# Clinical Experience of 3-Month DAPT in Coroflex ISAR® Stent

Myeong-Ho Yoon, MD, PhD
Ajou University, School of Medicine,
Cardiology Department

# Study Design and Aims

 A comparative Evaluation of Efficacy and Safety in the 3-Months DAPT Group vs. the 6-Months DAPT Group of Patients Treated with the Coroflex ISAR Stent; A Prospective, Multicenter, Randomized, Open-Label Clinical Trial

# **Study Population**

- We will enrolled 906 patients
  - 3-Month DAPT group: 453 patients
  - 6-Month DAPT group: 453 patients
- We assumed about 5% of the patients with early drop out during 1-year clinical follow-up.

| • Non-inferiority margin (D)      | Difference of primary outcome, 3% |
|-----------------------------------|-----------------------------------|
| • Type 1 Error                    | p = 0.025                         |
| <ul> <li>Randomization</li> </ul> | r = 1:1                           |
| <ul> <li>Power of Test</li> </ul> | f = 80%                           |

### **Patient Selection**

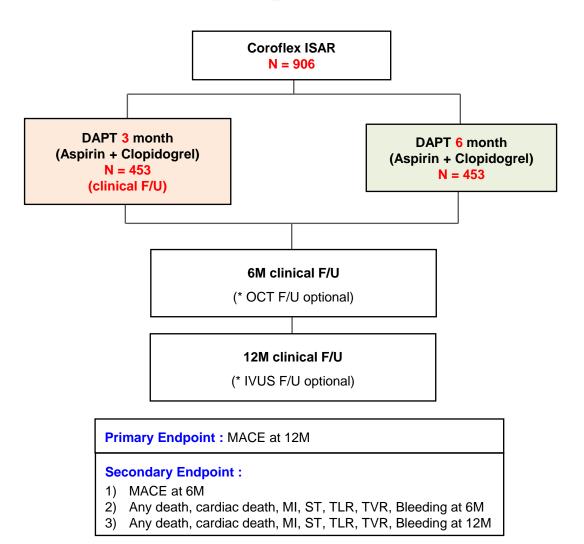
#### Inclusion Criteria

- "De novo" lesions in native coronary arteries
- Written informed consent

#### Exclusion Criteria

- Acute myocardial infarction (STEMI or NSTEMI)
- Cardiogenic shock
- Contraindication, intolerance, or hypersensitivity to aspirin, clopidogrel
- CTO or ISR lesion
- Hemorrhagic problem
- PCI with BMS or DES in non-target lesions less than 6 months prior to the index procedure
- Scheduled elective surgery within 12 months after the index procedure requiring to stop antiplatelet medication more than 2 weeks
- Comorbidities with a life expectancy < 12 months</li>

# **Study Flow**



• MACE: cardiac death, myocardial infarction, stent thrombosis, TLR

### **DAPT**

#### Aspirin

- Aspirin (100 mg daily) will be recommended for patients with chronic (>7 days) aspirin use prior to PCI.
- Otherwise, a loading dose of 300mg will be given prior to the procedure.
- Postprocedure use of aspirin (100 mg daily) should be prescribed indefinitely.

#### Clopidogrel

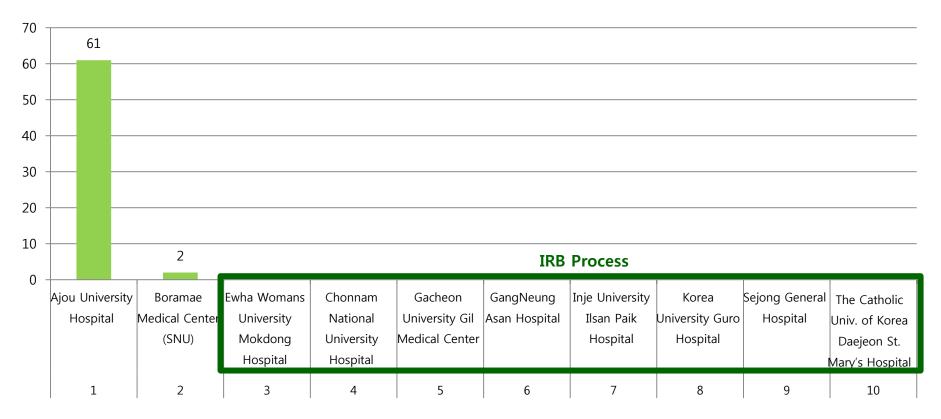
- A loading dose of clopidogrel (600mg) was given at least 2 hours prior to the procedure, if not already taken (75 mg daily, >7 days).
- Postprocedural clopidogrel use (75mg daily) should be maintained according to the randomization scheme (3 vs. 6 months).

