

*Coronary Physiology and Imaging Summit  
February 10th, 2007, Seoul, Korea*



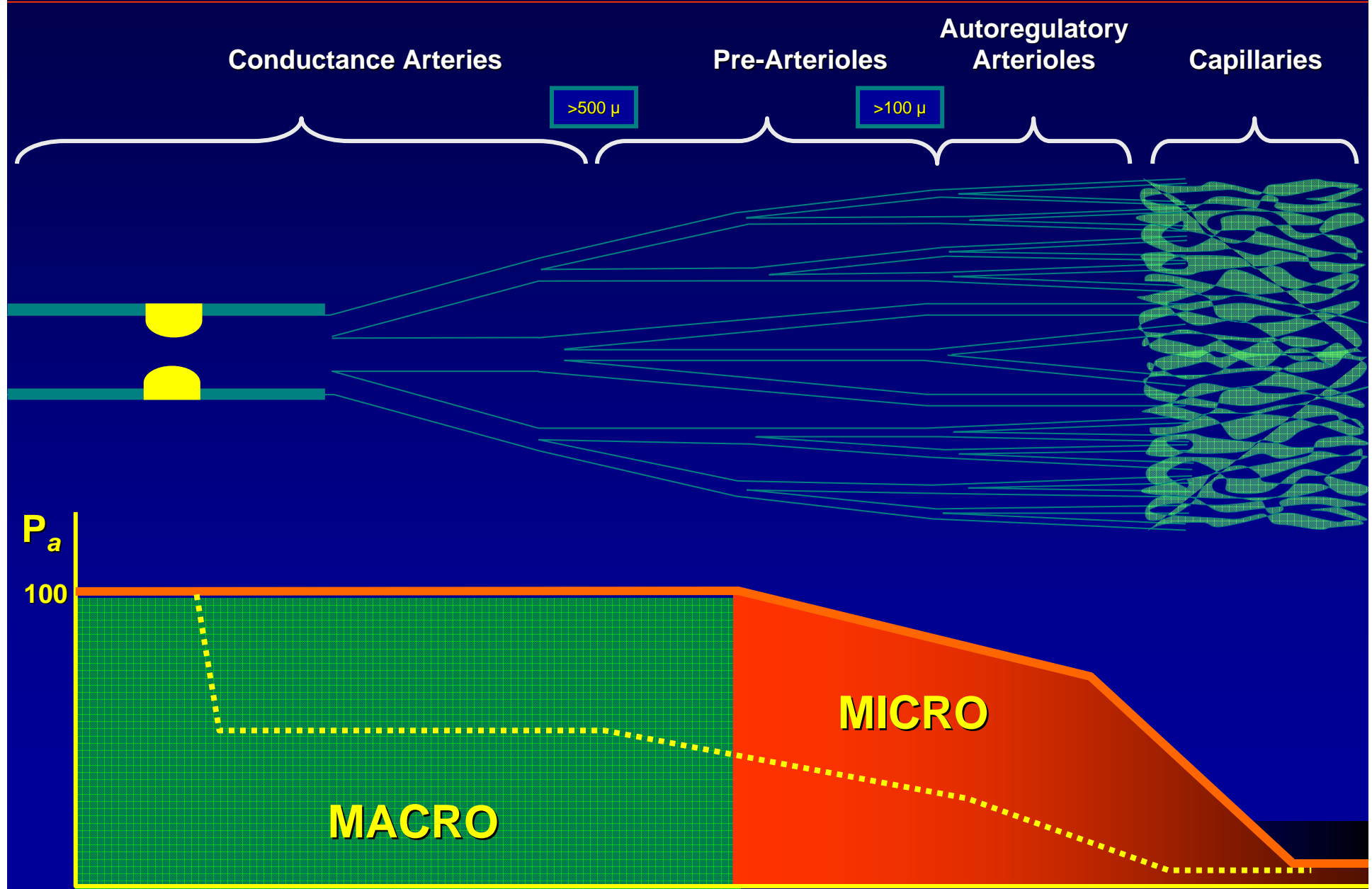
# **The Coronary Microcirculation: Clinical Importance and Diagnostic Methods**

William F. Fearon, M.D.  
Assistant Professor  
Division of Cardiovascular Medicine  
Stanford University Medical Center  
Stanford, California

# Conflict of Interest

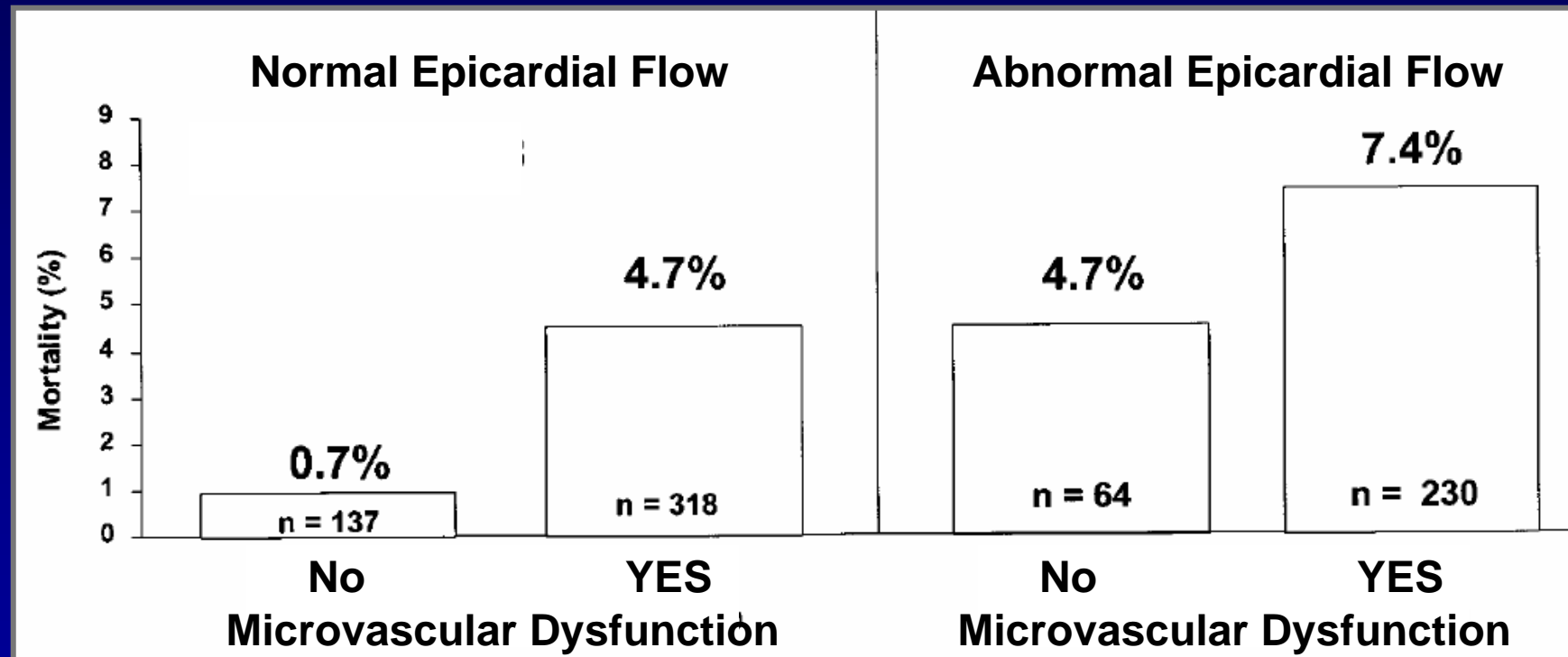
- No conflict of interest relevant to this talk

# Coronary Atherosclerosis and Resistance to Myocardial Flow



# Importance of the Microcirculation

30 Day Mortality in 762 AMI Patients



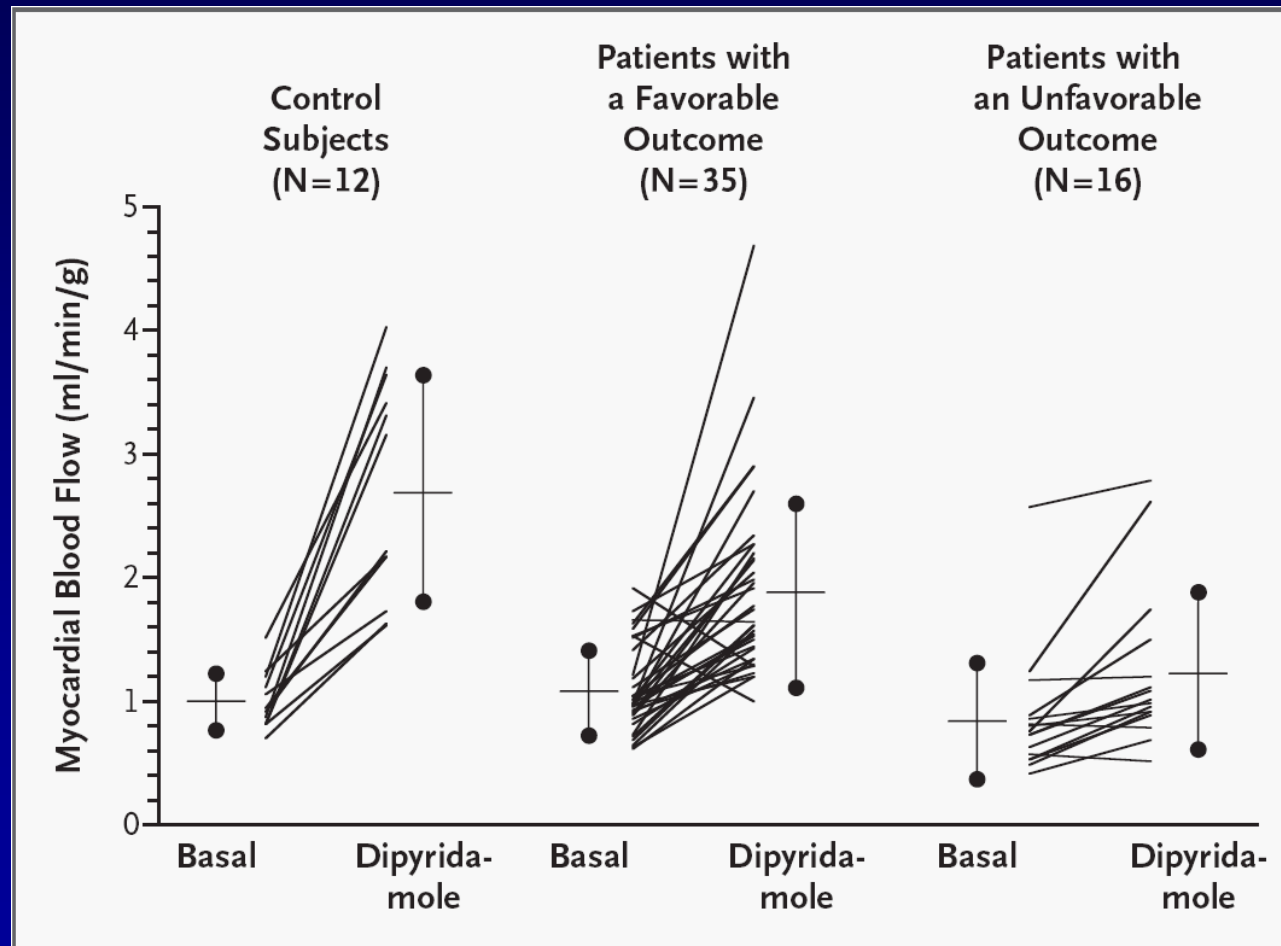
# Importance of the Microcirculation

*Predictors of Adverse Events in 169 Anterior AMI Patients*

Variables	Odds Ratio	95% CI	$\chi^2$	<i>P</i>
Congestive heart failure				
Microvascular injury	10.98	4.43 to 27.20	26.78	<0.001
Multivessel disease	3.76	1.44 to 9.82	7.28	0.007
Cardiac rupture				
Microvascular injury	...	...	21.05	<0.001
Cardiac death				
Microvascular injury	...	...	12.81	<0.001
Multivessel disease	13.51	1.21 to 151.4	5.70	0.017
Age $\geq 70$ y	11.36	1.00 to 128.5	4.84	0.028

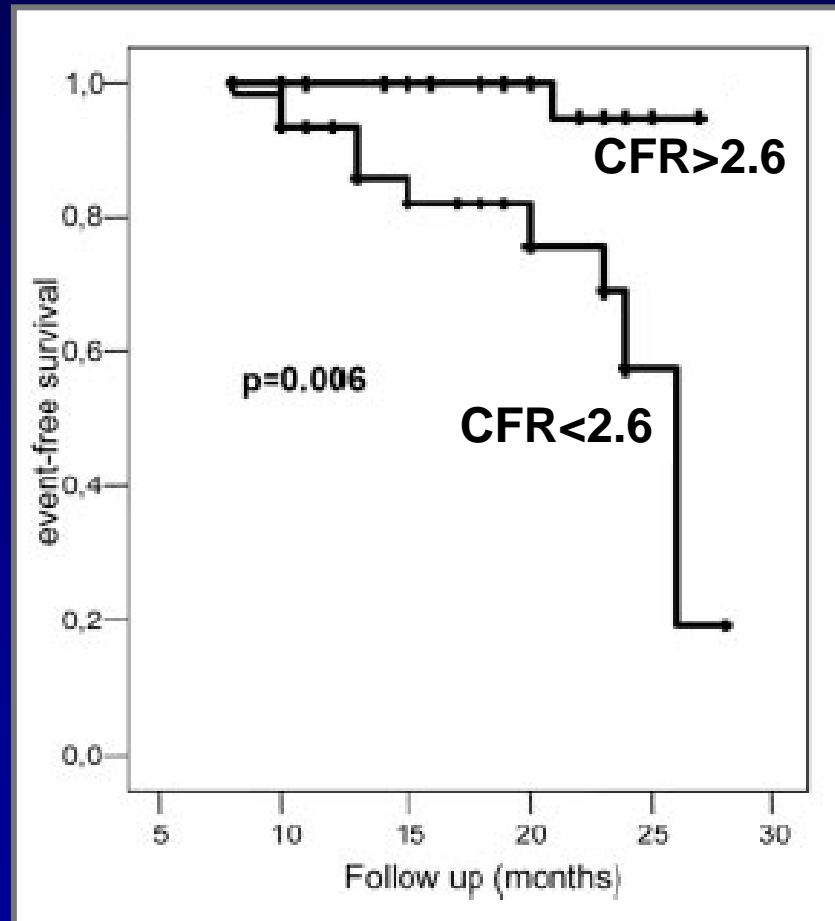
# Importance of the Microcirculation

*PET-Derived CFR in 51 Patients with Hypertrophic Cardiomyopathy*

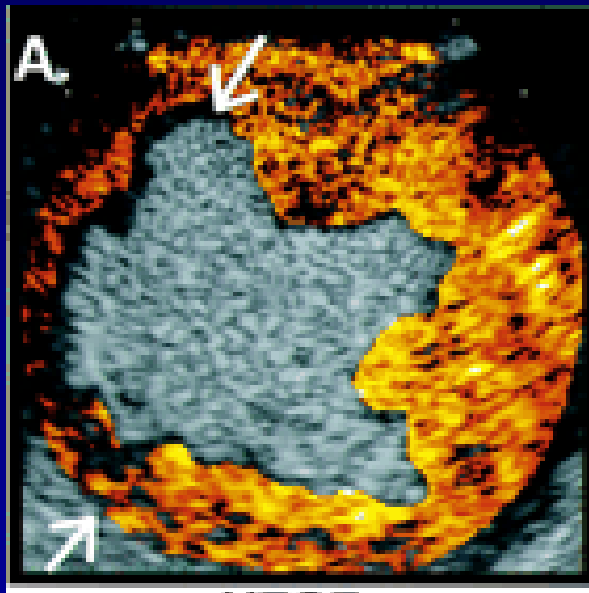


# Importance of the Microcirculation

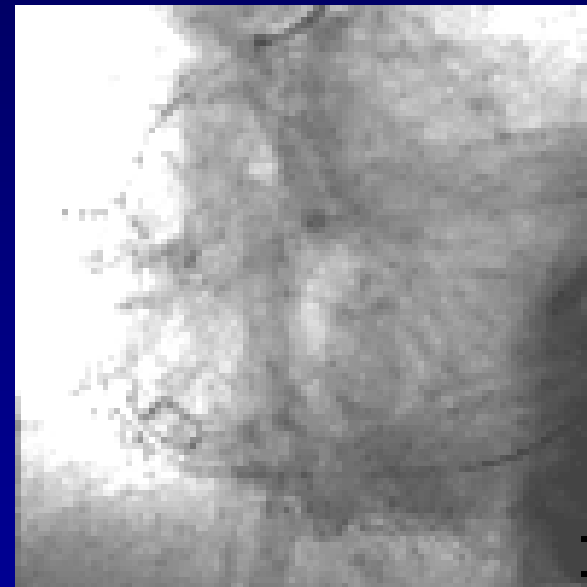
*Event-Free Survival in 66 Cardiac Transplant Recipients based on CFR*



