# How to Establish an Efficient and Successful CTO Program in a Large PCI Center?

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#### **Disclosure**

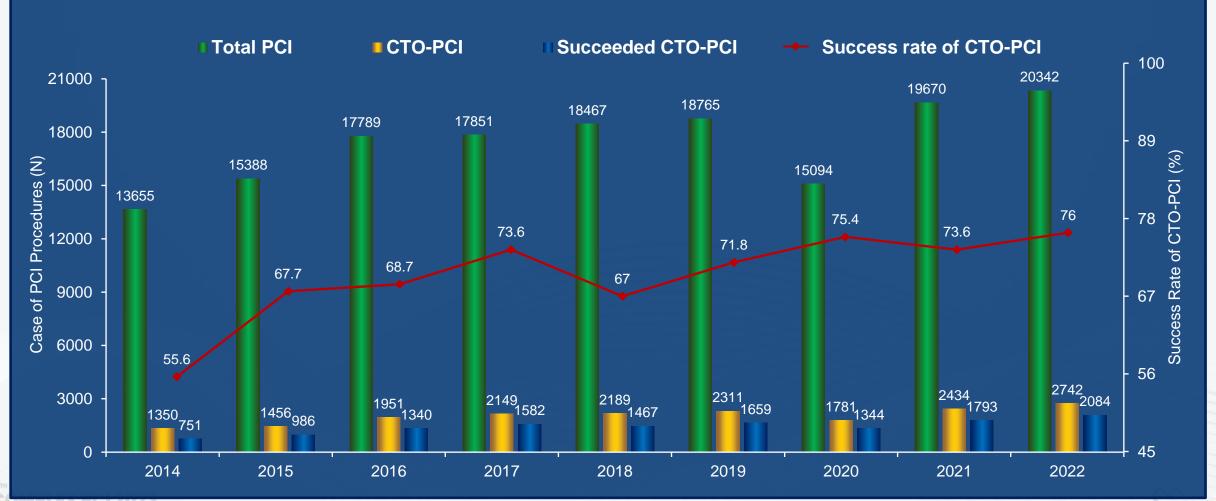
I, (Kefei Dou) DO NOT have a financial interest/arrangement or affiliation with one or more organizations that could be perceived as a real or apparent conflict of interest in the context of the subject of this presentation.





#### **CTO PCI at Fuwai Hospital**

#### CTO-PCI constitutes around 12% of all PCI procedures.



MAKE IT SIMPLET TECHNICAL FORUM A TO Z

# Challenge in a Large PCI Center

- Many, Many, Many.....patients
- A large proportion of transferred patients with complicated clinical and anatomic situation
- Limited cathlab (1 operator less than 1 day/ 1 week averagely; 25 cases/ day per lab)
- Experienced hungry cardiac surgeon
- More and more CTOs



#### Why CTO Program in Large PCI Center is Needed

- More and more CTOs and CHIP CTOs
- Techanically complicated, Clinically high risky
- Duty
- What is our goal?
  - > Clinical beneficial; successful /efficient /safe procedure
- · HOW?



# How to Establish an Efficient and Successful CTO Program in a Large PCI Center?

- 1. Build CTO teams
- 2. Technique and Strategy Training
- 3. CTO procedure at the right time
- 4. Team work
- 5. Review, analysis and promotion
- 6. Academic communication
- 7. Support from Cardiac surgeon



