

**PROTECT AF Trial:  
Randomized Prospective Trial of Percutaneous LAA  
Closure vs Warfarin for Stroke Prevention in AF  
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# Facts about Atrial Fibrillation (AF)

- **AF is the most common cardiac arrhythmia**
  - **Affects more than 3 million individuals in the US**
  - **Projected to increase to 16 million by 2050**
- **Patients with AF have a 5-fold higher risk of stroke**
  - **Over 87% of strokes are thromboembolic**
  - **Greater than 90% of thrombus accumulation originates in the Left Atrial Appendage (LAA)**
- **Stroke is the number one cause of long-term disability and the third leading cause of death in patients with AF**

# Non-Valvular Atrial Fibrillation Stroke Prevention

## Medical Rx

- Warfarin cornerstone of therapy
- Assuming 51 ischemic strokes/1000 pt-yr
  - Adjusted standard dose warfarin prevented 28 strokes at expense of 11 fatal bleeds
  - Aspirin prevented 16 strokes at expense of 6 fatal bleeds
- Warfarin
  - 60-70% risk reduction vs no treatment
  - 30-40% risk reduction vs aspirin

# Challenges in Treating AF

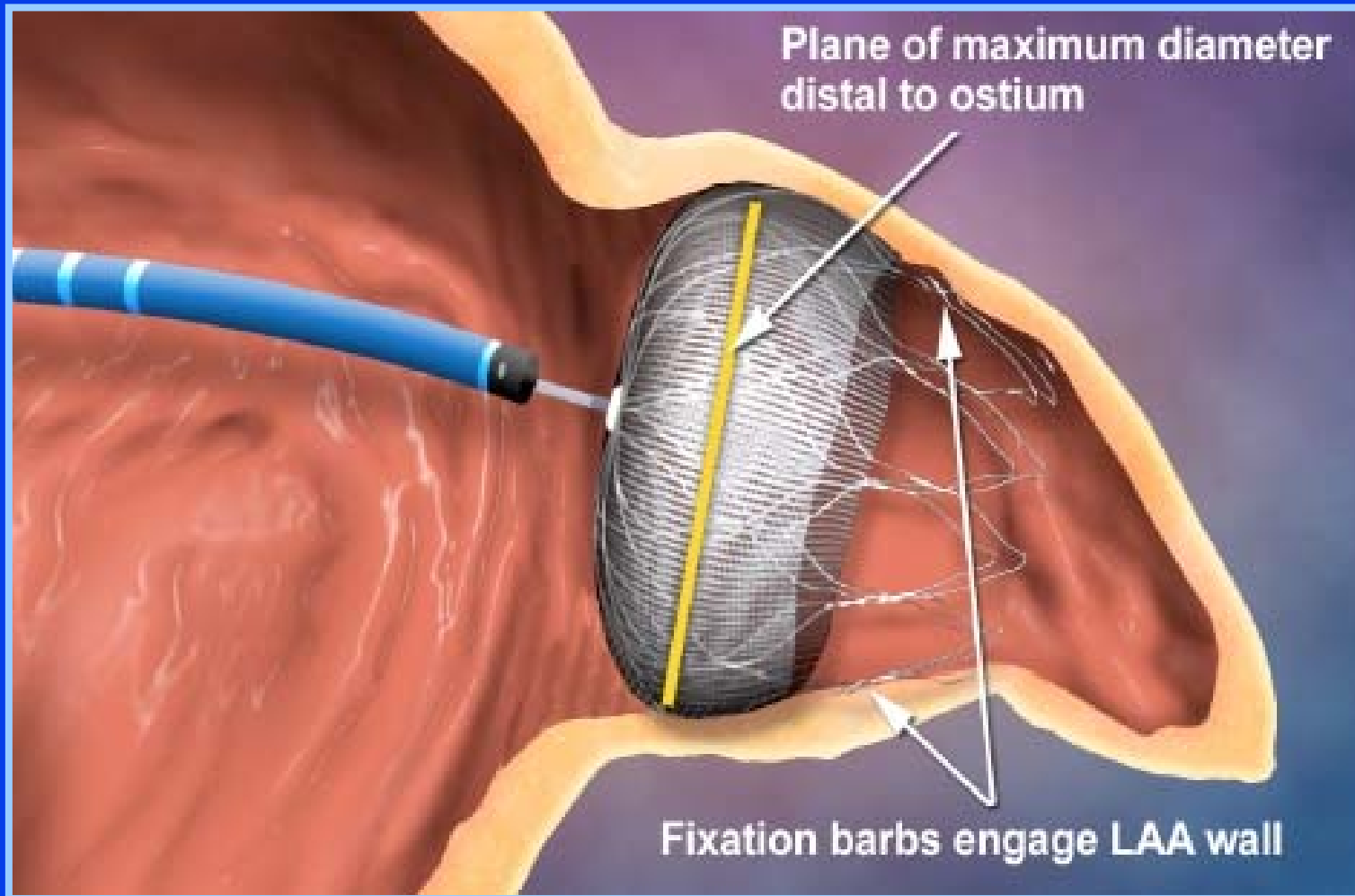
- **However warfarin is not always well-tolerated**
  - **Narrow therapeutic range (INR between 2.0 – 3.0)**
  - **Effectiveness is impacted by interactions with some foods and medications**
  - **Requires frequent monitoring and dose adjustments**
- **Published reports indicate that less than 50% of patients eligible are being treated with warfarin due to tolerance or non-compliance issues**
- **SPORTIF trials suggest only 60% of patients treated are within a therapeutic INR range, while 29% have INR levels below 2.0 and 15% have levels above 3.0**

