



Optimal Treatment for Below-The-Knee Lesions

Young-Guk Ko, M.D.

*Severance Cardiovascular Hospital,
Yonsei University College of Medicine*



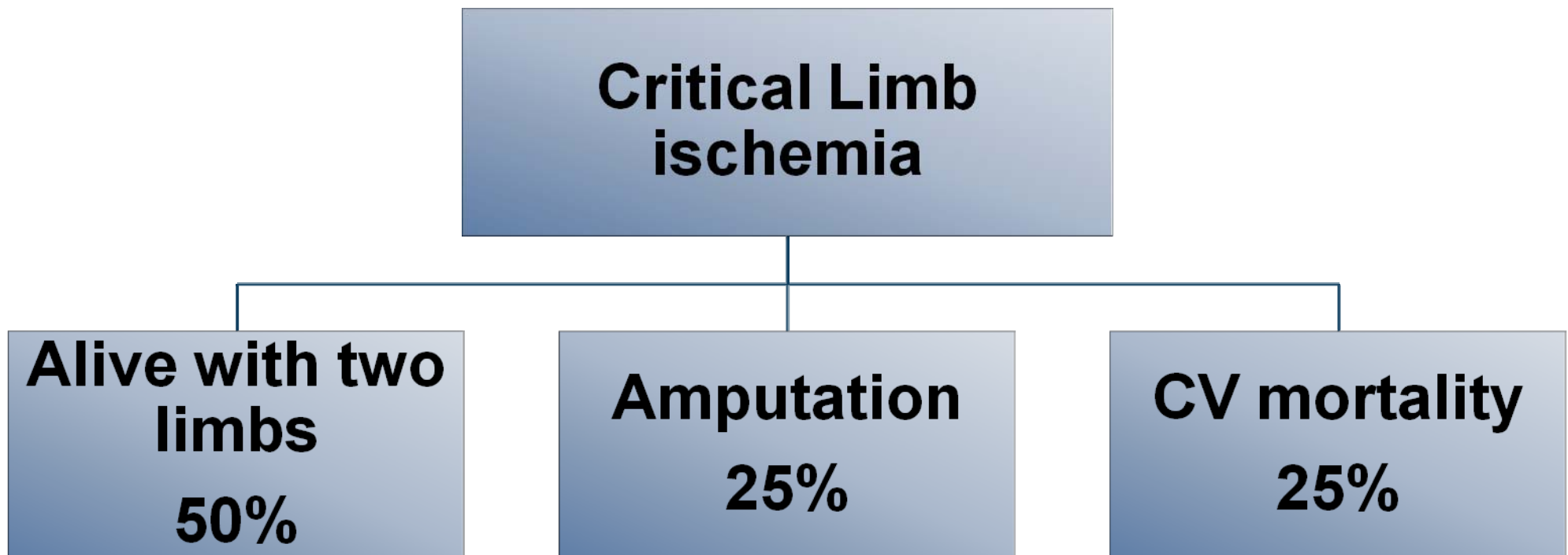
Critical Limb Ischemia

- Definition:
 - chronic ischemic rest pain, ulcers or gangrene attributable to objectively proven arterial occlusive disease
- Other causes of pain should be considered, if ankle pressure >50 mmHg

