Early defects in non ECG gated CE-CT may become strong diagnostic tool for NSTEMI.

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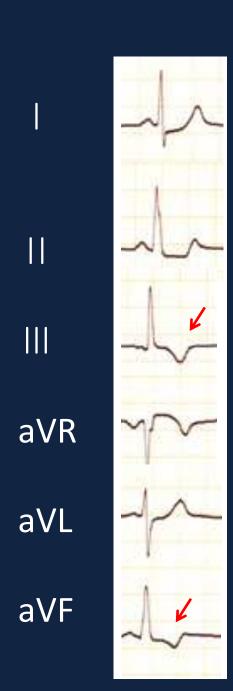
Introduction of the case

[Patient] 38y male
[Chief complaint] Chest discomfort, nausea
[Present illness]
The patient had been treated diabetes from 1 year ago.
Today, he felt chest discomfort after the hard work outside.
It did not improve even after a while, and he came to the emergency room of our hospital.

【Coronary risk factors】
diabetes mellitus, hypertension, dyslipidemia, smoking
[Medication】
none

Physical findings

Cons clear, GCS E4V5M6 BT35.3 °C BP 108/60mmHg, HR 78bpm SpO2 100% (room air) Conj: not anemic, not icteric HS: S1,S2 normal, no extra sound, no murmur RS: clear, no rale Abd: soft and flat, normal bowel sound Ext: edema(-/-), dor A(+/+)



ECG V1 V2 V3 V4 V5 V6

HR=78 Normal sinus rhythm









EF50%, significant LVH(-) lateral wall slightly hypo MR(-), AR(-), TR(-) Pericardial effusion(-)

Laboratory data

| WBC RBC Hb Plt | 18600 /μL 529 × 10 ⁴ /μL 17.0 g/dL 27.3 × 10 ⁴ /μL | Na K Cl BUN Cr | 141 mEq/L 4.4 mEq/L 101 mEq/L 17 mg/dL 2.21 mg/dL |
|-------------------------|---|----------------------------|---|
| AST | 56 IU/L | | 2.21 mg/ut |
| ALT ALP | <mark>81 IU/L</mark> 197 IU/L | UA | 8.8 mg/dL |
| γ-GTP | 53 IU/L | TG HDL-C | 367 mg/dL 51 mg/dL |
| LDH | 215 U/L | | 214 mg/dL |
| TP | 8.1 g/dL | | 147 mg/dL |
| Alb | 5.1 g/dL | | 6.7 % |
| T.bil | 0.9 mg/dL | TnT | (—) |
| СК | 161 IU/L | | -dimer 0.2 μg/mL |
| CK-MB | 3 17 IU/L | | |
| CRP | 0.19 mg/dL | | |
| | | | |

On admission

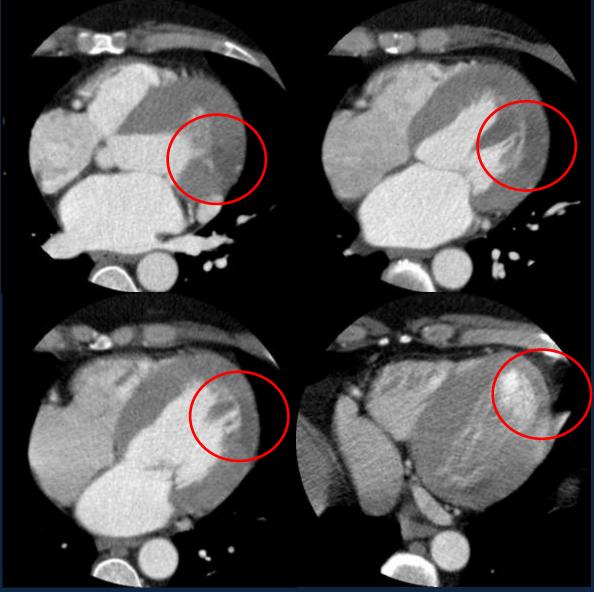
ECG showed no significant ST elevation and no confident change was obtained to diagnose him as myocardial infarction by laboratory data.

