

# **Pharmacotherapy After TAVR:**

## **Antiplatelet or Anticoagulation Therapy**

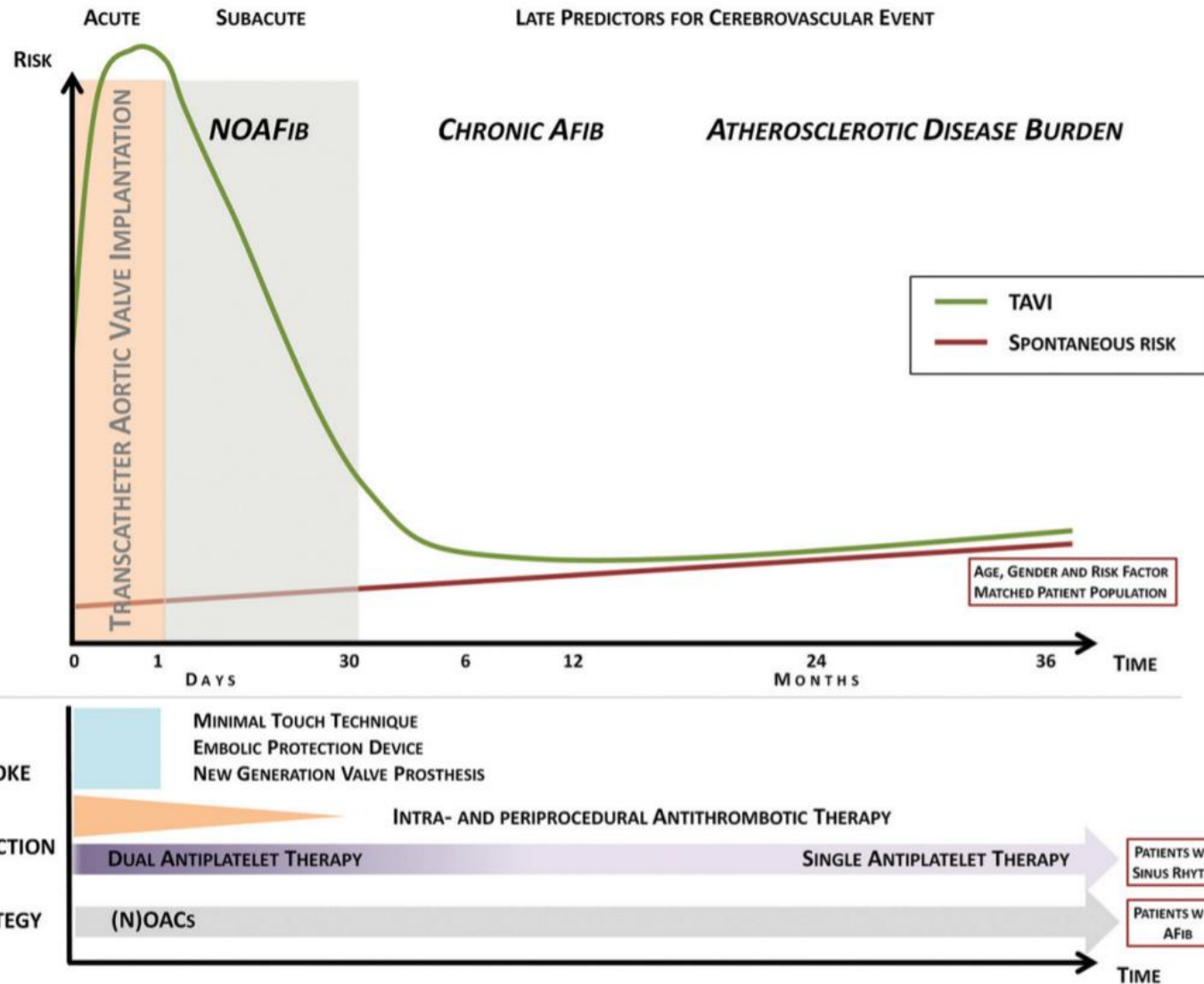
**Do-Yoon Kang, MD.**

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Heart Institute, Asan Medical Center, Seoul, Korea

# Conflict of Interest Statement

I have nothing to disclose.

# Timing of CVA After TAVR



Stortecky et al. Circulation 2012;126:2921-4

# 2017 AHA/ACC Guideline for Post-TAVR Antithrombotics

- Anticoagulation with **VKA** to achieve an **INR of 2.5** may be reasonable in patients at low risk of bleeding for **at least 3 mo.**
- **Clopidogrel 75 mg the first 6 mo** after TAVR may be reasonable in addition to **lifelong aspirin 75-100 mg daily.**

**IIb**

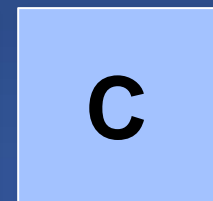
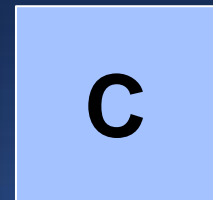
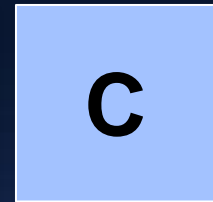
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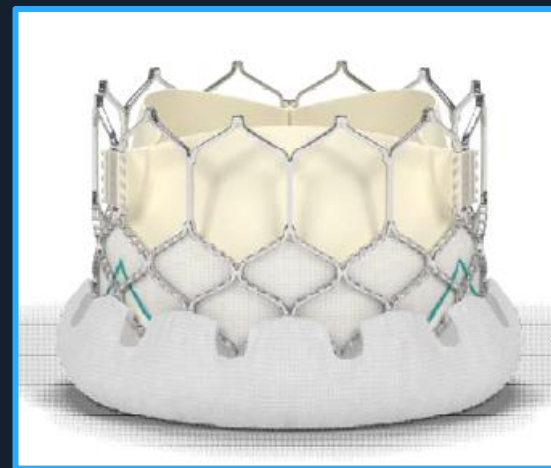
# 2017 ESC Guideline for Post-TAVR Antithrombotics

- Oral anticoagulation is recommended lifelong for patients with surgical or transcatheter implanted bioprostheses who have other indications for anticoagulation
- DAPT should be considered **for the first 3-6 months after TAVR, followed by lifelong SAPT** in patients who do not need OAC for other reasons.
- SAPT may be considered after TAVR in the case of high bleeding risk.



