PROLONGED RESUSCITATION AND SHOCK IN STEMI

Sorin J. Brener MD

Professor of Medicine

Director, Cardiac Catheterization Laboratory – NY Methodist Hospital

DISCLOSURE STATEMENT OF FINANCIAL INTEREST

I, SORIN BRENER MD, DO NOT have a financial interest/arrangement or affiliation with one or more organizations that could be perceived as a real or apparent conflict of interest in the context of the subject of this presentation.

CLINICAL PRESENTATION

- 64 yo man presents with first episode of CP, lasting ~2 hours
- He suffers cardiac arrest in ED, while in triage area
- Initial rhythm is VT, followed by VF
- After ROSC, first EKG shows inferior STEMI
- Recurrent VF requires more defibrillation and CPR
- Transferred to cath lab with active CPR Lucas device

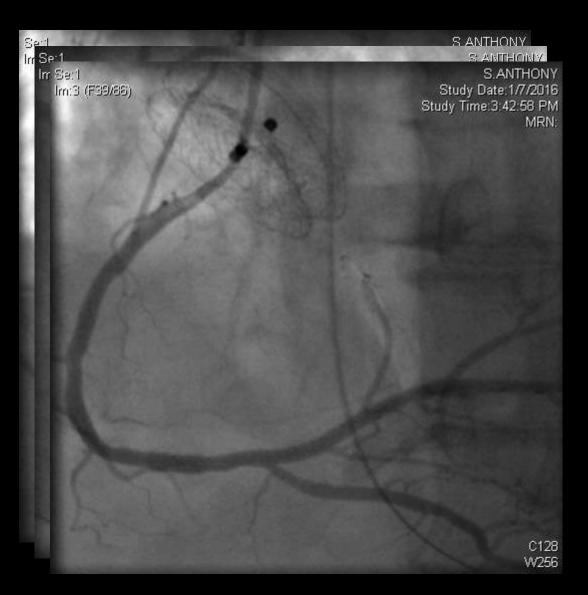
PAST MEDICAL HISTORY

- ASD repair in 2012 Amplatz device following TIA
- Smoking
- Paroxysmal AF on rivaroxaban
 - Therapy stopped by patient 1 month before presentation because of hematuria

ANTITHROMBOTIC THERAPY

- Crushed ticagrelor was given via NG on arrival, together with crushed ASA
- IV Cangrelor was started as soon as sheath was placed
- IV Bivalirudin was used for antithrombin therapy

CORONARY ANGIOGRAPHY



CLINICAL COURSE

- After PCI, rhythm stabilized
- Extubated next day
- Peak CK-MB was 120; Tnl 46
- EF 65% no cardiac thrombi
- Discharged home on day 7 neurologically intact
 - ASA 81
 - Ticagrelor 90 BID
 - Lisinopril 5 QD
 - Toprol XL 50 QD
 - Atorvastatin 80 QD

CLINICAL PRESENTATION

- 39 yo man with HTN, HLD, prediabetes, corneal transplant
- Unwitnessed cardiac arrest
- In ED VF and DCC 5 times
- CPR with Lucas device
- ROSC few times for few seconds
- V-A ECMO started in ED

From: Optimal Treatment of Patients Surviving Out-of-Hospital Cardiac Arrest

J Am Coll Cardiol Intv. 2012;5(6):597-605. doi:10.1016/j.jcin.2012.01.017

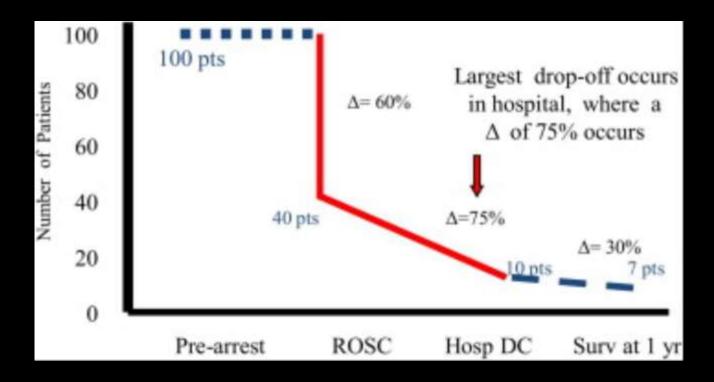


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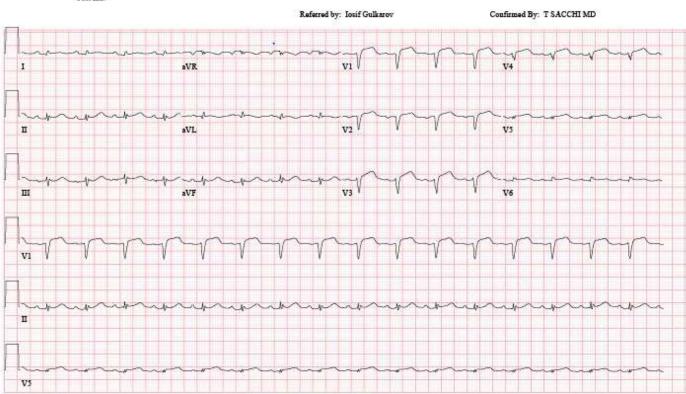
An Idealized Survival Curve After OHCA

