

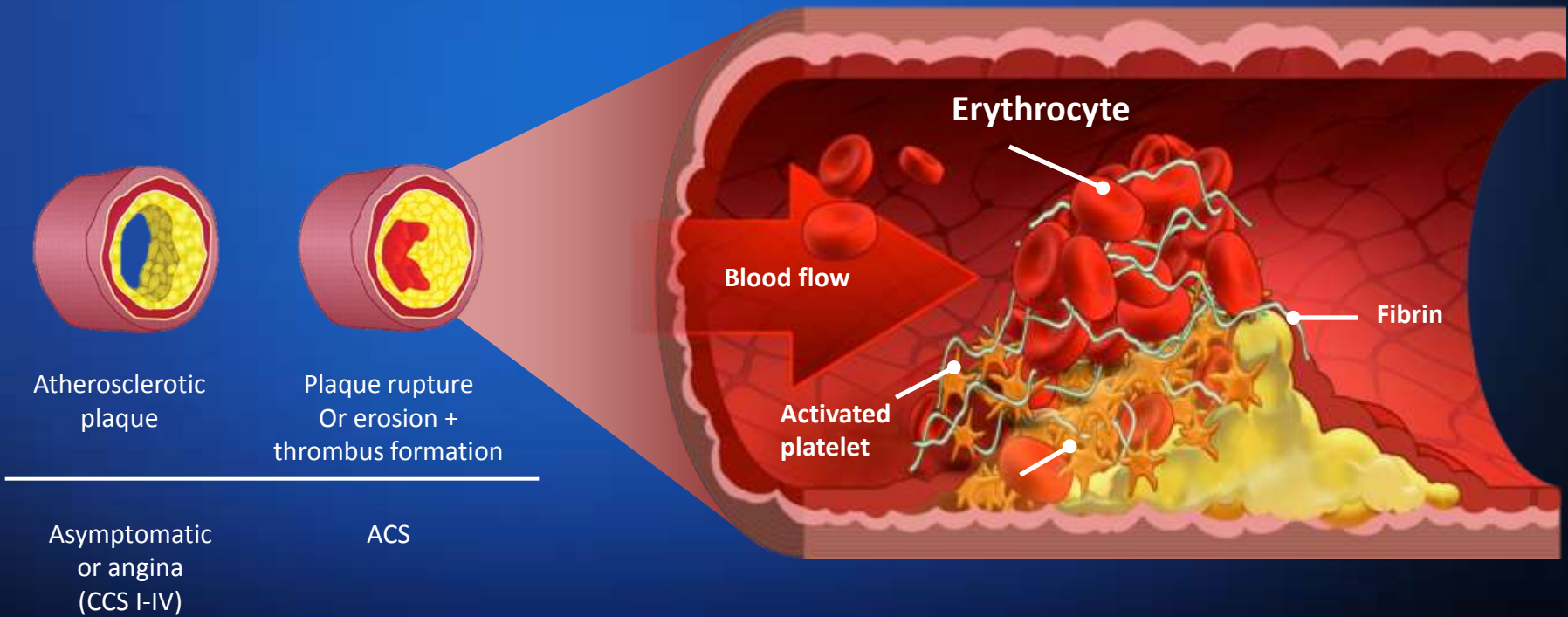
# *Changing antithrombotic strategy in Acute Coronary Syndrome*

**Jung-Sun Kim, MD, Ph D**

**Cardiology Division, Yonsei Cardiovascular Hospital,  
Yonsei University College of Medicine**

# Pathophysiology of ACS

- ACS is associated with rupture of vulnerable plaque and a consequence of atherothrombosis.
- Both platelet activation and blood coagulation are directly involved in coronary thrombus formation
- Coronary artery thrombi are composed of platelets, fibrin and **trapped erythrocytes**.



ACS, acute coronary syndrome

1. Klingenberg R et al. Eur Heart J 2009;30:2838-2844. 2. Kolodgie et al. Heart 2004;90:1385-91. 3. Alsheikh-Ali et al. Ann Intern Med 2010;153:387-95. 4. Insull. Am J Med. 2009;122(1 Suppl):S3-S14.

# *Anti platelet therapy in ACS*

- *CURE trial*
- *TRITON TIMI 38 trial*
- *PLATO trial*

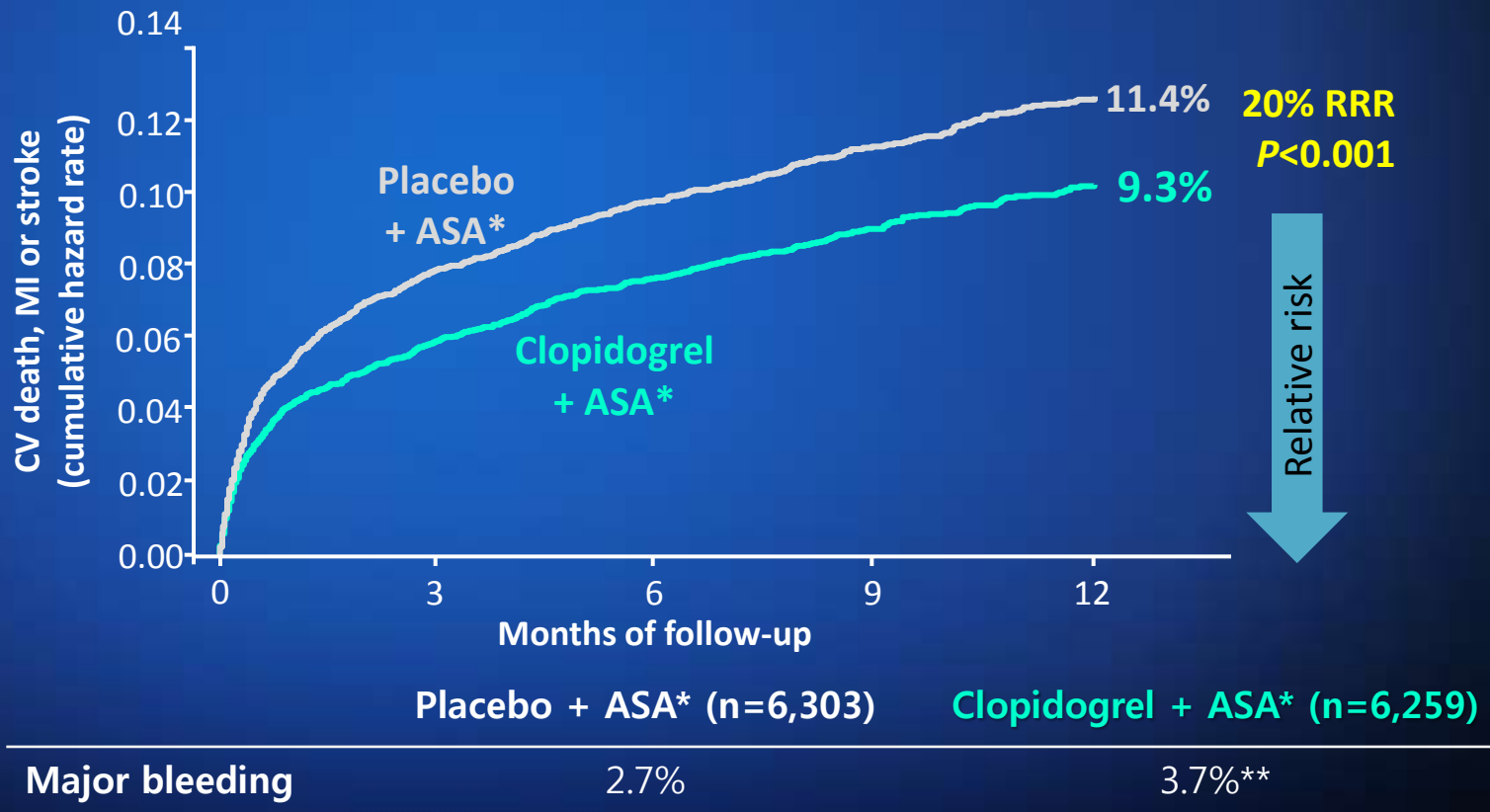
- A randomized, double-blind, placebo-controlled trial.
- In 12,562 patients, comparing clopidogrel with placebo who presented with ACS without ST-segment elevation.

## CURE:

# The first Primary Outcome

### CV death, MI, stroke

- 20% reduction of CV death, nonfatal MI & stroke (9.3% vs. 11.4%,  $P < 0.001$ )



\*In combination with standard therapy; \*\* $P = 0.001$

ASA, acetylsalicylic acid; CV, cardiovascular; MI, myocardial infarction; RRR, relative risk reduction.

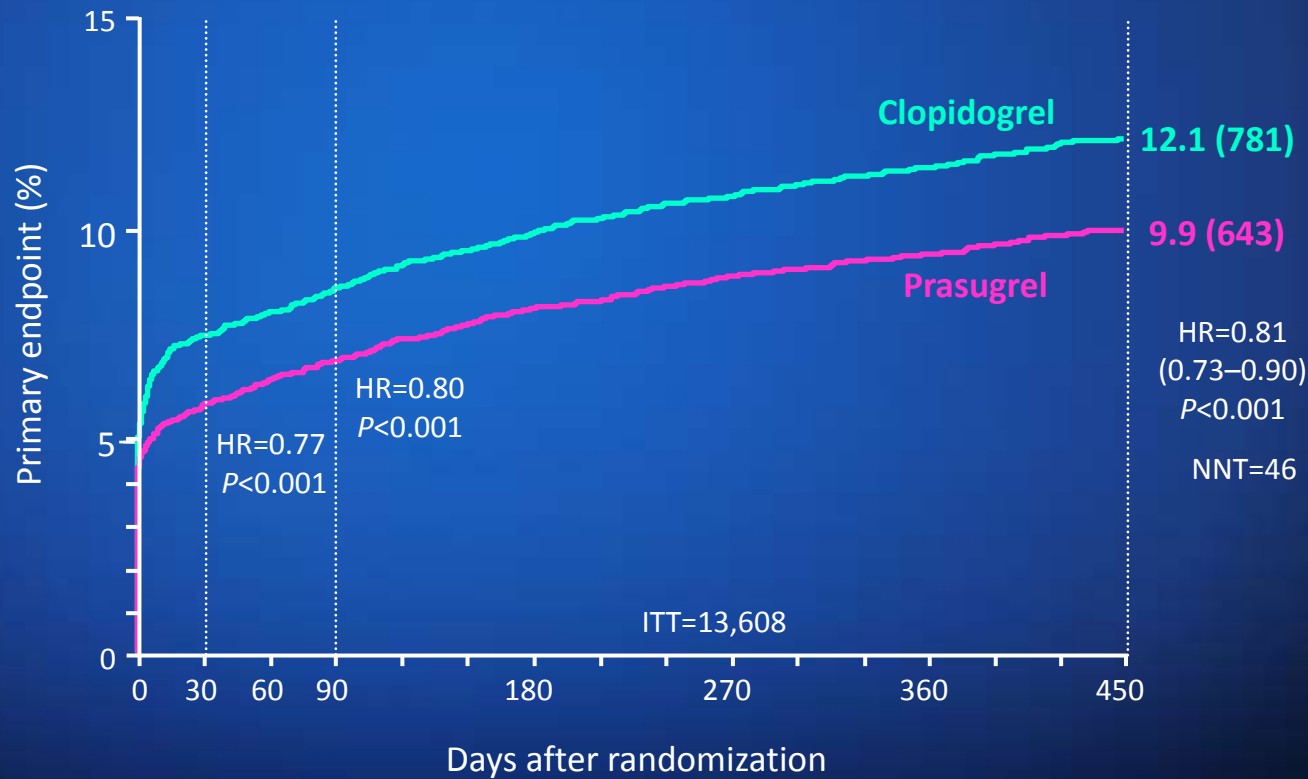
# TRITON TIMI 38:

## Primary endpoint

- Double blind, randomized trial.
- 13,608 patients with ACS awaiting PCI to usual care + prasugrel or clopidogrel.

### CV death, MI, stroke

- Hazard ratio was **19% decreased** in prasugrel group. ( $P < 0.001$ )

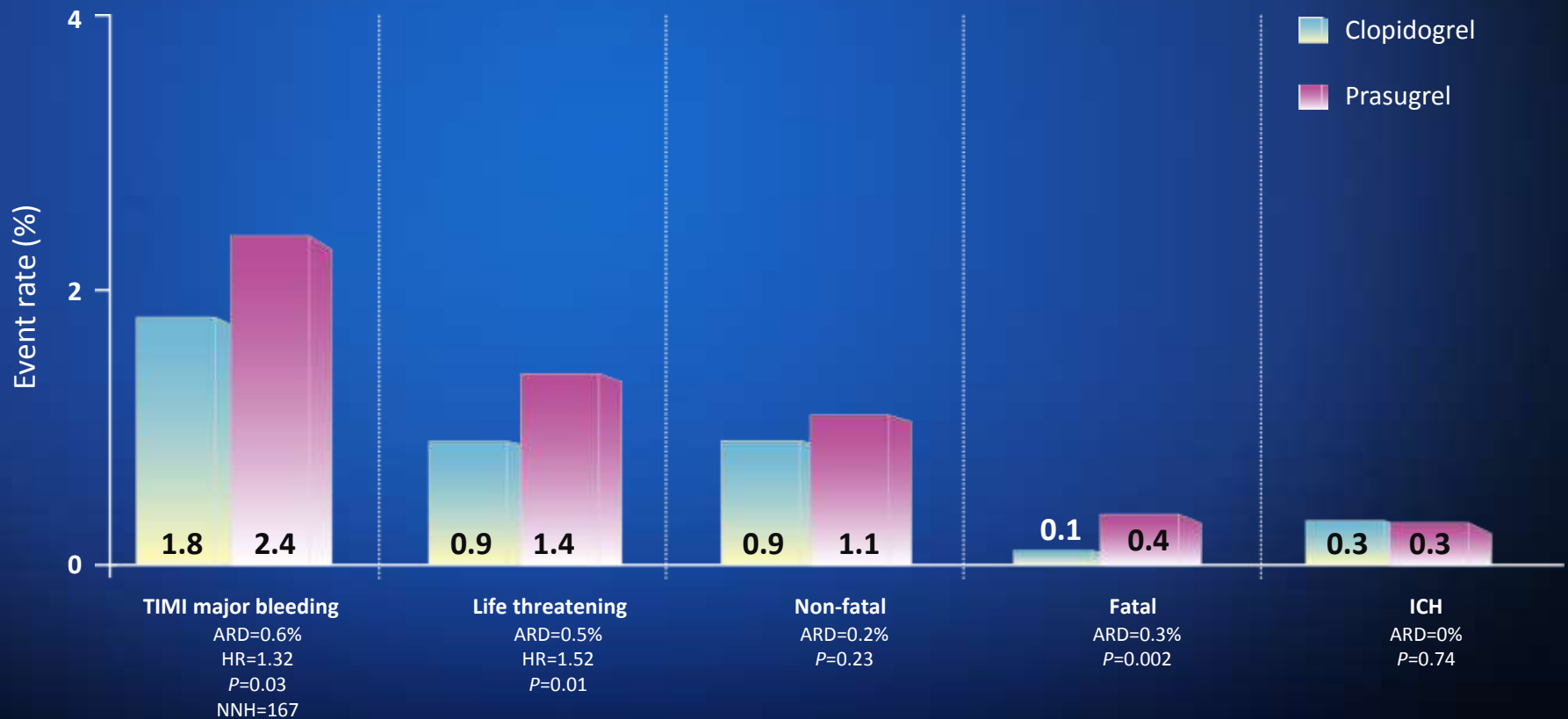


CV, cardiovascular; MI, myocardial infarction.

# TRITON TIMI 38: Bleeding events

## Fatal TIMI major bleeding (safety cohort, N=13,457)

- Prasugrel 0.4% vs. clopidogrel 0.1% ( $P=0.002$ ).



TIMI, Thrombolysis in Myocardial Infarction; CABG, coronary artery bypass grafting; ICH, Intracranial hemorrhage.

