

Drug Coated Balloon (DCB); Current Status and Future Perspective

Do-Yoon Kang, MD.

University of Ulsan College of Medicine,
Heart Institute, Asan Medical Center, Seoul, Korea

Conflict of Interest Statement

I have nothing to disclose.

Restenosis

After Balloon Angioplasty

1. Recoil and remodeling
2. Neointimal hyperplasia

1977



*Balloon
Angioplasty*

Solution of Restenosis After Balloon Angioplasty

1. **Stents** to prevent vascular recoil and remodeling
2. **Active therapeutic agent** to prevent neointimal hyperplasia

1977

*Balloon
Angioplasty*

1986

Stent

2003

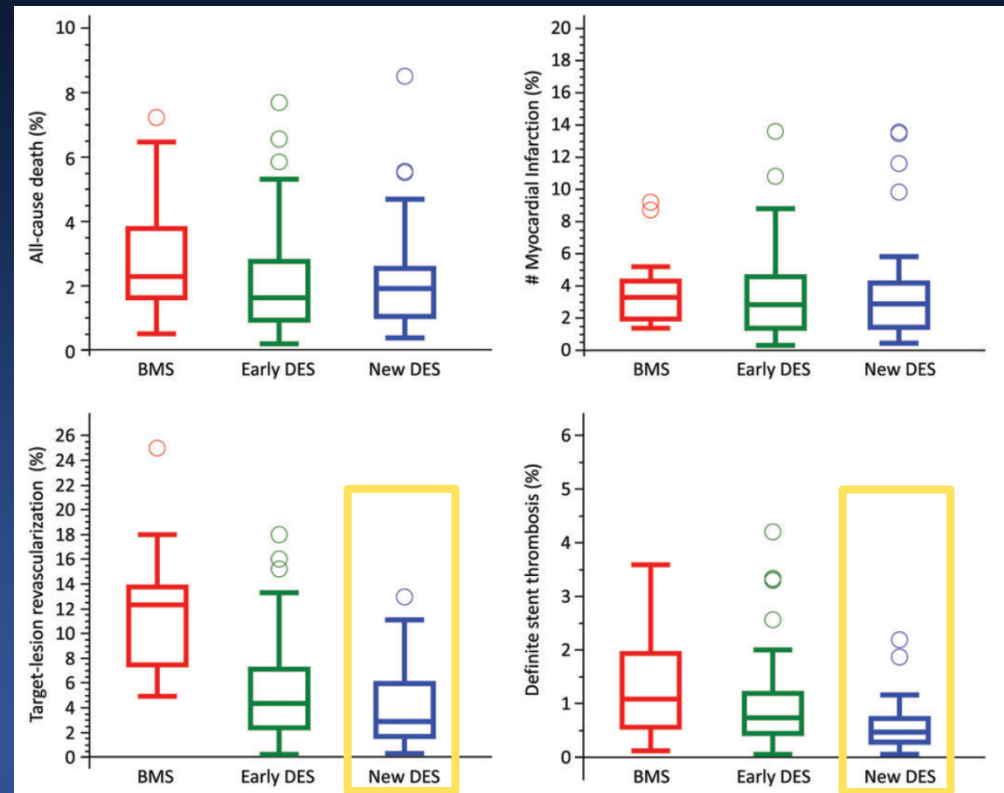
DES



Solution of Restenosis After Balloon Angioplasty

DES Won !

Systematic Review of 158 RCTs



The Concept of DCB

“Leaving Nothing Behind”

Balloon-based local delivery of antiproliferative drugs to the arterial wall without a permanent metallic implant



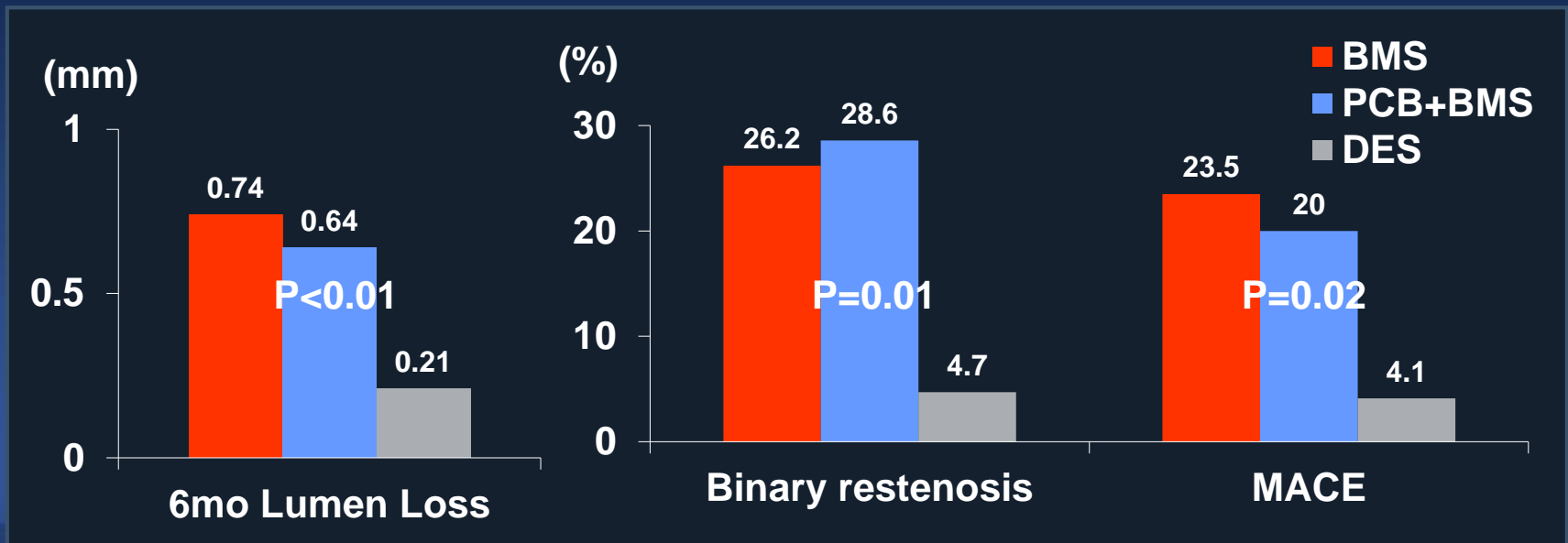
Limitation of the DCB, Tissue retention time is limited

For stent-based local drug delivery, the drug must be released for **a period of several weeks** for effective inhibition of neointimal proliferation.



