

Primary PCI *for* STEMI in DES Era & Beyond

Rationale & Initial Results of HEALING-AMI

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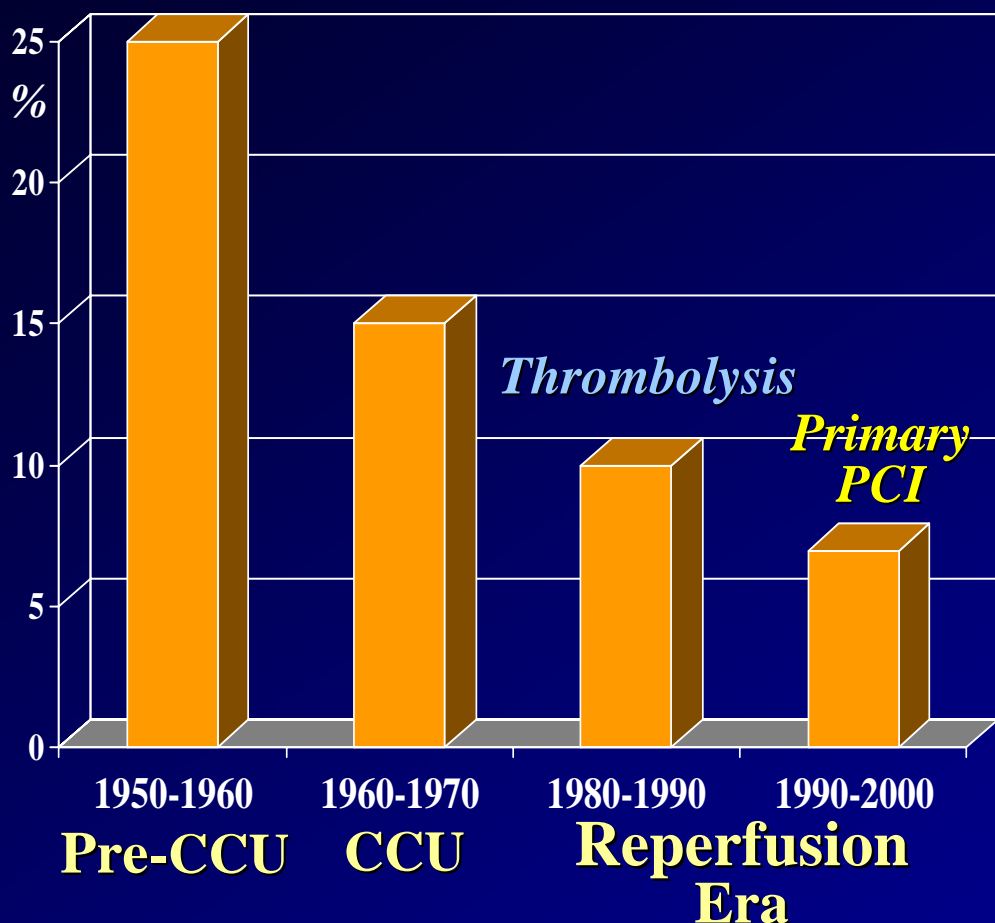