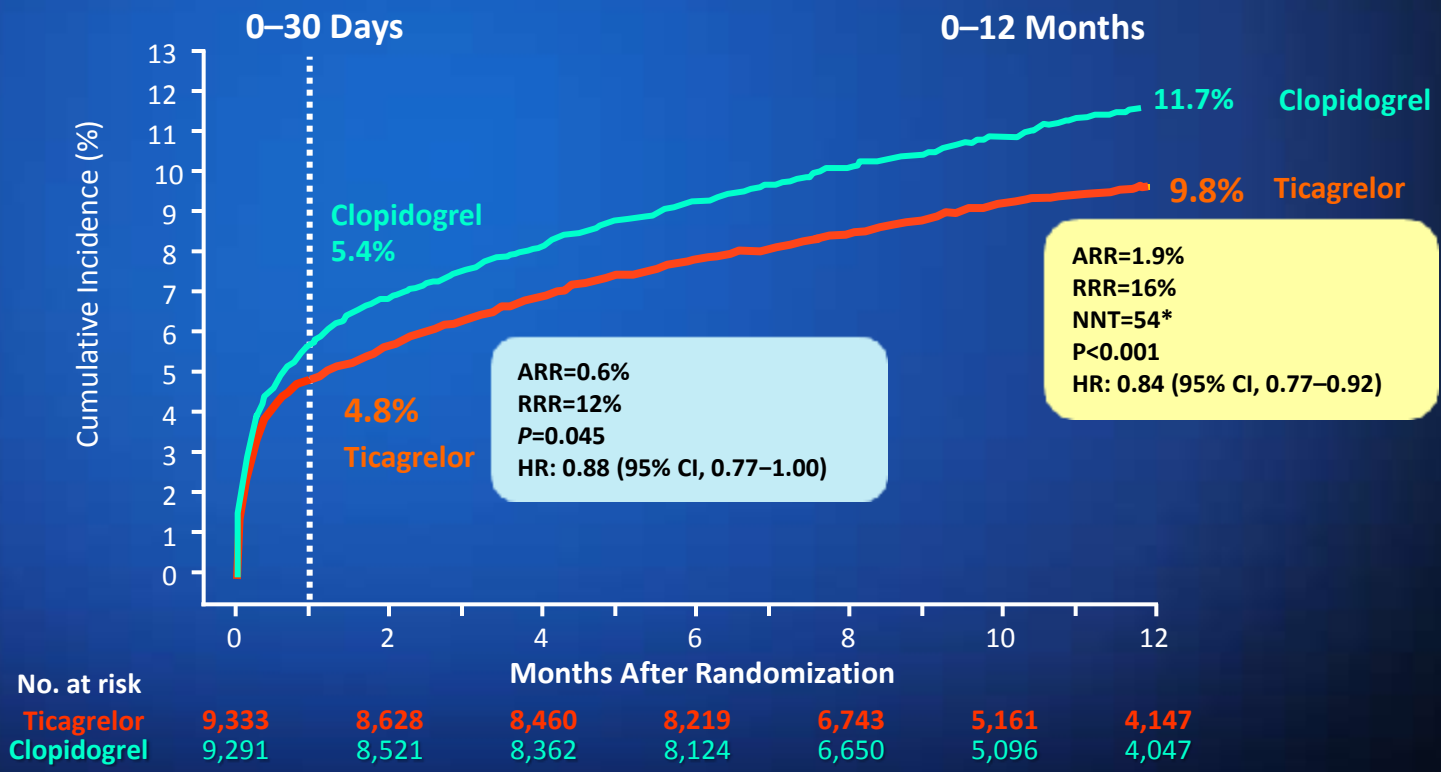
# PLATO:

## Primary endpoint

- Multicenter, double-blind, randomized trial.
- Total 18,624 patients with ACS awaiting PCI to usual care + prasugrel or clopidogrel.

### CV Death, MI, or Stroke

- Ticagrelor 9.8% vs. clopidogrel 11.7% ( $P < 0.001$ ).



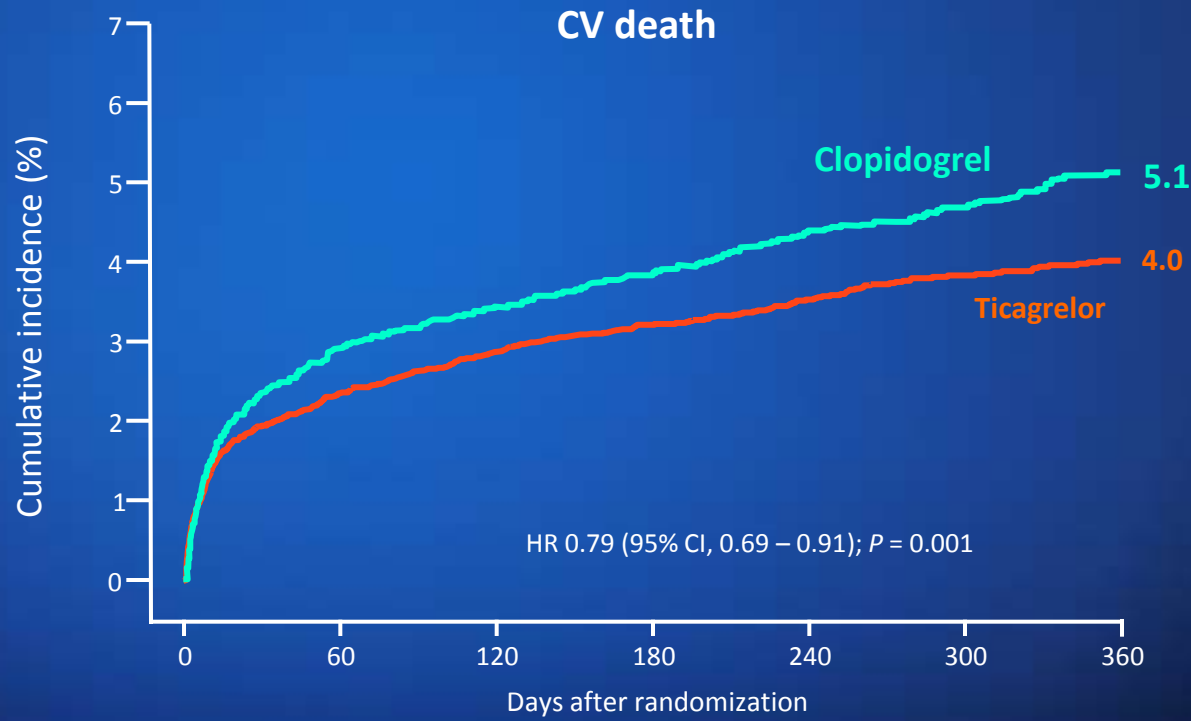
Both groups included aspirin.  
\*NNT at one year.

CV, cardiovascular; MI, myocardial infarction.

## Secondary efficacy endpoints

### CV death

- Ticagrelor 4.0% vs. clopidogrel 5.1% ( $P=0.001$ )



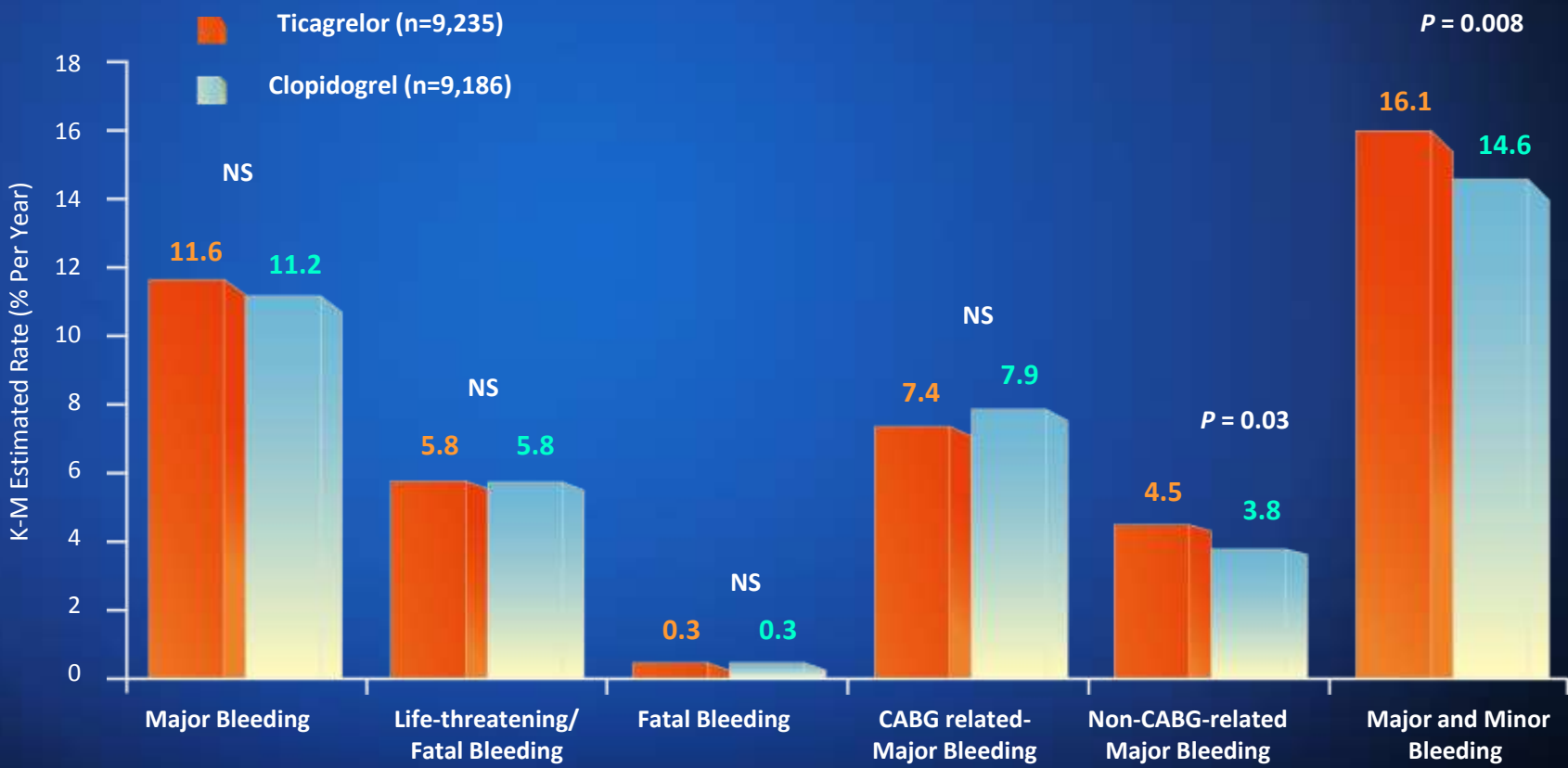
No. at risk	0	60	120	180	240	300	360
Ticagrelor	9,333	8,294	8,822	8,626	7,119	5,482	4,419
Clopidogrel	9,291	8,865	8,780	8,589	7,079	5,441	4,364

CV, cardiovascular.



# PLATO:

## Safety end-point



All values presented by PLATO criteria.  
Both groups included aspirin.

CABG, coronary artery bypass graft surgery; NS, not significant.

## Platelet inhibition NSTEMI-ACS

### Oral antiplatelet therapy

#### **5.2.1. Aspirin & 5.2.2. P2Y<sub>12</sub> inhibitor**

- **Aspirin** is recommended for all patients without contraindications at an initial oral loading dose of 150-300 mg (in aspirin-naïve patients) and a maintenance dose of 75-100 mg/day long-term regardless of treatment strategy. (IA)
- **P2Y<sub>12</sub> inhibitor** is recommended, in addition to aspirin, for 12 months unless there are contraindications such as excessive risk of bleeds. (IA)
  - **Ticagrelor** (180 mg loading dose, 90 mg bid) is recommended, in the absence of contraindications, for all patients at moderate-to-high risk of ischemic events (e.g. elevated cardiac troponins), regardless of initial treatment strategy and including those pretreated with clopidogrel (which should be discontinued when ticagrelor is started). (IB)
  - **Prasugrel** (60 mg loading dose, 10 mg daily dose) is recommended in patients who are proceeding to PCI if no contraindication. (IB)
  - **Clopidogrel** (300–600 mg loading dose, 75 mg daily dose) is recommended for patients who cannot receive ticagrelor or prasugrel or who require oral anticoagulation. (IB)

# 2014 AHA/ACC Guideline

## Initial antiplatelet therapy in definite or likely NSTEMI –ACS

### Oral antiplatelet therapy

#### **4.3.1. Initial antiplatelet therapy in patients with definite or likely NSTEMI-ACS**

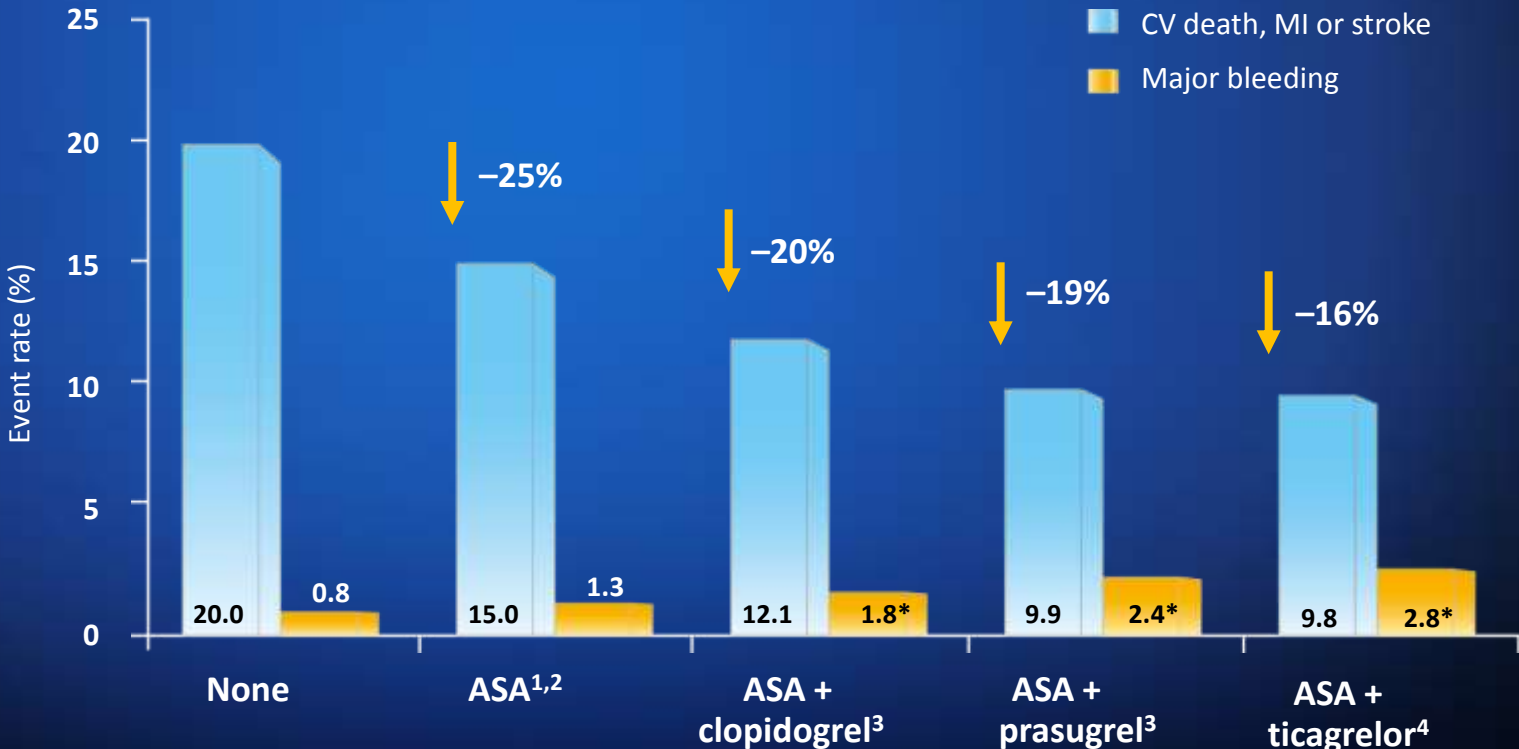
- **Aspirin**
  - Non-enteric-coated aspirin to all patients promptly after presentation. (IA)
  - Aspirin maintenance dose continued indefinitely. (IA)
- **P2Y<sub>12</sub> inhibitors**
  - Clopidogrel loading dose followed by daily maintenance dose in patients unable to take aspirin. (IB)
  - P2Y<sub>12</sub> inhibitor, in addition to aspirin, for up to 12 months for patients treated initially with either an early invasive or initial ischemia guided strategy (IB):
    - ✓ Clopidogrel
    - ✓ Ticagrelor\*
  - Ticagrelor in preference to clopidogrel for patients treated with an early invasive or ischemia-guided strategy (IIa B)

\*The recommended maintenance dose of aspirin to be used with ticagrelor is 81 mg daily.

