Pedal Approach and Other Updated Techniques for Infrapopliteal CTO





D. Scheinert, MD

Department of Angiology

University of Leipzig – Heart Center & Park Hospital

Tibioperoneal (Outflow Lesion) Angioplasty can be used as Primary Treatment in Patients with Critical Limb Ischemia. 5-Y Follow-Up.

Prospective registry, 284 ischemic limbs

Successful PTA of 486/529 BTK lesions (92%)

Success in stenoses

370/376 (98%)

Success in occlusions 116/153 (73%)

The Problem of Infrapopliteal PTA

Recanalization of BTK-occlusions unsuccessful due to inability of guidewire-passage in up to 20-30%

How can we improve our results 🛜

Alternative access-techniques

Transpedal Approach

SAFARI-technique

Subintimal arterial flossing with

antegrade - retrograde Intervention

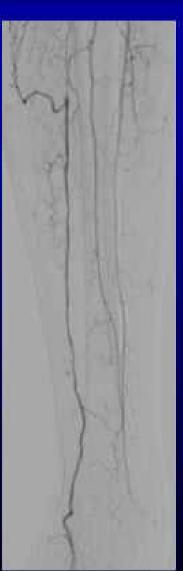
Spinosa et al. 2003

Gandini et al. 2007

Fusaro et al. 2007

Occlusion left Pop. Art. + PTA







Attempted guidewire-passage

Sheath-Insertion (4F) right foot

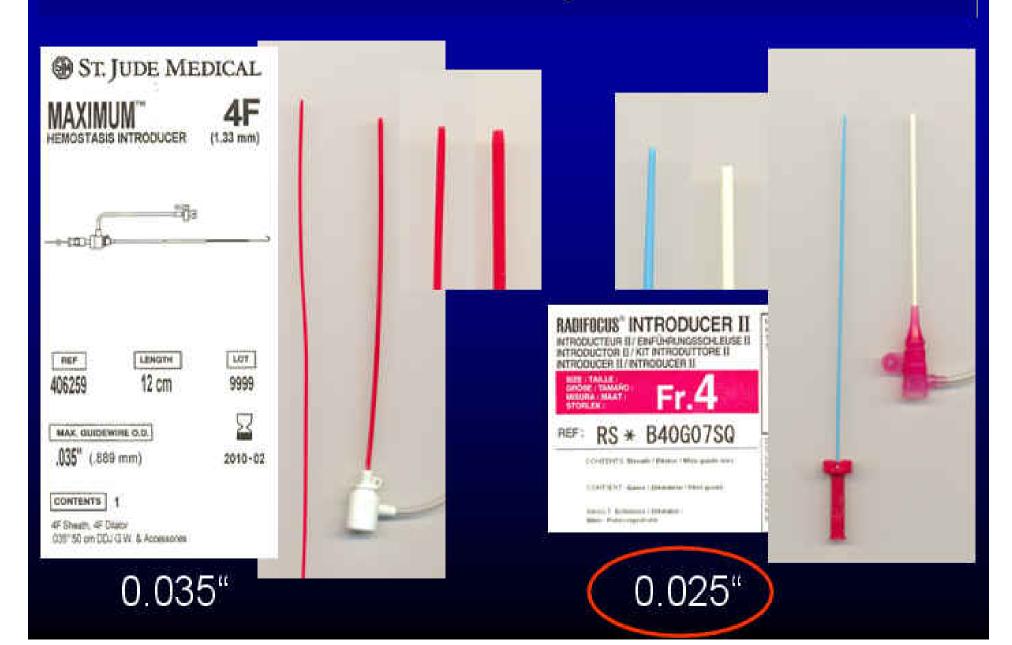




Guidewire-Snaring and antegrade PTA



Material for Transpedal Access



Sheathless Approach for Transpedal Recanalization



Material for Transpedal Recanalization

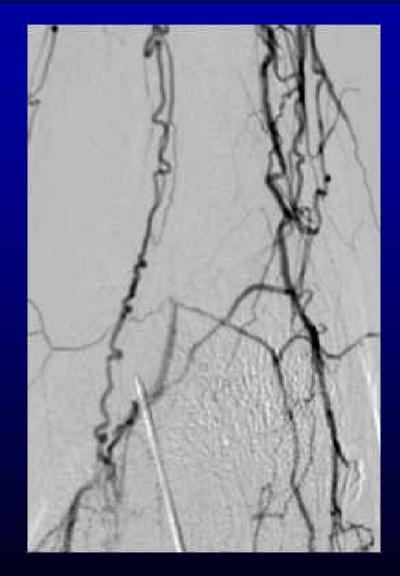
- 21 Gauge puncture-needle

- 0.014" or 0.018" hydrophilic coated guidewires

Low-profile balloons 2.0/120mm

0.014" coronary CTO-guidewires

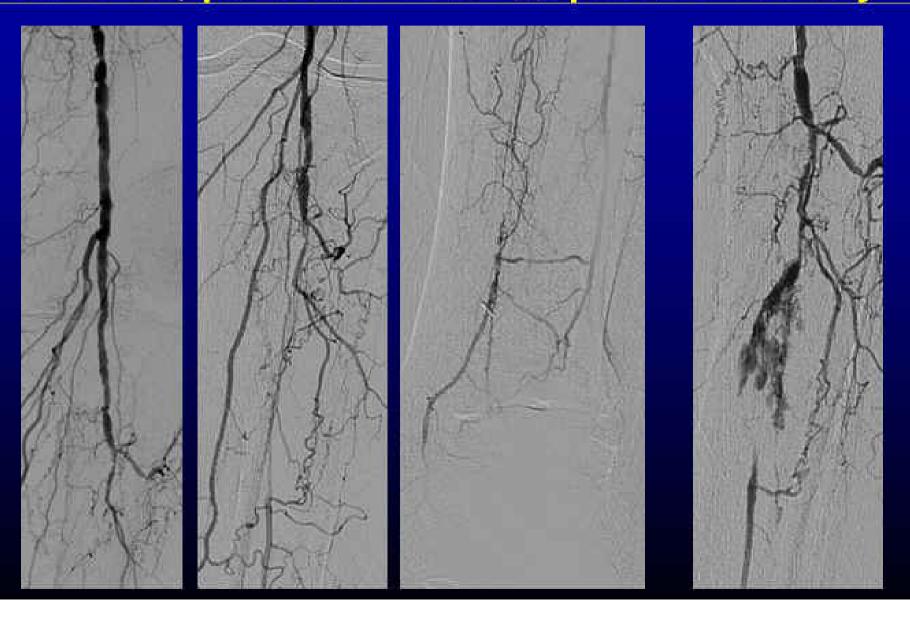
Technique of Transpedal Approach





Transpedal Puncter using angiographic or road-map control

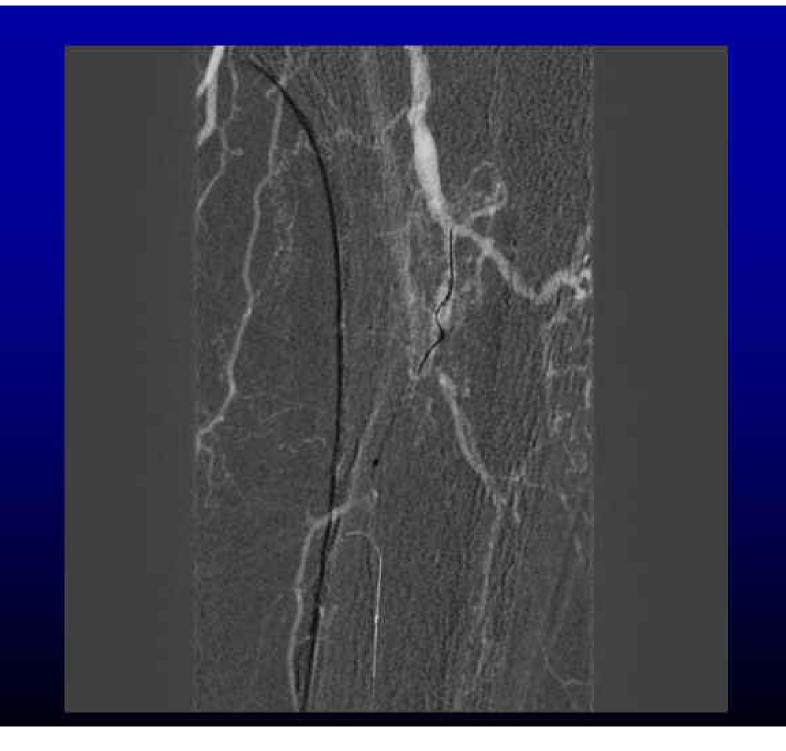
Puncture of the anterior, posterior tibial or peroneal artery