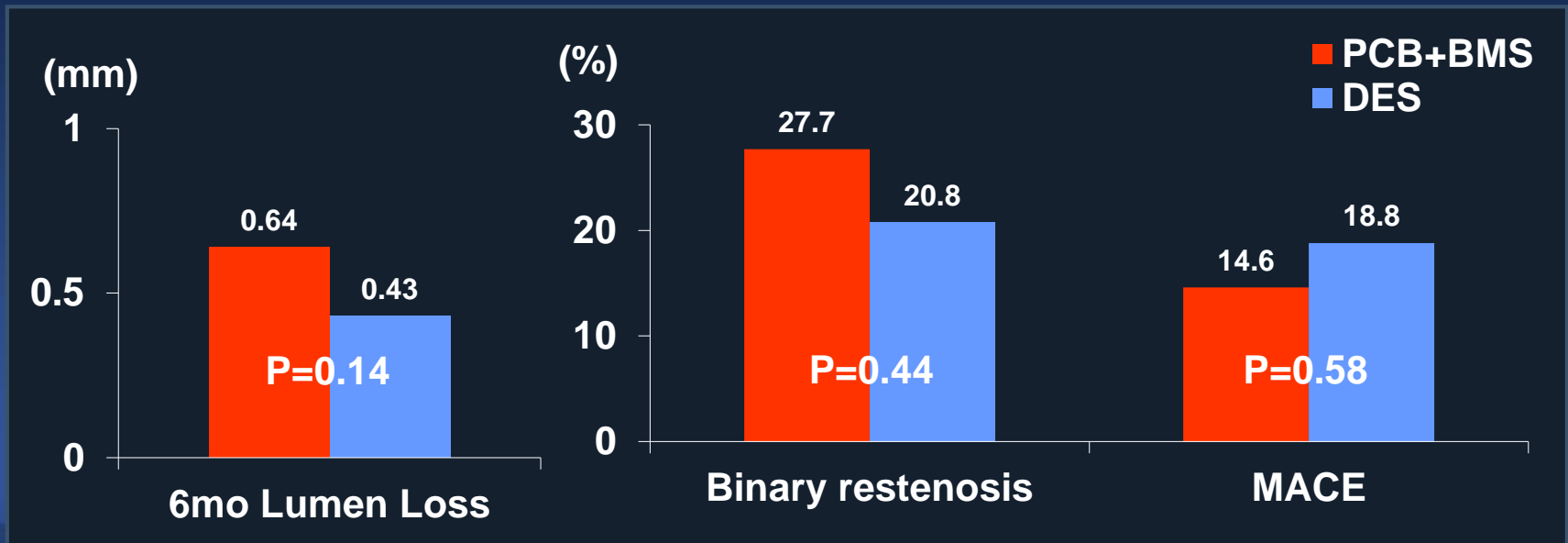
Limitation of the DCB, Tissue retention time is limited

In de novo coronary artery disease, the combination of PCB and BMS was **inferior** to current generation of DES.



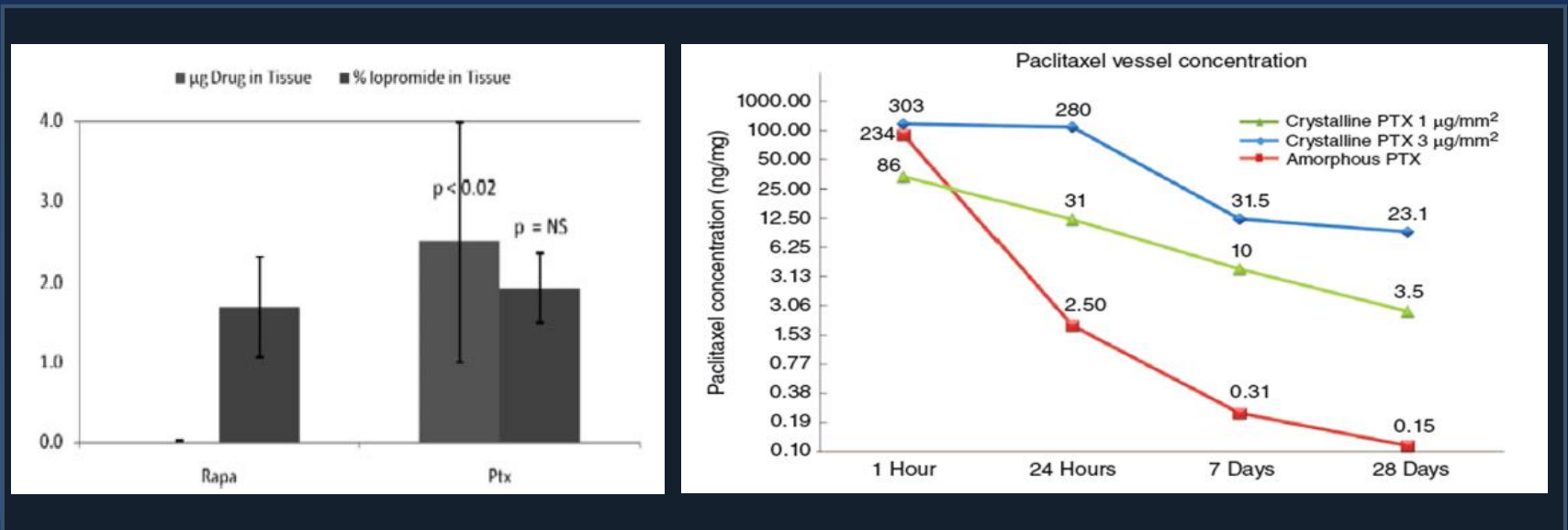
Limitation of the DCB, Tissue retention time is limited

In de novo coronary artery disease, the combination of PCB and BMS was **not superior** to DES.



