Limitations of current imaging modalities: why do we need more?

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Disclosure Information

John McB. Hodgson MD, FSCAI

The following relationships exist related to this presentation:

Grant support (GS), consultant (C), speakers bureau (SB), stock options (SO), equity interest (EI):

Boston Scientific, Volcano, InfraRedx: GS

Volcano: C

Technology Solutions Group: El

Off label use of products will not be discussed in this presentation.



What we have now

- IVUS for 35 years: proven benefit for stent implantation, restenosis interrogation, calcium detection.
- OCT for TCFA and fine surface details.
- VH-IVUS for plaque composition
- NIRS for cholesterol detection.

- What we don't have
 - Ability to predict future events



Rationale for detecting vulnerable plaque using intravascular imaging

- Patient is known to have CAD, and is therefor at risk for events
- Intravascular access is already obtained making potential intervention convenient.
- Local treatment of vulnerable plaques may prevent future events. This has not been studied.

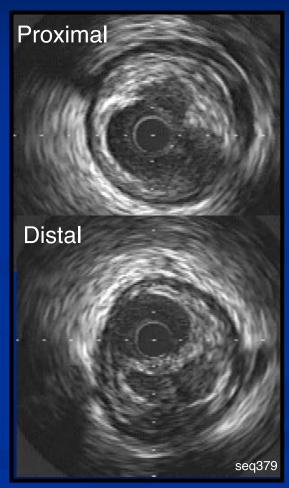


Vulnerable plaque; 1993

39 year old with Inferior MI. Non-culprit LAD imaged with multiple ruptured plaques

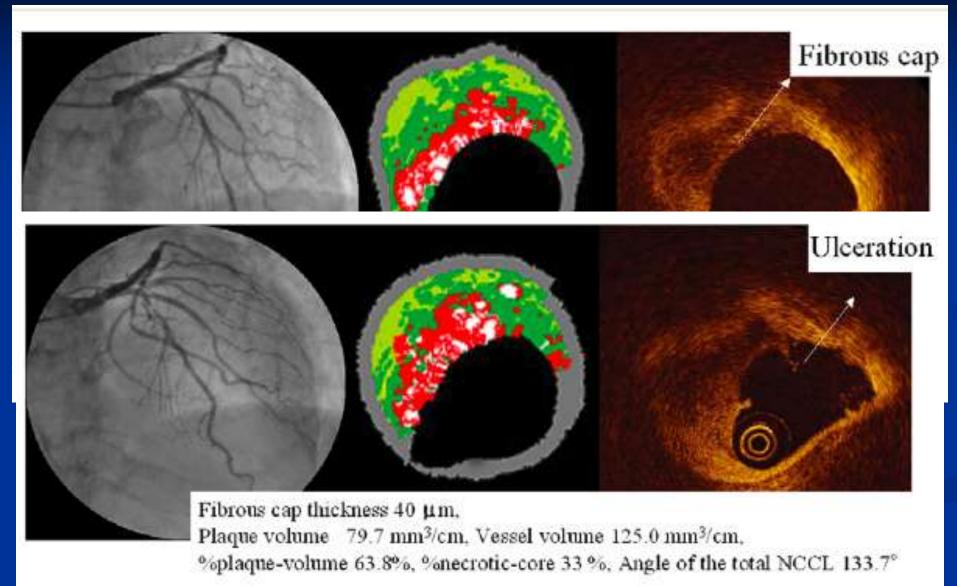


Can we predict this? Can we treat this?

