

Percutaneous Coronary Intervention 2

Intravascular imaging in coronary artery disease

Gary S Mintz, Giulio Guagliumi

Although it is the method used by most interventional cardiologists to assess the severity of coronary artery disease and guide treatment, coronary angiography has many known limitations, particularly the fact that it is a lumenogram depicting foreshortened, shadowgraph, planar projections of the contrast-filled lumen rather than imaging the diseased vessel itself. Intravascular imaging—intravascular ultrasound and more recently optical coherence tomography—provide a tomographical or cross-sectional image of the coronary arteries. These techniques are clinically useful to answer questions such as whether the stenosis is clinically relevant; the identification of the culprit lesion; or whether the plaque (or patient) is at high risk of future adverse events. They can also be used to optimise stent implantation to minimise stent-related adverse events, provide answers to the likelihood of distal embolisation or peri-procedural myocardial infarction during stent implantation, and provide reasons for stent thrombosis or restenosis. This review considers the usefulness of intravascular imaging in day-to-day practice.

Introduction

Three decades have passed since Paul Yock invented greyscale intravascular ultrasound (IVUS) in response to the limitations of angiography. His invention spawned second-generation techniques such as IVUS radio-frequency tissue characterisation, including virtual histology IVUS, integrated backscatter IVUS, and iMap; optical coherence tomography (OCT), the light analogue of IVUS; and near-infrared spectroscopy (NIRS) that detects lipids within the vessel wall. These techniques have moved beyond the research setting. They are also useful for answering questions that occur during daily clinical practice such as whether the stenosis is clinically relevant; the position of the culprit lesion; whether the patient (or plaque) are at high risk of progression; the likelihood of distal embolisation or peri-procedural myocardial infarction during stent implantation; how to optimise acute stent results; and reasons for why a stent thromboses or restenoses.

Both IVUS and OCT make use of an intra-coronary imaging catheter to produce cross-sectional images of the coronary arteries. Both catheters are side-looking; the catheters must be positioned across the lesion or region of interest to generate images that are perpendicular to the shaft of the catheter.

IVUS

Mechanical and synthetic aperture arrays are the two possible types of IVUS. The mechanical catheter has a single transducer mounted at the tip of a flexible drive shaft that is rotated and advanced or withdrawn to scan the artery within a stationary, short-monoral imaging sheath. Mechanical transducer frequencies range from 40 MHz to the new 60 MHz high-definition device. The 20 MHz synthetic aperture array catheter has multiple, tiny transducer elements permanently affixed around the circumference of the catheter tip that are fired sequentially to produce cross-sectional images; the entire

catheter must be withdrawn or advanced to scan the vessel. The synthetic aperture array has the lowest transducer frequency and temporal and spatial resolution (but the greatest penetration), but does not have distortion caused by non-uniform rotation and bubble artifacts, which can be observed with mechanical systems. An IVUS image is formed when ultrasound bounces off the layers of the artery and returns to the transducer that both emits and receives the ultrasound. Transducer pullback can be done manually or by use of a motorised pullback. System designs, equipment controls, and image presentations vary between manufacturers.

OCT

To generate an image, near-infrared light is directed and reflected from the vessel wall through a rotating single optical fibre coupled with an imaging lens. Because of the speed of light, an interferometer is required to measure the light reflected from tissues. OCT provides high-resolution images (10–20 µm axial resolution), allowing assessment of superficial plaque composition and microstructures.¹ Poor penetration depth (1.0–2.5 mm) and attenuation of light transmitted through blood, red thrombus, and a lipid or necrotic core limits delineation of vessel border and plaque burden.² OCT requires flushing with contrast because red blood cells

Search strategy and selection criteria

References were derived from databases maintained by the authors and supplemented by MEDLINE (PubMed) searches over the past 5 years that were related to the clinical issues covered in this review. To restrict the number of references cited, priorities were given to original observations, multicentre studies, and randomised trials. Additionally, review articles that included comprehensive bibliographies were cited when appropriate.



Lancet 2017; 390:793–809

See Editorial page 715

This is the second in a Series of three papers about percutaneous coronary intervention

Cardiovascular Research Foundation, New York, NY, USA (G S Mintz MD); and IASST Ospedale Papa Giovanni XXIII, Bergamo, Italy (G Guagliumi MD)

Correspondence to: Dr Gary S Mintz, Cardiovascular Research Foundation, New York, NY 10019, USA (gsmintz@crf.org)

Multimodality Imaging Tools for Complex PCI: IVUS, OCT, VH, NIRS

Which in what situations?

Gary S. Mintz, MD

Cardiovascular Research Foundation

*Mintz and Guagliumi.
Lancet 2017;390:793-809*

Disclosure Statement of Financial Interest

Within the past 12 months, I or my spouse/partner have had a financial interest/arrangement or affiliation with the organization(s) listed below.

Affiliation/Financial Relationship

- *Consulting Fees/Honoraria*

Company

- *Boston Scientific, Philips*

Is this lesion flow-limiting?

Non-LMCA/FFR-iFR

What is the culprit?

What is the likelihood of embolization during stent implantation?

Is this a vulnerable plaque/patient?

How do I optimize acute stent results (size, length, expansion, geographic miss)?

Why did this stent thrombose or restenose?

Summary

Barriers

Randomized FFR/iFR trials in Non-LMCA lesions

- **DEFER showed that it was safe to defer PCI in lesions with FFR >0.75**
 - *Bech et al. Circulation 2001;103:2928-34*
 - *Pijls et al. J Am Coll Cardiol 2007;49:2105-11 (5 year data)*
 - *Zimmerman et al. Eur Heart J 2015;36:3182-8 (15 year data)*
- **FAME-I showed that treating lesions with FFR >0.80 with first generation DES was harmful and that a deferred PCI strategy was safer and cost-saving**
 - *Tonino et al. N Engl J Med. 2009;360:213-24*
 - *Pijls et al. J Am Coll Cardiol 2010;56:177-84 (2 year data)*
 - *Van Nunen et al. Lancet 2015;386:1853-60 (5 year data)*
 - *Fearon et al. Circulation 2010;122:2545-50*
- **FAME-II showed that even optimum medical therapy in lesions with FFR <0.80 was harmful. While more expensive at the beginning, the cost of a PCI strategy decreased by 50% at 1 year. In addition, FAME-II confirmed the findings of DEFER.**
 - *De Bruyne et al. N Engl J Med 2012;367:991-1001*
 - *De Bruyne et al. N Engl J Med 2014;371:1208-17 (2 year data)*
 - *Xaplanteris et al N Engl J Med 2018, in press (5 year data)*
 - *Fearon et al. Circulation 2013;127:1335-40*
- **DEFINE-FLAIR and iFR-SWEDEHEART showed that iFR was equivalent to FFR, had fewer side effects, and (perhaps) was cost-saving**
 - *Davies et al. N Engl J Med 2017;376:1824-34*
 - *Gotberg et al. N Engl J Med 2017;376:1813-23*
 - *Patel. ACC 2018*

Is this lesion flow-limiting?

Non-LMCA/IVUS

What is the culprit?)

What is the likelihood of embolization during stent implantation?

Is this a vulnerable plaque/patient?

How do I optimize acute stent results (size, length, expansion, geographic miss)?

Why did this stent thrombose or restenose?

Summary

Barriers

Reference	Versus	# of lesions	% abn	Inclusion criteria	Mean MLA (mm ²)	MLA cut-off (mm ²)	Other independent IVUS anatomic determinants	PPV	NPV
Abizaid AJC 1998	CFR<2.0	112	40%		4.4	4.0			
Nishioka JACC 1999	SPECT	70	65%		4.3	4.0			
Takagi Circulation 1999	FFR<0.75	51	49%		3.9	3.0			
Briguori AJC 2001	FFR<0.75	53	23%	40-70% DS	3.9	4.0	Lesion length	46%	96%
Takayama CCI 2001	FFR	14	50%	>2.5mm vessels	3.5		MLA divided by lesion length		
Lee AJC 2010	FFR<0.75	94	40%	30-75% DS <3mm vessels	2.3	2.0	Lesion length Plaque Burden		
Kang Circ Interv 2011	FFR<0.8	236	21%	30-75% DS	2.6	2.4	LAD Plaque burden	37%	96%
Ahn JACC Interv 2011	SPECT	170	26%		2.1	2.1		39%	91%
Kang AJC 2012	FFR<0.8	784	29%	30-90% DS		2.4	LAD Lesion length Plaque rupture Plaque burden	48%	90%
Ben-Dor EuroInterv 2011	FFR<0.75	92	19%	40-70% DS >2.5mm vessels	3.6	2.8	Lesion length		
	FFR<0.8					3.2			
Ben-Dor CRM 2012	FFR<0.8	205	26%	40-70% DS >2.5mm vessels		3.1			
Koo JACC Interv 2011	FFR<0.8	267	33%	30-70% DS Proximal or Mid	3.0	3.0	Proximal or Mid LAD	47%	
Koh JACCInterv 2012	FFR<0.8	38	37%	40-70% DS Ostial MV		3.5		69%	87%
		55	27%	40-70% DS Ostial SB		<50%			
Nishi J Cardiol 2016	FFR<0.8	42	67%	40-80% DS	1.5	2.2			
Sakurai Int J CVI 2015	FFR<0.8	114	85%	26-90%	2.0		Plaque burden IB-IVUS lipid		

Reference	Versus	# of lesions	% abn	Inclusion criteria	Mean MLA (mm ²)	MLA cut-off (mm ²)	Other independent IVUS anatomic determinants	PPV	NPV
Waksman JACC 2013	FFR<0.8	334	25%	40-80% DS >2.5mm vessels	5.6	3.1	LAD Plaque burden	40%	83%
Stone TCT 2013	FFR<0.80	544	31%	40-80% DS >2.75mm vessels		2.9	LAD vs LCX RCA vs LCX	47%	81%
Kwan CMJ 2012	FFR<0.8	169	59%	40-99% DS LAD	3.0	3.0	Plaque burden	84%	82%
Chen IJC 2013	FFR<0.8	323	54%	≥40% DS	2.9	3.0	Plaque burden LAD	73%	76%
Yang CCI 2014	FFR<0.8	206	44%	40-70% DS Prox/mid LAD >3.0mm vessel	3.1	3.2 (Prox) 2.5 (Mid)	Lesion length		
Kang JACCInterv 2013	FFR<0.8	493 males	43% males	>30% DS LAD	2.6	2.5		63% male	81% male
		207 females	27% females		2.5	2.5		42% female	93% female
Lopez-Palop REspCard 2013	FFR<0.8	61	49%	40-70% DS ≥20mm length	2.7	3.1	Lesion length	67%	93%
Naganuma CRM 2014	FFR<0.8	169	30%	40-70% DS	3.0	2.7	Plaque burden	59%	90%
Voros AJC 2014	FFR<0.75	323	27%	40-99% DS	3.7	2.7		39%	93%
Cui CMJ 2013	FFR<0.8	206	26%	40-70% DS >2.5mm vessels	3.9	3.2	Plaque burden	53%	85%
Han Cardiology 2014	FFR<0.8	169	39%		3.1	2.8		49%	73%
Cho Eurointervention 2015	FFR<0.8	945	40%	30-70% DS	3.1	3.0		50%	72%
Gonzalo JACC 2012	FFR<0.8	51	46%	40-70% DS	2.6	2.4		67%	65%
Kang AJC 2016	FFR<0.8	103	41%	30-80% DS	3.6	2.8	Subtended myocardium	71%	
Kang AJC 2016	FFR<0.75	101	45%	20-80%	3.5	2.8		62%	91%

Is this lesion flow-limiting?

Myocardium at risk

What is the culprit(?)

What is the likelihood of embolization during stent implantation?

Is this a vulnerable plaque/patient?

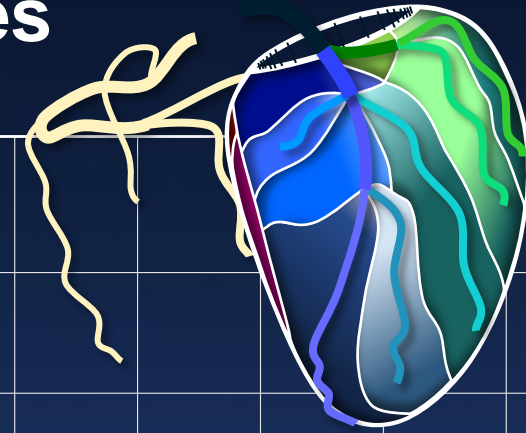
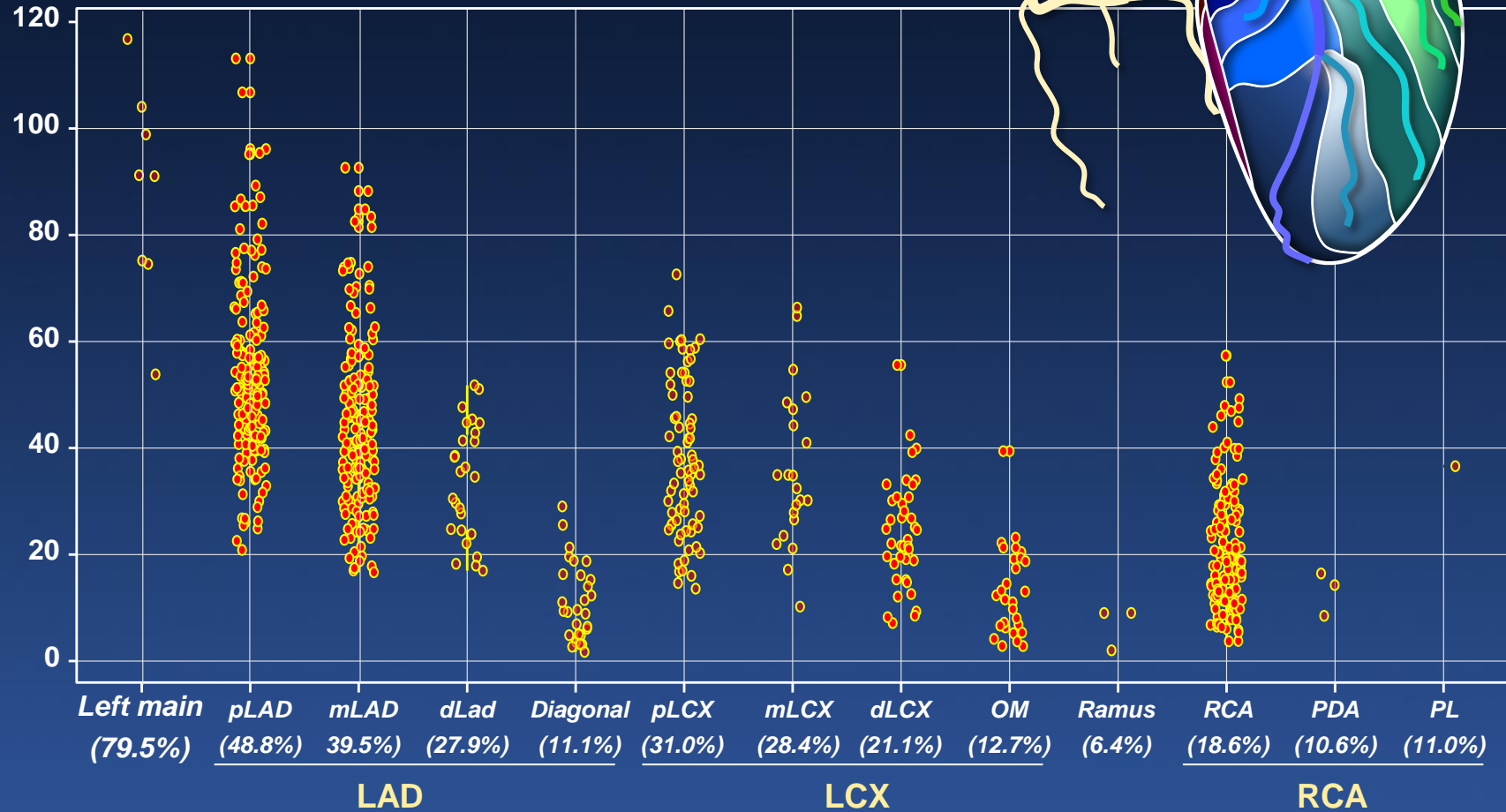
How do I optimize acute stent results (size, length, expansion, geographic miss)?

Why did this stent thrombose or restenose?

Summary

Barriers

CCTA-derived fractional myocardial mass (in grams and % of LV mass) in the major coronary arteries and their branches



Meta-Analyses comparing IVUS and/or OCT vs FFR

Is this lesion flow-limiting?

Non-LMCA/OCT

What is the culprit?)

What is the likelihood of embolization during stent implantation?

Is this a vulnerable plaque/patient?

How do I optimize acute stent results (size, length, expansion, geographic miss)?

Why did this stent thrombose or restenose?

Summary

Barriers

- 5 studies with 224 pts and 306 lesions were studied using OCT, and 9 studies with 1532 pts and 1681 lesions were studied with IVUS.
- OCT: MLA cut-off was 1.96 mm² (AUC of 0.80 and diagnostic odds ratio of 13.2).
- IVUS: IVUS-MLA cut-off was 2.90 mm² (AUC of 0.78 and diagnostic odds ratio of 7.1).

Is this lesion flow-limiting?

LMCA/Angio

What is the culprit?)

What is the likelihood of embolization during stent implantation?

Is this a vulnerable plaque/patient?

How do I optimize acute stent results (size, length, expansion, geographic miss)?

Why did this stent thrombose or restenose?

Summary

Barriers

Six studies have highlighted the inaccuracy of angiography in LMCA stenosis assessment

- CASS Registry Studies
 - Fisher et al. Cathet Cardiovasc Diagn 1982;8:565-75
 - Cameron et al. Circulation 1983;68:484-489
- Lindstaedt et al. Int J Cardiol 2007;120:254-61
 - In 51 patients unanimous correct assessment of LM severity by 4 experienced interventional cardiologists was only 29%
- Hamilos et al. Circulation 2009;120:1505-12
 - In 209 patients two reviewers either (1) disagreed whether the LM was significant (26%) or (2) agreed, but were wrong in their assessment when compared to FFR (23%)
- Chakrabarti et al. Circ Cardiovasc Interv 2014;7:11-8
 - 11.2% (17 of 152) pts with “core laboratory” LM disease were listed as normal in the NCDR, whereas 56.7% (177 of 312) pts that were listed as having LMCA disease in the NCDR had no LM lesion by core laboratory analysis
- Toth et al. Eur Heart J 2014;35:2381-8
 - FFR and QCA %DS were compared in 2986 pts (4086 lesions). The greatest variation in the accuracy of the 50% DS cut-off was seen in the 152 LM lesions (AUC 0.55).

Is this lesion flow-limiting?

LMCA/IVUS/FFR

What is the culprit?)

What is the likelihood of embolization during stent implantation?

Is this a vulnerable plaque/patient?

How do I optimize acute stent results (size, length, expansion, geographic miss)?

Why did this stent thrombose or restenose?

Summary

Barriers

Meta-analysis of 12 LMCA deferral studies (5 IVUS, 7 FFR) involving 908 pts with median 30.3 mo follow-up

	FFR	IVUS
#	343	563
Follow-up (median)	29.0 mos	31.5 mos
MACE per year	5.1%	6.4%
Death per year	2.6%	3.0%
Non-fatal MI per year	1.5%	0.5%
Revascularization per yr	1.8%	2.2%
Predictors of MACE	Type 2 DM, lower dose of adenosine	Plaque burden, number of diseased non-LMCA vessels, pt age, smoking, type 2 DM, any untreated vessel with >50% DS

Is this lesion flow-limiting?

What's the culprit?

What is the likelihood of embolization during stent implantation?

Is this a vulnerable plaque/patient?

How do I optimize acute stent results (size, length, expansion, geographic miss)?

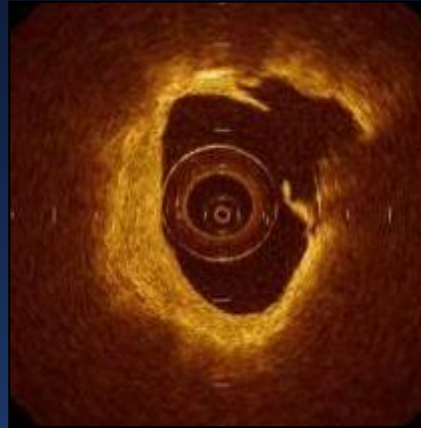
Why did this stent thrombose or restenose?

