

# **IVUS-Guided PCI: Meta-analyses, patient selection, essential technique**

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# Disclosures

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<b>ACIST</b>	<b>Honoraria</b>

# Clinical Data Regarding IVUS-guided DES Implantation

## Randomized Trials

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- 4) Ahn JM, Kang SJ, Yoon SH, et al. Meta-analysis of outcomes after intravascular ultrasound-guided versus angiography-guided drug-eluting stent implantation in 26,503 patients enrolled in three randomized trials and 14 observational studies. *Am J Cardiol*. 2014;113:1338-47.
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## Registries

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# Major meta-analyses of IVUS vs angio-guided DES

Reference	Yr	RCT	Non-RCT	Pts	HR (p-values)					
					MACE	Death	MI	ST	TLR	TVR
Zhang et al Eurointervention	2012	1	10	19,619	0.87 (p=0.008)	0.59 (p<0.001)	0.82 (p=0.13)	0.58 (p<0.001)	0.90 (p=0.3)	0.90 (p=0.2)
Propensity score matched groups				5,300	0.86 (p=0.06)	0.73 (p=0.04)	0.63 (p=0.01)	0.57 (p=0.004)	0.85 (p=0.3)	0.94 (p=0.6)
Klersy et al Int J Cardiol	2013	3	9	18,707	0.80 (p<0.001)	0.60 (p<0.001)	0.59 (p=0.001)	0.50 (p=0.007)	0.95 (p=0.8)	
Jang et al. JACC Cardiovasc Interv	2014	3	12	24,869	0.79 (p=0.001)	0.64 (p<0.001)	0.57 (p<0.001)	0.59 (p=0.002)	0.76 (p=0.01)	0.81 (p=0.01)
Propensity score matched groups				13,545	0.79 (p=0.01)	0.58 (p=0.01)	0.56 (p=0.04)	0.52 (p=0.004)	0.85 (p=0.3)	0.93 (p=0.3)
Ahn et al. Am J Cardiol	2014	3	14	26,503	0.74 (p<0.001)	0.61 (p<0.001)	0.57 (p<0.001)	0.59 (p<0.001)	0.81 (p=0.046)	0.82 (p=0.022)
Zhang et al. BMC Cardiovasc Disorders	2015	3	17	29,068	0.77 (p<0.001)	0.62 (p<0.001)	0.64 (p<0.001)	0.59 (p<0.001)	0.81 P=0.005	0.86 (p=0.012)
Complex lesions or ACS				6,393	0.69 (p<0.001)	0.52 (p<0.001)		0.64 (p<0.001)		
Steinvil et al. Int J Cardiol	2016	7	18	31,283	0.76 (p<0.001)	0.62 (p<0.001)	0.67 (p<0.001)	0.58 (p<0.001)	0.77 P=0.005	0.85 (p<0.001)
Complex lesions					0.70 (p<0.001)	0.52 (p<0.001)	0.72 (p=0.008)	0.32 (p<0.001)	0.76 (p=0.062)	0.62 (p=0.002)
Nerlekar et al. EuroIntervention	2016	6	9	9,313	0.73 (P<0.001)	0.55 (p=0.005)	0.67 (p=0.01)	0.52 (p<0.001)	0.66 (p<0.001)	0.79 (p=0.04)
		11 – 1 <sup>st</sup> generation		6156	0.79 (p=0.01)	0.64 (p=0.07)	0.63 (p=0.007)	0.56 (p<0.001)	0.70 (p=0.02)	0.88 (p=0.29)
		6 – 2 <sup>nd</sup> generation		3157	0.73 (p<0.001)	0.33 (p=0.02)	0.82 (p=0.65)	0.32 (p=0.02)	0.61 (p=0.01)	0.47 (p=0.29)

# Meta-analyses of Randomized Trials of IVUS vs Angiography-guided DES Implantation

Reference	Study Population	MACE	CV Mortality	MI	ST	TLR	TVR
Elgendy et al. <i>Circ Cardiovasc Interv</i> 2016;9:e003700	7 RCTs 3275 (IVUS: 1634 and Angiography: 1641)	0.59 (0.46-0.76)	0.46 (0.21-1.00)	0.58 (0.30-1.11)	0.49 (0.24-0.99)	0.60 (0.43-0.84)	0.61 (0.41-0.91)
Steinvil et al. <i>Int J Cardiol</i> 2016;216:133-9	7 RCTs 3192 (IVUS: 1593 and Angiography: 1599)	0.66 (0.52-0.84)	0.81 (0.44-1.47)	1.04 (0.68-1.59)	0.71 (0.28-1.78)	0.61 (0.43-0.87)	0.61 (0.41-0.90)
Bavishi et al. <i>Am Heart J</i> 2017;185:26-34	8 RCTs 3276 (IVUS: 1635 and Angiography: 1641)	0.64 (0.51-0.80)	0.51 (0.23-1.12)	0.90 (0.58-1.41)	0.57 (0.26-1.23)	0.62 (0.45-0.86)	0.60 (0.42-0.87)
Shin et al. <i>JACC Cardiovasc Interv</i> 2016;9:2232-9.*	3 RCTs 2345 (IVUS: 1170 and Angiography: 1175)	0.36 (0.13-0.99)	0.38 (0.10-1.42)	-	0.50 (0.13-2.01)	0.61 (0.40-0.93)	-

*\*Meta-analysis performed using patient-level data*

# Meta-analysis of MACE in 8 Randomized Trials

Study	Year	IVUS-guided		Angio-guided		RR (95% CI)	RR (95% CI)
		Events	Total	Events	Total		
AIR-CTO	2015	25	115	29	115	0.86 (0.54, 1.38)	
AVIO	2013	24	142	33	142	0.73 (0.45, 1.17)	
CTO-IVUS	2015	5	201	14	201	0.36 (0.13, 0.97)	
HOME DES IVUS	2013	11	105	12	105	0.92 (0.42, 1.98)	
IVUS-XPL	2015	19	700	39	700	0.49 (0.28, 0.83)	
RESET	2013	12	269	20	274	0.61 (0.30, 1.03)	
Tan et al	2015	8	61	17	62	0.48 (0.22, 1.03)	
Zhang et al	2016	3	42	9	42	0.33 (0.10, 1.15)	
<b>Subtotal (95% CI)</b>			<b>1635</b>		<b>1641</b>	<b>0.64 (0.51, 0.80)</b>	
<b>Total events</b>		<b>107</b>		<b>173</b>			IVUS better      Angio better

	IVUS events	Angio events	RR	95% CI	P-value
<b>MACE</b>	<b>6.5%</b>	<b>10.5%</b>	<b>0.64</b>	<b>0.51-0.80</b>	<b>0.0001</b>
CV mortality	0.5%	1.2%	0.51	0.23-1.12	0.09
MI	2.0%	2.4%	0.90	0.58-1.41	0.65
TLR	4.1%	6.6%	0.62	0.45-0.86	0.004
TVR	5.5%	9.2%	0.60	0.42-0.87	0.007
ST	0.6%	1.3%	0.57	0.26-1.23	0.15

