

Antithrombotic Strategy in PCI and AF Patients: Updated Strategy

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Disclosure Statement of Financial Interest

Within the past 12 months, I or my spouse/partner have had a financial interest/arrangement or affiliation with the organization(s) listed below.

Affiliation/Financial Relationship

- Grant/Research Support
- Scientific Advisory Board
- Executive Physician Council

Company

- Abbott Vascular, Medtronic
- Medtronic, Abbott Vascular
- Boston Scientific Corp



The Optimal Management of Atrial Fibrillation and PCI/ACS Differ

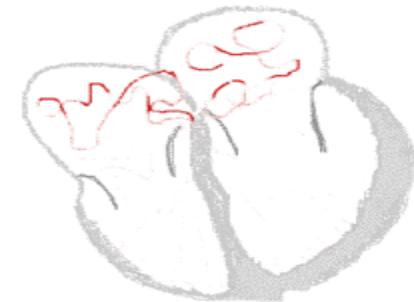
Atrial Fibrillation (ACTIVE W)¹:

combination of aspirin and clopidogrel is not as effective as warfarin in patients with AF¹

AND

Stenting (STARS)²:

aspirin and a thienopyridine is more effective than warfarin in patients with coronary stents²





Bewildering Number of Strategies in the Patient with PCI and Atrial Fibrillation

- ASA Dose: **None** Low High 2 $1+8 = 9$
- ASA Duration (mos): 1 3 6 12 4 ASA
- Thineopyridine: **None** Clop Ticlid Pras Ticag 4 $1+16 = 17$
- Thienopyridine duration (mos): 1 3 6 12 4 Thieno
- AC: **None** Warf Dabi Riva Apix Edox 5 $1+10 = 11$
- AC INR/Dose: Low High 2 ACs

Permutations of Single, Dual or Triple Therapy as *Early Initial Therapy (0,1,3,6 mos)* following ACS: $9 \times 17 \times 11 = 1,683$

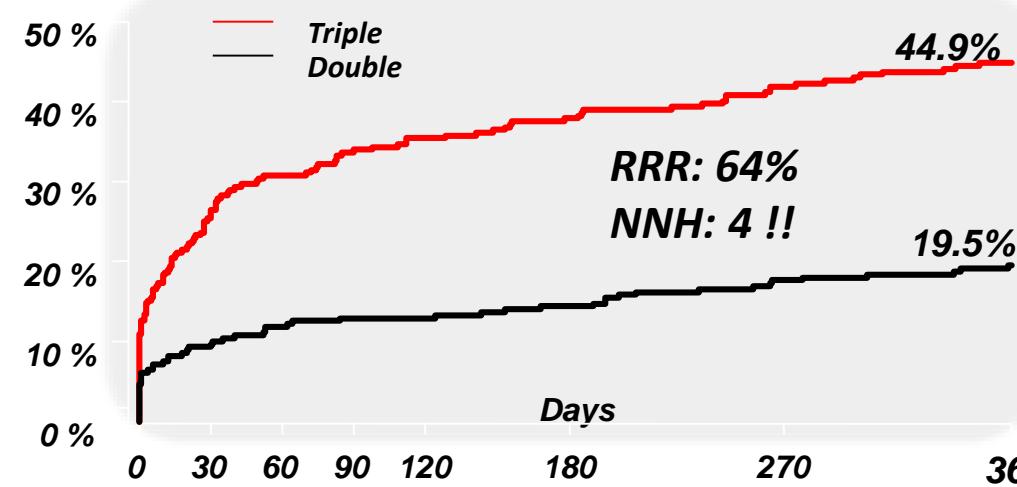
Permutations of Single or Dual Therapy *Late After Early Therapy (0,1,3,6 mos)* following ACS: $1,683$

Total Permutations *throughout one year*: 2.8 Million

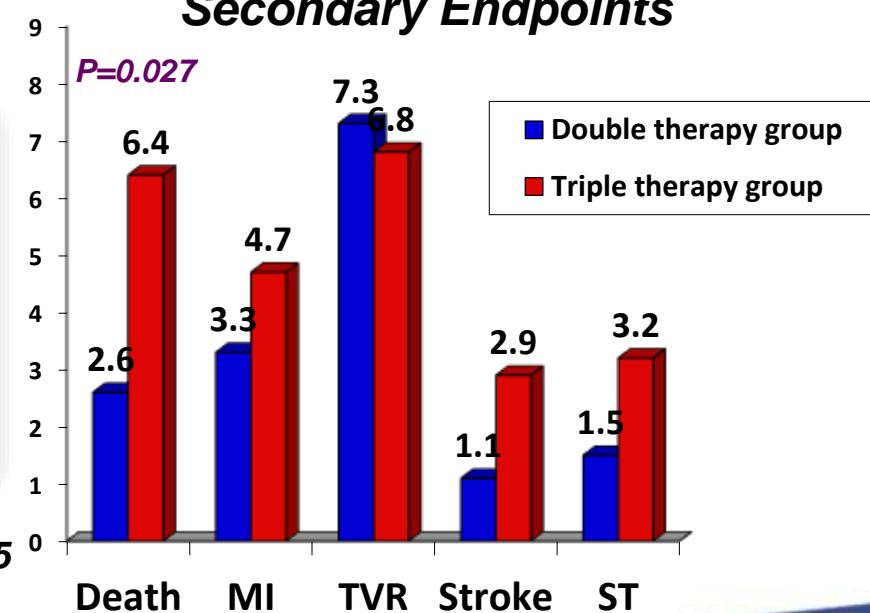
WOEST Trial

573 pts recruited at 15 sites in the Netherlands randomized to Triple vs Clopidogrel and OAC