He was admitted our hospital for suspected heatstroke tentatively.

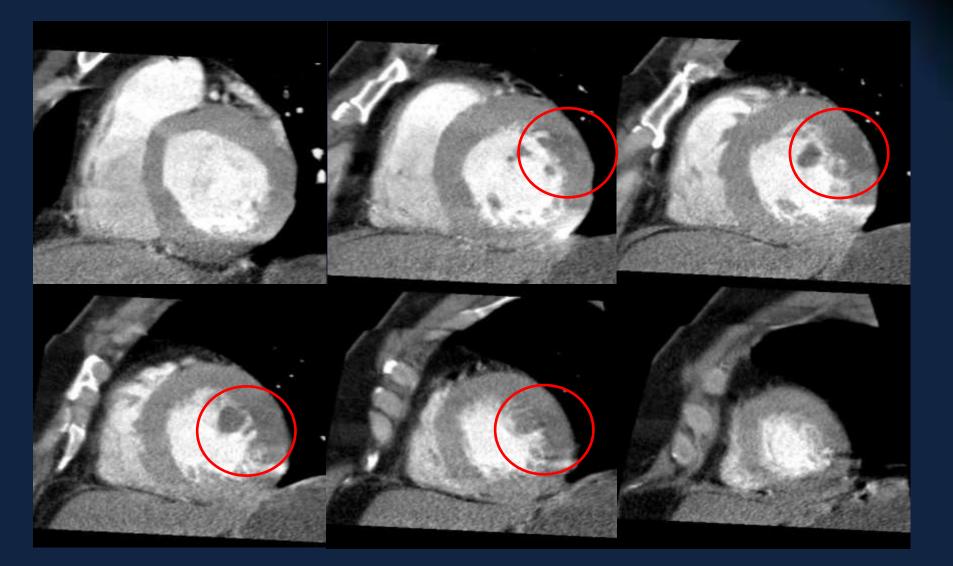
To rule out acute aortic dissection, contrast enhanced CT was performed.

CE-CT axial (early phase)

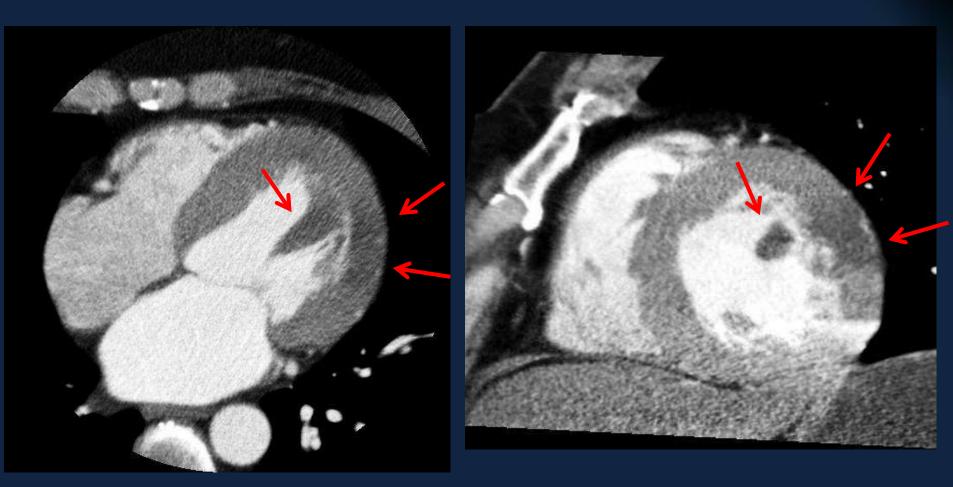




CE-CT axial (early phase)