#### **#1 Build CTO teams**

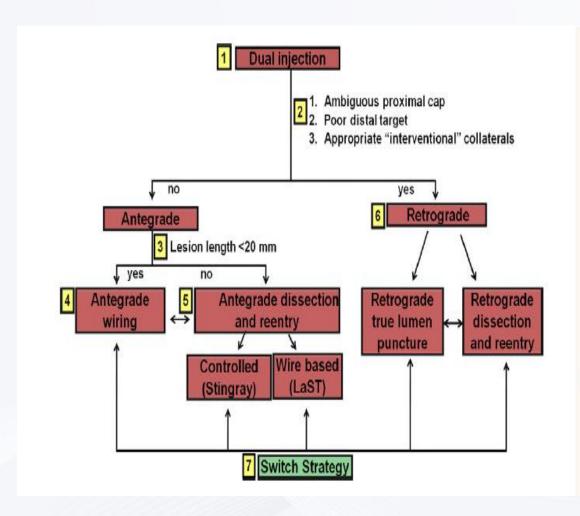


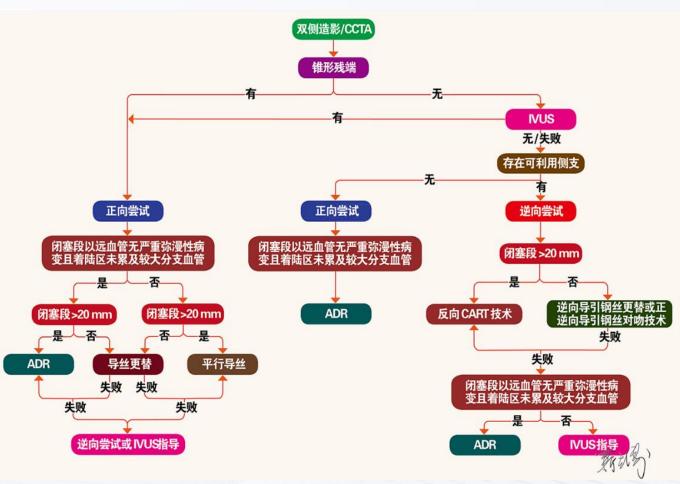
# #2 Technique and Strategy Training

- CTO indication/ contraindication
- When to stop CTO procedure
  - > Time > 3h , Contrast > 4\*eGFR , Radiation > 5Gy
- Technical details
  - > Angio ,GC, Wire, MC, IVUS ,Problem solving
- Appropriate Strategy
  - > Ante, Retro, ADR, Strategy switch



#### Make a plan on the basis of Lesion characteristics

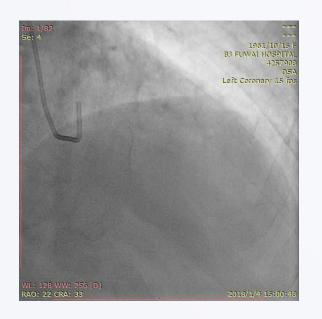


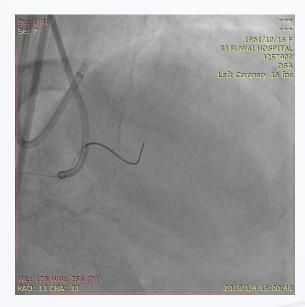






#### **Bilateral Injection**

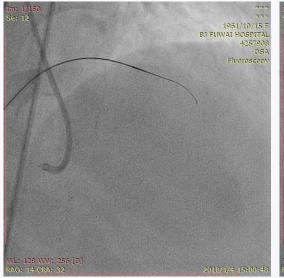


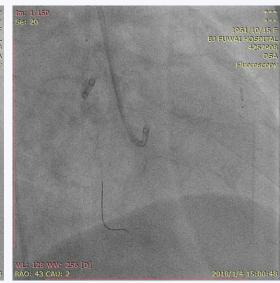


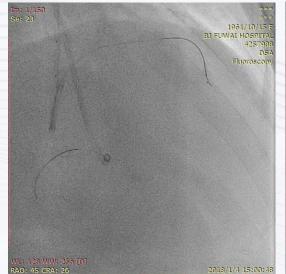
- 1. Inject donor vessel first
- 2. Wait 1-2 sec before injecting CTO vessel
- 3. No panning
- 4. Cine until contrast clears

#### Dual angiography DURING PCI

Subintimal crossing, Stingray balloon, Wire redirection, guide stenting









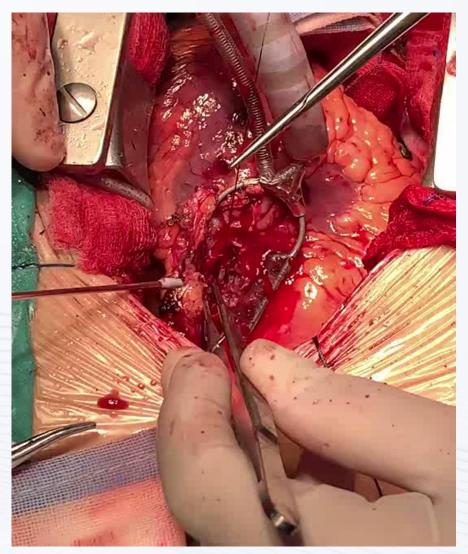
# **LAD CTO PCI without Bilateral Injection**



