

# **Integrated Use of Imaging and Physiology in Left Main PCI: Updates and Impact Your Daily Practice**

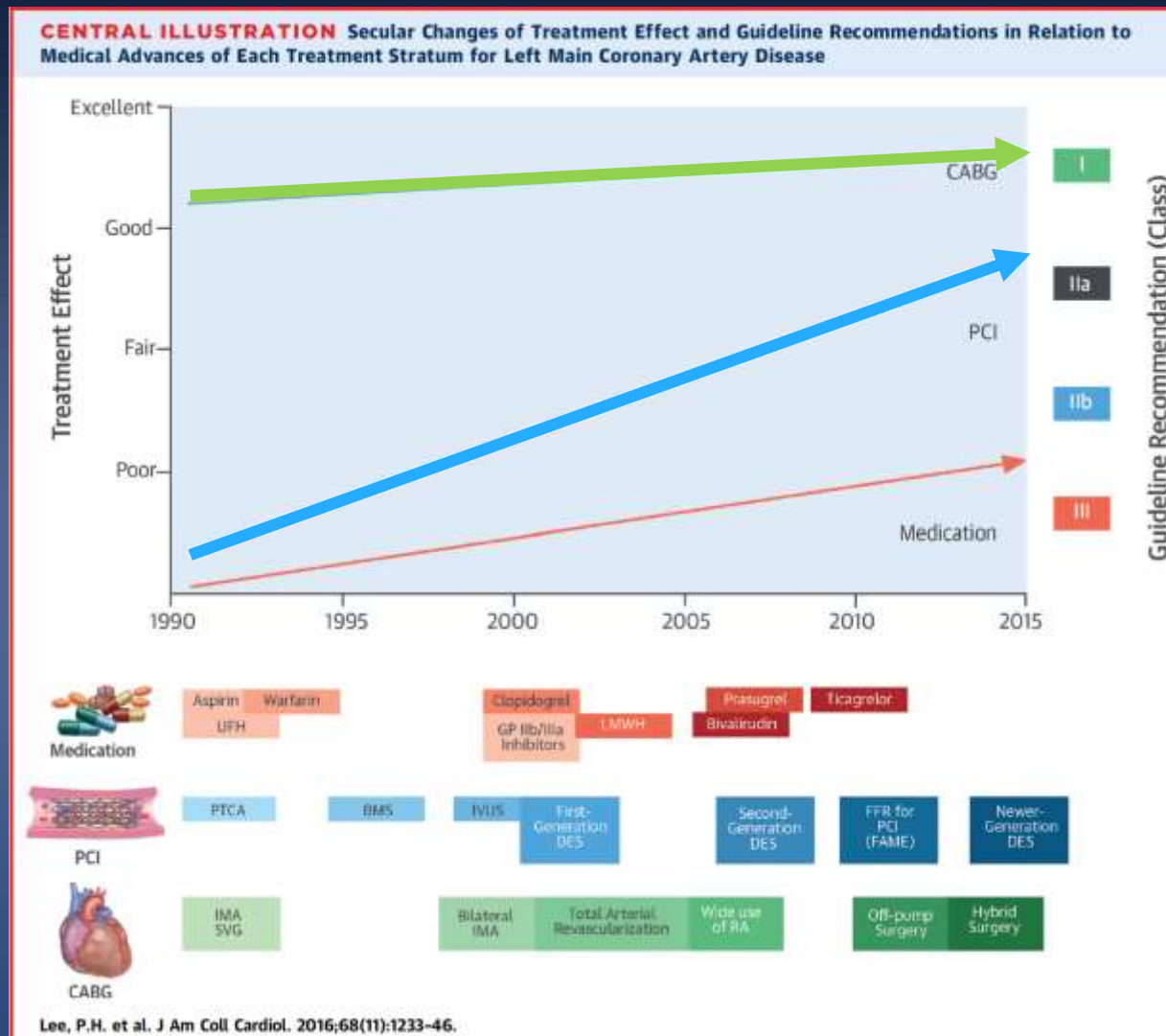
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# Disclosure

- Institutional grant/research funding to CardioVascular Research Foundation (CVRF, Korea) and/or Asan Medical Center from Daiichi-Sankyo, Abbott, Boston Scientific, Medtronic, Edwards, Biosensor, ChongKunDang Pharm and Daewoong Pharm,

# Left Main PCI: Narrowed Gap with CABG



# To Improve PCI Outcomes in Complex CAD

## PCI procedure and equipment

- Thin-strut durable and bioabsorbable polymer-based DES
- Improved PCI guide wires, delivery systems and adjunct devices
- Expert techniques and devices to recanalize CTOs, manage bifurcations, calcium, etc.
- Advanced hemodynamic support options: transaxial forward flow pumps, ECMO
- Transradial artery access
- Approaches to prevent contrast nephropathy
- Superior catheterization labs: Better imaging, reduced radiation exposure

## PCI guidance (pre- and post-procedure)

- Physiologic lesion assessment (iFR, FFR)
- Intravascular imaging (IVUS, OCT, NIRS)
- Goal of complete revascularization (anatomic, ischemic)

## Adjunctive pharmacotherapy

- Procedural anticoagulation: Bivalirudin
- Potent P2Y12 inhibitors: Oral (prasugrel, ticagrelor), intravenous (cangrelor)
- Appropriate DAPT duration after PCI: Abbreviated vs. extended
- Foundational role of GDMT: statins, PCSK9i, beta-blockers, ACEI/ARB, etc.

## Patient selection and pre-procedural planning

- Use of risk scores: SS, SSII, NERS I and II, others
- PCI planning tools: CTA and CT-FFR

# What Is Contemporary State-of-the Art PCI? Make PCI to be Equivalent to CABG

EDITORIAL



EuroIntervention 2019;15:e219-e221 published online e-edition June 2019

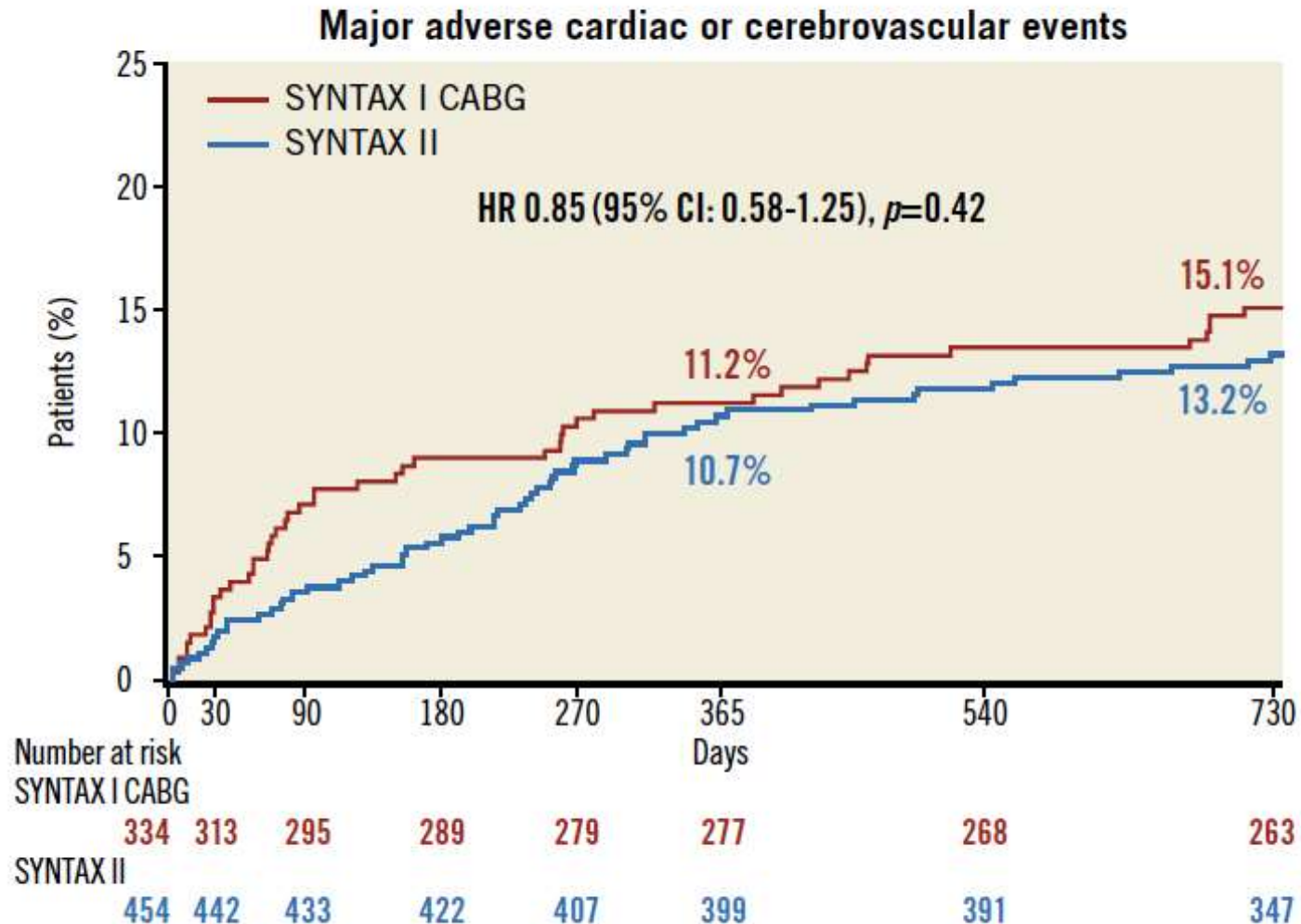
## Contemporary state-of-the-art PCI with functional and imaging concepts: forethoughts on the FAME 3 trial