# Why DAPT Post-TAVR?

- Decision based on Consensus  
“It’s like a stent” treat like  
Coronary or Peripheral stent



- Protocol of RCT

PARTNER I: *DAPT* for 6 months

PARTNER II: *Aspirin* indefinitely

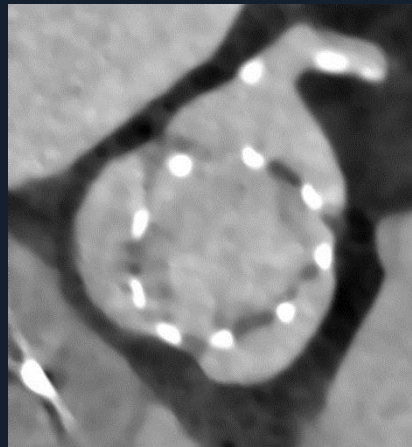
*Clopidogrel* at least 1 month

PARTNER III: *DAPT* at least 1 month

Evolut R low risk trial: *DAPT* at least 1 months  
followed by *aspirin* through 1 year

# Valve Thrombosis

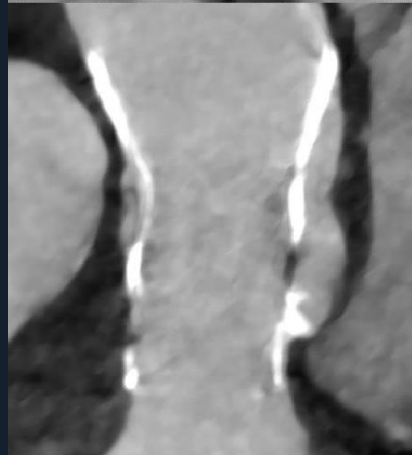
Normal leaflets



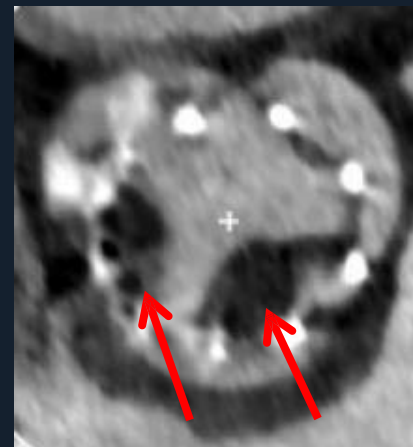
Systole



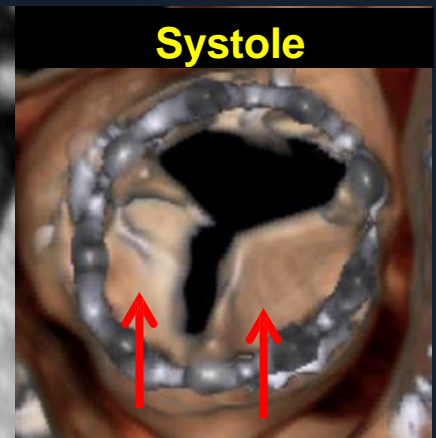
Diastole



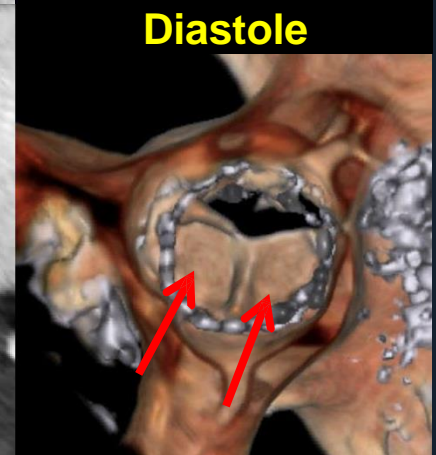
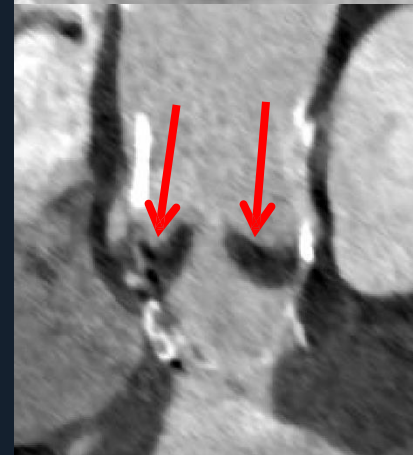
Thickened leaflets with thrombus



Systole



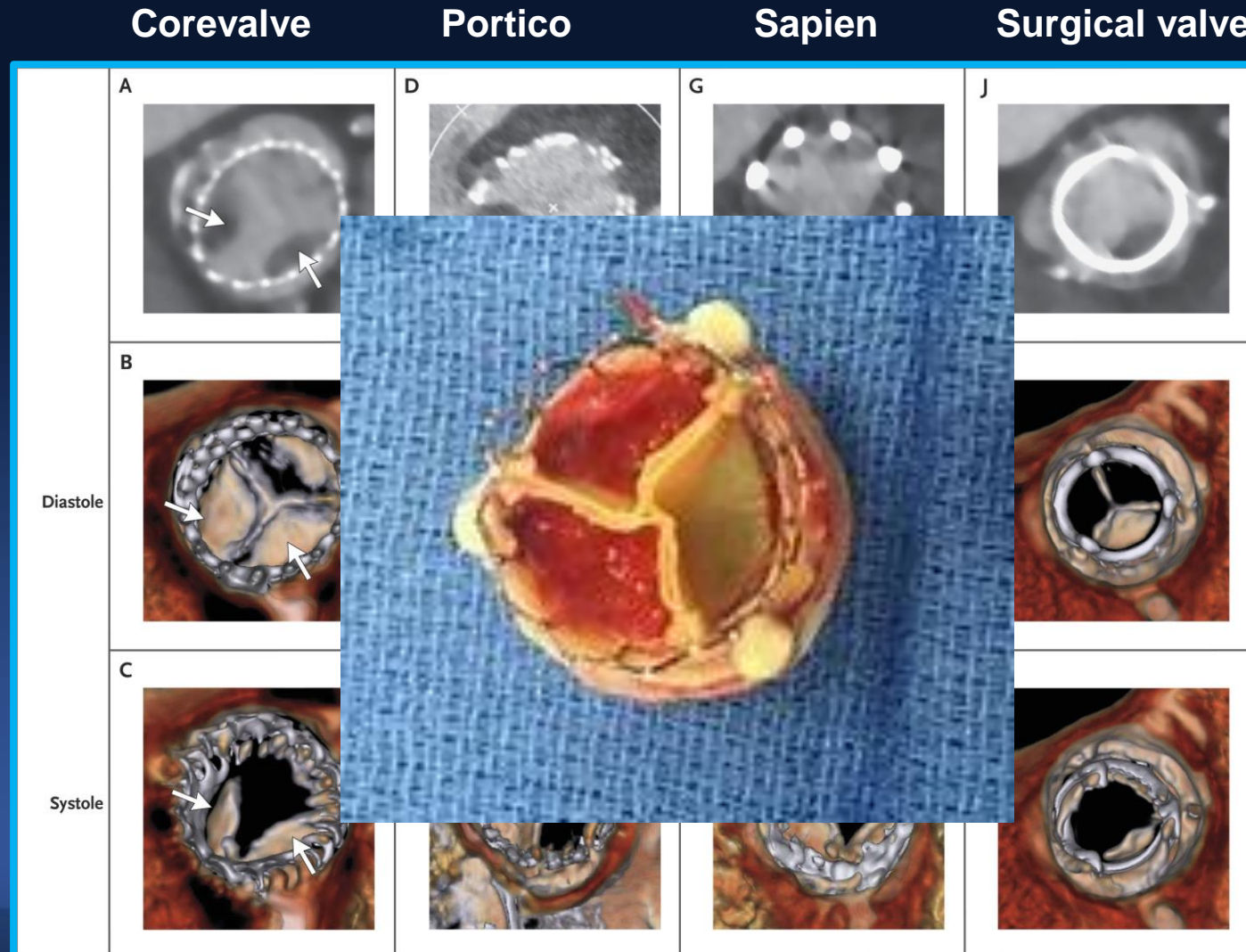
Diastole





# Subclinical Leaflet Thrombosis

## Evidence of Reduced Leaflet Motion in Multiple Prosthesis Types





# Subclinical leaflet thrombosis

## *Potential clinical consequences:*

- Progression to clinical valve thrombosis
- Stroke
- Impaired hemodynamic performance
- Reduced durability of bioprosthetic aortic valves

...or Just an innocent bystander?

