

**Cutting Edge Clinical Trials**  
**TRITON- TIMI 38:**  
**Future Role of Prasugrel and Other**  
**New Anti-Platelet Agents in PCI**

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**Columbia University Medical Center**  
**Cardiovascular Research Foundation**



CARDIOVASCULAR RESEARCH  
FOUNDATION

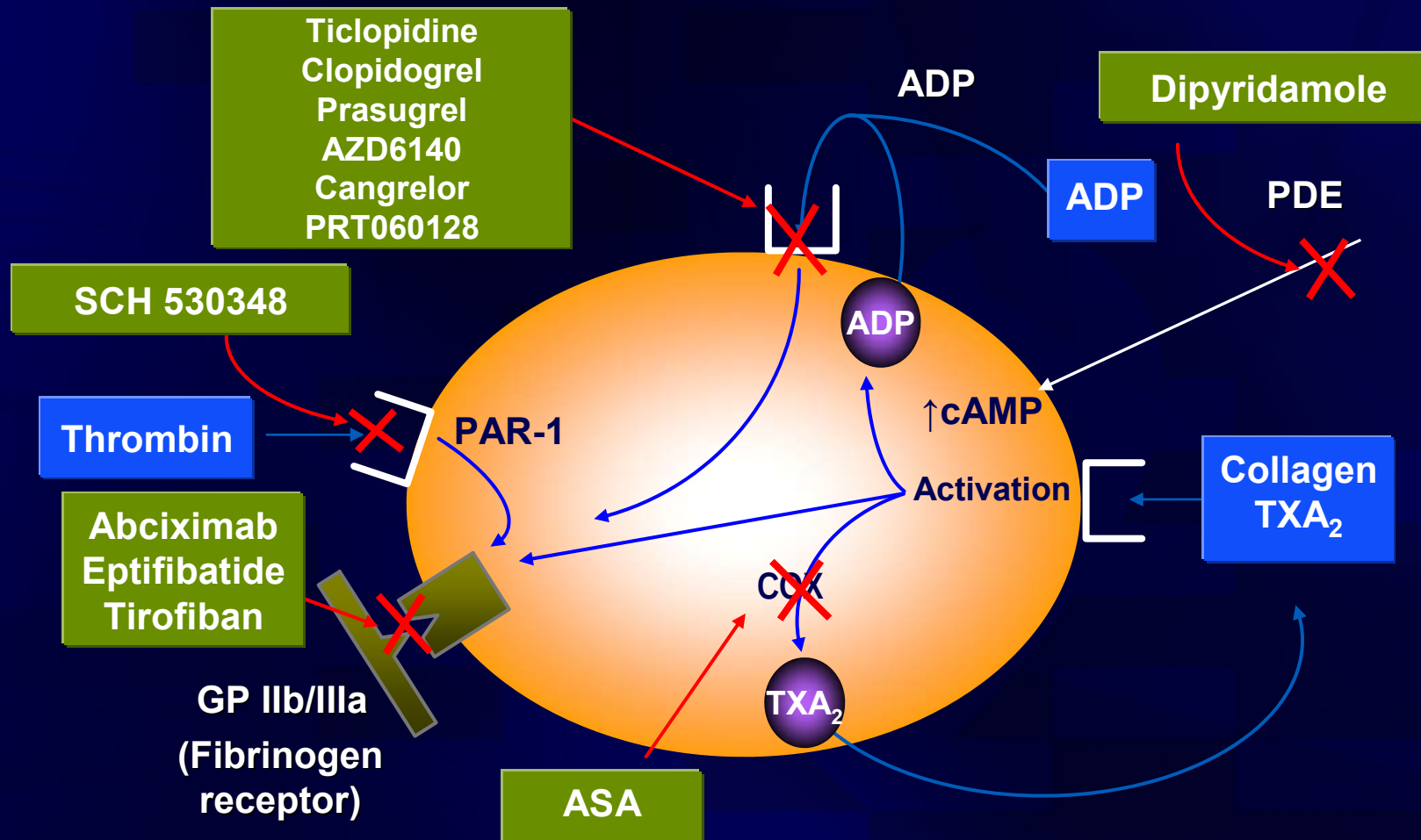


COLUMBIA UNIVERSITY  
MEDICAL CENTER



NewYork-Presbyterian  
The University Hospital of Columbia and Cornell

# Targets for antiplatelet therapies

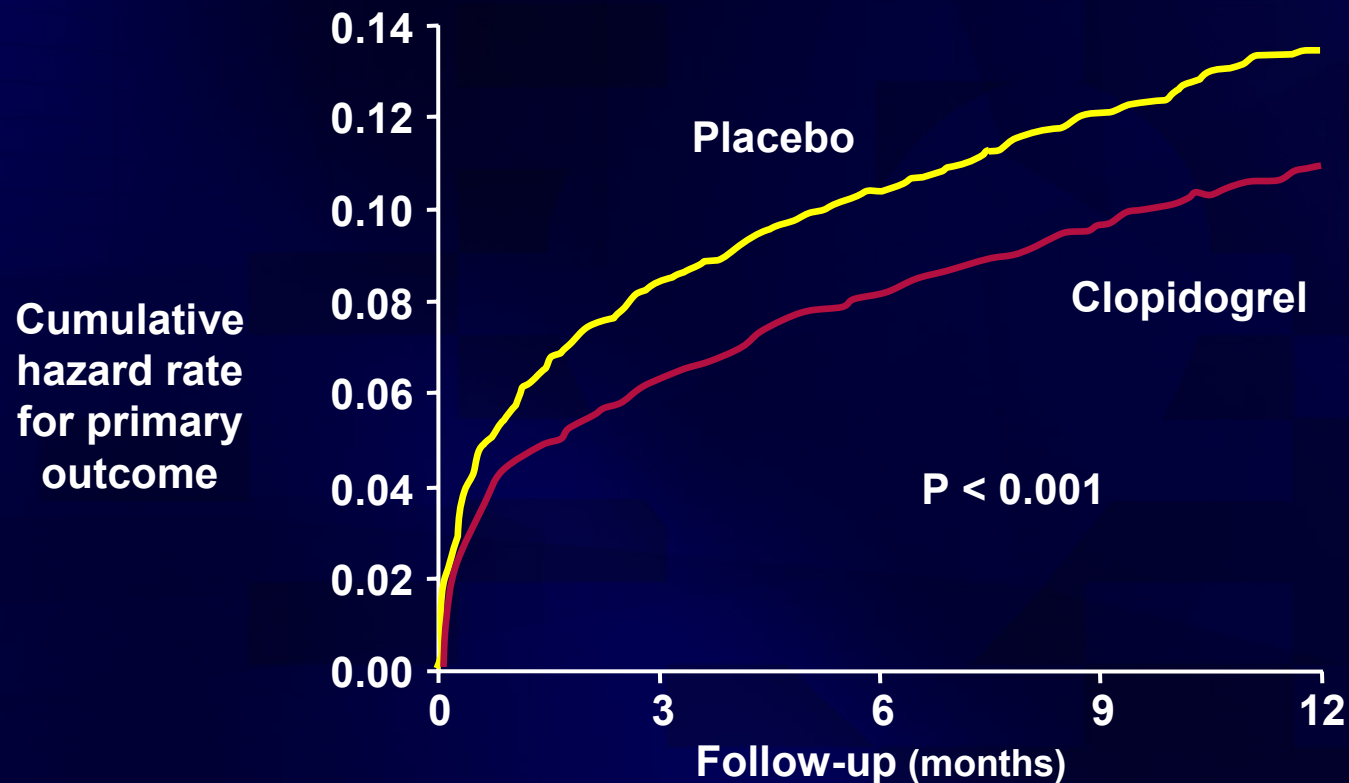


cAMP = cyclic adenosine monophosphate, COX = cyclooxygenase,  
PAR = protease-activated receptor, PDE = phosphodiesterase

Courtesy of BM Scirica, MD.  
Adapted from Schafer AI.  
*Am J Med.* 1996;101:199-209.

# CURE: Patients continue to have recurrent CV events despite dual antiplatelet therapy

N = 12,562 with NSTEMI-ACS; all patients received ASA;  
Primary outcome = CV death, MI, stroke



CURE = Clopidogrel in Unstable  
Angina to Prevent Recurrent Events

CURE Trial Investigators. *N Engl J Med.*  
2001;345:494-502.

## P2Y<sub>12</sub> antagonists

|             | Type                           | Activity  | Binding      | Dosing |
|-------------|--------------------------------|-----------|--------------|--------|
| Ticlopidine | Thienopyridine                 | Indirect* | Irreversible | PO     |
| Clopidogrel | Thienopyridine                 | Indirect* | Irreversible | PO     |
| Prasugrel   | Thienopyridine                 | Indirect* | Irreversible | PO     |
| AZD6140     | Cyclopentyl-triazolopyrimidine | Direct    | Reversible   | PO     |
| Cangrelor   | ATP analog                     | Direct    | Reversible   | IV     |
| PRT060128   | N/A                            | Direct    | Reversible   | PO, IV |

\*Prodrug

ATP = adenosine triphosphate

Adapted from Michelson AD. *Arterioscler Thromb Vasc Biol.* 2008;28:s33-s38.  
Storey RF. *Eur Heart J Suppl.* 2008;10(Suppl D):D30-D37.

## **Limitations of current thienopyridines**

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- **Slow onset requiring prolonged pretreatment for PCI efficacy**
- **Irreversibility and bleeding (especially related to CABG)**
- **Modest levels of platelet inhibition**
- **Variability of response**

## **Antiplatelet therapy: The changing landscape**

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- **Wide variability in platelet response to clopidogrel**
  - **New P2Y<sub>12</sub> inhibitors: Potency vs bleeding risk**
  - **New approaches to platelet inhibition beyond P2Y<sub>12</sub> inhibition**
  - **Implications of upstream direct thrombin inhibition**
  - **Future role of GP IIb/IIIa inhibitors, given more potent oral agents and antithrombins**
-

# Prasugrel: Overview

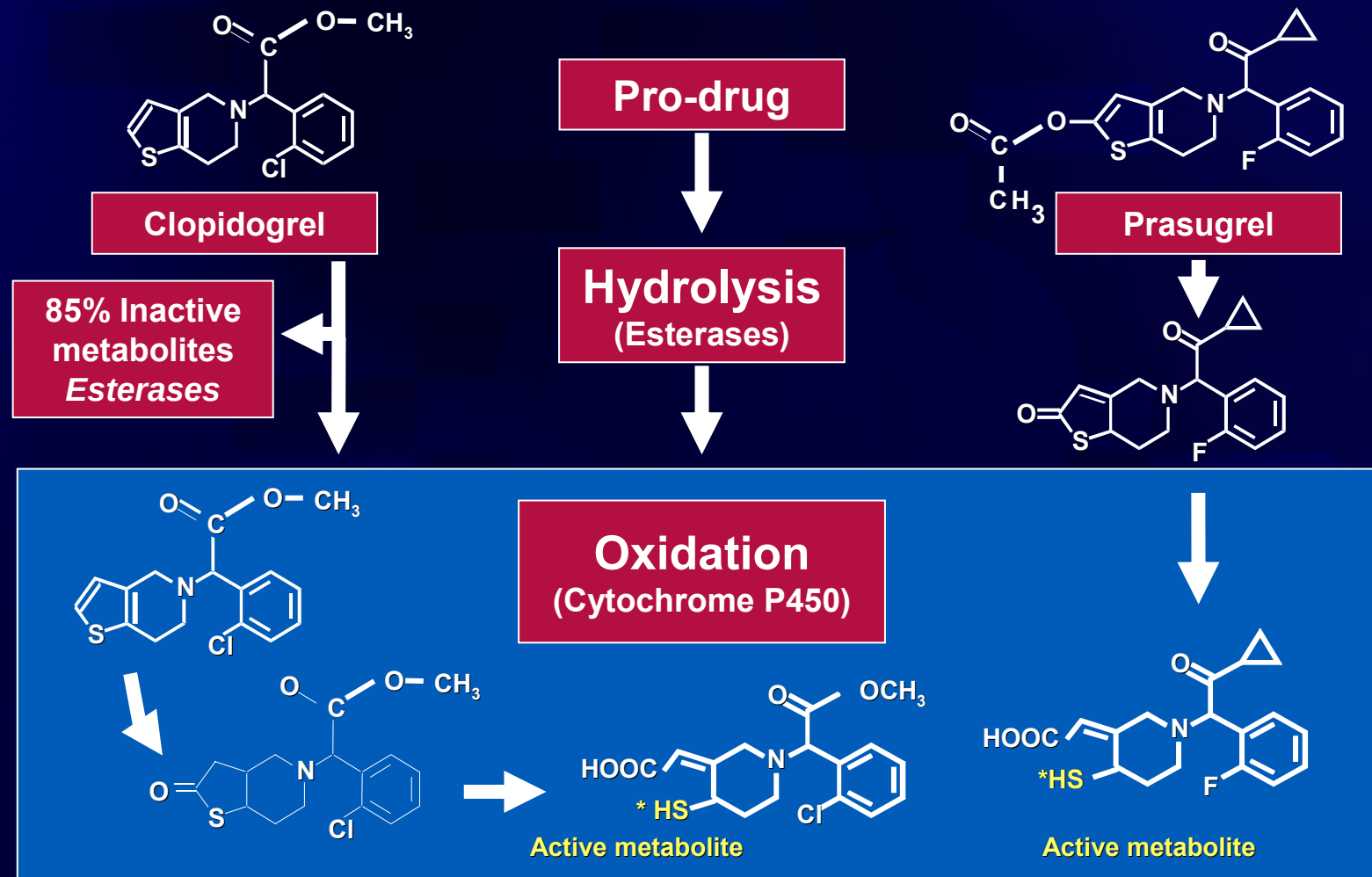
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- Thienopyridine, orally administered as prodrug (more efficiently metabolized vs clopidogrel), irreversible inhibition of P2Y<sub>12</sub> receptor
- TRITON-TIMI 38: Prasugrel 60/10 mg vs clopidogrel 300/75 mg
  - Clinical events
  - Bleeding rates and high-risk indicators
- PRINCIPLE-TIMI 44: Platelet inhibition with prasugrel 60/10 mg vs clopidogrel 600/150 mg
- TRILOGY ACS: Ongoing clinical outcomes trial

PRINCIPLE-TIMI = Prasugrel in Comparison to Clopidogrel for Inhibition of Platelet Activation and Aggregation-Thrombolysis in Myocardial Infarction, TRITON = Trial to Assess Improvement in Therapeutic Outcomes by Optimizing Platelet Inhibition with Prasugrel, TRILOGY ACS = Targeted Platelet Inhibition to Clarify the Optimal Strategy to Medically Manage Acute Coronary Syndromes

Michelson AD. *Arterioscler Thromb Vasc Biol.* 2008;28:s33-s38.