**Duk-Woo Park, MD, PhD; Seung-Jung Park\*, MD, PhD**

*Division of Cardiology, Asan Medical Center, University of Ulsan College of Medicine, Seoul, South Korea*

# State-of-the Art PCI in the Contemporary PCI Setting

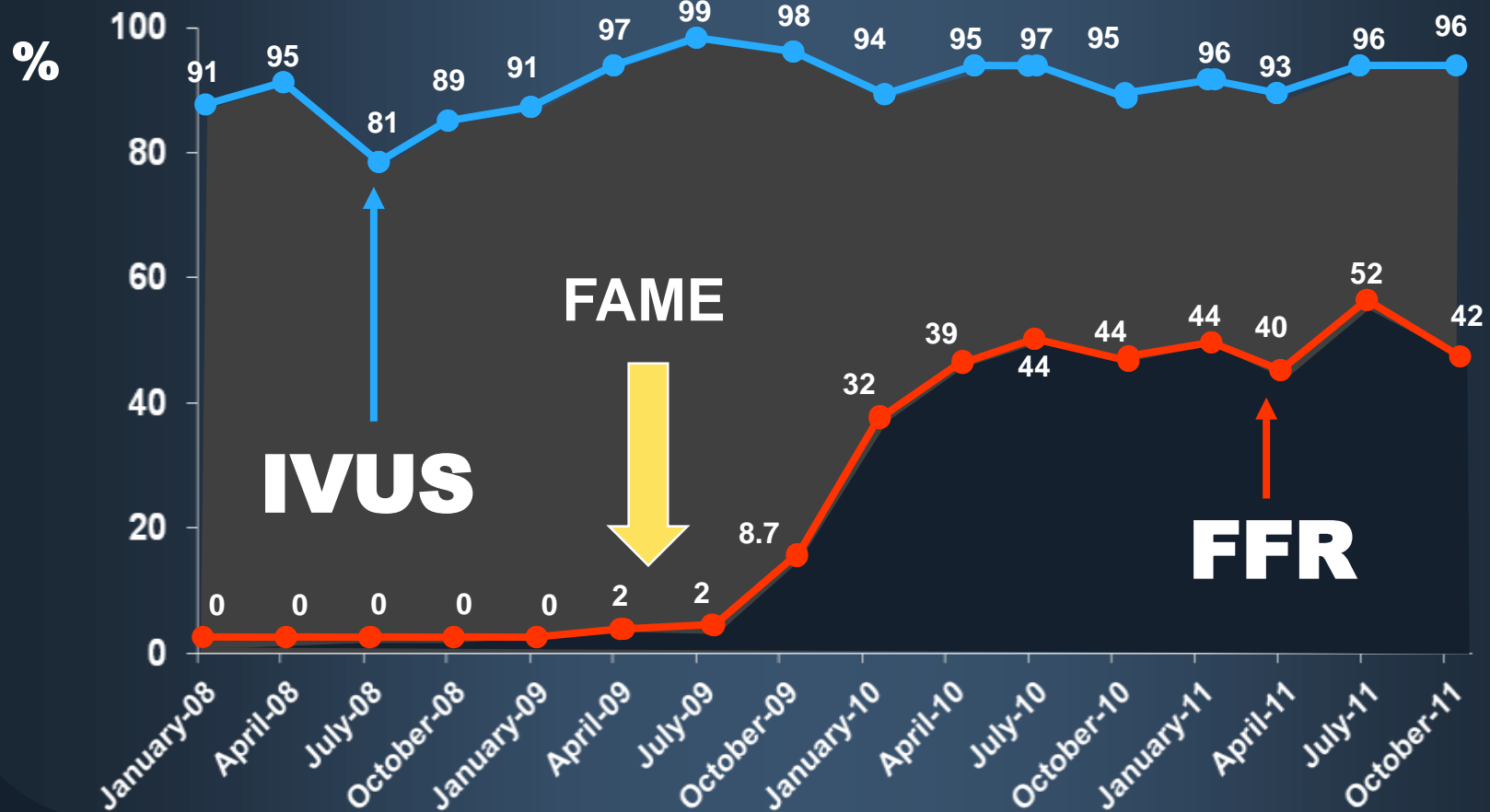


# State-of-the Art Left Main PCI in the Contemporary PCI Setting



1. Heart-team discussion
2. Functional-guided approach (FFR/iFR)
3. IVUS-guided PCI optimization
4. Contemporary PCI/CTO techniques
5. GDMT (guideline-directed medical therapy)

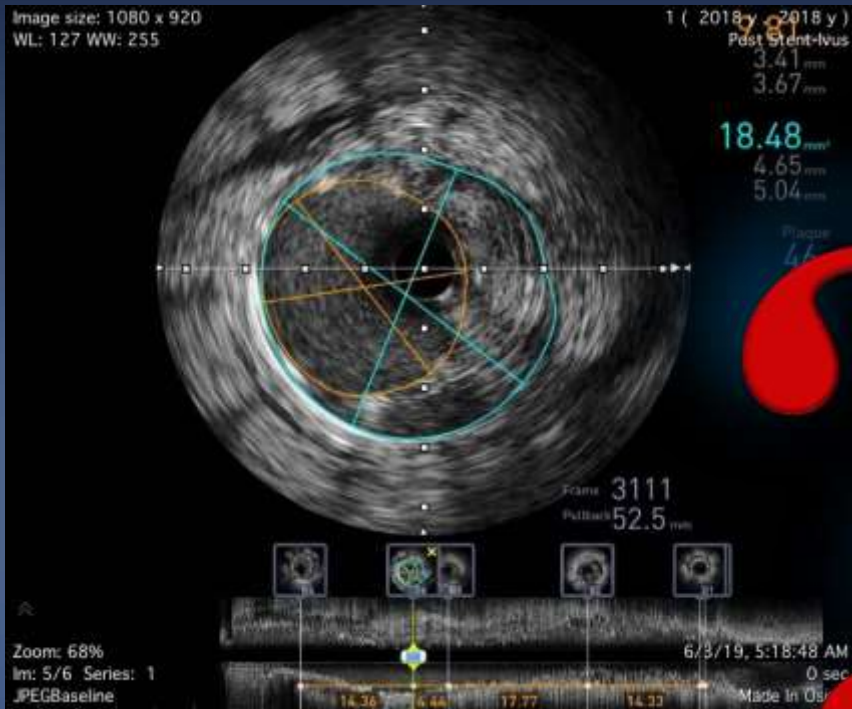
# Imaging and Physiology Use in AMC for PCI for LM and 3VD





# Imaging and Physiology Concept

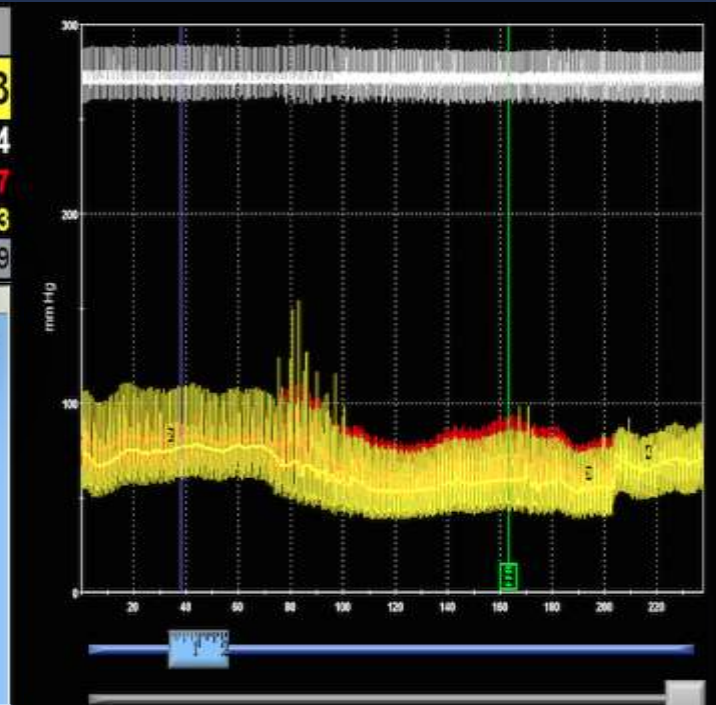
## How To Impact on Your Daily Practice?