Difficult Passage of the guidewire to the PTA





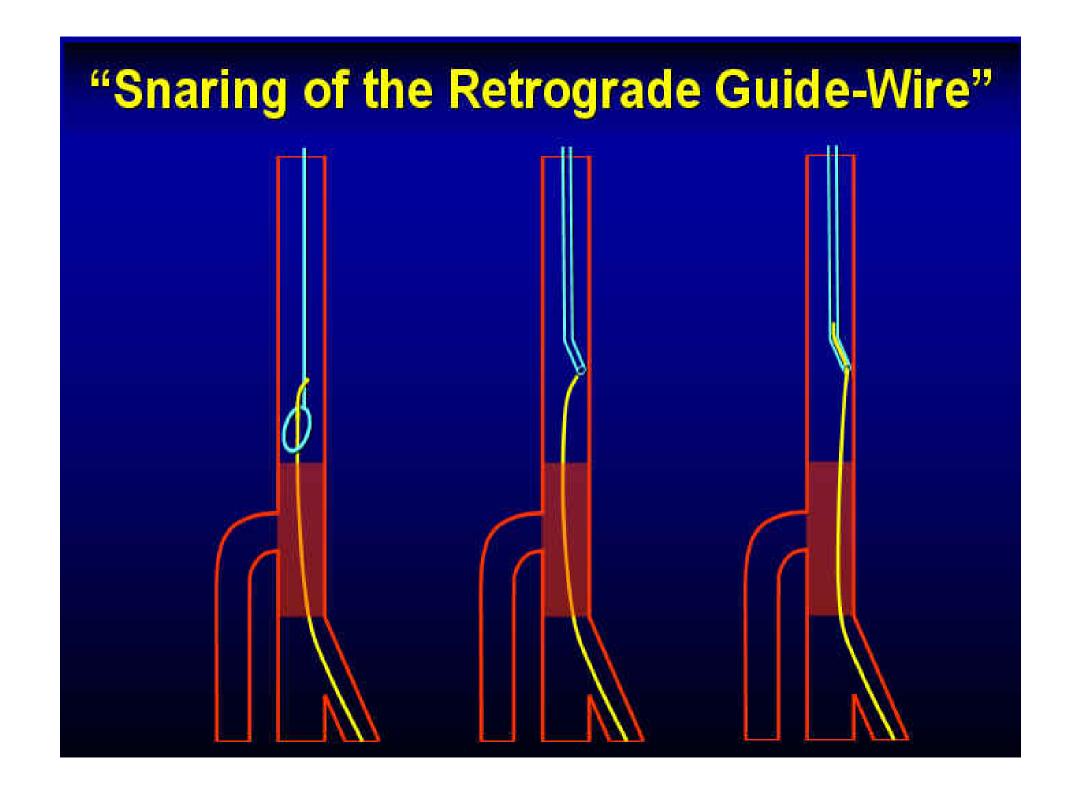


Final Result after additional Stenting









Snaring of the retrograde Guidewire

Antegrade 4Fr angled Glidecath



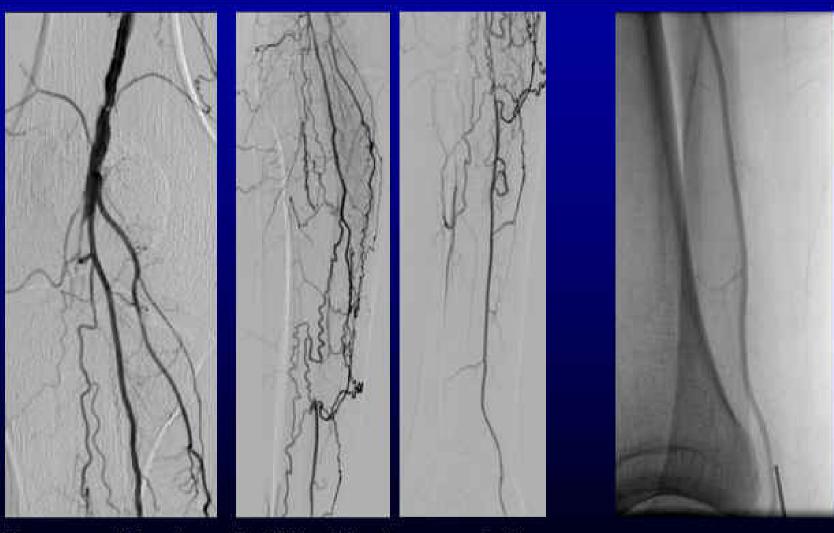
Transpedal Access Technique

Time of transpedal access as short as possible