**Cardiovascular Center
Hospital Cinere - Jakarta**

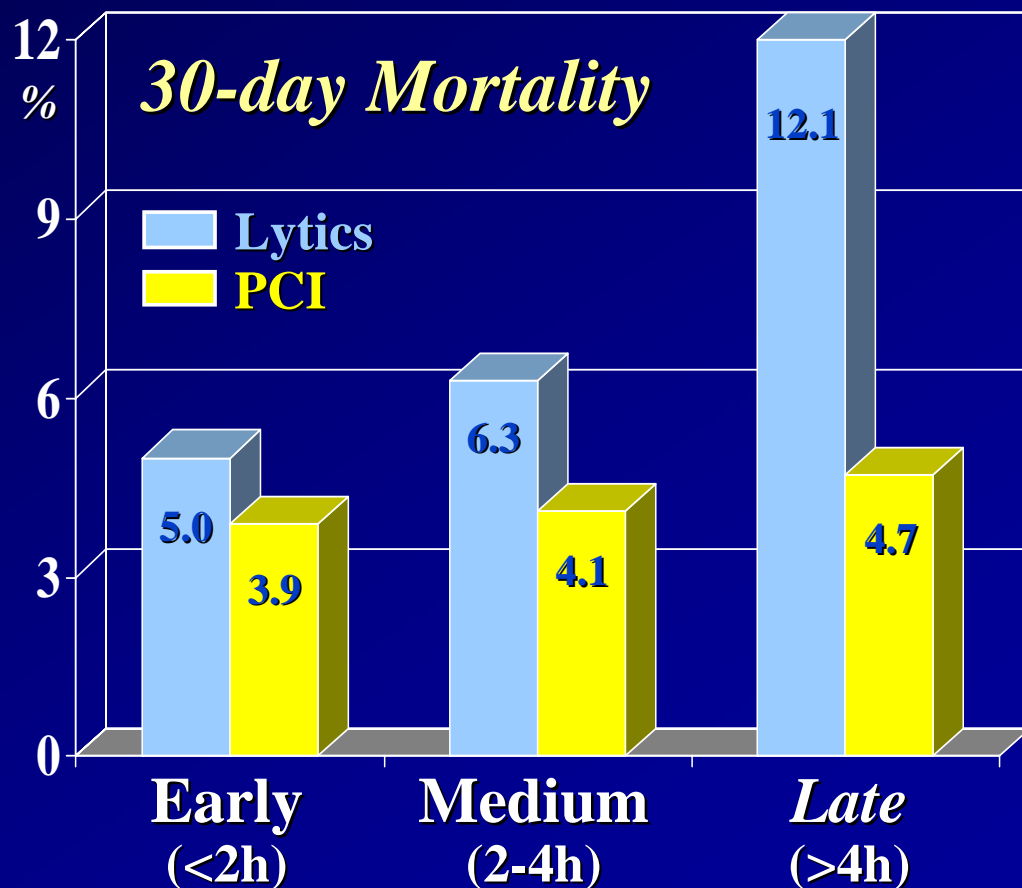


Reperfusion Therapy for STEMI

AMI Mortality in Netherlands



Pooled Analysis: PCI vs Lytics

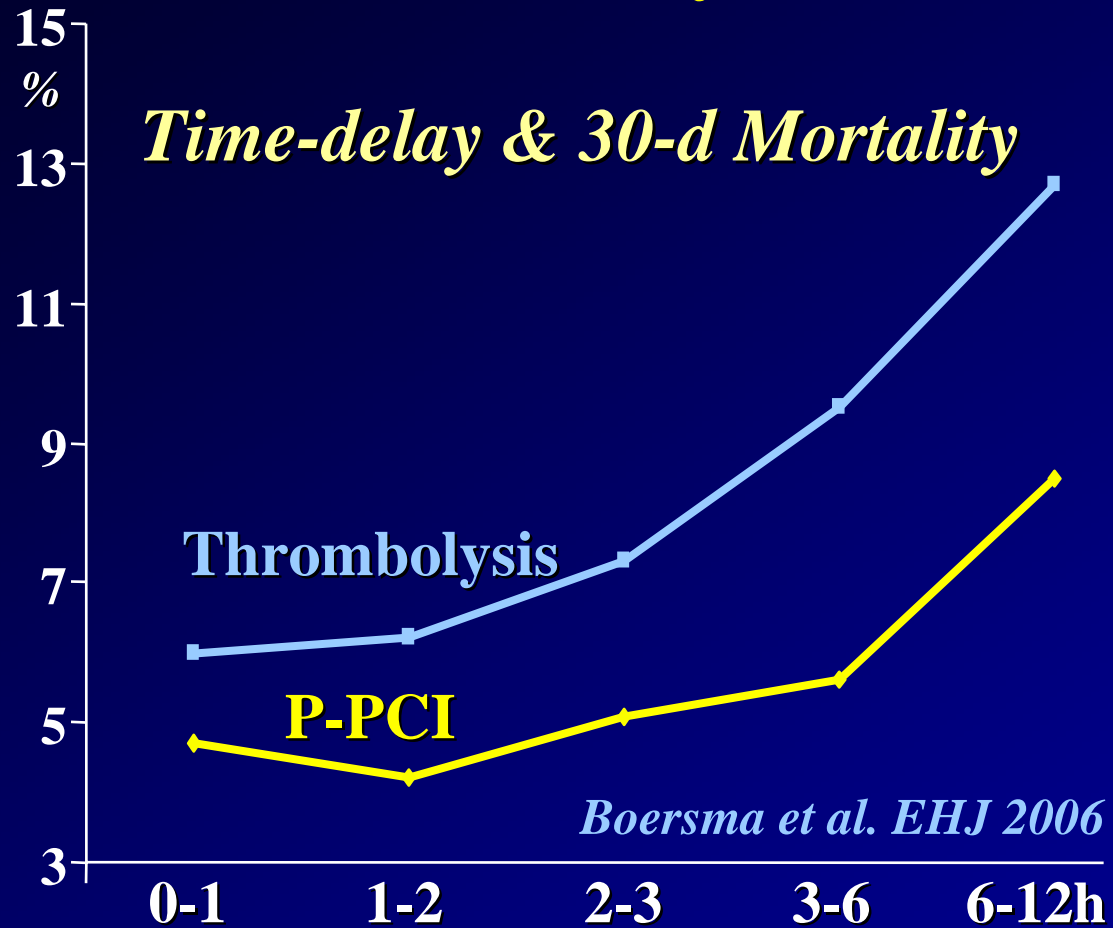


Zijlstra et al. Eur Heart J 2002

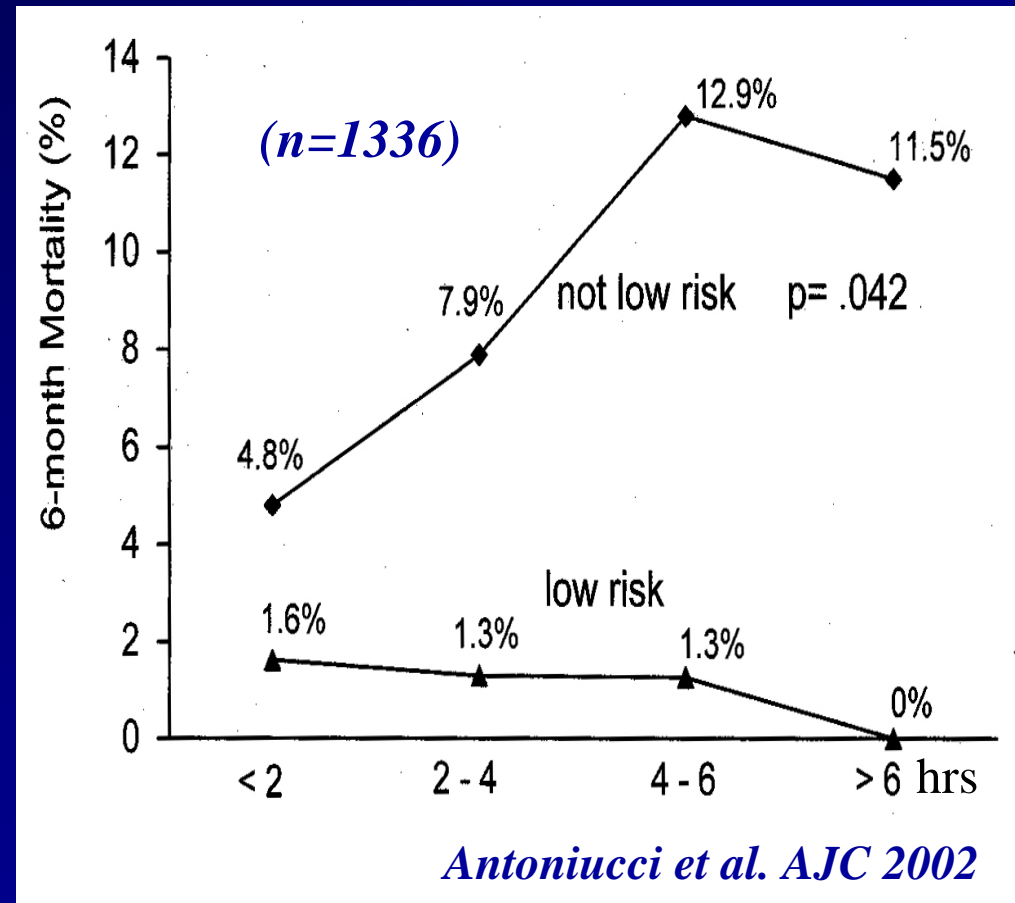
Are time-delays to Primary PCI really **NOT** that important?

Time-to-Reperfusion *and* Mortality

PCAT Meta-Analysis (n=6763)



High-Risk vs Low-Risk



Time-delay is related to mortality, not only for Lysis but also for PCI (high-risk)

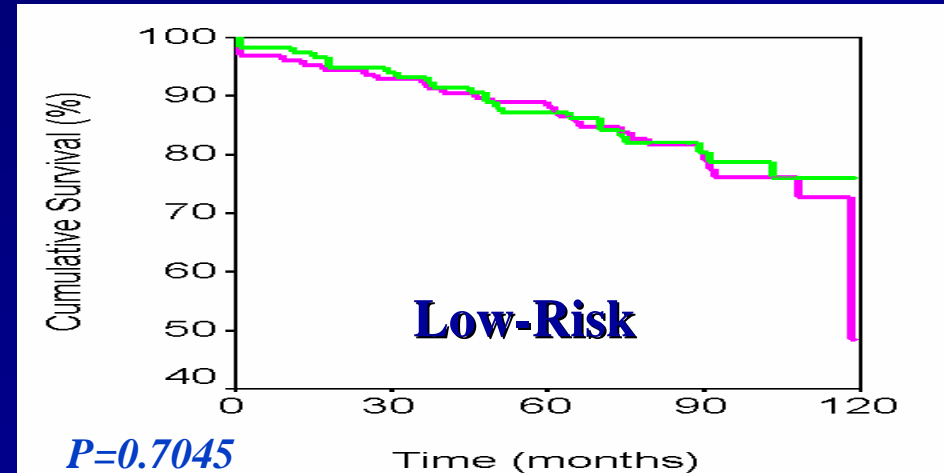
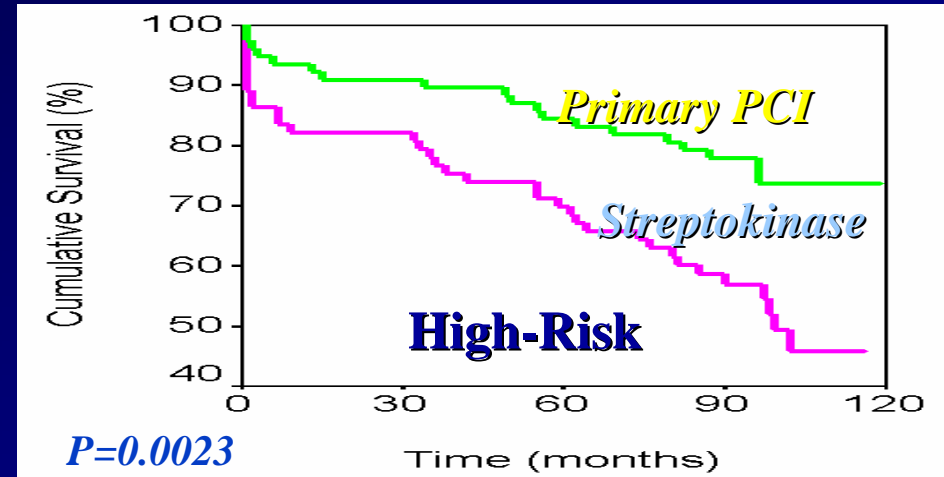
PCI for all STEMI's or only for "High Risk" Patients?

Zwolle Randomized Trial (1993-1995)

F/U @ 1-yr	High-Risk	Low-Risk	
	PCI (n=145)	PCI (n=45)	SK (n=50)
Mortality (%)	11	2	2
Stroke (%)	0	2	4
Re-MI (%)	3	3	16*
(Re)-PCI (%)	14	20	61*
CABG (%)	16	13	13
LVEF (%)	46	51	48

Zijlstra et al. JACC 1997

* $p < 0.01$



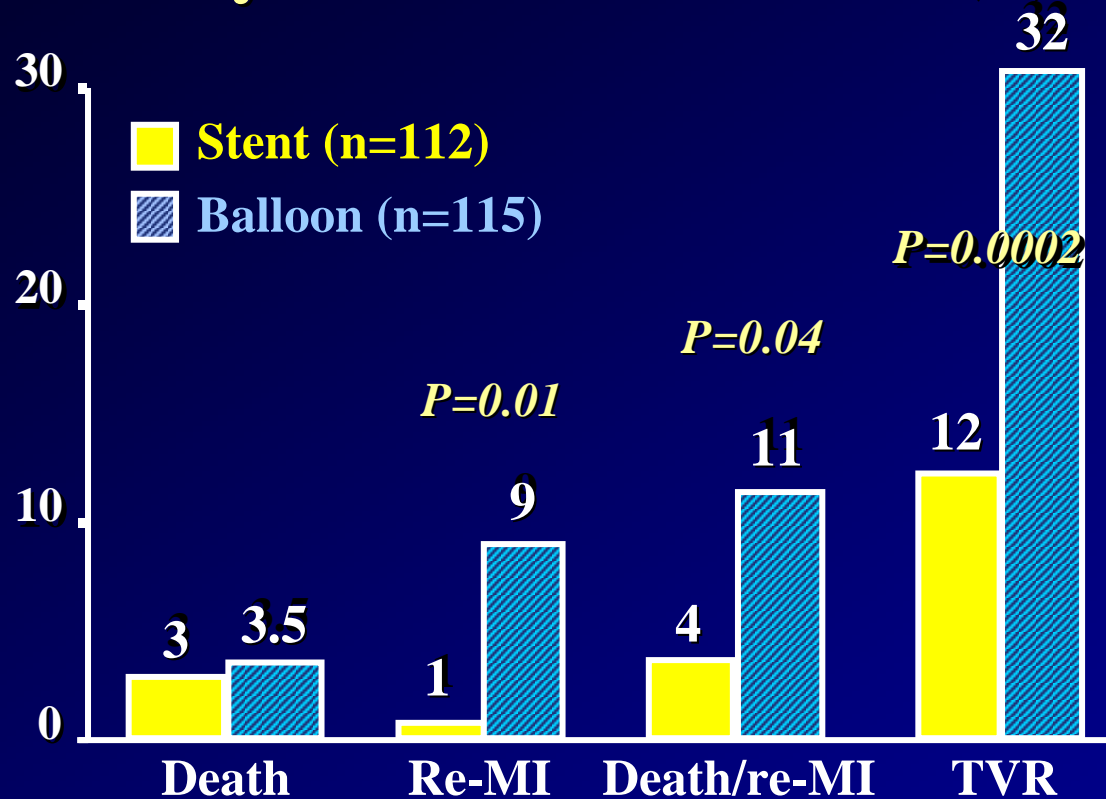
Henriques et.al. Heart 2006

PCI has never been shown to reduce mortality, except in subsets of pts with AMI

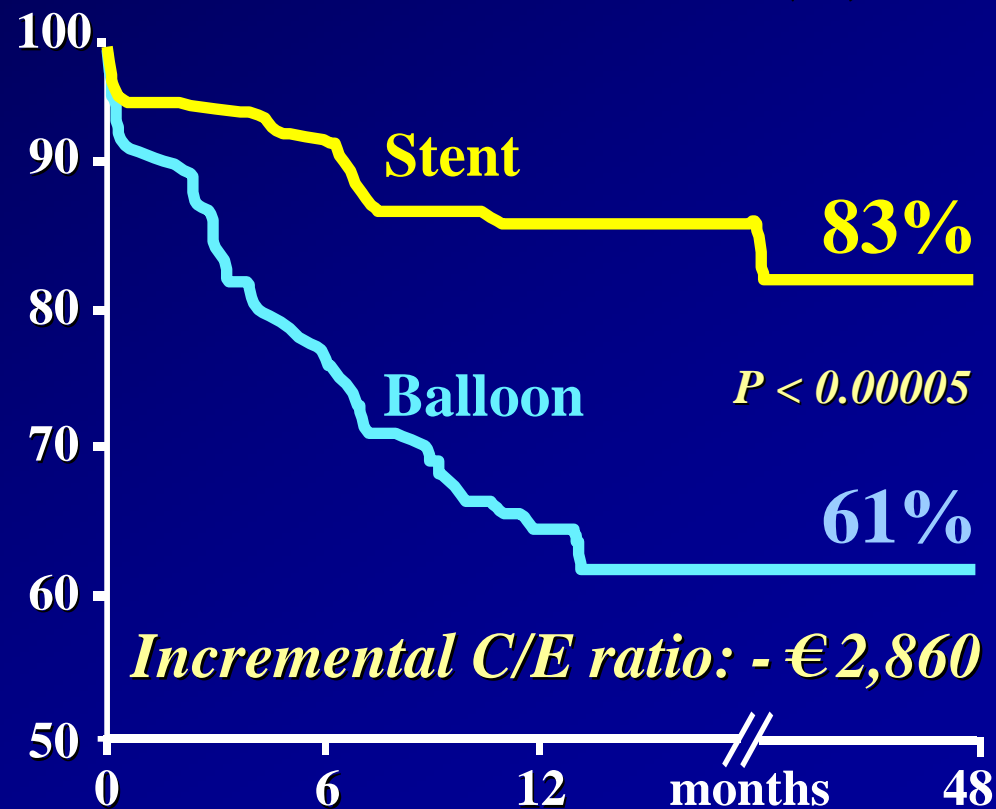
Primary Stenting vs Balloon Angioplasty for STEMI