The greatest drop-off in survival is not at the initial treatment in the field, but occurs in the hospital where 75% of those initially resuscitated die before hospital discharge (DC). Hosp = hospital; OHCA = out-of-hospital cardiac arrest; pts = patients; ROSC = return of spontaneous circulation; Surv = survival.



13-OCT-1976 (39 yr) Male Caucasian	Vent. rate PR interval	99 167	BPM	NORMAL SINUS RHYTHM LOW VOLTAGE ORS
Male Caucasian	ORS duration	79	ms	CANNOT RULE OUT ANTEROSEPTAL INFARCT. AGE UNDETERMINED
Room:8	QT/QTc	325/417	ms	ABNORMAL ECG
Loc:49	P-R-T axes	32 14	68	
	BP	71/59		Confirmed by SACCHI MD, T (103) on 2/6/2016 12:13:04 PM

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CORONARY ANGIOGRAPHY

- After ECMO directly to cath lab
- LAD is totally occluded at SP
- RCA has moderate disease
- LCX has mild disease
- 2 BMS in LAD with good reperfusion
- ASA, ticagrelor, heparin
- Dobutamine, Norepinephrine, Vasopressin

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CLINICAL COURSE

- Return of LV ejection on day 2
- ECMO weaned and removed on day 4
- Extubated on day 5
 - Reintubated same evening
- Agitation and confusion
- Fever
- Extubated on day 10
- TTE on day 15 shows EF of 25-30%
- Discharged on day 17 to home with minimal neurological impairment

LUCAS CPR DEVICE

survival to discharge/30 days (average OR 0.89, 95% CI 0.77, 1.02) and survival with good neurological outcome (average OR 0.76, 95% CI 0.53, 1.11).

Resuscitation. 2015 Sep;94:91-7



From: Optimal Treatment of Patients Surviving Out-of-Hospital Cardiac Arrest

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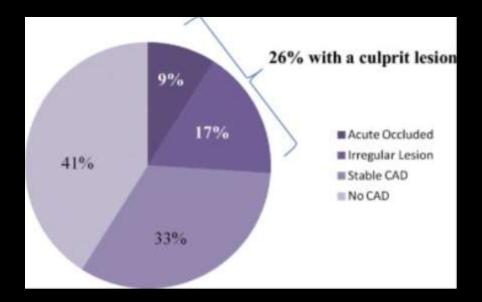


Figure Legend:

Coronary Angiography Results

Coronary angiographic results showing that 1 of every 4 resuscitated patients without ST-segment elevation has an acute culprit lesion found at early coronary angiography.

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J Am Coll Cardiol Intv. 2012;5(6):597-605. doi:10.1016/j.jcin.2012.01.017

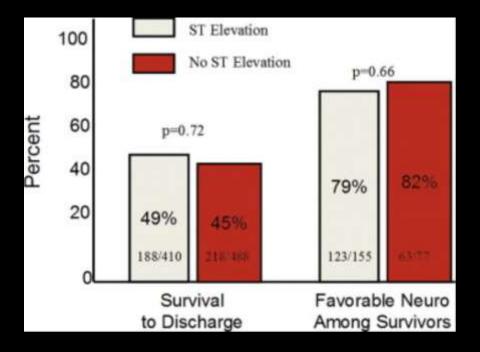


Figure Legend:

Differences in Survival

No differences in survival-to-discharge or favorable neurological function among survivors were seen between those with or without ST-segment elevation on their post-resuscitation electrocardiograms.

ESC GUIDELINES 2012

LV assist devices may be considered for circulatory support in patients in refractory shock.

IIb

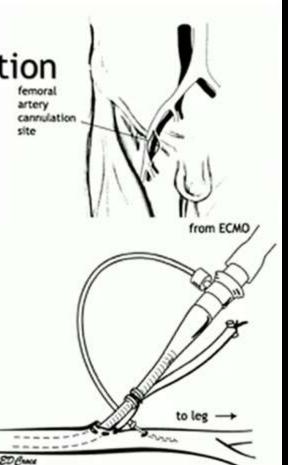
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ECMO CONSOLE











