TAILored versus COnventional AntithRombotic stratEgy IntenDed for Complex HIgh-Risk PCI Trial: TAILORED-CHIP trial

Hanbit Park, MD.

Division of Cardiology, Gangneung Asan Hospital University of Ulsan, College of Medicine

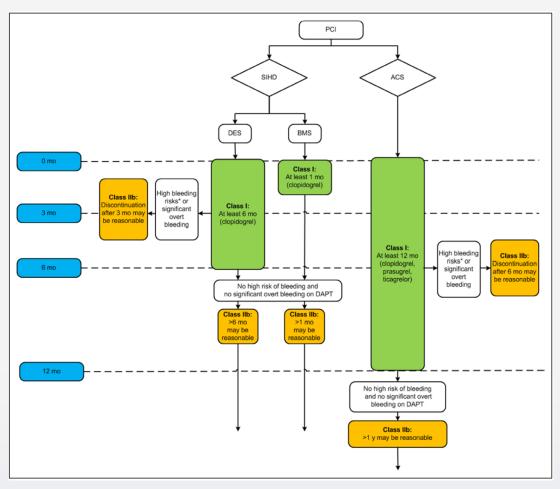


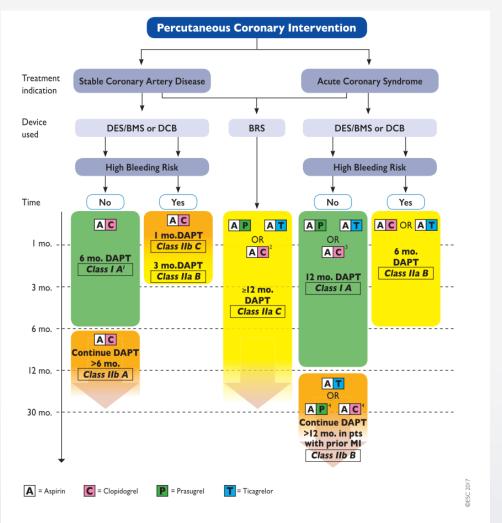
Disclosure

• I have nothing to disclose.

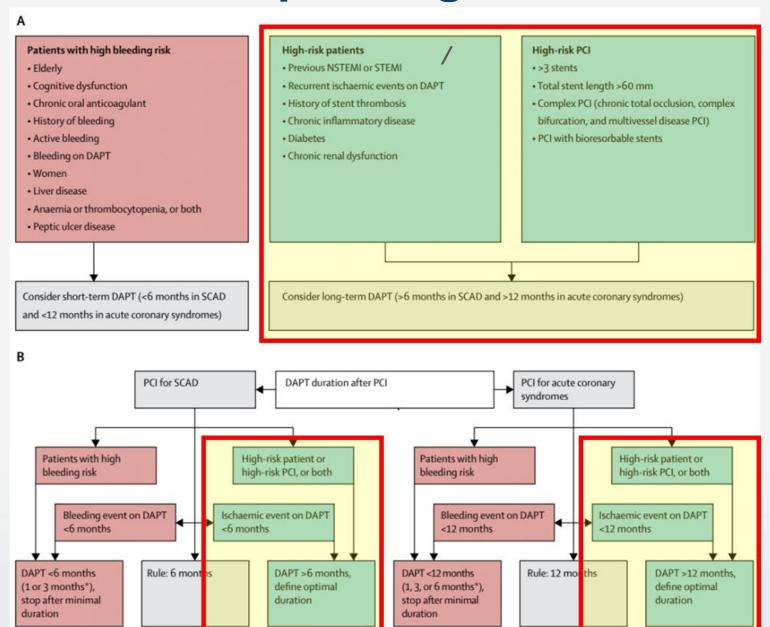
Anti-thrombotic strategy after PCI

DAPT duration according to clinical manifestation

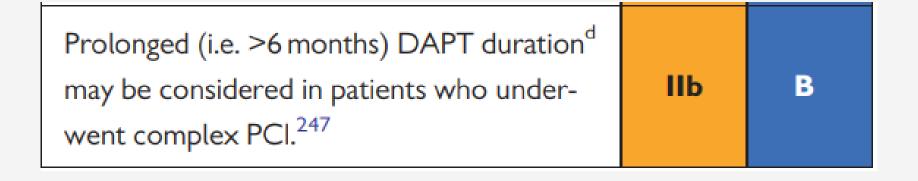




Complex High-Risk PCI



Anti-thrombotic in CHIP

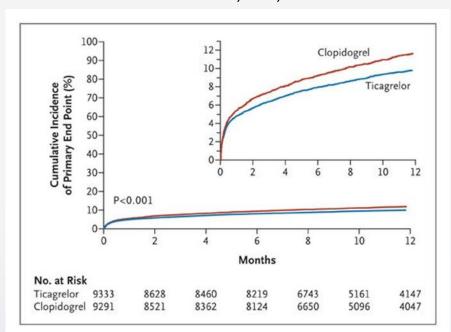


"Optimal DAPT treatment of complex high-risk PCI is still unknown."