### **ISAR-DAPT Study Status**

• Enrollment Status : 63 subjects

• Participate Centers : 10 centers

#### **Enrollment Status**

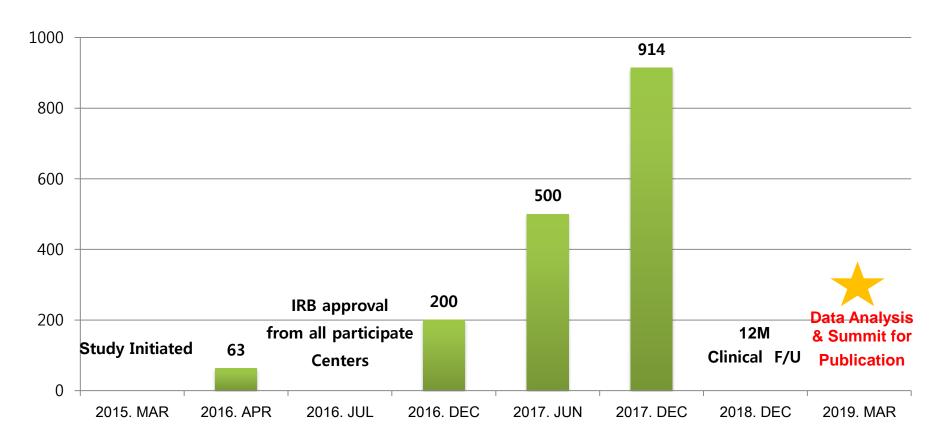


### **ISAR-DAPT Study Plan**

• Enrollment Status : 63 subjects

• Participate Centers : 10 centers

#### **Enrollment Status**



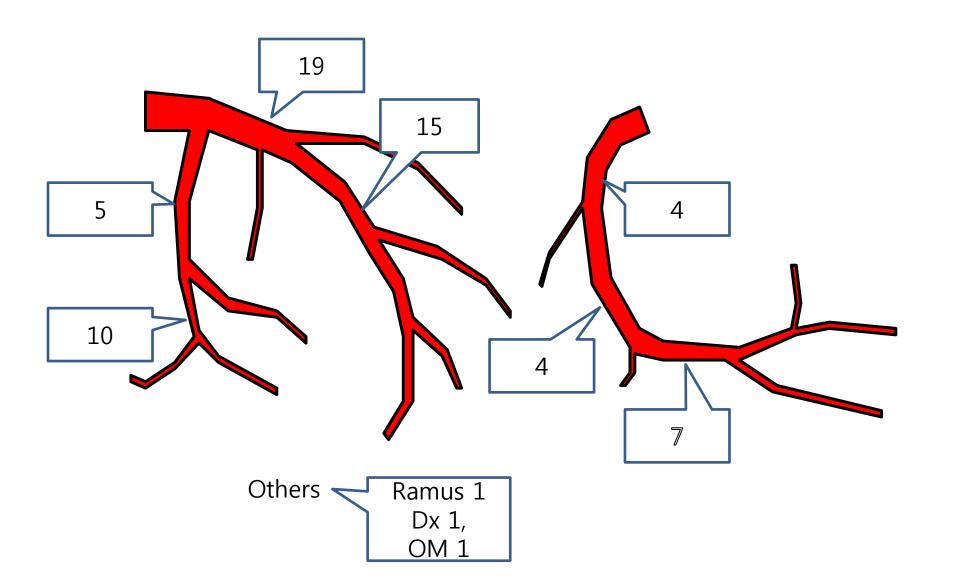
## **Patients Characteristics**

|                          |                 | 3 Month                           | 6 Month         | p Value |
|--------------------------|-----------------|-----------------------------------|-----------------|---------|
|                          |                 | N=31                              | N=30            |         |
| Age, years               | 63 ± 10         | 63 ±12                            | 63 ±9           | 0.910   |
| Gender, male             | 44 (72.1%)      | 22 (71.0%)                        | 22 (73.3%)      | 0.532   |
| Diagnosis                |                 |                                   |                 | 0.544   |
| SA                       | 26 (42.6%)      | 12 (38.7%)                        | 14 (46.7%)      |         |
| UA                       | 31 (50.8%)      | 16 (51.6%)                        | 15 (50%)        |         |
| Others                   | 4 (6.6%)        | 3 (9.7%)                          | 1 (3.3%)        |         |
| Hypertension             | 24 (39.3%)      | 13 (41.9%)                        | 11 (36.7%)      | 0.795   |
| Dyslipidemia             | 25 (41.0%)      | 15 (48.4%)                        | 10 (33.3%)      | 0.300   |
| <b>Diabetes Mellitus</b> | 15 (24.6%)      | 6 (19.4%)                         | 9 (30%)         | 0.384   |
| Current Smoker           | 18 (29.5%)      | 8 (25.8%)                         | 10 (33.3%)      | 0.582   |
| Pre-PCI Hx               | 7 (11.5%)       | 2 (6.5%)                          | 5 (16.7%)       | 0.255   |
| Cholesterol (mg/dl)      | $184 \pm 43$    | 191 ± 44                          | 178 ± 12        | 0.241   |
| Cr (mg/dl)               | $0.91 \pm 0.23$ | $\textbf{0.85} \pm \textbf{0.17}$ | $0.97 \pm 0.26$ | 0.038   |
| EF (%)                   | $64.4 \pm 8.6$  | $65.4 \pm 8.4$                    | $63.4 \pm 8.8$  | 0.387   |

# **Angiographic Findings**

|                 |            | 3 Month<br>N=31 | 6 Month<br>N=30 | p Value |
|-----------------|------------|-----------------|-----------------|---------|
| Vessel Severity |            |                 |                 | 0.557   |
| 1 VD            | 34 (50.7%) | 19 (55.9%)      | 15 (50.0%)      |         |
| 2 VD            | 21 (34.4%) | 10 (32.3%)      | 11 (36.7%)      |         |
| 3 VD            | 6 (9.0%)   | 2 (6.5%)        | 4 (13.3%)       |         |
| Target Vessel   |            |                 |                 | 0.100   |
| LAD             | 34 (55.7%) | 15 (44.1%)      | 19 (57.6%)      |         |
| LCx             | 18 (26.9%) | 13 (38.2%)      | 5 (15.2%)       |         |
| RCA             | 15 (22.4%) | 6 (17.6%)       | 9 (27.3%)       |         |

