# Imaging for Complex PCI : Where We Are and Where We Go

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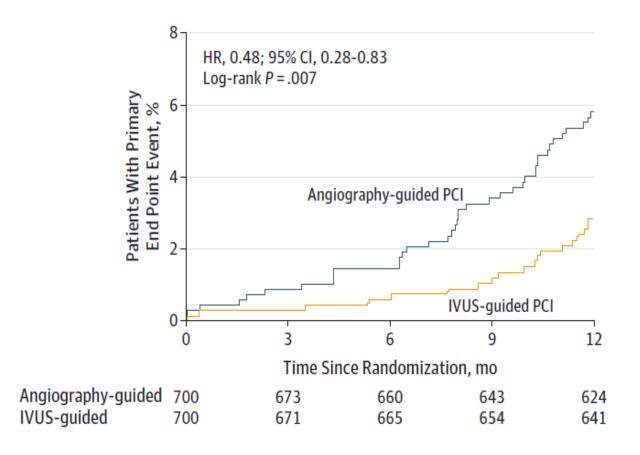
# Why Do We Need IVUS for Complex PCI?

## IVUS Improved Clinical Outcomes in Large RCTs

**IVUS** 

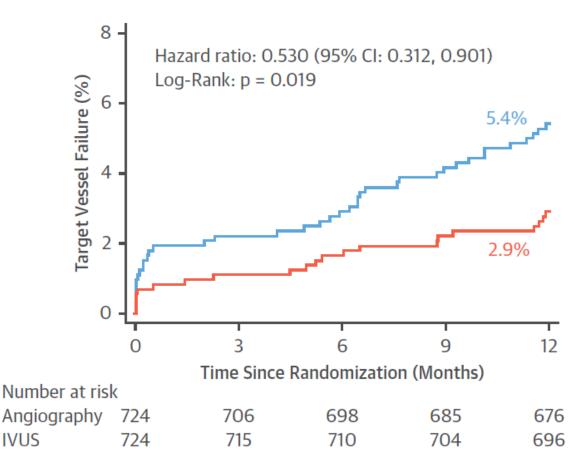
#### **IVUS-XPL** (Long lesions)

MACE (CD+TL-MI+ID-TLR)



#### **ULTIMATE** (All-comer)

TVF (CD+TV-MI+CD-TVR)

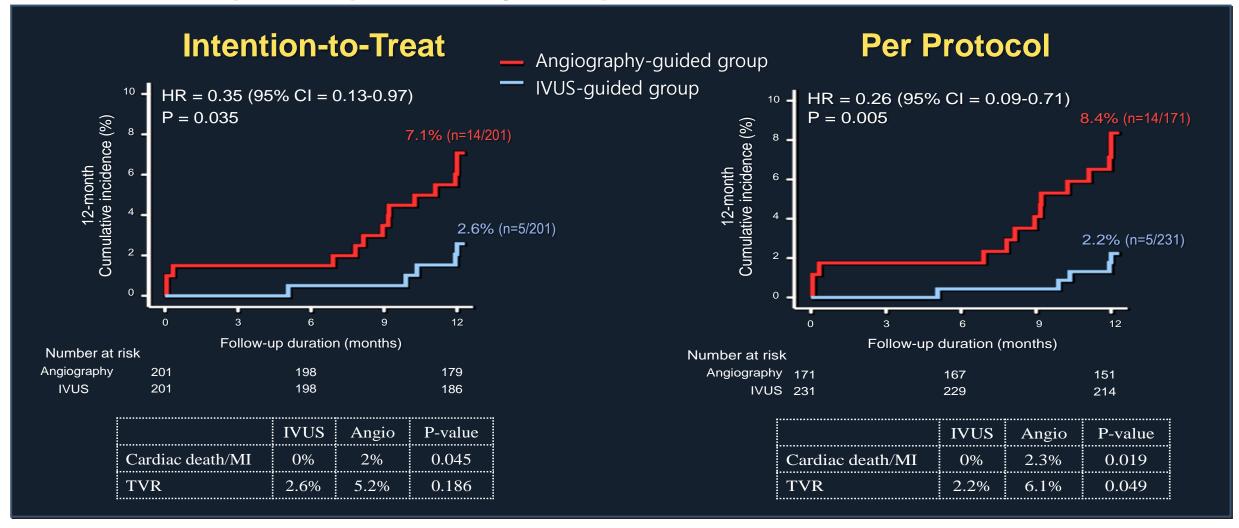


Hong SJ, Hong MK et al. JAMA 2015;314:2155-63.

Zhang J et al. J Am Coll Cardiol 2018;72:3126-27.

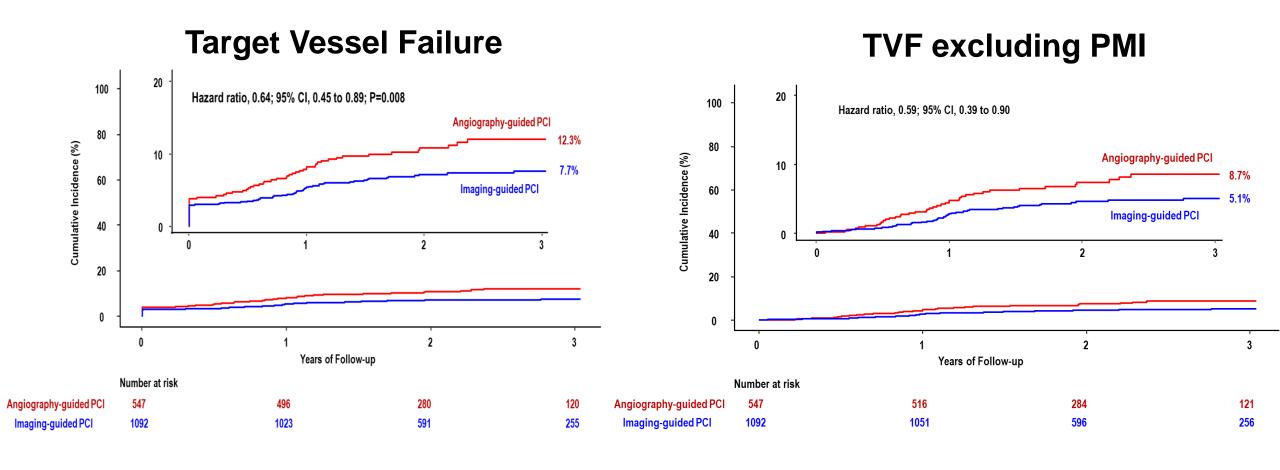
## IVUS Improved Clinical Outcomes in CTO PCI

CTO-IVUS (N=402), Primary endpoint: Cardiac death, MI, and TVR



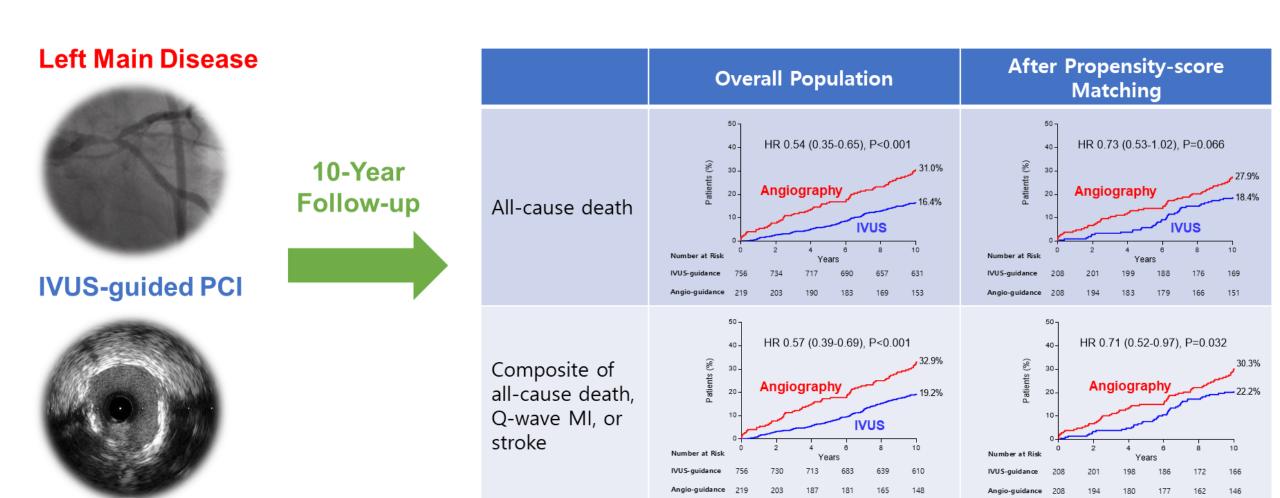
## IVUS Improved Clinical Outcomes in Large RCTs

RENOVATE-COMPLEX-PCI (Bifurcation, CTO, LM, Long, MV, ISR, Calcification)



## IVUS Improved 10-yr Clinical Outcomes in LM Registry

#### **MAIN-COMPARE** Registry



## IVUS vs. Angio-guided LM PCI: Ongoing RCTs

#### **OPTIMAL (NCT04111770)**

IVUS vs. QCA in 800 patients

Any unprotected LM disease

PoCE: Death, stroke, MI, RR at 2 yr

Europe

PI: Dr. Adrian Banning

#### **INFINITE (NCT04072003)**

IVUS vs. Angio in 616 patients

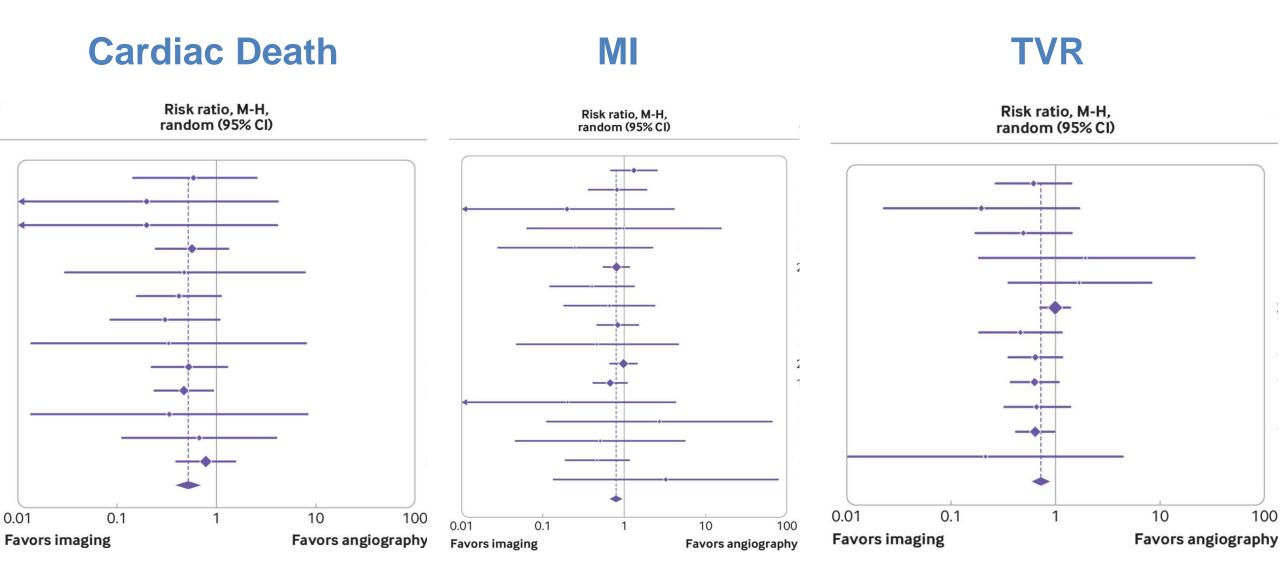
True LM bifurcation (1,1,1 or 0,1,1)

TVF: CD, TVMI, TVR at 12 month

China

PI: Dr. Junbe Ge

## Imaging vs. Angio-guided PCI: Meta-analysis of 20 RCTs



Khan SU et al. BMJ 2023. Nov 16.

#### Guideline Recommendations on IVUS-Guidance for LM PCI

#### 2021 ACC/AHA/SCAI Guideline for Coronary Artery Revascularization

➤ In patients undergoing coronary stent implantation,

IVUS can be useful for procedural guidance, particularly
in cases of left main or complex coronary artery
stenting, to reduce ischemic events



В

In patients with stent failure, IVUS or OCT is reasonable to determine the mechanism of stent failure



C

# Lesson #1: Use IVUS in Complex PCI!

Role of Intravascular Imaging for PCI Guidance?

# Optimize Acute Stent Results

## **IVUS-Guided Complex PCI in IRIS-DES Registry**

- From IRIS-DES Registry (NCT01186133) Between 2008 and 2017.
- A total 9525 patients with single complex coronary lesions were enrolled in this analysis.
- Complex coronary lesions were included
  - 1. LMCA
  - 2. Bifurcation
  - 3. Diffuse lesion (>30mm)
  - 4. Severely calcified lesion
  - 5. In-stent restenosis
- Primary outcome: composite of cardiac death, target vessel MI and TVR

#### **IVUS-Guided PSP**

#### Under the Intracoronary Imaging Guidance

# Inspection of lesion characteristic by IVUS

Calcification
Plaque burden and configuration
Opening of side branch

# Selection of stent size and length by IVUS

Stent landing zone configuration
Lesion length
Reference vessel size

# Surveillance of stent outcomes

Stent apposition
Stent area
Procedural complications





(S) s

#### Stent Sizing







#### Post-dilation





Lesion pre-modification for stent delivery and expansion: High pressure balloon Cutting or scoring balloon Rota-ablation

Full lesion coverage Adequate stent size Complete stent apposition
Sufficient stent area
No geographic miss
No procedural complications

## **IVUS-Guided PSP, What Is Different?**



1.42

1.4

1.38

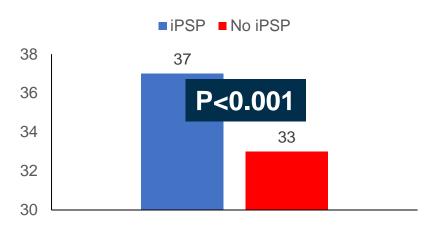
1.36

1.34

1.32

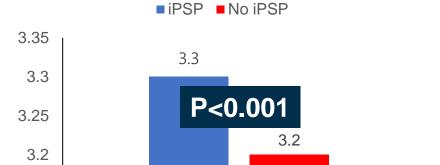
3.15

**Stent Length (mm)** 

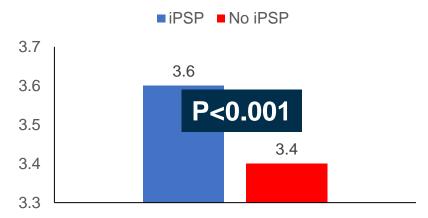




1.35



#### Final Balloon Size (mm)



Park HB et al. JACC Cardiovasc Interv. 2020;13:1403-1413.

