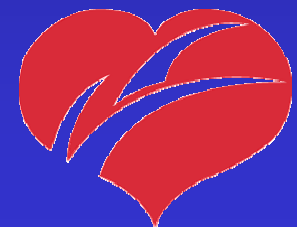


**Renal Stent Trials:
ASPIRE II, RESIST &
CORAL Trials**

**Krishna Rocha-Singh, M.D.,
F.A.C.C., F.S.C.A.I.
Director, Vascular Medicine Program
Prairie Heart Institute
Springfield, IL**

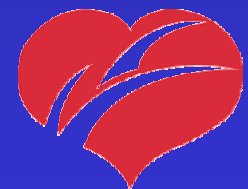


The Challenges of Renal Stenting:

- No U.S. FDA approved clinical indication
- Angiographic indication only:
Failed/suboptimal PTA

This fact reflects:

- Diverse population w/ variety of indications (HTN, renal insufficiency, cardiac disturbances)
- Difficult 'hard' surrogate end-points



**Improved
Morbidity/Mortality**

```
graph BT; A[Renal function preservation] --> B(Improved Morbidity/Mortality); C[CHF/Angina Control] --> B; D[Improved BP control] --> B;
```

**Renal function
preservation**

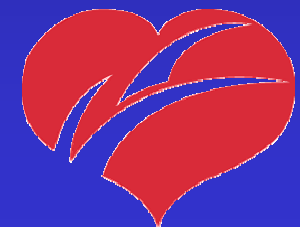
**CHF/Angina
Control**

**Improved
BP control**

Surrogate End-points

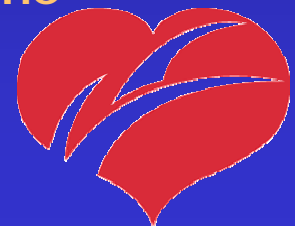
U.S. Renal PMA Stent Trials

- *Palmaz, (Cordis J&J): ASPIRE I Pilot Trial (Completed)*
- *Palmaz, (Cordis J&J): ASPIRE II (Completed, in press)*
- *Genesis, (Cordis J&J) : GREAT Trial (completed) and RESIST Trial (in progress)*
- *Herculink, (Guidant): HERMES Trial (Completed, not published)*
- *Herculink Plus, (Guidant): -----*
- *AVE Bridge Stent (Medtronic): SOAR Trial (completed, not published)*
- *IntraStent, (eV3) : -----*
- *Abbott: -----*
- *Express stent, (Boston Scientific): Renaissance Trial (Enrollment complete, results pending)*



ASPIRE 2 Study Design

- Design: Prospective, non-randomized study of 208 patients at 23 US sites
- Primary endpoint: 9 mo. restenosis of the PALMAZ stent after failed PTR
- Secondary endpoints:
 - MACE
 - Device or procedure related death
 - Procedure related Q-wave MI
 - Target lesion revascularization
 - Embolic events (defined as causing end-organ damage or loss of renal function)
 - Effect on control of blood pressure
 - Effect on renal function
 - As defined by a rise in serum creatinine

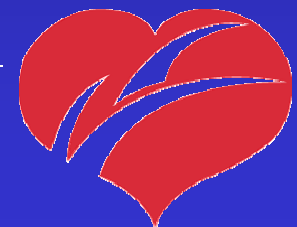


ASPIRE 2 Results

Lesion Success (% DS < 50%)	99.6% (251/252)
Acute Procedure Success (%DS <30% & gradient <5mmHg)	80.2% (182/227)
Primary Patency (QA/duplex ultrasound @ 9 mo.)	81.0% (149/184)
9-Month Restenosis Rate (by duplex ultrasound & angiography)	17.4% (32/184)
Target Lesion Free at 270 days (K-M Estimate, Lesion Based)	96.7%
Target Lesion Free at 720 days (K-M Estimate, Lesion Based)	85.9%

← 9 mo.

← 9 mo.

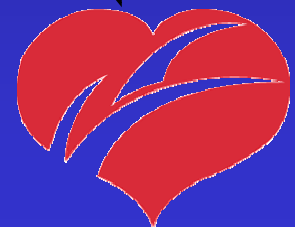


Effect on Hypertension: Systolic Blood Pressure

Visit	N	Mean \pm SD	P Value
Baseline	208	167.6 \pm 25.2	
Discharge	202	147.6 \pm 22.3	< 0.001
1 month	196	151.5 \pm 24.4	< 0.001
6 month	182	149.2 \pm 22.9	< 0.001
9 month	178	149.5 \pm 23.8	< 0.001
24 month	158	149.3 \pm 25.3	< 0.001

← N.B.