Summary

Barriers

As seen in the VANQWISH Trial, as many as 50% of ACS patients either have no identifiable culprit or have multiple potential culprits. . .

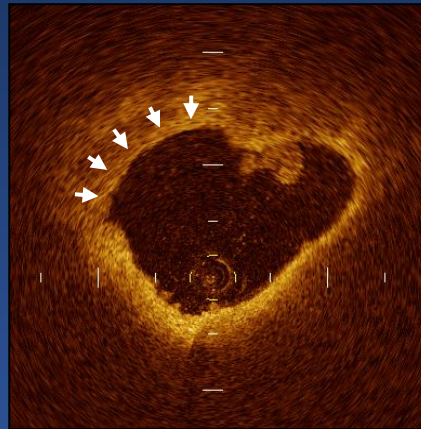
Plaque rupture



Red thrombus



Plaque erosion



White thrombus



Kerensky et al. J Am Coll Cardiol 2002;39:1456-64

Kubo et al. J Am Coll Cardiol 2007;50:933-9

Kume et al. Am J Cardiol 2006;97:1713-7

Is this lesion flow-limiting?

What's the culprit?

Erosion

What is the likelihood of embolization during stent implantation?

Is this a vulnerable plaque/patient?

How do I optimize acute stent results (size, length, expansion, geographic miss)?

Why did this stent thrombose or restenose?

Summary Barriers

Preliminary data suggests that thrombotic erosions have a better prognosis compared to plaque ruptures

JACC: CARDIOVASCULAR IMAGING
© 2013 BY THE AMERICAN COLLEGE OF CARDIOLOGY FOUNDATION
PUBLISHED BY ELSEVIER INC.

VOL. 6, NO. 6, 2013
ISSN 1936-8786/13/060283-7
http://dx.doi.org/10.1016/j.jcin.2013.02.007

CONCEPTS ON THE VERGE OF TRANSLATION

OCT-Based Diagnosis and Management of STEMI Associated With Intact Fibrous Cap

Francesco Prati, MD, PhD,* Shies Uemura, MD, PhD,† Gerard Sautereau, MD, PhD,‡ Resu Virmani, MD,§ Pascal Moreffé, MD, PhD,‡ Luca Di Virso, MD, PhD,† Giuseppe Biondi-Zoccai, MD, PhD,¶ Jonathan Halperin, MD,¶ Valentin Fuster, MD, PhD,¶ Yukio Ozaki, MD, PhD,†† Jagat Narula, MD, PhD,‡‡ Gaitherburg, Maryland, and Madrid, Spain

In autopsy studies, at least 25% of thrombotic coronary occlusions are caused by plaque erosion in which thrombus often overlies atherosclerotic plaque without evident disruption of the fibrous cap. We performed optical coherence tomography imaging after aspiration thrombectomy and identified plaque erosion as the cause in 31 patients presenting with ST-segment elevation myocardial infarction. Plaque erosion was identified when the fibrous cap of the culprit lesion was intact. Based on clinical criteria, 40% of patients with subtotally occlusive plaque were treated with dual antiplatelet therapy without percutaneous revascularization (group 1), and the remaining 60% of patients underwent angioplasty and stenting (group 2). At a median follow-up of 753 days, all patients were asymptomatic, regardless of stent implantation. These observations support an alternative treatment strategy for patients with acute coronary events and optical coherence tomography-verified intact fibrous cap (or plaque erosion), where nonobstructive lesions might be managed without stenting. (J Am Coll Cardiol Intg 2013;6:283-7) © 2013 by the American College of Cardiology Foundation

Occlusive luminal thrombosis is the common mechanism in myocardial infarction associated with acute coronary syndromes (ACS). As many as 75% of autopsy studies after fatal ACS relate thrombotic occlusion to atherosclerotic plaque rupture, most of the remainder involve plaque erosion. Less

From the *Department of Interventional Cardiology, San Giovanni Hospital, Rome, Italy; †Centro per la Lotta contro l'Infarto (C2I) Foundation, Rome, Italy; ‡First Department of Medicine, Nara Medical University, Nara, Japan; §Department of Cardiology, Cleveland Federal University Hospital, Cleveland, France; ¶Cardiovascular Institute, Göttingen, Germany; ††Department of Medical Surgical Sciences and Biotechnologies, Sapienza University of Rome, Lazio, Italy; ‡‡Ezra and Michael A. Wiener Cardiovascular Institute, Johns Hopkins School of Medicine at Mount Sinai, New York, New York; ¶¶Centro Nacional de Investigaciones Cardiovasculares Carlos III (CNIC), Madrid, Spain; and the ††Department of Cardiology, Fujita Health University Hospital, Toyoake, Japan. Dr. Moreffé is a consultant to St. Jude Medical. Dr. Narula has a relationship with St. Jude Medical. Dr. Prati is a consultant to St. Jude Medical. Dr. Virmani has a relationship with Terumo. All other authors have reported that they have no relationships relevant to the contents of this paper or financial. Drs. Prati, Uemura, Sautereau, and Fuster contributed equally to this work. H. Williams Stearns, MD, served as Guest Editor for this article. Manuscript received December 3, 2012; accepted December 14, 2012.

Downloaded From: <http://img.elsevier.com/doi/10.1016/j.jcin.2013.02.007>

Prati et al. JACC Cardiovasc Imaging 2012;13:6:283-7

ORIGINAL RESEARCH

Management and Outcome of Patients With Acute Coronary Syndrome Caused by Plaque Rupture Versus Plaque Erosion: An Intravascular Optical Coherence Tomography Study

Sining Hu, MD,* Yinchun Zhu, MD,* Yingying Zhang, MD,* Jiannan Dai, MD, PhD; Lulu Li, MS; Harold Dauerman, MD; Tsunenari Soeda, MD, PhD; Zhao Wang, PhD; Hang Lee, PhD; Chao Wang, MD, PhD; Chunyang Zhe, MD; Yan Wang, MD; Gonghui Zheng, MD; Shaosheng Zhang, MD, PhD; Haibo Jia, MD, PhD; Bo Yu, MD, PhD; Ik-Kyung Jang, MD, PhD

Background—Plaque rupture and erosion are the 2 most common mechanisms for acute coronary syndromes. However, the outcome of these 2 distinct pathologies in patients with acute coronary syndromes has never been studied.

Methods and Results—We retrospectively studied 141 patients with acute coronary syndromes who underwent optical coherence tomography (OCT) imaging of the culprit lesion prior to stenting from the Massachusetts General Hospital OCT Registry. Management (stent versus no stent), poststent OCT findings, and outcomes were compared. Among the 141 culprit lesions, rupture was found in 79 (56%) patients and erosion in 62 (44%). Stent implantation was performed in 77 (97.5%) patients with rupture versus 49 (79.0%) in those with erosion ($P=0.001$). Immediately after percutaneous coronary intervention, OCT showed a higher incidence of malapposition (37.5% versus 7.3%, $P<0.001$), thrombus (59.4% versus 14.6%, $P<0.001$), and protrusion (93.8% versus 73.2%, $P=0.008$) in the rupture group compared with the erosion group. Plaque rupture was associated with a higher incidence of no reflow or slow flow and distal embolization. Although cardiac event rates were comparable between the two groups at the 1-year follow-up, none of the erosion patients who were treated conservatively without stenting had adverse cardiac events.

Conclusions—Unfavorable poststent OCT findings were more frequent in rupture patients compared with erosion patients. A subset of erosion patients who were treated conservatively without stenting remained free of adverse cardiac events for up to 1 year. (J Am Heart Assoc. 2017;6:e004730. DOI: 10.1161/JAHA.116.004730.)

Key Words: acute coronary syndrome • optical coherence tomography • plaque erosion • plaque rupture

Acute coronary syndrome (ACS) is caused by coronary plaque rupture (PR), plaque erosion (PE), or rarely calcified nodule resulting in occlusive thrombus formation.^{1,2} Ruptured plaque is characterized by a disrupted fibrous cap overlying a large necrotic core, and extensive inflammation. Eroded plaque typically shows an absence of superficial lipid, less inflammation, and less obstructive lumen. Currently, patients with ACS are uniformly treated with stenting, regardless of underlying culprit lesion pathology (PR or PE). Although an overall favorable benefit was observed in this invasive strategy group as compared with the conservative group in several randomized clinical trials, subgroup analyses suggest that this strategy does not provide an equivalent level of benefit in all patients, such as women and current

From the Department of Cardiology, The 2nd Affiliated Hospital of Harbin Medical University, Harbin, China (S.H., Y. Zhu, Y. Zhang, L.L., C.W., C.Z., Y.W., G.Z., S.Z., H.J., B.Y.); The Key Laboratory of Myocardial Ischemia, Chinese Ministry of Education, Harbin, China (S.H., Y. Zhu, Y. Zhang, L.L., C.W., C.Z., Y.W., G.Z., S.Z., H.J., B.Y.); Cardiology Division (J.D.) and Biostatistics (H.L.), Massachusetts General Hospital, Harvard Medical School, Boston, MA; Division of Cardiology, University of Vermont College of Medicine/Fletcher Allen Healthcare, Burlington, VT (H.D.); Department of Electrical Engineering and Computer Science, Massachusetts Institute of Technology, Cambridge, MA (Z.W.); Nara Medical University, Nara, Japan (T.S.); Kyung Hee University, Seoul, Korea (I.-K.J.). An accompanying Table S1 is available at <http://jaha.ahajournals.org/content/6/3/e004730/DC1/embed/inline-supplementary-material-1.pdf>.

*Dr. Hu, Dr. Zhu, and Dr. Yingying Zhang contributed equally to this study.

Correspondence to: Bo Yu, MD, PhD or Haibo Jia, MD, PhD, Department of Cardiology, The Second Affiliated Hospital of Harbin Medical University, 246 Xuefu Road, Nangang District, Harbin 150086, China. E-mail: jia1101@163.com, yubo@163.com

Received October 31, 2016; accepted January 23, 2017.

© 2017 The Authors. Published on behalf of the American Heart Association, Inc., by Wiley Blackwell. This is an open access article under the terms of the Creative Commons Attribution-NonCommercial-NoDerivs License, which permits use and distribution in any medium, provided the original work is properly cited, the use is non-commercial and no modifications or adaptations are made.

DOI: 10.1161/JAHA.116.004730

Journal of the American Heart Association

Hu et al. J Am Heart Assoc. 2017 Feb 24;6(3). pii: e004730

Coronary Artery Disease

EROSION Study (Effective Anti-Thrombotic Therapy Without Stenting: Intravascular Optical Coherence Tomography–Based Management in Plaque Erosion) A 1-Year Follow-Up Report

Lei Xing, MD, PhD; Erika Yamamoto, MD, PhD; Tomoyo Sugiyama, MD, PhD; Haibo Jia, MD, PhD; Lijia Ma, MD, PhD; Sining Hu, MD; Chao Wang, MD; Yinchun Zhu, MD; Lulu Li, MS; Maocen Xu, MD; Haimin Liu, MD; Krzysztof Bryniarski, MD, PhD; Jingbo Hou, MD, PhD; Shaosheng Zhang, MD, PhD; Hang Lee, PhD; Bo Yu, MD, PhD; Ik-Kyung Jang, MD, PhD

Background—The initial EROSION study (Effective Anti-Thrombotic Therapy Without Stenting: Intravascular Optical Coherence Tomography–Based Management in Plaque Erosion) demonstrated that patients with acute coronary syndrome caused by plaque erosion might be stabilized with aspirin and ticagrelor without stenting for ≤1 month. However, a long-term evaluation of outcomes is lacking. The aim of this study was to assess whether the initial benefit of noninterventional therapy for patients with acute coronary syndrome caused by plaque erosion is maintained for ≤1 year.

Methods and Results—Among 53 patients who completed clinical follow-up, 49 underwent repeat optical coherence tomography imaging at 1 year. Median residual thrombus volume decreased significantly from 1 month to 1 year (0.3 mm³ [0.0–2.0 mm³] versus 0.1 mm³ [0.0–2.0 mm³]; $P=0.001$). Almost half of the patients (46.9%) had no residual thrombus at 1 year. Minimal effective flow area remained unchanged (2.1 mm² [1.5–3.8 mm²] versus 2.1 mm² [1.6–4.0 mm²]; $P=0.152$). Among 53 patients, 49 (92.5%) remained free from major adverse cardiovascular event for ≤1 year; 3 (5.7%) patients required revascularization because of exertional angina and 1 (1.9%) patient had gastrointestinal bleeding.

Conclusions—One-year follow-up optical coherence tomography demonstrated a further decrease in thrombus volume between 1-month and 1-year follow-up. A majority (92.5%) of patients with acute coronary syndrome caused by plaque erosion managed with aspirin and ticagrelor without stenting remained free of major adverse cardiovascular event for ≤1 year.

Clinical Trial Registration—URL: <https://www.clinicaltrials.gov>. Unique Identifier: NCT02041650. (Circ Cardiovasc Interv. 2017;10:e005860. DOI: 10.1161/CIRCINTERVENTIONS.117.005860.)

Key Words: acute coronary syndrome • optical coherence tomography • thrombosis

Three distinct pathologies are responsible for a majority of acute coronary syndromes (ACS): plaque rupture, plaque erosion, and calcified nodule.^{1,2} In current practice, patients with ACS are uniformly treated with an intracoronary stent, irrespective of underlying pathology.^{3,4} Although the incidence is low, early and late stent-related complications such as stent thrombosis, restenosis, and neoatherosclerosis remain a major problem.^{5,6} In addition, a recent report suggested that stent healing might be impaired in plaque erosion.⁷ Previous small retrospective studies suggested that patients with ACS caused by plaque erosion might be stabilized with antiplatelet therapy without stenting.^{8,9} In the EROSION study (Effective Anti-Thrombotic Therapy Without Stenting: Intravascular Optical Coherence Tomography–Based Management in Plaque Erosion), we prospectively demonstrated that antiplatelet therapy without stenting in ACS patients with plaque erosion might be safe and feasible ≤1 month.¹⁰ However, the long-term outcome of this noninterventional management is unknown. In this study, we aimed to assess whether the initial benefit of dual antiplatelet therapy without stenting is maintained ≤1 year.

See Editorial by Alfonso and Rivo

Received August 8, 2017; accepted October 29, 2017.

From the Department of Cardiology, Second Affiliated Hospital of Harbin Medical University, Key Laboratory of Myocardial Ischemia, China (L.X., H.J., L.M., S.H., C.W., Y.Z., L.L., M.X., H.L., J.H., S.Z., B.Y.); Cardiology Division (L.X., E.Y., T.S., K.B., I.-K.J.) and Biostatistics Center (H.L.), Massachusetts General Hospital, Harvard Medical School, Boston, and Division of Cardiology, Department of Internal Medicine, Kyung Hee University Hospital, Seoul, Republic of Korea (I.-K.J.).

The Data Supplement is available at <http://circinterventions.ahajournals.org/lookup/suppl/doi:10.1161/CIRCINTERVENTIONS.117.005860/-DC1>.

Correspondence to: Bo Yu, MD, PhD, Department of Cardiology, Second Affiliated Hospital of Harbin Medical University, 246 Xuefu Road, Nangang District, Harbin 150086, China, or Ik-Kyung Jang, MD, PhD, Cardiology Division, GRB 800, Massachusetts General Hospital, 55 Fruit St, Boston, MA 02114. E-mail: yubo@163.com or jiang@mg.harvard.edu

Circ Cardiovasc Interv is available at <http://circinterventions.ahajournals.org> DOI: 10.1161/CIRCINTERVENTIONS.117.005860

Xing et al Circ Cardiovasc Interv. 2017;10:e005860. DOI: 10.1161/CIRCINTERVENTIONS.117.005860

Is this lesion flow-limiting?

What's the culprit?

Calcified nodule

What is the likelihood of embolization during stent implantation?

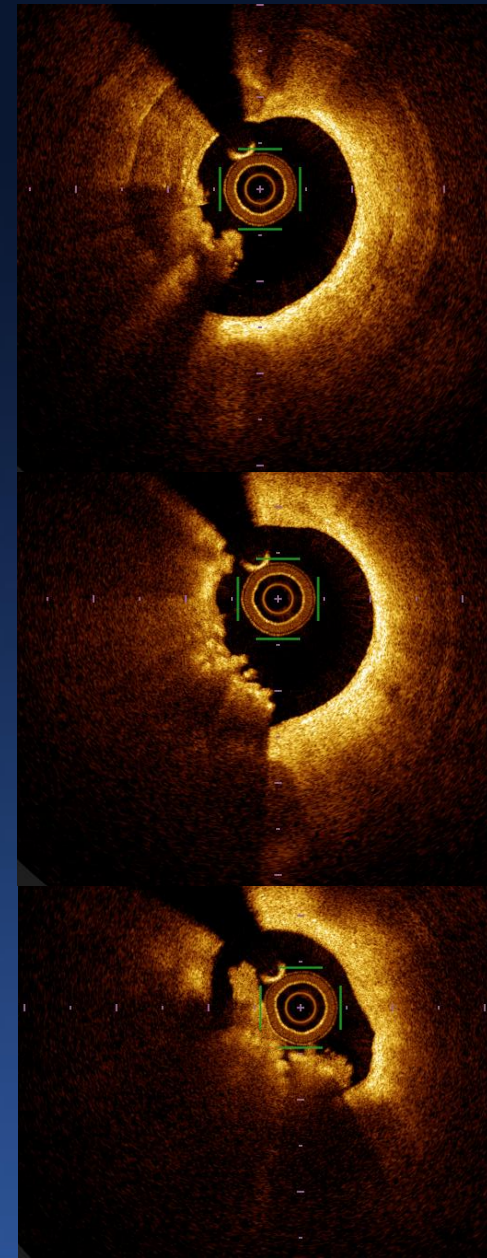
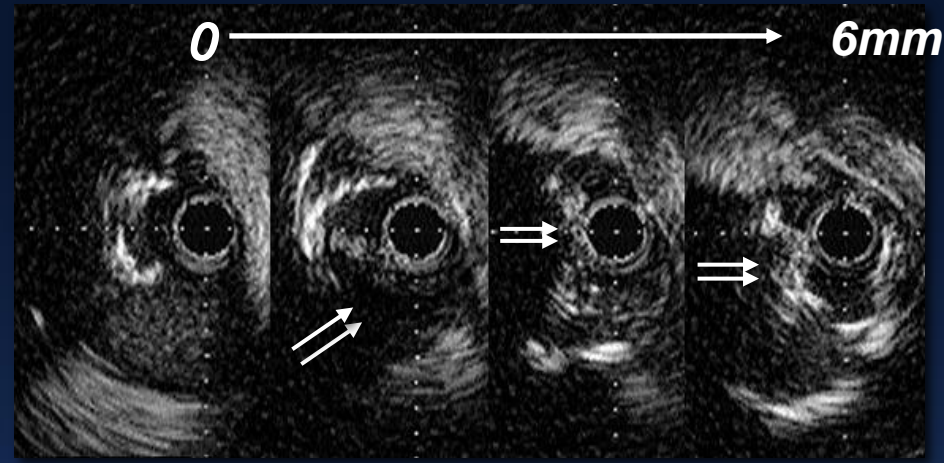
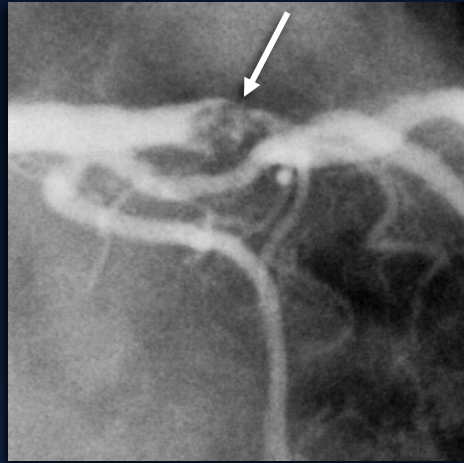
Is this a vulnerable plaque/patient?

How do I optimize acute stent results (size, length, expansion, geographic miss)?

Why did this stent thrombose or restenose?

Summary

Barriers



“We present three patients with classical angiographic features of intracoronary thrombus in whom IVUS imaging showed that the filling defects were not thrombi, but calcified (presumably atherosclerotic) masses.”

Is this lesion flow-limiting?