# Watchman LAA Closure Technology

The WATCHMAN LAA Closure Technology is designed to prevent embolization of thrombi that may form in the LAA.

The WATCHMAN® Left Atrial Appendage Closure Technology is intended as an alternative to warfarin therapy for patients with non-valvular atrial fibrillation.

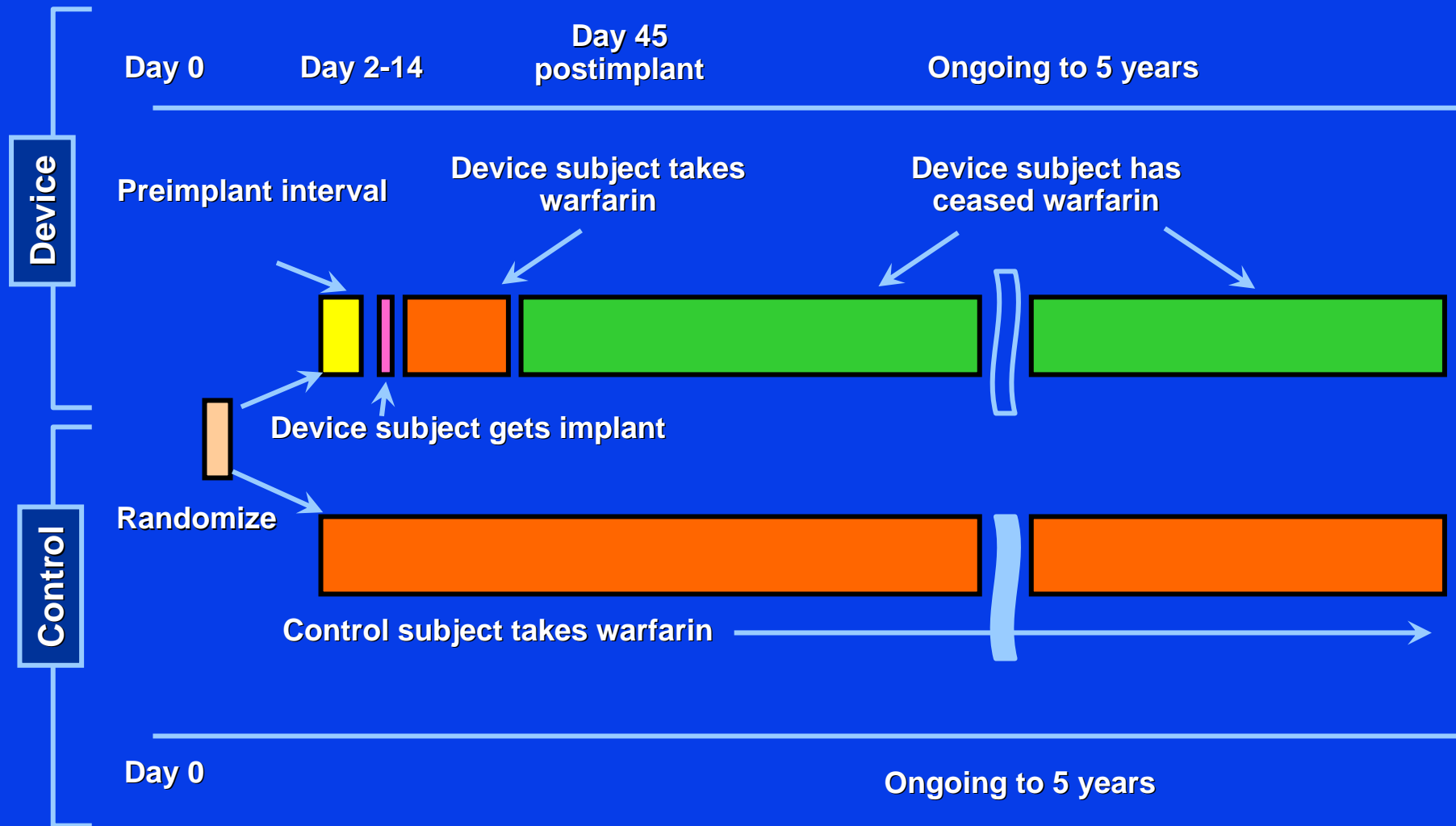
# WATCHMAN LAA Closure Device in situ



# PROTECT AF Clinical Trial Design

- Prospective, randomized study of WATCHMAN LAA Device vs. Long-term Warfarin Therapy
- 2:1 allocation ratio device to control
- 800 Patients enrolled from Feb 2005 to Jun 2008
  - Device Group (463)
  - Control Group (244)
  - Roll-in Group (93)
- 59 Enrolling Centers (U.S. & Europe)
- Follow-up Requirements
  - TEE follow-up at 45 days, 6 months and 1 year
  - Clinical follow-up biannually up to 5 years
  - Regular INR monitoring while taking warfarin
- Enrollment continues in Continued Access Registry

# Patient Study Timeline





# Warfarin Discontinuation

87% of implanted subjects were able to cease warfarin at 45 days and the rate further increased at later time points

Visit	Watchman N/Total (%)
45 day	349/401 (87.0)
6 month	347/375 (92.5)
12 month	261/280 (93.2)
24 month	95/101 (94.1)

- Reasons for remaining on warfarin therapy after 45-days:
  - Observation of flow in the LAA (n = 30)
  - Physician Order (n = 13)
  - Other (n = 9)

# PROTECT AF Trial Endpoints

- **Primary Efficacy Endpoint**
  - **All stroke: ischemic or hemorrhagic**
    - deficit with symptoms persisting more than 24 hours or
    - symptoms less than 24 hours confirmed by CT or MRI
  - **Cardiovascular and unexplained death: includes sudden death, MI, CVA, cardiac arrhythmia and heart failure**
  - **Systemic embolization**
- **Primary Safety Endpoint**
  - **Device embolization requiring retrieval**
  - **Pericardial effusion requiring intervention**
  - **Cranial bleeds and gastrointestinal bleeds**
  - **Any bleed that requires  $\geq 2$ uPRBC**
- **NB: Primary effectiveness endpoint contains safety events**

# PROTECT AF Statistical Overview

## PROTECT AF Bayesian sequential design

- Accrue patient-yr up to possible maximum of 1,500
- Analyze at specific time points; 600 patient-yr, then every 150 pt-yr thereafter
- Successful non-inferiority based on first time success criterion met
- Success criterion defined on probability scale
  - >97.5% probability that primary efficacy event rate for WATCHMAN is less than two times control
  - >5% probability that primary efficacy event rate for WATCHMAN is less than control

