

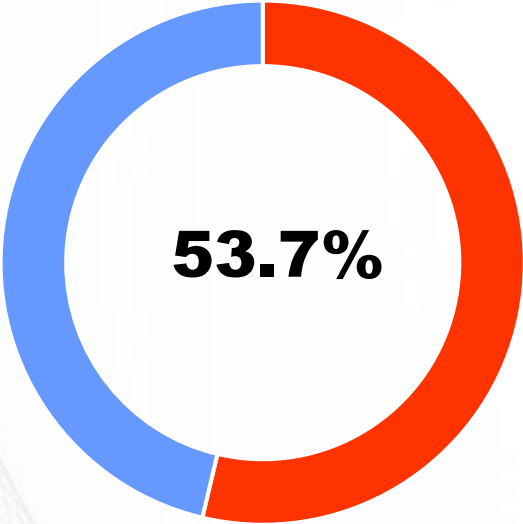
**Optimal MSA for LM Crush Technique:
New Criteria Any Difference in Any 2 Stent Technique?**

Jung-Min Ahn, MD.

Division of Cardiology, Asan Medical Center,
University of Ulsan College of Medicine, Seoul, Korea

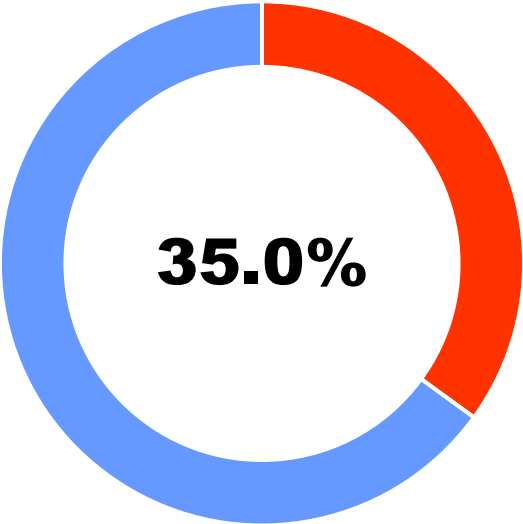
Two Stent Technique in Randomized Trials

PRECOMBAT Trial



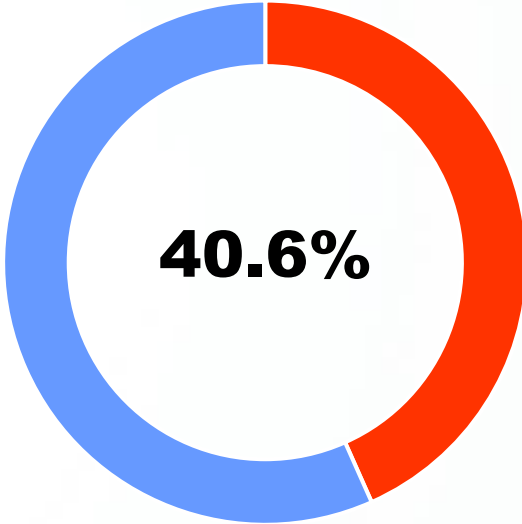
Crush Technique

EXCEL Trial



T Stenting

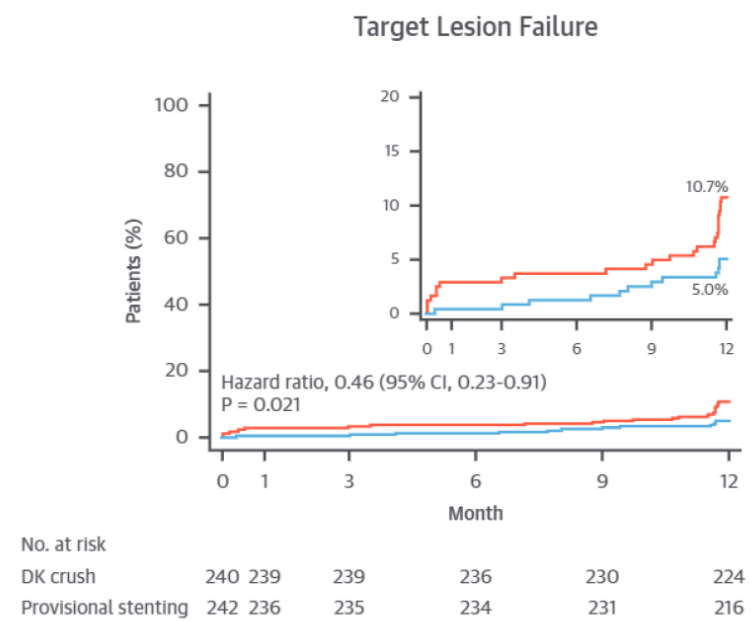
NOBLE Trial



Culotte

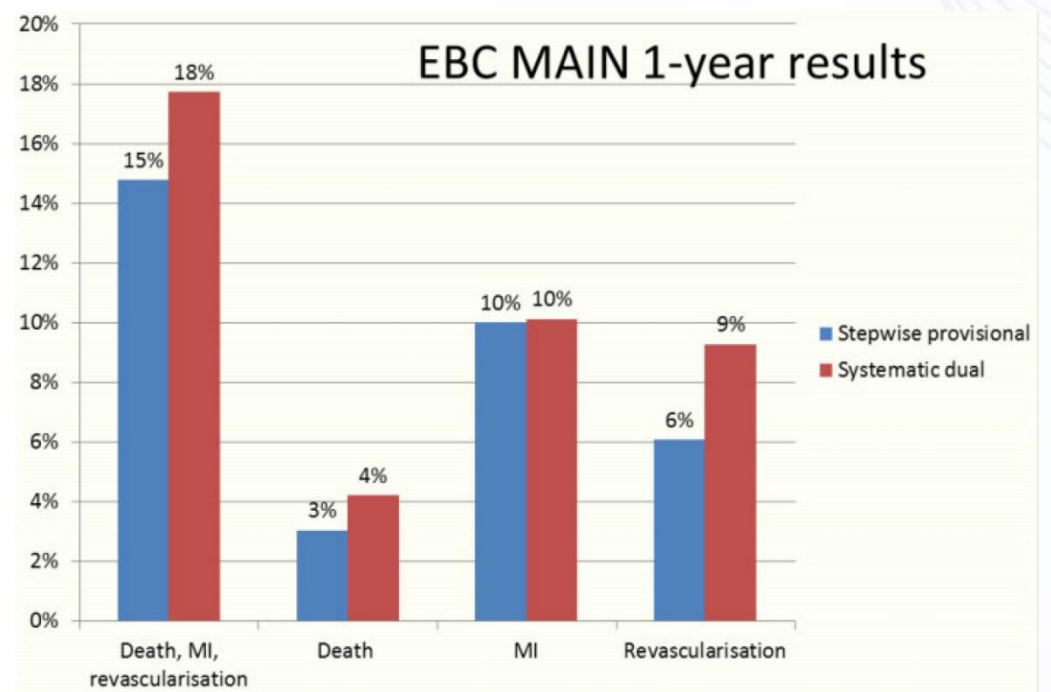
Randomized Trials For True LM Bifurcation

DK-CRUSH V Trial favored DK-CRUSH



**Two Stenting: 47%
in Provisional Group**

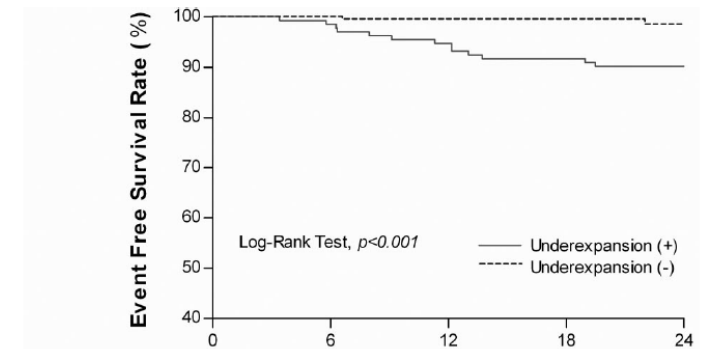
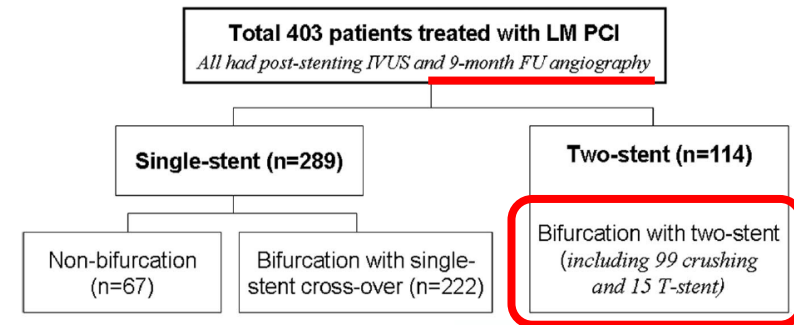
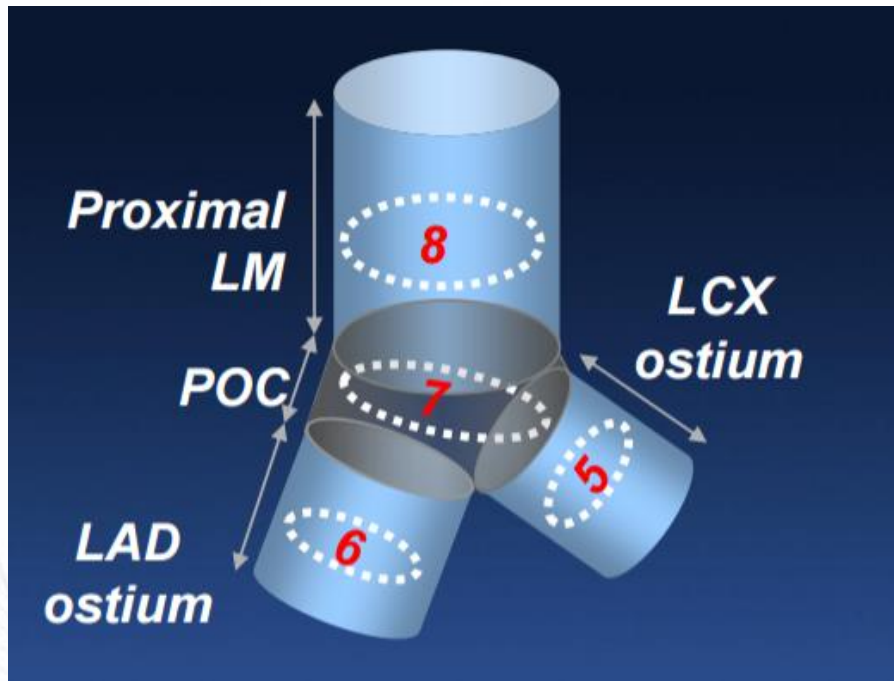
EBC-MAIN Trial favored One-Stenting