What's the culprit?)

SCAD

What is the likelihood of embolization during stent implantation?

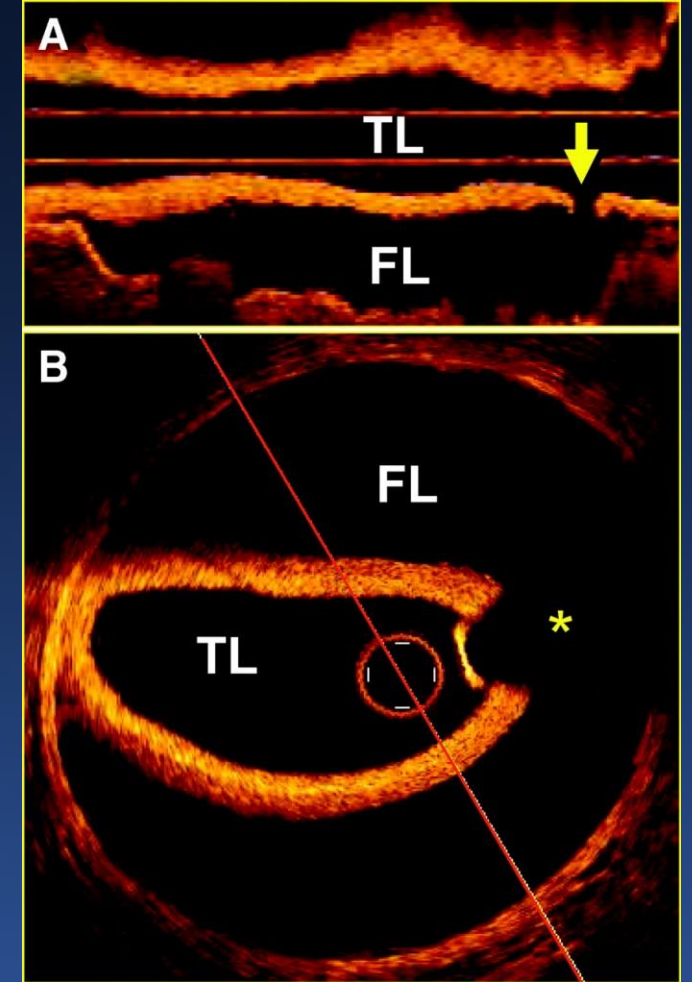
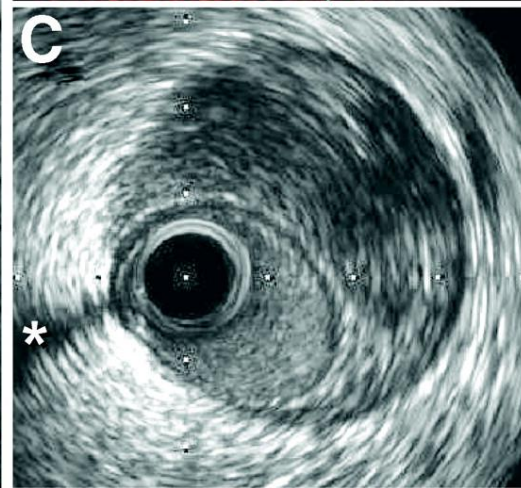
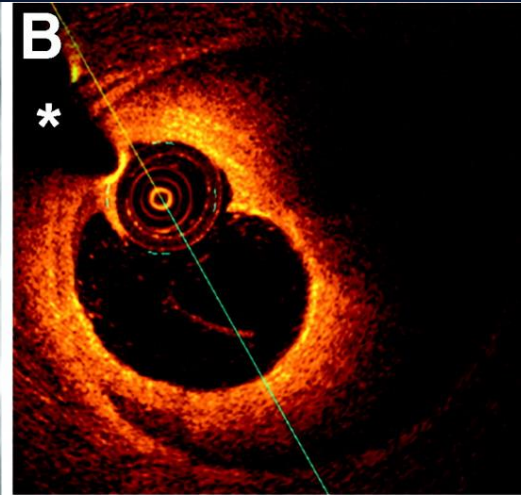
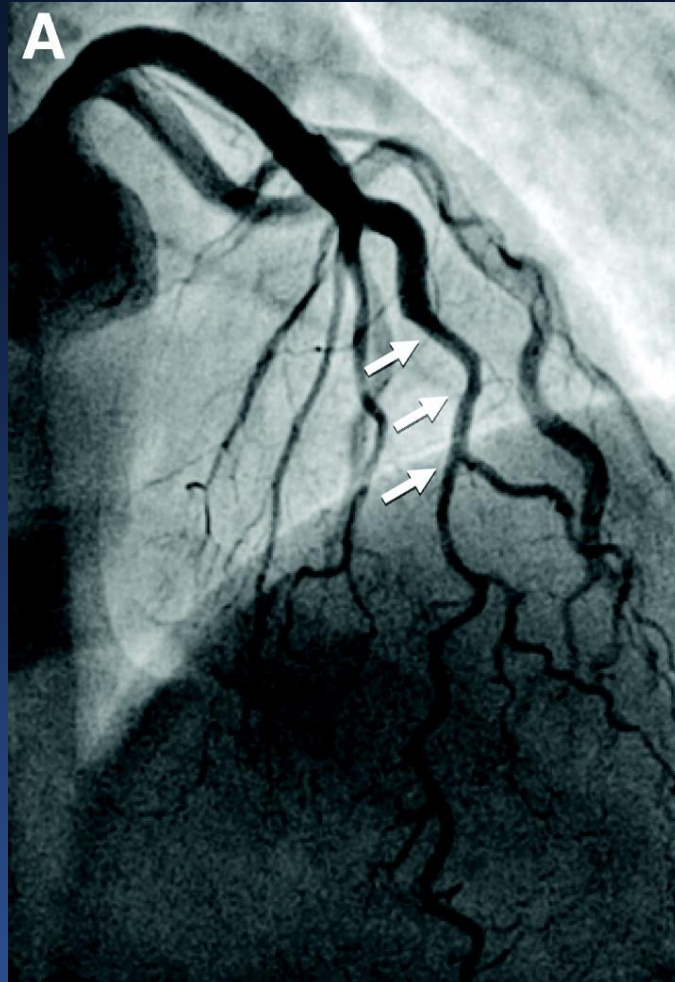
Is this a vulnerable plaque/patient?

How do I optimize acute stent results (size, length, expansion, geographic miss)?

Why did this stent thrombose or restenose?

Summary

Barriers



Is this lesion flow-limiting?

What is the culprit(?)

What is the likelihood of embolization during stent implantation?

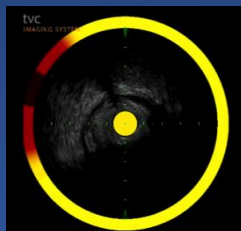
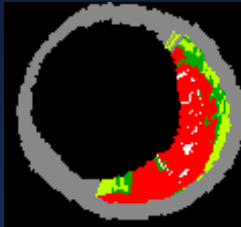
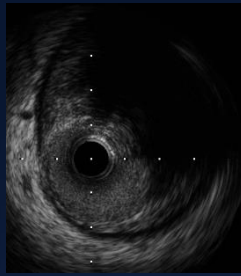
Is this a vulnerable plaque/patient?

How do I optimize acute stent results (size, length, expansion, geographic miss)?

Why did this stent thrombose or restenose?

Summary

Barriers



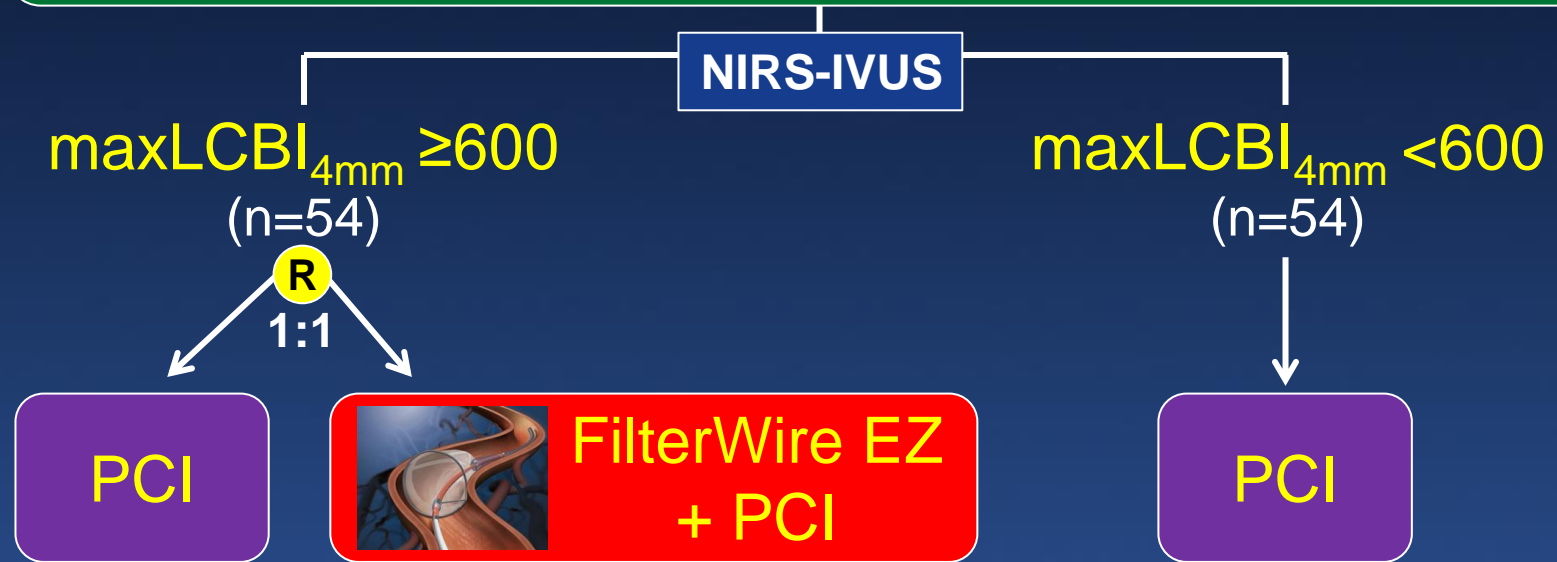
- **Attenuated plaque – grayscale IVUS**
 - Lee et al. JACC Cardiovasc Interv. 2009;2:65-72
 - Wu et al, Am J Cardiol 2010;105:48-53
 - Okura et al, Circ J 2007;71:648-53
 - Wu et al. JACC Cardiovasc Interv 2011;4:495-502
 - Lee et al JACC Cardiovasc Interv. 2011;4:483-91
 - Kubo et al. Cardiol Res Pract. 2011;687515
 - Pu et al. Eur Heart J 2012;33:372-83
 - Shiono et al, JACC Cardiovasc Interv 2013;6:847-53
 - Jang et al. Am J Cardiol 2013;111:968-72
- **VH-TCFA or large necrotic core**
 - Claessen et al. JACC Cardiovasc Imaging 2012;5:S111-8
 - Ding et al. PLoS One. 2014 Nov 6;9(11):e106583
 - Matsu et al. EuroIntervention 2013;9;235-242
- **OCT-TCFA or plaque rupture**
 - Tanaka et al. Eur Heart J 2009;30:1348-55
 - Yonetsu et al. Int J Cardiol 2011;146:80-5
 - Lee et al. Circ Cardiovasc Interv 2011;4:378-86
 - Lee et al. J Am Coll Cardiol Interv 2011;4:483-91
 - Porto et al. Circ Cardiovasc Interv 2012;5:89-96
 - Imola et al. Am J Cardiol 2013;111:526-31
 - Ueda et al. Coron Artery Dis 2014;25:384-91
 - Higuma et al. JACC Cardiovasc Imaging 2015;17:1166-76
 - Lee et al. Circ Cardiovasc Interv 2015, doi: 10.1161/CIRCINTERVENTIONS.114.001727.
 - Hu et al. J Am Heart Assoc. 2017 Feb 24;6(3). pii: e004730
 - Kini et al. JACC Cardiovasc Interv 2015;8:937-45
- **Large lipid core plaque - NIRS**
 - Goldstein et al. Circ Cardiovasc Interv 2011;4:429-437
 - Stone et al. JACC Cardiovasc Interv 2015;8:927-36
 - Dohi et al. ACC2014
 - Kini et al. JACC Cardiovasc Interv 2015;8:937-45

“Higher” probability of distal embolization in the presence of a TCFA – regardless of how it is detected. However, the positive predictive value is low while the negative predictive value is high

CANARY Trial

Coronary Assessment by Near-infrared of Atherosclerotic Rupture-prone Yellow

Up to 108 pts with a single native coronary artery lesion and normal baseline biomarkers undergoing PCI



Troponin and CK-MB drawn at 8 (± 2) hours and 16 (± 2) hours post-PCI

Primary endpoint = peri-procedural MI, defined as cTnI, cTnT, or CK-MB $\geq 3x$ ULN in either of the two post-PCI measurements

Is this lesion flow-limiting?

What is the culprit?)

What is the likelihood of embolization during stent implantation?

Canary Trial

Is this a vulnerable plaque/patient?

How do I optimize acute stent results (size, length, expansion, geographic miss)?

Why did this stent thrombose or restenose?

Summary

Barriers

CANARY Trial

Is this lesion flow-limiting?

What is the culprit?)

What is the likelihood of embolization during stent implantation?

Canary Trial

Is this a vulnerable plaque/patient?

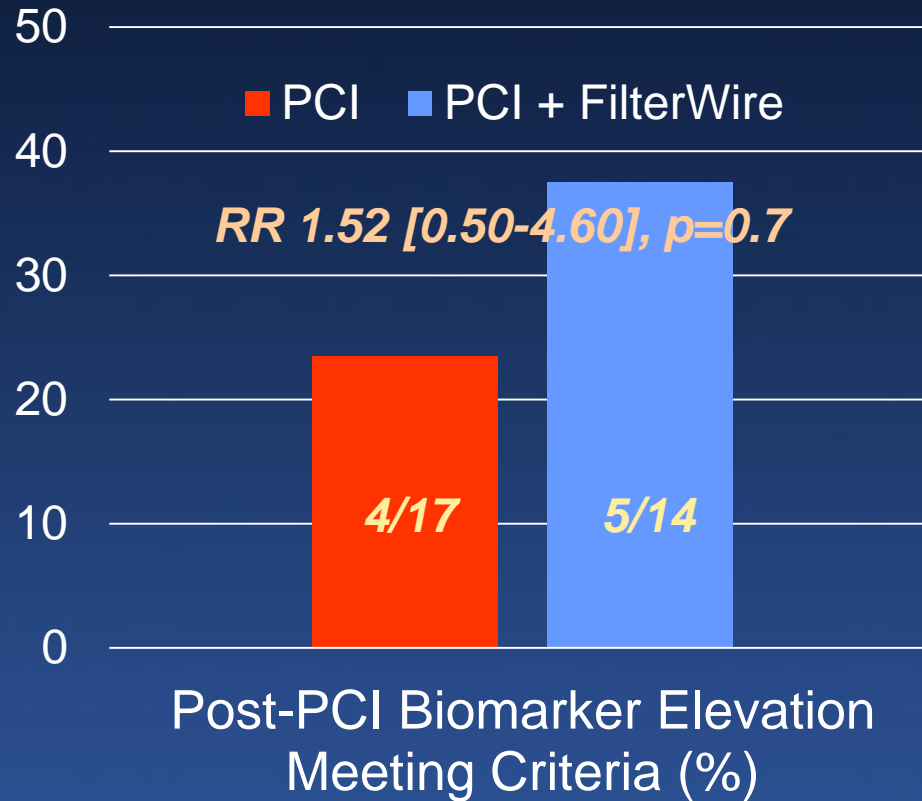
How do I optimize acute stent results (size, length, expansion, geographic miss)?

Why did this stent thrombose or restenose?

Summary

Barriers

Primary Endpoint (biomarkers >3x ULN)

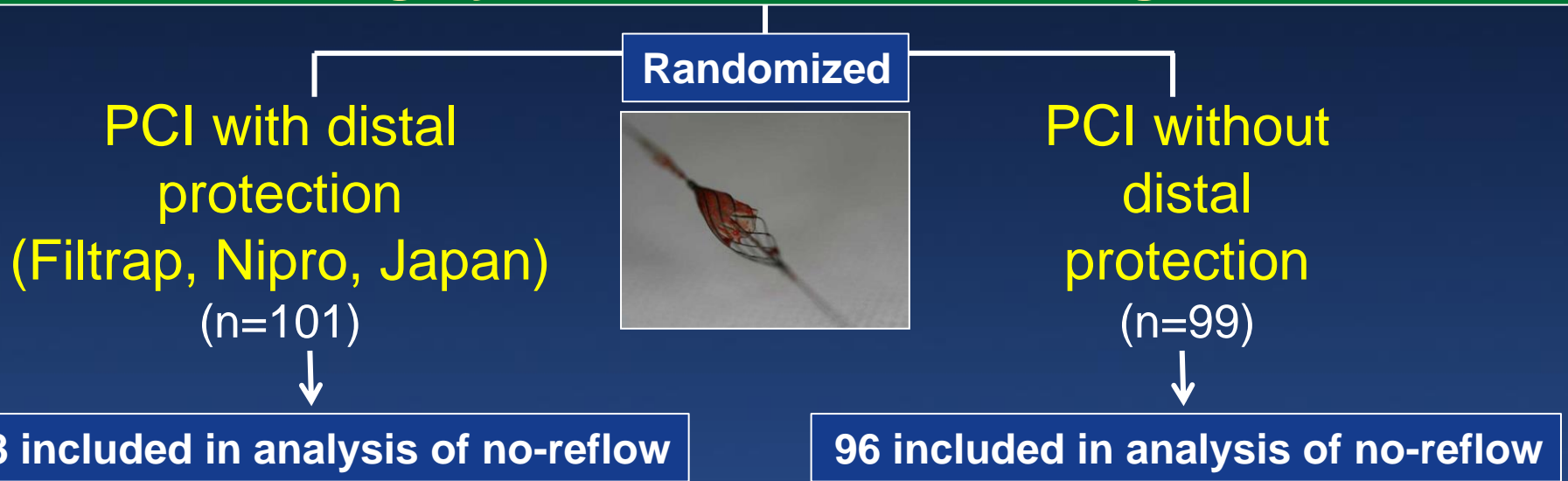


**Use of Distal Protection Filter
Did Not Reduce
Peri-procedural
MI**

VAMPIRE Trial

VAcuum as Piration thrombus Removal

200 pts with STEMI/NSTEMI/USA within 2 months and a single native coronary artery lesion and **>180° attenuated plaque by grayscale IVUS >5mm in length**



Primary endpoint = No-reflow during PCI

Secondary endpoints = Post-PCI TIMI flow, corrected TIMI frame count, CK or CK-MB elevation 6-24h post-PCI, MACE pre-discharge

Is this lesion flow-limiting?

What is the culprit?)

What is the likelihood of embolization during stent implantation?

Vampire Trial

Is this a vulnerable plaque/patient?

How do I optimize acute stent results (size, length, expansion, geographic miss)?

Why did this stent thrombose or restenose?

Summary

Barriers

Is this lesion flow-limiting?

What is the culprit?)

What is the likelihood of embolization during stent implantation?

Vampire Trial

Is this a vulnerable plaque/patient?