← N.B.

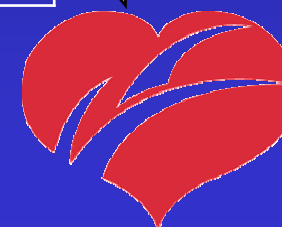


Effect on Hypertension: Diastolic Blood Pressure

Visit	N	Mean \pm SD	<i>p</i> -value
Baseline	208	81.53 \pm 13.1	
Discharge	202	70.88 \pm 12.1	< 0.001
1 month	196	75.25 \pm 11.4	< 0.001
6 month	182	76.85 \pm 11.0	< 0.001
9 month	178	77.34 \pm 12.1	< 0.001
24 month	158	76.87 \pm 11.9	< 0.001

← N.B.

← N.B.



Effect on Renal Function

Serum Creatinine

Patients with Abnormal Renal Function Only
(Baseline creatinine > 1.5 mg/dl)

Visit	N	Mean±SD	P-value
Baseline	74	1.94±0.39	
1 month	64	1.89±0.72	0.64
6 month	60	1.98±0.66	0.49
9 month	63	1.87±0.58	0.53
24 month	53	1.93±0.71	0.69

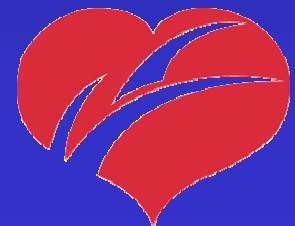
Rocha-Singh, et al. JACC '05, in press

ASPIRE II Conclusions

- **17% restenosis rate is comparable to rates in literature**
 - Extremely favorable compared to PTRA alone
 - Comparable to surgical revascularization
- **Blood Pressure response showed significant reductions in blood pressure at 9 and 24 months**
 - **Systolic:**
 - 18.1 point improvement at 9 mo. (10.8% decrease)
 - 18.3 point improvement at 24 mo. (10.9% decrease)
 - **Diastolic:**
 - 4.2 point improvement at 9 mo. (5.1% decrease)
 - 4.7 point improvement at 24 mo. (5.7% decrease)

ASPIRE II Conclusions (cont'd)

- No significant changes in serum creatinine levels at 9-month follow-up
 - No change in subset who were abnormal at baseline
 - No significant change when all patients are considered
- BP/Antihypertensive medication response showed 45% of patients were *cured* or *improved* at both 9- and 24-month marks
 - 55% of patients experienced no BP improvement



Outcomes Of Renal Revascularization In Chronic Azotemic Renovascular Disease

Improved GFR

25 - 30%

- **Restoration of Blood Flow**
- **Reversible Parenchymal Injury**

Stable GFR

45 - 50%

- **No Further Loss of Blood Flow**
- **Stable Tissue Fibrosis**

Deterioration of GFR

20 - 25%

- **Progressive Parenchymal Injury**
- **Concurrent Diseases**
- **Atheroemboli**
- **Reperfusion Injury**

Renal Stent Related Complications: ASPIRE II

Major Adverse Events – 9 mos.	10.6%
Stent Thrombosis	1.8%
Significant Embolic Event	5.3%
Target Lesion Revascularization	4.8%
Access Site Complication	4.8%
Worsening Renal Function	3.8%
Complication Requiring Surgery	2.1%
Complication Requiring Nephrectomy	0.0%
30-day Mortality	0.5%

Rosenfield '00



Atheroembolization

- ❖ Material impacts in small arteries, arterioles and glomeruli
 - ↓
 - ❖ Intimal thickening and formation of giant cells
 - ↓
 - ❖ Distal micro-infarcts and ischemic atrophy
- *Becomes clinically evident 1 day to 2 months after the procedure*