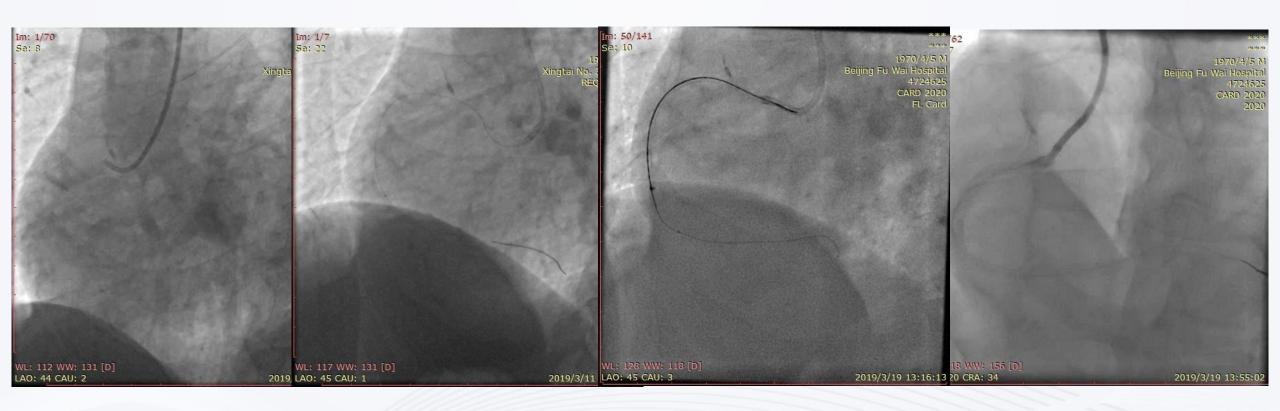








# **GC Support**

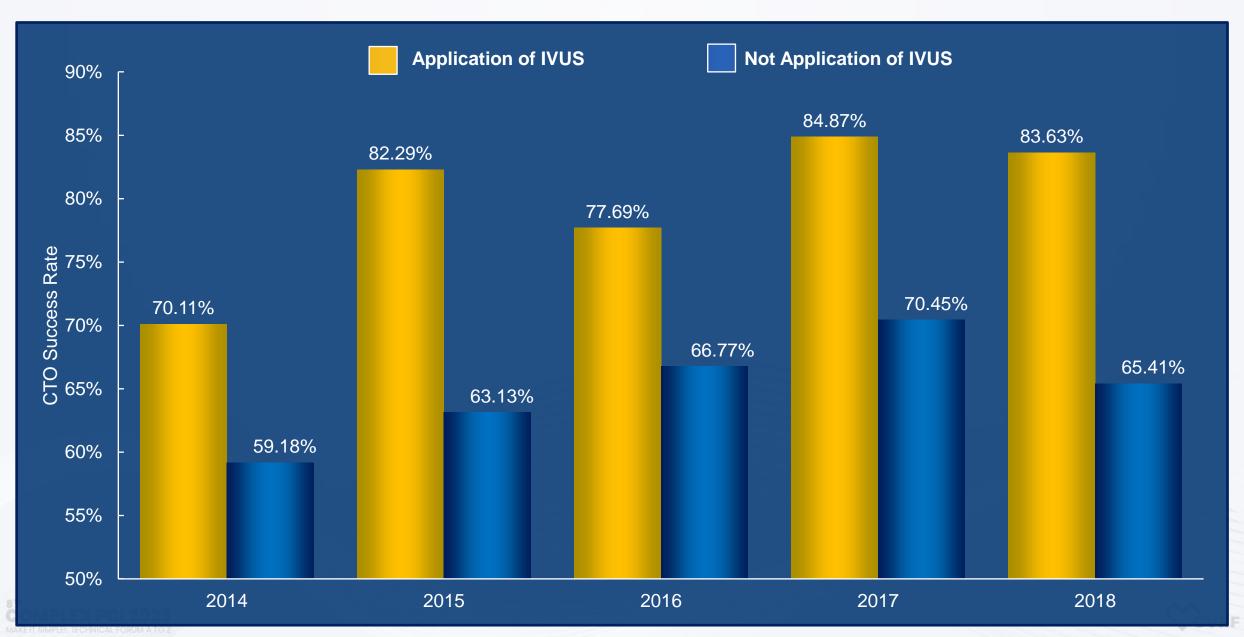


6F JR 4 MC × 7F AL 0.75+Guidezilla





#### **IVUS and CTO Success Rate**



#### **#3 Appropriate Time**

- Pre-set CTO time (whole day or at least part of day),no need to consider other cases
- Day time, not in midnight
- Planned CTO procedure, not ad hoc CTO especially high score cases



# #3 Appropriate Time: Nightmare in midnight







#### #4 Team work

- Senior expert do cases or support
- Double independent operator system:
- Assistant work should be ready anytime:

**ACT/Vasoactive agent/mechanical** 

Support/echo/pericardial centasisi/surgeon.....







