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OCT-guided Primary PCI for ACS: Is It Easily Applicable in Practice?

Junichi Yamaguchi, MD, PhD,

Department of Cardiology Tokyo Women's Medical University



Disclosure Statement of Financial Interest 2024

Junichi Yamaguchi, MD, PhD,

Within the past 12 months, I or my spouse/partner have a financial interest/arrangement or affiliation with the organization(s) listed below.

Affiliation / Financial Relationship

- Affiliation with Endowed Department
- Research support
- Consulting fee / Honoraria

Company

Abbott Medical Japan, Boston Scientific, Terumo

Abbott Medical Japan, Boehringer-ingelheim, Dai-ichi Sankyo, Otsuka Pharmaceutical, Tanabe Mitsubishi Pharmaceutical, Terumo

Abbott Medical Japan, Amgen, Anges, AstraZeneca, Bayer, Bristol-Myers Squibb, Boehringer-ingelheim, Boston Scientific, Dai-ichi Sankyo, Kowa, Medtronic, Novartis, Ono Pharmaceutical, Otsuka Pharmaceutical, Takeda Pharmaceutical

Shareholder / Equity



None

OCT-guided Primary PCI for ACS

• Question:

Is It Easily Applicable in Practice?



OCT-guided Primary PCI for ACS

• Question:

Is It Easily Applicable in Practice?

My answer is... Yes!



The advantage of OCT-guided Primary PCI for ACS

- High resolution image can identify the cause of ACS
- Advantage in optimizing the primary PCI result, leading to better clinical outcomes.
- Sufficient information for the whole PCI strategy with just **one pull back**.



ACS cause diagnosis with OCT



Plaque Rupture

Erosion

Calcific Nodule

• MGH OCT Registry Data showed OCT could differentiate ACS causes in vivo.

• Distribution aligned with findings from previous histological studies



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ACS Prognosis: Plaque rupture

- Subsequent data demonstrated significantly higher event risk from treated plaque rupture vs intact fibrous cap.
- Emerging hypothesis about utilizing OCT for post ACS event risk striation.



Niccoli et al. Eur Heart J. 2015; 36: 1377-84

Yonetsu et al. Int J Cardiol. 2016: 203: 766-74

Pathological features of eroded plaque and ruptured plaque



Plaque erosion

- 1. Intact/thick fibrous cap
- 2. Less/deep necrotic core
- 3. Platelet-rich white thrombus
- 4. Rich in hyaluronan
- 5. Amount of smooth muscle cell
- 6. Non-occlusive thrombus
- 7. Neutrophil cells involved
- 8. More frequent in Non-STEMI
- 9. Younger age



Plaque rupture

- 1. Ruptured/thin fibrous cap
- 2. Large necrotic core
- 3. Red blood cells-rich red thrombus
- 4. Lack of collagen
- 5. Few smooth muscle cell
- 6. Occlusive thrombus
- 7. Macrophage prominent
- 8. Expansive remodeling
- 9. More frequent in STEMI

- Plaque erosion is an essential mechanism of ACS. The emergence of OCT has shed new light on the identification of Plaque erosion in vivo: it has wellpreserved vessel lumen, less panvascular vulnerability and relatively large lumen area.
- Patients with Plaque erosion will benefit from antithrombotic therapy alone, avoiding the implantation of stents.



TACTICS Registry

- Prospective, multicenter, observational OCT study conducted @ 22 sites in Japan.
- Patients diagnosed with ACS <24hrs of onset enrolled.

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- 40% (n=702) of ACS subjects enrolled for OCT guidance at operator discretion
 - Remainder (n=987) enrolled as background registry





cf. MGH OCT registry: PR 44%, PE 38% CN 8%, Jia et al, J Am Coll Cardiol 2013;62:1748-58



TACTICS Registry

- OCT guidance for ACS leads to strategy changes in 58% of cases.
- CN was shown to develop significantly higher 1-year MACE rates (32.1%), followed by PR (12.4%) and PE (6.2%) (P<0.0001), primarily driven by increased cardiovascular death (CN, 25.0%; PR, 0.7%; PE, 1.1%; P<0.0001) and heart failure trend (CN, 7.1%; PR, 6.8%; PE, 2.2%; P<0.075).



OCTIVUS

- OCT showed comparable results vs IVUS and lower procedural complications.
- OCT showed lower PCI time and equal nephropathy, despite higher contrast.

OCT resulted in fewer procedural complications

- OCT 2.2% vs IVUS 3.7%, p=0.047
 OCT was associated with shorter total PCI time (minutes)
- OCT 46.1 min vs IVUS 48.9 min, p<0.001

ACS Patients

• OCT: 236 (23.5%) IVUS: 234 (23.3%)

"...since OCT pullback speed was faster than IVUS and a real-time angiographic co-registration and automatic measurements with OCT can facilitate a rapid comprehensive evaluation of long segment of treated vessels, OCT guidance was associated with a shorter PCI time." – Dr. D-W Park



MLD-MAX & Ultreon 2.0 with User Friendly Interface

Each OCT run serves a separate purpose.

- The pre-PCI run helps determine the PCI strategy.
- The post-PCI run allows for optimization of stent deployment as needed.





OCT-guided ACS Case



- 50's male
 NSTE-ACS
 Worsening effort angina
 →Rest heart attack
- Coronary risk factors: Hypertension, Dyslipidemia
- Height 167.0cm Body weight 59.5kg BP134/83 PR57/min
- WBC 5750 Hb14.5 Plt. 43.2x104 AST22 ALT25 CK83
- TropT 0.0009 TropI 15.3





Baseline Angiography





Pre-PCI OCT & Strategy: MLD

MORPHOLOGY, LENGTH, DIAMETER



Morphology: Fibrofatty plaque No CN No obvious plaque rupture

Length: 15mm

Diameter: 3.5mm





See calcium severity clearly



See EEL severity clearly



Post-PCI OCT: MAX

MEDIAL DISSECTION, APPOSITION, XPANSION



Direct Stenting 3.5x15mm EES

No medial dissection

Good apposition

Insufficient Expansion



See medial dissection clearly



See apposition clearly



See expansion clearly



Final OCT

Post-PCI OCT Optimize

Post dilatation with 3.5mm NC balloon

No medial dissection

Good apposition

Sufficient Expansion





Final Angiography





Procedure Time





Procedure Time





Take Home Messages

 OCT-guided emergent PCI can identify the underlying causes of ACS and enable future MACE risk stratification.

- OCT guidance enables faster, safer procedures with comparable results to IVUS.
- MLD-MAX synthesizes information into a smooth workflow and Ultreon 2.0 streamlines operation with automatic and actionable insights.