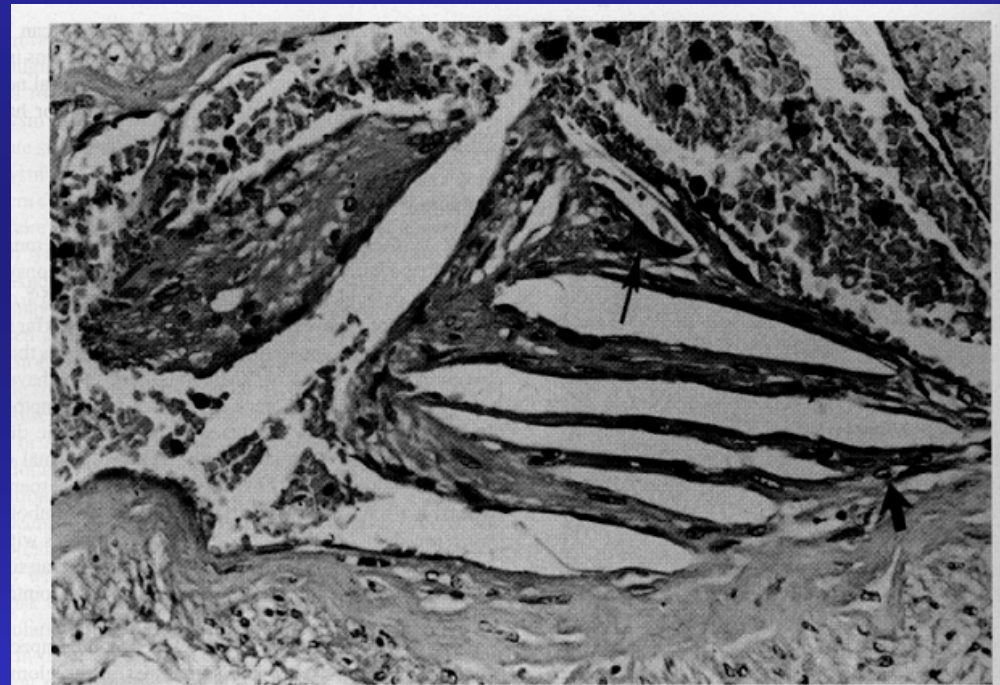
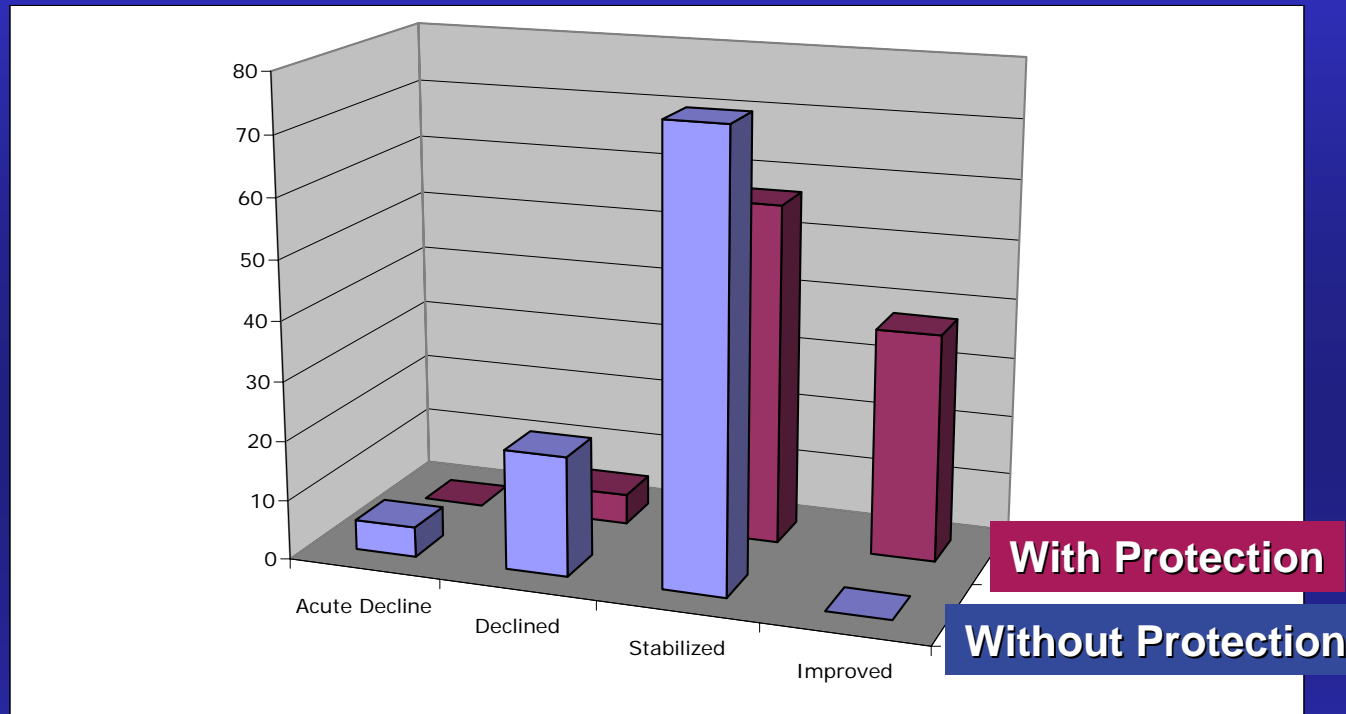


FIG. 70-11. Light microscopy illustrates the needle-shaped clefts of atheroemboli in a renal arteriole. Foreign-body giant cells (arrows) surround the cholesterol clefts.

