

# TCTAP 2023

## Neurocognitive Trajectory Following TAVR

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# Disclosure

**Speaker's name : Mao-Shin Lin**

I do not have any potential conflict of interest to declare

# Neurocognitive Function and Cardiac Surgery

- Neurological injury is a common complication after cardiac surgery that may contribute to cognitive decline
- Impact on patients' quality of life, recovery from surgery, participation in rehabilitation and long-term mortality
- Involves a number of mechanisms including cerebral hypoperfusion and oxygenation, microemboli causing silent brain infarcts or a systemic inflammatory response

## ACC/AHA CLINICAL PRACTICE GUIDELINE

### 2020 ACC/AHA Guideline for the Management of Patients With Valvular Heart Disease: Executive Summary

A Report of the American College of Cardiology/American Heart Association Joint Committee on Clinical Practice Guidelines

COR	LOE	Recommendations
		1. For symptomatic and asymptomatic patients

What is the effect of TAVR on neurocognitive function ?

1	A	<u>TAVI</u> , either SAVR or transfemoral TAVI is recommended after shared decision-making about the balance between expected patient longevity and valve durability. <sup>123,126–130</sup>
1	A	3. For symptomatic patients with severe AS who are >80 years of age or for younger patients with a life expectancy <10 years and no anatomic contraindication to transfemoral TAVI, transfemoral TAVI is recommended in preference to SAVR. <sup>123,126–132</sup>

# The Importance of Neurocognitive Function in TAVR

- Patients with aortic stenosis always have a high comorbidity burden, and associated with greater risk of postoperative cognitive decline
- Predictive of functional decline, lack of mobility, poor quality of life, and mortality in elderly.
- The impact of microembolization on neurocognitive outcome following TAVR is not clear
- Issues of embolic protection devices

# Neurocognitive Function in Patients with Severe Aortic Stenosis

- Low cardiac output due to severe cardiovascular disease associated with a faster rate of cognitive decline in the attention, executive, and psychomotor domains.

[Heart. 2012 Sep;98\(18\):1334-40.](#)

[J Cardiopulm Rehabil Prev. 2011 Sep-Oct;31\(5\):290-7.](#)

- Insufficient cardiac output seen in patients with severe AS may lead to cerebral hypoperfusion, and then contribute to cognitive decline.

[Stroke. 2011 Nov;42\(11\):3323-8.](#)

**EDITORIAL COMMENT**

# Can TAVR Make Me Smarter?\*

Philippe Généreux, MD<sup>a,b,c</sup>



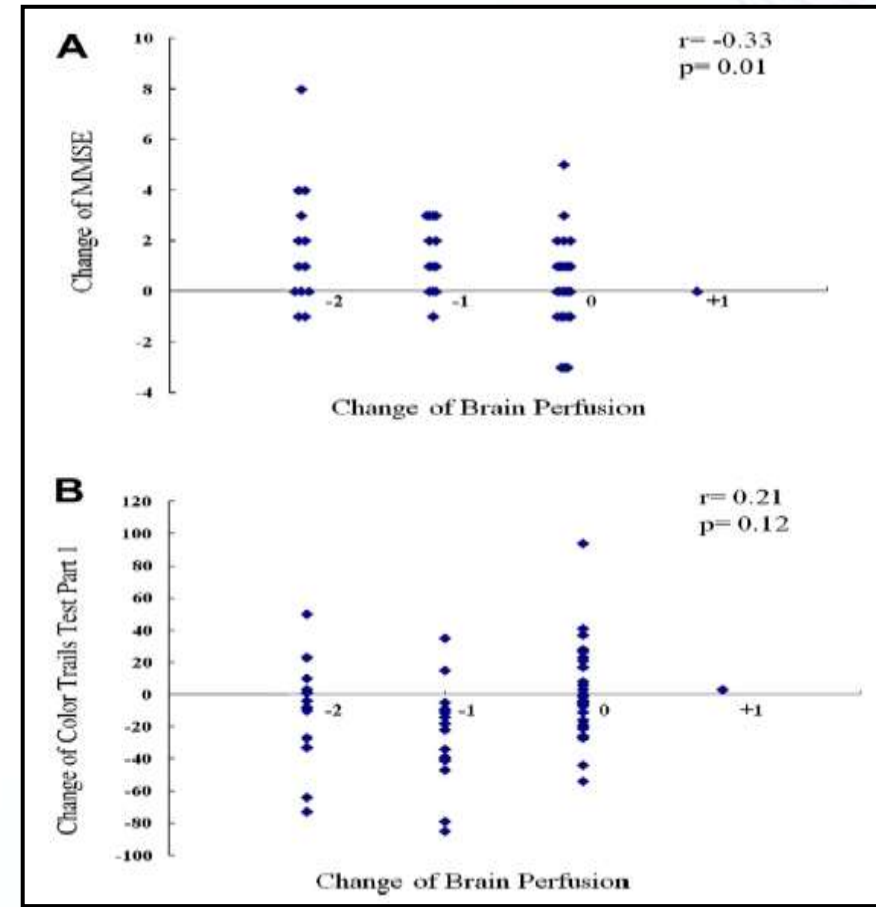
- Cognitive function is reversible
- Restoration of cerebral blood flow can lead to improved cognitive function

CLINICAL RESEARCH

Interventional Cardiology



### Association of the Recovery of Objective Abnormal Cerebral Perfusion With Neurocognitive Improvement After Carotid Revascularization

