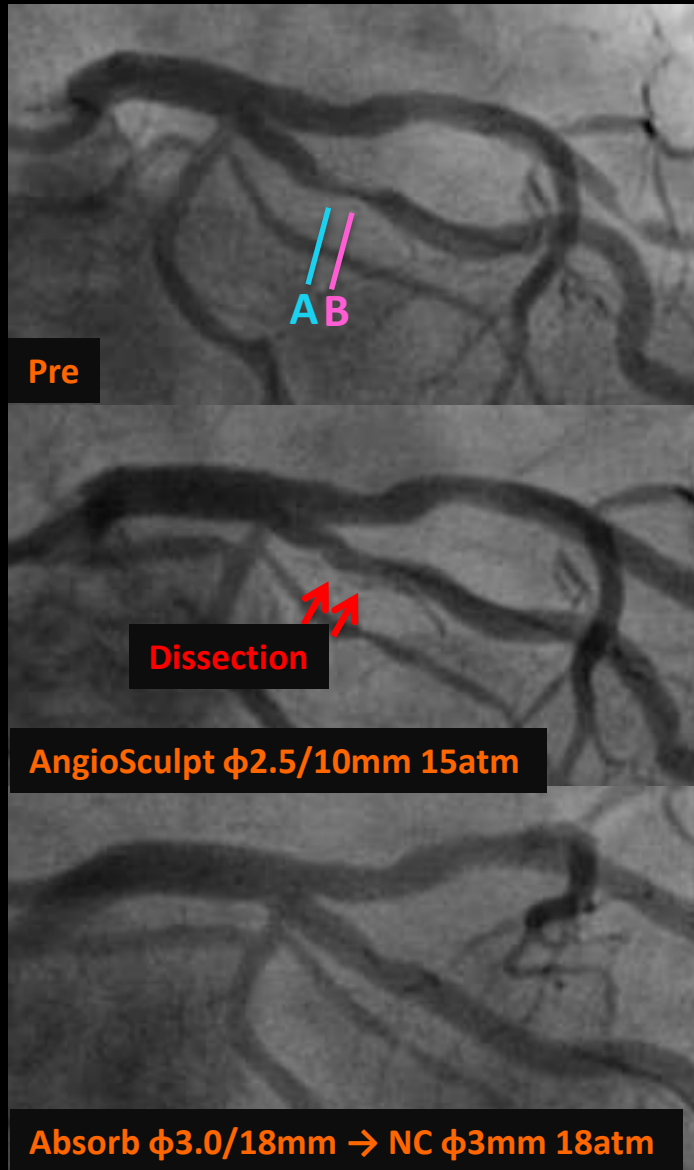
- Less radial force and greater acute recoil
- Inadequate lesion preparation may correlate with underexpansion

*Brown et al. Cather Cardiovasc Interv 2014;84:37-45*  
*Mattesini et al. J Am Coll Cardiol Intev 2014;7:741-750*  
*Danzi et al. Cather Cardiovasc Interv 2015;*

**1:1 pre-dilatation with NC / Low threshold for debulking devices**



# Lesion preparation with Angiosculpt



# BRS deployment 1

## ➤ Positioning / Minimize the overlap

- *Overlapping site (with bulky struts)* - Delayed neointimal coverage

*Farooq et al. J Am Coll Cardiol Intev 2013; 6:523-532*

- Greater thrombogenicity

*Kolandaivelu et al. Circulation 2011;123:1400-9*



	Expansion size	Balloon marker to scaffold marker (mm)	
		Proximal	Distal
Absorb BRS φ2.5 or 3.0mm	<b>Crimp</b>	1.1	
	2.5 mm	0.9	
	3.0 mm	0.9	0.3
Absorb BRS φ3.5mm	3.5 mm	0.7	
	<b>Crimp</b>	1.4	
	3.5 mm	1.1	0.3
	4.0 mm	1.0	