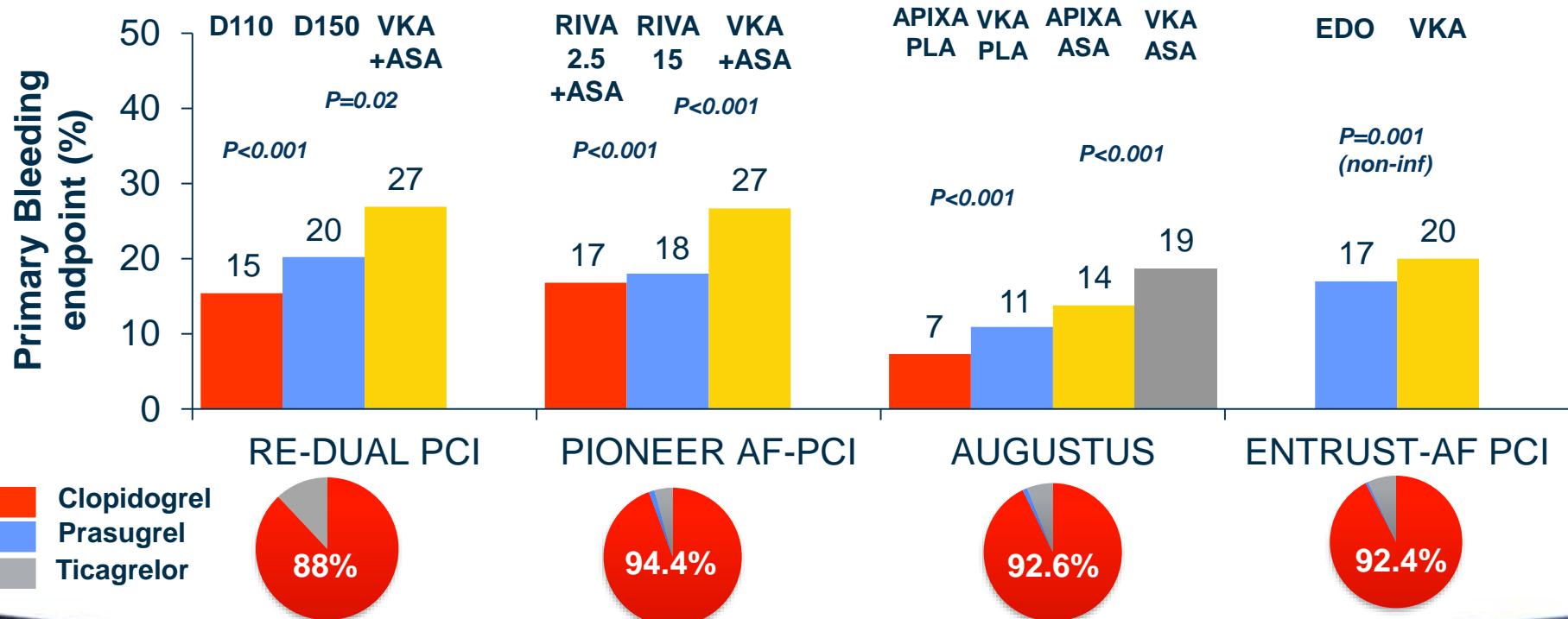
Cumulative incidence of bleeding



Secondary Endpoints

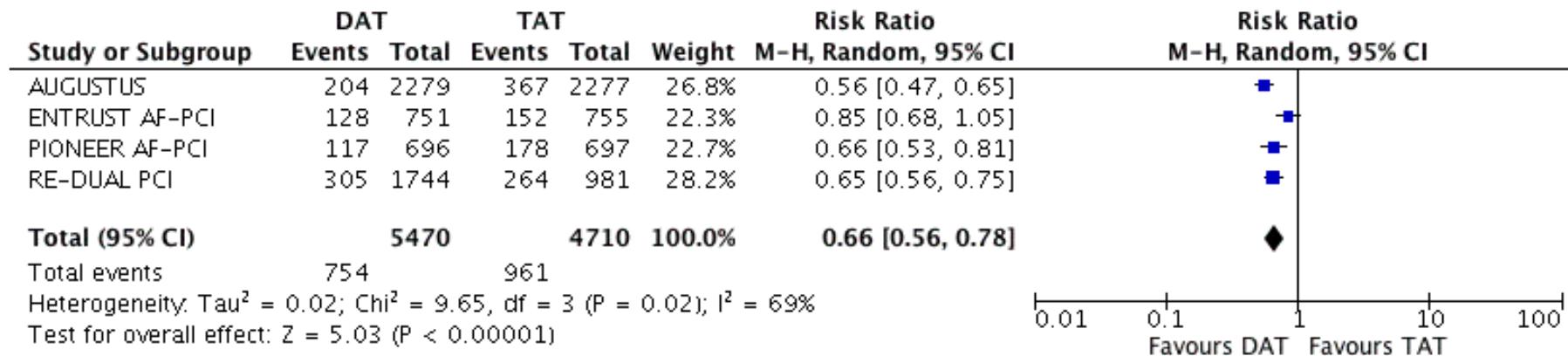


Rate of Primary Endpoint Events in RCTs investigating NOACs vs VKA in Patients With AF undergoing PCI



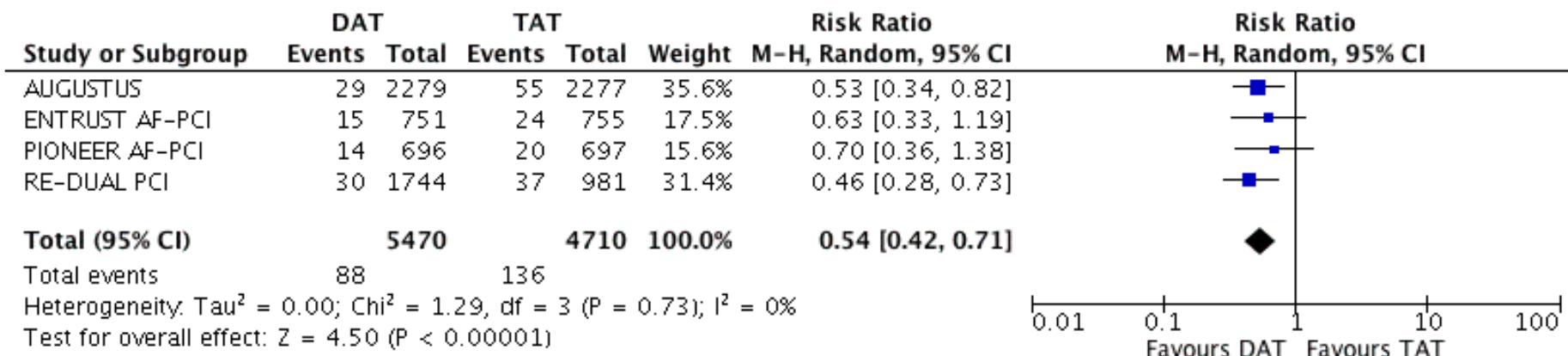
Pooled Analysis on ISTH Major or NMCR Bleeding

