

# Bioresorbable Scaffolds

## New Data and Perspectives

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# Disclosures

Consultant to Reva



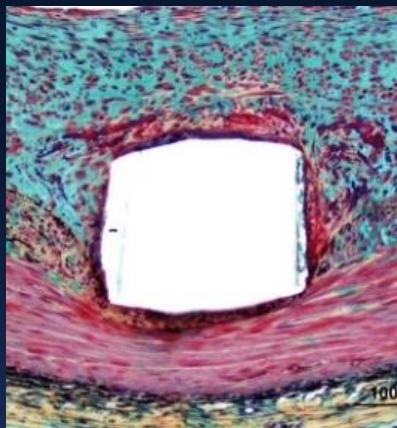
# Fully Bioresorbable Scaffolds (BVS/BRS)

- Designed to provide the mechanical support and drug delivery functions of metallic DES within the first year, and then completely resorb within 2-4 years, removing the nidus for **very late** adverse events

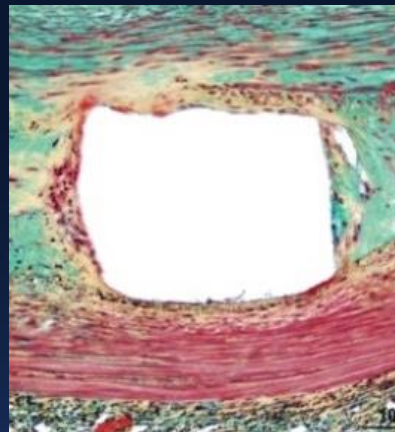


# Full Bioresorption of Absorb Within ~3 Years

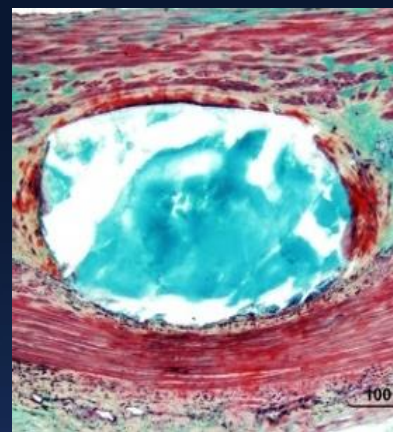
## Porcine Histology



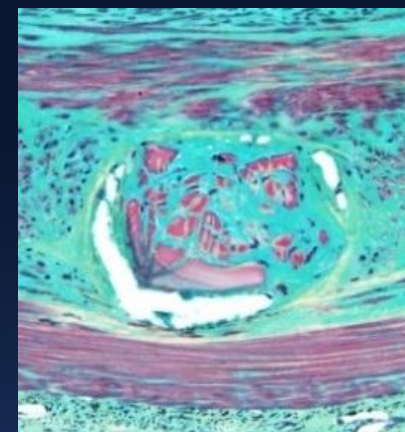
1 month



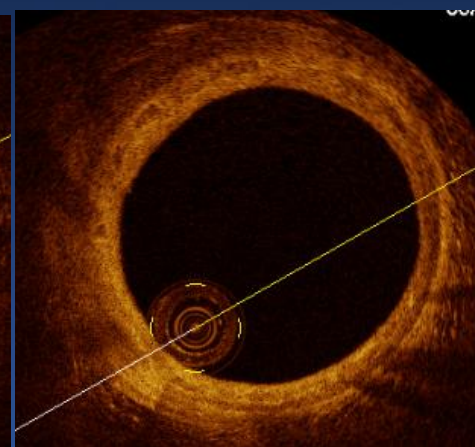
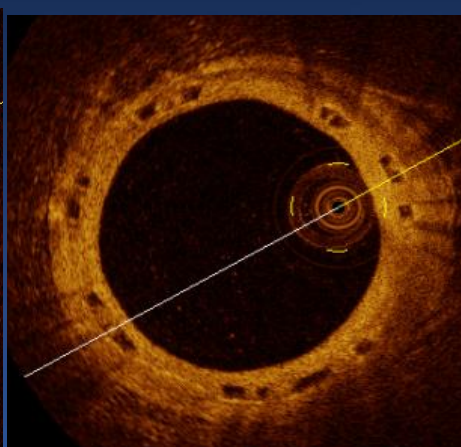
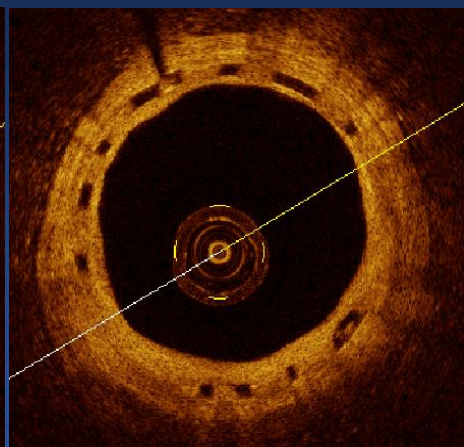
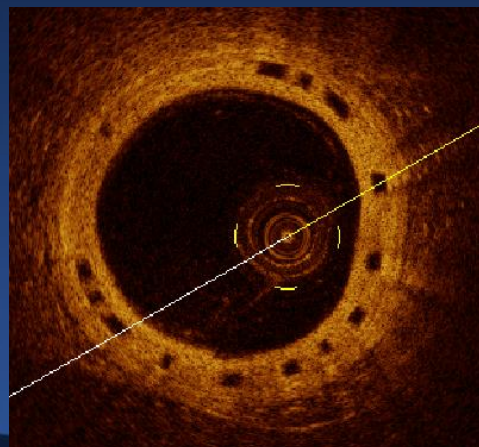
12 months