Limitation of the DCB, DCB Technology Improved

1. Rapid absorption
2. Improving bioavailability at target site



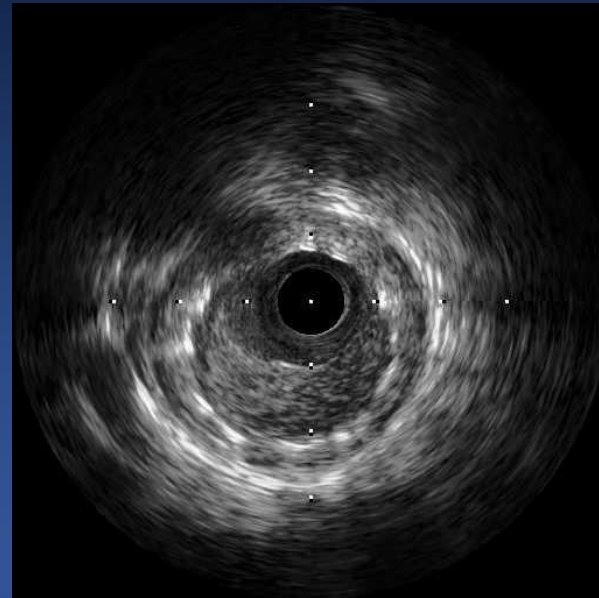
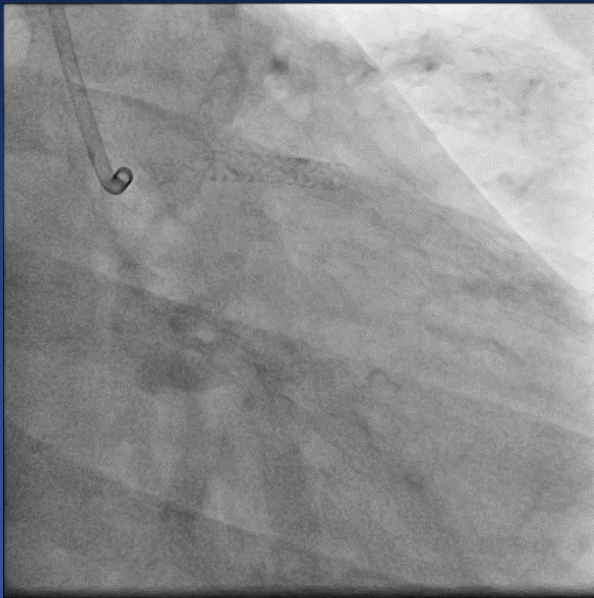
Limitation of the DCB, DCB Technology Improved

1. Rapid absorption
2. Improving bioavailability at target site

	DCB	DES
Drug load per device (3- $\mu\text{g}/\text{mm}^2$)	300-1,000 μg	100-200 μg
Drug transferred and absorbed by tissue after implantation (%)	16%	5-10%

Limitation of the DCB, Acute Closure or Recoil occurs

Coronary **in-stent restenosis** became
main target of DCB Treatment



Lots of RCTs, DCB for BMS or DES ISR

The NEW

A Randomized Long-Term Comparison of Paclitaxel-Eluting Versus Everolimus-Eluting Bare-Metal Stents: Treatment of Any In-Stent Restenosis: 3-Year Results

The RIBS V Clinical Trial

Stents: Paclitaxel-Eluting Versus Everolimus-Eluting Bare-Metal Stents

Fernando Alfonso, MD, PhD, Bruno García del Blanco, MD, Manuel Gómez-Reico, MD, Arturo García-Toucha, MD, Rafael Melgares, MD, and Investigators

Sebastian Kufner, MD, PhD, Stefanie Schulz-Schüpke, MD, Karl-Ludwig Laugwitz, MD, and Investigators

Treatment of In-Stent Restenosis with a Paclitaxel-Eluting Stent

Bruno Scheller, M.D., Wolfgang Rutsch, M.D., Michael

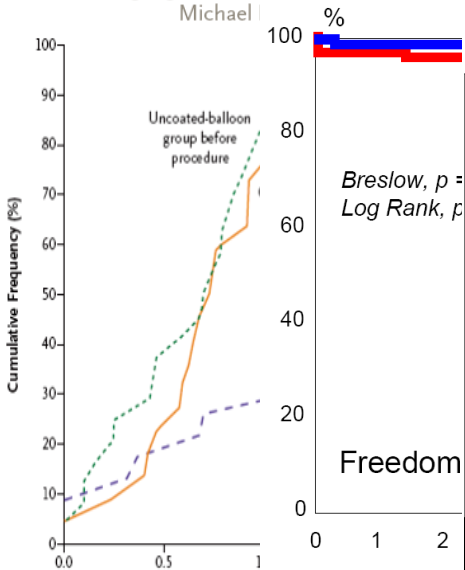
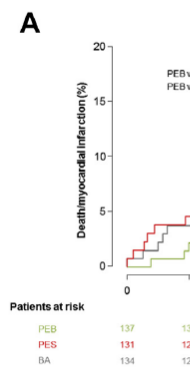


FIGURE 2 Cumulative Survival Analysis



Cumulative survival analysis in Figure 1.