ISTH MAJOR OR CLINICALLY RELEVANT NONMAJOR BLEEDING



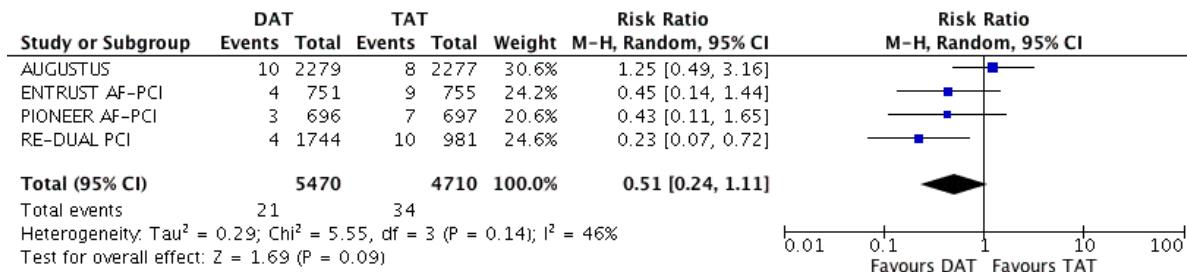
Pooled Analysis on TIMI Major Bleeding

TIMI MAJOR BLEEDING

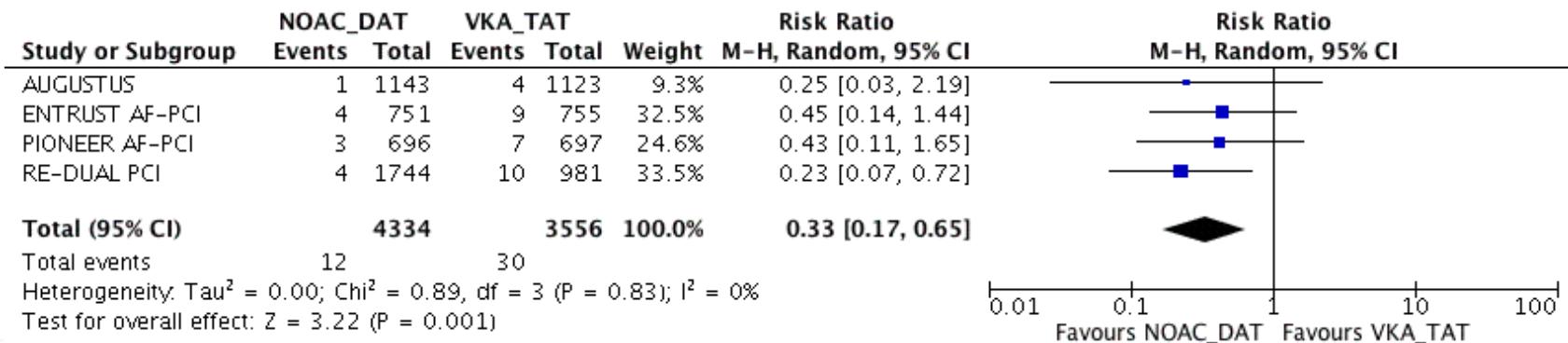


Pooled Analysis on ICH

INTRACRANIAL HAEMORRHAGE

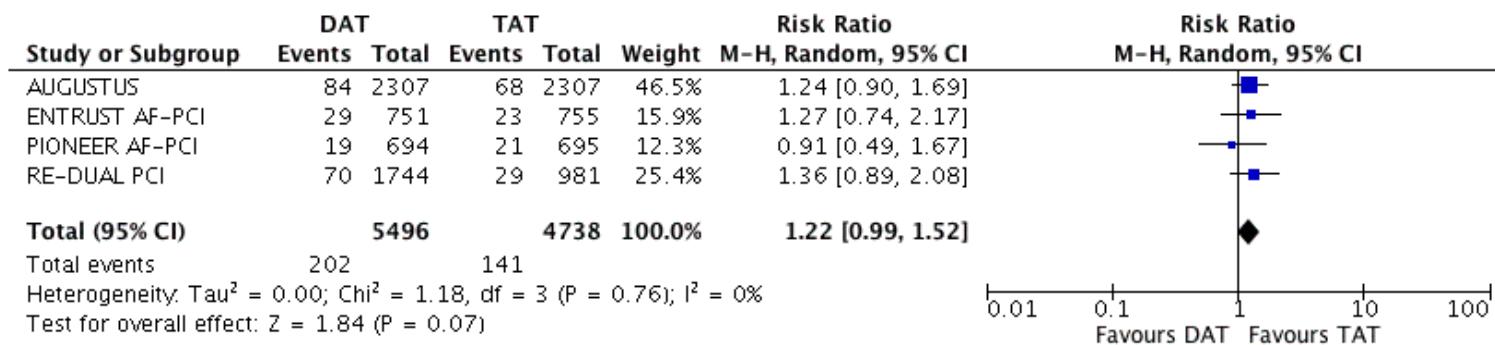