# Evaluating the Microcirculation



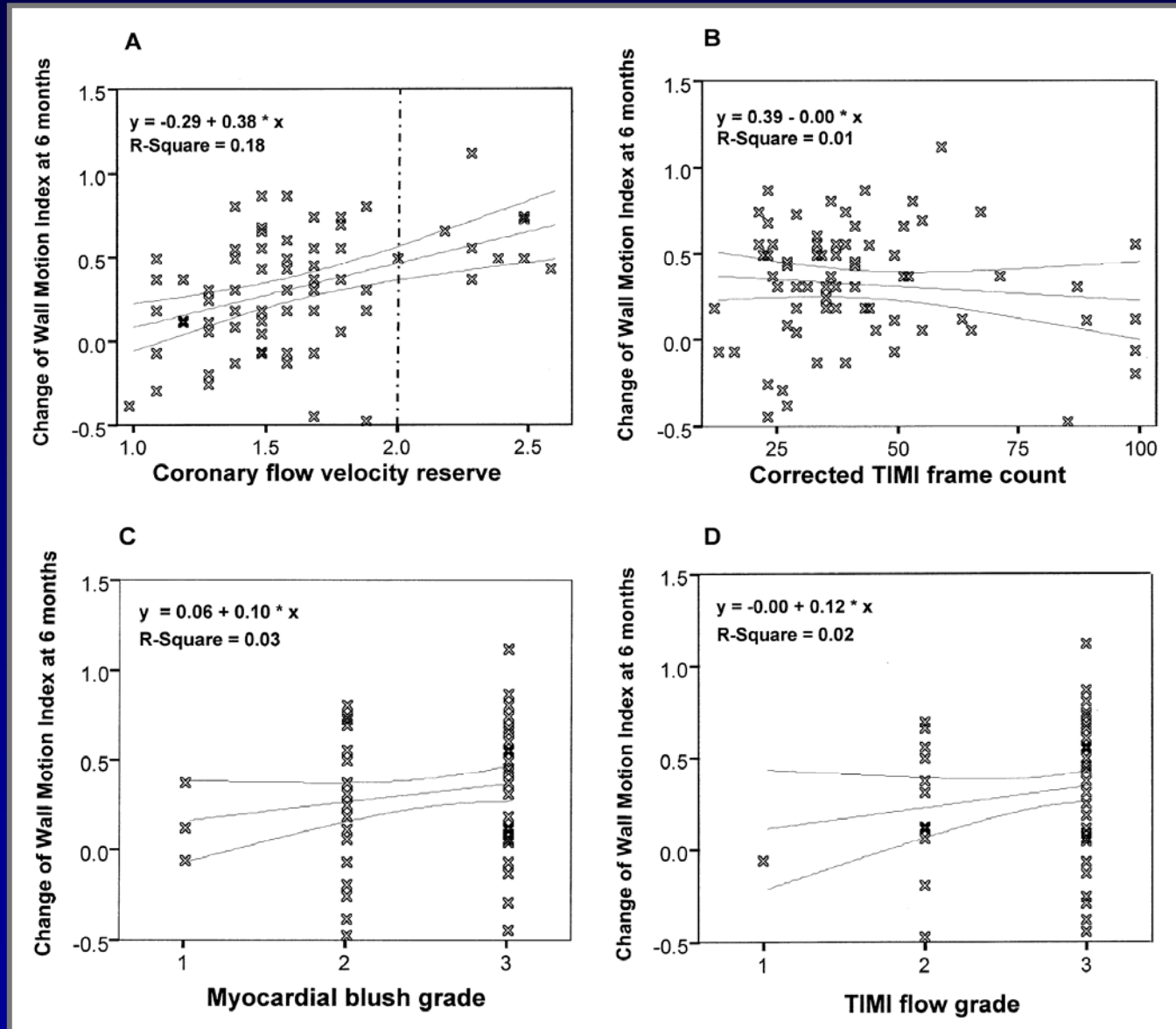
Contrast Echocardiography



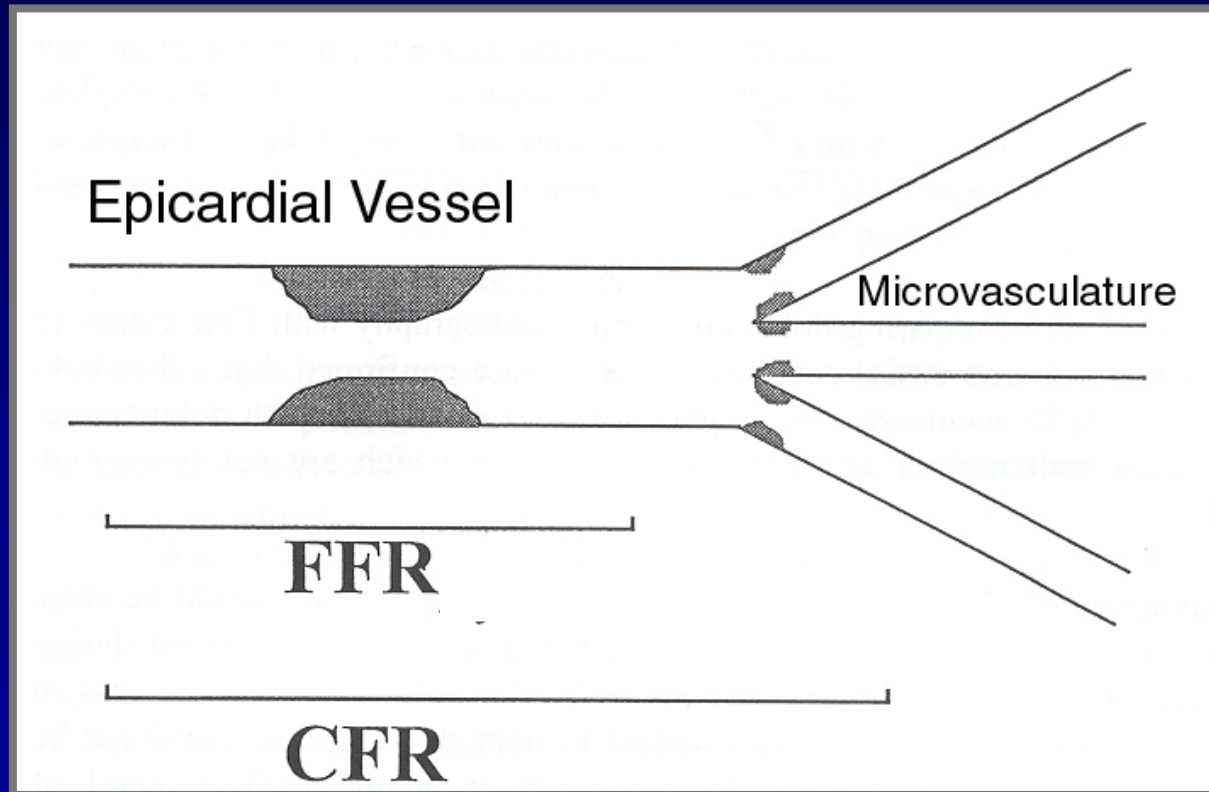
Myocardial Perfusion Grade



# Evaluating the Microcirculation



# Coronary Wire-Based Evaluation of the Microcirculation



# CFR

*Hyperemic Flow*



*Resting Flow*

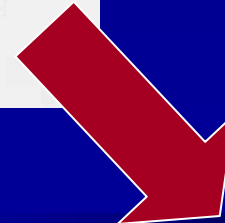


# FFR

*Hyperemic Flow with Stenosis*

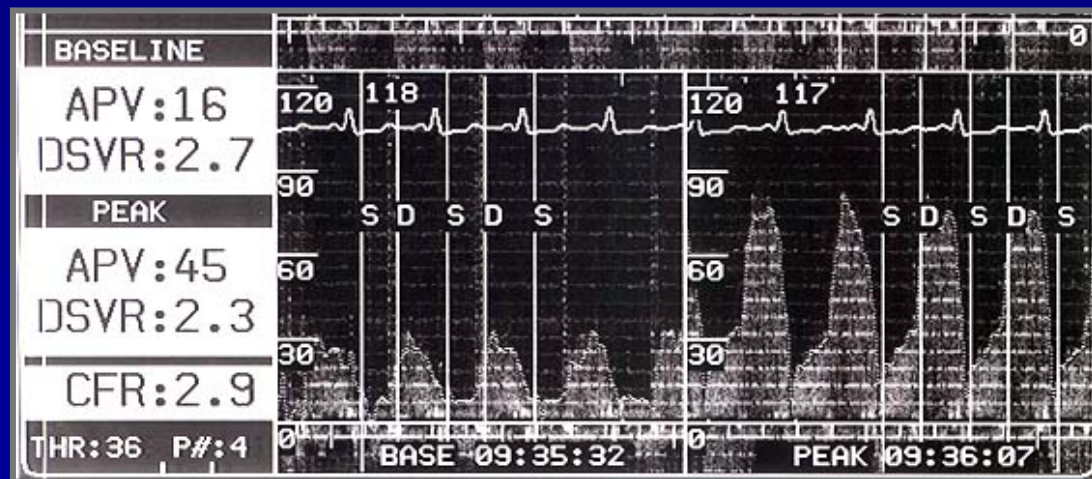


*Hyperemic Flow without Stenosis*

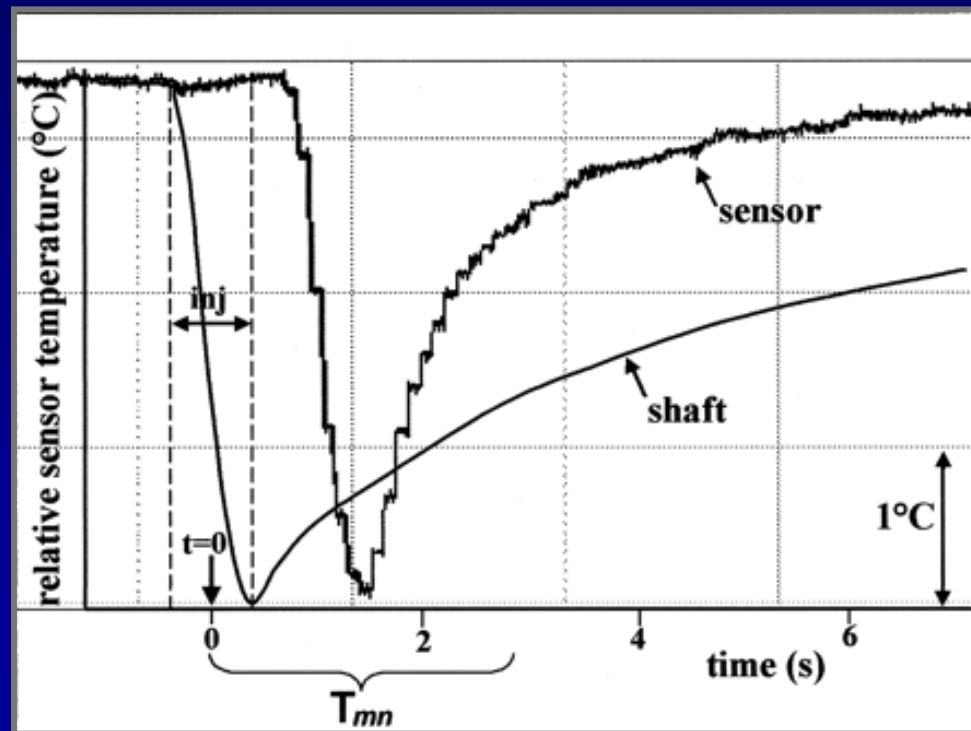
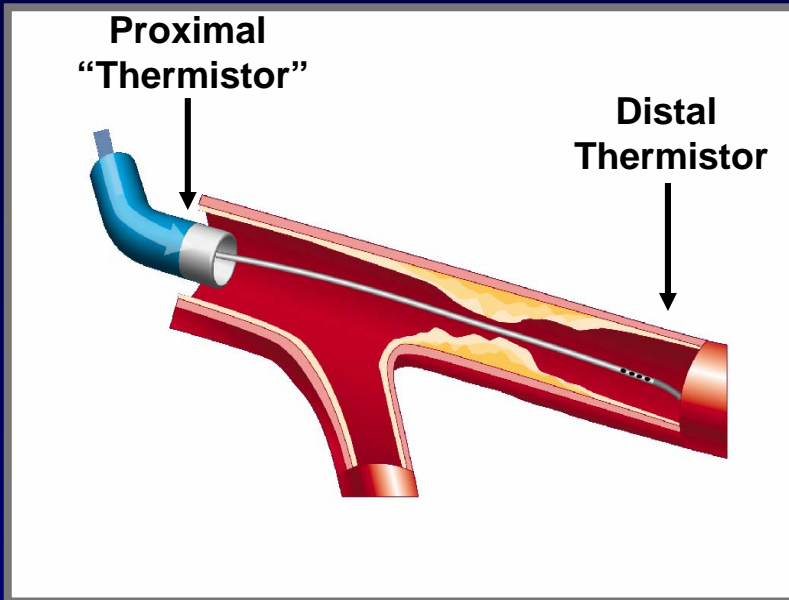


