AP VALVES & SH 2023 TEER for Functional MR: When and How?

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Disclosure





Severe Functional Mitral Regurgitation



STRUCTURAL HEAR

5-year outcomes of COAPT trial

TEER for patients with moderate to severe FMR



N Engl J Med . 2023 Jun 1;388(22):2037-2048.





Guideline-Directed Medical Therapy Tolerability in The COAPT Trial



Medication Classes by Number of GDMT Classes Tolerated

C



Clinical scenarios: severely restricted PML

61 years gentleman, remained Fc III symptoms while euvolemia



46 years gentleman, remained Fc III symptoms while euvolemia



MR Severity (Core Lab) in COAPT trial

MR grade	≤1+	2 +	<mark>3+</mark>	4+	P _{trend}	≤2 +	P-value
<u>Baseline</u>							
MitraClip (n=302)	-	-	49.0%	51.0%		-	
GDMT (n=311)	-	-	55.3%	44.7%	-	-	-
<u>30 days</u>							
MitraClip (n=273)	72.9%	19.8%	5.9%	1.5%	-0.001	92.7%	-0.001
GDMT (n=257)	8.2%	26.1%	37.4%	28.4%	<0.001	34.2%	<0.001
<u>6 months</u>							n=88
MitraClip (n=240)	66.7%	27.1%	4.6%	1.7%	-0.004	93.8%	.0.004
GDMT (n=218)	9.2%	28.9%	42.2%	19.7%	<0.001	38.1%	<0.001
<u>12 months</u>							n=83
MitraClip (n=210)	69.1%	25.7%	4.3%	1.0%	.0.004	94.8%	.0.004
GDMT (n=175)	11.4%	35.4%	34.3%	18.9%	<0.001	46.9%	
24 months							n=82
MitraClip (n=114)	77.2%	21.9%	0%	0.9%	0.004	99.1%	0.004
GDMT (n=76)	15.8%	27.6%	40.8%	15.8%	<0.001	43.4%	<0.001
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N Engl J Med. 2018. 379: 2307-2318

CRT and MitraClip for FMR

	CARE-HF	COAPT		
	CRT	MitraClip		
Reverse remodeling	+	+		
MR reduction	+	+++		
Fc improvement	+	+		
Survival benefit	+	+		
NNT (HF)	6.7	3		
NNT (Survival)	10	6		
SAEs (%)	13.2	3.4		

N Engl J Med 2005;352: 1539 –1549. N Engl J Med . 2018 Dec 13;379(24):2307-2318.

Non-ischemic HF with LBBB

- 65 years gentleman with deteriorating symptoms after CRT
 - LVEF 30%, PASP=70 mmHg





Outcome of GDMT crossover to TEER in COAPT trial



J Am Coll Cardiol . 2021 Mar 2;77(8):1029-1040.

Clinical Scenario: TEER or not?

- Mr. Chung, 68 years
 - previous MI with shock, repeated HF (4 hospitalizations/6 month), LVEF 12% (MRI LVEF 9%)



CVRF

MitraClip in secondary MR as a bridge to heart transplantation

119 patients, median 58 years, with moderate-to-severe or severe FMR and advanced HF, median LVEF 26%



J Heart Lung Transplant . 2020 Dec;39(12):1353-1362.

Clinical Scenario: Severe MR with Cariogenic shock

• Mr. Lee, 78 years

 DM, CABG, cariogenic shock, LVEF=15%, Cr=7.9, Ammonia=330, On ECMO+IABP





Clipping Severe Functional Mitral Regurgitation in A Failing Heart Under Extracorporeal Membrane Oxygenation (ECMO) Support



Patient eventually died in June 2021





Mild MR left

• in Fc II

PHILIPS

- function well on rehabilitat
- on TIW H/D



Mitral TEER in Patients With Severe Mitral Regurgitation and Cardiogenic Shock



J Am Coll Cardiol . 2022 Nov 29;80(22):2072-2084.

