

Durable Clinical Benefit Following Paclitaxel-  
Eluting Stent on the Outcome of Patients  
with Very Long Coronary Lesions  
Multicenter Registry 2-Year Results

New Tokyo Circulation Research Group  
New Tokyo Hospital

**Sunao Nakamura M.D, Ph.D.**  
**FACC, FESC, FSCAI**

# Background

*PCI for very long lesions represents.....*

1. High incidence of complication
2. High incidence of restenosis

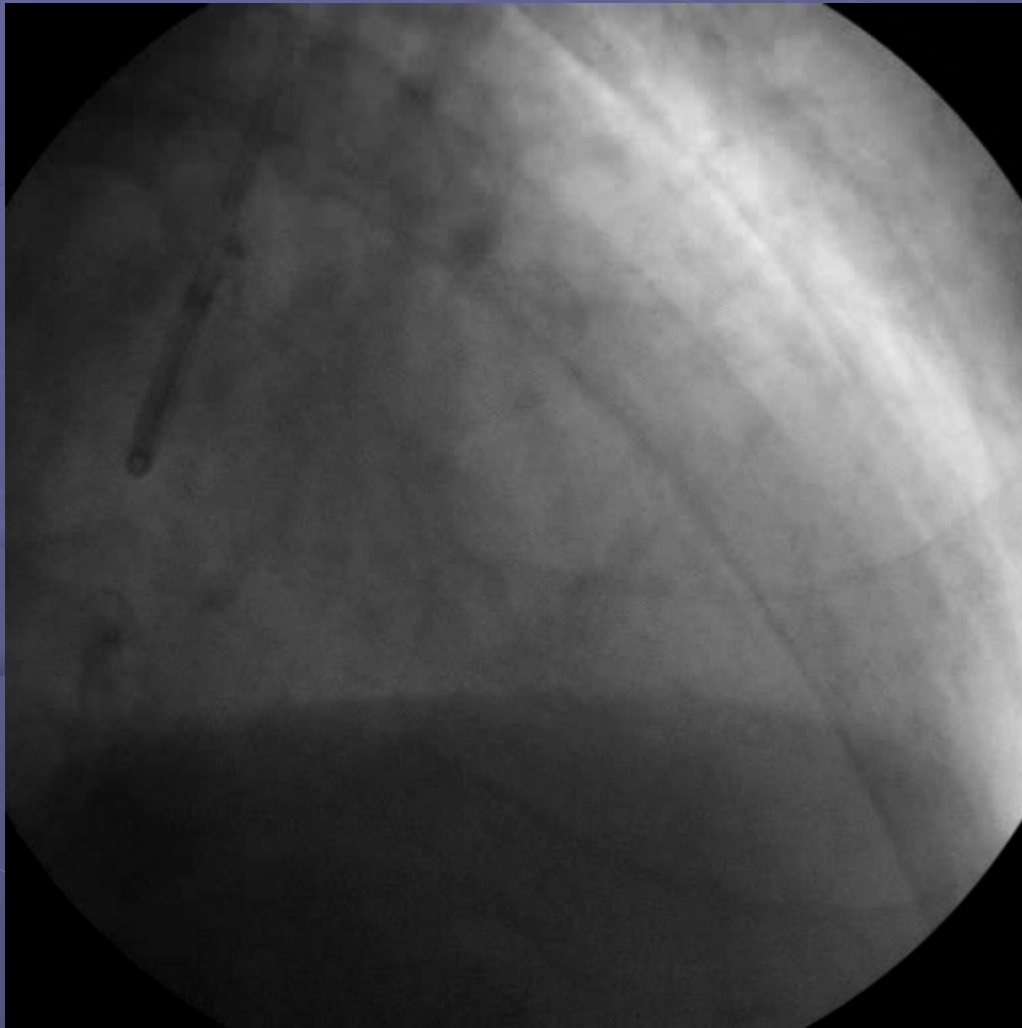
*And more.....*

1. Stent fracture
2. Stent thrombosis

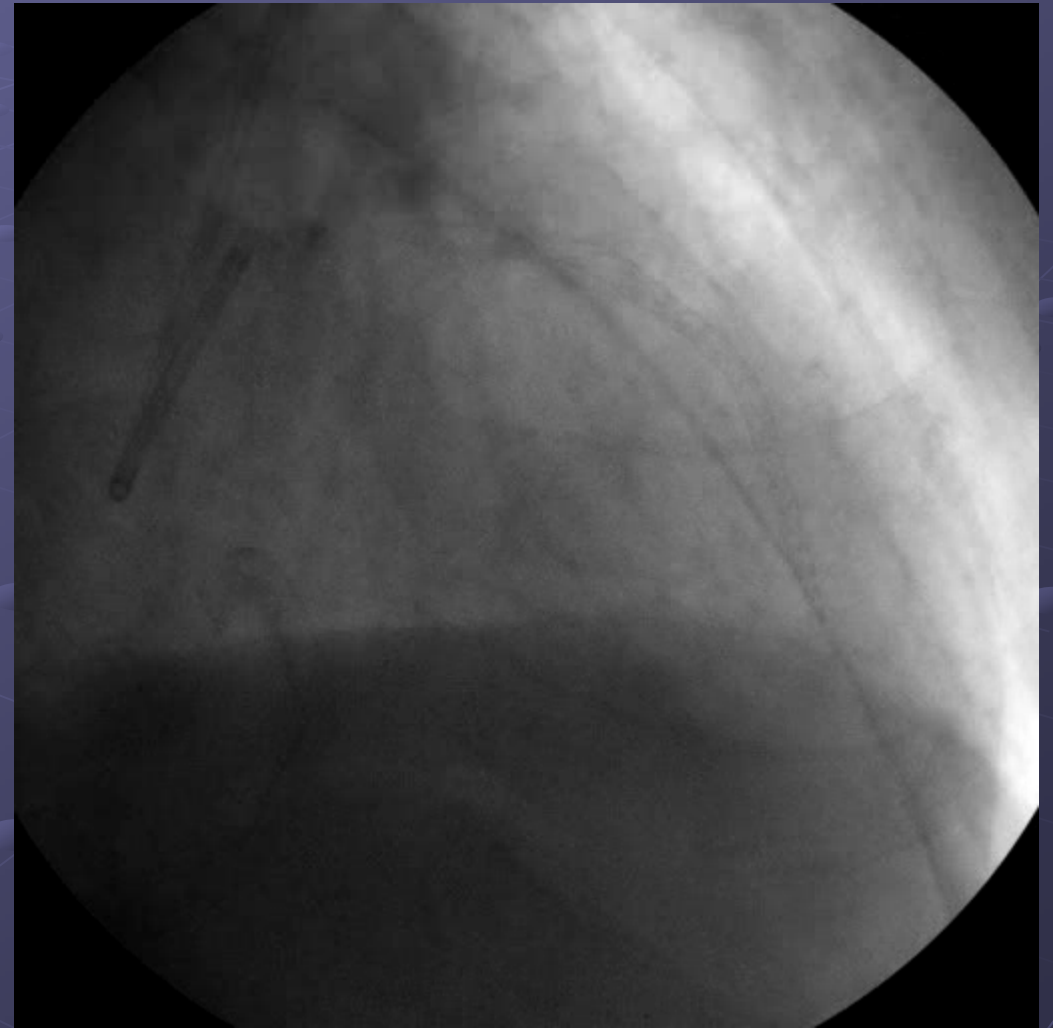
# Case LAD diffuse lesion

*Long Lesion*

Pre



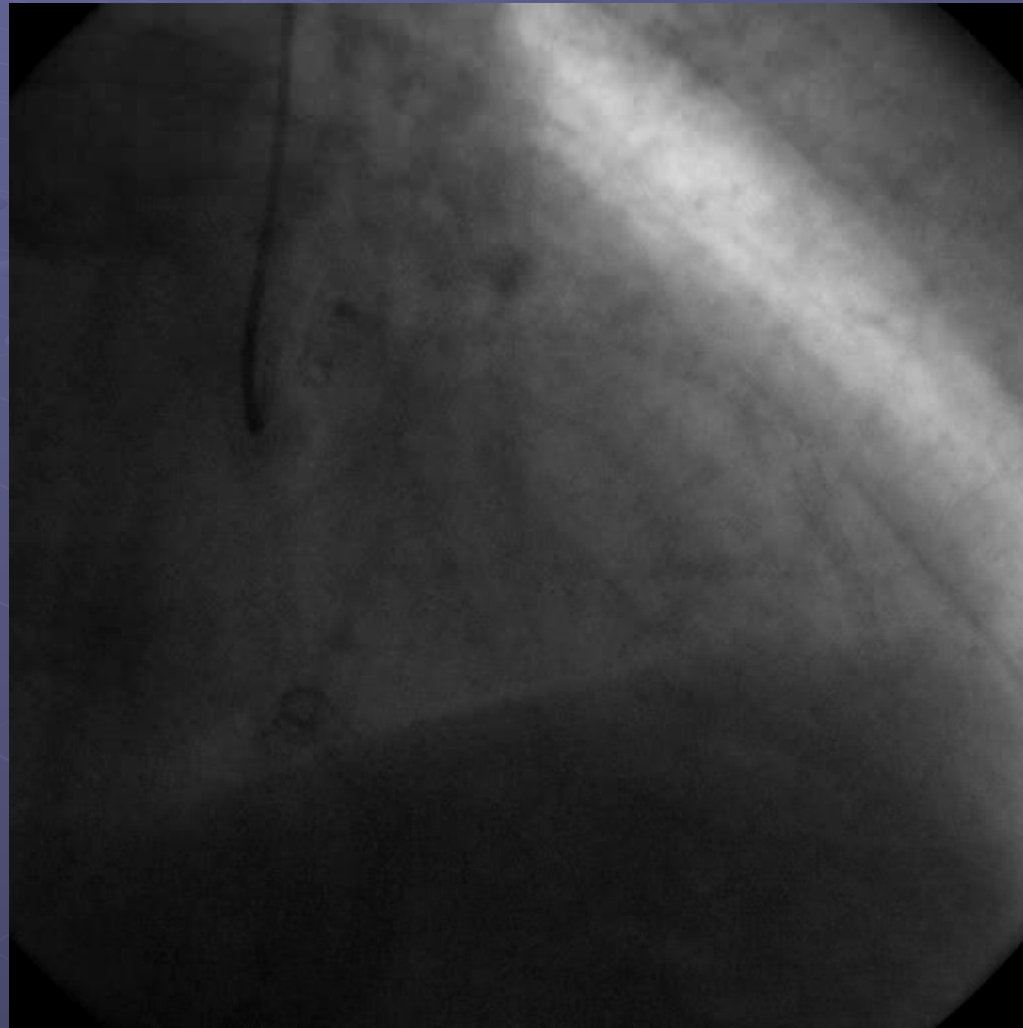
Post long TAXUS stenting



# Case LAD diffuse lesion

*Long Lesion*

Follow up



## **Aim**

To evaluate the safety, efficacy and durability of Paclitaxel-eluting stent (TAXUS) implantation for very long coronary lesions ( $\geq 40\text{mm}$ ).

To compare with a control group composed of patients with long coronary lesions treated with long bare metal stents in the same period.