**Stanford**

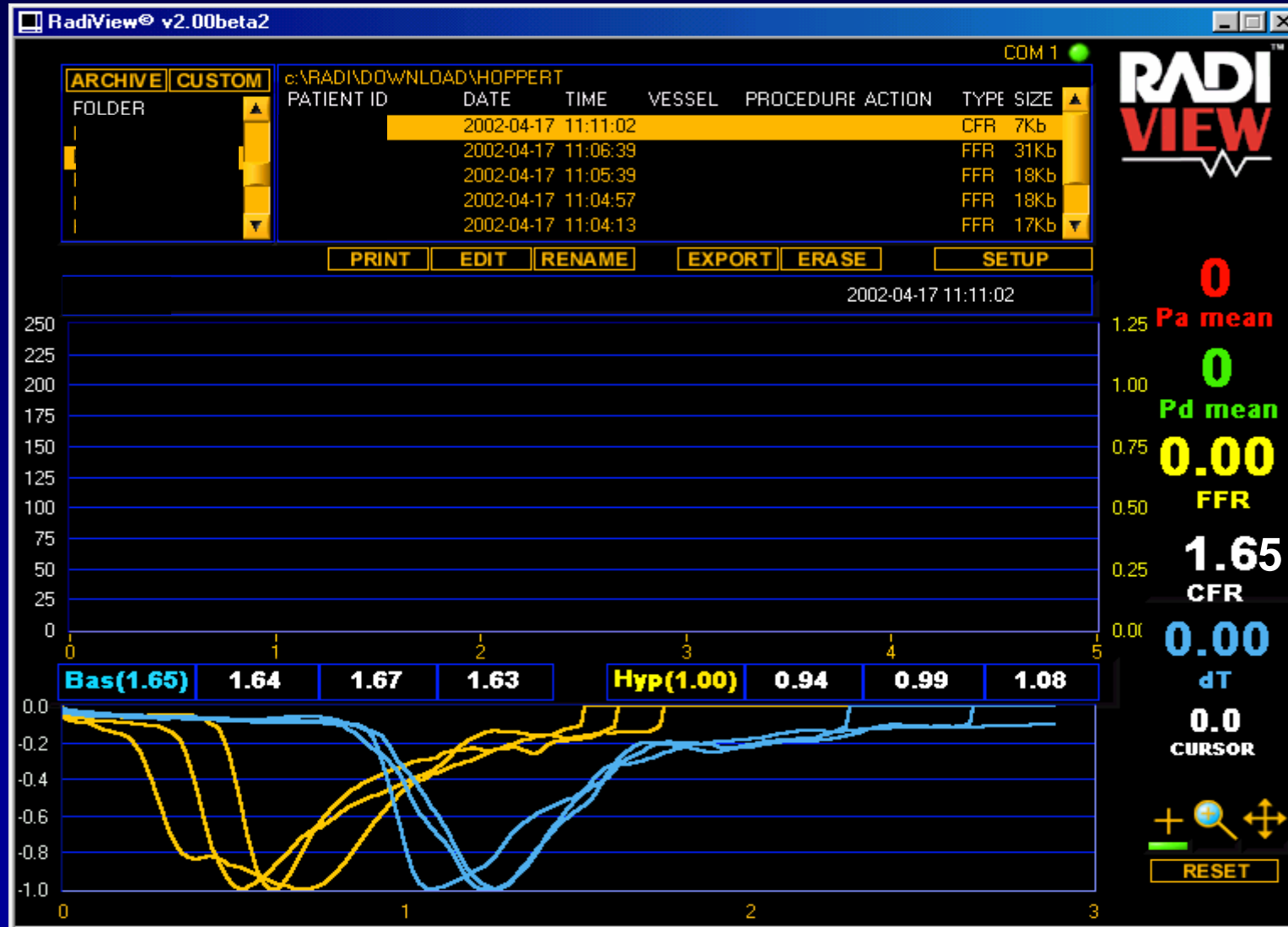
# Doppler Wire CFR



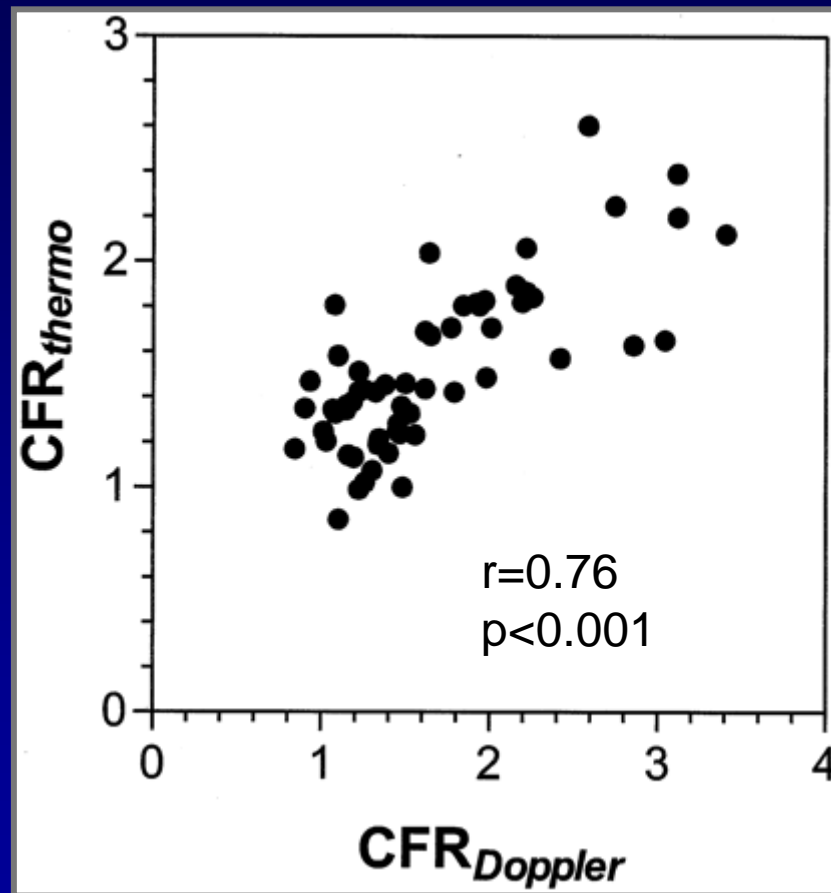
# Calculation of mean transit time



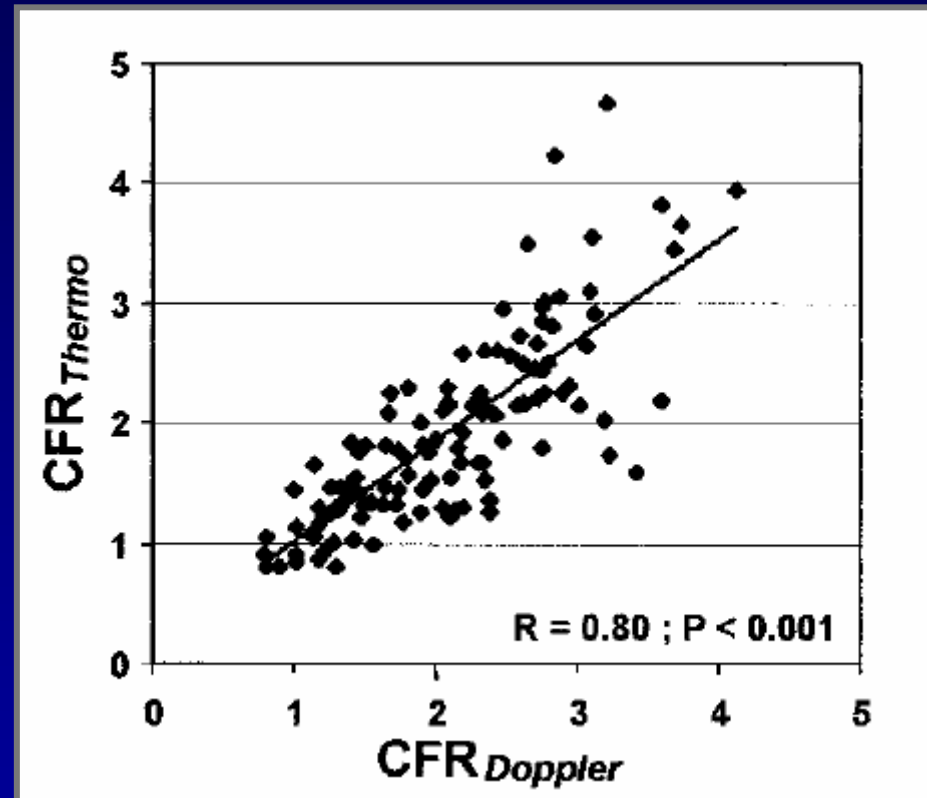
# Thermodilution CFR



# Validation of $CFR_{thermo}$ in Dogs

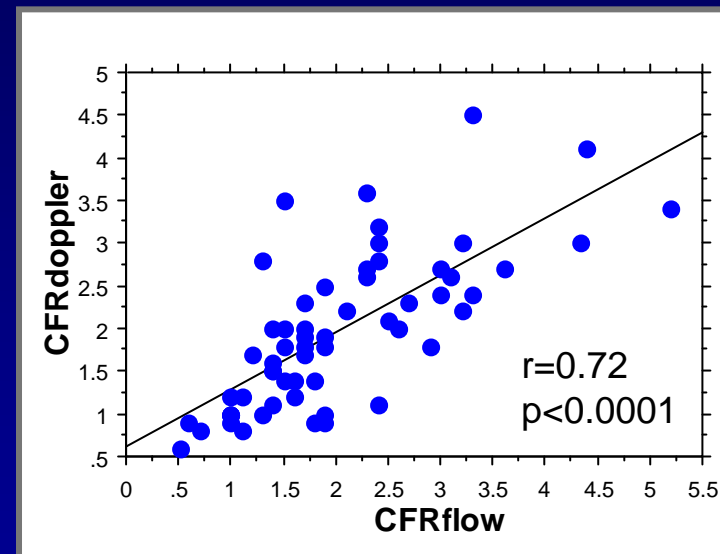
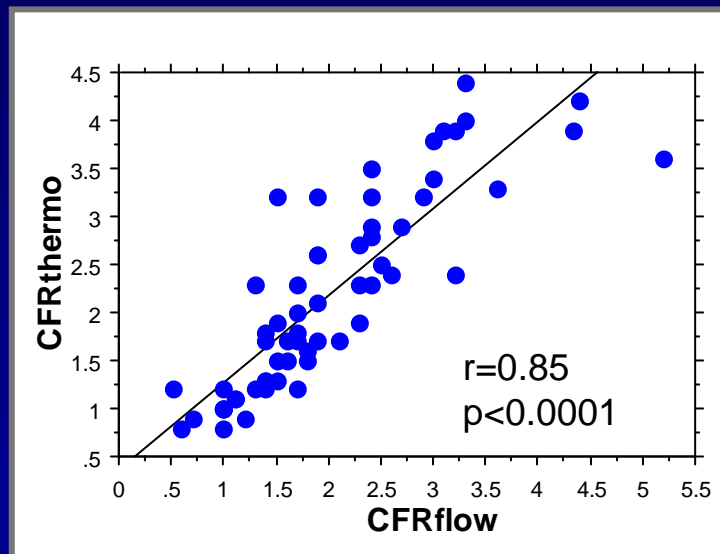


# Validation of $CFR_{thermo}$ in Humans

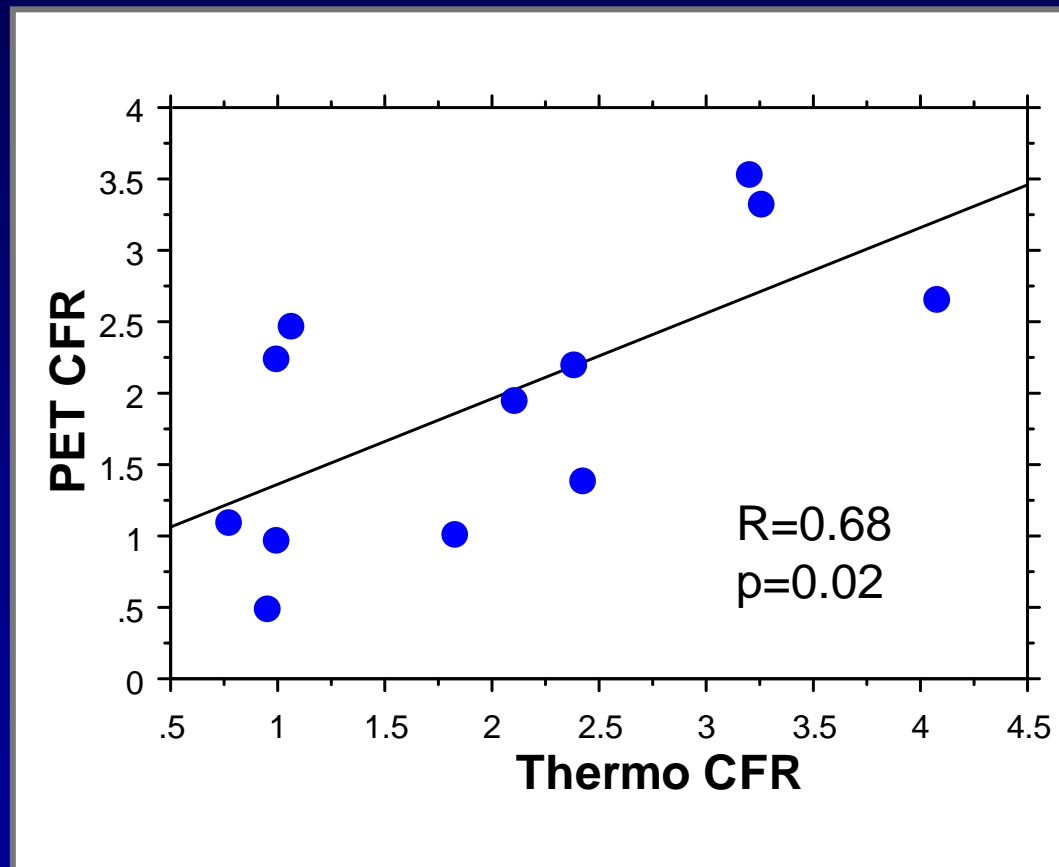




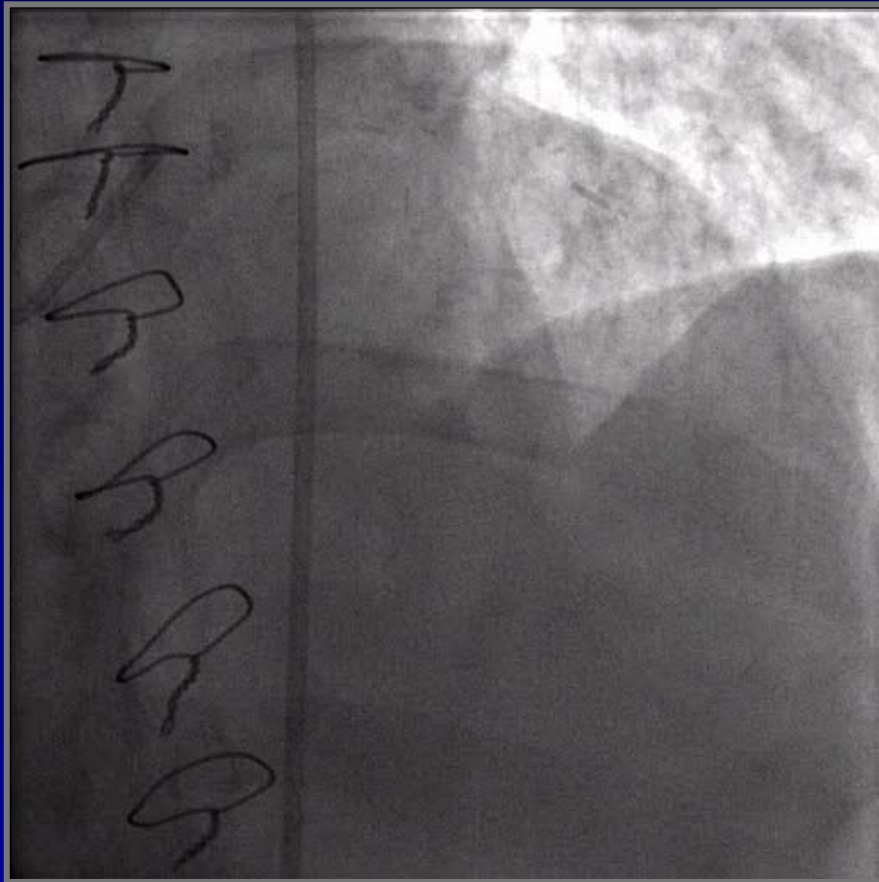
# Comparison of $CFR_{thermo}$ and $CFR_{Doppler}$