- 1. After passage of the target-lesion
- 2. Snaring of the wire and antegrade PTA
- Immediate compression of the pedal puncture-site during the intervenion

Angiography of the pedal puncture-site at the end of the procedure + potential PTA

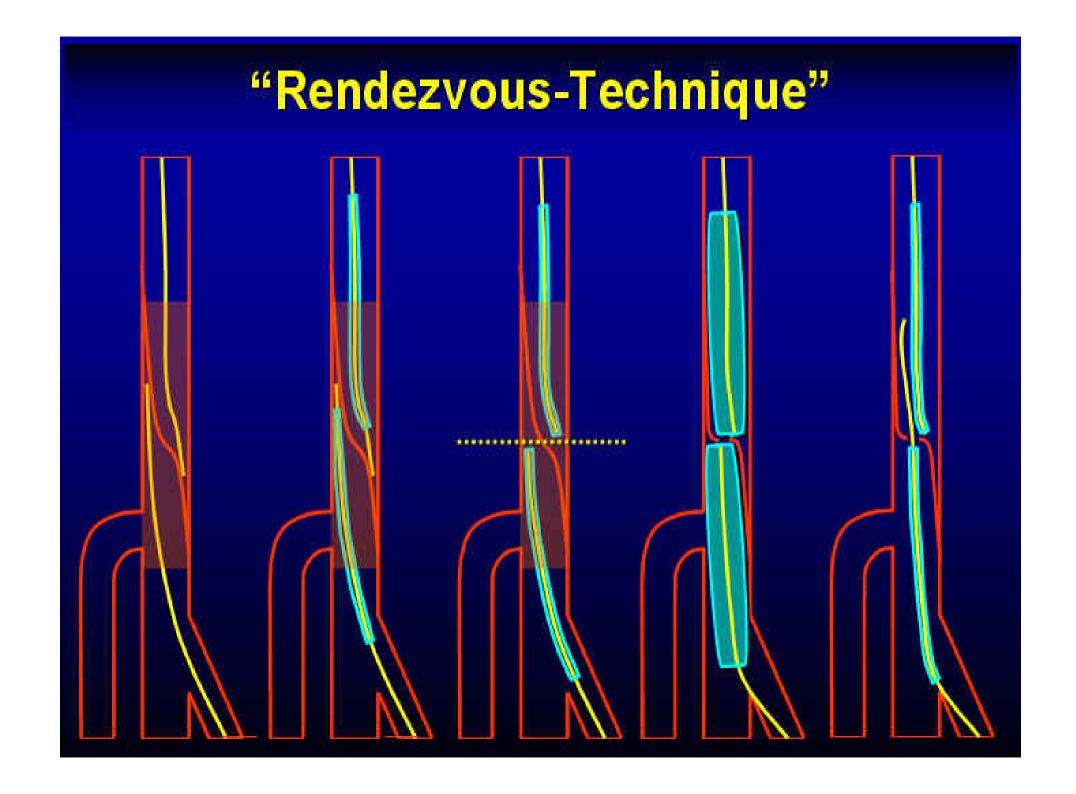
The Double Balloon-Technique antegrade – retrograde Intervention



