# Bifurcation PCI: Contemporary Practical Approach

#### Jung-Min Ahn, MD

Heart Institute, Asan Medical Center, Ulsan University College of Medicine, Seoul, Korea

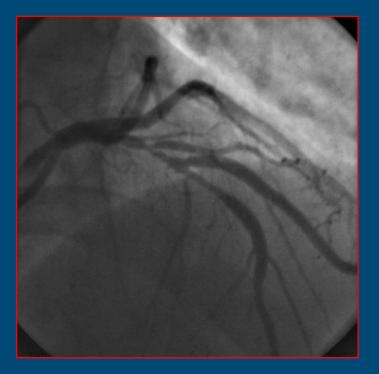




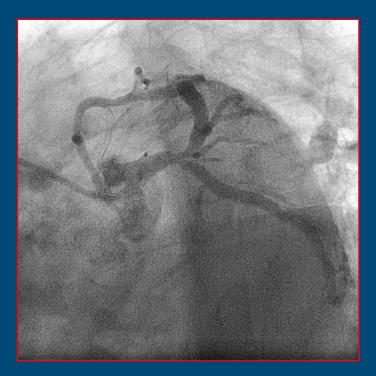


# **Bifurcation**

## Non-Left Main











CardioVascular Research Foundation

# **Bifurcation**

### Non-Left Main

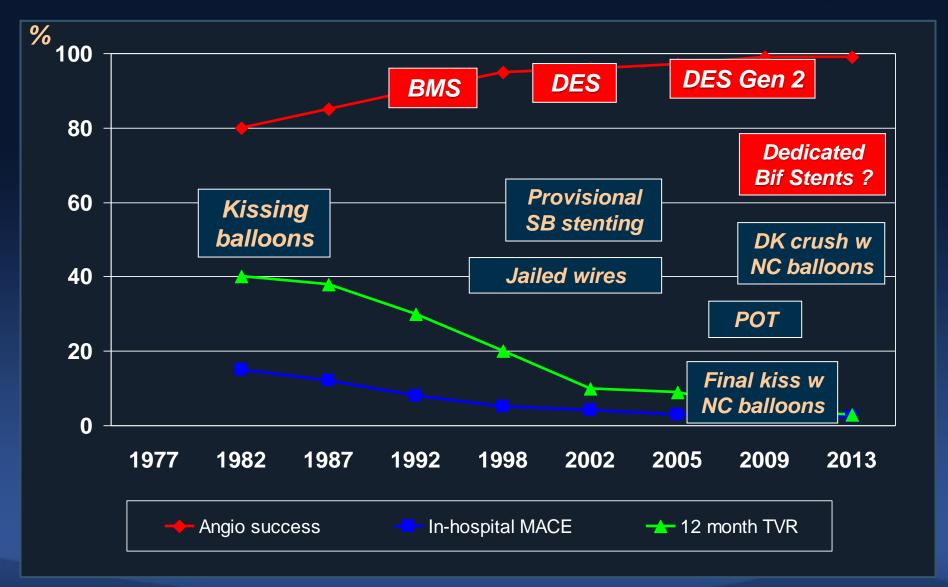


- Simple Cross Over?
- Two Stent Technique?
- Side Branch Protection?





## **Evolution of Bifurcation Therapy**



CardioVascular Research Foundation

**Courtesy of T. Lefevre** 

COLLEGE MEDICINE

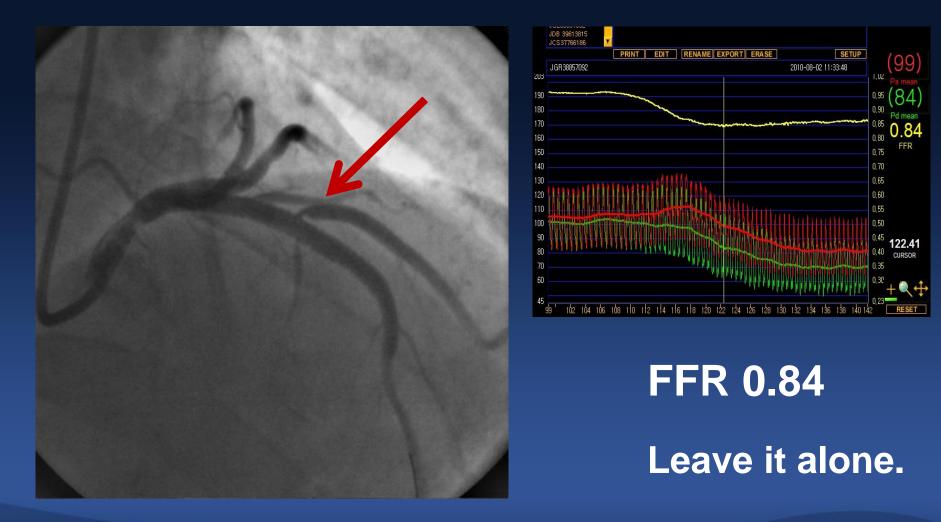
#### Meta-Analysis of 12 Major Studies, 6961 Pts *Provisional Single-Stenting is Better !*