Zwolle-5 Randomized Trial (1995-1997)

One-year Clinical Outcome (%)



Event-free Survival (%)



Suryapranata et al. Circulation 1998

Suryapranata et al. Heart 2001

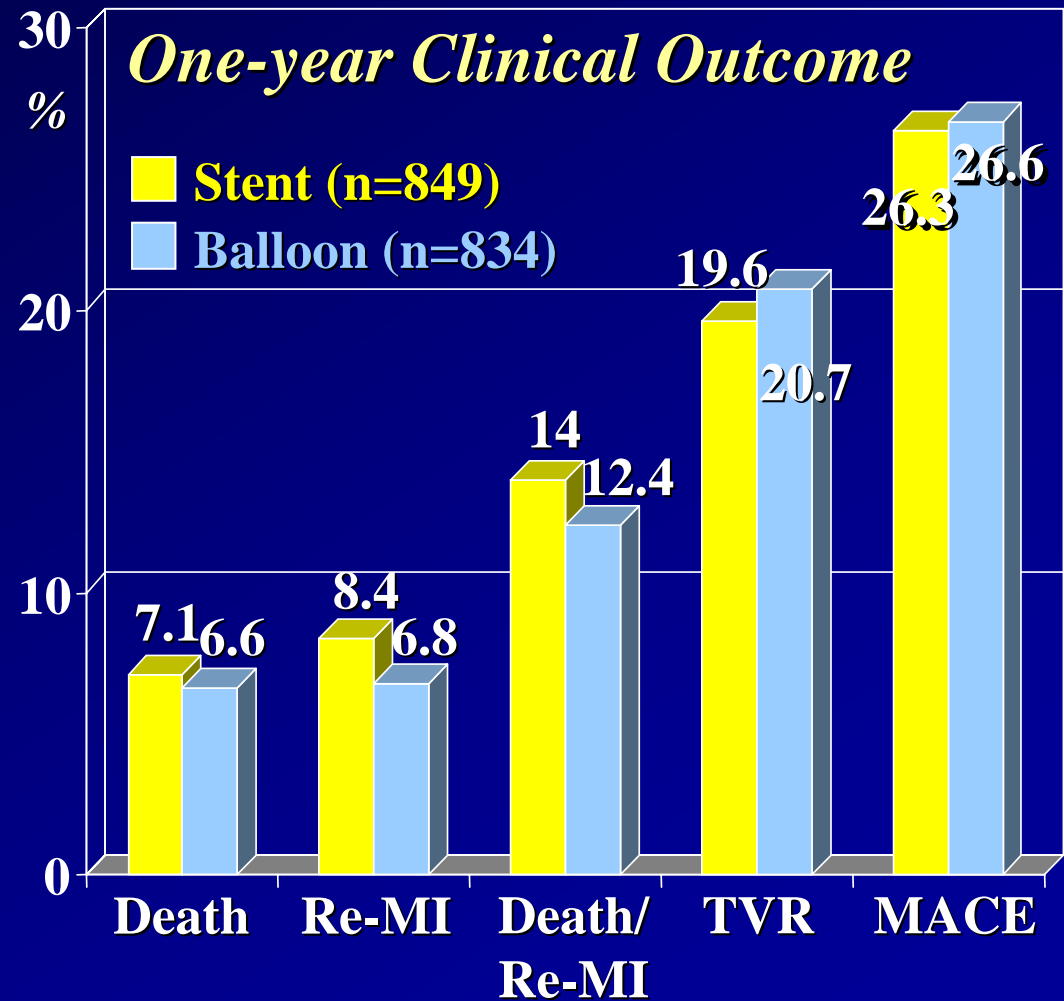
*Involving highly selected patients **after** the initial angiography
Excluding many patients considered 'non-suitable' for stenting*

Routine Stent vs Balloon in a consecutive series of unselected pts

Zwolle-6 “Real World” Randomized Trial

<i>Post-PCI Results</i>	Stent (n=849)	Balloon (n=834)
TIMI-3 Post (%)	88	88
MBG II-III (%)	81	80
Distal emboli (%)	14	18
Compl ST-res (%)	56	54
LVEF (%)	44	45
LDH Q48h (U/L)	1227	1286

Suryapranata et al. Heart 2005



- *Stent doesn't improve epi-/myo-cardial reperfusion, unlike to reduce mortality*
- *Stent has never been shown to reduce mortality, as compared to balloon*

Meta-Analysis: Stenting vs Balloon for STEMI (13 RCT's; n=6921)

12-month MORTALITY

STUDY	STENTING n/N (%)	BALLOON n/N (%)	OR (fixed) 95% CI	Weight %	OR 95% CI	P value
WITHOUT ABCIXIMAB						
CADILLAC	17/512 (3.3%)	28/518 (5.4%)		16.47	0.60 [0.32, 1.11]	1.0
FRESCO	1/75 (1.3%)	4/75 (5.3%)		2.42	0.24 [0.03, 2.20]	0.36
Jacksch et al	5/231 (2.2%)	7/231 (3.0%)		4.19	0.71 [0.22, 2.26]	0.56
PAMI	26/452 (5.8%)	14/448 (3.1%)		8.11	1.89 [0.97, 3.67]	0.056
PASTA	3/67 (4.5%)	6/69 (8.7%)		3.46	0.49 [0.12, 2.05]	0.49
PSAAMI	4/44 (9.1%)	8/44 (18.2%)		4.45	0.45 [0.12, 1.62]	0.35
STENTIM-2	3/101 (3.0%)	2/110 (1.8%)		1.14	1.65 [0.27, 10.1]	0.58
ZWOLLE-5	3/112 (2.7%)	4/115 (3.5%)		2.35	0.76 [0.17, 3.49]	1.0
ZWOLLE-6	47/785 (6.0%)	45/763 (5.9%)		26.26	1.02 [0.67, 1.55]	0.94
WITH ABCIXIMAB						
STOPAMI-3	25/305 (8.2%)	28/306 (9.2%)		15.71	0.89 [0.50, 1.56]	0.67
STOPAMI-4	7/90 (7.8%)	11/91 (12.1%)		6.21	0.61 [0.23, 1.66]	0.33
CADILLAC	28/524 (5.3%)	16/528 (3.0%)		9.23	1.81 [0.97, 3.38]	0.061
ABCIXIMAB	60/919 (6.5%)	55/925 (5.9%)		31.25	1.10 [0.76, 1.61]	0.6
CONTROL	109/2379 (4.6%)	118/2373 (5.0%)		68.75	0.92 [0.70, 1.20]	0.5
TOTAL (95% CI)	169/3298 (5.1%)	173/3298 (5.2%)		100.00	0.97 [0.78, 1.21]	0.81