Unsuccessful antegrade PTA of the Apop-occlusion Retrog

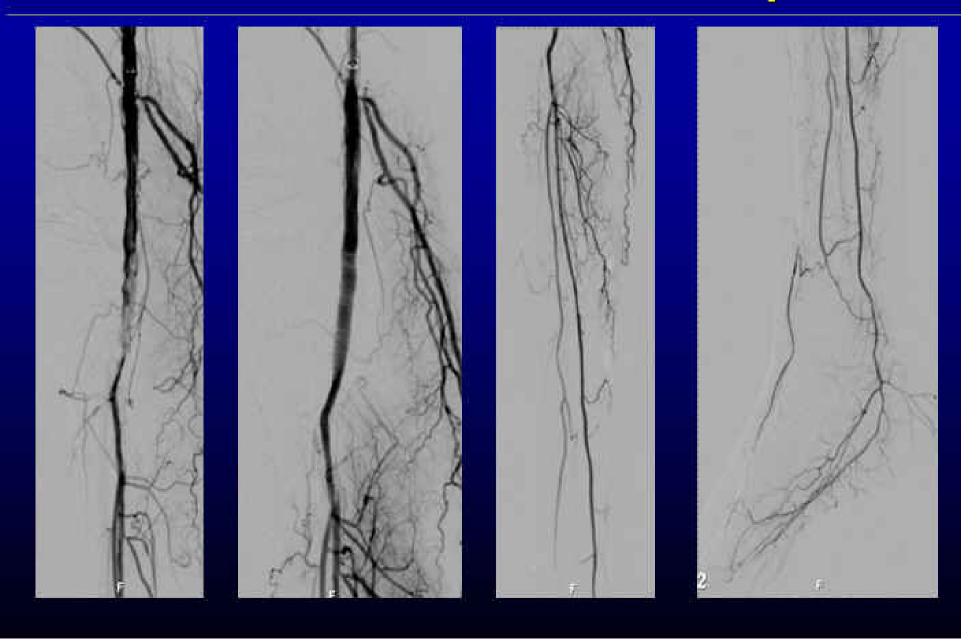
Retrograde puncture of the PTA



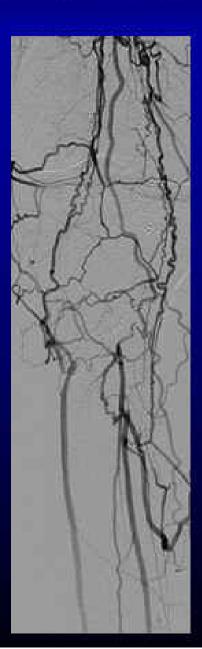






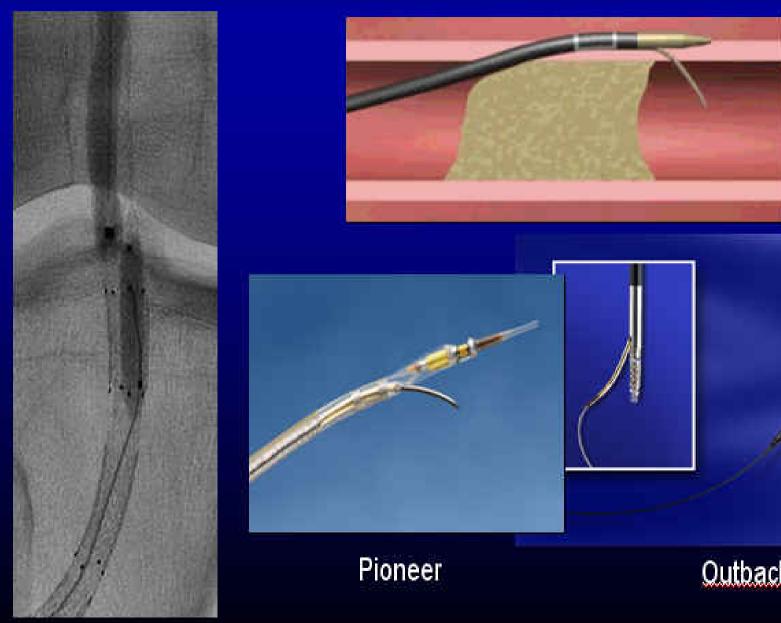


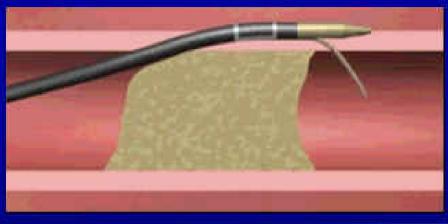












Outback





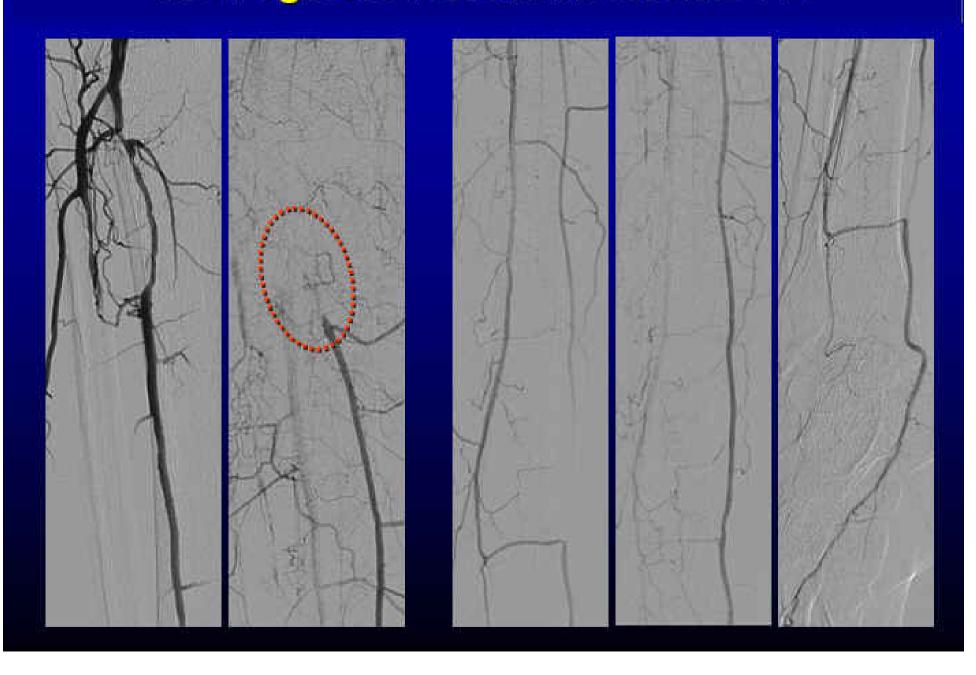






















Transpedal Approach for infrapopliteal Angioplasty

- Success-rate in long BTK-occlusions ~ 80%
- 51 patients with popliteal and infrapopliteal occlusions and failed antegrade intervention
- Retrograde access in all patients possible
- Interventional success in 44 / 51 (86.3 %)

Transpedal Approach for infrainguinal Angioplasty

- Mean lesion-length: 18,3 cm (35 - 3cm)

Complications:

Access-site occlusion

Access-site-hematoma

- Perforations 3 (covered stents)

Saftey of the Retrograde Transpedal Approach

- Follow-up of 36 / 70 patients
- 3-24 months postinterventional
- During FU angiography, MR-angio or Duplex of the pedal artery

 No stenosis or occlusion at the former puncture-site at the pedal artey up to now.

Conclusion

The transpedal / transcollateral approach is highly successful and safe in case of failure of antegrade recanalization.

However follow-up data have to be awaited before broad recommendation of this technique.