A			DE			osi	S	с		My	/ <b>OC</b>			arct	ion
Study	Year	DDS	SDS	DDS better	SDS better	Weight*	RR (random) 95% CI	Study	Year	DDS	SDS	DDS better	SDS better	Weight*	RR (random) 95% Cl
RANDOMIZE	D. CONT	ROLLED	TRIALS					RANDOMIZE			TRIALS				
NORDIC	2008	1/196	2/199		⊢⊢	5.37%	0.50 (0.04-5.55)	NORDIC	2008	39/196	20/199		<b> _∔</b>	16.86%	1.97 (1.19–3.26)
Ferenc et al.	2008	2/101	1/101		-	5.40%	2.00 (0.18-21.71)	Ferenc et al.	2008	2/101	1/101		1.	1.80%	2.00 (0.18-21.71)
CACTUS	2009	3/177	2/173			9.73%	1.46 (0.24-8.66)	CACTUS	2009	19/177	15/173	-		13.48%	1.28 (0.65–2.35)
BBC-ONE	2010	5/249	1/248	-	<b></b>	6.71%	4.97 (0.58-42.31)	BBC-ONE	2010	28/249	9/248			11.76%	3.09 (1.49–6.43)
DK-CRUSH-I	2011	4/185	1/185	-	<b></b>	6.45%	4.00 (0.45-35.44)	DK-CRUSH-II		6/185	4/185	_	-	5.59%	1.50 (0.43-5.22)
META-ANAL	YSIS	15/908	7/906		+		2.01 (0.77-5.23)	META-ANALY	SIS	94/908	49/906		•		1.88 (1.35-2.62)
Cochrane Q: 2.46 (p: 0.651) I <sup>2</sup> : 0%						Cochrane Q: 3.5	59 (p: 0.4	453) I <sup>2</sup> : 0%					,		
NONRANDO	MIZED, C	BSERVA	TIONAL S	TUDIES				NONRANDO	NIZED, (	OBSERVA	TIONAL S	TUDIES			
Ge et al.	2007	3/57	0/117			3.54%	14.24 (0.74–271.13)	Ge et al.	2007	13/57	5/117			8.04%	5.33 (1.99-14.24)
Di Mario et al	2007	4/109	0/38		<b></b>	3.66%	3.19 (0.17-57.92)	Di Mario et al.	2007	7/109	2/38			4.01%	1.22 (0.26-5.62)
ARTS II	2007	1/61	4/263			6.50%	1.07 (0.12-9.47)	ARTS II	2007	3/61	16/263	_		5.94%	0.80 (0.24-2.68)
COBIS	2010	2/292	9/1376	_		13.17%	1.04 (0.22-4.82)	COBIS	2010	5/292	15/1376	_	1.	7.78%	1.57 (0.57-4.28)
J-CYPHER	2011	3/263	10/1870	-	- <b>#</b> -	18.64%	2.13 (0.59-7.70)	J-CYPHER	2011	6/263	39/1870	_		9.77%	1.09 (0.46-2.55)
J-PMS	2011	4/37	2/263			11.12%	14.21 (2.69–74.92)	J-PMS	2011	5/37	6/263			6.48%	5.92 (1.90-18.44)
Assali et al.	2011	2/141	3/260		<b>.</b>	9.72%	1.23 (0.21-7.27)	Assali et al.	2011	7/141	10/260	_		8.49%	1.29 (0.50-3.32)
META-ANAL	YSIS	19/960	27/4187		+		2.55 (1.13–5.78)	META-ANALY	SIS	43/960	93/4187				1.85 (1.03-3.32)
	Cochrane Q: 8.06 (p: 0.234) I <sup>2</sup> : 25.57%						Cochrane Q: 12.79 (p: 0.041) I <sup>2</sup> : 53.11%								
META-ANAL Cochrane Q: 1		<b>34/1868</b> 473) I <sup>2</sup> : 0%			•	100%	2.31 (1.33–4.03)	META-ANALY Cochrane Q: 16			142/5093		•	100%	1.86 (1.34–2.60)
				0.01 0.1 RR (I	1 10 100 1 LOG SCALE)	1000						0.01 0.1 RR (	1 10 100 LOG SCALE)	1000	
		Sing	gle-s	stent	Two-st	ent				Sin	gle-s	stent	Tw	o-ster	nt