INTRACRANIAL HAEMORRHAGE

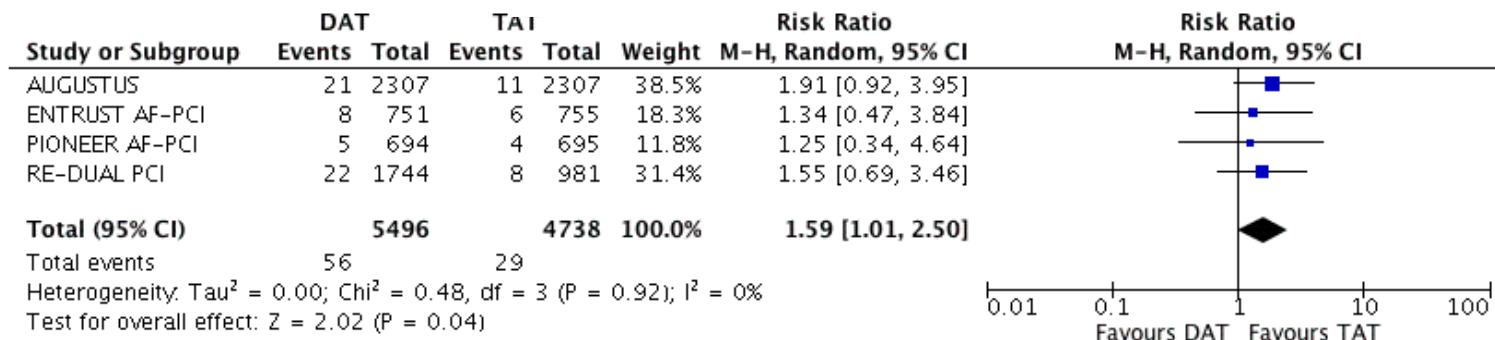


Pooled Analysis on Ischemic Coronary Events

MYOCARDIAL INFARCTION

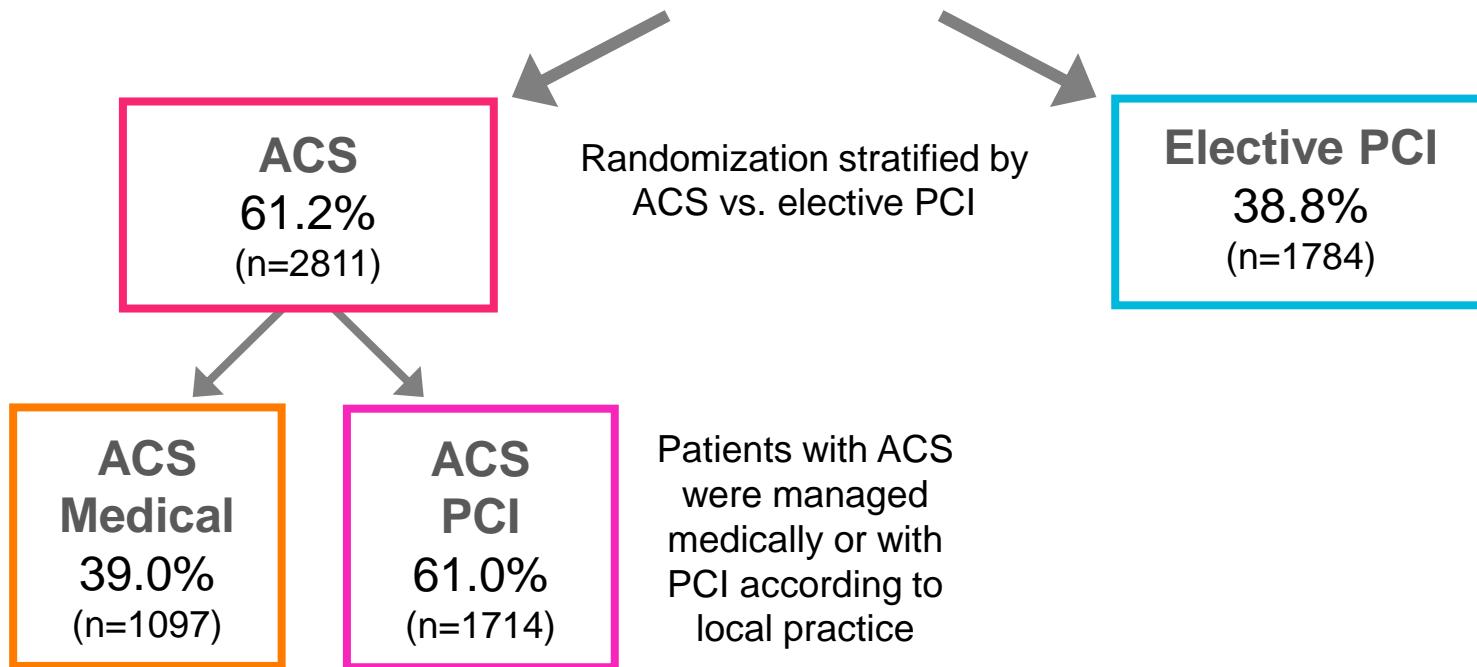


STENT THROMBOSIS



Patient Allocation

4614 patients (492 sites, 33 countries)