**Two Stenting: 22%
in Provisional Group**

LM IVUS MSA Criteria

Asan Medical Center Criteria

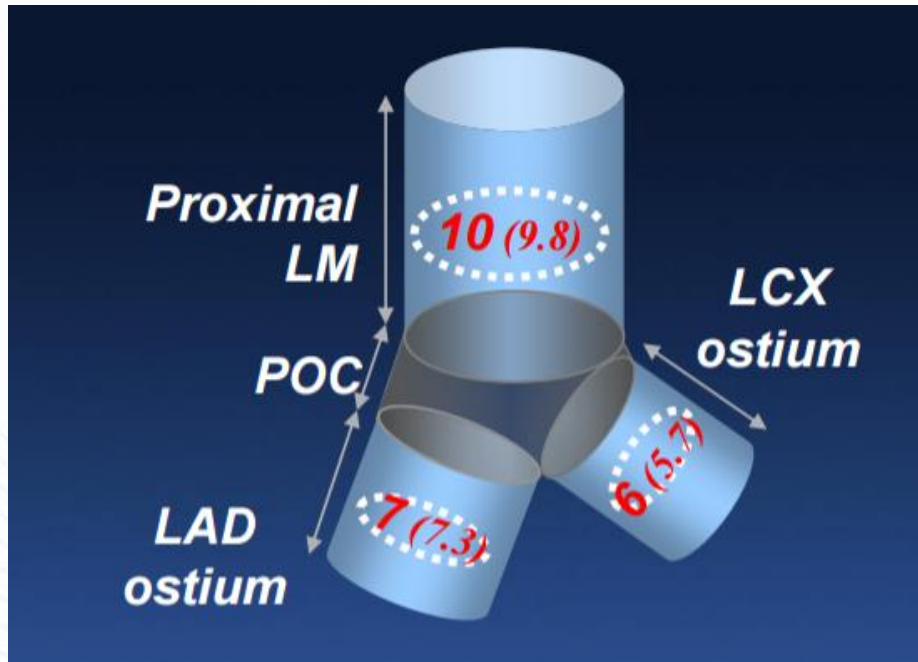


| No. at risk | 0 | 6 | 12 | 18 | 24 |
|--------------------|-----|-----|-----|-----|-----|
| Underexpansion (+) | 133 | 131 | 126 | 121 | 75 |
| Underexpansion (-) | 260 | 260 | 255 | 246 | 129 |

Kang SJ, et al. Circ Cardiovasc Interv 2011;4:562-9

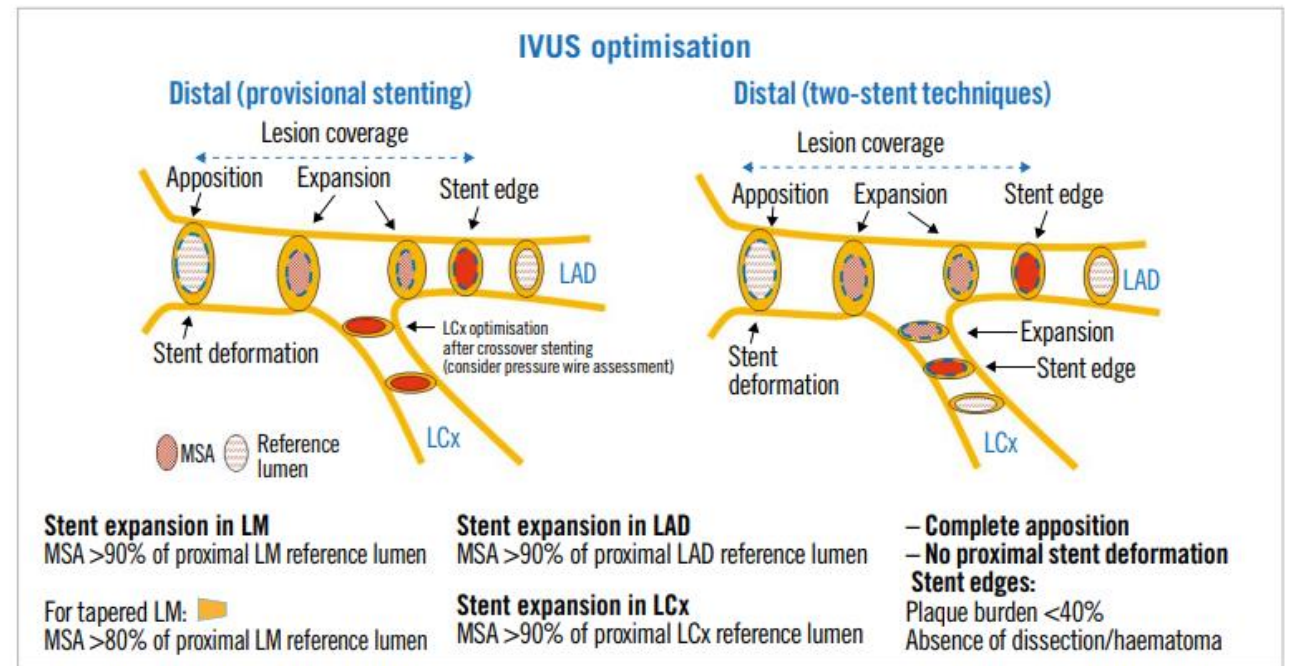
LM IVUS Optimization Criteria

EXCEL Criteria



EXCEL Trial Analysis
A. Maehara TCT 2018

Spain Registry Criteria



EuroIntervention. 2020 Jun 25;16(3):210-217

Optimal MSA Criteria For LM Crush Technique Based on Long-Term (5-Year) Clinical Outcomes

292 Patients

- Treated By Crush Technique
- Complete IVUS Imaging

35 MACES at 5 Years

Patients with unprotected LM bifurcation lesion who underwent upfront two-stent technique from March 2005 to Dec 2019 (N=479)

Excluded, N = 187

- 5 patient underwent simultaneous kissing stents
- 15 patients underwent classic T-stenting
- 88 patients without IVUS-guidance
- 18 patients without poststenting IVUS from LAD-pullback
- 61 patients without poststenting IVUS from LCX-pullback

Patients who underwent two-stent PCI with crush technique and had complete poststenting IVUS images from both LAD and LCX pullback (N=292)

Baseline Characteristics

| Variables | Total (n = 292) | MACE (-) (n=257) | MACE (+) (n=35) | P value |
|-----------------------|--------------------|---------------------|--------------------|---------|
| Age, year | 64.0 ± 9.9 | 64.2 ± 9.8 | 63.0 ± 10.3 | 0.50 |
| Male sex | 224 (76.7%) | 197 (76.7%) | 27 (77.1%) | >0.99 |
| Current smoker | 57 (19.5%) | 46 (17.9%) | 11 (31.4%) | 0.10 |
| Hypertension | 194 (66.4%) | 173 (67.3%) | 21 (60.0%) | 0.50 |
| Diabetes | 98 (33.6%) | 83 (32.3%) | 15 (42.9%) | 0.29 |
| Dyslipidemia | 187 (64.0%) | 166 (64.6%) | 21 (60.0%) | 0.73 |
| LVEF, % | 62.2 | 62.7 | 60.0 | 0.11 |
| LVH | 72 (25.8%) | 57 (23.3%) | 15 (44.1%) | 0.02 |
| 2-vessel disease | 163 (55.8%) | 141 (54.9%) | 22 (62.9%) | |
| 3-vessel disease | 129 (44.2%) | 116 (45.1%) | 13 (37.1%) | |
| Medina classification | | | | 0.71 |
| 1,1,1 | 222 (76.0%) | 197 (76.7%) | 25 (71.4%) | |
| 0,1,1 | 49 (16.8%) | 42 (16.3%) | 7 (20.0%) | |
| 1,0,1 | 12 (4.1%) | 11 (4.3%) | 1 (2.9%) | |
| 1,1,0 | 9 (3.1%) | 7 (2.7%) | 2 (5.7%) | |