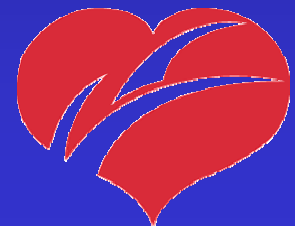
From Schrier, 7th ed.

Atheroembolic Protection: Holden et. al.

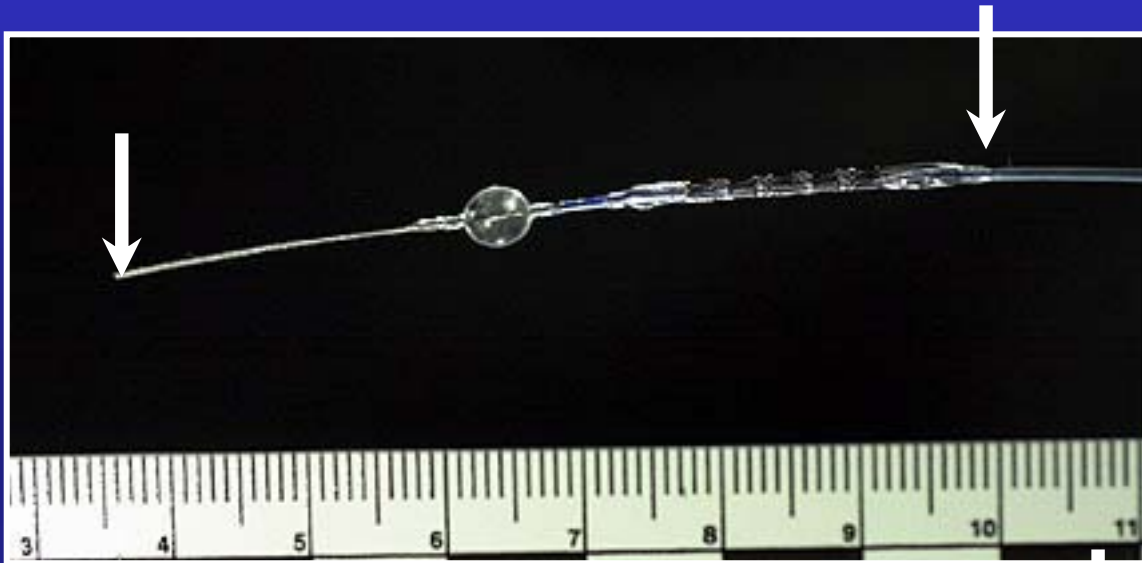


- Retrospective review of patients prior to and with embolic protection
 - 20 before, and 37 after
- Mean follow up 1 year

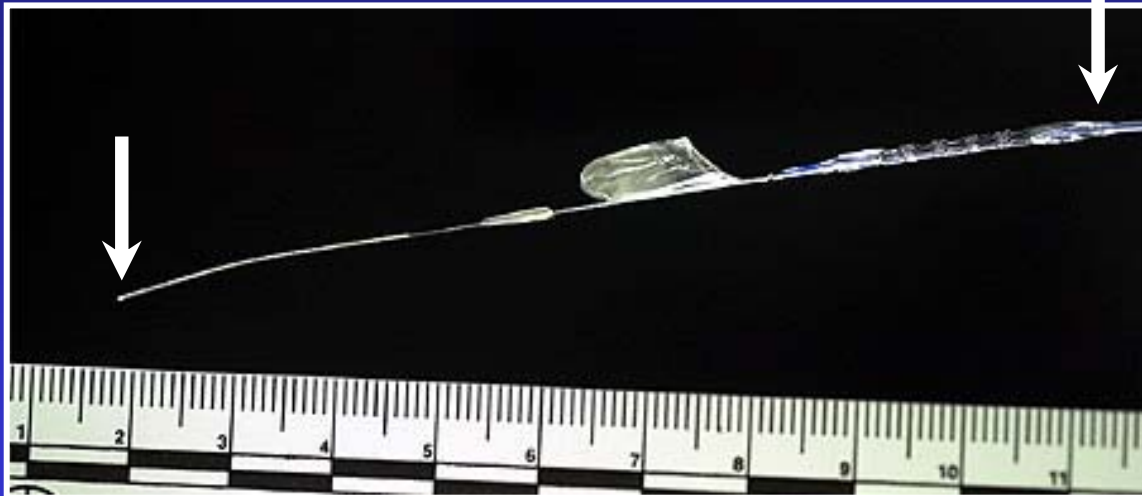
JVS 2003; 38:962-968.