0:38

FFR	0,83
Pd/Pa	0,94
Pa:iPa	82: 87
Pd:iPd	77: 73
	59

Lista	FR	FFR
09:22	90	
09:27		0.83

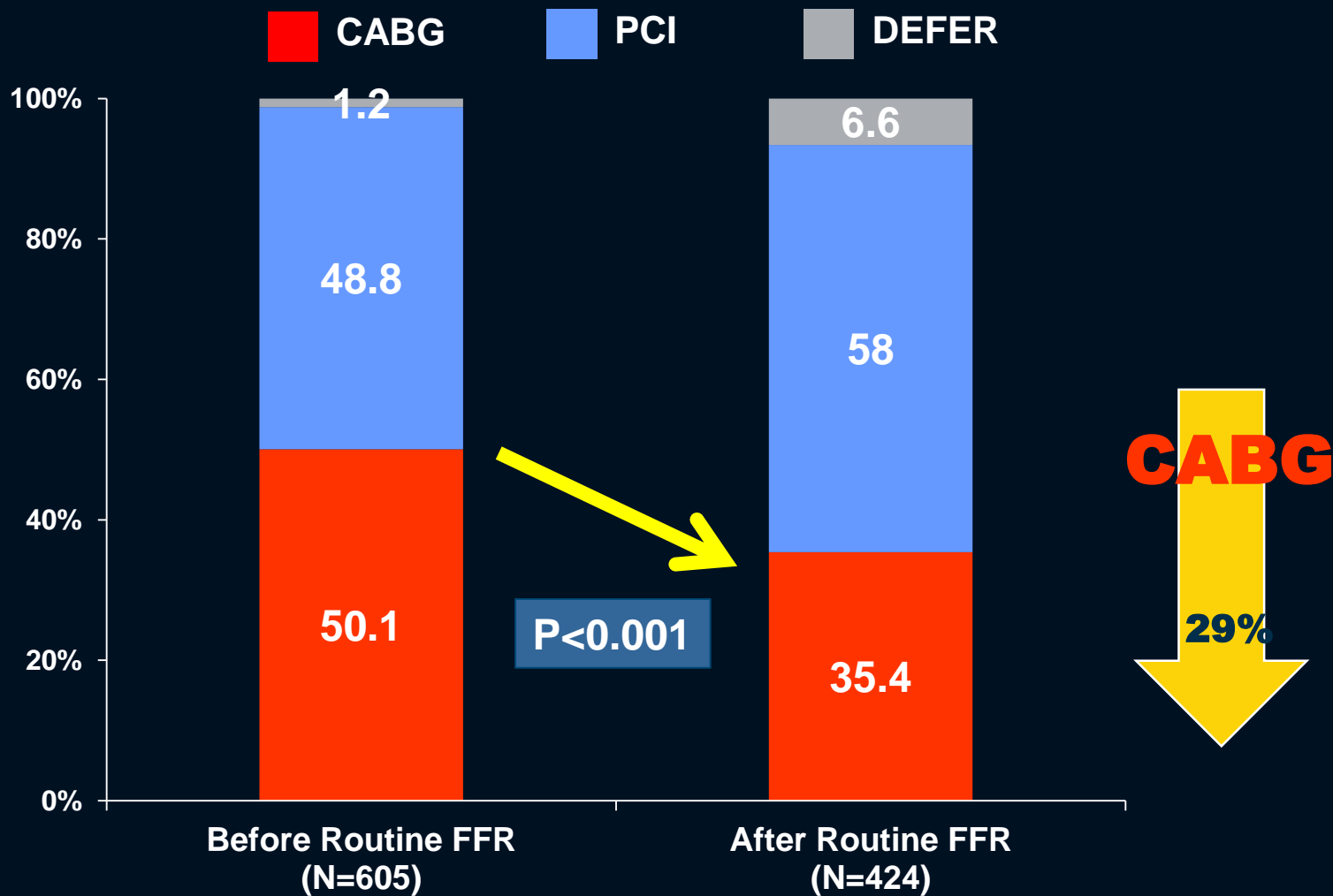


Anatomy

Physiology

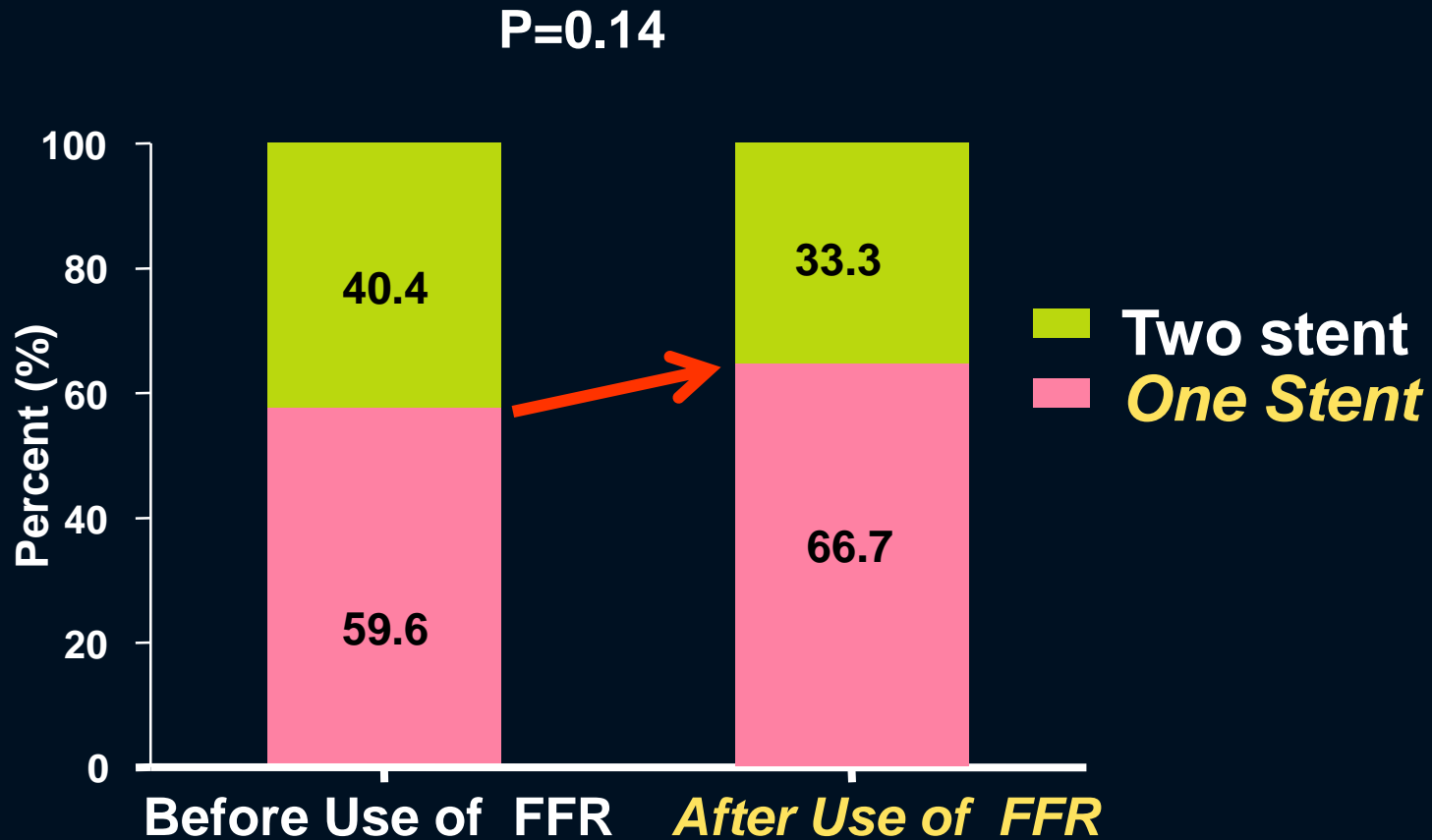
# Impact on Your Practice

## When You Use FFR, Less CABG

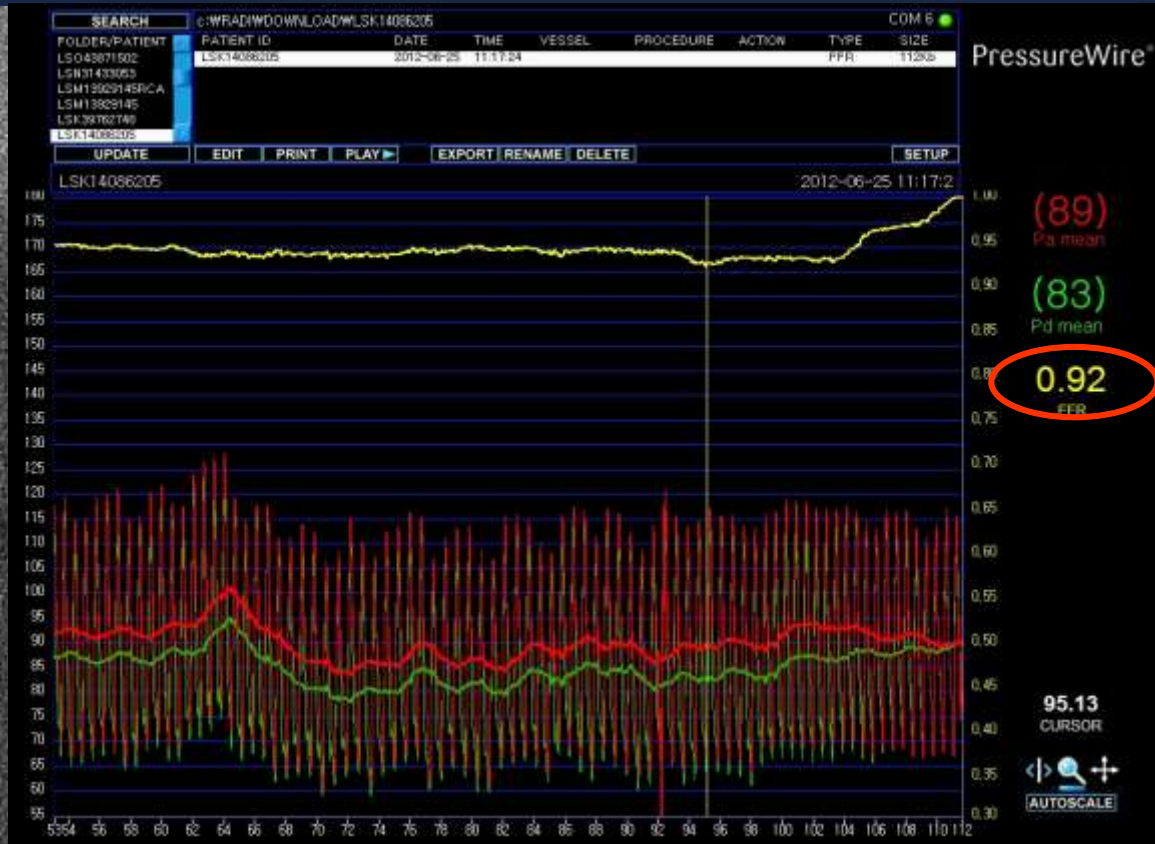
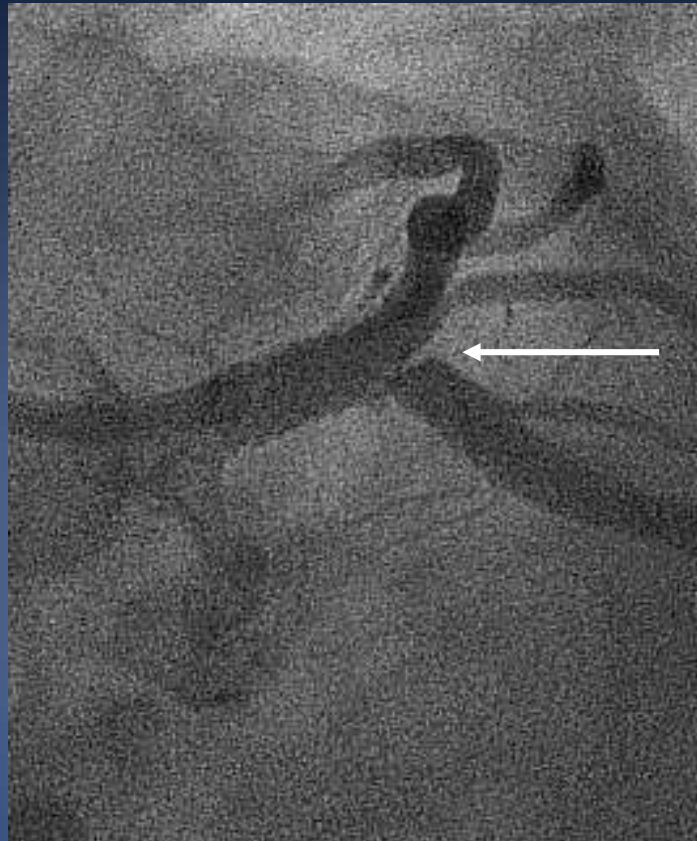


# Impact on Your Practice

## When You Use FFR, More Simple Approach



# Do You Want to Do Something? Consider FFR, First !



*Just Defer !*

# In the Era of ISCHEMIA



**International Study Of Comparative Health Effectiveness  
With Medical And Invasive Approaches (ISCHEMIA):**

**Primary Report of Clinical Outcomes**

*Funded by the National Heart, Lung and Blood Institute*

**Judith S. Hochman, MD**

NYU School of Medicine

On behalf of the ISCHEMIA Research Group

Scientific Sessions 2019



#AHA19

# In the Era of ISCHEMIA

Primary Outcome: CV Death, MI, hospitalization for UA, HF or resuscitated cardiac arrest



- Simple Key Message of ISCHEMIA Is “Less Is More”
- FFR Concept Exactly Fit “Less Is More”

## Subjects at Risk

CON	2591	2431	1907	1300	733	293
INV	2588	2364	1908	1291	730	271



F



**Dear FAME 3 Investigators,**

**We are closing in on the end of the calendar year. We are also closing in on the end of FAME 3 enrolment! We have less than 20 patients left to enroll. However, with the holidays approaching, we are writing to ask for one final push in order to finish enrolment on time. The protocol and our agreement with the FDA stipulate that we will end enrolment on December 31<sup>st</sup>, 2019. It is critical that we include our 1500<sup>th</sup> before then. Please do all you can to include one or two more patients in the next couple of weeks. Thank you for all of your efforts. We are almost there!!**

**Best regards,**

**Bill Fearon  
Frederik Zimmermann  
and the FAME 3 Steering Committee**

**FFR-Guided  
Stent all les**

**Primary EP:**

**based on  
angiogram  
)**

**noninferiority**

# IVUS Impact on Your Practice

## Editorial

### Intravascular Ultrasound–Guided Percutaneous Coronary Intervention for Left Main Disease Does Procedural Fine-Tuning Make a Relevant Clinical Benefit?