### **Imaging-Guided Complex PCI – Better Clinical Outcome**

	Crude cumulative incidence (%)			Multivariate analysis		PS matching		IPTW	
	iPSP	No iPSP	Р	HR (95% CI)	Р	HR (95% CI)	Р	HR (95% CI)	Р
Primary outcome	5.7	8.0	0.001	0.74 (0.61-0.90)	0.003	0.71 (0.56-0.90)	0.005	0.71 (0.63-0.81)	<0.001
Cardiac death	2.3	3.6	0.003	0.73 (0.53-0.99)	0.047	0.78 (0.53-1.15)	0.20	0.62 (0.51-0.75)	0.003
Target vessel MI	0.2	0.5	0.19	0.68 (0.30-1.55)	0.36	0.78 (0.29-2.09)	0.62	0.65 (0.38-1.10)	0.10
TVR	3.4	4.6	0.02	0.73 (0.57-0.94)	0.02	0.68 (0.50-0.92)	0.01	0.74 (0.63-0.87)	<0.001

## Post-dilation was the Most Significant Event Predictor Among 3 Components of iPSP

	Univariate analy	sis	Multivariate analysis*			
	HR (95% CI)	P value	HR (95% CI)	P value		
Pre-dilation	0.89 (0.69-1.15)	0.374	0.84 (0.64-1.11)	0.216		
Stent-sizing	0.79 (0.67-0.93)	0.004	0.89 (0.74-1.07)	0.219		
Post-dilation	0.79 (0.67-0.94)	0.006	0.80 (0.67-0.96)	0.016		

## Post-Balloon Size was Larger With IVUS

Pre-dilation	IVUS	Post-dilation	No. of patients (%)	Stent diameter (mm)	ent diameter Post balloon size (mm) (mm)		Adjusted HR (95% CI)	P value		
No	No	Yes	129 (1.4)	3.04 ± 0.41	3.10 ± 0.81	3.04 %	0.81 (0.35-1.85)	0.613		
		Δ+0.05 (P=0.550)								
Yes	No	Yes	1719 (18.0)	3.08 ± 0.38	3.12 ± 0.86	3.07 %	0.80 (0.53-1.21)	0.297		
	Δ +0.04 (P=0.104)									
No	Yes	Yes	309 (3.2)	3.43 ± 0.41	3.79 ± 0.70	2.04%	0.72 (0.39-1.35)	0.306		
Δ +0.35 (P<0.001)										
Yes	Yes	Yes	3374 (35.4)	3.26 ± 0.39	$3.58 \pm 0.60$	1.98%	0.63 (0.42-0.93)	0.022		
	Δ +0.32 (P<0.001)									

With IVUS,
I Can Implant Bigger Stent,
With Higher Pressure Post-dilation,
Safely.

Small Details Make a Big Difference!

## Lesson #2:

Obtain Maximal MSA under IVUS-Guidance!

# IVUS-Guided Left Main / Bifurcation PCI

## Why Do We Need IVUS for LM Bifurcation PCI?

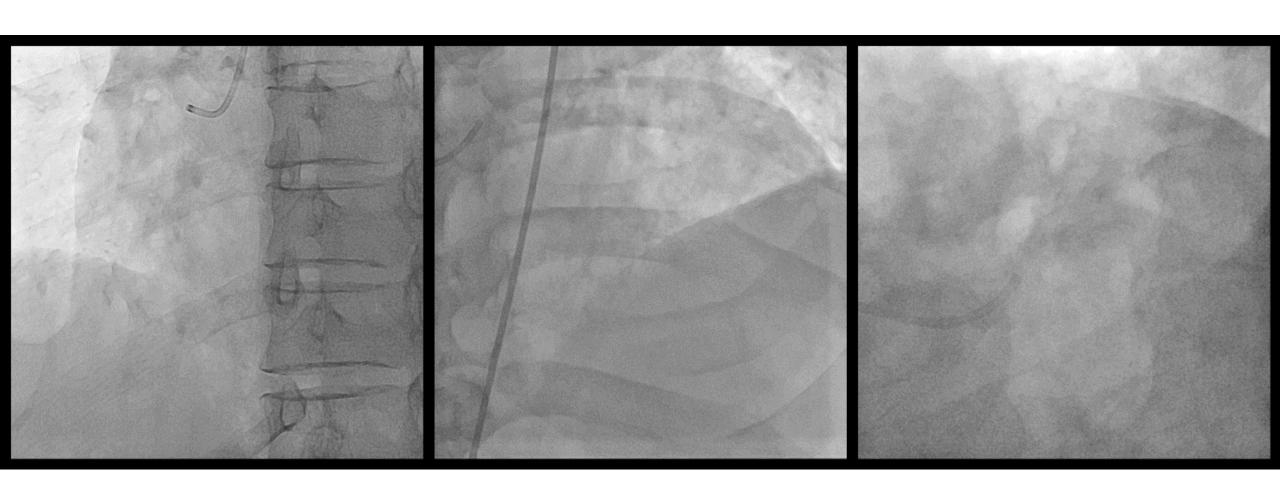
#### Planning & Guiding the PCI

- Stent Strategy (1-stent vs. 2-stent) by Accurate SB Evaluation
- Reference Vessel Size Measurement
- Select Bigger Stent & Balloons Under Vessel Size

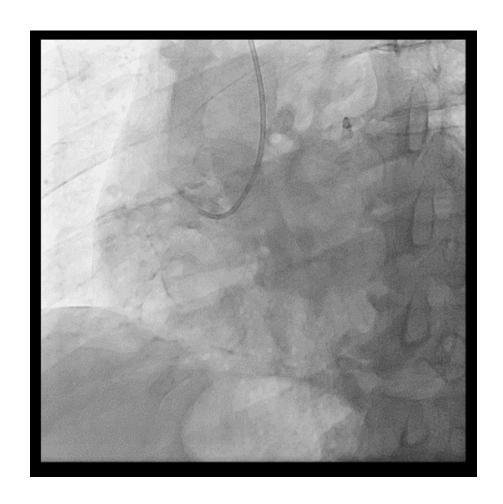
#### Final Assessment after PCI

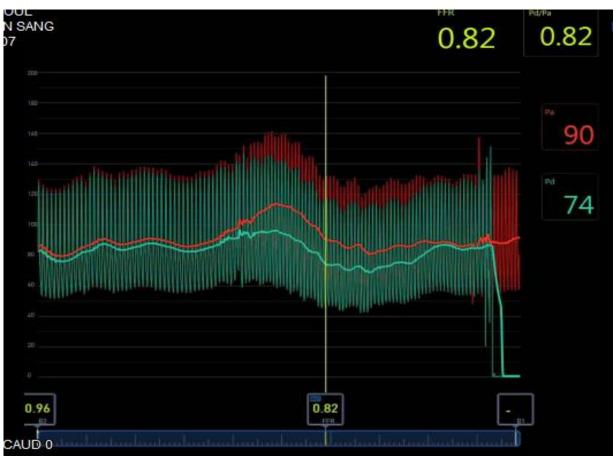
- Evaluate Stent Expansion, Strut Apposition, Edge Problems

# 84/M, NSTEMI, Referred for LM + 3VD



# RCA – FFR guided defer (0.82)

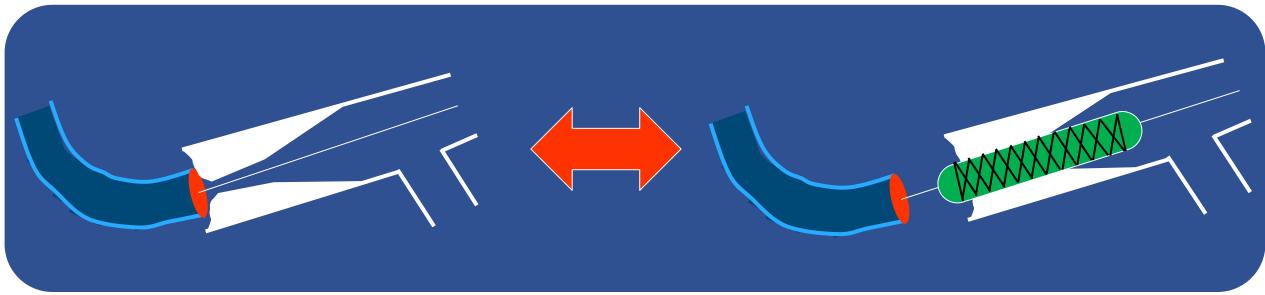




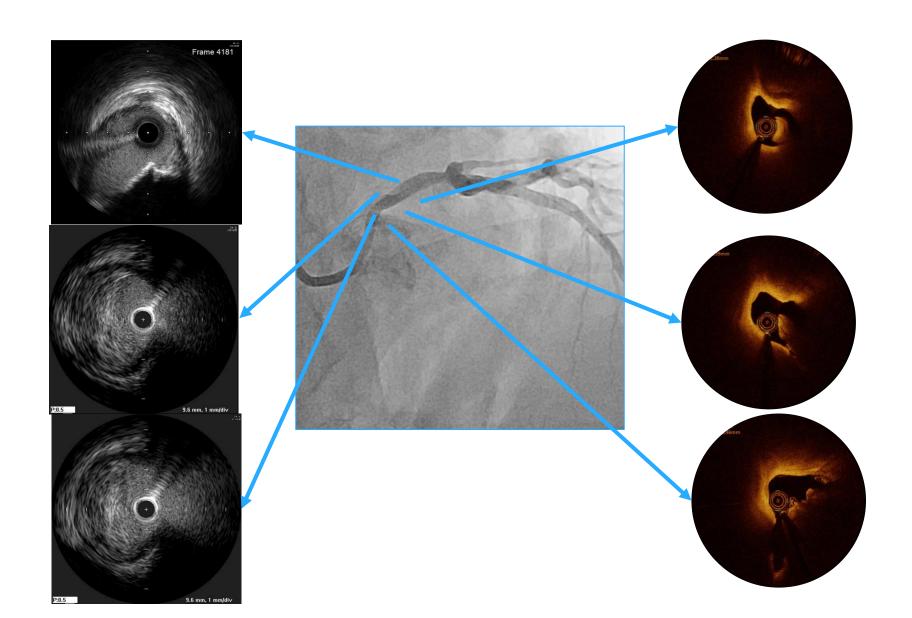
### For LM PCI, I Prefer Large (7 or 8 Fr) JL GC with Side Hole

- Minimize Ostial Injury
- Easy Back-and-Forth Motion during Procedure
- Safer Hemodynamics with Side Hole

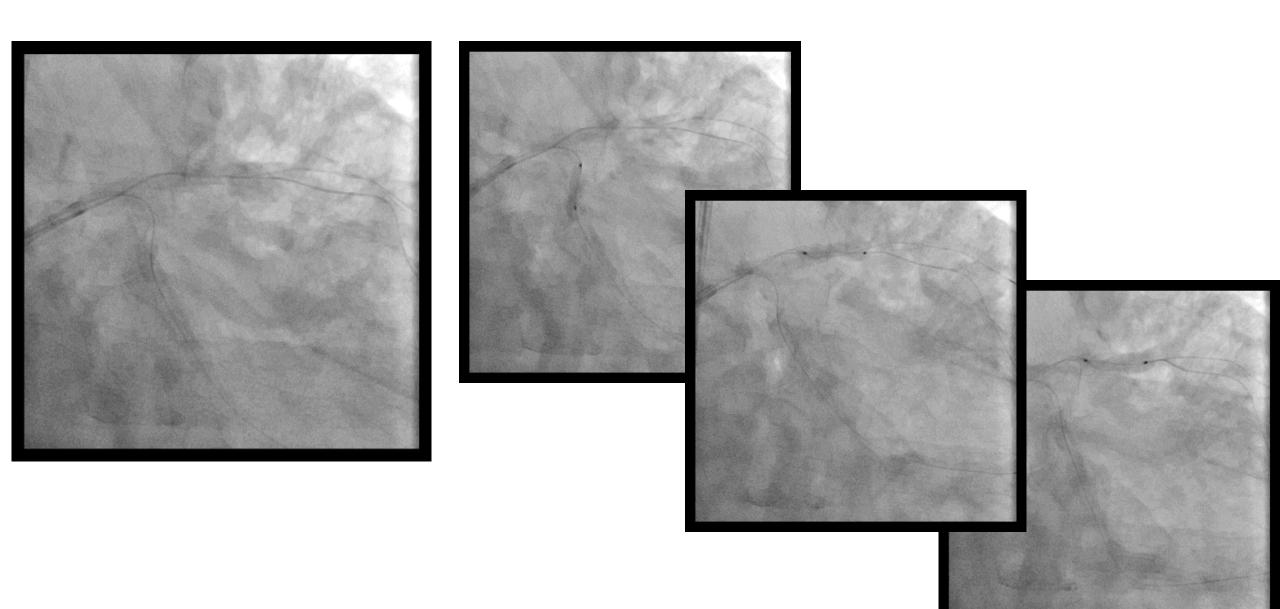




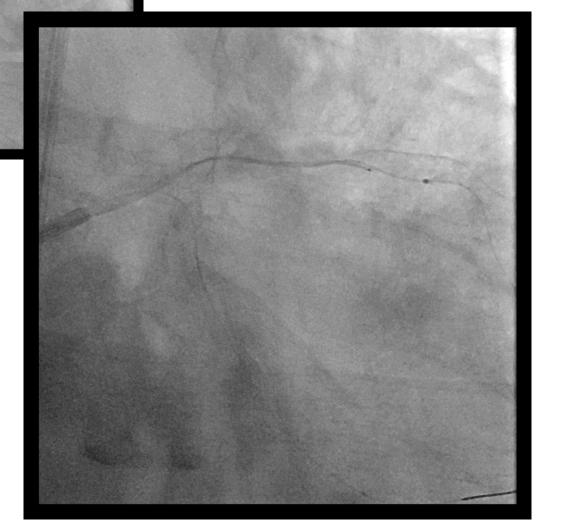
## **IVUS:** Better for Ostial Evaluation