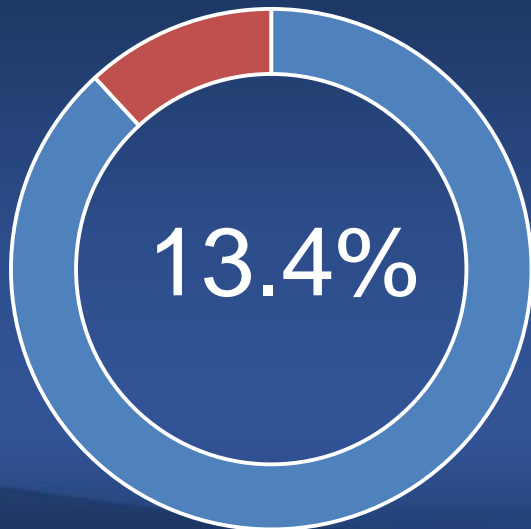
# Prevalence of reduced leaflet motion

657 patients underwent CTs  
in the **RESOLVE registry**  
Cedars-Sinai Medical Center, LA

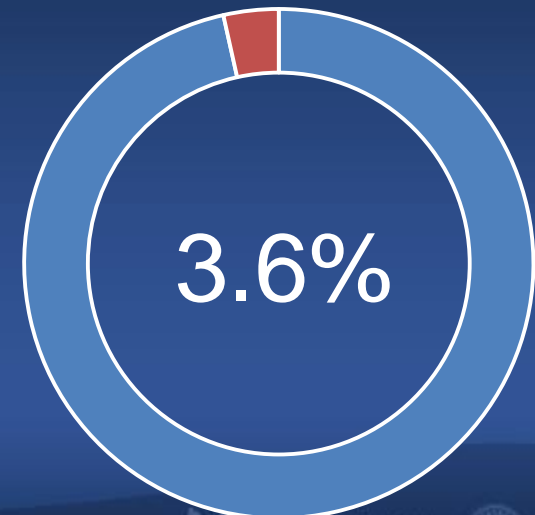
274 patients underwent CTs  
in the **SAVORY registry**  
Rigshospitalet, Copenhagen