# Key Participation Criteria

- **Key Inclusion Criteria**
  - Age 18 years or older
  - Documented non-valvular AF
  - Eligible for long-term warfarin therapy, and no other conditions that would require long-term warfarin therapy
  - Calculated CHADS2 score  $\geq 1$
- **Key Exclusion Criteria**
  - NYHA Class IV Congestive Heart Failure
  - ASD and/or atrial septal repair or closure device
  - Planned ablation procedure within 30 days of potential WATCHMAN Device implant
  - Symptomatic carotid disease
  - LVEF  $< 30\%$
  - TEE Criteria: Suspected or known intracardiac thrombus (dense spontaneous echo contract)

# Patient Demographics

Baseline Demographics			
Characteristic	WATCHMAN N= 463	Control N= 244	P-value
Age (years)	71.7 ± 8.8 463 (46.0, 95.0)	72.7 ± 9.2 244 (41.0, 95.0)	0.1800
Height (inches)	68.2 ± 4.2 462 (54.0, 82.0)	68.4 ± 4.2 244 (59.0, 78.0)	0.6067
Weight (lbs)	195.3 ± 44.4 463 (85.0, 376.0)	194.6 ± 43.1 244 (105.0, 312.0)	0.8339
Gender			
Female	137/463 (29.6)	73/244 (29.9)	0.9276
Male	326/463 (70.4)	171/244 (70.1)	