Commercially Available DP Technology



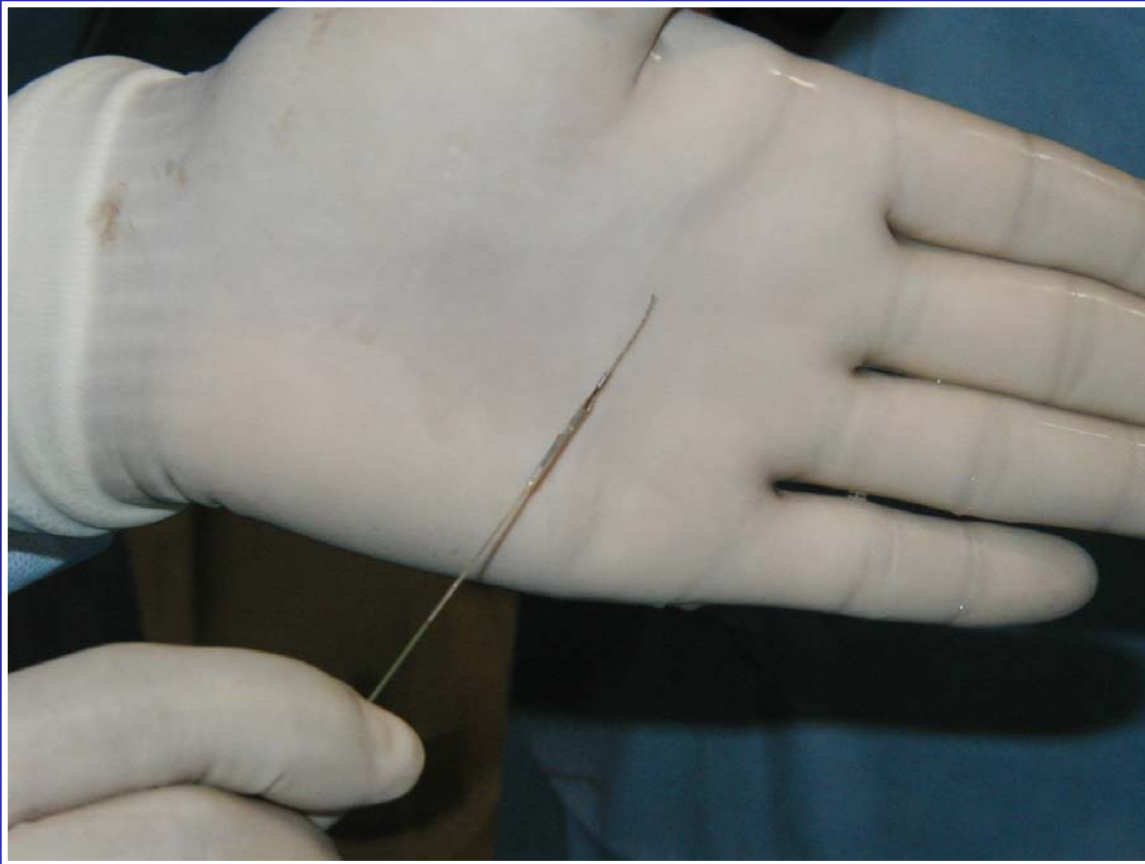
PercuSurge™



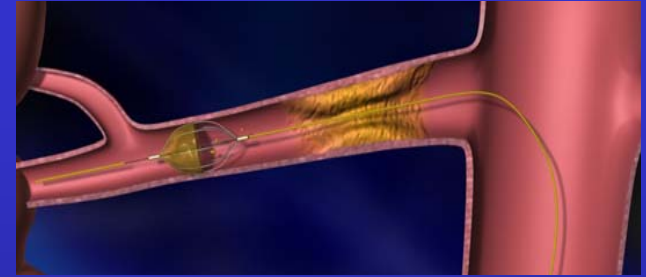
FilterWire EX™



AngioGuard™ Short-tip

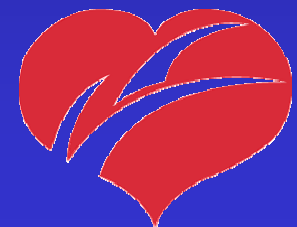


RESIST Trial



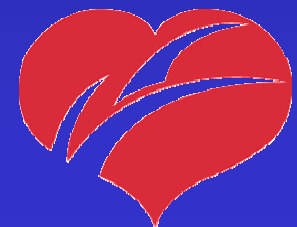
A Prospective Randomized Multicenter Study Comparing the Safety & Efficacy of Renal Artery Stenting with & without the use of a Distal Protection Device (Angioguard) and with & without the use of Reopro.