De Luca, Suryapranata et al. JACC 2006

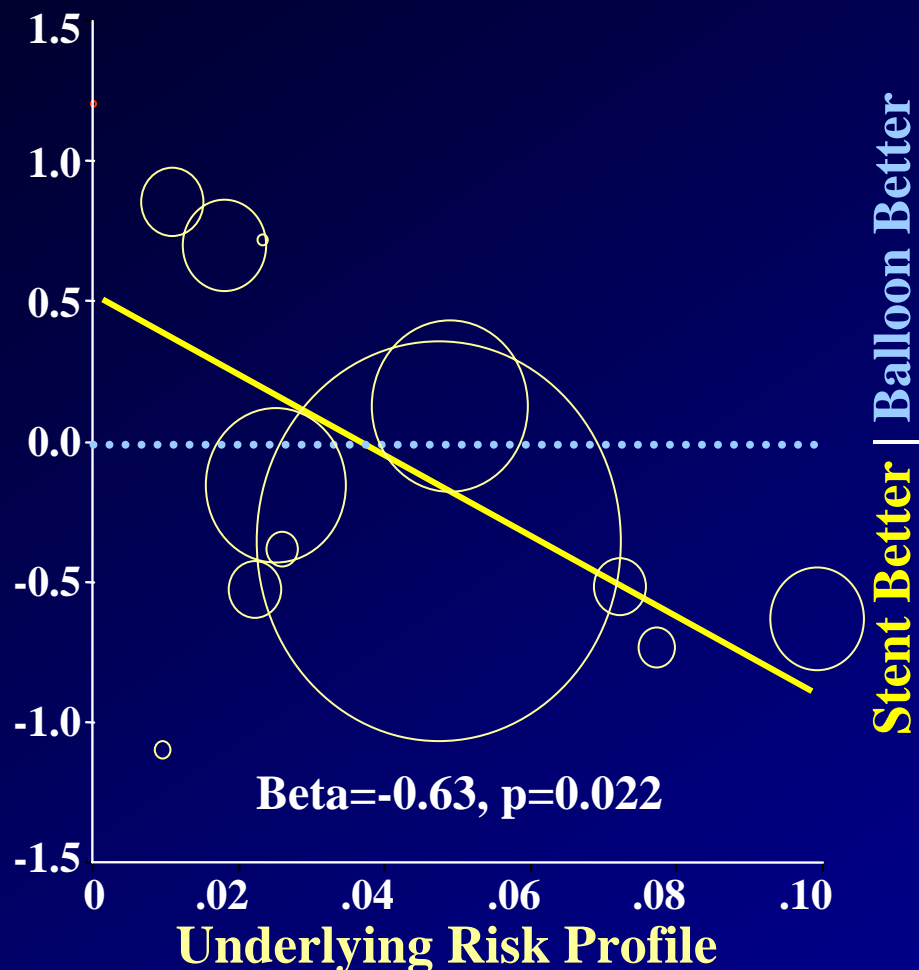
0.1 0.2 0.5 1 2 5 10

STENT BETTER

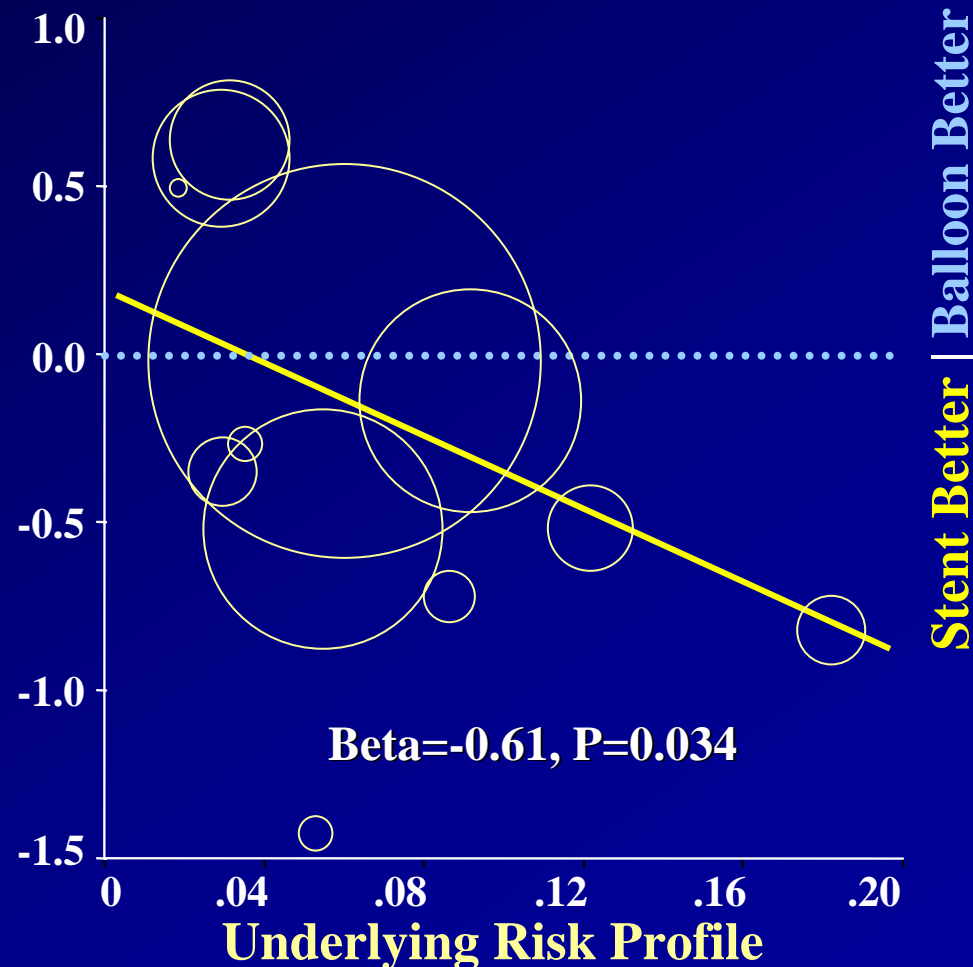
BALLOON BETTER

Meta-Regression Analysis: *Stenting vs Balloon* for AMI (n=6921)

Log (OR) for 30-day Mortality



Log (OR) for 12-month Mortality

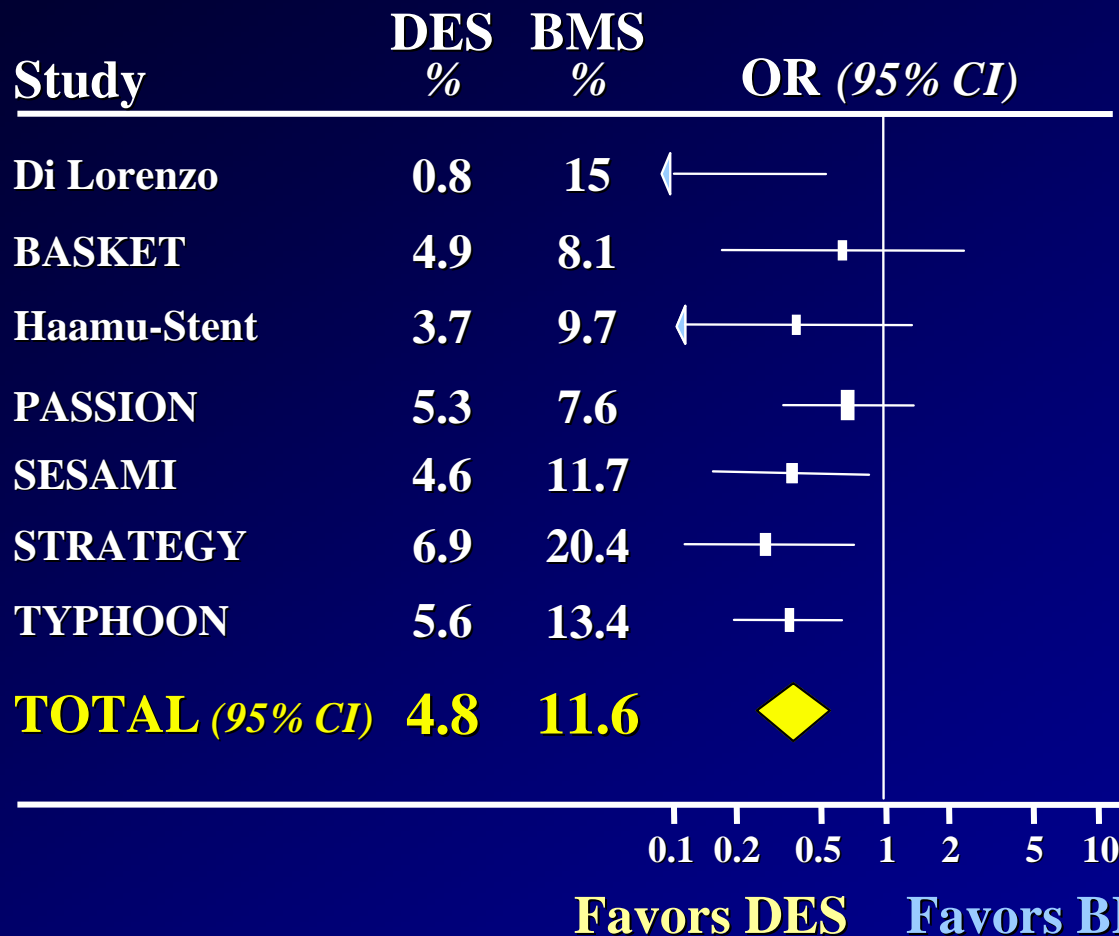


De Luca, Suryapranata et al. JACC 2006

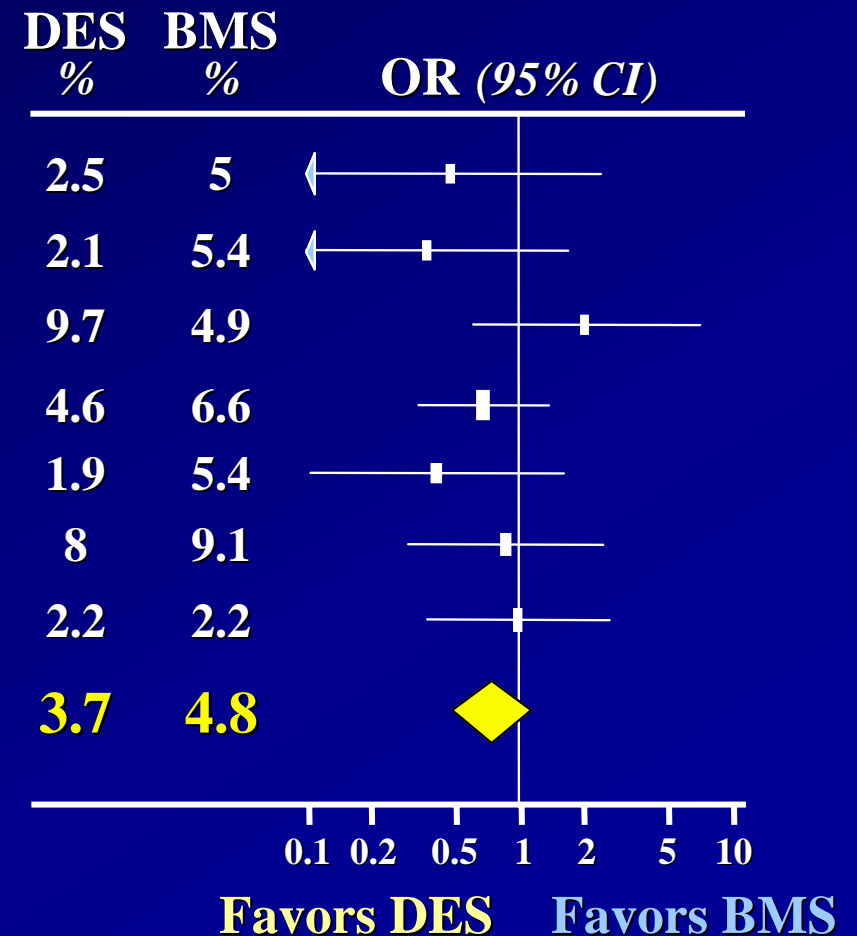
The higher the risk profile, the greater the benefits from Stenting

Meta-Analysis: DES vs BMS for STEMI (n=2360)