Reduced leaflet motion 106 (11.9%) patients

**TAVR (N=752)**

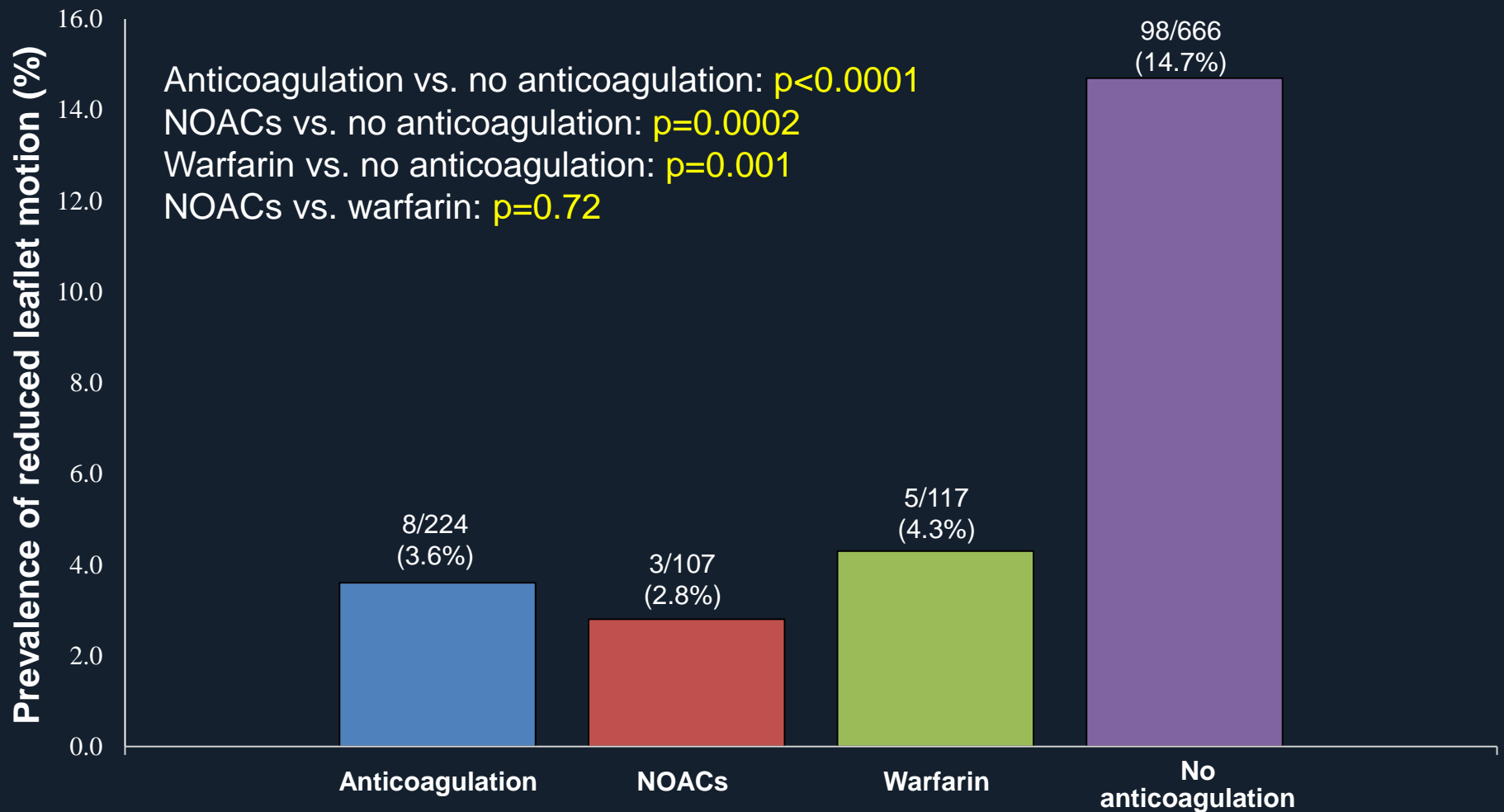


**SAVR (N=138)**

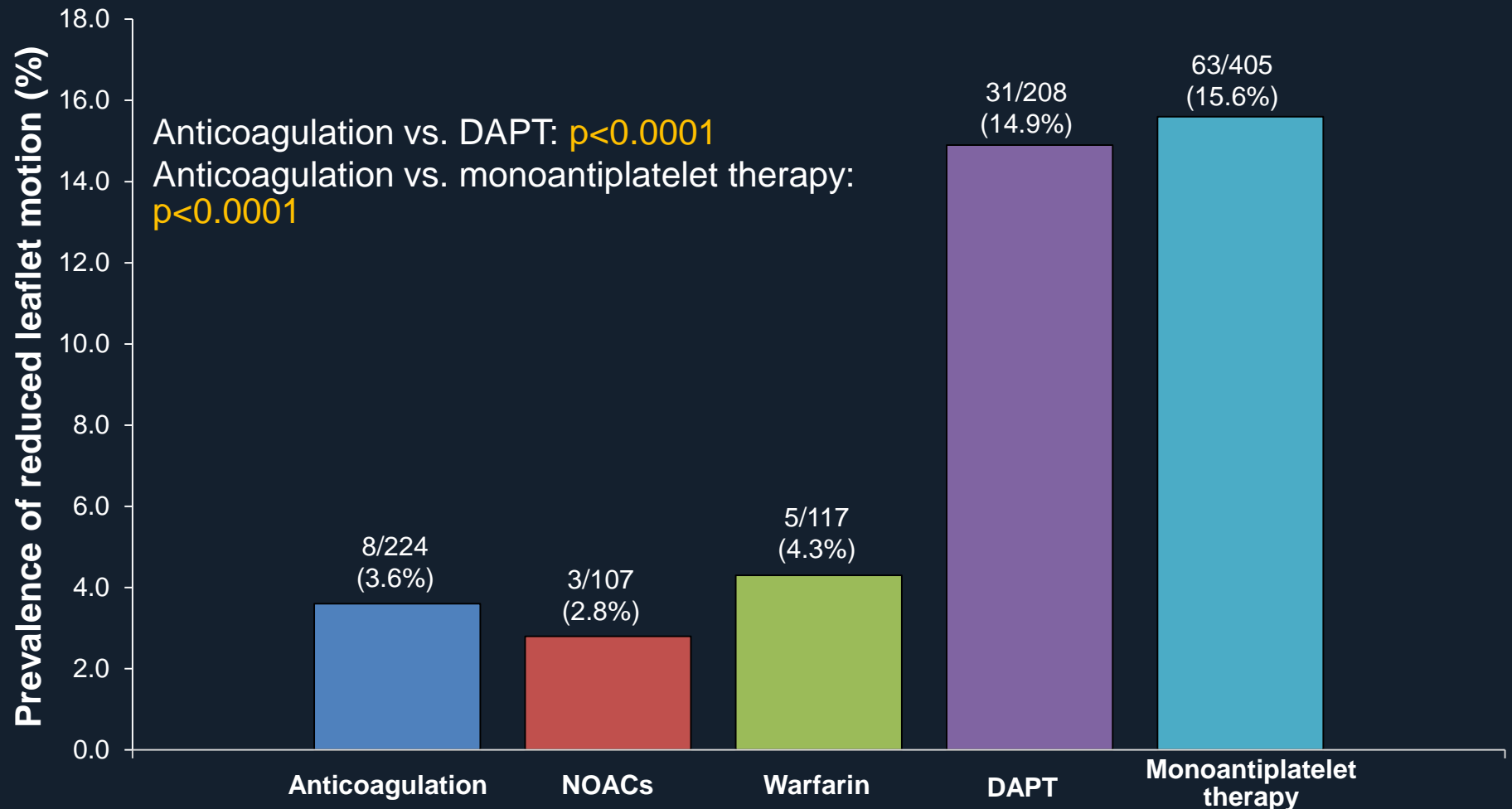


**P=0.001**

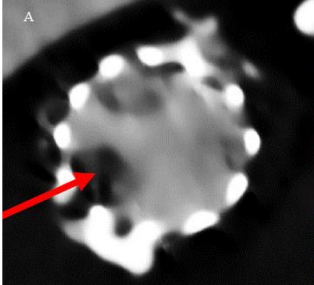
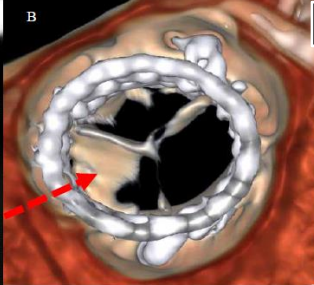
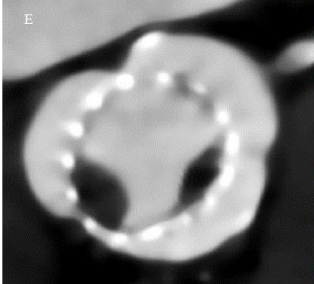
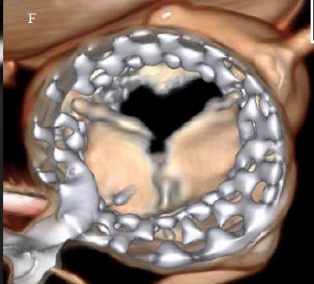
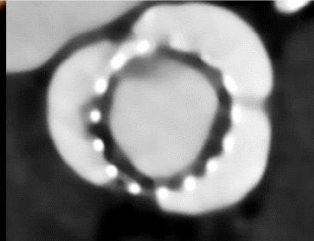



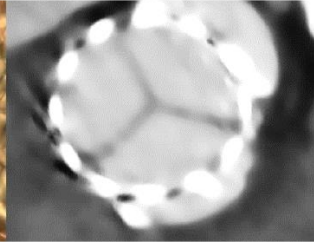
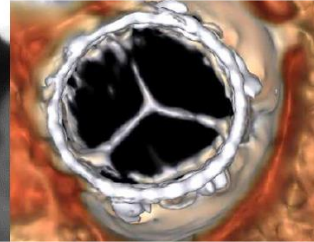
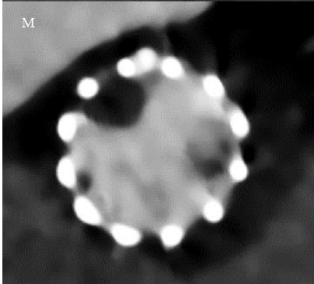
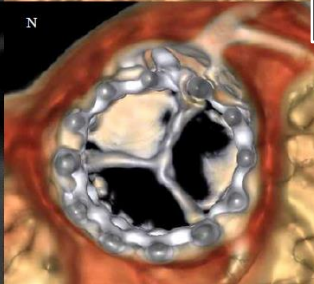
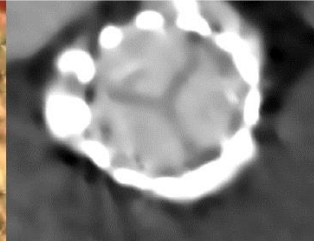
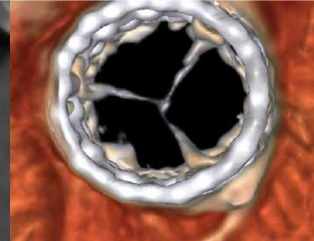
# Impact of Anticoagulation on Prevalence of Reduced Leaflet Motion