## Inclusion Criteria

- ◆ Patients symptomatic for chest pain or demonstrating inducible ischemia with angiographic evidence of  $\geq 75\%$  diameter stenosis of Very long coronary artery stenosis. ( RD; 2.5-4.0 mm in diameter,  $\geq 40$  mm lesion length )
- ◆ All consecutive patients who underwent successful PCI using Paclitaxel-eluting stent (PES) and Bare Metal Stent(BMS).

## Exclusion Criteria

- ◆ Contraindication to antiplatelet agents
- ◆ In-stent restenosis
- ◆ Chronic total occlusions
- ◆ Acute myocardial infarction within 48 hrs
- ◆ Grafted lesion

## Procedure Technique

- ◆ Procedure strategy was mandated by the operator

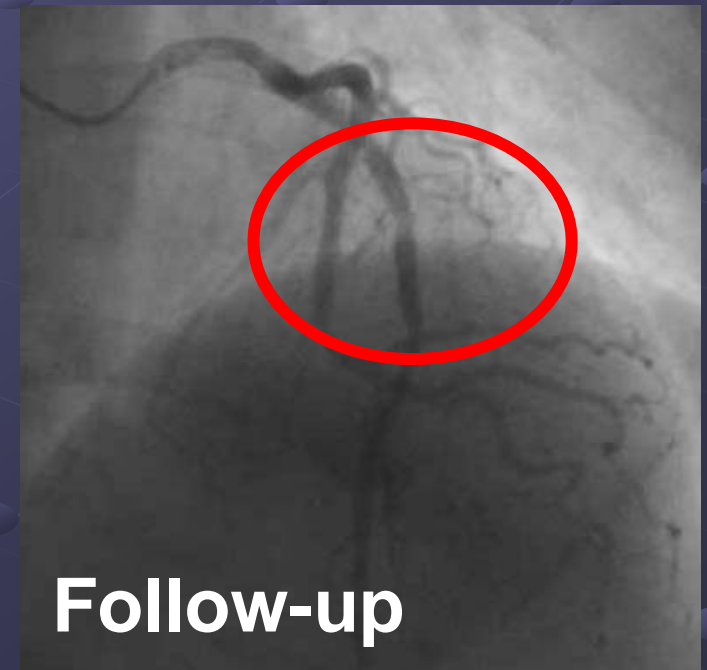
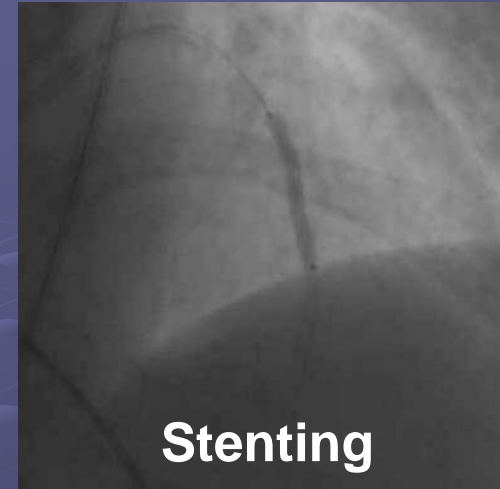
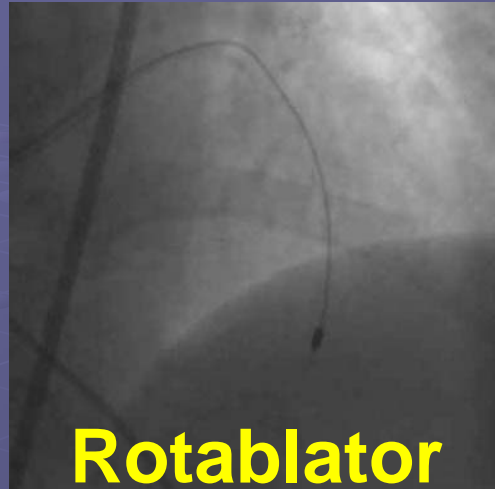
The use of adjunctive devices and  
peri-procedural pharmacotherapy

Type of stents(BMS), Type of stenting, Thrombectomy  
Glycoprotein IIb/IIIa inhibitor, IVUS

- ◆ Usage of IVUS was indispensable in case of calcified lesion, undilatable lesion, rotational atherectomy case.
- ◆ Vessel preparation was preceded by stenting.