Comparison of drug-coated balloons versus second-generation everolimus-eluting drug-eluting catheters for treatment of in-stent restenosis: A randomized REACT trial

Yiu Tung Anthony Wong, MD, PhD, Eun-Seok Shin, MD, PhD, Cheol Hyun Lee, MD, PhD, Young-Hak Kim, MD, PhD, and Investigators

A Randomized Comparison of Paclitaxel-Eluting Balloon Versus Everolimus-Eluting Stent for the Treatment of Any In-Stent Restenosis

The DARE Trial

Jan Baan, Jr, MD, PhD, Bimmer E. Claessen, MD, PhD, Kirsten Boerlage-van Dijk, MD, PhD, Jeroen Vendrik, MD, PhD, René J. van der Schaaf, MD, PhD, Martijn Meuwissen, MD, PhD, Niels van Royen, MD, PhD, A.T. Marcel Gosselink, MD, PhD, Marleen H. van Wely, MD, PhD, Atilla Dirkali, MD, PhD, E. Karin Arkenbout, MD, PhD, Robbert J. de Winter, MD, PhD, Karel T. Koch, MD, PhD, Krischan D. Sjaauw, MD, PhD, Marcel A. Beijk, MD, PhD, M. Marije Vis, MD, PhD, Joanna J. Wykrzykowska, MD, PhD, Jan J. Piek, MD, PhD, Jan G.P. Tijssen, PhD, José P.S. Henriques, MD, PhD

Background This study sought to compare the efficacy of drug-coated balloons (DCB) versus second-generation everolimus-eluting drug-eluting catheters (DEB) for the treatment of in-stent restenosis (ISR) at 9-month routine angiographic follow-up.

Methods This is a prospective, randomized, controlled trial comparing DCB (n = 137) versus DEB (n = 141) for the treatment of ISR. The primary end point was not different between the 2 groups (DEB group 7.0% versus DCB group 7.0%, $P = .54$). The secondary end point was not different between the 2 groups (DEB group 26% ± 15%, $P = .05$), and in-stent percutaneous coronary intervention (PCI) was not different between the 2 groups (DEB group 7.0% versus DCB group 7.0%, $P = .03$).

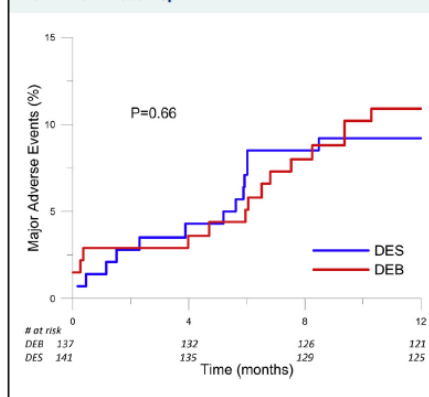
Conclusions Treatment of DES ISR with DCB or DEB resulted in similar angiographic follow-up, whereas DEB resulted in similar target vessel restenosis. Both treatment strategies were

TABLE 4 Kaplan-Meier Estimates of Major Adverse Clinical Events at 12-Month Follow-Up

	Drug-Eluting Balloon (n = 137)	Drug-Eluting Stent (n = 141)	p Value
Death	0.7 (1)	1.4 (2)	0.58
Cardiac death	0	0.7 (1)	0.32
Myocardial infarction	2.2 (3)	2.8 (4)	0.74
Target vessel-related myocardial infarction	1.4 (2)	0.7 (1)	0.54
Stent thrombosis	0	0	n/a
Stroke	0.7 (1)	1.4 (2)	0.58
Target vessel revascularization	8.8 (12)	7.1 (10)	0.65
TVR percutaneous coronary intervention	8.8 (12)	5.7 (8)	0.36
TVR coronary artery bypass graft surgery	0	1.4 (2)	0.16
Coronary artery bypass graft surgery all	0.7 (1)	4.3 (6)	0.06
Percutaneous coronary intervention all	13.9 (19)	11.3 (16)	0.58
Composite major adverse events*	10.9 (15)	9.2 (13)	0.66

Values are % (n). *Defined as death, target vessel-related myocardial infarction, and target vessel revascularization. TVR = target vessel revascularization.

FIGURE 3 Kaplan Meier Estimates of Major Adverse Events at 12-Month Follow-Up



Event rates at 12 months: DEB 10.9% versus DES 9.2%; $p = 0.66$. Abbreviations as in Figure 1.



12 RCTs, DCB for BMS or DES ISR

ISR	Intervention	N	End point	Study
BMS	PCB-POBA	108	In-segment LLL	PACCCPCATH ISR
	PCB-PES	131	In-segment LLL	PEPCAD 2 ISR
	PCB-EES	189	In-segment MLD	RIBS V
	PCB-EES	136	LLL	ISR study
DES	PCB-POBA	110	LLL	PEPCAD-DES
	PCB-POBA	208	TVF	Habara et al
	PCB-POBA	50	In-segment LLL	Habara et al
	PCB-PES	402	In-segment DS	ISAR-DESIRE 3
	PCB-PES	220	In-segment LLL	PEPCAD-ISR-China
	PCB-EES	309	In-segment MLD	RIBS IV
	PCB-EES	172	In-segment LLL	RESTORE
	PCB-EES	278	In-segment MLD	DARE

Many Meta-analyses, DCB for BMS or DES ISR

Percutaneous coronary intervention treatment of in-stent restenosis

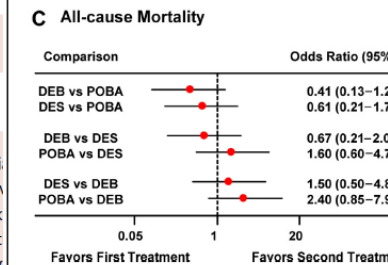
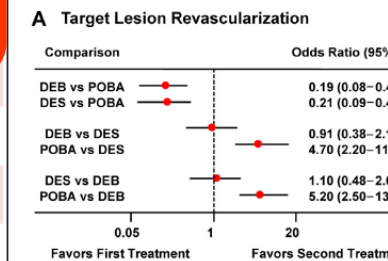
George C M Siontis, Giulio G Stefanini, Din Adnan Kastrati, Bernhard Meier, Georgia S

Comparison Among Drug-Eluting Stent, Angioplasty for the Restenosis

A Network Meta-analysis of 11

Joo Myung Lee, MD, MPH,* Jonghane Park, MD,* Sang Eun Lee, MD, PhD,* Jung-Kyu Han, MD, PhD, Kyung Woo Park, MD, PhD,* Hyun-Jae Kang, MD, I