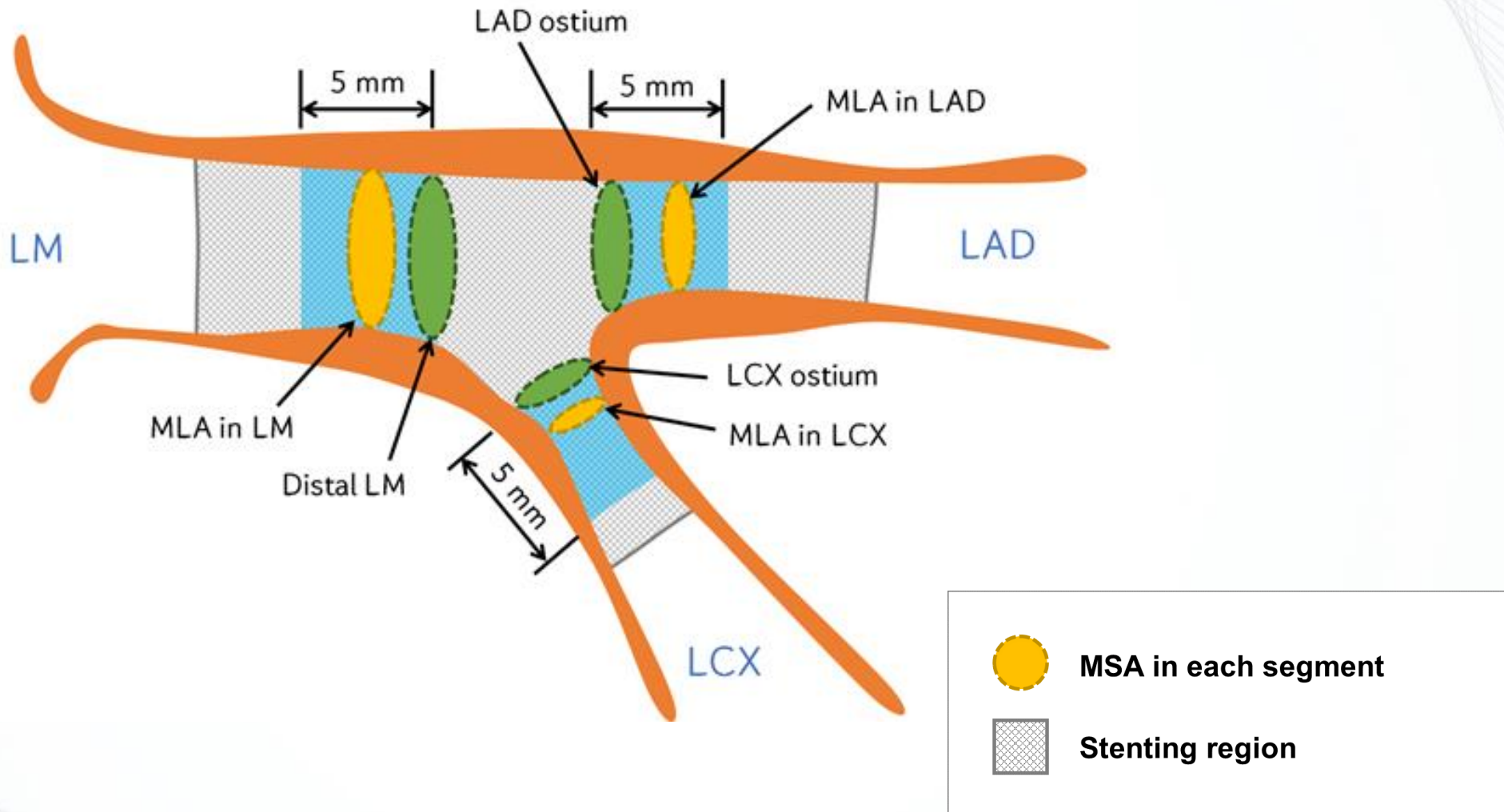
Procedural Characteristics

| Variables | Total (n = 292) | MACE (-) (n=257) | MACE (+) (n=35) | P value |
|---------------------------------|--------------------|---------------------|--------------------|---------|
| Pre-lesion modification | 252 (86.0%) | 221 (86.0%) | 30 (85.7%) | >0.99 |
| Total stent number | 2.7 ± 0.8 | 2.7 ± 0.8 | 2.7 ± 0.7 | 0.83 |
| Main branch | | | | |
| Number of stents | 1.5 ± 0.7 | 1.6 ± 0.7 | 1.5 ± 0.6 | 0.75 |
| Mean stent diameter, mm | 3.6 ± 0.3 | 3.7 ± 0.3 | 3.6 ± 0.3 | 0.28 |
| Length of stents, mm | 28.0 ± 6.1 | 28.1 ± 6.2 | 27.5 ± 6.0 | 0.61 |
| Post-dilation with NC balloon | 260 (89.3%) | 230 (89.8%) | 30 (85.7%) | 0.65 |
| Post-dilation, balloon size | 3.7 ± 0.4 | 3.7 ± 0.4 | 3.6 ± 0.4 | 0.21 |
| Maximal applied pressure | 20.6 ± 4.7 | 20.6 ± 4.6 | 20.7 ± 5.2 | 0.87 |
| Side branch | | | | |
| Number of stents | 1.1 ± 0.4 | 1.1 ± 0.4 | 1.1 ± 0.4 | 0.92 |
| Mean stent diameter, mm | 3.1 ± 0.3 | 3.1 ± 0.3 | 3.1 ± 0.3 | 0.97 |
| Length of stents, mm | 21.8 ± 7.1 | 21.4 ± 7.0 | 24.3 ± 7.6 | 0.02 |
| Post-dilation with NC balloon | 245 (84.5%) | 217 (84.8%) | 28 (82.4%) | 0.91 |
| Post-dilation, balloon size | 3.0 ± 0.3 | 3.1 ± 0.3 | 3.0 ± 0.3 | 0.05 |
| Maximal applied pressure | 17.8 ± 4.8 | 17.7 ± 4.8 | 18.7 ± 4.5 | 0.24 |
| Final kissing balloon inflation | 292 (100%) | 257 (100%) | 35 (100%) | >0.99 |
| Second Generation DES | 240 (82.2%) | 212 (82.5%) | 7 (80.0%) | >0.99 |

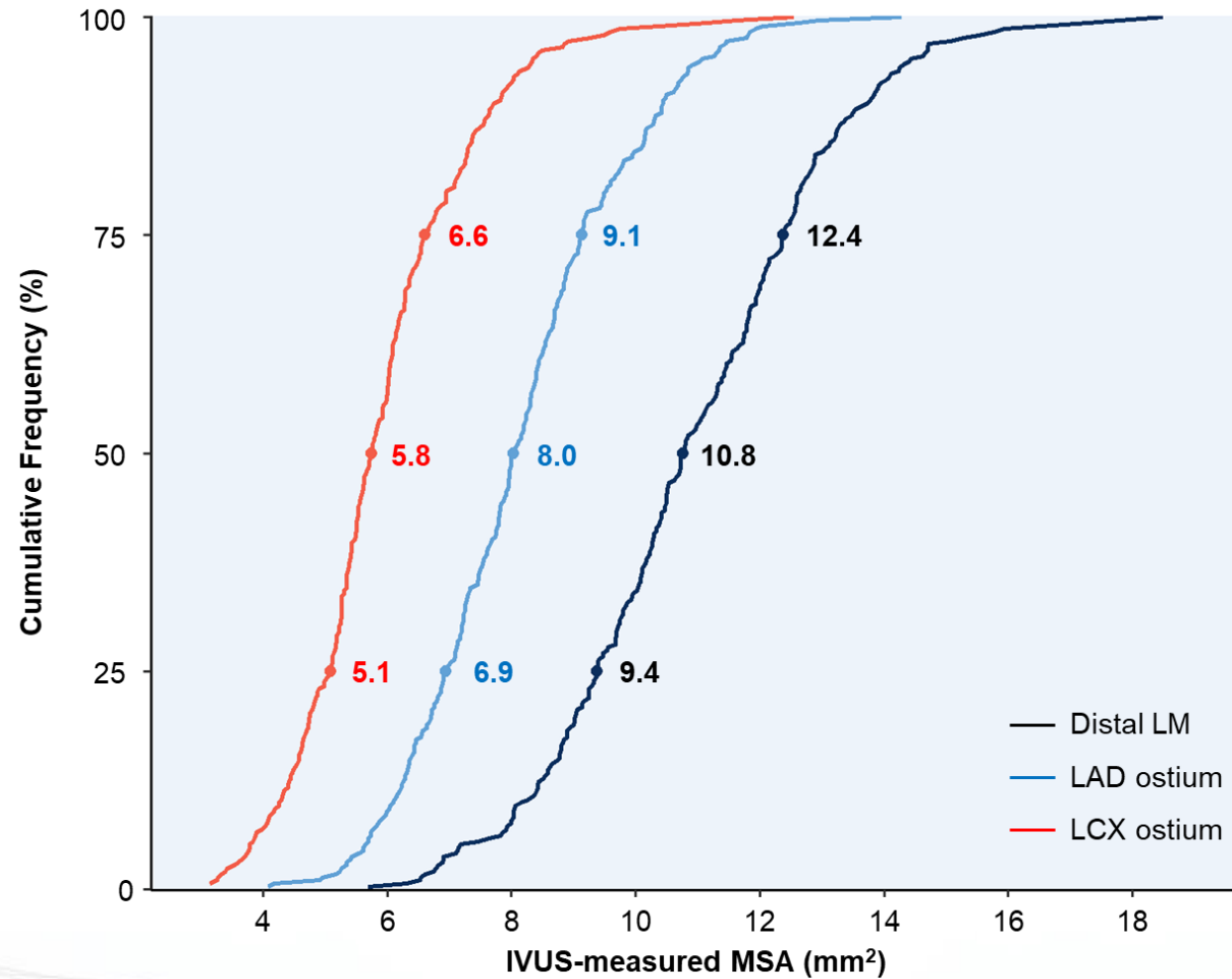
IVUS Findings

| Variables | Total (n = 292) | MACE (-) (n=257) | MACE (+) (n=35) | P value |
|---|--------------------|---------------------|--------------------|---------|
| Distal LM | | | | |
| MSA, mm ² | 10.9 ± 2.2 | 11.0 ± 2.2 | 10.4 ± 2.0 | 0.14 |
| EEM area at the MSA site, mm ² | 23.8 ± 4.1 | 23.9 ± 4.2 | 22.9 ± 4.1 | 0.18 |
| MSA < 11.8 mm ² | 189 (64.7%) | 163 (63.4%) | 26 (74.3%) | 0.28 |
| Stent expansion index | 46.4 ± 7.2 | 46.4 ± 7.3 | 46.0 ± 7.0 | 0.73 |
| LAD ostium | | | | |
| MSA, mm ² | 8.2 ± 1.7 | 8.2 ± 1.7 | 7.6 ± 1.2 | 0.004 |
| EEM area at the MSA site, mm ² | 17.3 ± 3.4 | 17.4 ± 3.4 | 16.5 ± 3.2 | 0.11 |
| MSA < 8.3 mm ² | 161 (55.1%) | 133 (51.8%) | 28 (80.0%) | 0.003 |
| Stent expansion index | 47.7 ± 7.6 | 47.8 ± 7.9 | 46.7 ± 5.7 | 0.27 |
| LCX ostium, by LCX pullback | | | | |
| MSA, mm ² | 5.9 ± 1.4 | 6.0 ± 1.5 | 5.3 ± 1.1 | 0.007 |
| EEM area at the MSA site, mm ² | 13.2 ± 3.2 | 13.3 ± 3.0 | 12.8 ± 4.0 | 0.53 |
| MSA < 5.8 mm ² | 141 (48.3%) | 116 (45.1%) | 25 (71.4%) | 0.006 |
| Stent expansion index | 45.7 ± 8.6 | 46.0 ± 8.5 | 43.4 ± 8.6 | 0.08 |