24 months



36 months

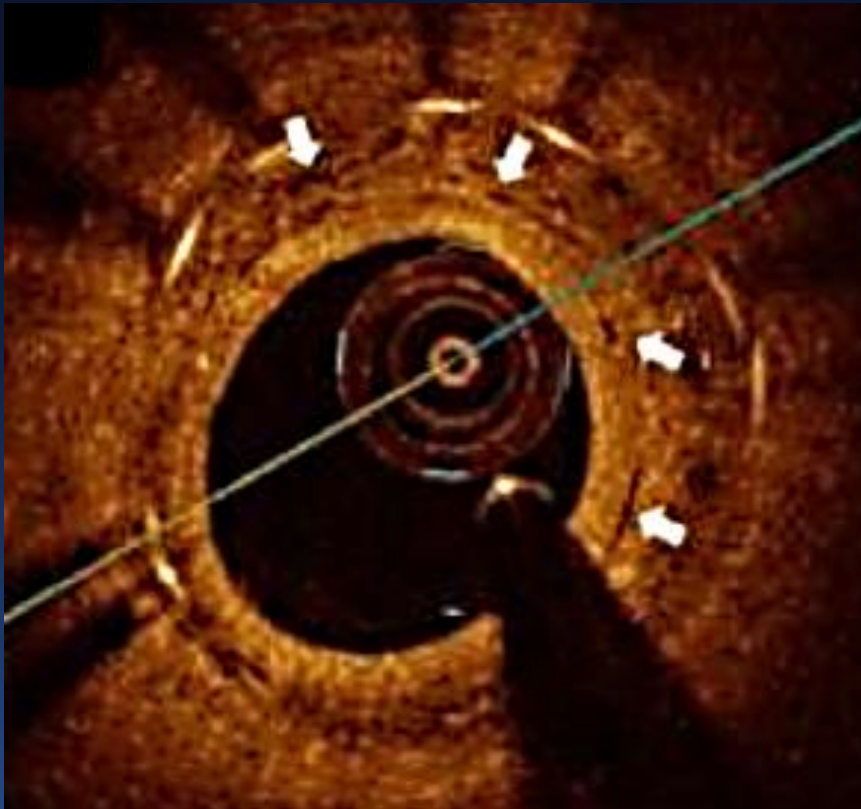


# Human OCT

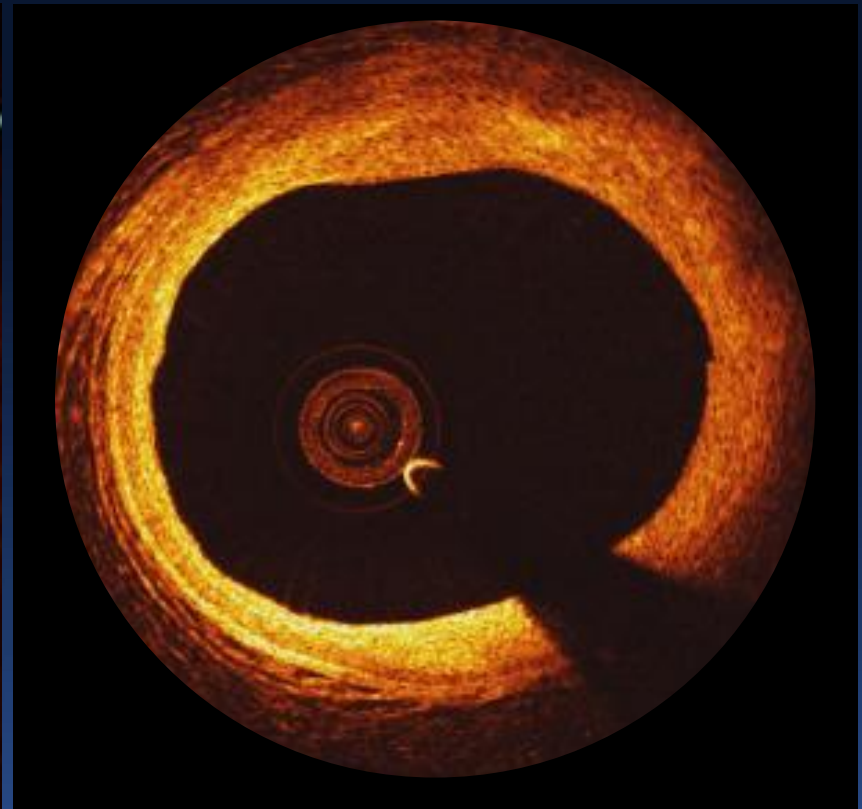


# Metallic DES vs. Absorb BVS

## Representative Human images at 5 Years



Metallic DES<sup>1</sup>



Absorb-Treated Artery<sup>2</sup>

# Fully Bioresorbable Scaffolds Address Practical Limitations of Metallic Stents

- “Un-jail” covered side branches
- “Un-jacket” long treated segments (preserving late CABG options)
- “Un-layer” treated in-stent restenosis