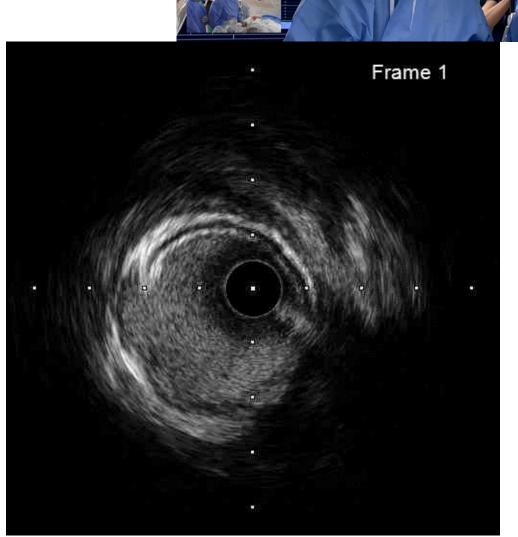


## Pre-dilation



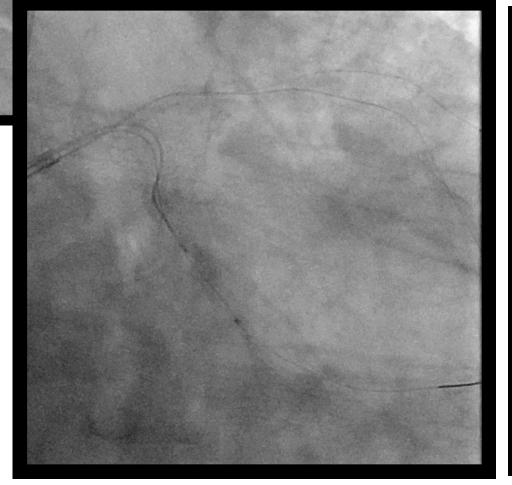
## **IVUS Evaluation - LAD**

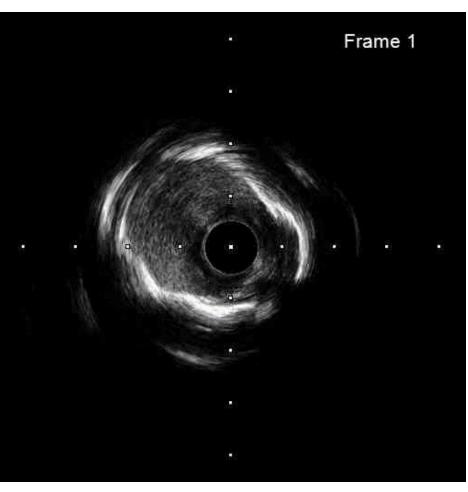












# Upfront 2-stent with CRUSH technique

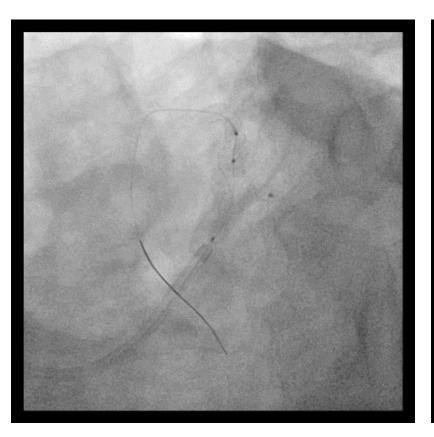


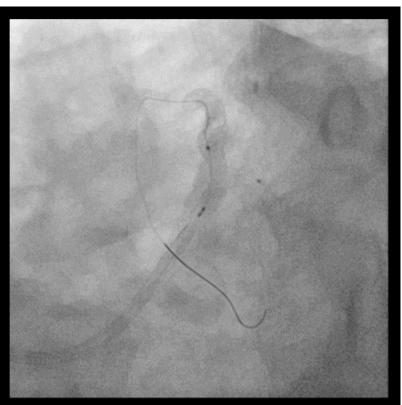
LCX DES 2.75 \* 33 mm

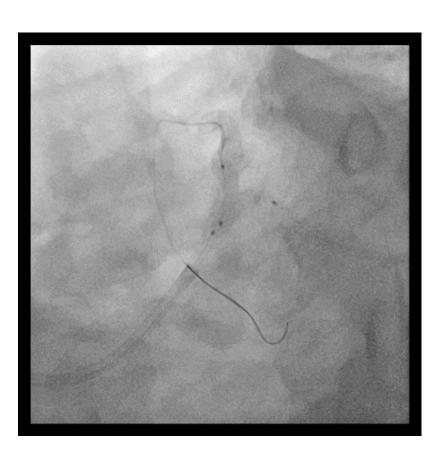
3.0 \* 15 mm NC Balloon

## Sequential High-pressure Balloon Inflation

: To Obtain Sufficient Stent Cross-sectional Area

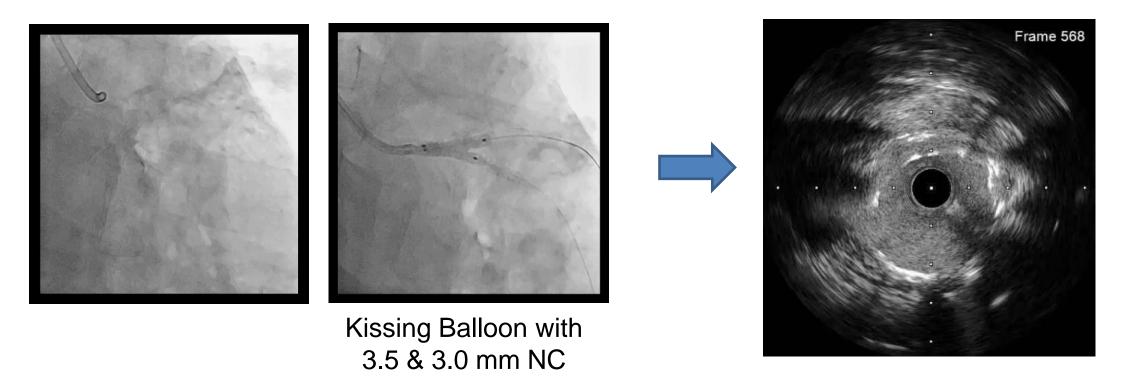






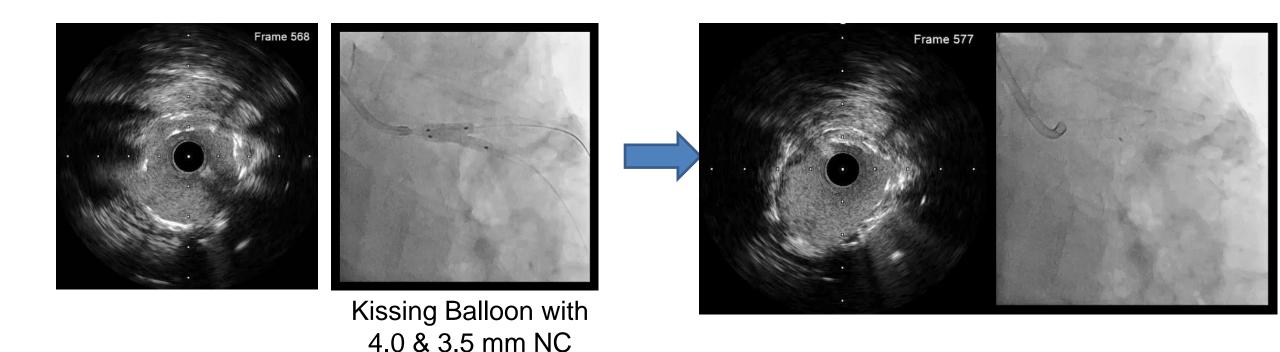
## Adequate Balloon Size is Important

- Small-sized balloons make under-expansion & malapposition, especially at POC area
- IVUS review & applying bigger NC balloons made better results



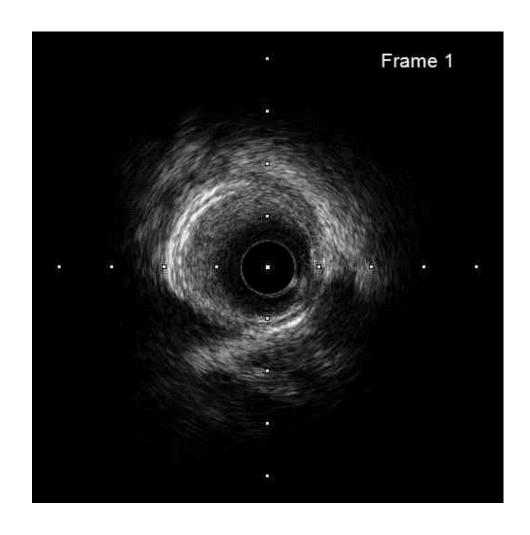
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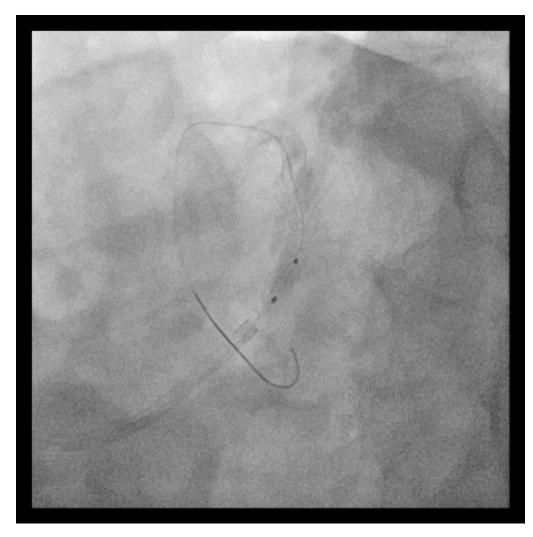


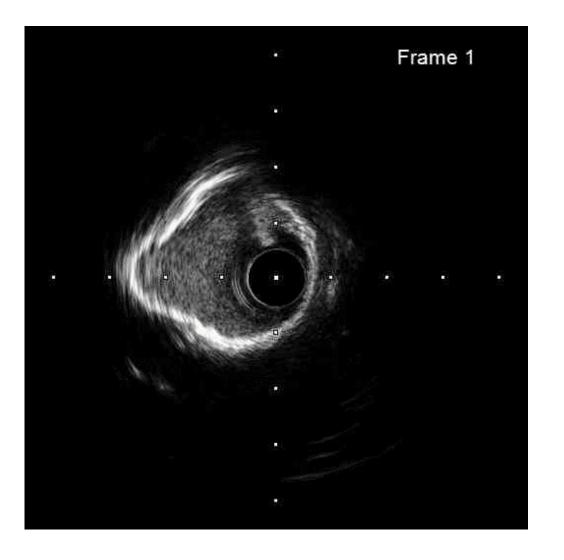
## IVUS after KB





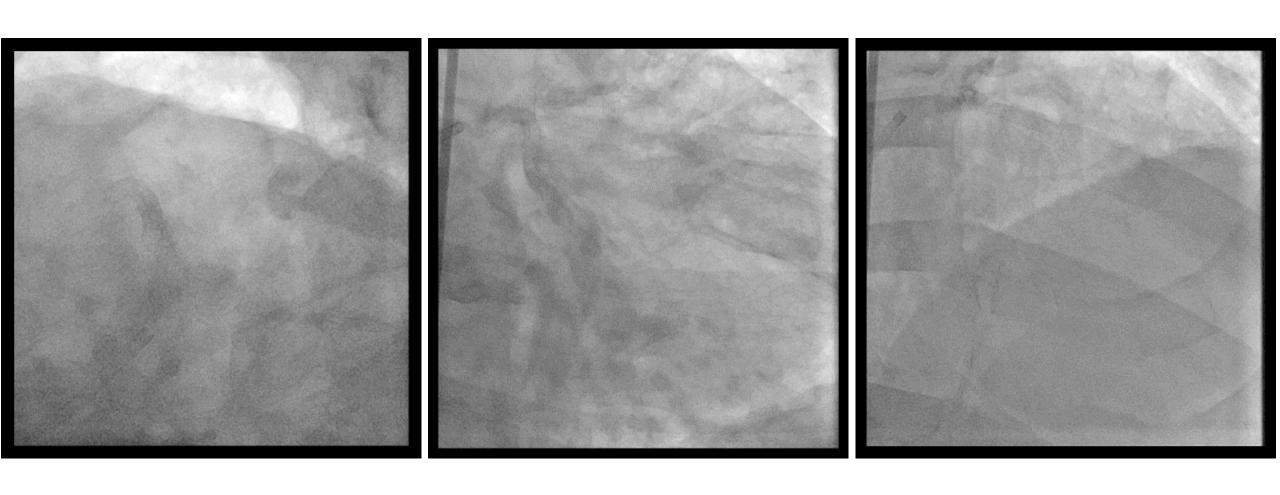
## Additional LM ostial Balloon





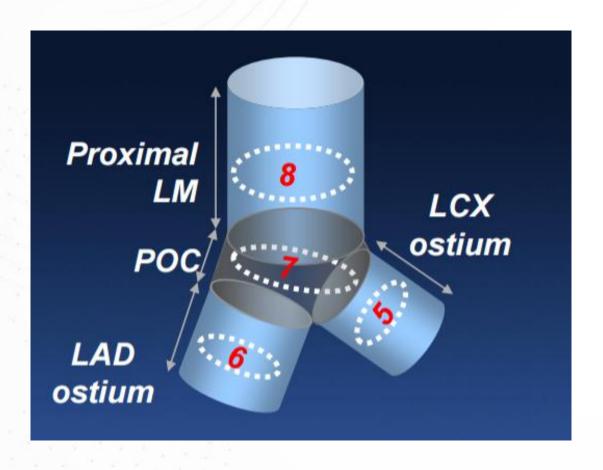
4.0 \* 8 mm NC Balloon

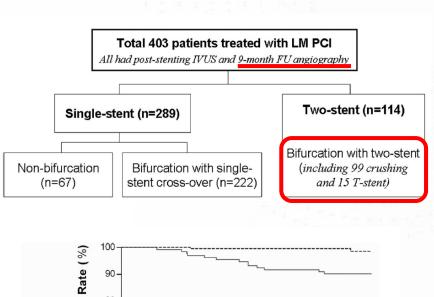
# Final CAG

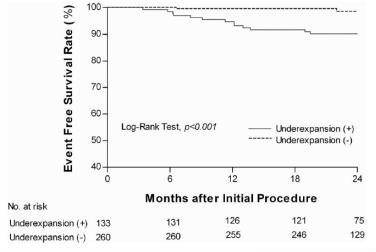


## **LM IVUS MSA Criteria**

#### Asan Medical Center Criteria









# Optimal MSA Criteria For LM Crush Technique Based on Long-Term (5-Year) Clinical Outcomes

#### 292 Patients

- Treated By Crush Technique
- Complete IVUS Imaging

Patients with unprotected LM bifurcation lesion who underwent upfront two-stent technique from March 2005 to Dec 2019 (N=479)

Excluded, N = 187

5 patient underwent simultaneous kissing stents

15 patients underwent classic T-stenting

88 patients without IVUS-guidance

18 patients without poststenting IVUS from LAD-pullback

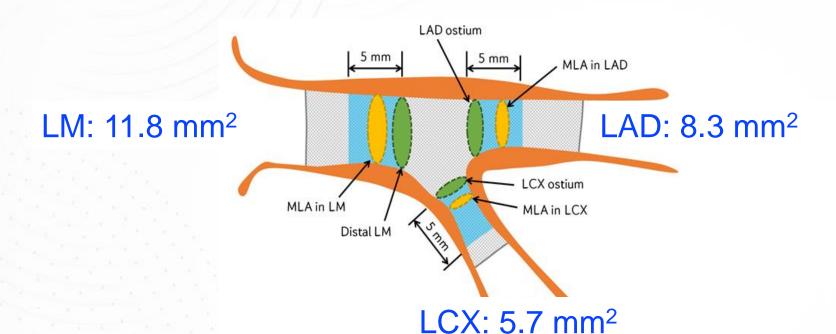
61 patients without poststenting IVUS from LCX-pullback