***It is important to know the marker position accurately***

# BRS deployment 2

## ➤ Gentle deployment

- Very compliant delivery balloon

*Kawamoto et al. Int J Cardiol 2016*

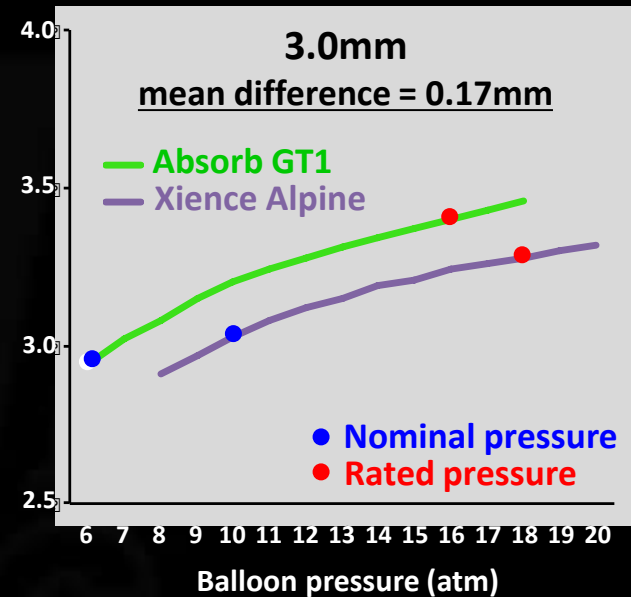


Not recommended for use with high pressures



Unexpected balloon overexpansion/ elongation

➔ Fracture, vessel injury



- **Slow (2 atm per 5 sec) and long inflation (more than 30 seconds)**
- **Avoid high-pressures with delivery balloon**

# Post-dilatation

## ➤ Importance of Post-dilatation

- Acute lumen gain is lower for current BRS than metallic stents with similar pressures even in simplest lesion subset

*Ellis et al. N Eng J Med 2015/Kimura et al. Eur Heart J 2015  
Gao et al. J Am Coll Cardiol 2015/Serruys et al. Lancet 2015*

- High post-dilatation rates (over 90%) and pressures (over 20 atm) were associated with lower rates of ST

*Caiazza et al. Int J Cardiol 2015;201:129-136*

## ➤ Risk with Overexpansion

- Overexpansion might cause strut disconnection and a focal loss of mechanical support

*Foin et al. Eurointerv2015; Sep, Epub*

➤ **Non-oversized NC balloon with high-pressure (over 20 atm)**

➤ **Balloon/Scaffold diameter 1:1, maximum +0.5mm**

# Intravascular imaging

## ➤ To assist Sizing

➤ *BRS requires more careful sizing* ✓ More difficult to correct after deployment

- Undersize → Malapposition → ✓ ST risk

*Lorenz et al. J Am Coll Cardiol 2015;66:1901-14*  
*Karanasos et al. Circ Cardiovasc Interv. 2015; 8:e002369*

- Oversize → Increased foot print → ✓ Worse clinical outcomes  
✓ Side branch occlusion

*Kawamoto et al. J Am Coll Cardiol Intev 2016;Feb*  
*Ishibashi et al. J Am Coll Cardiol Intev2015;8:1715-1726*  
*Muramatsu et al. J Am Coll Cardiol Intev2013;6;247-57*

## ➤ End of procedure

*To detect...* -Underexpansion: more common with BRS

-Edge injury: more common(?) due to the need for more aggressive pre- and post-dilatation

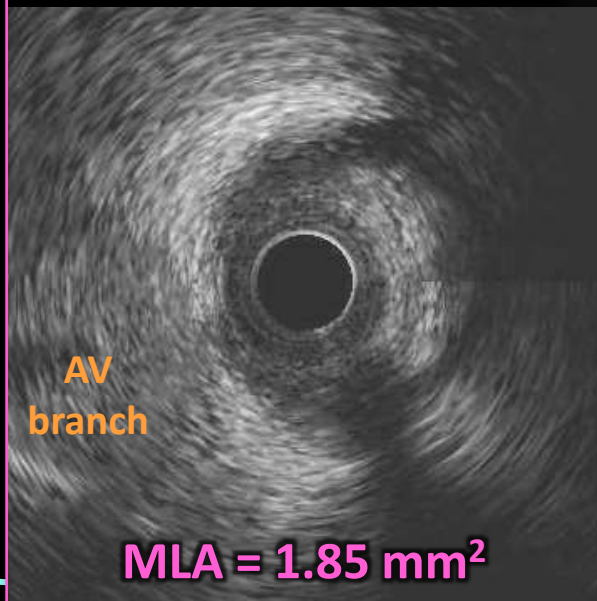
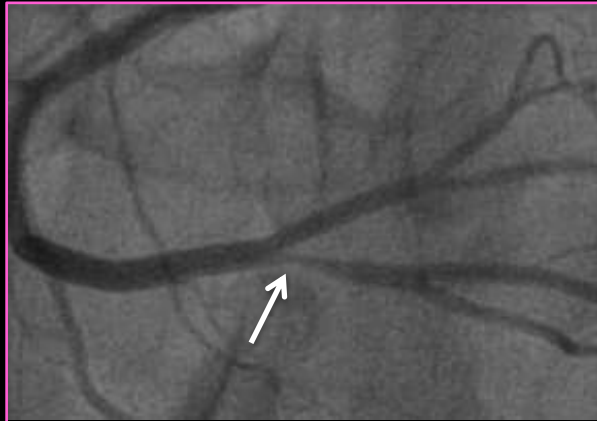
-Malapposition