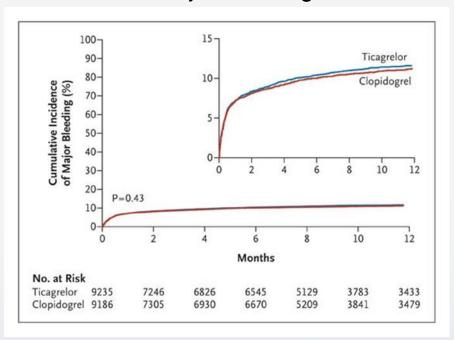
Ticagrelor (Brillinta®)

 A reversible and direct-acting oral antagonist of the adenosine diphosphate receptor P2Y12, provides faster, greater, and more consistent P2Y12 inhibition than clopidogrel.

Vascular death, MI, or stroke



Major bleeding



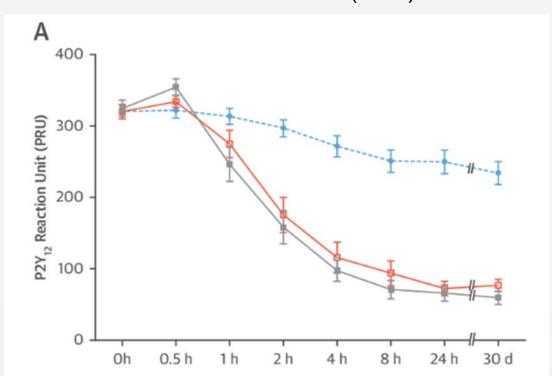
OPTIMA trial

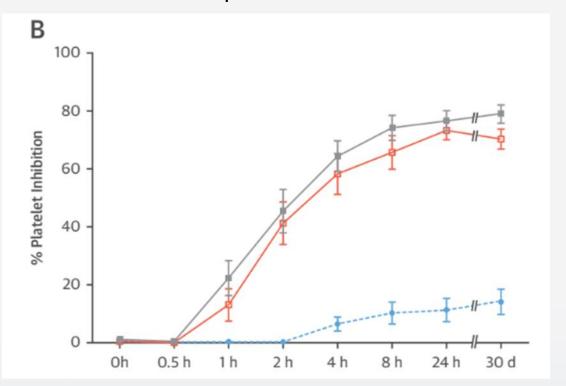
Clopidogrel vs. Ticagrelor 60mg vs. Ticagrelor 90mg

Clopidogrel (n = 21) Ticagrelor 60 mg (n = 22) —— Ticagrelor 90 mg (n = 22)

P2Y12 reaction unit (PRU)

Precent platelet inhibition





"Low dose Ticagrelor (60mg) > Clopidogrel Low dose Ticagrelor (60mg) ≈ Standard dose Ticagrelor (90mg)".

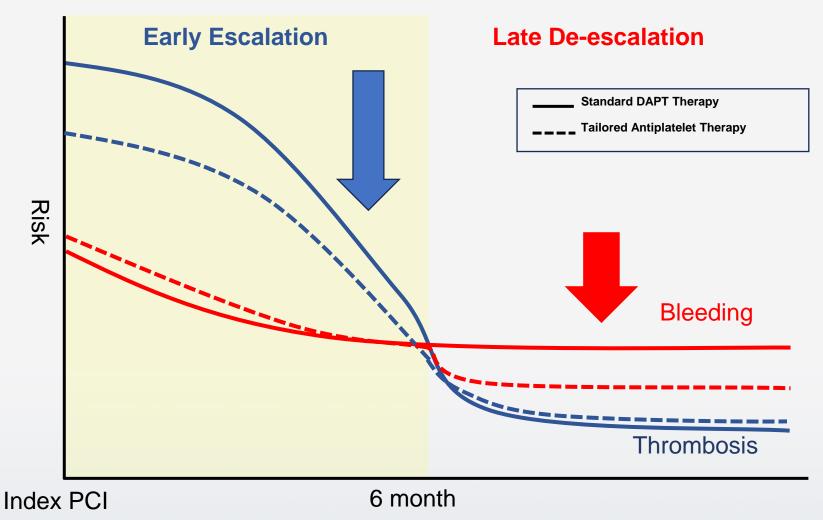
JACC 2018.

TAILORED-CHIP trial

 A multi-center, open-labeled, randomized controlled trial comparing two different antiplatelet strategies in high-risk PCI patients with complex clinical, lesion, and procedural characteristics.