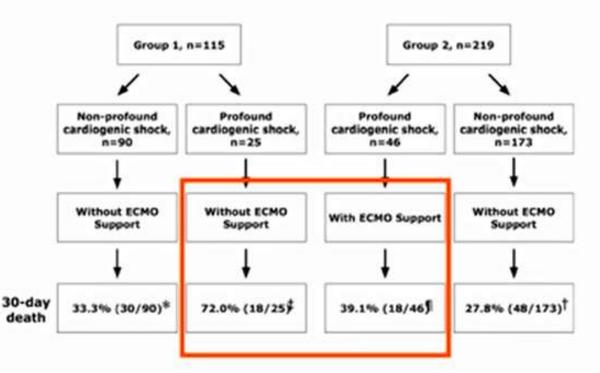




Early extracorporeal membrane oxygenator-assisted primary percutaneous coronary intervention improved 30-day clinical outcomes in patients with ST-segment elevation myocardial infarction complicated with profound cardiogenic shock

Jainn-Jyr Deus MD, Tzu-Hisen Tsai, MD, Fan Yen Lee, MD, Hiso-Yu Fang, MD, OhesA-Kwan Sun, MD, PhO, Stree Les, PhO, Oheng-Hisu Yang, MD, Shyh-Ming Ohen, MD, Oh-Ling Hong, MD, Yuan-Koi Hsieft, MD, Ohen-Jen Ohen, MD, Ohung-Jen Bb, MD, Han-Kan-Yu, MD

Crit Care Med 2010; 38:1810-1817









Cardiopulmonary resuscitation with assisted extracorporeal life-support versus conventional cardiopulmonary resuscitation in adults with in-hospital cardiac arrest: an observational study and propensity analysis

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Lonist 2005; 372: 554-61.

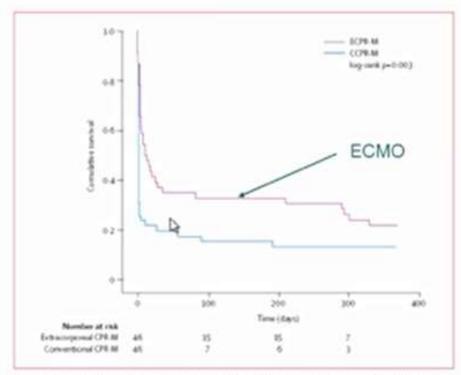


Figure 3: Kaplan-Meler plot of the survival curves in the extracorporeal CPR-M. and conventional CPR-M. sproups for 1 year.







Cardiopulmonary resuscitation with assisted extracorporeal life-support versus conventional cardiopulmonary resuscitation in adults with in-hospital cardiac arrest: an observational study and propensity analysis

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Lancet 2008; 372: \$\$4-61

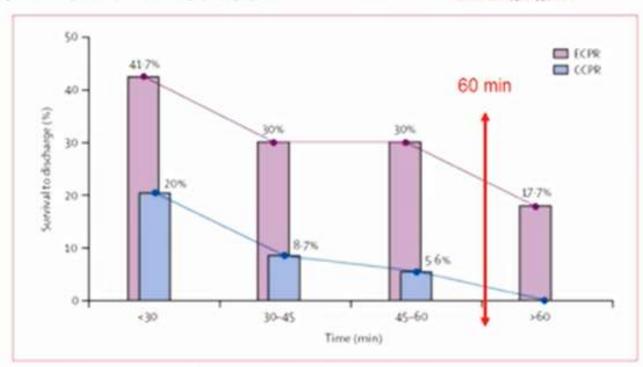
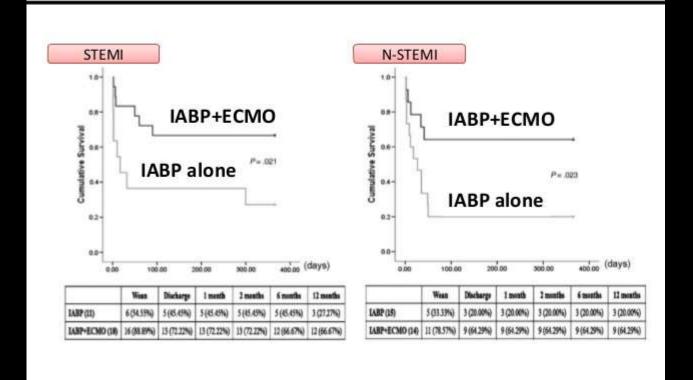


Figure 1: Relation between CPR duration and the survival rate to discharge ECPR-extracorporeal CPR. CCPR-conventional CPR.

THE AUSTRALIAN EXPERIENCE

ECMO in Cardiogenic Shock



FINAL THOUGHTS

- Aggressive and effective CPR
 - Consider mechanical devices
- Early coronary angiography, particularly when STE present of post ROSC EKG
 - Class I LOE B
- Hypothermia in out-of hospital witnessed cardiac arrest with ROSC
 - Class I LOE B
- Early use of LV assist devices such as ECMO, Impella, Tandem Heart

Most importantly – DON'T GIVE UP!