# Comparison of PET CFR with Thermo CFR



# Physiologic Investigation for Transplant Arteriopathy P.I.T.A. Study



P.I.T.A. Case 1



P.I.T.A. Case 2

# P.I.T.A. Case 1: FFR-CFR

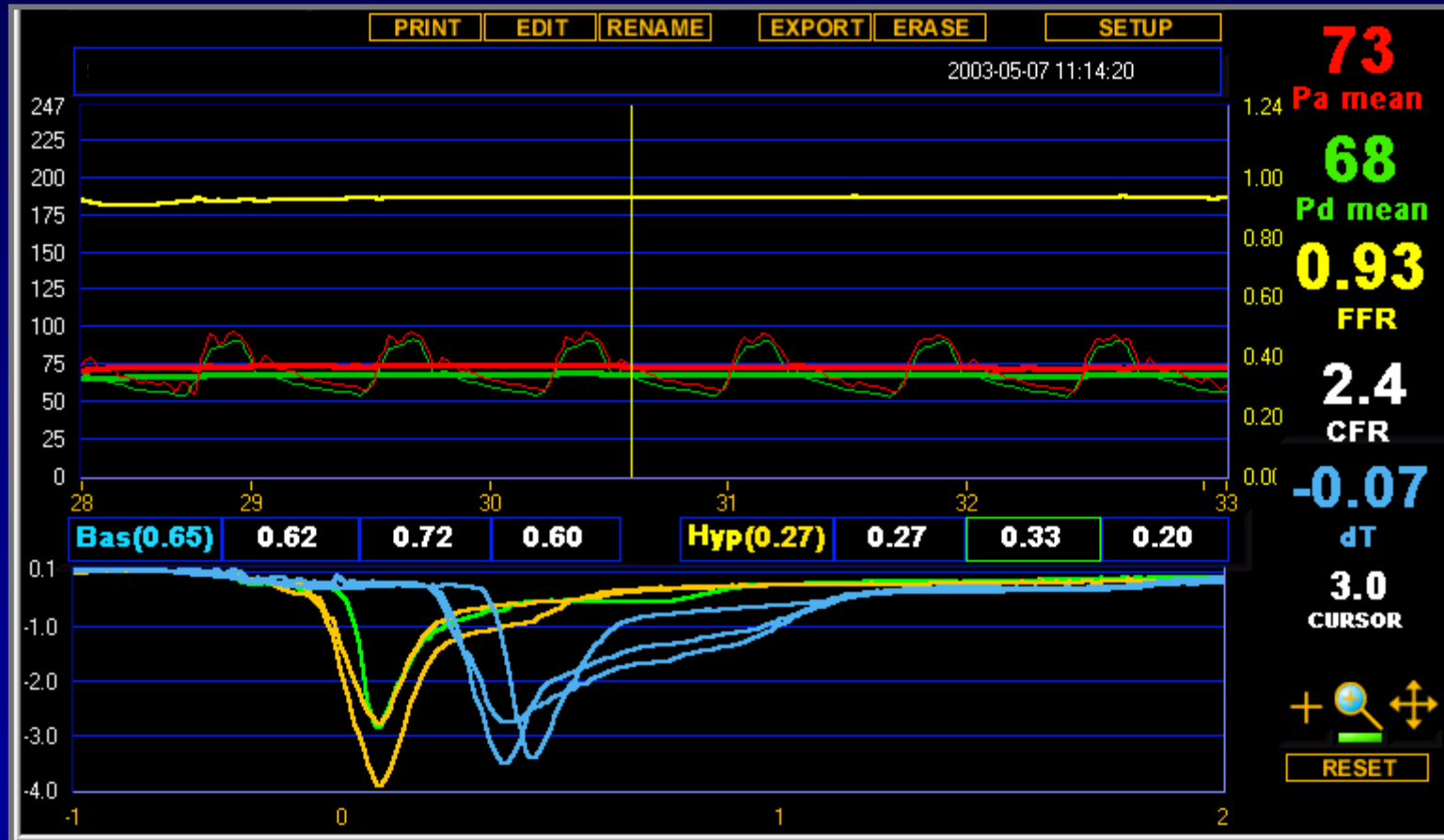


# P.I.T.A. Case 1: IVUS

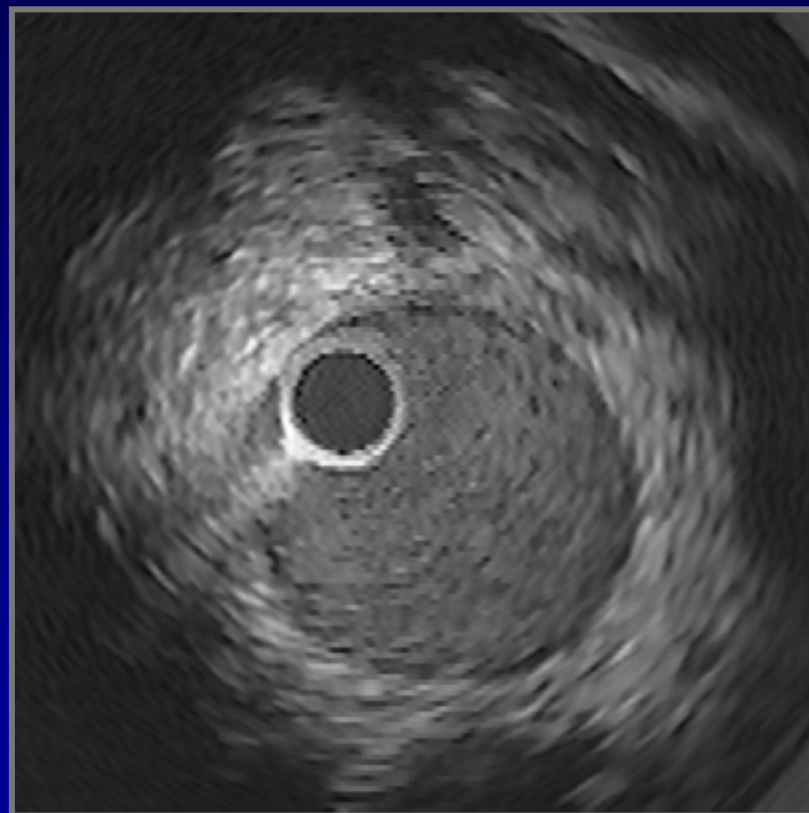


*% Plaque Volume = 50%*

# P.I.T.A. Case 2: FFR-CFR

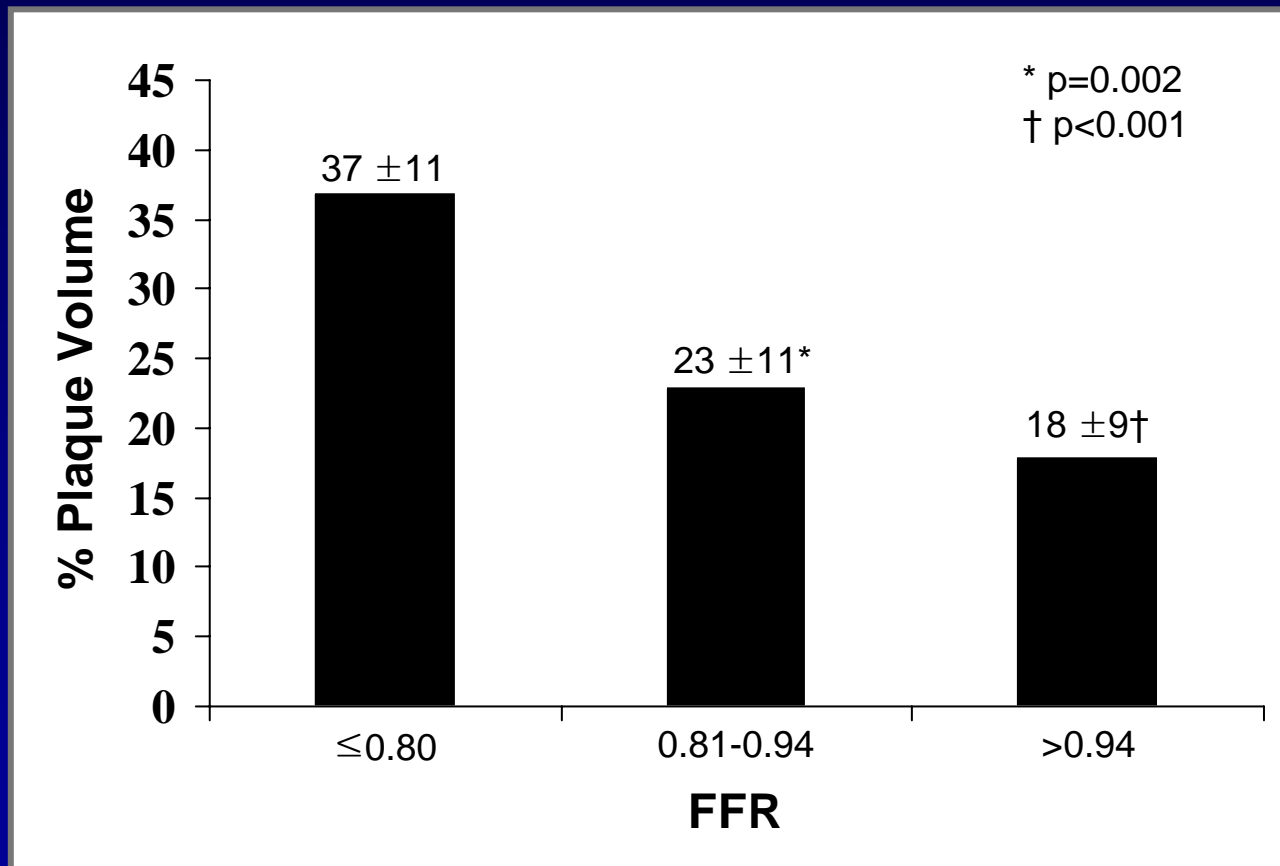


## P.I.T.A. Case 2: IVUS



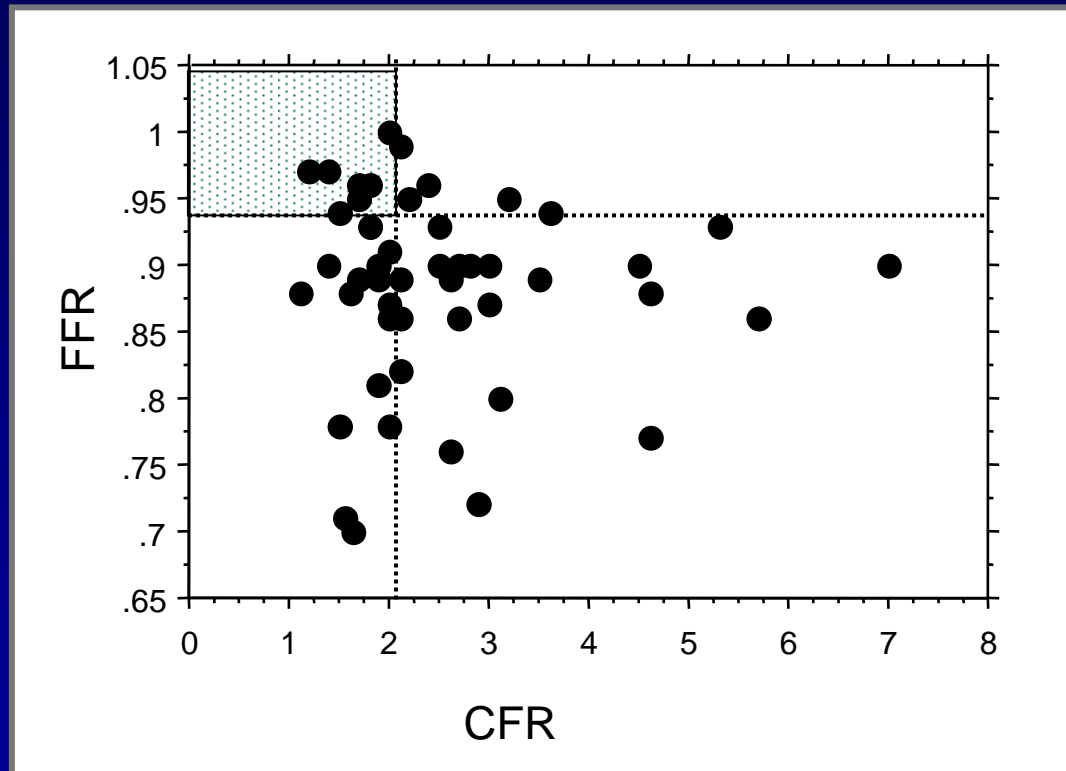
*% Plaque Volume = 11%*

## Comparison of FFR and % Plaque Volume based on volumetric IVUS analysis

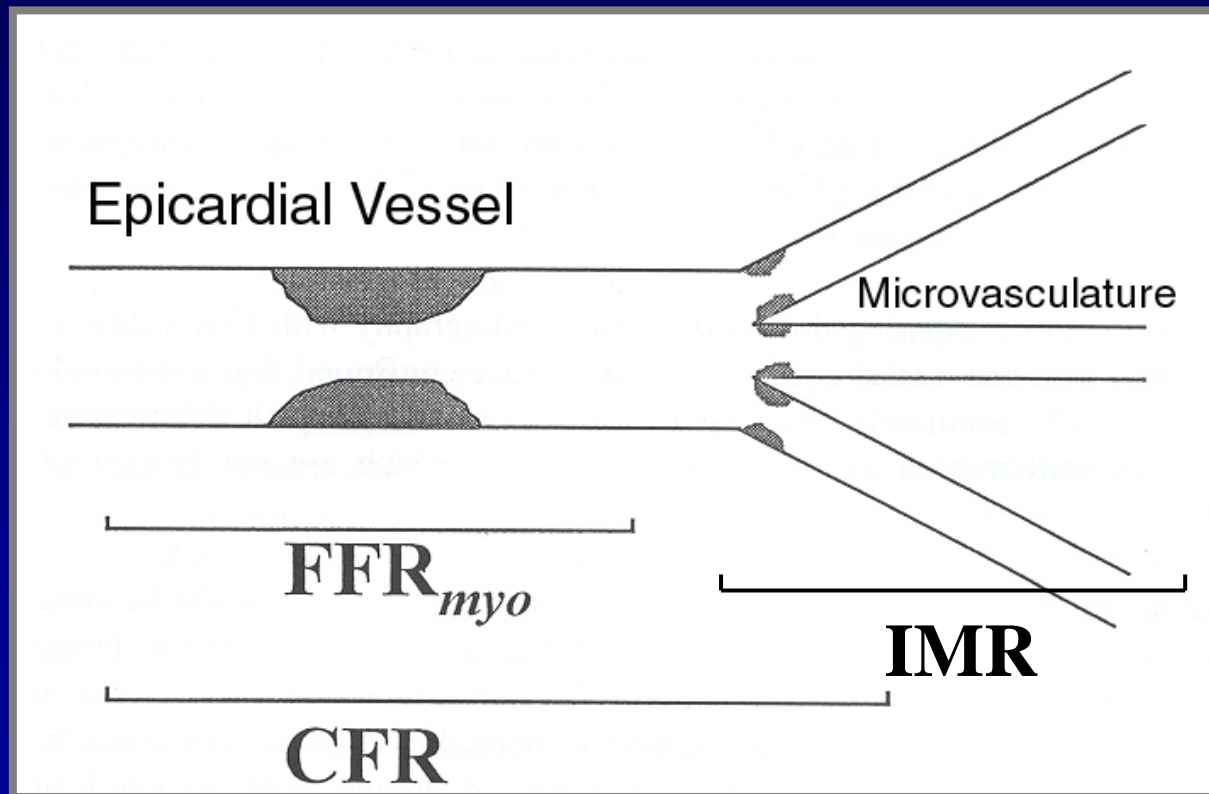




# Comparison of FFR and CFR values in each P.I.T.A. case



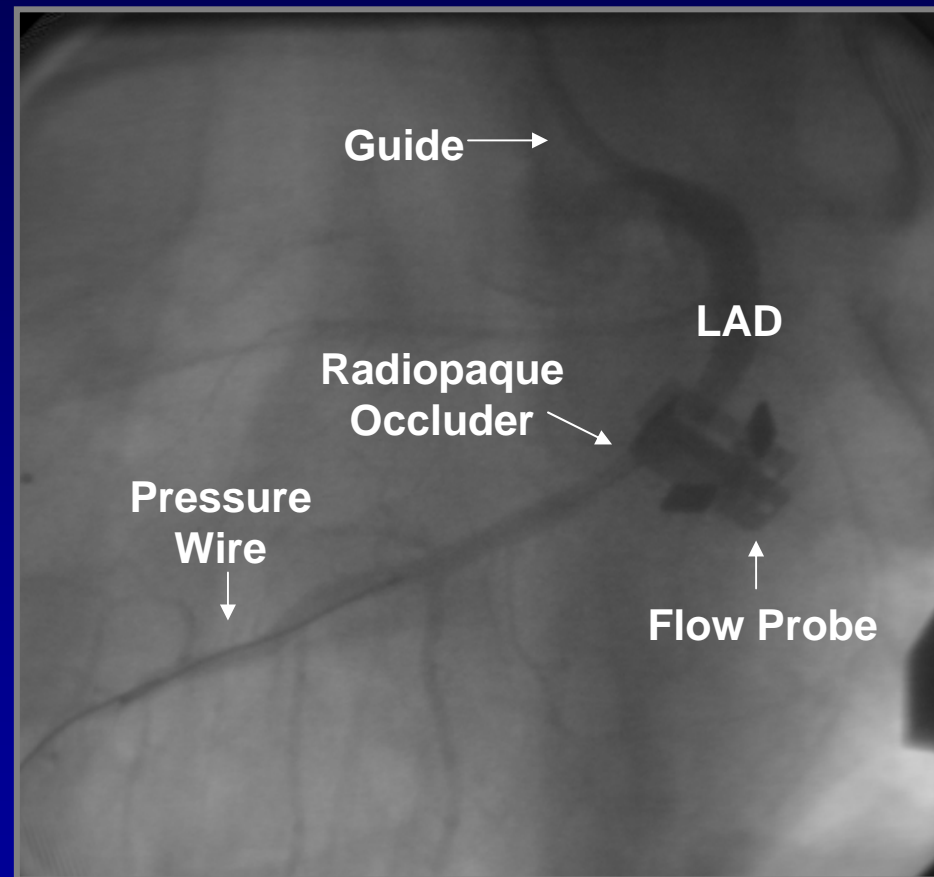
# Index of Microcirculatory Resistance (IMR)



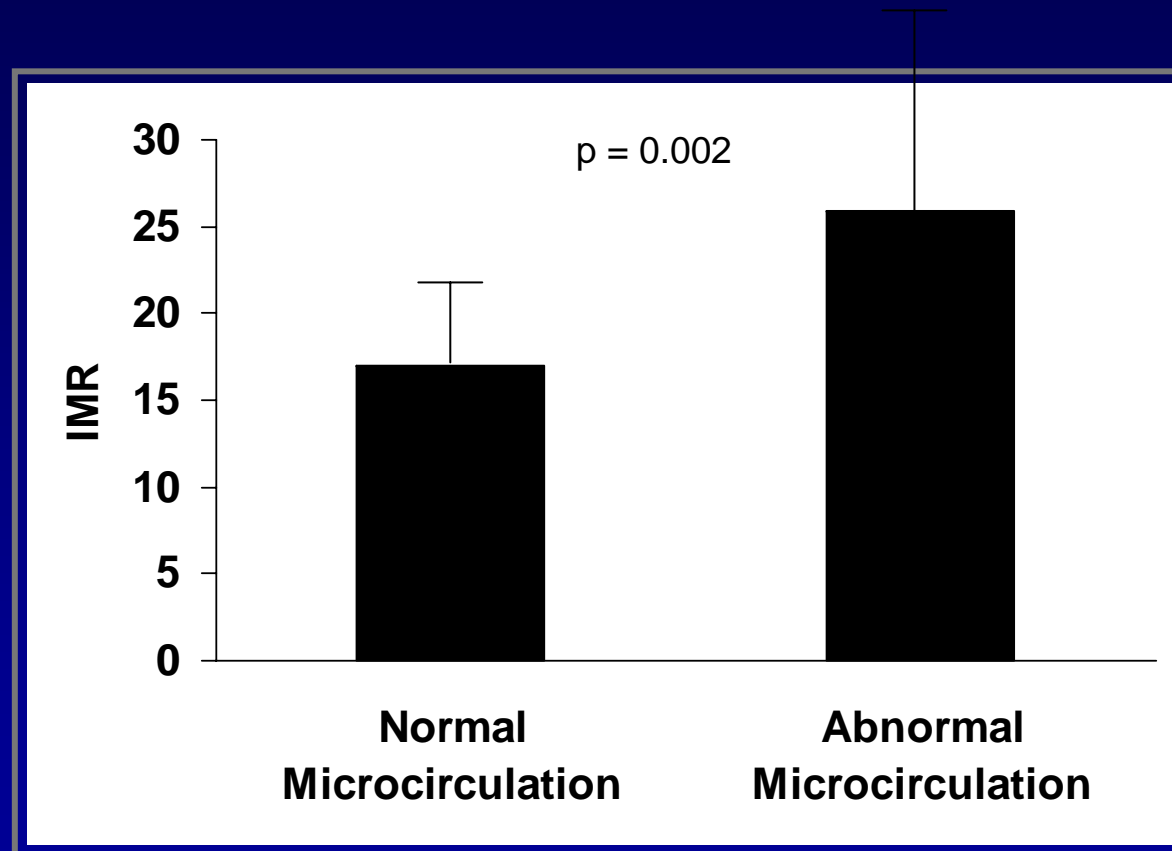
## Derivation of IMR:

- Resistance =  $\Delta$  Pressure / Flow