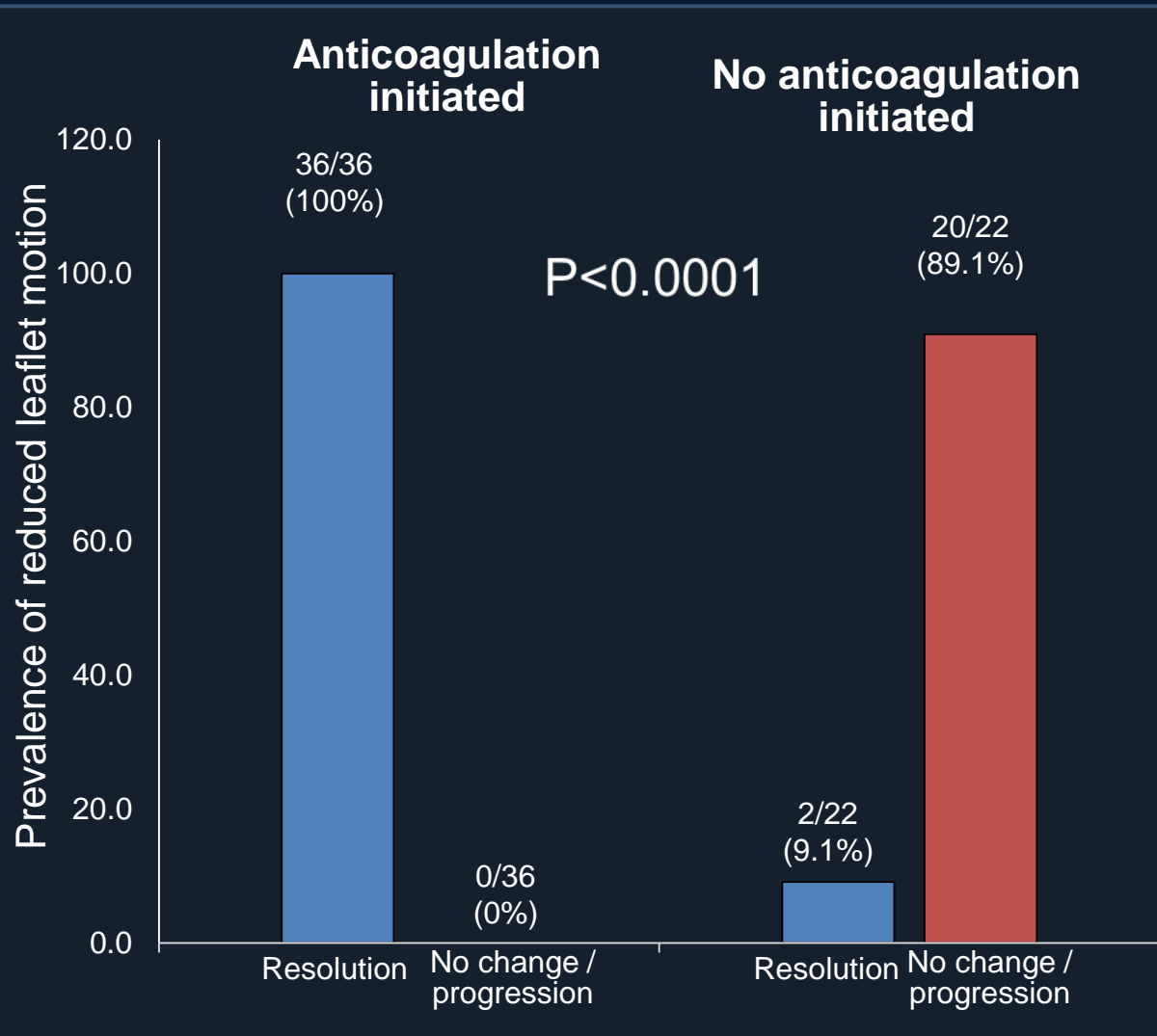
# Anticoagulation vs. Antiplatelets on Reduced Leaflet Motion



# Anticoagulation vs. DAPT

	Index CT		Follow-up CT	
<b>DAPT continued after index CT</b>			<b>Progression of reduced leaflet motion</b>	
<b>Warfarin initiated after index CT</b>				
<b>Rivaroxaban initiated after index CT</b>				
<b>Apixaban initiated after index CT</b>				

# Impact of **initiation of anticoagulation** on reduced leaflet motion



- Resolution in 36 out of 36 patients treated with anticoagulation (NOACs, n=12; warfarin, n=24)
- Persistence or progression in 20 out of 22 patients not treated with anticoagulation