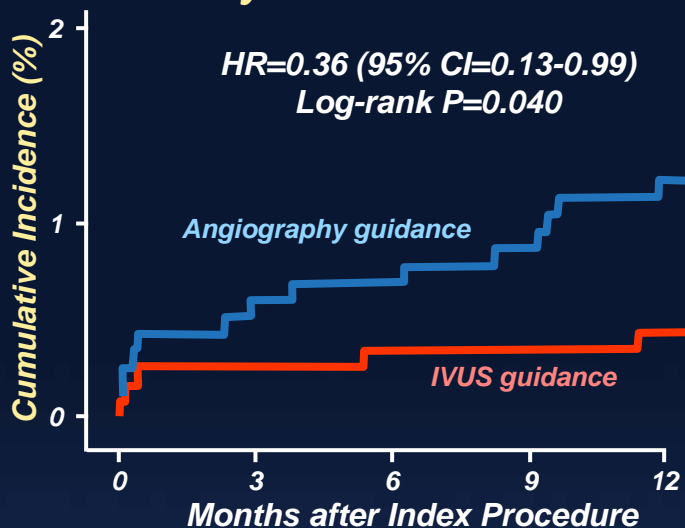
# *Patient level meta-analysis of 3 randomized trials using only second generation DES*

	<b>IVUS events</b>	<b>Angio events</b>	<b>HR</b>	<b>95% CI</b>	<b>P-value</b>
<b>Intention-to-treat</b>	n=1170	n=1175			
<b>MACE*</b>	0.4%	1.2%	0.36	0.13-0.99	0.04
CV mortality	0.3%	0.7%	0.38	0.10-1.42	0.134
MI	0%	0.4%			0.026
Stent Thrombosis	0.3%	0.5%	0.50	0.13-2.01	0.32
TLR	3.0%	5.0%	0.61	0.40-0.93	0.02
<b>Per Protocol</b>	n=1236	n=1109			
<b>MACE*</b>	0.4%	1.3%	0.32	0.12-0.89	0.021
CV mortality	0.2%	0.7%	0.34	0.09-1.27	0.09
MI	0	0.5%			0.018
Stent Thrombosis	0.2%	0.5%	0.45	0.11-1.79	0.243
TLR	2.9%	5.3%	0.54	0.36-0.82	0.004

**\*MACE defined as a composite of CV death, MI, or stent thrombosis**

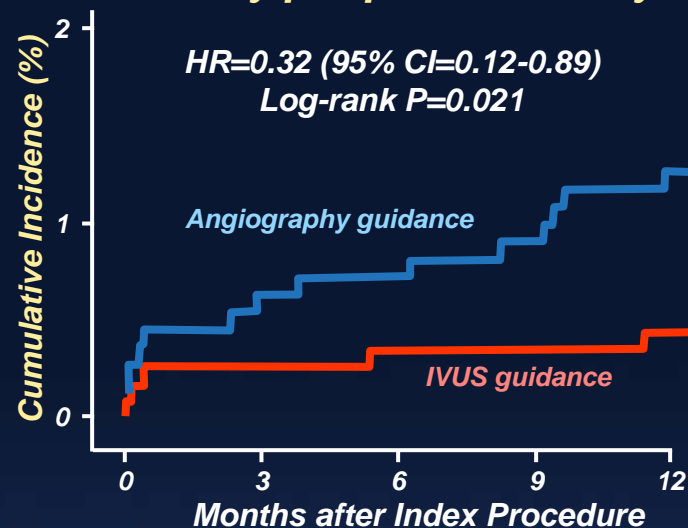
# Composite of cardiac death, MI, or stent thrombosis

**MACE\* by intention-to-treat analysis**

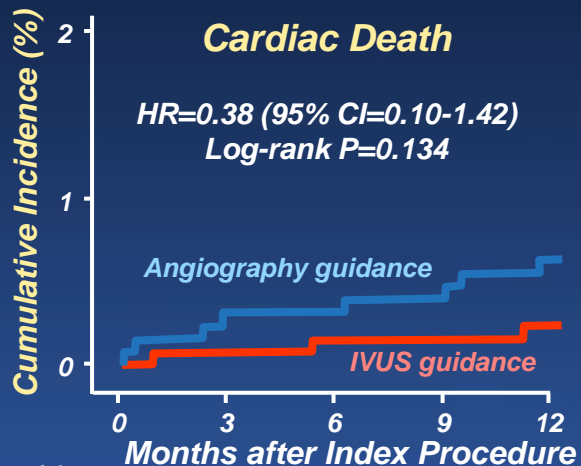


Number at risk					
Angio guidance	1175	1143	1133	1125	1076
IVUS guidance	1170	1137	1130	1120	1073

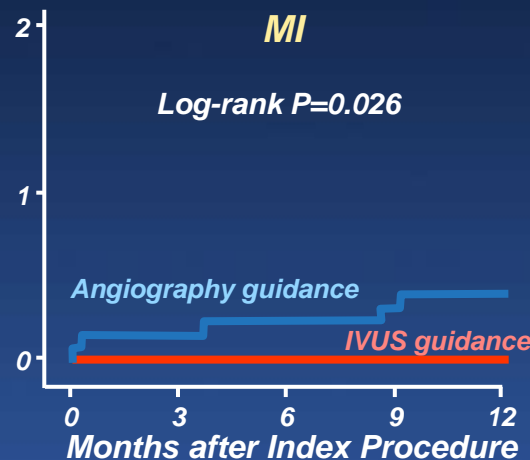
**MACE\* by per-protocol analysis**



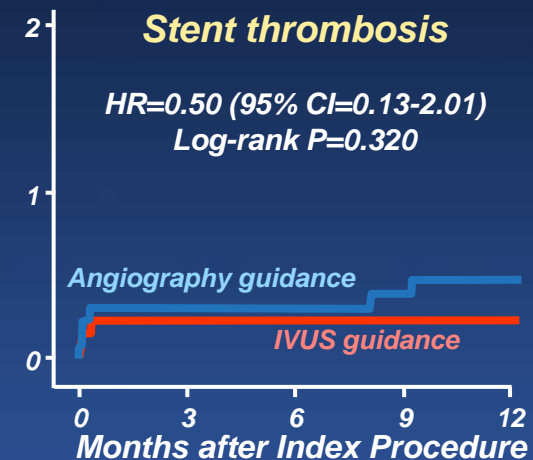
Number at risk					
Angio guidance	1109	1076	1067	1058	1018
IVUS guidance	1236	1204	1196	1187	1131



Number at risk					
Angio guidance	1175	1145	1136	1129	1180
IVUS guidance	1170	1138	1131	1121	1074



1175	1144	1134	1126	1076
1170	1138	1131	1121	1074



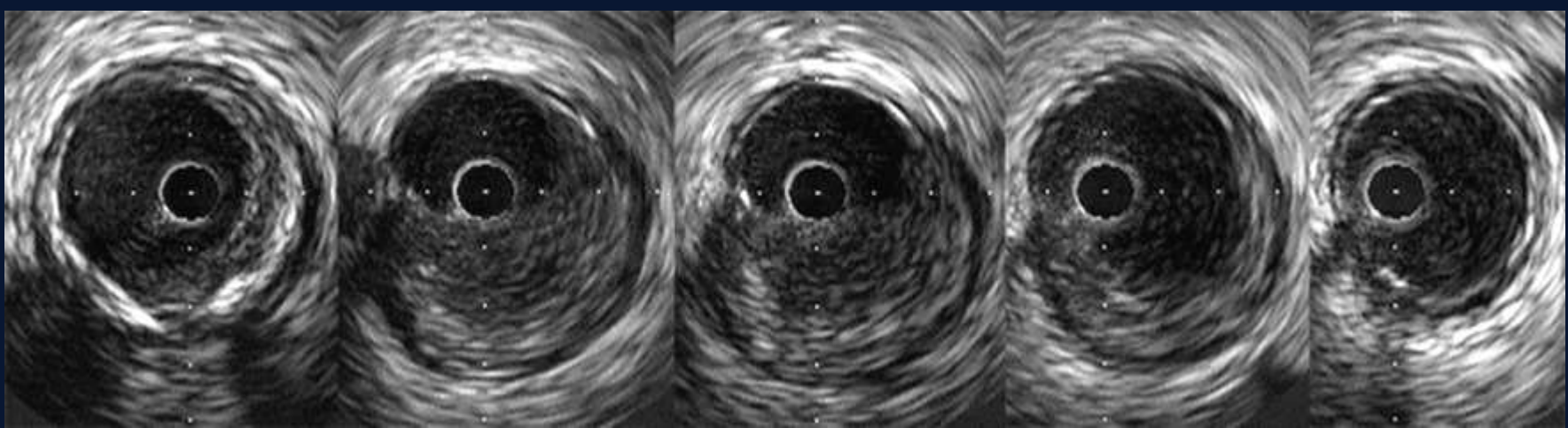
1175	1143	1134	1126	1077
1170	1137	1130	1120	1073