- $1 / T_{mn} \cong$  Flow
- IMR = Distal Pressure /  $(1 / T_{mn})$
- IMR = Distal Pressure x  $T_{mn}$  *at maximal hyperemia...*

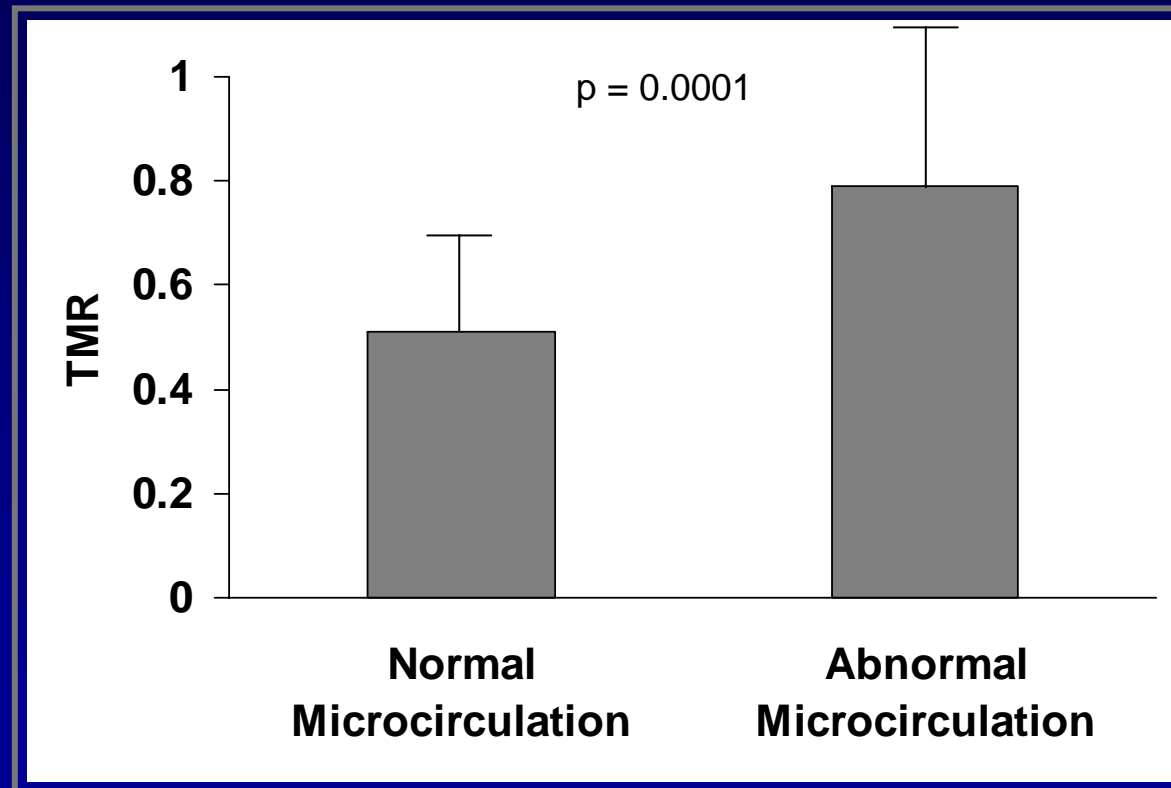
# Animal Model



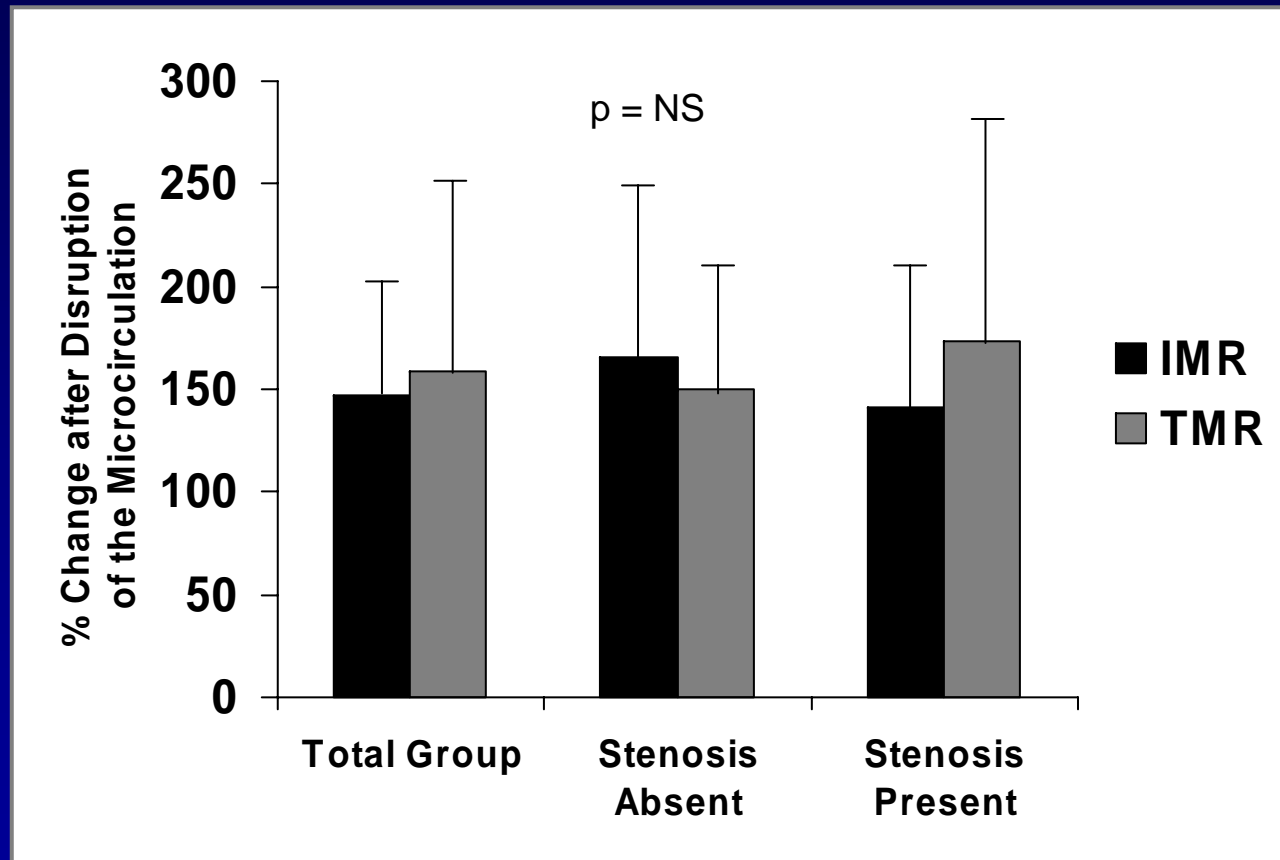
# Change in IMR after disruption of the microcirculation



# Change in TMR after disruption of the microcirculation



# Animal Model



# Animal Model

**Comparison of IMR and TMR Values Under Various Epicardial and Microcirculatory Conditions**

	Normal Microcirculation	Abnormal Microcirculation	<i>P</i>
IMR, U			
Total group	16.9±6.5	25.9±14.4	0.002
Stenosis absent	14.7±4.8	23.9±3.8	0.01
Stenosis present	19.2±7.3	28.6±14.5	<0.03
TMR, mm Hg · mL <sup>-1</sup> · min <sup>-1</sup>			
Total group	0.51±0.14	0.79±0.32	0.0001
Stenosis absent	0.48±0.14	0.71±0.25	0.005
Stenosis present	0.58±0.16	0.90±0.39	<0.001