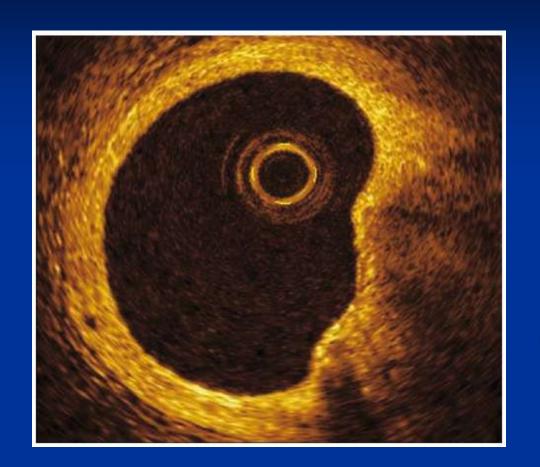


Courtesy: Fitzgerald

Progression of TCFA



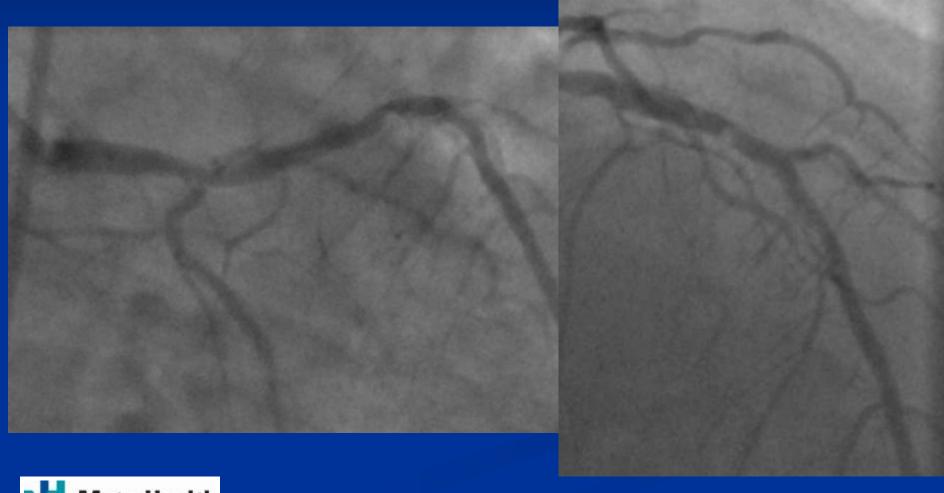
OCT TCFA: 2 yr f/up



23 pts with CAD for PCI
7 non-culprit TCFA in 6 pts
2 year f/up: NO events
All pts treated with statins