**Low threshold for Intravascular imaging especially at procedure end**

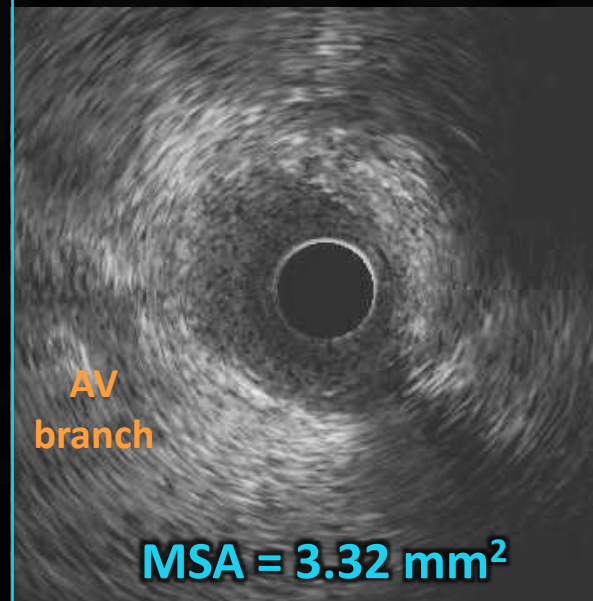
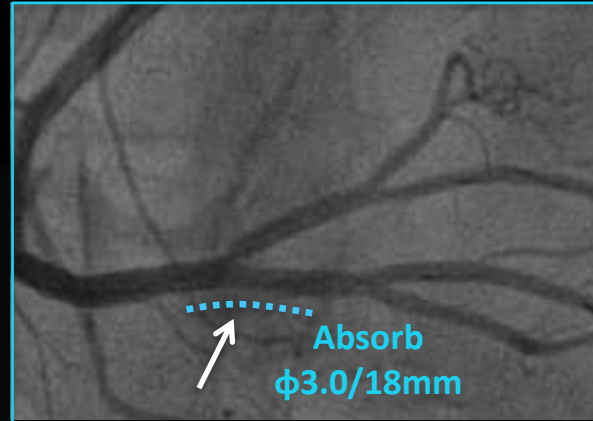