# Case LAD diffuse lesion

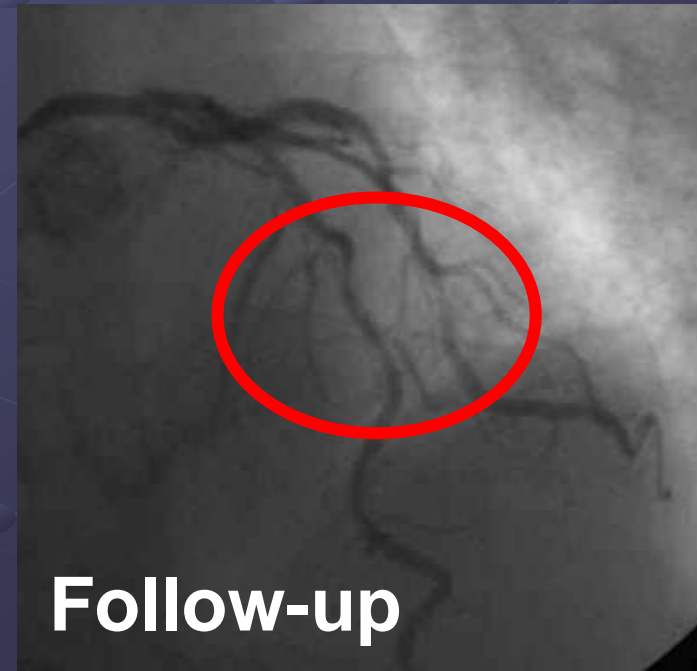
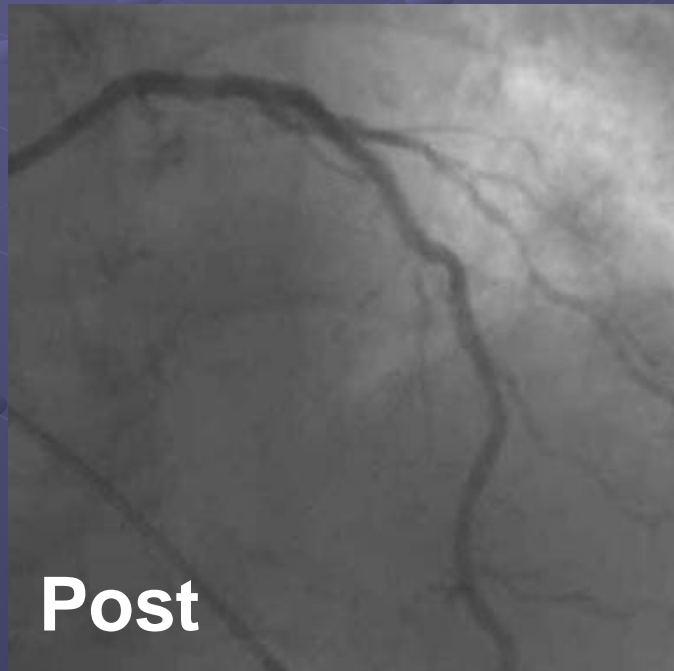
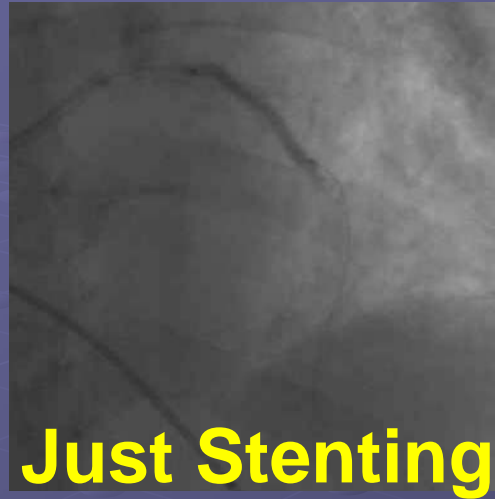
*Long Lesion*





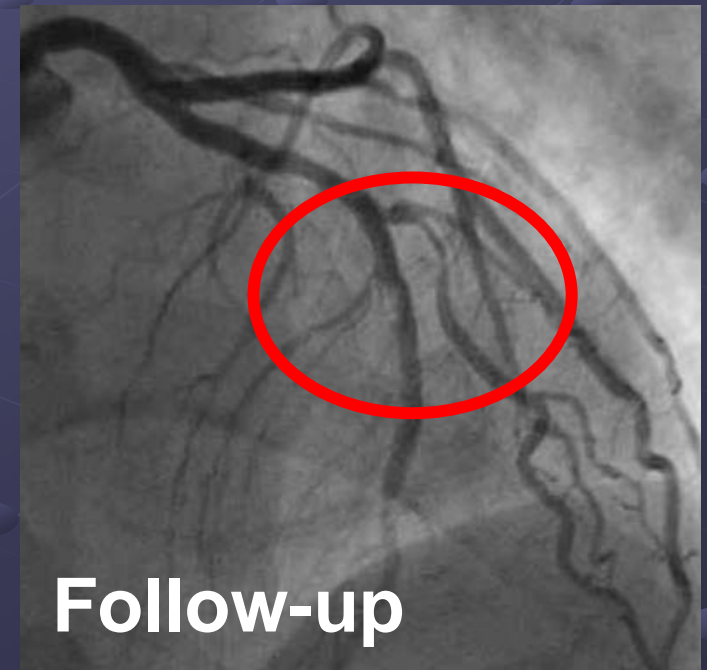
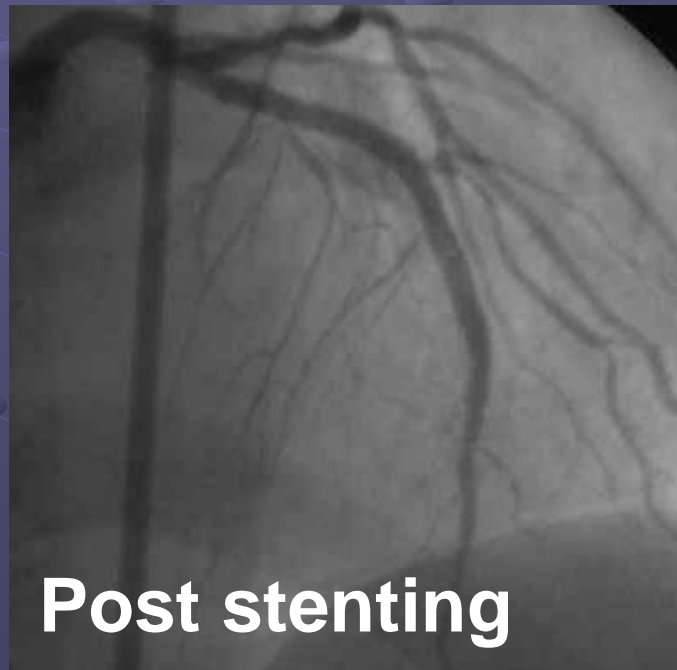
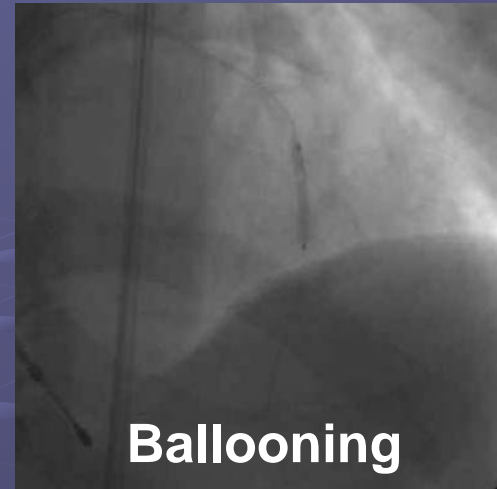
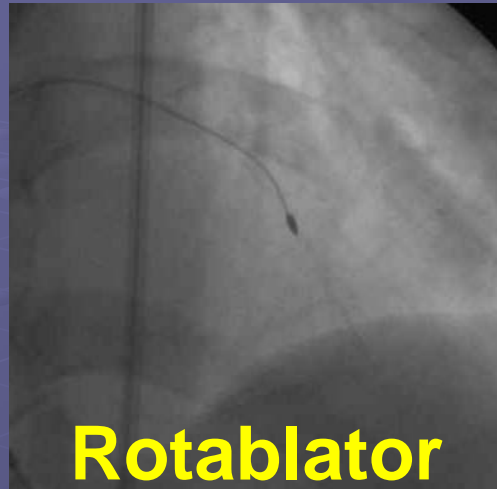
# Case LAD diffuse lesion

*Long Lesion*



# Case LAD diffuse calcified lesion

*Long Lesion*



## Antiplatelet Therapy

- ✦ After SES implantation.....12 months long
  - with Aspirin 100 mg /day
  - Clopidogrel 75 mg /day
- ✦ After BMS implantation.....1 month long
  - with Aspirin 100 mg /day
  - Ticlopidine 200 mg /day

# Study End Points

## Primary End Points

- ◆ 30 days MACE
- ◆ 12, 24 months MACE

## Secondary End Points

- ◆ 12 , 24 months angiographic restenosis rate
- ◆ 12 , 24 months TLR

# Definitions

**Angiographic success:** Recanalization of the artery with <50% residual diameter stenosis with restoration of TIMI 3 flow.

**Clinical success:** Angiographic success without in-hospital MACE

**MACE:** Death, QMI, CABG and Re-PCI

## **Target Lesion**

**Revascuration (TLR):** Any surgical or re-PCI motivated by a significant narrowing within the stent or in the 5-mm distal or proximal persistent segment

## Angiographic Analysis

All data were entered into the **Asian multi-center DES-Very Long Lesion registry database** at the **New Tokyo Hospital**.

Quantitative coronary angiographic analysis was performed by a CMS quantitative analysis system (QCA-CMS, version 3.0, MEDIS, The Netherlands). Minimal lumen diameter, reference diameter, and percent diameter stenosis were measured before and after the procedure and at follow-up; the results from the single “worst” view were recorded.

## Statistical Analysis

All data were entered into the **Asian multi-center DES-Very long lesion registry** database at the **New Tokyo Hospital**.

Data are expressed as mean  $\pm$  SD unless otherwise indicated. For comparison of paired data, dependent t test analyses were used. For non-paired data, analyses were used to test differences in categorical variables.