Patients who underwent two-stent PCI with crush technique and had complete poststenting IVUS images from both LAD and LCX pullback (N=292)

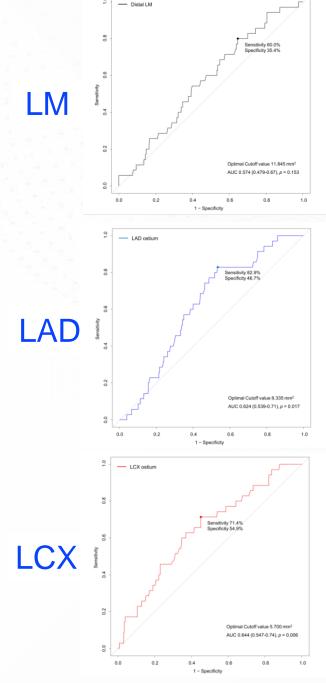




#### **ROC Curve Analysis**



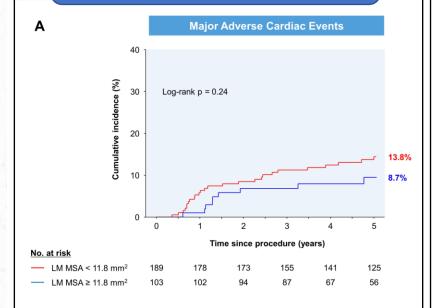
	Cutoff point	AUC (95% CI)	Sensitivity	Specificity	P value
IVUS-measured MSA (mm²)					
Distal LM	11.8	0.57 (0.48–0.67)	80.0%	35.4%	0.153
LAD ostium	8.3	0.62 (0.54–0.71)	82.9%	46.7%	0.017
LCX ostium, by LCX pullback	5.7	0.64 (0.55–0.74)	71.4%	54.9%	0.006

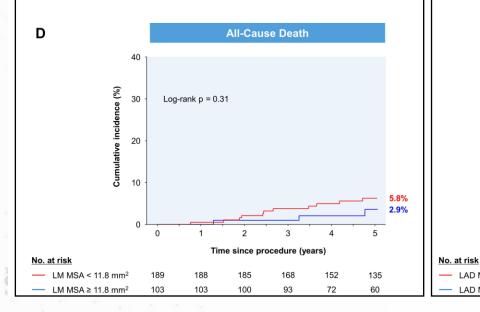


COMPLEX PCI 2022

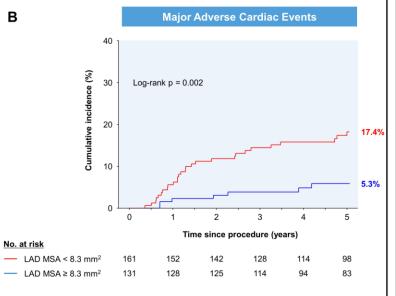
F.

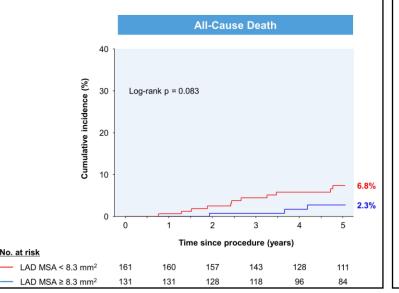
#### LM<11.8 mm<sup>2</sup>: 64.7%



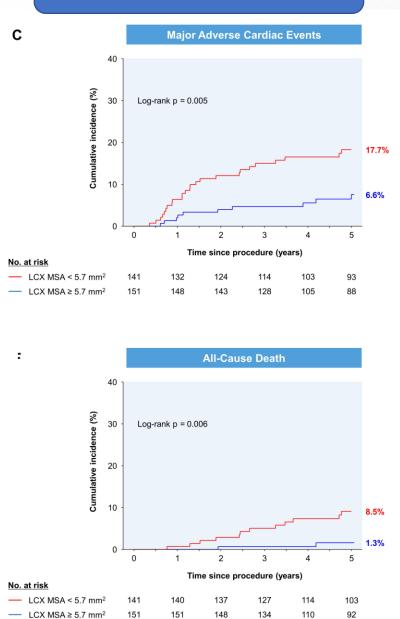




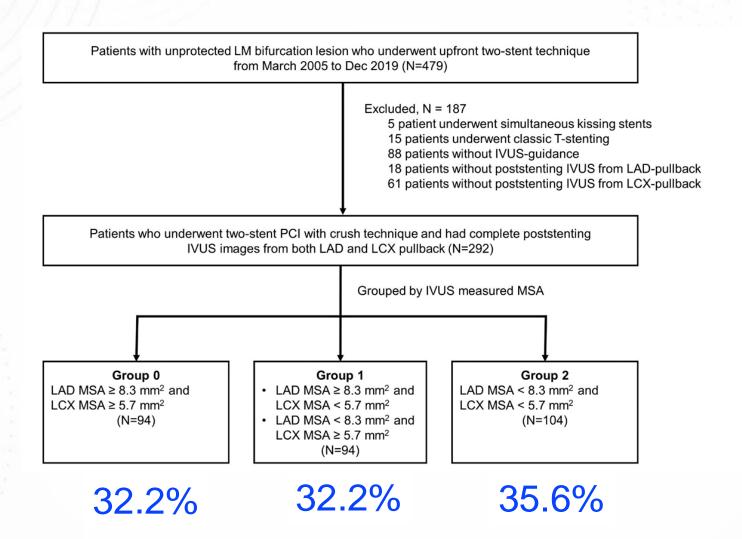




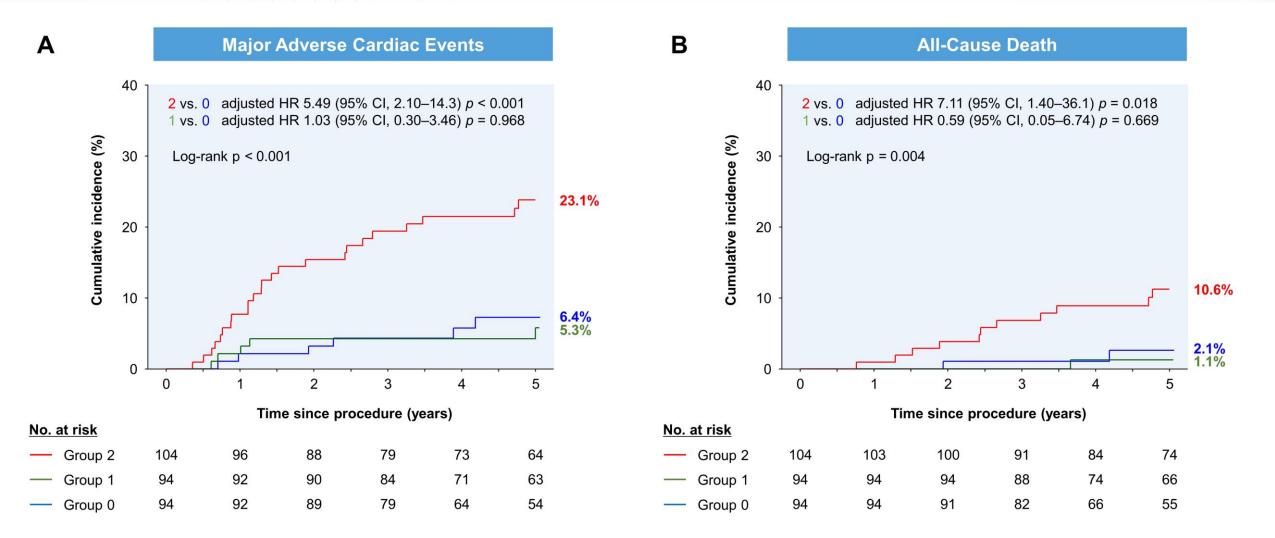
#### LCX<5.7 mm<sup>2</sup>: 48.3%



#### Incidence of Under-expansion of LM Segments and Outcomes



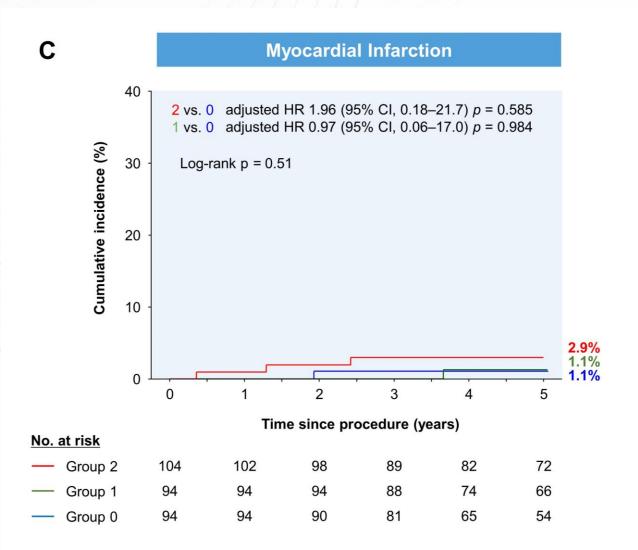
#### Incidence of Under-expansion of LM Segments and Outcomes

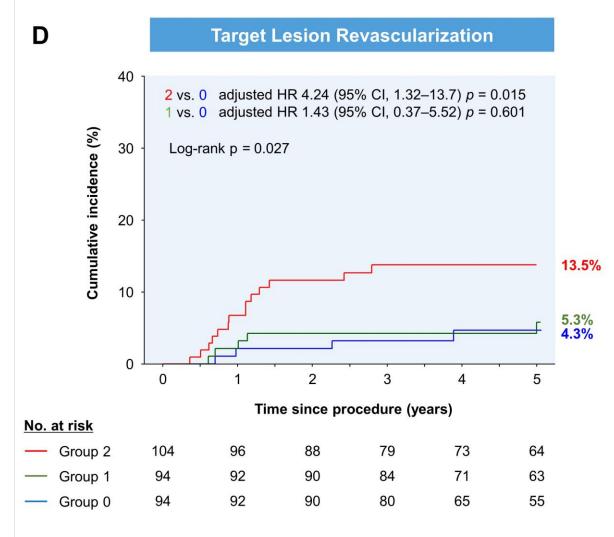






#### Incidence of Under-expansion of LM Segments and Outcomes





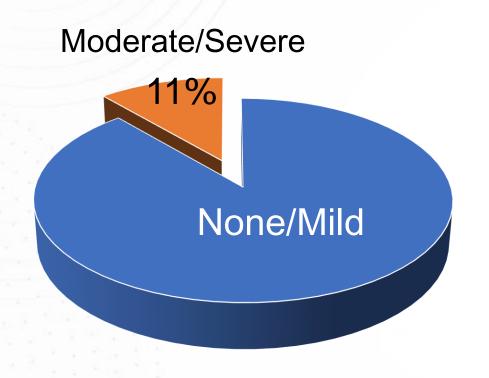
### Lesson #3:

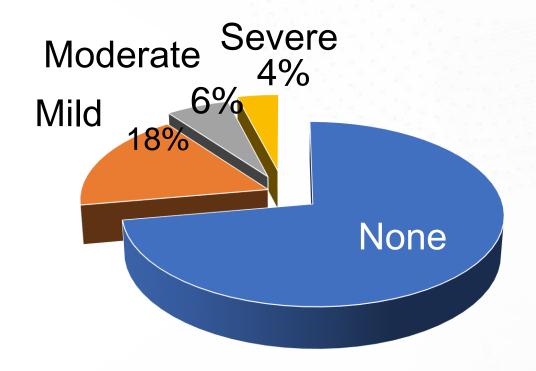
Larger Lumen should be obtained after LM 2-stent PCI,

Especially at LCX ostium !!

#### IVUS-Guided Calcified / Tortuous Lesion PCI

# Prevalence of Calcium by Angiographic severity from IRIS-DES Registry





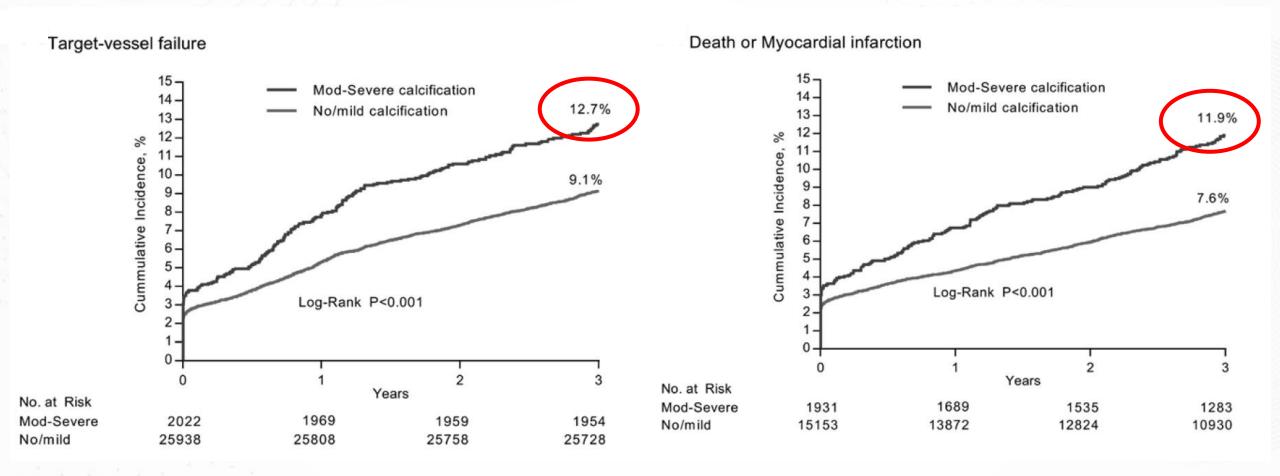
**Number of Patient** 

**Number of Lesion** 



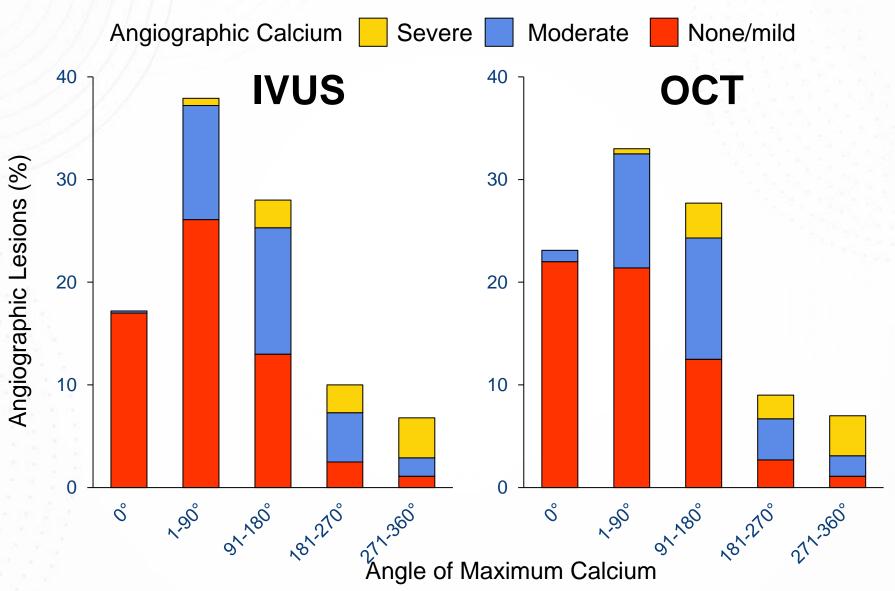


# Clinical Outcome by Angiographic Calcium Severity from IRIS-DES Registry





#### Discrepancy btw IVUS/OCT and Angiographic Calcium





COUR

#### Lesson #4:

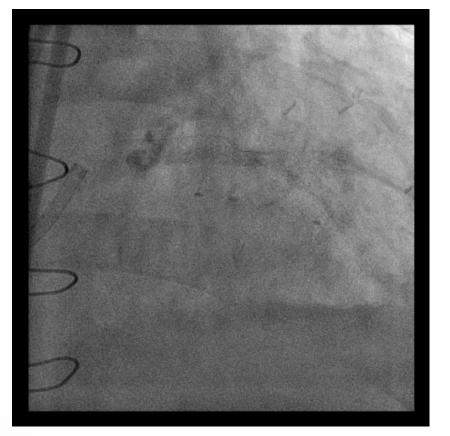
Frequently, Calcium is Invisible in Angiography

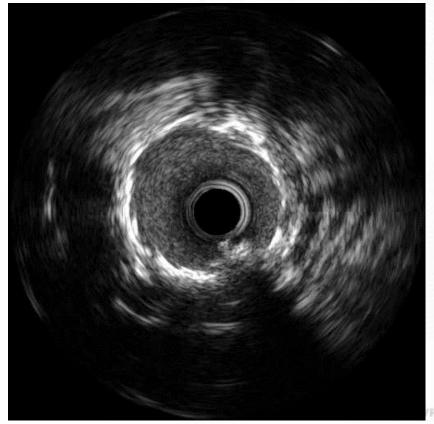
→ Evaluate IVUS !!