# IVUS images

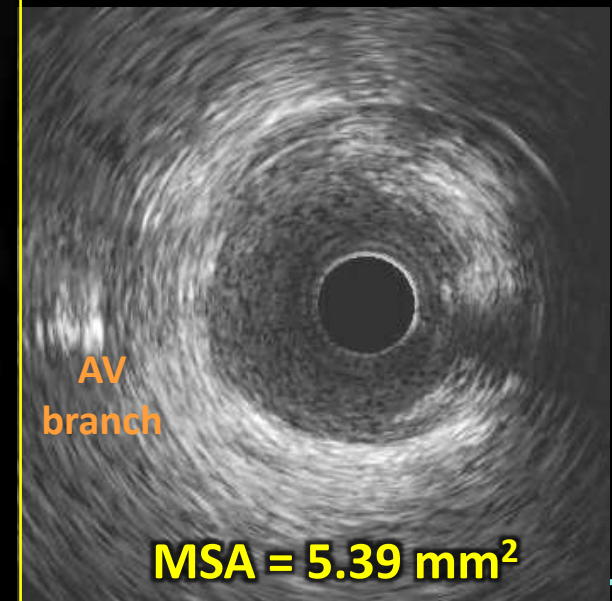
Pre



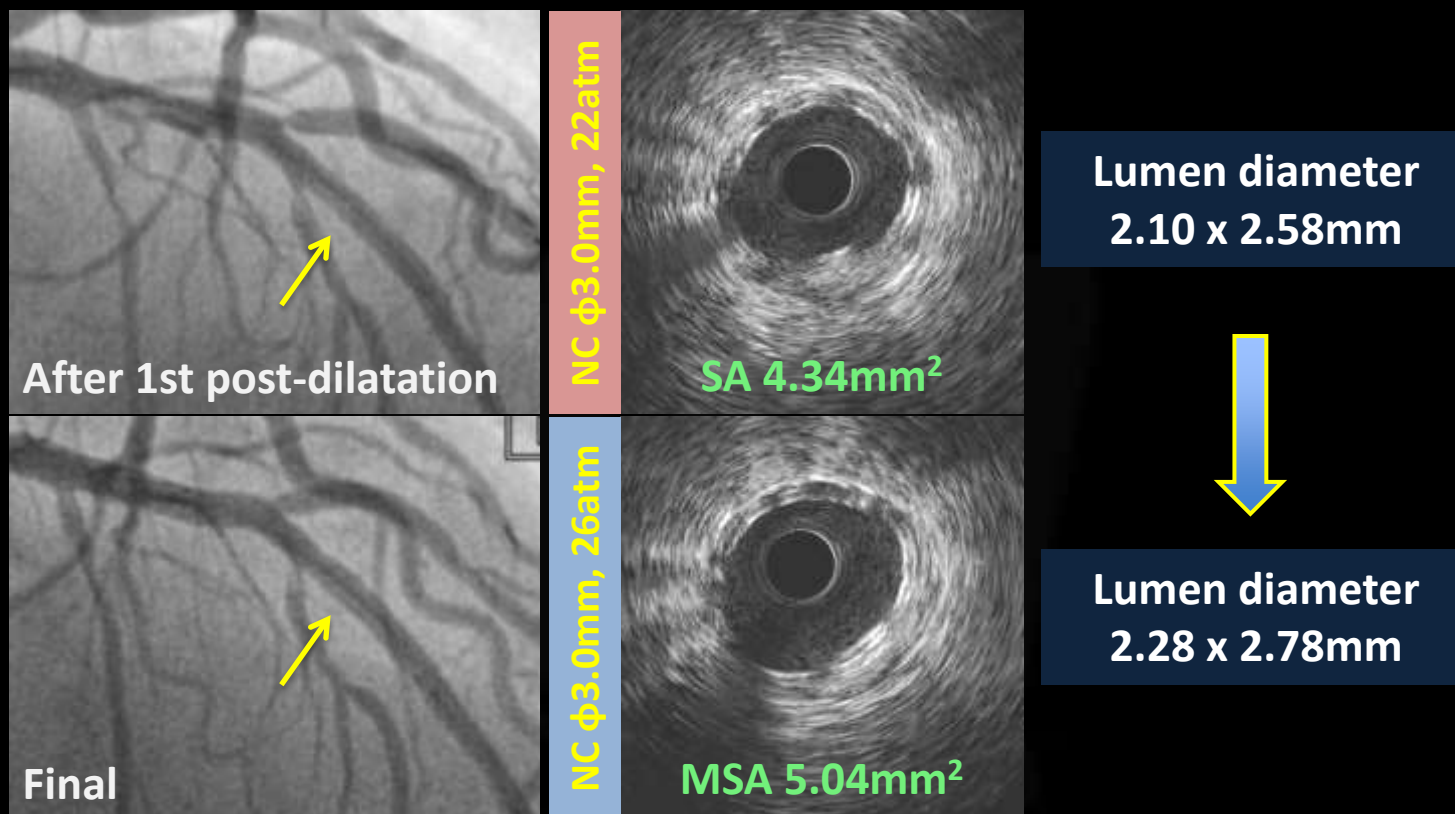
Post NC  $\phi$ 3.0 18atm



Post NC  $\phi$ 3.0 23atm



# Impact of Final IVUS and aggressive post-dilatation



**BRS expansion should be evaluated even after high-pressure post-dilatation in a fibrous lesion.**



# Milan BVS experience

*400 lesions in 264 patients with Absorb BRS*

- San Raffaele Scientific Institute
- EMO GVM Centro Cuore Columbus
  - Milan, Italy