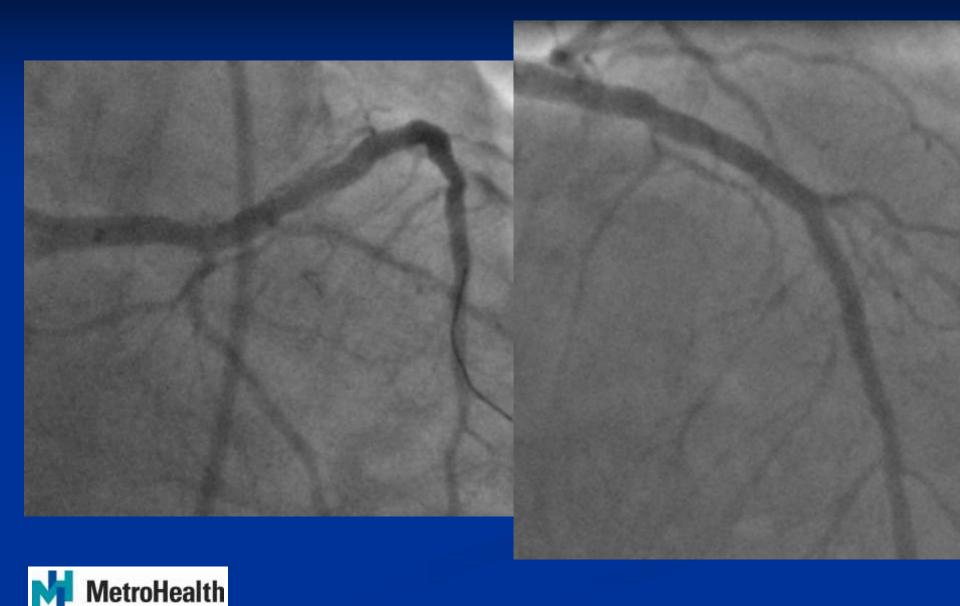
Acute ischemia 1

Pre: LM and mid LAD lesions

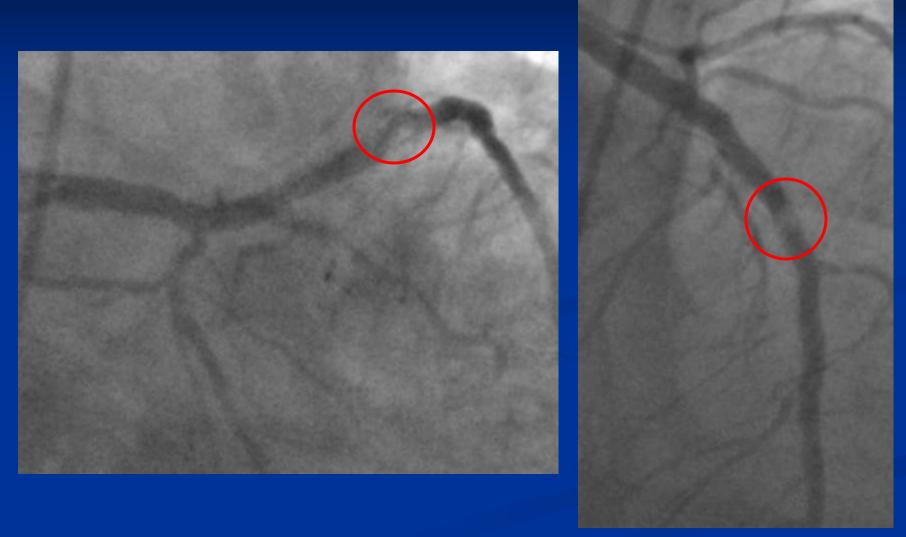




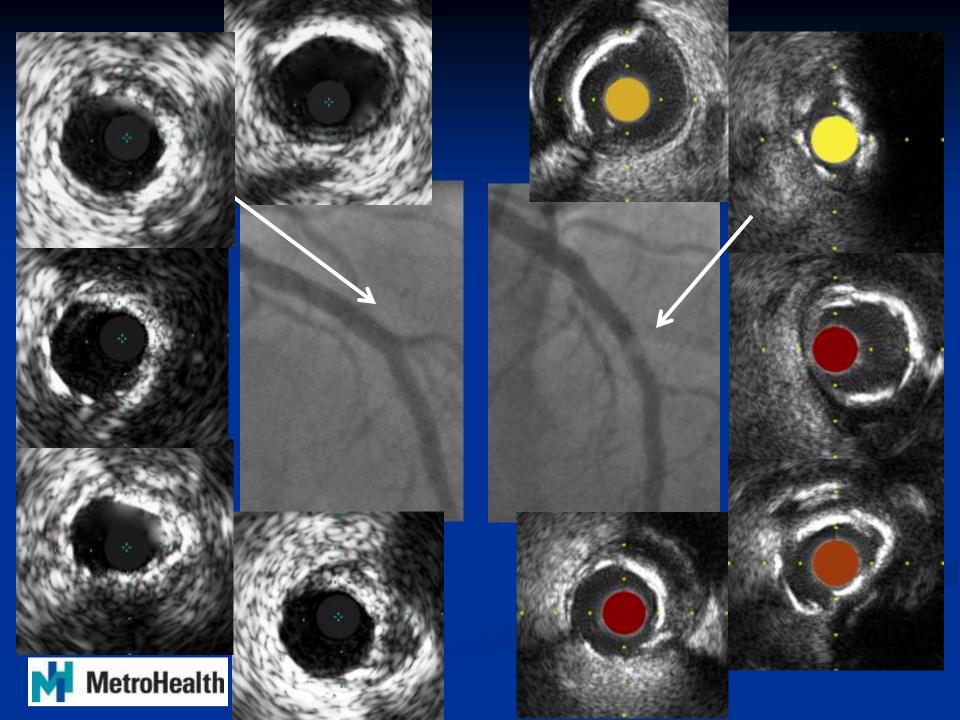
Post stent to LM and mid LAD