# Clopidogrel response variability: Change the agent?



**TRial to Assess Improvement in  
Therapeutic Outcomes by Optimizing  
Platelet InhibitionN with Prasugrel**

**TRITON-TIMI 38**

***Disclosure Statement:***

**The TRITON-TIMI 38 trial was supported by a research grant to the Brigham and Women's Hospital from Daiichi Sankyo Co. Ltd and Eli Lilly & Co.**

# Study Design

**ACS (STEMI or UA/NSTEMI) & Planned PCI**

**ASA**



**N= 13,600**

**Double-blind**

**CLOPIDOGREL**

**300 mg LD/ 75 mg MD**

**PRASUGREL**

**60 mg LD/ 10 mg MD**

**Median duration of therapy - 12 months**

**1° endpoint: CV death, MI, Stroke**

**2° endpoints: CV death, MI, Stroke, Rehosp-Rec Isch  
CV death, MI, UTVR**

**Stent Thrombosis (ARC definite/prob.)**

**Safety endpoints: TIMI major bleeds, Life-threatening bleeds**

**Key Substudies: Pharmacokinetic, Genomic**

# Enrollment Criteria

## •Inclusion Criteria

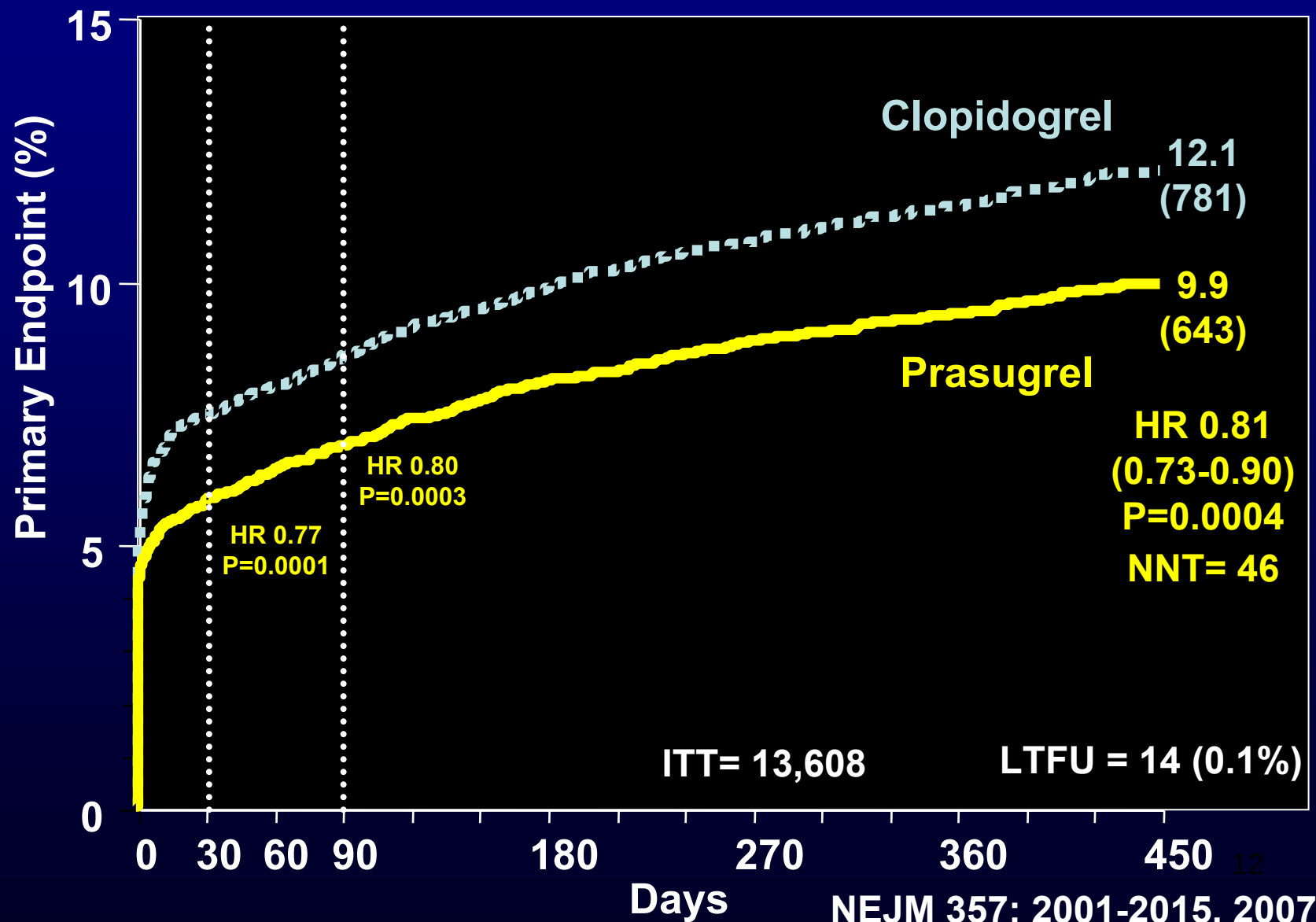
Planned PCI for :

*Known* { Mod-High Risk UA/NSTEMI (TRS  $\geq 3$ )  
*Anatomy* { STEMI:  $\leq 14$  days (ischemia or Rx strategy)  
STEMI: Primary PCI

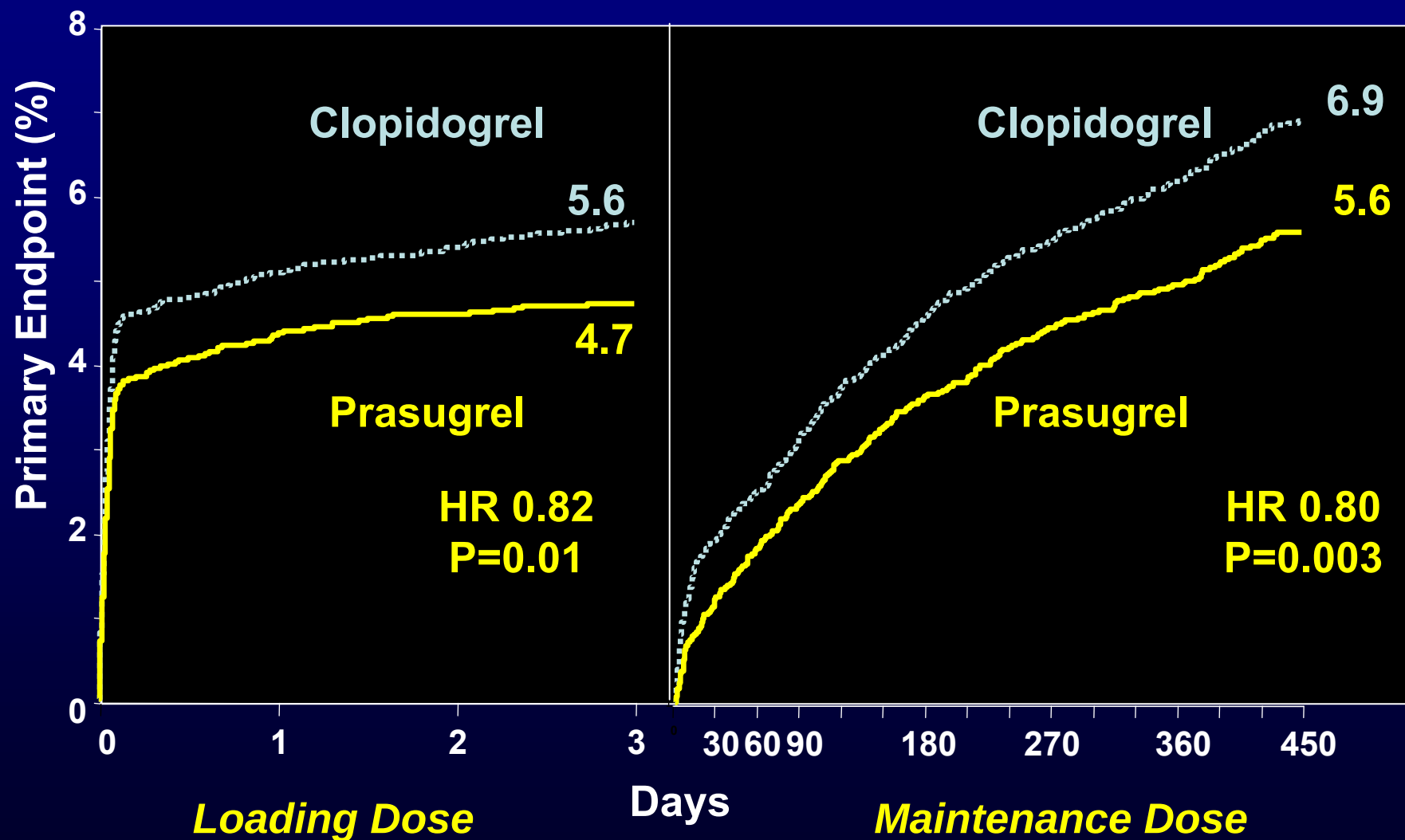
## •Major Exclusion Criteria:

- Severe comorbidity
- Increased bleeding risk
- Prior hemorrhagic stroke or any stroke  $\leq 3$  mos
- Any thienopyridine within 5 days
- No exclusion for advanced age or renal function