# Patients characteristics

	N=264 patients
Age (years)	63.5 ± 10.5
Male, n (%)	236 (89.4%)
Hypertension, n (%)	167 (63.3%)
Dyslipidemia, n (%)	165 (62.5%)
Diabetes mellitus, n (%)	69 (26.1%)
Current smoker, n (%)	39 (14.8%)
Family history of CAD, n (%)	99 (37.5%)
Prior PCI, n (%)	116 (43.9%)
Prior CABG, n (%)	15 (5.7%)
Prior MI, n (%)	72 (27.3%)
eGFR<60, n (%)	49 (18.6%)
Ejection fraction (%)	55.2 ± 8.7
SYNTAX score	17.1 ± 10.4
<i>Clinical presentation, n (%)</i>	
Stable angina	228 (86.4%)
Unstable angina	31 (11.7%)
STMI/NSTEMI	5 (1.9%)

# Lesion characteristics

Lesion	N=400 lesion, 264 Pt	
<b>Target vessel</b>		
LAD	248 (62.0%)	
LCX	79 (19.8%)	
RCA	61 (15.3%)	
LMT	10 (2.5%)	
SVG	2 (0.5%)	
<i>No of target lesions per patient</i>	1.5 ± 0.8	
<i>No of target vessels per patient (1/2/3)</i>	195 (73.9%)/63 (23.9%)/6 (2.2%)	
	<b>ABSORB III</b>	<b>Ghost EU</b>
<b>ACC/AHA class B2orC</b>	<b>299 (74.8%)</b> 68.7%	<b>53.5%</b>
<b>Bifurcation, n (%)</b>	<b>187 (46.8%)</b> exclusion	<b>23.1%</b>
In-stent restenosis, n (%)	19 (4.8%)	
Chronic total occlusion, n (%)	25 (6.3%)	
Severe calcification	90 (22.5%)	

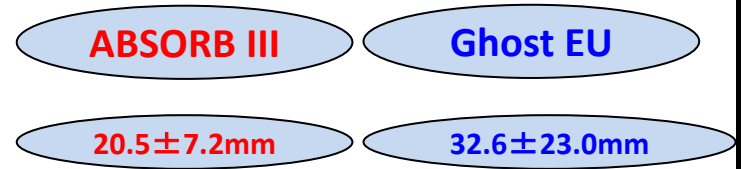
# Procedural characteristics

## Lesion preparation

Pre-dilatation, n (%)	389 (97.3%)
Scoring or Cutting balloon	61 (15.3%)
Rotablator, n (%)	19 (4.8%)

## Scaffold implantation

Total scaffold number	1.5 ± 0.7
Total scaffold length (mm)	35.2 ± 19.3
Average scaffold diameter, mm	3.05 ± 0.35
Use of 2.5mm scaffold, n (%)	130 (32.5%)
Implantation pressure, atm	9.6 ± 1.9
Total scaffold number per patient	2.3 ± 1.3
Total scaffold length per patient, mm	53.2 ± 32.5
Use of 2.5mm scaffold per patient, n(%)	116 (43.9%)



## Post-dilation

Post-dilation, n (%)	399 (99.8%)
Post-dilation pressure, atm	20.8 ± 4.5
Post-dilation balloon/scaffold diameter ratio	1.04 ± 0.08



## Intravascular imaging

Intravascular imaging use, n (%)	343 (85.8%)
Intravascular ultrasound, n (%)	328 (82.0%)
Optimal coherence tomography, n (%)	56 (14.0%)
Further intervention following imaging after post-dilation, n (%)	98 (24.5%)



# Clinical outcomes

median follow-up period of 544 (IQR 228 - 834) days

	1 year	<b>ABSORB III</b>	<b>Ghost EU</b>	2 year
Target lesion failure	17 (7.9%)	<b>7.8%</b>	<b>4.4% at 6mo</b>	22 (11.6%)
Cardiac death	3 (1.3%)			4 (2.0%)
Target vessel MI	4 (1.8%)			4 (1.8%)
TLR	14 (6.6%)			19 (10.4%)

**Lesion complexity**



**Optimal implantation**



All cause death	6 (2.8%)			7 (3.5%)
Any MI	5 (2.3%)			5 (2.3%)
TVR	17 (8.0%)			25 (13.8%)
Definite/probable ST	3 (1.2%) *			3 (1.2%)