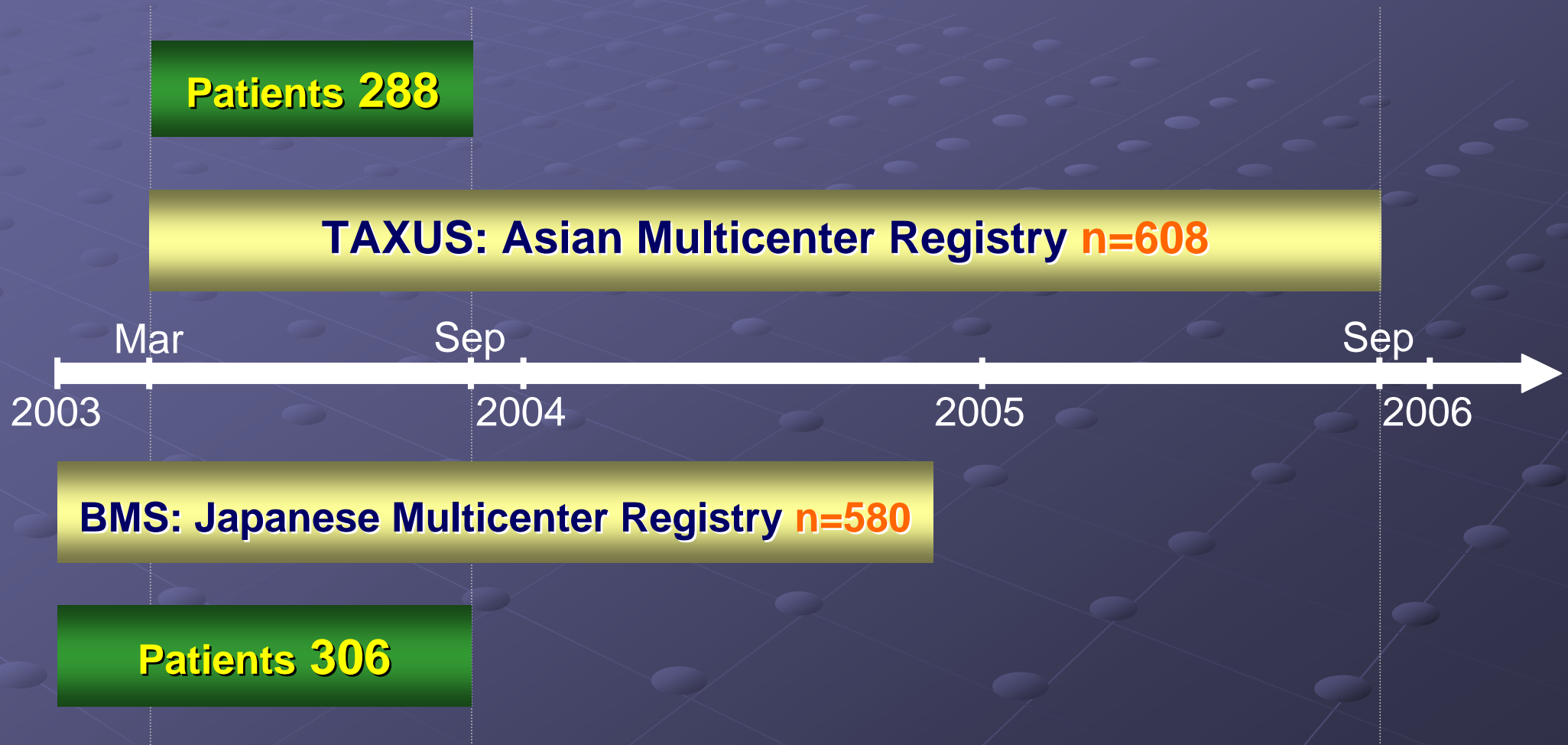
## **-Multicenter Registry in Asia-**

- New Tokyo Hospital  Sunao Nakamura M.D, Ph.D. (Japan)
- Damansara Heart Center  Tamil Selvan Muthusamy M.D. (Malaysia)
- Konyang University Hospital  Jang-Ho Bae M.D. (Korea)
- Husada Hospital  Yeo Hans Cahyadi M.D. (Indonesia)
- Chest Disease Institute  Sudaratana Tansuphaswadikul M.D.  
(Thailand)
- Siriaj Hospital  Damras Tresukosol M.D. (Thailand)
- King Chulalongkorn  
Memorial Hospital  Wasan Udayachalerm M.D. (Thailand)



# Study Patients: De novo long lesions ( $\geq 40\text{mm}$ )

288 patients, 322 lesions

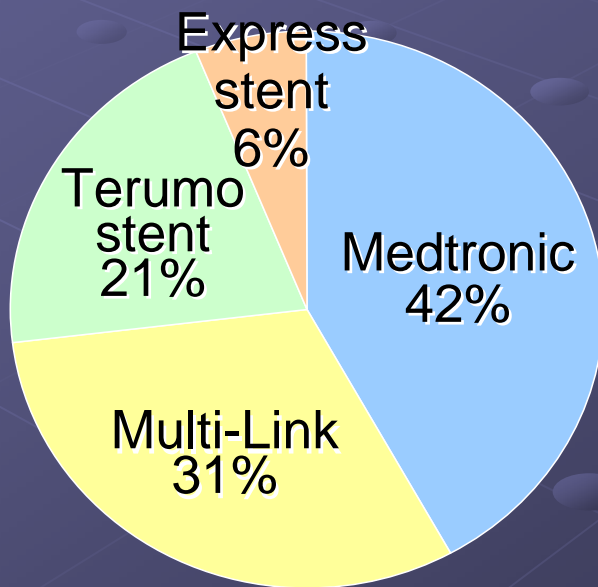


# Interventional Procedure

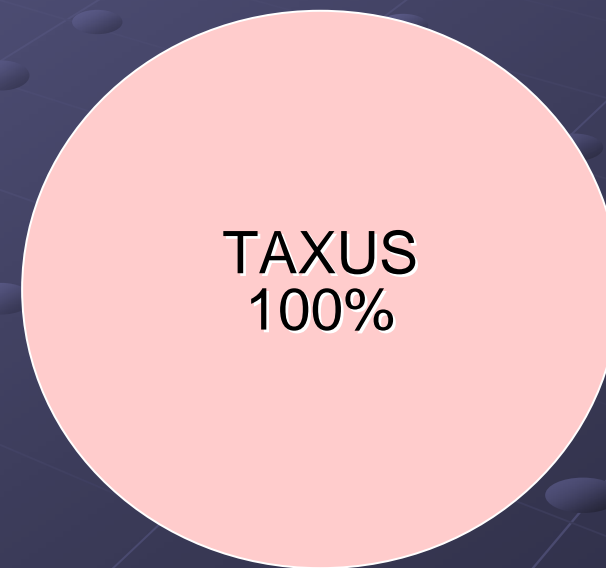
## Stenting Procedure

Following the adequate vessel preparation, coronary stents were implanted, adjunct high-pressure balloon inflation (14 to 20 atm) was added in all cases.

### Bare Metal Stent



### Paclitaxel-Eluting Stent



# Baseline Characteristics

Long Lesion

	BMS	TAXUS	p
Patients (n)	306	288	-
Age (yrs)	67.8±10.5	70.8±10.5	NS
Male (%)	69.9	72.9	NS
Risk factors (%)			
Hypertension	51.0	62.5	NS
Hyperlipidemia	32.0	30.5	NS
Diabetes	33.0	34.3	NS
Smoking	52.3	59.0	NS
Previous MI (%)	13.4	10.4	NS
LVEF (%)	47.6	45.8	NS
Multi vessel disease(%)	70.6	78.1	NS

Data are presented as the mean value ±SD or number (%) of patients.  
LVEF: left ventricular ejection fraction    MI: myocardial infarction

# Lesion Characteristics

Long Lesion

	BMS	TAXUS	p
Patients / lesions (n)	306 / 379	288 / 322	-
Number of CAD (%)			
One	28.8	22.9	] NS
Two	31.0	33.1	
Three	40.2	44.0	
Target vessel (%)			
LAD	51.2	52.8	] NS
LCX	27.0	31.1	
RCA	21.8	16.1	
AHA / ACC lesion type (%)			
B <sub>1</sub>	20.6	19.3	] NS
B <sub>2</sub>	35.1	38.9	
C	44.3	41.9	
Calcified lesion	42.0	60.2	<0.05

Data are presented as the number (%) of lesion.