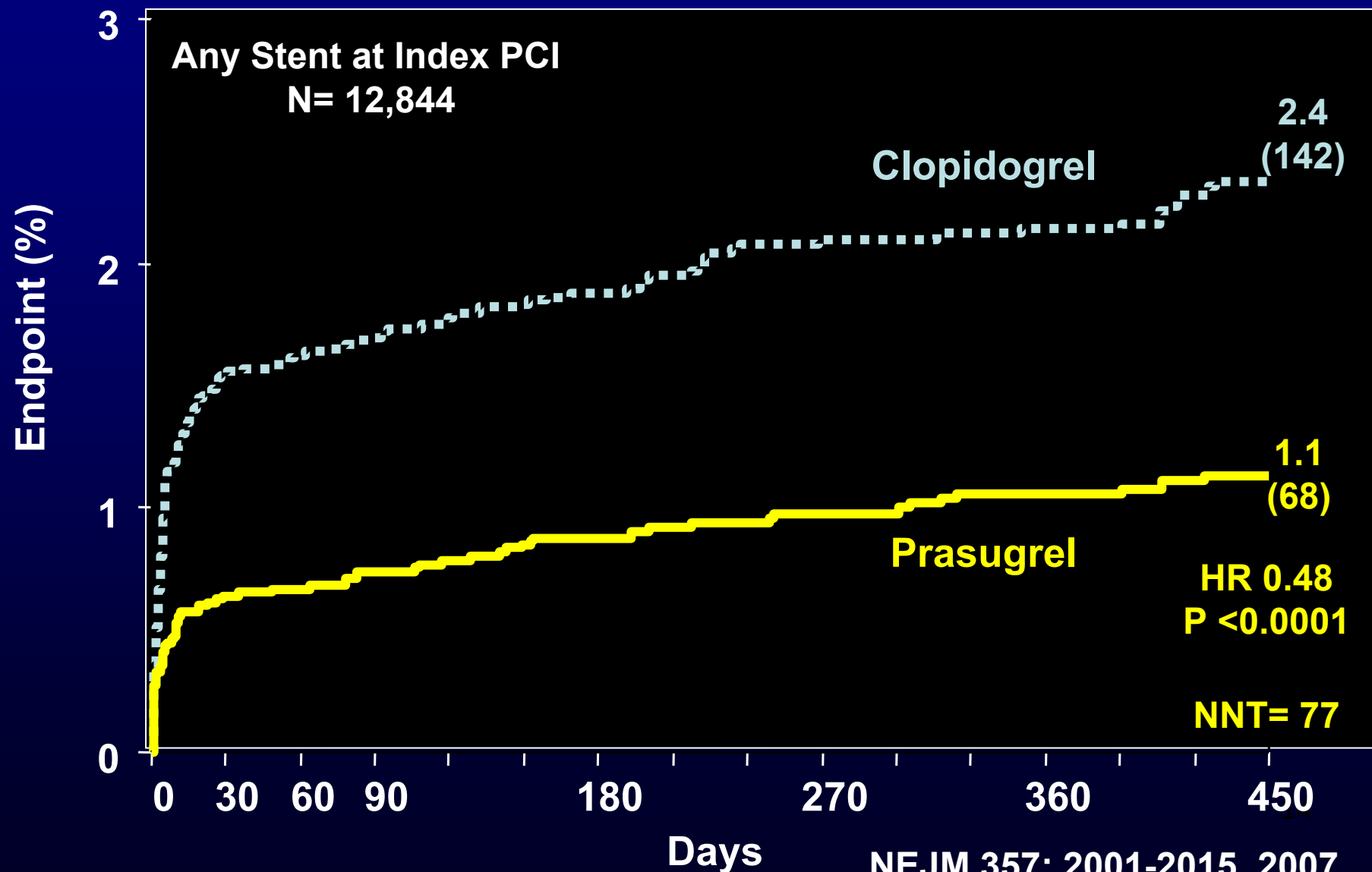
# Primary Endpoint CV Death, MI, Stroke



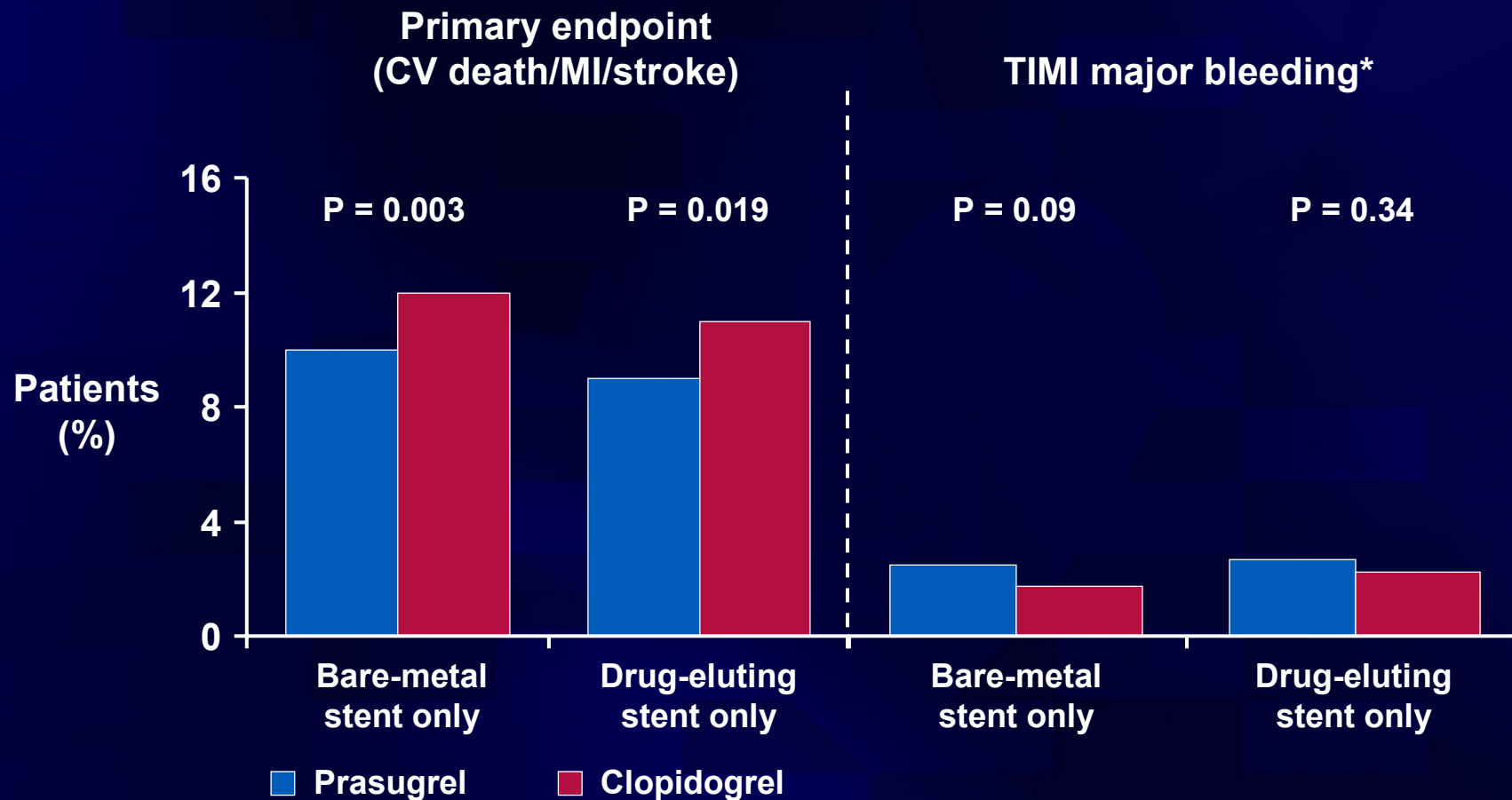
# Timing of Benefit (Landmark Analysis)



# Stent Thrombosis (ARC Definite + Probable)



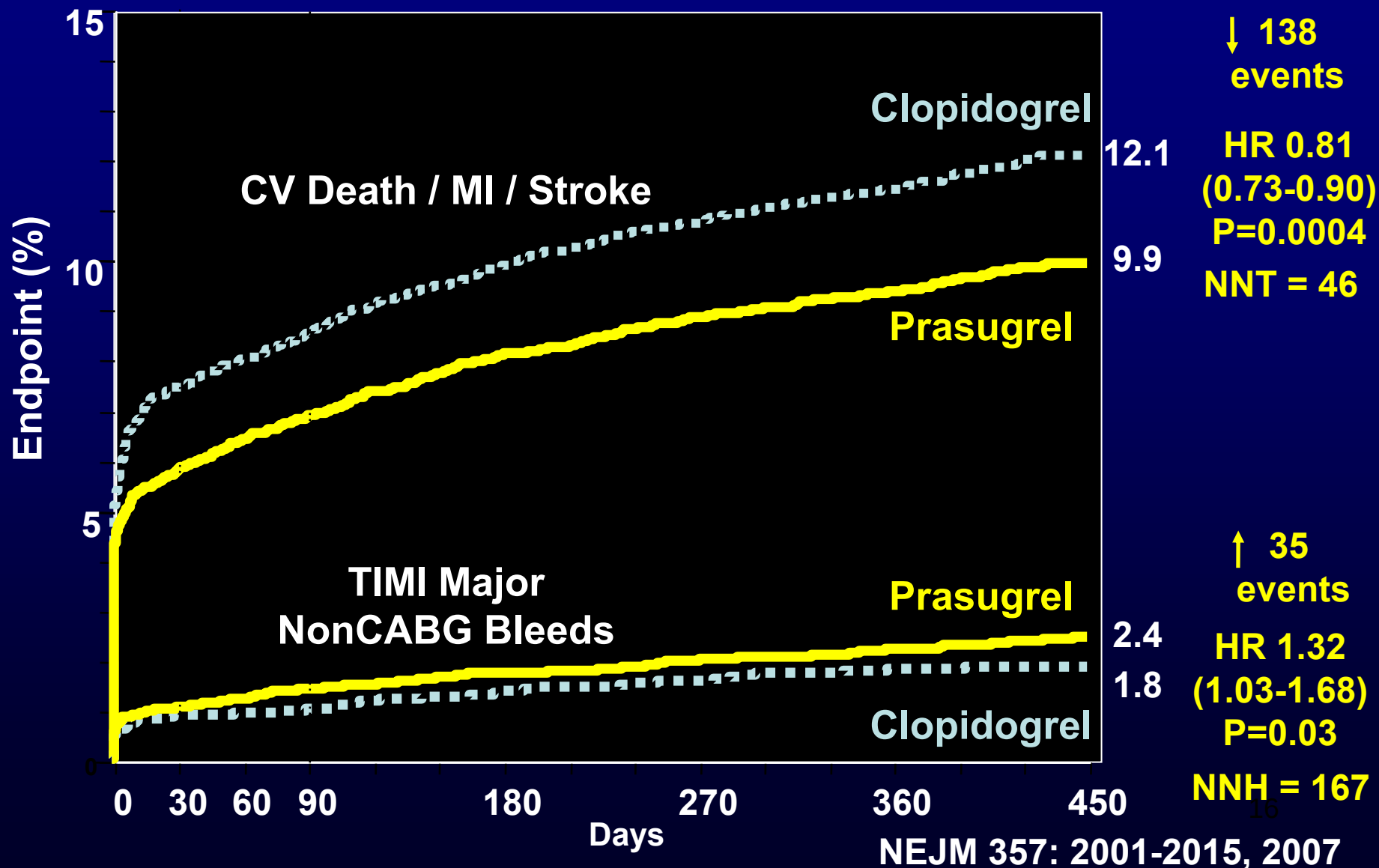
# TRITON-TIMI 38: Clinical events for prasugrel vs clopidogrel stratified by stent type



\*Not related to coronary bypass surgery

Wiviott SD et al. *Lancet*. 2008;371:1353-63.  
Wiviott SD et al. Presented at SCAI-ACC 2008.