Event rates are estimated using Kaplan-Meier analysis

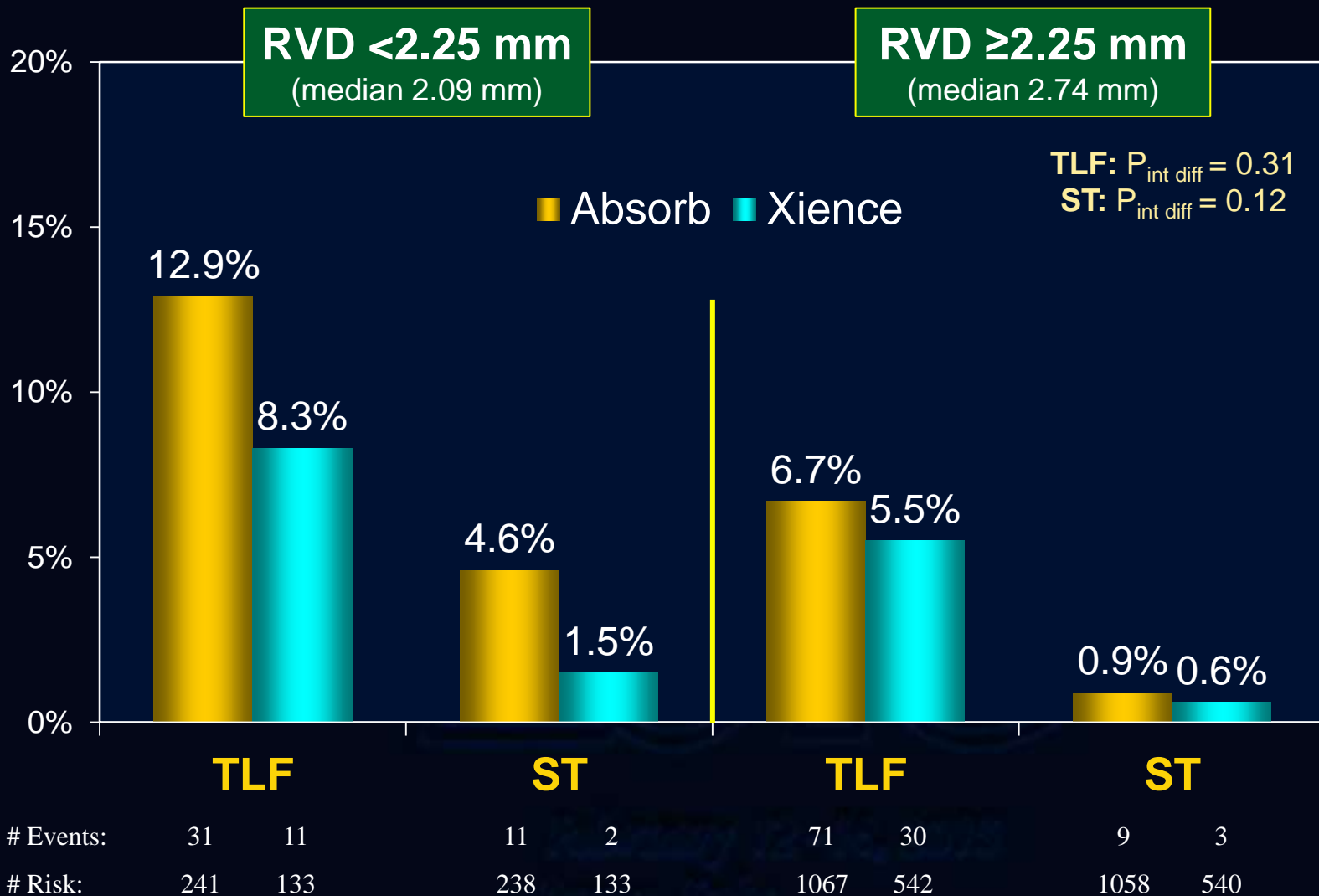
\*1 Acute ST (STEMI, day 0, on DAPT)    1 Subacute ST (day 3, BVS edge dissection)

1 Late ST (stable angina, day 146, the patient stopped clopidogrel at 2-month)

# Outcomes by QCA RVD 2.25 mm

ABSORB III

1-Year Events (%)