- Eliminate artifacts with non-invasive imaging (e.g. CTA)

# An Undeniable Fact

Based on cultural, religious or personal beliefs, many patients prefer not to live their lives with permanently implanted devices

# A Reliable Prediction

If BRS were as safe and effective as metallic DES within the first few years (prior to their complete bioresorption), they would ultimately replace metallic DES

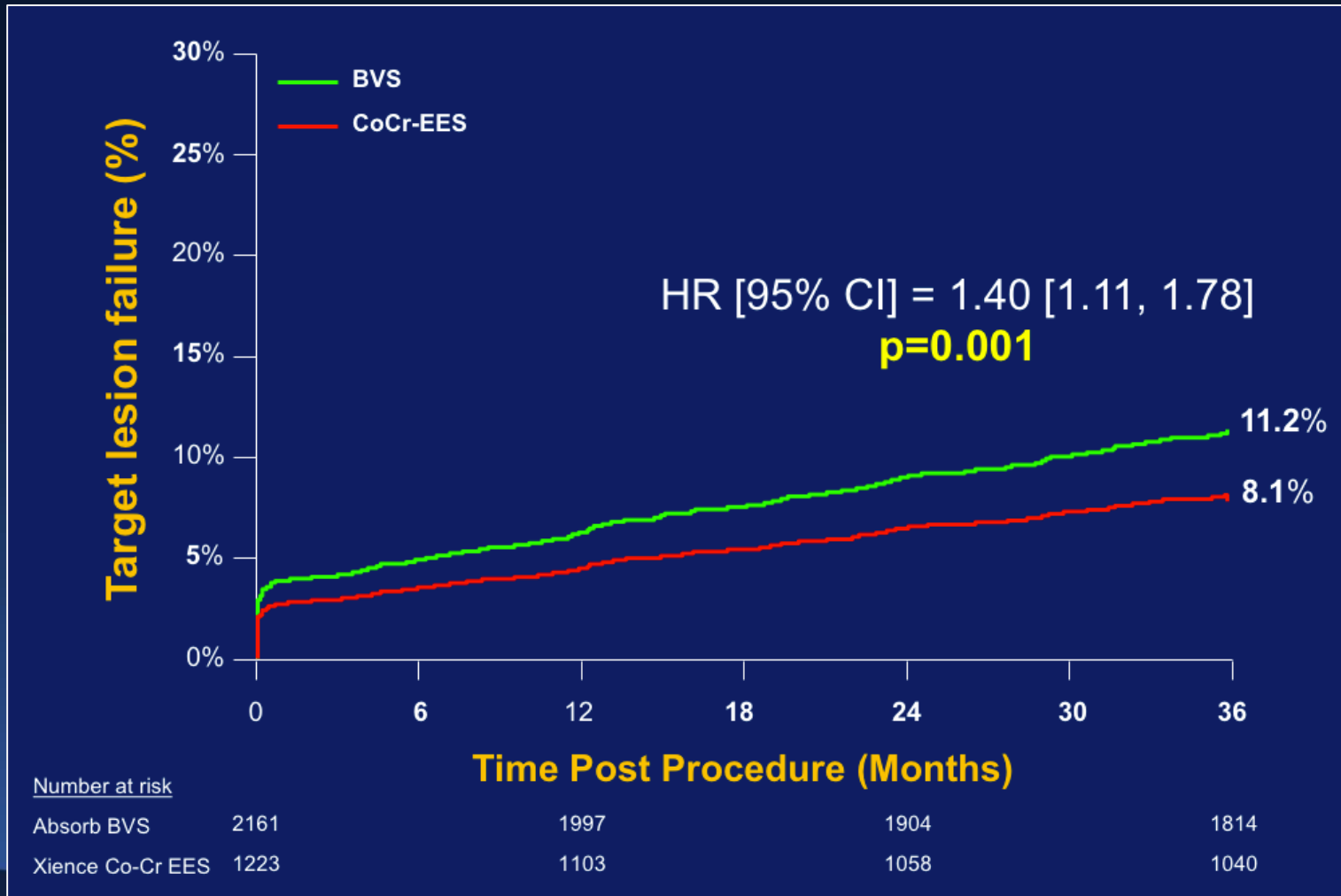




# ABSORB: 3-year Outcomes

Meta-analysis of 4 BVS vs. EES RCTs (n=3,389 pts)