Distribution of MSA

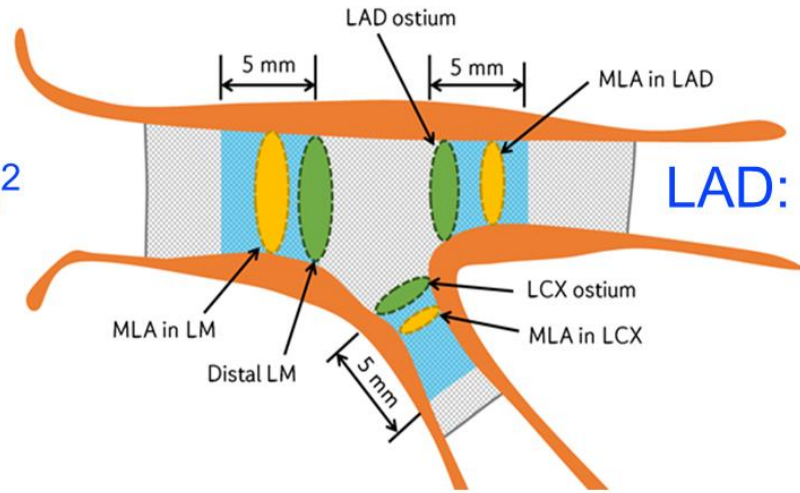


Distribution of MSA



ROC Curve Analysis

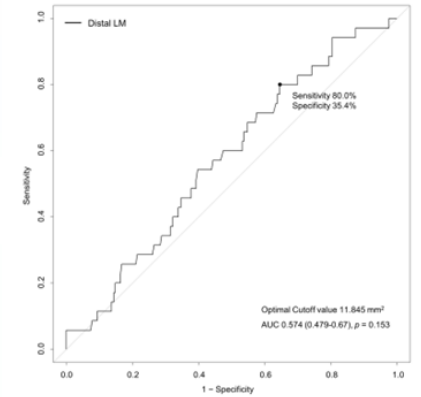
LM: 11.8 mm²



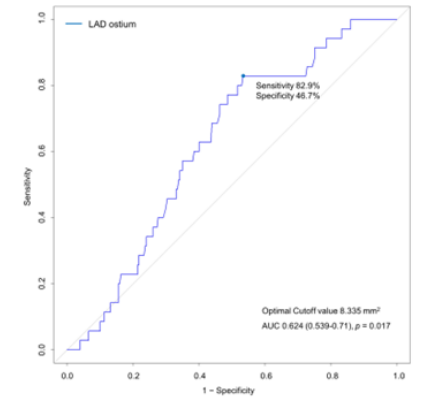
LAD: 8.3 mm²

LCX: 5.7 mm²

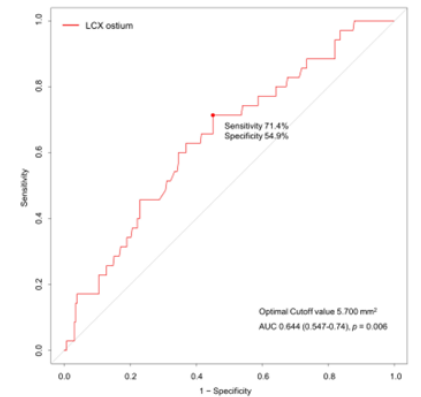
LM



LAD

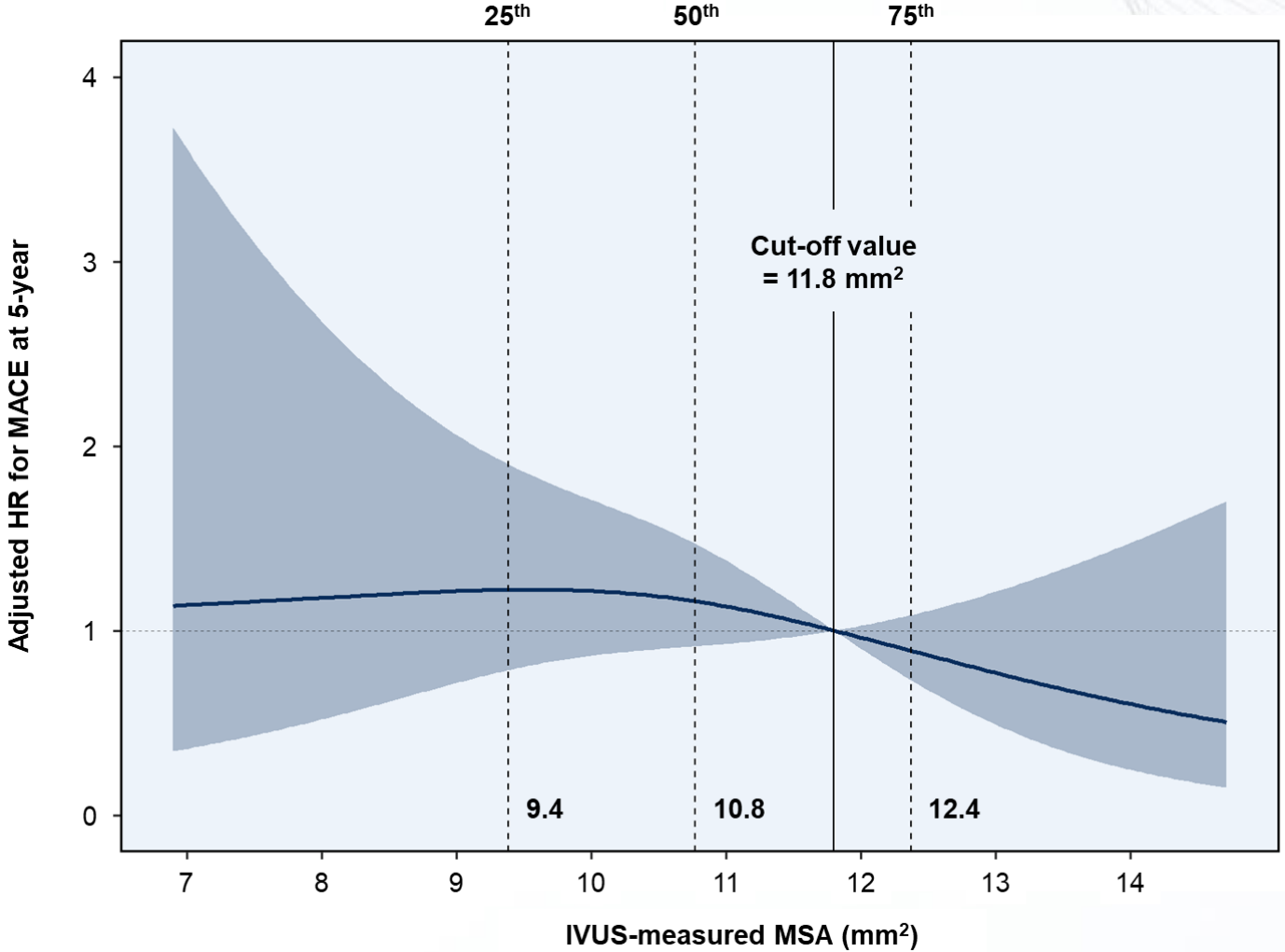
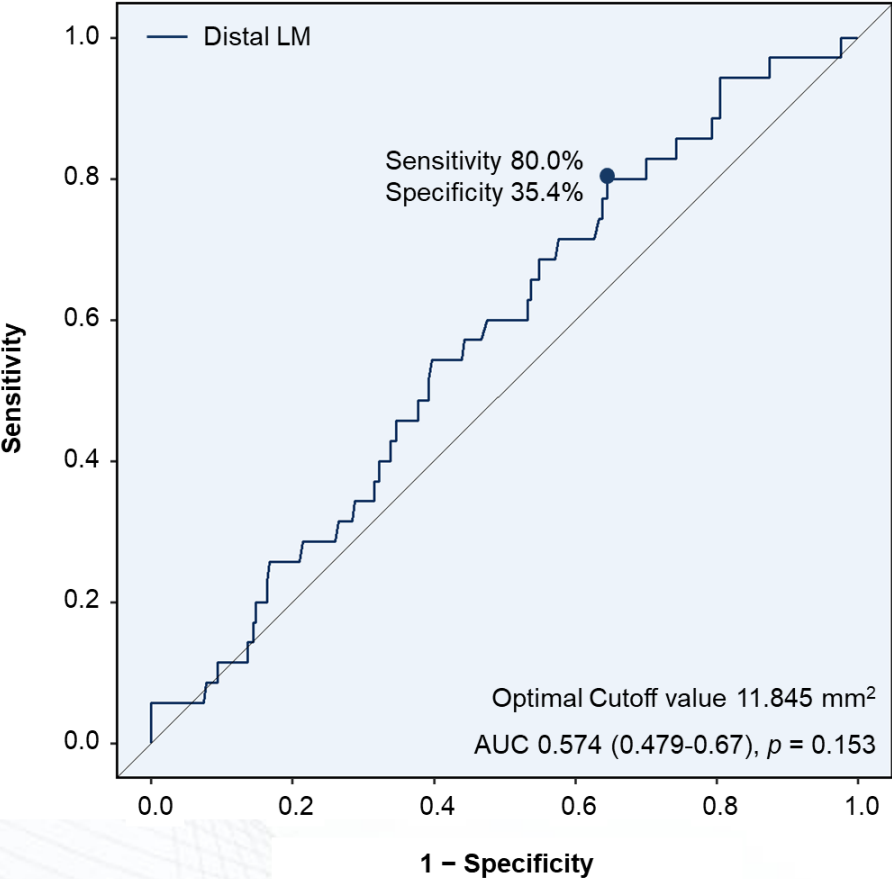