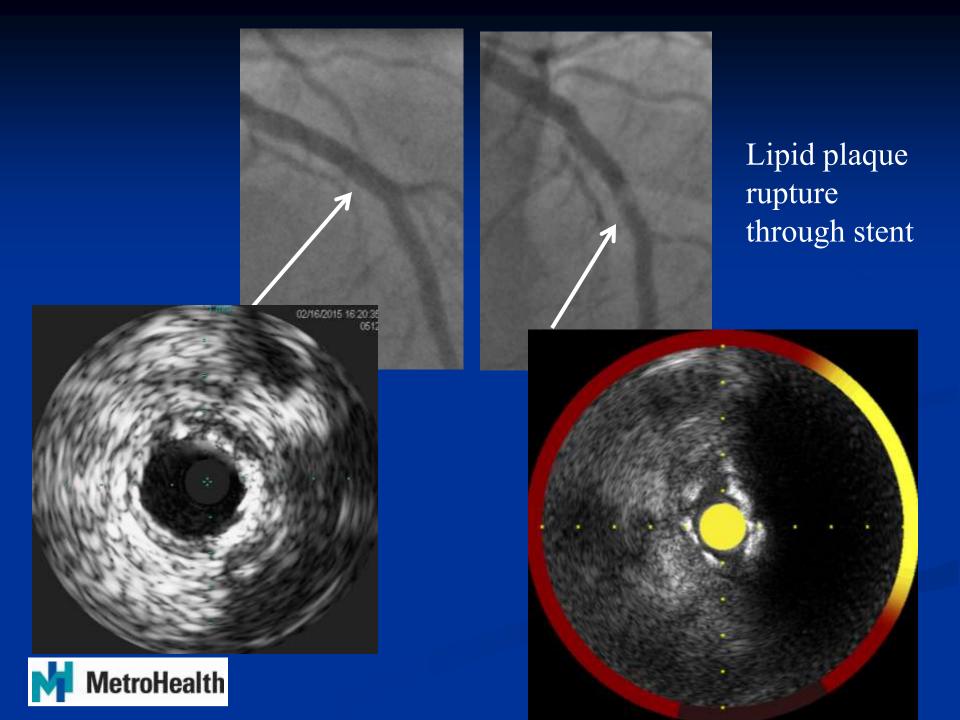


Recurrent angina 6 weeks later

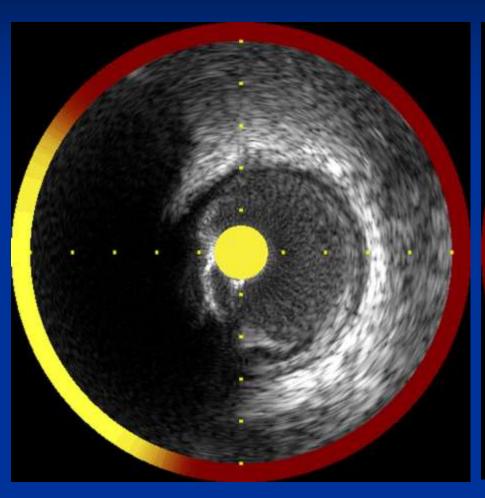


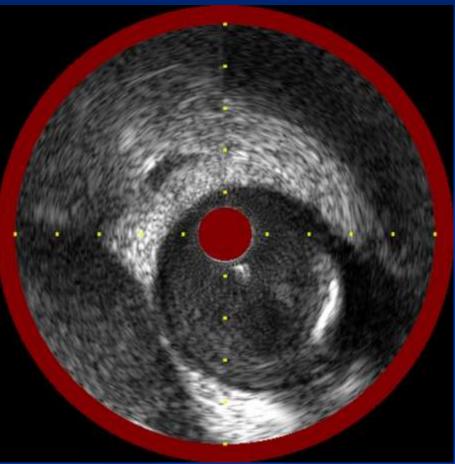






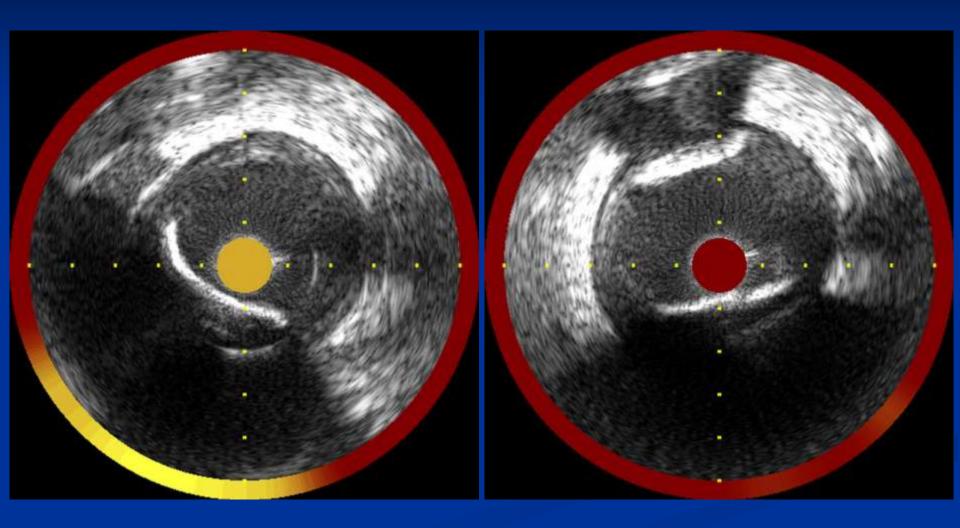
Attenuation: what's back there?