## 3-Year TLF

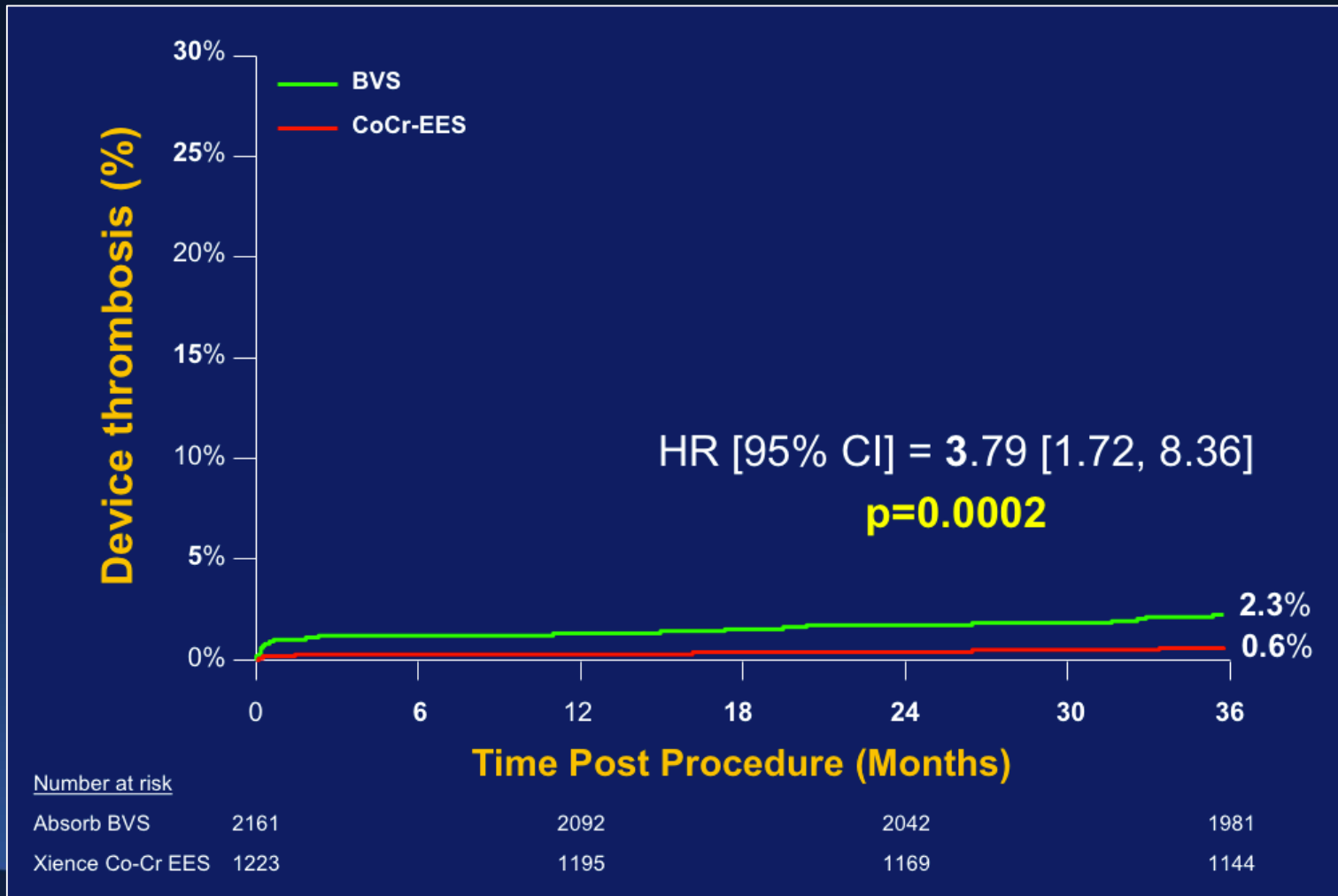




# ABSORB: 3-year Outcomes

Meta-analysis of 4 BVS vs. EES RCTs (n=3,389 pts)

## 3-Year Device Thrombosis





# Causes of Absorb BVS Failure

## 1. Mechanisms common to metallic DES

(but which may be more frequent with BVS)

- Under-expansion (small MSA)
- Edge issues (dissection, residual disease)
- Geographic miss
- Coverage of side-branches
- Slow and/or incomplete endothelialization
- Neointimal hyperplasia

## 2. Mechanisms unique to BVS

- Acute fracture
- Chronic recoil
- Late intraluminal scaffold dismantling (ILSD)
  - predisposed to by acute malapposition