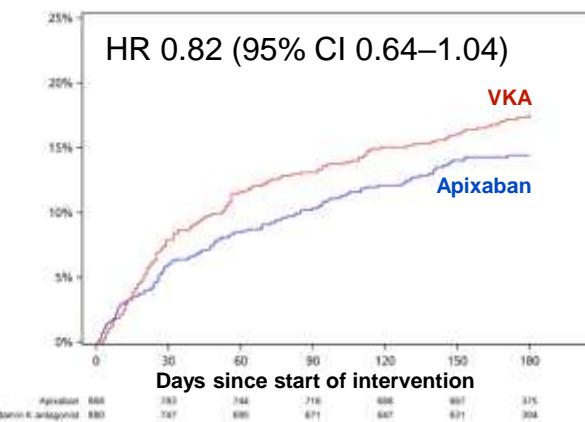
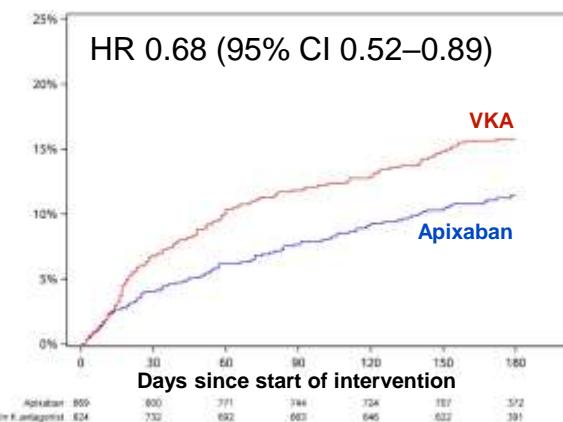
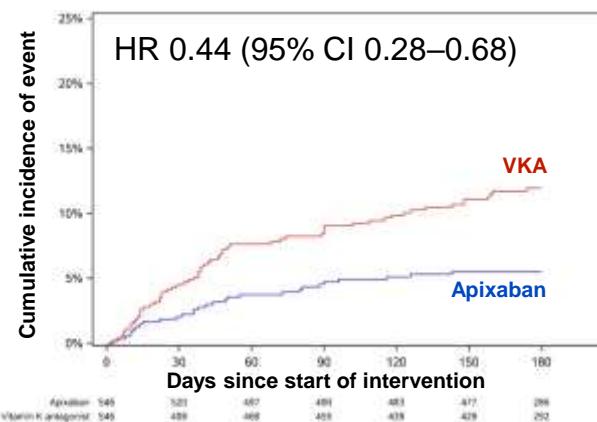
Primary Endpoint: ISTH and CRNM Bleeding Apixaban vs VKA

ACS Medical
N=1097

ACS PCI
N=1714

Elective PCI
N=1784

P for Interaction (ACS Medical, ACS PCI, Elective PCI) = **0.052**



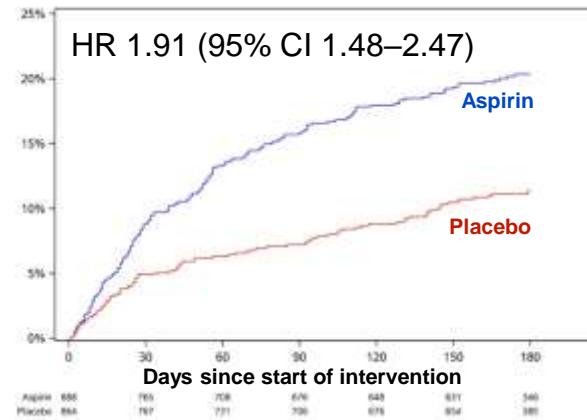
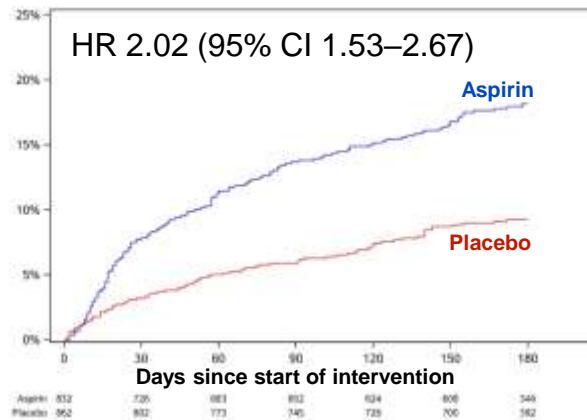
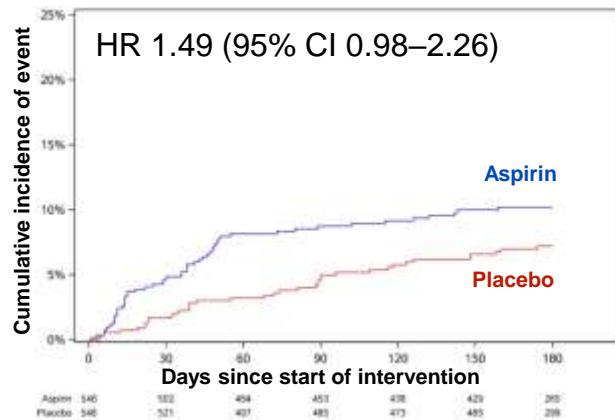
Primary Endpoint: ISTH and CRNM Bleeding Aspirin vs Placebo