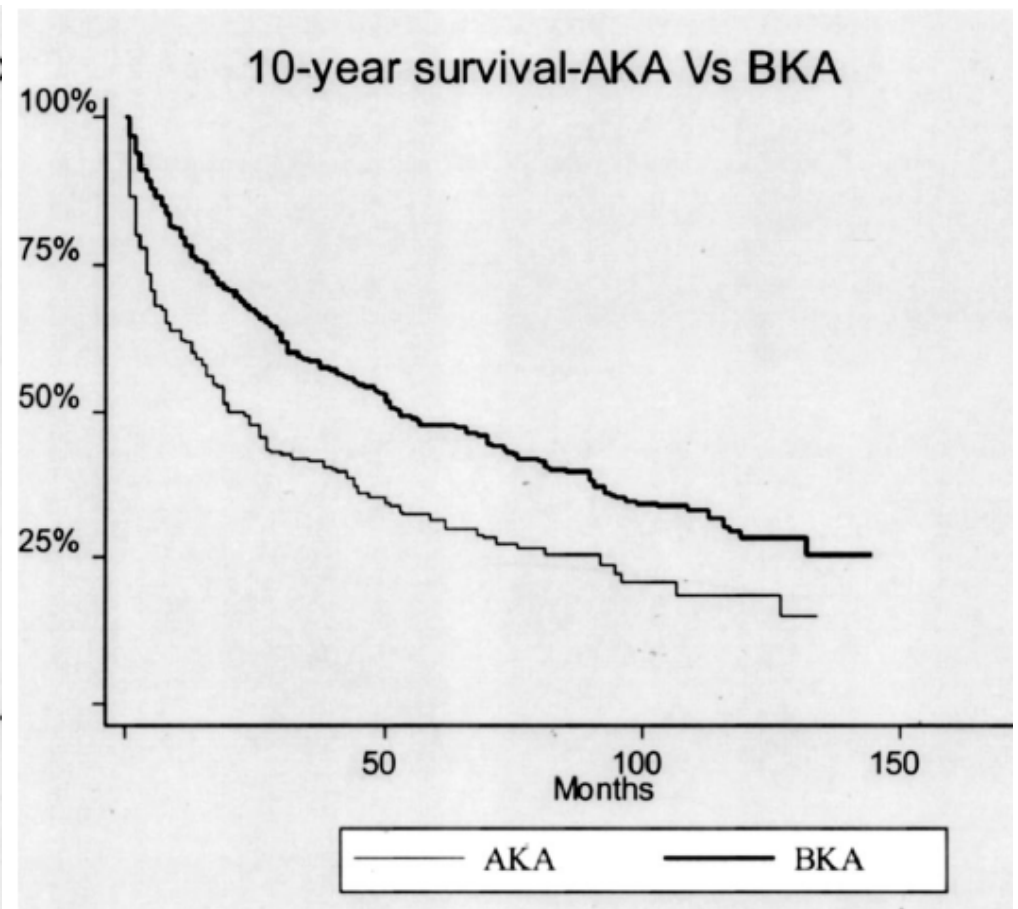
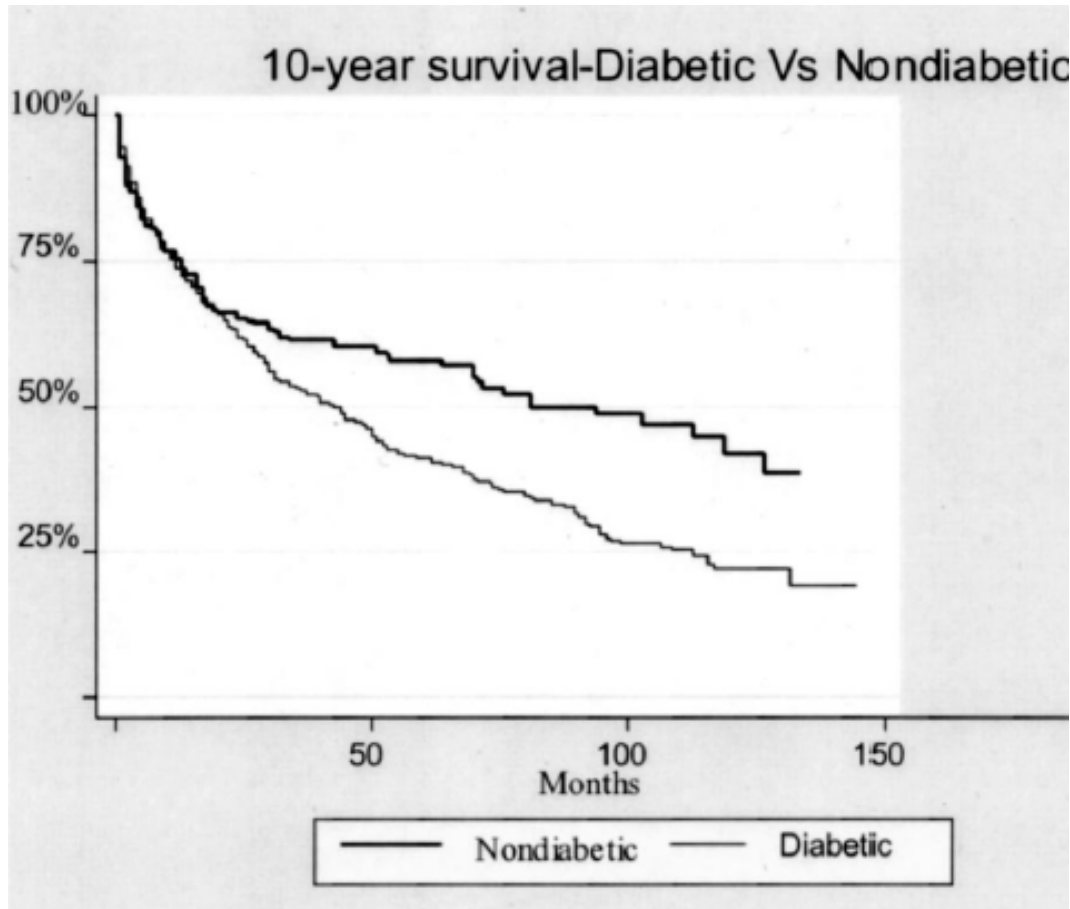
Critical Limb Ischemia

- Characterized by
 - Occlusive rather stenotic lesions
 - Diffuse, long lesions
 - Multilevel lesions
 - Infrapopliteal lesions

1-Year Outcome of CLI



Survival of Amputees



Indications of BTK Interventions

- Patients with critical limb ischemia for limb salvage
- Controversial: Patients with intermittent claudication for improvement of outflow