LCX

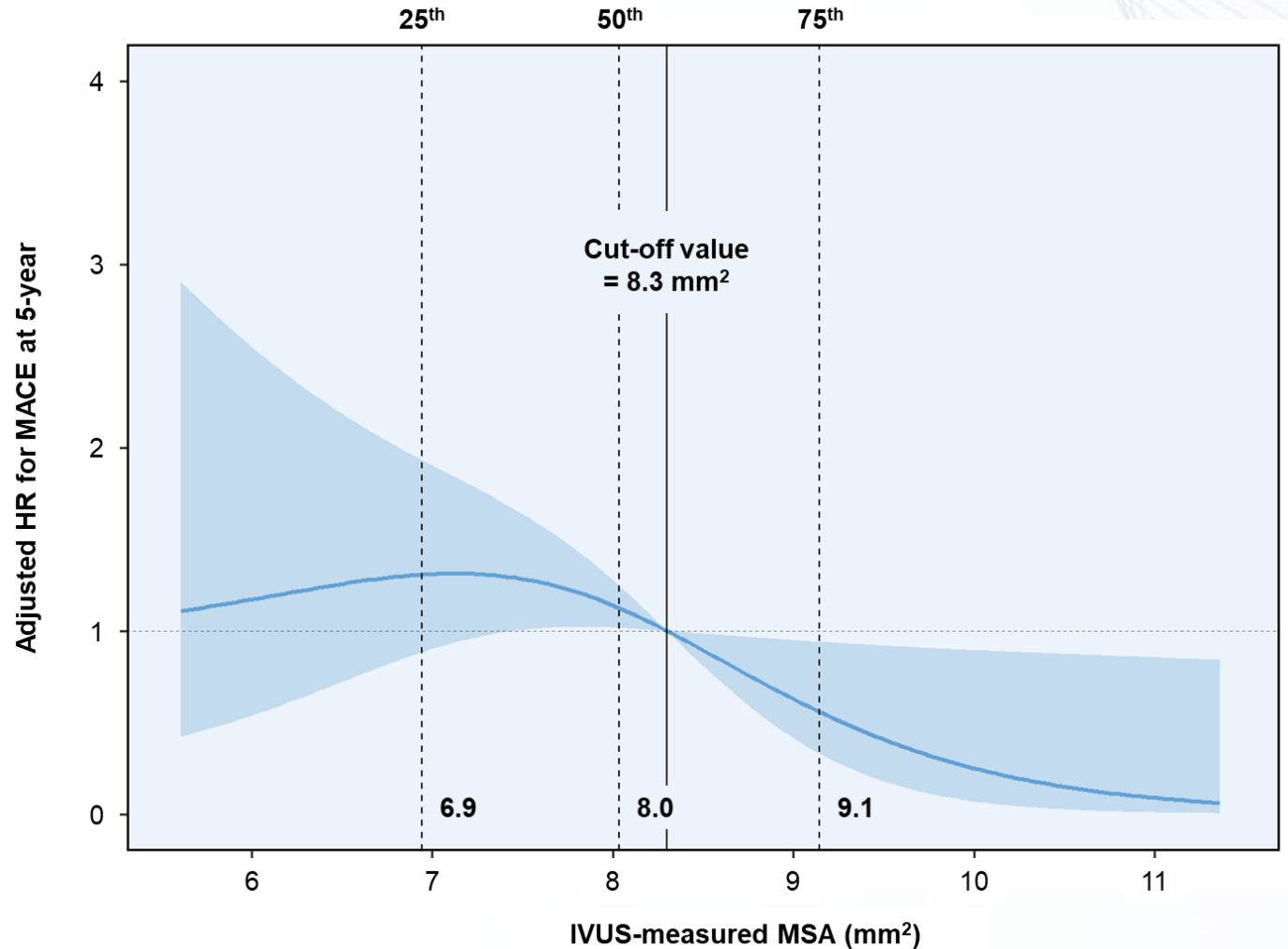
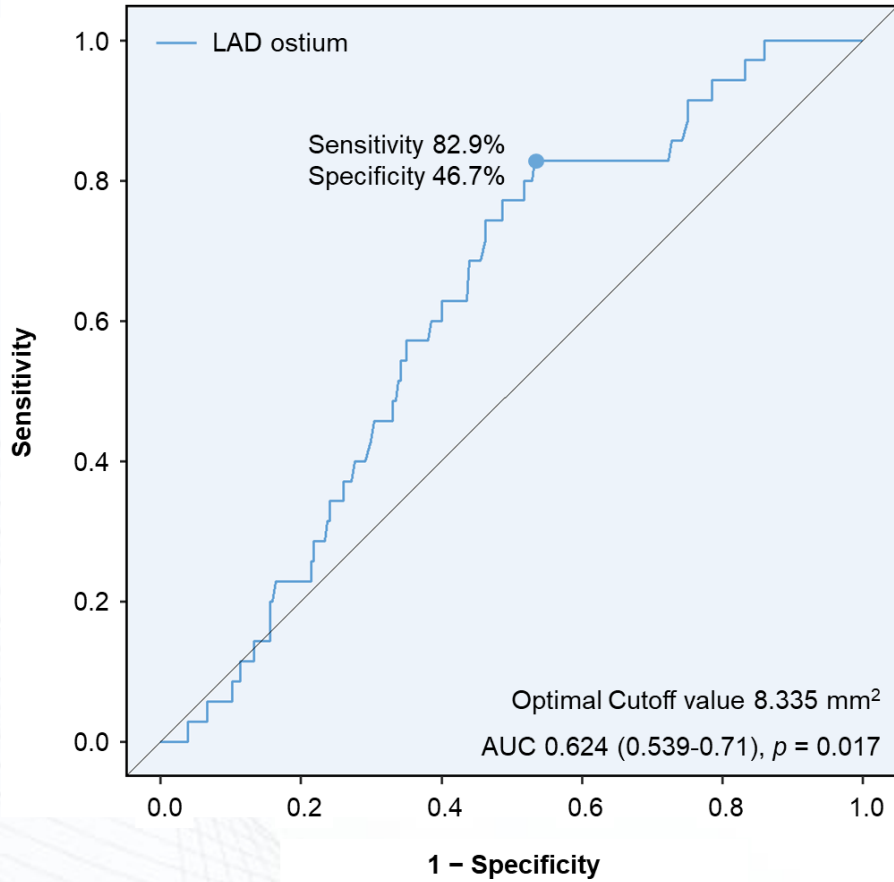


| | Cutoff point | AUC (95% CI) | Sensitivity | Specificity | P value |
|---|--------------|------------------|-------------|-------------|---------|
| IVUS-measured MSA (mm²) | | | | | |
| Distal LM | 11.8 | 0.57 (0.48–0.67) | 80.0% | 35.4% | 0.153 |
| LAD ostium | 8.3 | 0.62 (0.54–0.71) | 82.9% | 46.7% | 0.017 |
| LCX ostium, by LCX pullback | 5.7 | 0.64 (0.55–0.74) | 71.4% | 54.9% | 0.006 |