FIGURE 3 Results of Bayesian Network Meta-analysis for 1-Year Rate



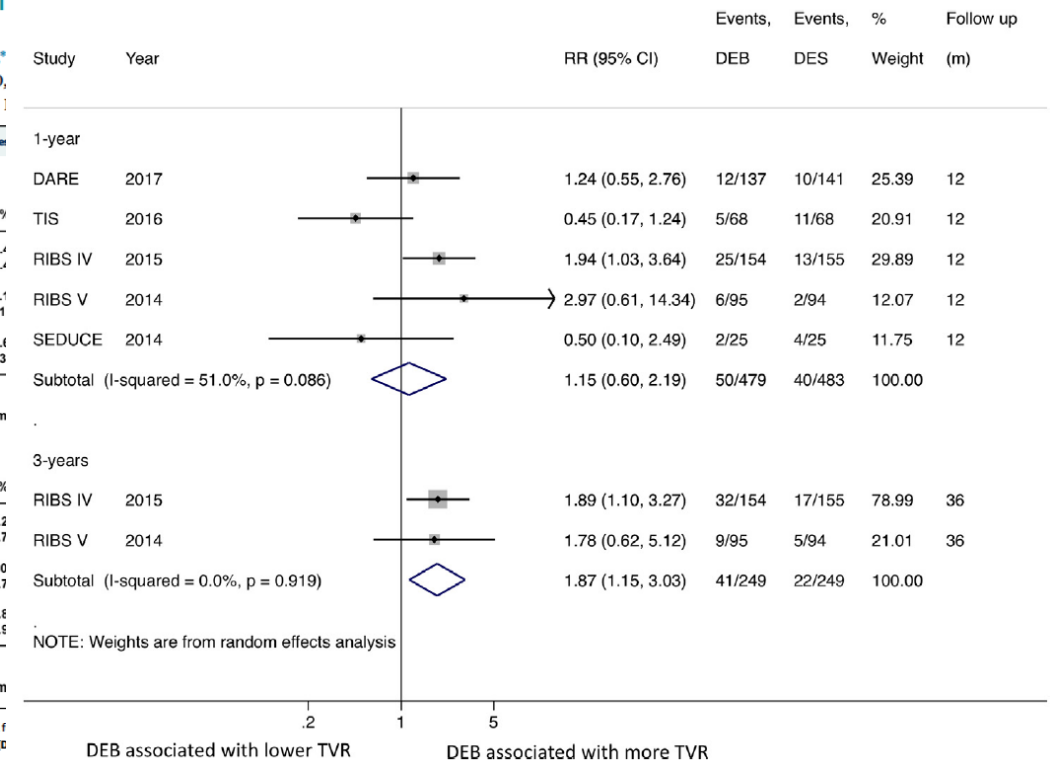
Results of a Bayesian network meta-analysis with a random-effects model (CI, major adverse cardiovascular events within 1-year follow-up period)

Drug-eluting balloons versus everolimus-eluting stents for in-stent restenosis: A meta-analysis of randomized trials☆

Islam Y. Elgendy ^{a,*}, Ahmed N. Mahmoud ^a, Akram Y. Elgendy ^a, Mohammad K. Mojadidi ^a, Ayman Elbadawi ^b, Parham Eshtehardi ^c, María José Pérez-Vizcayno ^d, Siddharth A. Wayangankar ^a, Hani Jneid ^e, R. David Anderson ^a, Fernando Alfonso ^f

^a Division of Cardiovascular Medicine, Department of Medicine, University of Florida, Gainesville, FL, United States of America

^b Department of Medicine, Rochester General Hospital, Rochester, NY, United States of America



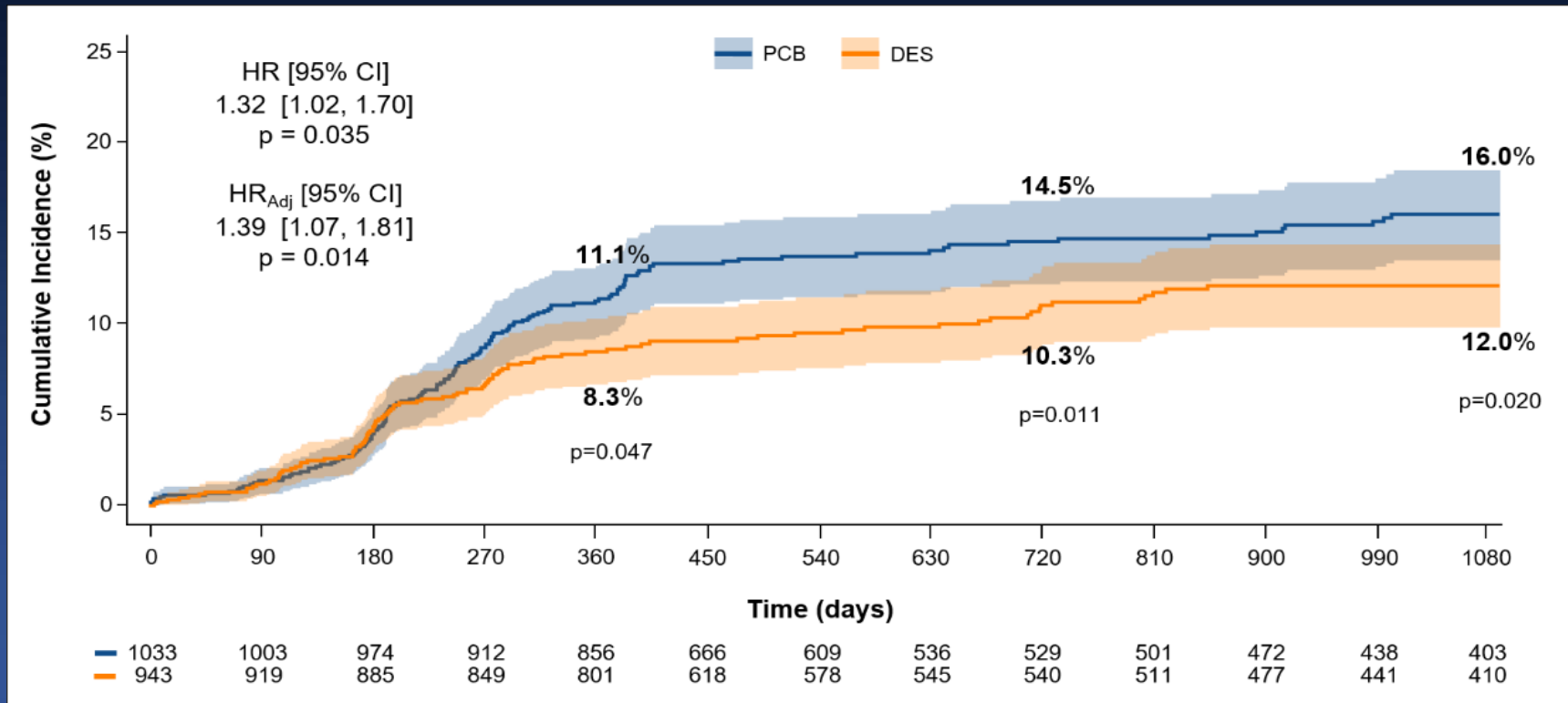
	EES	DCB
EES	99.6 (0.98)	-9.0% (-15.8 to -2.2)
DCB	..	73.7 (0.00)
SES
PES
VBT
BMS
BA
ROTA