# Clinical Results (In-Hospital)

	BMS (n=306)	TAXUS (n=288)	p
Angiographic success (%)	98.0	97.2	NS
Clinical success (%)	98.0	97.9	NS
MACE at 30 days (%)	1.3	1.4	NS
ACO / SAT (%)	0.3	0.3	NS
Q-MI (%)	1.3	1.4	
Untreated dissection (%)	5.2	7.6	NS
No-flow (%)	1.3	1.0	NS
Slow-flow (%)	2.9	3.8	NS
Side branch occlusion (%)	3.9	4.9	NS

MACE: major adverse cardiac event (death, MI, CABG)  
 ACO: acute occlusion SAT: sub acute thrombotic occlusion

# Procedure Characteristics

	BMS	TAXUS	p
Patients / lesions	306 / 379	288 / 322	-
Balloon / artery ratio	1.06±0.14	0.92±0.14	NS
Maximum pressure (balloon)	12.4±6.5	12.5±7.8	NS
Stent / artery ratio (mean)	1.08±0.20	1.04±0.30	NS
Maximum pressure (stent)	16.8±7.0	20.8±10.2	<0.05
Stent / lesion length ratio	0.68±0.24	1.23±0.28	<0.05
Rotablator use (%)	25.5	10.1	<0.05
IVUS use (%)	47.0	11.1	<0.05
Number of the stents / lesion	1.4	2.6	<0.05

(n:mean)

# Quantitative Coronary Angiographic Analysis = Baseline =

	BMS	TAXUS	p
Patients / lesions (n)	306 / 374	288 / 322	-
Ref. diameter (mm:proximal)	2.80±0.64	2.86±0.68	NS
Minimum lumen diameter (mm)			
Pre procedure	0.58±0.44	0.59±0.71	NS
Post procedure	2.36±0.65	2.29±0.63	NS
Lesion length (mm)	45.8±11.3	45.9±10.6	NS
Acute gain (mm)	1.90±0.60	1.70±0.79	NS
Stent length / Lesion length ratio	0.68±0.24	1.23±0.28	0.03

# Quantitative Coronary Angiographic Analysis = Follow-Up =

Long Lesion

	BMS	TAXUS		p
		One year	Two year	
Angiographic follow-up rate (%)	94.8	79.9	69.1	-
Reference diameter (mm)	2.82±0.66	2.83±0.69	2.82±0.70	NS
Minimum lumen diameter (mm)	1.55±0.66	1.95±0.60	1.90±0.70	0.03
Restenosis (%) (12 mo)	43.5	18.8	19.4	0.01
TLR (%) (12 mo)	32.0	14.9	15.6	0.01

TLR: target lesion revascularization.

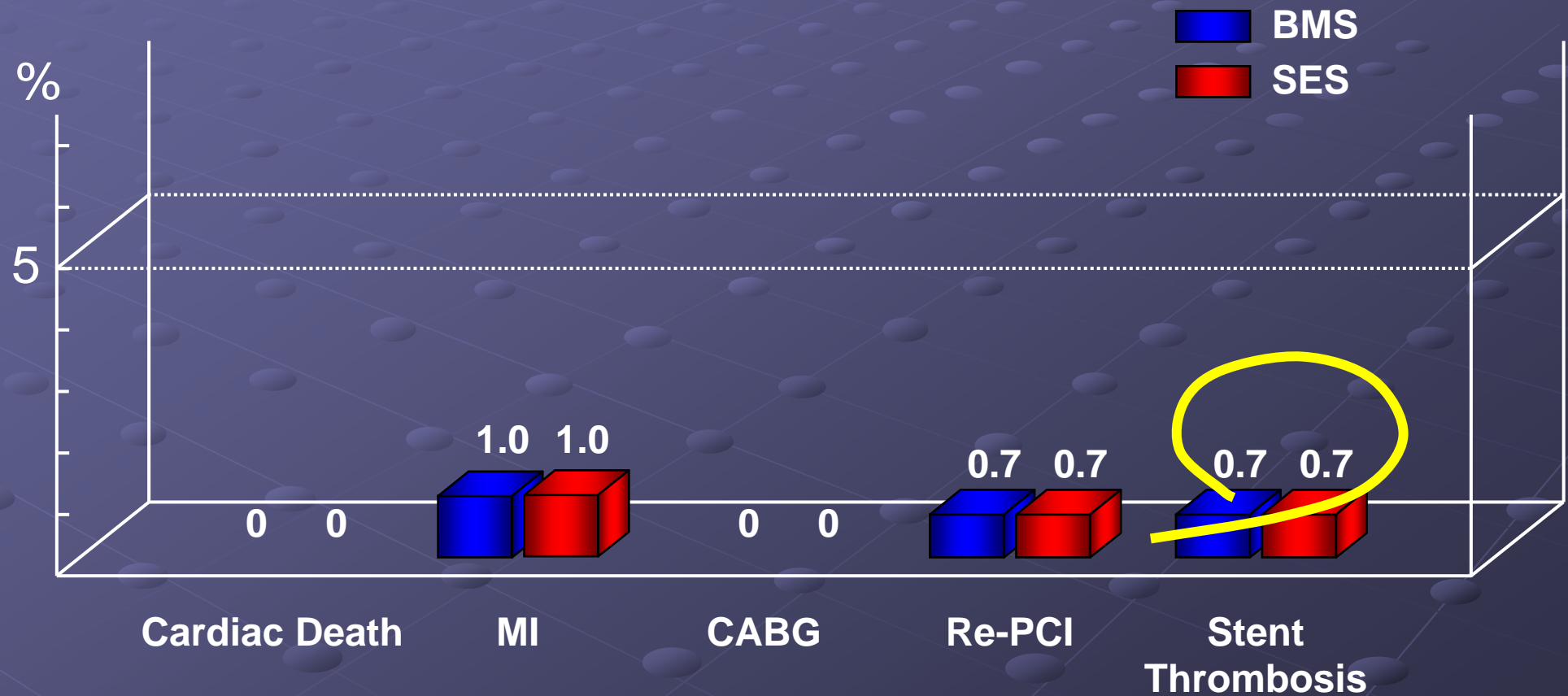


# Two Year Clinical Follow-Up

Long Lesion

	BMS	TAXUS		p
		One year	Two year	
Patients / lesions	306	288	288	-
Death	0	0	0	-
Q-wave myocardial infarction	4 (1.3%)	4 (1.4%)	4 (1.4%)	NS
Repeat percutaneous intervention	120 (39.2%)	<u>43*</u> (14.9%)	<u>45*</u> (15.6%)	0.01
Coronary bypass surgery	4 (1.3%)	0 (0%)	0 (0%)	NS
Overall target lesion revascularization	124 (40.5%)	<u>47*</u> (16.3%)	<u>49*</u> (17.0%)	0.01
Any events	128 (41.8%)	<u>47*</u> (16.3%)	<u>49*</u> (17.0%)	0.01

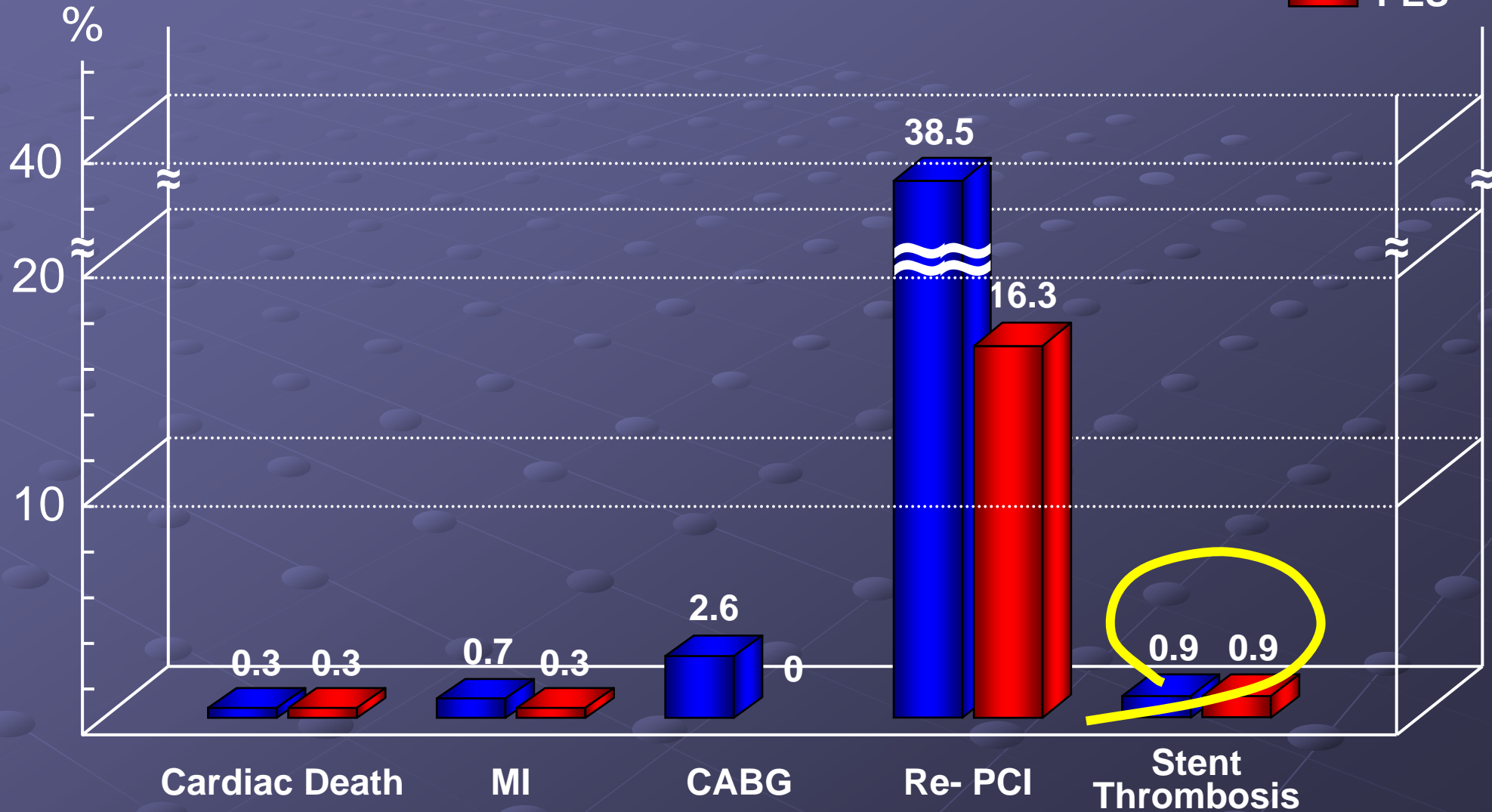
# In-hospital Clinical Outcome 30 Days MACE