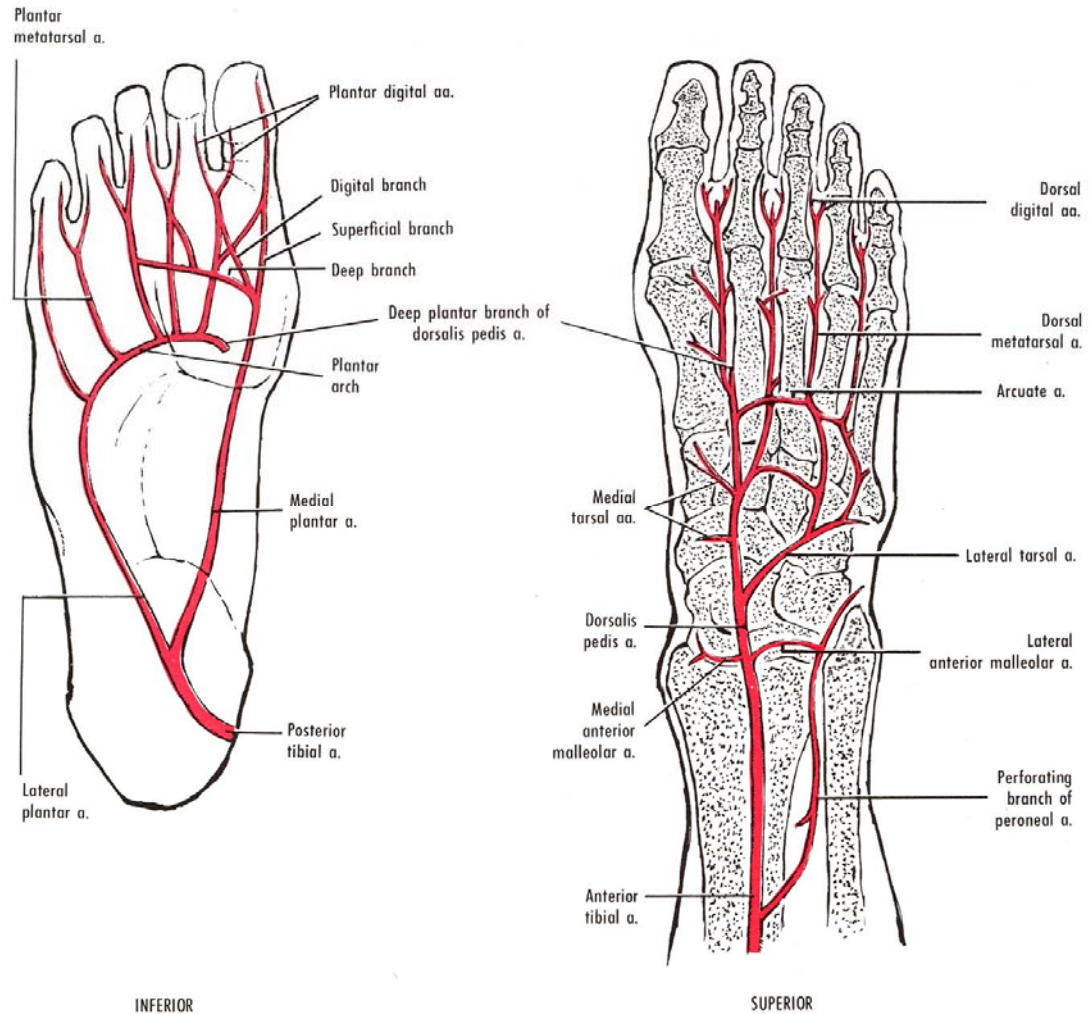
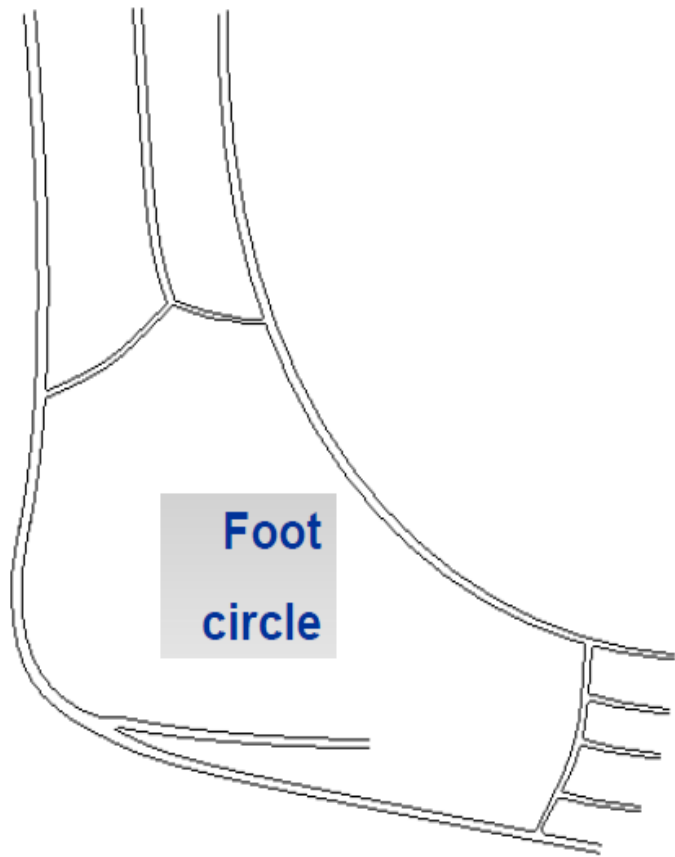
Clinical Goals