Estimates are expressed as differences in percent di appendix. Negative differences show that the inter efficacy ranking. Surface under the cumulative rank surface under the cumulative ranking curve value, t PES=paclitaxel-eluting stents. VBT=vascular brachy

Table 2: Estimated differences of the effect of

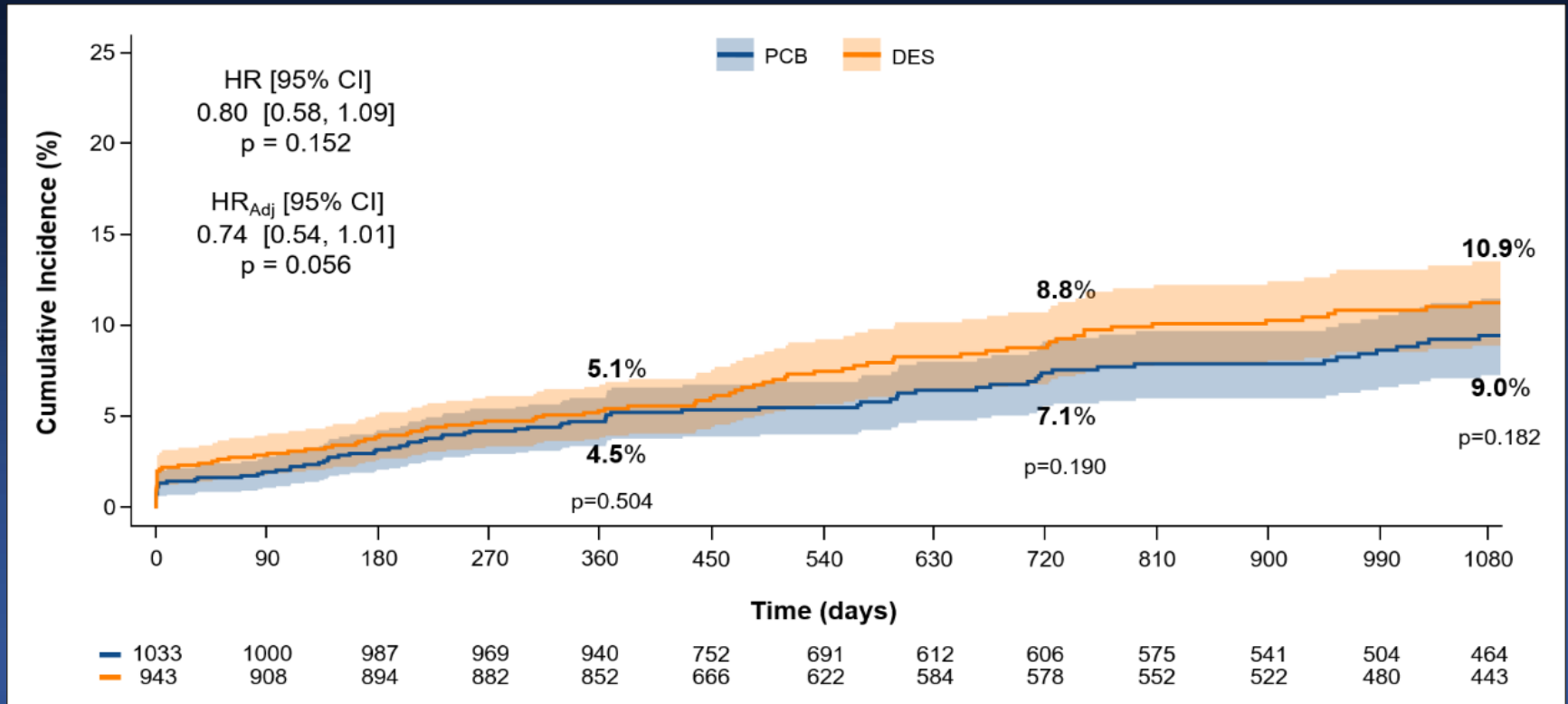
Patient-level Pooled analysis of 10 RCTs: DAEDALUS study