# Unmet needs in 2<sup>nd</sup> prevention of ACS

## DAPT is not enough

- Risk of major adverse CV events after ACS remains as high as 10%
- Attributable to a persistent hypercoagulable state after the index event .



\*Major bleeding: non-CABG-related TIMI major bleeding  
ASA, acetylsalicylic acid; CV, cardiovascular; MI, myocardial infarction.; CABG, coronary artery bypass graft surgery.

# *Rivaroxaban in patients with ACS*

- Oral anticoagulation therapy in ACS*
- ATLAS ACS 2 TIMI 46*
- ATLAS ACS 2 TIMI 51 & Sub-analysis*

# Role of Warfarin in 2nd prevention of ACS

- **Warfarin** - for many decades the only oral anticoagulant available in patients with ACS

---

- **Most commonly prescribed for VTE**
  - Deep vein thrombosis (blood clots in the veins of the legs)
  - Pulmonary embolism (a blood clot in the lungs)

---

- **Also prescribed for**
  - AF
  - A prosthetic (replacement or mechanical) heart valve
  - Acute myocardial infarction (heart attack)
  - Secondary prevention of stroke in AF



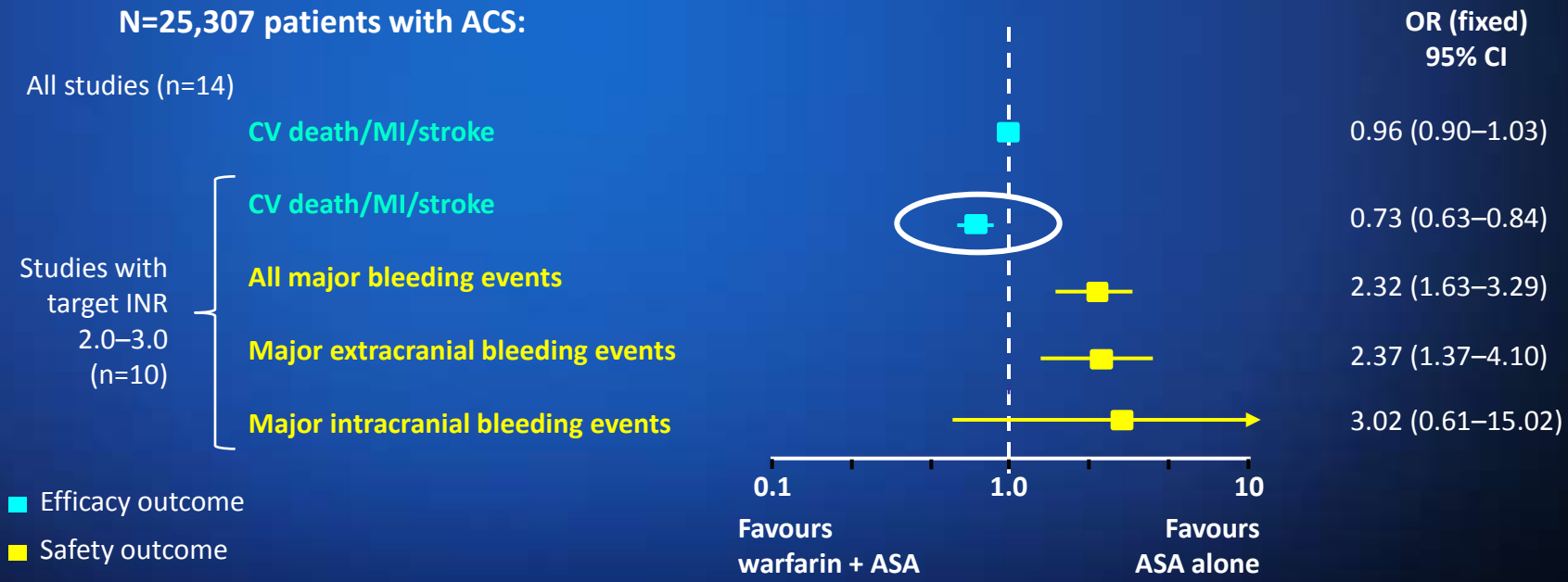
ACS, acute coronary syndrome; VTE, Venous Thromboembolism; AF, atrial fibrillation.

# Meta-analysis:

## Warfarin therapy in ACS

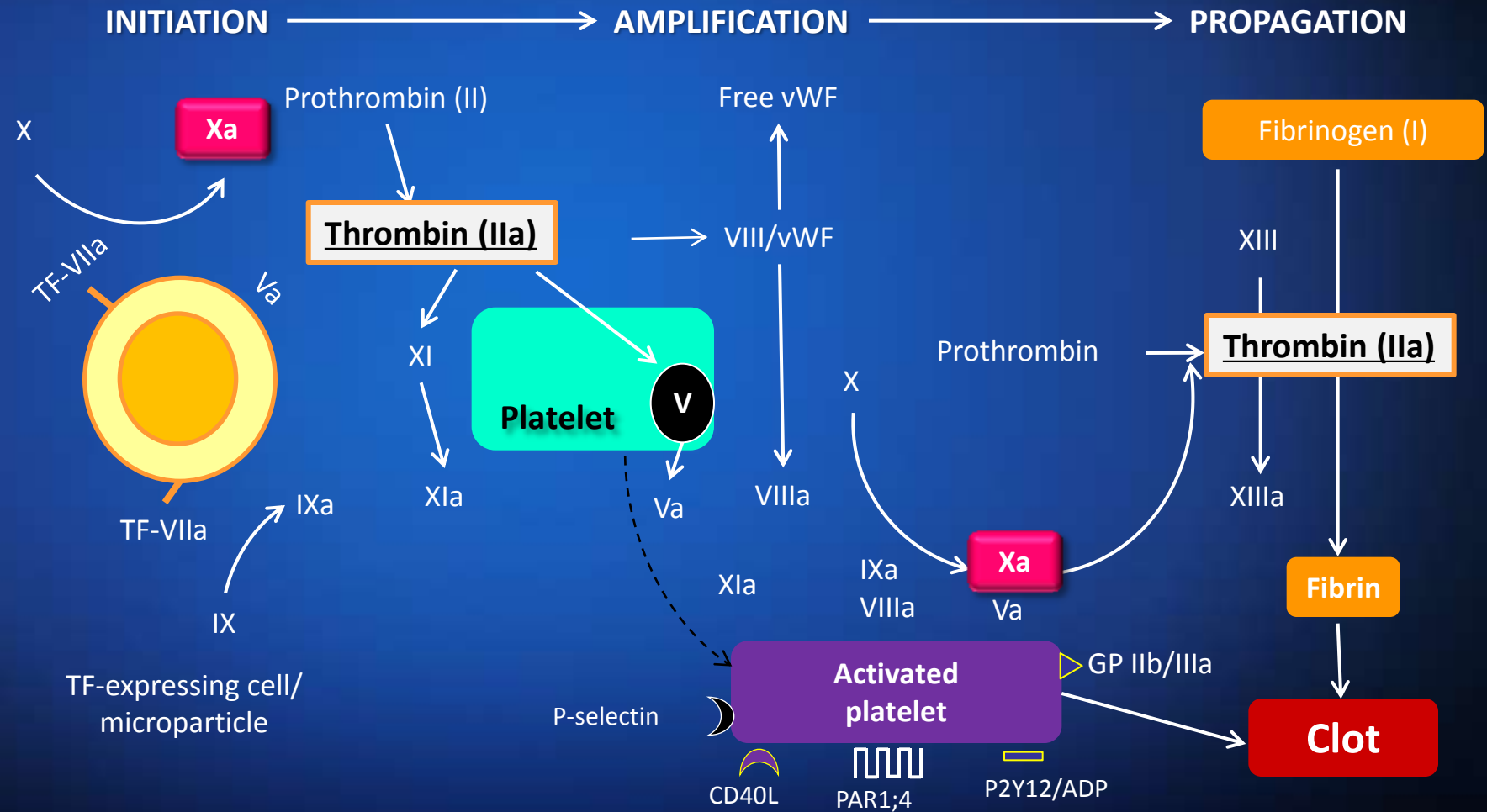
### Warfarin+ASA vs. ASA alone:

- Reduces CV death/MI/stroke in patients adjusted between INR 2–3.
- Increases the risk of major bleeding events.



ACS, acute coronary syndrome; ASA, acetylsalicylic acid; CI, confidence interval; CV, cardiovascular; INR, international normalized ratio; MI, myocardial infarction; OR, odds ratio.

# Thrombus formation



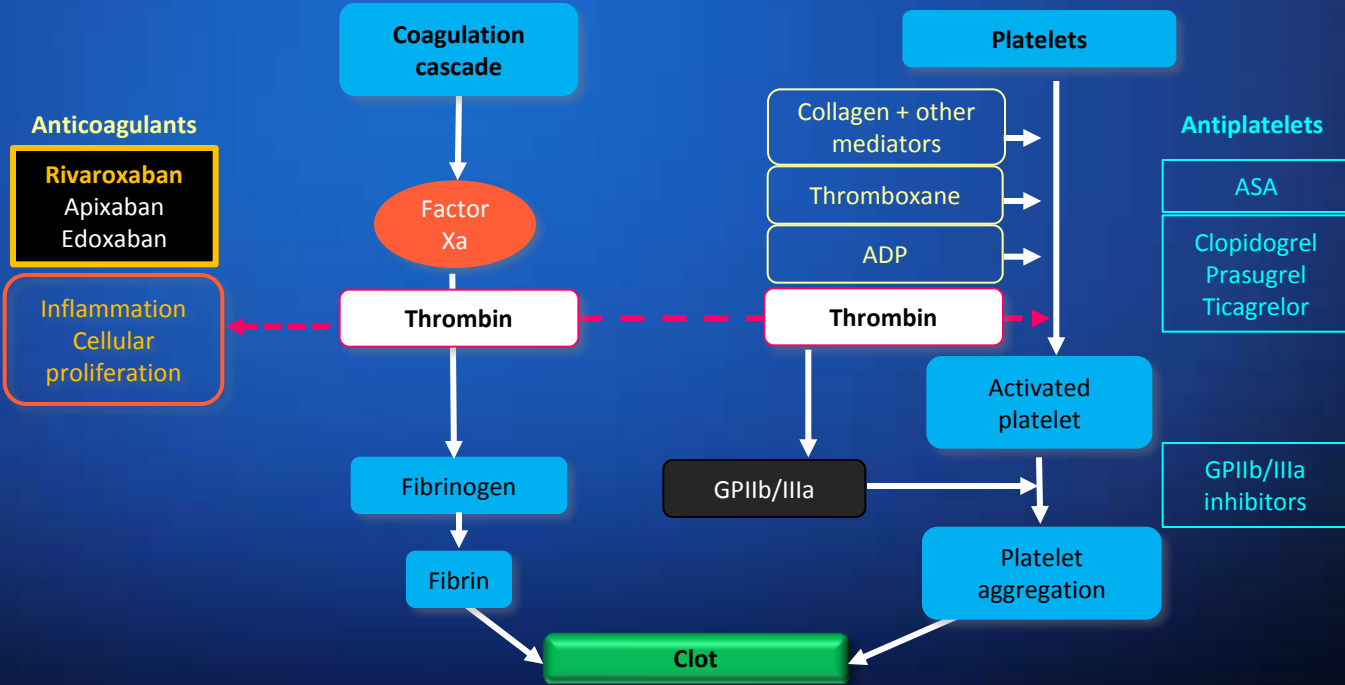
ADP, adenosine diphosphate; GP, glycoprotein; PAR, protease-activated receptor; TF, tissue factor; vWF, von Willebrand factor.



# NOAC in clot formation & stabilization in ACS



- NOACs, like factor Xa inhibitors (**rivaroxaban**) have been evaluated as treatment options for ACS.

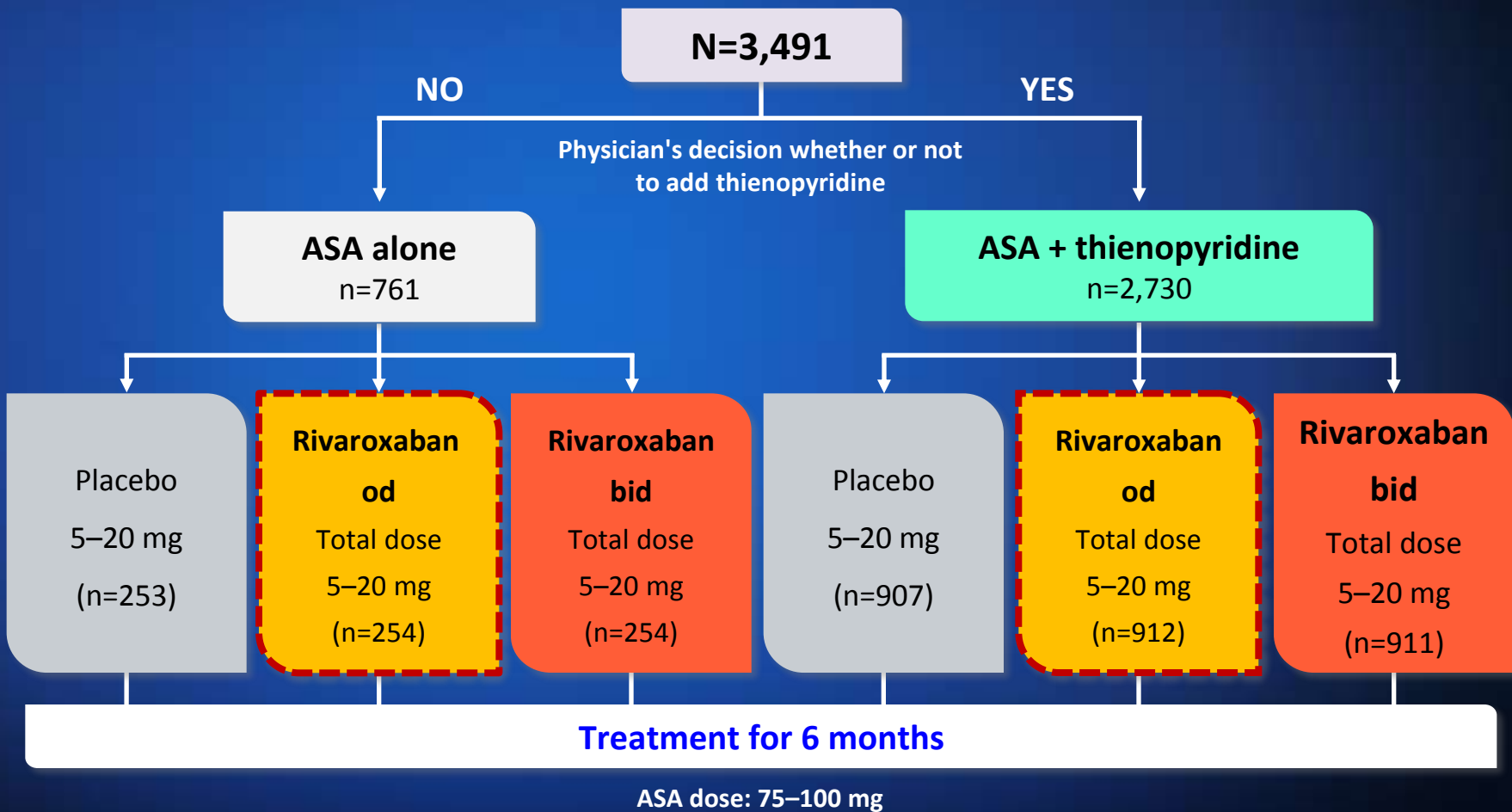


ACS, Acute coronary syndrome; NOACs, new oral anticoagulants; ASA, acetyl salicylic acid.