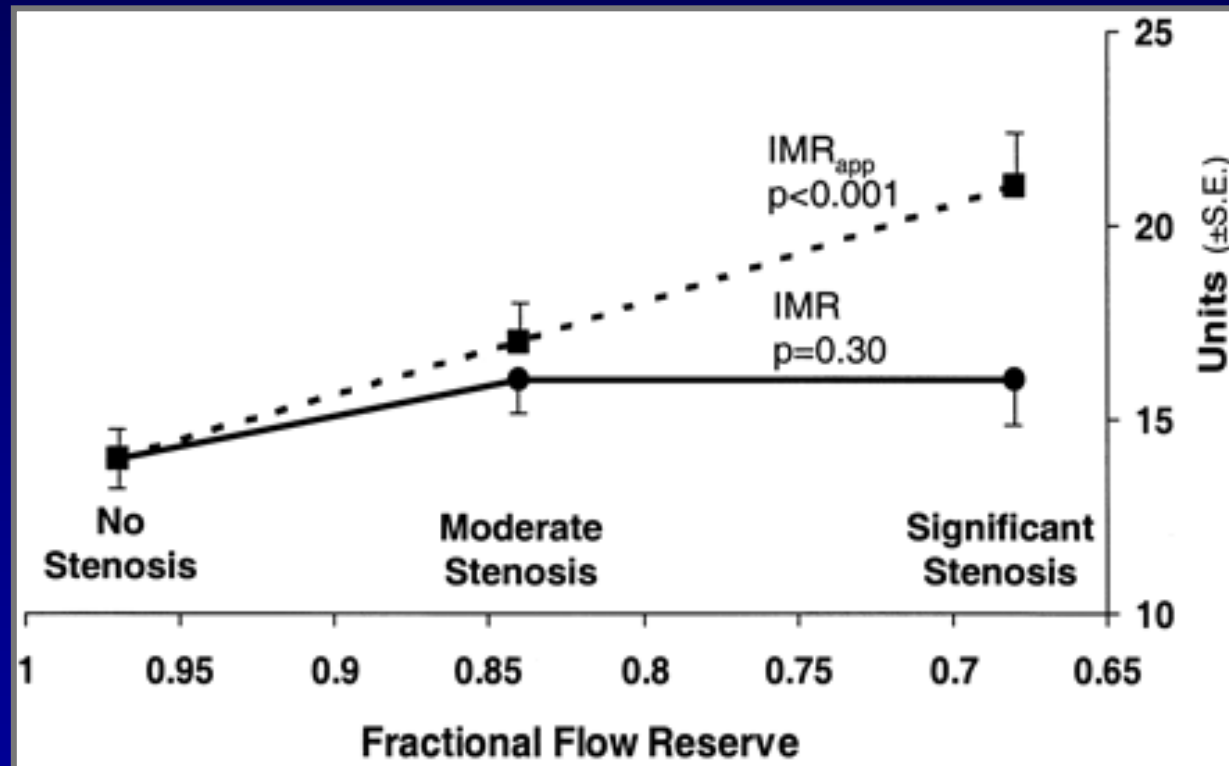
# Importance of Collaterals when Measuring IMR

- Resistance = Pressure /  $Q_{\text{myo}}$
- $Q_{\text{myo}} = Q_{\text{cor}} + Q_{\text{coll}}$
- As an epicardial stenosis increases,  $Q_{\text{coll}}$  increases,  $Q_{\text{cor}}$  decreases, and pressure decreases some, but relatively speaking not as much as  $Q_{\text{cor}}$  (e.g., total occlusion)

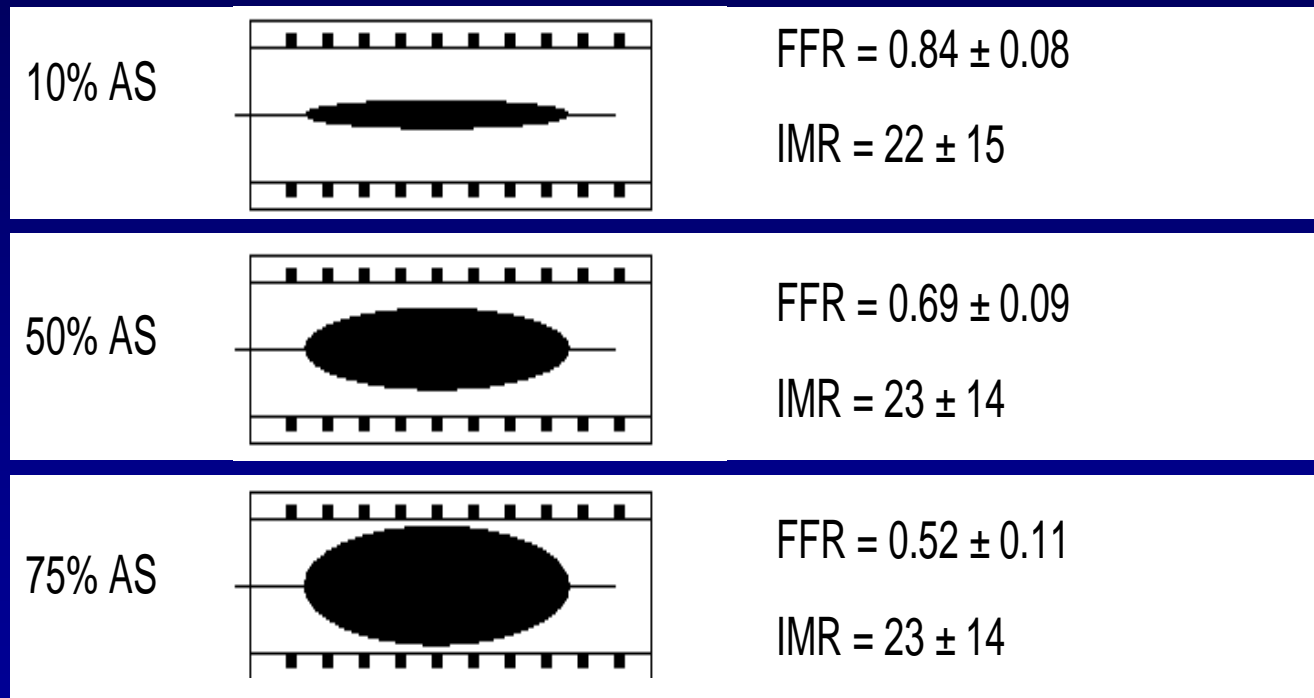
# Importance of Collaterals when Measuring IMR

- Simplified IMR =  $P_d \times T_{mn}$
- But  $T_{mn}$  is inversely proportional to *coronary flow*
- To measure true IMR, must measure coronary wedge pressure
- $IMR = P_d \times T_{mn} \times FFR_{cor} / FFR_{myo}$

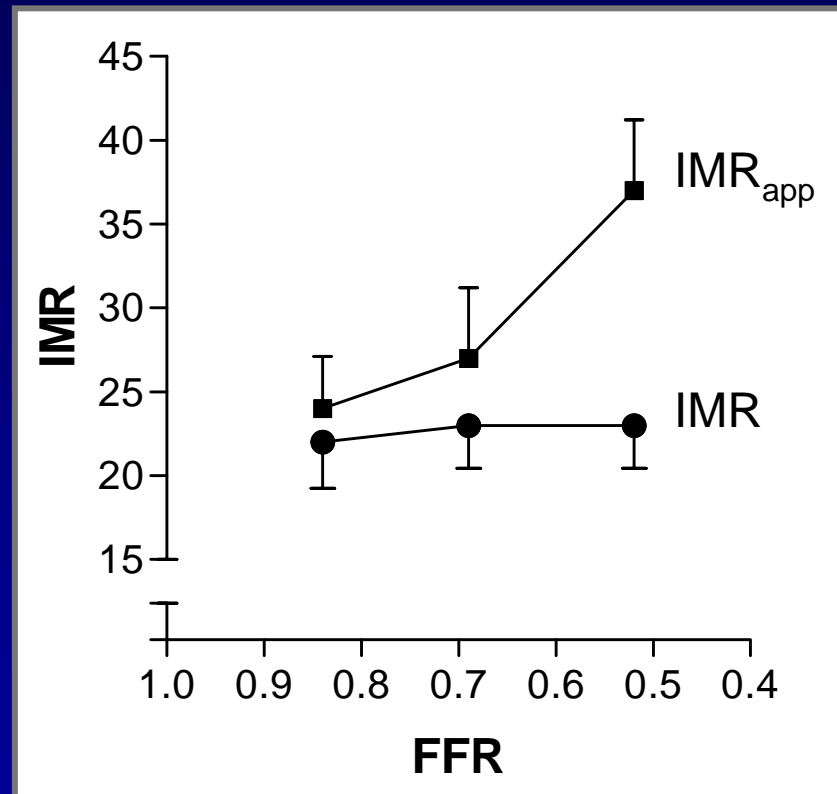
# IMR is not affected by epicardial stenosis severity: *Animal Validation*



# IMR is not affected by epicardial stenosis severity: *Human Validation*



# IMR is not affected by epicardial stenosis severity: *Human Validation*



# Reproducibility of IMR

*Effect of Pacing on FFR/CFR/IMR*

	Baseline		RV Pacing at 110 bpm	
	Rest	Hyperemia	Rest	Hyperemia
<b>Mean Blood Pressure, mm Hg</b>				
<b>Systemic</b>	94±7	78±1*	91±6	75±0*
<b>Distal coronary</b>	89±9	69±8*	86±7	66±8*
<b>Heart rate, bpm</b>	71±0	78±4*	110±?	110±?
<b>Coronary transit time, seconds</b>	0.97±.33	0.33±.11*	0.83±.30	0.38±.15*
<b>Coronary Flow Reserve</b>	3.1±.1		2.3±.2	
<b>IMR, Units</b>	21.8±.5		22.9±.9	
<b>Fractional Flow Reserve</b>	0.88±.07		0.87±.07	

# Reproducibility of IMR

*Effect of Blood Pressure on FFR/CFR/IMR*

	Baseline		Nitroprusside	
	Rest	Hyperemia	Rest	Hyperemia
<b>Mean Blood Pressure, mm Hg</b>				
<b>Systemic</b>	98±3	83±9*	79±?	71±0*
<b>Distal coronary</b>	93±2	73±4*	74±?	61±*
<b>Heart rate, bpm</b>	73±0	82±*	78±6	84±7*
<b>Coronary transit time, seconds</b>	0.96±.36	0.33±.08*	0.96±.50	0.40±.13*
<b>Coronary Flow Reserve</b>	2.9±.9		2.5±.2	
<b>IMR, Units</b>	23.85±.1		24.00±.9	
<b>Fractional Flow Reserve</b>	0.88±.04		0.87±.05	

# Reproducibility of IMR

*Change in LV Contractility and FFR/CFR/IMR*

	Baseline		Dobutamine	
	Rest	Hyperemia	Rest	Hyperemia
<b>Mean Blood Pressure, mm Hg</b>				
<b>Systemic</b>	95±9	78±3*	99±8	79±4*
<b>Distal coronary</b>	90±0	69±0*	92±8	68±2*
<b>Heart rate, bpm</b>	71±1	79±4*	85±7	97±6*
<b>Coronary transit time, seconds</b>	0.99±.36	0.34±.11	0.55±.17	0.35±.13
<b>Coronary Flow Reserve</b>	3.0±.0		1.7±.6	
<b>IMR, Units</b>	22.2±.0		23.6±.2	
<b>Fractional Flow Reserve</b>	0.88±.06		0.87±.06	

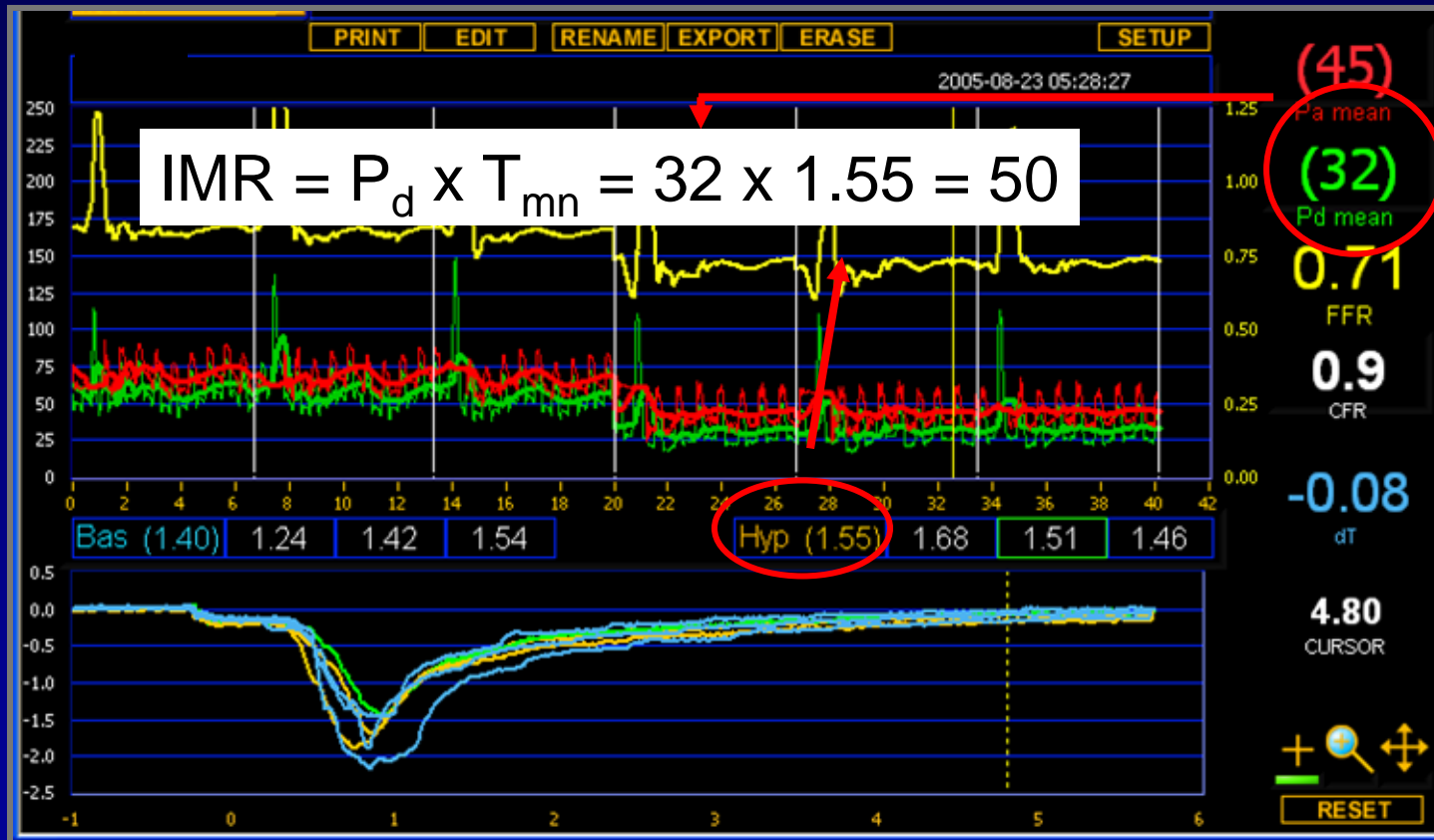


# IMR in AMI

## Case 1

- 65 year old man with HTN presents with chest pain and ST segment elevation in leads  $V_1$  to  $V_3$
- He was taken emergently to the cath lab