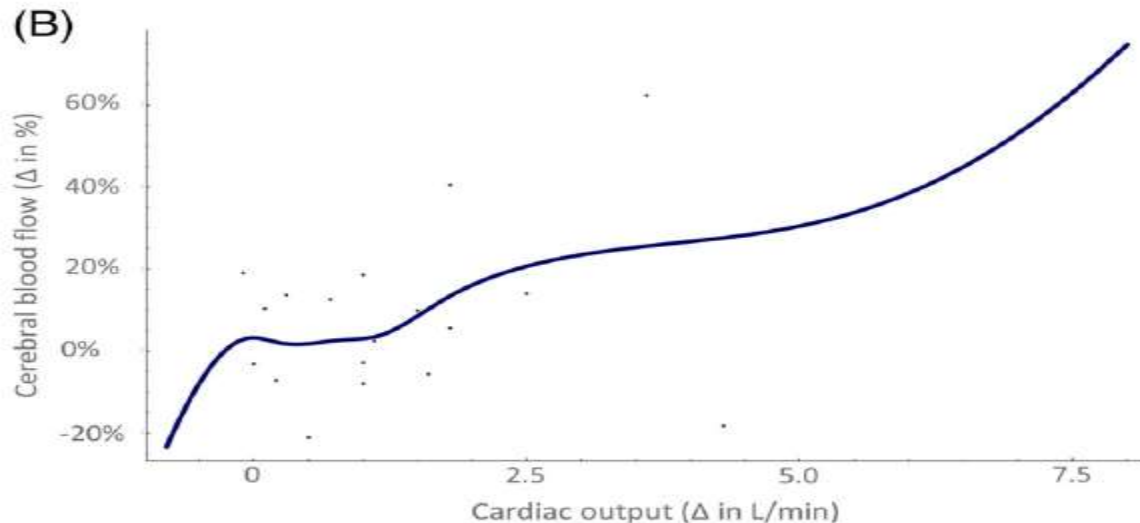
Ching-Chang Huang, MD,\* Ying-Hsien Chen, MD,\* Mao-Shin Lin, MD,\*† Cheng-Hsin Lin, MD,†† Hung-Yuan Li, MD, PhD,\* Ming-Jang Chiu, MD, PhD,§|| Chi-Chao Chao, MD,§ Yen-Wen Wu, MD, PhD,\*¶##\*\* Ya-Fang Chen, MD,†† Jen-Kuang Lee, MD,‡‡ Ming-Jiuh Wang, MD, PhD,§§ Ming-Fong Chen, MD, PhD,\* Hsien-Li Kao, MD\*  
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## Cerebral Blood Flow in Patients with Severe Aortic Valve Stenosis Undergoing Transcatheter Aortic Valve Implantation

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1. The increase in cerebral blood flow after TAVR related to the increase in cardiac output
2. An 8% increase in cerebral blood flow per every additional liter of cardiac output following the TAVR.

J Am Geriatr Soc. 2021;69(2):494-499.

# The Effect of TAVR on Neurocognitive Function

- The effects of TAVR on cognitive outcome are diverse.
- Several confounding factors :

**The composite effect of TAVR on neurocognitive function is still not clear**

1. Short-term cerebral hypo-perfusion during balloon aortic valvuloplasty/valve deployment
2. Diffusion weighted magnetic resonance imaging (DWI) revealed new cerebral embolic lesions in up to 70% of patients after TAVR

# Cognitive Outcomes After Transcatheter Aortic Valve Implantation: A Metaanalysis

Maisha M. Khan, BSc,<sup>\*†</sup> Nathan Herrmann, MD,<sup>\*‡</sup> Damien Gallagher, MD,<sup>‡</sup> Dov Gandell, MD,<sup>§</sup> Stephen E. Fremes, MD,<sup>¶</sup> Harindra C. Wijeyesundera, MD, PhD,<sup>¶</sup> Sam Radhakrishnan, MD,<sup>¶</sup> Yue Ran Sun, BSc,<sup>\*†</sup> and Krista L. Lanctôt, PhD<sup>\*‡</sup>

J Am Geriatr Soc 66:254–262, 2018.

## Variable results in the effect of TAVR on neurocognitive outcome

Erica S. Ghezzi, BPsych(Hons)<sup>a,\*</sup>, Tyler J. Ross, BPsych(Hons)<sup>a</sup>, Daniel Davis, PhD, MRCP<sup>b</sup>, Peter J. Psaltis, MBBS (Hons), PhD, FRACP, FCSANZ<sup>c,d,e</sup>, Tobias Loetscher, PhD<sup>a</sup>, and Hannah A.D. Keage, PhD<sup>a</sup>

Am J Cardiol 2020;127:105–112

# Serial Changes in Cognitive Function Following Transcatheter Aortic Valve Replacement

J Am Coll Cardiol 2016;68:2129–41

# Why still remain controversy?

- Small sample size (mostly < 100 cases)
  - A larger cohort showing true longitudinal trajectory of post-TAVR cognition is mandatory
  - Comparison between low & intermediate-high risk group
- Variable sensitivity of cognitive tests in different population

# NTUH

## TAVR & Neurocognitive Function Study

- June 2015 to March 2020
  - Successful TAVR patients underwent baseline, 3 month and 1 year evaluations
    - NIHSS
    - Barthel index
    - Mini-Mental State Examination (MMSE)
    - Alzheimer's Disease Assessment Scale (ADAS) cognitive subset
    - Color trail test A
    - Color trail test B
    - Verbal fluency
- Neurologic assessments*
- High executive function assessments*
- Global cognitive assessments*
-

# NTUH TAVR & Neurocognitive Function Study

Patients with severe aortic stenosis referred for TAVR evaluation from June 2015 to March 2020 (N=189)

Excluded (N=30)

- TAVR performed as emergency procedure (N=11)
- Could not complete neurocognitive tests at baseline (N=13)
- Refuse to give informed consent (N=6)

Consented and were enrolled in the study (N=159)

- Peri-procedural complication, died 1 day after TAVR (N=1)
- Coronary obstruction, died 6 days after TAVR (N=1)
- Aortic dissection, died 3 months after TAVR (N=1)

Survived  $\geq 3$  months and followed up (N=156)

- Die between 3-months and 1-Year followed-up (N=8)
- Could not perform Color Trail Making A & B test due to visual or motor dysfunction (N=14)
- Could not perform Alzheimer Disease Assessment Scale-Cognitive Subtest (N=2)
- Stroke during follow-up (N=2)

Intermediate-High Risk, STS-PROM  $\geq 4\%$   
(N=75)

Low Risk, STS-PROM  $< 4\%$   
(N=81)