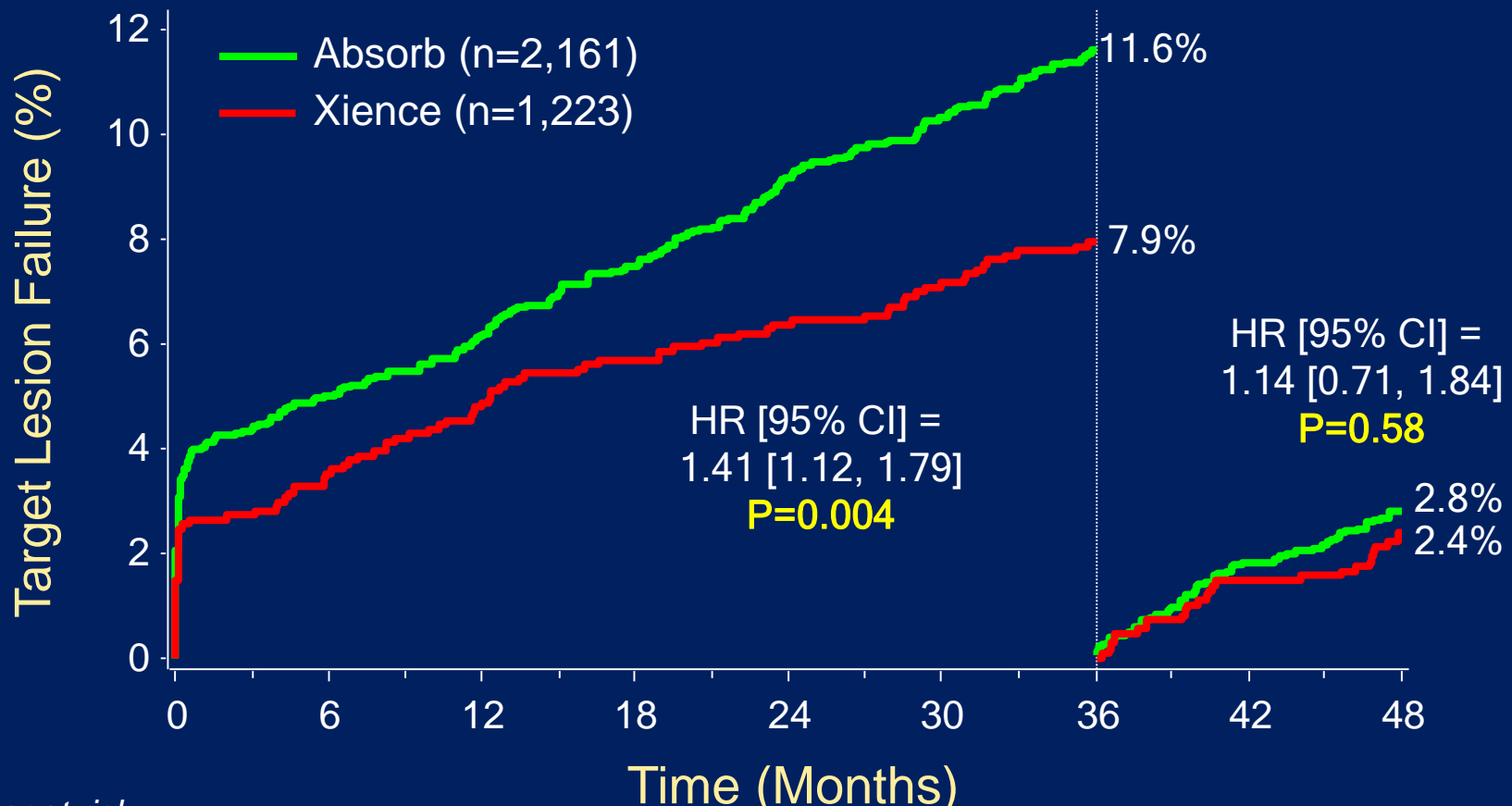
Many of these may be impacted by suboptimal technique



# ABSORB: 4-year Outcomes

Meta-analysis of 4 BVS vs. EES RCTs (n=3,389 pts)

## 4-Year TLF (Landmark)



Number at risk:

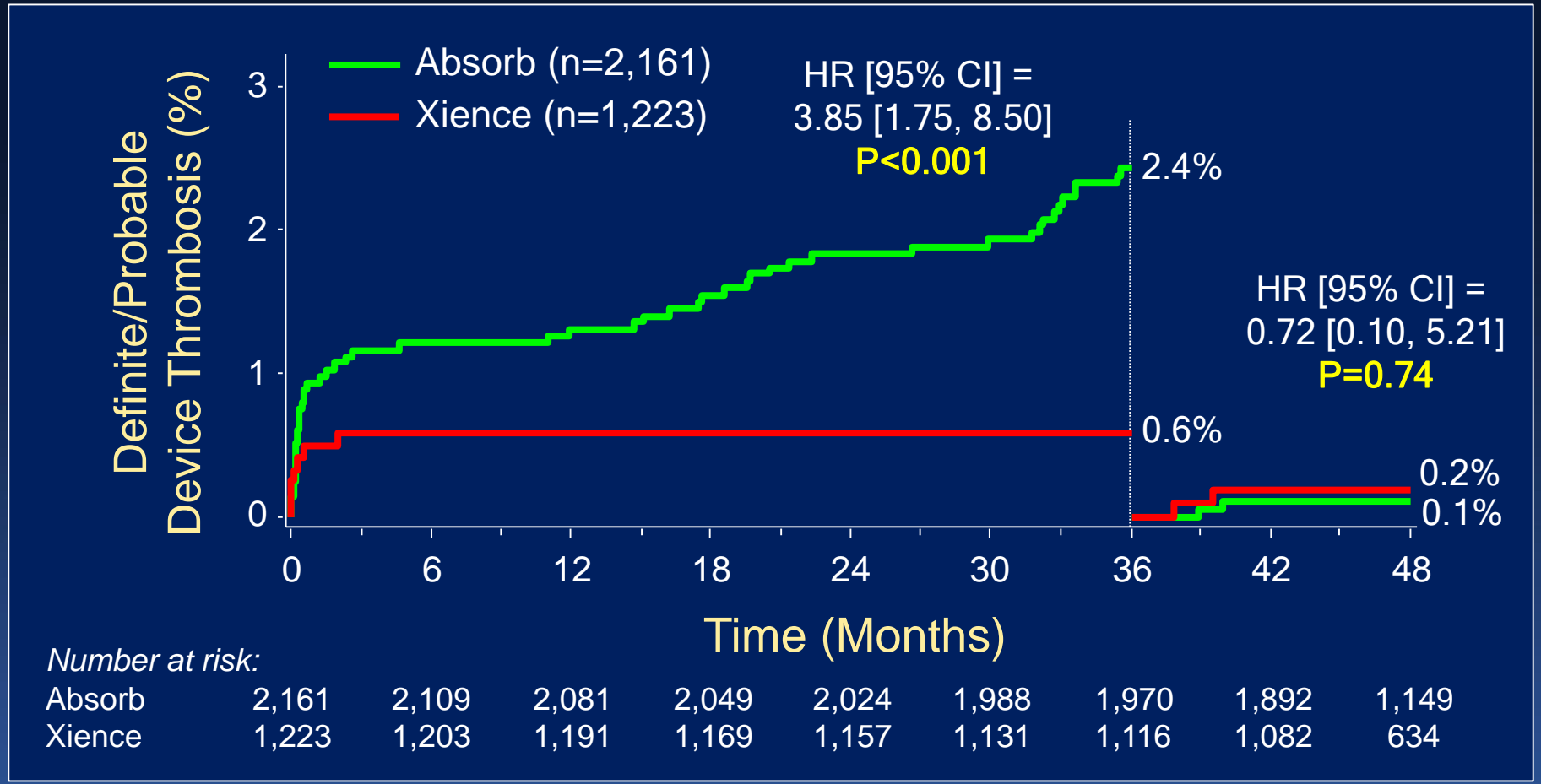
Absorb	2,161	2,032	1,987	1,935	1,887	1,833	1,970	1,866	1,123
Xience	1,223	1,169	1,144	1,115	1,096	1,064	1,116	1,072	626



# ABSORB: 4-year Outcomes

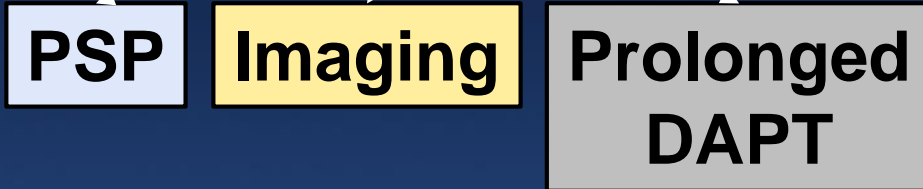
Meta-analysis of 4 BVS vs. EES RCTs (n=3,389 pts)

## 4-Year Device Thrombosis (Landmark)

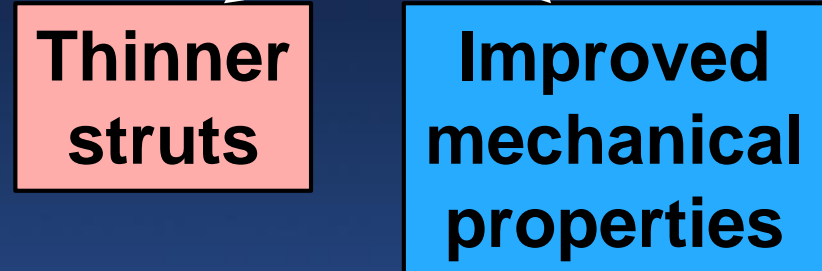


# How to Improve BRS Outcomes Prior to Their Complete Bioresorption

**Improve the  
Technique**



**Improve the  
Device**



# Hypothetical Keys to BRS Success: “P-S-P”

## **P: Prepare the Lesion (aggressively)**

- Pre-dilate with balloon:RVD ~1:1
- For calcified lesions or those that won't fully pre-dilate: cutting/scoring balloons or atherectomy
- Don't implant scaffold unless full balloon expansion is achieved