# IMR after PCI



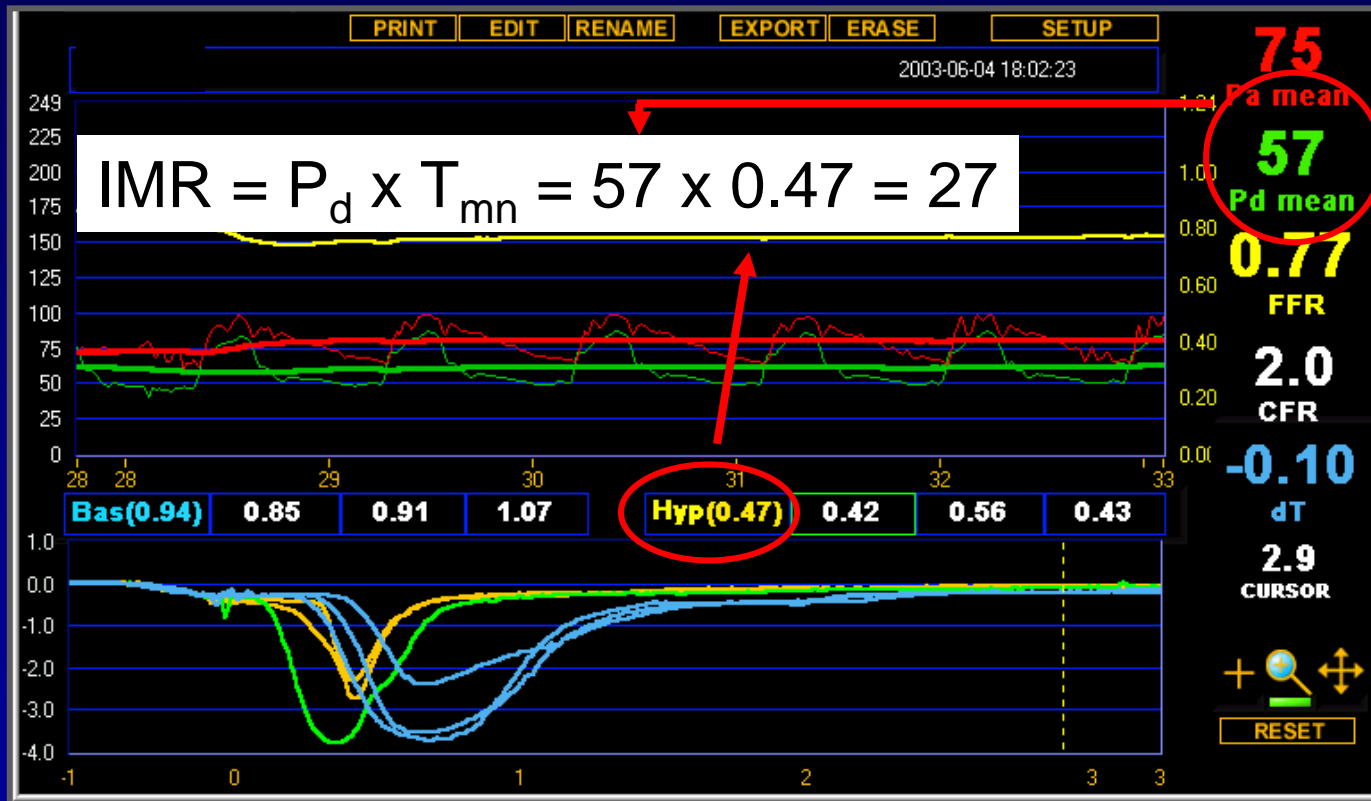
*IMR = 50*  
*Peak CK=3754*  
*Initial EF=37%*  
*F/U EF=37%*

# IMR in AMI

## Case 2

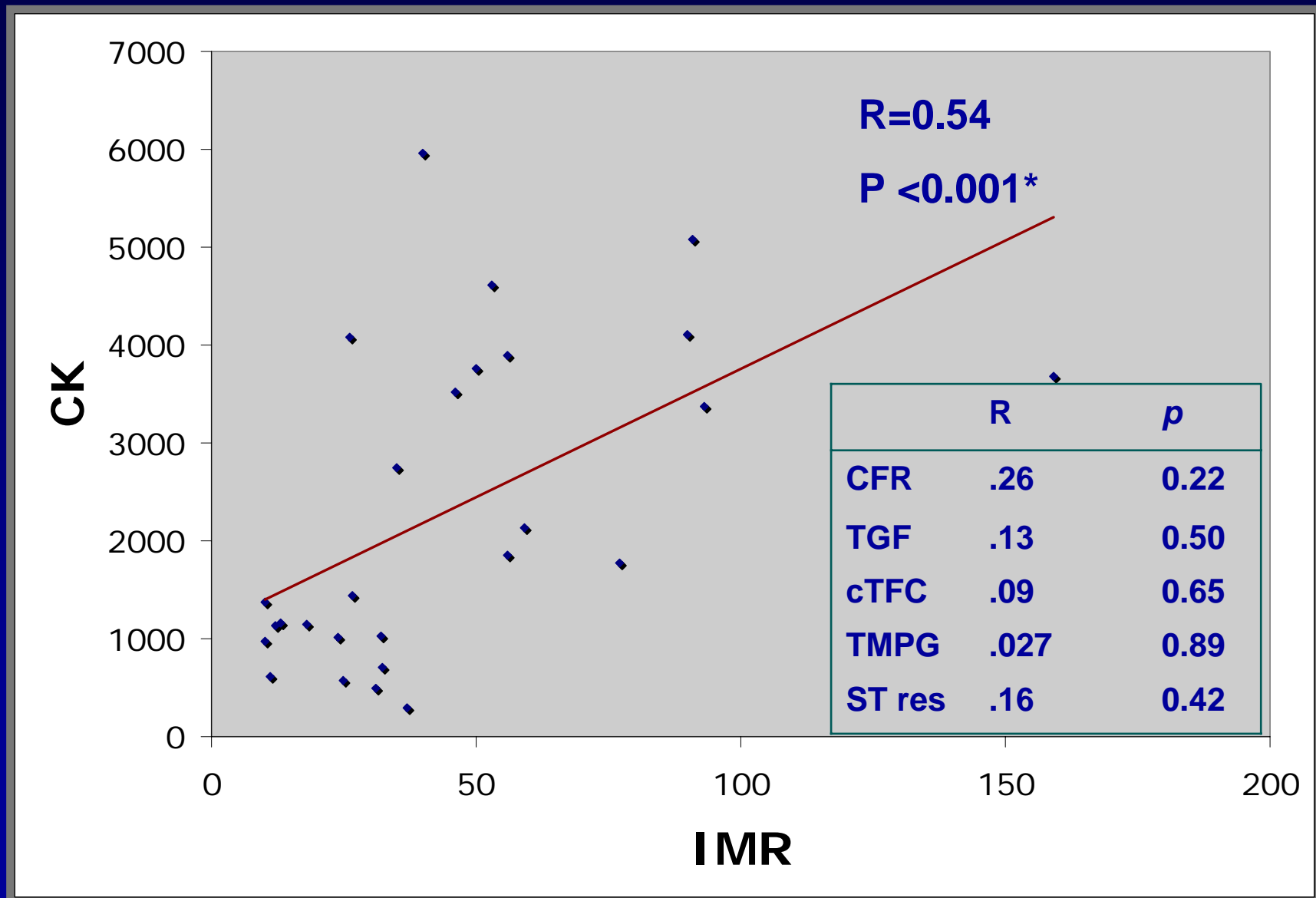
- 52 year old man with HTN and dyslipidemia presents with chest pain and ST segment elevation in leads  $V_2-V_4$
- He was taken emergently to the cath lab