- Limb salvage
- Better wound healing
- Pain relief
- Early mobilization

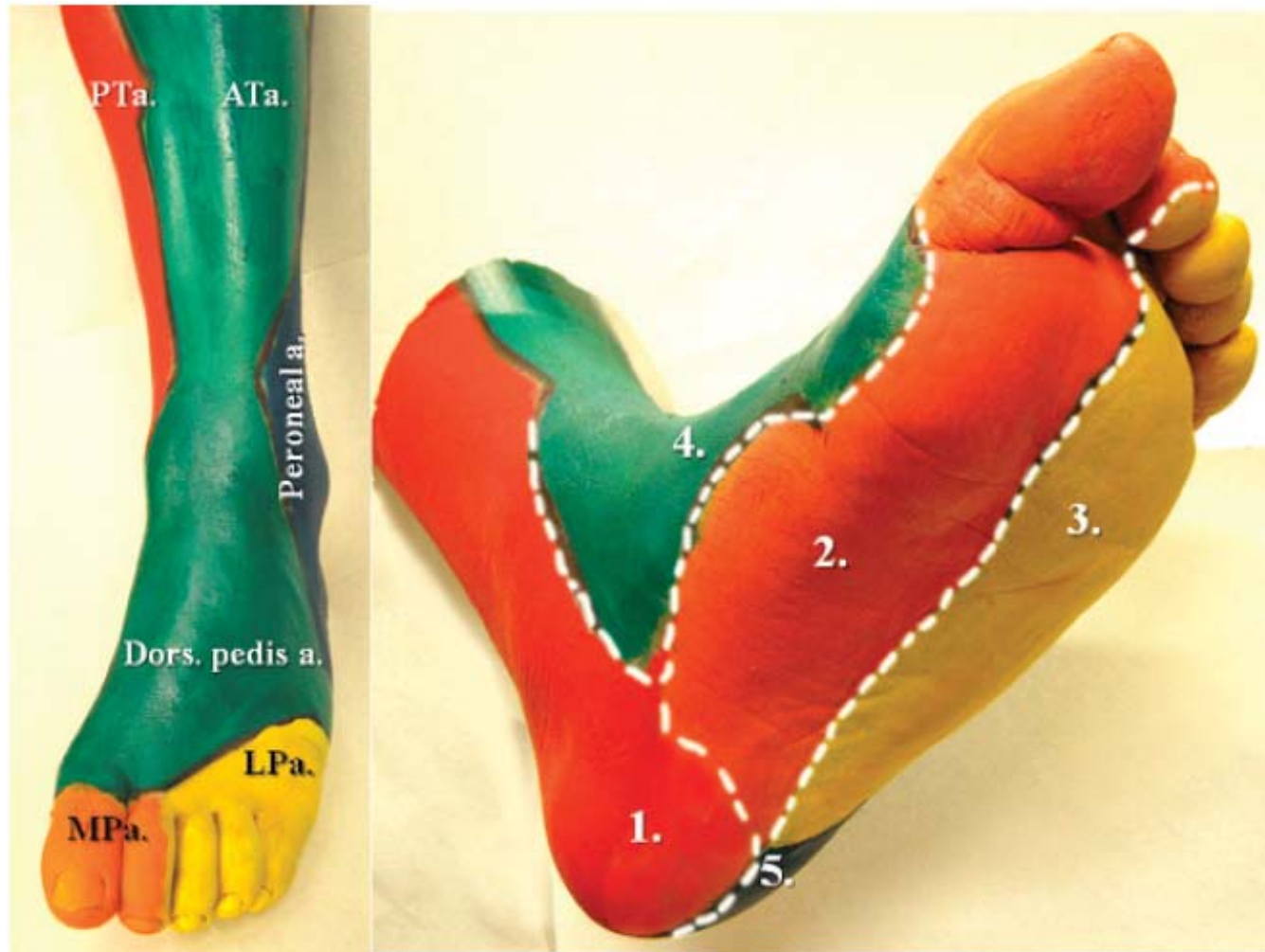
Interventional Targets

- Improve in-flow
- Restore straight line blood flow
- Restore foot circle
- Direct blood flow to the wound area

Foot Circle



Angiosomes



Selective Primary Angioplasty Following an Angiosome Model of Reperfusion in the Treatment of Wagner 1–4 Diabetic Foot Lesions: Practice in a Multidisciplinary Diabetic Limb Service

Vlad-Adrian Alexandrescu, MD¹; Gerard Hubermont, MD²; Yvan Philips, MD²; Benoit Guillaumie, MD¹; Christian Ngongang, MD¹; Pierre Vandebossche, MD³; Khalid Azdad, MD⁴; Gilles Ledent, MD⁴; and Jacques Horion, MD⁵

Departments of ¹Surgery, ²Diabetology, ³Emergency Care, ⁴Radiology, and ⁵Anesthesiology, Princesse Paola Hospital, Marche-en-Famenne, Belgium.

Departments of ¹Surgery, ²Diabetology, and ³Emergency Care, Sainte-Thérèse Hospital, Bastogne, Belgium.



Purpose: To evaluate the technical and clinical outcomes of primary subintimal (SA) and endoluminal angioplasty (EA) guided by an angiosome model of revascularization in diabetic patients with critical limb ischemia (CLI) and Wagner grade 1–4 foot ulcers.

Methods: A retrospective review was undertaken of 98 diabetic CLI patients (68 men; mean age 72.8 years, range 46–94) who presented to our institution from January 2005 to January 2008 for treatment of Wagner grade 1–4 foot ulcers involving 124 limbs. Following the angiosome model of perfusion in the foot and ankle, the target arterial lesions in the 124 limbs were treated with 80 (64%) associated SA and EA procedures, 21 (17%) multilevel EAs, and 23 (18%) single SA techniques.