TVR @ 6-12 Months



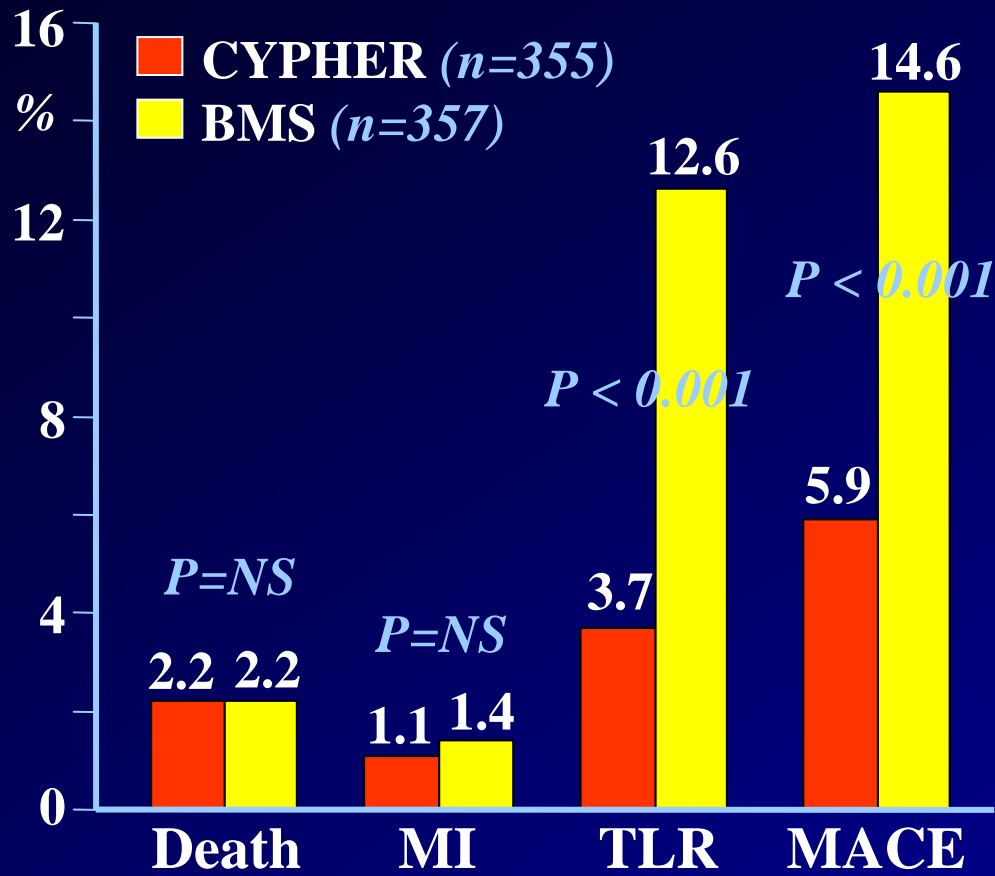
Mortality @ 6-12 Months



No difference in Stent Thrombosis (1.2 vs 1.9%) or re-MI (2.3 vs 2.7%)

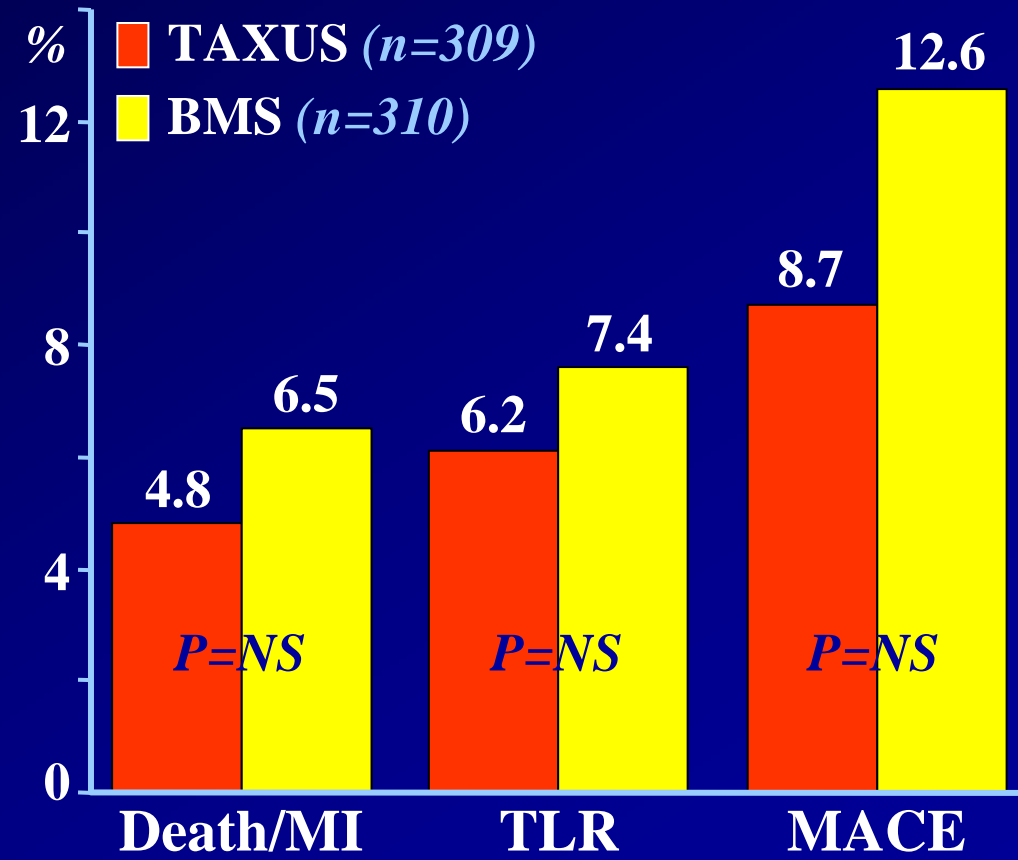
Randomized Trials: DES vs BMS for STEMI @ 1-year F/U