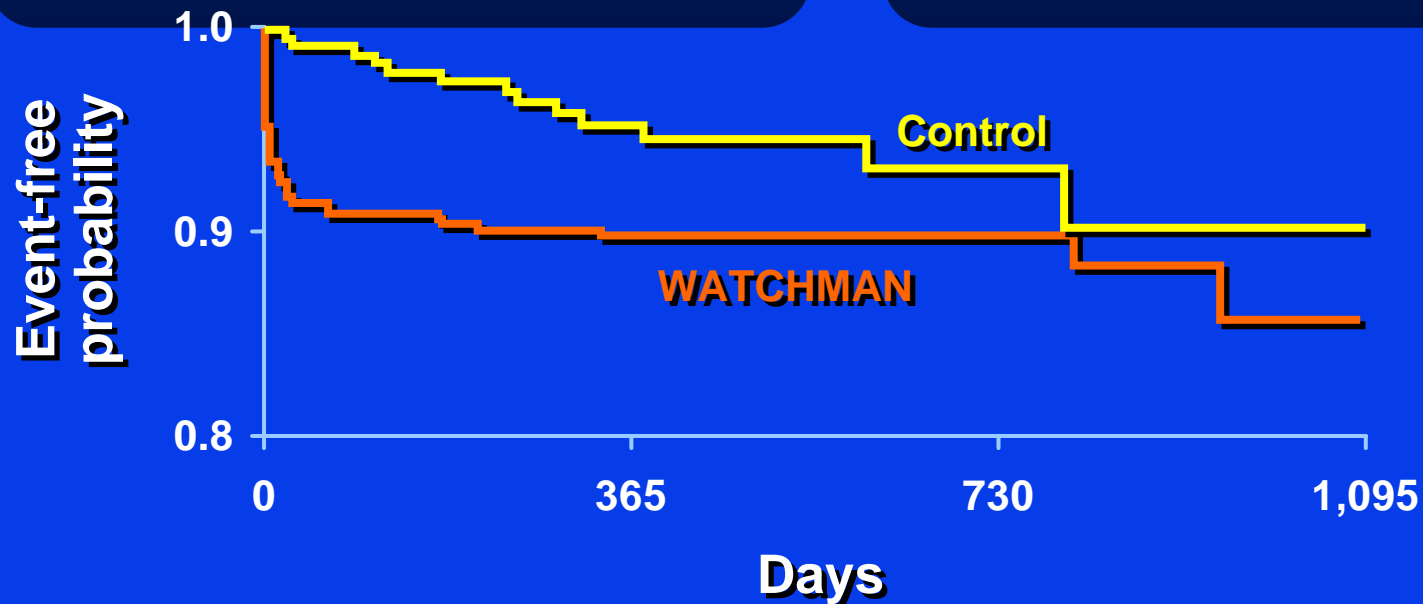
# Patient Demographics

Baseline Risk Factors			
	<b>WATCHMAN N= 463</b>	<b>Control N= 244</b>	<b>P-value</b>
<b>CHADS2 Score</b>			
1	158/463 (34.1)	66/244 (27.0)	0.3662
2	157/463 (33.9)	88/244 (36.1)	
3	88/463 (19.0)	51/244 (20.9)	
4	37/463 (8.0)	24/244 (9.8)	
5	19/463 (4.1)	10/244 (4.1)	
6	4/463 (0.9)	5/244 (2.0)	
<b>AF Pattern</b>			
Paroxysmal	200/463 (43.2)	99/244 (40.6)	0.7623
Persistent	97/463 (21.0)	50/244 (20.5)	
Permanent	160/463 (34.6)	93/244 (38.1)	
Unknown	6/463 (1.3)	2/244 (0.8)	
<b>LVEF %</b>	57.3 ± 9.7	56.7 ± 10.1	0.4246
	460 (30.0, 82.0)	239 (30.0, 86.0)	

# Intent-to-Treat Primary Safety Results

Randomization allocation (2 device : 1 control)

Cohort	Device			Control			Rel. Risk (95% CI)
	Events (no.)	Total pt-yr	Rate (95% CI)	Events (no.)	Total pt-yr	Rate (95% CI)	
900 pt-yr	48	554.2	8.7 (6.4, 11.3)	13	312.0	4.2 (2.2, 6.7)	2.08 (1.18, 4.13)