# **Angiographic Findings**

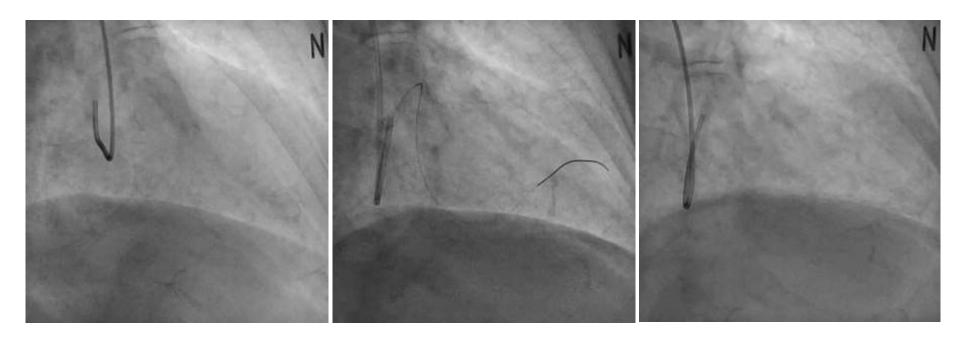


# **Angiographic Results**

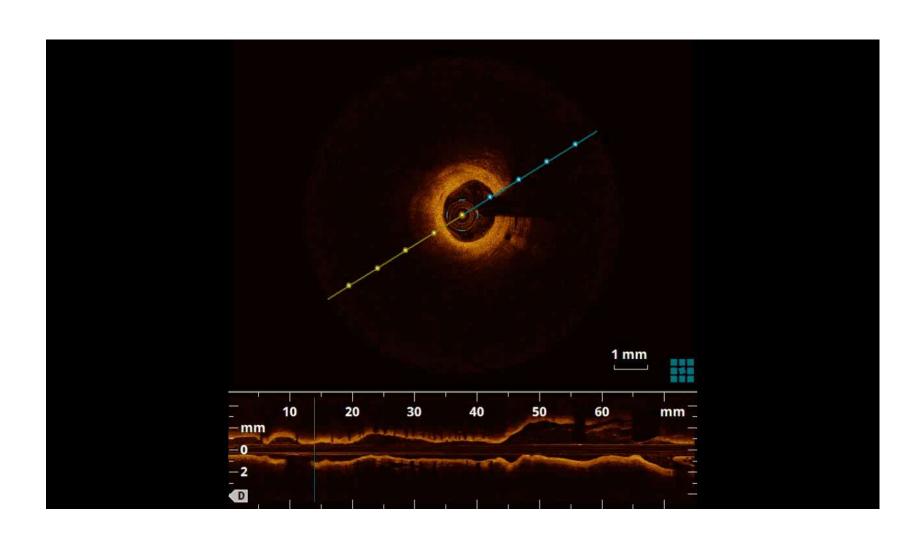
|                              |                 | 3 Month<br>N=31 | 6 Month<br>N=30 | p Value |
|------------------------------|-----------------|-----------------|-----------------|---------|
| Pre-PCI                      |                 |                 |                 |         |
| Ref. vessel size (mm)        | $3.13\pm0.38$   | $3.12\pm0.36$   | $3.14 \pm 0.41$ | 0.769   |
| Lesion length (mm)           | $20.3 \pm 6.9$  | 19.3 ± 5.2      | $21.3 \pm 8.3$  | 0.246   |
| MLD (mm)                     | $0.6 \pm 0.41$  | $0.59 \pm 0.49$ | $0.60\pm0.30$   | 0.919   |
| DS (%)                       | 81.1 ± 9.5      | $82.4 \pm 9.4$  | 79.7 ± 9.6      | 0.240   |
| Post-stent                   |                 |                 |                 |         |
| MLD (mm)                     | $2.89 \pm 0.36$ | $2.87 \pm 0.35$ | $2.92\pm0.38$   | 0.568   |
| DS (%)                       | $8.14 \pm 2.51$ | $8.5 \pm 2.5$   | $7.8\pm2.5$     | 0.222   |
| Stent Number per person      | 1.21 ± 0.45     | $1.19 \pm 0.40$ | $1.23 \pm 0.50$ | 0.734   |
| Stent length per person (mm) | 25.2 ± 11.2     | $25.4 \pm 10.4$ | 25.0 ± 12.1     | 0.885   |