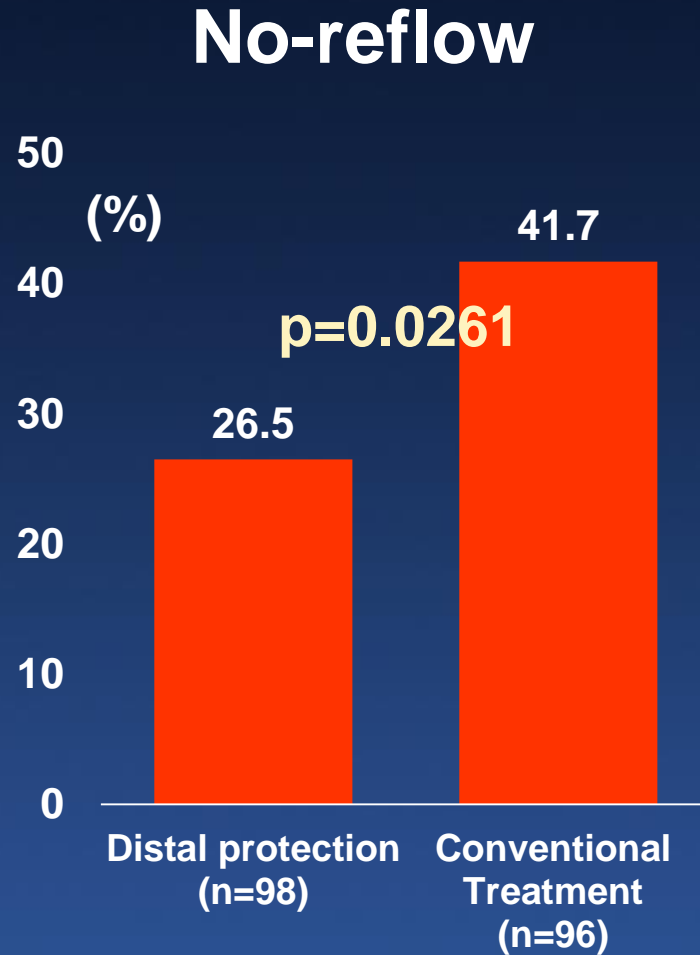
How do I optimize acute stent results (size, length, expansion, geographic miss)?

Why did this stent thrombose or restenose?

Summary

Barriers

Primary endpoint: Incidence of no-reflow



Secondary Endpoints			
	Distal Protection	Conventional Treatment	P-Value
CTFC	23.0	30.5	0.003
Post-PCI TIMI Flow			
1	3.1%	2.1%	0.16
2	14.3%	25%	
3	82.7%	72.9%	
CK @ 6-24 hours	871.5	622.5	0.7
CK-MB @ 6-24 hours	53	49.5	0.6
In-hospital MACE	1.0%	8.3%	0.0179
Cardiac arrest/shock	0%	5.2%	0.028

Is this lesion flow-limiting?

What is the culprit?)

What is the likelihood of embolization during stent implantation?

Is this a vulnerable plaque/patient?

How do I optimize acute stent results (size, length, expansion, geographic miss)?

Why did this stent thrombose or restenose?

Summary

Barriers

Tim Russert (1950-2008)



He collapsed at the offices of NBC News in Washington, DC where he was bureau chief. Autopsy determined that the immediate cause of death was an occlusive thrombosis of a ruptured plaque in the LAD leading to an MI and VF.

PROSPECT Trial: Independent lesion-specific predictors of vulnerable plaque events in 700 patients

Is this lesion flow-limiting?

What is the culprit?)

What is the likelihood of embolization during stent implantation?

Is this a vulnerable plaque?

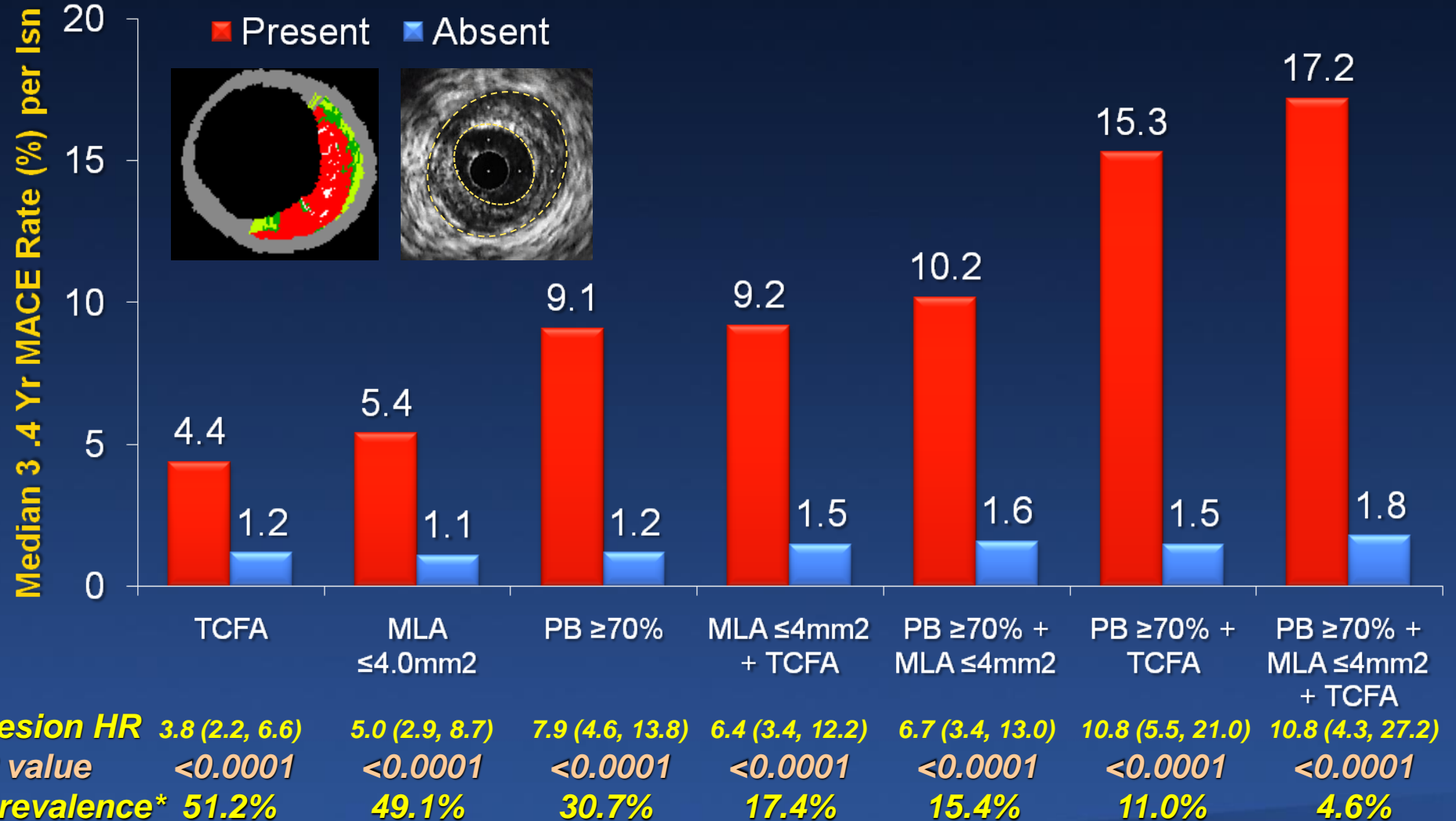
IVUS/VH-IVUS

How do I optimize acute stent results (size, length, expansion, geographic miss)?

Why did this stent thrombose or restenose?

Summary

Barriers



Is this lesion flow-limiting?

What is the culprit?)

What is the likelihood of embolization during stent implantation?

Is this a vulnerable plaque?

IVUS/VH-IVUS

How do I optimize acute stent results (size, length, expansion, geographic miss)?

Why did this stent thrombose or restenose?

Summary

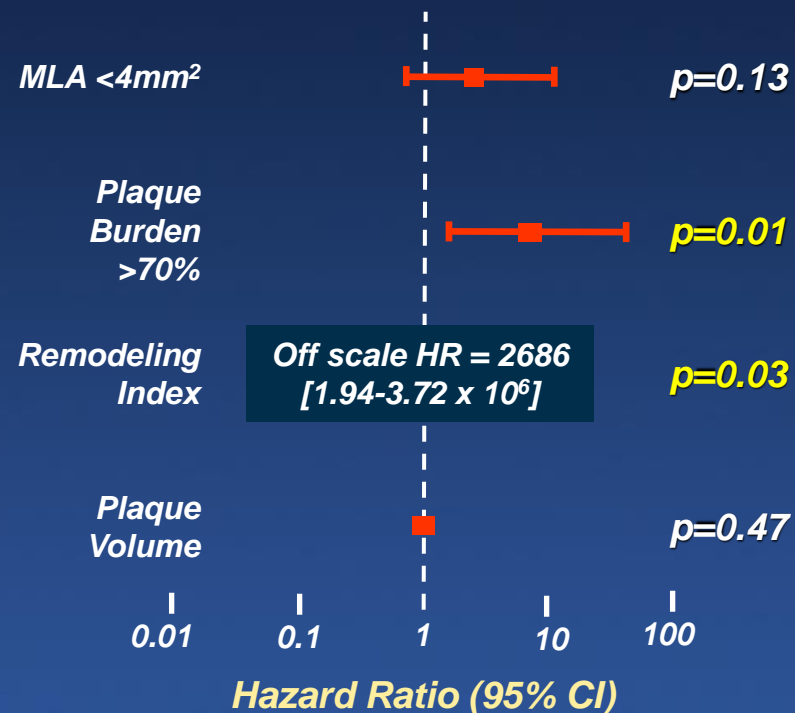
Barriers

VIVA: VH-IVUS in Vulnerable Atherosclerosis

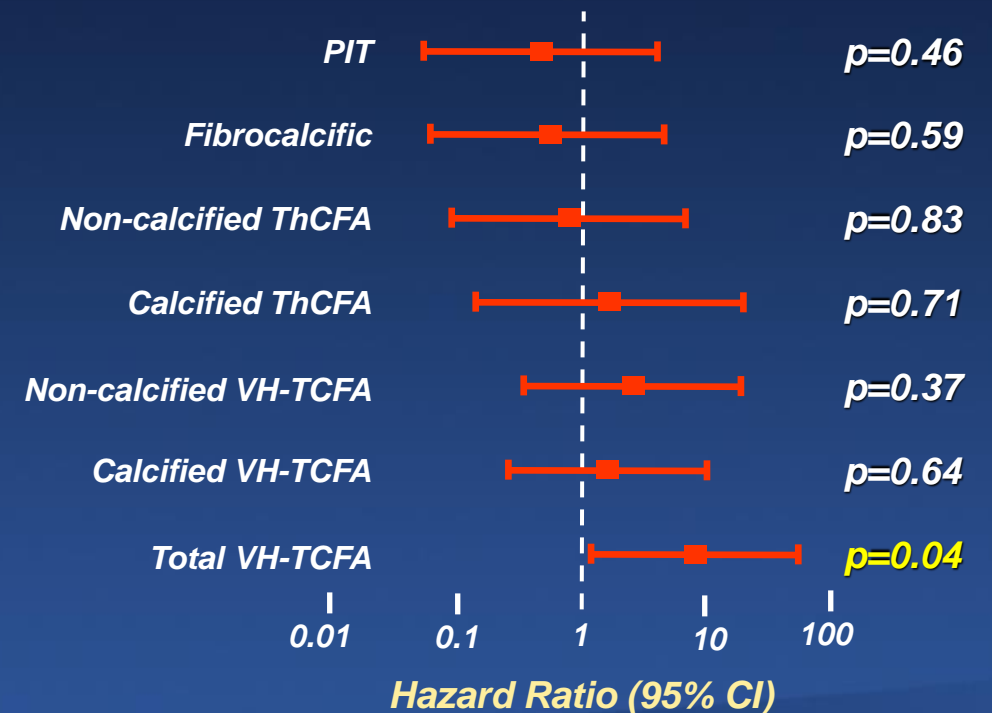
167 patients with stable CAD or ACS underwent 3-vessel VH-IVUS imaging; 1,096 plaques were classified; median follow-up 625 days

Univariate predictors of non-culprit MACE

Grayscale IVUS characteristics

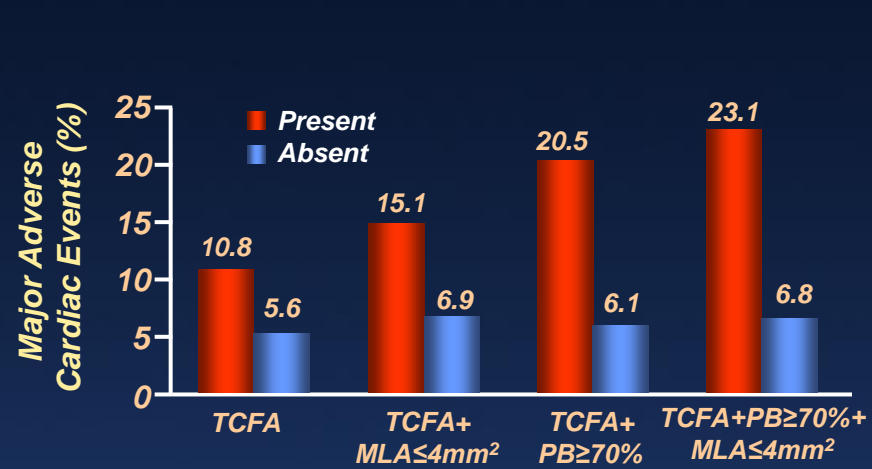


VH-IVUS lesion classification

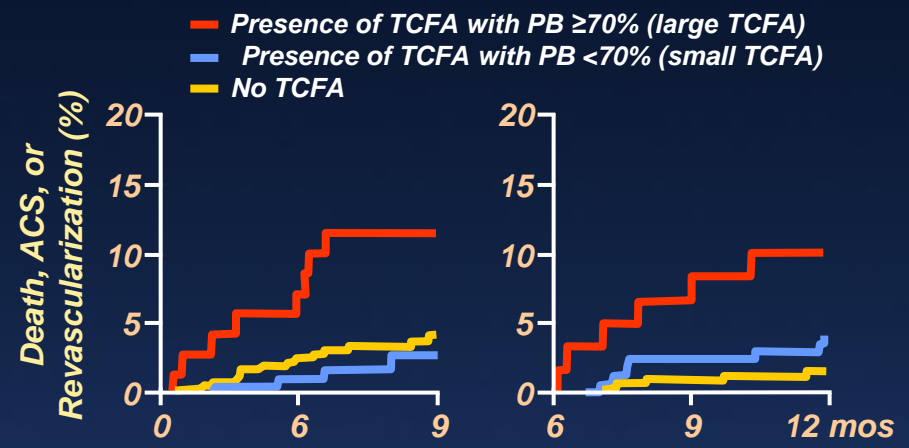


European Collaborative Project on Inflammation and Vascular Wall Remodeling in Atherosclerosis: **ATHEROREMO-IVUS**

Is this lesion flow-limiting?
 What is the culprit?
 What is the likelihood of embolization during stent implantation?
 Is this a vulnerable plaque?
IVUS/VH-IVUS
 How do I optimize acute stent results (size, length, expansion, geographic miss)?
 Why did this stent thrombose or restenose?
 Summary
 Barriers



Prevalence (%)	41.7	58.3	10.5	89.5	11.9	88.1	6.0	94.0
No. at risk at 1 yr (n)	211	312	50	473	52	471	52	471
HR	1.96		2.26		3.47		3.70	
P value	0.024		0.025		<0.001		<0.001	



Large TCFA vs. no TCFA $P=0.011$
 Small TCFA vs. no TCFA $P=0.49$
 Large TCFA vs. no TCFA $P<0.001$
 Small TCFA vs. no TCFA $P=0.033$

- VH-TCFA (present 10.8% vs. absent 5.6%; adjusted HR: 1.98, $p=0.026$) and plaque burden \geq 70% (present 16.2% vs. absent 5.5%; HR: 2.90, $p<0.001$), but not an MLA \leq 4.0mm², were independently associated with MACE.
- Risk for MACE was further increased if the VH-TCFA had an MLA \leq 4.0mm², plaque burden \geq 70%, or a combination of these three characteristics
- VH-TCFAs with a plaque burden \geq 70% were associated with a higher MACE rate both in the first 6 mos ($p=0.011$) and after 6 mos ($p<0.001$), while smaller TCFA lesions were only associated with a higher MACE rate after 6 mos ($p=0.033$)

LRP Study

Is this lesion flow-limiting?

What is the culprit?)

What is the likelihood of embolization during stent implantation?

Is this a vulnerable plaque?

IVUS/NIRS-IVUS

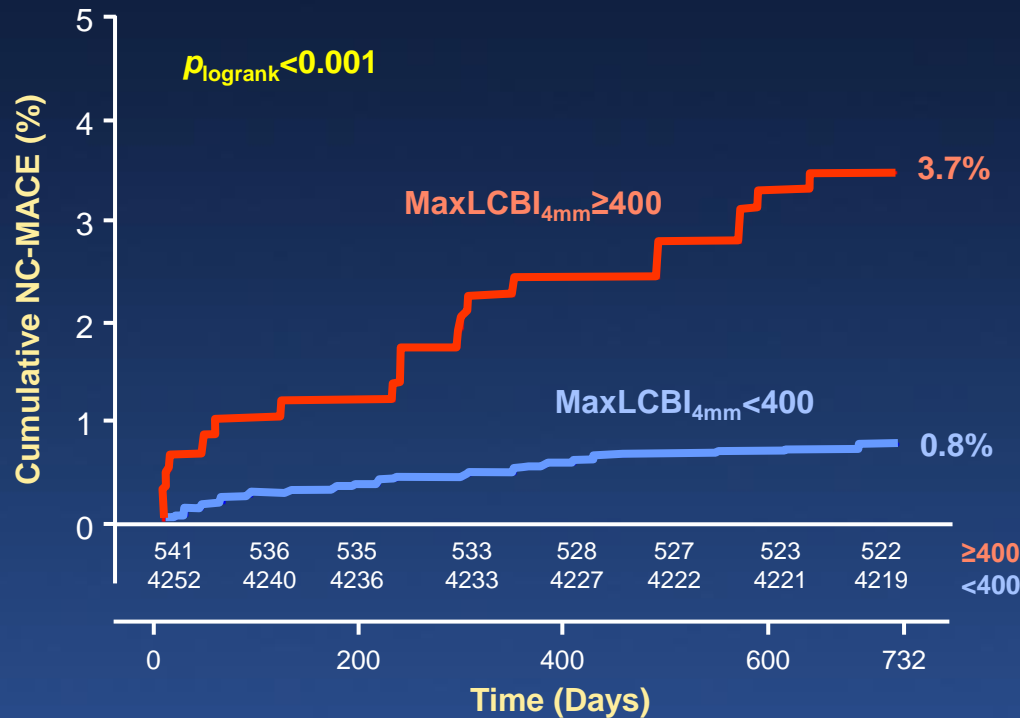
How do I optimize acute stent results (size, length, expansion, geographic miss)?

Why did this stent thrombose or restenose?

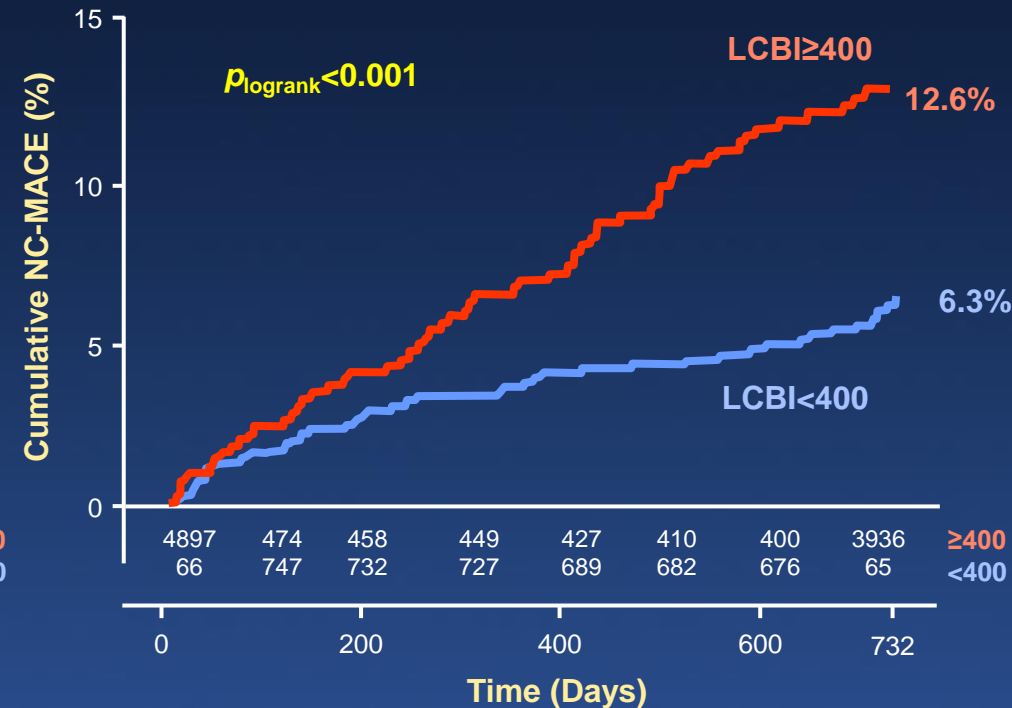
Summary

Barriers

Segment-level Cumulative NC-MACE



Patient-level Cumulative NC-MACE



Is this lesion flow-limiting?