Attenuation: what's back there?



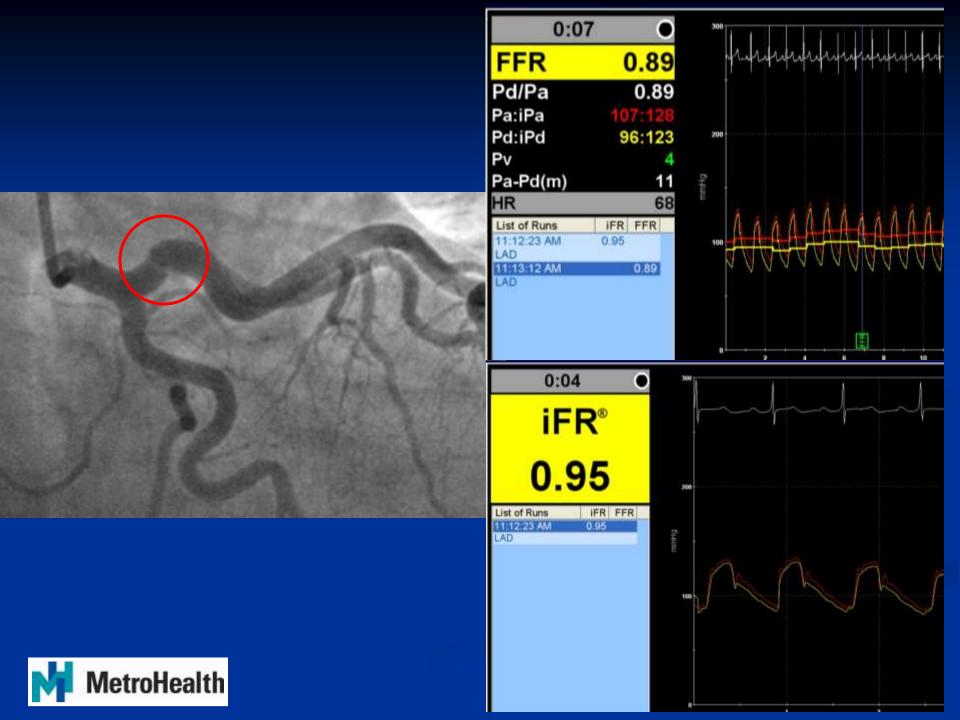


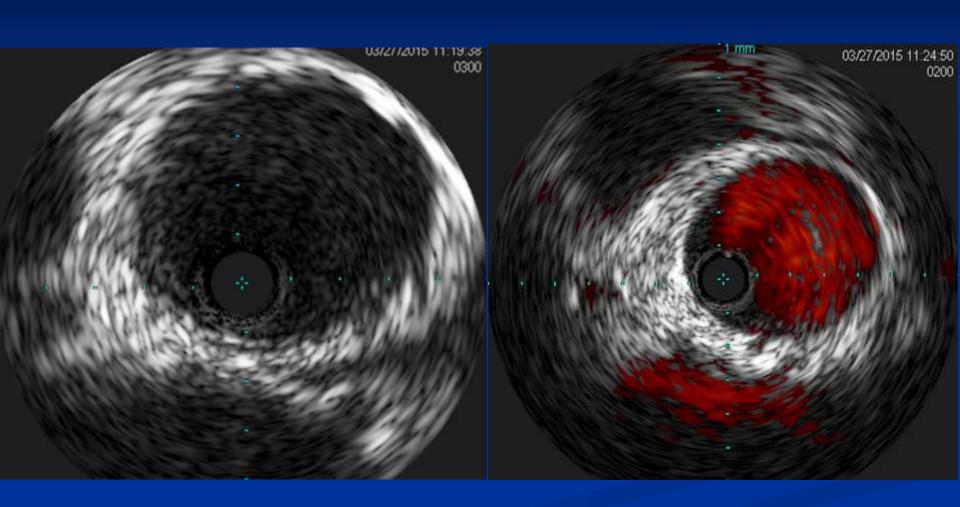
Acute ischemia 2

3 days marked DOE Normal ECG, ECHO





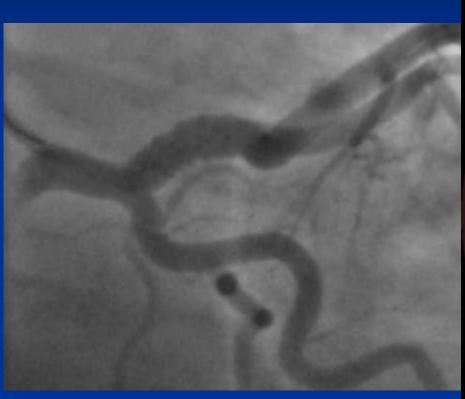


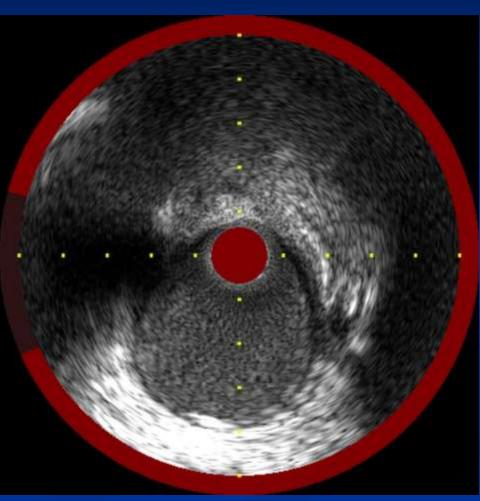




Elected to observe, but Sx continued

Stent placed later in day

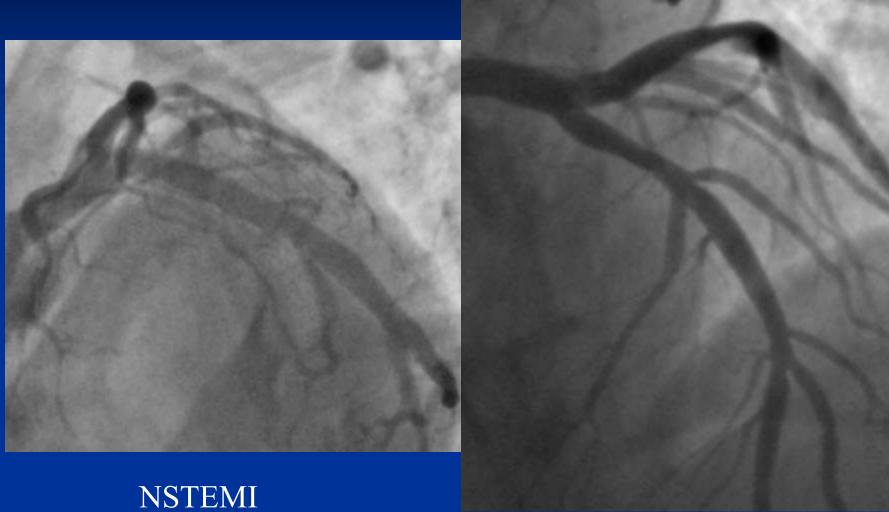






Walked out of lab and around ward with no Sx

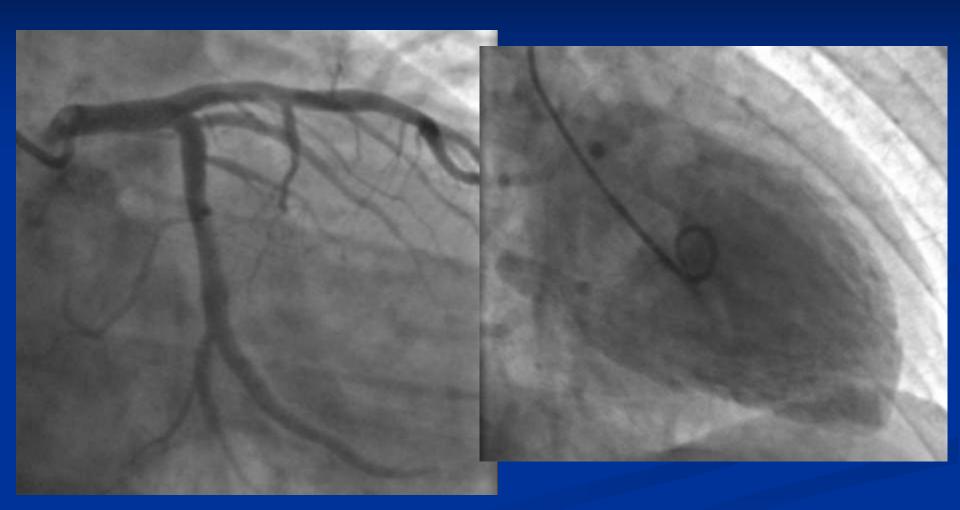
Acute ischemia 3







Clear anterior infarct. ? Cocaine related