Duk-Woo Park, MD, PhD; Seung-Jung Park, MD, PhD

Owing to the large area of jeopardized myocardium, left main coronary artery (LMCA) disease was associated with high morbidity and mortality and, thus, coronary artery bypass grafting has been the standard revascularization approach. However, over the several decades, there was a considerable evaluation in the field of percutaneous coronary intervention (PCI). Remarkable advancements in stent devices, technical refinement, and adjunctive medical therapy has led to improved PCI outcomes for unprotected LMCA disease. Especially, with a widespread use of drug-eluting

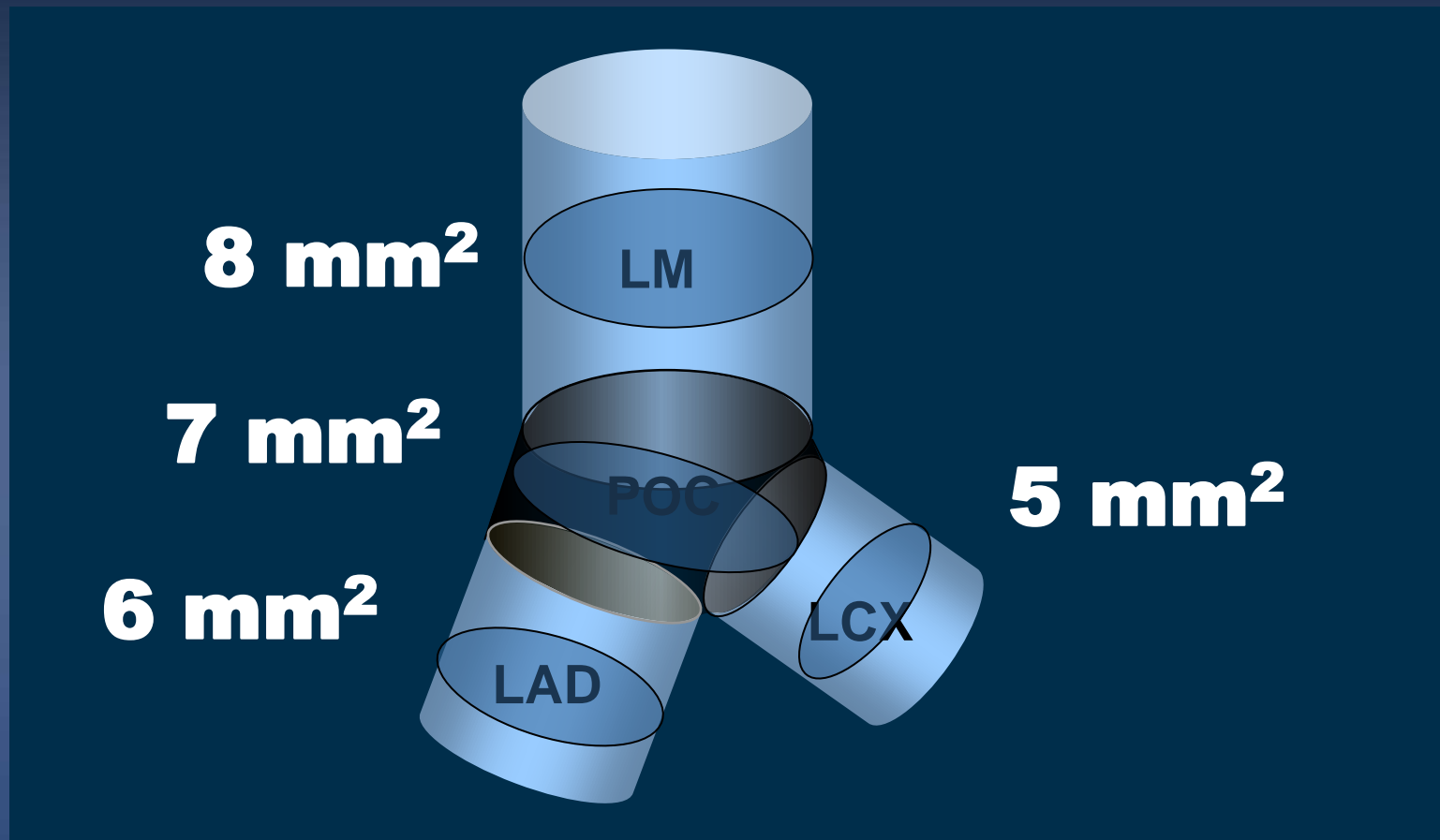
in >70%, which was almost like the real-world practice.<sup>1</sup> For LMCA PCI, how does IVUS guidance make stenting procedure to be more optimal? First, IVUS provides more reliable information than angiography on lesion characteristics regarding lumen size, plaque characterization, and disease distribution.<sup>8</sup> Such precise imaging of LMCA lesion using pre-PCI IVUS may inform optimal stent sizing, length, and positioning. Second, especially for distal LMCA bifurcation lesions, IVUS may be helpful to decide stenting strategy. Selection of a provisional or complex stenting should be based on disease



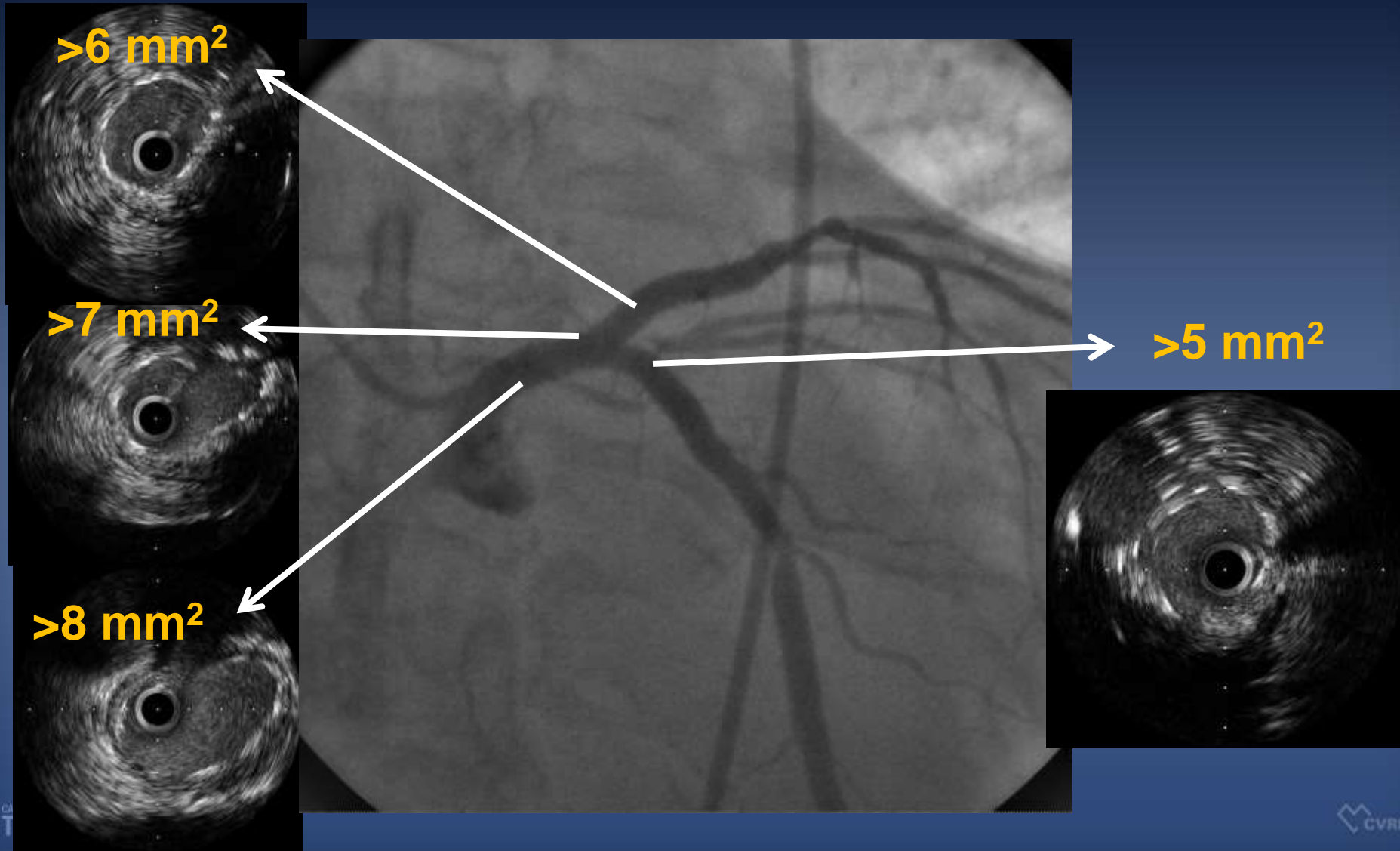
# IVUS “Rule of Thumb” for Distal LM-PCI

Stent CSA – 2 Stent PCI (Rule of 5,6,7,8 mm<sup>2</sup>)