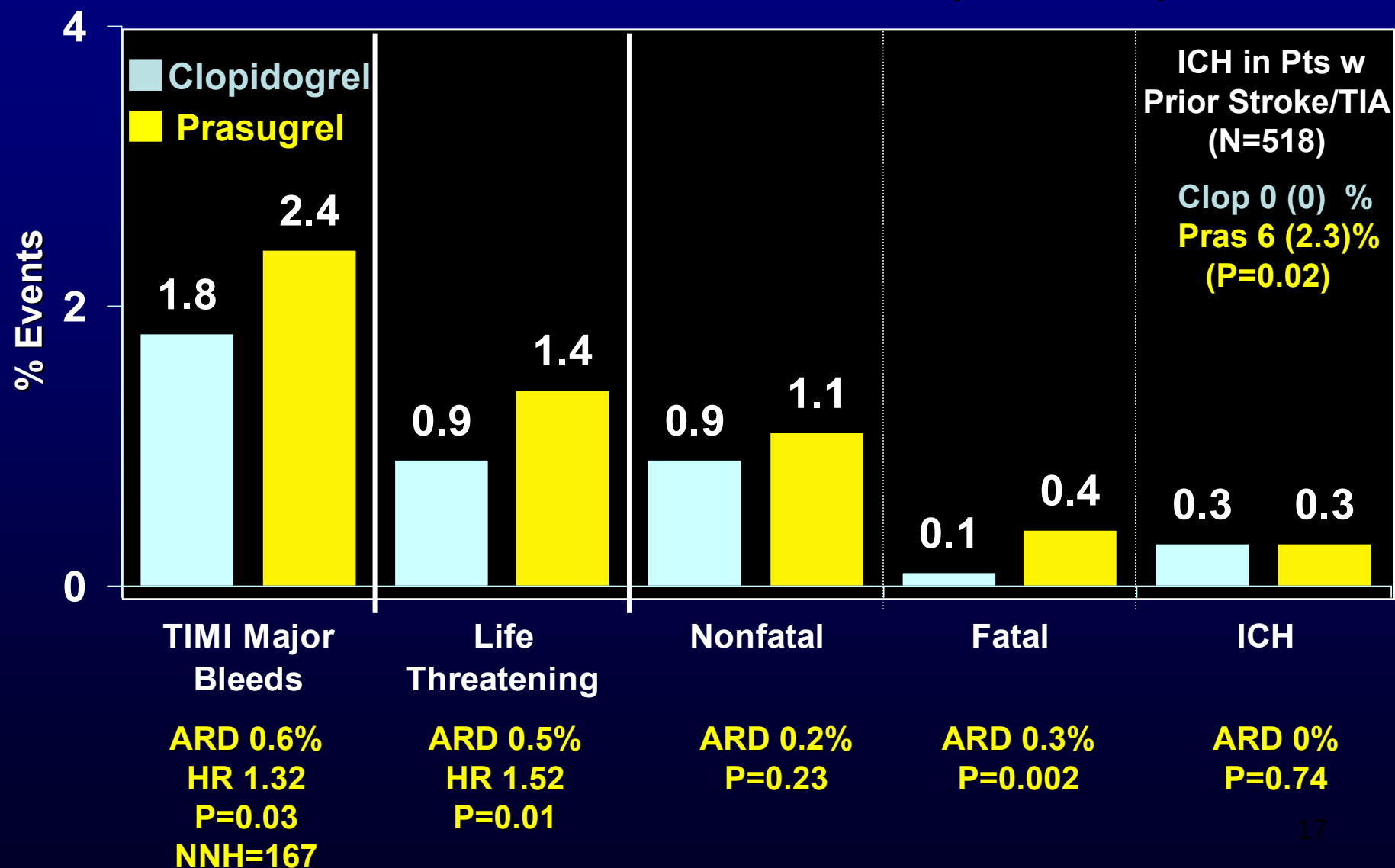
# Balance of Efficacy and Safety



# Bleeding Events

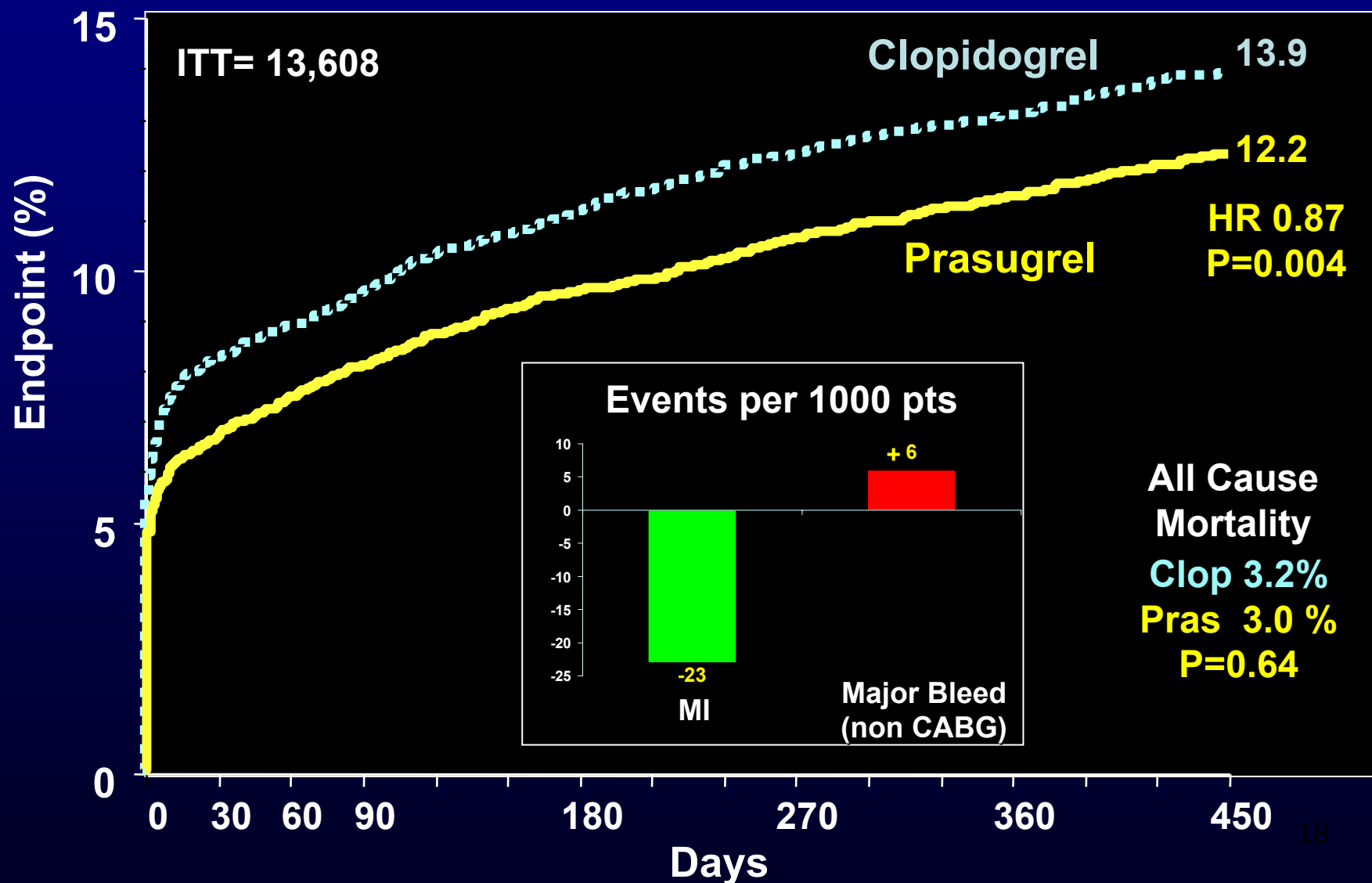
## Safety Cohort

(N=13,457)



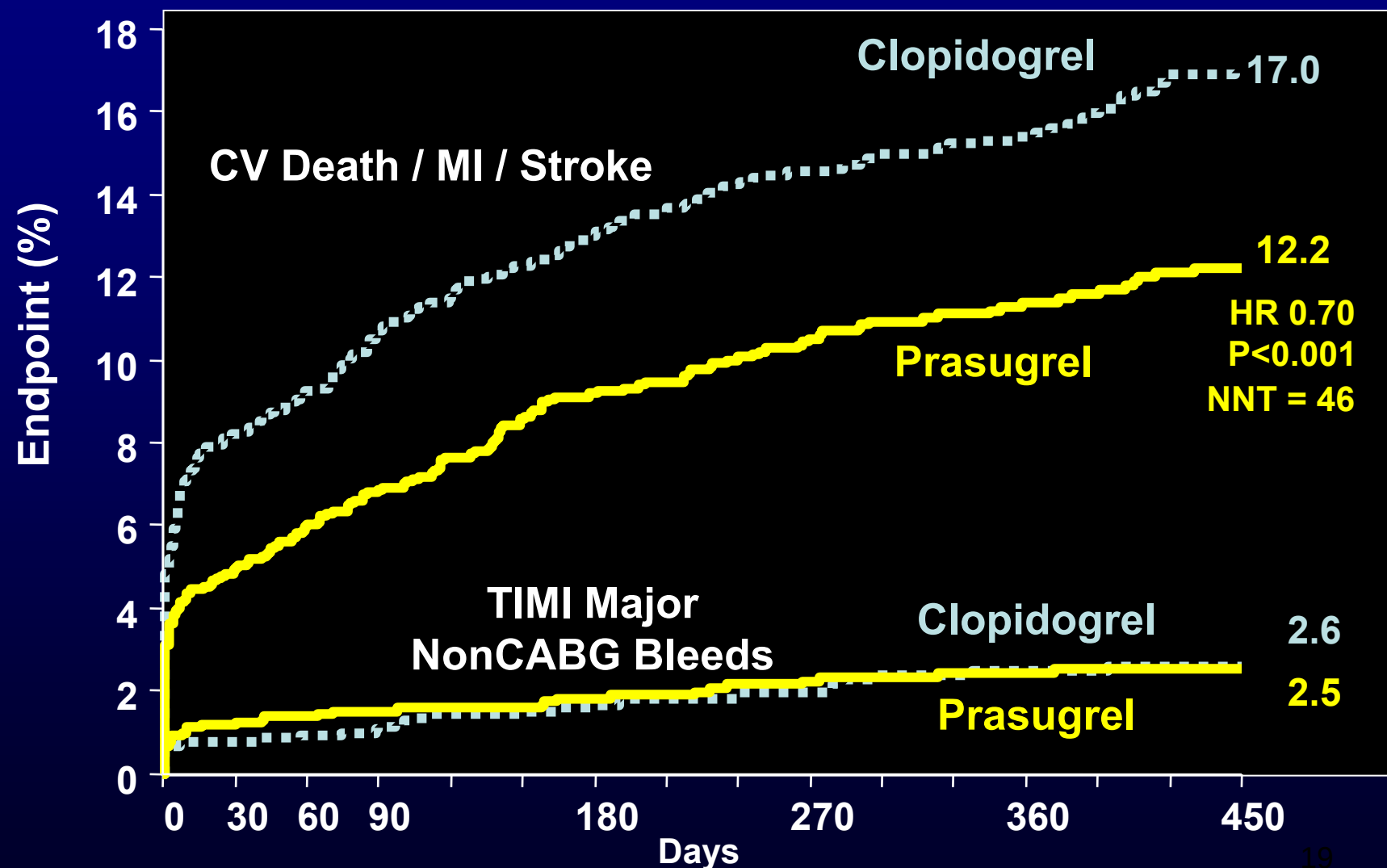
# Net Clinical Benefit

Death, MI, Stroke,  
Major Bleed (non CABG)