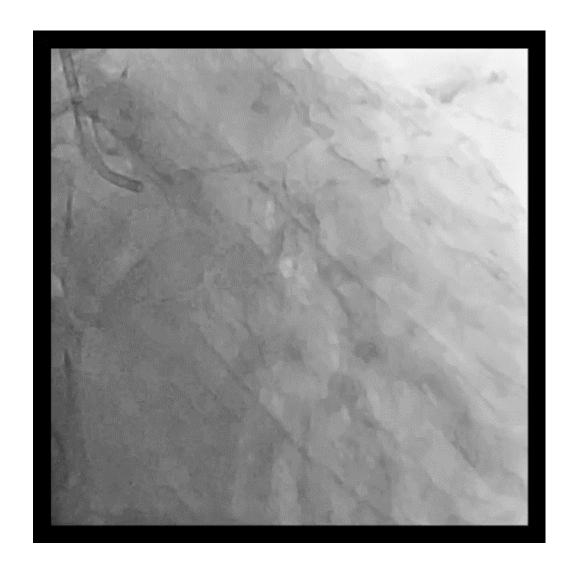
## **PCI for Heavily Calcified Lesion**

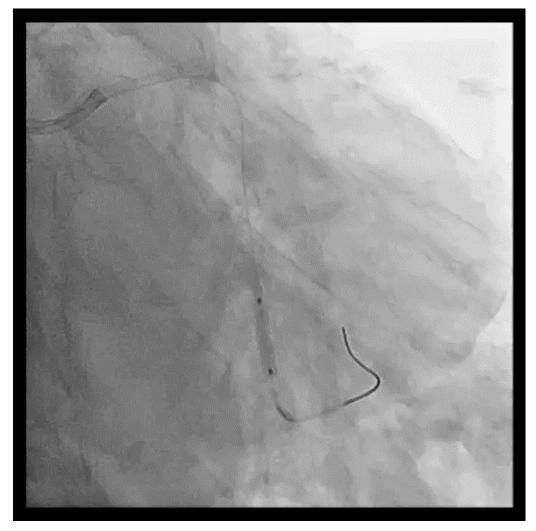
- Lesion preparation
- Lesion preparation
- Lesion preparation

Do not Stent on Poorly Prepared Calcification

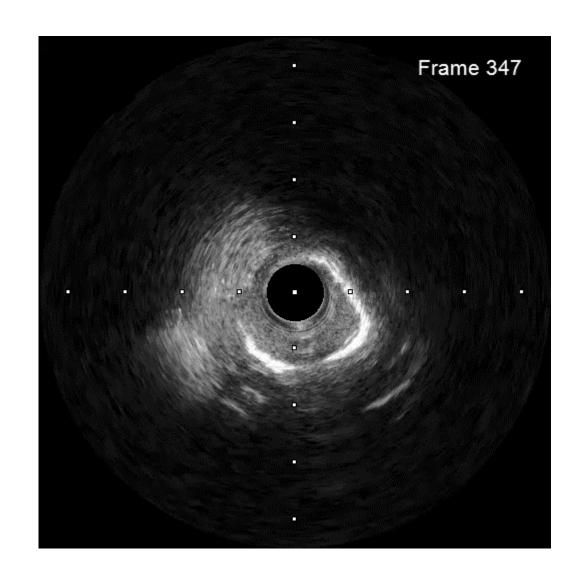


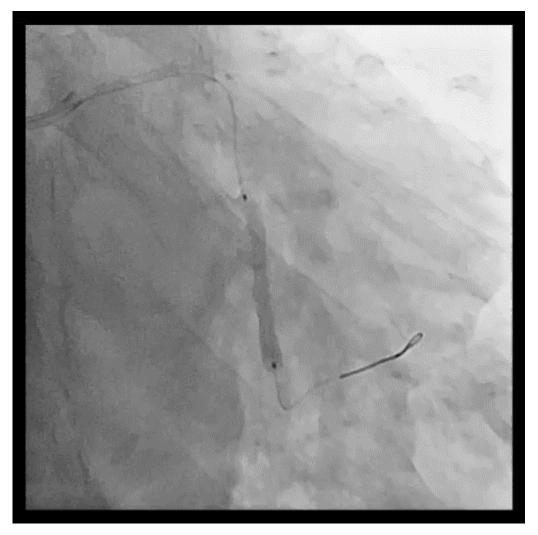




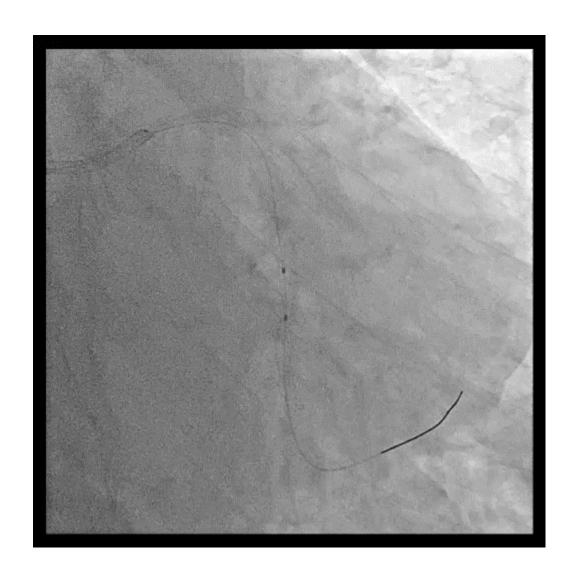


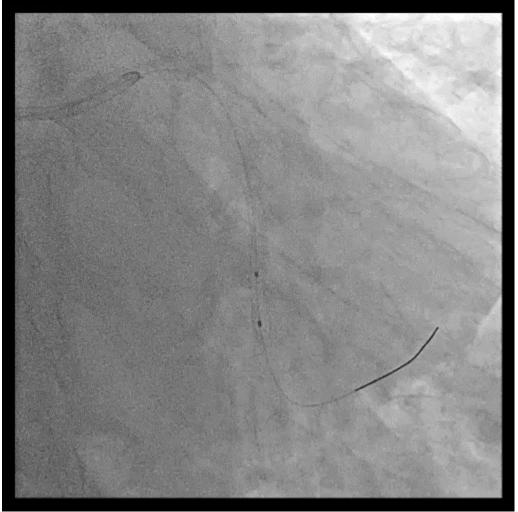
2.5 \* 15 mm Compliant Balloon



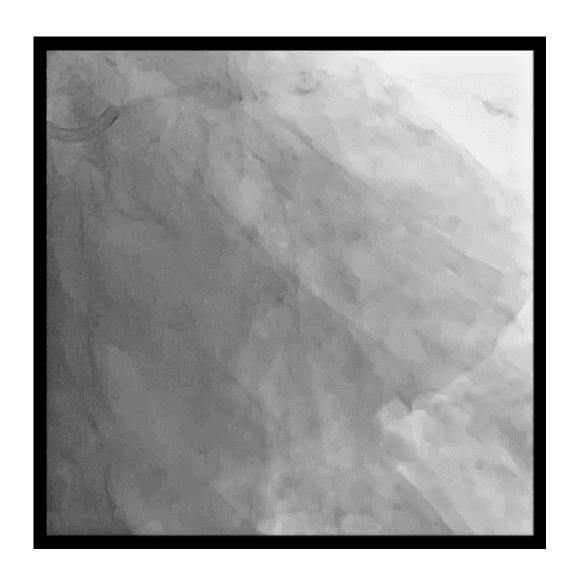


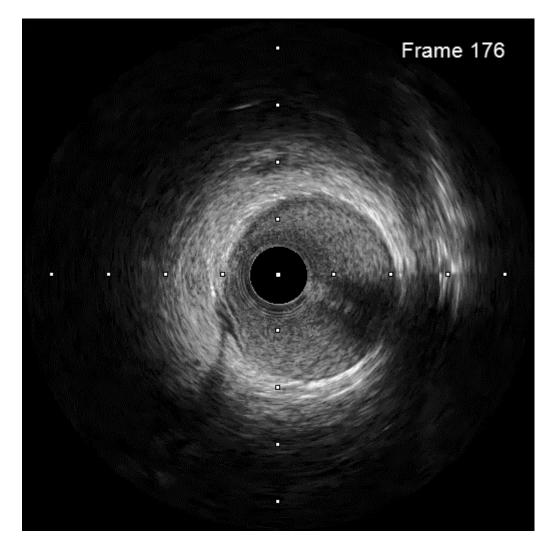
3.5 \* 28 mm DES





2.5 \* 10 mm NC Balloon at 30 atm 3.25 NC at 28 atm

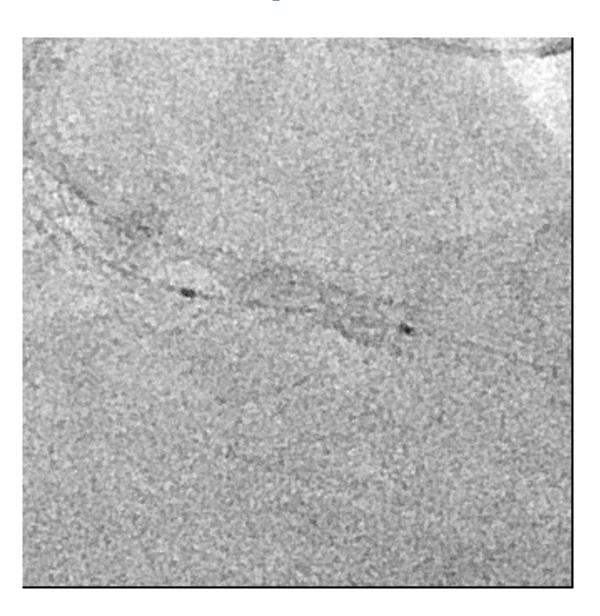




#### **Expansion at 34 atm in Under-expanded Stent**

M/72 s/p RCA PCI 25 years-ago

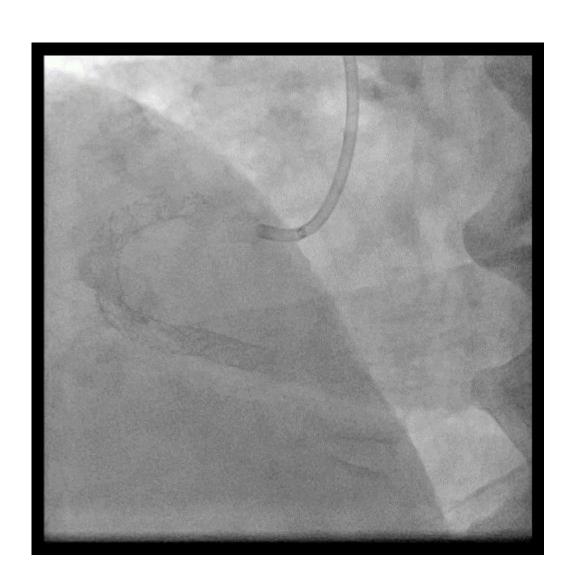




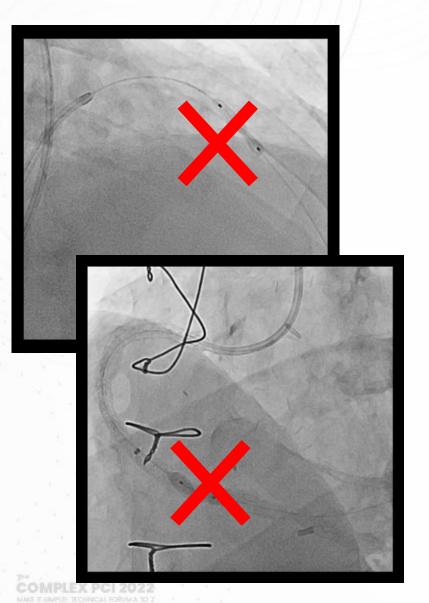
#### **Expansion at 34 atm in Under-expanded Stent**

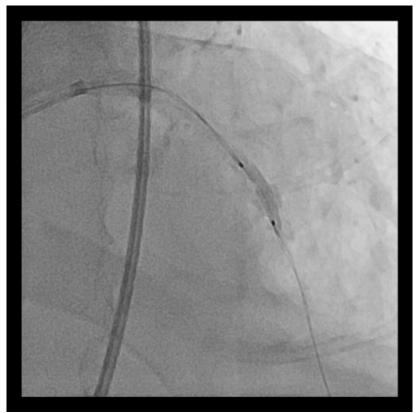
M/72 s/p RCA PCI 25 years-ago

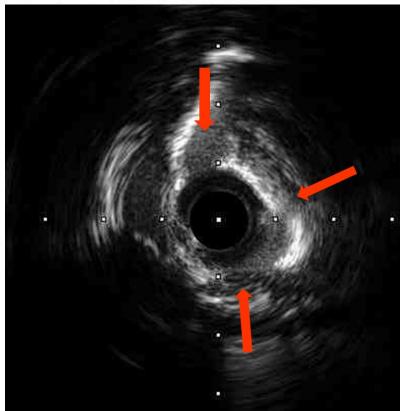




## Confirm the Calcium Breakage







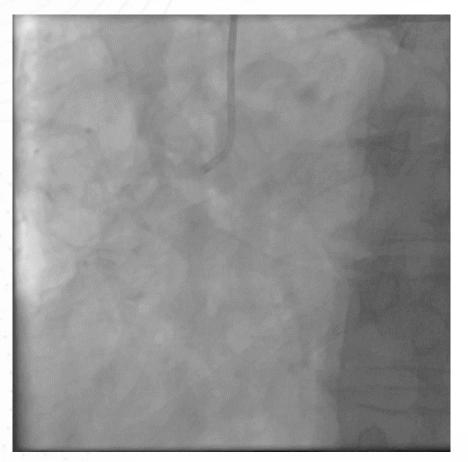
#### Lesson #5:

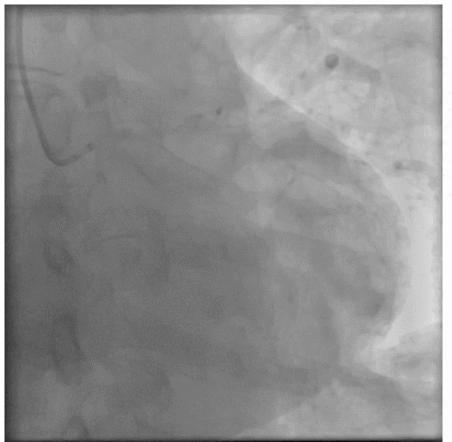
**Never Put the Stent** 

Before Optimal Lesion Preparation!