## **S: Size the Scaffold Correctly**

- Use guide catheter, pre-dilatation balloon, on-line QCA, or intravascular imaging (IVUS, OCT). Don't undersize!
- Strongly consider IV imaging if visual RVD <3 mm or 2.5 mm BVS planned; **never implant scaffold if RVD <2.5 mm!**

## **P: Post-Dilate All Cases (unless perfect by IV imaging)**

- With a NC balloon sized  $\geq 1:1$  (upsized 0.5 mm if possible, staying within the scaffold margins) to high pressure ( $\geq 18$  atm)
- **But never >0.5 mm larger** than scaffold nominal diameter



# Performance of Optimal PSP Technique in 5 ABSORB studies

	<u>Lesions</u> (n=3,149)	<u>Patients</u> (n=2,973)
• Pre-dilatation: <sup>1</sup>	60.1%	59.2%
• Sizing: <sup>2</sup>	82.3%	81.6%
• Post-dilatation: <sup>3</sup>	12.7%	12.4%
• All PSP	5.0%	4.9%

<sup>1</sup>Performed in all lesions with a balloon to QCA-RVD ratio  $\geq 1:1$ ; <sup>2</sup>QCA-RVD  $\geq 2.25$  mm -  $\leq 3.75$  mm for all treated lesions; <sup>3</sup>Performed with a non-compliant balloon at  $\geq 18$  atm. and with nominal diameter larger than the nominal scaffold diameter, but not  $>0.5$  mm larger



# Trial Design (Blinded FU)

NCT01751906

~2,600 pts with SIHD or ACS  
1 - 3 target lesions w/RVD  
2.5-3.75 mm and LL  $\leq$ 24 mm

Randomize 1:1

Stratified by diabetes and ABSORB III-like vs. not

**Absorb BVS**  
N=1,300

BVS technique:

Pre-dil: 1:1; NC balloon recommended

Sizing: IV TNG; QCA/IVUS/OCT strongly recommended if visually estimated RVD  $\leq$ 2.75 mm and 2.5 mm device intended; <2.5 mm ineligible!