- No randomized trials had shown that two-stenting was superior to single-stenting.
- Provisional one stent cross over with jailed wire has been a standard strategy to treat non-LM bifurcation, even true bifurcation.

Zimarino et al. J Am Coll Cardiol Intv 2013;6:687–95

## **After Stenting at Main Vessel**

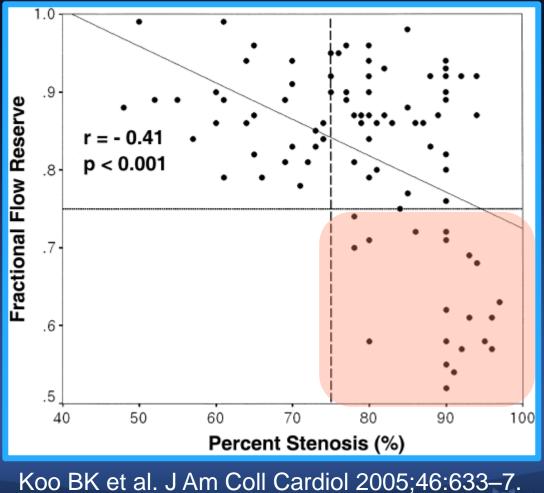






# FFR of the Jailed Side Branch

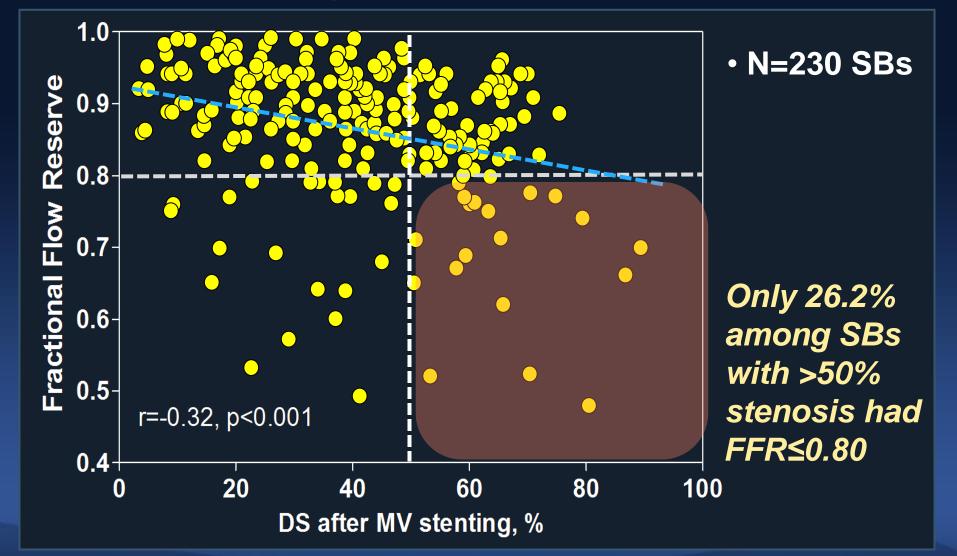
Among angiographic jailed side branches, functionally significant stenosis is not common.