#### **#5 Case Review and Discussion**

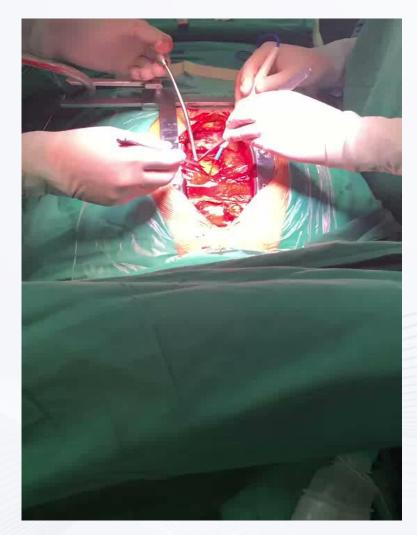


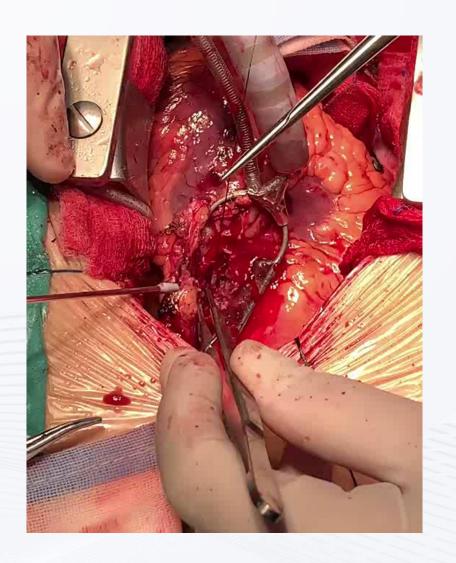


#### **#6 Communication**



# **#7 Support from Cardiac surgeon**



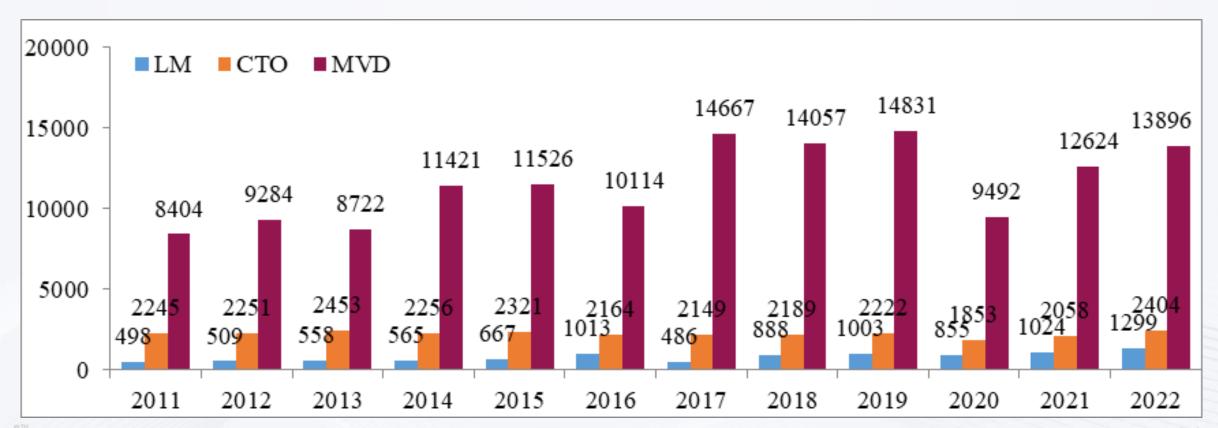




#### #8 CHIP-CTO training

#### High risk and complex coronary intervention

89.3% of MVD, 8.3% of LM, and 15.5% of CTO. 17.5% moderate to sever calcified lesion.