ACS Medical
N=1097

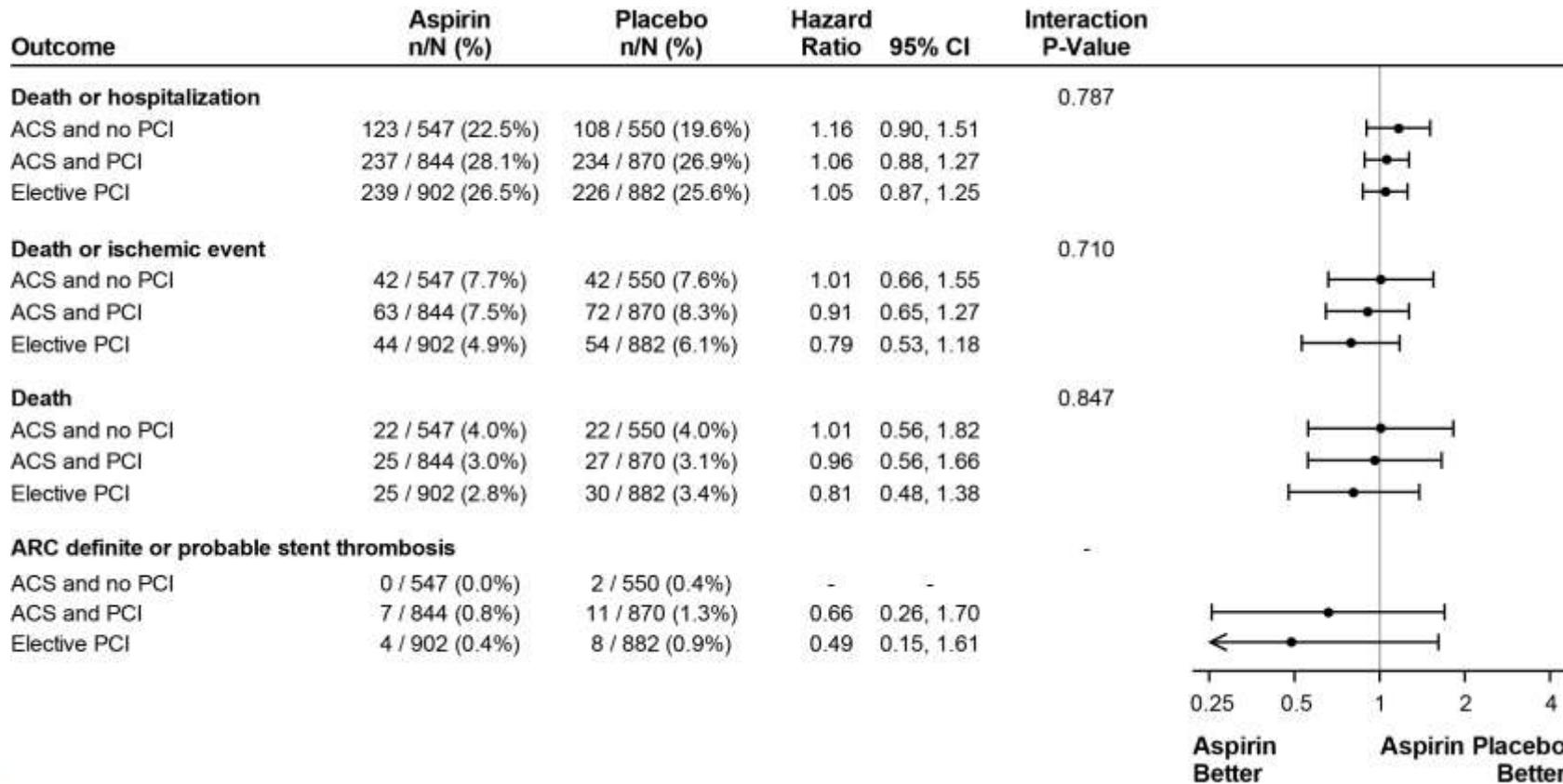
ACS PCI
N=1714

Elective PCI
N=1784

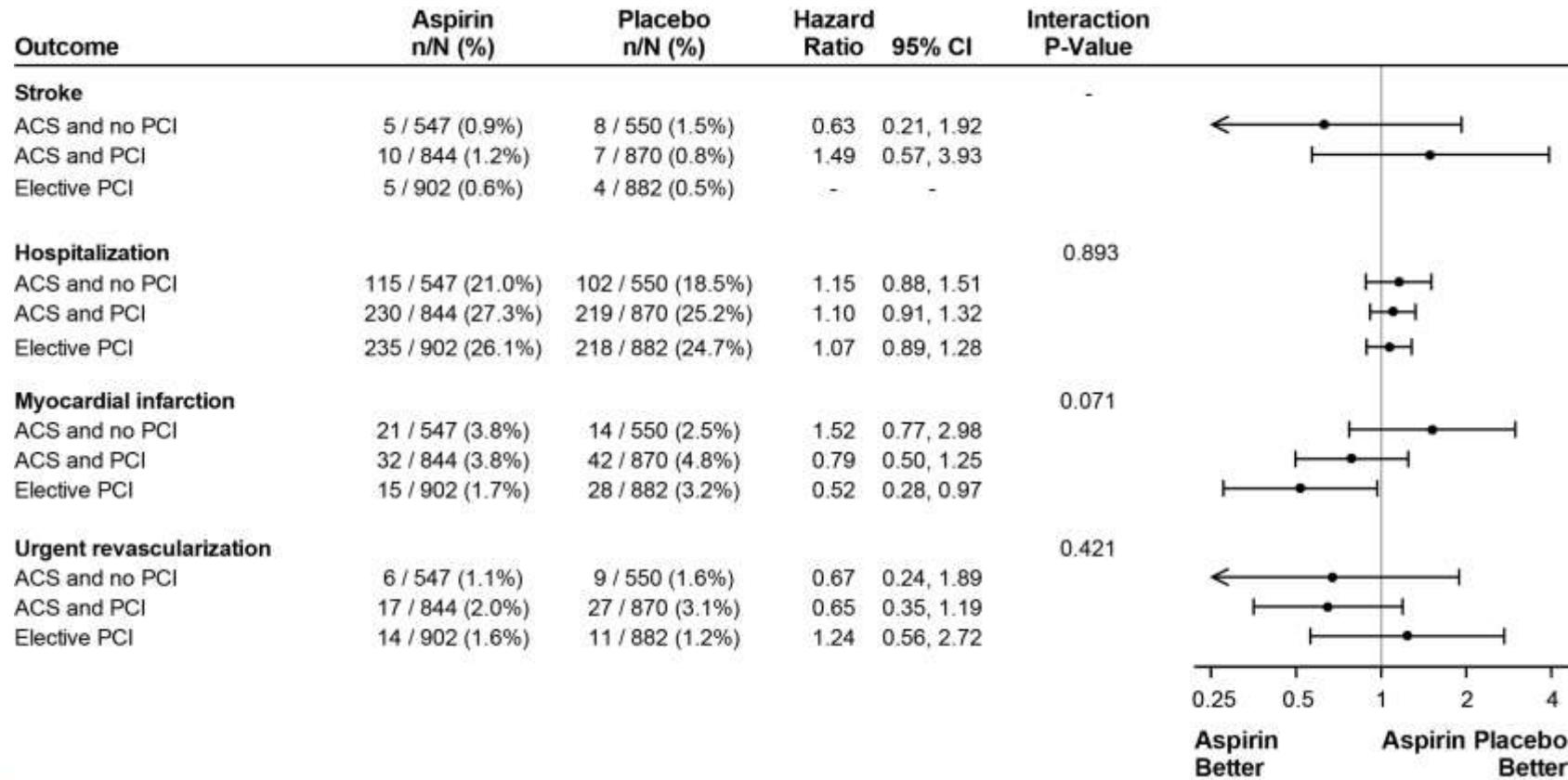
P for Interaction (ACS Medical, ACS PCI, Elective PCI) = **0.479**