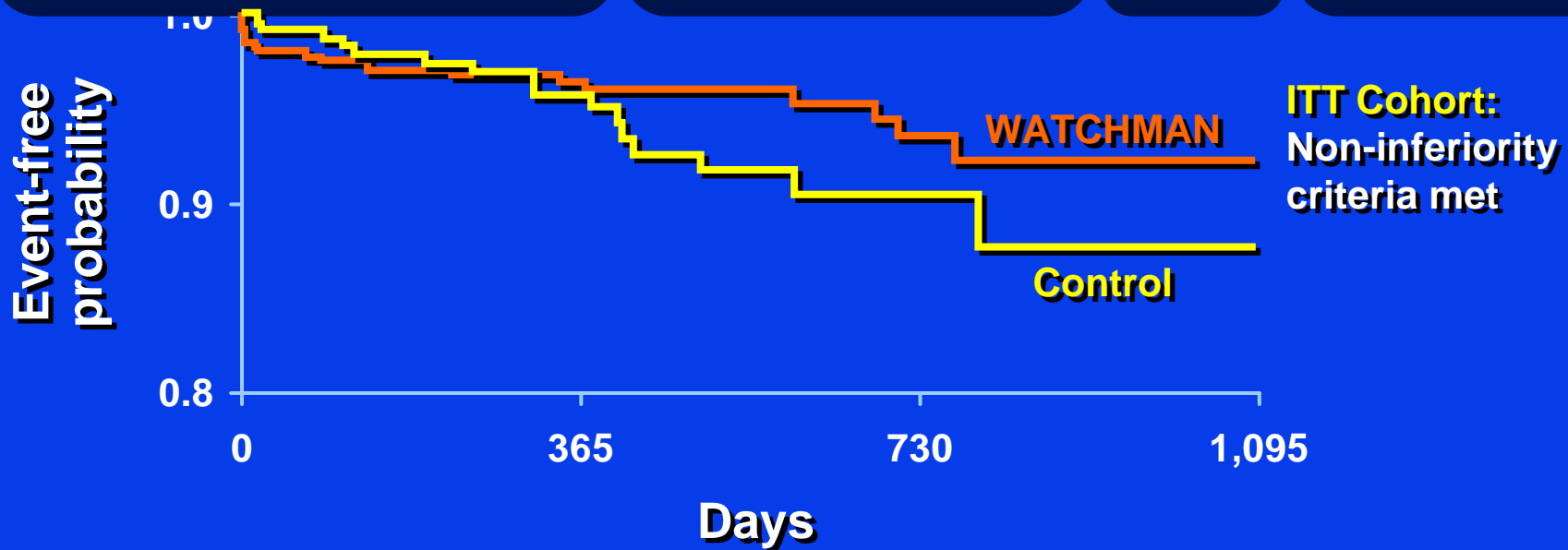


244	143	51	11
463	261	87	19

# Intent-to-Treat Primary Efficacy Results

Randomization allocation (2 device : 1 control)

Cohort	Device			Control			Posterior Probabilities		
	Events (no.)	Total pt-yr	Rate (95% CI)	Events (no.)	Total pt-yr	Rate (95% CI)	Rel. Risk (95% CI)	Non-inferiority	Superiority
900 pt-yr	20	582.3	3.4 (2.1, 5.2)	16	318.0	5.0 (2.8, 7.6)	0.68 (0.37, 1.41)	0.998	0.837



244  
463

147  
270

52  
92

12  
22



# **PROTECT AF Trial**

## **What are the Analysis Issues**

- 1. How do you deal with safety endpoints which are also primary efficacy endpoints?**
- 2. How do you deal with early procedural safety risks (seen with all invasive interventional procedures) vs late primary efficacy endpoints?**
- 3. How do you deal with a strategy of warfarin started immediately and indefinitely versus an invasive approach that also requires 45 days of warfarin (?double jeopardy)**
- 4. How do you factor in procedural learning curve?**

# Potential Safety Endpoints Device

- **Procedural complications**
  - **Pericardial effusion**
  - **Stroke – ischemic**
- **Bleeding during 45 days of Warfarin**

# Intent-to-Treat Primary Safety Results

Cohort	Device			Control			RR (95% CI)
	Events (no.)	Total pt-yr	Rate (95% CI)	Events (no.)	Total pt-yr	Rate (95% CI)	
600 pt-yr	45	386.4	11.6 (8.5, 15.3)	9	220.4	4.1 (1.9, 7.2)	2.85 (1.48, 6.43)
900 pt-yr	48	554.2	8.7 (6.4, 11.3)	13	312.0	4.2 (2.2, 6.7)	2.08 (1.18, 4.13)

- Pericardial effusions – largest fraction of safety events in device group
- Stroke events – most serious fraction of safety events in control group
- Bleeding events were also frequent

# Pericardial Effusions by Experience

- Pericardial effusions – most common safety issue
- Throughout PROTECT AF Trial, procedural modifications and training enhancements were implemented
- Procedural events would be expected to decrease over time

<u>Site implant group</u>	<u>Any</u>		<u>Serious</u>	
	No.	%	No.	%
Early patients (1-3)	13/154	8.4	10/154	6.5
Late patients ( $\geq 4$ )	27/388	7.0	17/388	4.4
Total	40/542	7.2	27/542	5.0