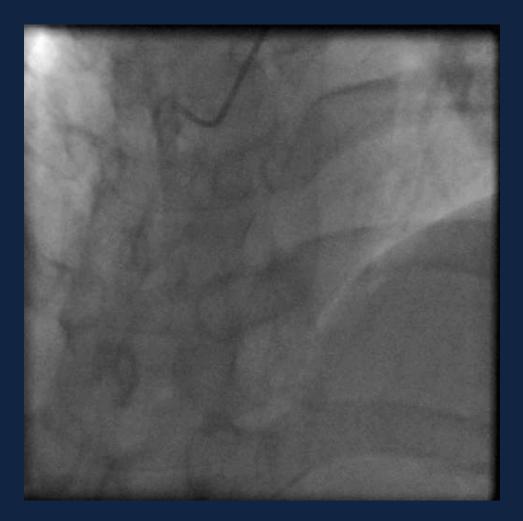
CE-CT short-axis



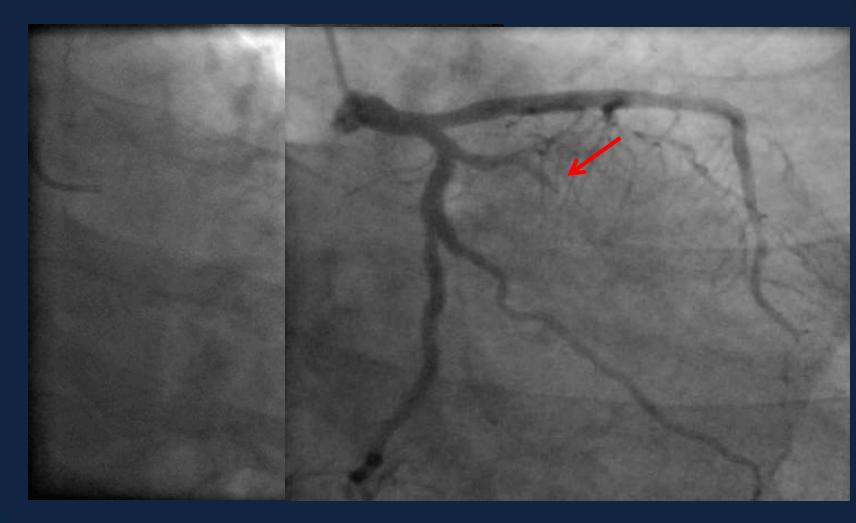
CE-CT showed myocardium early defects in lateral wall and anterior papillary muscle.

Thus, we decided to perform coronary angiography.