TYPHOON



Stent Thrombosis: 3.4 vs 3.6%

PASSION



Stent Thrombosis: 1%

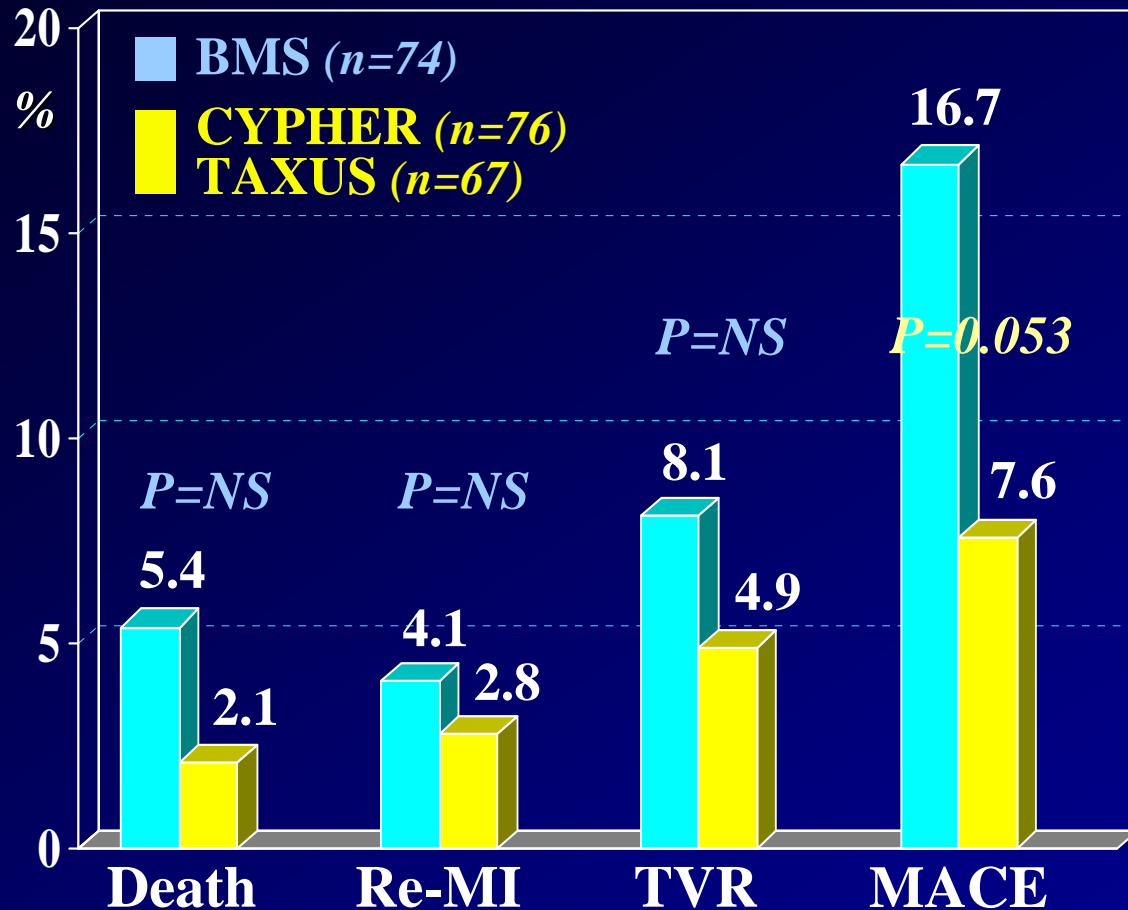
Spaulding et al. NEJM 2006

Laarman et al. NEJM 2006

No difference in Mortality or re-MI @ 1-year F/U

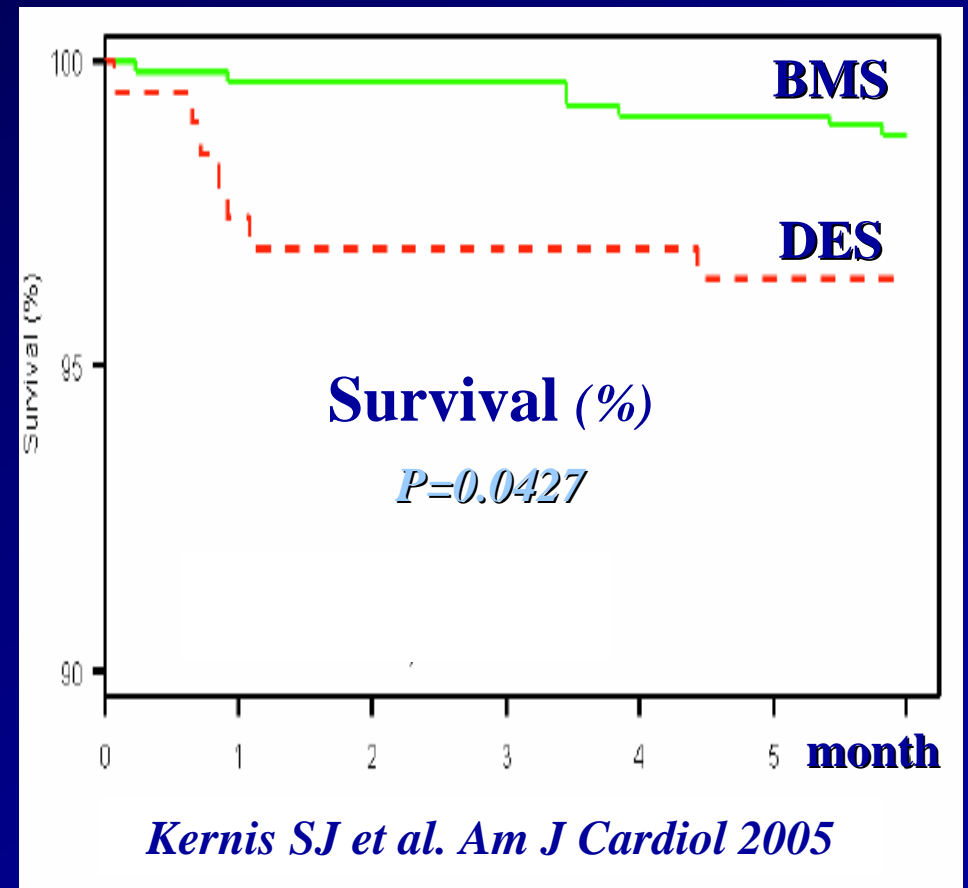
DES vs BMS for STEMI @ 6-month F/U

BASKET Trial



Pittl et al. WCC 2006

PREMIER Registry



Kernis SJ et al. Am J Cardiol 2005

The safety & efficacy of DES for STEMI remain to be established

The **CEZAR** Trial

Cypher vs Taxus drug-Eluting stent: A Zwolle AMI Randomized trial

Interim Analysis

Baseline	TAXUS <i>(n=134)</i>	CYPHER <i>(n=135)</i>	Risk Factors	TAXUS <i>(n=134)</i>	CYPHER <i>(n=135)</i>
Age (<i>mean, yr</i>)	60	61	Diabetes (%)	12	11
Male (%)	72	70	Hypertension (%)	32	28
Prev MI (%)	7	5	Hyperchol (%)	53	59
PCI/CABG (%)	9	6	Smoking (%)	36	35

Interim results as of August 31, 2006 (n=269)

The **CEZAR** Trial

Cypher vs Taxus drug-Eluting stent: A Zwolle AMI Randomized trial

Initial Results

QCA-Post	TAXUS (n=115)	CYPHER (n=114)	F/U @ 30d	TAXUS (n=134)	CYPHER (n=135)
RD (mm)	2.69	2.63	Death	2	3
Length (mm)	16	17	Re-MI	4	3
MLD (mm)	2.62	2.59	CABG	1	0
DS (%)	4.7	4.5	SAT/TLR	4	5

DES for AMI seems to be feasible and even more effective in reducing TVR
Safety issue of DES on SAT, particularly in AMI's, remain to be established

Predictors of Late Stent Thrombosis

After Successful DES Implantation

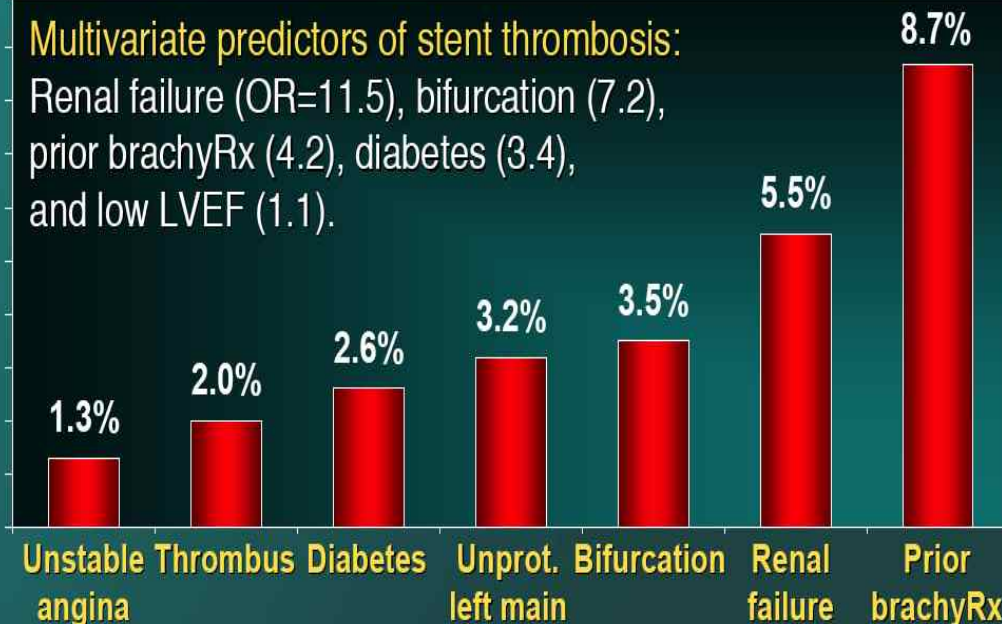


Stent Thrombosis in High Risk Groups



Stent thrombosis occurred in 27/2229 pts (1.2%) treated with DES (SES or PES)

Multivariate predictors of stent thrombosis: Renal failure (OR=11.5), bifurcation (7.2), prior brachyRx (4.2), diabetes (3.4), and low LVEF (1.1).



COLUMBIA UNIVERSITY
MEDICAL CENTER

TCT 2004

CARDIOVASCULAR
RESEARCH FOUNDATION

Predictors of six-month major adverse cardiac events

Variable	Hazard Ratio	95% Confidence Interval	p Value
<i>Chu: AJC 2006</i>			
Univariate predictors			
ACC/AHA type C lesion	2.22	1.24-3.97	0.007
Acute MI on admission	1.86	1.03-3.36	0.041
≥3 SES implantations	4.00	2.11-7.57	<0.0001
Cardiogenic shock	4.75	1.48-15.23	0.009
Previous MI	1.80	1.04-3.13	0.036
Acute renal insufficiency	4.40	1.59-12.17	0.004

Predictors of Late Stent Thrombosis	Hazard Ratio	95% C.I	P value
Premature antiplatelet discontinuation	89.78	29.9-269	<.001
Renal failure	6.49	2.60-16.2	<.001
Bifurcation lesion	6.42	2.93-14.1	<.001
Diabetes	3.71	1.74-7.89	.001
EF per 10% decrease	1.09	1.05-1.13	<.001