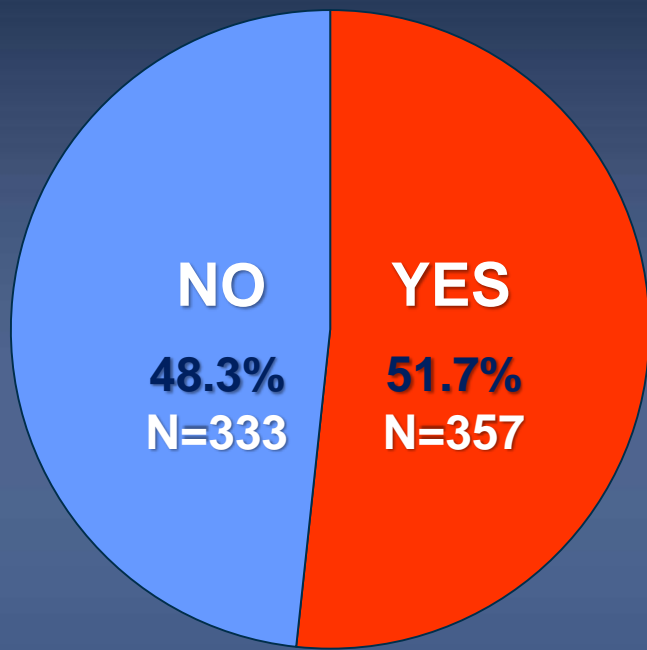
*Restenosis Rate < 5% and TLR < 2%*



# Immediate Post-Stent CSA Guarantee Good Late Outcomes



# IVUS Impact on Your Practice: Change in stent optimization in EXCEL

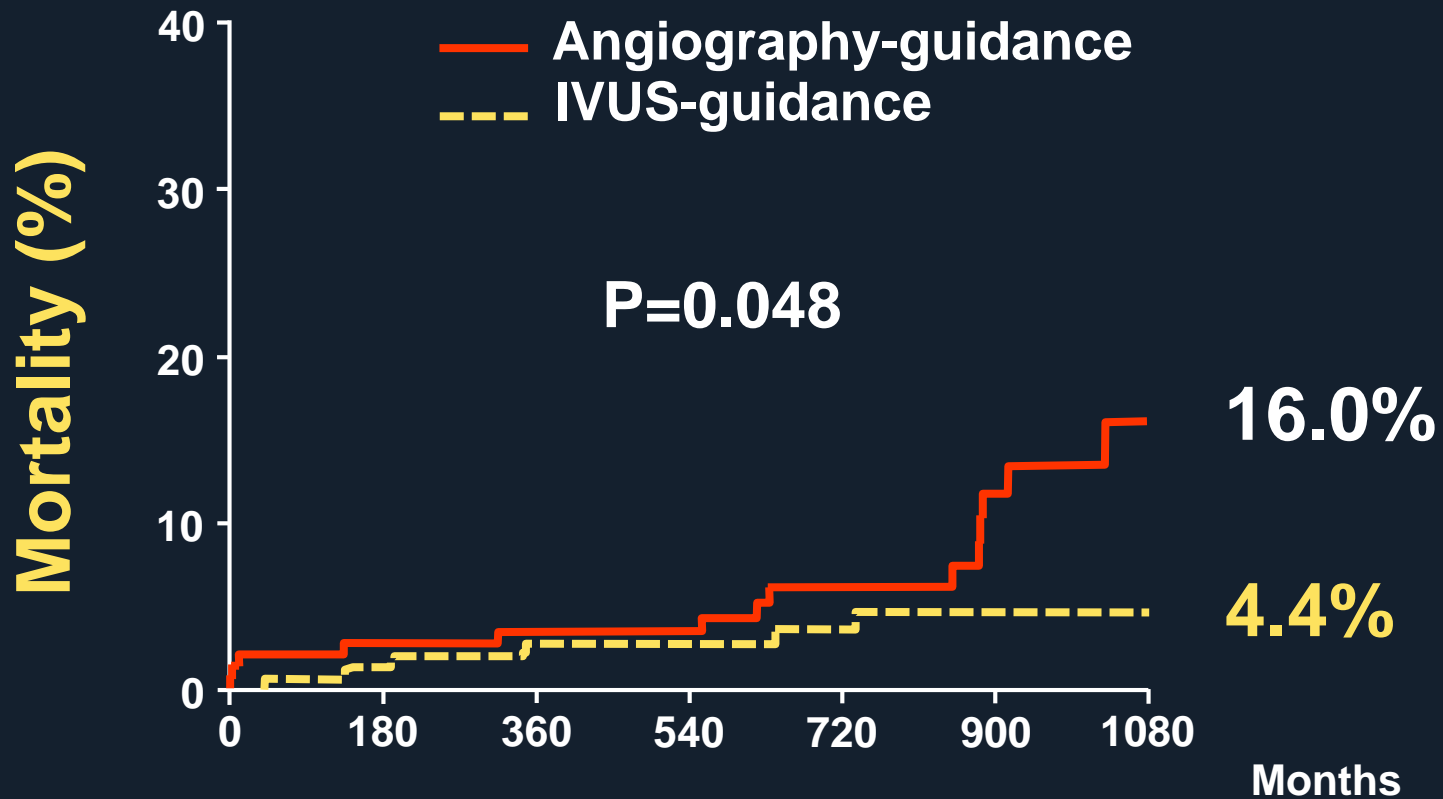


Any IVUS usage for LM lesion (n=690)

- Used larger balloon: 30% (107)
- Post-dilated: 29% (102)
- Used higher pressure: 17% (62)
- Treated stent under-expansion: 16% (57)
- Led to provisional 1 stent strategy rather than planned 2 stents: 11% (41)
- Led to planned 2 stent strategy rather than provisional 1 stent: 9% (33)

# Why IVUS in LM Stenting ?

## IVUS Guidance Saved Lives !

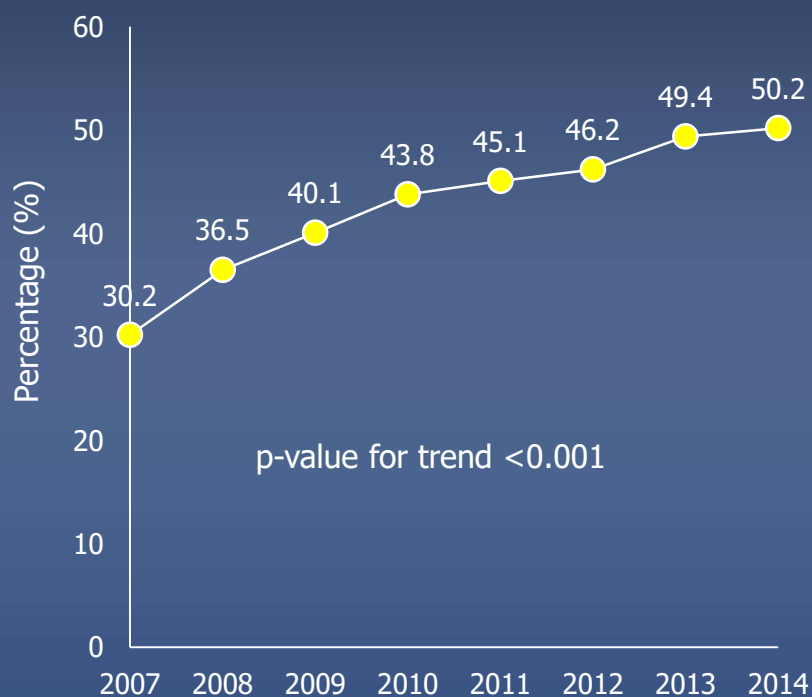


Patients after risk

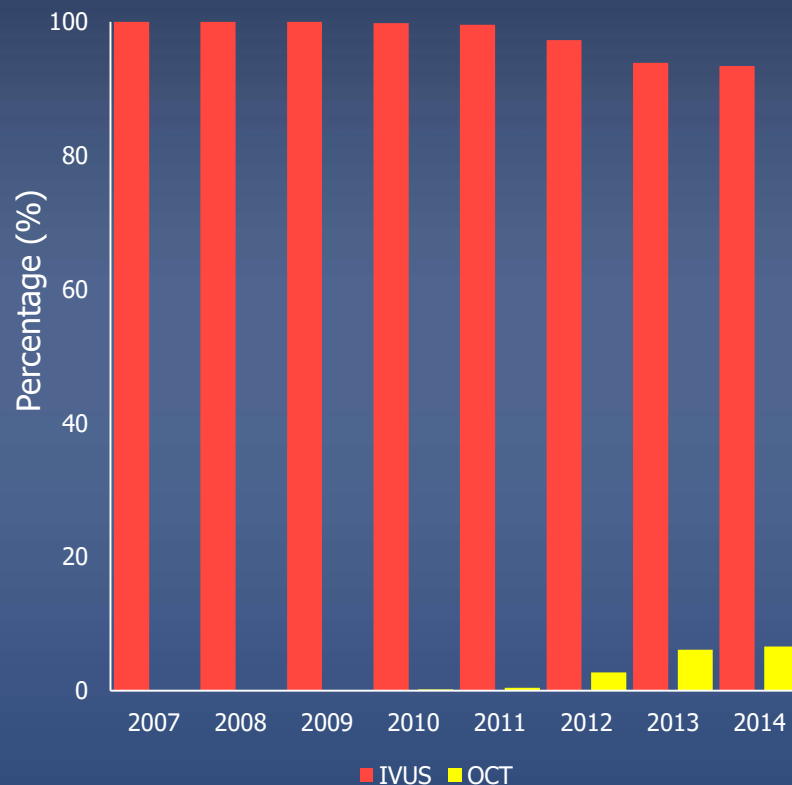
IVUS-guidance	145	140	98	37
Angiography-guidance	145	137	88	29