# Long-term Clinical Outcome

## 1 Year MACE (+ 30days MACE)

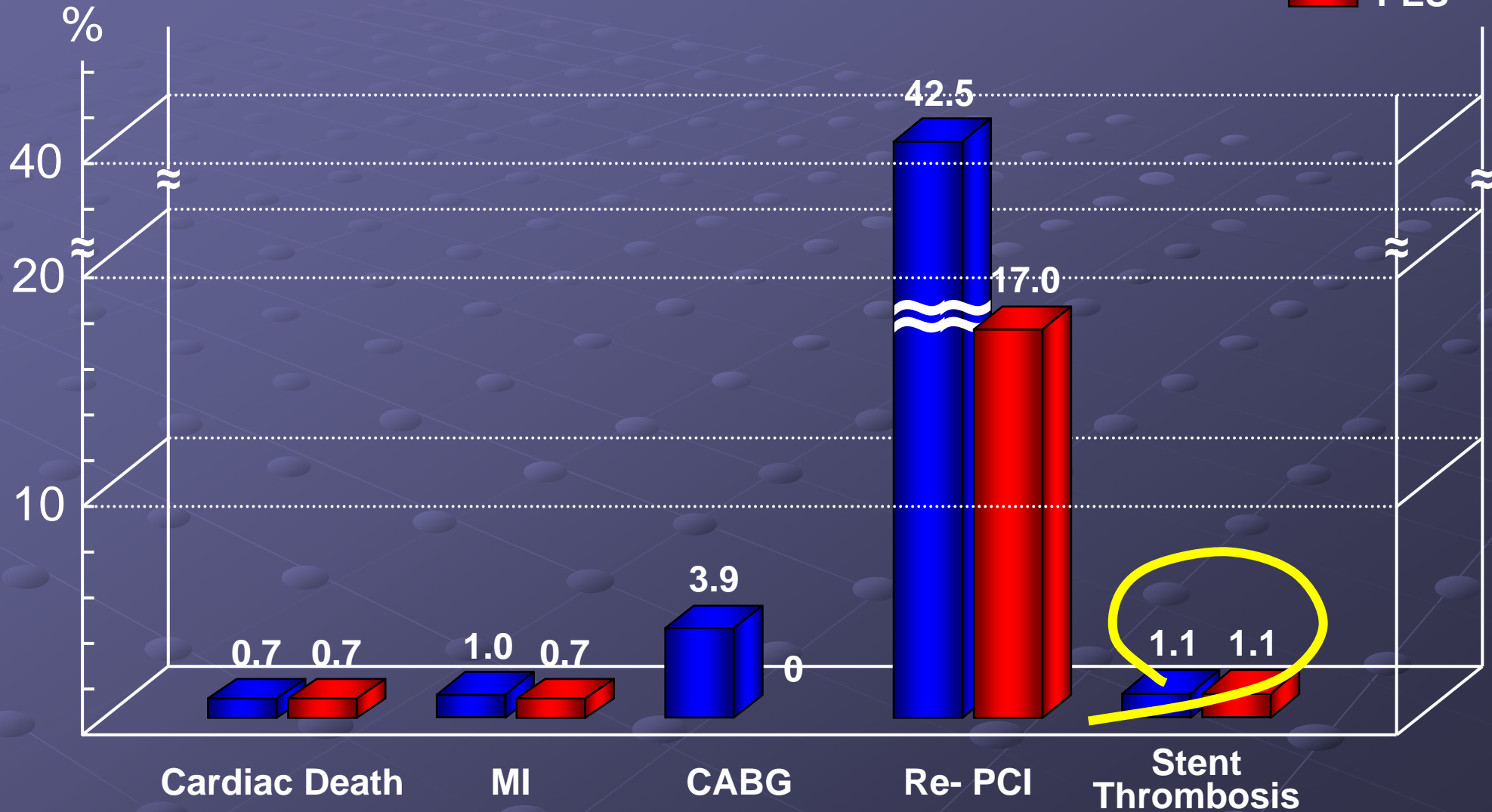
BMS  
PES



# Long-term Clinical Outcome

## 2 Year MACE (+ 30days , 1Year MACE)

**BMS**  
**PES**



## CYPHER™

Cordis, Johnson & Johnson

Sirolimus-Eluting Stent



## TAXUS™

Boston Scientific

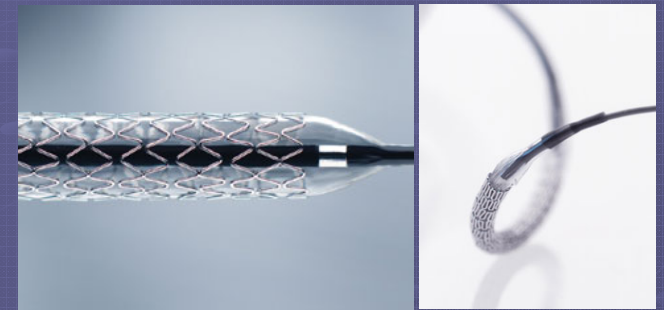
Paclitaxel-Eluting Stent



## ENDEAVOR™

Medtronic

Zotarolimus-Eluting Stent



## JANUS™

SORIN BIOMEDICA

Tacrolimus-Eluting Carbostent



## Genous™

OrbusNeich

EPC-Capture Stent



# Study Patients

- Patient cohort includes **922 patients** with Very long lesion in our data-base, treated with Sirolimus-eluting stent (SES), Paclitaxel-eluting stent (PES), Zotarolimus-eluting stent (Endeavor: ZES), Tacrolimus-eluting stent (JANUS: TES) and EPC capture stent (ECS)