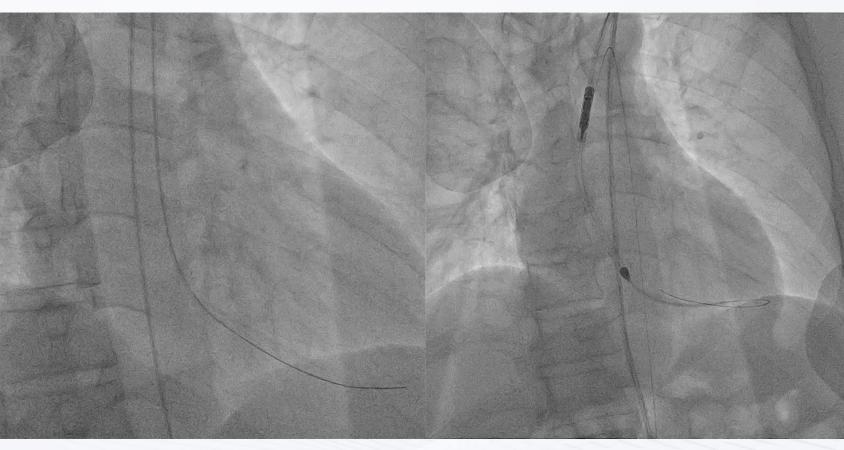


# CASE:52yr Male ,EF 32%,LVDD 66mm



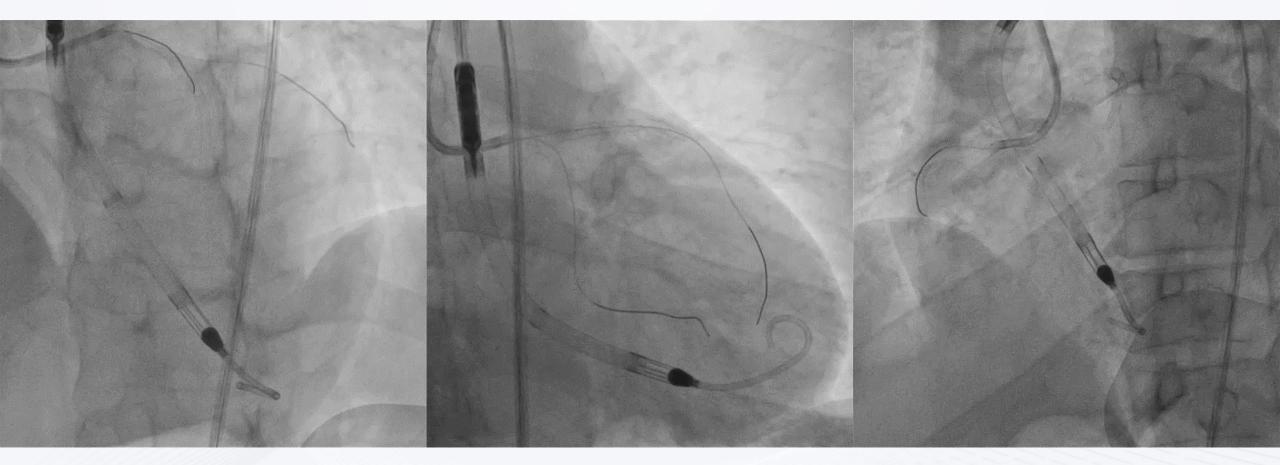
#### **Percuatneous LV Assist Device**





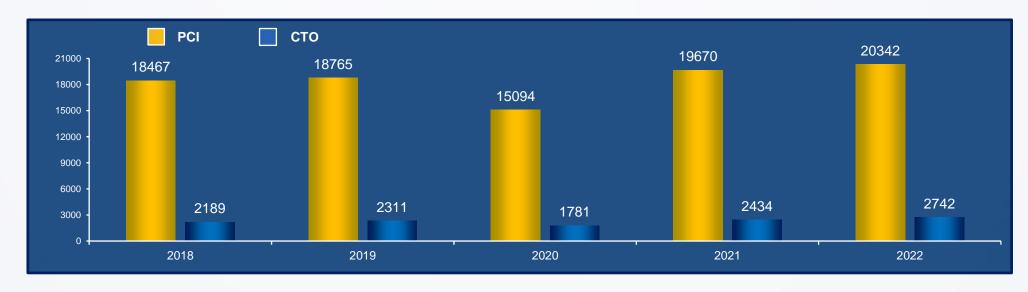
# 1M FU:EF 42%, LV 62mm

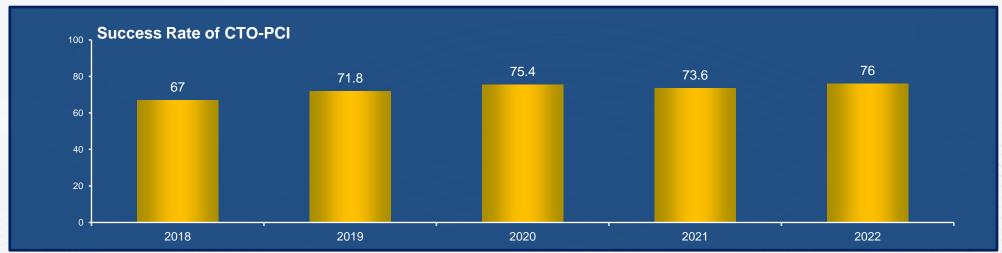
LAD LCX RCA