- Continued ACCESS Registry

<u>Any</u>		<u>Serious</u>	
No.	%	No.	%
1/88	1.1	1/88	1.1

# Safety Events

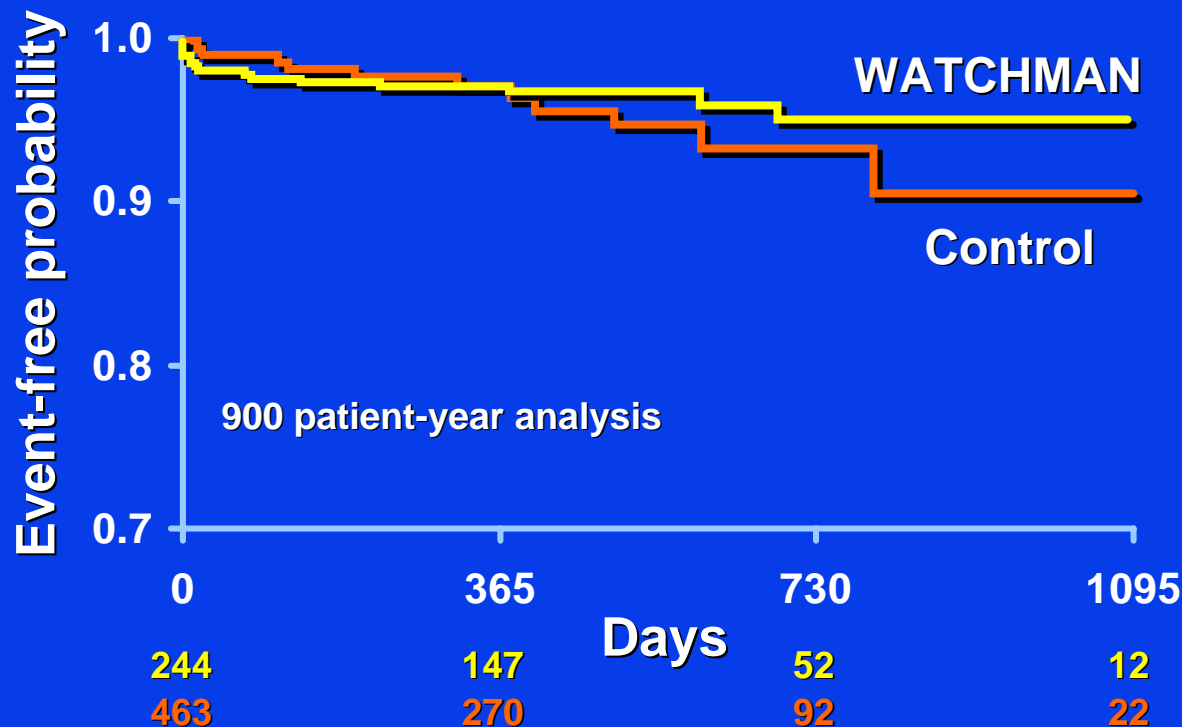
## Stroke

### Safety stroke events

- Also counted as efficacy events in efficacy analyses
- 5 events in device group classified as “ischemic stroke”
  - All periprocedural: extended hospitalization by 7 days
  - 3 were related to air embolism
- 1 hemorrhagic stroke in device group vs 6 in control group
  - Device event occurred 15 days post implant while patient was on warfarin
  - 4/6 stroke events in control group patients resulted in death

# Intent-to-Treat All Stroke

Cohort	Device			Control			Posterior probabilities		
	Events eve	Total pt-yr	Rate (95% CI)	Events (no.)	Total pt-yr	Rate (95% CI)	RR (95% CI)	Non- inferiority	Superiority
600 pt-yr	14	409.3	3.4 (1.9, 5.5)	8	223.6	3.6 (1.5, 6.3)	0.96 (0.43, 2.57)	0.927	0.488
900 pt-yr	15	582.9	2.6 (1.5, 4.1)	11	318.1	3.5 (1.7, 5.7)	0.74 (0.36, 1.76)	0.998	0.731