# Serial Changes of Neurological and Cognitive Assessments in Overall Cohort

	Baseline Evaluation N=156 A	3 Month Evaluation N=156 B	1 Year Evaluation N=148 C	A vs B P value	A vs C P value	B vs C P value
<b>NIHSS</b>						
Score	0 (0-0)	0 (0-0)	0 (0-0)	0.097	<b>0.070</b>	0.501
Number of score > 0	18 (11.5%)	12 (7.7%)	9 (6.1%)	0.286	<b>0.057</b>	0.581
<b>Barthel index</b>						
Score	100 (95-100)	100 (100-100)	100 (100-100)	<b>0.019</b>	<b>0.0237</b>	0.5504
Number of score < 100	40 (25.6%)	37 (23.7%)	28 (18.9%)	0.678	<b>0.087</b>	0.189
<b>MMSE</b>						
Score	27 (22-29)	28 (25-30)	29 (25-30)	<b>0.0014</b>	<b>0.001</b>	0.282
Number of score < 26	61 (39.1%)	49 (31.4%)	41 (27.7%)	<b>0.029</b>	<b>0.0009</b>	0.524
<b>ADAS-cog</b>	4 (1-10)	2 (1-6)	2 (0-5)	<b>&lt;0.0001</b>	<b>&lt;0.0001</b>	0.333
<b>Color Trail Test A (category)</b>	8 (4-8)	7 (3-8)	7 (3-8)	<b>0.0187</b>	<b>0.0424</b>	0.601
<b>Color Trail Test B (category)</b>	8 (6-8)	8 (4-8)	8 (3-8)	<b>0.0126</b>	<b>0.0002</b>	0.0438
<b>Verbal fluency</b>	27.7±9.5	28.7±9.1	28.3±10.0	<b>0.0375</b>	0.3388	0.3544

	Intermediate-High Risk (N=75)	Low Risk (N=81)	P value
Female sex	46 (61.3%)	42 (51.9%)	0.233
Age (year)	82.9±6.8	77.6±7.8	<b>&lt;0.0001</b>
Body mass index, kg/m <sup>2</sup>	23.3±3.9	25.3±4.4	<b>0.0035</b>
Hypertension	48 (64.0%)	51 (62.9%)	0.893
Diabetes mellitus	34 (45.3%)	21 (25.9%)	<b>0.011</b>
Hyperlipidemia	17 (22.7%)	24 (29.6%)	0.324
Coronary artery disease	37 (49.3%)	26 (32.1%)	<b>0.028</b>
Peripheral artery disease	14 (18.7%)	5 (6.2%)	<b>0.017</b>
Prior myocardial infarction	3 (4.0%)	1 (1.2%)	0.352
Prior stroke or transient ischemic attack	7 (9.3%)	3 (3.7%)	0.352
Chronic kidney disease	37 (49.3%)	10 (12.4%)	<b>&lt;0.0001</b>
Chronic lung disease	5 (6.7%)	7 (8.6%)	0.644
Permanent pacemaker	4 (5.3%)	3 (3.7%)	0.711
STS-PROM, %	8.1±3.8	2.4±0.8	<b>&lt;0.0001</b>
NYHA Fc 3/4	70 (93.3%)	51 (63.0%)	<b>&lt;0.0001</b>
<b>Echocardiography</b>			
LVEF, %	63.3±15.1	66.7±10.4	0.126
Aortic valve area, cm <sup>2</sup>	0.75±0.20	0.79±0.15	0.176



# Baseline Neurocognitive Function

	Intermediate-High Risk (N=75)	Low Risk (N=81)	P value
<b>NIHSS</b>			
Score	0 (0-0)	0 (0-0)	<u>0.001</u>
Number of score > 0	16 (21.3%)	2 (2.5%)	<u>&lt;0.0001</u>
<b>Barthel index</b>			
Score	100 (85-100)	100 (100-100)	<u>0.0012</u>
Number of score < 100	28 (37.3%)	12 (14.8%)	<u>0.001</u>
<b>MMSE</b>			
Score	25 (22-29)	29 (25-30)	<u>&lt;0.0001</u>
Number of score < 26	39 (52.0%)	22(27.2%)	<u>0.001</u>
<b>ADAS-cog</b>			
Score	7 (3-11)	1 (0-7)	<u>&lt;0.0001</u>
<b>Color Trail Test A (category)</b>			
Score	8 (6-8)	6 (3-8)	<u>0.023</u>
<b>Color Trail Test B (category)</b>			
Score	8 (8-8)	8 (4-8)	0.121
<b>Verbal fluency</b>			
Score	24.9±9.9	30.4±8.2	<u>0.0002</u>

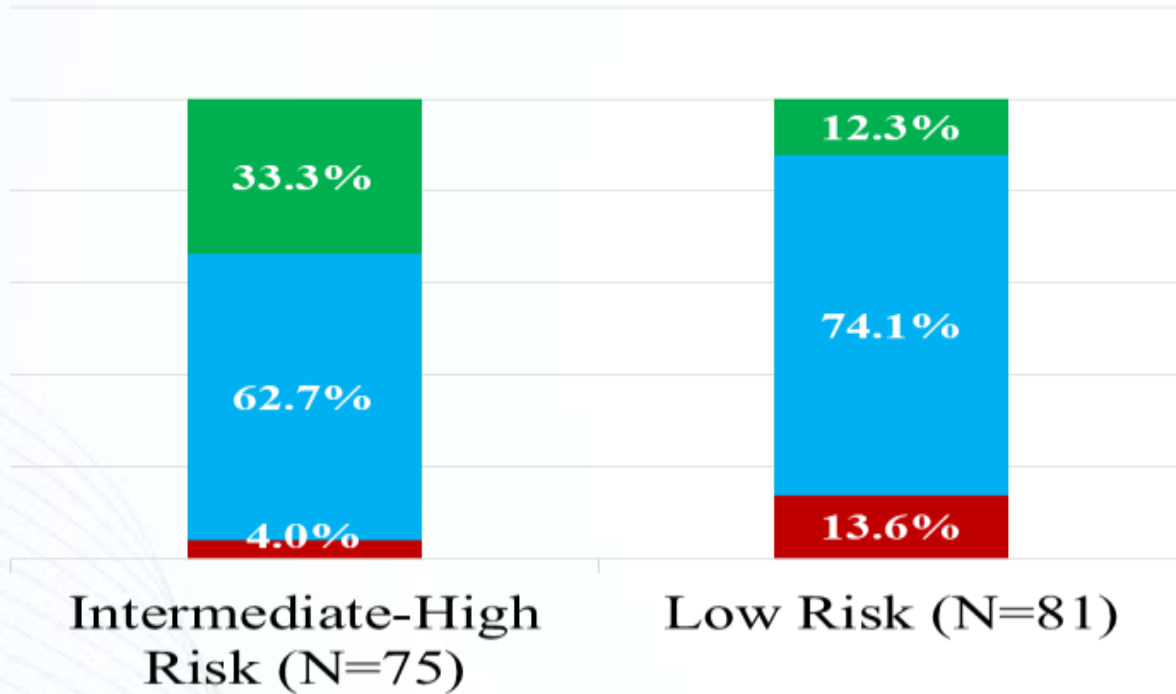
# Evolution of Global Cognitive Assessments