(Check by IVUS / Stent Booster)

## 76y Man with effort angina

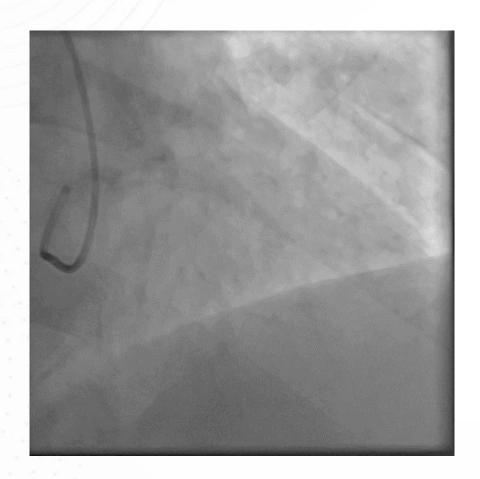


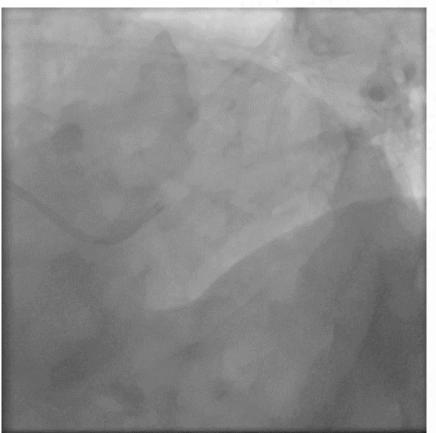


**RCA CTO** 

LAD Calcific disease
With dLCX CTO

## LM-LAD disease with Severe Calcification





Emerge NC 2.0(20) mm 28 atm

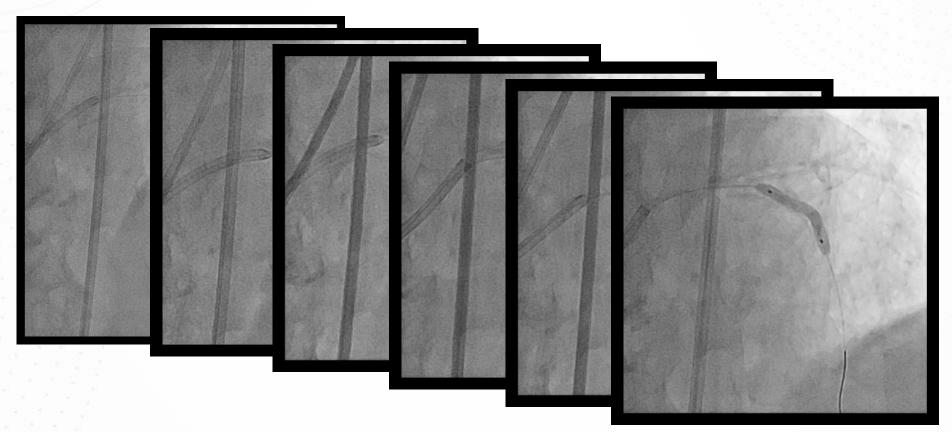
Sapphire NC 2.5(18) mm 28 atm

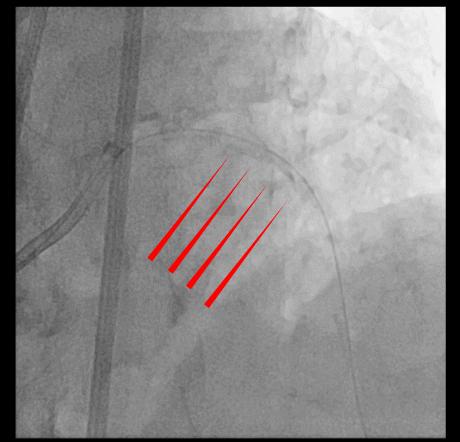
Emerge NC 2.75(20) mm 25 atm....Still not opened

Cutting balloon 2.75(10) mm 12 atm

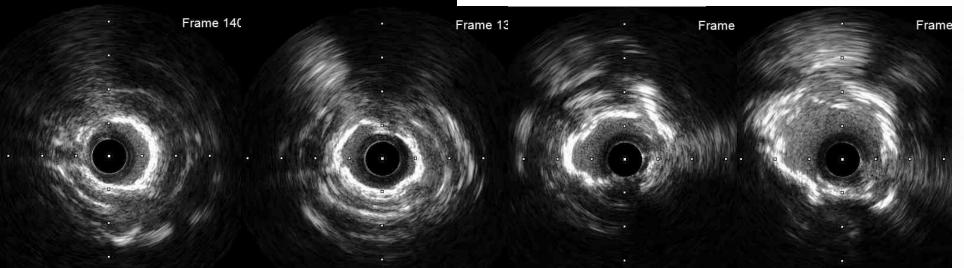
Selecthru NC 2.75(8) mm 24 atm

Selecthru NC 2.75(20) mm 20 atm, upto 34 atm...Finally it was opened!

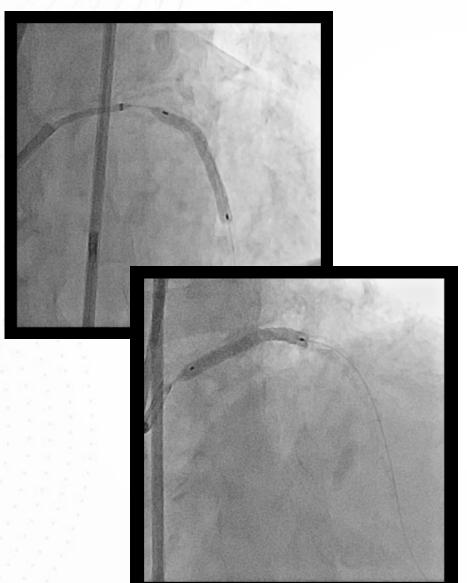




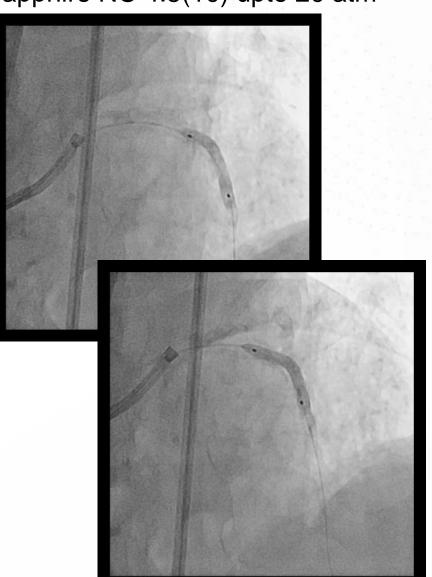
IVUS showed ring-like encircling heavy calcification With balloon-induced breakage

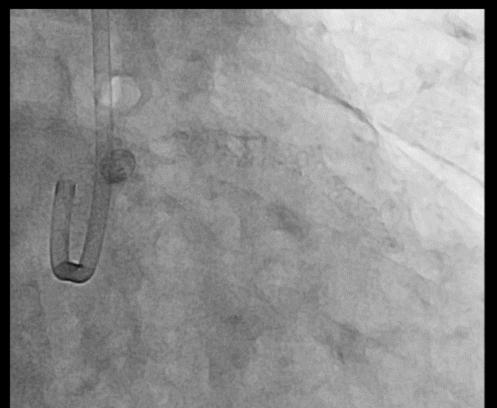


Xience Sierra 3.25(28) + 3.25(33mm) Under Guidezilla back-up

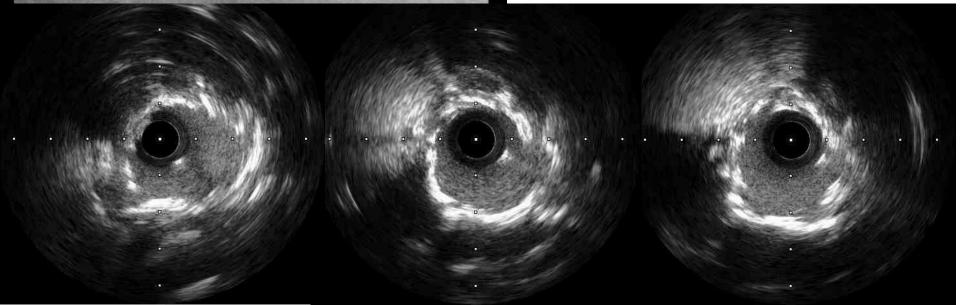


Post-dilation with Emerge NC 2.75 (20mm) upto 24 atm & Sapphire NC 4.5(10) upto 20 atm

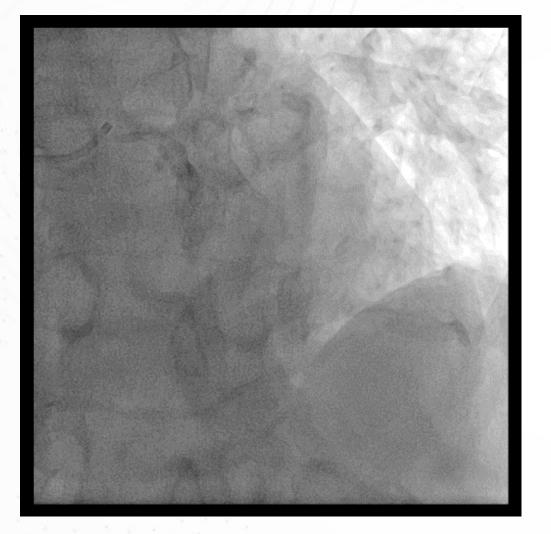


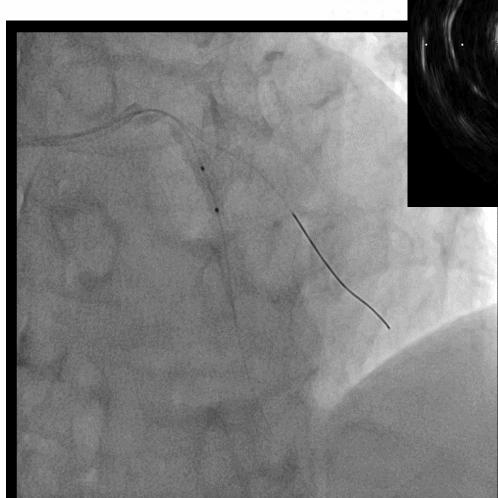


Final IVUS showed Well-apposed stents with MLA 6.8 mm<sup>2</sup> at mLAD.