Concept of study



Conventional DAPT Aspirin + Clopidogrel

Tailored DAPT

Early 6 mo: Aspirin + ticagrelor 60mg bid Late 6 mo: Clopidogrel

TCTAP2024

CVRF

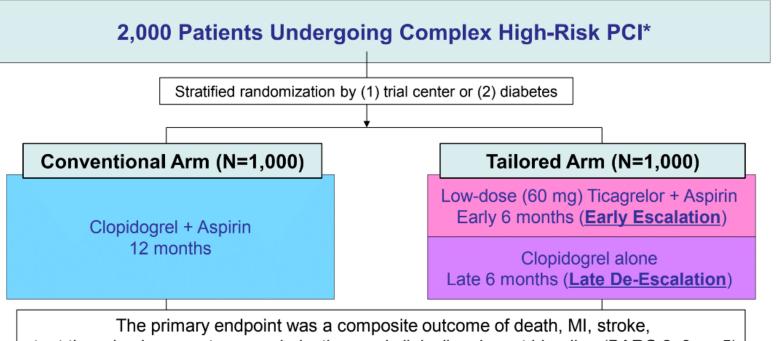
Antiplatelet regimens

- Experimental regimen: Tailored antithrombotic strategy
 - First 6 months, Aspirin 100mg 1T QD + Ticagrelor 60mg 1T bid
 - Last 6 months, Clopidogrel 75mg 1T QD
- Control regimen: Conventional antithrombotic strategy
 - For 12 months, Aspirin 100mg 1T QD + Clopidogrel 75mg 1T QD



<u>TAIL</u>ored versus C<u>O</u>nventional Antith<u>R</u>ombotic Strat<u>Egy</u> Inten<u>D</u>ed for <u>C</u>omplex <u>HI</u>gh-Risk <u>P</u>CI

TAILORED-CHIP Trial



The primary endpoint was a composite outcome of death, MI, stroke, stent thrombosis, urgent revascularization, and clinically relevant bleeding (BARC 2, 3, or 5) at 12 months

*Complex High-Risk PCI

: Left main PCI, chronic total occlusion, bifurcation with 2 stents implanted, severe calcification, diffuse long lesion (lesion length ≥ 30mm), multivessel PCI (≥ 2 vessels stented), ≥3 stents implanted, ≥3 lesions treated, total stent length >60mm, diabetes, CKD (Cr-clearance <60ml/min) or severe LV dysfunction (EF <40%).



Study endpoints

Primary endpoint

: A net clinical outcome of all-cause death, MI, stroke, stent thrombosis, urgent revascularization and clinical relevant bleeding (BARC 2,3, or 5) at 12 months post-PCI



Study Endpoints

- Secondary endpoints
 - Each component of primary outcome
 - Composite of death (all or CV), MI, stroke, stent thrombosis or urgent revascularization
 - Composite of death (all or CV), MI, or stroke
 - Composite of death (all or CV) or MI
 - Any revascularization
 - BARC 3 or 5 bleeding
 - Major or minor bleeding according to definition from TIMI
 - Major or minor bleeding to definition from ISTH



Inclusion criteria

- Men or women aged ≥18 years
- Patients underwent successful PCI with contemporary DES.
- Patients must have at least one of any features of complex high-risk anatomic, procedural and clinical-related factors.
- Clinical factors; diabetes, chronic kidney disease (CrCl <60 mL/min), severe LV dysfunction (LVEF<40%)
- Lesion- or procedure-related factors; left main lesion, bifurcation lesion with 2 stents implanted, CTO lesion, severe calcification, diffuse long lesion (lesion length ≥ at least 30mm), multi-vessel PCI (≥2 vessels stented), ≥3 stents implanted, ≥3 lesions treated, or total stent length > 60 mm



Exclusion criteria

- Enzyme-positive ACS (NSTEMI or STEMI)
- Contraindication to aspirin or P2Y12 inhibitors (ticagrelor or clopidogrel)
- Cardiogenic shock at index admission
- Patients treated with only BMS or balloon angioplasty during index procedure
- Need for chronic oral anticoagulation (warfarin or NOAC)
- Active bleeding or extreme-risk for major bleeding (e.g. active PUD, GI
 pathology with high risk for bleeding, malignancy with high risk for bleeding)



Exclusion criteria

- History of ICH or intracranial aneurysm
- Planned surgery within 180 days
- Liver cirrhosis
- Dialysis-dependent renal failure
- Pregnant and/or lactating women
- Concurrent medical condition with a life expectancy of less than 1 year
- Patients who are actively participating in another drug or device investigational study, which have not completed the primary endpoint follow-up period.



Current status

• From February 2019 through January 2024, a total of 2,000 patients were enrolled.

Next year, the primary results will be available.

In future guideline

Recommendation	Class	Level	Ref
Complex high-risk PCI			
Early escalation and late de-escalation DAPT strategy should be considered in patients who underwent complex highrisk PCI.	I	Α	