- **Nerlekar et al. EuroIntervention 2017;12:1632-42**
  - Even though second generation DES were associated with fewer events compared to first generation DES in both the IVUS-guided and angiography-guided groups, there was a greater benefit to IVUS guidance when implanting second generation compared to first generation DES.
  - Beginning in 2012, there was a greater benefit of IVUS-guidance to reduce MACE (4,154 pts, odds ratio 0.60,  $p < 0.001$ ) compared to the period ending in 2011 (4,111 pts, odds ratio 0.83,  $p = 0.04$ ).
- **Zhang et al BMC Cardiovasc Disord. 2015;15:153**
  - The benefit of IVUS guidance was more pronounced in patients with ACS or complex lesions (LMCA, bifurcation, chronic total occlusions, or long lesions) compared to patients with “any” clinical presentation or “any” lesion.”

# Incidence and predictors of coronary stent thrombosis: Evidence from an international collaborative meta-analysis including 30 studies, 221,066 patients, and 4276 thromboses

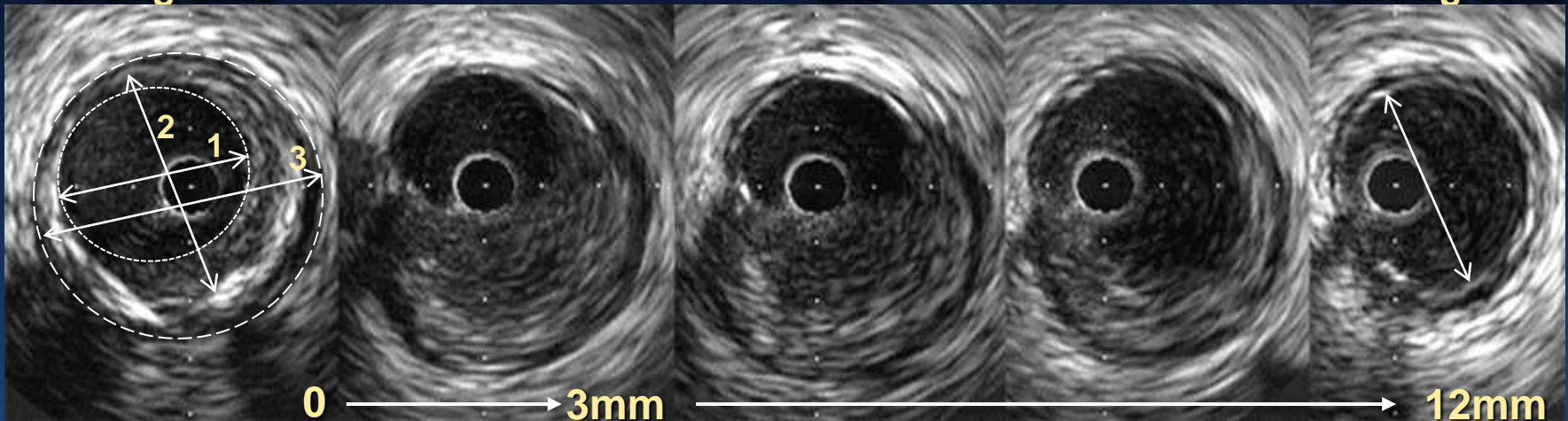
- *Most frequently and consistently reported predictors of definite/probable ST were*
  - Early antiplatelet therapy discontinuation
  - Extent of coronary artery disease
  - Stent number/ length
- *Significant, but less consistent predictors of ST were*
  - ACS at admission
  - Diabetes mellitus
  - Smoking status
  - Bifurcation/ostial disease
- *Predictors of ST with relative risk estimates > 5 in at least one study were*
  - Antiplatelet therapy discontinuation before 30 days
  - Residual dissection
  - Antiplatelet therapy discontinuation between 30 days and 180 days,
  - Stent undersizing
  - Prior brachytherapy
  - Left ventricular systolic dysfunction
  - Smoking status
  - Bifurcational/ostial lesion
  - ACS at admission
  - Small vessel coronary disease



**Proximal landing zone**

**Lesion Site**

**Distal landing zone**



**0**

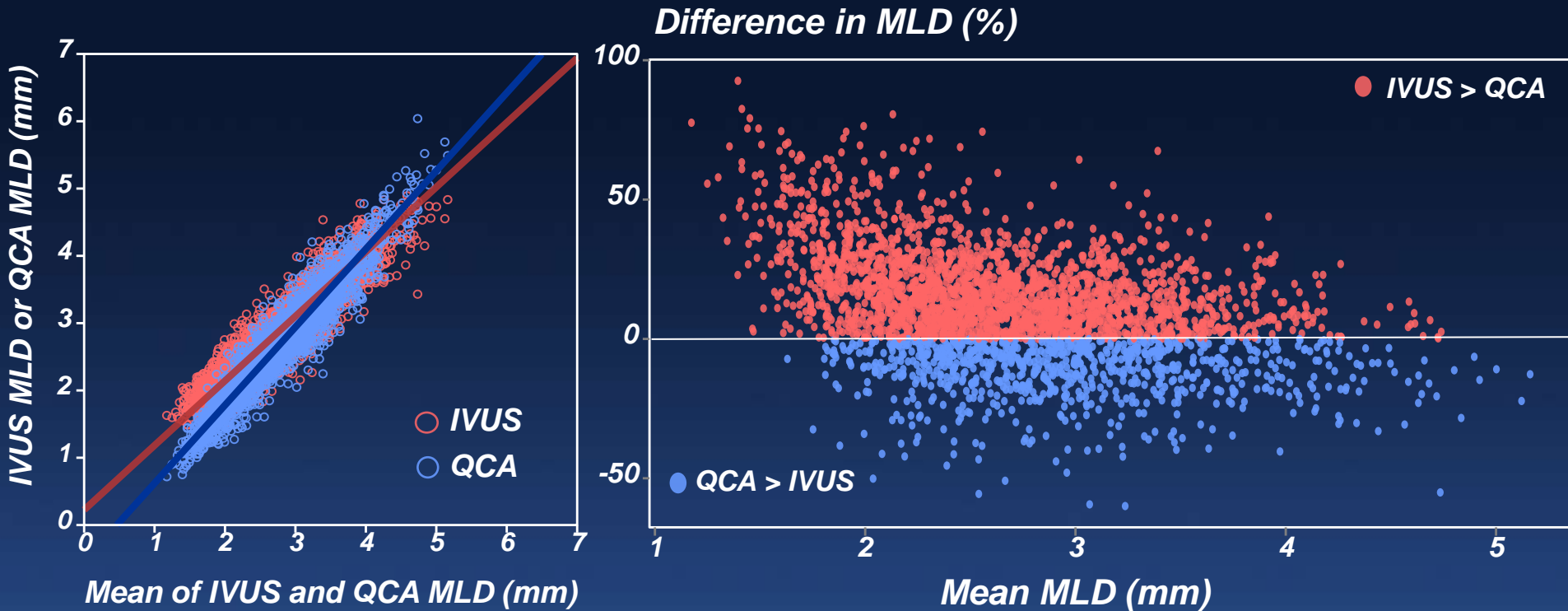
**3mm**

**12mm**

**Increasingly aggressive**

- 1) Largest reference lumen whether proximal or distal**
- 2) Midwall**
- 3) Media-to-media (although this is often “discounted” by approximately 0.5mm)**