## Asian-Multicenter DES-LMT Registry Total 922 patients

Fin.  
12 mo  
F/U

From

**SES**

**n=368**

**2002 March**

**PES**

**n=288**

**2003 April**

**ZES**

**n=151**

**2005 May**

**TES**

**n=76**

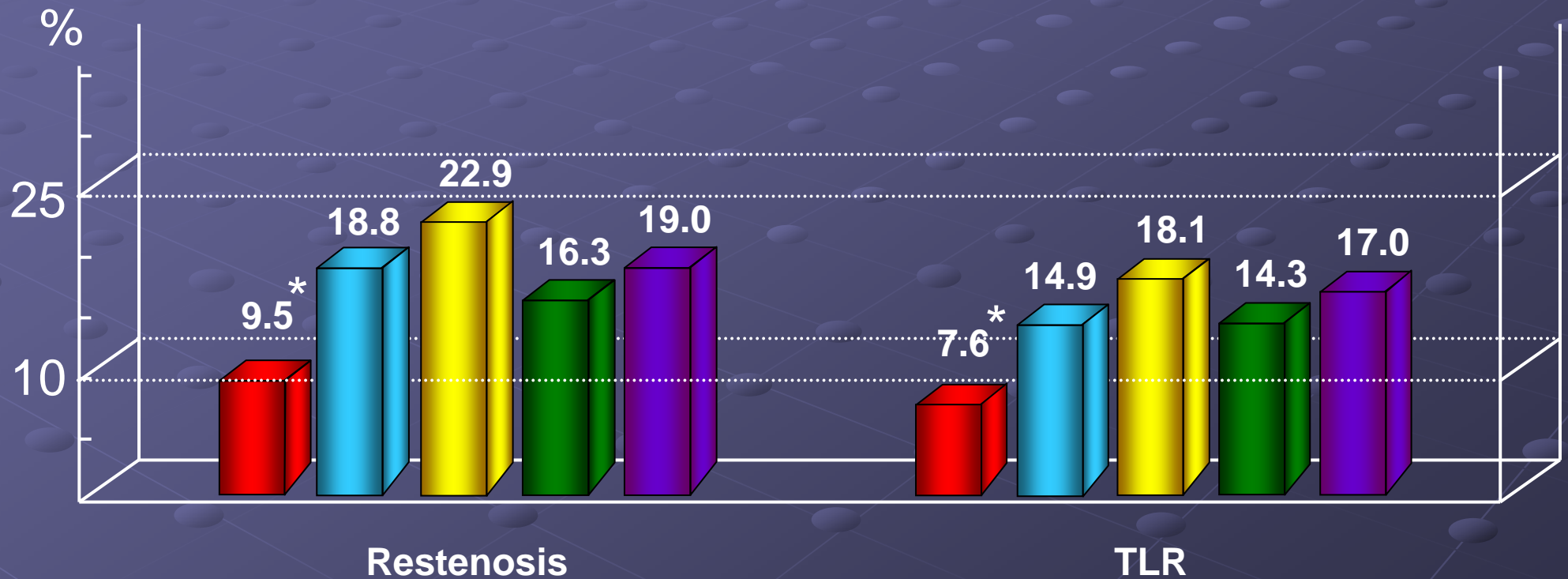
**2005 May**

**ECS**

**n=39**

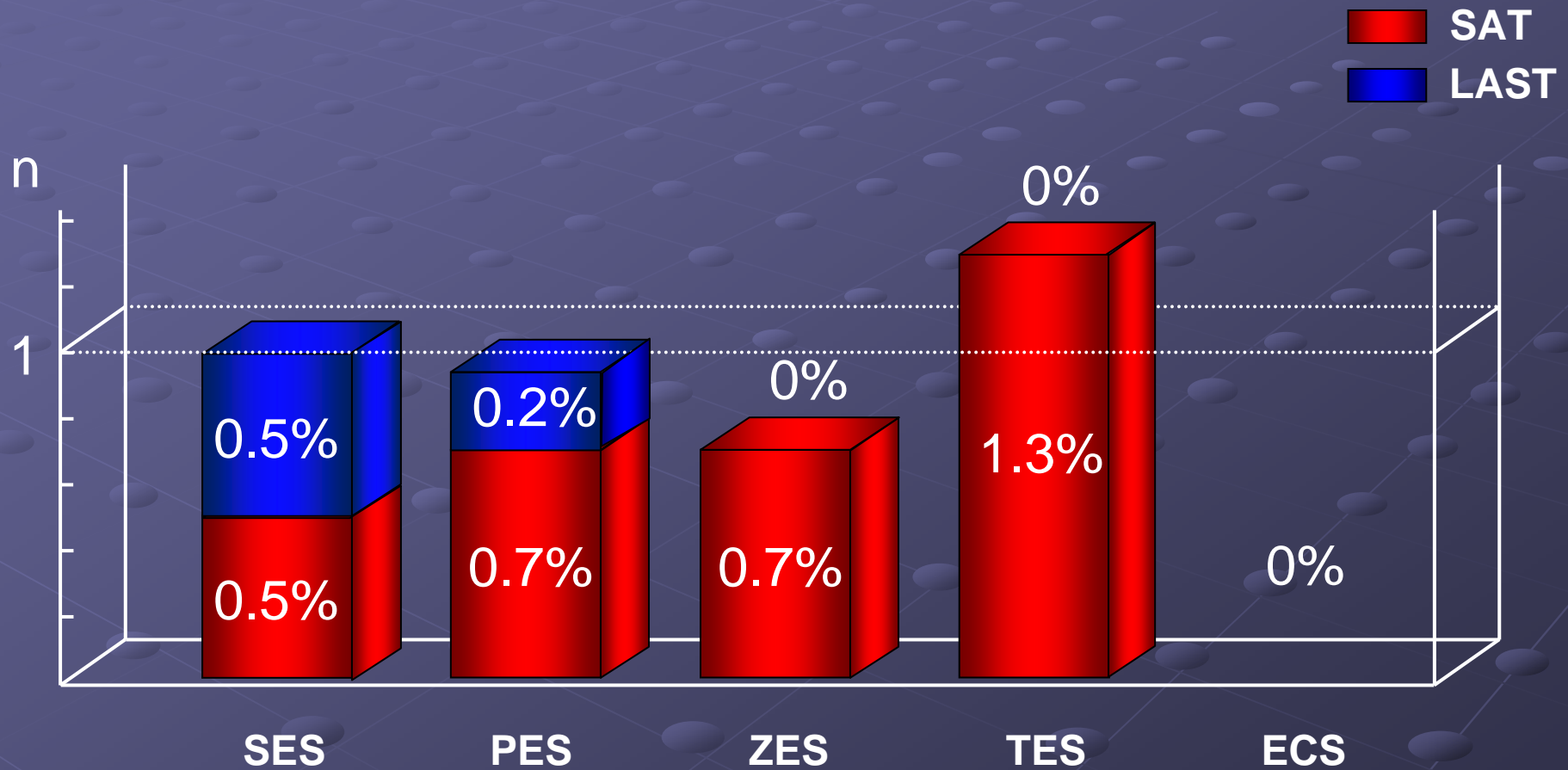
**2006 March**

# Restenosis / TLR



\* P<0.05 vs PES, ZES, TES, ECS

# Stent Thrombosis: 1yr





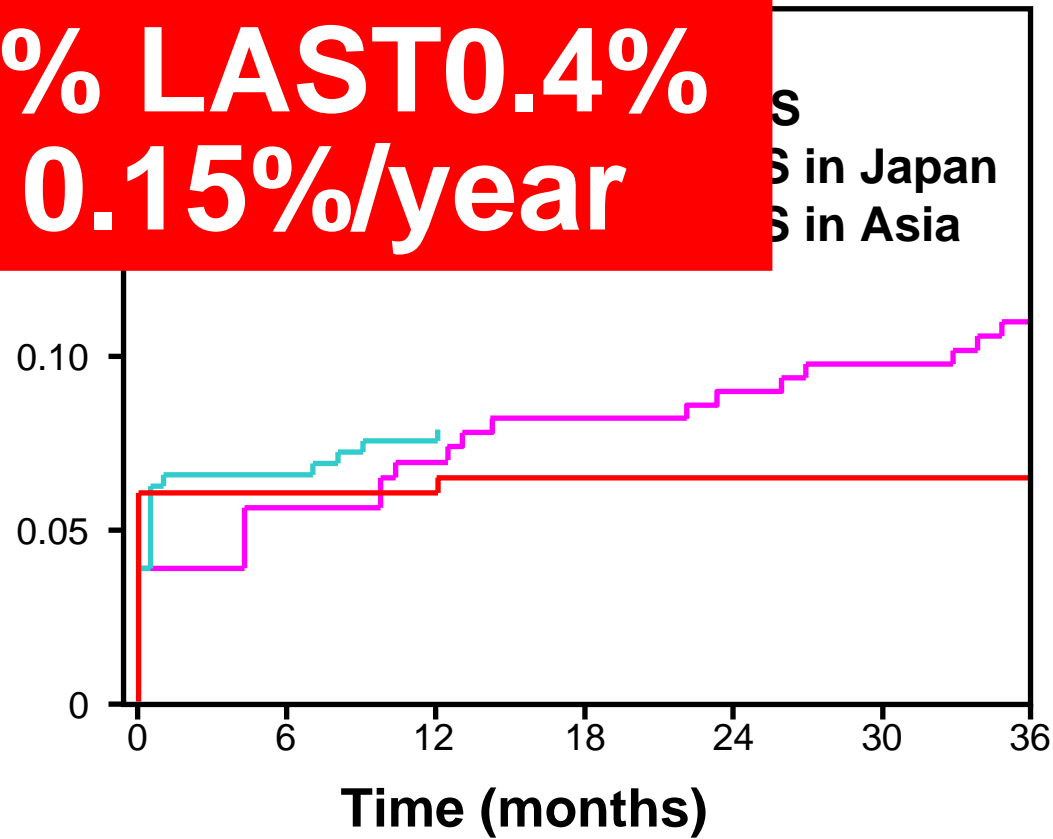
# Multivariate Predictors of Thrombosis

	OR	95% CI	P
LVEF	0.89	0.80 – 0.98	0.02
Stent length	1.08	0.80 – 1.46	0.60
lesion length	1.00	0.67 – 1.50	0.99
Bifurcation stenting	1.40	0.16 – 12.23	0.76