# *ATLAS ACS-TIMI 46*

# ATLAS ACS 2-TIMI 46:

## Study design



ATLAS ACS, Anti-Xa Therapy to Lower Cardiovascular Events in Addition to Standard Therapy in Subjects with Acute Coronary Syndrome; ASA, acetylsalicylic acid; ATLAS ACS, Anti-Xa Therapy to Lower Cardiovascular Events in Addition to Standard Therapy in Subjects with Acute Coronary Syndrome; bid, twice daily; od, once daily; TIMI, Thrombolysis In Myocardial Infarction.

# ATLAS ACS 2-TIMI 46:

## Study endpoints

- **Main safety endpoint**
- **Main efficacy endpoint**
- **Secondary efficacy endpoint**

**Clinically significant bleeding** (a composite of TIMI major bleeding, TIMI minor bleeding and bleeding requiring medical attention).\*

Time to death or the first episode of MI, stroke, or severe ischaemia requiring revascularization, up to 6 months from enrolment.

Time to death or the first episode of MI or stroke up to 6 months from enrolment.

\* The definition of 'clinically significant bleeding' was created to establish a sensitive tool for the ATLAS ACS TIMI 46 study. It was the first study where this composite safety endpoint was tested.

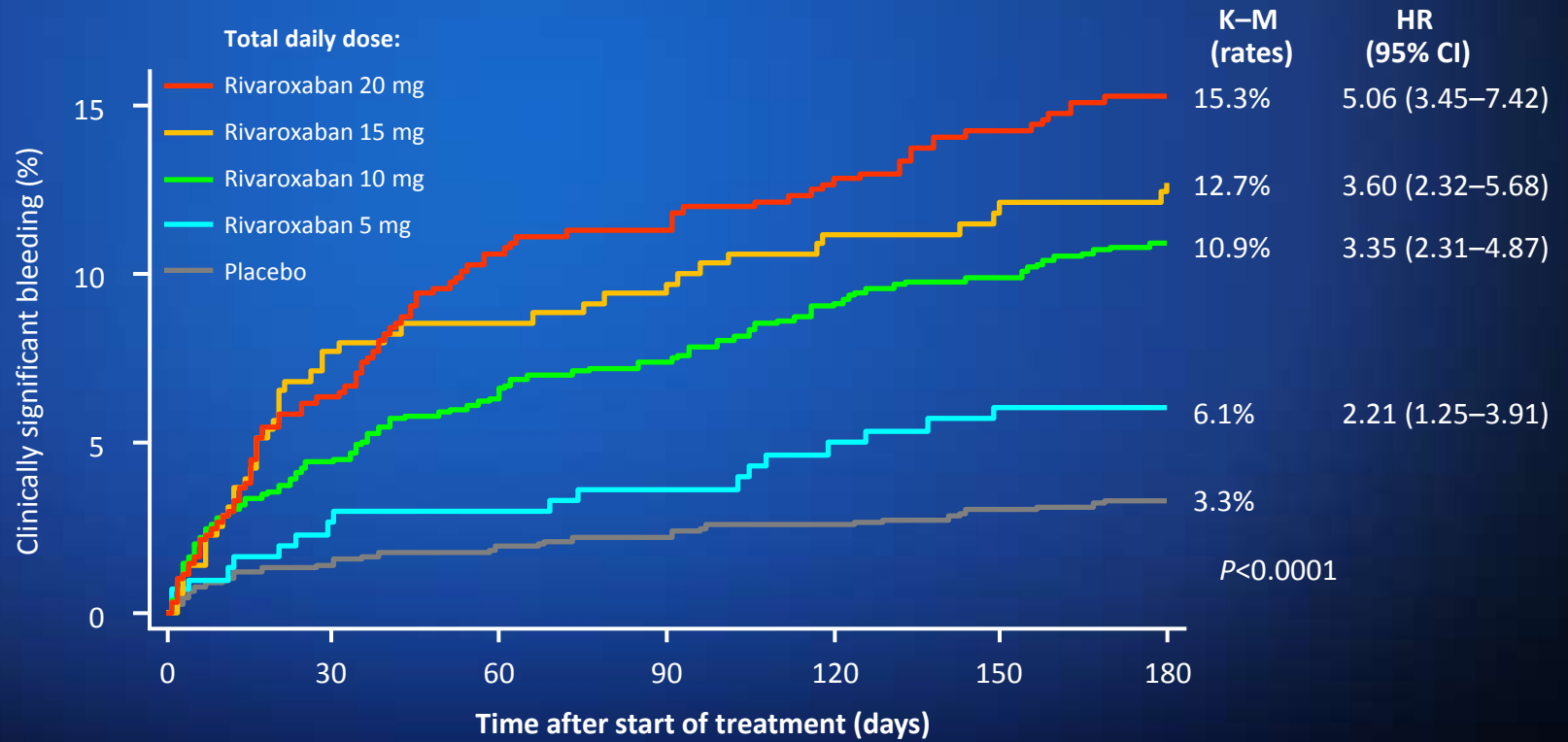
ATLAS ACS, Anti-Xa Therapy to Lower Cardiovascular Events in Addition to Standard Therapy in Subjects with Acute Coronary Syndrome; ACS, acute coronary syndrome; MI, myocardial infarction; TIMI, thrombolysis in myocardial infarction.

# ATLAS ACS 2-TIMI 46:

## Bleeding rate

- Bleeding increased with rivaroxaban in a dose-dependent manner.

Cumulative Kaplan–Meier estimates of clinically significant bleeding rates and HR



\*One fatal intracranial haemorrhage in the ASA-only arm.

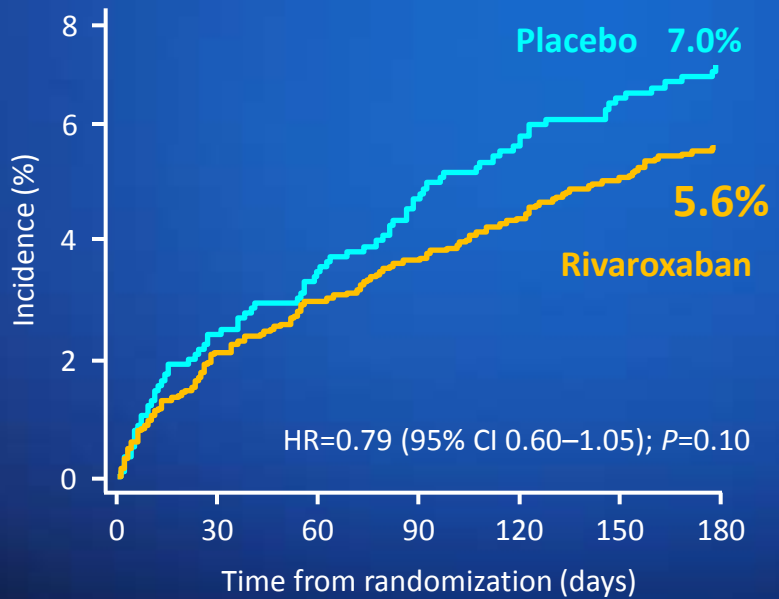
ATLAS ACS, Anti-Xa Therapy to Lower Cardiovascular Events in Addition to Standard Therapy in Subjects with Acute Coronary Syndrome; ASA, acetylsalicylic acid; CI, confidence interval; HR, hazard ratio; K–M, Kaplan–Meier.

# ATLAS ACS TIMI 46:

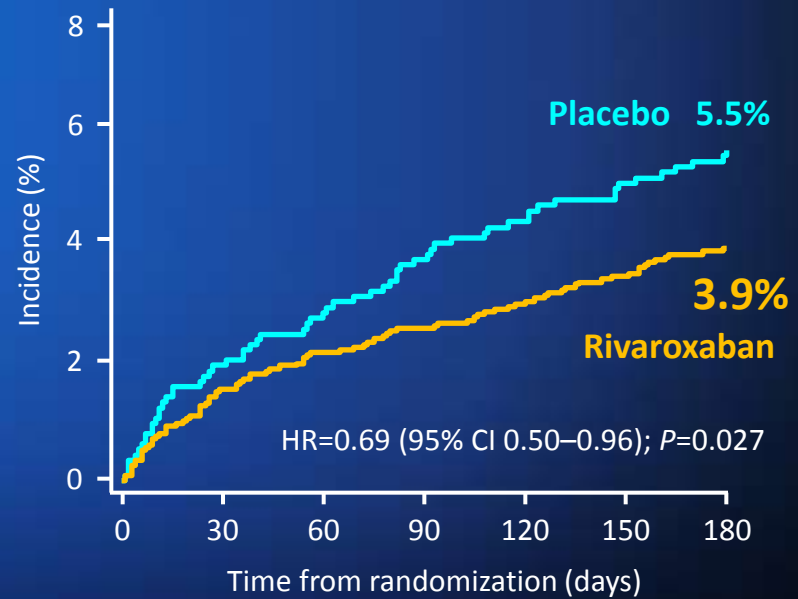
## Major CV outcomes

- 21% reduction of primary efficacy endpoint ( $P=0.10$ )
- 31% reduction of secondary efficacy endpoint ( $P=0.027$ )

Composite of death\*, MI, stroke, severe recurrent ischemia requiring revascularization (primary efficacy endpoint)



Composite of death\*, MI, stroke (key secondary efficacy endpoint)



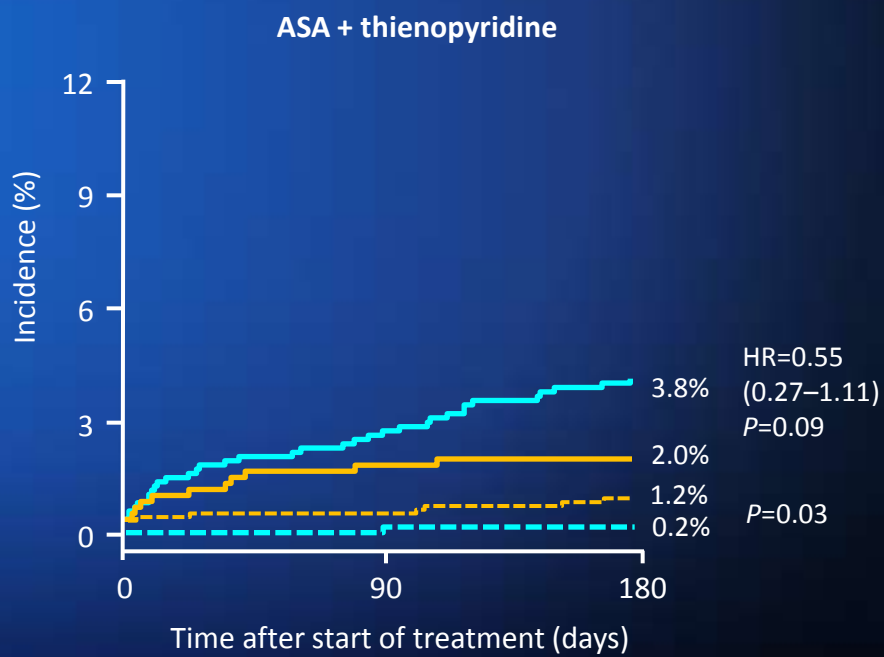
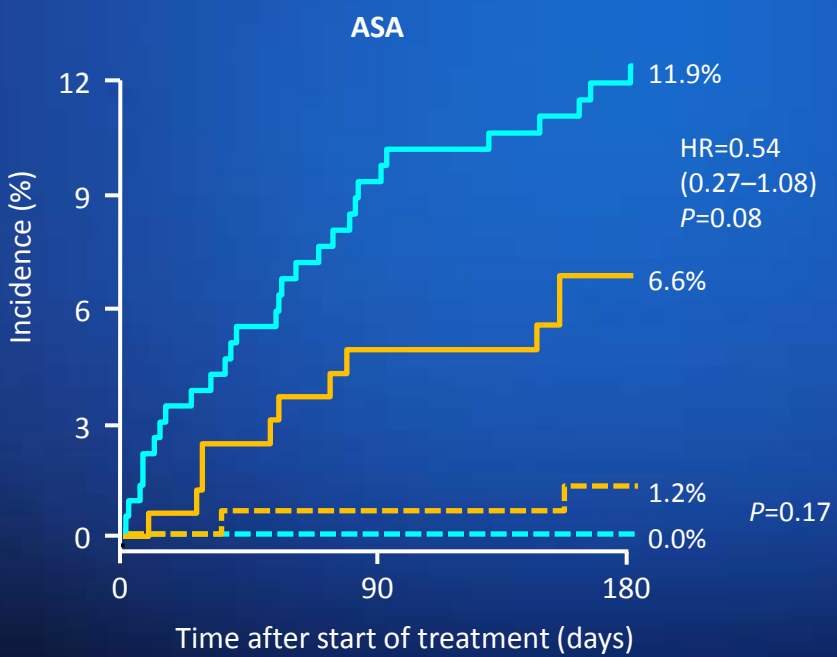
\*All-cause death.

ATLAS ACS, Anti-Xa Therapy to Lower Cardiovascular Events in Addition to Standard Therapy in Subjects with Acute Coronary Syndrome; HR, hazard ratio; MI, myocardial infarction; CV, cardiovascular

# ATLAS ACS TIMI 46:

## Efficacy - Safety profile

- Both 2.5 mg and 5 mg bid doses of rivaroxaban showed a favorable efficacy-safety profile



ATLAS ACS, Anti-Xa Therapy to Lower Cardiovascular Events in Addition to Standard Therapy in Subjects with Acute Coronary Syndrome; bid, twice daily; ASA, acetylsalicylic acid; MI, myocardial infarction; TIMI, thrombolysis in myocardial infarction; HR, hazard ratio; K-M, Kaplan-Meier.

# ATLAS ACS TIMI 46:

## Summary & conclusion

### ◉ *Safety*

- Rivaroxaban increased bleeding in a dose-dependent manner versus placebo, with a significant dose trend ( $p < 0.0001$ )

### ◉ *Efficacy\**

- Primary efficacy endpoint: a trend towards reduction in the composite of death, MI, stroke and severe recurrent ischaemia versus placebo
- Secondary efficacy endpoint: significant reduction in the rate of death, MI or stroke versus placebo

### ◉ *Optimal dosage*

- *Two lowest doses (2.5 and 5 mg bid)* offered the best balance between safety and efficacy and were selected for the Phase III trial.

### **Why choose the bid dosing regimen for the phase III study in patients with ACS?**

- **Pharmacokinetic and pharmacodynamic profiles of rivaroxaban suggest lower peaks and higher troughs with bid versus od dosing and, therefore, more tightly-controlled anticoagulation.**

\* Study was underpowered for efficacy.

ATLAS ACS, Anti-Xa Therapy to Lower Cardiovascular Events in Addition to Standard Therapy in Subjects with Acute Coronary Syndrome; bid, twice daily; MI, myocardial infarction; od, once daily.