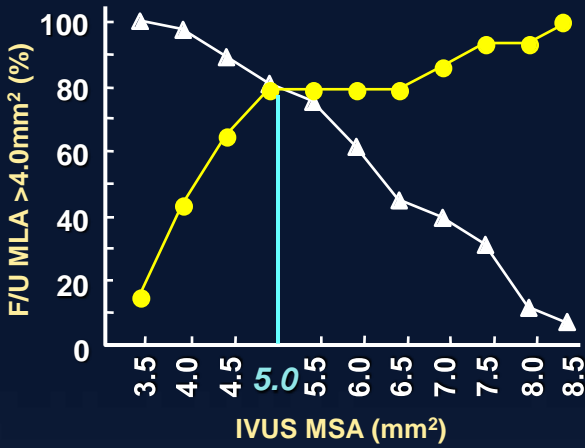
# IVUS vs QCA lumen dimensions in PROSPECT



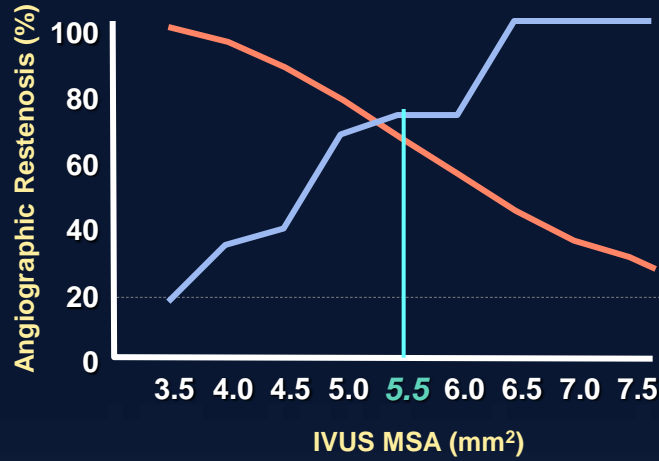
# IVUS Predictors of DES Early Thrombosis & Restenosis

	Early Thrombosis	Restenosis/MACE
<b>Small MSA or underexpansion in stable lesions</b>  <b>Small MLA in ACS/MI lesions</b>	<ul style="list-style-type: none"> <li>• Fujii et al. <i>J Am Coll Cardiol</i> 2005;45:995-8</li> <li>• Okabe et al. <i>Am J Cardiol.</i> 2007;100:615-20</li> <li>• Liu et al. <i>JACC Cardiovasc Interv.</i> 2009;2:428-34</li> <li>• Choi et al. <i>Circ Cardiovasc Interv</i> 2011;4:239-47</li> </ul>	<ul style="list-style-type: none"> <li>• Sonoda et al. <i>J Am Coll Cardiol</i> 2004;43:1959-63</li> <li>• Hong et al. <i>Eur Heart J</i> 2006;27:1305-10</li> <li>• Doi et al <i>JACC Cardiovasc Interv.</i> 2009;2:1269-75</li> <li>• Fujii et al. <i>Circulation</i> 2004;109:1085-1088</li> <li>• Kang et al. <i>Circ Cardiovasc Interv</i> 2011;4:9-14</li> <li>• Choi et al. <i>Am J Cardiol</i> 2012;109:455-60</li> <li>• Song et al. <i>Catheter Cardiovasc Interv</i> 2014;83:873-8</li> <li>• Kang et al. <i>PLoS One</i> 2015;10(10):e0140421</li> <li>• Hong et al. <i>JAMA</i> 2015;314(:2)155-63.</li> <li>• Lee et al. <i>Rev Esp Cardiol</i> 2017;70:88-95</li> </ul>
<b>Edge problems (geographic miss, secondary lesions, large plaque burden, dissections, etc)</b>	<ul style="list-style-type: none"> <li>• Fujii et al. <i>J Am Coll Cardiol</i> 2005;45:995-8</li> <li>• Okabe et al., <i>Am J Cardiol.</i> 2007;100:615-20</li> <li>• Liu et al. <i>JACC Cardiovasc Interv.</i> 2009;2:428-34</li> <li>• Choi et al. <i>Circ Cardiovasc Interv</i> 2011;4:239-47</li> </ul>	<ul style="list-style-type: none"> <li>• Sakurai et al. <i>Am J Cardiol</i> 2005;96:1251-3</li> <li>• Liu et al. <i>Am J Cardiol</i> 2009;103:501-6</li> <li>• Costa et al, <i>Am J Cardiol</i>, 2008;101:1704-11</li> <li>• Kang et al. <i>Am J Cardiol</i> 2013;111:1408-14</li> <li>• Kobayashi et al. <i>Circ Cardiovasc Interv.</i> 2016;9:e003553</li> <li>• Calvert et al. <i>Catheter Cardiovasc Interv</i> 2016;88:340-7</li> </ul>
<b>Stent length (&gt;40mm)</b>		<ul style="list-style-type: none"> <li>• Hong et al. <i>Eur Heart J</i> 2006;27:1305-10</li> </ul>
<b>Asymmetry &amp; Eccentricity</b>		<ul style="list-style-type: none"> <li>• Suwannasom et al. <i>JACC Cardiovasc Interv</i> 2016;9:1231-42</li> </ul>