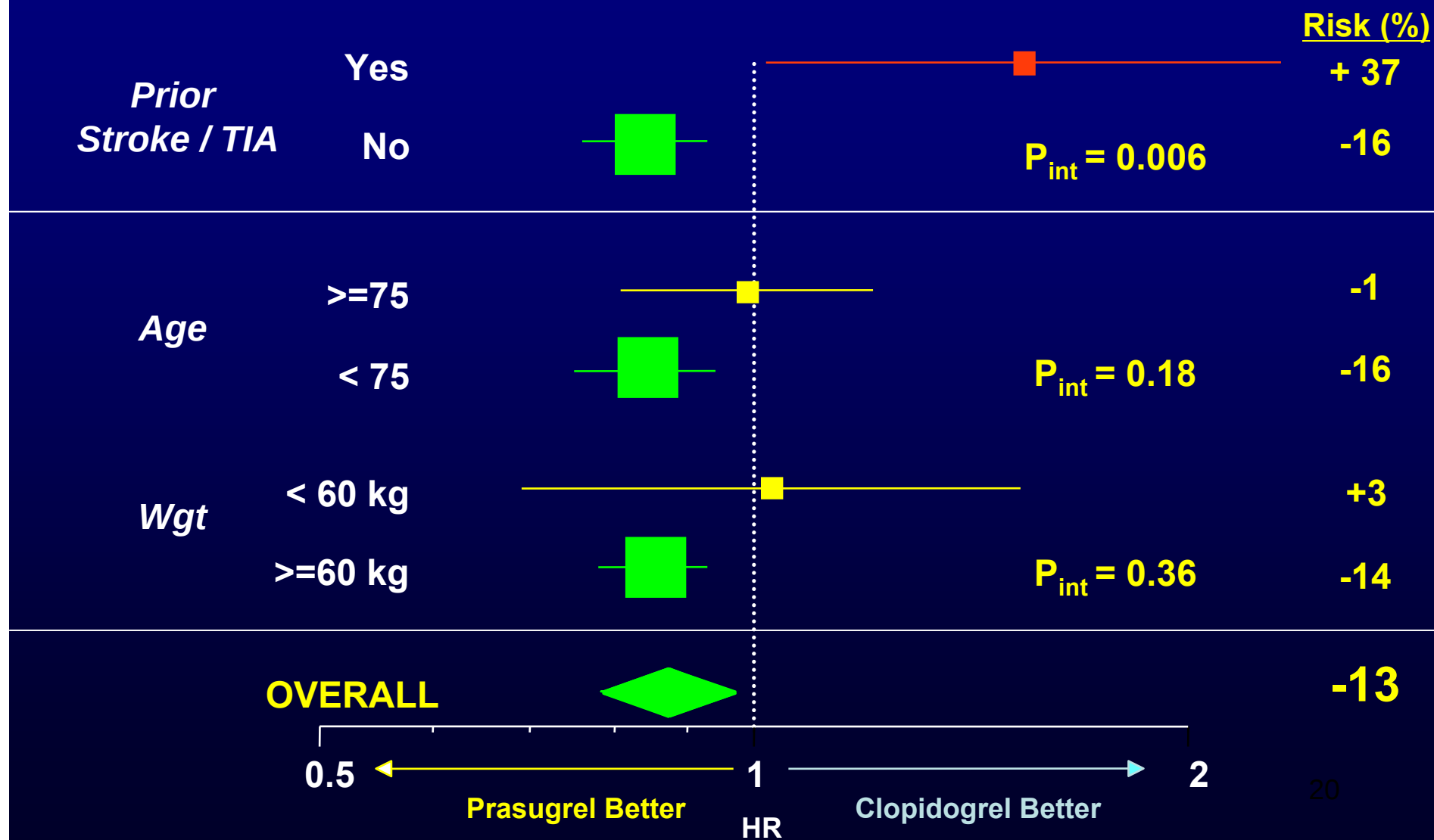


# Diabetic Subgroup

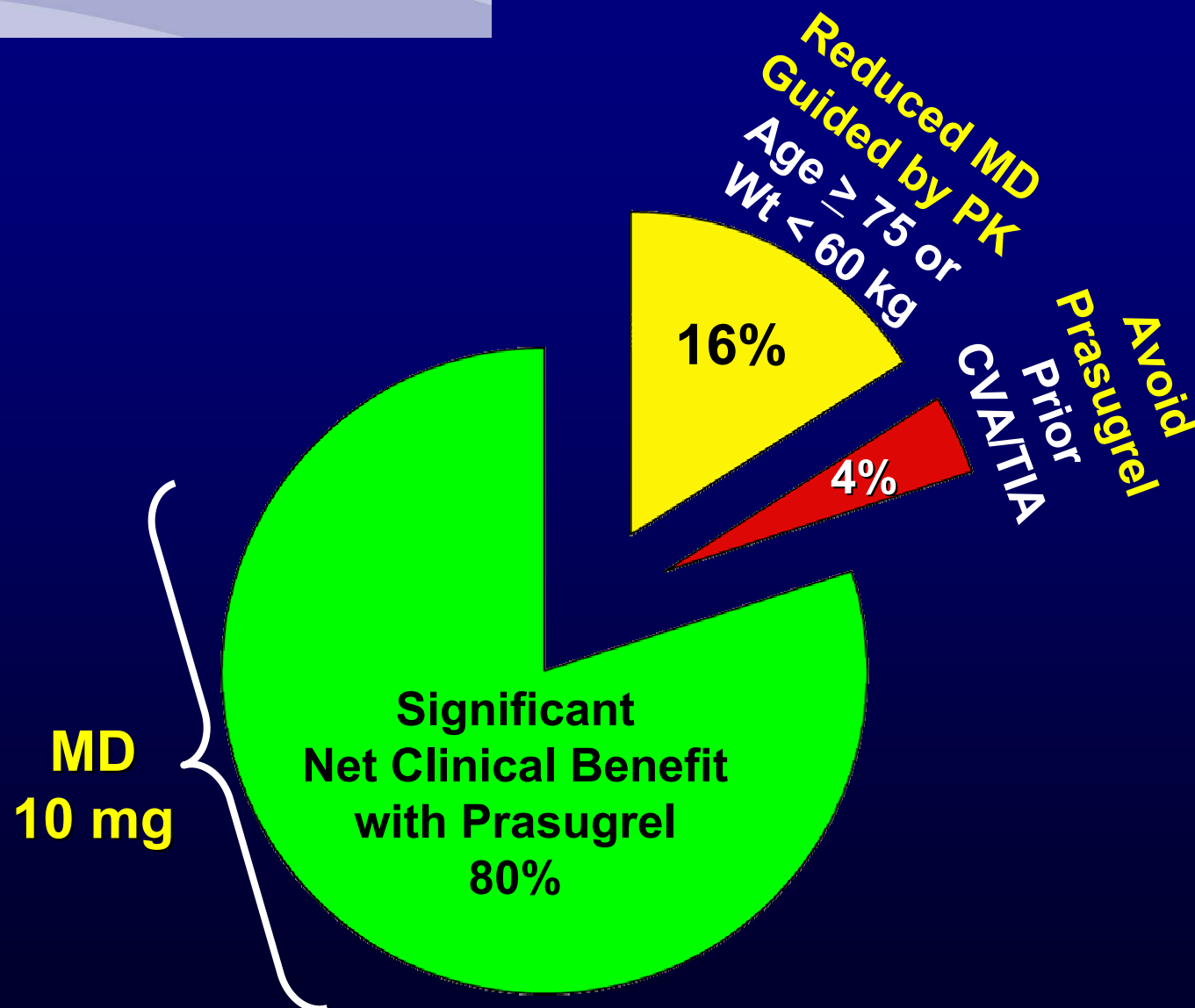
**N=3146**



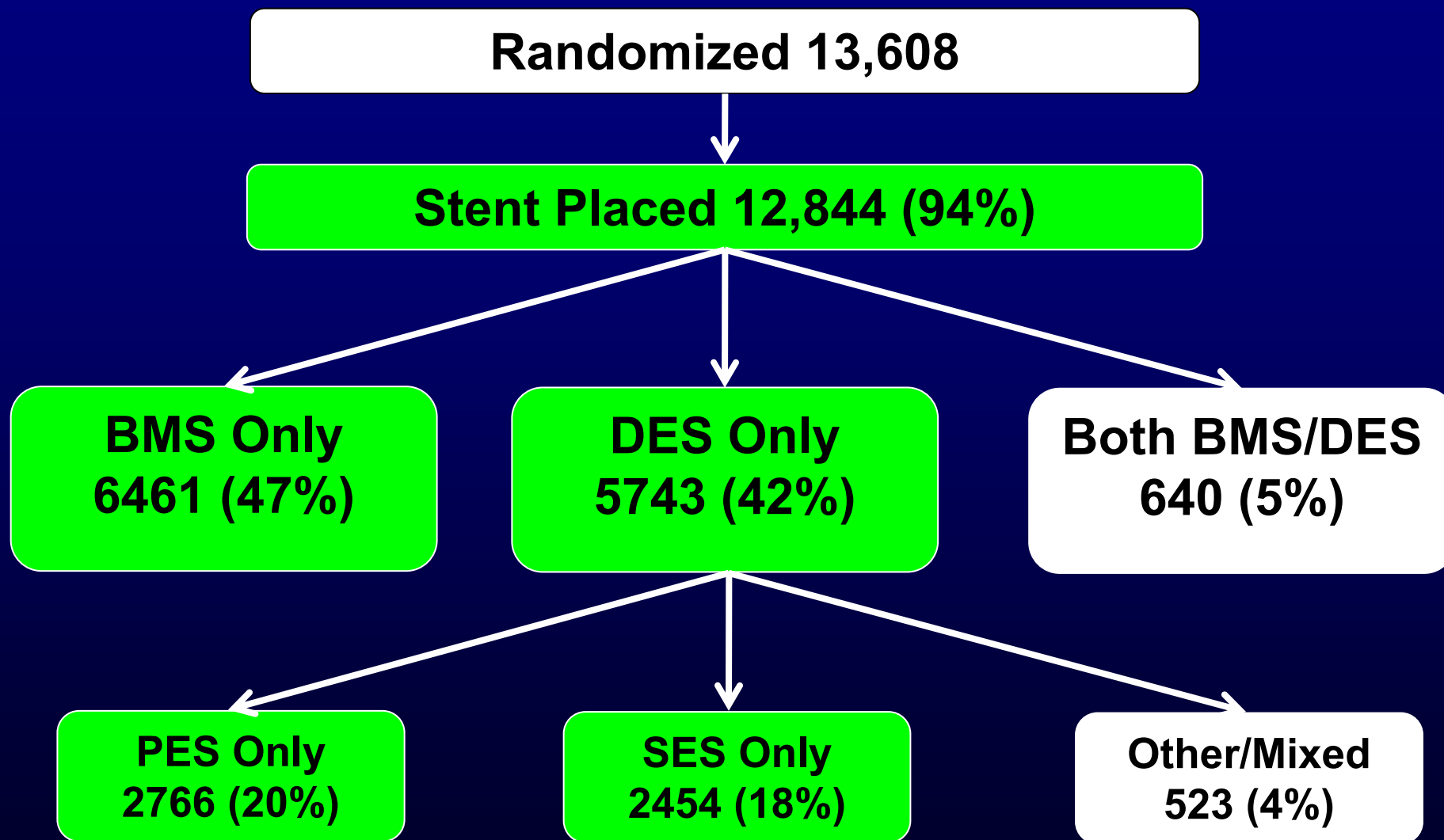
# Net Clinical Benefit Bleeding Risk Subgroups Post-hoc analysis