# ***ATLAS ACS 2-TIMI 51***

# ATLAS ACS 2-TIMI 51:

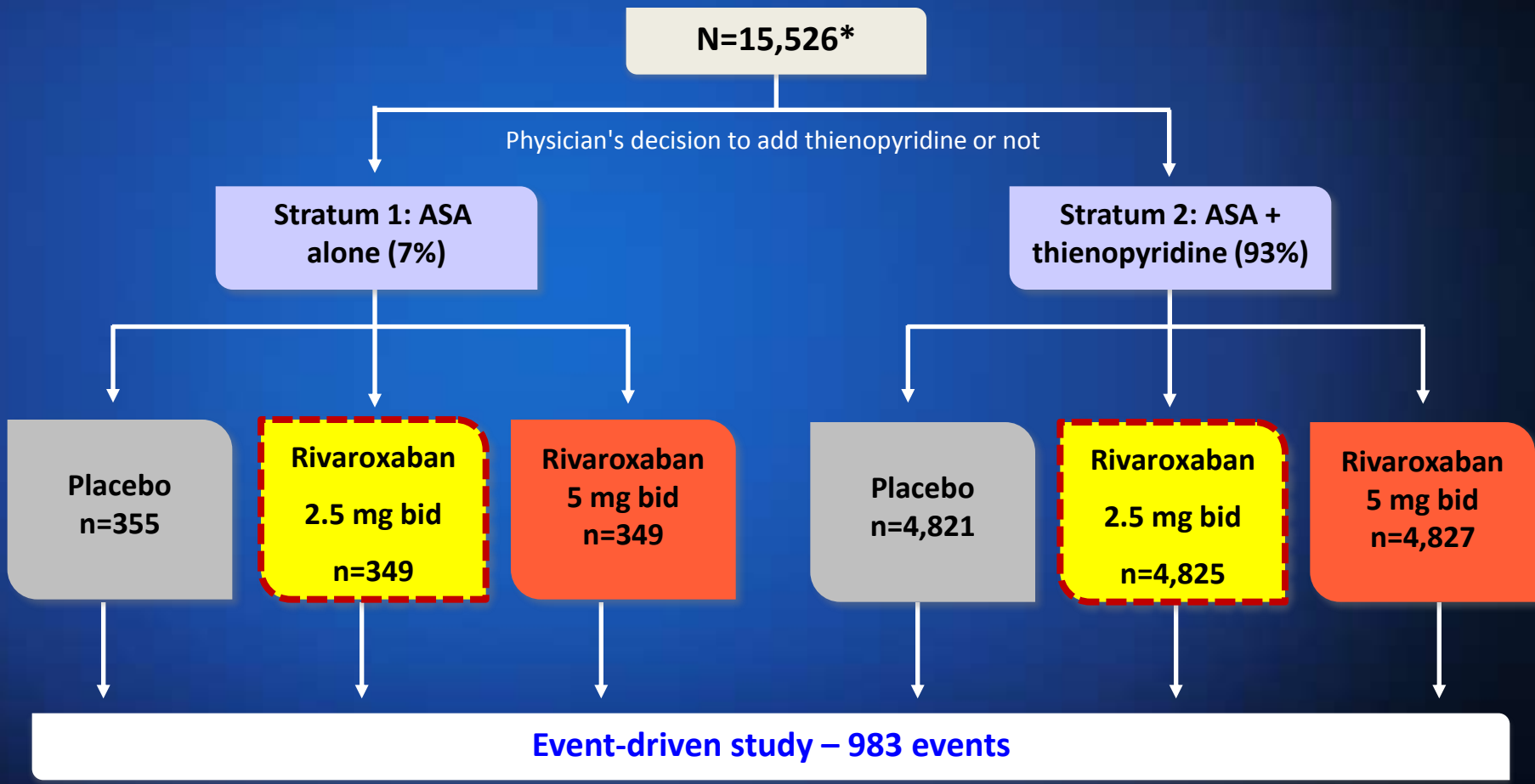
## Study design (1)

- 🕒 **Objectives** To determine whether rivaroxaban, when added to antiplatelet therapy, was safe and reduced the risk of the composite of cardiovascular death, MI or stroke in patients with ACS compared with placebo
- 🕒 **Primary efficacy endpoint** A composite of cardiovascular death, MI or stroke (ischaemic, haemorrhagic or uncertain).
- 🕒 **Secondary efficacy endpoint** A composite of all-cause death, MI or stroke.
- 🕒 **Main safety endpoint** Incidence of major bleeding not associated with CABG surgery (assessed according to the TIMI bleeding definition).
- 🕒 **Other safety endpoint**
  - Other bleeding events classified according to the TIMI, GUSTO and rivaroxaban programme scales
  - Adverse events
  - Clinical laboratory tests
  - Liver safety assessments

ATLAS ACS, Anti-Xa Therapy to Lower Cardiovascular Events in Addition to Standard Therapy in Subjects with Acute Coronary Syndrome; ACS, acute coronary syndrome; STEMI, ST-Elevation Myocardial Infarction; NSTEMI, non-ST-Elevation Myocardial Infarction; CV, cardiovascular; MI, myocardial infarction; CABG, Coronary artery bypass graft surgery; TIMI, thrombolysis in myocardial infarction.

# ATLAS ACS 2-TIMI 51:

## Study design (2)



ASA dose= 75–100 mg/day

\*184 patients were excluded from the efficacy analyses prior to unblinding because of trial misconduct at three sites

ATLAS ACS, Anti-Xa Therapy to Lower Cardiovascular Events in Addition to Standard Therapy in Subjects with Acute Coronary Syndrome; bid, twice daily; ASA, acetylsalicylic acid.

# ATLAS ACS 2-TIMI 51:

## Study population

- Baseline Characteristics of the Patients**

The study included patients (≥18 years of age) who had presented with symptoms suggestive of an ACS and in whom an STEMI, NSTEMI, or UA had been diagnosed.

	Rivaroxaban 2.5 mg bid (n=5174)	Rivaroxaban 5 mg bid (n=5176)	Placebo (n=5176)
Mean age, years (SD)	62 (9)	62 (9)	62 (9)
Male sex, %	75	74	75
Median weight, kg	78	78	78
Median CrCl, ml/min	85	85	86
Medical history, %			
Prior MI	26	27	27
Hypertension	67	68	68
Diabetes mellitus	32	32	32
Index diagnosis, %			
STEMI	50	50	51
NSTEMI	26	26	26
UA	24	24	24
PCI or CABG for index	61	60	60

ATLAS ACS, Anti-Xa Therapy to Lower Cardiovascular Events in Addition to Standard Therapy in Subjects with Acute Coronary Syndrome; STEMI, ST-Elevation Myocardial Infarction; NSTEMI, non-ST-Elevation Myocardial Infarction; ACS, acute coronary syndrome; MI, myocardial infarction; UA, unstable angina; PCI, percutaneous cardiovascular intervention; CABG, Coronary artery bypass graft surgery.

# ATLAS ACS 2 TIMI 51:

## Baseline medications

- Baseline medication

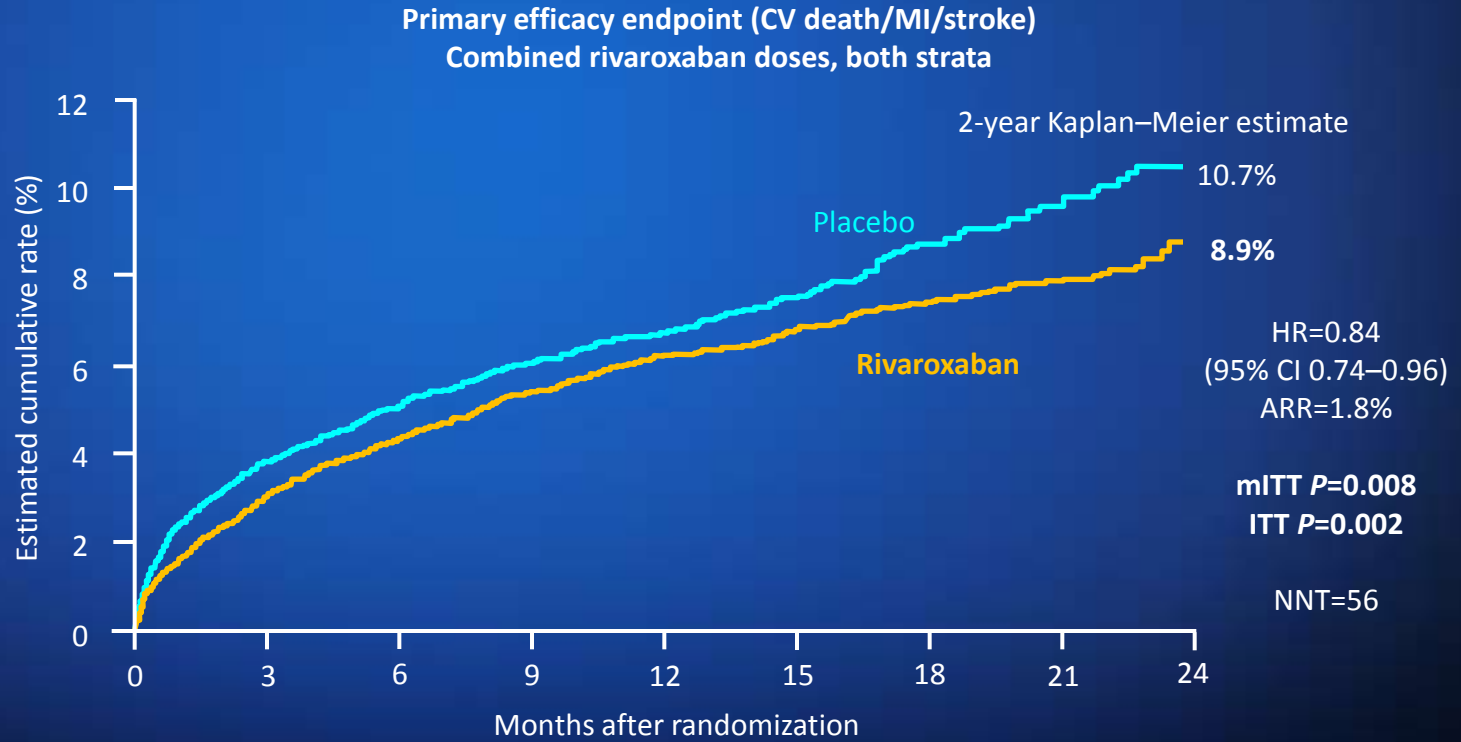
	Rivaroxaban 2.5 mg bid (n=5174)	Rivaroxaban 5 mg bid (n=5176)	Placebo (n=5176)
ASA, %	99	99	99
Thienopyridine, %	93	93	93
Beta-blocker, %	66	66	67
ACE inhibitor or ARB, %	39	38	40
Statin, %	83	84	84
Calcium channel blocker, %	16	14	15

ATLAS ACS, Anti-Xa Therapy to Lower Cardiovascular Events in Addition to Standard Therapy in Subjects with Acute Coronary Syndrome; ASA, acetylsalicylic acid; ACE, angiotensin-converting-enzyme ; ARB, angiotensin II receptor blocker; bid, twice daily

# ATLAS ACS 2-TIMI 51:

## Primary efficacy endpoint (CV death/MI/stroke)

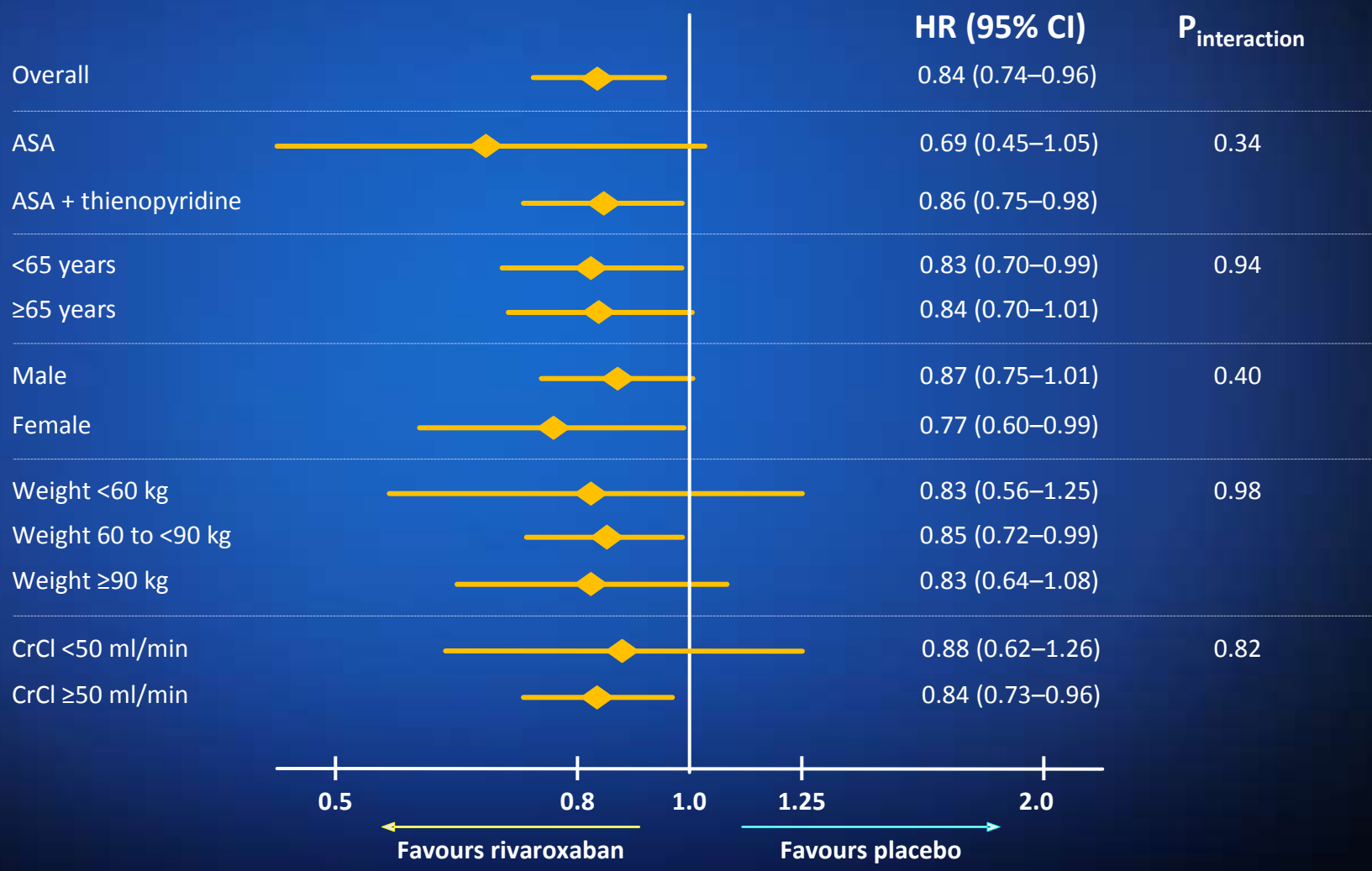
- **Primary efficacy endpoint**
  - ✓ **16% more reduction** in rivaroxaban vs. ASA alone



ATLAS ACS, Anti-Xa Therapy to Lower Cardiovascular Events in Addition to Standard Therapy in Subjects with Acute Coronary Syndrome; bid, twice daily; ITT, intention to treat; MI, myocardial infarction; mITT, modified intention to treat; TIMI, Thrombolysis In Myocardial Infarction.