#### 3-Month F/U

- 77/F, UA, HTN,
- 2VD, dLCx to OM, stent: 2.5/27 mm

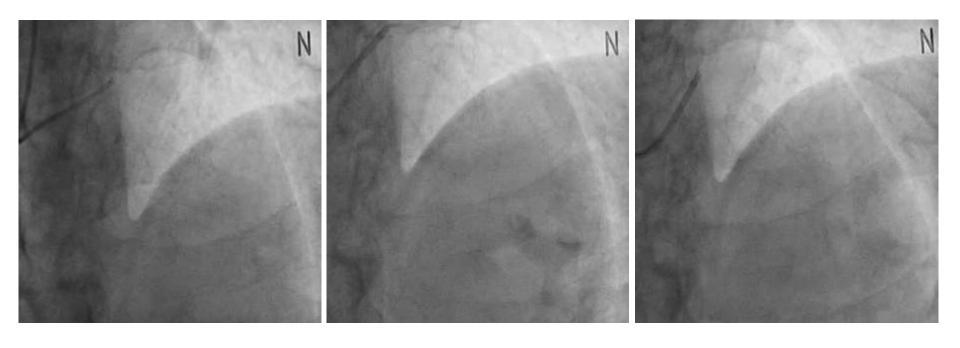


# 3-Month F/U OCT

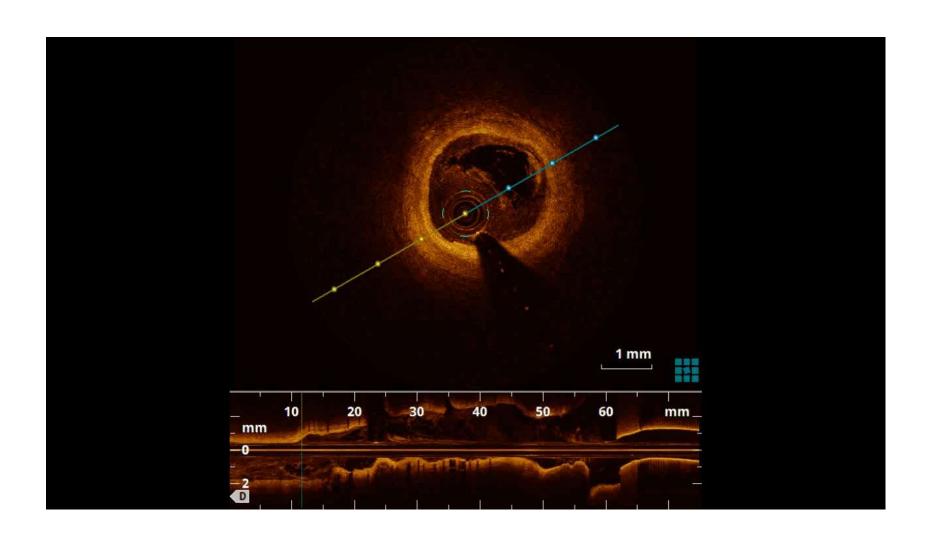


## 4.5-Month F/U

- 76/M, UA,
- 1VD, mLAD, stent: 3.5/27 mm

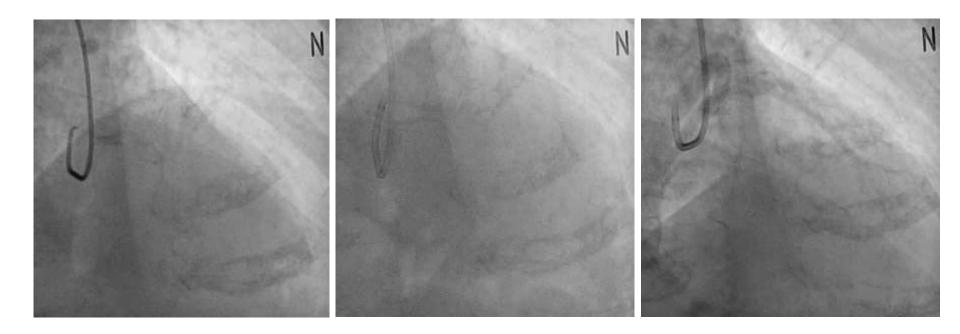


## 4.5-Month F/U OCT

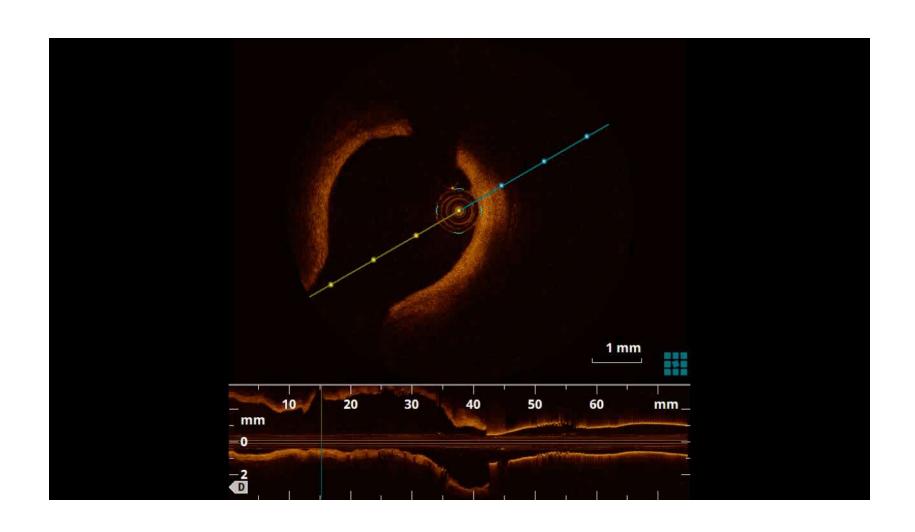


# 6-Month F/U

- KKB, 75/F, SA,
- 1VD, pLAD, stent: 3.5/16 mm



# 6-Month F/U OCT



## **Clinical Outcomes**

Mean Follow-up duration: 4.3±3.0 M

- In Hospital Event
  - 61 patients
  - No MACE or bleeding
- 3-Month Follow-up
  - 44 patients
  - No MACE or Bleeding

## **Clinical Outcomes**

- 6-Month Follow-up
  - -21 patients
  - MACE: 1 patient, ISR and TLR (3 month group)
  - No other events
- 1-Year Follow-up
  - No MACE or Bleeding during 7-12 months

# Thank you for your attention