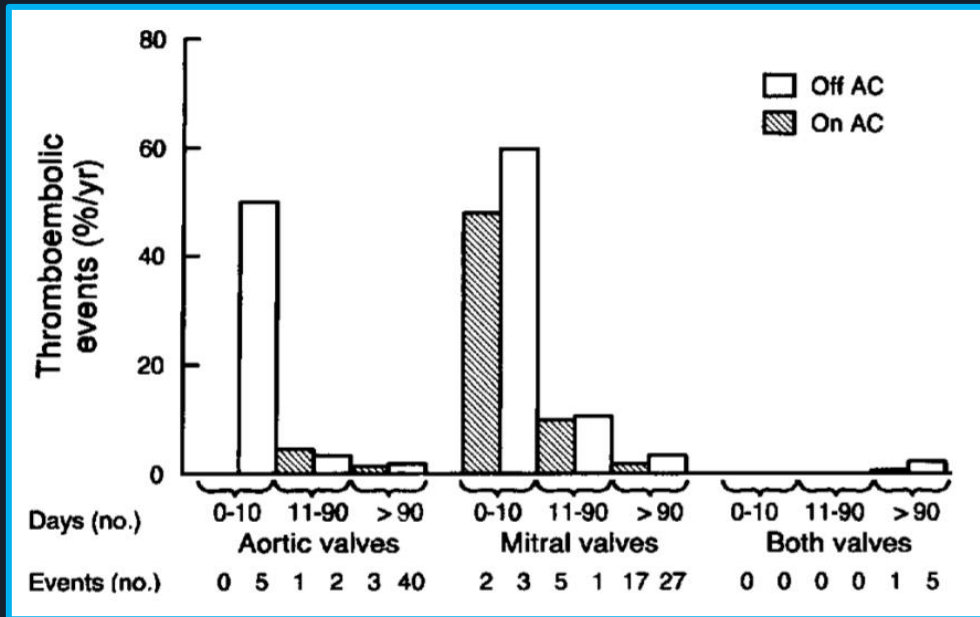
# Clinical Impact of Leaflet Thrombosis

Only non-procedural events (>72 hours post-TAVR/SAVR) included

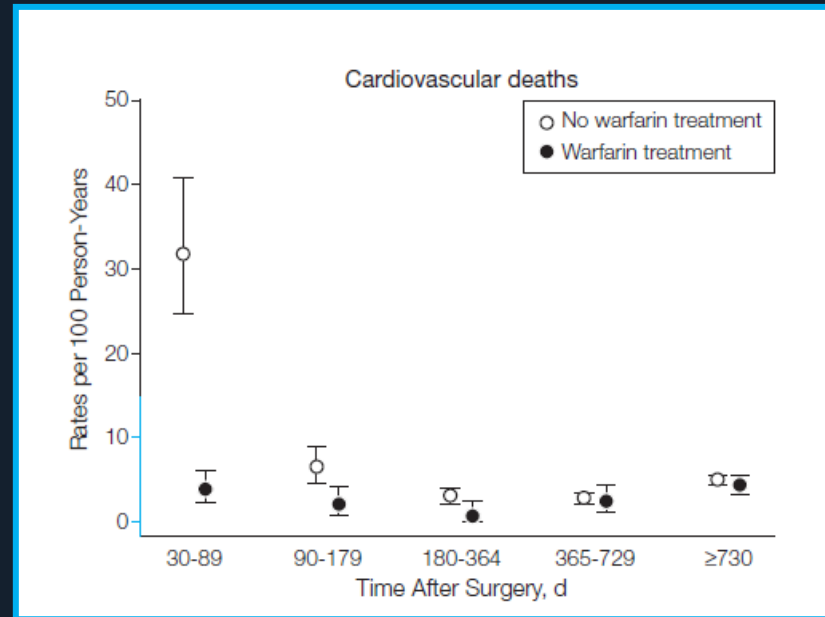
	Normal leaflet motion (N=784)		Reduced leaflet motion (N=106)			
Non-procedural events	n/N(%)	Rate per 100 person-years	n/N(%)	Rate per 100 person-years	HR (95% CI)	P value
Death	34/784 (4.3%)	2.91	4/106 (3.8%)	2.66	0.96 (0.34-2.72)	0.94
MI	4/784 (0.5%)	0.34	1/106 (0.9%)	0.67	1.91 (0.21-17.08)	0.56
Stroke/TIAs	20/784 (2.6%)	1.75	8/106 (7.6%)	5.71	3.30 (1.45-7.50)	0.004
All stroke	15/784 (1.9%)	1.31	4/106 (3.8%)	2.75	2.14 (0.71-6.44)	0.18
Ischemic stroke	14/784 (1.8%)	1.22	4/106 (3.8%)	2.75	2.29 (0.75-6.97)	0.14
TIAs	7/784 (0.9%)	0.60	5/106 (4.7%)	3.48	5.89 (1.87-18.60)	0.002

# Experience of Bioprosthetic Surgical Valve

## Incidence of Thrombotic Events



## Effect of Warfarin



J Am Coll Cardio 1995;25:1111-9

Merie C. et al. JAMA 2012

# 2017 AHA/ACC Guideline for Post-TAVR Antithrombotics

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- **Clopidogrel 75 mg the first 6 mo** after TAVR may be reasonable in addition to **lifelong aspirin 75-100 mg daily.**

**IIb**

**B-  
NR**

**IIb**

**C**

# Current Landscape of Adjunctive Pharmacotherapy Clinical Trials for TAVR

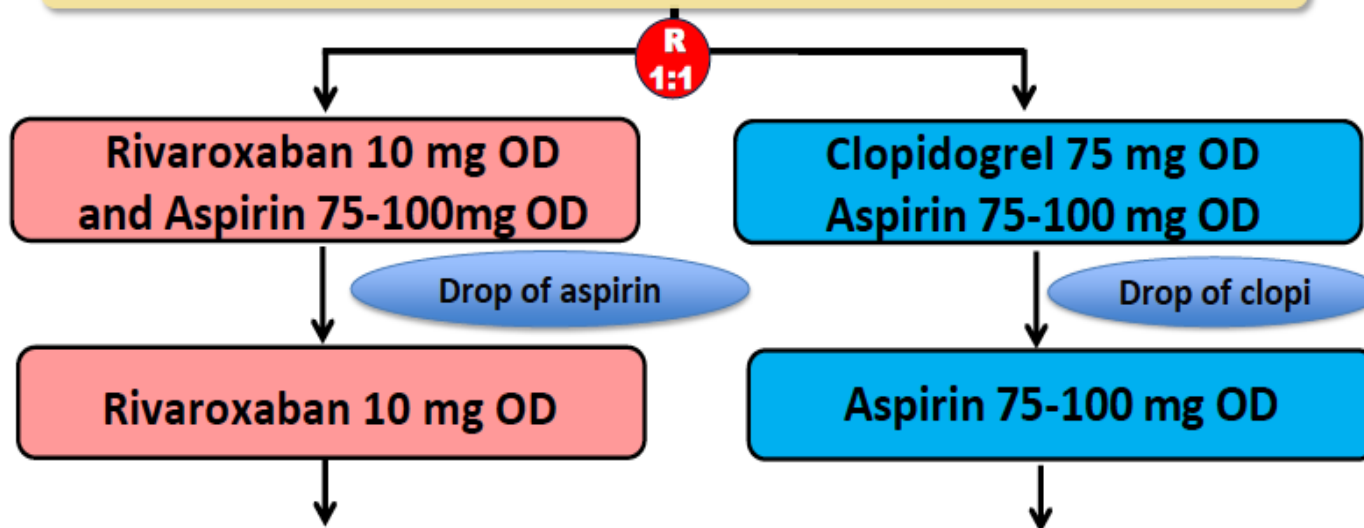
	Patients with no indication for OAT	Patients with indication for OAT
Studies of antiplatelet strategies	ARTE	AVATAR
	POPular TAVI	POPular TAVI
	CLOE	CLOE
Studies comparing antiplatelet and anticoagulant strategies	AUREA	
	GALILEO (Rivaroxaban)	
	ATLANTIS (Apixaban)	
	ADAPT-TAVR (Endoxaban)	
Studies comparing anticoagulant strategies		ATLANTIS (Apixaban)
		ENVISAGE-TAVI AF (Endoxaban)

# GALILEO Trial

## GALILEO

(Global multicenter, open-label, randomized, event-driven, active-controlled study comparing a rivaroxaban-based antithrombotic strategy to an antiplatelet-based strategy after transcatheter aortic valve replacement (TAVR) to optimize clinical outcomes will compare rivaroxaban-based)

1520 patients after successful TAVI procedure



3 Mo

12 Mo

# GALILEO Stopped, Oct 2018

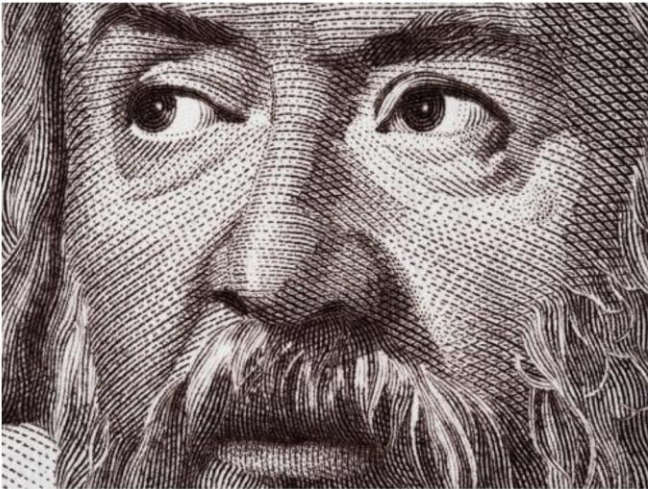
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NEWS

## GALILEO Trial of Rivaroxaban After TAVR Stopped Early for Harm

Rivaroxaban-treated patients had increased risks of all-cause mortality, thromboembolic events, and bleeding vs those on antiplatelet therapy.