## Bleeding Risk Subgroups *Therapeutic Considerations*

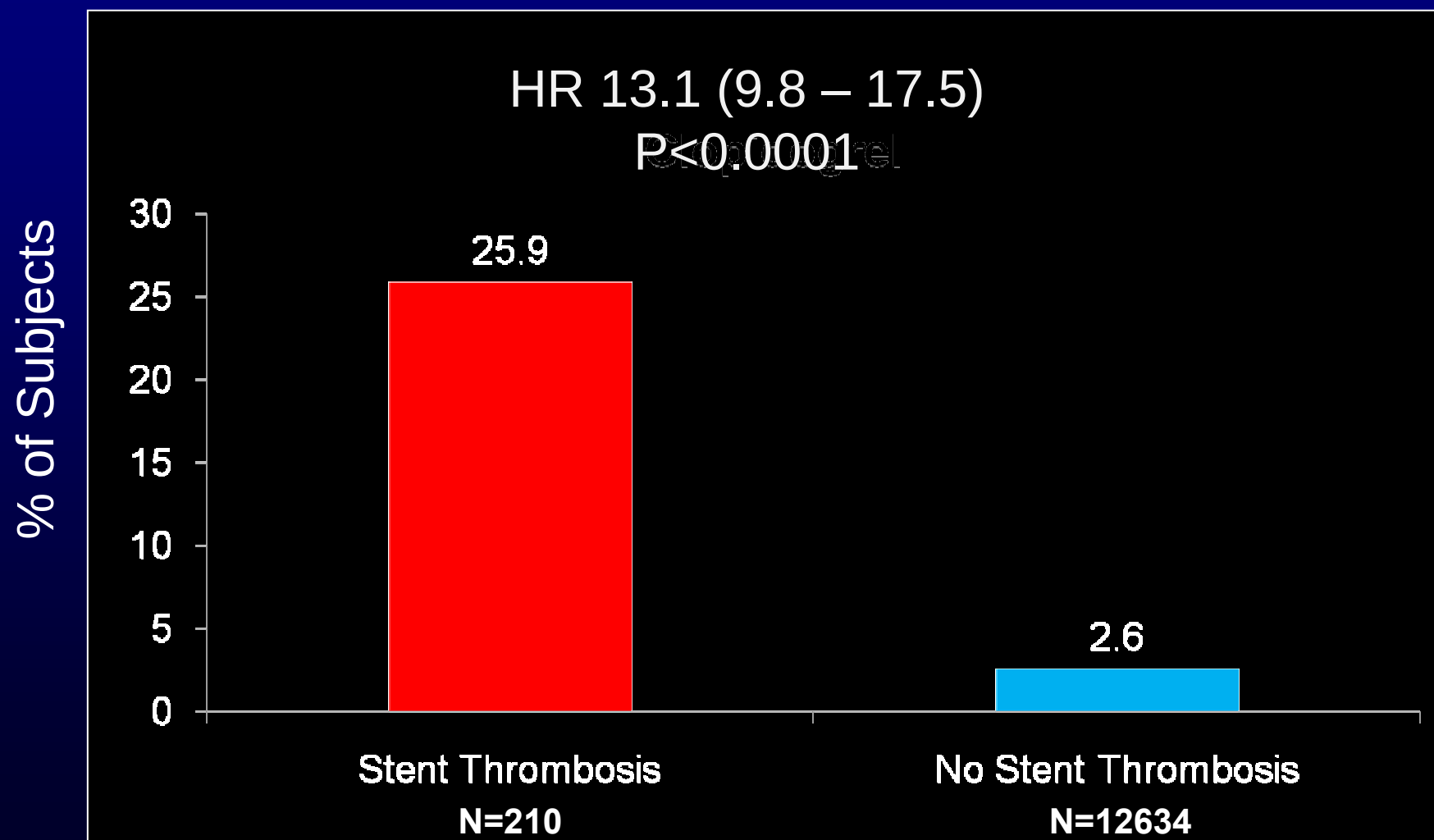


## Patient Population

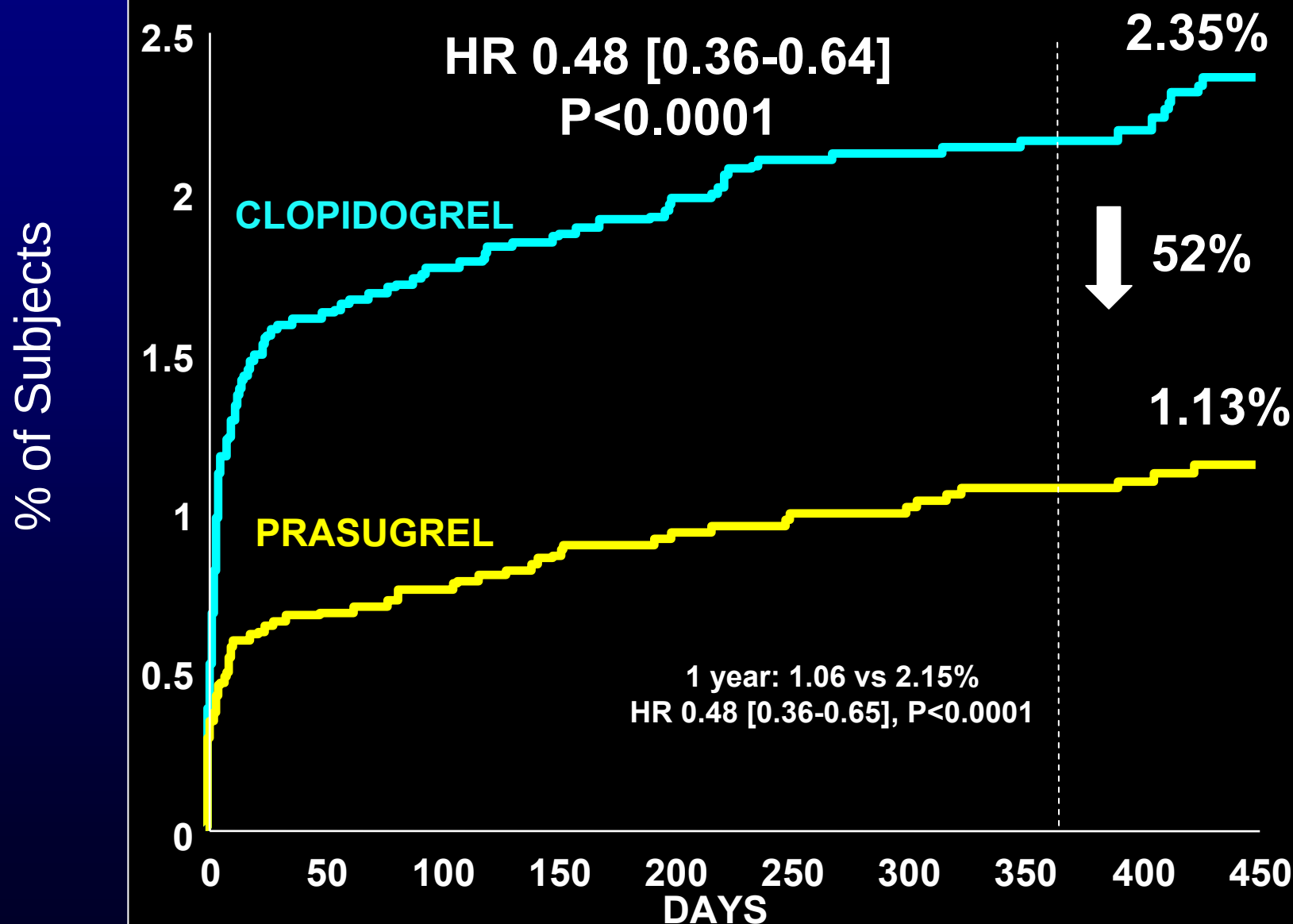


## Death Following ST

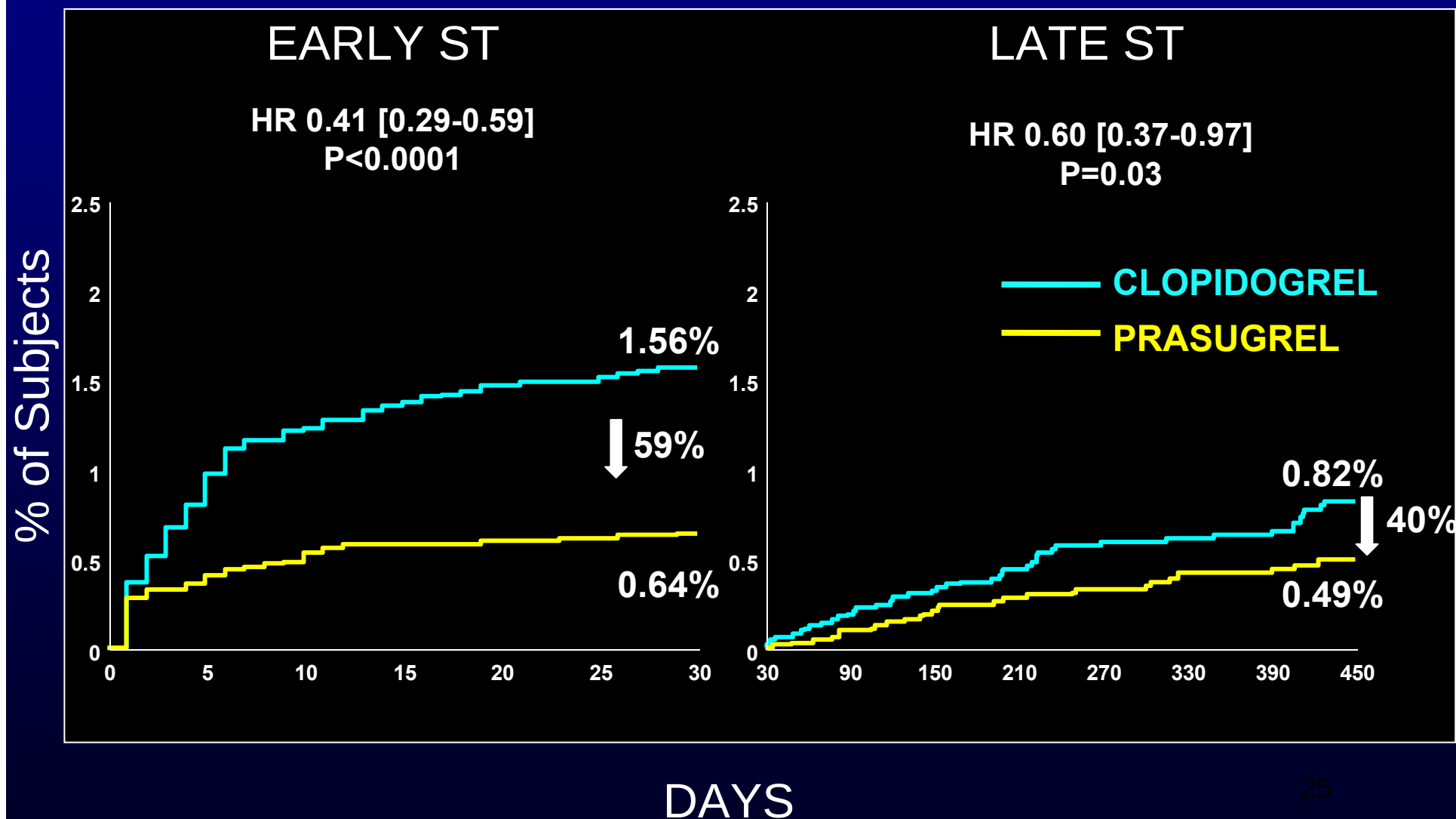
Mortality During Follow up (%) Post-Stent Thrombosis



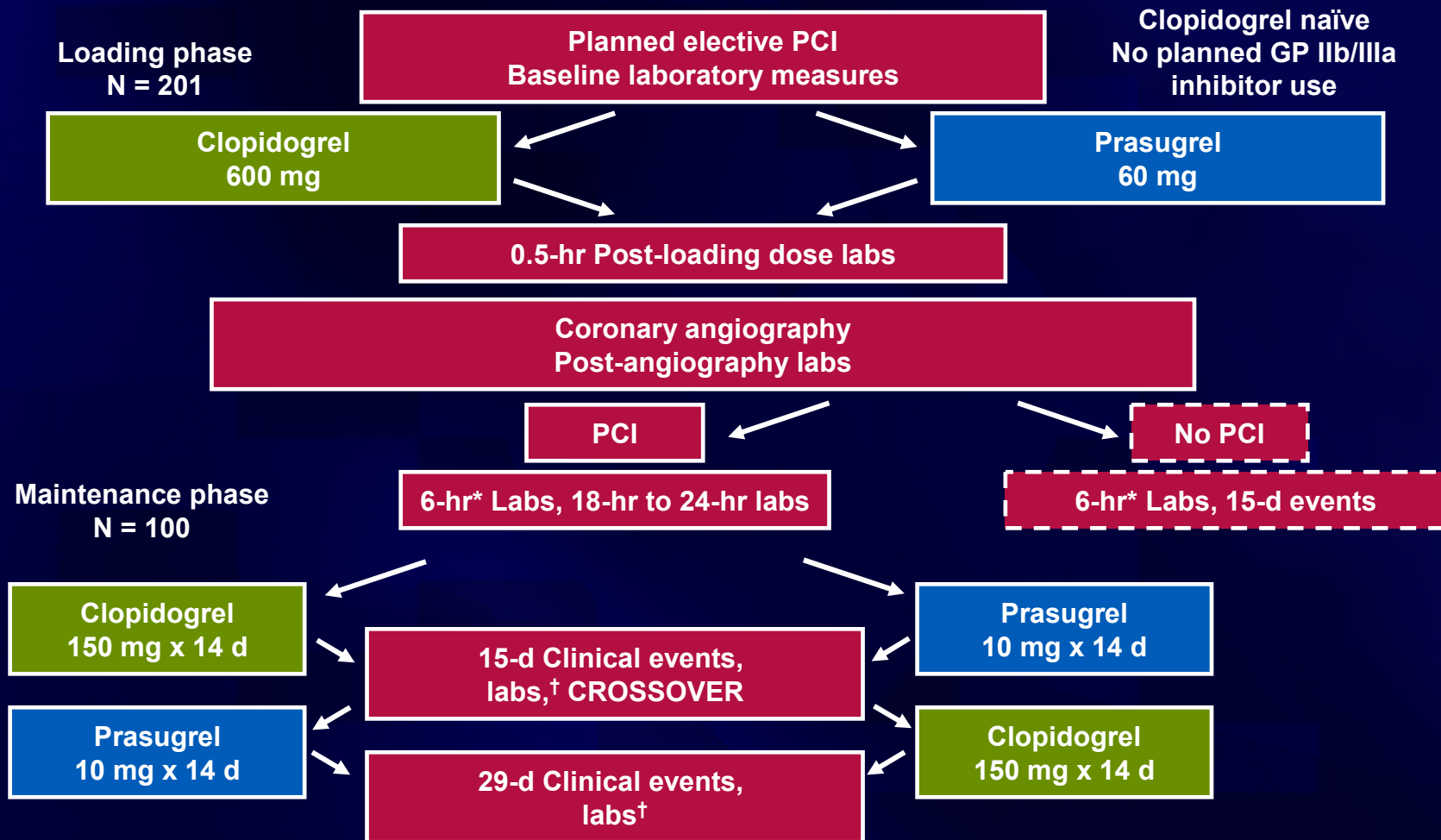
## Definite/Probable ST: Any Stent (N=12844)



# Definite/Probable ST: Any Stent (N=12844)



# PRINCIPLE-TIMI 44: Study design

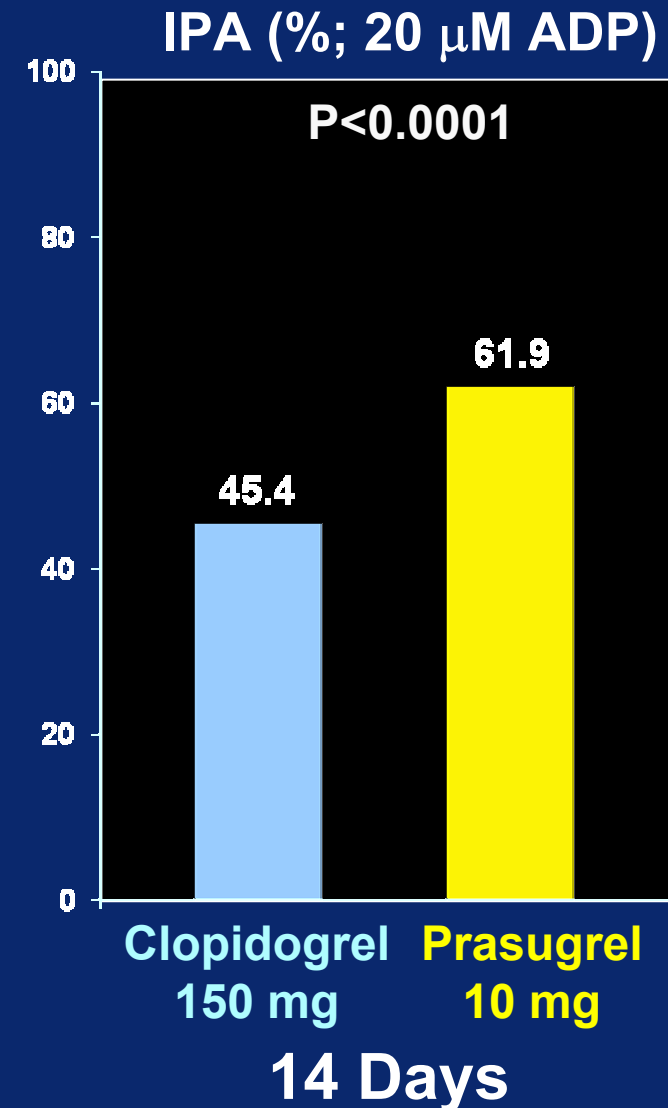
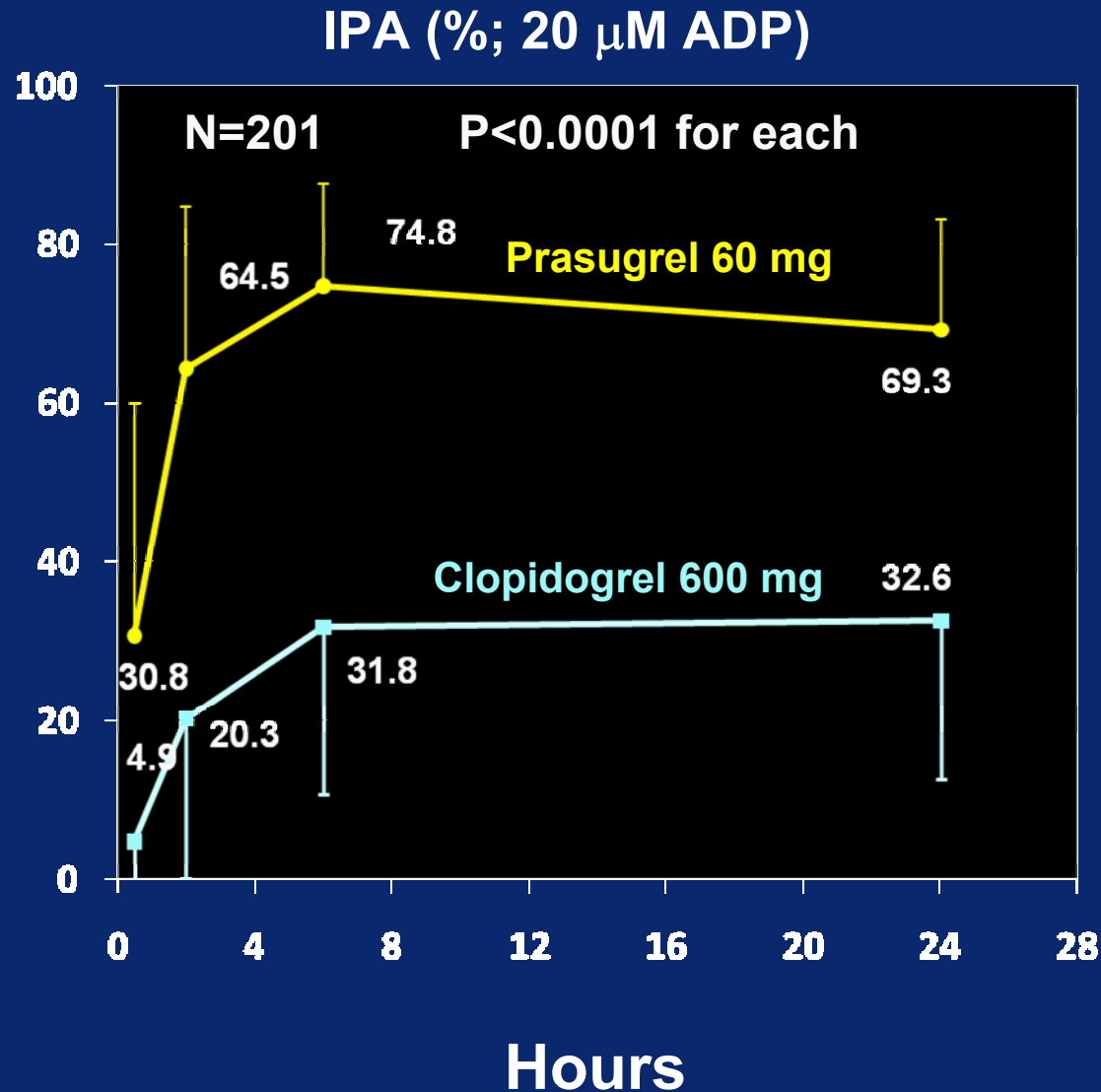