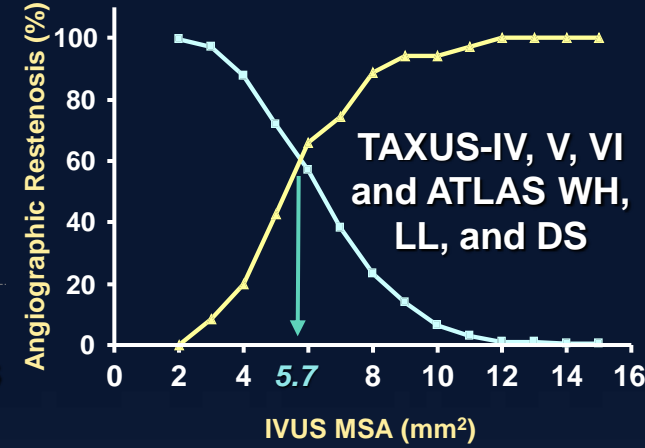
## SES in SIRIUS



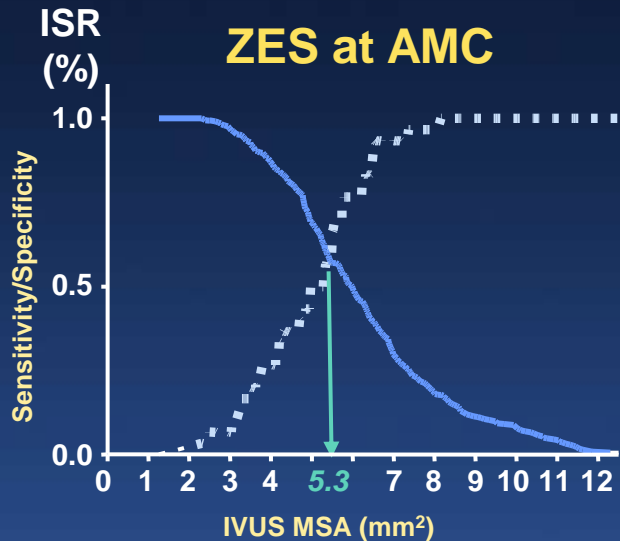
## SES at AMC



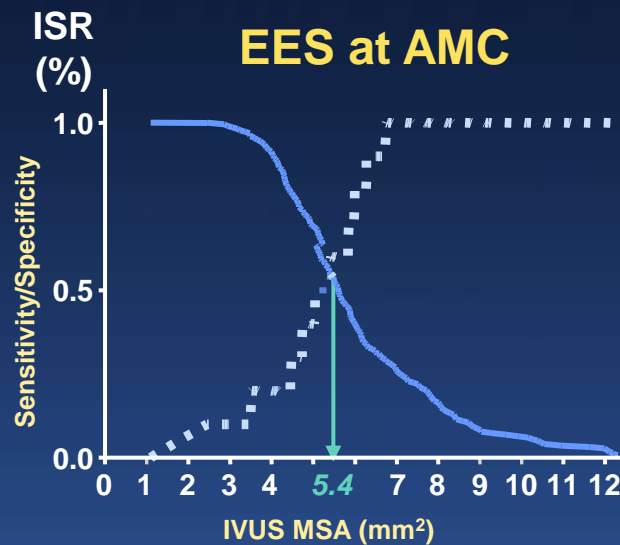
## PES



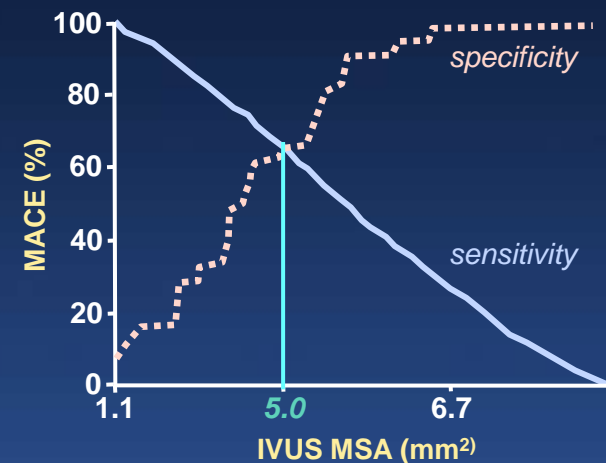
## ZES at AMC



## EES at AMC

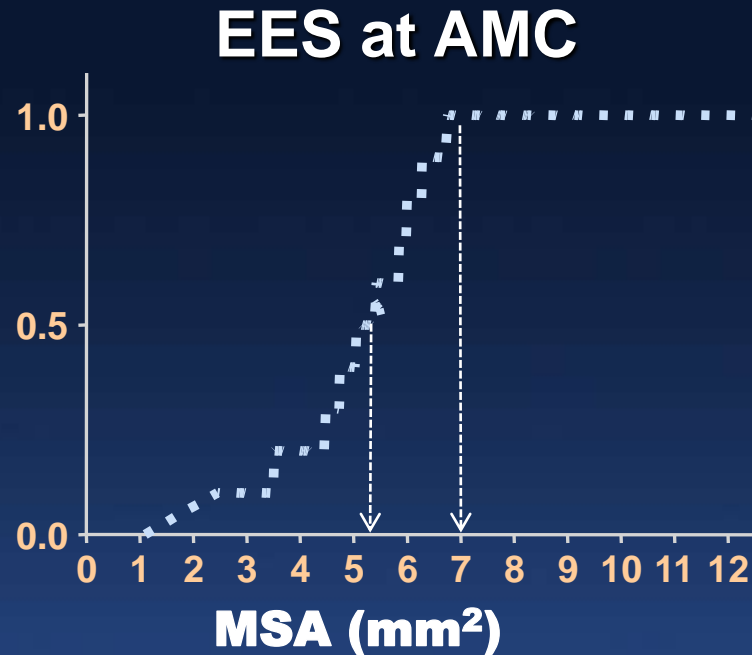
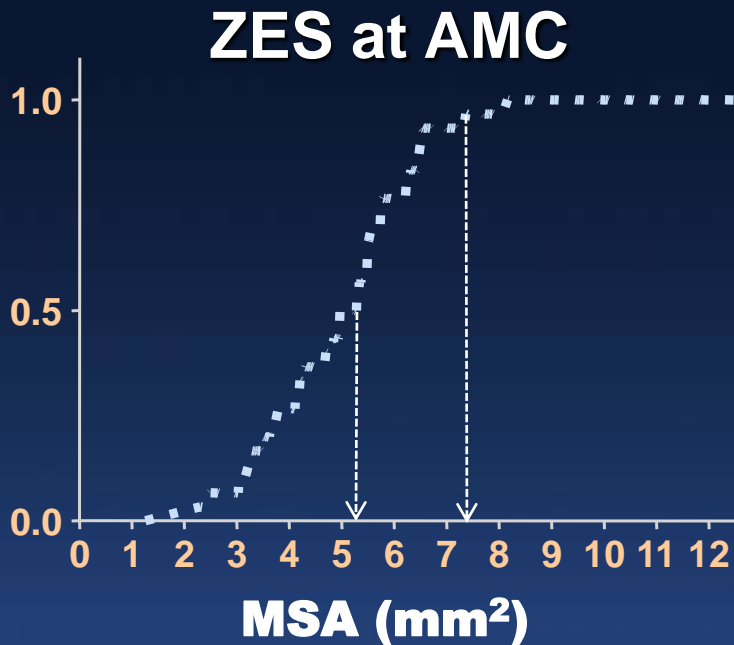