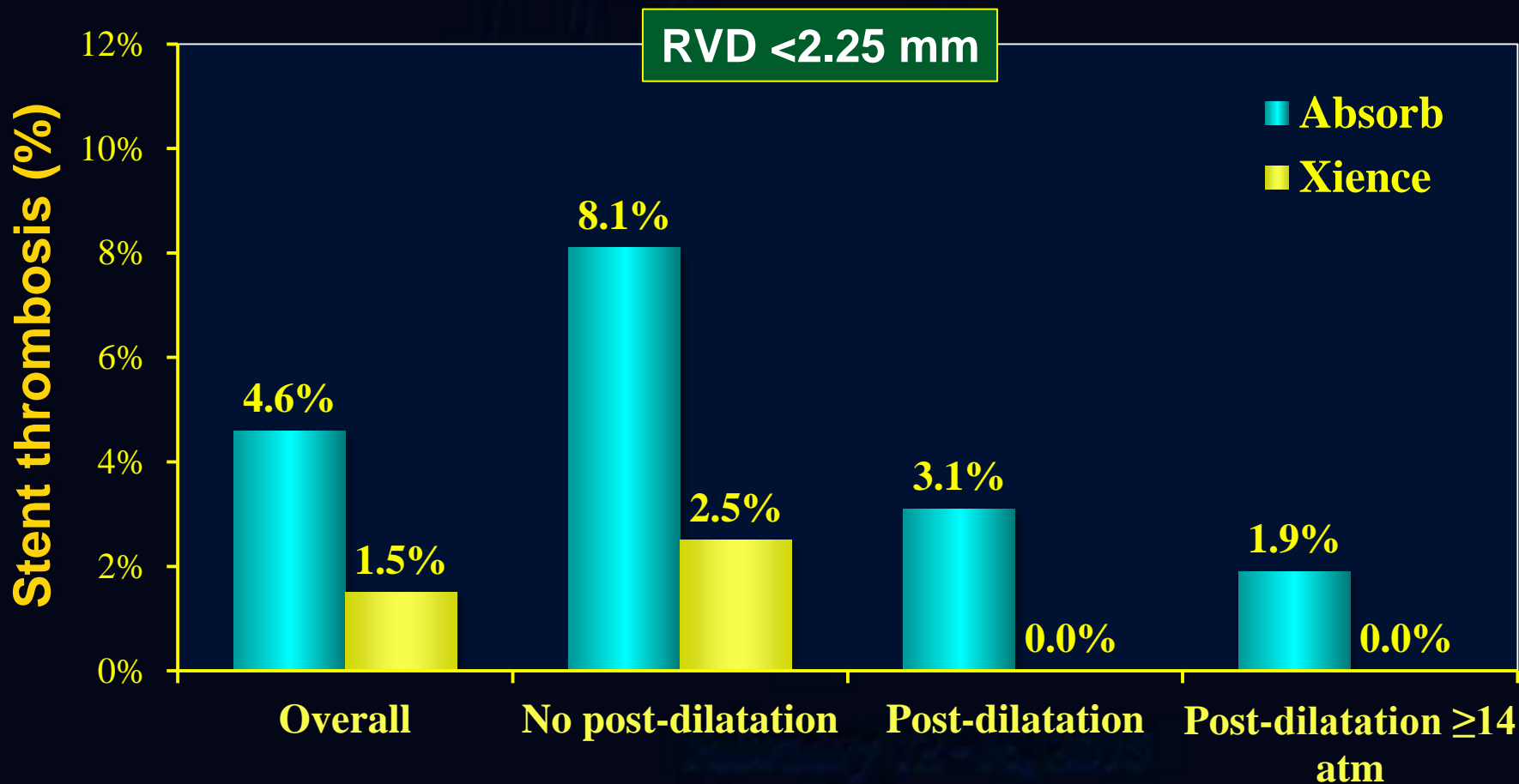


Median based on pooled Absorb and Xience



# 1-Year ST in Very Small Vessels

## Impact of Post-Dilatation and Pressure



Absorb: 11 / 238

6/74

5 / 164

2 / 105

Xience: 2 / 133

2/79

0 / 54

0 / 36



# 2.5 mm Device Only\*

## Target Lesion Failure



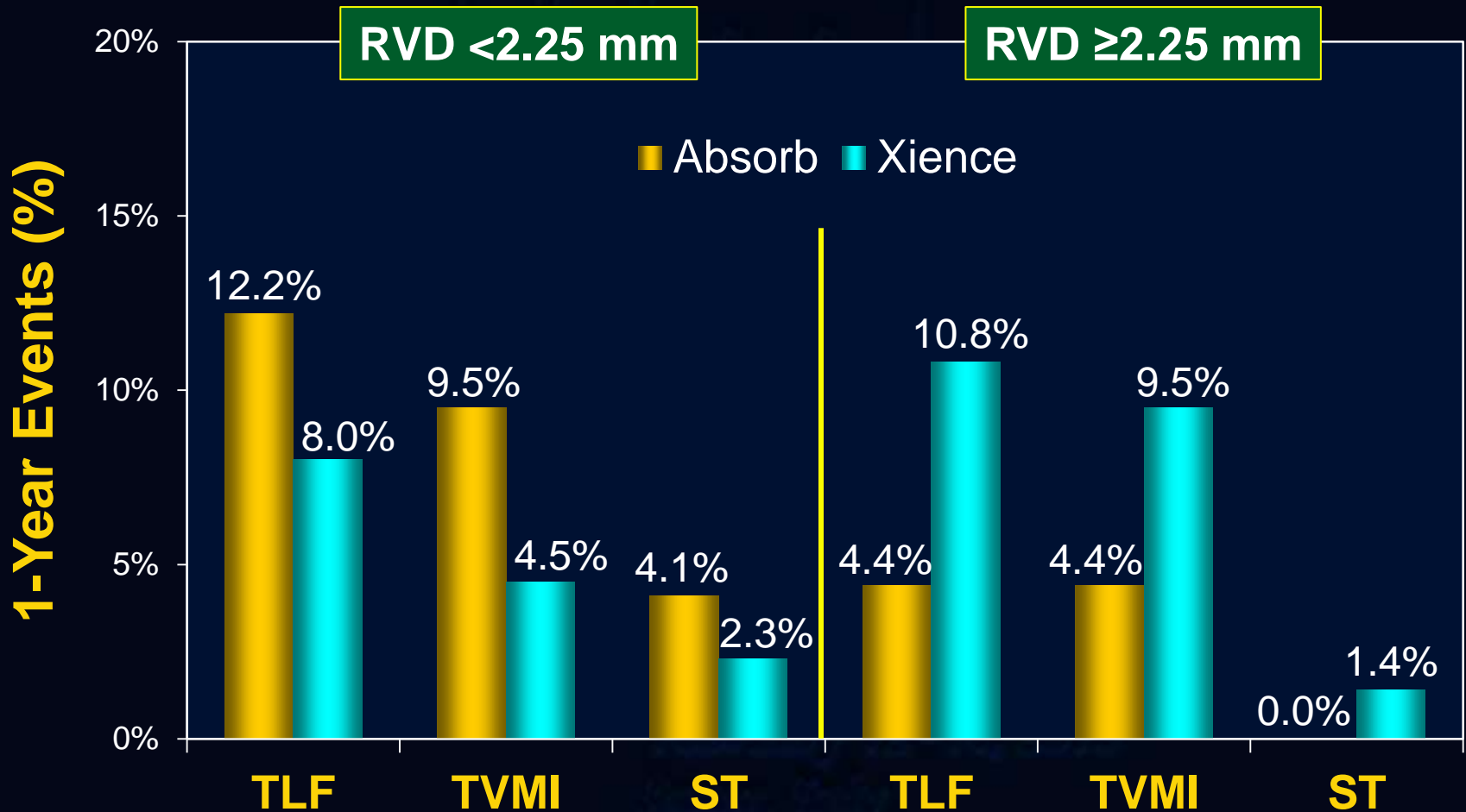
	Absorb N=285	Xience N=164	Relative Risk [95% CI]	p- value
TLF	8.5%	9.3%	0.91 [0.49, 1.69]	0.77
- Cardiac death	0.4%	0.6%	0.57 [0.04, 9.06]	1.00
- TV-MI	7.0%	6.8%	1.04 [0.51, 2.11]	0.92
- ID-TLR	4.2%	4.3%	0.98 [0.39, 2.43]	0.96

\*As treated analysis

# 2.5 mm Device Treatment\*



## Events by QCA RVD



\*As treated analysis

# Ideal patient for BVS

- Diffuse disease of LAD requiring long stents
- Diffuse disease of any vessel 2.5 mm or larger requiring long stents
- Any lesion in a young patient
- Any lesion suitable for BVS