	Baseline Evaluation A	3 Month Evaluation B	1 Year Evaluation C	A vs B P value	A vs C P value	B vs C P value
<b>Intermediate-High Risk</b>	<b>N=75</b>	<b>N=75</b>	<b>N=69</b>			
<b>MMSE</b>						
Score	25(22-29)	27(23-29)	27(23-29)	<u>0.0002</u>	<u>0.0017</u>	0.554
Number of score < 26	39 (52.0%)	27(36.0%)	27(39.1%)	<u>0.008</u>	<u>0.006</u>	0.754
<b>ADAS-cog</b>	7(3-11)	4(1-9)	3(1-7)	<u>&lt;0.0001</u>	<u>&lt;0.0001</u>	0.459
<b>Low Risk</b>	<b>N=81</b>	<b>N=81</b>	<b>N=79</b>			
<b>MMSE</b>						
Score	29(25-30)	29(25-30)	29(26-30)	0.398	<u>0.013</u>	<u>0.017</u>
Number of score < 26	22 (27.2%)	22 (27.2%)	14 (17.7%)	1.000	0.109	0.146
<b>ADAS-cog</b>	1(0-7)	1(0-4)	1(0-3)	<u>0.0004</u>	<u>0.005</u>	0.203

# Evolution of MMSE

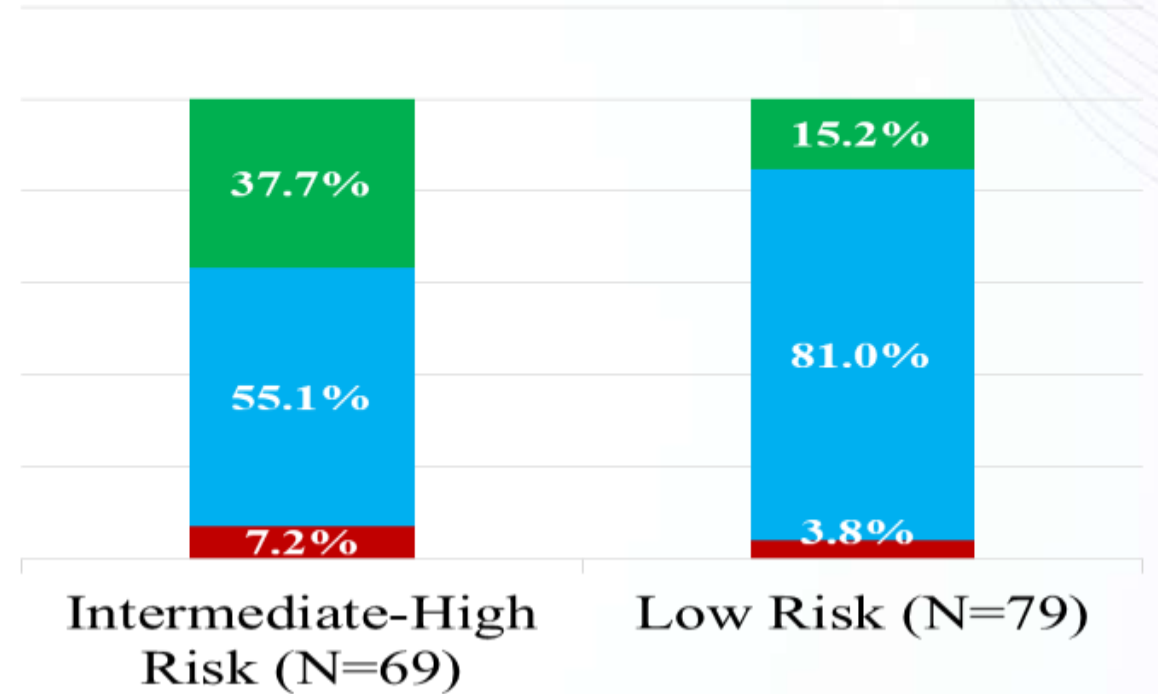
Baseline to 3 months

$P=0.002$



Baseline to 1 Year

$P=0.002$



Deterioration  
≥3 points decrease in the MMSE score.