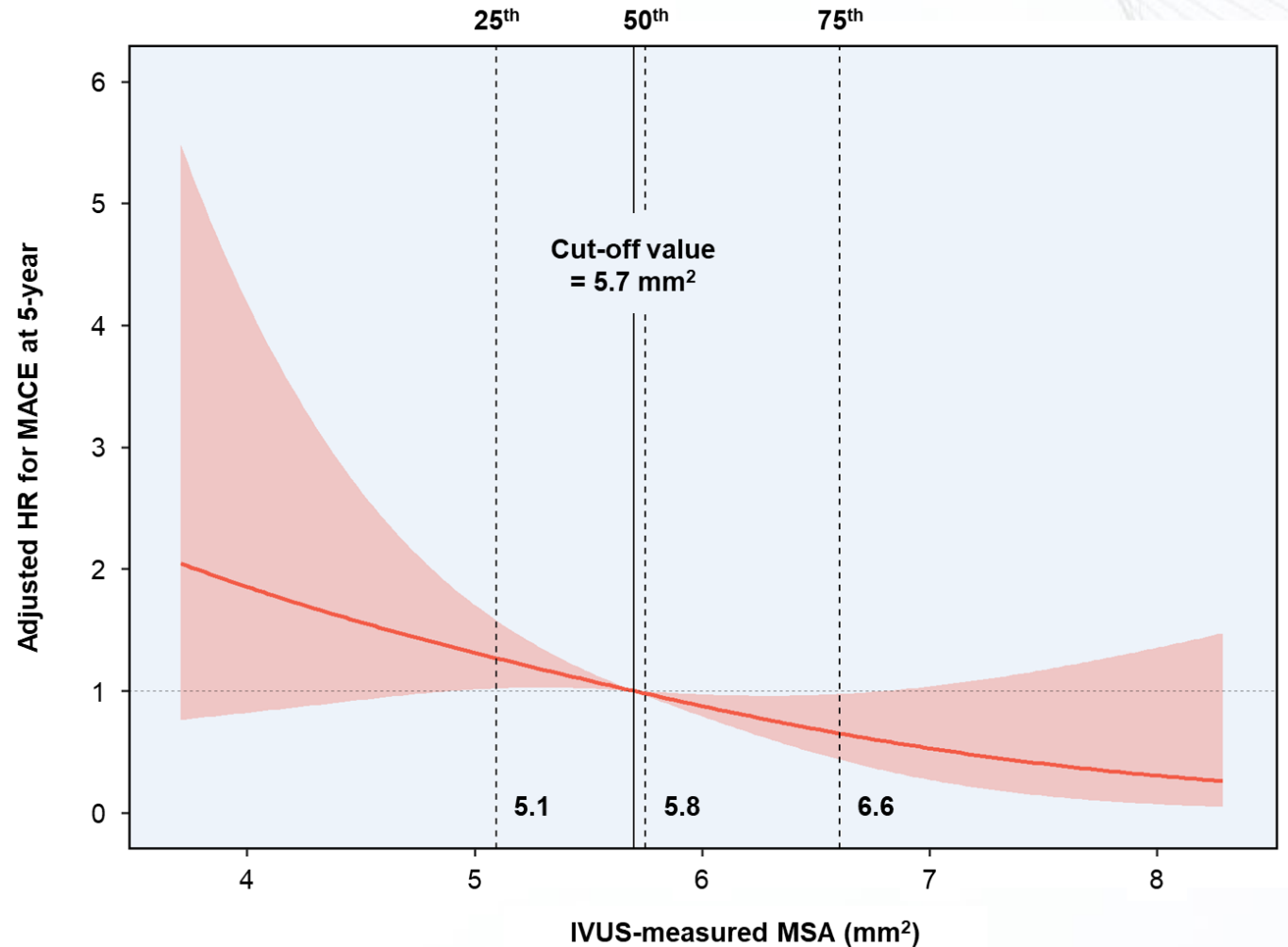
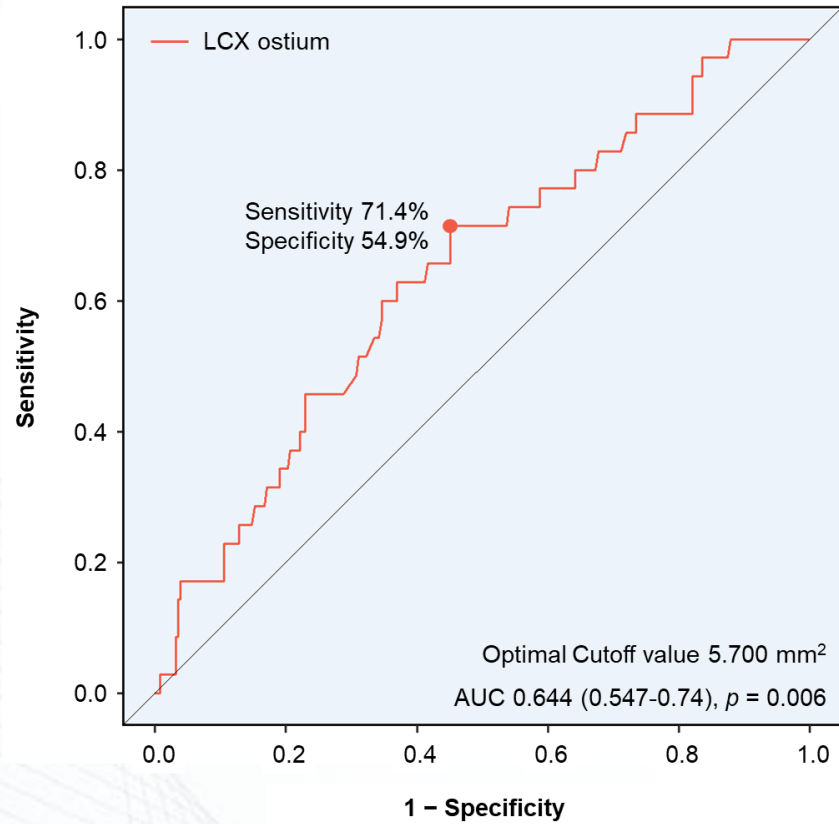
Relationship between distal LM MSA and MACEs



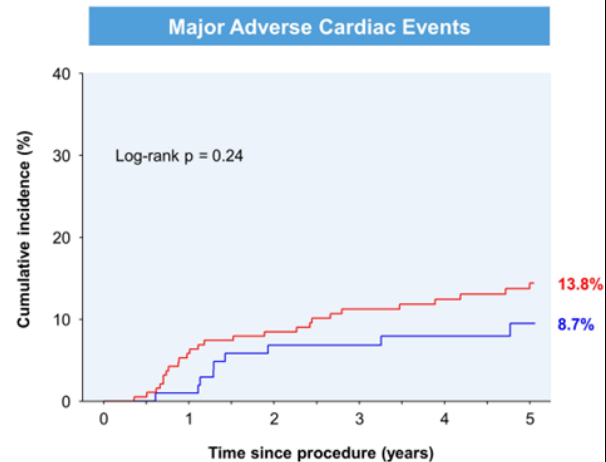
Relationship between LAD ostial MSA and MACEs



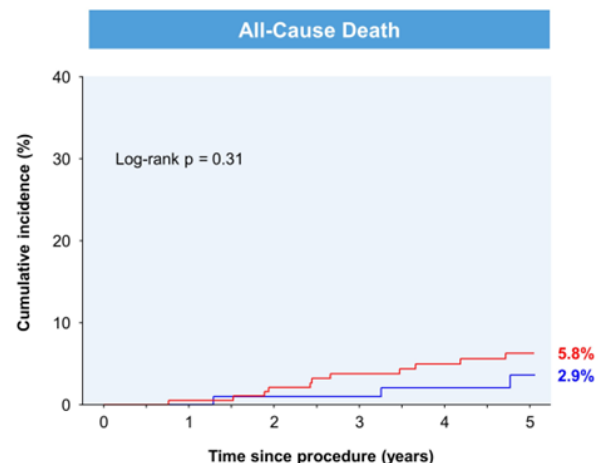
Relationship between LCX ostial MSA and MACEs



LM < 11.8 mm²: 64.7%

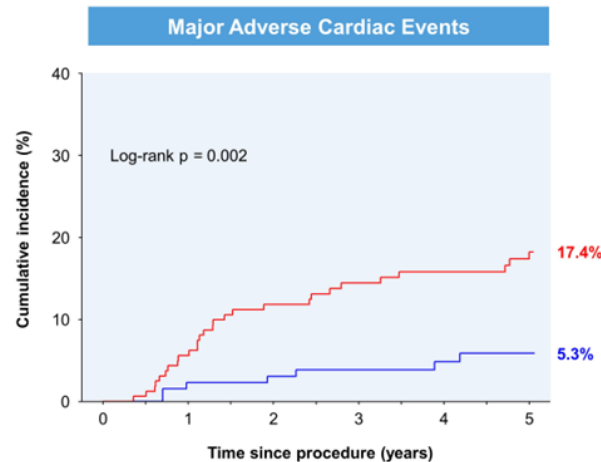


| No. at risk | | 0 | 1 | 2 | 3 | 4 | 5 |
|-------------|-------------------------------|-----|-----|-----|-----|-----|-----|
| — | LM MSA < 11.8 mm ² | 189 | 178 | 173 | 155 | 141 | 125 |
| — | LM MSA ≥ 11.8 mm ² | 103 | 102 | 94 | 87 | 67 | 56 |

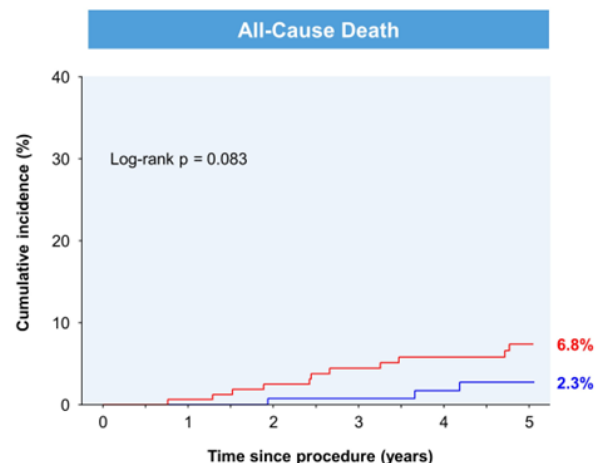


| No. at risk | | 0 | 1 | 2 | 3 | 4 | 5 |
|-------------|-------------------------------|-----|-----|-----|-----|-----|-----|
| — | LM MSA < 11.8 mm ² | 189 | 188 | 185 | 168 | 152 | 135 |
| — | LM MSA ≥ 11.8 mm ² | 103 | 103 | 100 | 93 | 72 | 60 |

LAD < 8.3 mm²: 55.1%

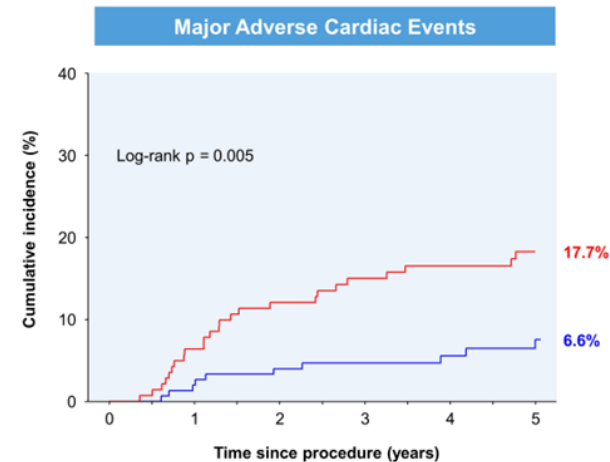


| No. at risk | | 0 | 1 | 2 | 3 | 4 | 5 |
|-------------|-------------------------------|-----|-----|-----|-----|-----|----|
| — | LAD MSA < 8.3 mm ² | 161 | 152 | 142 | 128 | 114 | 98 |
| — | LAD MSA ≥ 8.3 mm ² | 131 | 128 | 125 | 114 | 94 | 83 |