# IMR after PCI

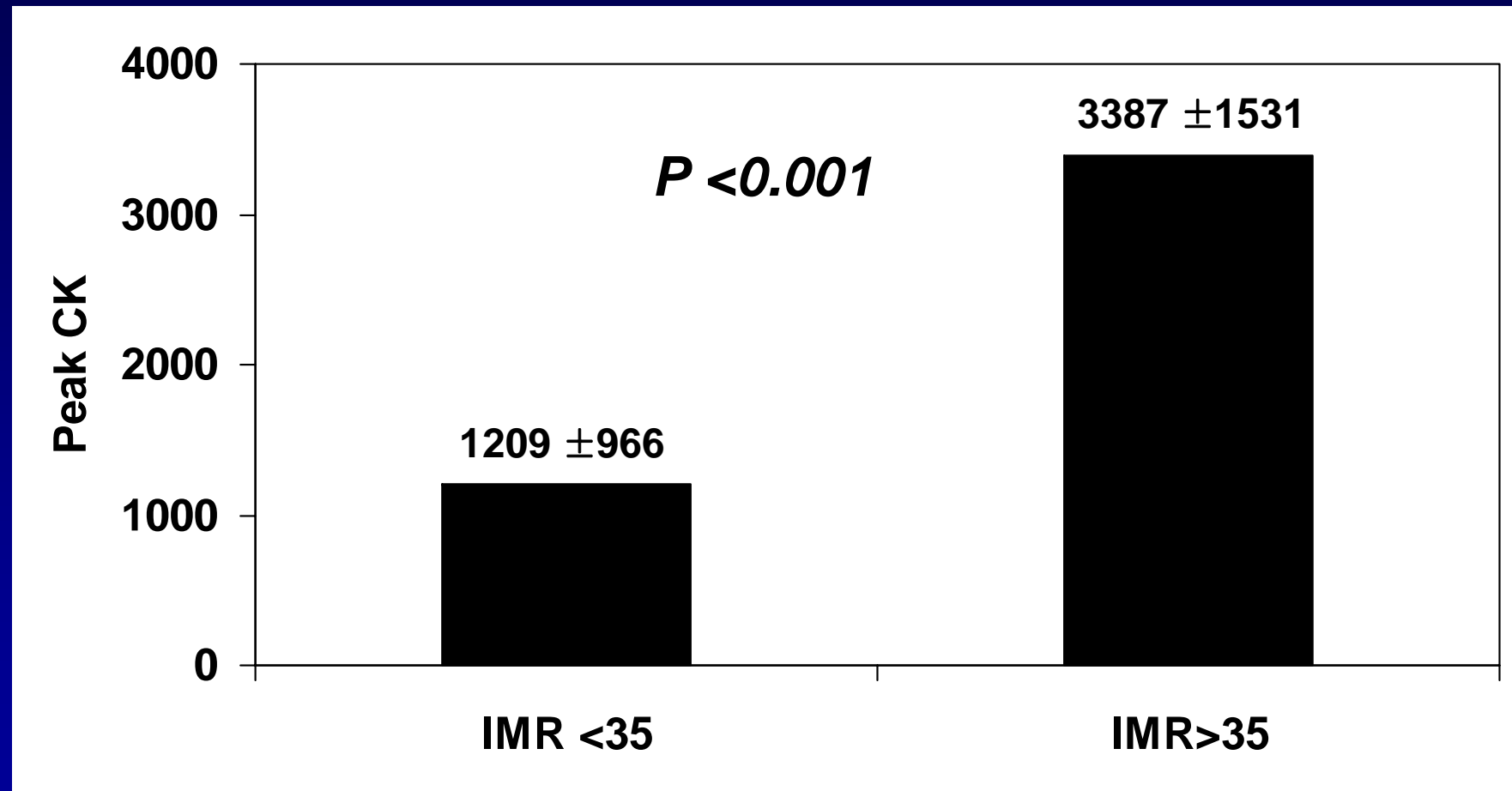


*IMR = 27*  
*Peak CK=1008*  
*Initial EF=42%*  
*F/U EF=62%*

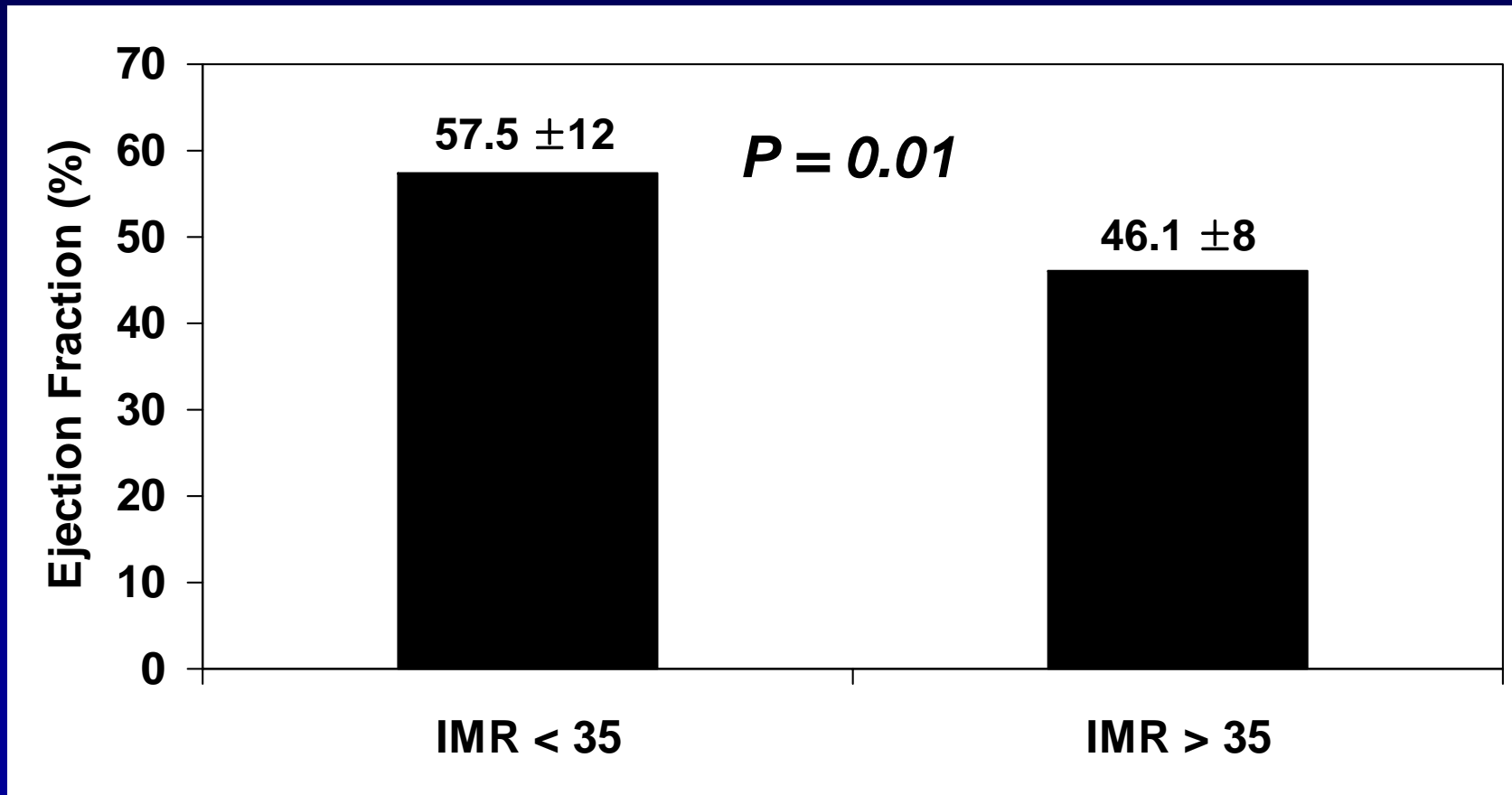
# Correlation between IMR and Peak CK



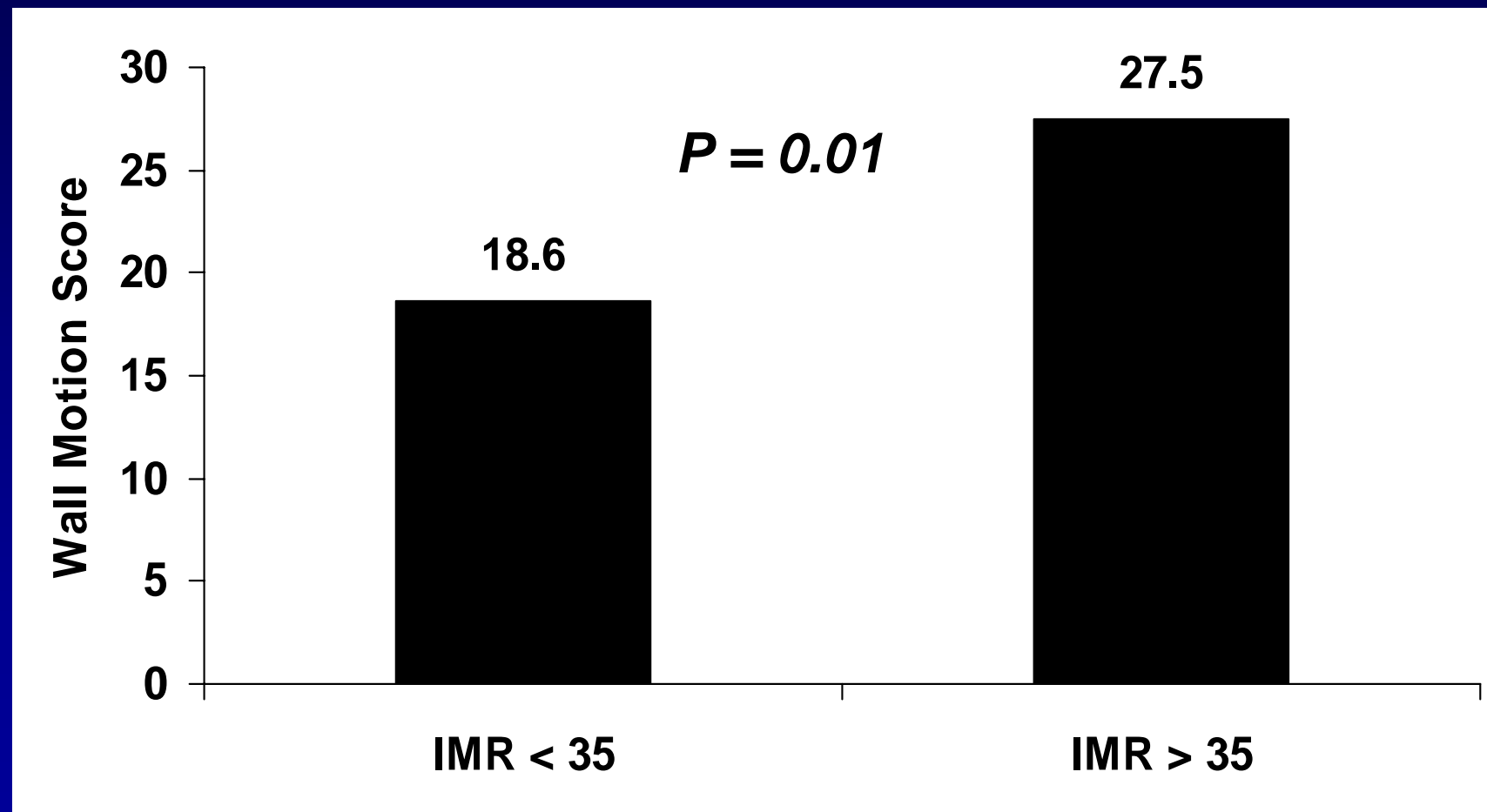
# Peak CK and IMR



# Follow-Up Ejection Fraction and IMR



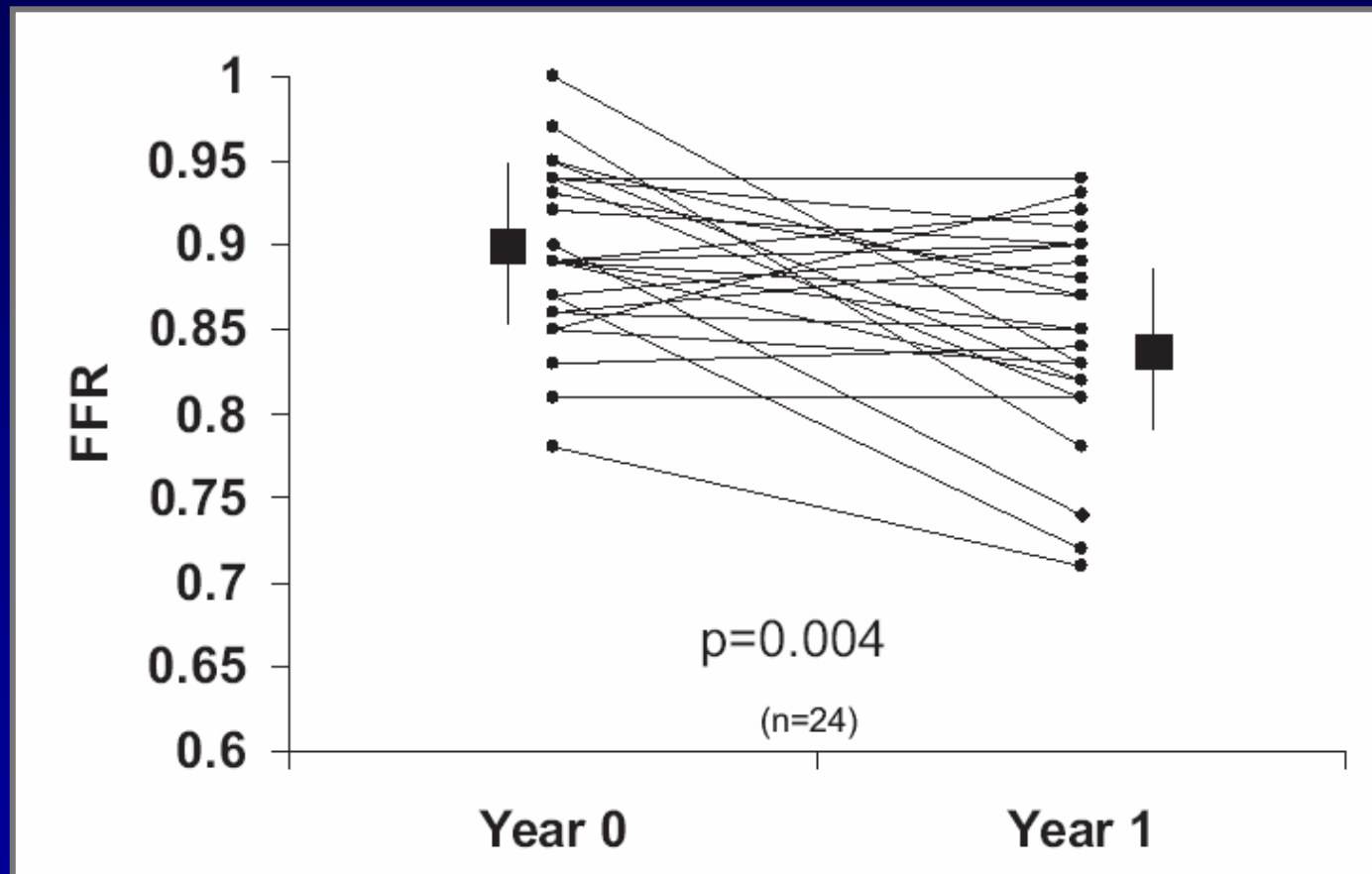
# Follow-Up Echo Wall Motion Score and IMR





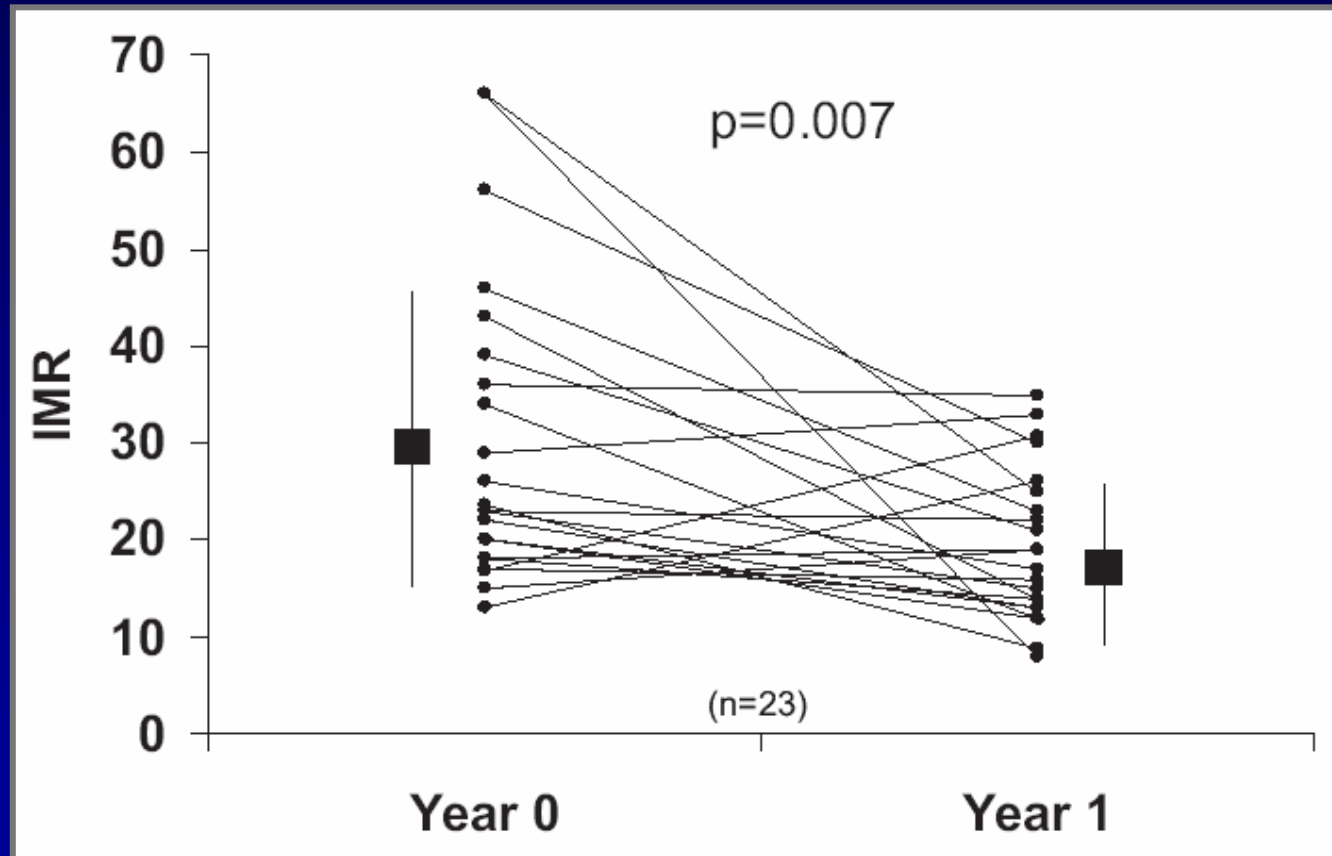
# FFR, CFR, IMR Early Post Cardiac Tx

*PITA II Study*



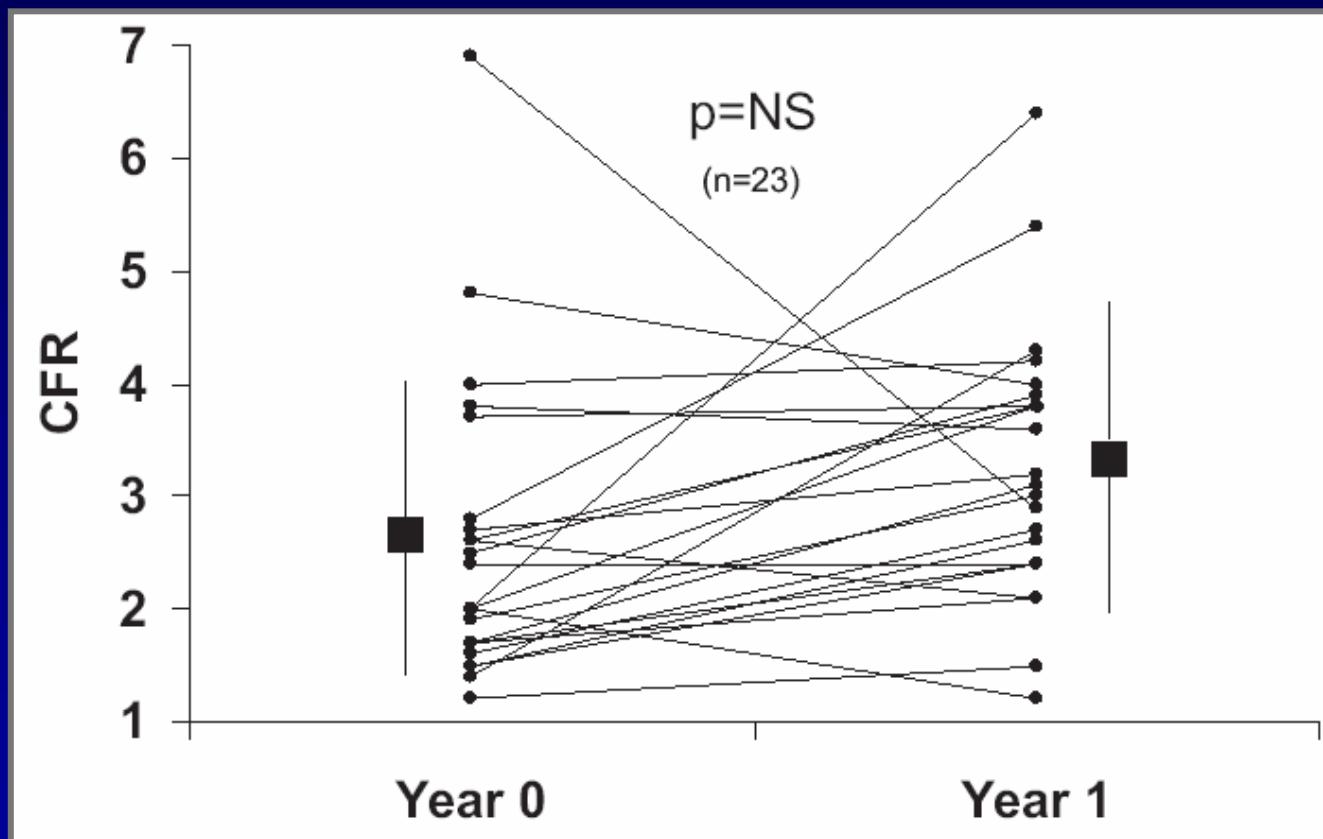
# FFR, CFR, IMR Early Post Cardiac Tx

*PITA II Study*



# FFR, CFR, IMR Early Post Cardiac Tx

*PITA II Study*



# Limitations of IMR

- Invasive
- Interpatient variability?
  - Sensor distance
- Independent of epicardial stenosis
  - Coronary wedge pressure

# Conclusion

- The microcirculation plays an important role in patient outcomes
- Current methods for assessing the microcirculation have limitations
- IMR is an invasive, quantitative technique for evaluating the microcirculation, independent of the epicardial system