# ATLAS ACS 2 TIMI 51:

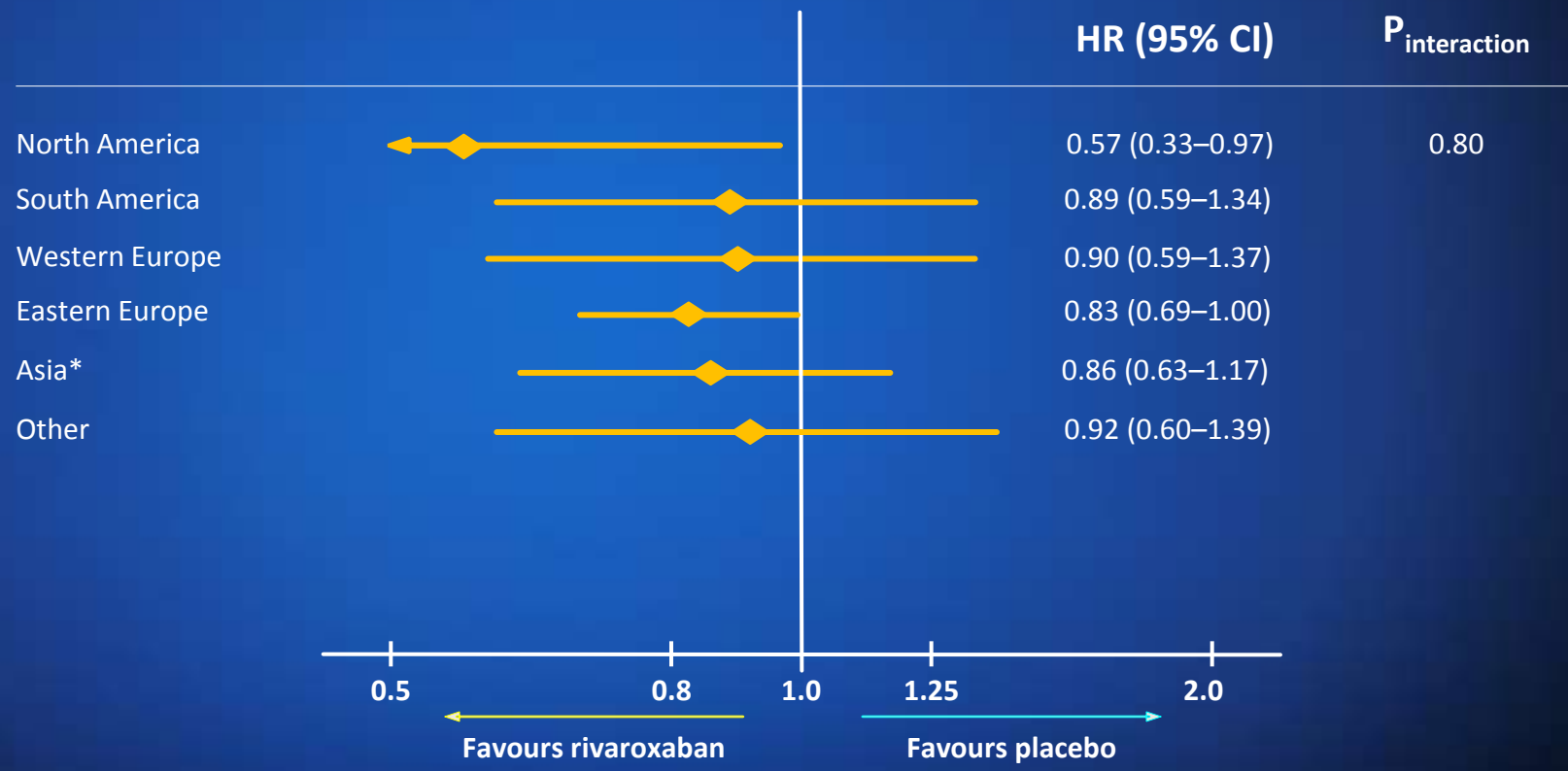
## Primary efficacy analysis patient subgroups (1)



ATLAS ACS, Anti-Xa Therapy to Lower Cardiovascular Events in Addition to Standard Therapy in Subjects with Acute Coronary Syndrome; ASA, acetylsalicylic acid.

# ATLAS ACS 2 TIMI 51:

## Primary efficacy analysis patient subgroups(3)



\* ASIA, Republic of Korea, Thailand, China, Japan, Philippines, Malaysia

ATLAS ACS, Anti-Xa Therapy to Lower Cardiovascular Events in Addition to Standard Therapy in Subjects with Acute Coronary Syndrome; ASA, acetylsalicylic acid.

Mega JL et al. N Engl J Med 2012;366:9-19

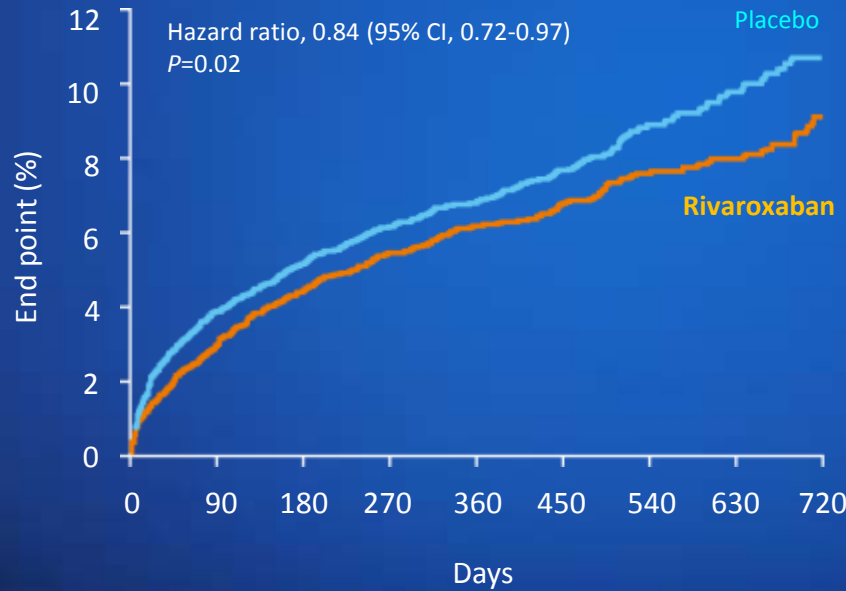


# ATLAS ACS 2-TIMI 51:

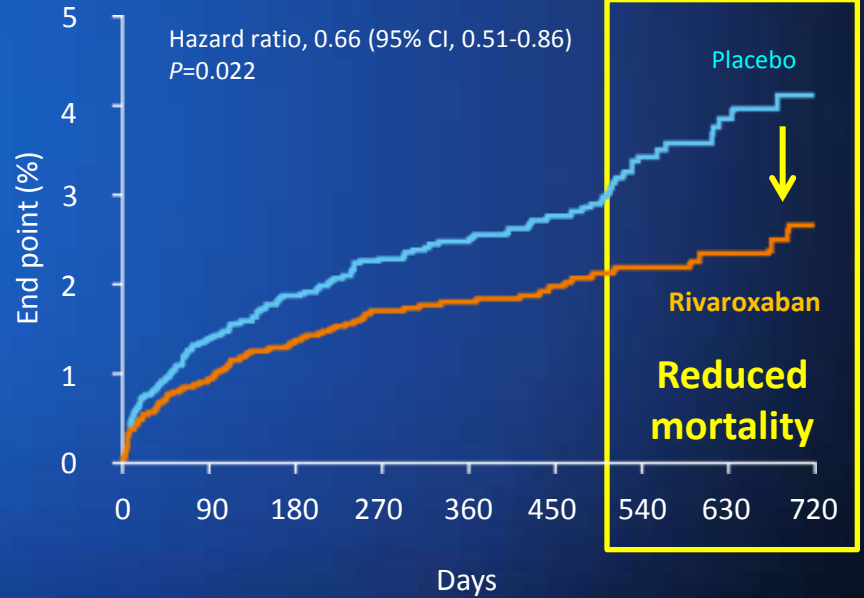
## Primary efficacy endpoint

- in Rivaroxaban 2.5 mg bid

Primary efficacy endpoint, 2.5mg BID



Death from cardiovascular causes, 2.5mg BID



ATLAS ACS, Anti-Xa Therapy to Lower Cardiovascular Events in Addition to Standard Therapy in Subjects with Acute Coronary Syndrome.

Mega JL et al. N Engl J Med 2012;366:9-19

# ATLAS ACS 2 TIMI 51:

## Rivaroxaban 2.5 mg bid

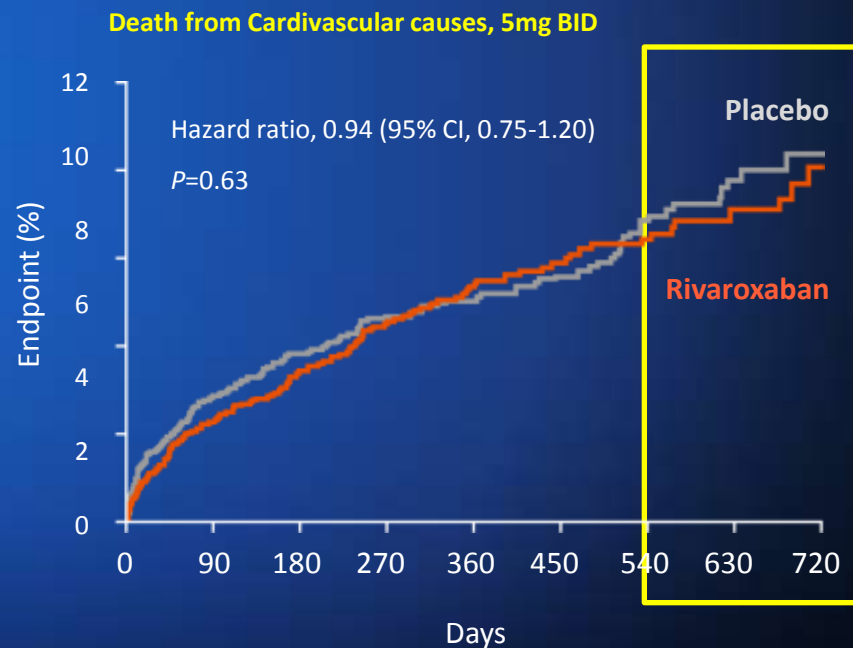
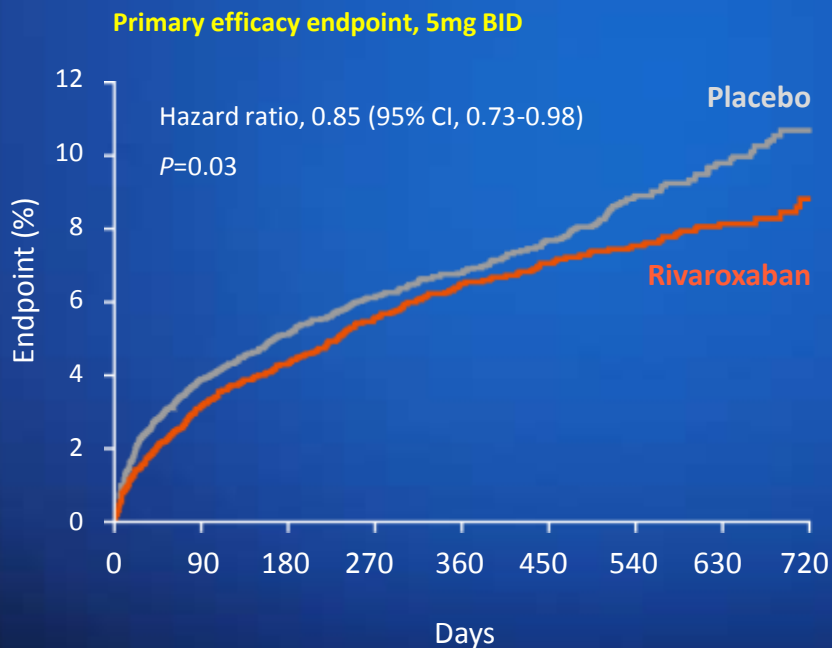
- Compared with placebo, rivaroxaban 2.5 mg bid on top of ASA or ASA plus clopidogrel showed:
  - ✓ A significant **16% RRR** in the risk of the composite of **CV death, MI or stroke** ( $p=0.02$ )
  - ✓ A significant **34% RRR** in the risk of **CV mortality**
  - ✓ A significant **32% RRR** in the risk of **all-cause mortality**
  - ✓ A significant increase in non-CABG-related TIMI major bleeding (**1.8% vs 0.6%**;  $p<0.001$ )
  - ✓ **Similar increase in fatal bleeding or fatal ICH**

# ATLAS ACS 2-TIMI 51:

## Primary efficacy endpoint

- in Rivaroxaban 5 mg bid

in patients with a recent ACS, very low doses (2.5 mg) of an OAC appear to be most favorable.



# ATLAS ACS 2 TIMI 51:

## Rivaroxaban 5 mg bid

---

- Compared with placebo, **rivaroxaban 5 mg bid on top of ASA or ASA and clopidogrel** showed:
  - A significant **15% RRR** in the risk of the composite of **CV death, MI or stroke** ( $p=0.03$ )
  - A significant **21% RRR** in the risk of **MI** ( $p=0.02$ )
  - No difference in CV and all-cause mortality
  - A significant increase in non-CABG-related TIMI major bleeding (2.4% vs 0.6%;  $p<0.001$ )

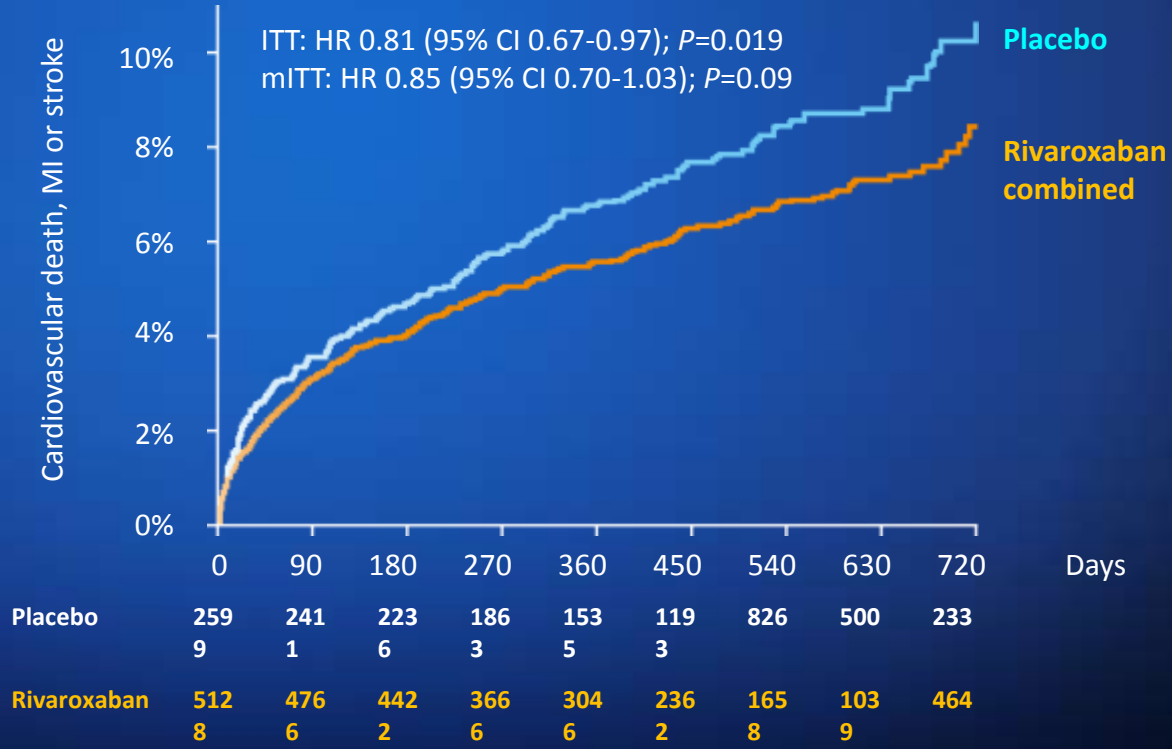
In ATLAS ACS 2 TIMI 51,  
**Rivaroxaban 2.5 mg bid** significantly reduced  
the **risk of all-cause death, CV death, MI or stroke**  
in patients with ACS,  
without increasing fatal bleeding

# ***ATLAS ACS 2 TIMI 51:*** ***Subanalysis of patients with recent STEMI***

# ATLAS ACS 2-TIMI 51:

## Substudy I . Stabilized patients after a STEMI

- **Objective:** The present analysis reports on the pre-specified subgroup of **STEMI** patients(n=7,817), in whom anticoagulant therapy has been of particular interest.
- In **STEMI** patients, rivaroxaban reduced **CV death, MI, or stroke** (ischemic, hemorrhagic, or stroke of uncertain cause)