Treated with OMT

Returns with STEMI 6 months later





No cocaine for 5 days; no DAPT for 4 months

LAD MetroHealth LCX

Stent placed to LAD; LCX defect cleared



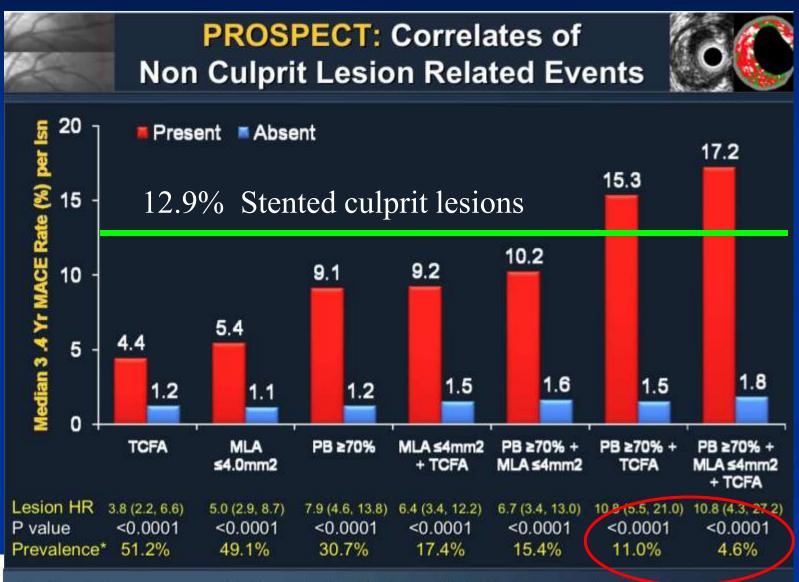


Where are we now?

- VH-IVUS PROSPECT trial showed some associations, but not sufficient to enable pre-emptive therapy
- NIR/IVUS LRP trial and NIR/IVUS
 PROSPECT 2 in process to determine prognosis for cholesterol rich plaques
- Proposed trials to randomize lesions to BVS or OMT



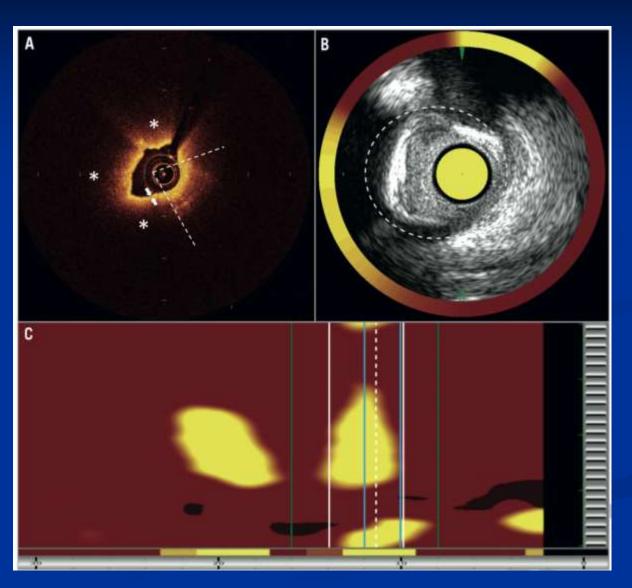
Natural history of "vulnerable" lesions





NIR/IVUS findings in OCT TCFA

N=76 segments, 60 pts OCT TCF in 18





Summary

- Current techniques improve patient selection (FFR), procedural success (IVUS) and patient outcome (IVUS)
- Current techniques provide morphology (OCT, IVUS), composition (VH-IVUS, OCT, NIR-IVUS)
- Recurrent ischemic events remain difficult to predict; NIR/IVUS trials underway
- Preventative therapies should not be tested until a clear high risk lesion set can be identified