CardioVascular Research Foundation



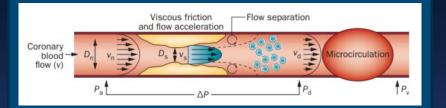
## FFR of the Jailed Side Branch By Using Dedicated Bifurcation QCA



Park SJ, Ahn JM et al. JACC Cardiovasc Interv. 2012 Feb;5(2):155-61

# Why? Determinants of FFR

#### Stenosis



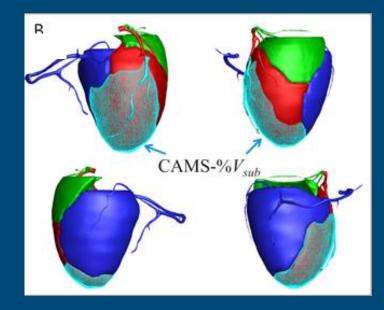
The pressure gradient across a stenosis is determined by the sum of viscous and separation losses.

 $\Delta P = Av + Bv^2$ 

The most-important geometric parameter is the minimum diameter of the stenosis

Nat. Rev. Cardiol. 10, 439–452 (2013)

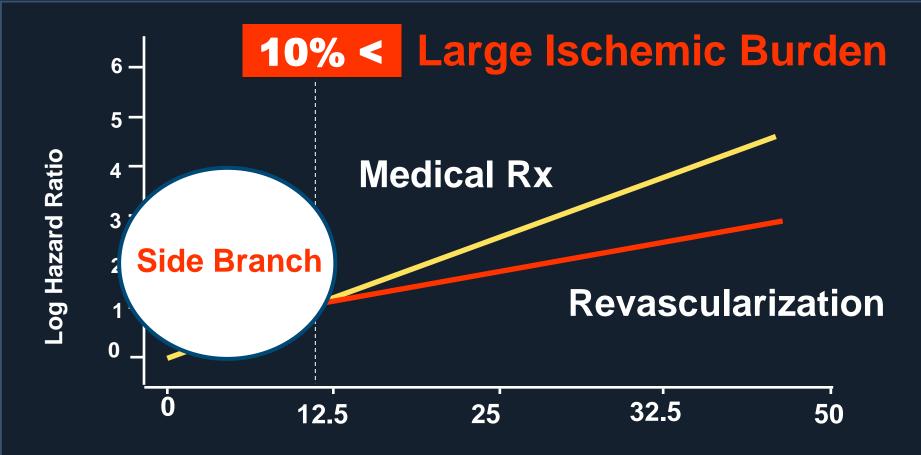
## Myocardium



- Vascular territory on the FFR value
- Any given stenosis, Vascular territory TFR Vascular territory FFR

PLoS Med 15(11): e1002693

# Survival Benefit of Revascularization



#### **Total Myocardium Ischemic Burden (%)**

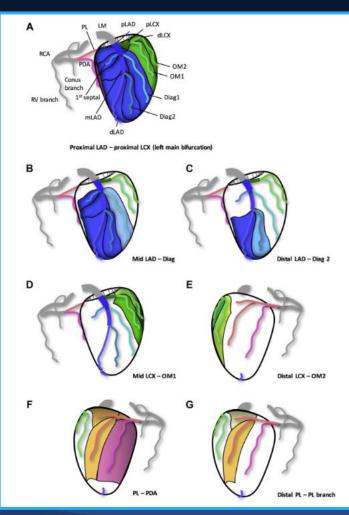


Hachamovitch R, Circulation. 2003;107:2900-2906



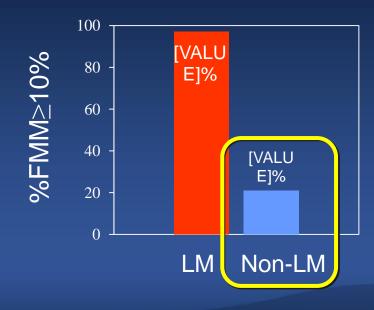
## **Myocardial Mass Supplied by Side Branch**