# Stent Thrombosis..... When ?

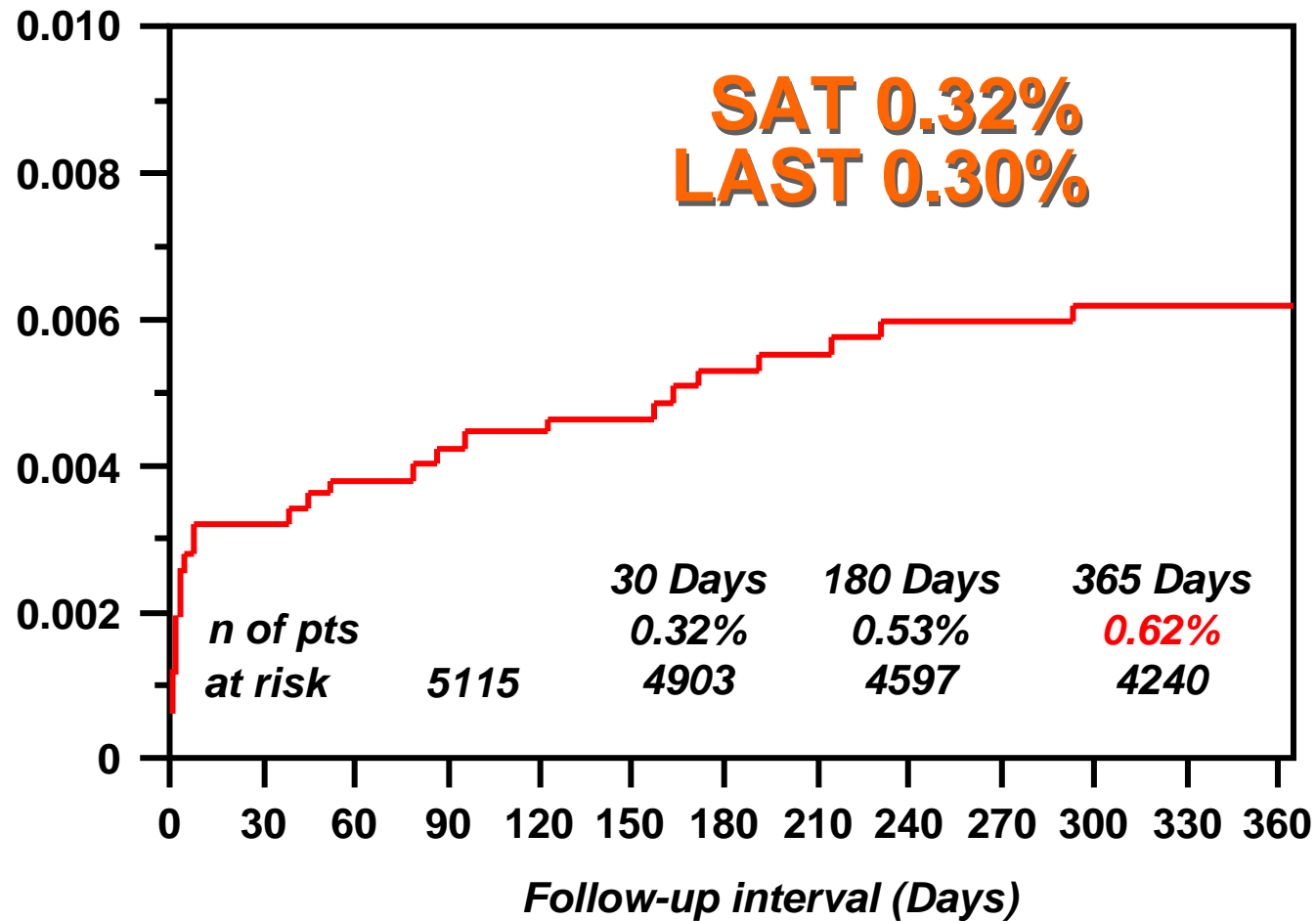
ARC Definite / Probable

**SAT 0.5% LAST 0.4%**  
**LAST 0.15%/year**

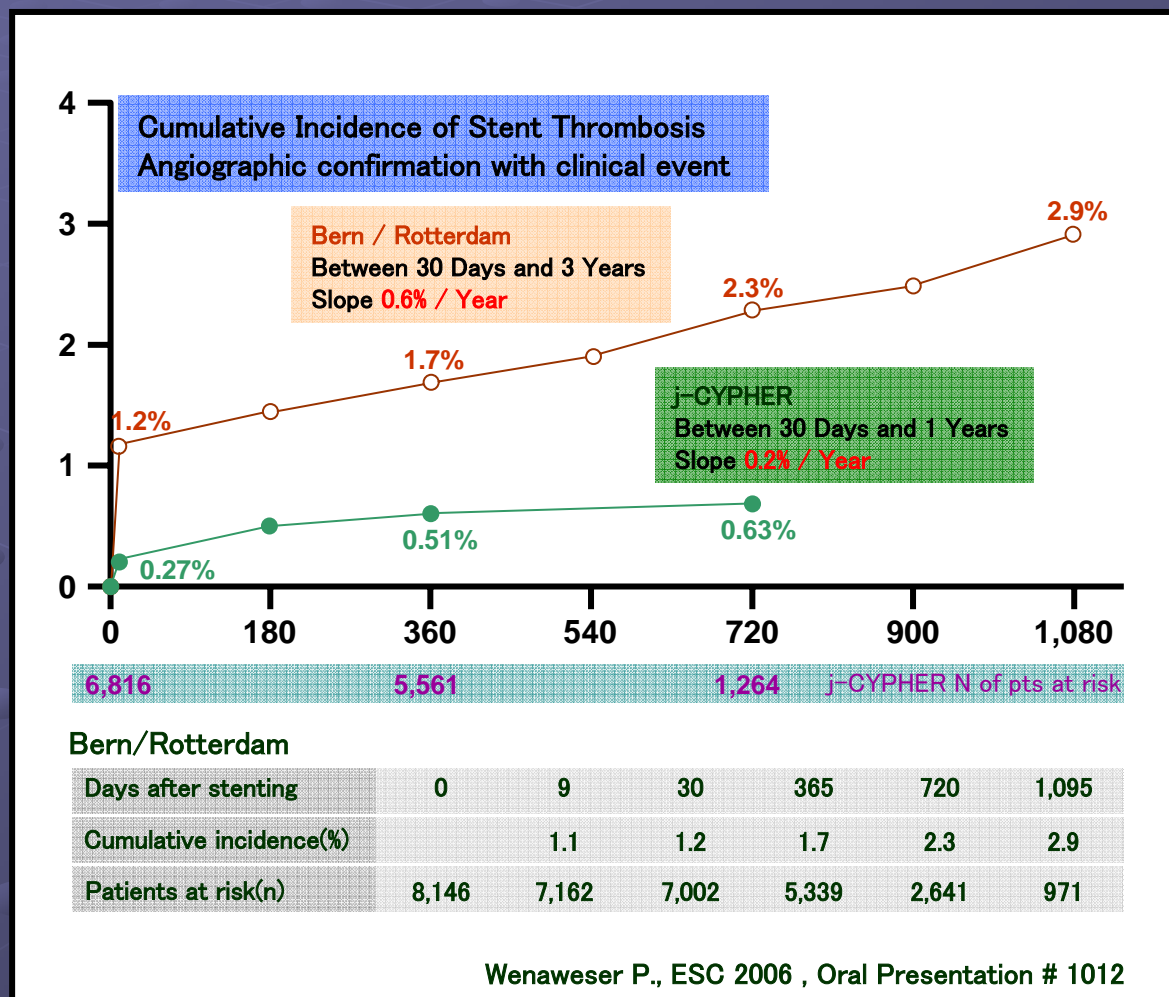


# Stent Thrombosis in J-Cypher Registry

## ARC Definite / Probable



# Stent Thrombosis in J-Cypher and Bern/Rotterdam study



# Conclusions

1. Long TAXUS stent implantation for very long lesions was safe and feasible.
2. Compared with BMS, long TAXUS stenting were associated with reduction of restenosis rate and target lesion revascularization and these clinical benefit is durable at least 2 years.