Ischemic Outcomes—Aspirin vs Placebo



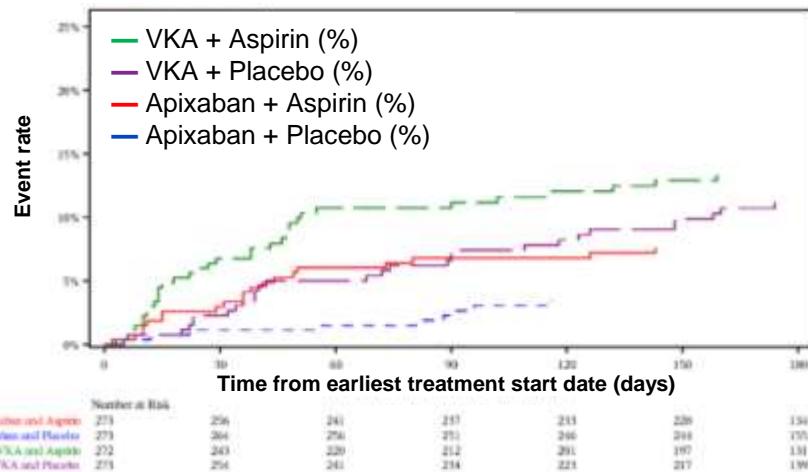
Ischemic Outcomes—Aspirin vs Placebo (cont.)



ACS Medical

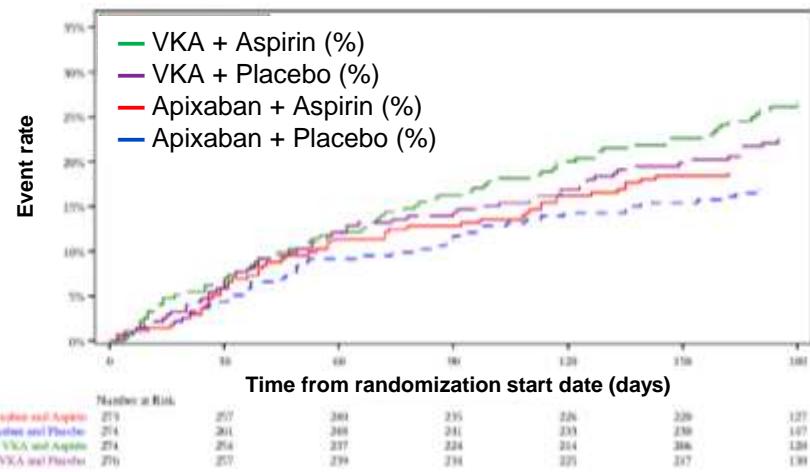
ISTH/CRNM Bleeding

Apixaban + Placebo vs. VKA + Aspirin:
10% absolute risk reduction (NNT=10)



Death/Hospitalization

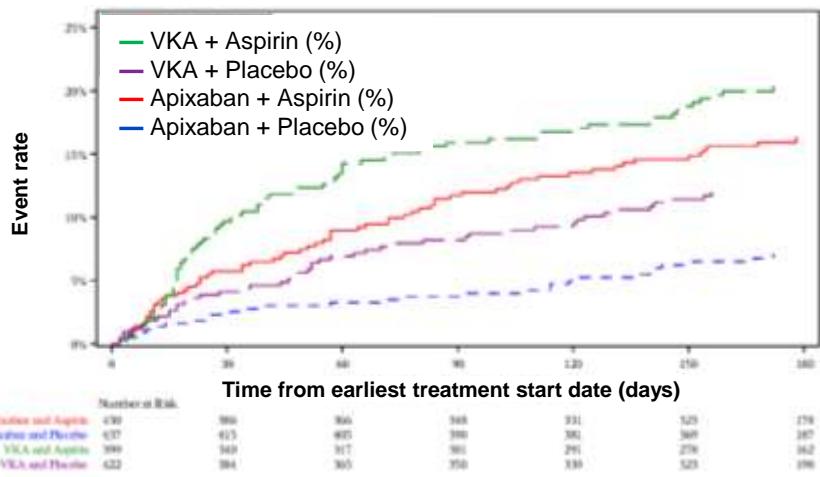
Apixaban + Placebo vs. VKA + Aspirin:
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ACS PCI

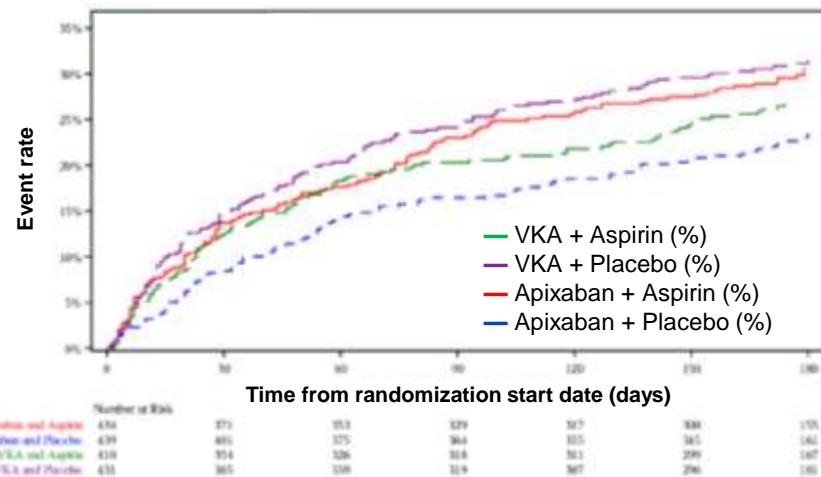
ISTH/CRNM Bleeding

Apixaban + Placebo vs. VKA + Aspirin:
12% absolute risk reduction (NNT=8)