#### Fractional Myocardial Mass (FMM) Based on CT



#### Predictors of %FMM $\geq$ 10%

- Side branch length  $\geq$  73mm
- Left main bifurcation



CardioVascular Research Foundation

J Am Coll Cardiol Intv 2017;10:571–81



## **Simple Calculation**

# *Ischemia Extent:* %FMM>10% in SB: 21% *Ischemia Severity:* FFR≤0.80 in SB: 26%

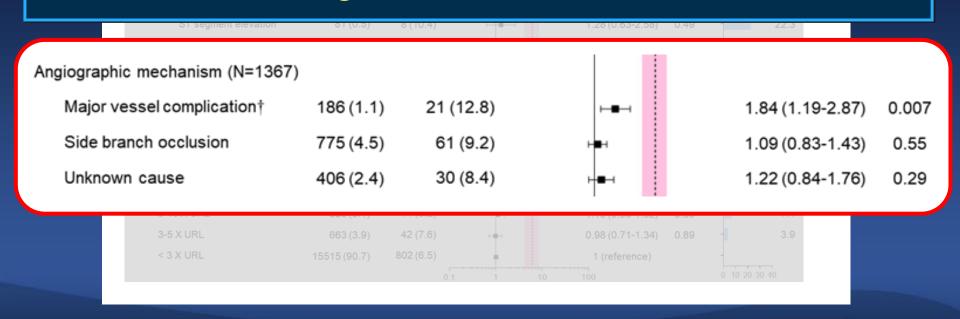
# Clinically (Prognostically) Important SB is Only 5.5%





## **Peri-Procedural MI:** Angiographic Complications

Side branch occlusion is not associated with longterm survival but main branch occlusion is associated with long-term survival after PCI.



Unpublished Data From Asan Medical Center

#### Symptomatically Important Side Branch

- Angina
- EKG change
- Arrhythmogenic potential

#### **Balloon Occlusion**

	LAD	Diagonal	p Value
Chest pain and ECG parameters, n = 65			
VAS pain score	5 (0-7)	2 (0-4)	< 0.0001
ST-segment elevation $\geq 1 \text{ mm}$	60 (92.3)	23 (35.4)	0.001
QTc interval, ms	$454.0 \pm 45.4$	440.4 ± 35.7	0.07
QTc dispersion, ms	$83.8\pm39.2$	$70.7 \pm 28.5$	< 0.0001
Coronary hemodynamic parameters, n = 47			
Pre-intervention FFR	$0.67 \pm 0.10$	$0.71\pm0.11$	0.02
Pw, mm Hg	$21.0 \pm 6.5$	$26.7 \pm 9.4$	< 0.0001
Pw/Pa	$\textbf{0.22} \pm \textbf{0.07}$	$\textbf{0.27}\pm\textbf{0.08}$	0.001

#### **Diagonal Br. Scoring**

- Vessel Size ≥ 2.5mm
- No. of Dia. Br.  $\leq 2$
- No Br. Below



#### Koo BK et al. JACC: Cardiovascular Interventions Volume 5, Issue 11, Pages 1126-1132

ardioVascular Research Foundation



## Less Important

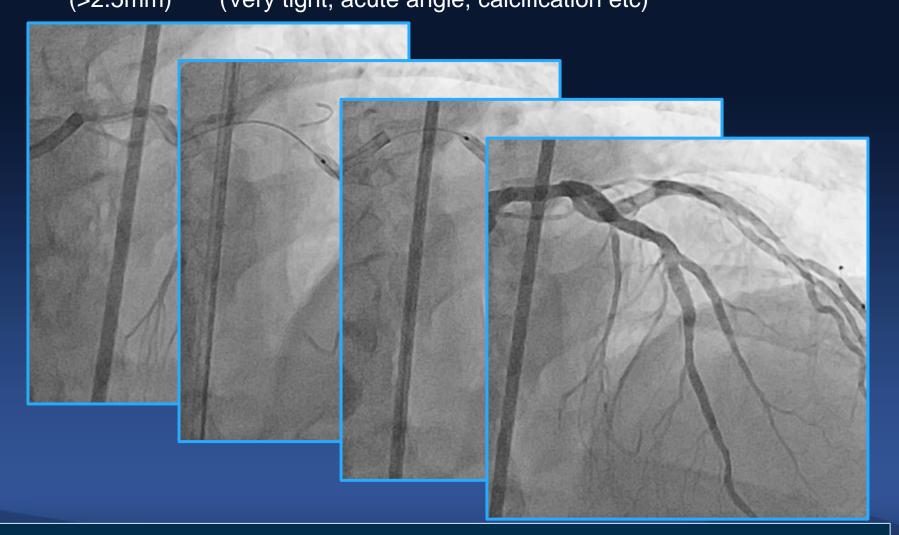








#### When We Do Initial Two Stenting? Big SB, Hard to Re-Wire, to Avoid Pain (>2.5mm) (Very tight, acute angle, calcification etc)