# **CTO PCI Average Success Rate**



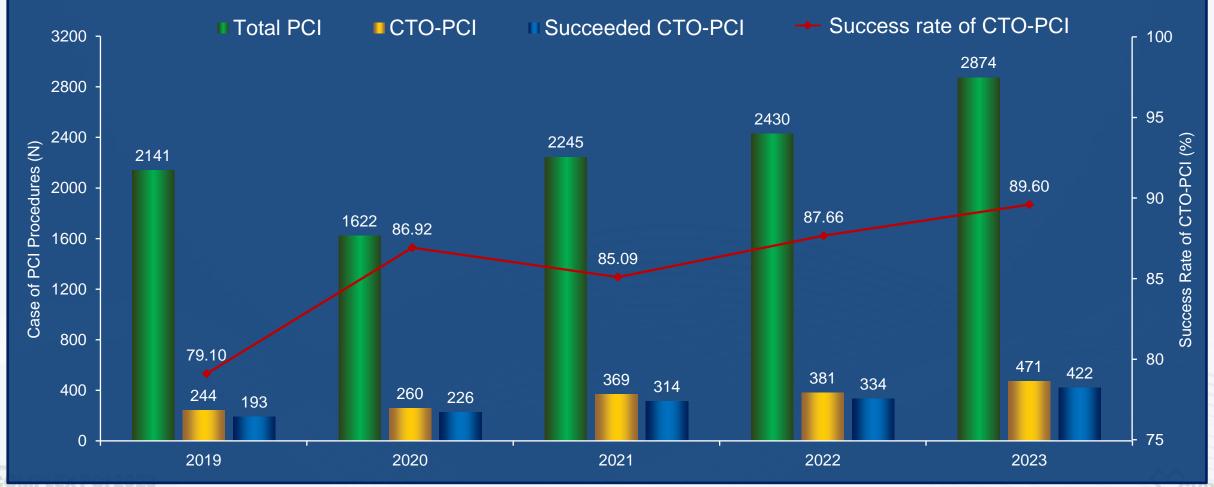






# CTO PCI at Well Trained Team(J score 1.9)

CTO-PCI constitutes around 16% of all PCI procedures. The annual success rate of CTO-PCI has shown a steady increase over time.



MAKE IT SIMPLEI: TECHNICAL FORUM A TO Z