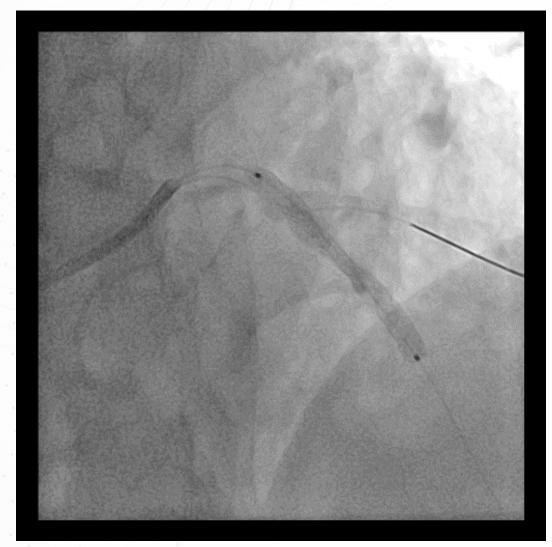
#### 65/M, Stable Angina, DM

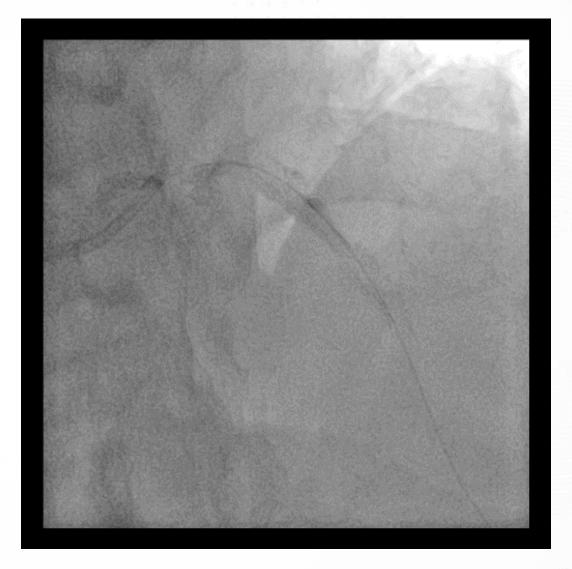




2.5 compliant balloon followed by Cutting 3(10) upto 16 atm

## Stent should not be implanted before checking the full expansion of the NC Balloon

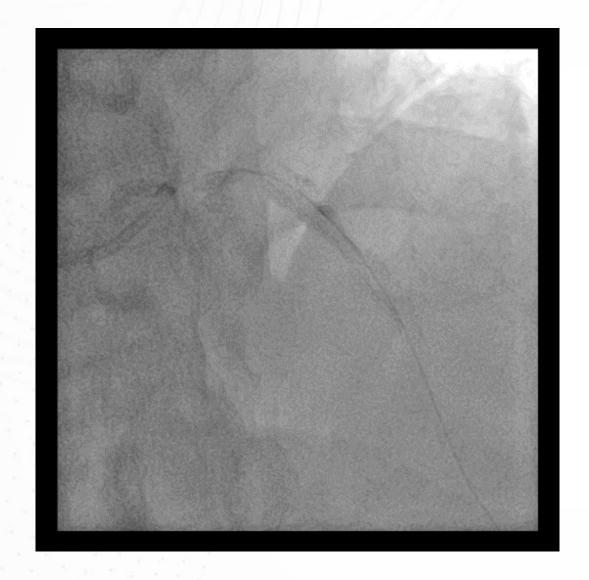


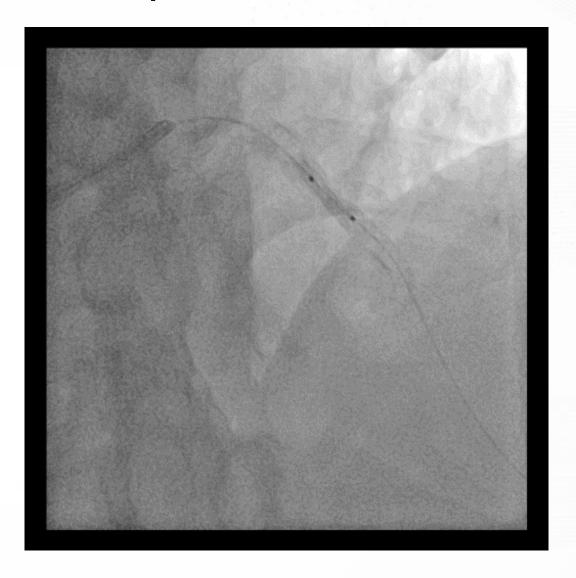


3.5(38) DES at 10 atm



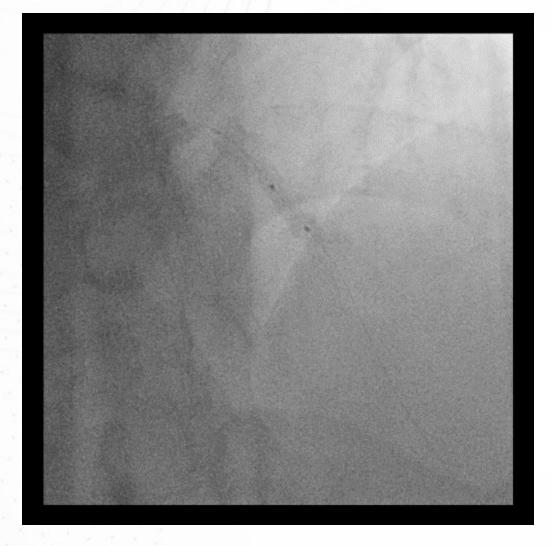
#### Stent Does Not Expand

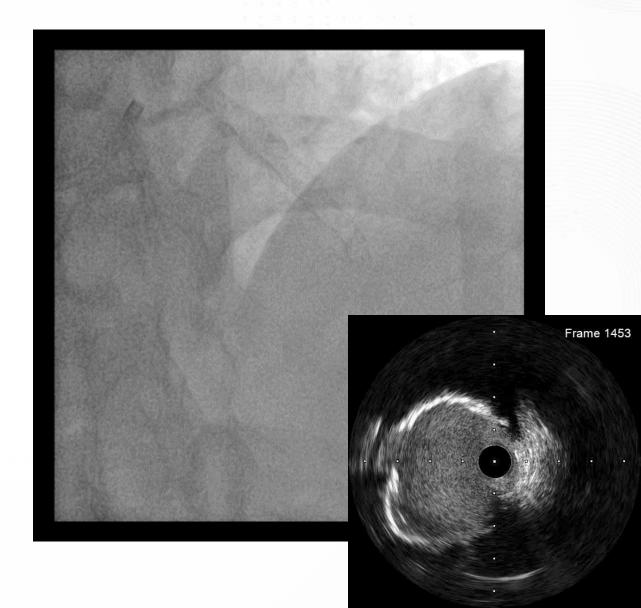




3.5(15), 3.75(10) NC Balloon at 30 atm

#### Finally Expanded with Very High-pressure Balloon

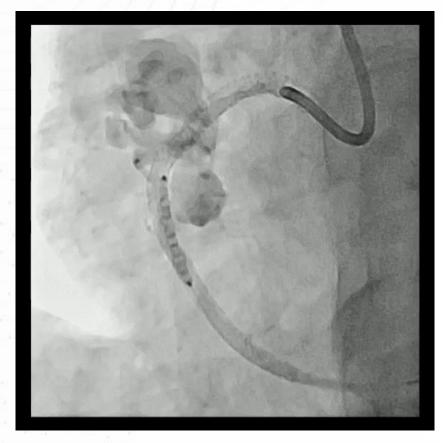




Selecthru NC 4.0 (10) at 34 atm

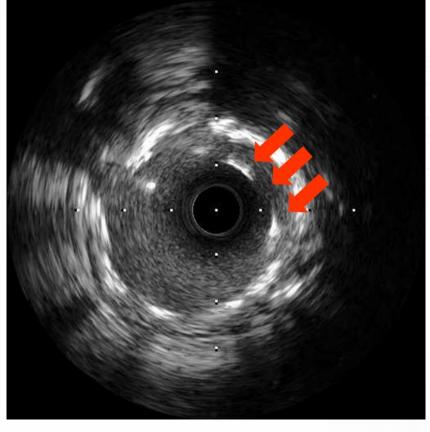
### **Vessel Size by Imaging**

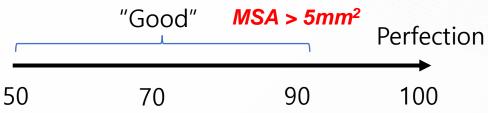
Perforation



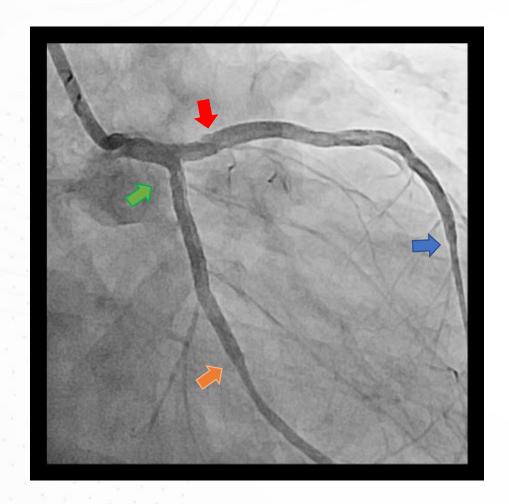
Perfection is the Enemy of Good

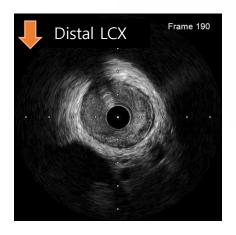
Underexpansion or Malapposition

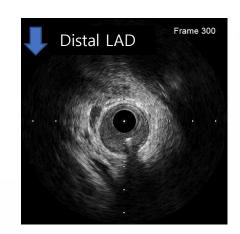


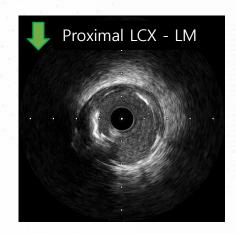


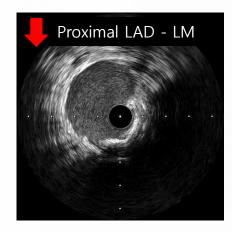
#### **Post-IVUS Surveillance**









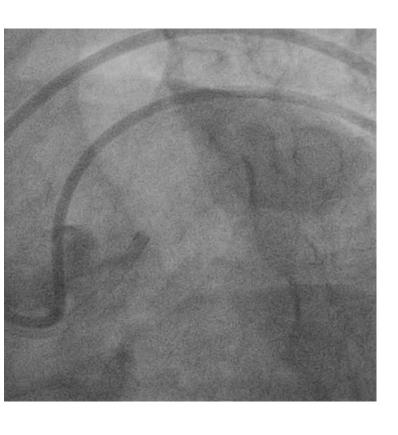


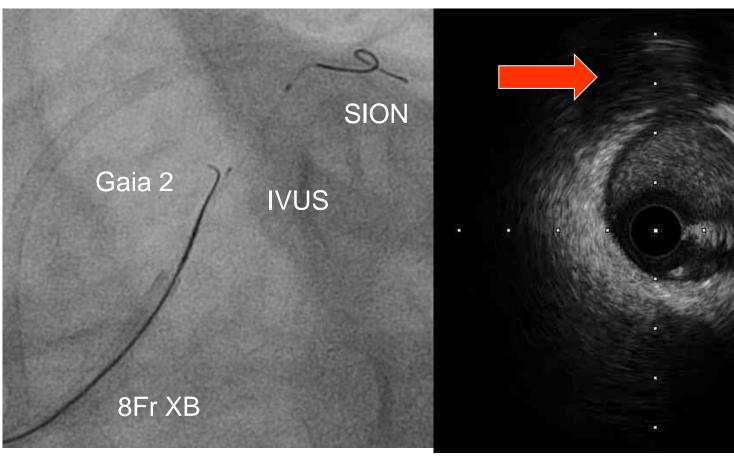
#### My Practical Approach to Calcified Lesions

Severely Calcified Lesions on Angiography (or CT) Prepare for the worst situation! Intracoronary Imaging / Balloon Catheter Cross YES NO **Crossing Microcatheter Imaging-Guided Pre-lesion Modification** or Direct wiring NC Balloon Super High-pressure Balloon Cutting / Scoring Balloon **Rotational Atherectomy** Appropriate Expansion Assessment by Angiography (Full Expansion of Balloon by Enhanced Stent Visualization) NO & Intravascular Imaging (Calcium break) YES **Imaging-Guided Stenting Stent Optimization & Imaging Surveillance** NC Balloon / Super High-pressure Balloon

## IVUS-Guided CTO PCI

### **IVUS can Guide Wiring in CTO PCI**

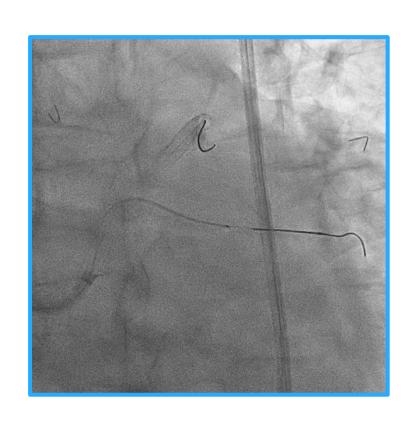


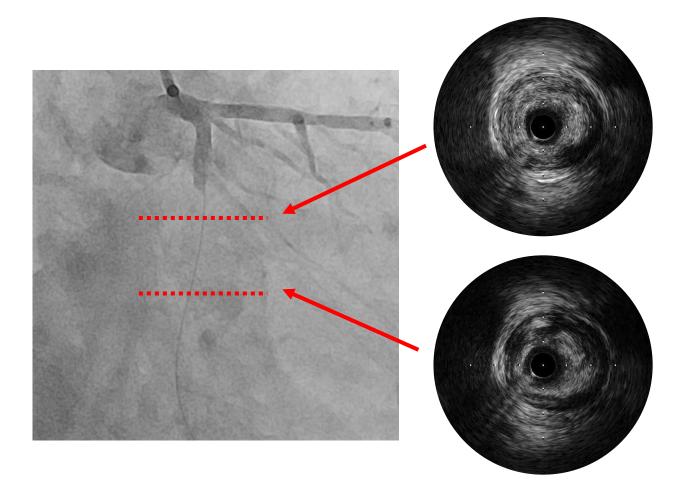


Frame 341

### IVUS can See Un-visualized Vessel

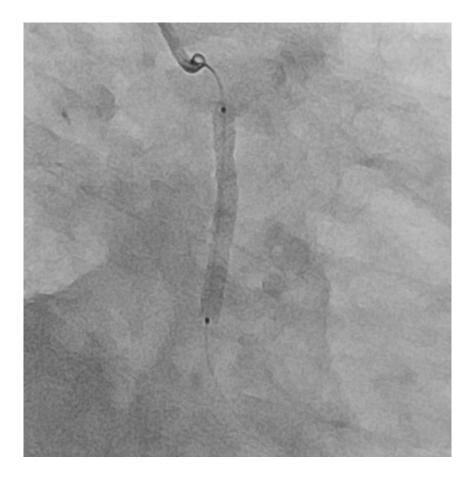
No-reflow, STEMI, CTO...

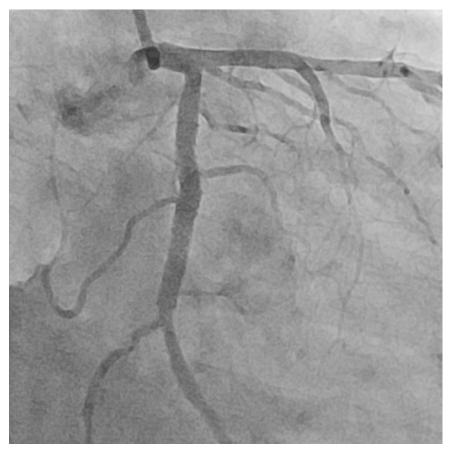




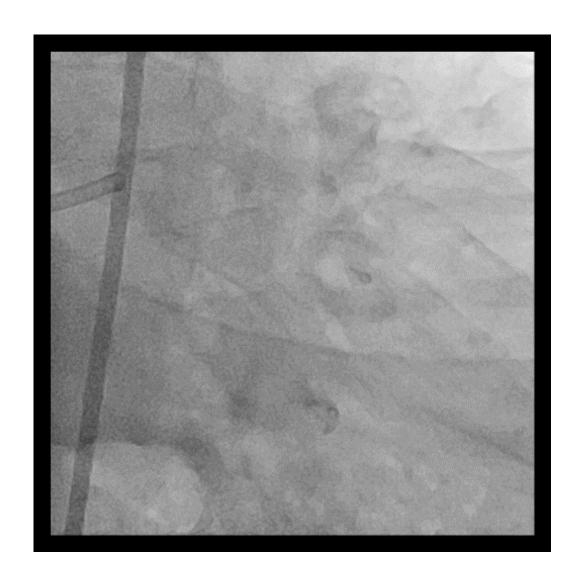
### IVUS can See Un-visualized Vessel

No-reflow, STEMI, CTO...