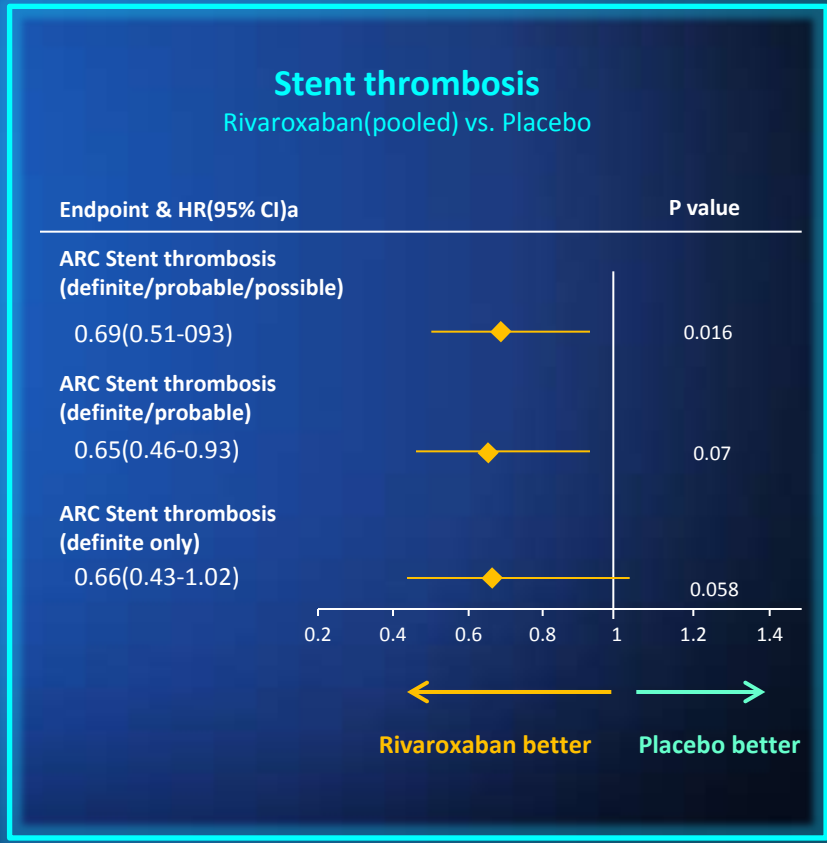
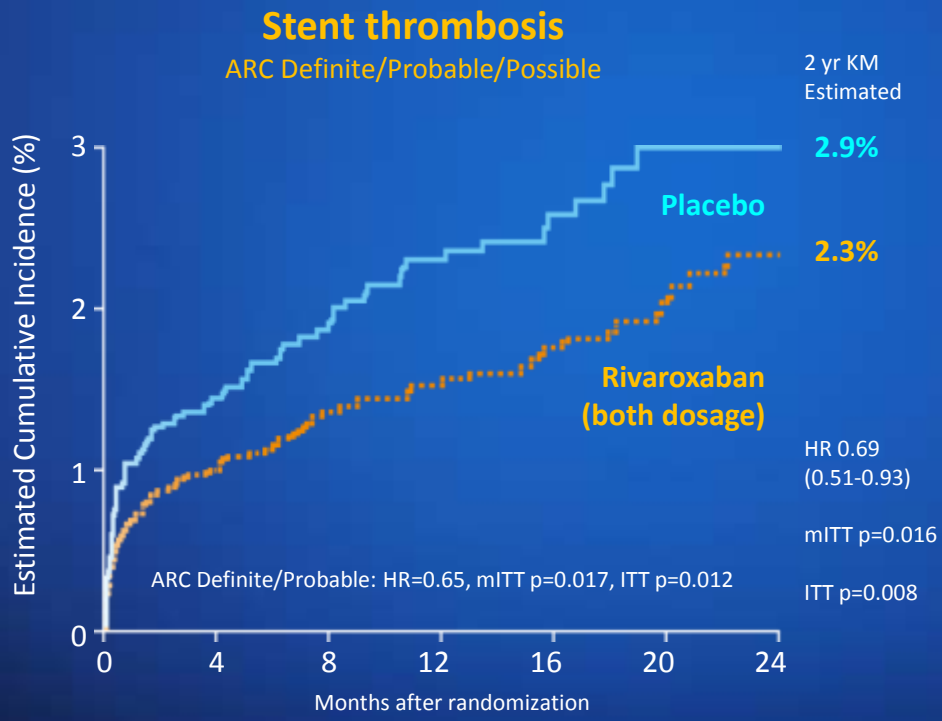


ATLAS ACS, Anti-Xa Therapy to Lower Cardiovascular Events in Addition to Standard Therapy in Subjects with Acute Coronary Syndrome; STEMI, ST-elevation myocardial infarction; mITT, modified intention-to-treat; ITT, intention-to-treat; HR, hazard ratio; CI, confidence interval; MI, myocardial infarction; CV, cardiovascular.

# ATLAS ACS 2-TIMI 51:

## Substudy II . Reducing stent thrombosis

- Rivaroxaban significantly reduced stent thrombosis in patients with ACS.



ATLAS ACS, Anti-Xa Therapy to Lower Cardiovascular Events in Addition to Standard Therapy in Subjects with Acute Coronary Syndrome; ACS, acute coronary syndrome; ARC, Academic Research Consortium; CI, confidence interval.



# Summary

---



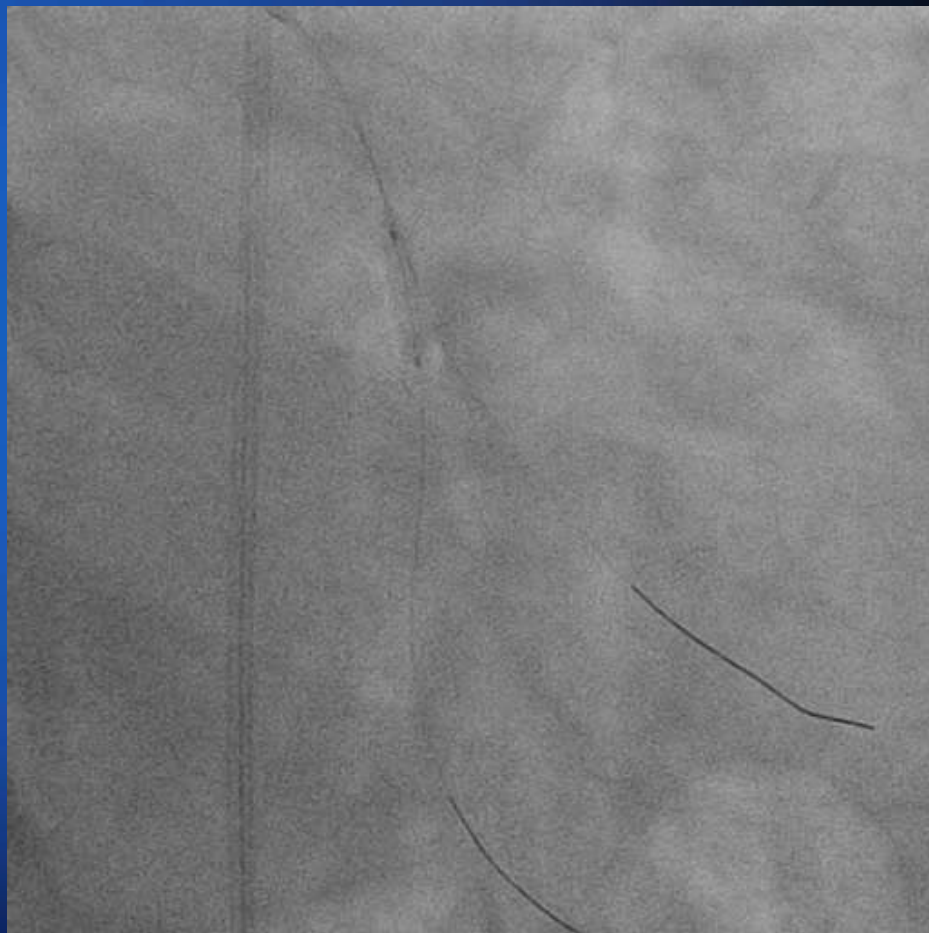
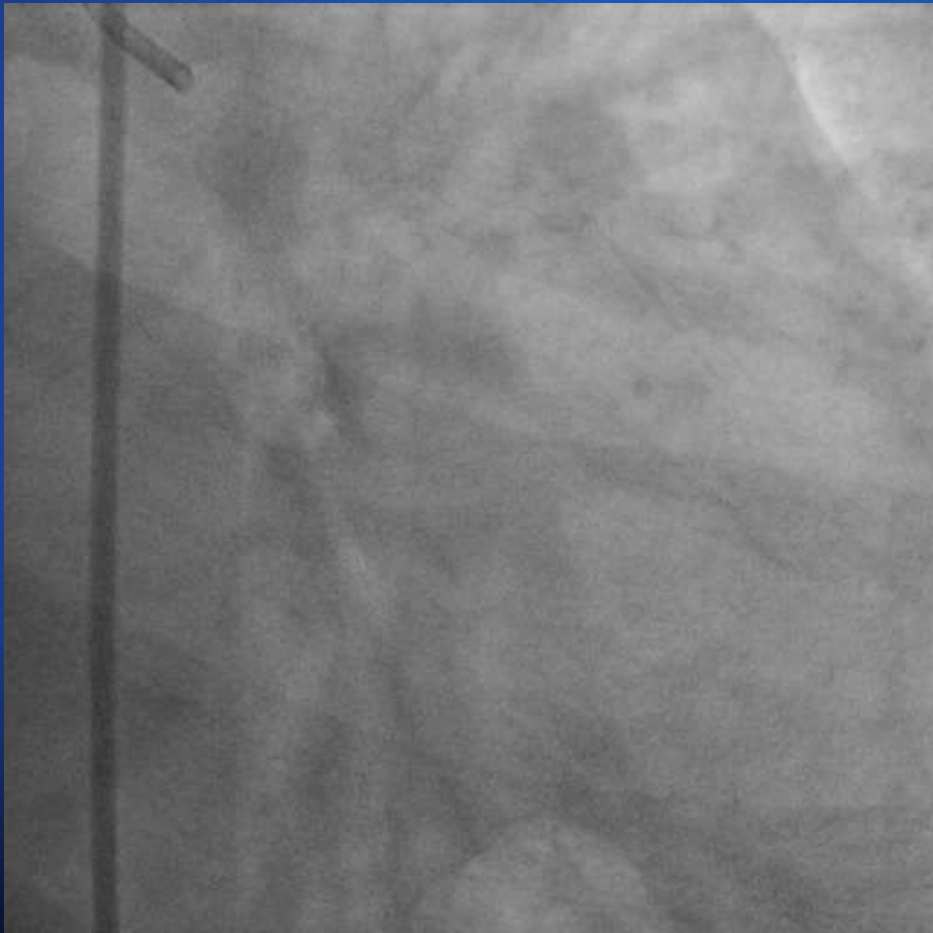
- ATLAS ACS 2-TIMI 51 was specifically designed to test 2 low doses of **rivaroxaban** in patients with a recent ACS.
  - ✓ Rivaroxaban significantly reduced the primary efficacy end point of **death from CV causes, MI, or stroke**, as compared with placebo.
  - ✓ Rivaroxaban increased the risk of major bleeding and intracranial hemorrhage **but not the risk of fatal bleeding**.
- In ATLAS ACS 2-TIMI 51 substudy, **rivaroxaban** reduced the primary efficacy endpoint of **CV death, MI, or stroke** (ischemic, hemorrhagic, or stroke of uncertain cause) vs. placebo in **stabilized patients after STEMI**.
- Also, in another subgroup, **rivaroxaban** significantly reduced **definite, probable, or possible stent thrombosis** in patients with ACS.

# Brief History

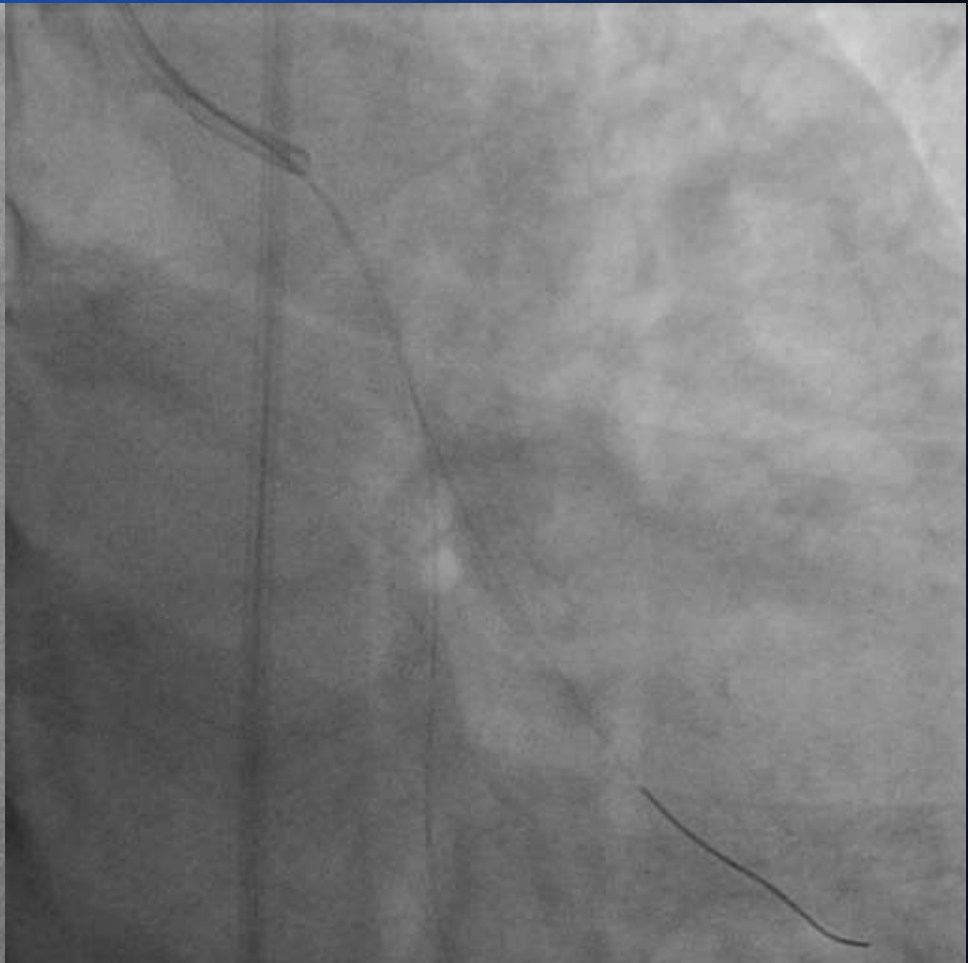
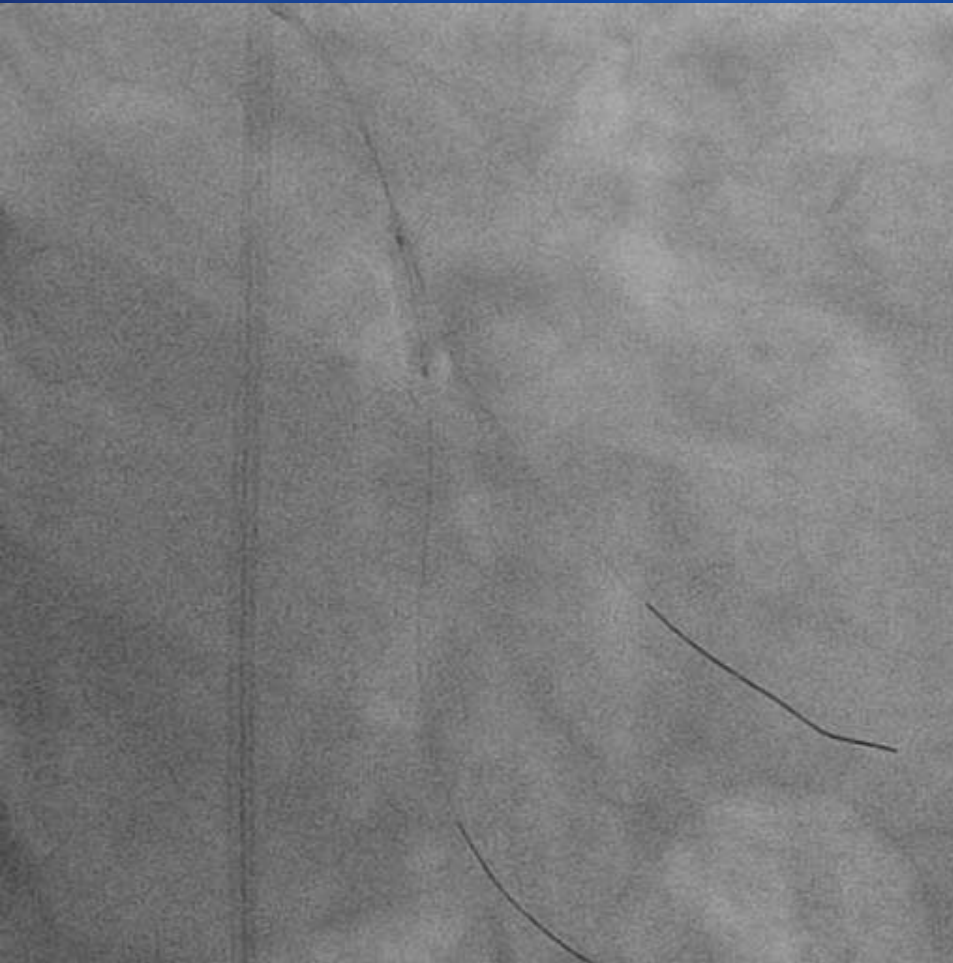
---