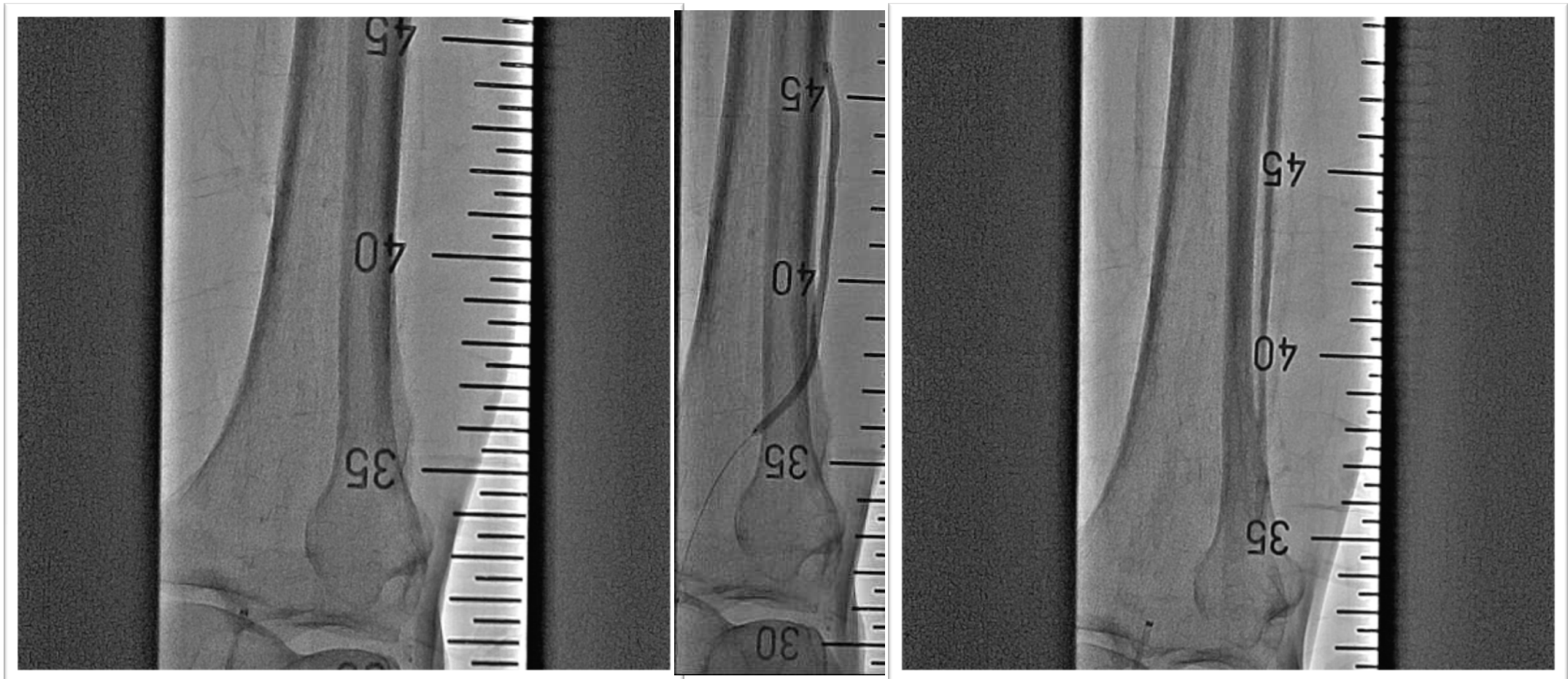
Results: Initial technical success was achieved in 102 (82%) interventions: 82/103 SAs and 20/21 of the EAs. The 30-day survival rate was 98% (1 fatal myocardial infarction). The cumulative rates of primary and secondary patency, limb salvage, and clinical success were: 57%±4%, 71%±4%, 91%±3%, and 85%±3% at 12 months and 48%±5%, 61%±4%, 84%±6%, and 73%±6% at 32 months, respectively. Limb salvage appeared to be negatively affected at 3 years by the presence of Wagner grade 3–4 lesions (p<0.0002), the bedridden condition of patients (p<0.0001), end-stage renal disease (p<0.0001), left ventricular dysfunction (p<0.0001), and peripheral neuropathy (p=0.023). Using the angiosome approach, complete healing of ulcers with or without minor amputation was seen in 79% (98/124 limbs), while 62 of 70 Wagner grade 1–2 and 36 of 54 Wagner 3–4 foot lesions healed in the first 1 to 3 months after revascularization.

Conclusion: Targeted primary angioplasty following the angiosome model could be an effective therapeutic method in the ulcer healing process. However, beyond appropriate revascularization, aggressive control of concurrent risk factors in diabetic wound healing probably plays an equally relevant role.