Death/Hospitalization

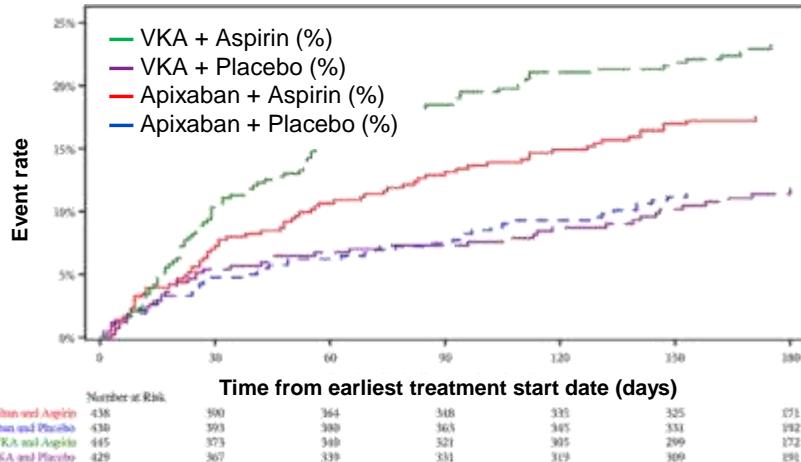
Apixaban + Placebo vs. VKA + Aspirin:
3.5% absolute risk reduction (NNT=29)



Elective PCI

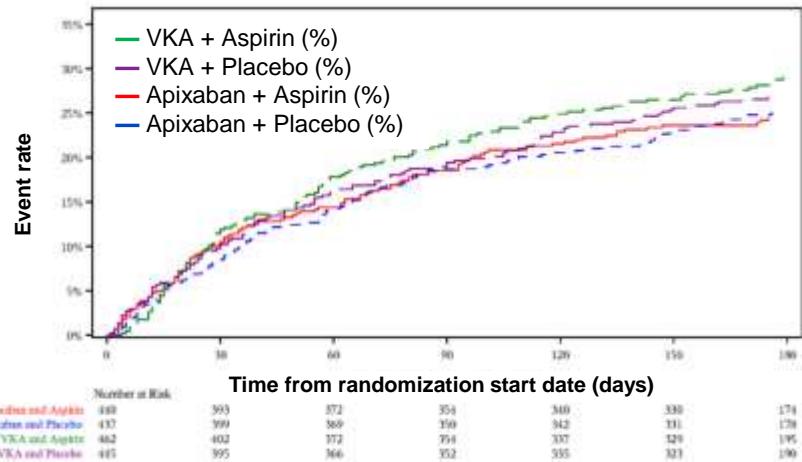
ISTH/CRNM Bleeding

Apixaban + Placebo vs. VKA + Aspirin:
11% absolute risk reduction (NNT=9)



Death/Hospitalization

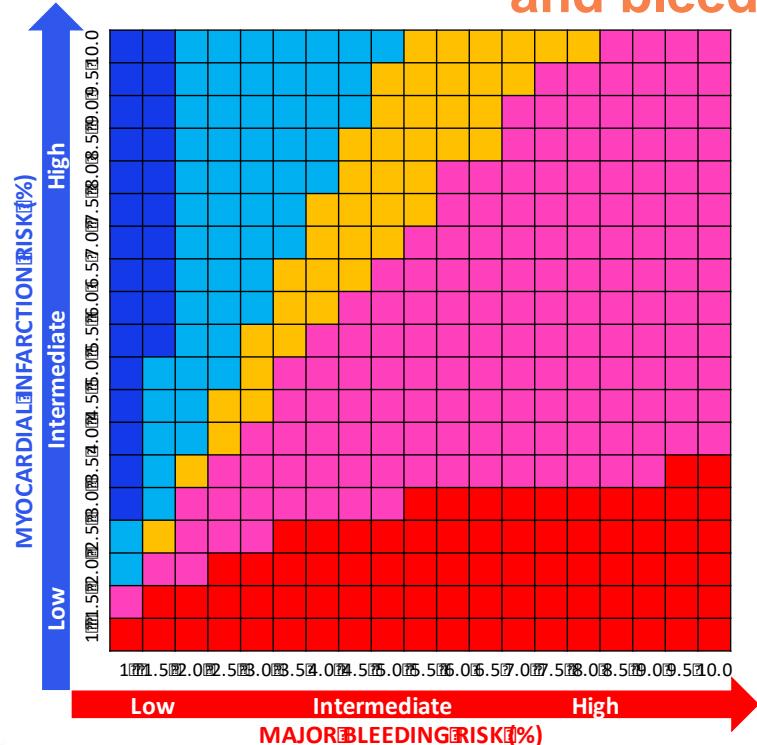
Apixaban + Placebo vs. VKA + Aspirin:
3.9% absolute risk reduction (NNT=26)



*All patients who were randomized and received at least one dose of both oral anticoagulant study drug and antiplatelet study drug, and who belonged to the elective PCI subgroup

*All patients who were randomized to both oral anticoagulant study drug and antiplatelet study drug, and who belonged to the elective PCI subgroup

Understanding and Managing the Trade Off NNT vs NNB across the entire spectrum of ischemic and bleeding risks



orange: equipoise with -10 +10
light red: slight benefit -10 to -100
light blue: slight harm 10 to 100
dark blue: relevant harm > 100
dark red: relevant benefit <-100

Conclusions

NOAC should be prioritized over VKA in all patients with AF undergoing PCI without contra-indications

The optimal timing for the transition from triple to dual AT (i.e. dropping ASA) should be probably individualized given the clear trade-off between bleeding benefit and ischemic risk.

VKA is dead...after the WOEST...PIONEER AF PCI, RE-DUAL....

ASA duration is short in ACS patients. Unknown is duration of P2Y12 vs switch back to ASA