- Multi-center, prospective, randomized, feasibility Trial
- 100 patients stented with PALMAZ® GENESIS® Stent
- 50 patients randomized to stent + ANGIOGUARD™ and 50 patients to stent alone
- 50 patients randomized to receive Reopro
- Patient follow-up at 1 and 6 months
- Enrollment at 66 patients to date



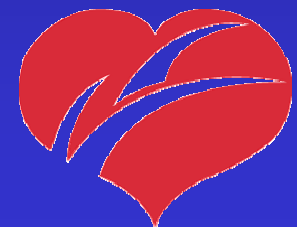
Primary Aims of the RESIST Study:

1. Determine whether embolic protection with the **Angioguard XP Short Tip** device during stent implant results in:
 - a. Retrieval of atheroembolic material...amount
 - b. Improved renal function at 1 month post-procedure
 - c. Evidence of decreased injury in the kidney(s)
 - d. Is it safe?



Primary Aims of RESIST Study

2. Determine whether the inhibition with **ReoPro** results in:
 - a. Improved renal function 1 month post-procedure.
 - b. Decreases evidence of injury in the kidney(s)
 - c. Is it safe?



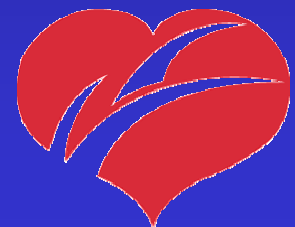
RESIST Follow-up:

1 month visit:

- a. Blood pressure assessment
- b. Creatinine assessment with BMP
- c. Renal function assessment with DTPA scan to assess GFR and Iohexal clearance
- d. Hypertensive medication assessment

6 month visit:

- a. Blood pressure assessment
- b. Creatinine assessment with BMP
- c. Hypertensive medication assessment



Strategies to Avoid Distal Embolization

- Patient selection: 'High risk' cohort

Elderly

Renal dysfunction, bilateral disease

Diseased aorta

} **Appropriate
Anatomy**

- **Active Protection: Technical Points**

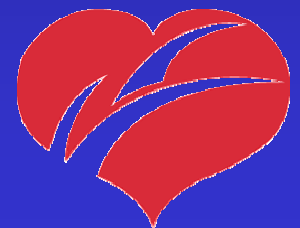
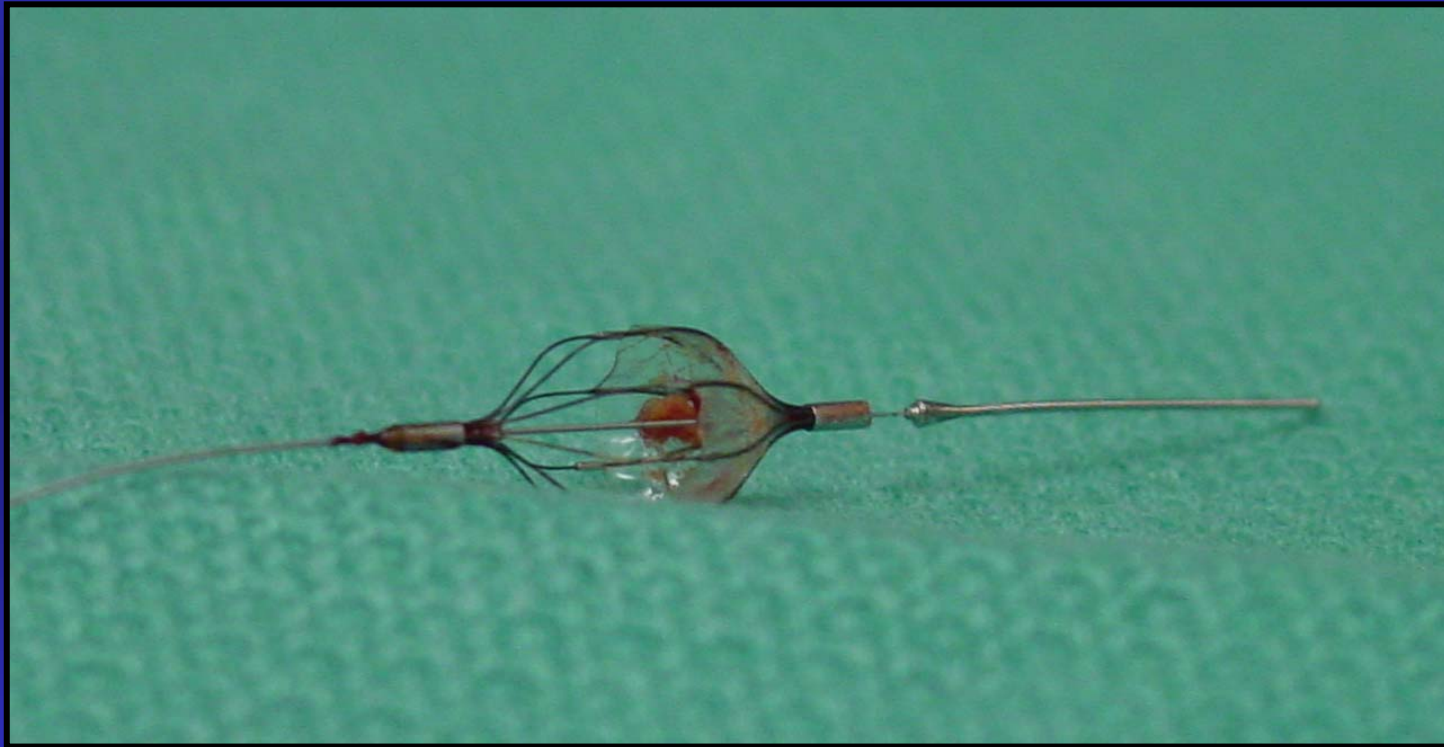
Atraumatic catheter intubation: Use 'No touch'