Target Lesion Revascularization of ISR



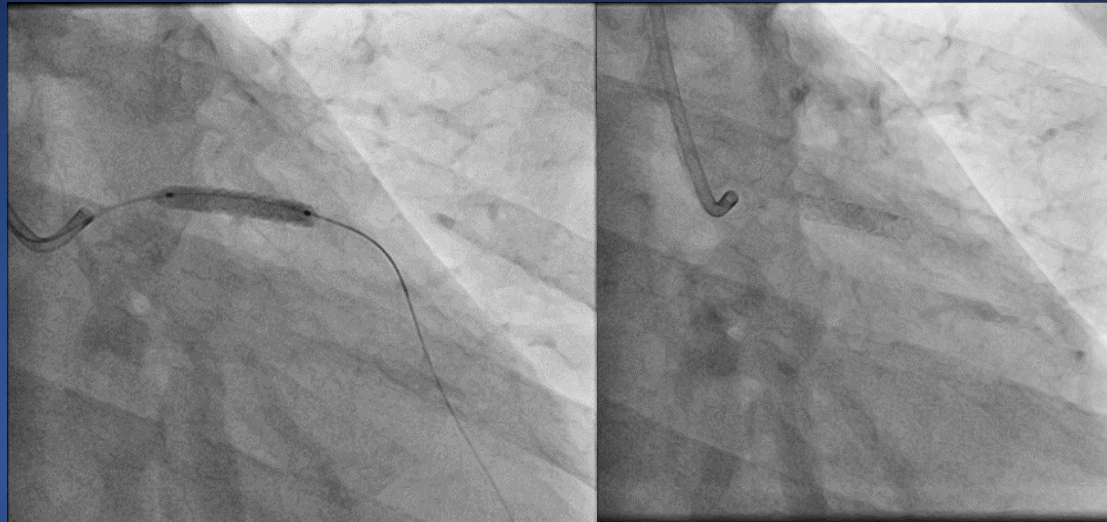
Patient-level Pooled analysis of 10 RCTs: DAEDALUS study

Composite of all-cause death, MI, or target lesion thrombosis



ESC Guideline recommends DCB for in-stent restenosis treatment

Drug-coated balloons are recommended for the treatment of in-stent restenosis of BMS or DES



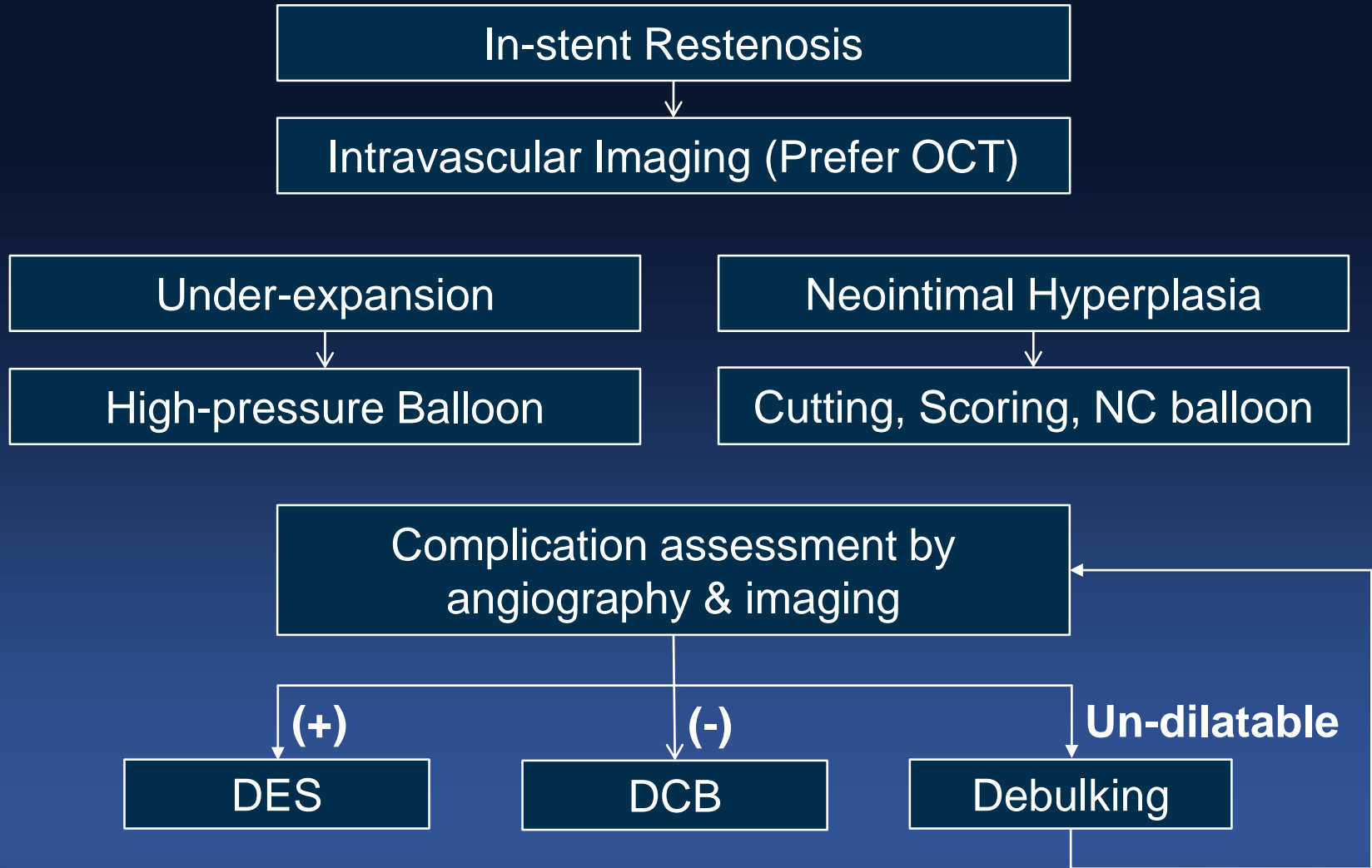
Data on DCB vs. DES for ISR consistently shows that...

- Angiographic outcomes are slightly better with DES.
- TLR is more frequent with DEB.
- Hard outcomes (death, MI, thrombosis) are comparable between DEB vs. DES.

DCB as First-line Tx for ISR?