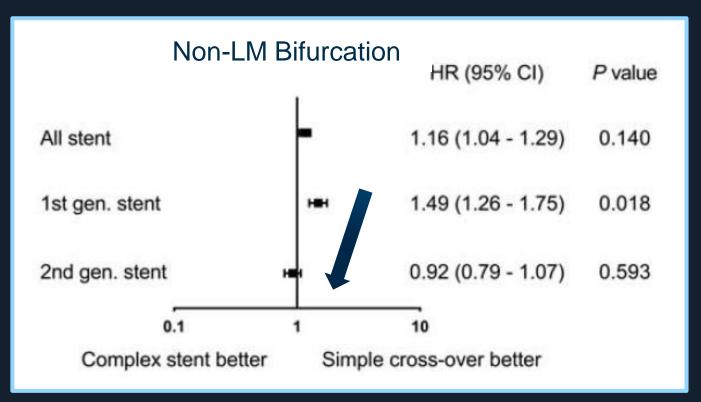


Not For Better Prognosis But For No Pain during PCI

#### Temporal Changes in Non-LM Bifurcation PCI Data from IRIS-DES and LM Registry

#### The Outcome of 2-Stenting Has Improved

#### **Target-Vessel Failure**

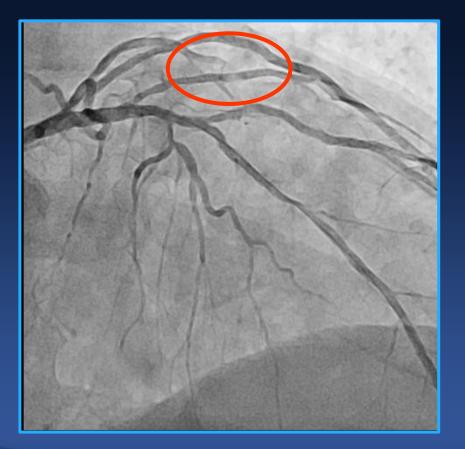


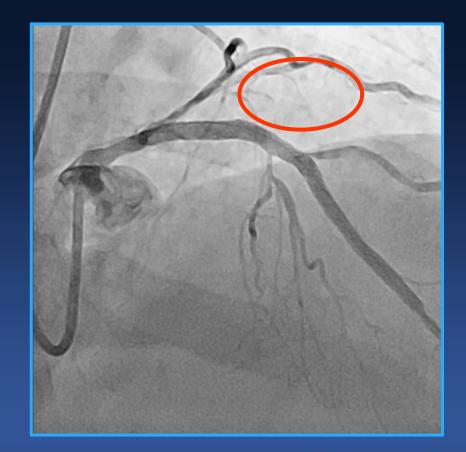
CardioVascular Research Foundation

Coron Artery Dis. 2019 Jan;30(1):33-43

ASAN Medical Center

# Diagonal Branch Disappeared after Stenting



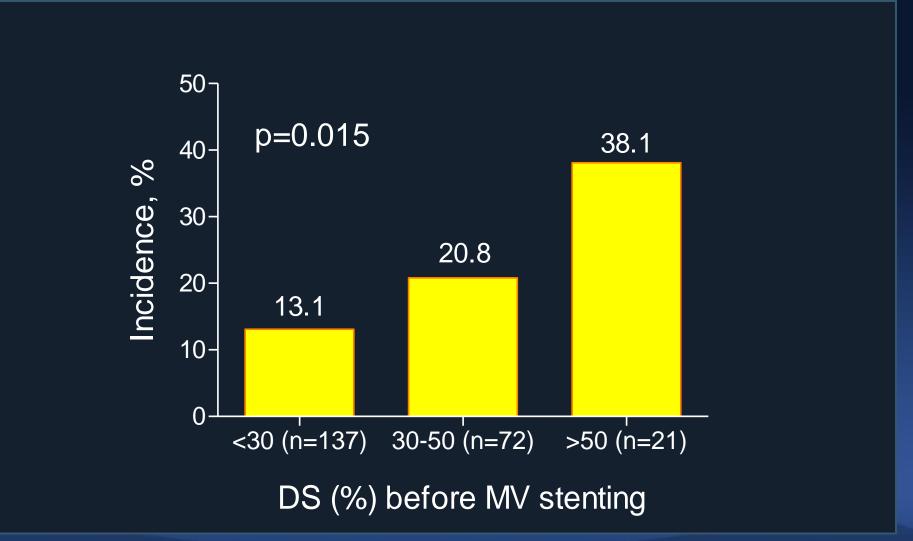






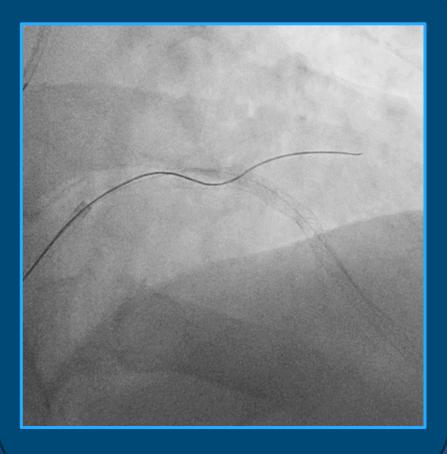


## Pre-Stenting DS vs. Post-Stenting FFR of Side Branches



Park SJ, Ahn JM et al. JACC Cardiovasc Interv. 2012 Feb;5(2):155-61

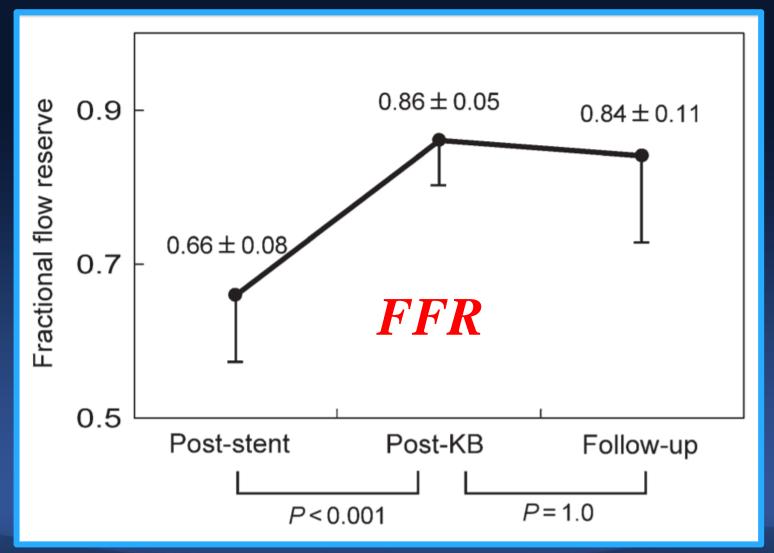