Mortality and HF hospitalization in Patients With Severe MR and Cardiogenic Shock after TEER



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J Am Coll Cardiol . 2022 Nov 29;80(22):2072-2084.



EuroIntervention . 2023 Jan 23;18(12):957-976.

Subgroup Analyses for the 5-Year Death or First HHF in COAPT

Hazard Ratio (95% CI) Subgroup **Device Group Control Group** no. of patients with event/total no. of patients (Kaplan-Meier estimate of event rate, %) 213/302 (73.6) All patients 266/312 (91.5) **—** 0.53 (0.44-0.64) Median age Age 118/157 (78.1) ≥74 yr 136/160 (93.9) 0.57 (0.44-0.74) <74 yr 95/145 (68.6) 130/152 (89.1) 0.49 (0.38-0.64) Sex Female 64/101 (66.6) 94/120 (83.7) 0.60 (0.43-0.82) Gender Male 149/201 (77.0) 172/192 (96.2) 0.47 (0.38-0.59) Cause of cardiomyopathy Ischemic /184 (76.1) 159/189 (92.4) 0.53 (0.42-0.67) ischemia or not Nonischemic /118 (69.6) 107/123 (90.2) 0.54 (0.40-0.72) Previous cardiac resynchronization therapy Yes 84/115 (74.9) 96/109 (93.0) 0.56 (0.41-0.75) -CR1 No 129/187 (72.9) 170/203 (90.6) **—** 0.52 (0.41-0.66) Hospitalization for near tanure within previous yr Yes 143/204 (73.7) 175/203 (92.5) 0.52 (0.41-0.65) No 70/98 (73.4) 91/109 (89.0) 0.57 (0.42-0.78) **— Baseline NYHA class** lorl 92/130 (72.8) 92/110 (88.2) 0.55 (0.41-0.74) ____ NYHA Ш 108/154 (74.5) 0.56 (0.44-0.73) 143/168 (92.2) **----**IV 0.48 (0.25-0.94) 13/18 (72.2) 30/33 (100) STS replacement score ≥8% 96/126 (80.7) 115/136 (94.8) 0.56 (0.42-0.74) 0.51 (0.40-0.66) <8% 117/176 (68.7) 151/176 (89.2) Surgical risk statu High 154/205 (79.3) 183/218 (91.1) 0.59 (0.47-0.73) Surgical risks Not high 56/94 (60.8) 83/94 (92.0) 0.41 (0.29-0.58) Baseline grade of mitral regurgitation 3+ 97/148 (69.0) 143/172 (89.1) 0.51 (0.39-0.66) 4+ 0.54 (0.42-0.70) 116/154 (78.0) 122/139 (94.4) **—** Baseline left ventricular ejection fraction ≥30% 102/150 (70.8) 125/151 (88.9) 0.54 (0.41-0.70) 94/131 (75.3) 0.45 (0.34-0.59) <30% 128/143 (95.6) LVEF 0.49 (0.31-0.79) >40% 34/50 (72.0) 42/53 (92.0) 162/231 (73.0) 0.50 (0.40-0.61) ≤40% 211/241 (92.1) Median baseline left ventricular end-diastolic volume ≥181 ml 102/141 (75.6) 130/147 (93.1) 0.53 (0.40-0.69) 123/147 (91.1) <181 ml 94/140 (69.9) 0.47 (0.36-0.62) 0.5 0.2 1.0 1.5 **Device Intervention Better Control Therapy Better**

N Engl J Med . 2023 Jun 1;388(22):2037-2048.

Conclusion

- In selected pts with HF and 3+/4+ FMR who remain symptomatic despite GDMT, TEER may improve 5 year survival and freedom from HFH.
- Benefits have been seen in all COAPT subgroups.
- For patients with severe FMR and advanced HF, unstable hemodynamics or hostile mitral anatomy, TEER still can be the salvage therapy.
- Early treatment is better, but it's never too late to have a clip.