What is the culprit?)

What is the likelihood of embolization during stent implantation?

Is this a vulnerable plaque/patient?

How do I optimize acute stent results (size, length, expansion, geographic miss)?

Predictors of early ST or ISR

Why did this stent thrombose or restenose?

Summary

Barriers

	IVUS		OCT
	Early ST	Restenosis/MACE	Restenosis/MACE/DoCE
Small MSA or underexpansion in stable lesions Small MLA in ACS/MI lesions	<ul style="list-style-type: none"> • Fujii et al. <i>J Am Coll Cardiol</i> 2005;45:995-8 • Okabe et al. <i>Am J Cardiol</i>. 2007;100:615-20 • Liu et al. <i>JACC Cardiovasc Interv</i>. 2009;2:428-34 • Choi et al. <i>Circ Cardiovasc Interv</i> 2011;4:239-47 	<ul style="list-style-type: none"> • Sonoda et al. <i>J Am Coll Cardiol</i> 2004;43:1959-63 • Hong et al. <i>Eur Heart J</i> 2006;27:1305-10 • Doi et al. <i>JACC Cardiovasc Interv</i>. 2009;2:1269-75 • Fujii et al. <i>Circulation</i> 2004;109:1085-1088 • Kang et al. <i>Circ Cardiovasc Interv</i> 2011;4:9-14 • Choi et al. <i>Am J Cardiol</i> 2012;109:455-60 • Song et al. <i>Catheter Cardiovasc Interv</i> 2014;83:873-8 • Kang et al. <i>PLoS One</i> 2015;10(10):e0140421 • Hong et al. <i>JAMA</i> 2015;314(2):155-63. • Lee et al. <i>Rev Esp Cardiol</i> 2017;70:88-95 • Kang et al. <i>PLoS One</i>. 2015 Oct 14;10(10):e0140421 • Katagiri et al. <i>Catheter Cardiovasc Interv</i>. 2019 Jan 31. doi: 10.1002/ccd.28105. 	<ul style="list-style-type: none"> • Prati et al. <i>JACC Cardiovasc Imaging</i> 2015;8:1297-305 • Prati et al. <i>Circ Cardiovasc Interv</i>. 2016;9.pii: e003726. • Soeda et al. <i>Circulation</i> 2015;132:1020-9 • Matsuo et al. <i>Cathet Cardiovasc Interv</i> 2015;87:E9-14 • Prati et al. <i>EuroIntervention</i> 2018, in press
Protrusion in ACS/MI Irregular Protrusion	<ul style="list-style-type: none"> • Choi et al. <i>Circ Cardiovasc Interv</i> 2011;4:239-47 • Hong et al. <i>Int J Cardiol</i> 2013;168:1674-5 		<ul style="list-style-type: none"> • Prati et al. <i>Circ Cardiovasc Interv</i>. 2016;9.pii: e003726. • Soeda et al. <i>Circulation</i> 2015;132:1020-9
Edge problems (geographic miss, secondary lesions, large plaque burden, dissections, etc)	<ul style="list-style-type: none"> • Fujii et al. <i>J Am Coll Cardiol</i> 2005;45:995-8 • Okabe et al., <i>Am J Cardiol</i>. 2007;100:615-20 • Liu et al. <i>JACC Cardiovasc Interv</i>. 2009;2:428-34 • Choi et al. <i>Circ Cardiovasc Interv</i> 2011;4:239-47 	<ul style="list-style-type: none"> • Sakurai et al. <i>Am J Cardiol</i> 2005;96:1251-3 • Liu et al. <i>Am J Cardiol</i> 2009;103:501-6 • Costa et al, <i>Am J Cardiol</i>, 2008;101:1704-11 • Kang et al. <i>Am J Cardiol</i> 2013;111:1408-14 • Kobayashi et al. <i>Circ Cardiovasc Interv</i>. 2016;9:e003553 • Calvert et al. <i>Catheter Cardiovasc Interv</i> 2016;88:340-7 	<ul style="list-style-type: none"> • Prati et al. <i>JACC Cardiovasc Imaging</i> 2015;8:1297-305 • Prati et al. <i>Circ Cardiovasc Interv</i>. 2016;9.pii: e003726. • Ino et al. <i>Circ Cardiovasc Interv</i>. 2016;9:e004231 • Prati et al. <i>EuroIntervention</i> 2018, in press
Stent length (>40mm)		<ul style="list-style-type: none"> • Hong et al. <i>Eur Heart J</i> 2006;27:1305-10 	
Asymmetry/Eccentricity		<ul style="list-style-type: none"> • Suwannasom et al. <i>JACC Cardiovasc Interv</i> 2016;9:1231-42 	

Is this lesion flow-limiting?

What is the culprit?)

What is the likelihood of embolization during stent implantation?

Is this a vulnerable plaque/patient?

How do I optimize acute stent results (size, length, expansion, geographic miss)?

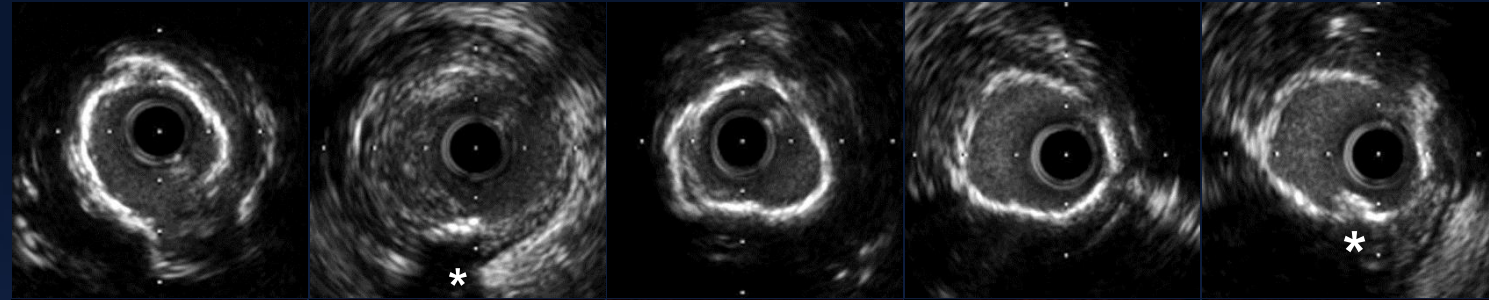
Calcium

Why did this stent thrombose or restenose?

Summary

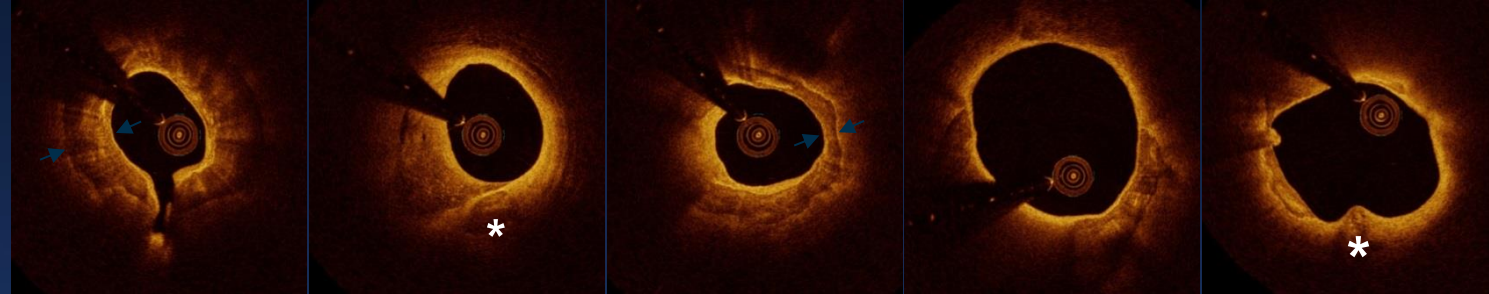
Barriers

IVUS

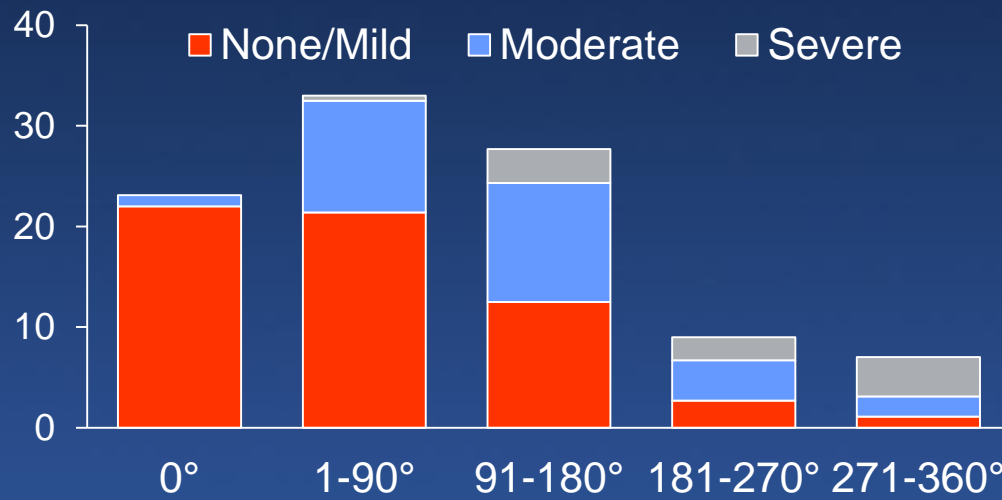


Arc Length

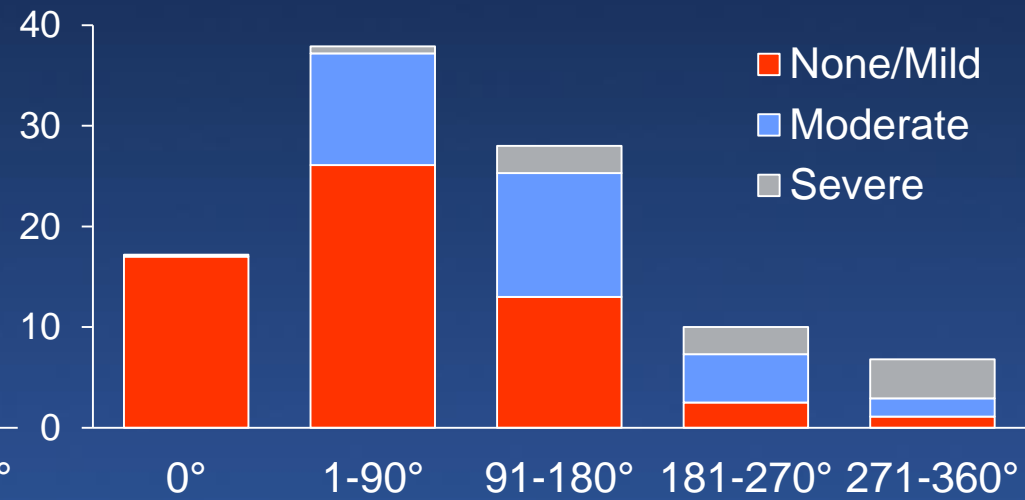
OCT



Arc Length
Thickness
Area
Volume



OCT Calcium



IVUS Calcium

Wang et al. JACC Cardiovasc Imaging 2017;10:869-79

Mintz and Guagliumi. Lancet 2017;390:793-809

Is this lesion flow-limiting?

What is the culprit?)

What is the likelihood of embolization during stent implantation?

Is this a vulnerable plaque/patient?

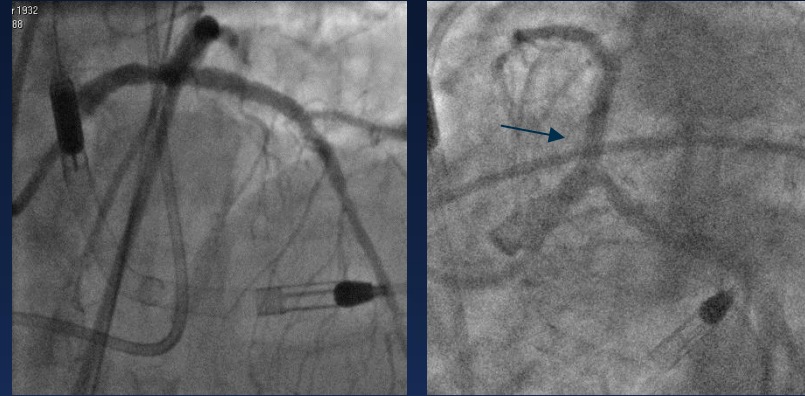
How do I optimize acute stent results (size, length, expansion, geographic miss)?

Underexpansion

Why did this stent thrombose or restenose?

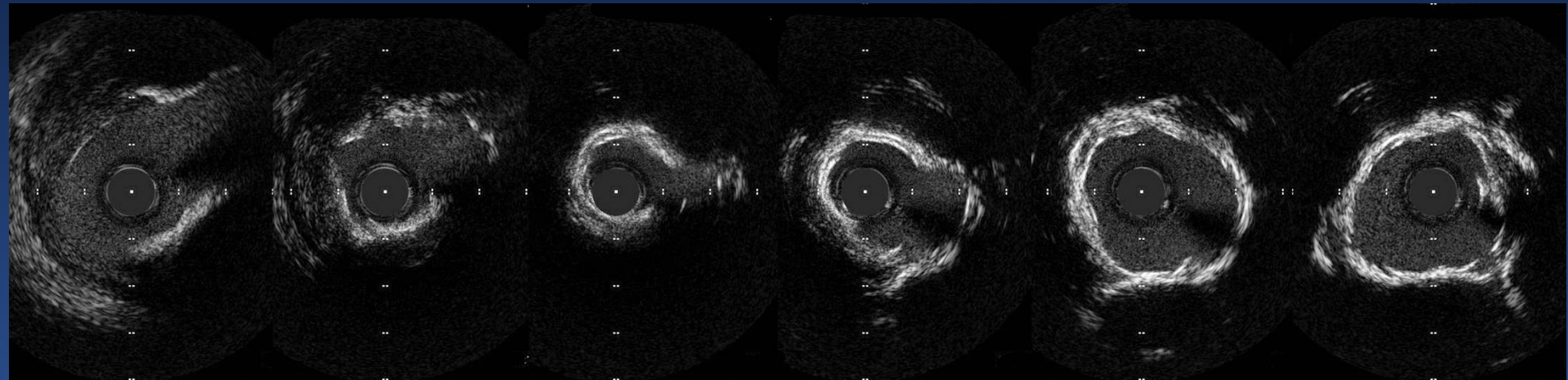
Summary

Barriers



LMCA

LAD



0 → 2mm → 10mm

OCT-based calcium scoring system to predict stent under-expansion

Is this lesion flow-limiting?

What is the culprit?)

What is the likelihood of embolization during stent implantation?

Is this a vulnerable plaque/patient?

How do I optimize acute stent results (size, length, expansion, geographic miss)?

Underexpansion

Why did this stent thrombose or restenose?

Summary

Barriers

Calcium score derived from pre- and post-stent OCT in a test cohort of 128 pts

Maximum calcium angle*	≤180°	0
	>180°	2
Maximum calcium thickness*	≤0.5mm	0
	>0.5mm	1
Calcium length*	≤5mm	0
	>5mm	1

**Largest calcium deposit*

Stent expansion vs calcium score in a validation cohort of 133 pts

	Calcium score (based on pre-PCI OCT)					p-value
	0 (n=27)	1 (n=45)	2 (n=34)	3 (n=3)	4 (n=24)	
MSA, mm ²	7.2	6.3	5.9	6.7	5.7	0.21
Stent expansion at target lesion calcium, %	99	98	86	98	78	<0.01
Stent expansion at MSA, %	91	85	80	80	69	<0.01

Is this lesion flow-limiting?

What is the culprit?)

What is the likelihood of embolization during stent implantation?

Is this a vulnerable plaque/patient?

How do I optimize acute stent results (size, length, expansion, geographic miss)?

IVUS/OCT studies/trials

Why did this stent thrombose or restenose?

Summary

Barriers

Randomized Trials

- Jakobcin J, Spacek R, Bystrom M, et al. Long-term health outcome and mortality evaluation after invasive coronary treatment using drug eluting stents with or without the IVUS guidance. *Randomized control trial. HOME DES IVUS. Catheter Cardiovasc Interv* 2010;75:578-583.
- Chieffo A, Latib A, Caussin C, et al. A prospective, randomized trial of intravascular-ultrasound guided compared to angiography guided stent implantation in complex coronary lesions: the AVIO trial. *Am Heart J* 2013;165:65-72.
- Kim JS, Kang TS, Mintz GS, et al. Randomized comparison of clinical outcomes between intravascular ultrasound and angiography-guided drug-eluting stent implantation for long coronary artery stenoses. *JACC Cardiovasc Interv* 2013;6:369-376.
- Hong SJ, Kim BK, Shin DH, et al; IVUS-XPL Investigators. Effect of intravascular ultrasound-guided vs angiography-guided everolimus-eluting stent implantation: the IVUS-XPL randomized clinical trial. *JAMA* 2015;314:2155-63.
- Tian NL, Gami SK, Ye F, et al. Angiographic and clinical comparisons of intravascular ultrasound- versus angiography-guided drug-eluting stent implantation for patients with chronic total occlusion lesions: two-year results from a randomised AIR-CTO study. *EuroIntervention* 2015;10:1409-17.
- Kim BK, Shin DH, Hong MK, et al; CTO-IVUS Study Investigators. Clinical impact of intravascular ultrasound-guided chronic total occlusion intervention with zotarolimus-eluting versus biolimus-eluting stent implantation: randomized study. *Circ Cardiovasc Interv* 2015;8, e002592.
- Tan Q, Wang Q, Liu D, et al. Intravascular ultrasound-guided unprotected left main coronary artery stenting in the elderly. *Saudi Med J* 2015;36:549-53.
- Zhang JQ, Shi R, Pang W, et al. Application of intravascular ultrasound in stent implantation for small coronary arteries. *J Clin Invasive Cardiol* 2016;3:1-8.
- Mariani J Jr, Guedes C, Soares P, et al. Intravascular ultrasound guidance to minimize the use of iodine contrast in percutaneous coronary intervention: the MOZART (Minimizing contrast utilization With IVUS Guidance in coRonary angioplasty) randomized controlled trial. *JACC Cardiovasc Interv* 2014;7:1287-93
- Zhang J, Gao X, Kan J, et al. Intravascular Ultrasound-Guided Versus Angiography-Guided Implantation of Drug-Eluting Stent in All-Corers: The ULTIMATE trial. *J Am Coll Cardiol* 2018;72:3126-37
- Liu XM, Yang ZM, Liu XK, et al. Intravascular ultrasound-guided drug-eluting stent implantation for patients with unprotected left main coronary artery lesions: A single-center randomized trial. *Anatol J Cardiol.* 2019;21:83-90
- Habara M, Nasu K, Terashima M, et al. Impact of frequency-domain optical coherence tomography guidance for optimal coronary stent implantation in comparison with intravascular ultrasound guidance. *Circ Cardiovasc Interv.* 2012;5:193-201
- Ali ZA, Maehara A, Généreux P, et al. Optical coherence tomography compared with intravascular ultrasound and with angiography to guide coronary stent implantation (ILUMIEN III: OPTIMIZE PCI): a randomised controlled trial. *Lancet.* 2016;388:2618-28
- Amevaveu N, Souteyrand G, Motreff P, et al. Optical Coherence Tomography to Optimize Results of Percutaneous Coronary Intervention in Patients with Non-ST-Elevation Acute Coronary Syndrome: Results of the Multicenter, Randomized DOCTORS Study (Does Optical Coherence Tomography Optimize Results of Stenting). *Circulation.* 2016;134:906-17
- Kubo T, Shinke T, Okamura T, et al. Optical frequency domain imaging vs. intravascular ultrasound in percutaneous coronary intervention (OPINION trial): one-year angiographic and clinical results. *Eur Heart J.* 2017;38:3139-47.
- Kala P, Cervinka P, Jakl M, et al. OCT guidance during stent implantation in primary PCI: A randomized multicenter study with nine months of optical coherence tomography follow-up. *Int J Cardiol.* 2018;250:98-103