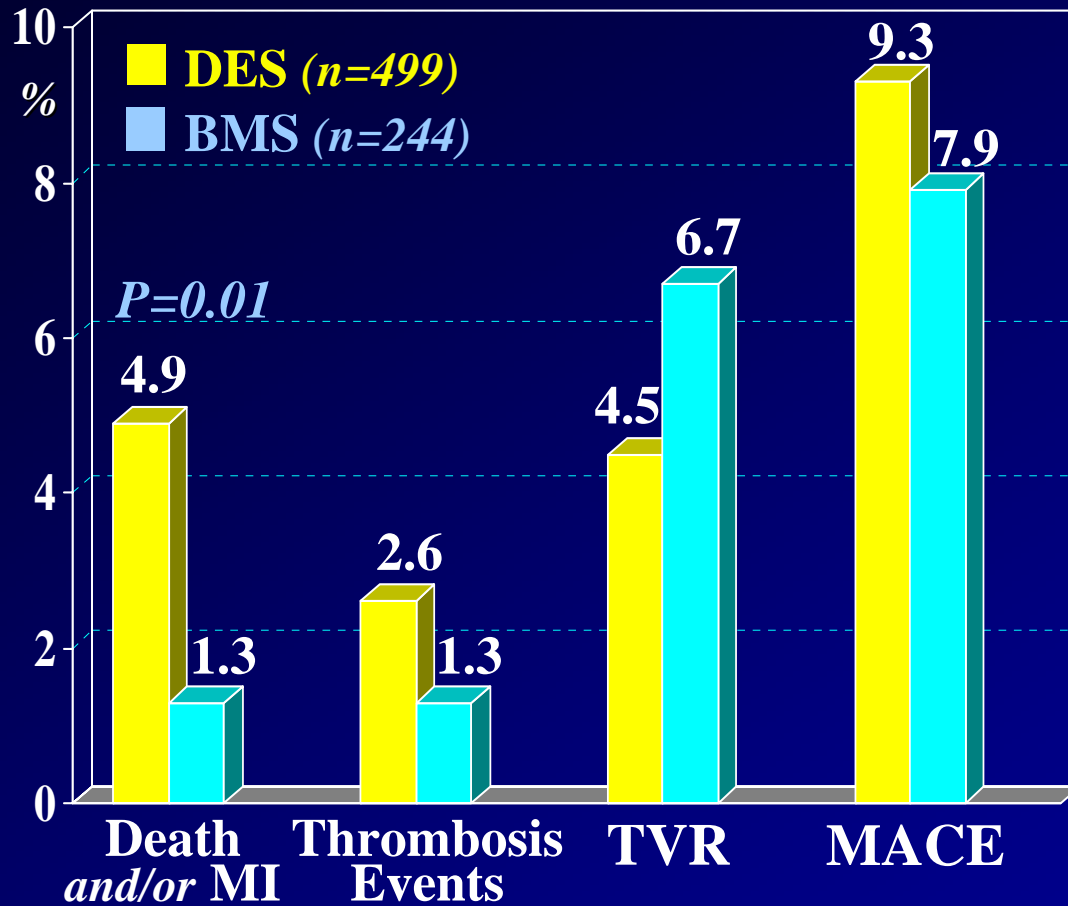
Iakovou et al. JAMA 2005

Late Stent Thrombosis is associated with 50% Mortality

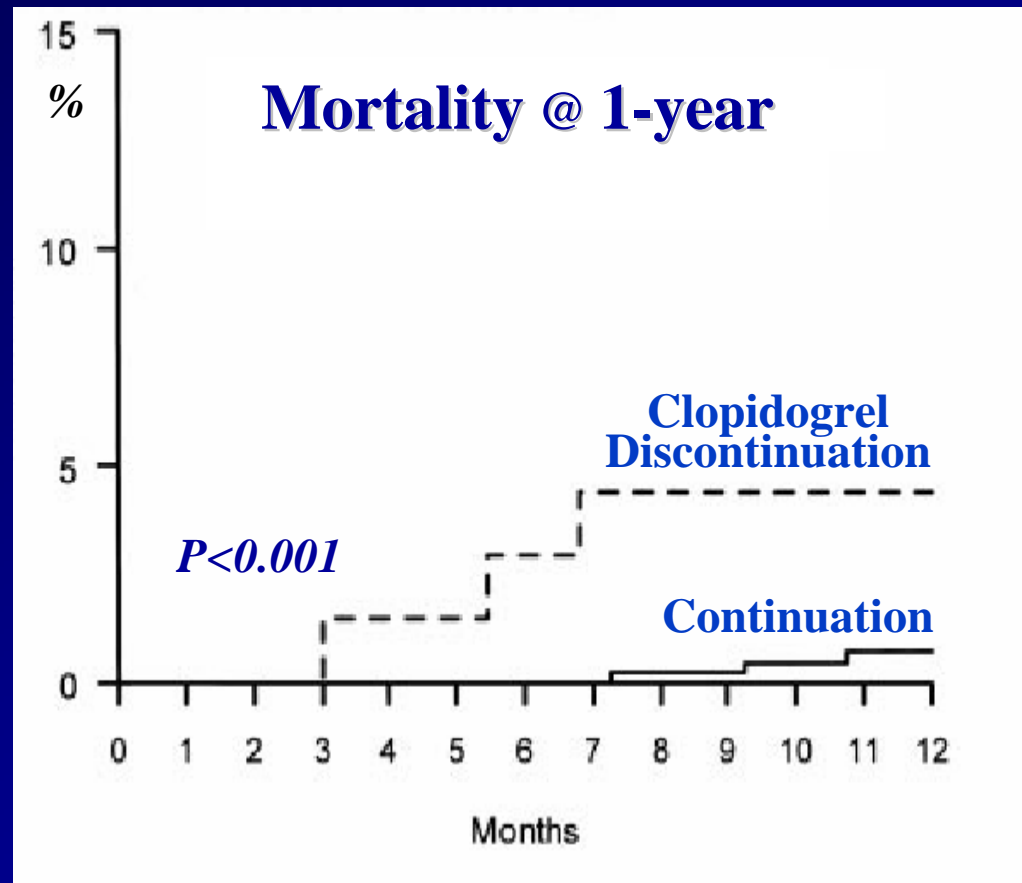
Drug-Eluting Stent vs Bare Metal Stent

Late Thrombotic Events @ 1-yr after Clopidogrel Discontinuation

BASKET LATE



PREMIER Registry



Scientific papers on Late Thrombosis *after* DES

.... and the list is growing rapidly

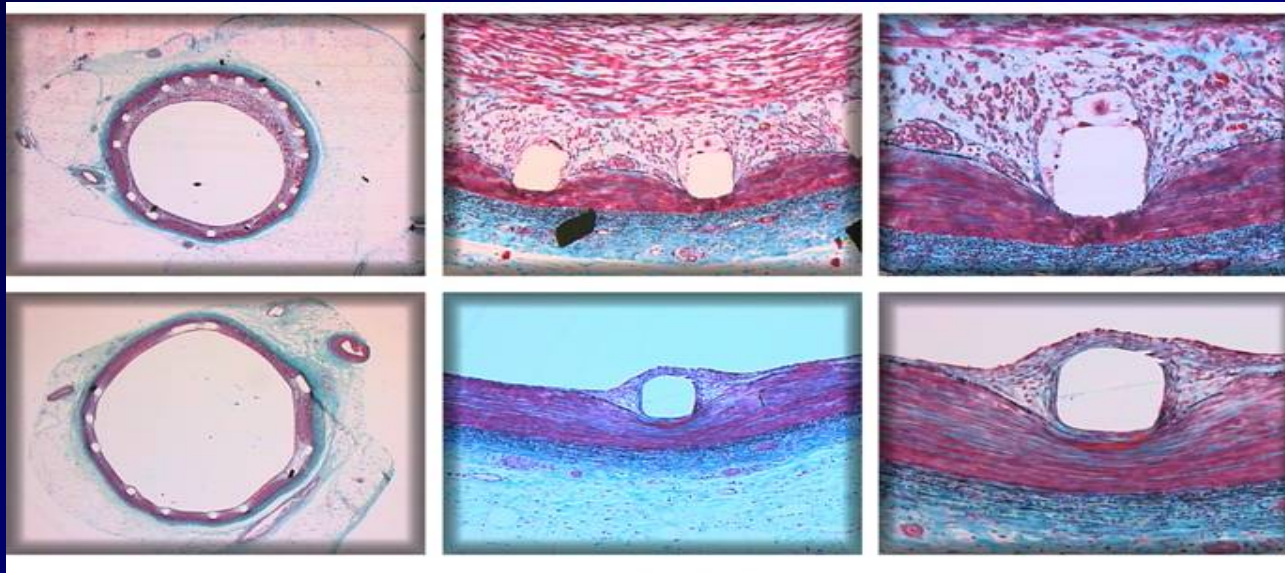
1. **Virmani R *et al.* Circulation 2004: Localized hypersensitivity and late coronary thrombosis secondary to a sirolimus eluting stent, should we be cautious**
2. **McFadden E *et al.* Lancet 2004: Late thrombosis in drug eluting coronary stents after discontinuation of antiplatelet therapy**
3. **Iakovou I *et al.* JAMA 2005: Incidence, predictors, and outcome of thrombosis after successful implantation of drug eluting stents**
4. **Biondi-Zoccai GG *et al.* Am J Cardiol 2005: Validation of predictors of intraprocedural stent thrombosis in the drug eluting stent era**
5. **Ong AT *et al.* JACC 2005: Late angiographic stent thrombosis (LAST) with drug eluting stents**
6. **Nilsen DW *et al.* Intern J Cardiol 2005: Late complications following the deployment of DES**
7. **Waters RE *et al.* Cathet Cardiovas Intervent 2005: Late thrombosis following treatment of in-stent restenosis with drug eluting stents after discontinuation of antiplatelet therapy**
8. **Derghazarian S, Eisenberg MJ. Am Heart Hosp J 2005: Late thrombosis associated with DES**
9. **Ong AT, Serruys PW. Texas Heart Institute Journal 2005: Drug eluting stents**

DES issue on Late Thrombosis: Due to Impaired Re-endothelialization?

GENOUS *Endothelial Progenitor Cells* Capture Technology

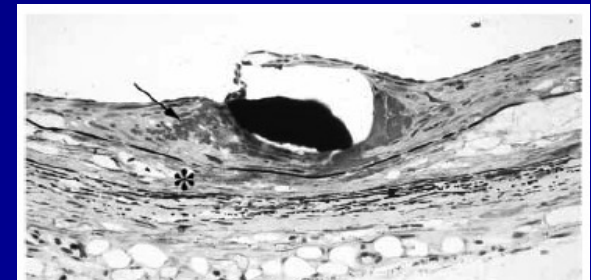
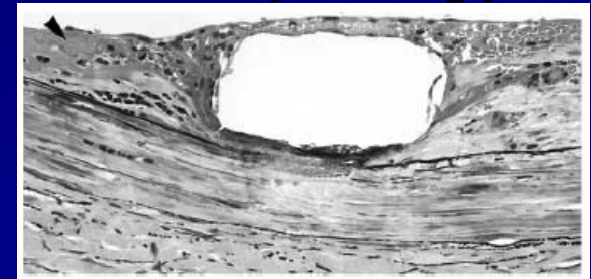
- EPCs are bone marrow derived, present in the circulating blood, (*First described by Asahara in 1996*)
- They have the ability to differentiate into mature endothelial cells, which may accelerate Healing process, protect against thrombus, and minimize restenosis, with safety profile over current *DES*