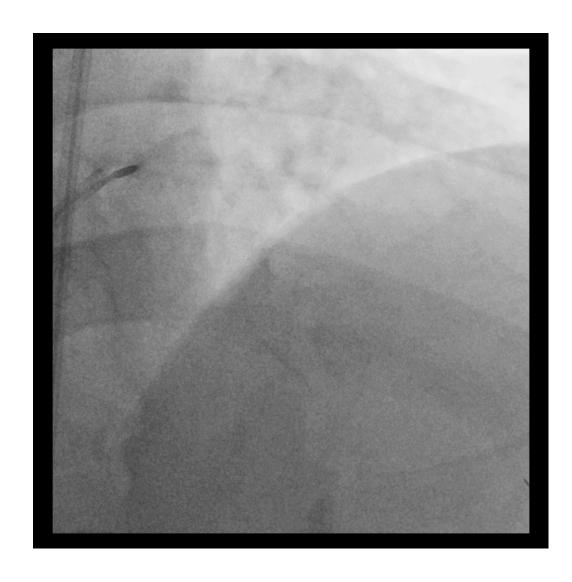


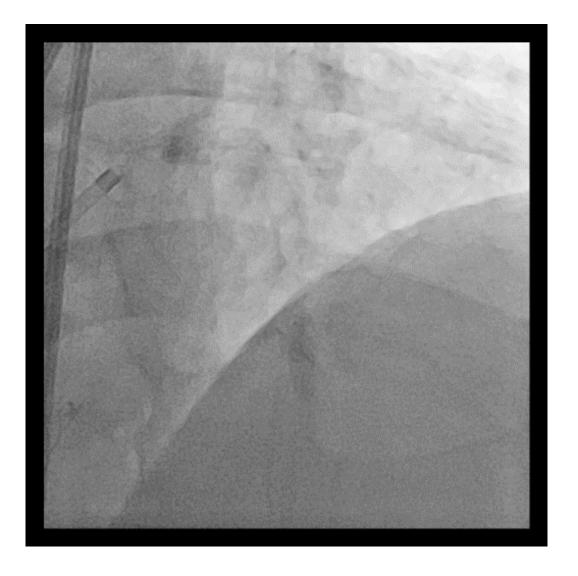
## M/66 with Recent MI s/p RCA PCI



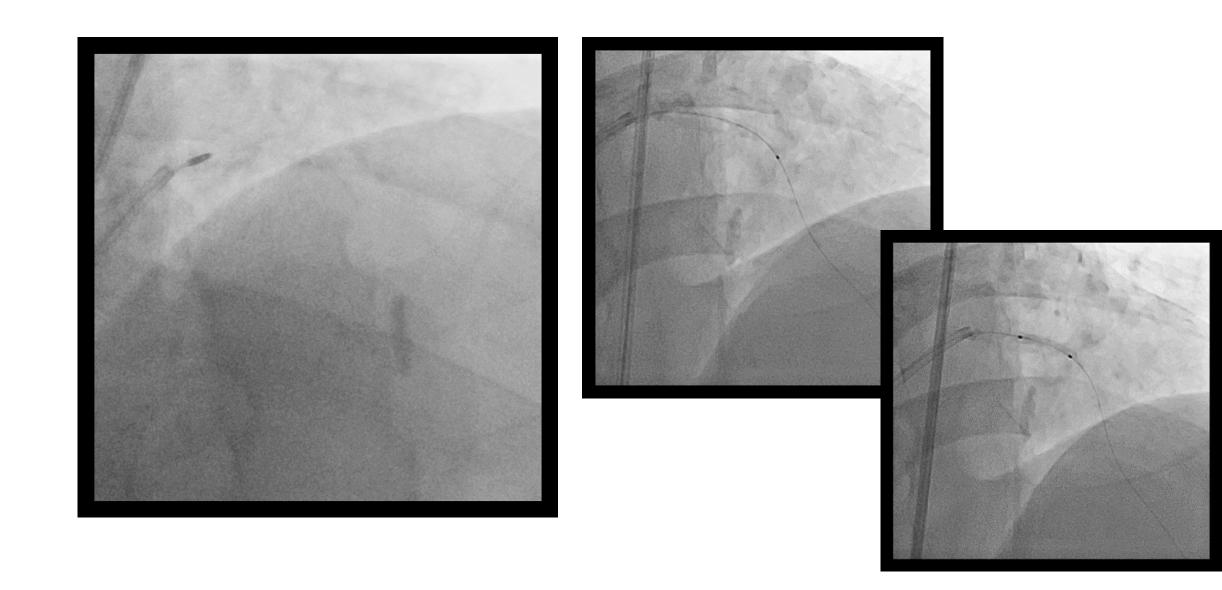


## M/66 with LAD CTO



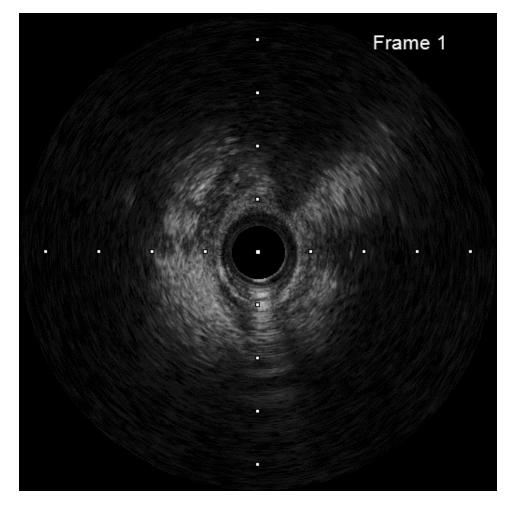


### LAD CTO with Severe Calcification



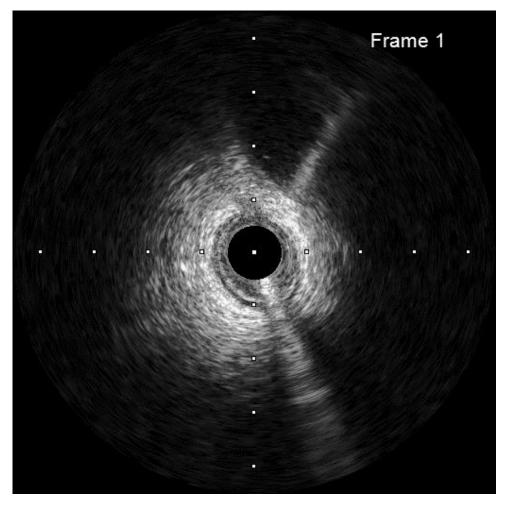
### LAD CTO with Poor Distal Vessel





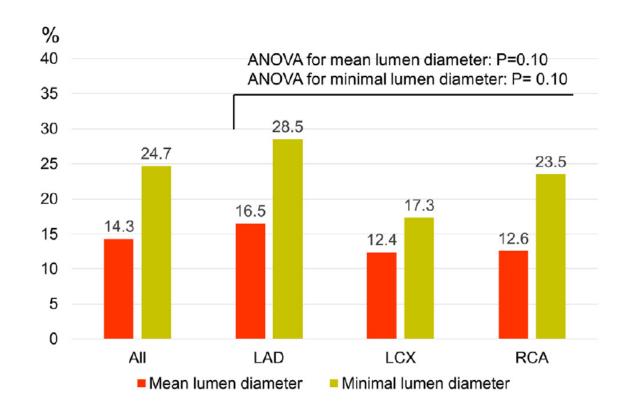
# Final CAG





### Stent Sizing in CTO with Poor Distal Vessel

- 507 FU Angiography after CTO PCI on 13.5 months in AMC
- Lumen diameter distal to CTO increased about 2.5mm



### Lesson #6:

Unclear in Angio, But Clear in IVUS

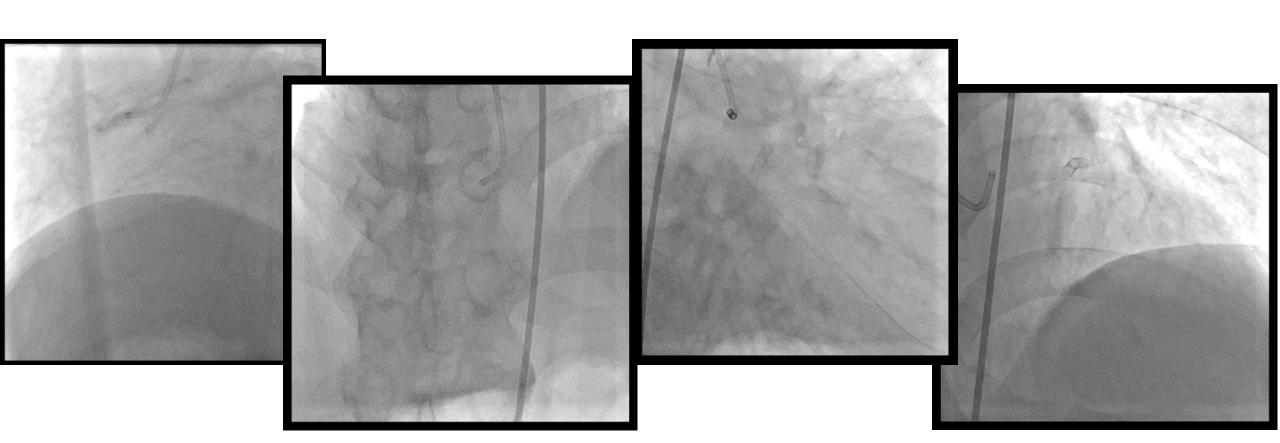
Stent Optimization is Still Important
in CTO PCI!

# IVUS-Guided in HF / CKD Patients

#### Minimal Contrast Procedure Available with IVUS

M/65, Angina, Diabetes, CKD (Cr 7.5), Not on dialysis

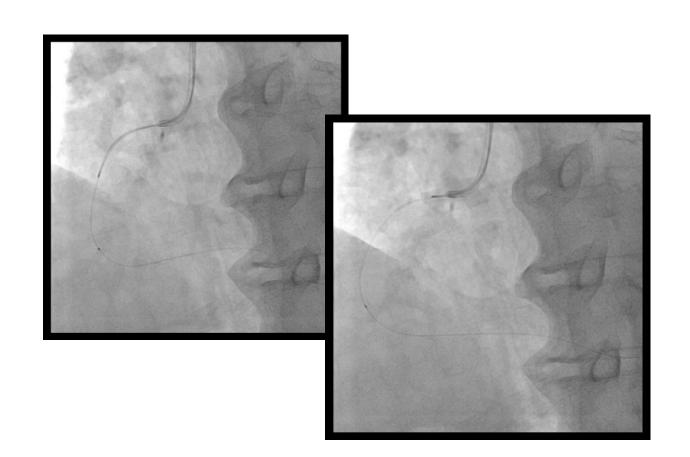
Biplane angiography with minimal contrast

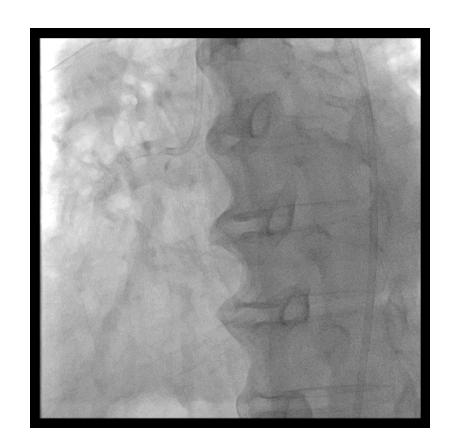


#### Minimal Contrast Procedure Available with IVUS

M/65, Angina, Diabetes, CKD (Cr 7.5), Not on dialysis

#### **IVUS-guided PCI with minimal contrast**

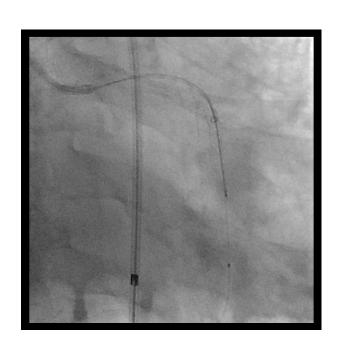




#### Minimal Contrast Procedure Available with IVUS

M/65, Angina, Diabetes, CKD (Cr 7.5), Not on dialysis

2-vessel PCI with < 10 cc contrast







## Lesson #7:

## **IVUS Can Reduce Contrast Amount**

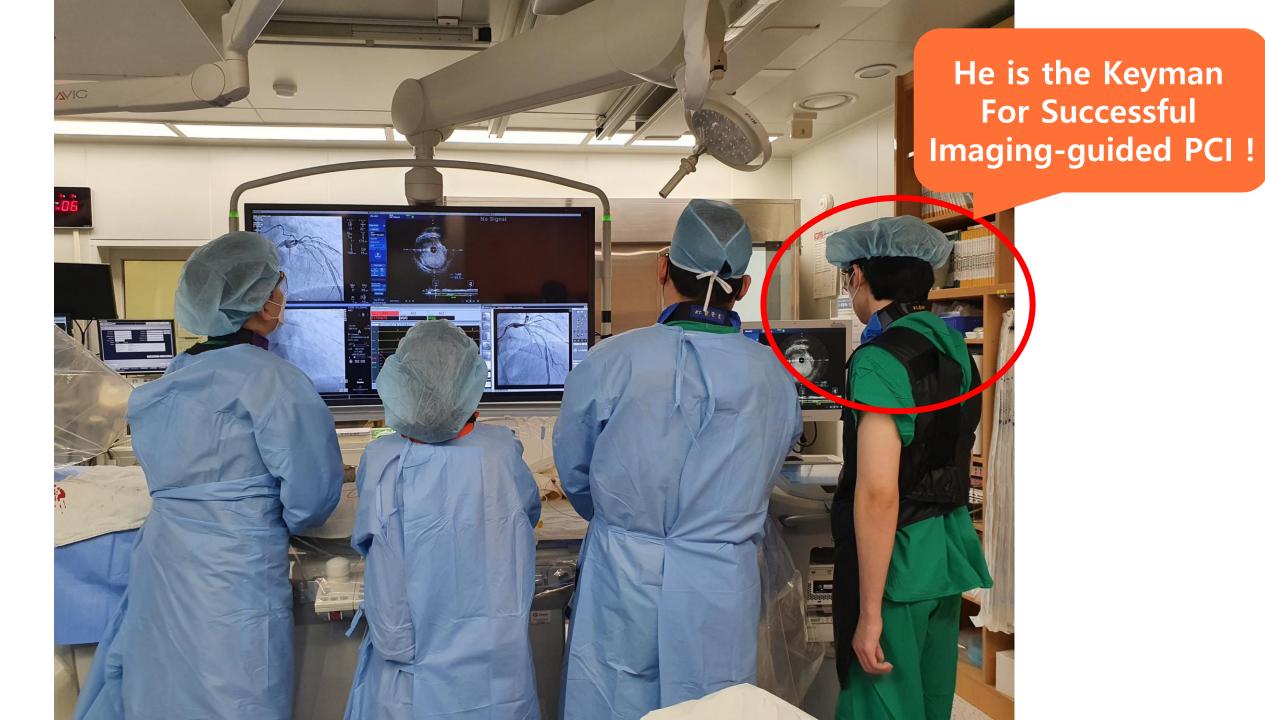
# Final Lesson:

Don't Stick to IVUS!

Not IVUSplasty, But Angioplasty.

The Key for Successful, Fluent Imaging-Guided PCI?

### Education of Cath Lab Professionals



### **Summary**

- IVUS—guided PCI is the evidence-based approach for the best clinical outcome.
- Imaging enables safe and effective PCI with larger stent & balloon, resulting in a larger final stent area.
- Team education is important for procedural fluency in routine use of imaging.
- Practice makes perfect. Routine use of intracoronary imaging would make perfect PCI team.

# Thank You for Your Attention!