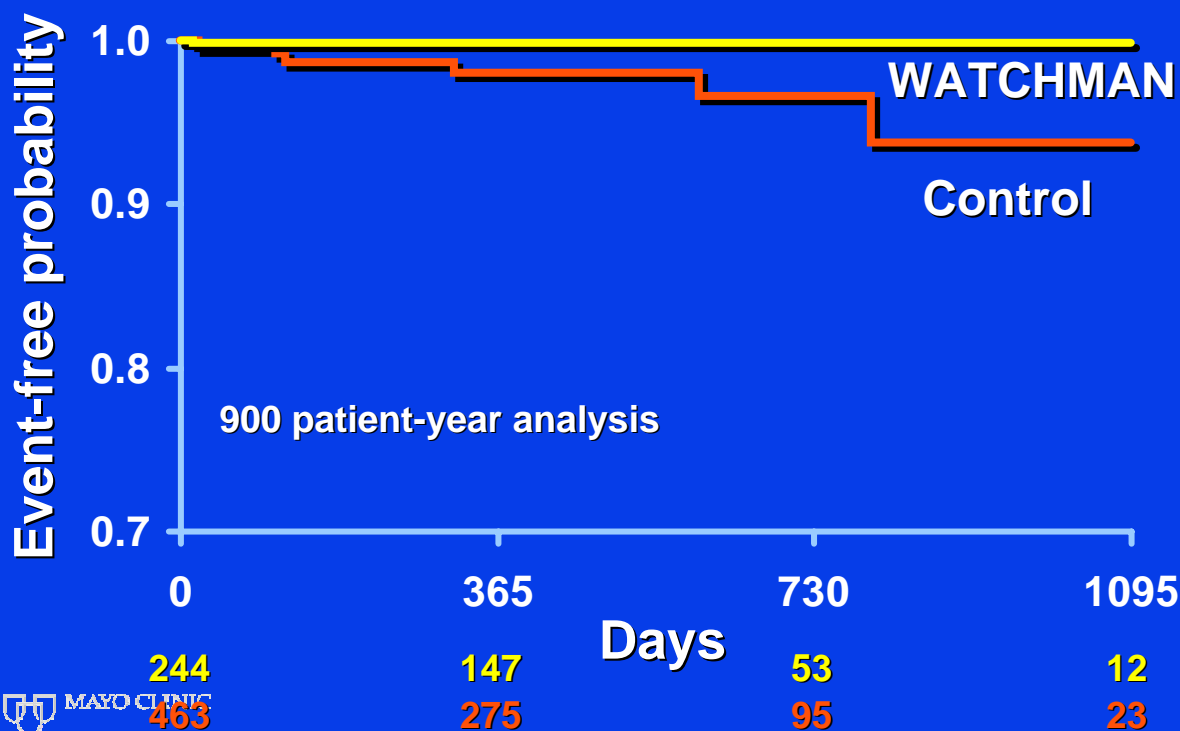


Randomization allocation  
(2 device:1 control)

ITT cohort: Non-  
inferiority criteria met

# Intent-to-Treat Hemorrhagic Stroke

Cohort	Device			Control			Posterior probabilities		
	Events (no.)	Total pt-yr	Rate (95% CI)	Events (no.)	Total pt-yr	Rate (95% CI)	RR (95% CI)	Non-inferiority	Superiority
600 pt-yr	1	416.7	0.2 (0.0, 0.9)	4	224.7	1.8 (0.5, 3.9)	0.13 (0.00, 0.80)	0.998	0.986
900 pt-yr	1	593.6	0.2 (0.0, 0.6)	6	319.4	1.9 (0.7, 3.7)	0.09 (0.00, 0.45)	>0.999	0.998



# Risk/Benefit Analysis

- **Intent-to-treat analysis**
- Primary endpoint (intent to treat) achieved
- Other statistically significant endpoint findings
  - Noninferiority for the primary efficacy event rate – 32% lower in device group
  - Noninferiority for all strokes – 26% lower in device group
  - Superiority for hemorrhagic stroke – 91% lower in device group
  - Noninferiority for mortality rate – 39% lower rate in device group
- Increased rate of primary safety events for the device group relative to the control group
  - Most events in the device group were procedural effusions that decreased over the course of the study
- 87% of patients were able to discontinue warfarin at 45 days



# Summary

- Long-term warfarin treatment of patients with AF has been found effective, but presents difficulties and risk
- PROTECT AF trial was a randomized, controlled, statistically valid study to evaluate the WATCHMAN device compared to warfarin
- In PROTECT AF, hemorrhagic stroke risk is significantly lower with the device.
  - When hemorrhagic stroke occurred, risk of death was markedly increased
- In PROTECT AF, all cause stroke and all cause mortality risk are non-inferior to warfarin
- In PROTECT AF, there are early safety events, specifically pericardial effusion; these events have decreased over time

# Conclusion

**The WATCHMAN LAA Technology offers a safe and effective alternative to warfarin in patients with non-valvular atrial fibrillation at risk for stroke and who are eligible for warfarin therapy**