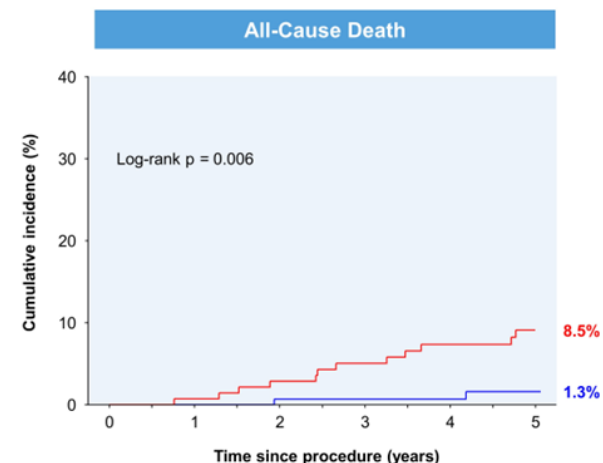


| No. at risk | | 0 | 1 | 2 | 3 | 4 | 5 |
|-------------|-------------------------------|-----|-----|-----|-----|-----|-----|
| — | LAD MSA < 8.3 mm ² | 161 | 160 | 157 | 143 | 128 | 111 |
| — | LAD MSA ≥ 8.3 mm ² | 131 | 131 | 128 | 118 | 96 | 84 |

LCX < 5.7 mm²: 48.3%

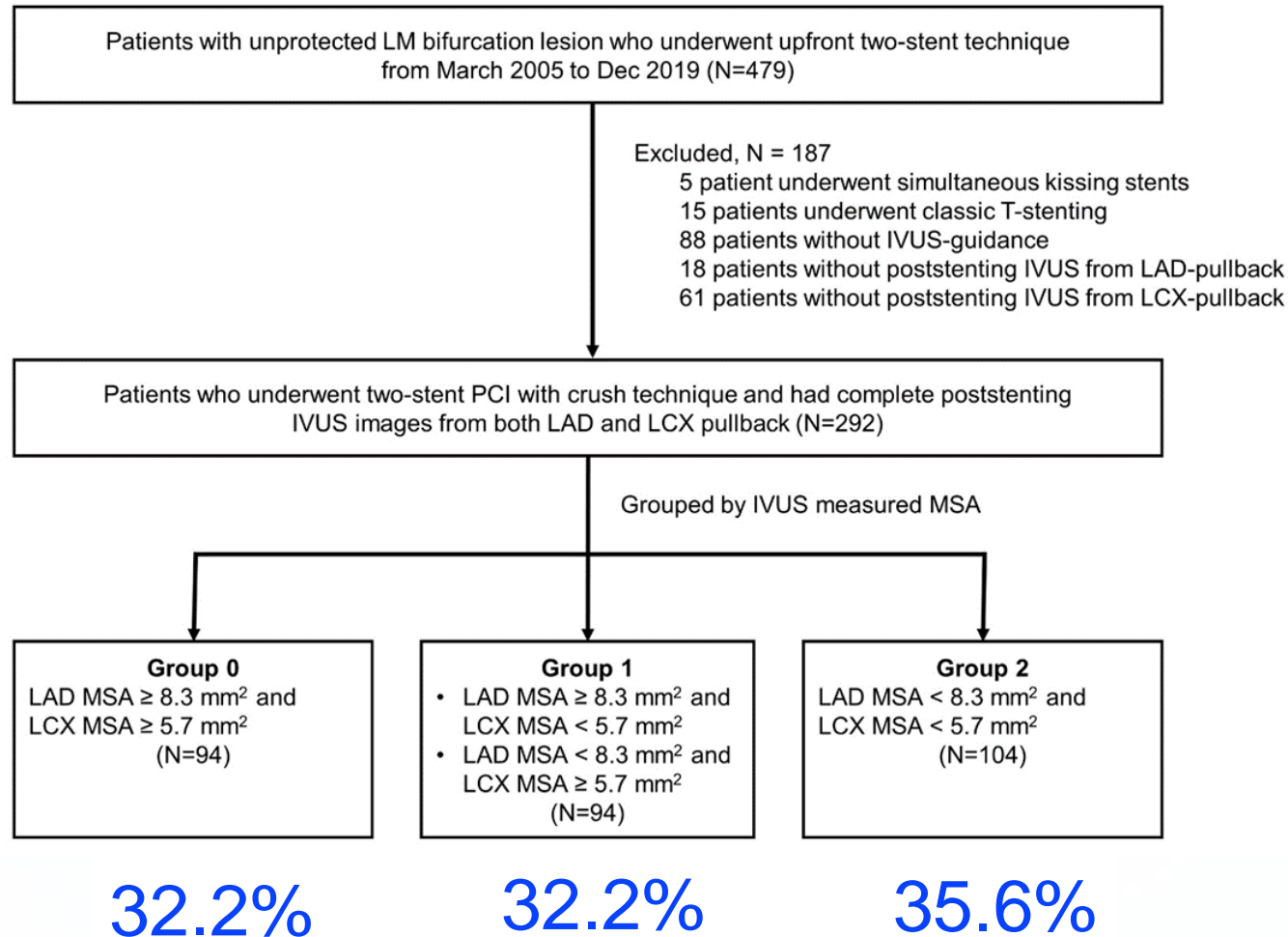


| No. at risk | | 0 | 1 | 2 | 3 | 4 | 5 |
|-------------|-------------------------------|-----|-----|-----|-----|-----|----|
| — | LCX MSA < 5.7 mm ² | 141 | 132 | 124 | 114 | 103 | 93 |
| — | LCX MSA ≥ 5.7 mm ² | 151 | 148 | 143 | 128 | 105 | 88 |



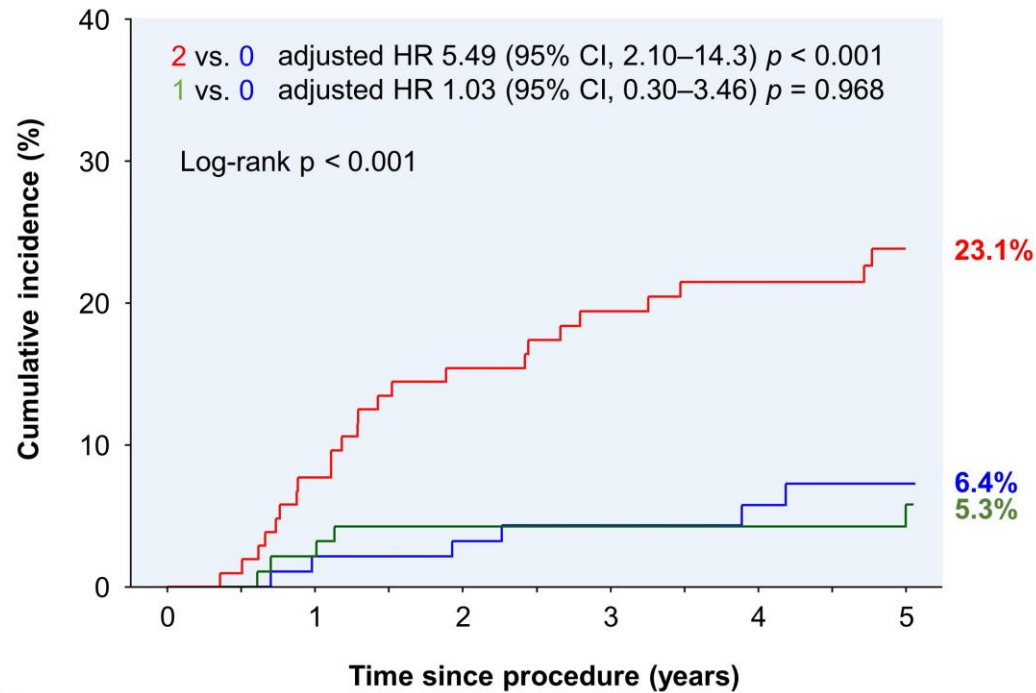
| No. at risk | | 0 | 1 | 2 | 3 | 4 | 5 |
|-------------|-------------------------------|-----|-----|-----|-----|-----|-----|
| — | LCX MSA < 5.7 mm ² | 141 | 140 | 137 | 127 | 114 | 103 |
| — | LCX MSA ≥ 5.7 mm ² | 151 | 151 | 148 | 134 | 110 | 92 |

Incidence of Under-expansion of LM Segments and Outcomes



Incidence of Under-expansion of LM Segments and Outcomes

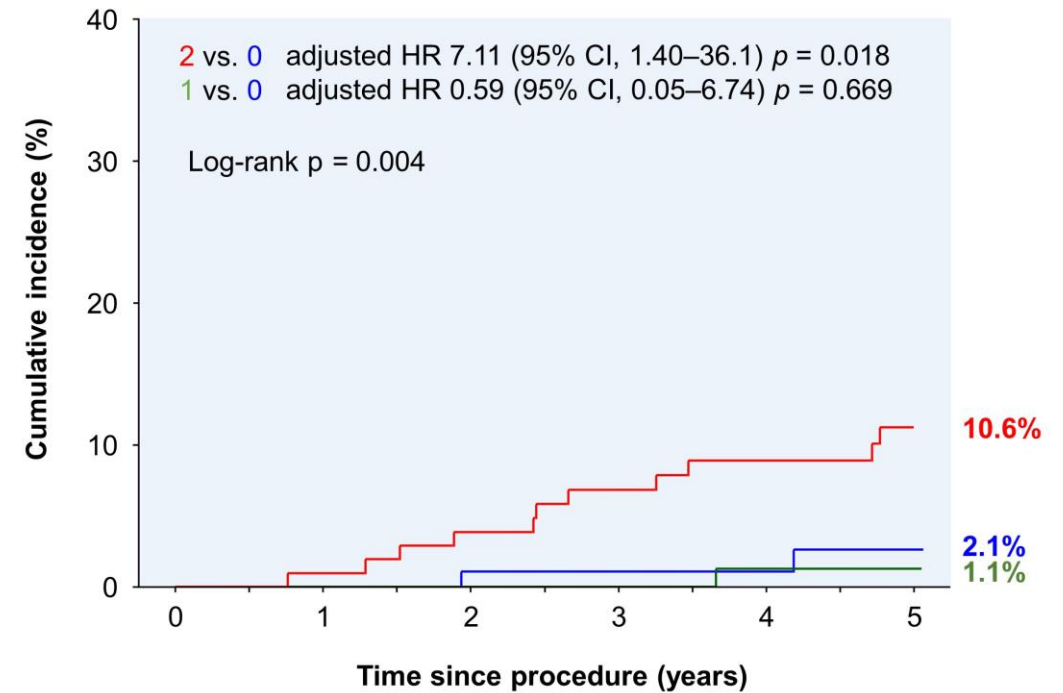
Major Adverse Cardiac Events



No. at risk

| | 0 | 1 | 2 | 3 | 4 | 5 |
|---------|-----|----|----|----|----|----|
| Group 2 | 104 | 96 | 88 | 79 | 73 | 64 |
| Group 1 | 94 | 92 | 90 | 84 | 71 | 63 |
| Group 0 | 94 | 92 | 89 | 79 | 64 | 54 |