- No additional metallic stent layers
- Repeatable option of the procedure
- Reduced need for prolonged DAPT
- Disadvantage in angiographic outcomes and TLR
- But, similar hard outcomes
- Optimal lesion preparation is crucial
- Intravascular imaging guidance can be helpful

My Treatment Strategy for ISR



Another indication of DCB, Patients unsuitable for DES

Small vessel disease

Side branch disease in bifurcation lesion

Patients with high bleeding risk

Small vessel disease, “Leave Nothing Behind”

RCT showed similar outcomes compared with DES

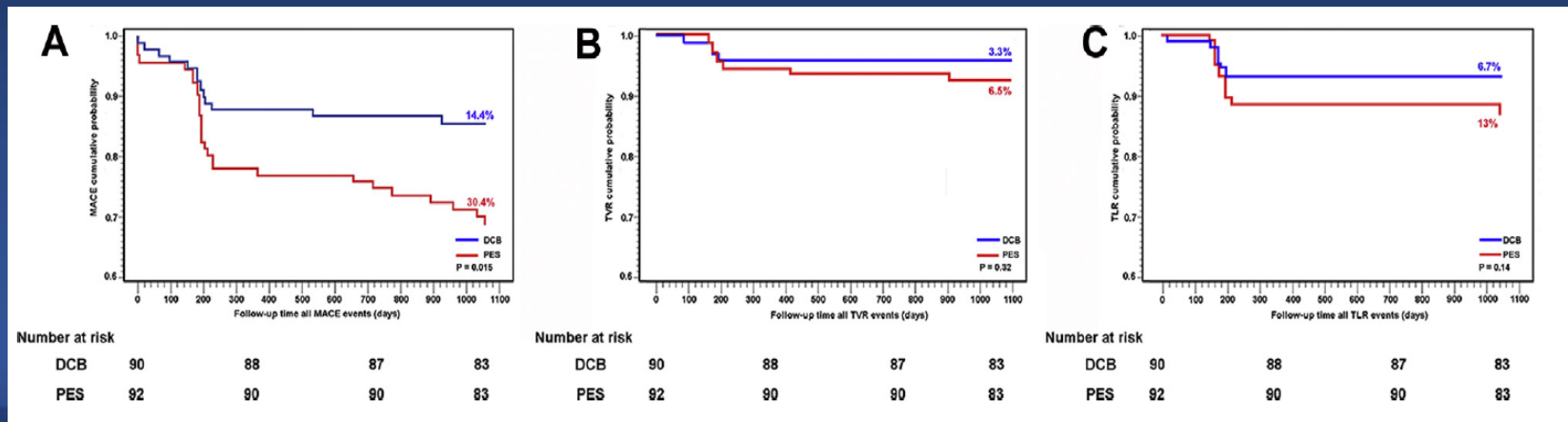
BELLO Trial

(<2.8mm, DCB vs. PES, Bail-out BMS 20.2% in DEB)

MACE

TVR

TLR



Small vessel disease, “Leave Nothing Behind”

RCT showed similar outcomes compared with DES

BASKET SMALL-2 Trial (<3mm, DCB vs. PES/EES, Bail-out stent 5.1%)

MACE (cardiac death, non-fatal MI, TVR) at 12 mo

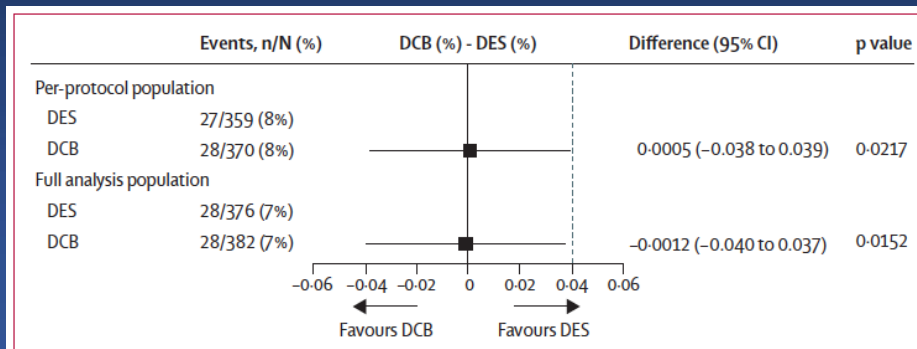


Figure 2: Major adverse cardiac events by study group

Data are absolute difference in event rates between the DCB and DES groups. The p-value tests whether the absolute difference in rates is equal to the pre-defined non-inferiority margin (0.04). DCB=drug-coated balloons. DES=drug-eluting stents.

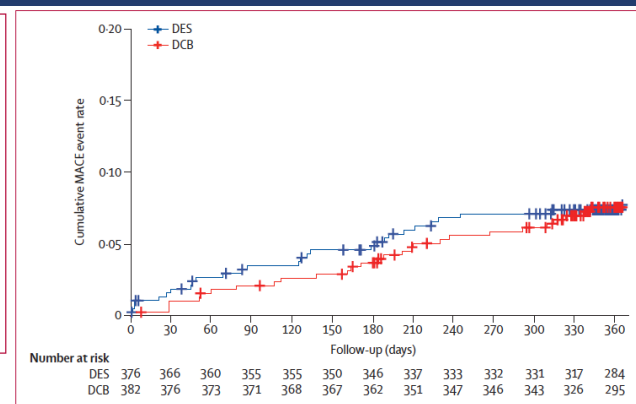


Figure 3: Cumulative incidence rates for MACE

Full analysis population. MACE=major adverse cardiac events. DCB=drug-coated balloons. DES=drug-eluting stents.

In conclusion, DCB is...

- A reasonable alternative to repeated stenting with DES in ISR
- Not yet widely tested in de novo coronary disease

In conclusion, **DCB in the future...**

- It will play an important role in the treatment of ISR with intravascular imaging guidance
- DCB-only strategy will be a reasonable alternative in selected patients.
- I am awaiting for newer-generation DCBs with better drug & technology.



Thank You !!

summitMD.com