Meta-analyses

- Zhang Y, Farooq V, Garcia-Garcia HM, et al. Comparison of intravascular ultrasound versus angiography-guided drug-eluting stent implantation: a meta-analysis of one randomized trial and ten observational studies involving 19,619 patients. *EuroIntervention.* 2012;8:855-65.
- Klersy C, Ferlini M, Raisaro A, et al. Use of IVUS guided coronary stenting with drug eluting stent: a systematic review and meta-analysis of randomized controlled clinical trials and high quality observational studies. *Int J Cardiol.* 2013;170:54-63.
- Jang JS, Song YJ, Kang W, et al. Intravascular ultrasound-guided implantation of drug-eluting stents to improve outcome: a meta-analysis. *JACC Cardiovasc Interv.* 2014;7:233-43.
- Ahn JM, Kang SJ, Yoon SH, et al. Meta-analysis of outcomes after intravascular ultrasound-guided versus angiography-guided drug-eluting stent implantation in 26,503 patients enrolled in three randomized trials and 14 observational studies. *Am J Cardiol.* 2014;113:1338-47
- Zhang YJ, Pang S, Chen XY, et al. Comparison of intravascular ultrasound guided versus angiography guided drug eluting stent implantation: a systematic review and meta-analysis. *BMC Cardiovasc Disord.* 2015;15:153.
- Alsidawi S, Effat M, Rahman S, Abdallah M, Leesar M. The role of vascular imaging in guiding routine percutaneous coronary interventions: A meta-analysis of bare Metal stent and drug-eluting stent trials. *Cardiovasc Ther.* 2015;33:360-6.
- Nerlekar N, Cheshire CJ, Verma KP, et al. Intravascular ultrasound guidance improves clinical outcomes during implantation of both first and second-generation drug-eluting stents: a meta-analysis. *EuroIntervention* 2017;12:1632-42.
- Steinvil A, Zhang YJ, Lee SY, et al. Intravascular ultrasound-guided drug-eluting stent implantation: An updated meta-analysis of randomized control trials and observational studies. *Int J Cardiol.* 2016;216:133-9.
- Eldengy IY, Mahmoud AN, Eldengy AY, et al. Outcomes with intravascular ultrasound-guided stent implantation: A meta-analysis of randomized trials in the era of drug-eluting stents. *Circ Cardiovasc Interv.* 2016;9:e003700.
- Shin DH, Hong SJ, Mintz GS, et al. Effects of intravascular ultrasound-guided versus angiography-guided new-generation drug-eluting stent implantation: Meta-Analysis With Individual Patient-Level Data From 2,345 Randomized Patients. *JACC Cardiovasc Interv.* 2016;9:2232-9.
- Bavishi C, Sardar P, Chatterjee S, et al. Intravascular ultrasound-guided vs angiography-guided drug-eluting stent implantation in complex coronary lesions: Meta-analysis of randomized trials. *Am Heart J* 2017 Mar;185:26-34.
- Fan ZG, Gao XF, Li XB, et al. The outcomes of intravascular ultrasound-guided drug-eluting stent implantation among patients with complex coronary lesions: a comprehensive meta-analysis of 15 clinical trials and 8,084 patients. *Anatol J Cardiol.* 2017;17:258-68
- Ye Y, Yang M, Zhang S, Zeng Y. Percutaneous coronary intervention in left main coronary artery disease with or without intravascular ultrasound: A meta-analysis. *PLoS One.* 2017 Jun 22;12(6):e0179756.
- DiMario C, Koskinas KC, Raber L. Clinical benefit of IVUS guidance for coronary stenting. *J Am Coll Cardiol* 2018;72:3128-41
- Gao XF, Wang ZM, Wang F, et al. Intravascular ultrasound guidance reduces cardiac death and coronary revascularization in patients undergoing drug-eluting stent implantation: results from a meta-analysis of 9 randomized trials and 4724 patients. *Int J Cardiovasc Imaging.* 2019; doi: 10.1007/s10554-019-01555-3.
- Buccheri S, Franchina G, Romano S, et al. Clinical outcomes following intravascular imaging-guided versus coronary angiography guided percutaneous coronary intervention with stent implantation. A systematic review and Bayesian network meta-analysis of 31 studies and 17,882 patients. *JACC Cardiovasc Interv* 2017;10:2488-98.
- Kuku KO, Ekanem E, Azizi V, et al. Optical coherence tomography-guided percutaneous coronary intervention compared with other imaging guidance: a meta-analysis. *Int J Cardiovasc Imaging.* 2018;34:503-13

Registries

- Agostoni P, Valgimigli M, Van Mieghem CA, et al. Comparison of early outcome of percutaneous coronary intervention for unprotected left main coronary artery disease in the drug-eluting stent era with versus without intravascular ultrasound guidance. *Am J Cardiol* 2005;95:644-647.
- Roy P, Steinberg DL, Sushinsky SJ, et al. The potential clinical utility of intravascular ultrasound guidance in patients undergoing percutaneous coronary intervention with drug-eluting stents. *Eur Heart J* 2008;29:1851-7.
- Fujimoto H, Tao S, Dohi T, et al. Primary and mid-term outcome of sirolimus-eluting stent implantation with angiographic guidance alone. *J Cardiol.* 2008;51:18-24.
- Park SJ, Kim YH, Park DW, et al; Investigators M-C. Impact of intravascular ultrasound guidance on long-term mortality in stenting for unprotected left main coronary artery stenosis. *Circ Cardiovasc Interv* 2009;2:167-177.
- Kim SH, Kim YH, Kang SJ, et al. Long-term outcomes of intravascular ultrasound-guided stenting in coronary bifurcation lesions. *Am J Cardiol* 2010;106:612-618.
- Maluenda G, Lemesle G, Ben-Dor I, et al. Impact of intravascular ultrasound guidance in patients with acute myocardial infarction undergoing percutaneous coronary intervention. *Catheter Cardiovasc Interv* 2010;75:86-92.
- Claessen BE, Meuwissen P, Serruys P, et al. Impact of intravascular ultrasound imaging on early and late clinical outcomes following percutaneous coronary intervention with drug-eluting stents. *JACC Cardiovasc Interv* 2011;4:374-381.
- Kim JS, Hong MK, Ko YG, et al. Impact of intravascular ultrasound guidance on long-term clinical outcomes in patients treated with drug-eluting stent for bifurcation lesions: data from a Korean multicenter bifurcation registry. *Am Heart J* 2011;161:180-187.
- Youn YJ, Yoon J, Lee JW, et al. Intravascular ultrasound-guided primary percutaneous coronary intervention with drug-eluting stent implantation in patients with acute myocardial infarction. *Clin Cardiol* 2011;34:706-713.
- Chen SL, Ye F, Zhang JJ, et al. Intravascular ultrasound-guided systematic two-stent techniques for coronary bifurcation lesions and reduced late stent thrombosis. *Catheter Cardiovasc Interv* 2013;81:456-463.
- Hur SH, Kang SJ, Kim YH, et al. Impact of intravascular ultrasound-guided percutaneous coronary intervention on long-term clinical outcomes in a real world population. *Catheter Cardiovasc Interv* 2013;81:407-416.
- Park KW, Kang SH, Yang from the EXCELLENCE trial. Impact of intravascular ultrasound guidance in routine percutaneous coronary intervention for conventional lesions. *Int J Cardiol* 2013;167:721-726.
- Witzenbichler B, Maehara A, Weisz G, et al. Relationship between intravascular ultrasound guidance and clinical outcomes after drug-eluting stents: The ADAPT-DES Study. *Circulation.* 2014;129:643-70
- Ahn SG, Yoon J, Sung JK, et al. Intravascular ultrasound-guided percutaneous coronary intervention improves the clinical outcome in patients undergoing multivessel overlapping drug-eluting stents implantation. *Korean Circ J* 2013;43:231-8.
- Ahn JM, Han S, Park YK, et al; RESET Investigators. Differential prognostic effect of intravascular ultrasound use according to implanted stent length. *Am J Cardiol* 2013;111:829-835.
- Yoon YW, Shin S, Kim BK, et al; Investigators R. Usefulness of intravascular ultrasound to predict outcomes in short-length lesions treated with drug-eluting stents. *Am J Cardiol* 2013;112:642-646.
- de la Torre Hernandez JM, Barja Heupel JA, et al; IVUS-TRONCO-ICP Spanish study. Clinical impact of intravascular ultrasound guidance in drug-eluting stent implantation for unprotected left main coronary disease: pooled analysis at the patient-level of 4 registries. *JACC Cardiovasc Interv.* 2014;7:244-54.
- Hong SJ, Kim BK, Shin DH, et al; K-CTO Registry. Usefulness of intravascular ultrasound guidance in percutaneous coronary intervention with second-generation drug-eluting stents for chronic total occlusions (from the Multicenter Korean-Chronic Total Occlusion Registry). *Am J Cardiol.* 2014;114:30-6.
- Gao XF, Kan J, Zhang YJ, et al. Comparison of one-year clinical outcomes between intravascular ultrasound-guided versus angiography-guided implantation of drug-eluting stents for left main lesions: a single-center analysis of a 1,016-patient cohort. *Patient Prefer Adherence.* 2014;8:1299-309.
- Frohlich GM, Redwood S, Rakhit R, et al. Long-term survival in patients undergoing percutaneous interventions with or without intracoronary pressure wire guidance or intracoronary ultrasonographic imaging: a large cohort study. *JAMA Intern Med.* 2014;174:1360-6.
- Yazici HU, Agamalyev M, Aydar Y, Goktekin O. The impact of intravascular ultrasound guidance during drug eluting stent implantation on angiographic outcomes. *Eur Rev Med Pharmacol Sci.* 2015;19:3012-7.
- Singh V, Badheka AO, Arora S, et al. Comparison of in-hospital mortality, length of hospitalization, costs, and vascular complications of percutaneous coronary interventions guided by intravascular ultrasound versus angiography. *Am J Cardiol* 2015;115:1357-66.
- Magalhães MA, Minha S, Torquason R, et al. The effect of complete percutaneous revascularisation with and without intravascular ultrasound guidance in the drug-eluting stent era. *EuroIntervention* 2015;11:625-33.
- Nakatsuma K, Shiomi H, Morimoto T, et al; CREDO-Kyoto AMI Investigators. Intravascular Ultrasound Guidance vs. Angiographic Guidance in Primary Percutaneous Coronary Intervention for ST Segment Elevation Myocardial Infarction - Long-Term Clinical Outcomes From the CREDO-Kyoto AMI Registry. *Circ J* 2016;80:477-84.
- Patel V, Depta JP, Patel JS, et al. Impact of intravascular ultrasound on the long-term clinical outcomes in the treatment of coronary ostial lesions. *Catheter Cardiovasc Interv* 2016;87:232-40.
- Ahmed K, Jeong MH, Chakraborty R, et al. Role of intravascular ultrasound in patients with acute myocardial infarction undergoing percutaneous coronary intervention. *Am J Cardiol.* 2011;108:8-14.
- Roy P, Torquason R, Okabe T, et al. Angiographic and procedural correlates of stent thrombosis after intracoronary implantation of drug-eluting stents. *J Invasive Cardiol* 2007;20:337-43.
- Gerber RT, Latib A, Jellasi A, et al. Defining a new standard for IVUS optimized drug eluting stent implantation: the PRAVIO study. *Catheter Cardiovasc Interv* 2009;74:348-56.
- Biondi-Zoccai G, Sheiban I, Romagnoli E, et al. Is intravascular ultrasound beneficial for percutaneous coronary intervention of bifurcation lesions? Evidence from a 4314-patient registry. *Clin Res Cardiol* 2011;100:1121-8.
- Wakabayashi K, Lindsay J, Lopez-Carricero A, et al. Utility of intravascular ultrasound guidance in patients undergoing percutaneous coronary intervention for type C lesions. *J Interv Cardiol* 2012;25:452-9.
- Patel V, Depta JP, Novak E, et al. Long-term outcomes with use of intravascular ultrasound for the treatment of coronary bifurcation lesions. *Am J Cardiol* 2012;109:960-5.
- De la Torre Hernandez JM, Alfonso F, Sanchez Riccaldo A, et al; ESTROFAM-LM Study Group. Comparison of paclitaxel-eluting stents (Taxus) and everolimus-eluting stents (Nileo) in left main coronary artery disease with 3 years follow-up (from the ESTROFAM-LM registry). *Am J Cardiol* 2013;111:676-83.
- Patel V, Depta JP, Patel JS, Masrani SK, Novak E, Zajarías A, Kurz HI, Lasala JM, Bach RG, Singh J. Impact of intravascular ultrasound on the long-term clinical outcomes in the treatment of coronary ostial lesions. *Catheter Cardiovasc Interv* 2016;87:232-40.
- Andall P, Karlsson S, Mohammad MA, et al. Intravascular ultrasound guidance is associated with better outcome in patients undergoing unprotected left main coronary artery stenting compared with angiography guidance alone. *Circ Cardiovasc Interv* 2017;10:e004813.
- Tian J, Guan C, Wang W, et al. Intravascular Ultrasound Guidance Improves the Long-term Prognosis in Patients with Unprotected Left Main Coronary Artery Disease Undergoing Percutaneous Coronary Intervention. *Sci Rep.* 2017 May 24;7(1):2377.
- Chen LX, Xu T, Xia HJ, Zhang JJ, Ye F, Tian NL, Chen SL. Intravascular ultrasound-guided drug-eluting stent implantation is associated with improved clinical outcomes in patients with lesions in the bifurca and complex coronary artery true bifurcation lesions. *Int J Cardiovasc Imaging.* 2018 Jul 6. doi: 10.1007/s10554-018-1393-2
- Maehara A, Mintz GS, Witzenbichler B, et al. Relationship between intravascular ultrasound guidance and clinical outcomes after drug-eluting stents. *Circ Cardiovasc Interv.* 2018 Nov;11(11):e006243. doi: 10.1161/CI.118.113111
- Antunes-Santos UJ, Martin-Yuste V, Fernández-Díez JA, et al. Procedural, Functional and Prognostic Outcomes Following Recanalization of Coronary Chronic Total Occlusions. Results of the Iberian Registry. *Rev Esp Cardiol (Engl Ed).* 2018. pii: S1885-5857(18)30212-3. doi: 10.1016/j.rec.2018.05.020
- Choi KH, Song YB, Lee JM, et al. Impact of Intravascular Ultrasound-Guided Percutaneous Coronary Intervention on Long-Term Clinical Outcomes in Patients Undergoing Complex Procedures. *JACC Cardiovasc Interv* 2019;12:e007-20
- Preni P, Di Vito L, Biondi-Zoccai G, et al. Angiography alone versus angiography plus optical coherence tomography to guide decision-making during percutaneous coronary intervention: the Centro per la Lotta contro l'Infarto-Optimization of Percutaneous Coronary Intervention (CL-OPCI) study. *EuroIntervention.* 2012;8:823-9.
- Wilms W, Shte J, Jones MR, et al. Optical coherence tomography imaging during percutaneous coronary intervention impacts physician decision-making: ILUMIEN I study. *Eur Heart J* 2015;36:3346-55.
- Maehara A, Ben-Elmecha G, Al-Ghadi A, et al. Comparison of stent Expansion Guided by Optical Coherence Tomography Versus Intravascular Ultrasound: The ILUMIEN II Study (Observational Study of Optical Coherence Tomography [OCT] in Patients Undergoing Fractional Flow Reserve [FFR] and Percutaneous Coronary Intervention). *JACC Cardiovasc Interv.* 2015;8:1704-14.
- Iannaccone M, D'Ascenzo F, Frangieh AH, et al. Impact of an optical coherence tomography guided approach in acute coronary syndromes: A propensity matched analysis from the international FORMIDABLE-CARDIOGROUP IV and US2 Registry. *Catheter Cardiovasc Interv* 2017;90:E46-E52
- Sheth TN, Kapender OA, Levi S, et al. Optical Coherence Tomography-Guided Percutaneous Coronary Intervention in ST-Segment-Elevation Myocardial Infarction: A Prospective Propensity-Matched Cohort of the Thrombectomy Versus Percutaneous Coronary Intervention Alone Trial. *Circ Cardiovasc Interv.* 2016 Apr;9(4):e003414. doi: 10.1161/CI.116.003414
- Jones DA, Rathod KS, Koganti S, et al. Angiography Alone Versus Angiography Plus Optical Coherence Tomography to Guide Percutaneous Coronary Intervention: Outcomes From the Pan-Indian PCI Cohort. *JACC Cardiovasc Interv.* 2018;11:1313-21

Is this lesion flow-limiting?

What is the culprit?)

What is the likelihood of embolization during stent implantation?

Is this a vulnerable plaque/patient?

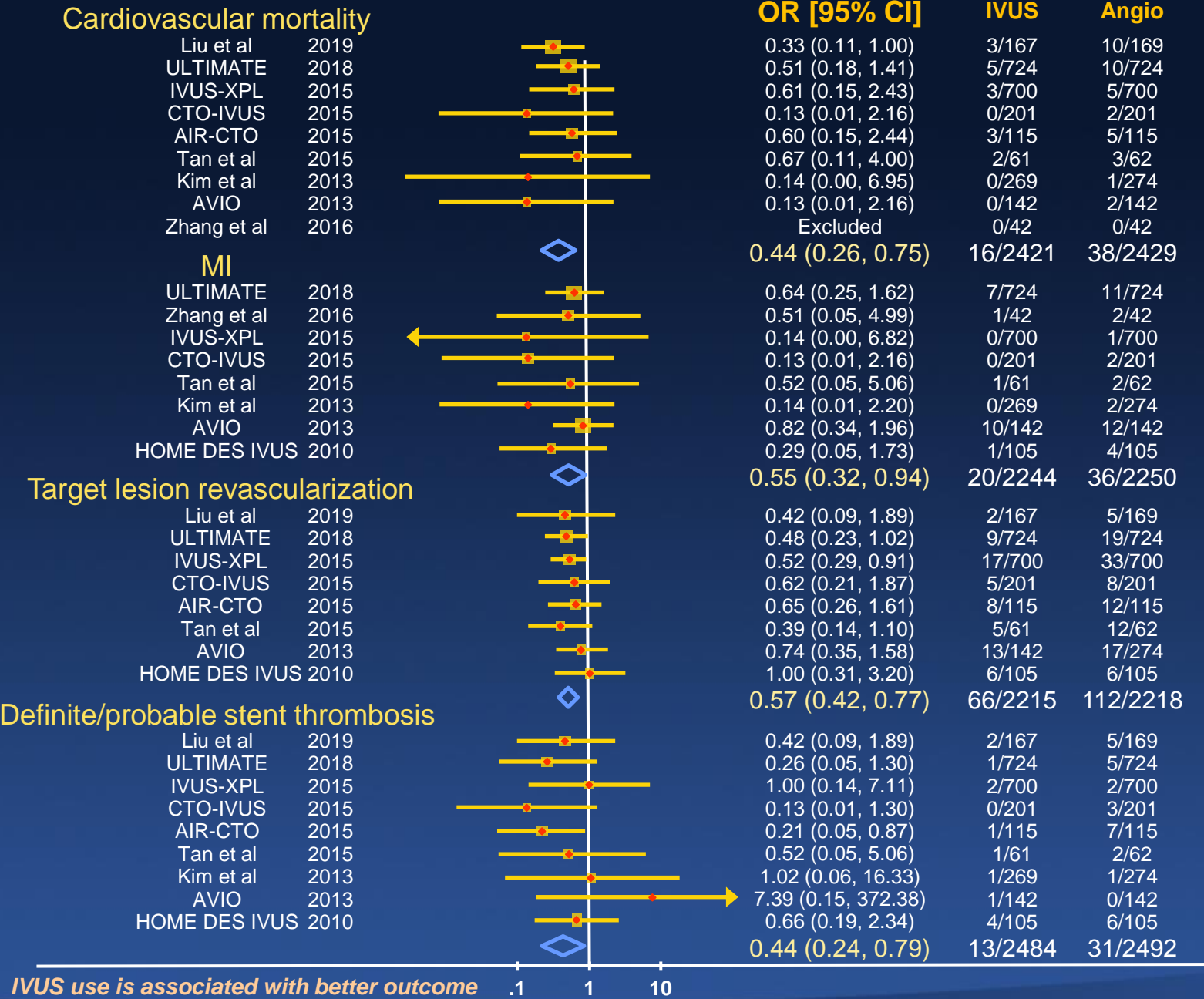
How do I optimize acute stent results (size, length, expansion, geographic miss)?