All-Cause Death

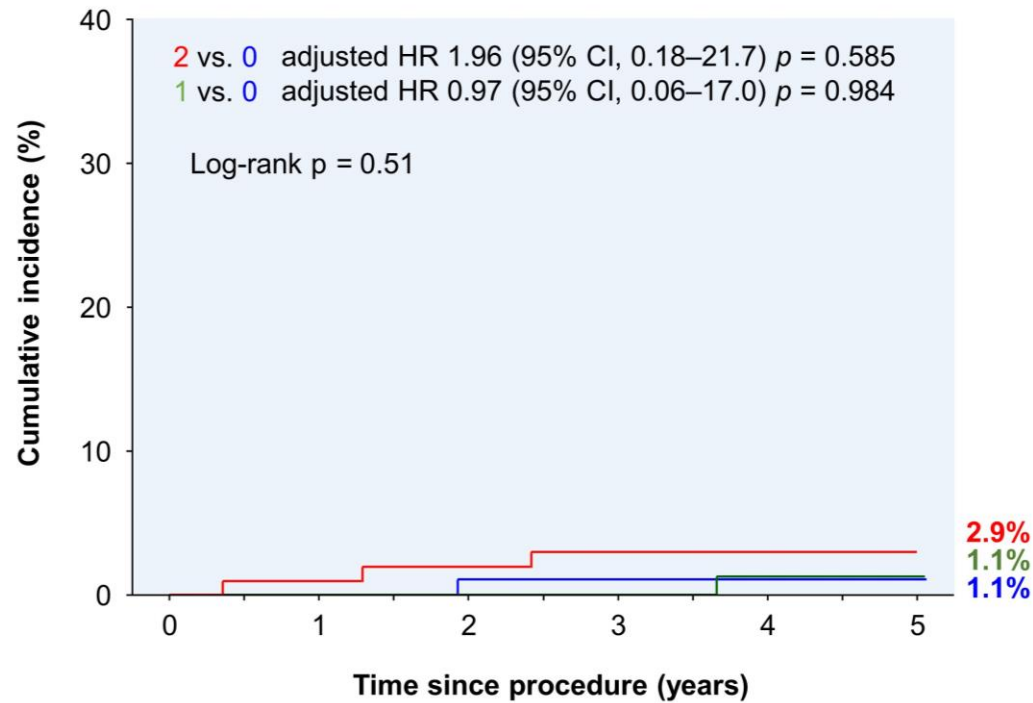


No. at risk

| | 0 | 1 | 2 | 3 | 4 | 5 |
|---------|-----|-----|-----|----|----|----|
| Group 2 | 104 | 103 | 100 | 91 | 84 | 74 |
| Group 1 | 94 | 94 | 94 | 88 | 74 | 66 |
| Group 0 | 94 | 94 | 91 | 82 | 66 | 55 |

Incidence of Under-expansion of LM Segments and Outcomes

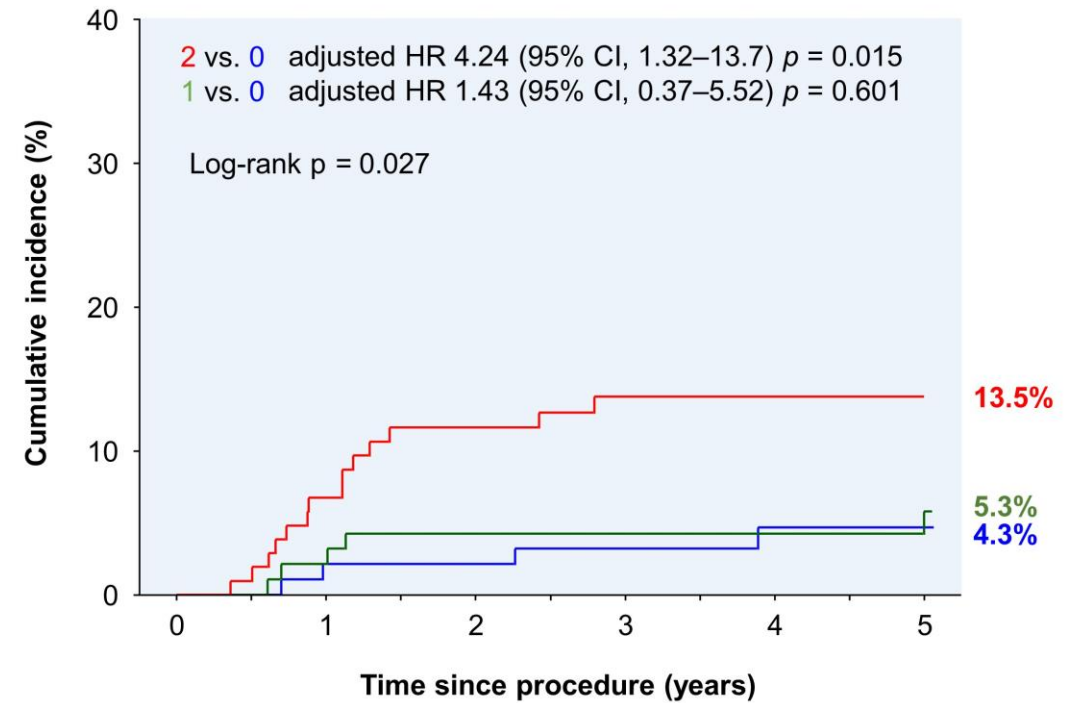
Myocardial Infarction



No. at risk

| | | | | | | |
|-----------|-----|-----|----|----|----|----|
| — Group 2 | 104 | 102 | 98 | 89 | 82 | 72 |
| — Group 1 | 94 | 94 | 94 | 88 | 74 | 66 |
| — Group 0 | 94 | 94 | 90 | 81 | 65 | 54 |

Target Lesion Revascularization

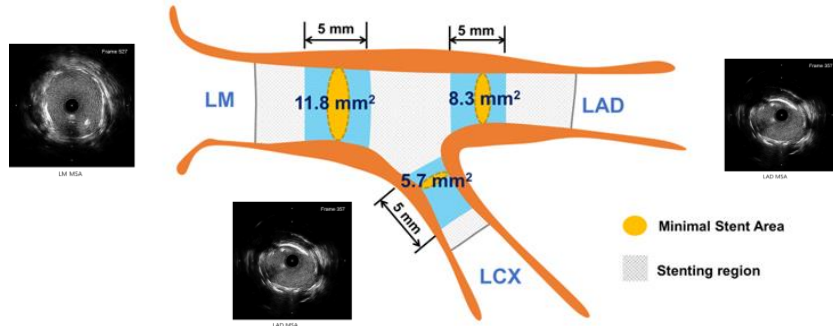


No. at risk

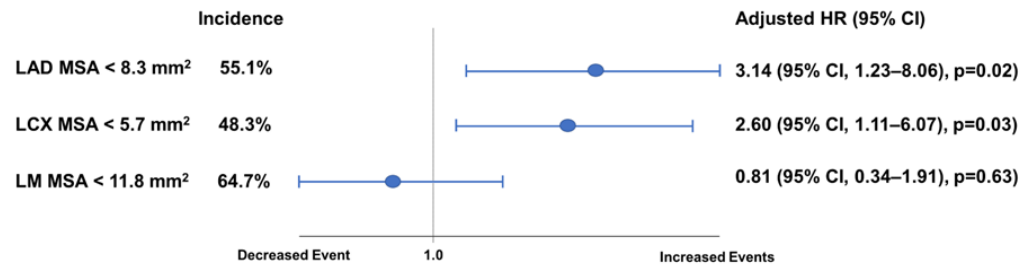
| | | | | | | |
|-----------|-----|----|----|----|----|----|
| — Group 2 | 104 | 96 | 88 | 79 | 73 | 64 |
| — Group 1 | 94 | 92 | 90 | 84 | 71 | 63 |
| — Group 0 | 94 | 92 | 90 | 80 | 65 | 55 |

Summary

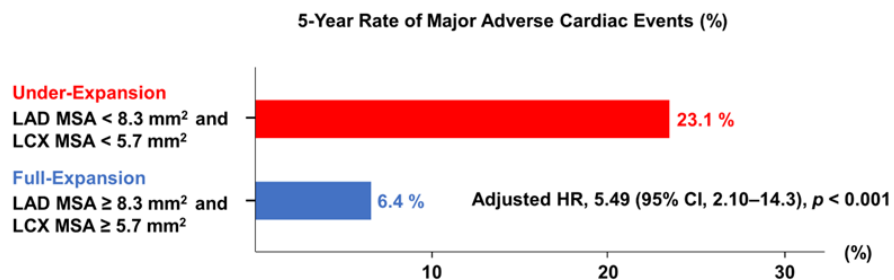
The Optimal Minimal Stent Area within Each Left Main Segment



Stent Under-Expansion Criteria in LM Two-Stenting With the Crush Technique



Stent Under-Expansion and Major Adverse Cardiac Events at 5 Years



- In patients undergoing LM two-stenting with the crush technique, The final IVUS-MSA within LAD and LCX ostium showed a linear relationship with the hazard of 5-year MACE: larger IVUS-MSA was associated with better clinical outcomes.
- The optimal IVUS-MSA criteria that predicted 5-year MACE on a segmental basis were 11.8 mm² for the distal LM, 8.3 mm² for the LAD ostium, and 5.7 mm² for the LCX ostium.
- Obtaining a sufficiently large MSA could be pivotal in preventing adverse clinical events in patients undergoing LM two-stenting procedures.
- Therefore, interventionist should make effort to achieve sufficient MSA under the IVUS guidance.