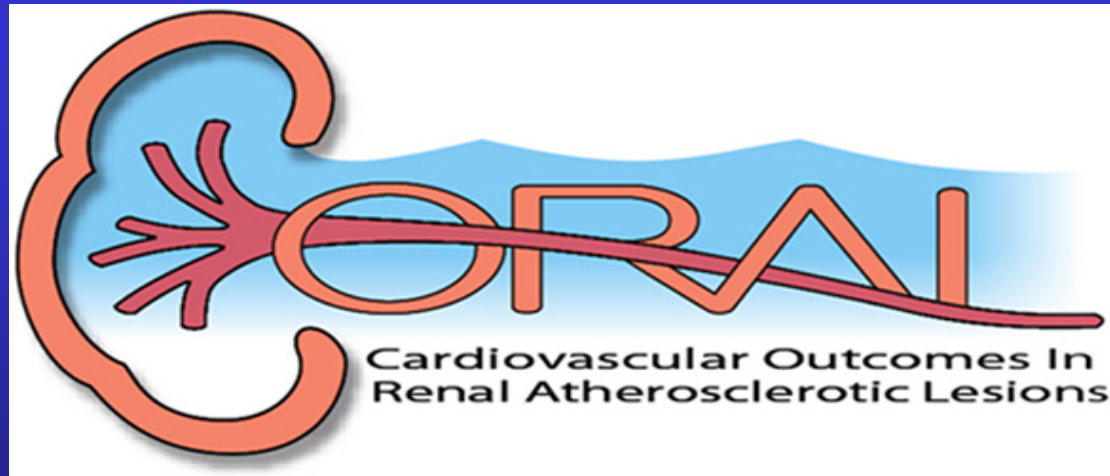
Choice of the device:

- Small french diagnostic and guiding catheters
- 0.014" guide wires, balloons, short stents...
- Coronary devices & techniques

➔ **Passive Protection: DP Devices**

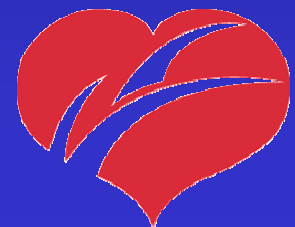
AngioGuard-XP Wire





CORAL is designed to test a singular hypothesis:

Does 'best medical therapy' combined with stenting of hemodynamically-significant renal artery stenoses in patients with systolic hypertension reduce the incidence of adverse cardiovascular and renal events compared with 'best medical therapy' alone.