BMS: *Typical neo-intimal response to stent injury*



Genous: *Complete healing with mature neo-intima*

Brachytherapy

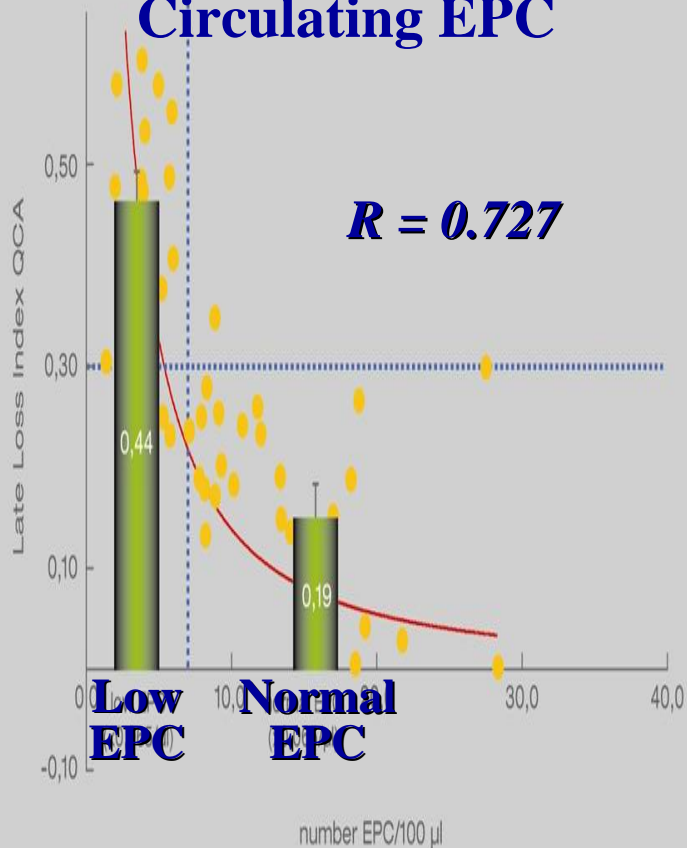


Drug-Eluting Stent

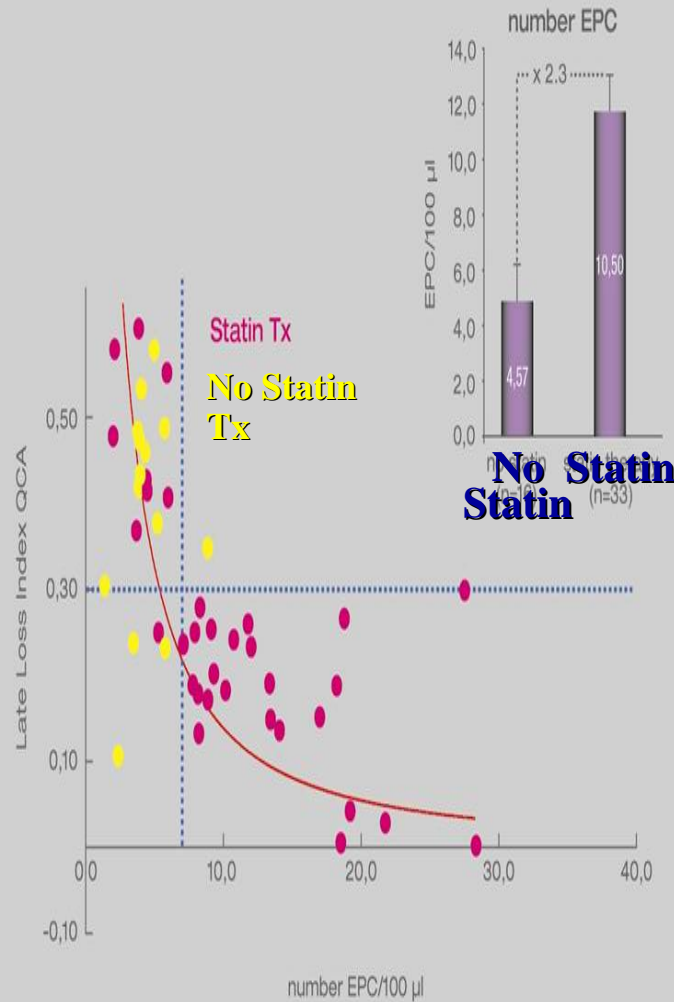
Late Loss Index, Circulating EPC, and Statin Therapy

Initial Results from HEALING II Study

Late Loss Index and Circulating EPC



PW Serruys & HH Duckers, TCT 2005



Clinical F/U Healing-II @ 9 months

EPCs **Low** **Normal**
 (n=24) (n=25)

Death (%)	0	0
MI (%)	0	0
SAT (%)	0	0
TLR (%)	8	0
ISR (%)	17	0

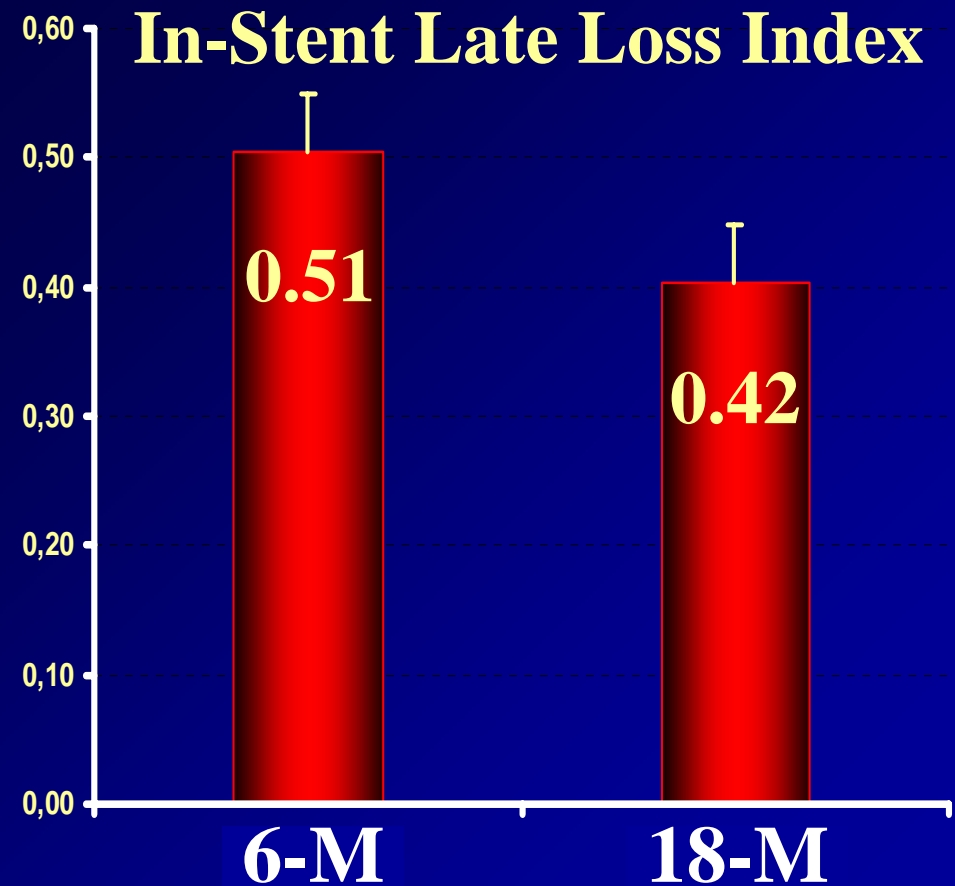
The higher the circulating EPC levels, the lower the Late Loss Index

The HEALING-II Trial

Serial QCA Analysis at 6 & 18 months F/U

QCA-F/U	6-month (n=30)	18-month (n=30)
RD (mm)	2.49	2.58
MLD (mm)	1.69	1.81
DS (%)	31.5	29.2
Late Loss (mm)	0.71	0.58

Duckers, euroPCR 2006



Zwolle **HEALING-AMI** Study

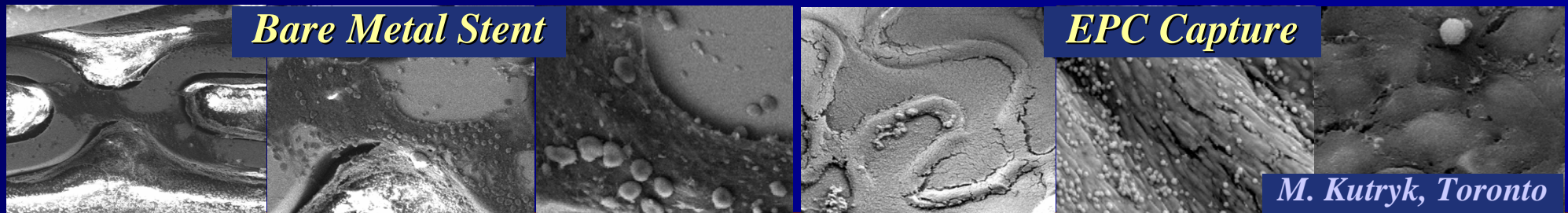
A Safety Evaluation of Genous Bio-engineered R-Stent for AMI

- A prospective single-center pilot study on the safety and feasibility of Genous Bio-engineered R-stent in 50 AMI's
- Clinical F/U at 30-d, 6 and 12 months; F/U angio at 6 M
- Blood samples for EPCs at baseline, 30-d and 6-months
- A loading dose of atorvastatin (80mg), aspirin (300mg) & clopidogrel (300mg), followed by clopidogrel (75mg) for 30-d, atorvastatine (80mg) and aspirin (100mg) for \geq 6-M
- Primary endpoint: SAT at 30 days F/U
Secondary endpoints: MACE @ 30d, 6-12M; ISR @ 6M

Zwolle **HEALING-AMI** Study

RATIONALE

- Although DES seems to be safe & feasible, *Stent Thrombosis* remains high despite prolonged dual antiplatelet therapy
- Rapid re-endothelialization, *by capturing Pt's own EPCs*, may reduce inflammation, ST & ISR, despite 30d clopidogrel
- The higher the circulating EPCs, the lower the late loss
- High EPC levels in **AMI** setting & in patients on **Statin**
- Serial QCA (6-18M) revealed 20% reduction in Late Loss



Rapid and complete stent re-endothelialization 48hrs after Genous stent

Zwolle **HEALING-AMI** Study

*A pilot trial on safety & feasibility of Genous R-Stent for AMI
Pre-treated with statin, aspirin, and clopidogrel (for only 30-d)*

Initial Results

Baseline			Risk Factors		
Age (yrs)	57	(35-81)	Diabetes	7	14%
Male	37	74%	Hypertension	17	34%
LAD	18	36%	Hyperchol	13	26%
RCA	18	36%	Smoking	29	58%
CX	14	28%	Fam. History	25	50%

As of March 31, 2007 (n=50)

Zwolle **HEALING-AMI** Study

*A pilot trial on safety & feasibility of Genous R-Stent for AMI
Pre-treated with statin, aspirin, and clopidogrel (for only 30-d)*

Clinical Outcome @ 30-days

• **Cardiac death**

1

• **Recurrent MI**

1*

• **Stent Thrombosis**

1*

• **Re-PCI**

1*

• **CABG**

3*

• **MACE**

4

** Same patient due to edge dissections*

Initial results as of March 31, 2007 (n=50)

Primary Stenting for STEMI

Clinical Implications in DES Era

CONCLUSION

- Routine stenting in **unselected** STEMI pts does not seem to improve clinical outcome, when compared to balloon
- Stenting has never been shown to reduce mortality rate, but it is only associated with a reduction in TVR/TLR
- Although DES for AMI seems to be feasible & effective in reducing TVR, safety issue remains to be established
- The potential role of **Genous** stent for *STEMI*, to further reduce SAT and ISR, is currently being investigated



AMI Intervention
Take home message



- ✓ **The Early The Better**
- ✓ **The Higher The Risk
The Greater The Benefit**

*Enhancement of Engine Power in Ambulances
is more effective than any Pre-hospital Therapy*