Intraluminal Angioplasty

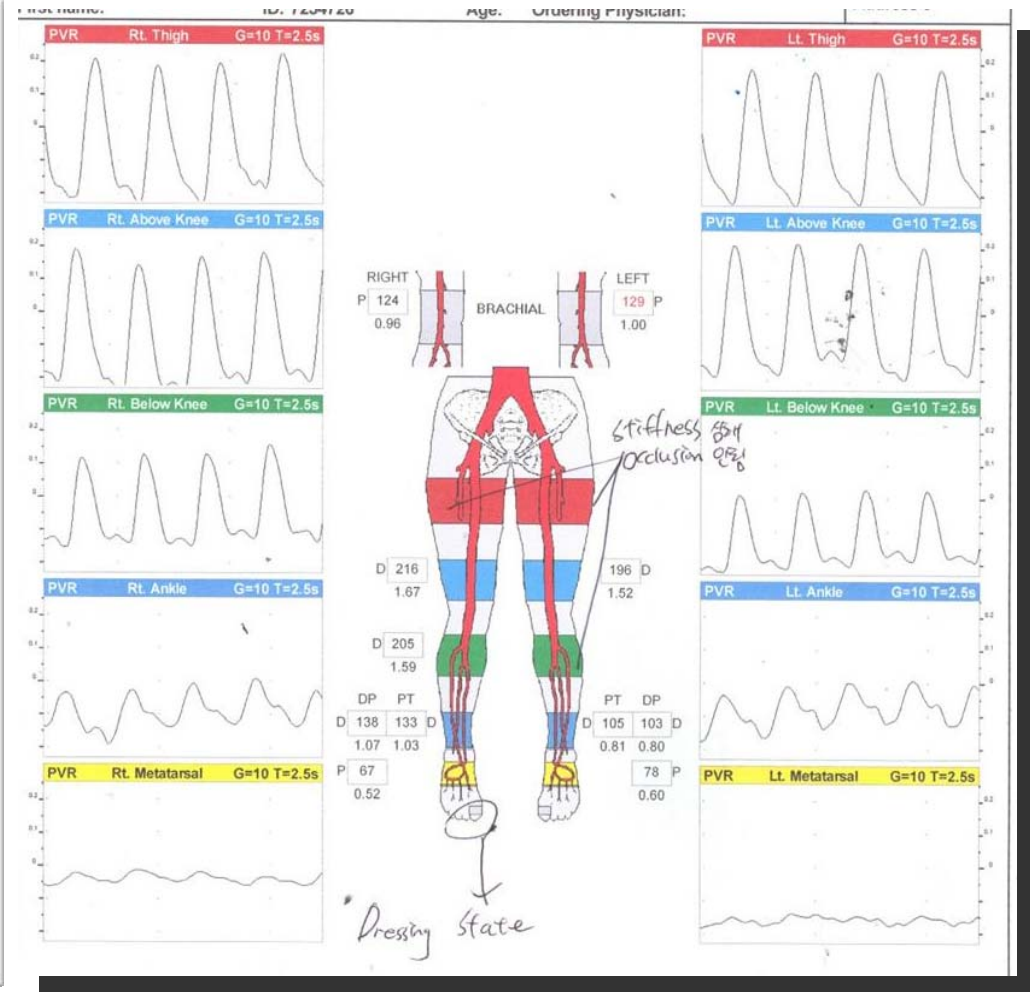
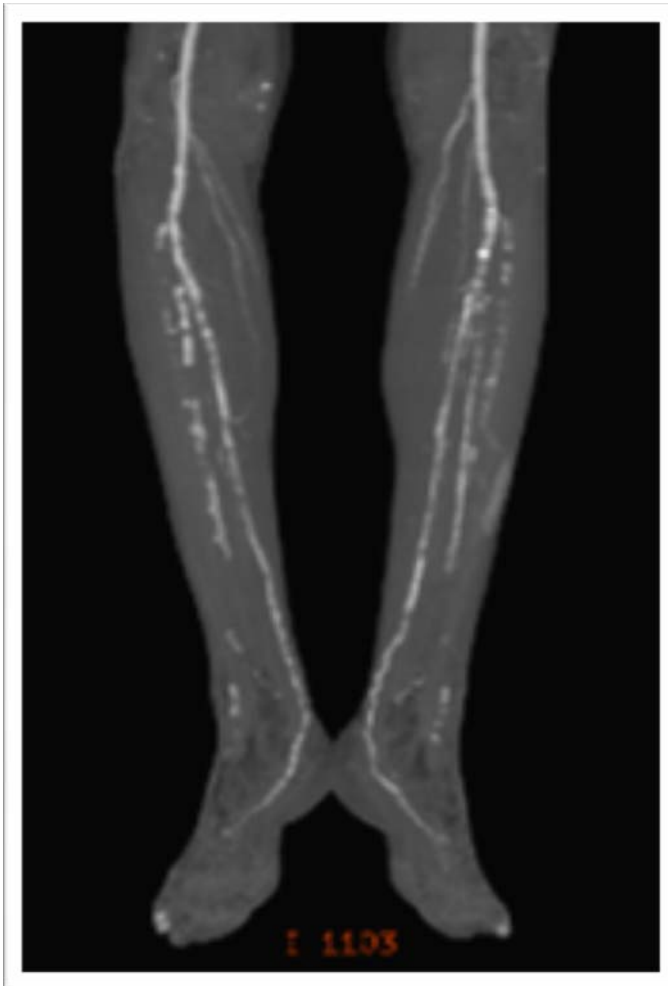
Ansel Sheath 5F, Cook