1° Endpoints: \*Loading = 6-hr inhibition of platelet aggregation (IPA); †Maintenance = 14-d and 29-d IPA

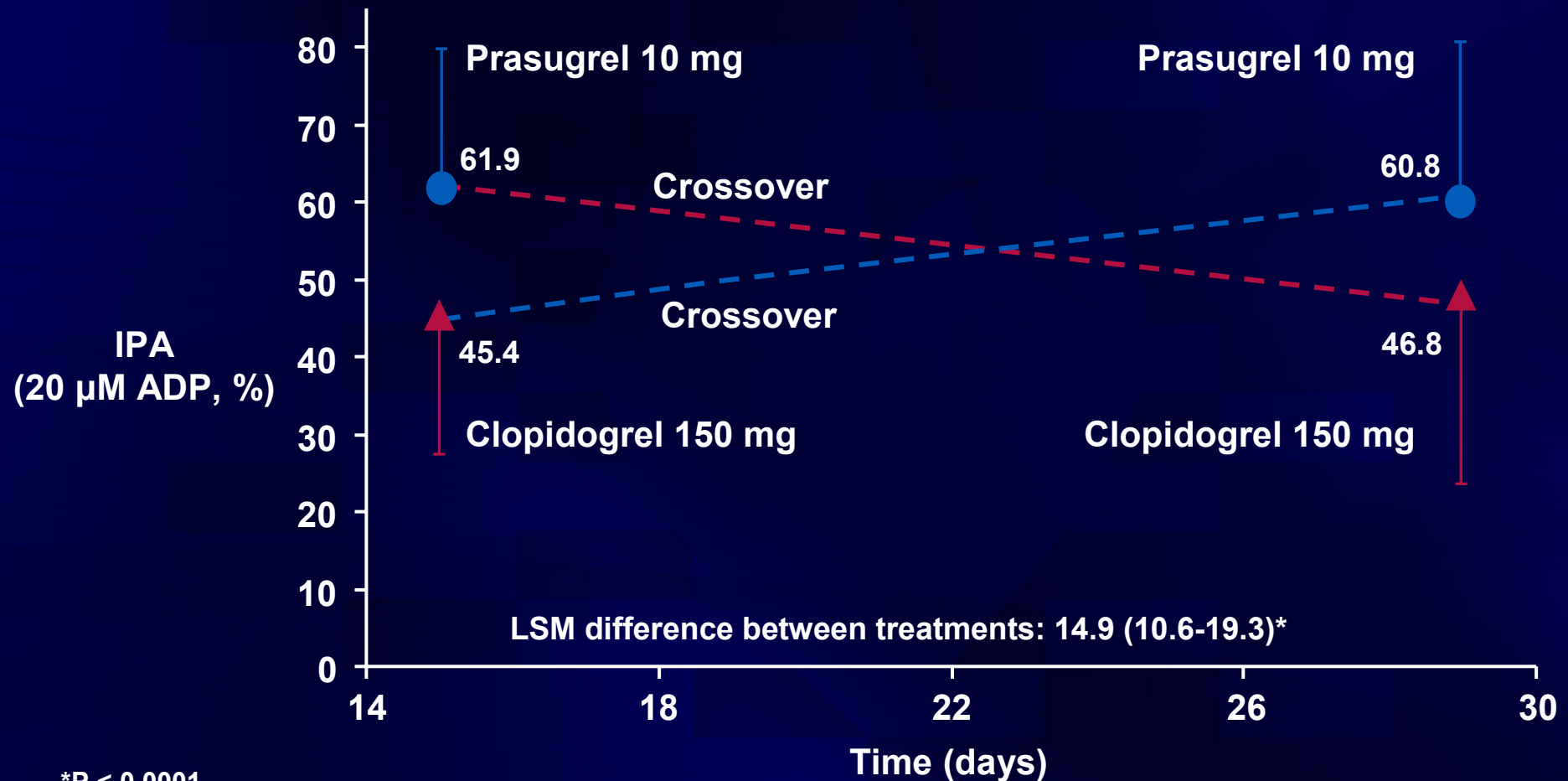
Wiviott SD et al. *Circulation*. 2007;116:2923-32.



## Comparison with Higher Dose Clopidogrel



# PRINCIPLE-TIMI 44 (crossover phase): Inhibition of platelet aggregation with maintenance dose



\*P < 0.0001

LSM = least square mean

IPA = inhibition of platelet aggregation

Wiviott SD et al. *Circulation*. 2007;116:2923-32.

# Conclusions

*Higher IPA to Support PCI*

## Prasugrel 60 mg LD/10mg MD vs Clopidogrel 300 mg LD/ 75 mg MD

### Efficacy

1. A significant reduction in:

|                           |            |
|---------------------------|------------|
| <b>CV Death/MI/Stroke</b> | <b>19%</b> |
| Stent Thrombosis          | <b>52%</b> |
| uTVR                      | <b>34%</b> |
| MI                        | <b>24%</b> |
2. An early and sustained benefit
3. Across ACS spectrum

### Safety

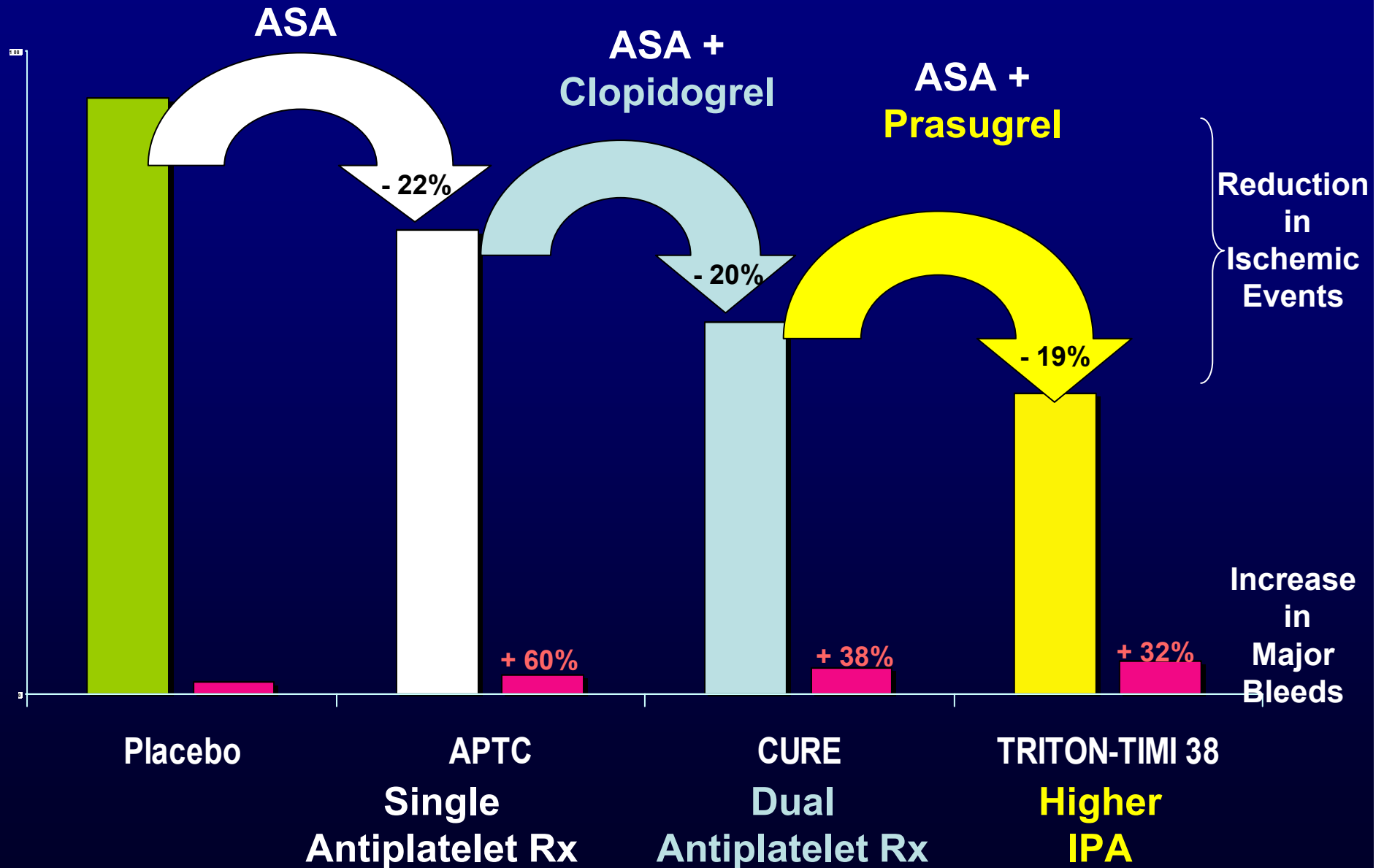
Significant  
increase in  
serious bleeding  
**(32% increase)**

**Avoid in pts with  
prior CVA/TIA**

**Net clinical benefit significantly favored Prasugrel**

**Optimization of Prasugrel maintenance dosing in a minority of patients  
may help improve the benefit : risk balance**

# Antiplatelet Therapy in ACS



## **TRITON-TIMI 38, PRINCIPLE-TIMI 44:**

### **Conclusions**

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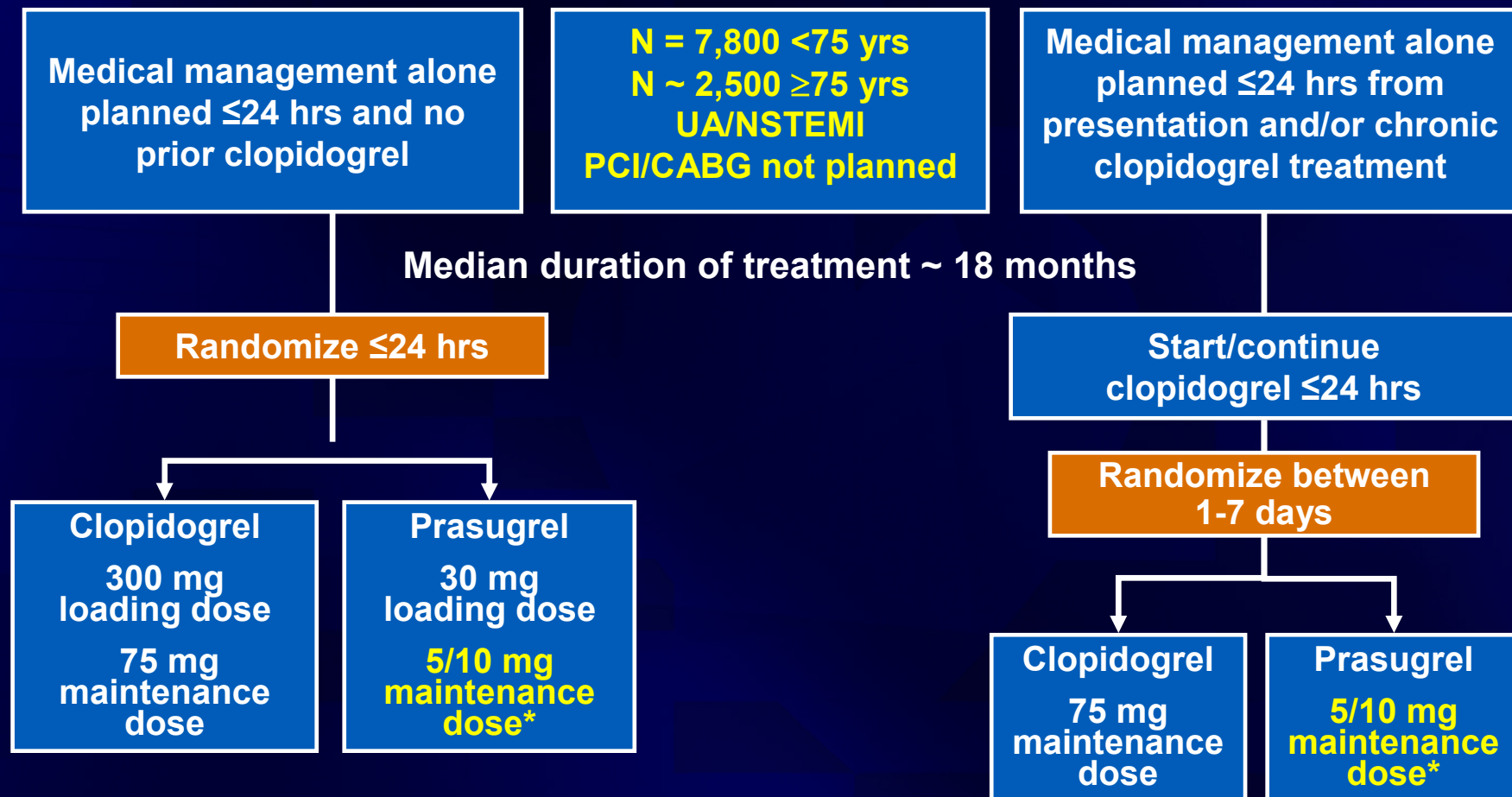
- **In ACS patients undergoing PCI, a thienopyridine agent that achieves faster, more consistent, and greater levels of platelet inhibition than standard clopidogrel results in:**
    - **↓Ischemic events, particularly MI and stent thrombosis**
    - **↑Bleeding, including serious bleeding, particularly in specific patient subsets**
-

# **TRITON-TIMI 38, PRINCIPLE-TIMI 44: Uncertainties**

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- **What aspect(s) of prasugrel resulted in benefits?**
    - Speed
    - Consistency
    - Potency
  - **Would this translate to other methods of inhibition?**
    - P2Y12 signaling
    - Platelet activation, adhesion, and aggregation unrelated to P2Y12
  - **What are appropriate surrogate markers of platelet function?**
-

# TRILOGY ACS: Study design



\*5 mg maintenance dose of prasugrel  
for age ≥75 yrs or weight <60 kg

Courtesy of MT Roe, MD  
NIH. [www.clinicaltrials.gov](http://www.clinicaltrials.gov).