IVUS RCT meta-analyses

Why did this stent thrombose or restenose?

Summary

Barriers



IVUS use is associated with better outcome .1 1 10

Bayesian network meta-analysis of 31 studies and 17,882 pts comparing clinical outcomes of PCI with BMS and/or DES implantation guided by angiography, IVUS, or OCT

Is this lesion flow-limiting?

What is the culprit(?)

What is the likelihood of embolization during stent implantation?

Is this a vulnerable plaque/patient?

How do I optimize acute stent results (size, length, expansion, geographic miss)?

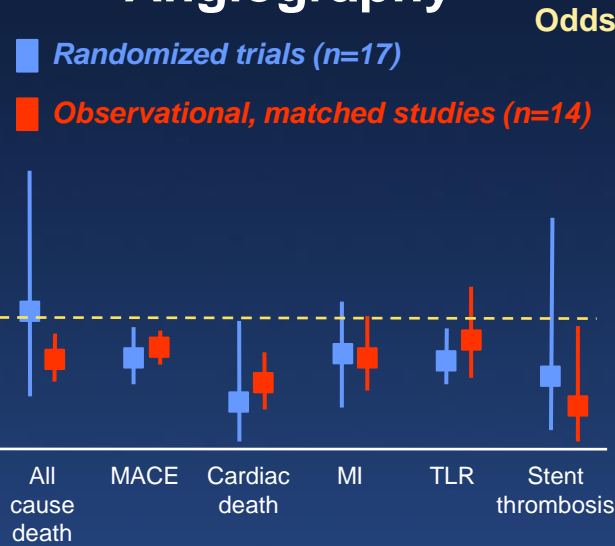
IVUS/OCT meta-analysis

Why did this stent thrombose or restenose?

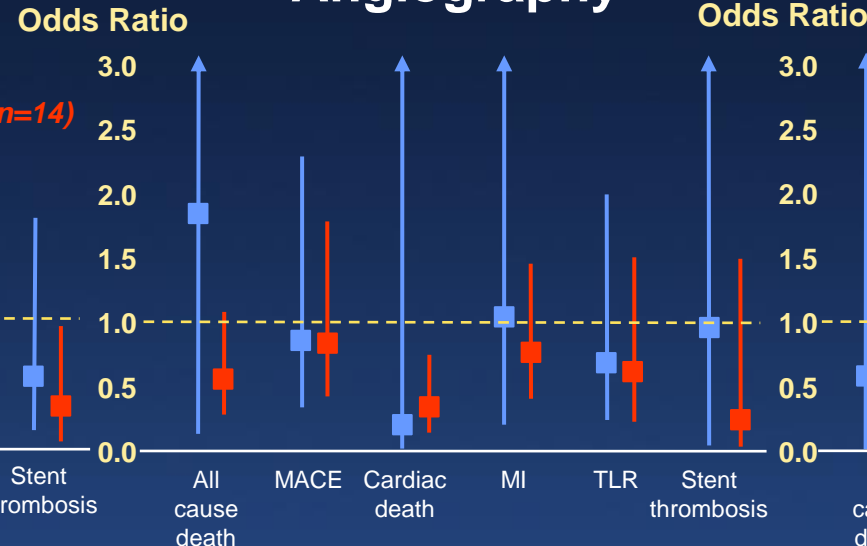
Summary

Barriers

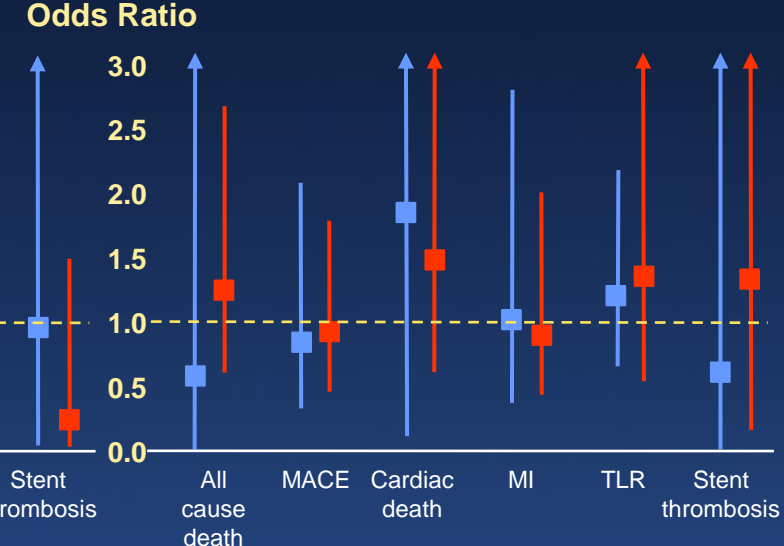
IVUS vs Angiography



OCT vs Angiography



IVUS vs OCT



- Angiography (29 studies; 8434 pts), IVUS (17 studies; 7825 pts), OCT (7 studies; 1623 pts)
- Angiography vs IVUS (24 studies; 14295 pts), Angiography vs OCT (4 studies; 2092 pts), IVUS vs OCT (2 studies; 1045 pts), Angiography vs IVUS vs OCT (1 study; 450 pts)

Effect of IVUS Optimization

Is this lesion flow-limiting?

What is the culprit?)

What is the likelihood of embolization during stent implantation?

Is this a vulnerable plaque/patient?

How do I optimize acute stent results (size, length, expansion, geographic miss)?

IVUS-XPL and ULTIMATE RCT

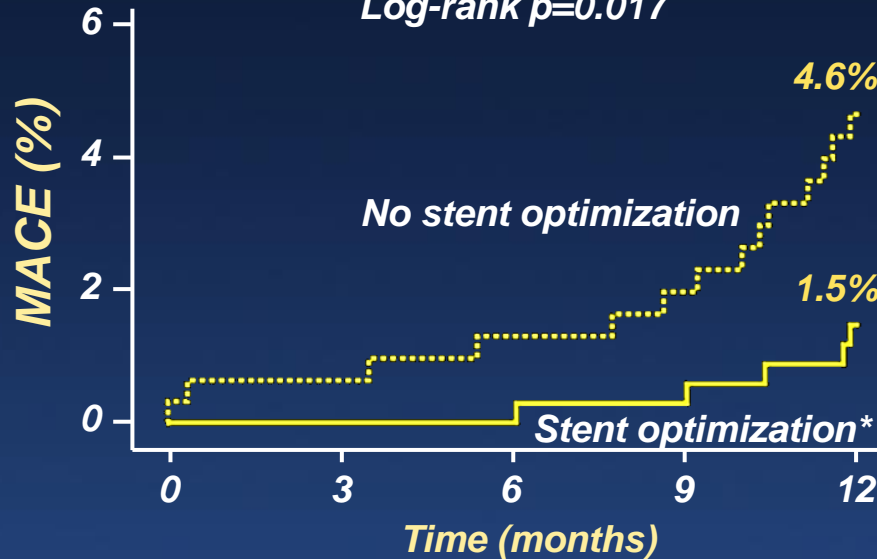
Why did this stent thrombose or restenose?

Summary

Barriers

IVUS-XPL

HR, 0.31 (95% CI, 0.11-0.86)
Log-rank p=0.017

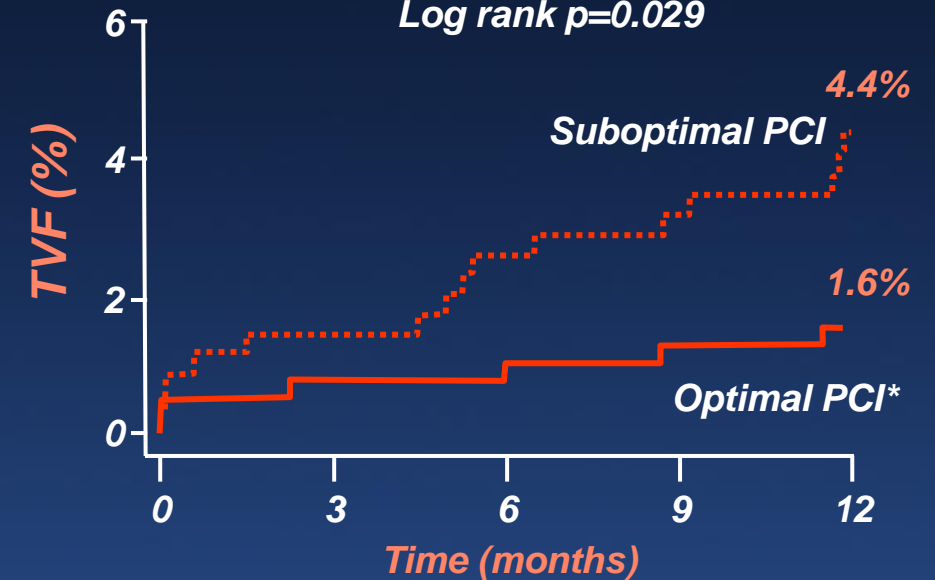


315	299	297	394	285
363	362	345	338	334

*In-stent MLA >distal reference

ULTIMATE

HR: 0.35 (95% CI: 0.135-0.898);
Log rank p=0.029



No. at risk					
Suboptimal PCI	340	334	329	326	320
Optimal PCI	384	381	381	378	376

*In-stent MLA >5.0 mm² or >90% of distal reference lumen
Edge plaque burden <50% with no medial dissection

Hong et al. JAMA 2015;314:2155-63

Zhang et al. J Am Coll Cardiol 2018;72:3126-27

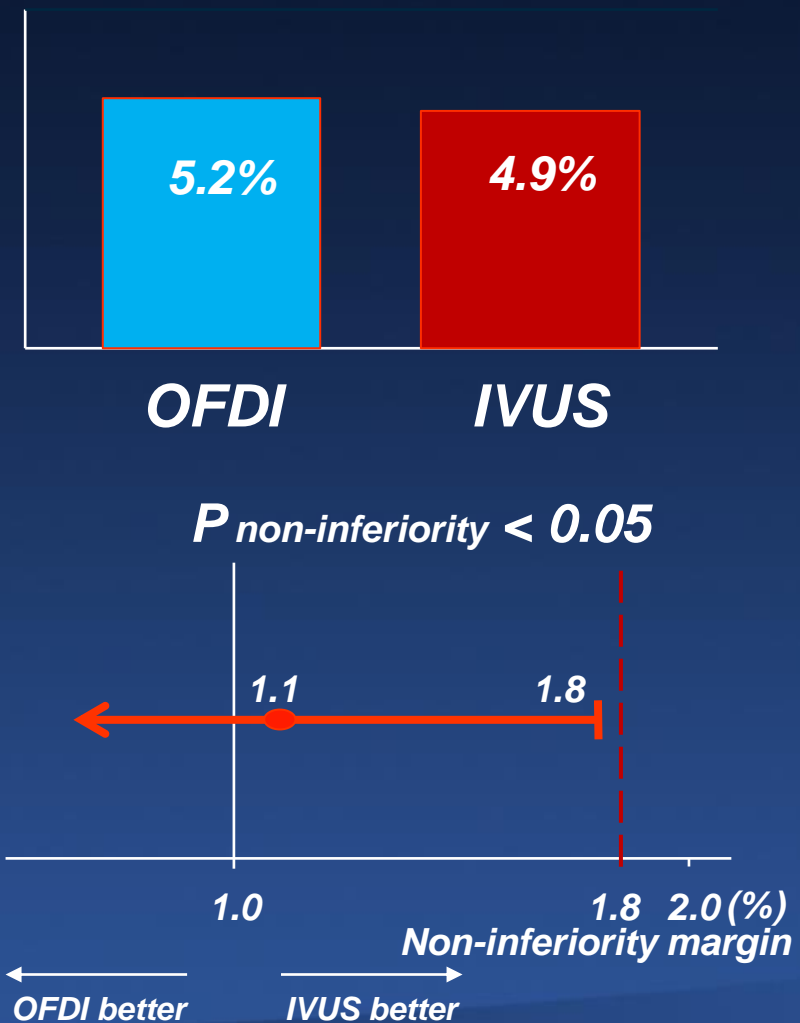
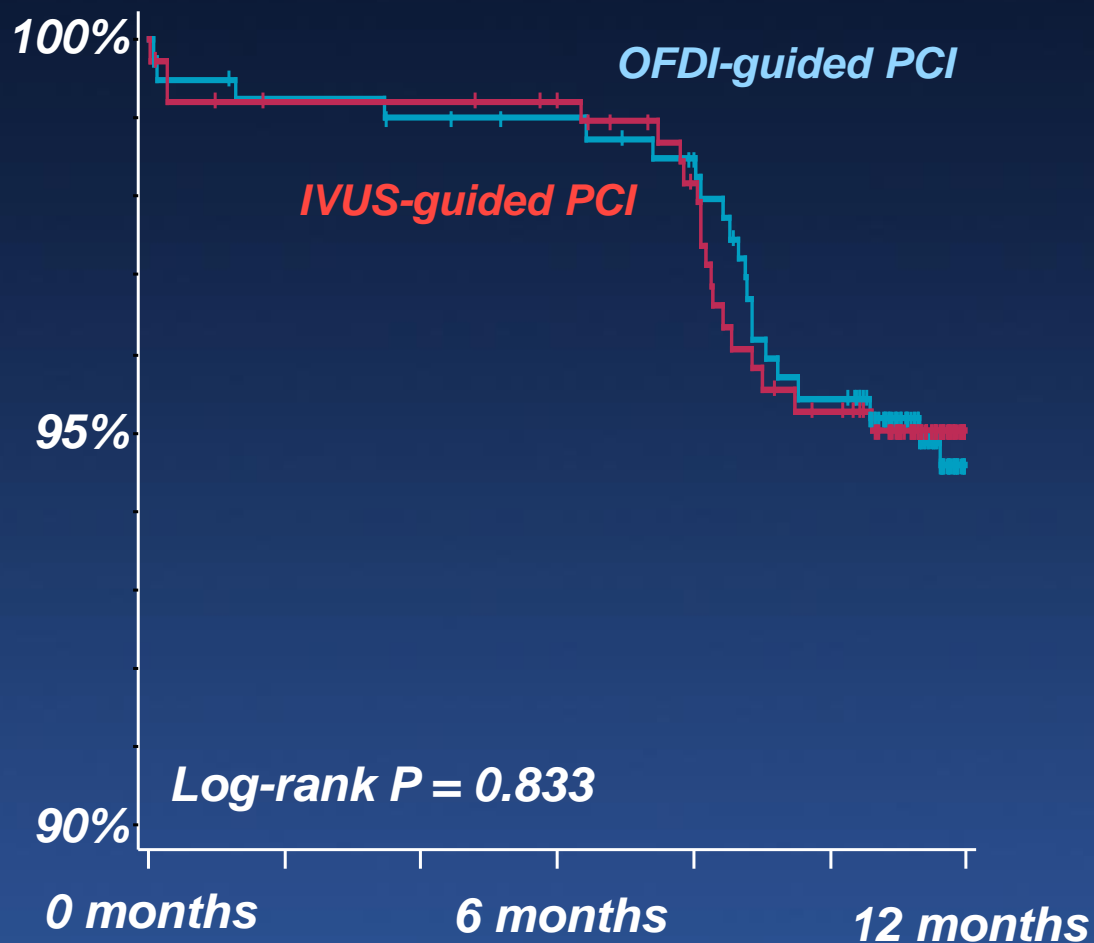
Is this lesion flow-limiting?
 What is the culprit?)
 What is the likelihood of embolization during stent implantation?
 Is this a vulnerable plaque/patient?
 How do I optimize acute stent results (size, length, expansion, geographic miss)?

IVUS/OCT RCT

Why did this stent thrombose or restenose?

Summary
 Barriers

OPINION: Target vessel failure (cardiac death, target vessel related MI, clinically driven TVR)-free survival



Meta-Analysis of 10 LMCA DES studies

Is this lesion flow-limiting?

What is the culprit(?)

What is the likelihood of embolization during stent implantation?

Is this a vulnerable plaque/patient?

How do I optimize acute stent results (size, length, expansion, geographic miss)?

IVUS LMCA stenting

Why did this stent thrombose or restenose?

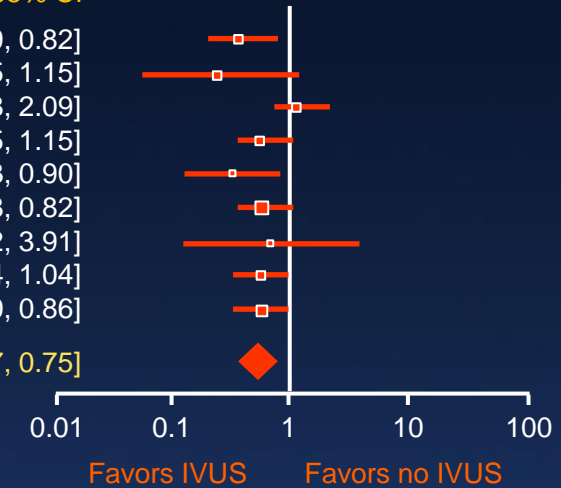
Summary

Barriers

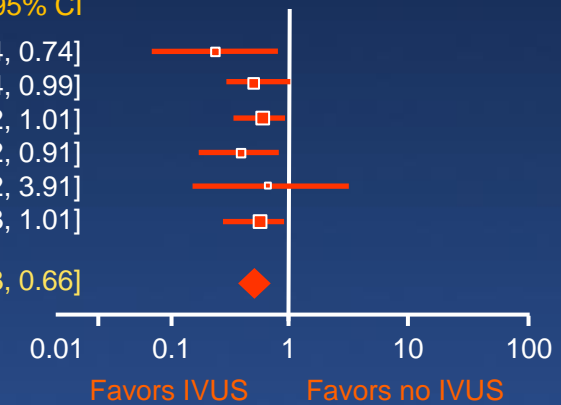
All cause mortality

Cardiac mortality

Study or Subgroup	IVUS guided		Angiography guided		Risk Ratio
	Events	Total	Events	Total	Random 95% CI
Park et al. 2009	9	145	23	145	0.39 [0.19, 0.82]
Kinoshita et al. 2010	2	228	8	226	0.25 [0.05, 1.15]
Jama et al. 2011	18	111	25	184	1.19 [0.68, 2.09]
Narbute et al. 2012	13	294	47	671	0.63 [0.35, 1.15]
Park et al. 2012	5	90	15	92	0.34 [0.13, 0.90]
De La Torre Hernandez et al. 2014	37	505	66	505	0.56 [0.38, 0.82]
Tan et al. 2015	2	61	3	62	0.68 [0.12, 3.91]
Tang et al. 2016	16	713	45	1186	0.59 [0.34, 1.04]
Andell et al. 2017	37	340	63	340	0.59 [0.40, 0.86]
Total (95% CI)	139	2487	295	3411	0.60 [0.47, 0.75]



Study or Subgroup	IVUS guided		Angiography guided		Risk Ratio
	Events	Total	Events	Total	Random 95% CI
Park et al. 2009	2	90	12	92	0.17 [0.04, 0.74]
Narbute et al. 2012	9	294	42	671	0.49 [0.24, 0.99]
De La Torre Hernandez et al. 2014	17	505	30	505	0.57 [0.32, 1.01]
Gao et al. 2014	5	291	15	291	0.33 [0.12, 0.91]
Tan et al. 2015	2	61	3	62	0.68 [0.12, 3.91]
Tang et al. 2016	9	713	31	1186	0.48 [0.23, 1.01]
Total (95% CI)	44	1954	133	2807	0.47 [0.33, 0.66]



2° Outcome	# Studies	IVUS	Angio	RR	95% CI	P-value
MI	7	114/1916	181/2465	0.80	0.61– 1.06	0.12
TVR	6	147/1972	191/2445	0.89	0.66– 1.20	0.44
TLR	3	18/442	43/445	0.43	0.25– 0.73	0.002
ST	4	7/1197	37/1198	0.28	0.12– 0.67	0.004

Is this lesion flow-limiting?

What is the culprit?)

What is the likelihood of embolization during stent implantation?

Is this a vulnerable plaque/patient?

How do I optimize acute stent results (size, length, expansion, geographic miss)?

IVUS/CTO-PCI

Why did this stent thrombose or restenose?