Post-dil: 1:1, NC balloon,  $\geq$ 16 atm strongly recommended

**Xience EES**  
N=1,300

**DAPT for  $\geq$ 12 months**

Clinical/angina follow-up: 1, 3, 6, 9, 12 months, yearly through 7-10 years

SAQ-7 and EQ-5D: 1, 6, 12 months and 3 and 5 years

Cost-effectiveness: 1, 2, and 3 years

**Primary endpoints:** TLF at 30 days; TLF between 3 and 7-10 yrs (pooled with AIII)

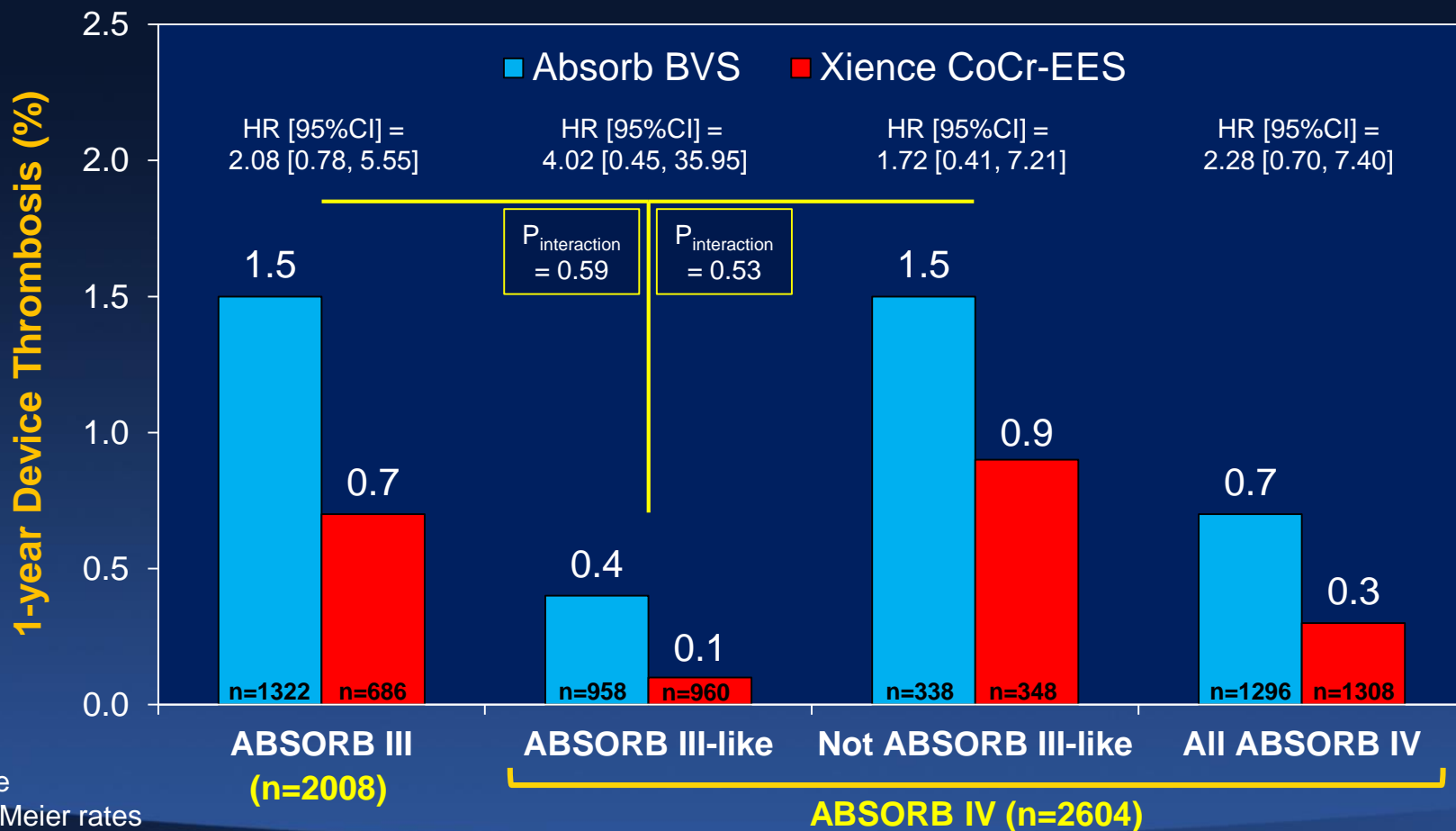
**Secondary endpoints:** TLF at 1 year; angina at 1 year



# 1-Year Device Thrombosis

## ABSORB IV (n=2604) vs. ABSORB III (n=2008)

1918/2604 pts (73.7%) enrolled in ABSORB IV were “ABSORB III-like”; 686 (26.3%) were not (23.9% troponin+ ACS, 0.5% 3 target lesions treated, 2.1% thrombus)

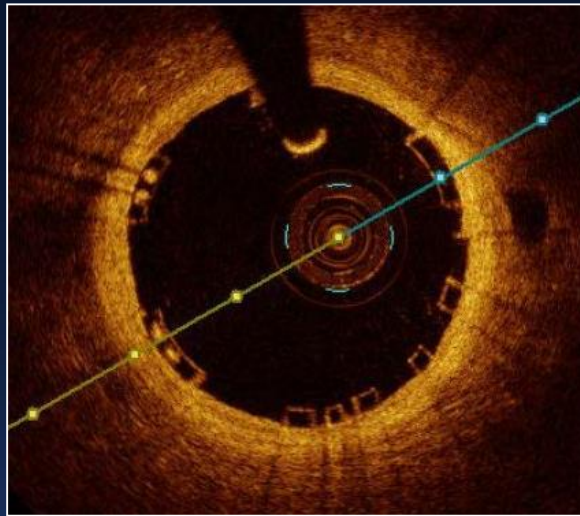


Data are Kaplan-Meier rates

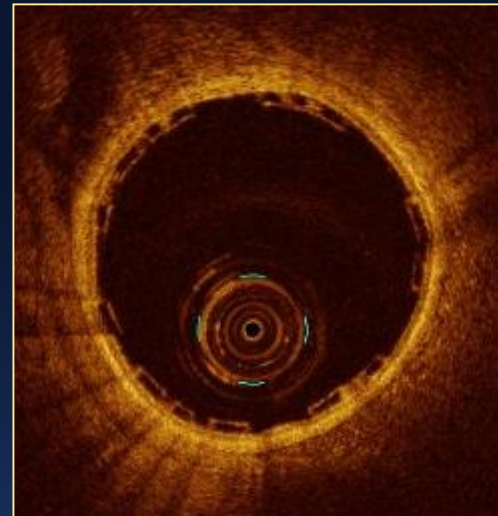


# Next Generation Absorb “Falcon”

**Absorb GT1**  
157  $\mu\text{m}$   
strut  
thickness



**Falcon**  
<100  $\mu\text{m}$   
strut  
thickness



# Conclusions: A Cautiously Optimistic Perspective on Bioresorbable Scaffolds

- Data have emerged that optimizing technique when implanting the thick-strut 1<sup>st</sup> gen Absorb BVS can improve mid-term results
- Improved BRS have been developed that promise to overcome many of the current limitations
- Implanted with optimized technique, improved BRS devices may be as safe as metallic DES and offer the potential to overcome metallic DES limitations and improve lifelong outcomes in pts with coronary artery disease