## EES in IVUS-XPL/RESET



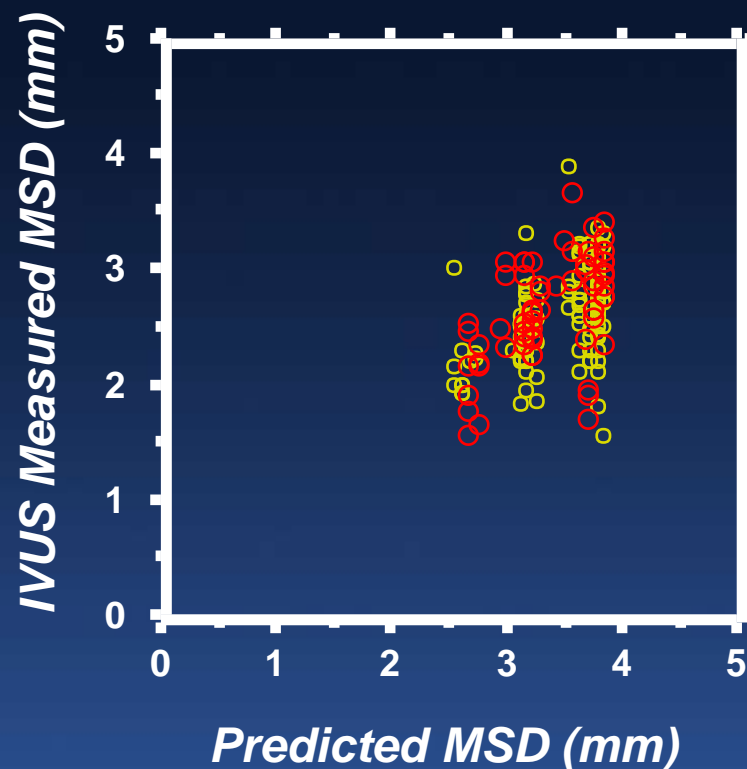
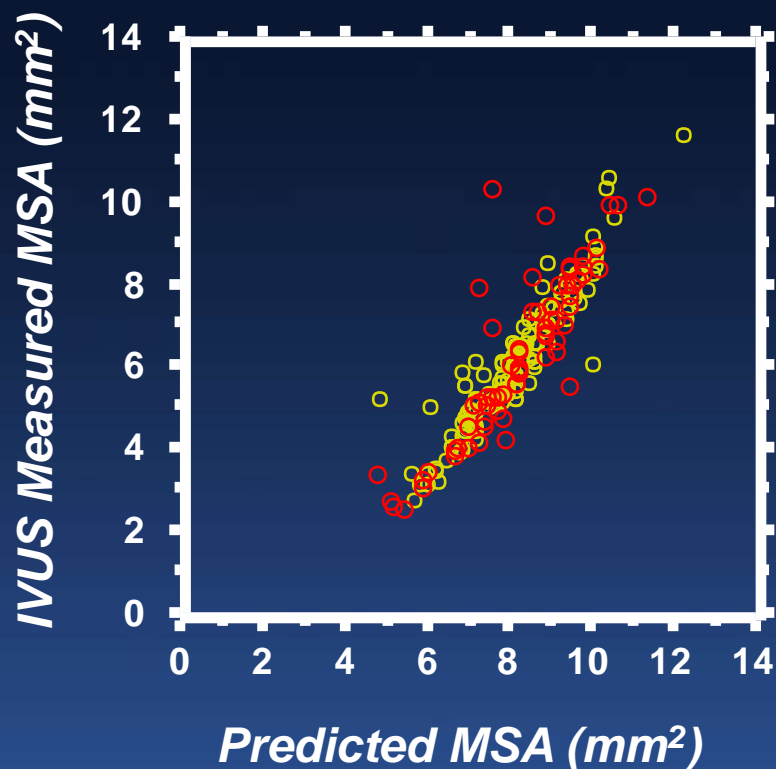
Sonoda et al. *J Am Coll Cardiol* 2004;43:1959-63  
 Hong et al. *Eur Heart J* 2006;27:1305-10  
 Doi et al. *JACC Cardiovasc Interv.* 2009;2:1269-75  
 Song et al. *Cathet Cardiovasc Interv* 2014;83:873-8  
 Lee et al. *Rev Esp Cardiol* 2017;70:88-95

# Predicting Freedom From Angiographic Restenosis with Second Generation DES



# Manufacturer's Compliance Charts Cannot Be Used to Guarantee Adequate Stent Expansion

Comparison of IVUS-measured minimum stent diameter (MSD) and minimum stent area (MSA) with the predicted measurements from Cypher in yellow, n=133) and Taxus in red, n=67). DES achieve an average of only 75% of the predicted MSD (66% of MSA)

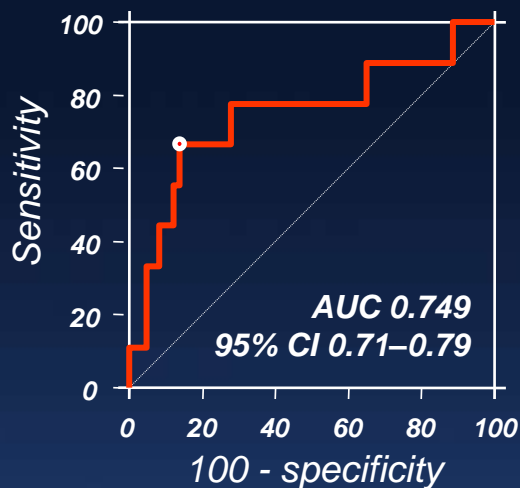


de Rebamar Costa et al, Am J Cardiol 2005;96:74-8  
de Rebamar Costa et al, Am Heart J 2007;153:297-303  
He et al. Am J Cardiol 2010;105:1272-5



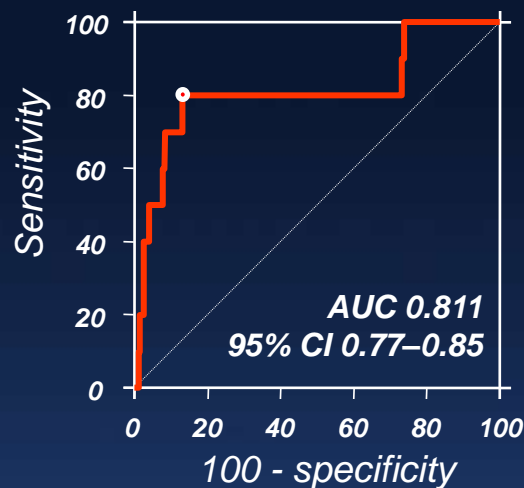
# IVUS Predictors of Edge Restenosis after Second Generation DES

**433 E-ZES**



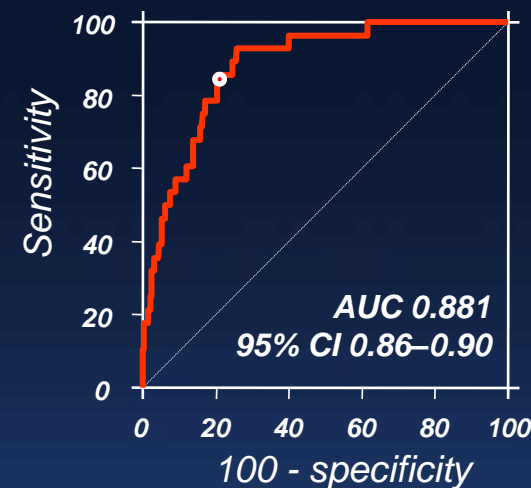
**Plaque burden=56.3%**  
**Sensitivity 67%**  
**Specificity 86%**

**422 R-ZES**



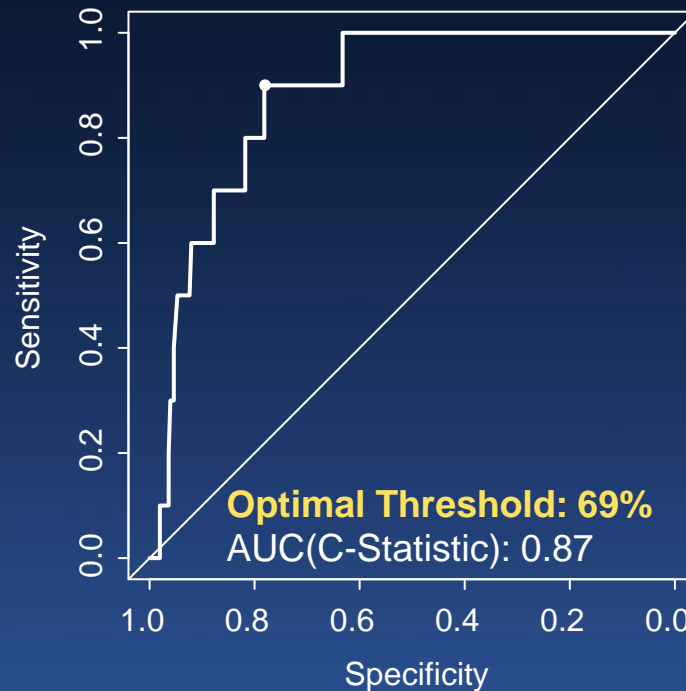
**Plaque burden=57.3%**  
**Sensitivity 80%**  
**Specificity 87%**