# Diagonal Branch Disappeared after Stenting



- Provisional Stenting?
- Kissing Balloon?
- Keep It Open?

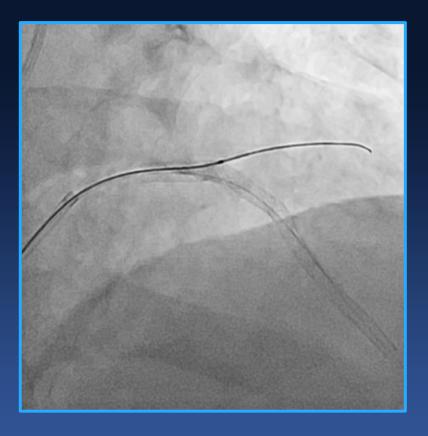


#### Kissing Balloon: Keep It Open With Small Balloon



Koo BK et al. Eur Heart J. 2008 Mar;29(6):726-32

## Keep It Open Using Small Balloon





#### Tazuna 1.5(15)mm

#### TIMI 3 flow







## **Contemporary Practical Approach for** Non-LM Bifurcation PCI

Provisional Stenting Is Always Enough

**Any 2 Stent Technique** 

Jailing Side Branch ?How to Treat ?

It Would Be OK !

With Simple Technique ; POT, Sequential HP Inflation on Both Branches, and Finally Kissing !





## Key Message of Non-LM Side Branch PCI

# (FFR) Concept is More Important than Technique