## AZD6140: Overview

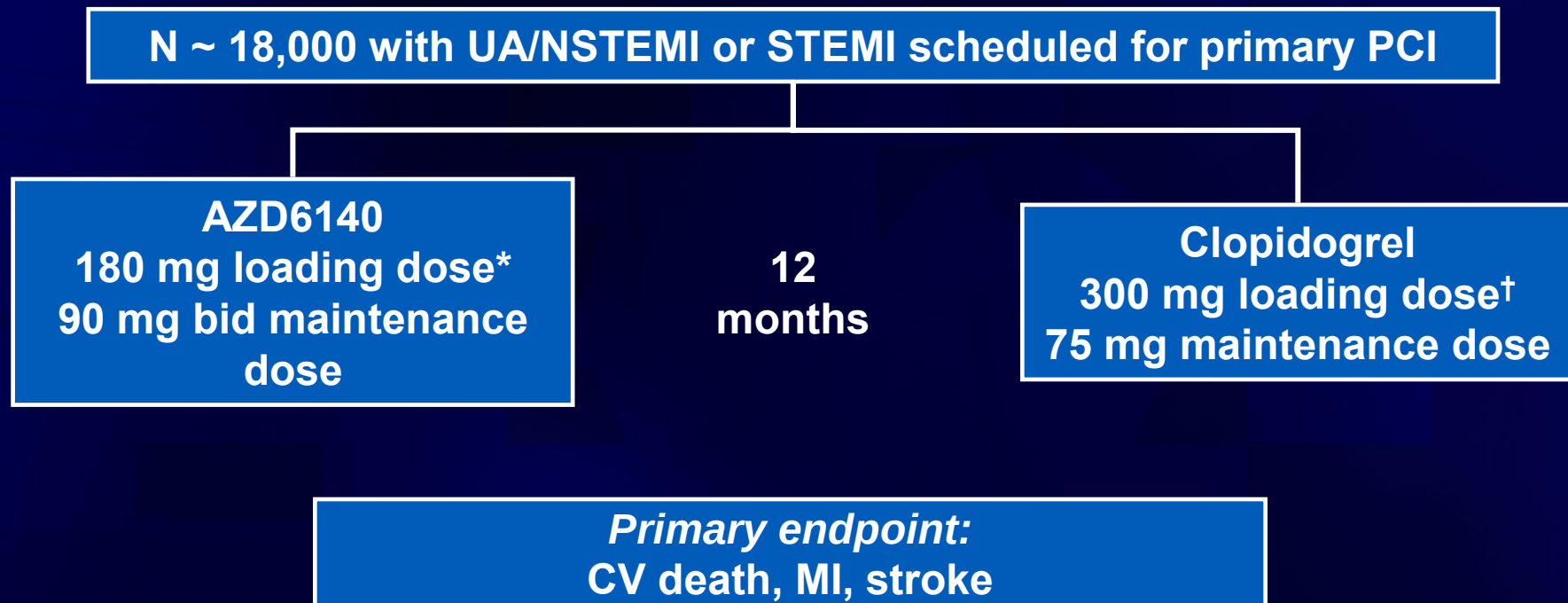
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- Oral, direct-acting cyclopentyltriazolopyrimidine, reversible inhibition of P2Y<sub>12</sub> receptor
- DISPERSE-2: Dose optimization and safety study
- Potency in clopidogrel pretreated patients
- PLATO: Ongoing clinical outcomes trial vs clopidogrel

DISPERSE = Dose Confirmation Study Assessing Anti-Platelet Effects of AZD6140 vs Clopidogrel in Non-ST-Elevation Myocardial Infarction, PLATO = Platelet Inhibition and Patient Outcomes

Cannon CP et al. *J Am Coll Cardiol*. 2007;50:1844-51.  
Michelson AD. *Arterioscler Thromb Vasc Biol*. 2008;28:s33-s38.

# PLATO: Study design



\*Additional 90 mg allowed pre-PCI

†In clopidogrel-naïve patients (no loading dose if pretreated);  
Additional 300 mg allowed in either clopidogrel group pre-PCI

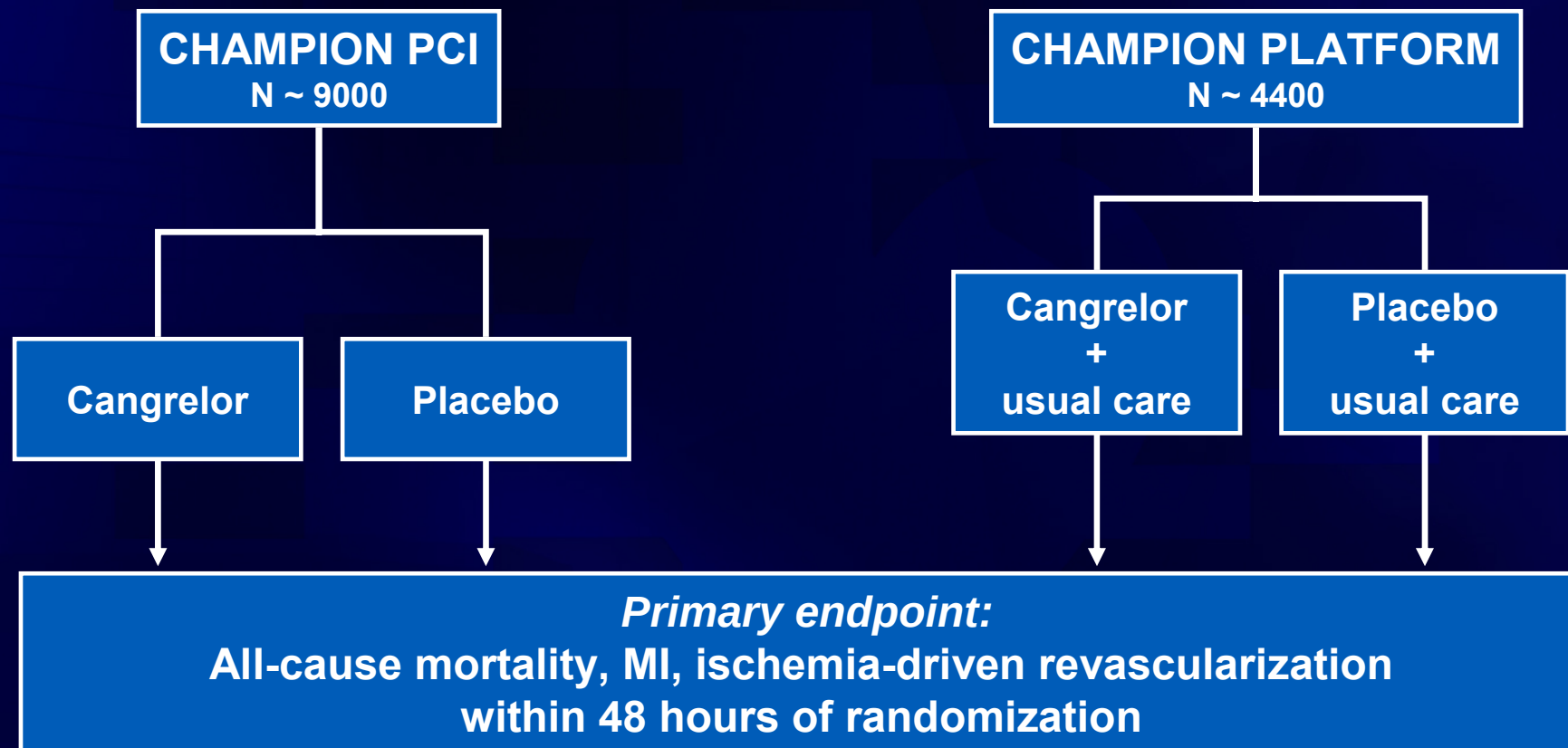
Storey RF. *Eur Heart J Suppl.*  
2008;10(suppl D):D30-D37.

## Cangrelor: Overview

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- Intravenous, direct-acting ATP analog, reversible inhibitor of P2Y<sub>12</sub> receptor, plasma half-life 2.6-3.3 minutes
- Dose-finding study
- CHAMPION: Placebo-controlled, ongoing clinical outcomes trial program

# Cangrelor: Ongoing clinical trials



# **Achieving optimal platelet inhibition in ACS: Summary**

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- **TRITON-TIMI 38 demonstrated that higher and more consistent levels of platelet inhibition are associated with fewer ischemic events**
  - **However, greater potency was associated with increased risk for bleeding in important, easily identifiable subgroups**
    - **Careful patient selection is critical to minimizing risk**
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# ACC/AHA guidelines for UA/NSTEMI: Dosing of oral antiplatelet therapy

| Drug        | Initial Med Tx                                       | During PCI                              |                                   | After PCI                                                                          | Discharge                                                                          |
|-------------|------------------------------------------------------|-----------------------------------------|-----------------------------------|------------------------------------------------------------------------------------|------------------------------------------------------------------------------------|
|             |                                                      | Rec'd initial medical treatment         | No initial medical treatment      |                                                                                    |                                                                                    |
| Aspirin     | 162-325 mg nonenteric formulation                    | No additional treatment                 | 162-325 mg nonenteric formulation | BMS: 162-325 mg $\geq$ 1 mo, SES: 3 mo, PES: 6 mo; then ASA 75-162 mg indefinitely | BMS: 162-325 mg $\geq$ 1 mo, SES: 3 mo, PES: 6 mo; then ASA 75-162 mg indefinitely |
| Clopidogrel | Loading dose: 300-600 mg<br>Maintenance dose: 75 mg  | Second loading dose 300 mg may be given | Loading dose: 300-600 mg          | BMS: 75 mg $\geq$ 1 mo and ideally up to 1 yr;<br>DES: 75 mg $\geq$ 1 yr*          | BMS: 75 mg $\geq$ 1 mo and ideally up to 1 yr;<br>DES: 75 mg $\geq$ 1 yr*          |
| Ticlopidine | Loading dose: 500 mg<br>Maintenance dose: 250 mg bid | No additional treatment                 | Loading dose: 500 mg              | Maintenance dose: 250 mg bid (duration same as clopidogrel)                        | Maintenance dose: 250 mg bid (duration same as clopidogrel)                        |

\*In patients who are not at high risk of bleeding; BMS = bare-metal stent, DES = drug-eluting stent, PES = paclitaxel-eluting stent, SES = sirolimus-eluting stent

Anderson JL et al. *Circulation*. 2007;116:803-77.

# ACC/AHA/SCAI 2007 focused update for PCI: Oral antiplatelet therapy

ASA for all patients

I IIa IIb III

|   |  |  |  |
|---|--|--|--|
| A |  |  |  |
|   |  |  |  |
| C |  |  |  |
|   |  |  |  |
| B |  |  |  |
|   |  |  |  |

Patients already taking daily long-term ASA should take 75 mg-325 mg before PCI is performed

Patients not already taking daily ASA should be given 300 mg-325 mg  $\geq 2$  hours and preferably 24 hours before PCI is performed

After PCI, in patients without allergy or increased risk of bleeding, ASA 162 mg-325 mg daily should be given for  $\geq 1$  month (BMS), 3 months (SES), 6 months (PES), after which daily long-term ASA use should be continued indefinitely at a dose of 75 mg-162 mg



SCAI = Society for Cardiovascular  
Angiography and Interventions

King SB III et al. *J Am Coll Cardiol.* 2008;51:172-209.

# ACC/AHA/SCAI 2007 focused update for PCI: Oral antiplatelet therapy, cont'd

ASA for all patients

I IIa IIb III

|   |  |  |  |
|---|--|--|--|
| C |  |  |  |
| C |  |  |  |
| B |  |  |  |
| B |  |  |  |

A loading dose of clopidogrel, generally 600 mg, should be administered before or when PCI is performed

← MODIFIED

In patients undergoing PCI within 12-24 hours of receiving fibrinolytic therapy, a clopidogrel oral loading dose of 300 mg may be considered

← MODIFIED

For all post-PCI stented patients receiving a DES, clopidogrel 75 mg daily should be given for ≥12 months if not at high risk of bleeding

← MODIFIED

For post-PCI patients receiving BMS, clopidogrel should be given for ≥1 month and ideally up to 12 months (unless at increased risk of bleeding; then it should be given for ≥2 weeks)

← MODIFIED