# Trends in imaging for uLMS PCI in England and Wales 2007-2014

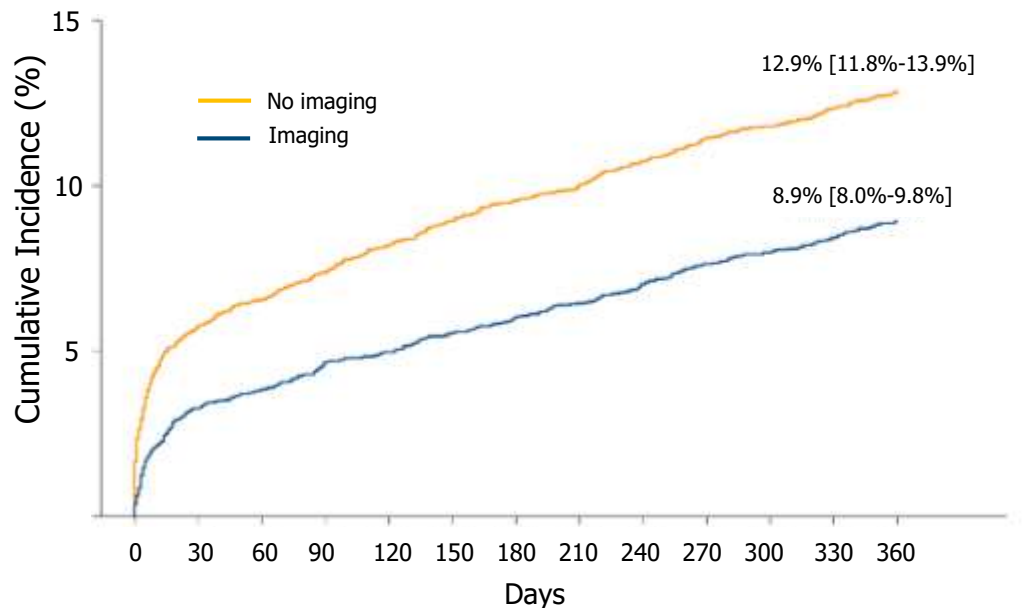
## Percentage of imaging use during uLMS-PCI



## Temporal change in IVUS vs. OCT



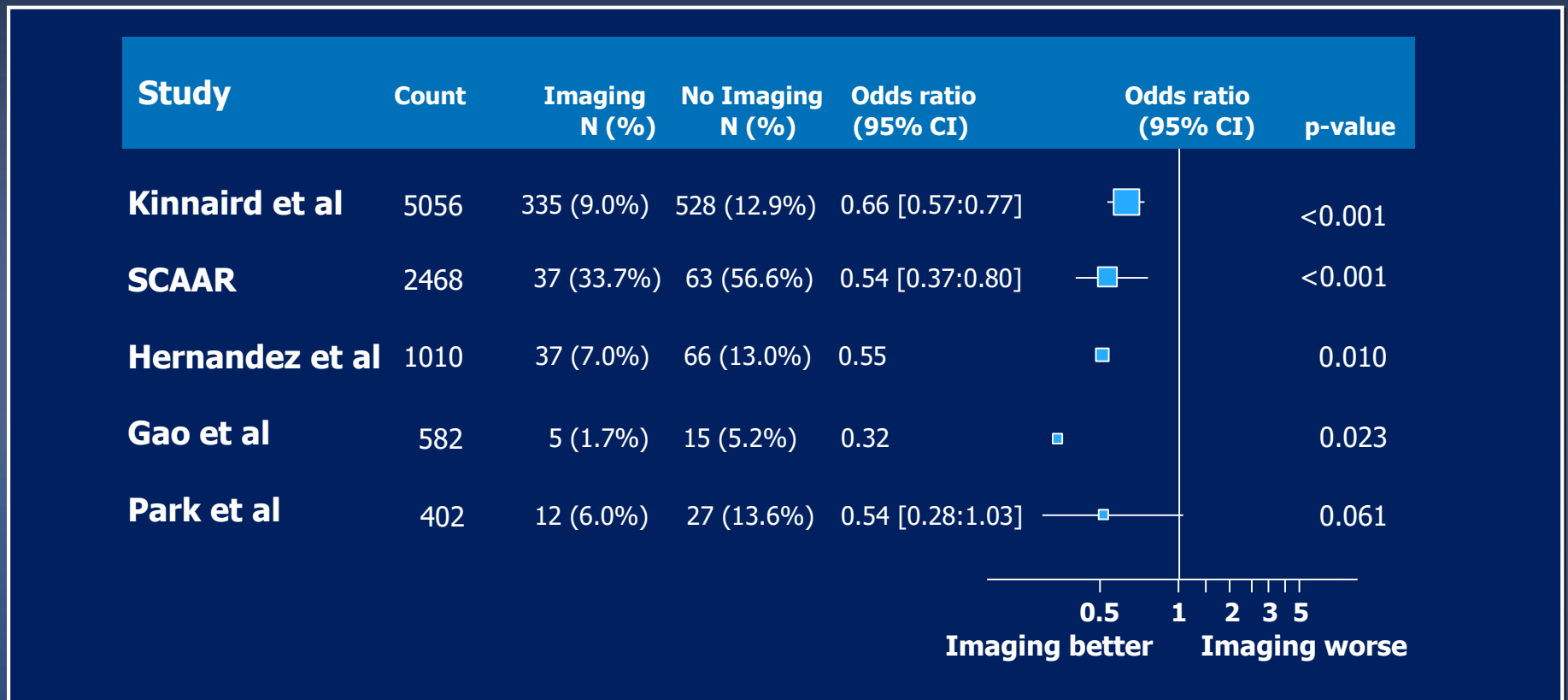
# Survival by intravascular imaging use after uLMS-PCI in England and Wales 2007-2014