**Prospective, multicenter, two armed,
randomized, un-blinded trial**

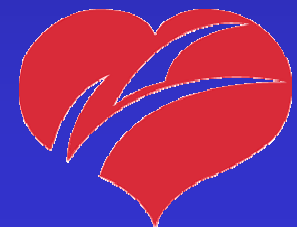
Interventions:

1. *Optimal Medical Therapy*

- All receive Candesartan, Angiotensin Receptor Blocker
- LDL, BP and HbA1c to guideline

2. *OMT plus Stent Revascularization*

- AngioGuard embolic protection
- Genesis balloon expandable stent



Randomization and Follow-up

RANDOMIZATION OF ALL ANGIOGRAPHICALLY ELIGIBLE PATIENTS

- Performed in angiography lab immediately after diagnostic angiogram confirms eligibility

1080 Patients

Medical Therapy
540 Patients

Stent + Medical Therapy
540 Patients

Follow-up

1st Year of Follow-up

- q 2 Weeks up to 2 Months for BP Control
- q 3 Months Physician Office Visits
- Monthly Coordinator Phone Contact

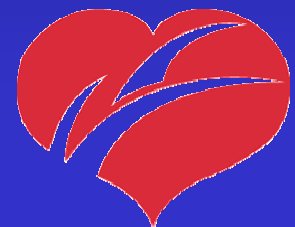
2nd Year through End of Study Follow-up

- Semi-annual + Annual Physician Office Visits
- Quarterly Research Coordinator Visits
- Monthly Coordinator Phone Contacts

Primary Outcome:

- **Survival free from a composite of clinically important Cardiovascular and Renal Adverse Events: Hard End-points**
 - Cardiovascular or Renal Death
 - Stroke
 - Myocardial Infarction
 - Hospitalization from CHF
 - Progressive Renal Insufficiency
 - *Doubling of Cr from baseline, persisting on 2 core lab draws separated by 60 days*
 - Renal Replacement Therapy (HD)

Adjudicated by an independent CEC



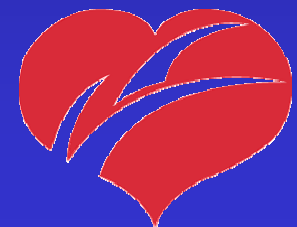
OMT vs OMT plus Protected Stenting

Why is Optimal Medical Therapy critical?

- If stenting wins, it wins against the best.
- If blood pressure or renal function benefits emerge, it isn't because of poor medical therapy!
 - OMT needs to be balanced for effect of stenting to be evaluable.
- Every patient in this trial will be treated well.

Why is "State-of-the-art" intervention critical?

- Comparison should be best vs best
- Interventional committee will continue to review "best" interventional care
- Results should be relevant in 2010 and beyond



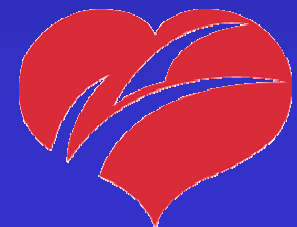
Optimal Medical Therapy

Required Therapies

- BP to target
 - ARB (Candesartan) based
 - <140/90
 - <130/80 with DM
- LDL to goal
 - Currently <100 mg/dl
- Diabetes Management
 - HbA1c to target, <7
- Smoking Cessation

Monitoring

- Compliance
 - Candesartan
- BP Quarterly
- LDL annually
- HbA1c annually
- Document smoking status and education



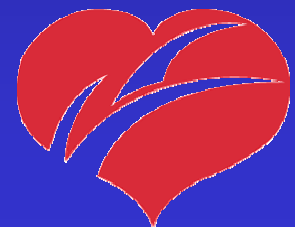
Secondary Endpoints

- **All Cause Mortality**
- **Subgroup Interactions:**
 - **Men vs Women**
 - **African American vs non-African American**
 - **Diabetes vs non-Diabetes Mellitus**
 - **Global vs Partial Renal Ischemia**
- **Longitudinal Kidney Function (1/Cr)**
- **Systolic Blood Pressure**
- **Durability of Renal Artery Patency**
- **Renal Resistive Index: Preservation of Microvascular Renal Function**
- **Correlation between Stenosis Severity and Kidney Function (1/Cr)**
- **Quality of Life**
- **Cost Effectiveness**

CORAL Population

Points of Emphasis:

1. Enrollment decision based on *clinical*, not anatomic criteria.
2. If patients with severe stenoses or global ischemia are excluded, no inference can be made.
3. As a federally funded project, inclusion of women and minorities is critical for generalizability



So, in the next 5 years:

- Clinical indications for medical v. percutaneous intervention will be better defined
- Angiographic v. Duplex doppler restenosis rates will be known
- Impact of medical therapy v. renal intervention on 'hard end-points' (death, MI/CVA, BP control & ESRD) will be determined