**813 EES**

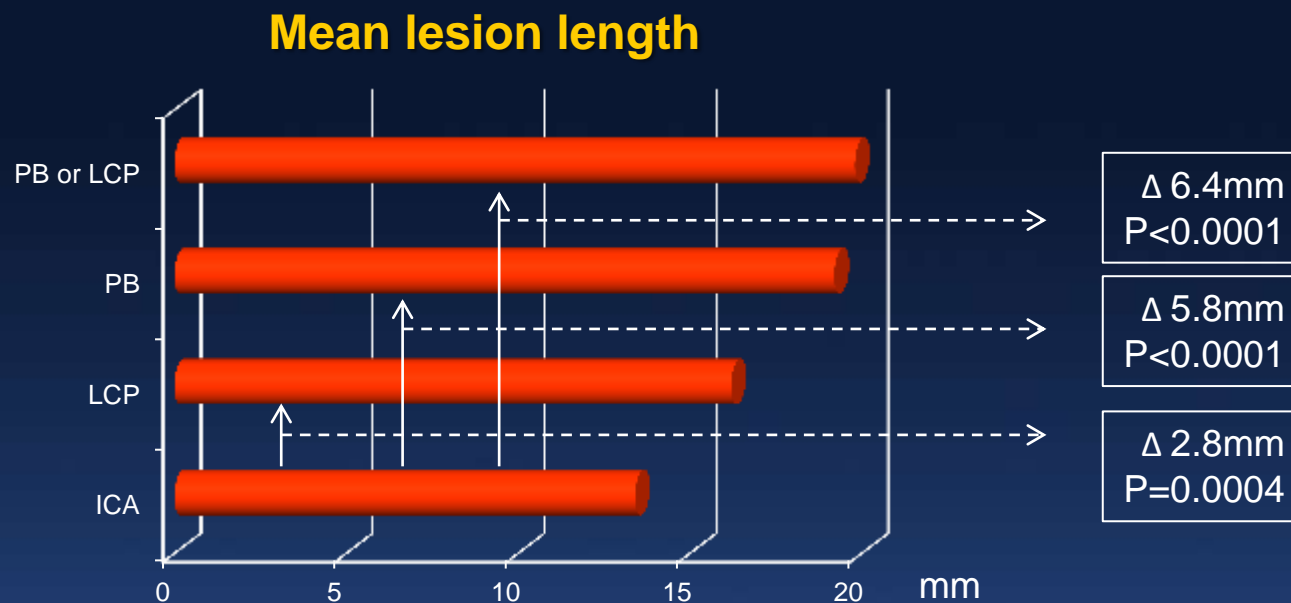


**Plaque Burden=54.2%**  
**Sensitivity 86%**  
**Specificity 80%**

# Plaque burden predictor of TCFA in 271 atherosclerotic lesions from 106 fresh coronary arteries in 54 patients at necropsy.

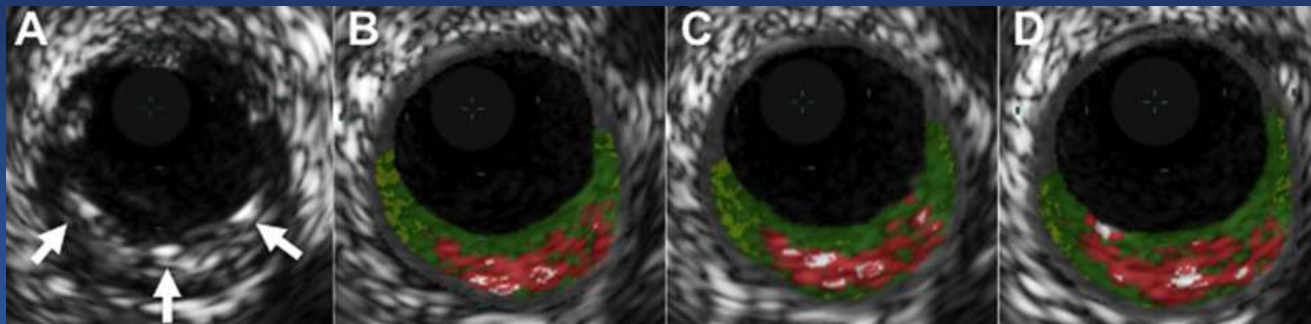


# In 58 pts lesion length was measured by invasive coronary angiography (ICA) and NIRS-IVUS



# Three geographic miss studies using VH-IVUS

- Legutko et al. Am J Cardiol 2012;109:1405-10
  - 20 STEMI pts underwent primary PCI with restoration of TIMI grade 3 flow by angiographically guided direct stenting. Plaque rupture sites were incompletely covered in 60% and maximum necrotic core sites were incompletely covered in 50%.
- Legutko et al. Am J Cardiol 2013;112:1854-9
  - 20 NSTEMI pts with TIMI grade 3 flow underwent PCI angiographically guided stenting. Although the plaque rupture site was fully covered with the stent in all lesions, an uncovered VH-TCFA was found in 35%.
- Calvert et al. Cathet Cardiovasc Interv 2016;88:340-7
  - In 170 pts (100 stable angina; 70 MI) with 245 lesions stented, geographical miss with larger necrotic cores was seen in 33% and was associated with increased MACE in pts with MI, but not in pts with stable angina.



## Implanted Stent Number

Means and 95% CI

	Std diff in means	Standard error	Variance	Lower limit	Upper limit	Z-value	P value
Ahn SG et al. (2013)	1.200	0.238	0.057	0.733	1.667	5.041	0.000
Ahn JM et al. (2013)	0.477	0.036	0.001	0.408	0.547	13.407	0.000
Chen SL et al. (2012)	0.134	0.080	0.006	-0.022	0.291	1.681	0.093

**0.27 more stents per lesion (95% CI 0.11 to 0.43, P<0.001)**

Youn YJ et al. (2011)	0.371	0.113	0.013	0.149	0.593	3.277	0.001
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**Random Effect Model 0.269 0.080 0.006 0.112 0.426 3.360 0.001**



## Implanted Stent Length

Means and 95% CI

	Std diff in means	Standard error	Variance	Lower limit	Upper limit	Z-value	P value
Ahn SG et al. (2013)	0.500	0.036	0.001	0.430	0.570	14.016	0.000
Chen SL et al. (2012)	0.167	0.080	0.006	0.010	0.324	2.088	0.037
Chieffo A et al. (2013)	0.106	0.105	0.011	-0.100	0.311	1.007	0.314

**Mean difference in stent length of 0.18 mm (95% CI 0.08 to 0.27, P<0.001)**

Youn YJ et al. (2011)	0.521	0.114	0.013	0.298	0.745	4.569	0.000
Park KW et al. (2012)	0.278	0.057	0.003	0.167	0.390	4.889	0.000
Roy P et al. (2008)	0.095	0.048	0.002	0.001	0.188	1.989	0.047
Witzenbichler B et al. (2012)	0.085	0.022	0.000	0.042	0.128	3.844	0.000
Yoon YW et al. (2013)	0.047	0.047	0.002	-0.045	0.140	1.005	0.315
Youn YJ et al. (2011)	0.521	0.114	0.013	0.298	0.745	4.569	0.000

**Random Effect Model 0.175 0.048 0.002 0.080 0.271 3.618 <0.001**



## Mean Stent Diameter

Means and 95% CI

	Std diff in means	Standard error	Variance	Lower limit	Upper limit	Z-value	P value
Ahn SG et al. (2013)	0.484	0.223	0.050	0.048	0.920	2.174	0.030
Ahn JM et al. (2013)	0.467	0.036	0.001	0.398	0.537	13.134	0.000
Chen SL et al. (2012)	0.195	0.080	0.006	0.038	0.352	2.439	0.015
Claessen BE et al. (2011)	0.250	0.061	0.004	0.131	0.369	4.122	0.000