**Kaplan-Meier curves of 12-month mortality categorised by intravascular imaging use**

# All Registry Studies of IVUS-Guided Left Main PCI with DES

## Totality of Studies of Imaging to Guide uLMS-PCI and Survival



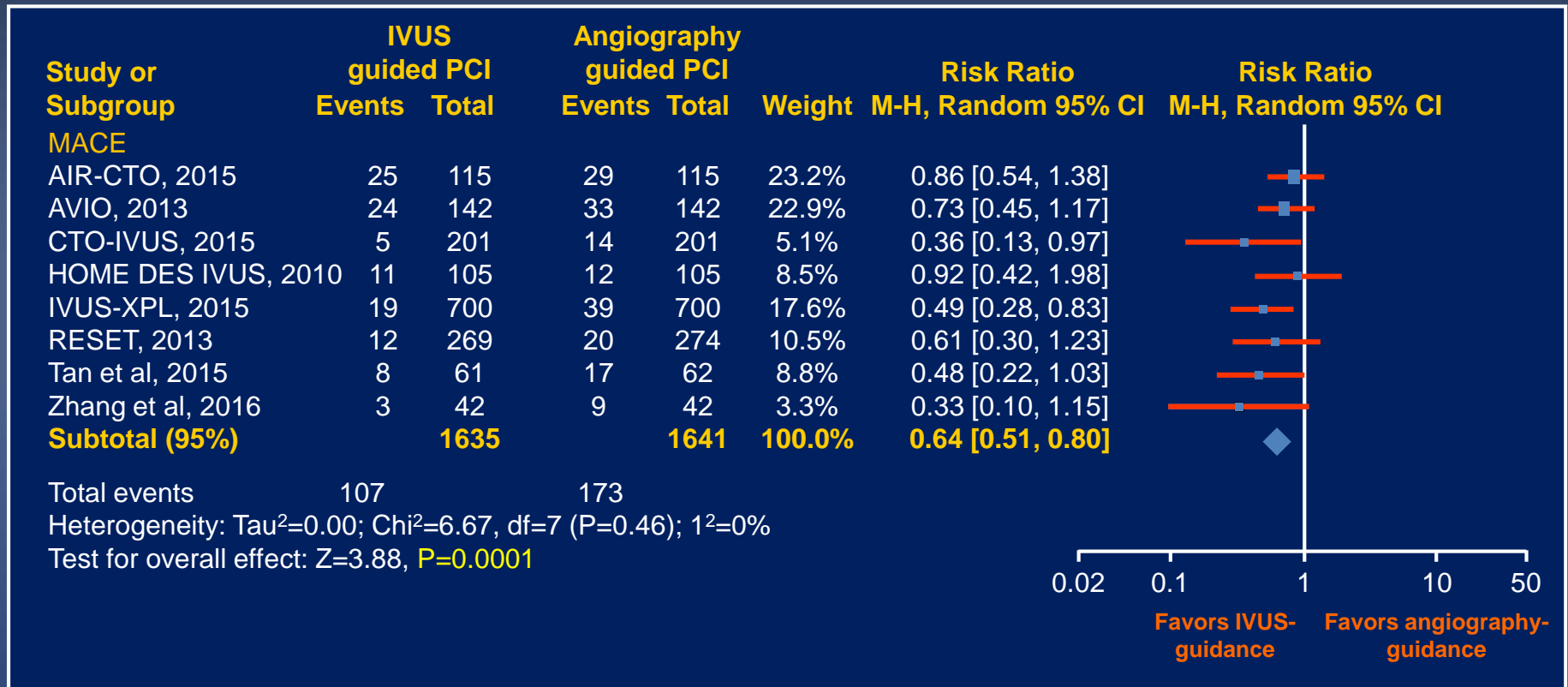
# Meta-analysis of IVUS-Guided DES

8 trials, 3276 randomized pts, only complex lesions

(3 studies 1<sup>st</sup> gen DES, 3 studies 2<sup>nd</sup> gen DES, 2 studies not stated)

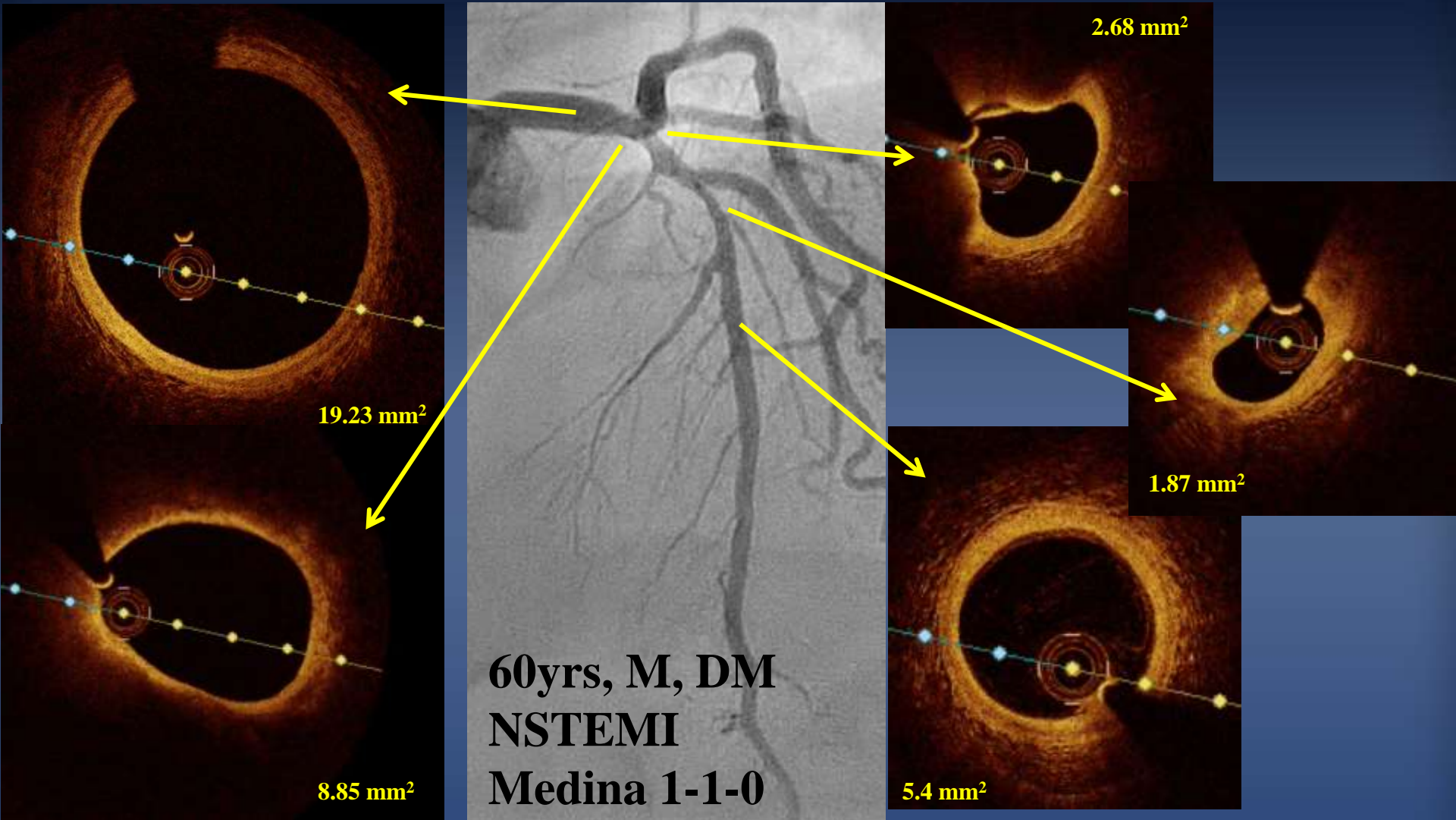
Mean FU 1.4 ± 0.5 years

## MACE





# OCT-Guided LM PCI



# OCT-Guided LM PCI: Co-Registration



LM Crossover  
DES: 3.5\*28  
POT: NC 20 atm

# ILUMIEN IV: OPTIMAL PCI

2,524-3,400 pts with high-risk clinical or angiographic features undergoing PCI at 125 centers in the US, Canada, Western Europe, and Asia-Pacific

**HR clinical:**

Diabetes

**HR angio:**

Troponin+ ACS culprit

Stent length  $\geq 28$  mm

2-stent bifurcation

Severe calcification

CTO

Diffuse/MF ISR

Randomize 1:1

OCT-guided\* PCI  
(modified ILUMIEN III protocol)

Angiography-guided PCI

Final OCT (blinded in angiography arm)

**Follow-up:** Minimum 1 year, maximum 2 years

**Primary endpoints:**

- 1) Minimal stent area (MSA) by OCT (powered for superiority)
- 2) Target vessel failure (event-driven, powered for superiority)

**Principal investigators:** Ziad Ali and Ulf Landmesser

**Study chair:** Gregg W. Stone

**Sponsor:** Abbott Vascular

# State-of-Art Left Main PCI Summary

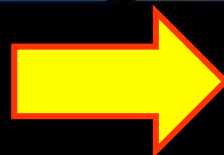
- For complex LM PCI, the physiology/imaging strategy was associated with improved clinical outcomes.
  - This strategy leads to significantly fewer lesions treated with PCI and simpler strategy, as well as better treated with IVUS optimization.
- Combined IVUS/OCT catheters are being commercialized in USA, Canada and Japan.
  - When/if these catheters are combined with physiology measures, only one device would be needed in this complex PCI procedures.

# State-of-Art LM PCI 2019

If You Perform Bifurcation PCI With  
Angiographic Concept Alone



**Simple Strategy**



**Complex Strategy**

# State-of-Art LM PCI 2019

If You Perform Bifurcation PCI With Imaging and Functional Concept



**Simple Strategy**



**Complex Strategy**