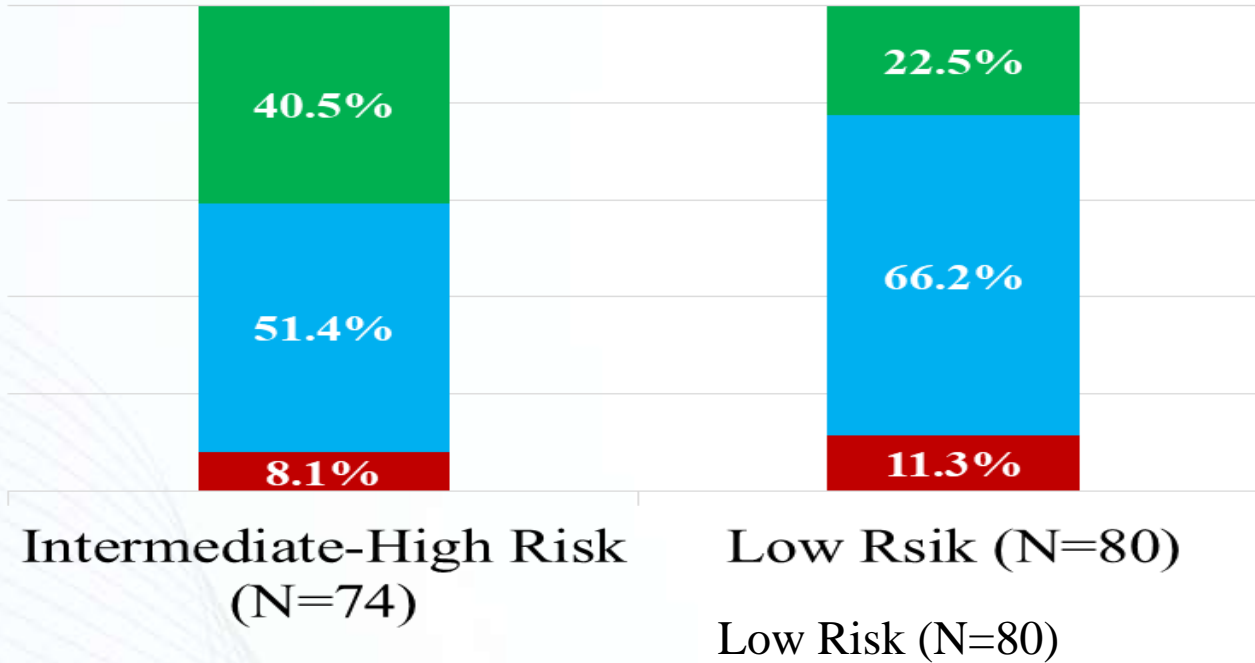
Stable

Improvement  
≥3 points increase in the MMSE score

# Evolution of ADAS-cog

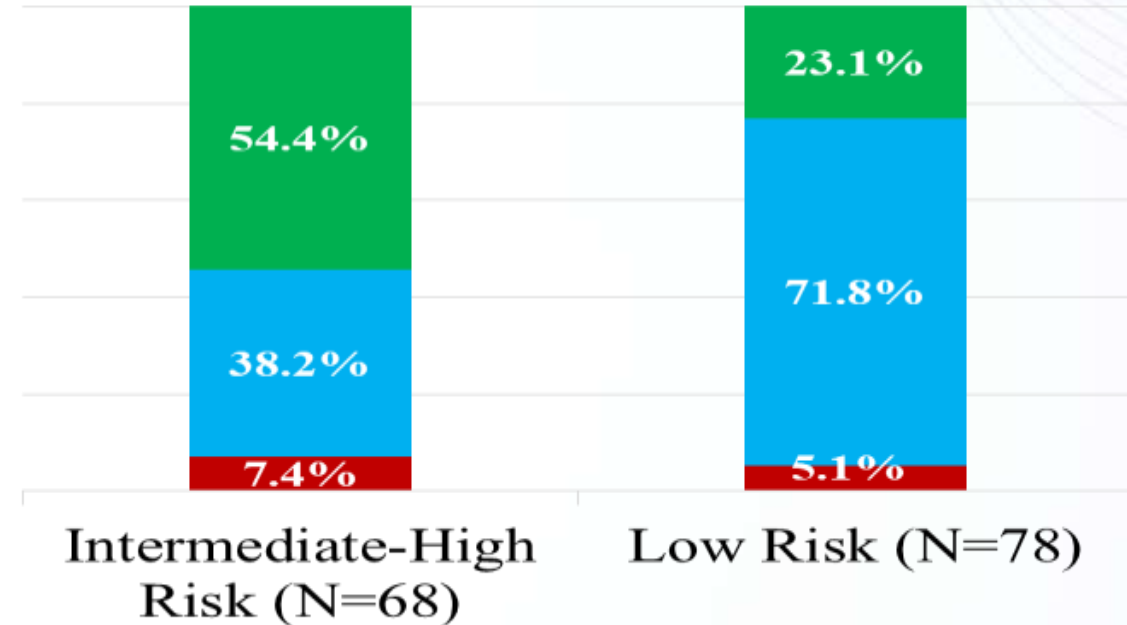
Baseline to 3 months.

$P=0.037$



Baseline to 1 Year

$P=0.001$



Deterioration

≥3 points increase in the ADAS-cog score.