**Mean difference in stent size of 0.33 mm (95% CI 0.22 to 0.44mm, P<0.001)**

Roy P et al. (2008)	0.031	0.048	0.002	0.003	0.124	0.043	0.319
Witzenbichler B et al. (2012)	0.553	0.023	0.001	0.509	0.597	24.557	0.000
Youn YJ et al. (2011)	0.343	0.113	0.013	0.122	0.565	3.034	0.002
Chieffo A et al. (2013)	0.243	0.105	0.011	0.037	0.449	2.311	0.021

**Random Effect Model 0.32 0.05 0.00 0.22 0.43 6.01 <0.001**



## Minimal Lumen Diameter

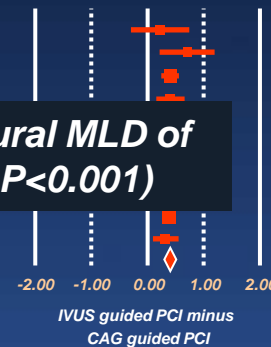
Means and 95% CI

	Std diff in means	Standard error	Variance	Lower limit	Upper limit	Z-value	P value
Agostoni et al. (2005)	0.208	0.267	0.071	-0.316	0.732	0.779	0.436
Ahn SG et al. (2013)	0.667	0.225	0.051	0.225	1.108	2.958	0.003
Chen SL et al. (2012)	0.369	0.081	0.006	0.211	0.527	4.582	0.000
Chieffo A et al. (2013)	0.363	0.106	0.011	0.156	0.570	3.437	0.001

**Mean difference in post-procedural MLD of 0.34 mm (95% CI 0.27 to 0.40, P<0.001)**

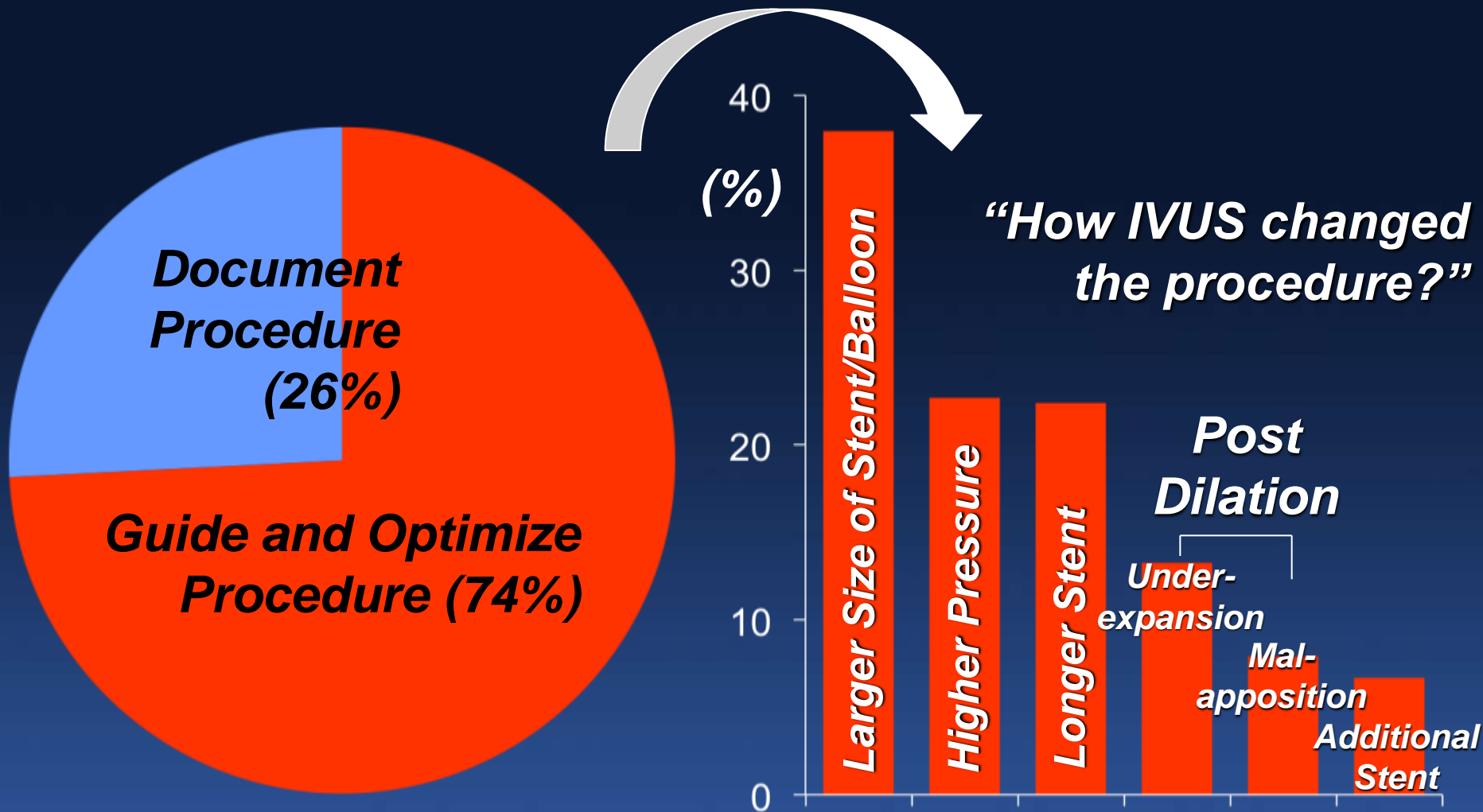
Youn YJ et al. (2011)	0.309	0.047	0.002	0.210	0.402	7.700	0.000
Youn YJ et al. (2011)	0.270	0.113	0.013	0.048	0.491	2.389	0.017

**Random Effect Model 0.335 0.034 0.001 0.269 0.400 9.981 <0.001**



# ADAPT-DES: The best single registry to date

## How was IVUS used?



# IVUS Guidance to Minimize the Use of Iodine Contrast in PCI

- MOZART - Mariani et al. JACC Cardiovasc Interv 2014;7:1287-93
  - 83 pts randomized to IVUS vs angiographic guidance with a pre-specified PCI strategy designed to reduce contrast usage in both groups
  - Reduction in contrast use (primary endpoint) from 64.5ml (IQR 42.8-97ml, range 19-170ml) to 20.0ml (IQR 12.5-30.0ml, range 3-54ml):  
p<0.0001
  - No difference in 4-month outcomes although there was a trend toward a less common increase in serum Cr >0.5mg/dl (7.3% vs 19.0%, p=0.2)
- Ali et al. Eur Heart J. 2016;37:3090-3095
  - 31 pts with median creatinine of 4.2mg/dL (IQR 3.1-4.8)
  - Successful zero contrast PCI was performed at least 1 week after diagnostic angiography using real-time IVUS guidance and pre- and post-PCI FFR and CRF to confirm physiologic improvement
  - No MACE and preservation of renal function in all pts at a median follow-up of 79 days (IQR 33-107).

# Conclusions

- **IVUS predictors of early thrombosis and restenosis after DES implantation are primarily underexpansion (or a small lumen area in ACS patients) and geographic miss**
- **In 33 published registry studies, 9 randomized clinical trials, and 11 meta-analyses, IVUS guidance reduced events compared to angiographic guidance by improving acute results especially in**
  - **Second generation DES**
  - **Complex patients**
  - **Complex lesions (LMCA, CTO, long lesions, bifurcations).**