By Todd Neale | October 09, 2018



**T**he GALILEO trial has been halted after an early peek at the data showed that rivaroxaban (Xarelto; Bayer/Janssen) was associated with greater risks of all-cause mortality, thromboembolic events, and bleeding in patients who had undergone TAVR.

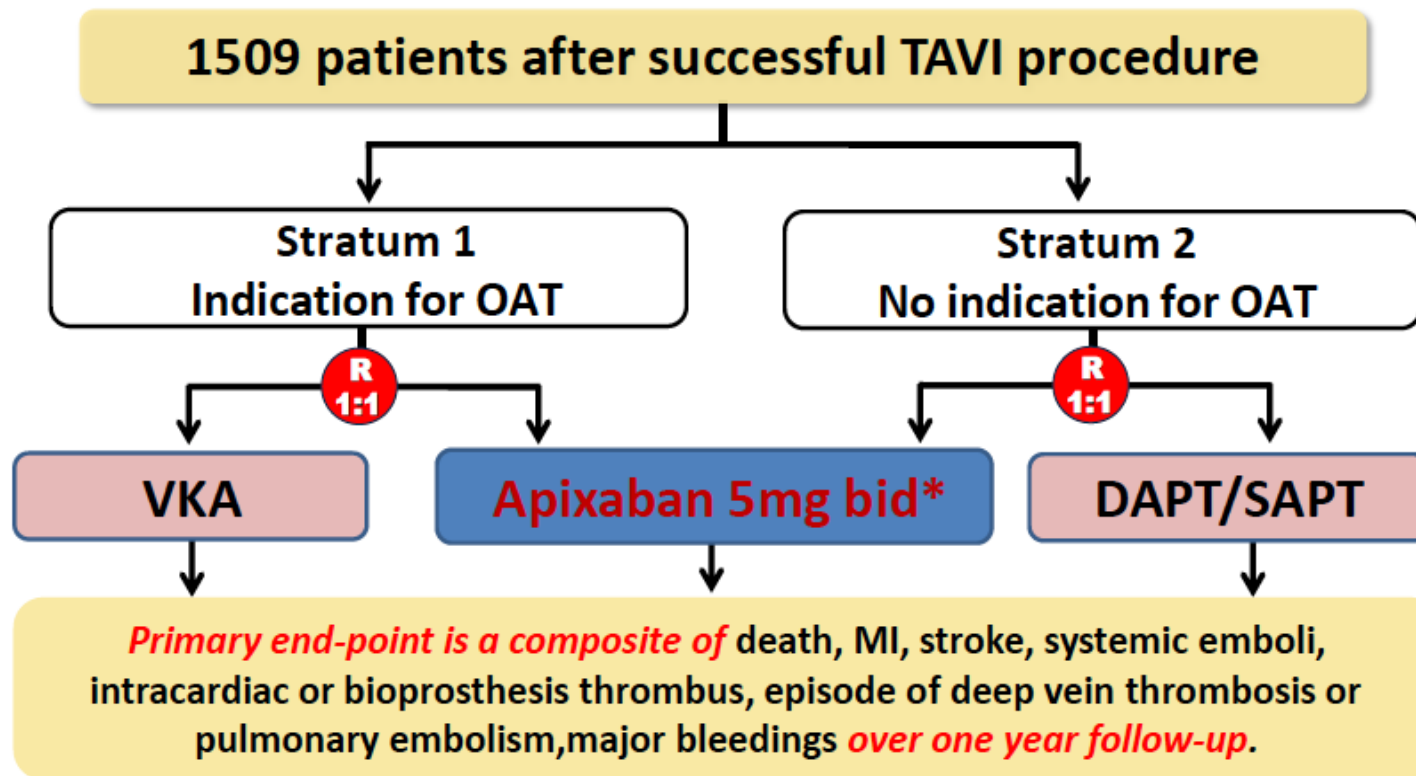
	Rivaroxaban	Antiplatelet
First thromboembolic events	11.4%	8.8%
Death	6.8%	3.3%
Primary bleeding	4.2%	2.4%