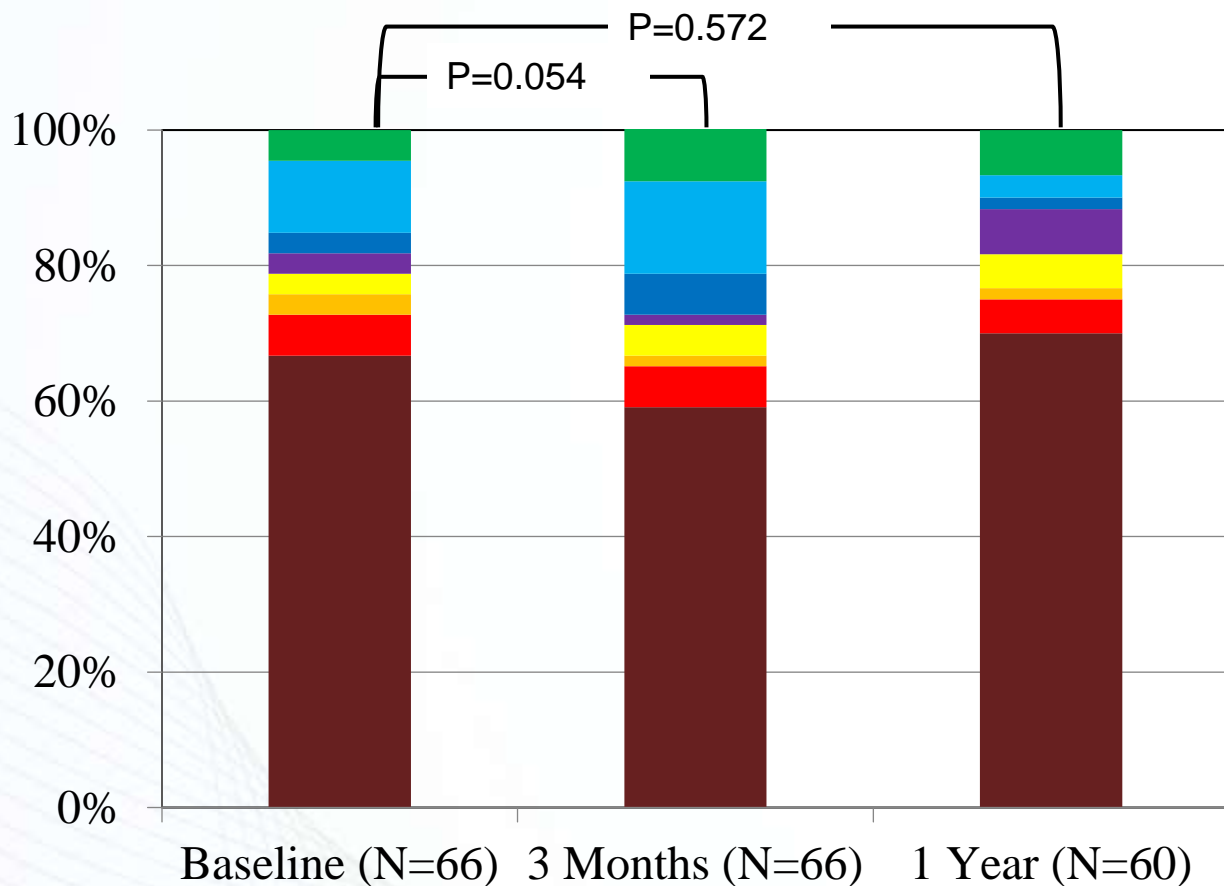
Stable

Improvement

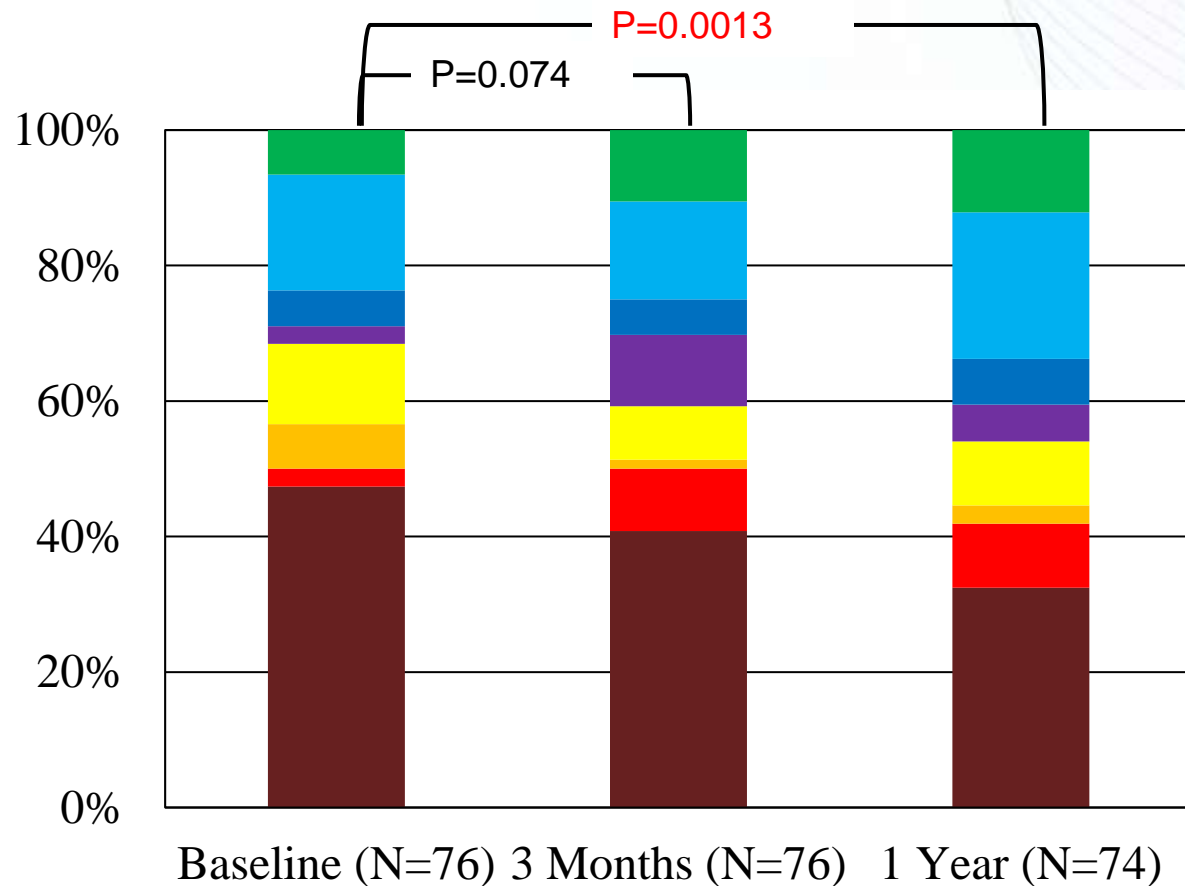
≥3 points decrease in the ADAS-cog score