- M / 51
- Severe Chest pain since 7 days
  
- Comorbidity
  - Hypertension

# CAG (2016-12-22)

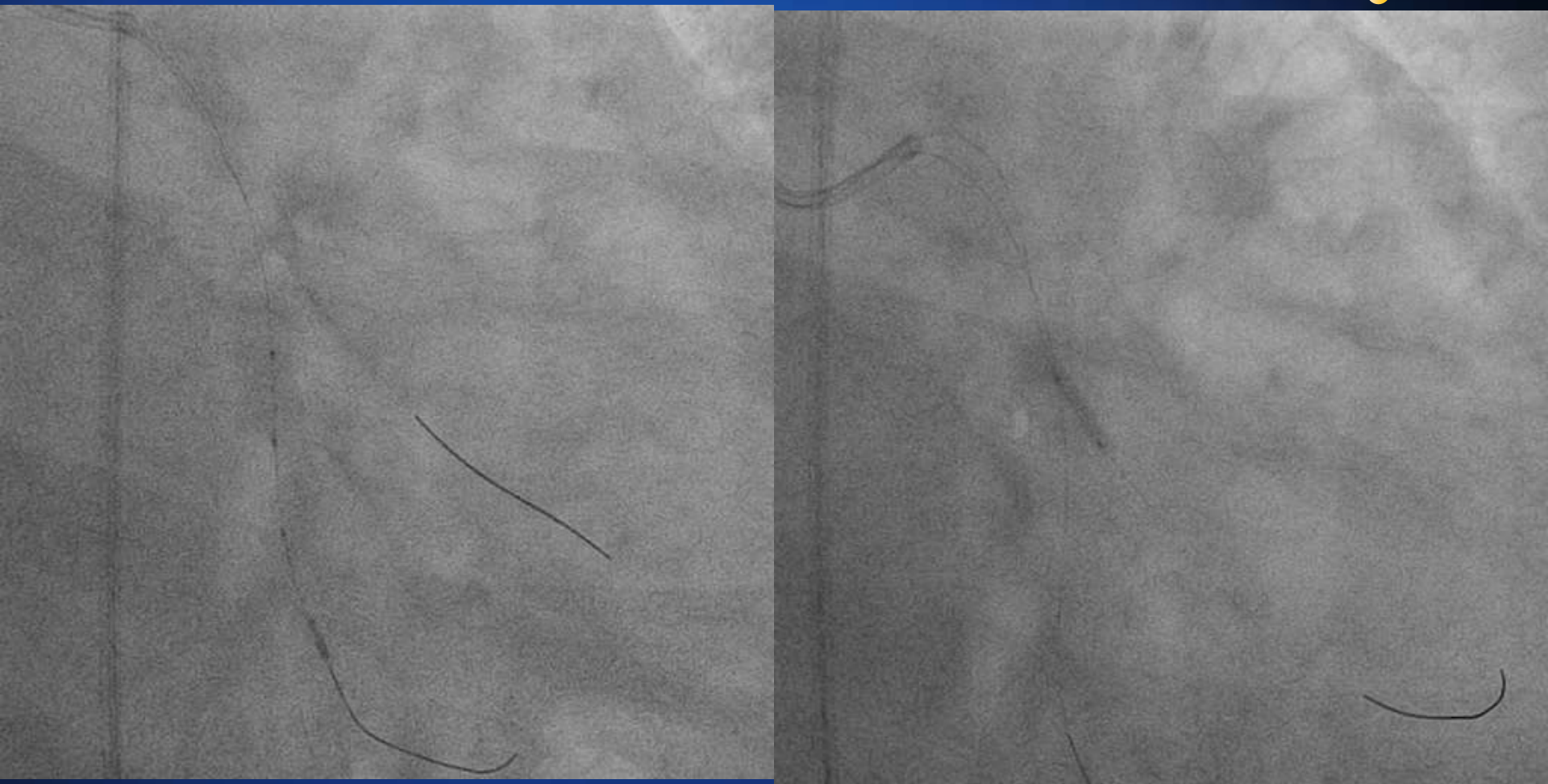


**CAG (2016-12-22)**



**PCI balloon 2.5\*12**

# CAG (2016-12-22)



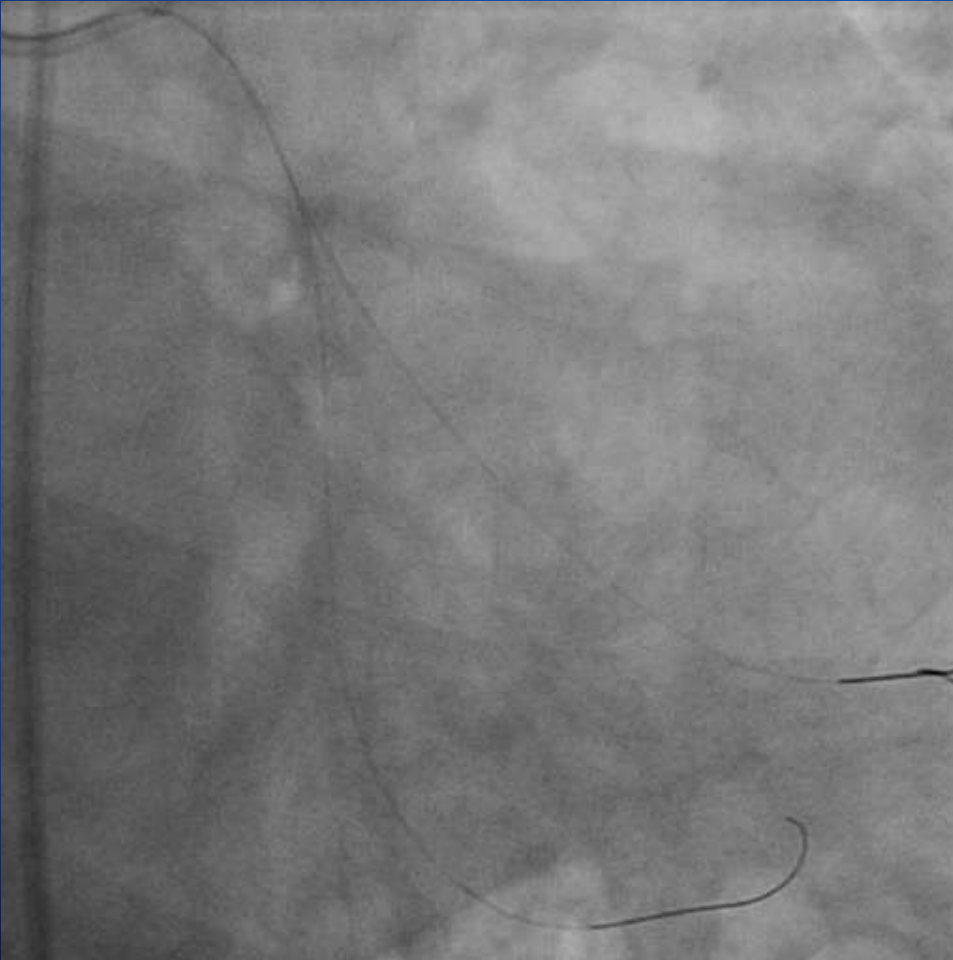
**Thrombuster 7Fr**  
**PCI balloon 2.5\*12**

# CAG (2016-12-22)



PCI balloon 2.5\*12 at 1<sup>st</sup> OM  
PCI balloon 3.0\*14 at dLCx

# CAG (2016-12-22)



**Thrombuster 7Fr**

# CAG (2016-12-22)

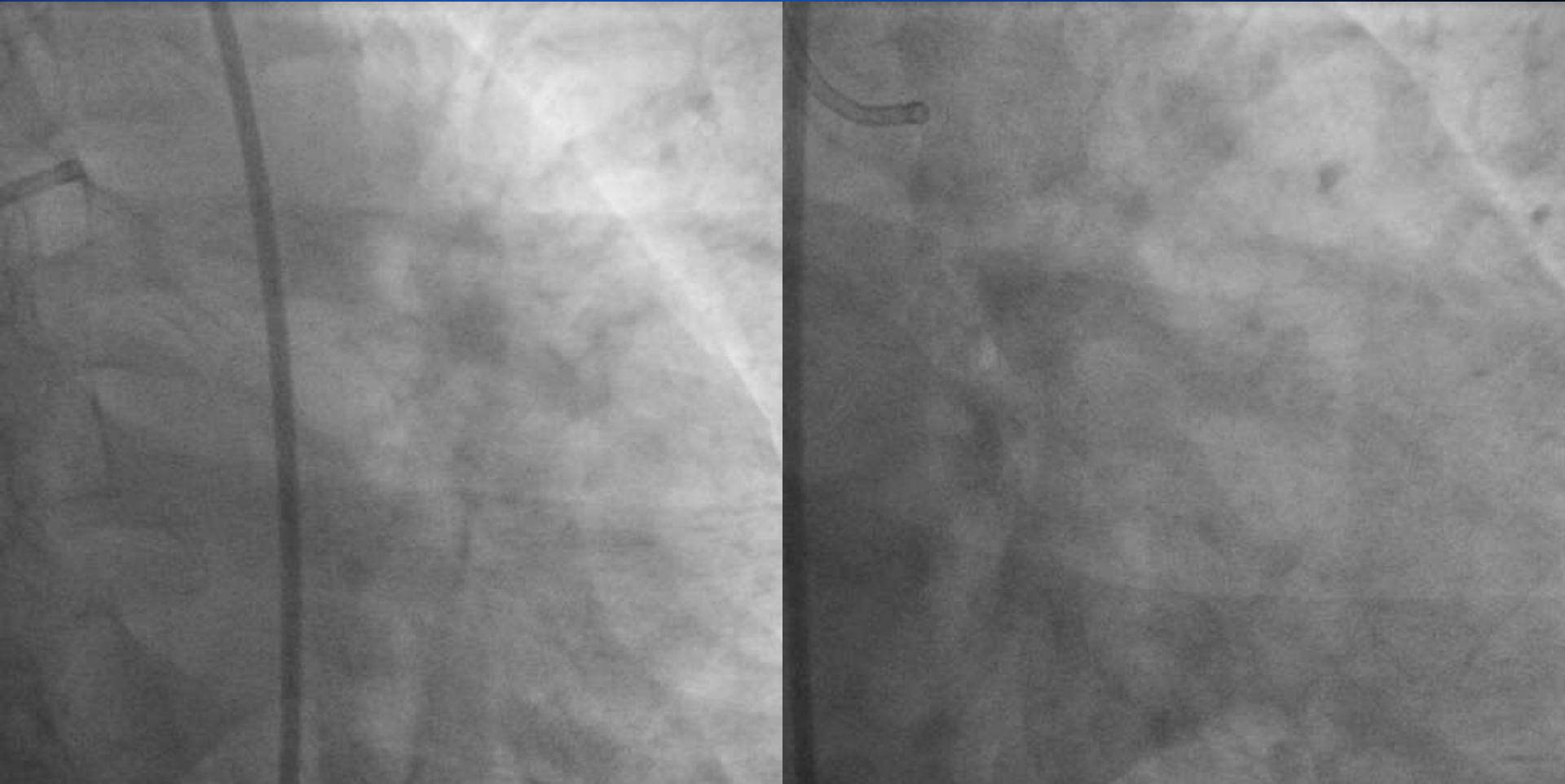


**Orsiro 3.0\*18 at far dLCx**

**Orsiro 4.0\*40 at d~far dLCx**



CAG (2016-12-22)



# Medication

---

**Astrix 100mg qD**

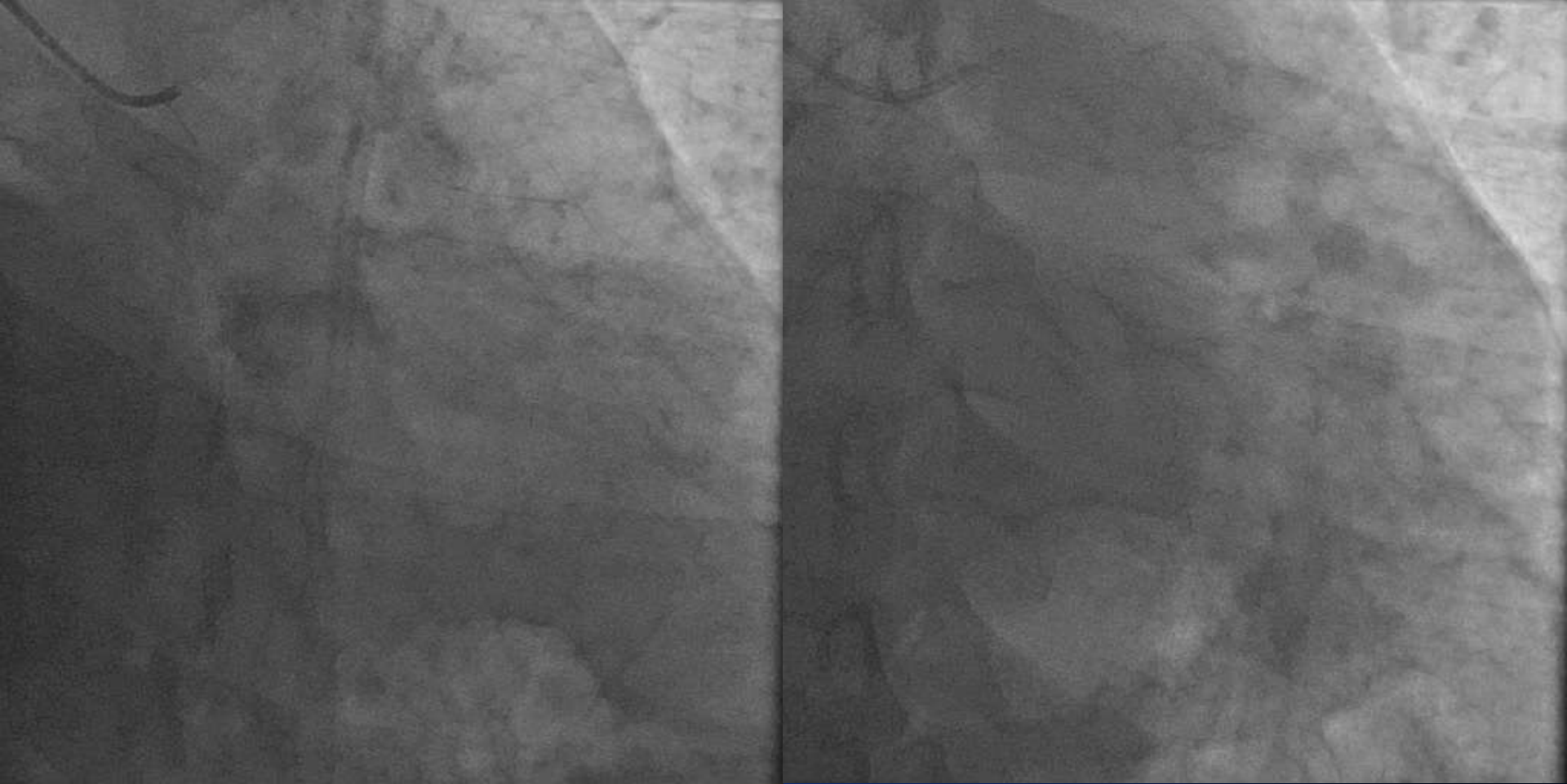
**Brilinta 90mg BID**

**Vivacor 20mg qD**

**Concor 5mg qD**

**Xarelto 2.5mg BID**

# Follow-up CAG at 2-month later



*Long-term therapy after an ACS,  
the addition of rivaroxaban 2.5mg bid  
appears to be an attractive option*

# Thanks for your Attention

**Cardiovascular Hospital**



**Hybrid Cath Room**



**Preclinical Research Lab**



TOSHIBA INFX 8000V Cardiac Angiography System