Summary

Barriers

JACC: CARDIOVASCULAR INTERVENTIONS
© 2016 BY THE AMERICAN COLLEGE OF CARDIOLOGY FOUNDATION
PUBLISHED BY ELSEVIER

VOL. 9, NO. 19, 2016
ISSN 1936-8798/536.00
<http://dx.doi.org/10.1016/j.jcin.2016.06.057>

STATE-OF-THE-ART REVIEW

Utility of Intravascular Ultrasound in Percutaneous Revascularization of Chronic Total Occlusions

An Overview

Alfredo R. Galassi, MD,^{1,b} Satoru Sumitsuji, MD,² Marouane Boukhris, MD,^{3,d} Emmanouil S. Brilakis, MD, PhD,⁴ Carlo Di Mario, MD,⁵ Roberto Garbo, MD,⁶ James C. Spratt, MD,⁷ Evald H. Christiansen, MD, PhD,¹ Andrea Gagnor, MD,¹ Alexandre Avran, MD,⁸ Georgios Sianos, MD, PhD,⁹ Gerald S. Werner, MD¹⁰

ABSTRACT

Intravascular ultrasound has been used for >20 years to guide percutaneous coronary intervention in different subsets of coronary lesions. During the last decade, the interest in percutaneous coronary intervention for chronic total occlusion (CTO) has increased dramatically, leading to high success rates. Failure of guidewire crossing is the most common reason for failed CTO attempts. Certain angiographic features, such as blunt proximal CTO cap, tortuosity, heavy calcification, and lack of visibility of path in the distal vessel, increase procedural difficulty. A better understanding of the behavior of the guidewire within the CTO segment may represent a key issue to achieve successful outcome. In this respect, intravascular ultrasound imaging might have potential roles in the recanalization of CTOs. In this paper, we focused on the usefulness and the applications of intravascular ultrasound imaging in percutaneous CTO recanalization, underlying its impact on clinical outcome. (J Am Coll Cardiol Intv 2016;9:1979-91) © 2016 by the American College of Cardiology Foundation.

During the last decade, the interest in chronic total occlusion (CTO) percutaneous coronary intervention (PCI) has increased dramatically, leading to important developments in dedicated equipment and techniques (1-3). Although high success rates (80% to 90%) have been reported by experienced operators (4-6), they remained lower than those achieved in conventional angioplasty. Failure of guidewire crossing is the commonest reason for failed CTO attempts. Certain angiographic features such as blunt proximal CTO cap, tortuosity, heavy calcification, and lack of visibility of path in the distal vessel increase procedural difficulty (7). Therefore, a better understanding of the behavior of the guidewire within the CTO segment might represent a key issue to achieve successful outcome.

From the ¹Department of Clinical and Experimental Medicine, University of Catania, Italy; ²University Heart Center, University Hospital Zurich Switzerland; ³Internal Division of Cardiology for Education and Research Osaka University, Osaka, Japan; ⁴Faculty of Medicine of Tunis, University of Tunis El Manar, Tunis, Tunisia; ⁵Veterans Administration North Texas Healthcare System and University of Texas Southwestern Medical School, Dallas, Texas; ⁶NIHR Cardiovascular BRU Royal Brompton Hospital & National Heart and Lung Institute, Imperial College London, London, United Kingdom; ⁷Policlinico San Giovanni Bosco, Turin, Italy; ⁸Department of Cardiology, Forth Valley Royal Hospital, Larbert, United Kingdom; ⁹Department of Cardiology, Aarhus University Hospital, Skejby, Aarhus, Denmark; ¹⁰Department of Cardiology, Infermi Hospital, Rivoli, Italy; ¹¹Clinique Générale de Marignane, Marseille, France; ¹²Department of Cardiology, American Hellenic Educational Progressive Association University Hospital, Thessaloniki, Greece; and the ¹³Medizinische Klinik I (Cardiology & Intensive Care), Klinikum Darmstadt GmbH, Darmstadt, Germany. Dr. Brilakis has reported consulting/speaker honoraria from Abbott Vascular, Asahi, Boston Scientific, Elsevier, Somahlution, St. Jude Medical, and Terumo; research support from Infracore; his spouse is an employee of Medtronic. Dr. Di Mario has received grants from Boston Scientific, Biosensors, Abbott Vascular, and Medtronic. Dr. Garbo has received consulting/proctor honoraria from Terumo, Abbott Vascular, Volcano, and Asahi. All other authors have reported that they have no relationships relevant to the contents of this paper to disclose.

Manuscript received March 28, 2016; revised manuscript received June 13, 2016; accepted June 30, 2016.

- CTO Morphology
- Utility during PCI
 - Identifying and crossing an ambiguous proximal cap
 - Connecting proximal and distal true lumens – ie., during reverse CART
 - Assuring that the distal stent will be implanted into the true lumen
 - Identification of complications
 - Stent optimization
- Follow-up
- Clinical Trials Results

Is this lesion flow-limiting?

What is the culprit(?)

What is the likelihood of embolization during stent implantation?

Is this a vulnerable plaque/patient?

How do I optimize acute stent results (size, length, expansion, geographic miss)?

IVUS/CTO-PCI

Why did this stent thrombose or restenose?

Summary

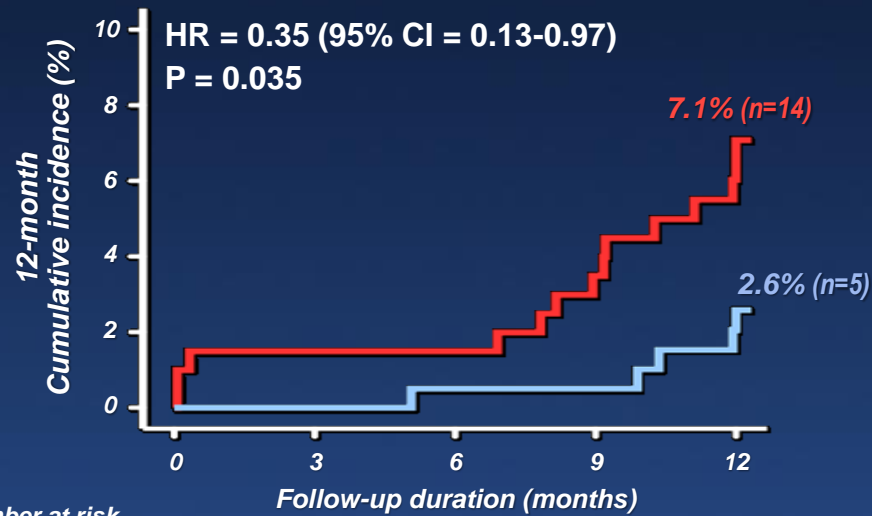
Barriers

Randomized IVUS vs Angio-Guided CTO intervention

Primary endpoint: cardiac death, MI, TVR

— Angiography-guided group
— IVUS-guided group

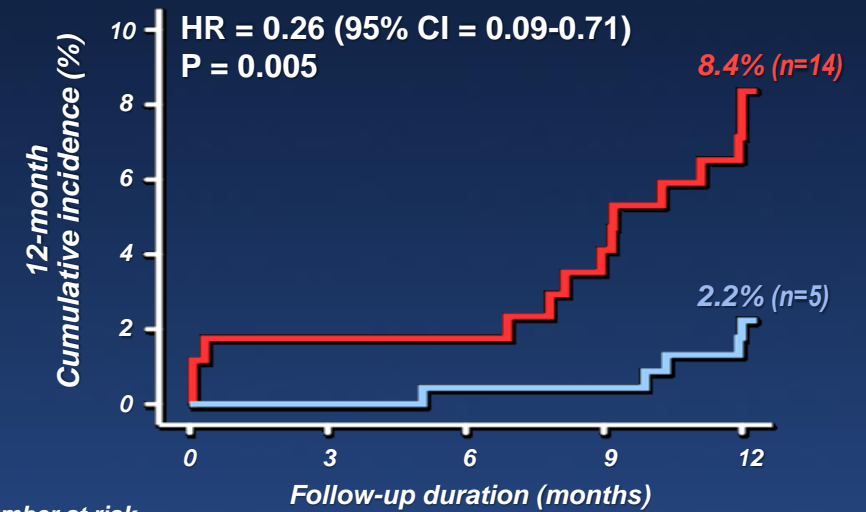
Intention to Treat



Number at risk					
	0	3	6	9	12
Angiography	201	198	198	179	179
IVUS	201	198	198	186	186

	IVUS	Angio	P-value
Cardiac death/MI	0%	2%	0.045
TVR	2.6%	5.2%	0.186

Per Protocol (30 pt x-over from angio to IVUS-guidance)



Number at risk					
	0	3	6	9	12
Angiography	171	167	167	151	151
IVUS	231	229	229	214	214

	IVUS	Angio	P-value
Cardiac death/MI	0%	2.3%	0.019
TVR	2.2%	6.1%	0.049

IVUS guided PCI strategies to minimize contrast volume

Is this lesion flow-limiting?

What is the culprit?)

What is the likelihood of embolization during stent implantation?

Is this a vulnerable plaque/patient?

How do I optimize acute stent results (size, length, expansion, geographic miss)?

Contrast-induced nephropathy

Why did this stent thrombose or restenose?

Summary

Barriers

- MOZART - Mariani et al. JACC Cardiovasc Interv 2014;7:1287-93
 - 83 pts randomized to IVUS vs angiographic guidance with a pre-specified PCI strategy designed to reduce contrast usage in both groups
 - **Reduction in contrast use (primary endpoint) from 64.5ml (IQR 42.8-97ml, range 19-170ml) to 20.0ml (IQR 12.5-30.0ml, range 3-54ml): p<0.0001**
 - No difference in 4-month outcomes although there was a trend toward a less common increase in serum Cr >0.5mg/dl (7.3% vs 19.0%, p=0.2)
- Ali et al. Eur Heart J. 2016;37:3090-3095
 - 31 pts with median creatinine of 4.2mg/dL (IQR 3.1-4.8)
 - Successful **zero contrast PCI** was performed at least 1 week after diagnostic angiography using real-time IVUS guidance and pre- and post-PCI FFR and CRF to confirm physiologic improvement
 - No MACE and preservation of renal function in all pts at a median follow-up of 79 days (IQR 33-107).

Causes of metallic stent failure

Is this lesion flow-limiting?

What is the culprit?)

What is the likelihood of embolization during stent implantation?

Is this a vulnerable plaque/patient?

How do I optimize acute stent results (size, length, expansion, geographic miss)?

Why did this stent thrombose or restenose?

Summary

Barriers

	Bare Metal Stents				Drug-eluting Stents				
	Stent Thrombosis		Restenosis		Stent Thrombosis			Restenosis	
	<30d	>1y	<5y	>5y	<30d	30d - 1y	>1y	<18m	>18m
Intimal hyperplasia		IVUS OCT	IVUS OCT	IVUS OCT			IVUS OCT	IVUS OCT	IVUS OCT
Procedure-related complications including underexpansion	IVUS OCT		IVUS OCT		IVUS OCT			IVUS OCT	
Late malapposition or aneurysm							IVUS OCT		
Vessel wall inflammation									
Stent fracture	IVUS OCT	IVUS OCT			IVUS OCT		IVUS OCT		IVUS OCT
Delayed healing									
Uncovered stent struts/fibrin deposition						OCT	OCT		
Neoatherosclerosis		OCT NIRS		OCT NIRS			OCT NIRS		OCT NIRS

Is this lesion flow-limiting?

What is the culprit?)

What is the likelihood of embolization during stent implantation?

Is this a vulnerable plaque/patient?

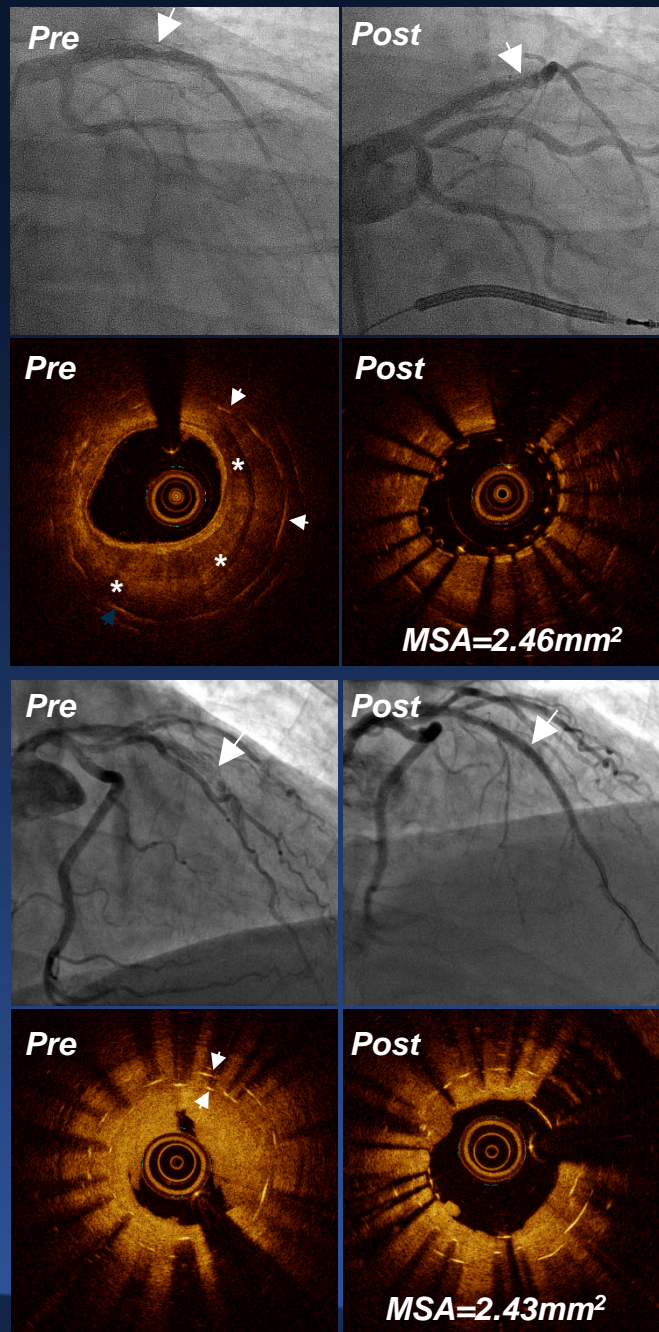
How do I optimize acute stent results (size, length, expansion, geographic miss)?

Why did this stent thrombose or restenose?

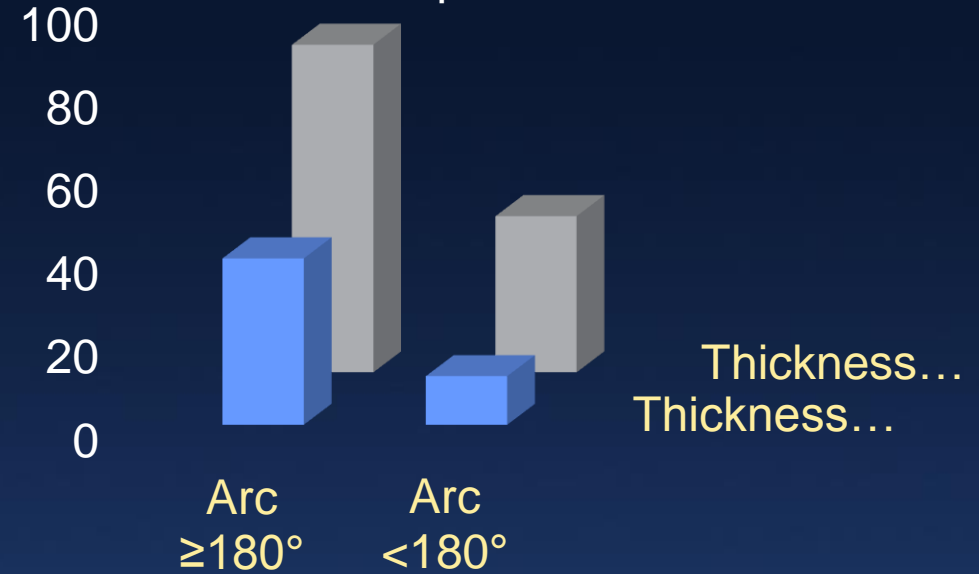
DES restenosis and restenting

Summary

Barriers



Frequency of MSA $<4.5\text{mm}^2$ and stent expansion $<70\%$



Old stent under-expansion (OR; 7.67, 95%CI: 2.19-26.9; $p=0.001$), calcium* angle (per 90°) (OR: 2.0, 95%CI: 1.37-2.90; $p<0.001$), and multiple layers of old stent (OR: 7.32, 95%CI: 2.43-22.0; $p<0.001$) were independently associated with new stent under-expansion (MSA $<4.5\text{mm}^2$ and MSA/mean reference lumen $<70\%$).

PRESTIGE Registry: Dominant OCT causes of stent thrombosis (n=231)

Is this lesion flow-limiting?

What is the culprit?

What is the likelihood of embolization during stent implantation?

Is this a vulnerable plaque/patient?

How do I optimize acute stent results (size, length, expansion, geographic miss)?

Why did this stent thrombose or restenose?

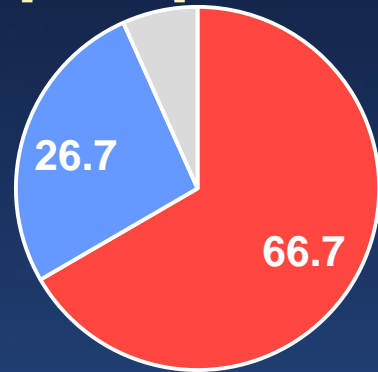
DES - very late stent thrombosis

Summary

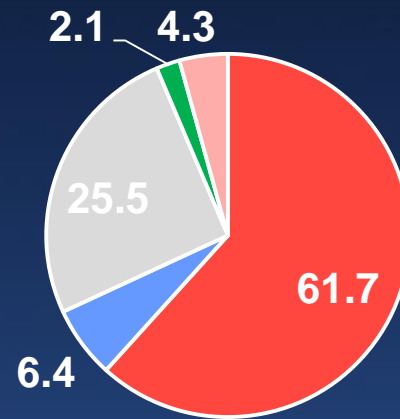
Barriers

Acute (n=15)

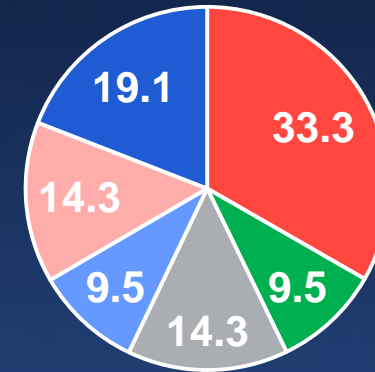
[VALUE]



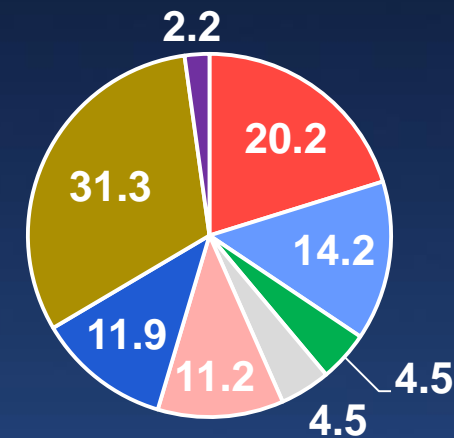
Subacute (n=47)



Late (n=21)



Very late (n=134)



- Uncovered struts
- Underexpansion
- Restenosis
- Neoatherosclerosis

- Malapposed struts
- Edge pathology
- Extrastent cavity
- No dominant cause

Is this lesion flow-limiting?

What is the culprit?)

What is the likelihood of embolization during stent implantation?

Is this a vulnerable plaque/patient?

How do I optimize acute stent results (size, length, expansion, geographic miss)?

Why did this stent thrombose or restenose?

Summary

Barriers

Clinical problem	FFR	iFR	IVUS	VH-IVUS	OCT	NIRS
Assessing lesion severity						
Non-LMCA	++	++				
LMCA	++		++			
Identifying the culprit lesion			+		++	+
Identifying vulnerable plaque				+	+	+
Predicting distal embolization			+	+	+	+
Guiding CTO intervention			++			
Optimizing DES implantation			++		++	
Jailed sidebranch	+					
Minimizing contrast			++			
Assessing stent failure			+		++	