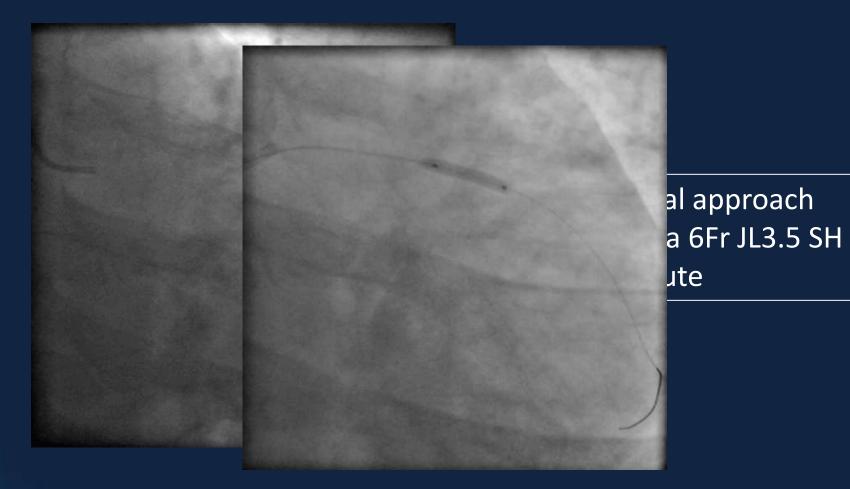






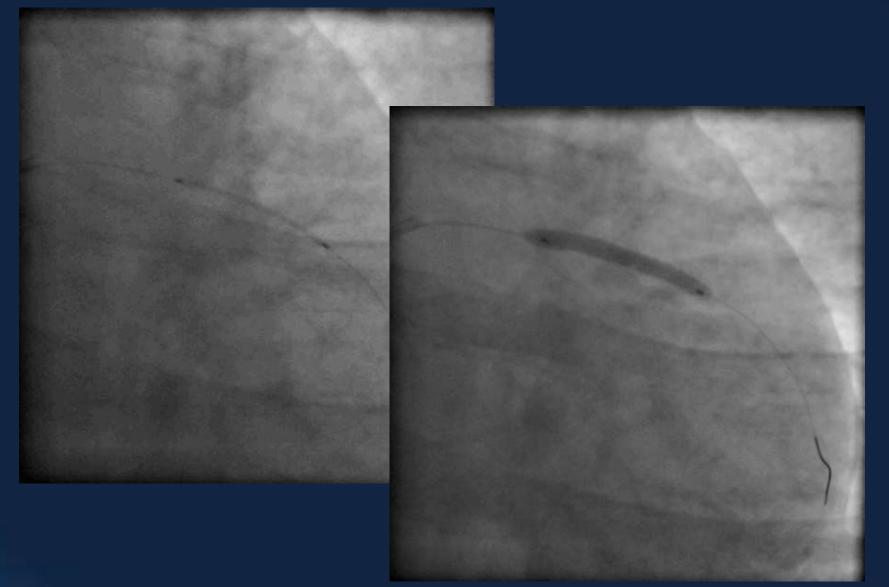
Middle of obtuse marginal branch was totally occluded.

PCI



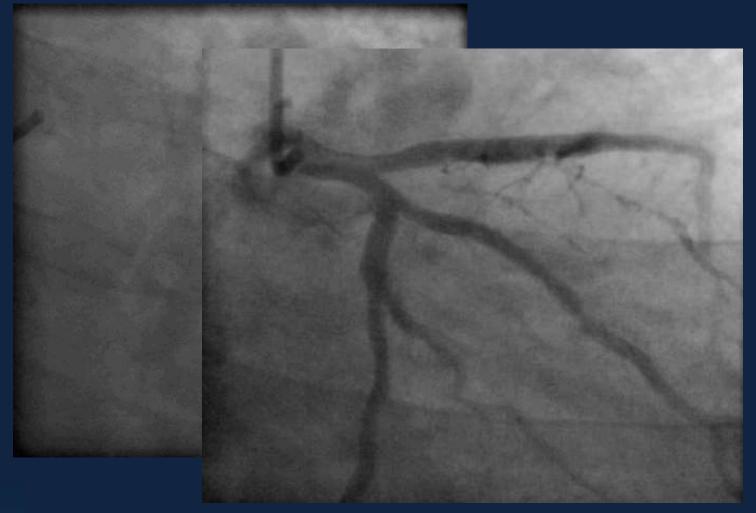
SAPPHIRE || 2.5-15mm

PCI



Bare metal stent(Duraflex 3.5-25mm)





TIMI3 flow was obtained.

Summary of the case

- 38 y.o. male was admitted with complaints of acute chest pain.
- His ECG and laboratory data were not shown the evidence of myocardial infarction.
- Early defects in lateral wall was detected in non ECG gated CE-CT.
- By the finding of early defect, the diagnosis of myocardial infarction became easier and more speedy.
- Furthermore, the finding indicated the site of culprit lesion.

Discussion

- It is difficult to diagnose NSTEMI on admission. Although CT angiography may be useful, it is not always possible in all hospitals.
- Early defects can be obtained by conventional non ECG gated CE-CT. Few case reports focused on early defects in ACS has been published.

Inter Med 48:1235-1238,2009

 Recently, it was reported that non-ECG gated CT had a high sensitivity and high negative predictive value for predicting AMI by detection of a localized decrease in left ventricular enhancement.

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• Early defects may help us to diagnose NSTEMI.

Take-home message

Early defects is an important finding of myocardial infarction in non ECG gated CE-CT.