018" Glidewire, Terumo & Savvy 3.0 x 100, Cordis



M/61

DM+
HTN+
Smoking+



Subintimal Angioplasty

Ansel Sheath 5F



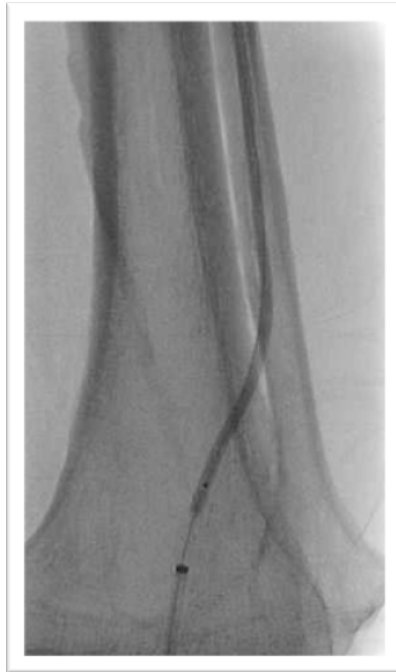
035" J-Tip Glidewire, Terumo



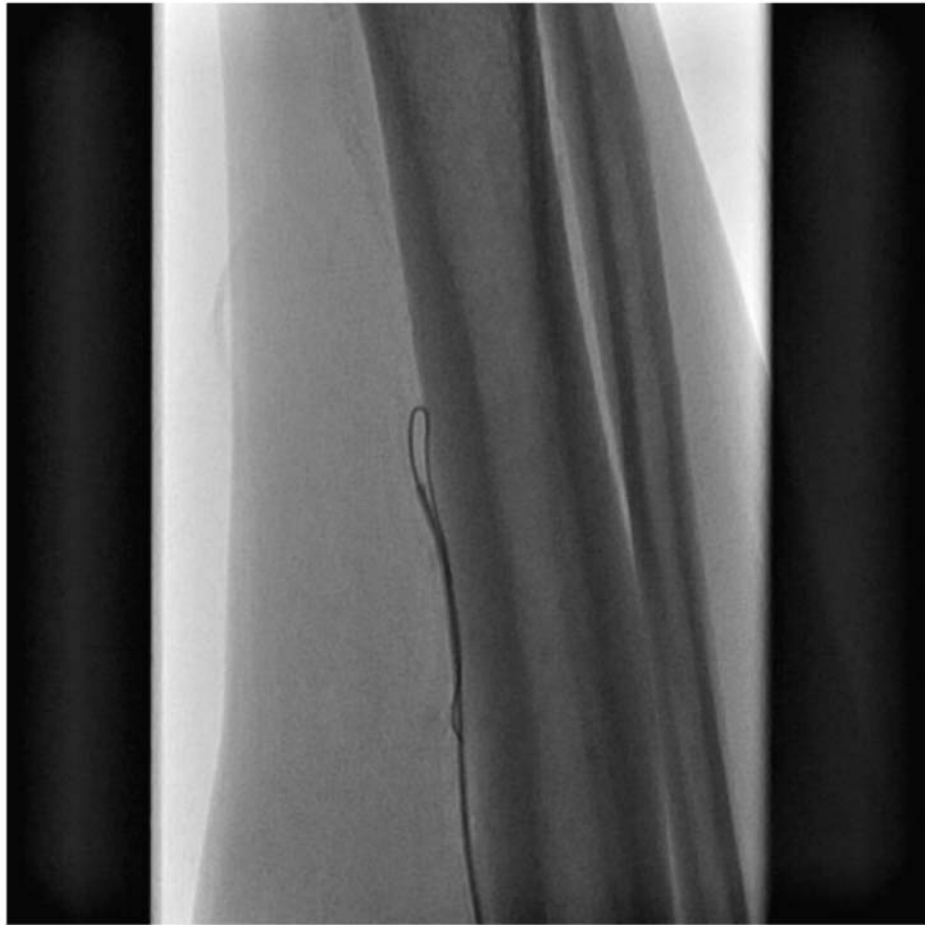
Subintimal Angioplasty



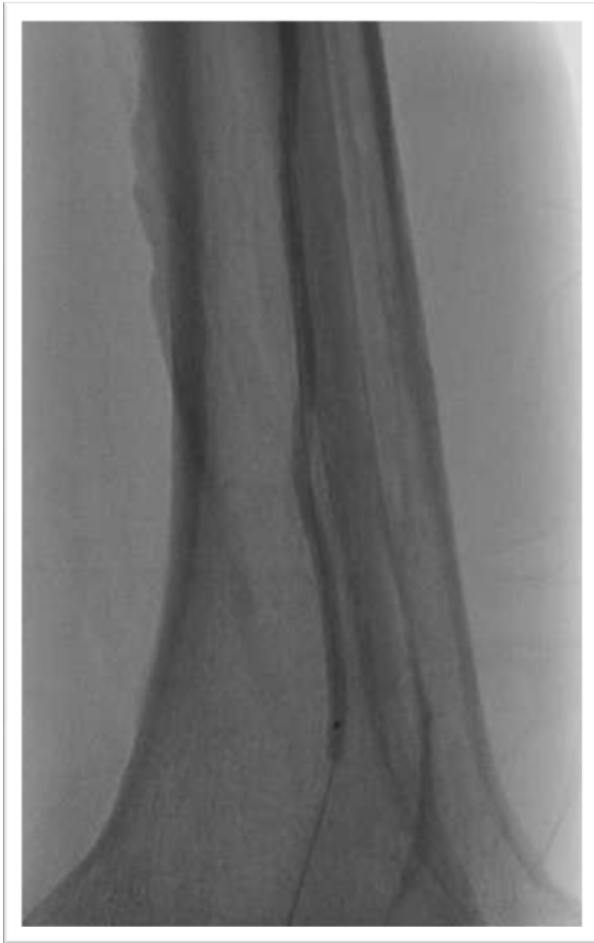
Savvy 3.0 x 150 mm,
Cordis



Subintimal Angioplasty



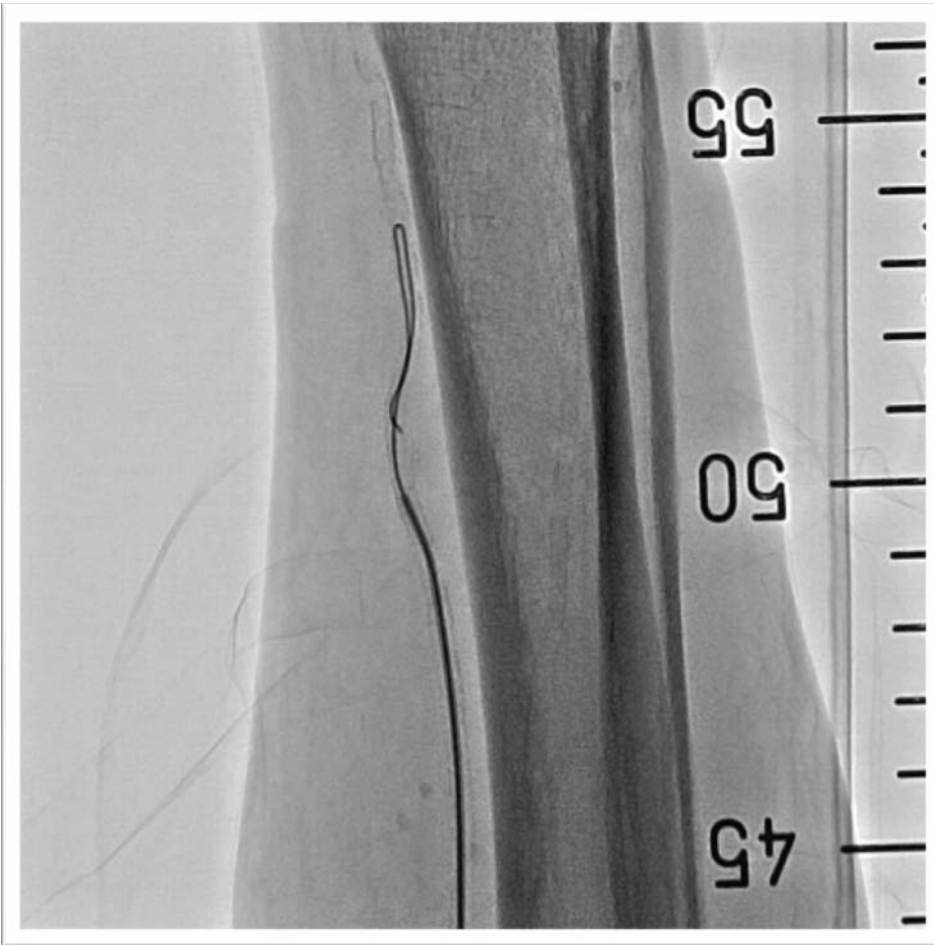
Complete Revascularization



Calcified Lesions



Calcified Lesions



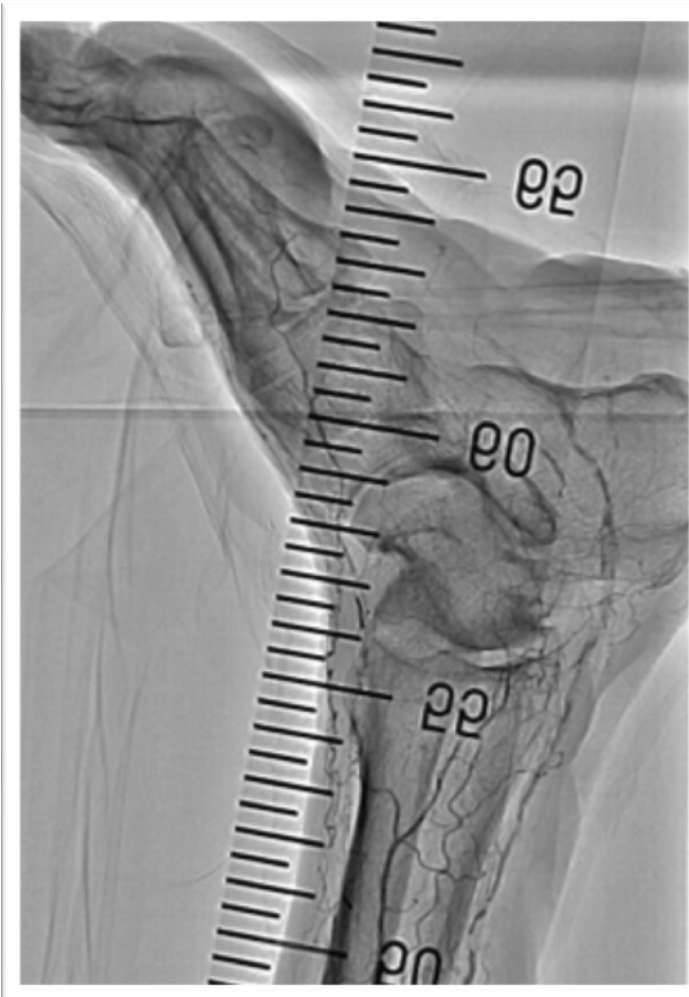
Calcified Lesions



Retrograde Approach



Poor Distal Vessels



Treatment Strategies for BTK-CTO

Intraluminal angioplasty

```
graph TD; A[Intraluminal angioplasty] --> B[Subintimal angioplasty]; B --> C[Retrograde approach via collateral]; C --> D[Retrograde approach by direct puncture];
```

Subintimal angioplasty

Retrograde approach via collateral

Retrograde approach by direct puncture

Issues of Discussion

1. Intraluminal vs. subintimal angioplasty
2. Stenting vs. balloon angioplasty
3. Efficacy of long balloons
4. Efficacy of DES or DEB
5. Role of atherectomy
6. Other therapies: cryotherapy, laser angioplasty

Recent Changes in My Intervention Strategy

- Cross-over approach
- Use of 035" or 018" hydrophilic wires
- Use of short balloons
- 1 or 2 target vessels
- Long procedures



- Antegrade approach
- More use of 014" wires
- Use of long balloons
- As many target vessels as possible
- Short procedures