# Evolution of Color Trail Test A

## Intermediate-High Risk



## Low Risk



Severely impaired

Moderately-to-severely impaired

Moderately impaired

Mildly-to-moderately impaired

Mildly impaired

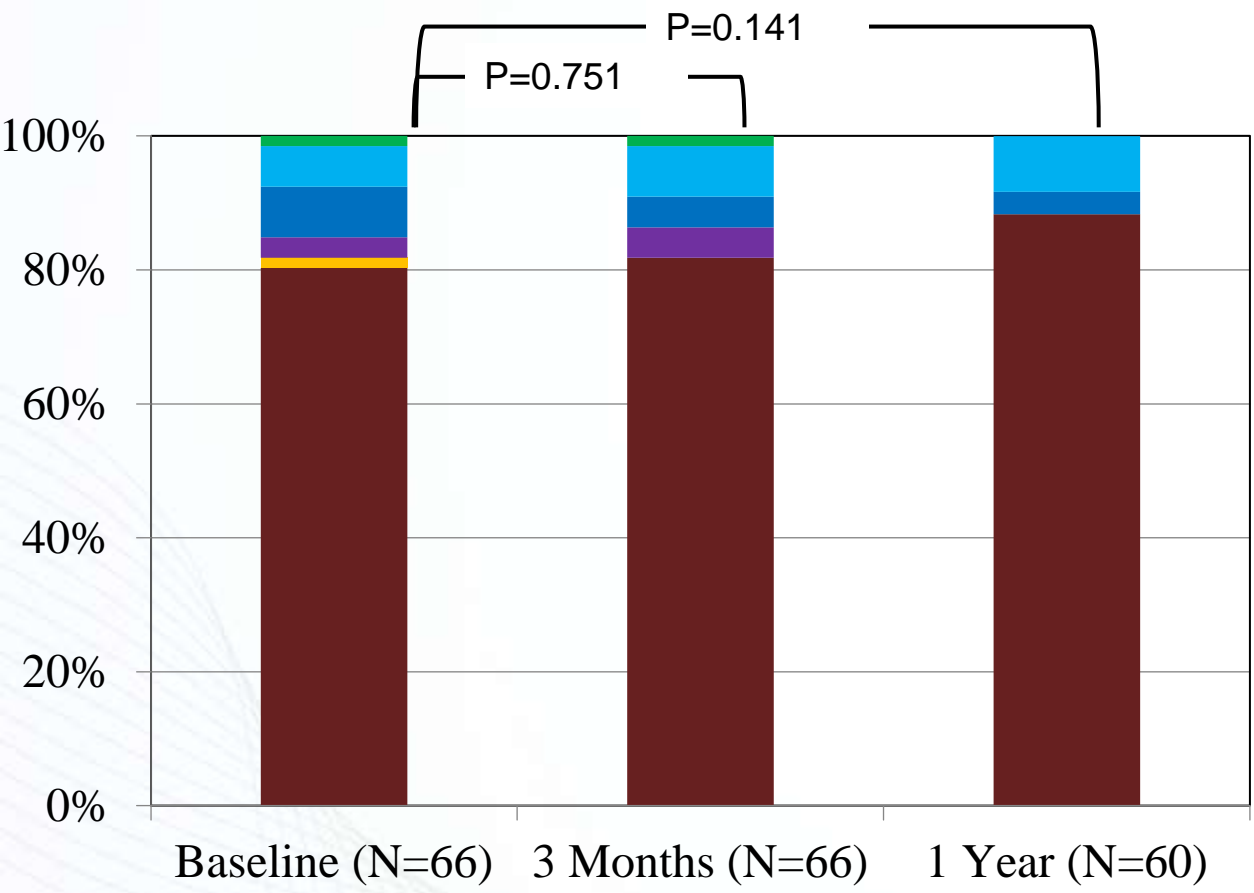
Below average

Average

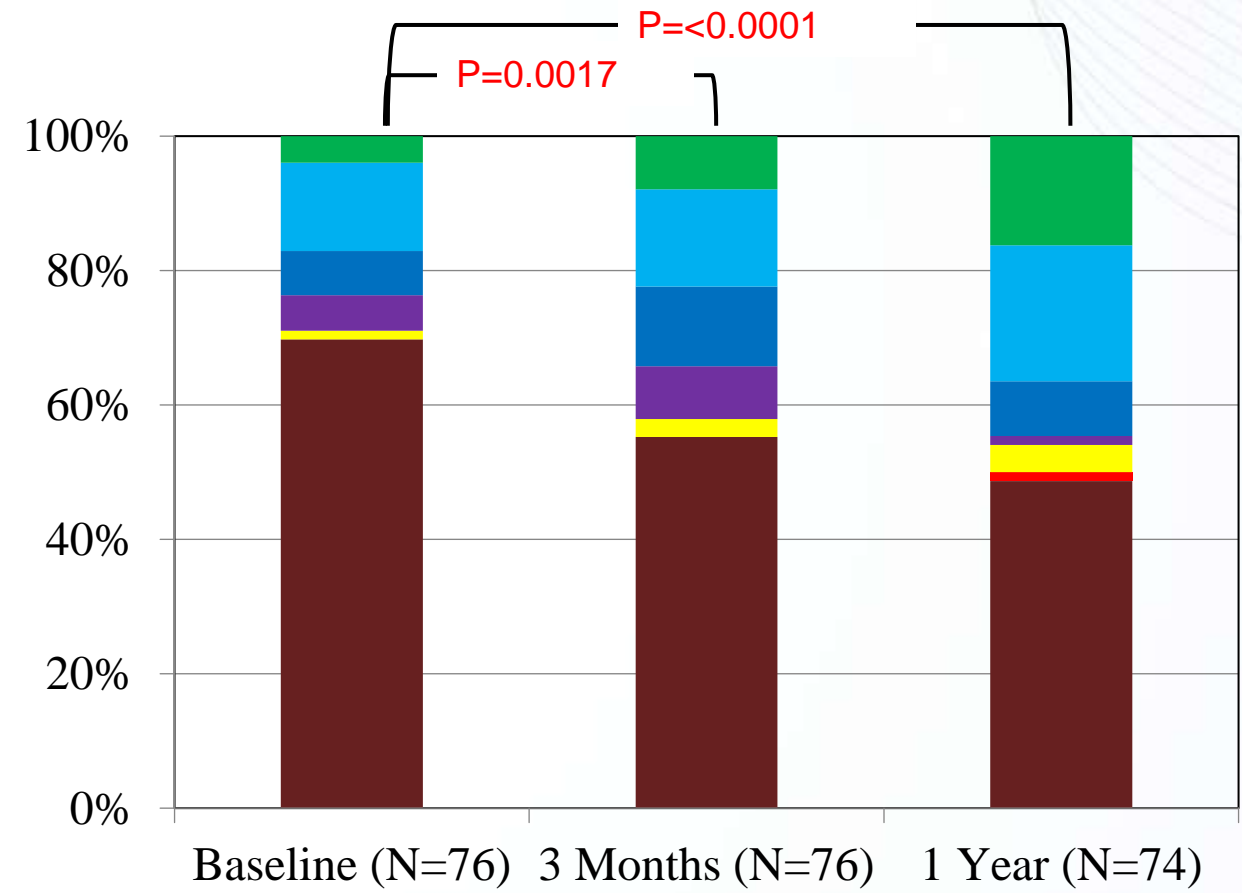
Above average

# Evolution of Color Trail Test B

## Intermediate-High Risk

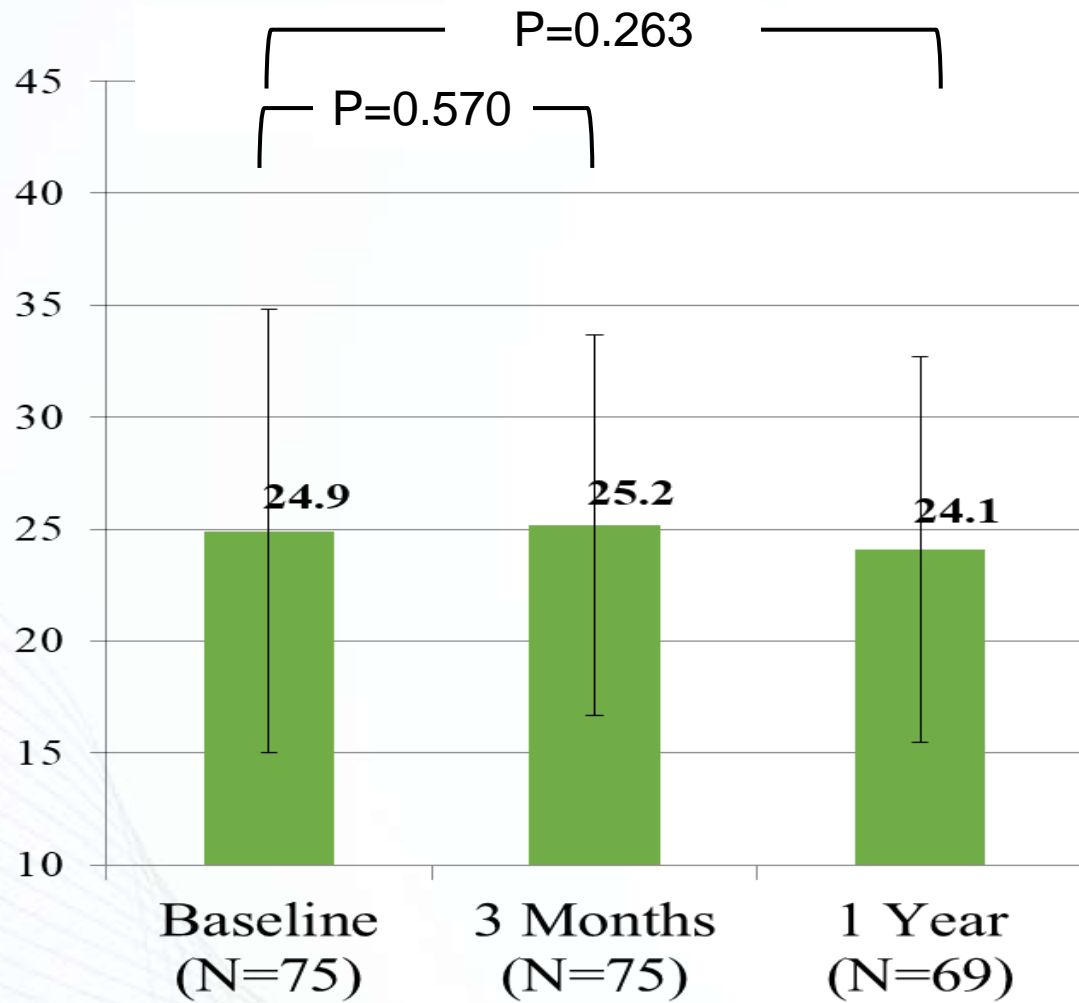


## Low Risk

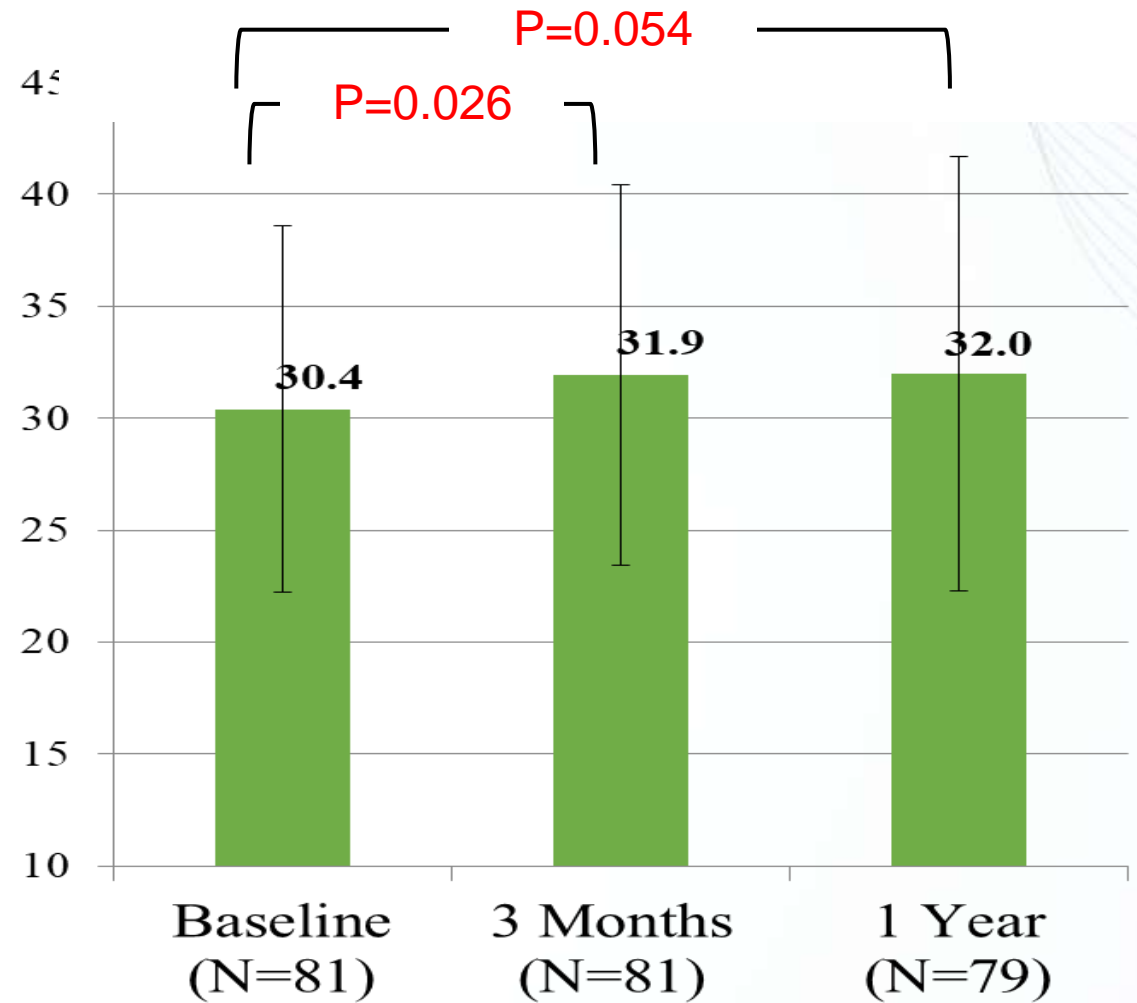


- Severely impaired
- Moderately-to-severely impaired
- Moderately impaired
- Mildly-to-moderately impaired
- Mildly impaired
- Below average
- Average
- Above average

# Evolution of Verbal Fluency



Intermediate-High Risk



Low Risk

# Difference of Neurocognitive Trajectory between Low & Intermediate-High Risk Group

- Low risk group:
  - Relatively good cognitive performance at baseline
  - Global cognitive assessment has “ceiling effect”
  - Subtle cognitive change could be detected by complex executive tests
- Intermediate-High risk Group:
  - Relatively poor cognitive performance at baseline
  - Global cognitive tests are sensitive in this group
  - Executive function were mostly impaired
  - High executive tests has “floor effect”



# Limitations

- Patients who were excluded & died may deliver a potential bias
- Brain magnetic resonance imaging were not applied and new cerebral DWI lesions were not examined.
- The effects of operator experience and device evolution within the study period cannot be controlled.

# Implications for Further Studies

- Embolic protection device studies
- Homogeneous population & tests are mandatory

# Conclusion

- TAVR was associated with improvement in global cognitive functions, as well as in attention and psychomotor processing speed, at 3 months post-TAVR and persistent up to 1 year.
- Global cognitive changes could be detected more in intermediate-high risk group
- The executive tests revealed more cognitive improvement in low risk group.