Final results of the study are expected in the first quarter of 2019 (?) – tctMD



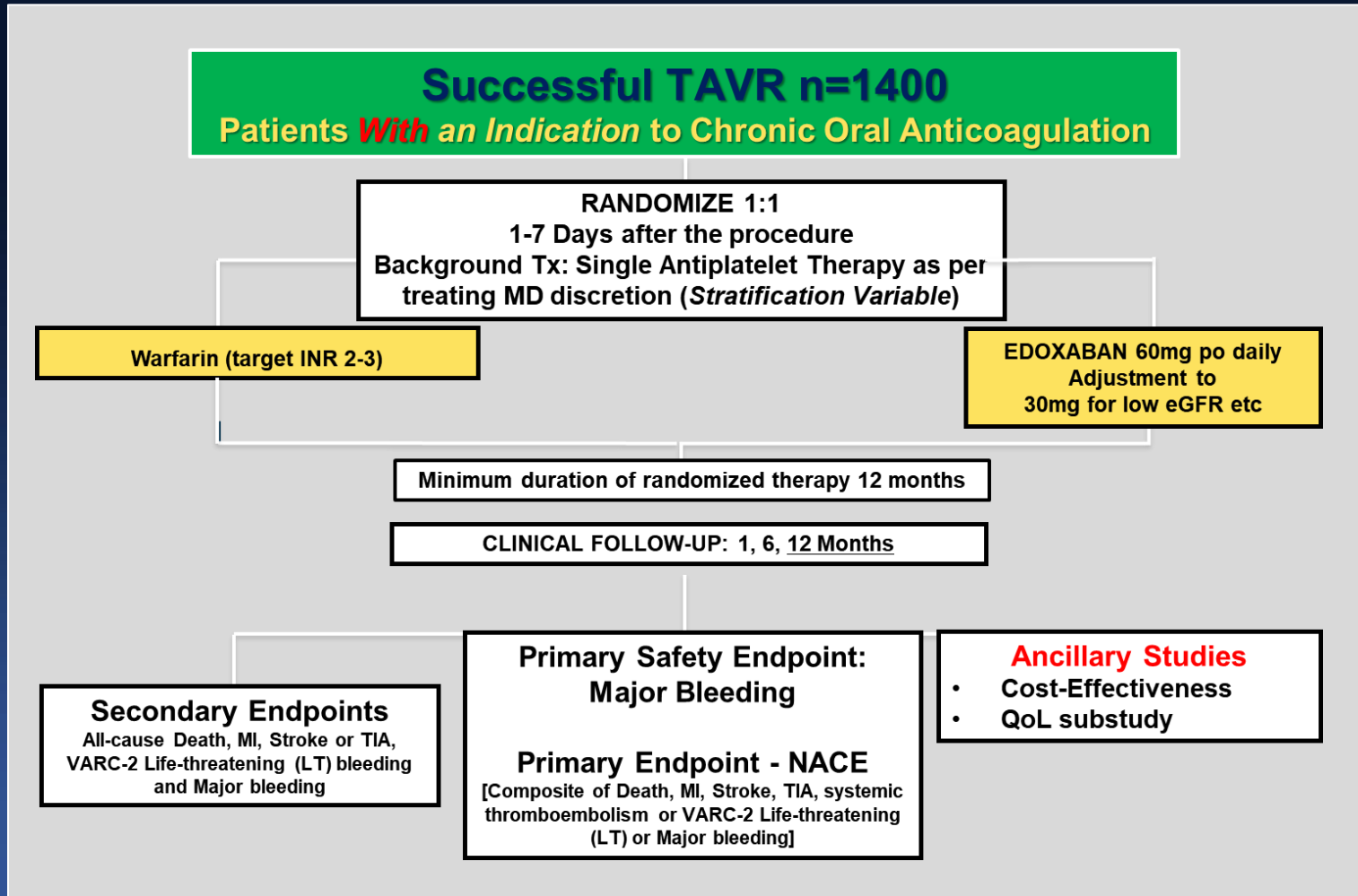
# ATLANTIS

**ATLANTIS** (Anti-Thrombotic Strategy to Lower All cardiovascular and Neurologic Ischemic and Hemorrhagic Events after Trans-Aortic Valve Implantation for Aortic Stenosis)



\*2.5mg bid if creatinine clearance 15-29mL/min or if two of the following criteria: age≥80 years, weight≤60kg or creatinine≥1.5mg/dL (133μMol).

# ENVISAGE-TAVI AF



# ADAPT-TAVR Trial

Anticoagulant versus Dual Antiplatelet Therapy for Preventing  
Leaflet Thrombosis and Cerebral Embolization After  
Transcatheter Aortic Valve Replacement

*Seung-Jung Park (Trial Chair)*

*Duk-Woo Park (Trial Co-chair)*

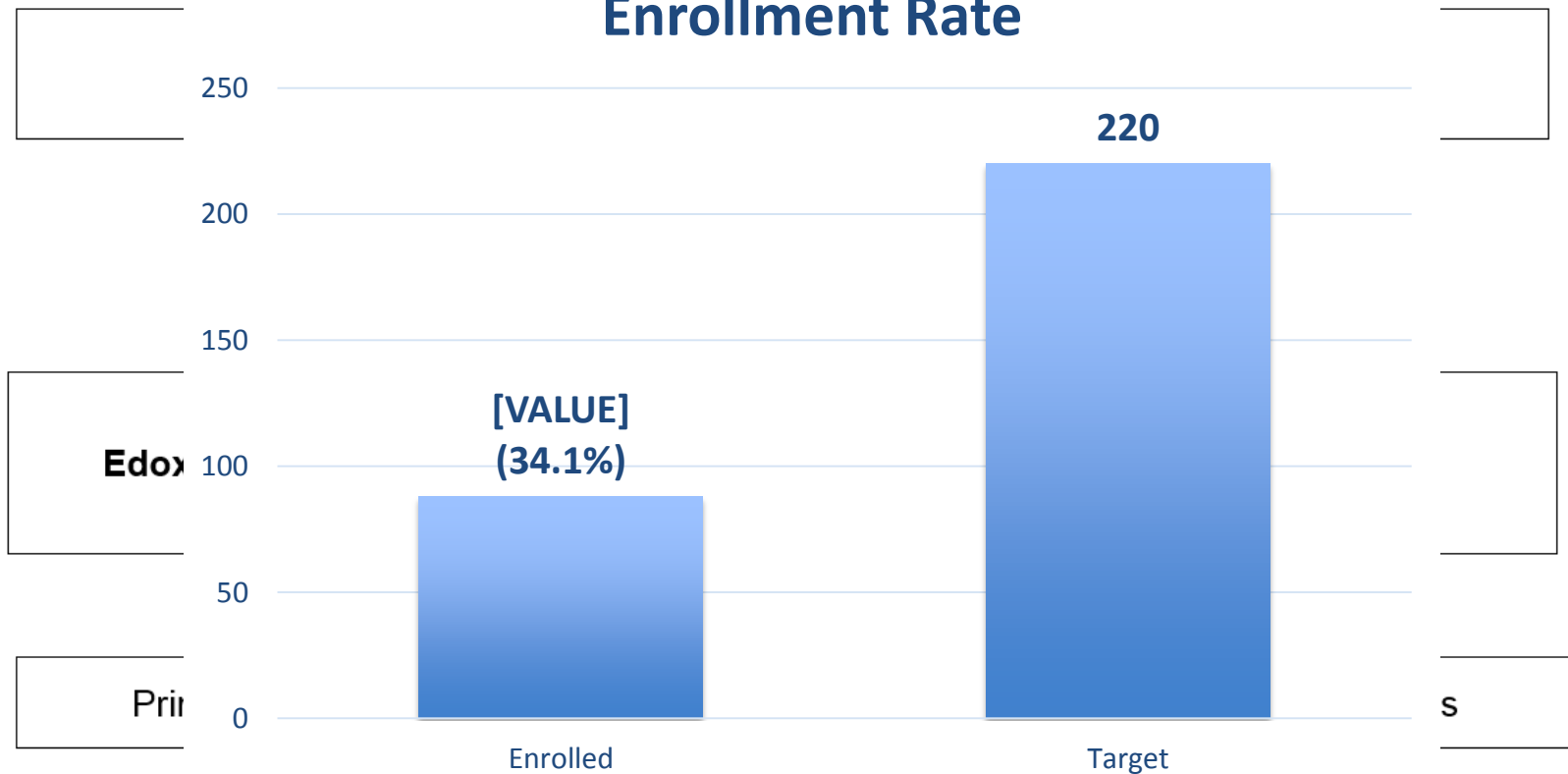
Heart Institute, Asan Medical Center,  
University of Ulsan College of Medicine, Seoul, Korea

# Trial Design: ADAPT-TAVR Trial

Anticoagulant versus Dual Antiplatelet Therapy for Preventing Leaflet Thrombosis  
After Transcatheter Aortic Valve Replacement

## ADAPT-TAVR Trial

### Enrollment Rate



\*30 mg once daily if moderate or severe renal impairment (creatinine clearance 15 – 50 mL/min), low body weight ≤60kg, or concomitant use of P-glycoprotein inhibitors (cyclosporin, dronedarone, erythromycin, ketoconazole).

# Antithrombotic Strategy after TAVR

- TAVR patients have multiple thrombotic- and bleeding-related comorbidities. Thus, it make optimal antiplatelet and anticoagulant management to be complex.
- Currently, optimal antithrombotic strategy following TAVR is still debating.
- Guidelines differ on anticoagulation strategies in TAVR,
  - Without a strong evidence base for their recommendations.
  - Practice variation in the real world is substantially high.
  - Clinical trials on different antithrombotic regimens are ongoing & expanding.